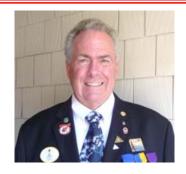


The 4-L4 Forum

THE OFFICIAL PUBLICATION OF CALIFORNIA LIONS DISTRICT 4-L4

Volume 91 Number 1 July 2012



DISTRICT GOVERNOR P.J. SMITH

District Governor

PJ Smith (Georgia) 166 N. Starflower Brea, CA 92821 H (714) 996-2950 C (714) 686-8466 eaglehills2@roadrunner.com

1st VDG

Sheila Casteel (PDG Jon) 9333 Monte Vista St. Alta Loma, CA 91701 H (909) 483-3532 C (951) 205-6998 jandscasteel@hotmail.com

2nd VDG

Gil Smith (Lion Barbara) 1120 Seneca Place Diamond Bar, CA 91765 H (909) 860-6477 C (909) 802-9915 gilfsmith@aol.com

Cabinet Secretary

Dewey Linehan (Lion Carol) 4729 Rey Drive, Huntington Beach, CA 92649 H (714) 846-2478 C (714) 317-8883 Dewdrm1@hotmail.com

Cabinet Treasure

Sandi Scheafer (PDG Mike) 3327 California St. Costa Mesa, CA 92626 H (714) 549-4961 Flamingo118@hotmail.com

Immediate PDG

Ken Sherwood (Marilyn) 6666 Dakota Ave. Alta Loma, CA 91737 H (909) 944-0359 C (909) 477-0276 Sherwood2@verizon.net

Public Relations Chairman

Carol Van Holt (Keith) 9650 Nightingale Fountain Valley, CA. 92708 H (714) 962-0265 C (714) 745-9567 Clion93@verizon.net

District Newsletter Editor

PDG Ellen Liebherr (Lion Mike) 616 17th St. Huntington Beach, CA 92648 C (714) 458-3077 meliebherr@verizon.net Dear fellow Lions, Leos, Family and Friends

I have just returned form our 95th Lions International Convention in Busan, Korean. This was an exciting twelve days! The first four days were in the classroom with Lions from around the USA and World receiving instructions in being a District Governor. These four days were very enriching and gave us many tools to assist in our duties as District Governor throughout the year. We, as Lions at the club level, cannot imagine the magnitude of our organization at the global level. When fifty five thousand Lions get together you realize how great our organization really is with our common denominator being that of service to mankind regarding any humanitarian needs. When International President Wayne Madden administered the oath of office and Governor Ken removed my Governor Elect Ribbon, I felt many emotions and excitement flowing through my body. This was an extremely humbling feeling and I look forward to being your district governor with the help of all Lions in our district to accomplishing many great things this year. However, being installed was not the highlight of my trip. The true highlight was the presentation of International Lions of the year. There were three nominations for this extremely proclaimed award. When you think of our small district in the context of our world wide organization of over 1.35 million members, our very own Lions Jack and Wanda Tanaka were selected as International Lions of the Year. WOW, what an honor. Lions Jack and Wanda truly live up to our motto "We Serve". Congratulations to you both on a job well done.

As your District Governor, I will not reinvent the wheel but if change is necessary for the good of our District and Organization we will proceed as necessary to bring excellence to our great 4-L4 district.

As governor, one of my main concerns will be membership. As in real estate the key words are "Location, Location, Location" and with our Lions Organization it's "Membership, Membership, Membership, Membership". We as a district cannot reach out greatness and excellence without growth in membership as Lions and Leos. Our GMT (Global Membership Team) coordinated by PDG Norm MacKenzie and GLT (Global Leadership Team) coordinated by 2nd VDG Gil Smith will bring new ideas and creativity to our district to build new leaders and growth to District 4-L4. Clubs that are facing challenges in growth and new ideas should not hesitate to ask for help. We will not let you fail. Our teams are here to help and provide tools to assist any club in our district to achieve excellence. Part of my action plan is to grow our district by two new Lions Clubs anyone Leos club. I will not have a quota as in the past for each club to bring in two new members. The quota has been lifted and all clubs can encourage and bring as many new members as possible. Just remember, the more Lions we have the more service we can provide to our communities and world for humanitarian needs.

Our International President Wayne Madden's Theme is "IN A World Of Service". Our IP and his wife were both former educators and greatly value education. The IP winning formula is: Dedication+Preparation+Teamwork= EXCELLENCE. The IP will focus on literacy during his presidency. In today's world, there are one billion people that are illiterate and an incredible twenty-one million people in our country that are illiterate. The basic definition of literacy worldwide is the ability to write your name and read at a 10 year old level. We as Lions in our district will be able to assist our IP Madden by becoming involved in his Reading Action Program (RAP). There are many ways Lions can help in their communities. Consider the following:

2011-2012 DISTRICT CABINET

District Chaplain

PDG Barbara Hayward (Ron) 3085 Fernheath Ln. Costa Mesa, Ca. 92626 H (714) 545-6126 blhayward@sbcglobal.net

Associate District Chaplain Lyle Sutton (Marilyn) 232 Napoli Dr. Brea, Ca 92821 H (714) 529-8428 C (714) 609-7902 olympicpkg@earthlink.net

District Photographer

Barbara Smith (Lion Gil) 1120 Seneca Pl. Diamond Bar, Ca. 91765 H (909) 860-6477 C (951) 833-7793 barbesmith@aol.com

Associate Photographer

Beverly Sugerman (Lion Richard) 879 W. Aster Street Upland, Ca. 91787 H (909) 985-8292 C (909) 230-8197 beverlysugerman@gmail.com

Foothill Region Chair

Drew Sasser (Lion Vicky) 13012 Roswell Avenue Chino, Ca. 91710 C (951) 903-8806 B (909) 628-2205 persongifts@gmail.com

Foothill Zone "A" Chair

Loyce Mejias PO Box 4926, Ontario, CA. 91761 H (909) 988-7162 C (909) 935-9112 Imejias307@aol.com

Foothill Zone "B" Chair

Amanda Behnke (Andrew) 7336 Oxford Place Rancho Cucamonga, Ca. 91730 C (909) 234-5705 amandambehnke@gmail.com

Foothill Zone "C" Chair

Karen Hormuth (Lion Bill) 119 Avenida Grulla, Walnut, Ca. 91789 H (909) 598-8725 B (909) 598-5638 F (909) 598-5639 walnutplastica@aol.com

Orange Region Chair

Randy McMillan (Jeri) 511 Palermo Way La Habra, Ca. 90631 H (562) 697-1612 rmcmillan@masterhalco.com

Orange Zone "A" Chair

Marc Poli (Judy) 114 S. Yale Ave. Fullerton, Ca. 92831-4538 H (714) 525-4564 C (714) 883-2692 F (714) 276-6900 kiromark@aol.com

Orange Zone "B" Chair

Mike Smith (Denise) 1261 Eric Court Anaheim, Ca 92805-5634 H (714) 776-5775 B (562) 272-7400 fishhawke@roadrunner.com

Orange Zone "C" Chair

Gary Denni (Ginny) 653 W 19th St. San Pedro, CA 90731 H (310) 832-6547 B (562) 430-0424 gdenni@juno.com

Saddleback Region Chair

Mark Snider (Helene) 29351 Elba Dr. Laguna Niguel, Ca. 92677 H (949) 495-9575 B (949) 429-7095 msnider7@cox.net

Saddleback Zone "A" Chair

Carol Proctor (Bob) 9690 Dove Cir. Fountain Valley, Ca. 92708 H (714) 968-9916 daffadaisy@msn.com

Saddleback Zone "B" Chair

Henry Lopez (Susan) 491 Sturgeon Dr. Costa Mesa, Ca. 92626 H (714) 751-6213 C (949) 689-9479 lionhenryj@yahoo.com

Saddleback Zone "C" Chair

Lori Mayer (PDG Dan) 22762 Jubilo Pl. Lake Forest, Ca. 92630-4224 H (949) 458-3710 lorimayer@cox.net

DISTRICT GOVERNOR'S MESSAGE (continued).....

- Developing after school reading programs
- · Reading to children at local libraries
- Contacting your local schools and asking how you can help
- Donating books and/or computers to your local schools or library
- Volunteering as tutors through a local school
- Working with local literacy experts and agencies
- Working to promote braille literacy

When I started my journey as 2nd VDG two years ago, I visited 35 clubs in five weeks to let everyone know who was PJ. My Motto then and still is "Service From The Heart". I'm a Lion because I want to serve my communities and mankind world- wide as do most Lions. It was never my intention to receive awards, accolades or points to facilitate our goals and mission. What we do as Lions should come from the heart. Therefore we will not be awarding any points for our work within our district for helping to promote literacy. When we as Lions read the Forum, please thank all your teachers and mentors for the gift of being able to read and write.

Our first Cabinet Meeting and installation of new officers will be coming up Saturday July 28,2012. Please RSVP to Cabinet Secretary Dewey Linehan, (714) 846-2478 or Email dewdrm1@hotmail.com for reservations. Attending the cabinet meeting will earn each attendee five DG Paddy passes to win a stained glass window valued at \$1500.00 at convention in May 2013.

As your District Governor, I'm honored to serve and work for all Lions in Our District.



District 4-L4 "We Serve"



First District 4-L4 Cabinet Meeting "Installation of New Officers" Saturday, July 28, 2012

Governor's Motto: "Service From The Heart"

Costa Mesa Country Club 11701 Golf Course Drive Cost: \$26 Per Person

Registration 8:00 AM / Meeting 9:00 AM
District Leadership Academy Training - One Hour Before Meeting
~ Clubs are asked to bring a raffle prize with at least a \$20 value ~

............

Please send your reservations and checks by July 15, 2012 to:

DEWEY LINEHAN, Cabinet Secretary
4729 Rey Drive
Huntington Beach, CA 92649
PH: (714) 846-2478 (Leave a message)
E-mail: dewdrm1@hotmail.com
Make checks payable to: District 4-L4

Name of Club Number Attending



1st Vice District Governor

Sheila Casteel

Newly installed District Governor P.J. Smith has returned from the 95th annual International Convention in Busan, Korea. Club officers have been installed. District officers will be installed at the first Cabinet Meeting of the year on July 28. It is clear that the 2012-2013 Lions Year has begun.

If you have not already done so, this is the time for clubs to plan and set goals. Part of these plans and goals should include membership. Increasing membership and strengthening existing membership. If you are not sure where to start, there is no need to strain your brain. Our association has a number of programs available to help make this your club's finest year. Your dues make these programs possible, so take advantage of them. Here are just a few.

- CEP or Club Excellence Process This workshop is designed to help Lions clubs improve in areas of their choosing. A CEP Workshop can be customized to your club's needs.
- Mentoring Program This is a program designed to help Lions achieve the goal of better serving his or her community. The Lions Mentoring Program is completed in two parts, basic and advanced.
- PR Tools There are numerous FREE tools available through lionsclubs.org.

Simply ask any member of the District Governor team, we would be happy to help you access these and other programs.



The buzz has been going around about District Governors Paddy pass and what are they? The district governor's paddy pass is a participation incentive award given to you by your District Governor. There is no monetary cost, just the giving of your time in attending different Lions functions. The prize will be given away through a raffle at our District convention in May 2013 it is a stained/beveled glass window valued at \$1500.00 personally created by your District Governor.

The window will be on display at all cabinet meetings.



HOW TO RECEIVE PADDY PASSES

- New Member and Sponsor = 3 each
- 2. Attend Region Meeting = 3
- 3. Attend Cabinet Meeting = 5
- 4. Attend 2012 DG Fundraiser = 7
- 5. Attend 2013 Convention &
 - Be Present Sunday To Win = 10



DISTRICT GOVERNORS REQUEST

THE STUDENT EXCHANGE STUDENTS WILL BE ARRIVING ON JULY 21, 2012 AND WILL BE WITH THEIR HOST FAMILIES UNTIL AUGUST 5TH. THE STUDENTEXCHANGE PROGRAM HAS BEEN A LONG STANDING TRADITION IN OURDISTRICT WHERE THESE STUDENTS EXPERIENCE OUR CULTURE ANDFAMILY LIVING.

I HAVE BEEN ADVISED BY THE YOUTH EXCHANGE COMMITTEE THAT THEIR FUNDRAISER DID NOT RAISE SUFFICIENT FUNDS TO AUGMENT THE COSTS WHILE THE STUDENTS ARE VISITING US.

AS YOUR DISTRICT GOVERNOR, I'M ASKING ANY CLUBS OR FELLOW LIONS IF YOU SHARE A PASSION FOR OUR STUDENT EXCHANGE PROGRAM TO PLEASE OPEN UP HEARTS AND MAKE A DONATION PAYABLE TO DISTRICT L4 CHECKS STUDENT **EXCHANGE** PROGRAM. MAIL CHECKS TO LION MARTHA HEBERT, YOUTH EXCHANGE CHAIRMAN, 5035 KINGSLEY ST. MONCLAIR, CA.91763

THANKING MY FELLOW LIONS IN ADVANCE PJ SMITH, DG 4-L4

SAVE THE DATE



SATURDAY
SEPTEMBER 29, 2012
GOVERNORS FUNDRAISER
PETE'S PONDEROSA
DETAILS TO FOLLOW



2nd Vice District Governor

Gil Smith

Cabinet
Secretary
Dewey
Linehan



I am excited as we embark upon this new year in District 4-L4 and look forward to working with all the clubs in our District. We had solid membership growth last year and a GLT program that got off the ground. With so many opportunities this year for membership growth and leadership development I am confident we will have another successful year.

Our new International President's area of focus is Literacy. I cannot think of a better area for clubs to give their support this year. Without an educated population who can read and understand this increasingly complex world, more of our population will be left behind and we risk becoming less than a first class nation.

I can speak from experience that literacy coaching to the younger generation can be invaluable. My home club, Pomona Host, has provided literacy coaching in several Pomona Unified School District elementary schools this last two years for at risk students. Our members have seen students struggle with reading or math concepts, then break through and understand a teaching standard that is foundational to their future skills. These can truly be "ah ha" moments.

I look forward to engaging each club in the District and encourage you to call with any suggestion on how we, as District officers, might bring greater value to your club.



CONGRATULATIONS LIONS WANDA & JACK TANAKA ON BEING NAMED LIONS CLUBS INTERNATIONAL LIONS OF THE YEAR.
WHAT A WELL DESERVED HONOR!

Hi, just want to introduce myself: My name is Lion Dewey Linehan with the Huntington Beach Host Lions Club a member of Lions for 32 years and I will be serving District 4-L4 and all the clubs in the District this coming year. As Cabinet Secretary it's my duty to serve and help all and any club secretaries, if you have any problems with your MMR'S. Also, please be advised that your MMR'S or WMMR's must be in before the 20th of every month. Copies must go to International, the Governor, 1st, 2nd Vice District Governor, Cabinet Secretary, Region and Zone Chairs. You may either send to my email, I prefer that, or hard copy through USPS. You can reach me at dewdrm1@hotmail.com or phone 714-846-2478. My address is: 4729 Rey Drive, Huntington Beach, Ca. 92649. If you have any questions, on how to do your membership reports let me know. A quick reminder about the Peace Poster Contest, encourage the youth in your community to express their feelings of peace, while gaining exposure for your club. Participate in this year's Lions International Peace Poster contest. You can order a poster kit (PPK-1) per contest through Club supplies Sales Dept. January 15 through October 1st, 2012 just call 1-800-710-7822. It takes 2-3 weeks for delivery. Or on line order form (PR-785). Lastly please, please be on time with your reservations for the Cabinet and Region meetings, it causes problems with the catering service at the venues and in most cases not enough food is prepared. So please when your Secretary receives the flier submit your reservation ASAP. Send your checks and reservation forms to my address, Make checks payable to "District 4-L4" Again it will be a pleasure to serve District 4L4. Let's have a fun year, Lion Dewey Linehan, Cabinet Secretary 2012-13.



Fantastic Foothill

Region Chairman Drew Sasser

Hello Fellow Lions

A fond hello from the Fabulous Foothill Region!

For the first newsletter of the Year I would like to introduce myself and your foothill Region officers. We are planning to have a stellar year in the Foothill region, both in participation of clubs, new members and all things Lions. I would like to Challenge the Foothill Region Clubs to go that extra mile this year, to be involved anyway you can, working with other clubs in our region as well as our District. After all isn't that what Lions Clubs are all about having fun while helping others. The friendships you build will last a lifetime and the service you provide will make a difference!!

Well for those who don't know me my name is Drew Sasser. I have been a Lion for just about 25 years, first with the Buena Park Noon Lions (I still consider these Lions, My $\mathbf{1}^{\text{st}}$ Lions family) for over 20 years and now with The Chino Valley Lions for 5 years

I was Born in Oregon City Oregon, and raised in Buena Park California. Graduated from Kennedy High School in Cypress, CA and went to College at Cypress College and Mount San Antonio College while working at Buena Park Lumber for 32 years as Sales Manger. I along with Is Lovely wife and Partner of 32 years, Vicky

Own and Operate Personalized Gifts for You! An Embroidery and Promotional products Company where they currently Live in Chino, CA We have 2 Children who are Both Lions and 3 Grandchildren

I have held many Volunteer positions in my business career.

- CEO and President of The Buena Park Chamber of Commerce
- 2-4 years terms on the Board of Directors Chamber of Commerce
- 2-2 year terms on the Board of Directors Chamber of Commerce
- Past President of Lumber Association
- Past President Lumber Association Second Growth
- Board Member Orange County ROP Program
- And he even had a Cable TV Program for 4 years "The Buena Park Business Journal"!!

In my 24 years as a Lion I have held the following offices:

- Tail Twister 3 times
- Club Board of Directors 10 years
- Silverado Days Food & Games Chair for 10 Years
- Silverado Days General Chairman 2 years
- Club Vice President
- Club President 2 Terms
- 100 % Lion
- Lions Float Inc. Board member
- Leo Club Advisor
- Chartered Kennedy High School Leo Club
- Helped to Charter Chino Hills Leo Club
- Club Lion of the Year
- Gary Luzan Fellow
- Melvin Jones Fellow

My wife Vicky and I attend Calvery Chapel, Chino Hills and my passions is meeting new prople dna RD'ing with my family and friends.

Our Zone A Chair for this year is Loyce Mejias from the Ontario/Upland Lions Club. She has been President, Secretary, and Treasurer Twice. She is a 7 year Lion and has been given the Lion of the Year Award and Melvin Jones Award by her club. Loyce moved here from Texas in 1965 a. Loyce is a nurse with 42 years experience. She is retired from Kaiser Fontana where she was nursing for 35+ years. On weekends she enjoys watching her niece play softball and doing Lions projects.

Our Zone B Chair this year Amanda Behnke is a personal coach and founder of Extraordinary Possibilities. She also serves as Vice President of Development at San Gabriel Children's Center, which provides a variety of mental health services to children and their families. Prior to this, she held a variety of positions at the University of La Verne and has worked in settings helping those less fortunate.

Her passion is helping others through volunteering. In addition to her involvement with Lions, she is currently the Chairman for the Covina Chamber of Commerce and a Girl Scout Troop Leader. She has been involved in leadership roles with PTA, Ontario Chamber of Commerce, Assistance League of the Foothill Communities, Pop Warner, and AYSO.

Amanda earned her Bachelor of Arts and her Master of Science in Educational Psychology from Southern Illinois University and obtained an MBA from the University of La Verne. Her greatest enjoyment comes from spending time with her children, Ian (11) and Zoe (9), as well as her husband, Andrew. In her spare time, she can be spotted at the gym.

Our Zone C Chair this year is Lion Karen Hormuth from the Walnut Diamond Bar Club. Karen was born and raised in New Jersey moving to California in 1969 with a job transfer in the medical field. Shortly thereafter she met the "love of her life" Lion Bill and they have been happily married for 40 years. They have 2 children Gretchen and Steven and 4 wonderful grandson: Nicholas, Alex, Nathan, and Mitchell.

Karen became a lion in 2005 when inducted by PDG Chuck Overbey. She was quickly elected to the position of Secretary of the club, an office she held 2005-2009, She also has served 2 terms as President from 2009-2011, 4 terms as Secretary, co- Chaired the Club Family Festival, co- chaired the Easter Egg hunt and Pancake Breakfast, served 2 terms as co—chair of the District 4-L4 Sight and Hearing Foundation Eye Mobile, 2010-2011 Foothill Region Zone C Chair and is a Melvin Zones Fellow

We a have a Great Team this year and are looking forward to serving the Foothill Region in 2012-2013 Drew





(No Outside Food & Coolers)

FREE ADMISSION



Dear Everybody,

Our Mission Viejo Lions Club report from July 1, 2011 to now is:

6800 used eyeglasses collected 2619 used eyeglass cases collected.

The top contributors of the eyeglass collections are:

- 1. Lion Hugh Fryling 1977 (29%)
- 2. Kaiser Hospital Mission Viejo 940
- 3. Palmia Mission Viejo 577
- 4. Casta del Sol 370
- 5. Lake Forest Optometry 309
- 6. Lion Lori/Dan Mayer 307
- 7. Ladera Ranch Optometry 281
- 8. COSTCO on Barranca 272
- 9. So. County Eye Care Lake Forest 196

Used Eyeglasses Collected

- 1. Lion Hugh Fryling 466 18%
- 2. Casta del Sol Mission Viejo 285
- 3. Palmia Mission Viejo 243
- 4. Kaiser Hospital 243
- 5. Lake Forest Optometry 231
- 6. Lions Lori/Dan Mayer 159
- 7. Saddleback Eye on Moulton 125
- 8. So. County Eye Care Lake Forest -106

Since July 1, 2004 we have collected 44,212 used eyeglasses and 16,897 used eyeglass cases. Our goal for 7/1/2012-6/30/2013 will be 4500 used eyeglasses and 2000 used eyeglass cases.

For 2011-12, the collections from our Lions include:

- 1. Lion Hugh Fryling 1977 used eyeglasses and 466 cases
- 2. Lions Lori/Dan Mayer 307 used eyeglasses and 159 cases
- 3. Lion Anna Boyce 141 eyeglasses and 83 cases
- 4. Lion Don Taylor 93 eyeglasses and 9 cases
- 5. Lion Pat/Pierrette Rizco 47 eyeglasses and 41 cases
- 6. Lion Rosalie Heller 12 eyeglasses and 2 cases
- 7. Lion Ron Vuozzo 2 eyeglasses

About 25 letters of appreciation will be going out this coming week to all the non-Lion contributors.

HAPPY READING - Eyeglass Chair, Micky Scholte, PDG

Global Leadership Team (GLT)



District GLT Coordinator – Gil Smith gilfsmith@aol.com
H: 909-860-6477 C: 909-802-9915

Your GLT Team is off and running for the new year. Our focus will be on bringing effective leadership training and the delivery of several specific leadership programs to the District.

Training Areas

Region Chair and Zone Chair training was conducted by PDG Dan Mayer on June 9th with a make-up session on June 30th. I believe almost all of the RCs and ZCs attended one of these sessions.

New club officer training by PDG Mike Scheafer (presidents, VPs and directors), Marianne Allen (secretaries), Gina Stansbury (treasurers) and Bill Hall (tail twisters) was held on June 30th. A total of 85 Lions participated, which has to be a recent record.

<u>District Leadership Academy training</u> will be conducted during the 8:10 a.m. – 8:50 a.m. time frame before each District cabinet meeting. PDG Dan Mayer is overall coordinator, with support from other skilled Lions trainers. Topics we will cover this year include: Conducting Effective Meetings (July cabinet meeting), Membership (November cabinet meeting) and Conflict Resolution (January cabinet meeting).

<u>Club Excellence Process (CEP) Facilitator training</u> should be held in September or October (in conjunction with Certified Guiding Lion Training).

<u>Certified Guiding Lion training</u> should be held in September or October (in conjunction with CEP training).

Programs Delivered to District Clubs

New Member Orientations will be promoted to all clubs who have added members in this last year. This will be facilitated through the Region Chairs and Zone Chairs. There have been several clubs who requested a club-wide orientation since it has been so long since the last one was conducted. Keep in mind you can also invite prospective Lions.

<u>Club Excellence Process (CEP) Conducted at the Club Level</u> will be promoted. Ontario Host and Tustin Host have already commenced or committed



Two Ronald McDonald Family Rooms serve Orange County

At this time, there are two Ronald McDonald Family Rooms in Orange County. Manned almost entirely by volunteers, the first opened in 1999 at CHOC Children's at Mission Hospital in Mission Viejo. The newest Ronald McDonald Family Room came online in November 2007, inside of CHOC Children's in the city of Orange.

Ronald McDonald Family Rooms extend the services of the Orange County Ronald McDonald House (OCRMH), by serving as an oasis of calm inside the hospital. Here, parents with children in pediatric intensive care and cardiovascular intensive care units can relax a bit, eat and shower. The facilities feature a living room with plasma TV, games for children, a kitchenette, quiet reflection area, and a family resource library with computers so families can use e-mail and do research. Additionally, the facilities at CHOC Children's at Mission Hospital feature two rooms in which parents can nap and sleep while remaining just steps away from their child.

The Ronald McDonald Family Room helps alleviate stress by providing families with an escape inside of the hospital. Additionally, parents find relief and camaraderie by talking with and just being surrounded by others in similar circumstances, yet have the comfort of being down the hall from their hospitalized child. When families first walk into one of our two Ronald McDonald Family Rooms, they frequently forget they are still in a hospital. They see children playing or eating treats baked by volunteers, while parents look on and chat with each other.

"Our experience shows that parents with a seriously ill child who do not take care of themselves get worn down by stress and lack of rest," says Deborah Levy, Executive Director, OCRMH. "With the Ronald McDonald Family Room, families can find comfort and support just steps away from their children's hospital room."

Ronald McDonald Family Room inside CHOC Children's Located on the 6th floor of CHOC Children's 455 S. Main St.

Orange, CA 92868-3874

Contact: Mary Pat Dooley at mpdooley@ronaldhouseoc.org

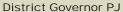
Ronald McDonald Family Room inside CHOC Children's at Mission Hospital

Located on the 5th floor of Mission Hospital 27700 Medical Center Road Mission Viejo, California 92691-6426 Contact: Joni Ooms at jallenooms@ronaldhouseoc.org

Both of these locations need food donations to help out the families. Some of the needed items are: Bottle Water, Juice Boxes, Cup-O-Noodles, Granola Bars, Phone Cards, Chapstick, playing cards, fuzzy socks for adult women, unused books and games. Please contact Diane Quinlan your Ronald McDonald 4L4 Chair or one of the ladies above for a complete list of items.

2012-2013 OFFICERS' TRAINING, COSTA MESA SR. CENTER, JUNE 30, 2012







IPDG Ken Sherwood



LCI Lions of the Year Wanda & Jack Tanaka



President's Training led by PDG Mike Scheafer



Secretary's Training led by Lion Marianne Allen



TAIL TWISTER'S TRAINING

GOOD LUCK TO ALL OUR NEW OFFICERS

THANK YOU FOR VOLUNTEERING TO SERVE!



TREASURER'S TRAINING





GMT Training PDG Norm McKenzie



GLT Training VDG Gil Smith



Zone Chairman Training PDG Dan Mayer



August 17-19, 2012

Friday: 5:00 p.m. to 10:00 p.m. Saturday: Noon to 10:00 p.m. Sunday: Noon to 8:00 p.m.

1025 Westminster Mall

Westminster, CA

Parking Lot Between JcPenney and Sears

Admission Prices: \$5.00 Adults \$2.50 Kids 12-7 Free Kids 6 and Under \$10.00 Family

Free watermelon everyday!

Friday receive one *free* wheel spin on prize wheel with paid admission.

Saturday receive one *free* Pro BBQ sample with paid admission.

Sunday receive on *free* opportunity drawing ticket with paid admission.

HEARING & SPEECH ACTION NEWS



TESTS LINK HEARING LOSS AND DIABETES

Hearing tests at the recent American Diabetes Association Expo, sponsored by the Oregon Lions Sight & Hearing Foundation, showed that more than half of the 400 people tested had hearing loss. Nearly 100 percent were unaware that hearing loss was associated with diabetes, had never received a physician's recommendation for a hearing test, and were enthusiastic about knowing their results.

Researchers at Henry Ford Hospital in Detroit reviewed approximately 1,000 patient charts and found substantial differences in hearing in those with diabetes when compared with their counterparts. Derek J. Handzo, lead author of the study, said the same process responsible for changes to other organ systems in diabetes also undermine structures in the ear. Hearing loss in those with diabetes seem related to blood flow impairment in late-stage diabetes, said Kathleen Yaremchuk, MD. "Just as smoking cigarettes leads to lost lung function, the encroaching impact of diabetes on hearing may be imperceptible until it is irreversible.

A Federal health survey of several hundred U.S. adults four years ago discovered a higher rate of hearing loss in those with diabetes. The association, found at all frequencies, was strongest in the high frequency range. Bob Tysoe, Sonus Portland marketing manager, was struck by how treatable these men and women seemed and said that this information offers a potential powerful route to change. What is lost is lost, but the key lies in the technology for prevention.

Keith Campbell, Chairman 4-L4 Hearing & Speech Action

Second Life

DO YOU HAVE USED OR OBSOLETE HEARING AIDS IN A DRAWER JUST TSKING UP SPACE? GIVE THEM A SECOND LIFE.

MAIL TO: LIONS HEARING AID BANK 8121 RIDGEFIELD DRIVE, HUNTINGTON BEACH CA 92646 OR CALL (714) 536-9813

DISTRICT 4-L4 CALENDAR

2012

July 6 Brea Lions 53rd Annual Orange County North/South Prep All-Star Charity Football Game

July 14 Pre-Cabinet Meeting

July 21-22 Seal Beach Lions Club Fish Fry

July 28 Cabinet Meeting Costa Mesa Golf Course
August 2-5 MD-4 Council of Governors Meeting, San Diego

August 3-5 La Habra Host 64th Annual Corn Festival

August 17-19 American Family Housing Ribs, Pigs & Watermelon Summer Festival & Pro BBQ Competition

August 31-Sept. 2 Orange Lions Street Fair

September 13 USA/Canada Forum, Tampa Bay FL September 16 Seal Beach Food & Wine Festival

September 18 Foothill Region Meeting
September 19 Orange Region Meeting
September 20 Saddleback Region Meeting

September 29 Governor's Fundraiser, Pete's Ponderosa
October 12-14 MD-4 Council of Governors Meeting, Fairfield
October 19 Harbor Mesa Wild West Casino Night

November 3 Pre-Cabinet Meeting
November 10 Cabinet Meeting, Foothill

2013

January 5 Pre-Cabinet Meeting
January 5 Melvin Jones Dinner

January 26 Cabinet Meeting, Orange, PDG Recognition

February 23 Club Student Speakers Contest completion deadline February 6-7 MD-4 Council of Governors Meeting, Sacramento

February 8-10 MD-4 Convention, Sacramento
March 11 Foothill Region Meeting
March 12 Orange Region Meeting
March 13 Saddleback Region Meeting

March 16 Zone Student Speakers Contest completion deadline

March 24 Lions City of Hope Day
April 6 Pre-Cabinet Meeting

April 6 Region Student Speakers Contest completion deadline

April 27 Cabinet Meeting, Saddleback & District Student Speakers Contest

May 30-June 2 MD-4 Council of Governors Meeting, Torrance
June 1 MD-4 Student Speakers Contest Finals
July 5-9 International Convention, Hamburg Germany
August 2-4 MD-4 Council of Governors Meeting, Pleasanton

September 19-21 USA/Canada Forum, Overland Park KS

ATTENTION

CLUB PRESIDENTS, CLUB SECRETARIES, CLUB EVENT CHAIRMEN

DO YOU SEE YOUR UPCOMING EVENTS ON OUR DISTRICT CALENDAR? IF NOT, PLEASE SEND DATES AND FLYERS TO YOUR EDITOR.

HAVE YOU HAD A FUN SOCIAL EVENT, A SUCCESSFUL FUNDRAISING EVENT, OR PARTICIPATED IN A GREAT SERVICE PROJECT? SEND PICTURES AND A REPORT TO YOUR EDITOR.

SHOW YOUR CLUB OFF THROUGH THE DISTRICT 4-L4 FORUM

EDITOR PDG ELLEN LIEBHERR 616 17TH STREET, HUNTINGTON BEACH CA 92648 (714) 458-3077 EMAIL: ellen@creativecateringhb.com