

The 4-L4 Forum

THE OFFICIAL PUBLICATION OF CALIFORNIA LIONS DISTRICT 4-L4

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P.J. SMITH

District Governor

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PDG Ellen Liebherr (Lion Mike) 616 17th St. Huntington Beach, CA 92648 C (714) 458-3077 meliebherr@verizon.net Greetings fellow Lions, Leo's & Friends

Hot and humid September is about to come to a screeching halt. The question is, how did September come and leave so quickly? We are very busy Lions, doing so many wonderful things within our district and communities that time just flies by. October should bring us some cooler weather but I can tell you that our District is sizzling hot. I want to thank all the members and clubs for your positive attitude in growing our 4-L4 district's membership. The good news is that we are at a plus 14 for the quarter. That might not sound like a lot but believe me, it's very positive when we started the year with a negative 26. Please continue the great recruiting as we need all the new Lions we can get to continue the great services to our communities.

There has been a few firsts for me this month. I had the opportunity to attend USA/ Canada Forum in Tampa Bay Florida. What an educational experience this was with were over 50 seminars offered. The most you could possibly work in was about eight. There was also ample time to visit and socialize with Lions from all around the world. I would definitely put it on my list of "things to do" again. Lots of good information to return home with to our District. Another first was installing the Villa Park High School LEO's. It's refreshing to see so many students that want to volunteer for services within their school and communities. Thank you Orange Lions for sponsoring the LEO's at Villa Park High School.

Region Meetings were held on the 18th, 19th, and 20th. A big thank you to all Lions who attended. There were great programs, food and lots of interaction among Lions on what's happening in our Regions and Clubs. These Region meetings could not happen without the Great leadership of our Region Chairs putting them together and again, Thank You.

Your District team has been continuing our club visitations and have made 20 Governor's Visitations since July. During October and November, we will continue to finish up the visitations. I have had the exciting opportunity to induct many new members on these visits and have just learned that Newport Hawaiian Lions will just about double in size. They have told me to be prepared to induct ten new members. WOW, that is really taking membership growth seriously.

We have some great training classes coming up. The first one will be October 6, 2012. This class will be CEP and Guiding Lions. The class can and will benefit any Lion that's seeking to help their club or any other clubs that are having challenging times. This is an all day class that will be held at the Garden Grove Lions Den. The second training session will be a Level II Extension workshop training Lions on how to form new Clubs. This class will be on November 17, 2012 at the Brea Lion Scout Center. To take this class, you must have taken the Guiding Lions Class on October 6, 2012. These classes are highly recommended for anyone in a leadership or considering a leadership role in Lions. For more information please contact 2nd VD Governor Gil Smith.

2011-2012 DISTRICT CABINET

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District Governor's Visitation Schedule

DATE	DAY	TIME	CLUB
OCTOBER 2	TUESDAY	12:15 PM	ONTARIO HOST
OCTOBER 2	TUESDAY	6:45 PM	COSTA MESA NEWPORT HARBOR
OCTOBER 3	WEDNESDAY	7:00 PM	SEAL BEACH HOST
OCTOBER 4	THURSDAY	12:10 PM	POMONA HOST
OCTOBER 4	THURSDAY	6:30 PM	ANAHEIM
OCTOBER 16	TUESDAY	6:30 PM	O.C. CHINESE AMERICAN
OCTOBER 17	WEDNESDAY	NOON	WESTERN U CAMPUS
OCTOBER 18	THURSDAY	6:00 PM	WALNUT DIAMOND BAR
OCTOBER 21	SUNDAY	6:00 PM	O.C. COSTA RICA
NOVEMBER 1	THURSDAY	7:00 PM	HUNTINGTON BEACH HOST
NOVEMBER 7	WEDNESDAY	6:30 PM	NEWPORT BEACH HAWAIIAN
NOVEMBER 15	THURSDAY	7:00 AM	FULLERTON HOST
NOVEMBER 15	THURSDAY	7:00 PM	BREA
	TBA	TBA	WESTMINSTER
	TBA	TBA	UNIV OF CALIFORNIA IRVINE
	TBA	TBA	SAN CLEMENT



District 4-L4 "We Serve"



SECOND DISTRICT CABINET MEETING

SATURDAY NOVEMBER 10, 2012 Governor's Motto: "Service From The Heart"

> Hilton Ontario 700 North Haven Ave Ontario, Ca 909-980-0400

Membership Workshop-"How to recruit, Activate and retain members 9:A.M. till 10:A.M. In the Cypress room REGISTRATION STARTS AT 8:30 A.M.

> Meeting 10:00 am till 2:00 PM Meeting Rooms: Tahoe/Sequoia/Whitney

LUNCH 11:30 am to 12:30 pm Cost \$28.00

Please make reser	vations by October 29, 2012
Number attending:	Amount enclosed:

Please send the names of those attending.....on the back of form

Send completed payments to: Cabinet Secretary Dewey E. Linehan, 4729 Rey Drive, Huntington Beach, Ca. 92649 Dewdrm1@hotmail.com



1st Vice District Governor

Sheila Casteel

As we begin the 2nd quarter of our Lions year, it is time for a Pit-Stop to assess where you are in your membership plan. How are your membership plans progressing? What is working well for you? What might need some adjusting? Is there anything in your plan that ought to be abandoned and something new put in its place? No plan at all? Now is the time to act.

Once again, I point you towww.lionsclubs.org, the Lions Clubs International websire. This is a FREE resource for you. Club Membership Chairs, use the suggestions as starting points for discussion with your committee or club to develop or refine your plan so that it works for your own unique club. One suggestion is to participate in World Sight Day on October 11. Yes, perhaps the timing is tight to do something on the 11th, but you could still do something even if it was on another day or even another month. Maybe put together an educational program on eye health and as PDG Norma Mackenzie says, "recruit around that". There are a number of ideas you could use as is or adapt to your individual club and community need.

Remember that membership is more than just getting new members; it is about retaining the members you already have. The top threats to retention of our Lions Club members are:

- long and/or boring meetings
- cliques and politics
- lack of meaningful involvement

Consider using "How Are Your Ratings" as a tool to evaluate your member satisfaction. Unless you have completed and acted op this survey within the last 12 months, do it again. Like so many things in life, membership requires constant attention.

When tending a garden, both the seedlings and the mature plants need ongoing nurturing for healthy growth, to maintain balance, and to flourish. Lions too need constant care to flourish.

BE A PROUD LION

Complete these tasks and you will be one!

- Attend a club board meeting
- Participate in a club service or fund-raising activity.
- Introduce a new prospective member to the club.
- Make a visit to another club and secure a visitation slip.
- Attend a zone, region, district or multiple district meeting and report back to the club.

WOULD YOU LIKE TO GIVE OUR DISTRICT GOVERNOR A TRULY UNIQUE BIRTHDAY PRESENT?

Help him achieve his goal of starting 3 new Lions Clubs!

Please join him

on his BIRTHDAY

for

The Level 2 Extension Workshop

a

the Brea Lions Scout Center

on

November 17, 2012

Level 2 Workshops are directed at new club organizers who will commit to form one new club close to their area.

This one day training will cover:

SIDENTIFYING A GOOD LOCATION FOR A NEW CLUB &

DISTINGUISHING THE DIFFERENT TYPES OF CLUBS TO FORM &

S IDENTIFYING A GOOD SPONSORING CLUB AND GUIDING LIONS &

DEVELOPING AN EXTENSION TEAM &

& HOW TO ORGANIZE A NEW CLUB &

For more information contact either

Lion Sheila Casteel, 1st VDG 909-483-3532 jandscasteel@hotmail.com

PDG Norm MacKenzie, GMT Coordinator 760-802-6018 norm.mackenzie@cox.net

DISTRICT GOVERNOR PADDY PASS

The buzz has been going around about District Governors Paddy pass and what are they? The district governor's paddy pass is a participation incentive award given to you by your District Governor. There is no monetary cost, just the giving of your time in attending different Lions functions. The prize will be given away through a raffle at our District convention in May 2013 it is a stained/beveled glass window valued at \$1500.00 personally created by your District Governor.

The window will be on display at all cabinet meetings.



HOW TO RECEIVE PADDY PASSES

- 1. New Member and Sponsor = 3 each
- 2. Attend Region Meeting =
- 3. Attend Cabinet Meeting =
- 4. Attend 2012 DG Fundraiser = 7
- 5. Attend 2013 Convention &
 - Be Present Sunday To Win = 10



2nd Vice District Governor

Gil Smith

Cabinet Secretary

Dewey Linehan



This is an exciting time of the year for Lions whether it be handson community service (e.g., California Lions Friends in Sight, preparing for the holiday service projects), charities fundraising projects, participating in Lions leadership training, sharing ideas with other clubs or recruiting members. Here are a few highlights:

<u>USA/Canada Lions Leadership Forum</u> - What an outstanding Lions leadership training forum in Tampa Bay, Florida. Over three days in mid-September, 75 training sessions were offered, covering a wide rage of topics, and we had an opportunity to take in 7-8 different ones of our choice. There were some tough decisions on what to participate in. With more than one person in a Lions family or club attending, we frequently took in different seminars to expand our coverage. The full Forum booklet with presenter materials should be online within the next 30 days. Nine District 4-L4 Lions attended the Forum.

Zone Meetings — Quarterly zone meetings are so important in providing clubs with the opportunity to share what is going on and what is or is not working for them in key areas of club operations. All club presidents, secretaries and membership directors are encouraged to attend along with any other member who wishes to participate in these grass roots discussions. The next round of zone meetings are this month so keep an eye out for information from your Zone Chair.

WesternU Lions Club – The WesternU Lions are growing. After losing most of the third year students who had left the oncampus part of their education, a group of new Lions has been recruited bringing the club to over 70 members. For the first year and a half the WesternU Lions were primarily from the College of Optometry. However, the new members represent a growing diversity of the disciplines offered within the nine colleges composing Western University of Health Sciences. As the club grows and matures, the members are looking forward to conducting more multi-disciplinary health fairs.

Thanks to all the Lions who are participating in District projects and training opportunities. Please let your District Leadership Team know where we can help.

STUDENT SPEAKER CONTEST
MD-4 LIONS CLUBS OF CALIFORNIA
2012-2013 Topic

"How Do We Create and Keep Jobs in America?"

By the time you read this message, Governor P.J and other Lions will have returned from USA/Canada forums in Tampa, Fla. I can imagine the stories. I wonder if they'll be as Good as the ones told about Busan, Korea.

As September was nearing a close, we had our first set of Region Meetings which went quite well. The program at the Foothill Region meeting was right in line with International President Wayne Madden's goal on Literacy, given by Donna Pagent, With a Degree in education and in reading. Orange Region was an Italian fair with some good reports and a great band in the Lounge area. Saddleback Region was very interesting with Dr. Matthew Wade M.D., from Gavin Hebert Eye Institute. I would like to thank all the Region Chairman and Zone Chairman for their hard work and support putting these meetings together

Your Student Speaker packets will be mailed out after October 1st; I hope all interested Clubs ordered their packets The Zone, Region and District Packets will be mailed directly to the Respective Chairpersons. Lions Carol, Jackie and Mike Maloney and I went to Santa Barbara to assist Cass Cara the MD4 Office Manager stuff over seven hundred student speaker packets. It was a fun two days event.

October is also "Oktoberfest" time; I heard there's a Lions Club (Huntington Beach Host) that holds an Oktoberfest every year. Join them on the 11th of October at Old World German Village in Huntington Beach come join them and have a great time. This would count as a visitation for your club "Das Ist Wunderbar"

Halloween is on its way, this is the time of the year that you get to be who you want to be. I thought of being the Governor or maybe a Race Car Driver, but then I decided to be a Lion this year. It makes you feel great all over and the satisfaction that you helped someone less fortunate that couldn't help them selves.

In closing just a reminder, the next District Meeting will be held November 10, Foothill Region is the Host. The fliers will be out soon.

Let's have a great month and remember the motto "Service from the Heart" if there is anything I can assist you with please don't hesitate to ask. See you at a Governor's Visitations, Club Fundraisers or at the District Meeting.

SUPER SADDLEBACK

Region Chairman Mark Snider

September 20th the Saddleback Region Hosted our first Regional Meeting at the Costa Mesa Country Club. We had a speaker, Dr. Matthew Wade, Assoc Professor and Corneal, Refractive and Cataract Surgeon. Dr. Wade introduced the District to The Gavin Herbert Eye Institute at UC Irvine. He discussed the services provided to patients there including Corneal Transplants and cataract surgery. The Corneal transplants utilize a new method of harvesting and attaching the corneas that reduce healing time and increase successful results. In attendance were the Executive Director of the Lions Sight & Hearing Foundation of Southern California, Randy Stein, Board Member PDG Jim North and Board Member Lion Tom Hollister. It is hoped that we can develop a relationship with The Gavin Herbert Eye Institute so that Orange County candidates for the services they provide don't have to travel to neighboring counties for services.

The **LAGUNA NIGUEL LIONS** finish preparations for La Dolce Vita Italian Festival October 6 & 7. Flyer attached.

HARBOR MESA LIONS just finished the annual school boxes, giving 200 boxes to two schools filled with items listed by teachers, such as rulers, glue, markers, scissors, pencils, erasers, etc. They also donated 34 books to a school library.

Governor PJ installed a new member at this visitation to the club and seven members put on a HILARIOUS skit, "Order in the Court" which was a spoof on a "Lyin' Governor."

Their biggest fund raiser, "Wild West Casino Night" will be held on October 19 and tickets are selling like hotcakes.

They have three schools in Costa Mesa participating in the Peace Poster Contest this year.

TUSTIN HOST was busy in August and September. In August, they held a Concert in the Park Mixer with 15 members participating.

In September, the **TUSTIN HOST CLUB** raised \$2,000 at the annual Chili Cook-off.

WesternU Holds Membership Drive and Pinning Ceremony

By WesternU Certified Guiding Lions Gil and Barbara Smith

The WesternU Lions Club in Pomona has had a fantastic opening-of-school membership drive and a successful first meeting of the year. Because the Lions club at the Western University of Health Sciences is a campus club, it must replenish part of its membership every year as a number of its students in various medical fields leave campus for externships and then graduation.

President Thomas Wong, Vice President Joe Beaushaw, Secretary Annie Williams and Treasurer Judith Lee very capably led different portions of the WesternU meeting on August 29th. In attendance were approximately 60 people, including student and faculty Lions and prospective members.

The meeting featured a pinning ceremony, where 33 Lions received their pins. Other club members, who could not attend because they had clinic duty or other university conflicts, will receive their pins at a later time. At the end of the meeting, President Wong conducted a PowerPoint orientation for new members and prospective members.

One of the club's major goals this year is to expand university-wide. Since its being chartered one and a half years ago, the club has been comprised mostly of College of Optometry students and faculty, and as such has focused on vision-related projects. Great strides have been made toward its expansion goal. The club has now expanded with members in five of the nine Western University Colleges, and a new Lion has volunteered as faculty advisor for the College of Pharmacy. By having members in multiple colleges, the WesternU Lions Club will now be able to host university-wide interdisciplinary health care events.

Pomona Host Lions Dr. Richard Sugerman and Dr. Ray Maeda are faculty advisors for the WesternU Club.

Congratulations to all the Lions in WesternU. We look forward to your awe-inspiring activities this year.



Foothill Region Meeting September 18, 2012











District Governor PJ Smith, First Lady Georgia, Foothill Region Chair Drew Sasser, First Vice District Governor Sheila Casteel and Second Vice District Governor Gil Smith participate in the Foothill Region meeting.

Foothill Region Lions Enjoy Friends, Food and Inspiration

































Photographs by 2VDG Gil Smith and District Photographer Barbara Smith

Orange Region Meeting

September 19, 2012

DG PJ Smith, Orange Region Chair Randy McMillan, 1VDG Sheila Casteel, 2VDG Gil Smith, Cabinet Secretary Dewey Linehan, Treasurer Sandi Scheafer, Zone A Chair Marc Poli, Zone B Chair Michael Smith and Zone C Chair Gary Denni join with the Orange Region Lions for their meeting.















































Photographs by
2VDG Gil
Smith and
District
Photographer
Barbara Smith

Saddleback Region Meeting

September 20, 2012

District Governor PJ Smith and his cabinet gathered with Saddleback Region Lions on September 20 to enjoy friendships, to eat good food, to receive information from the district, and to listen to a faculty member of the University of California, Irvine Gavin Herbert Eye Institute.





































Photographs by 2VDG Gil Smith and District Photographer Barbara Smith

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Fantastic Foothill

Region Chairman Drew Sasser

We had a great month in the Foothill region, we held the First Region meeting of the year and had 48 Lions in attendance, our speaker was Susan Paggett from Cal State Fullerton reading and literature dept. She spoke to our group about literacy and the needs of Children and adults. She did a great Job!

We are looking forward to seeing everyone at The District meeting to be held at the Hilton Ontario Hotel, 700 North Haven Ave, Ontario, California, 91764-4902, USA November 10th 2012

For more Info see Flyer in this bulletin . Hope to see you all there!

<u>Cucamonga District</u> Host club has been doing the great work they always do. President Dave Geyer was on the TV program Voice of the Inland Empire hosted by Ron Star. He had a great conversation with the host about lions and his clubs fundraisers and charity work. http://www.voiceoftheinlandempire.com/index.php. They hosted the District Governor last month and had a great program with the Guides Dogs of the desert. They did Vision screenings for the Ca. Friends in Sight, collected over 500 pairs of glasses, worked on multiple community service projects and made 3 visitations, Great Job all!!!

<u>Upland Host Club</u> collected over 100 pairs of glasses, participated in the Upland "fun days in the park" and spent time at the Grace Lutheran "Soups On" Fundraiser. They did a visitation to the Ontario/Upland club. They also donated over \$600 to the Scouts and the Parks and Rec dept. in the city.

Diamond Bar Breakfast Lions Club celebration Luncheon was held on Sunday, September 23, 2012 at the Diamond Bar Golf Course for Lions Jack and Wanda Tanaka. Congratulations to Lions Jack and Wanda Tanaka winners of Lions Clubs International 2011-2012 "Lion of the Year" award. PIP Kay Fukushima presented the award along with District Governor Patrick "PJ" Smith and Immediate Past District Governor Ken Sherwood. IPDG Ken was also the Master of Ceremony. He collaborated with PIP Kay in the nomination for Lions Jack and Wanda. Additional awards were presented; from Congressman Ed Royce, a Resolution from Senator Bob Huff and Assemblyman Curt Hagman, LA County Supervisor Don Knabe and the City Council of Diamond Bar. It was a very nice event; thank you to everyone that attended the event. Committee members were; JK Chun, Karen Eubanks, Steve Johnson, Rachel Myer, Roger Myer, Brian Quan and George Wong. Two visitations were completed in August; Upland Host Steak, Fish, Corn fundraiser and Rancho Cucamonga Community Outback Steak fundraiser. Lions Steve Johnson, Brian Quan and Henry Tzeng attended the Foothill Region meeting. Lions Jack, Wanda and Karen and their mom attended the DG Fundraiser at Pete's Ponderosa. The Student Speaker packet and Peace Poster Kits has been ordered. Diamond Bar Breakfast Lions are collecting books to give to the Friends of the

Library book store. Upcoming event is the White Cane Days scheduled for Saturday and Sunday, October 20 and 21, 2012.Leos: They participated in the LA County Pomona Fair. Leo Josh Chen was the "Youth Hero". The leos participated in the Orange Lions Club Street Fair, Labor Day week-end. They also worked at the RonaldMcDonald House. The District Leo's meeting was held on September 15th and 30th. Diamond Bar High School held their club rush for two weeks and Chaparral Middle School also recruited members for their club.

Walnut Diamond Bar Lions

Sept was a busy month for the Walnut Diamond Bar Lions: they are gathering donations, inventorying supplies, and enhancing their signage for the upcoming Walnut Family Festival to be held October 13th. They have also been collecting eye glasses from Walnut High School, Suzanne Middle School and local residents from the city of Walnut. Two of their members are active in Feed the Hungry/Food Bank of Walnut volunteering at the local food bank sorting, collecting and delivery food. Six of their members attended the Foothill Region Meeting on Sept 18th, and, six members also attended the luncheon on Sept 23 honoring Jack & Wanda Tanaka as International Lion of the Year.

<u>Chino Valley Lions</u> are hard at work readying there lot for the Pumpkin Patch at the corner of Grand Ave and Peyton Ave. in Chino Hills, this is a major Fundraiser for the club and they look forward to seeing other Lions visit the patch and buy their holiday pumpkins. Patch Opens on Oct 12 and is open daily 10am til 8:30 pm there are photo opts and a jumper for the kids. The club donated to the Camp Teresitia Pines and The Chino Valley Fire Foundation for the "Make a Child Smile program" they attended the Region meeting at Western University. They also donated to the scouts.

Pomona Host Lions

September was a special month for the Pomona Host Lions Club as it celebrated the 90th Anniversary of the founding of the Los Angeles County Fair. It began in 1922 as a Pomona Lions project. Pomona members marched in the Pomona Day at the Fair Parade, and the club held a New Member Orientation. Members have been working hard preparing supplies for the upcoming Flag Day presentations, and the ongoing club Literacy Project at Yorba Elementary School has begun in the new school year. A new reading project, using Lions both to read with children and to train parents to help children read will soon be functional at Madison Elementary School. Five club members and a spouse just returned from the USA-Canada Leadership Forum in Tampa and are excited to share their newly learned information with the club. Six members also attended the Foothill Region Meeting. Two new members joined the club this month for a total of three members so far this year. For its newest fundraising project, club members are selling Home Town Buffet 2 for 1 cards. The club donated \$200 to the Student Speakers Foundation, \$500 to the YMCA, and its monthly \$280 to the Braille Institute toward the Braille bus, which transports local residents to the institute.

Ontario Host

Spent the month collecting eyeglasses and hearing aids they also attended the region meeting

Have a great Month and see at the District Meeting November 10^{th} .



Submitted by District City of Hope Chairman Lion Lorna Badame

BOOST YOUR HEALTH BY GETTING OUT THERE STAYING CONNECTED

By Alicia Di Rado

If 50 is the new 30, then who's to say 70 isn't the new 50? Some older adults live that out every day. Go to any marathon on the weekend and you'll see men and women in their 70s and 80s crossing the finish line. They're playing golf with friends, gardening, volunteering at the local animal shelter or caring for grandchildren. Others, though, have a hard time just getting to the grocery store. Maybe the effects of illness or medications slow them down.

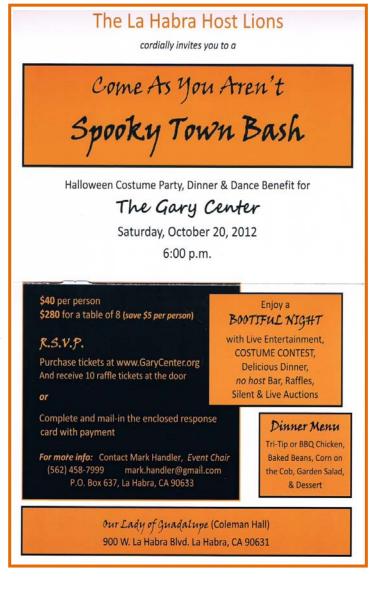
Staying in touch with friends through social media can aid cancer treatment. But does it matter whether older adults go out with friends or stay in, alone? It matters a lot. Activity and socializing aren't just a reflection of age and health — they affect health, too.



Ask Arti Hurria, M.D., director of City of Hope's Cancer and Aging Research Program. She's studying the factors that contribute to how well older Americans can tolerate cancer-killing chemotherapy. Among other factors, older men and women who stay socially active — as well as continue their regular activities — tend to go through cancer treatment better.

Of course, a critical part of staying healthy is making sure to get medical checkups and taking medications appropriately. But there other common-sense, daily steps men and women can take, too. After making sure with your doctor that it's OK to start an exercise routine, says Hurria, "One important thing to do is just to get out the door and do something. It doesn't have to be a marathon. It can be regular walks, whether you walk in your neighborhood or on a trail to get out into nature and see something different."

Nurse Peggy S. Burhenn, M.S., C.N.S., A.O.C.N.S., a professional practice leader in geriatric oncology, stresses the impact of staying connected to friends and family and making new friendships. Seniors with social support think more clearly, stay more independent and have better quality of life.



CITY OF HOPE (Continued).....

Some ways of staying connected include volunteering for a charity, going back to work part-time or helping in a community service organization. "If your network is distant, then writing letters or emails, or getting onto Facebook and talking with friends that way, can help you stay in touch with people," says Burhenn.

For those already struggling to get around, Hurria and Burhenn suggest turning to their geriatric doctor or nurse for options and ideas on how to get more active. And local senior centers often offer exercise classes customized for men and women with varying abilities. They can be a great place to meet others and learn about outings. And for all seniors, the National Institute on Aging has a helpful program online called Go4Life that provides ideas, tips and easy-to-follow exercise instructions to encourage strength, balance and flexibility.

"You don't have to have the energy you did at age 20 to keep active and engaged," says Hurria. "No one expects a 70-year-old to be like a 20-year-old, or even a 50-year-old. But there is so much that seniors can do to stay healthy, and today is a good time to start."



Join District Governor PJ, Lions & friends for the Ensenada Cruise. March 8th – March 11th, 2013

On Saturday, March 9th, District 4-L4 will join the Ensenada Lions for lunch. This year will mark the 55th International Visitation between District 4-L4 and the Ensenada Lions.

Sailing categories will be as follows:

- Category 6C mid-ship outside \$420.60 per person (8 Cabins Left)
- Category 6B forward or aft outside \$\$410.60 p. p. (8 Cabins Left)
- Category 4C mid-ship inside \$375.60 per person (7 Cabins Left)
- Category 4B forward or aft inside \$370.60 per person (6 Cabins Left)
 The remaining Inventory will be pulled on Oct 10th

\$100 deposit per person is due now.

Final payment is due December 21, 2012.

If paying by check Dec 14th.

Please call 714-846-2478 or email Lion Carol Linehan CADL8029@yahoo.com for questions and reservations.

Vamanos a Ensenada!





SUPPORT THE

Huntington Beach Host Lions Club

Register at www.fvpoker.com
Select HB Lions Club as benefitting charity

Saturday, October 6, 2012

Registration at 5:15 pm First Hand dealt at 6:00 pm Rebuys - \$20 until 8:00 pm

\$50 Buy-in

The Center at Founders Village
Directly across the street from Fountain Valley High School
17967 Bushard Street
Fountain Valley, CA 92708







STAR POWER

Did you notice our media Stars in the current issue of the Lions Magazine. Upland Host Lion Kristina Stewart, pictured serving breakfast at Maniac Mike's Restaurant and Seal Beach Lions Aro Riley on her Harley Davidson motorcycle are featured in "The Next Generation" of women Lions. "The younger women in clubs today are not your mother's Lions, bringing youthful energy and fresh ideas to their clubs" says Nancy Shephardson.

Our Lion's worldwide membership is nearly 25% female. Read the full story in the October issue of the Lions Magazine or online at http://www.lionsclubs.org.





Global Leadership Team (GLT)



District GLT Coordinator – Gil Smith gilfsmith@aol.com
H: 909-860-6477 C: 909-802-9915

The GLT continues to bring you a variety of information, coaching and training opportunities that can help any club achieve its goals.

<u>Current Available Training Opportunities Include</u>:

District Leadership Academy November 10, 2012

9:00 – 10:00 a.m. before the cabinet meeting
Membership Workshop
"How to Recruit, Activate and Retain Members"
presented by PDG/GMT Coordinator Norm MacKenzie, 1st VDG
Sheila Casteel and 2nd VDG/GLT Coordinator Gil Smith.

Club Excellence Process (CEP) Training (9:00 a.m. – 12:00 noon)

Certified Guiding Lion (CGL) Training (1:00 – 4:30 p.m.)

October 6, 2012

Garden Grove Host Lions Clubhouse. Space is still available – contact Gil Smith.

MD4 Lions Leadership Institute at Harris Ranch, **January 19 -21, 2013**. Any Lion who is a club president or anticipates becoming a club president in the next few years should consider attending. This is an excellent program with many of the topics mirroring what is offered by LCI at the Advanced Lion Leadership Institute.

Club Excellence Process (CEP) – Three clubs are engaged in or have completed the CEP – Ontario Host, Tustin Host and Fullerton Host. Seven of our trained District 4-L4 facilitators have participated in the facilitation process. With an expanded group of trained facilitators after October 6th, even more clubs will be able to participate. The four steps of the Club Excellence Process can now be unbundled and conducted in one or more steps at a time in a Lions club, and the steps utilized may be facilitated by members of their own club, except for the How Are Your Ratings? internal survey.

<u>Certified Guiding Lions</u> now have two primary roles. First is the traditional role of being one of the Guiding Lions for a new club. The second role is to assist in rebuilding existing clubs.

If you take advantage of these training opportunities, you will become a more valuable asset to your club and others in the District, guiding us to membership growth and enhanced service to your communities.

The District Leadership Team would like to hear from you on how we can help meet your needs in Lionism whether it be mentoring, training, sharing ideas or providing some assistance that will help you grow and meet the needs of your local communities.

Become a Club Excellence Process (CEP) Facilitator and a Certified Guiding Lion in one day

October 6, 2012 Garden Grove Host Lions Clubhouse

Join us and become a valuable asset to the clubs in your district. Certified Guiding Lions will learn tools to guide new clubs and assist existing clubs in their district. CEP facilitators will learn how to help a club achieve excellence. Training is offered to all Southern California districts (L1-L6) and district A-3. (There is no charge for the training and materials.)

Schedule:

- 8:00 to 9:00 a.m. Registration for CEP Facilitator training
- 9:00 a.m. to 12:00 noon CEP Facilitator Training
- 12:00 noon to 1:00 p.m. Lunch break and registration for Certified Guiding Lion Training
- 1:00 to 4:30 p.m. Certified Guiding Lion Training (the workbook emailed to you in advance is to be reviewed and hopefully the exercises completed prior to arriving)

Location:

Garden Grove Host Lions Clubhouse 9860 Larson Avenue Garden Grove, CA 92844

Presenters for CEP Facilitator training:

- PDG Bill Newyear (4-L1)
- 1st VDG Sheila Casteel (4-L4)
- 2nd VDG & GLT Coordinator Gil Smith (4-L4)

Presenters for Certified Guiding Lion training:

- IPDG Ken Sherwood (4-L4)
- 1st VDG Sheila Casteel (4-L4)
- 2nd VDG & GLT Coordinator Gil Smith (4-L4)

Materials for CEP will include the LCI CEP Participant and Facilitator Handbooks, LCI CD with PowerPoint slides for all four CEP Steps, and a CD with suggested approaches, forms, and other experience tested materials.

Reservations must be made Not Later Than September 26, 2012 to Gil Smith at (909) 860-6477 or gilfsmith@aol.com. Please indicate which workshop(s) you are registering for and provide your name, phone number, email address, club name, which district you are with, position in your club and district, and if you wish a sandwich and chips lunch for \$5.00.

District Lions Go to USA-Canada Leadership Forum

By Barbara E. Smith

District 4-L4 was well represented at the USA-Canada Leadership Forum held from September 13 to 15 in Tampa, Florida. Attending from our district were District Governor PJ Smith, First Vice District Governor Sheila Casteel, Second Vice District Governor Gil Smith, Immediate Past District Governor Ken Sherwood, and Past District Governor Jon Casteel.



Also participating was a contingent from the Pomona Host Lions, which included President Barbara Smith, First Vice President Richard Sugerman, Secretary Beverly Sugerman, Past President Jack Lightfoot, and Treasurer Gil (mentioned above).



We were able to attend up to eight classes, each being one hour twenty minutes long. We also attended the Opening Ceremony with the Parade of Flags, banqueted for lunches and dinners, listened to International President Madden, and were inspired by three motivational speakers.



The entertainment was excellent—flamenco dancers, a wild alligator act, and an award-winning performing jazz band. It was also a treat to view firsthand the Peace Poster winners.

Attending the Forum was a very enriching and enjoyable experience, and we would highly recommend that all Lions consider going to the Forum at least once. Warning though – if you attend once, you will most likely go again and again. It truly is that valuable and fun.



Team Tanaka LCI Lion of the Year Celebration

By Barbara E. Smith

On Sunday, September 23, approximately 200 guests gathered at the Diamond Bar Golf Course to honor Jack and Wanda Tanaka, who were awarded the Lions Clubs International Lion of the Year Award at the recent LCI Convention in Busan, Korea. IPDG Ken Sherwood, acting as the master of ceremonies, added a touch of levity to the momentous occasion. Past International President Kay Fukushima and his wife Denise flew down from Sacramento to speak and re-present the award.



Most of the attendees were Lions throughout the district, but others from the community, family members and area politicians also attended. Throughout celebration, Jack and Wanda received much praise, congratulations, toasts and awards.

The Tanakas received proclamations and recognition awards from Steve Tye and Ron Everette of the Diamond Bar City Council, from a representative of County Supervisor Don Knabe, from Assemblyman Curt Hagman, from a representative of State Senator Bob Huff and from Congressman Ed Royce.



Hawaiian dancers and musicians provided entertainment. Congratulation to the Diamond Bar Breakfast Lions for a superb celebration to honor the outstanding Lions in the world. Most of all congratulations to Jack and Wanda Tanaka! We are proud of

you!!





ORIGINAL SHAKEOUT TEAM MEMBER SPEAKS TO LIONS

The Pomona Host Lions Club invites all District 4-L4 Lions to hear Lion Steve Storbakken, Director of Environmental Safety and DRC Coordinator for the Pomona Valley Hospital Medical Center, speak on the Great California ShakeOut—Then and Now. The meeting will be at 12:10 p.m. on Thursday, October 18, which is also the actual ShakeOut Day.

Lion Steve was on the original team, which created the Great Southern California ShakeOut, which has now spread throughout the United States and to six other countries. He will conduct a Drop, Cover, and Hold On Drill, which will count as official participation in this year's ShakeOut. Before October 18, try to register as a participant online at www.shakeout.org.

Lion Steve will share "inside information" on the creation of the first ShakeOut as well as give us updated earthquake preparedness information. Please call or email President Barbara Smith if you plan to attend, 909-860-6477 or Barbesmith@aol.com.

A CELEBRATION OF LIFE

PLEASE JOIN THE RANCHO CUCAMONGA COMMUNITY LIONS AS WE CELEBRATE THE LIFE OF LION BARBARA ABRAMOVITZ.

IT WILL BE ON SUNDAY, OCTOBER 7 STARTING AT NOON AT THE RED HILL PARK, BASELINE AVENUE, RANCHO CUCAMONGA. (IT WILL BE AT THE NORTH END OF THE PARK, JUST BELOW BASELINE AVENUE)

RANCHO CUCAMONGA COMMUNITY LIONS WILL PROVIDE LIGHT REFRESHMENTS.

DONATIONS MAY BE MADE TO RANCHO CUCAMONGA LIONS CLUB IN BARBARA'S MEMORY AND A DONATION WILL THEN BE MADE TO ONE OF HER FAVORITE CHARITIES.

PLEASE CONTACT PDG ELIZABETH WARREN IF THERE ARE ANY QUESTIONS. 909 941-0604 OR DOUGALWEST@ AOL.COM



The Cucamonga District Host Lions Club is sponsoring a



FREE VISION SCREENING And FREE RECYCLED EYE GLASSES EXAMEN DE LOS OJOS GRATIS Con LENTES DE AUMENTO GRATES

Screening shall be conducted by De seleccion se llevara a cabo por



SHARE THIS WITH ANYONE YOU KNOW WHO CAN BENEFIT

FIRST COME FIRST SERVE COME EARLY

NO SE REQUIRE CITA LLEGAR TEMPARNO

WHEN
SATURDAY - OCTOBER 13, 2012
8:00 A.M. - 3:00 P.M.

CUANDO SABADO 13 OCTUBRE, 2012 8:00 A M = 3:00 P M

WHERE / DONDE LIONS CENTER EAST 9191 BASELINE RD RANCHO CUCAMONGA

WHO QUALIFIES
ALL AGES WELCOME!

QUIEN CALIFICA
PARA TODAS LAS EDADES

FREE Glucose SCREENING (Diabetes Awareness) available at this event!
Lions Ken Meyers and Scotty Barclay will administer procedure for first 200 participants.

IMPORTANT

Screening may close early, subject to attendance
We will be collecting any glasses you are no longer using!

This vision screening is not meant to replace a comprehensive eye examination and refraction that you obtain through your eye doctors office. The vision screening is designed to assess for ocular health concerns and provide a useable pair of recycled eyeglasses until you can obtain the professional services an orbitaining and advantages on your own.



HARBOR MESA LIONS



17TH ANNUAL "WILD WEST" CASINO NIGHT



Strike it Rich! FRIDAY, OCTOBER 19, 2012

7 p.m. to 11 p.m.

Costa Mesa Neighborhood Community Center 1845 Park Avenue, Costa Mesa

\$40 Per Person, includes \$100 in gamblin' scrip, delicious chuckwagon dinner, hoedown dancin' AND fun, fun!

Games of chance include: Blackjack, Craps, Roulette WIN GREAT GIFT CARDS, FANTASTIC SILENT AUCTION! TWO GRAND PRIZES DRAWN FROM YOUR TICKET STUB: \$200 Shopping Spree at South Coast Plaza, \$150 Target Gift Card

ADVANCE TICKETS ONLY! PURCHASE BY 10-12-12

MAKE YOUR CHECK OUT TO: HARBOR MESA LIONS MAIL TO: Lion Barbara Hayward 3085 Fernheath, Costa Mesa 92626

FOR FURTHER INFORMATION CALL: Lion Jennifer Kelder, 714-345-6232 or Lion Carol Proctor, 714-968-9916. Silent Auction Donations, 714-962-0265

- Proceeds go to local charities and Lions Sight & Hearing Foundation -

HARBOR MESA LIONS COMPLETE 2012 SCHOOL BOX PROJECT

The Harbor Mesa Lions donated 200 boxes to students and 34 books to the Whittier School Library the first week of school. This took place the first week of school.











By PDG Norm MacKenzie

District Overcomes Minus Ends First Quarter With A Plus

I want to congratulate the clubs that have brought in new members as of this writing, September 26th. The District has added 33 members and dropped 5 for a net gain of 28 thus far for the month. Since the District had a minus 14 at the end of August this puts us at plus 14. The District Membership Goal for the first quarter is 17 and all of the reports are not in as of this penning so 17 is a realistic goal.

It's the end of the first quarter and time for a Pit Stop to review how your goals and plans are performing and if they need some fine-tuning and refueling before you leave Pit Row and continue on the second quarter speedway. All clubs that have inducted new members should have an Orientation soon and/or encourage them to review on the district's website.

One of the ways to keep your club on track is to attend the district's two training events scheduled for the second quarter – Guiding Lion Training on October 6th and Level 2 Workshop by LCI Extension Team November 17th. Lions must attend the October 6th training before attending the Level2 Workshop. I encourage all Lions to take advantage of the district's efforts to provide resources for clubs to fine-tune their operations. Clubs should send as many members as possible to the scheduled training events. I encourage every club to send a minimum of two members to the training. The information and guidance received will refuel your club and take it to the next level.

Any club that wants a Club Growth Program that I developed can schedule one by emailing me at norm.mackenzie@cox.net or calling 760-802-6018.

SEAL BEACH LIONS TO HOST PANCAKE BREAKFAST & HOT DOG BOOTH AT WINGS, WHEELS, ROTORS & EXPO



Join the 35,000 visitors at the Los Alamitos Army Airfield, Los Alamitos. Get up close and personal with military and commercial airplanes, helicopters, first responder's vehicles, and vintage airplanes. Here is your chance to see the Predator Drone. Tour the auto and motorcycle show. Pre-register for helicopter tours. Free airplane rides for 8-17 year olds provided by the Young Eagles.

All proceeds raised by the Seal Beach Lions will be donated to military programs.

BET YOU CAN IDENTIFY THESE!



DO PEOPLE KNOW WHO YOU ARE?

Are you displaying your name, flying Lion's flags, handing out flyers at fundraisers? All this is important to help the public recognize the work that Lions do for their communities.

Invest in an E-Z up with your Lions name and logo. Purchase a few Lions flags from the LCI store. Develop a brochure that can intrigue and give enough information to that prospective new member.

Get in the public's face. Let's make "We Serve" as recognizable with Lions as the Big Mac is with McDonalds.





THE SEAL BEACH LIONS RECEIVED A \$1000 CHECK FROM THE SEAL BEACH CHAMBER OF COMMERCE FOR THEIR WORK AND MENTORING OF THE SEAL BEACH LEOS CLUB.



Get on the District 4-L4 Reading/Literacy Train

Join in a new District Project in the following ways:

- Donate Books (new and very gently used) at the Cabinet Meeting. These books will be distributed to Libraries, Schools, Shelters serving children and adults, Boys and Girls Clubs as well as YMCA'S/YWCA'S or other entities that may be in need of reading materials.
- Get Involved (clubs and individuals) by volunteering to read at the very same places as outlined above.
- 3. Participate in President Madden's Reading Action Program (RAP) by:
 - Developing after school reading programs.
 - · Reading to children at local libraries.
 - · Contacting local schools, asking how you can help.
 - Donating books and/or computers to a school or library.
 - Volunteering as tutors through a local school.
 - Working with local literacy experts and agencies.
 - · Working to promote Braille literacy.

International President Wayne Madden has made Reading and Literacy a priority this year. As there are more than one billion illiterate people worldwide (24 million in the United States), we need to become proactive to bring children and adults that we serve, the tools that will help them with their independence and education.

Become part of the Solution!









District 4L-4 Club Presidents and Lions,

It was a pleasure to have the opportunity to speak at the Region Meeting. I thank you for allowing me the time to explain about the Student Speaker Foundation and the need for the contributions. As your clubs decide the charities you will support this coming year the Student Speaker Foundation would truly appreciate all donations.

The following are ways to support the Foundation. A supporter patch-\$100.00, Harry J Aslan Fellow-\$200.00, Dwight E Stanford Fellow-\$300.00, Donald E Snyder Fellow-\$400.00 and Fred W. Smith Fellow-\$500.00. This year a commemorative plate is being offered in memory of PDG Al Ohrmund-\$250.00, PDG Al was the Foundation President. 2005-2012

The newest 4L4 Harry J Aslan was awarded to **Lion Walter Rountree** Fullerton Host. Harbor Mesa received a Supporters Patch.

Thank you Pomona Host for your donation and Harbor Mesa for recognizing DG PJ Smith with a monetary donation to the Foundation.

Any amount donated by a club or individual will go toward continuing the scholarships for these future leaders of tomorrow.

Lion Carol Linehan District 4 L4 Student Speaker Trustee 2012-2013



ONTARIO HOST LIONS CLUB PRESENTS THE 12TH ANNUAL PASTA DINNER & WINE TASTING EVENT

WHERE: The Cooper Museum - 217 east "A" street, Upland CA

WHEN: Sunday, October 21, 2012

TIME: 3:00 pm wine tasting begins and continued throughout the evening. Dinner served from 4 to 5pm

TICKET PRICE: Prepaid price \$30.00 TICKET INFO: Andrea Busby 909-944-7715 or Gayle Garbo 909-989-0059

Proceeds from this event will benefit Ontario Host Lions Community Service Projects



POMONA HOST LIONS CLUB CELEBRATES 90TH ANNIVERSARY OF THE LA COUNTY FAIR

Did you know that the Los Angeles County Fair began as a Pomona Lions project over 90 years ago? What the club started as a local agricultural fair quickly expanded into a county fair with Lions President Lou Elmer Sheets as the first president of the Los Angeles County Fair Association. Dusty club archives actually record who made the motion for the fair, who seconded it and how the club promoted it in the community.

In honor of the club's part in the founding of the fair, club members celebrated both during its September meetings and in the Pomona Day at the Fair Parade. During its meetings, President Barbara Smith shared the club's involvement with the original fair. Then First Vice President Dr. Richard Sugerman, in a humorous, German-accented professorial tone, gave detailed instructions on the correct way to set off the poppers, which had been passed out to everyone. During the Wacky Moments of the meetings, club members took turns pantomiming different activities found at the LA County Fair like cow milking, wine tasting, horseback riding, the marine exhibit, etc. Both the actors and the people who correctly guessed the activity received bags of chips.

To culminate the club's fair activities, Lions, family members and friends marched in the Pomona Day at the Fair Parade. Leading the club in the parade was a classic 1993 burgundy Corvette convertible. President Barbara sat in the front, and Lion Tamer Ricky Ortiz and Assistant Lion Tamer Joyce Lima, whose names had been selected by a drawing, sat perched on the back ledge. The Lions waved to the crowd as people cheered the Lions and the Corvette.

Behind the Corvette, two girls from the Kennedy-Austin Foundation, for which the club provides support, carried the club's outdoor banner, and behind them marched the club's contingent of members, families and friends.

This 90th Anniversary of the LA County Fair was special for the Pomona Host Lions as the members remembered the lasting contribution of the early club.



Lions Joyce and Ricky toss beads to the crowd.

Above right

The burgundy Corvette convertible leads the club's contingent in the parade.

Right

Pomona Host Lions, family members and friends march in the Pomona Day at the Fair Parade.









Lion Edith Jennison celebrates the 90th Fair Anniversary.



Dr. Sugerman explains the correct popping of the popper.



Lion Frank Alvarez
pantomimes the cow
milking competition during
the club's Wacky Moment.



Lions Joyce Lima, Ricky Ortiz and Barbara Smith wave to the crowd.

DISTRICT 4-L4 CALENDAR

2012

October 6 Huntington Beach Host Lions Texas Hold 'em Tournament
October 6 CEP Facilitator Training & Certified Guiding Lion Training

October 11 Huntington Beach Oktoberfest

October 12-14 MD-4 Council of Governors Meeting, Fairfield

October 13 Cucamonga District Host Calif. Lions Friends in Sight Screening

October 19 Harbor Mesa Wild West Casino Night

October 21 Ontario Host Lions Club Pasta Dinner & Wine Tasting

October 27 Atria del Ray Branch Lions (Upland Host Lions) Casino Night Fund Raiser

October 28 Wings, Wheels, Rotors & Expo, Los Alamitos Army Airfield (Seal Beach Lions Pancake Bkft & Hot Dog Booth)

November 3 Pre-Cabinet Meeting
November 10 Cabinet Meeting, Foothill
November 17 Level 2 Extension Workshop

2013

January 5 Pre-Cabinet Meeting January 5 Melvin Jones Dinner

January 26 Cabinet Meeting, Orange, PDG Recognition
February 23 Club Student Speakers Contest completion deadline
February 6-7 MD-4 Council of Governors Meeting, Sacramento

February 8-10 MD-4 Convention, Sacramento
March 11 Foothill Region Meeting
March 12 Orange Region Meeting
March 13 Saddleback Region Meeting

March 16 Zone Student Speakers Contest completion deadline

March 24 Lions City of Hope Day April 6 Pre-Cabinet Meeting

April 6 Region Student Speakers Contest completion deadline

April 27 Cabinet Meeting, Saddleback & District Student Speakers Contest

May 30-June 2 MD-4 Council of Governors Meeting, Torrance
June 1 MD-4 Student Speakers Contest Finals
July 5-9 International Convention, Hamburg Germany
August 2-4 MD-4 Council of Governors Meeting, Pleasanton

September 19-21 USA/Canada Forum, Overland Park KS

ATTENTION

CLUB PRESIDENTS, CLUB SECRETARIES, CLUB EVENT CHAIRMEN

DO YOU SEE YOUR UPCOMING EVENTS ON OUR DISTRICT CALENDAR? IF NOT, PLEASE SEND DATES AND FLYERS TO YOUR EDITOR.

HAVE YOU HAD A FUN SOCIAL EVENT, A SUCCESSFUL FUNDRAISING EVENT, OR PARTICIPATED IN A GREAT SERVICE PROJECT? SEND PICTURES AND A REPORT TO YOUR EDITOR.

SHOW YOUR CLUB OFF THROUGH THE DISTRICT 4-L4 FORUM

EDITOR PDG ELLEN LIEBHERR 616 17TH STREET, HUNTINGTON BEACH CA 92648 (714) 458-3077 EMAIL: meliebherr@verizon.net