



# The 4-L4 Forum

**THE OFFICIAL PUBLICATION OF  
CALIFORNIA LIONS DISTRICT 4-L4**

*Volume 91 Number 10 April 2013*



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P.J. SMITH**

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Greetings Fellow Lions, Leo's, Family & Friends

Spring is here, Easter is over, and Lions around the district are extremely busy. I believe the word that best describes all three is very colorful. Spring with it's beautiful colored flowers, Easter with hillsides covered with colored eggs with children in search of them and Lions coloring the calendar with fundraisers and projects.

Our International Visit to Ensenada found 28 cruisers having a grand time onboard the ship with many games and a fantastic cruise director. Lion Carol Linehan not only booked our trip but provided all the games and fun entertainment. Job well done Carol.

We were joined at lunch by many Seal Beach Host Lions who drove down to our Ensenada meeting place. We all enjoyed a wonderful lunch and friendship with fellow Ensenada Lions. District 4L-4's generosity was overwhelming as we donated \$1,230.00 in cash and over a \$100.00 in school supplies. Thank you PDG Barbara Hayward for the great job of coordinating the luncheon. This continues to be the oldest and longest International Visitation in Lion history. A big thank to all lions that made this such an enormous success.

Right after returning from our cruise, we had three Region Meetings. Thank you Lions for supporting both our Region Meetings and the Region Student Speakers Contest. They were absolutely fantastic and we're looking forward to the District Level Speaker's Contest at our last cabinet meeting. I can honestly say that the judges will be challenged to select a winner. We had 53 Lions from Foothill Region, 30 Lions from Orange Region and 43 Lions from Saddleback Region. Thank you Lions and Region Chairs for the magnificent meetings and catered dinners provided.

Western U Lions continues to expand their membership and on the 20th I had the pleasure of installing their new officers.

The first Lady and I attended Garden Grove Lion's spaghetti/bingo evening and a good time was had by those in attendance. Georgia has not quite reached the status of bingo queen yet. This was my second year as a guest at the Huntington Beach Host Lions Crab Fest. This event was a sell out at 400 guests. As with last year, the food was exceptional and plentiful. Great job Huntington Beach Host Lions and all the Seal Beach Host Lions Leo's that did a fantastic job serving all of the guests. It was so refreshing to attend the Leo's talent show at Troy High School on the 23rd. The talent was over the top and I along with 1st VDG Sheila Casteel and Zone Chair Marl Poli as judges had a very tough time picking the winners. As far as I'm concerned, they were all winners. A big thank you to Lions Jack & Wanda Tanaka, John Doogan and all the Leo's that participated in this wonderful talent show.

Congratulation District 4-L4, our membership is a plus again this month. We are at 1219 members for a plus 33 for the year. Great job and please continue the drive for new members. We can make that magical number of 1250 members by June.

**Paddy Pass Alert** ~ Our last cabinet meeting and District Level Student Speaker's Contest will be on Saturday April 27, 2013. For each lion attending they will receive five paddy passes for the stained glass window to be given away at convention. Check the flier in the Forum for location and details. Of utmost importance, please RSVP to Cabinet Secretary Dewey Linehan ASAP for food count purposes. As a gentle reminder to all clubs attending, please bring a gift or basket with a value of \$20.00 The District will provide a Grand prize of a \$100.00 gift card. I have arranged for a lunch time entertainment with Jim Gilman on the accordion. Lets make this cabinet meeting the best one of the year and go out in a blaze of glory.

A belated Happy Easter to all.

Now that we are talking about Easter and rabbits. What do you call  
eight rabbits standing in a line, backing up . . . I give, a receding hare line.

That's all she wrote folks.

Yours in Lionism  
PJ Smith, DG 4-L4

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District 4-L4  
"We Serve"



## 4th DISTRICT CABINET MEETING

Saddleback Region  
SATURDAY April 27, 2013

Governor's Motto:  
"Service From The Heart"

David L. Baker Golf & Country Club  
10410 Edinger Ave.  
Fountain Valley, Ca. 92708 Tel:714 418-2152

Registration Starts at 8:30 A.M.  
Meeting & Student Speaker Contest Starts 10:AM  
Saddleback Region Chair Mark Snider

LUNCH 11:30 am to 12:30 pm  
Cost \$28

\*\*\*\*\*

Please make reservations no later than: April 12, 2013

Club name \_\_\_\_\_

Number attending: \_\_\_\_\_ Amount enclosed: \_\_\_\_\_

Please send the names of those attending.....on the back of form

Send completed payments to:  
Cabinet Secretary Dewey E. Linehan, 4729 Rey Drive,  
Huntington Beach, Ca. 92649  
[Dewdrml@hotmail.com](mailto:Dewdrml@hotmail.com)

**23rd Car Opportunity Drawing**  
**2013 FORD ESCAPE**  
tax & license not included  
**SEAL BEACH LIONS CLUB**  
ONLY 600 tickets available!

Drawing @ 4:30 p.m. on Sunday, July 21, 2013  
winners need not be present to win!



Proceeds benefit sight and hearing impaired, local community projects and other charitable organizations

Please return this form with your check or money order to:  
Seal Beach Lions Club, 1198 Pacific Coast Hwy. D-305, Seal Beach, CA 90740

**23RD CAR OPPORTUNITY DRAWING**  
For information, call Bruce or Renee @ 562.493.0115

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_ Email: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Number of tickets: \_\_\_\_\_ x \$100 = \$ \_\_\_\_\_

Method of payment:  check  money order  Visa  MasterCard

CREDIT CARD NUMBER \_\_\_\_\_

EXPIRATION DATE: \_\_\_\_ / \_\_\_\_ (MM/YY) CV# \_\_\_\_\_

SIGNATURE \_\_\_\_\_ (required for credit card use)

\$100 donation includes dinner for two @ the Lions 69th Annual Fish Fry, July 20 & 21

Make checks payable to Seal Beach Lions Club



1<sup>st</sup> Vice District  
Governor  
Sheila Casteel

Service is the heart of Lions Clubs. It is the life blood of our existence. Service is critical to our survival as an organization. Our membership is the source of the people that provide the service. Service and membership go together; you can't have one without the other.

As you probably know, International President Madden has a passion for car racing. It is that passion that inspired his "Pit Stop" plan. As part of the fourth quarter "Pit Stop", clubs are encouraged to participate in the Lions Global Service Action Campaign: Protecting the Environment. April 22 is Earth Day. Use these events as a way to both strengthen and increase your existing membership.

During April, join other Lions around the world to help protect the environment. Use Earth Day to raise awareness of the importance of protecting the environment and how Lions are involved in this endeavor. If you need ideas, the following is a list from the Lions Club International website.

- Develop an awareness campaign around environmental issues.
- Plant trees or flowers.
- Help build a safe drinking water system.
- Host seminars regarding simple practices that "Protect our Environment."
- Organize a carpooling campaign.
- Organize a beach or riverbank cleanup project.
- Partner with your local environmental authorities to save an endangered animal, forest, or water source.
- Organize a community-wide bike to work/school day.
- Establish a school-wide recycling program.
- Conduct community-wide clean-up projects.
- Raise awareness about the benefits of "going green."
- Remove debris from a nature trail.
- Recognize a local environmental leader.
- Organize a battery/cellphone/computer recycling drive.
- Sponsor a nature camp to teach youth about environmental preservation.
- Sponsor an environmental preservation training program partnership with park/forestry authorities for residents.
- Work with a local school to organize a contest that will challenge students to offer creative solutions to solving environmental issues.
- Volunteer at a recycling center.
- Organize a roadside clean-up.
- Clean up a park or playground.



2nd Vice District  
Governor  
Gil Smith

The past, the present and the future. As the Lions emblem looks left and right, it is looking at our past and future, with the present sandwiched in between. Last month was a fantastic example of this emblem with the three Regions' Student Speaker contests. Where else can you rub elbows with so many enthusiastic Lions, listen to talented young speakers and have tasty generous meals prepared by our own Lions PDG Ellen Liebherr and Andrea Busby.

The near future is also exciting with the Cabinet meeting April 27th, which includes the District Leadership Academy discussion of Project Management and the student speaker competition. Then it's on to the always enjoyable District convention May 16 – 19, 2013 in Palm Springs.

Your incoming governors team knows that the future holds many opportunities and challenges for Lions in District 4-L4. One opportunity arises out of the recognition that the job of club secretary can be demanding. We are requesting that all club secretaries share their ideas on club reporting with the incoming governors team by the end of April as to what works, doesn't work and recommendations to make the club secretaries job easier next year.

One major past, present and future challenge remains: membership and club health. While District membership has been growing over the past several years, we have lost four clubs in the past two years, and another club will be lost in the next couple months, which will leave us with 33 clubs. Two of the lost clubs were the result of mergers, and three simply closed their doors. The problem is to remain a viable district, we must have a minimum of 35 clubs and 1,250 members.

This year membership has grown from 1,185 as of July 1st to 1,218 as of February 28th so we are closing in on the required 1,250. However, we need to add new clubs as well as strengthen existing ones.

It probably sounds like a broken record, but please take action before your club needs help when it may be too late. Your District officer team is here to help with membership workshops, CEP, etc. Every club should shake the trees for new members and involve them, recognize the same old approach may not sustain a club, be willing to try something different, orient your new members, etc. All it takes is a little effort, and help is available from the District officer team. Like the Fram oil filter commercial would say, "you can pay me now, or pay me later." It's a lot easier to be proactive and build your club while it's reasonably healthy. Build your club for the next generation.



# Laguna Niguel Lions Club 2013 Wine Tasting Fund Raiser

Join Us for Our 2nd Annual Spring Wine Tasting Fundraiser  
Sunday, April 21st  
4- 7:00 PM



Salt Creek Winery  
30100 Town Center Drive  
Laguna Niguel



**\$30/ Person** (limited attendance)

Includes 5 wine tastings and hors d'ouveres

Silent Auction Items

Lions Helping the Visually Handicapped

Some of our charities include:

- Blind Children's Learning Center
- Guide Dogs of the Desert
- Sight and Hearing Foundation Van
- Local Vision care for needy
- Vision & Diabetes Walk



Some of Last Years items include:

- St Regis Champagne Brunch for 4
- 2 Cooking Classes
- Laser Genesis Treatment
- 4 Family Portrait Sessions
- Optometric Eye Exam
- Facial Line Filler
- Massage/ Spa treatment
- Lots of Top Restaurant Gift Certificate
- And more



To RSVP, please make Checks Payable to:

Laguna Niguel Lions Club  
PO Box 6848  
Laguna Niguel, CA 92677  
401c(4) ID # 33-0009765  
Mail BEFORE April 15th

For More Information, contact: Lion Laurie Davies 949-360-7503  
[www.lagunaniguelions.com](http://www.lagunaniguelions.com)



## Global Leadership Team (GLT)

District GLT Coordinator – Gil Smith

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As this year winds down we still have a wide variety of club improvement and learning opportunities.

**New Officer Training** will take place on **June 15th at the Brea Lions Scout Center**. Please register in advance with the Cabinet Secretary, Dewey Linehan. Separate training sessions will be provided as follows:

- Club presidents, vice presidents, directors and other present or future officers.
- Club secretaries.
- Club treasurers.
- Club membership chairs.
- Region and Zone chairs.

The training schedule is somewhat different this year due to the integration of the RC/ZC training on the same day:

Registration	8:00 -9:00 a.m.
General session	9:00 – 9:30 a.m.
Club officer training	9:30 – 11:30 a.m.
General session	11:30 – 12:00 noon

Region and Zone chair training will be a total of four hours in segments from 8:00 – 9:00 a.m., 9:30 – 11:30 a.m., and 12:00 noon – 1:00 p.m. (Note – all Cabinet officers for 2013 - 2014 are expected to participate in the RC/ZC training segments from 8:00 – 9:00 a.m. and 12:00 noon – 1:00 p.m.)

Now is the time for the new club officers to consider conducting the **Club Excellence Process** in their club next year. It would be a great way to kick off the year. We are far ahead of other districts with our 24 trained CEP facilitators and three clubs that have already engaged in CEP. Just last month I trained 30 new CEP Facilitators in District 4-L6 as they are now starting to implement CEP.

Thanks to all the great Lions in District 4-L4 who have helped bring training opportunities to our clubs

APRIL 7th, 2013

Honda Center in Orange



Join the "LIONS" team along with District Governor PJ Smith and his wife Georgia

Web site is : [walkforkids.org](http://walkforkids.org)

Team Name is : 4L4LIONS

For more information or donation form contact Diane Quinlan 714-623-1439

Why WE walk:

So parents and grandparents have a temporary home away from home where they can come and be together. A place where they can rest, eat and shower. Where being so close to the hospital gives them time to spend with their child as every minute they are able to spend with their child is a gift.

So come out on April 7th and walk around the Honda center to help raise funds for families to stay in this wonderful home away from home.



## Cabinet Secretary

Dewey Linehan

Well the Love Boat still exists. We were well on our way to Ensenada, Mexico with well over 29 Lions and friends, cruise director Lion Carol Linehan whizzing around the aft deck of the ship conducting games. What a blast for three days. The Ensenada "De Liones" welcomed us, as well as a large contingence from Seal Beach who came by bus rather than sea. In all when said and done it was a great time.

The week ahead was quite busy with our (3) Region meetings one after another. We had three winners to go on to the District level, Yvonne Lee, Chino Valley; Justin Scott, Laguna Nigel; and Emily Wang, Fullerton Host Club on April 27th at the David L. Baker Golf Course in Fountain Valley. You will see a flier attached in the Forum, and please have your RSVP in on time, this is PJ'S last formal District meeting of his term and we want the room full, not to mention the "Paddy Passes" that you'll receive to win that beautiful work of art he made. That will go to some lucky Lion at Convention in May. Get your registration in for that one.

For those who attended "Huntington Beach Host Club" 15<sup>th</sup> annual Crab fest, no one went home hungry. The Seal Beach Leos did an outstanding job of serving the tables, not to mention all the Lions from **Huntington Beach Host** that made it happen. Good auction Items were handed out as well as some pretty nice door prizes.

This month of April proves to be a time when "April Showers Bring New Flowers" and that means election of new officers to your club for 2013-14, I had sent out a copy of the PU101 to all club Presidents and Secretaries to remind you that April is the month that this document is due, please send in the copies to LCI, District Governor and District secretary, this is important not only to your District but to LCI as well. May 15, 2013 is the dead line.

One last reminder, I hope you have sent in your VAD/MMR in by the end of March. That will allow us to tabulate the winners by Division for all the awards that will be presented at the District 4-L4 Convention May 17- 19<sup>th</sup>.

It's almost time for the changing of the guard at District Level it's been wonderful serving you and I hope you've enjoyed your Cabinet and the achievements that you've accomplished through your year. Your next Governor will be just as productive as PJ. She will take you thru a gauntlet of hurdles, but your rewards will be plentiful. Again it's been a pleasure to serve you, Dewey E. Linehan, Cabinet Secretary District 4L-4



Annual Leo District 4-L4

### Orphanages of Thailand Restaurant Fundraiser

Join us for a social gathering to interact with Leos and Lions throughout the District! There will be outstanding Thai food and entertainment available for your enjoyment.

Encourage your friends and family members to join as well!

Proceeds from this event will benefit the Orphanages of Thailand!



**Date:** Saturday, April 13, 2013  
**Time:** 12 pm to 3 pm (Lunch served 12:30-1:30)  
**Location:** Rachada Thai Restaurant  
 13416 E. Imperial Hwy.  
 Santa Fe Springs, CA 90670  
**Tickets:** Adults - \$20 per person  
 18 and under - \$15 per person

For information, to RSVP, and to purchase tickets, contact:

Lion John Doogan

**Phone:** (714) 913-3428 **Cell:** (714) 380-0433

**Email:** [jdoogan@socal.rr.com](mailto:jdoogan@socal.rr.com)

**Mailing Address:** Orphanages of Thailand  
P.O. Box 287  
Stanton, CA 90680-0287

## WIN 4 ROUNDS OF GOLF BY THE SEA

### Trump National Golf Club

Rancho Palos Verdes, California

Orphanages of Thailand, Fundraiser, April 13th, 2013



Trump National Golf has generously donated 4 rounds of golf, to help raise money for the "Orphanages of Thailand". We are selling tickets to raffle off these rounds.

Raffle tickets sell for: 1 for \$20.00 4 for \$60.00 10 for \$100.00  
25 for \$200.00 (limit of 150 tickets will be sold, from 100 to 150)

The winning ticket will be drawn, at the "Orphanages of Thailand" Fundraiser, April 13th, Rachada Restaurant, 13416 Imperial Hwy, Santa Fe Springs, CA 90607.

Contact John Doogan, [jdoogan@socal.rr.com](mailto:jdoogan@socal.rr.com) (714) 380-0433  
Mail to: Orphanages of Thailand, P.O. Box 287, Stanton, CA 90680

# Regions Hold Student Speakers Contests

March 11, 12, 13, 2013



**Foothill Region contest:** MD4 Student Speakers Foundation President IPDG Ken Sherwood, Daniel Knudsen (sponsored by Ontario Host), Kelsie Carlson (sponsored by Cucamonga District Host), Foothill Region Chair Drew Sasser, Winner Yvonne Lee (sponsored by Chino Valley), DG PJ Smith, Foothill Region Speakers Contest Chair Andy Megaw



Foothill Region buffet, catered by Lion Andrea Busby



DG PJ Smith, Orange Region Chair Randy McMillan, 2VDG Gil Smith visit before the contest.



Orange Region buffet, catered by PDG Ellen Liebherr



Former First Lady Marilyn Sherwood, District Student Speakers Chair Joan Parks, Student Speakers Trustee Carol Linehan



**Orange Region contest:** Orange Student Speakers Contest Chair Scott Quinlan, Diane Quinlan, Winner Emily Wang (sponsored by Fullerton Host), Phillip Jarrel (sponsored by Stanton), and Miranda Chen (sponsored by Buena Park Noon)



Saddleback Region buffet, catered by PDG Ellen Liebherr



Orange Region Chair Randy McMillan waits while Cabinet Secretary Dewey Linehan mixes the tickets.



**Saddleback Region contest:** Justin Scott (sponsored by Laguna Niguel), Saddleback Region Chair Mark Snider, Winner Forrest McFarland (sponsored by Harbor Mesa), Saddleback Region Student Speakers Chair Marianne Allen, Diogo Oliverira (sponsored by Tustin Host)



DG PJ Smith passes



2VDG Gil Smith out Paddy Passes



PDG Ellen Liebherr invites Lions to Larry Dicus fundraiser



Marianne Allen announces the winner.



Foothill Region Chair Drew Sasser holds the microphone for Diamond Bar Breakfast President Brian Quan as he sings an announcement and plays his ukulele.

# California Lions Friends in Sight Mexicali Sight Clinic

By Lion Scott Newton



On March 22-24 Lions from California and Arizona worked with 12 Lions Clubs of Mexicali, Mexico to conduct a weekend long sight clinic in the heart of the city. The US Lions contingent numbered 50 with an equal number of Mexican Lions as volunteers. Lions Scott & Cathy Newton represented District 4-L4 and the Seal Beach Lions.

Early Saturday morning the CLFIS caravan received a police escort (two cars) to a sports park where the clinic was set up in an open air arena. By 8:30am we were already seeing patients and didn't stop until the last patient was processed at 6pm. It was apparent from the beginning that many of the patients were in serious need of eye care.

More than 550 needy people received eyeglasses and the gift of sight on Saturday with another 300 expected for Sunday. The Mexicali Lions hosted the Americans covering the cost of hotels and food for the contingent. Even with the language barrier, the Mexican and American Lions communicated effectively through our common mission: We Serve.

Note: The Mexicali police provided two officers and squad cars for the weekend. They acted as escorts throughout the city and to and from the border, joined us for meals, and provided security during the screenings. I had the opportunity to ride in the back of one of the squad cars which is a first for me. They had a little fun with me and 4-L5 PDG Carl Decker as show in the picture to the right.

CLFIS is a hands-on project. If you or your club would like to get involved or to get more information on upcoming projects contact Lion Larry Williams at [retiredpinman@verizon.net](mailto:retiredpinman@verizon.net) or go to the CFLIS website:





Free Eye Screening  
Free Recycled Eyeglasses  
For more information:  
Email [pomonahostlions@gmail.com](mailto:pomonahostlions@gmail.com)

**California Lions Friends in Sight**  
**Free Vision Screening**  
**Saturday, April 13, 2013**  
**8 a.m. to 3 p.m.**  
**Location: Marshall Middle School**  
**1921 Arroyo Avenue, Pomona, CA**

Screening may close early, subject to attendance. Arrive early so you have the best selection.

*All ages welcome.*

**Hosted by:**  
**WesternU Lions Club**  
**Pomona Host Lions Club**

The vision screening is not meant to replace a comprehensive eye examination and refraction that you obtain through your eye doctor's office. The vision screening is designed to assess for ocular health concerns and provide a useable pair of recycled eyeglasses until you can obtain the professional services and ophthalmic materials on your own.



**Free health, dental, blood  
pressure screening + more at  
the same location, same time**

*This is not a school district-sponsored activity, and this material was not prepared at school district expense.*

## CANYON HIGH SCHOOL



### LEO CLUB CHARTER

**APRIL 26 \* 6:30 PM \* \$12.00/PP**  
**CANYON HIGH SCHOOL**  
**CAFETERIA**  
**220 S. Imperial Hwy, Anaheim Hills**

For more information and reservations contact  
**Brenda Donahue**  
[hueadon@cox.net](mailto:hueadon@cox.net)  
Please put canyon high in subject line.



## HEARING & SPEECH ACTION NEWS

### A KISS ON THE EAR

A kiss on the ear can be dangerous to your hearing. No, I'm not kidding. Even though this kiss can have good intentions, it can end with permanent hearing impairment. An innocent kiss on the ear opening can create a strong suction that tugs on the delicate eardrum, on the bones of the middle ear and causes turbulence in the inner ear fluid that can lead to hearing loss.

Dr. Levi Reiter of Hofstra University has identified more than thirty ear-kiss victims. According to his patients, the ear-kiss injury feels like being hit by a ball on the ear. One of them says that it is like hearing through a screen of some sort, and that in the "kissy ear", speech is totally muffled.

Though hearing aids may help, some people still experience intermittent sensations of aural fullness and an itch in the inner ear. An injection of steroids through the eardrum might be helpful, but the treatment has to start shortly after the person experiences hearing loss.

This treatment has yet to be tried on ear-kiss victims. Meanwhile, the symptoms do not go away. As a result prevention is the best way to avoid "the kiss of Deaf".

Keith Campbell, Chairman, District 4-L4 Hearing & Speech Action

## STUDENT SPEAKERS FOUNDATION

Thanks to the clubs and individuals because as of today our District **4 L4** has donated a total of **\$3948.00** to the Foundation. I would like to say a special **Thank you** to the **Seal Beach Host Lions Club**. They purchased eleven (11) Harry J Aslan's. This is a wonderful way to recognize individuals and to support the Foundation.

As Clubs do your final planned giving the Student Speaker Foundation would appreciate you considering a donation to the Foundation. You can help support by purchasing for a club member the following: A Supporter Patch/Year Chevron is \$100. The four Fellowships range in price from Harry J. Aslan - \$200, Dwight E Stanford - \$300, Donald E Snyder - \$400 and Fred W Smith - \$500. This past year the Foundation added an Al Ohrmund .supporter award \$250. Individual Lions can also make donations to the foundation

The Foundation is also collecting used cell phones and ink cartridges please bring them to District Meeting on Saturday April 27<sup>th</sup>. They will be shipped off and our District receives the Credit. This past month we received a \$131.00 from the recycle program.

All donations to the Foundation are Tax Deductible.

Thank you for your consideration in supporting the Student Speaker Foundation.

Lion Carol Ann Linehan, 2012-2013 District 4 L4 Student Speaker Trustee



# LARRY DICUS CAMPAIGN FUNDRAISER ENJOYED BY ALL

A fun loving group of Lions gambled the night away in support of our MD-4 endorsed candidate for International Director Larry Dicus. About 125 Lions from District 4-L4 and 4-L2 assembled under a big top tent put up in the parking lot of Harbor Party Rentals, owned by PDG Ellen and Mike Liebherr in Huntington Beach.

Seal Beach Lions, Huntington Beach Lions, our Governor PJ and Lion Larry Dicus all served as dealers. Rumor has it they were very generous with winnings. Professionals ran the craps tables but from the sounds emanating from those throwing the dice, chips were flying there too.

The food was plentiful, the band very entertaining and the bar extremely busy. A comment heard from the bartender "Lions sure know how to party."

Thank you to all of the clubs that supported this District fundraiser allowing District 4-L4 and the Seal Beach Lions donate over \$2000.00 to the Larry Dicus Campaign.



SEAL BEACH LION SCOTT NEWTON  
DEALSTO FELLOW SB LIONS



REGION CHAIRS RANDY McMILLAN AND DREW  
SASSER ALONG WITH LA HABRA LION ROY  
RAMSLAND WINNING BIG AT CRAPS



JANE DICUS IS JOINED BY SON ERIC DICUS AND  
HIS WIFE HEIDI ALONG WITH LION BREA PRO  
FROM THE PARAMOUNT LIONS CLUB



LION MARILYNE SHERWOOD SHARED THE DICE WITH  
SEAL BEACH LIONS & SADDLEBACK REGION  
CHAIR MAN KEN MYERS



ORANGE LIONS PRES. DIANE QUINLAND SHARES  
SOME TIME WITH DG SHIELA AND PDG JON  
CASTEEL.



GOVERNOR PJ SMITH, PDG ELLEN & MIKE LIEBHERR SHOW  
THEIR SUPPORT FOR CANDIDATE LARRY DICUS AND WIFE JANE



PCC LARRY DICUS SHARES SOME TIME WITH PDG KEN  
SHERWOOD, DISTRICT 4-L2 VDG CANDIDATE BELLFLOWER  
NOON LION LARRY WEHAGE AND DISTRICT 4-L2 VDG  
KENNY SHU FROM THE WEST COVINA DIAMOND LIONS CLUB

Lions Clubs International **MD-4** California  
Proudly Presents **PCC Larry Dicus**  
for International Director





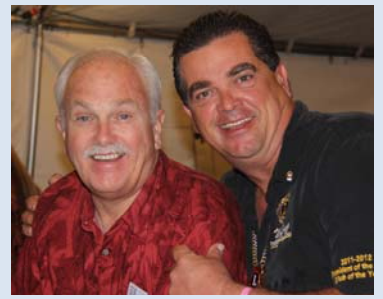

Gov. PJ & 1<sup>ST</sup> VDG SHIELA



PDG JUDY & GEORGE SCHNITZER



SEAL BEACH LIONS AMY, KIM, BILL HOWES AND MIKE HALEY



SEAL BEACH LIONS LORRAINE CHAVES,  
JACKIE MALONEY & ORANGE ZONE C  
CHAIRMAN GARY DENNI



HUNTINGTON BEACH HOST LIONS



HARBOR MESA LION ARLEEN  
& JO MACKENZIE



SB LION MARCELLA MCSORLEY  
WAS A BIG HELP IN THE KITCHEN



HB HOST TOM HOLLISTER DEALS TO HIS  
FELLOW LIONS BERTHA HOLLISTER, BOB &  
JOYCE MURPHY AND HANK LOPEZ



PCC LARRY WITH SB LIONS MARCIA HALEY  
& RYAN ZIEGENBUSCH



SEAL BEACH LION JOSH MULLER DEALS TO MARK



THE TIM REID JR. BAND WAS FANTASTIC



WELCOME NEW BREA LION CLIFF HAMILTON



EVERYONE WON AT SCOTT'S TABLE



SEAL BEACH LION RAY LONGORIA  
& PCC LARRY DICUS

THANK YOU



# FOOTHILL REGION REPORT

## REGION CHAIRMAN

### DREW SASSER

#### POMONA HOST LIONS

The Pomona Host Lions began March with its biggest extravaganza and fundraiser of the year – the annual Bowl-a-thon and Silent Auction. Members were out in force, along with the WesternU Lions, Diamond Bar Breakfast Lions and the Golden Springs Leos. Even though it was the morning of the Bowl-a-thon, the club still had eight volunteers at the annual Pomona Science Fair, helping with judging, registration and general organization. The club's monthly PlarnFest, making plastic yarn and crocheting it into mats, again was lots of fun and resulted in five more completed sleeping mats for the homeless. Eight Pomona Host Lions attended the Foothill Region Student Speakers Contest, three of them new member cubs with sponsor Kris Georgeson. The club continues with its literacy tutors program, its eyeglasses collection and Hope Partners food collection. It has completed its scheduled club visitations, but it is still going to other clubs' projects. Five new members were inducted at the first meeting of the month, and one more will be inducted at the second meeting. Pomona Host is focusing much of its efforts now on finishing the details for its joint Friends in Sight Screening with WesternU Lions on April 13. Its Golden Springs Leo Club, after having a fantastic charter night with about 100 in attendance, is continuing to soar with a booth at the Diamond Bar Birthday

#### WESTERNU LIONS

The WesternU Lions Club again focused on service during March. The members worked at an Interprofessional Health Fair, which screened approximately 150 people. The club is busily working with Service Learning to sponsor a university-wide health fair on April 13. The vision portion will be a California Lions Friends in Sight screening, which is being co-hosted by the Pomona Host Lions. Its March 20 meeting featured an installation of officers and induction of new members by District Governor PJ Smith. All clubs on the university campus change officers mid-year. New officers are President Edwin Endo, Vice President Annie Williams, Secretary Angela Wang, Treasurer Daryl Lipsun, and Membership Chair Julie Chu. DG PJ also presented the club the first place trophy, which he had accepted for them at the MD4 convention for the greatest increase in membership in the first six months of this Lions year. Since receiving the trophy, the WesternU Club has added ten more members and now stands at 86, The number of colleges represented by the club has also expanded. It now has members from six of the nine colleges.

#### CHINO VALLEY LIONS

We have been providing Eyeglasses to seniors in the City as well as school children, attended the Region meeting for Foothill and are planning for the Relay for Life coming soon. We had our speaker contest and had Visitation from the Diamond Bar Breakfast Club.

#### DIAMOND BAR BREAKFAST LIONS CLUB

Lions supported the Zone Level Student Speaker Contest on March 4th at the AQMD. Lions attended the Foothill Region meeting on March 11th at Western University. Our club had a fundraiser at Chili's Restaurant. An announcement was made at the City Council meeting. It was successful and our club would like to thank all the Lions from other clubs that supported us. We had four visitations in March; Chino Valley Lions, Western University Lions, Sip for Sight



LEO CLUB OF BRAILLE INSTITUTE PRESENTS

# DINNER IN THE DARK

"A NIGHT IN THE SERENGETI"

**SATURDAY, JUNE 8, 2013**  
6:30 P.M. – 9:00 P.M.

**BRAILLE INSTITUTE  
ORANGE COUNTY REGIONAL CENTER  
527 NORTH DALE AVENUE  
ANAHEIM, CA 92801**

**ADULTS \$20/YOUTH \$15 (17 & UNDER)**  
INCLUDES GOURMET ITALIAN DINNER,  
ENTERTAINMENT & PRIZES  
**LIMITED TICKETS AVAILABLE**

**FOR MORE INFORMATION, CONTACT LION JOHN DOOGAN (714) 913-3428  
OR LION SCOTT NEWTON (562) 537-3955**

Please return this form with your check or money order to:  
Braille Institute, Orange County Regional Center, 527 North Dale Avenue, Anaheim, CA 92801

PROCEEDS BENEFIT  
**Floating Doctors** 

Name: \_\_\_\_\_ Phone: \_\_\_\_\_  
Address: \_\_\_\_\_ Email: \_\_\_\_\_  
City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_  
Number of adult tickets: \_\_\_\_\_ x \$20 = \$ \_\_\_\_\_ Number of youth tickets: \_\_\_\_\_ x \$15 = \$ \_\_\_\_\_  
Total Enclosed: \$ \_\_\_\_\_ *Limited seats. No tickets available at the door!*  
Make checks payable to Leo Club of Braille Institute

Cucamonga District Lions and Crab Fest Huntington Beach Lions. Our Annual Easter Egg Hunt with the City of Diamond Bar was on March 30th with 11,000 eggs, basket prizes, stuff animals and raffles. We would like to work with the Walnut/Diamond Bar Lions on the Food Bank. We're currently discussing it.

We have three new Lion members this month; Lion Rena Bhatt, Lion Suzanne Jones and transfer Lion Sergio Gonzalez. Congratulations and so looking forward to having you in our club! Our future event will be the City Celebration on April 13th. Bob's Big Boy fundraiser in May for the Veterans.

Leos-The Leos continue with their meetings including the District Board meetings. Leos helped at Free Church, attended the Golden Springs Leo Charter, continue recycling, attended Miss Diamond Fashion Show and car wash, practicing for the Leo talent show and will help with the Easter Egg Hunt.

#### WALNUT DIAMOND BAR

They collected 30 pairs of glasses and 4 hearing aids this month, they held the student speaker contest, and attended the Foothill Region Meeting. They worked at the community food bank and a new highway sign for the club.

# HUNTINGTON BEACH HOST LIONS CLUB CRAB FEST A SELL OUT SUCCESS

by Lion Hank Lopez

This year was our most successful Crabfest year in both attendance and net profit. We had over 400 registered guests from all over our Lions District as well as non Lions from the greater Orange and LA county. We had super volunteers from our neighboring Seal Beach Leos led by Scott Newton and his team of Leo advisors . Kohls Department store sent 10 great volunteers along with a \$1000 donation check. Now that's community involvement! And we had nearly 100% participation from our members and many club family members. This year we had great PR and marketing thanks to Lion Lou Stewart, her kids and her right hand man Lion Mark Piva who knows how to keep a committee meeting on track.

This Huntington Beach Crabfest has become a Lions spring time kickoff event. We thank all of you who participated and be assured that all net profits will go to worthy charities. We would also like to thank Lions Ellen Liebherr (PDG that is), Mike Liebherr and Keith Campbell for getting us started with this event. "Having Fun While Doing Good" thank you PDG Larry Lozaun.





# City Snippets

District City of Hope Chair  
Lion Lorna Badame

## Want to Fight Cancer? Eat Better By H. Chung So

You can't control your genes, but you can take charge of what's on your plate. So for National Cancer Prevention Month, give your meals and snacks a nutritious makeover. Not only will you look and feel better, but you'll lower your risk of several cancers.



City of Hope experts recommend "eating a rainbow" of fruits and vegetables. (Photo by Thinkstock)

"It is estimated that half of all breast cancers, a third of lung cancers and three-fourths of colorectal cancers could be prevented with healthier diets," said Peggy Mancini, M.S., R.D., C.D.E., a clinical dietitian at City of Hope. As an added perk, a cancer-fighting diet also will reduce the risk of heart disease and diabetes, according to the Academy of Nutrition and Dietetics (formerly the American Dietetic Association). Here's some food for thought to help you make healthier food choices

City of Hope experts recommend "eating a rainbow" of fruits and vegetables. (Photo by Thinkstock)

"It is estimated that half of all breast cancers, a third of lung cancers and three-fourths of colorectal cancers could be prevented with healthier diets," said Peggy Mancini, M.S., R.D., C.D.E., a clinical dietitian at City of Hope. As an added perk, a cancer-fighting diet also will reduce the risk of heart disease and diabetes, according to the Academy of Nutrition and Dietetics (formerly the American Dietetic Association). Here's some food for thought to help you make healthier food choices:

- **Go plant-based.** This means eating mostly fruits, vegetables, whole grains, legumes, nuts and seeds. "The American Cancer Society, National Cancer Institute and American Institute for Cancer Research all recommend this," Mancini said, citing two dietary regimens in particular – *Mediterranean* and *DASH* - that are rich in plant foods and are linked with lower cancer risk.
- **Limit red and processed meats.** "Intake of red meats should be limited to two to three 3-ounce servings a week, and processed meats, such as bacon, sausage, ham and hot dogs, should be avoided altogether," Mancini said. For protein, the American Cancer Society recommends fish, poultry and beans, or at least opting for leaner cuts if you do choose red meats.

# Tustin Host Lions Club

24TH ANNUAL GOLF CLASSIC

Sponsored By  
Siegel, Pooh Surfboards and  
Kelley Escrow Corporation

## SKIP WORK! PLAY GOLF WITH US!!

Since 1989 Tustin Lions have hosted an Annual Golf Tournament to benefit local charities. Your entry fee of only \$145.00 per player includes a fun day with Lions, local community leaders and friends, plus

- Continental Breakfast
- Practice Range Balls
- Green Fee and Cart
- BBQ Lunch and Awards

**What:** Four Person Scramble Tournament

**Where:** Mile Square Golf Course  
10401 Warner Ave., Fountain Valley

**When:** Wednesday, April 24, 2013  
7AM Registration, 8AM Shotgun Start

**Other:** Please mail entry fees, sponsorships & donations to:

Tustin Host Lions Golf Tournament  
PO Box 66  
Tustin, CA 92781

Questions? Call Lion Fred Wakefield at 714-904-5041



## PLAYER INFORMATION:

Name Telephone or Email

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

## I WOULD LIKE TO BE A SPONSOR!

Sponsorship Level Amount

\_\_\_\_\_

- **Go easy on alcohol.** Although there is some evidence showing red wine's potential to lower cancer risk, overall alcohol consumption has been linked to increased cancer risk. The American Academy of Nutrition and Dietetics said women should limit themselves to one drink per day, and men should stop at two drinks.
- **Cut down on junk food.** This includes foods high in calories, fat and sugar and low on nutrients. Not only do these foods promote weight gain - and obesity is linked to higher risk of multiple cancers - but they also crowd out healthier foods that can lower cancer risk.
- **Mix up your diet and incorporate some "superfoods."** "I enjoy when the latest superfoods studies are published because they encourage us to incorporate new and nutritious foods into our diets," Mancini said. While some foods may be more nutrient-dense than others, the key is to incorporate a wide variety of healthy items into the diet, she added. A useful guide is to "eat a rainbow" of different plants, since the assorted colors signify different phytochemicals that can fight cancer and other diseases.
- Mancini cautioned that dietary supplements are not a substitute for a poor diet. Although they're helpful for specific deficiencies, "nutrients generally work best together and food is the best way to provide a wide variety of these nutrients, she said. "Nutrients through supplements may not be utilized as well as when they are consumed as part of a wholesome diet ... so I'd aim first for improving a diet that is less than perfect."



# DISTRICT 4-L4 CONVENTION



Lion PJ SMITH, Governor  
 May 17-19, 2013  
 RIVIERA HOTEL & SPA, PALM SPRINGS, CA

## LIONS ON THE LAM

### Registration Form

Revised 11-15-2012

(Please Print or Type)

Name:	E-mail:
Address:	Telephone:
City:	Fax:
Zip Code:	Club Name:

### CELLBLOCK AND INMATE COSTS

Escape Cell	Thursday First Nighter's Tram Ride and Dinner	\$40.00
Block A Cell	Friday Dinner, Saturday Lunch and Dinner, Sunday Breakfast	\$220.00
Block B Cell	Saturday Lunch and Dinner, Sunday Breakfast	\$165.00
Inmate A	Individual Meals and Entertainment Friday Dinner	\$55.00
Inmate B	Saturday Lunch	\$45.00
Inmate C	Saturday Dinner	\$75.00
Inmate D	Sunday Breakfast	\$45.00

NAME	First	Cell Block	Escape	Inmate	Registration	TOTAL COST
One Name Per Line	Convention	"A" or "B"		A,B C, D	\$20/After 5-1-13 \$40	Book & Reg. Fee

Make Checks Payable to: District 4-L4 Convention

Mail to: Joanne Waltman, P.O. Box 575, Rancho Cucamonga, CA 91729-0575

CREDIT CARD PAYMENT: Visa \_\_\_ MasterCard \_\_\_ Discover \_\_\_ Credit Card # \_\_\_\_\_  
 3 Digit Code \_\_\_ Expiration Date: Month \_\_\_ Year \_\_\_\_\_

### DEADLINE FOR REGISTRATION IS APRIL 1, 2013

Hotel Reservations  
 Rooms \$119 plus tax  
 Reserve rooms by April 15, 2013

Riviera Hotel & Spa, Palm Springs  
 1600 N. Indian Canyon Drive, Palm Springs, CA 92262  
 1-866-588-8311

FOR SPECIAL DIETARY NEEDS CONTACT CONVENTION CHAIR, PDG BARBARA HAYWARD.

- |   |                             |
|---|-----------------------------|
| PDG Barbara Hayward, Convention Chair       | 714-545-6126                |
| Joanne L. Frank Waltman, Treasurer          | 909-946-3557                |
| PDG Dan and Lori Mayer, Registration        | 949-458-3710                |
| Marianne and Mike Allen, Hotel Reservations | 714-534-3791                |
| Ron and Terrie Finseth, Golf                | 714-639-4052                |
| PDG Elizabeth Warren and FFL Sandi Scheafer | 909-941-0604 / 714-549-4961 |



**Lions Clubs International**  
LIONS OF DISTRICT 4-L4

District 4-L4 Convention Committee  
Plaintiff  
V.  
The:  
Clubs & Lions of District 4-L4  
Respondents

Case Number: May 16-19, 2013

**Summons to Appear**

**TO: All Lions in all clubs within Lions District 4-L4, from:**

The 2012-2013 District 4-L4 Convention Committee c/o District Governor PJ and First Lady Georgia Smith,  
and  
The 2012-2013 District 4-L4 Cabinet Officers

**YOU ARE HEREBY SUMMONED** and required to appear in person, on and/or during the dates of May 16-19, 2013, at the Riviera Resort and Hotel, Palm Springs, CA, at which time you will be rewarded for your hard work and dedication during the 2012-2013 Lions year.

Signed:

*PDG Barbara Hayward*

The Honorable PDG Barbara Hayward, presiding

**DISTRICT 4L4 CONVENTION**



**GOLF TOURNAMENT**

**Tahquitz Creek Golf Resort**  
**1885 Golf Club Drive, Palm Springs**

**Thursday, May 16, 2013**

Arrive by: 10:30 a.m.

**Longest Drive**  **Closest to the Pin**

**FEE: \$70 includes 18 Holes Golf-Cart-Lunch & 2 Beers-Prizes**

**Mail by May 7<sup>th</sup> to: Ron Finseth, Convention Golf Chairman**  
7205 E. Grovewood, Orange, CA 92869  
Phone: H (714) 639-4052 - C (714) 267-0786

Fill a foursome, or we will place you



**Name:**

**Club:**

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Send this portion by May 7<sup>th</sup> along with your check payable to District 4-L4 Convention  
To: Ron Finseth, Convention Golf Chairman, 7205 E. Grovewood, Orange, CA 92869



**DISTRICT 4-L4 CONVENTION**  
**LIONS ON THE LAM**  
**Events**



**Thursday Golf Tournament** 

**First Nighters Palm Springs Tram and Dinner**



**Friday BUNCO SQUAD Fun and Games**



**CANDIDATES RECEPTION**



**Friday Fun - Come as your favorite GANGSTER!**  
**Dance the night away.**

**Saturday Night - GOVERNOR'S BALL**



**Sunday Morning - Special Guest Speaker**

**Palm Springs Aerial Tram**  
**FIRST NIGHTER'S DINNER**



**Come and join Governor PJ**  
**on the High Flying PS Aerial Tram**  
**Thursday, May 16, 2013 - 6:30 pm**

Includes round-trip ride on the world's largest rotating tram cars that will carry us from the Valley Station, elevation 2,643 feet, to the Mountain Station located at the 8,516-foot level of Mt. San Jacinto State Park and Wilderness.

Once there, we will dine at the famous Peaks Café while enjoying the wonderful views of the valley.

Round trip tram ride and dinner - \$40 per person\*.  
Prepaid reservations only.

\*May be remitted with registration.

Make checks out to District 4-L4 Convention  
Mail to Lion Joanne Waltman  
P.O. Box 575, Rancho Cucamonga, CA 91729-0575



# Laguna Niguel Lions Club 2013 Wine Tasting Fund Raiser

Join Us for Our 2nd Annual Spring Wine Tasting Fundraiser

**Sunday, April 21st  
4-7:00 PM**

**Salt Creek Wine Company  
30100 Town Center Drive  
Laguna Niguel**

**\$30/ Person** (limited attendance)

**Includes 5 wine tastings and hors d'ouvers  
Silent Auction Items**

**Lions Helping the Visually Handicapped**

Some of our charities include:

- Blind Children's Learning Center
- Guide Dogs of the Desert
- Sight and Hearing Foundation Van
- Local Vision care for needy
- Vision & Diabetes Walk



Some of Last Years items include:

- St Regis Champagne Brunch for 4
- 2 Cooking Classes
- Laser Genesis Treatment
- 4 Family Portrait Sessions
- Optometric Eye Exam
- Facial Line Filler
- Massage/ Spa treatment
- Lots of Top Restaurant Gift Certificate
- And more



To RSVP, please make Checks Payable to:

Laguna Niguel Lions Club  
PO Box 6848  
Laguna Niguel, CA 92677  
401c(4) ID # 33-0009765  
Mail BEFORE April 15th

For More Information, contact: Lion Laurie Davies 949-360-7503  
[www.lagunaniguelions.com](http://www.lagunaniguelions.com)



## Orange Lions Club 25th Annual Charity Golf Tournament

**Where?**  
Western Hills Golf & Country Club  
1800 Carbon Canyon Road  
Chino Hills, CA 91709

**When?**  
April 22nd, 2013  
11:00AM Check-In  
12:30 PM Tee Time

**What's included?**

Your registration includes golf & cart, barbecue lunch, free range balls, goodie bag, and free beverages on the course, \$5,000 hole-in-one contest, dinner, awards, raffle prizes and a silent auction.

**Tournament Format:**

Shot gun start, 4 person scramble

**REGISTRATION FORM**

Single or Team Contact: \_\_\_\_\_

Phone: \_\_\_\_\_ Email Address: \_\_\_\_\_

Street Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip code: \_\_\_\_\_

I would like to support the Orange Lions club Charity Golf Tournament at the following level:

- \$900 Corporate Sponsor (includes golf & dinner for 4, banner, and tee sign)  
 \$150 Hole-in-One Sponsor     \$75 Tee Sign Sponsor     I will donate a raffle prize

To enter your team please complete below:

Player #1 \_\_\_\_\_ Player #2 \_\_\_\_\_

Player #3 \_\_\_\_\_ Player #4 \_\_\_\_\_

Individual Golfer Fee: \$140 - Dinner Only \$40

**EARLY BIRD ENTRIES RECEIVED BY MARCH 15th, 2013 ONLY PAY \$110**

Select Method of Payment:

- Check, made payable to the Orange Lions Club  
 Credit Card



Name as it appears on card    Credit card account number    Expiration    CVV

Mail completed registration form to: Orange Lions Club, P.O. Box 6592, Orange CA 92613-6592  
 For additional information contact: Ron Finseth @ (714) 267-0786 or Larry Young @ (562) 698-5022  
 100% of all net proceeds of the tournament benefit our Lions Club Charities

# USED TOY DRIVE



**9th Annual Used Toy Drive, by  
Cucamonga District Host Lions Club  
For Santa Claus Inc.**

**CHRISTMAS in  
March 1 thru May 5th**

- Toys with missing pieces
- Unwanted toys
- Of course we'll take New Toys



For toy pick-up Contact:  
Scotty and Barbara Barclay 909-987-5450 or  
Email: [info@cucamongadistricthostlions.org](mailto:info@cucamongadistricthostlions.org)



## Garden Grove Host Lions Club 2013 Charity Golf Tournament

Friday, April 19 2013 ♦ Willowick Golf Course  
3017 W. 5th Street, Santa Ana CA 92703, (714) 554-4408

**SUPPORTING**

Lions Eyeglass Programs

Seeing Eye Guide Dogs

GGUSD Student Eyeglass Program

Boys and Girls Club of Garden Grove

**HOPE**

Blind Children Learning Center

**Schedule of Events**

9:30 a.m. Check-In

10:30 a.m. Tournament Begins  
Scramble Format

5:00 p.m.  
Awards Dinner & Program  
At the Garden Grove Lions Club House  
9860 Larson Avenue, Garden Grove  
Awards Presentation ♦ Raffle Prizes

**\$100 Tournament Fee Includes**

Green Fee & Cart ♦ Driving Range ♦ Tee Gifts  
Dinner & Awards Program

**Tournament Prizes**

Team Awards  
Closest to the Pin  
Longest Drive

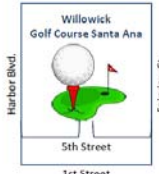
**Sponsorship Opportunities**

Tee Signs \$50



**DIRECTIONS**

Westminster Ave.



1st Street



Make checks payable to: Garden Grove Lions Club ♦ P.O. Box 351 ♦ Garden Grove, CA 92842

Mail Registration or Register by Fax (714) 963-0364

Additional Players

Phone #

Name: \_\_\_\_\_  
 Organization: \_\_\_\_\_  
 Address: \_\_\_\_\_  
 City: \_\_\_\_\_ Zip: \_\_\_\_\_  
 Daytime Phone: \_\_\_\_\_  
 Fax: \_\_\_\_\_  
 Email: \_\_\_\_\_

Single Player ..... \$100 ..... \$  
 Foursome..... \$400 ..... \$  
 Dinner & Auction (no golf)..... \$ 35 ..... \$  
 Tee Sign (Provide Business Card)..... \$ 50 ..... \$  
 Cannot attend, donation enclosed..... \$ ..... \$  
**Total Amount** ..... \$ .....

For further information, please call: Co-Chairs - Chuck Lake (714) 963-8077 (Work) or (714) 292-8170 (Cell)  
 Ric Lerma (714) 784-0733 (Work) or (714) 925-8923 (Cell)  
 Ron Pierce (714) 757-5400 (Work)



## DISTRICT VISITATION TO ENSENADA

On March 9<sup>th</sup>, 48 Lions from District 4-L4 roared into downtown Ensenada to spend a lovely afternoon visiting with the Lions of Ensenada. Governor PJ chose that first weekend in March to make the annual trip by cruise ship and land.

A very nice luncheon was set up for us at Las Bugambilias Restaurant right in the middle of town. We were greeted by Presidente Jose Arana and many of the members of the Ensenada Lions. This visit was honoring 55 years of friendship with our family across the border. Governor PJ and Presidente Arana exchanged beautiful plaques commemorating the occasion.

There were 25 Lions and friends that sailed on the Carnival Inspiration, leaving on the 8<sup>th</sup>. Games and fun activities aboard the ship were planned by Lion Carol Linehan. Everyone enjoyed themselves with good friends, good food and entertainment, with a little gambling thrown in on the side.

An equal number of Lions from Seal Beach Host Lions Club drove down to Rosarito, and came by vans to join the cruisers for the luncheon. On behalf of the Seal Beach Host Lions Club, President PDG Ellen Liebherr made a presentation of money to the Ensenada Lions Club.

Representatives from the following clubs made donations of cash and school supplies: Brea Lions Club, Chino Valley Lions Club, Harbor Mesa Lions Club, Huntington Beach Host Lions Club, Ontario Upland Lions Club, Seal Beach Host Lions Club. Individuals making donations of cash and school supplies were District Governor PJ, PDG Norm MacKenzie, Lions Carol and Dewey Linehan, PDG Barbara Hayward, Lion Dave Hubbard, Lion Ray Longoria and Lion Marilyn Redd. A total of \$1,310 was donated.

It was a gorgeous day in Ensenada when we renewed our long-standing connection of lending a helping hand to our neighbors and friends south of the border.



# SADDLEBACK REPORT

## Region Chairman MARK SNIDER

March Madness is deep in the contest for who can shoot hoops the best....Taxes are either filed or put off till the last minute. The clocks sprang forward and the weather is changing and time marches on, they say...

**Region Student Speakers Contest** is in the BAG with the **Laguna Niguel Lions** winning the Region Contest...On to District.

Congratulations to **Huntington Beach Host**. Apparently there aren't many crabs running around loose 'cause they sold a bunch of them at their Crab Fest. \$10,000 + raised.

**Mission Viejo** reported their Flag Day event putting out over 270 flags in some 6 schools. It is good to see kids celebrating our flag and learning about it with pride. Thanks Lion Micky for that report.

In the Eye Glasses Race, **Laguna Niguel Lions** spent a few hours last week sorting some 2,346 pair of glasses...We've got a bit to go to catch the other clubs but we got a good chunk added since the last report. **The Laguna Niguel Lions** are having their Second Annual Wine Tasting Fund Raiser on April 21<sup>st</sup>.

**Tustin Lions** is preparing for their 24<sup>th</sup> **Annual Golf Classic**. Event is scheduled for April 24<sup>th</sup> and they are looking for sponsors. They are continuing to make club visitations with their 4<sup>th</sup> one this year

**Harbor Mesa** is continuing its participation in the Reading Assistant Program at Whittier Elementary School. A Club Retreat has been planned for April; Club members will board the Amtrak to Los Angeles for lunch, and a walking tour of Olivera Street, Chinatown, and Little Tokyo. An exciting, laugh-filled and engaging fundraiser is taking shape in the form of a Murder mystery dinner. It is set for August 17, and will be held at the Garden Grove Lions Club meeting facility.

# RONALD MCDONALD HOUSE

## WALK FOR KIDS 2013



Members from the Newport Hawaiian, Orange, and Huntington Beach Lions Clubs joined Governor PJ and Georgia for the Ronald McDonald House Walk for Kids at the Honda Center in Anaheim.

It was a GREAT event and over \$300,00 was raised by this walk. PJ finished the walk in 40 minutes and he said Mike was about 30 seconds ahead of him. HB Lions Dick, Mary and I held up the back of the pack, but with Mary just recovering from a broken hip she really hung in there and I am just proud to have walked with her. The Newport Hawaiian group finished in under an hour and some of their new members are on their way to a proud lion for their participation. This is our best year yet with 12 Lions and 5 non Lions. As a group we raised a \$775.00.

Lion Diane Quinlan, Pres. Orange Lions



Seal Beach Lion Aro Riley led a group of Lions and friends in the Long Beach Walk for Kids. Her team didn't report their time but were proud to report raising over \$1000 for this worthy cause.



Dear Lion President,

As you may know, the Asian American Senior Citizen Service Center (AASCSC) through the sponsorship of the Chinese American Lions Club was voted and admitted as a District 4-L4 Approved Project at our District Cabinet Meeting on November 10, 2012. Enclosed is a copy of their Quarterly Newsletter. I would like to ask you to share it with your Board of Directors and Club Members.

AASCSC is a 501.C3 Charitable Foundation focusing on helping older and retired citizens at a time in their lives when they need assistance the most. According to a 2011 report by the Centers for Medicare and Medicaid Services, nationally, more than 1.7 million seniors who were eligible for services did not enroll. More recently, an April 2012 report by the USDA Food and Nutrition Service states that in 2009 only 34% of those eligible for food assistance actually participated.\*

There are many reasons for the lack of participation by seniors. The most prevalent reason is not being aware of and being capable of taking advantage of the available services.

AASCSC's mission is to reach, disseminate information and assist seniors of the Asian American Community.

Our good friend, the late PIP Don Baker, said "Lionism is measured by our involvement" in our communities. As the "baby boomers" reach their retirements, the need for assistance will increase many folds. I urge you to get involved with this or other senior programs in your communities. I ask you to bring this subject up in your Board Meetings and discuss your Club's participation in helping your seniors.

We Lion's can't solve all the needs of the world, but to those whose lives we touch, we make all the difference.

For more information or a program on this project contact PDG Matt Hunyadi 714. 970. 8206 [matth@dslextrreme.com](mailto:matth@dslextrreme.com)

# DISTRICT 4-L4 CALENDAR

## 2013

April 6	IID Candidate Larry Dicus Fundraiser – Casino Night
April 6	Pre-Cabinet Meeting
April 6	Region Student Speakers Contest completion deadline
April 7	Ronald McDonald House Walk for Kids, Honda Center
April 7	City of Hope Lions Tribute Day
April 13	Orphanages of Thailand Fundraiser
April 13	California Lions Friends In Sight Eye Screening, Pomona
April 19	Garden Grove Lions Charity Golf Tournament
April 21	Laguna Niguel Wine Tasting Fundraiser
April 22	Orange Lions Golf Tournament
April 24	Tustin Host Lions Golf Classic
April 26	Canyon High Leo Club Charter Night
April 27	Cabinet Meeting, Saddleback & District Student Speakers Contest
April 27	Seal Beach Car Show Pancake Breakfast
May 11	Area 4 Student Speakers Contest, Brea
May 18	Seal Beach Lions Braille Beep Ball Tournament
May 30-June 2	MD-4 Council of Governors Meeting, Torrance
June 1	MD-4 Student Speakers Contest Finals
June 1	Seal Beach Golf Tournament
June 9	Braille Leo Club Dinner in the Dark
June 15	Club & District Officers Training - Brea Lions Scout Center
July 5-9	International Convention, Hamburg Germany
July 20-21	Seal Beach Lions Club Fish Fry
August 2-4	MD-4 Council of Governors Meeting, Pleasanton
September 7	Lions Camp at Teresita Pines Open House
September 19-21	USA/Canada Forum, Overland Park KS
October 18	Harbor Mesa Casino Night

## **ATTENTION**

CLUB PRESIDENTS, CLUB SECRETARIES, CLUB EVENT CHAIRMEN

DO YOU SEE YOUR UPCOMING EVENTS ON OUR DISTRICT CALENDAR?  
IF NOT, PLEASE SEND DATES AND FLYERS TO YOUR EDITOR.

HAVE YOU HAD A FUN SOCIAL EVENT, A SUCCESSFUL FUNDRAISING EVENT,  
OR PARTICIPATED IN A GREAT SERVICE PROJECT? SEND PICTURES AND A REPORT TO YOUR EDITOR.

SHOW YOUR CLUB OFF THROUGH THE DISTRICT 4-L4 FORUM

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