



# The 4-L4 Forum

**THE OFFICIAL PUBLICATION OF  
CALIFORNIA LIONS DISTRICT 4-L4**

*Volume 91 Number 8 February 2013*



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P.J. SMITH**

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I have to admit that I was having a panic attack two days before our third district cabinet meeting. I received a call from Region Chair Randy McMillan that the original location for the cabinet meeting was cancelled on us. There is no reason to elaborate further on why but I can tell you that Randy took a very positive leadership roll. Within 36 hours he had a new location and just about everyone received the phone message regarding the change of venue. A BIG, BIG thank you to Lion Randy, his wife Jeri, and all the Leo's that made this cabinet meeting such a huge success. This is just one response I received from PDG Dan Mayer to our cabinet meeting:

PJ and Randy,

Again, an awesome meeting, one of the best in a long time. Despite the snafu with the meeting place, which if we hadn't told everyone, I suspect no one would have known. The speeches we dead on, to the point, well-thought out, personable, concise, the meeting was entertaining, the use of the LEOs was dynamite, this was a down home to the core Lions meeting and the feelings I left with was the reason why I joined Lions in the first place.

GREAT job Guys!!!!!! Dan

For our third cabinet, we pay a special tribute by honoring all 4-L4 Past District Governors. We were honored to have present PCC Ed Bordenkircher, PCC Jack Perich, IPDG Ken Sherwood, PDG Norm MacKenzie, PDG Judy Schnitzer, PDG Elizabeth Warren, PDG Jon Casteel, PDG Jack Mauller, PDG Barbara Hayward, PDG Jim North, PDG Dave Stewart, PDG 13 Dan Mayer, PDG Mike Scheafer, PDG Lowell Sneathen, PDG Kevin Evans, PDG Kurt Vanderwest, PDG Matt Hunyadi, and PDG Micky Scholtie. WOW, that is incredible to have 18 Past District Governors dating back to 1980-81. Our PDG'S truly take an active roll in our district. Thank you Past District Governors for everything you do and contribute to our great district. We also honored our beloved PDG Chuck Overbey and Past First Lady June Overbey with flowers along with a moment of silence for all the wonderful Lions that passed this year.

On January 5, 2013, we honored over twenty Lions with Melvin Jones awards. As a Lion, this is the ultimate honor that a Lion can receive. Congratulations to every Lion who was honored. There should be some great pictures submitted by our District Photograph Barbara Smith to the Forum News Letter. IPDG Ken Sherwood and his team did a great job putting together and presenting the Melvin Jones Honors. Thank you Ken and your great team.

Our District wide Student Speakers contest will be under way and I'm looking forward to hearing these outstanding students. The topic this year is "How Do We Create and Keep Jobs in America?" Please check the Forum or contact your Region or Zone chairs for dates and times for the student speaker contests in your areas.

Our District was presented the Fast Speed Cursing Award by IP Wayne Madden while he was out here for the Rose Float Parade. This award was for our positive growth for the quarter. Congratulations to every Lion in the district who made that effort to bring a new member into are great organization. Keep up the good job.

Our International Visitation to Ensenada Mexico will soon be here. The dates are March 8-11, 2013. We will be cruising again from Long Beach to Ensenada and having lunch with the Ensenada Lions. This is a great mini vacation and fun for all. Twenty-two have signed up so far and there is still space available. Please contact Lion Carol Linehan, Huntington Beach Lions for details and information.

As you know my motto is " Service From The Heart" so I wish every Lion a Very special HAPPY VALENTINE'S DAY.

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Blackjack \* Craps \* Texas Hold'em

Featuring Dinner Entertainment & no host bar

## LARRY DICUS

FOR  
INTERNATIONAL DIRECTOR FUNDRAISER

# CASINO NIGHT PARTY!

Saturday, April 6, 2013  
7:00 - 11:00 P.M.

### Harbor Party Rentals

5042 Bolsa Avenue, Huntington Beach CA

Please Join Us for a Night  
of Casino Excitement!

Entry:

**\$35**  
Per person  
in advance

PROCEEDS TO  
BENEFIT THE  
LARRY DICUS  
FOR  
INTERNATIONAL  
DIRECTOR FUND



Entry:

**\$45**  
Per person  
at the door

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Note: Larry Dicus for ID

C/O PDG Ellen Liebherr

616 17<sup>th</sup> Street, Huntington Beach CA 92648

(include guest name(s), address, telephone & email address

(714) 458 3077

FOR MORE INFORMATION:



ALPHA

You are cordially invited to attend the

## Golden Springs Leo Club "Official Charter Night" February 22, 2013

Join us in welcoming Pomona Unified School District's first Leo Club.  
Support and encourage our Leos as they become part of the world's largest service organization.

This great event will take place on Friday, February 22, 2013 at 6:30 pm.

The festivities will take place at:

Pomona Unified School District in the Board Room.  
800 South Garey Avenue, Pomona, CA 91766

Buffet Style Dinner will be served.  
\$10.00 per person

RSVP to Pomona Host Lion Frank Guzman by February 19

Email: [Guznk79@hotmail.com](mailto:Guznk79@hotmail.com) - Phone: 909-263-7642

Make checks payable to the Pomona Host Lions.





1<sup>st</sup> Vice District  
Governor  
Sheila Casteel



2nd Vice District  
Governor  
Gil Smith

February is the month of LOVE; at least it is if you believe the card, candy, and jewelry companies. Oh dear, does my cynicism show? I just happen to believe that love should be expressed throughout the year. Nevertheless, it is nice to designate a time specifically devoted to expressing our love and affection to those who matter the most to us. For me, the people who matter most to me are my family.

“Our clubs should be like families. The source of our strength in our clubs is the relationship we have with one another. We need to believe in one another and take care of one another like families do. If we do this, we will have no problems with retention. Our clubs will be full of members who are enthusiastic about service.”

*Immediate Past International President Wing-KunTam*

Happy Valentine’s Day to my Lions Family! I appreciate and value every single one of you!

**January 26th Cabinet Meeting** - What a great cabinet meeting we had! It came off beautifully even though RC Randy McMillan was scrambling at the last minute to find a new location. Highlights of the day included:

- Governor PJ did a magnificent job recognizing the Past District Governors who could attend. We even had June Overbey, wife of the late PDG and Chaplain Chuck Overbey, as PJ’s guest of honor.
- IPDG Ken Sherwood recognized clubs and Lions with the Club Excellence Awards and Secretary Excellence Awards.
- 2VDG Gil Smith recognized District Lions who earned their Certified Guiding Lion certificate from the training given last October.
- 1VDG Sheila Casteel gave a moving presentation on World Services for the Blind.


**Special Moments in Lions** – What is your special moment in Lions when you know that you have made a difference in the life of someone else? The misty eyes, choked up words, the joy in a young child’s face – your special moment that comes from true hands-on community service. Please share your special moments in a club meeting. These events are what make Lions special and give other Lions the incentive to increase their hands-on community service.

**Mid-Year Review** – If you have not already done it, conduct a mid-year review of where your club stands in its goals for the year. Use IP President Madden’s quarterly pit stop checklist to see how your club stacks up against the three major areas: service, membership and public relations, and operations.

**Use Your District Officers** - Your District officer team is ready and willing to assist any club in the District. Members of the governor’s team would like to visit with the boards of directors for a number of clubs over the next several months to see how you’re doing and identify where we can be of assistance to help clubs grow and provide effective hands-on community service.

Thanks to every Lion whose efforts in serving our communities makes a real difference in the lives of others.

**APRIL 7th, 2013**  
**Honda Center in Orange**



**WALK FOR KIDS**

Join the “LIONS” team along with District Governor PJ Smith and his wife Georgia

Web site is : [walkforkids.org](http://walkforkids.org)      Team Name is : 4L4LIONS

For more information or donation form contact Diane Quinlan 714-623-1439

Why WE walk:

So parents and grandparents have a temporary home away from home where they can come and be together. A place where they can rest, eat and shower. Where being so close to the hospital gives them time to spend with their child as every minute they are able to spend with their child is a gift.

So come out on April 7th and walk around the Honda center to help raise funds for families to stay in this wonderful home away from home.

**STUDENT SPEAKER CONTEST**  
**MD-4 LIONS CLUBS OF CALIFORNIA**

2012-2013 Topic  
“How Do We Create and Keep Jobs in America?”

Deadline for Club Contests February 23, 2013

# POMONA HOST LIONS BOWLING CHALLENGE



The Pomona Host Lions Club challenges all clubs in District 4-L4 to join us in our annual Bowl-a-thon on March 2, 2013 from 4:30 – 6:30 p.m. at the Oak Tree Lanes in Diamond Bar, CA. This is Pomona Host's annual major charities fundraiser.

Pomona Host encourages each participating group of Lions to enter a team of 4-5 bowlers (all skills welcome). An award of a \$75 BevMo! gift card and district bragging rights will be given to the winner of each of the two contests—the visiting club with the highest total score (3-5 bowlers required and adjusted for a four member team) and the visiting club who brings the most bowlers. The same club cannot win both prizes.

The fee to participate is \$50.00 per person. This covers \$10 for the cost of shoes, a soft drink, and three lines of bowling with the remaining \$40 going to the Pomona Host Lions Charities, Inc. This will count as a project visitation in the district competition.

Please contact Kris Georgeson at (714) 717-2542 or [Krisgeorgeson@yahoo.com](mailto:Krisgeorgeson@yahoo.com) to make your reservation not later than February 27, 2013.



## Global Leadership Team (GLT)

District GLT Coordinator – Gil Smith

[gilsmith@aol.com](mailto:gilsmith@aol.com)

H: 909-860-6477 C: 909-802-9915

**Leadership Academy** - The Conflict Resolution seminar at the January 26th Cabinet meeting had 28 Lions in attendance from 14 different clubs. PDG Dan Mayer and I appreciate the active participation from those in attendance as part of its success is derived from your sharing examples and approaches to resolution.

One observation not adequately discussed in the Conflict Resolution seminar is the importance of listening carefully to the other party so as to understand his/her perspective and to find common ground. Another tool is "active listening" where you repeat back what you believe the person said with whom you have a conflict – this insures that each side understands what the other is saying, in a non-confrontational manner.

Thanks to all Lions who have joined in the Leadership Academy seminars. We hope they have been helpful and given you some ideas and approaches on how to deal with: How to Run a Meeting, Membership, and Conflict Resolution. Your GLT is in the process of planning the topics for the next 3-5 Cabinet meetings and would appreciate your suggestions.

**Available Resources** – Just a reminder to take advantage of the resources available to your clubs:

- Give your club a tune up with the Club Excellence Process.
- Give your new members a good grounding with a Lions Orientation.
- Use your Certified Guiding Lions to help where desired or needed.
- Give your present and future leaders the outstanding opportunity to grow through the District Leadership Academy, the MD4 Leadership Institute in mid-January at Harris Ranch, and use of the LCI web site training materials.

**New Member Orientation** – Don't forget to draw upon the District for an effective new and prospective member orientation. We're here to help.

Pomona Host Lions Club presents our annual

# BOWL-A-THON

**Saturday, March 2, 2013**  
at Oak Tree Lanes in Diamond Bar @ 4:30pm.

890 N. Plained Bar Blvd.  
Diamond Bar (909) 860-3558

*All funds raised go to support Lions Club charities, such as:*  
Eyeglasses for needy Pomona school children, Eye Exams for Pomona school children, weekly bus trips to the Los Angeles Braille Institute to serve the blind and mini grants for Pomona teachers, just to name a few.

**We need your help!! Join us!!**

*100% goes to charity with no administrative cost.*

Want to have a team? Want to be a sponsor? We need your help! For further information or to get involved, please contact: KRIS GEORGESEON at (714) 717-2542 or at [krisgeorgeson@yahoo.com](mailto:krisgeorgeson@yahoo.com). Join us in making a difference in our community.

A yellow promotional flyer for the Pomona Host Lions Club Bowl-a-thon. The flyer features a film strip on the left side with several small photos of people. The main text is in large, bold, blue and red fonts. At the bottom, there is a photo of a person bowling and a 3D illustration of a bowling ball and pins.



## Cabinet Secretary

Dewey Linehan

I heard on the news that Foothill Region had ice & snow in some areas during the month of January; some records of freezing temperatures were recorded too. What's happened to the California climate? If you ask beach goers visiting from the East Coast with their bikinis on and say "are you crazy, its cold" they'll tell you, "you don't know what cold is" that's the truth we don't. I'm originally from the Boston area and some of the winters back there are real bad, wind chill factors to a -20 are common. Well so much for the weather report.

With January winding down, the Student Speakers Contests will be starting at Club level. The MD-4 Convention Feb 8-10 then it will be "Spring Time" no just kidding, but March will be filled with the Zone and Region Student Speaker contest, and then that marks the end of the District "club of the year" point system too. You only have a few months left to complete the journey, send in your reports so that I may tabulate fairly what every club has done this year, you would be surprised how many points you can accumulate through the year, you might even be taken by surprise when they call your club up.

The only other thing on my mind at this time and its never too early to remind all the Secretaries about the "Ever So Important PU-101" that document is critical in reporting your incoming officers of the New Lions Year. LCI needs to be informed and I because this information needs to be passed on to the next District Secretary. This Document is due in April and the deadline is May 15<sup>th</sup>. Please keep this reminder in your to do file so you will not forget.

We finished up the month of January with our 3<sup>rd</sup> Annual District Meeting Orange Region. First of all hats off to Orange Region Chair Randy McMillan, who did a fantastic job re-locating the meeting on such short notice. Lion Randy and other Lions from his club plus the Leo's all pitched in to make it happen, Kudos' to all of them a job well done. Let us not forget all the Region, Zone and Lions who helped out with check-in and the Opportunity Drawing: Lions Drew Sasser, Loyce Mejias, Armanda Behnke, Marc Poli, Mike Smith, Gary Denni, Mark Snider, Lori Mayer, Sandi Scheafer, Joan Parks and Carol Linehan these Lions made it happen, and me with only one eye, come January 29<sup>th</sup> I'll have two good eye sight again just a little cataract problem. We had a great turn out of PDG's who were honored. Our District adopted another approved project "Grant's Wishes", and lastly a real good turn out of 120 Lions and guests.

We have the month of February upon us, then Ensenada Cruise and the Region Student Speaker Contest March 11, 12, and 13 so save the date and please have your RSVP'S in on time. See you in Ensenda or at the next Region Meetings.



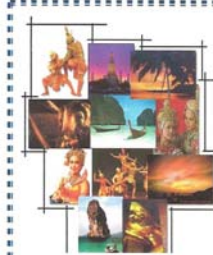
Annual Leo District 4-L4

## Orphanages of Thailand Restaurant Fundraiser

Join us for a social gathering to interact with Leos and Lions throughout the District! There will be outstanding Thai food and entertainment available for your enjoyment.

Encourage your friends and family members to join as well!

Proceeds from this event will benefit the Orphanages of Thailand!



**Date:** Saturday, April 13, 2013  
**Time:** 12 pm to 3 pm (Lunch served 12:30-1:30)

**Location:** Rachada Thai Restaurant  
13416 E. Imperial Hwy.  
Santa Fe Springs, CA 90670

**Tickets:** Adults - \$20 per person  
18 and under - \$15 per person

For information, to RSVP, and to purchase tickets, contact:

Lion John Doogan  
**Phone:** (714) 913-3428 **Cell:** (714) 380-0433  
**Email:** [jdoogan@socal.rr.com](mailto:jdoogan@socal.rr.com)

**Mailing Address:** Orphanages of Thailand  
P.O. Box 287  
Stanton, CA 90680-0287



## WIN 4 ROUNDS OF GOLF BY THE SEA

### Trump National Golf Club

Rancho Palos Verdes, California

Orphanages of Thailand, Fundraiser, April 13th, 2013



Trump National Golf has generously donated 4 rounds of golf, to help raise money for the "Orphanages of Thailand". We are selling tickets to raffle off these rounds.

Raffle tickets sell for: 1 for \$20.00 4 for \$60.00 10 for \$100.00  
25 for \$200.00 (limit of 150 tickets will be sold, from 100 to 150)

The winning ticket will be drawn, at the "Orphanages of Thailand" Fundraiser, April 13th, Rachada Restaurant, 13416 Imperial Hwy, Santa Fe Springs, CA 90607.

Contact John Doogan, [jdoogan@socal.rr.com](mailto:jdoogan@socal.rr.com) (714) 380-0433  
Mail to: Orphanages of Thailand, P.O. Box 287, Stanton, CA 90680

# FOOTHILL REPORT

## Region Chairman Drew Sasser

### **CUCUMONGA DISTRICT HOST**

This club was out doing their normal good deeds, in January helping at Churches, collecting eye glasses, and attending meeting throughout the city supporting and recruiting new members

### **CHINO VALLEY LIONS**

They spent the month recouping from the month of December Christmas tree sales, we made donations to Terrisita Pines. The Ayala Leos club donated \$200.00 to the camp as well. They did clean up of the trail, packaging of food for the Charity Caring for the Hills. They are a busy active group.

### **DIAMOND BAR LIONS**

These guys are always hopping around and they get a lot done. January had them at the Melvin Jones Dinner, the Diamond Bar Women's club food drive, the Senior Center, historical Society, Friends of the Library meetings and still had time to work on the Lions Float on the weekend of January 1. Whew, I tired just reading this! And the Leos did a gum clean up at school, participated in the Winter Snowfest, and of course the Orange District Meeting.

### **WALNUT DIAMOND BAR**

Our club just lost David Eskridge (a Lion of 37 yrs) Sad days for all! Members donated a total of 25 hours at the Local Food Bank, doing inventory, collecting and distributing food items to local needy families.

### **UPLAND HOST**

Visitation Chair, Lion Ken Bell reported that they had a successful visitation with the Diamond Bar/ Walnut Lions on January 17th. Their next visitation will be to the Norco Lions. They will hold their Student Speakers Contest on Feb. 11. Lion Tina reported that the Cub Scout Pack 614 Cake Baking Contest will be held at Pepper Tree School at 6:30 PM on February 22nd. Ways and Means Chair, Lion Tina has set the start of our annual Calendar sale as now and it is important to our Administrative Fund that we get out and sell, sell, sell these Calendars.

### **POMONA HOST LIONS CLUB**

The Pomona Host Lions finished the holiday season with a flourish with more visits from Santa, two holiday celebrations, Rose Parade Float decorating, and members participating in International President Madden's Southern California Reception. The club's January focus project was making sleeping mats for the homeless, culminating in its two-night 2013 PlarnFest, where Lions along with 18 community members gathered to cut, tie and crochet used plastic bags into lightweight, water-resistant, cushioned, bed-sized ground protection that insulate people from the cold, hard concrete sidewalks. PDG Elizabeth Warren joined them for this project.

## **CONGRATULATIONS SEAL BEACH LIONS**

**A MEMBERSHIP DRIVE BROUGHT 31 GUESTS AND NEW PROSPECTIVE MEMBERS TO THE SEAL BEACH LIONS MEETINGS DURING THE MONTH OF JANUARY.**

**EACH LION WHO BROUGHT A GUEST HAD A SHOT AT A \$50 GIFT CERTIFICATE TO CALIFORNIA PIZZA KITCHEN.**

**LION NEIL GORMLEY GOT THE PRIZE BUT THE REAL WINNER WAS THE SEAL BEACH LIONS CLUB AS 20 NEW LIONS WERE BROUGHT ABOARD.**

Pomona Host also has been active in the International Reading Action Program with its Madison School Literacy Program and Madison School Book Drive. It added one new member in January and has collected hundreds of used eyeglasses for recycling, thanks in part to a Lion/local mortician, who collects glasses that are no longer needed. The members are also collecting rummage for the Kennedy-Austin Foundation "Fill a Goodwill Truck" fundraiser, embarking on a few more visitations to wind up its visitation schedule, posting lots of fun pictures on Facebook, and getting needy Pomona seniors connected with the Lions Sight and Hearing Foundation of Southern California (LSH) for free cataract surgeries. LSH CEO Randy Stein spoke at the club's last meeting, aservices into the city.

Last is some exciting news! The club's Golden Springs School Leo Club will be having its Charter Celebration the evening of February 22. The Leos are already very active, having held a SantaCop Toy Drive, a canned food collection and a face-painting fundraiser.

### **WESTERNU LIONS CLUB**

The WesternU Lions Club continues to grow in membership and service projects. It is sponsoring health screenings and is gearing up for its April 13 Friends in Sight Vision Clinic, which will be held in conjunction with the Lions campus-wide, multi-medical-discipline health fair on the Marshall Middle School campus. They also collected and presented 108 new and gently used books to Madison Elementary School as part of the international Reading Action Program.

By the time this *Forum* is in print, the WesternU Lions Club will have new officers since elections in all university clubs are held in January. Soon thereafter, the Lions Club will hold its mid-year membership drive.

We had a sad month last month as we closed two clubs in the foothill Region, The Cucamonga Community Club and the Pomona Breakfast Club, most of the members have gone to other clubs in the district.

## SADDLEBACK REPORT Region Chairman MARK SNIDER

New Years is over, the first cabinet meeting of 2013 is in the can (Thanks to the fast foot work of Region Chairman Randy for finding a new venue in two days.) Hopefully the flu and all the other nasty bugs flying around have passed you by. Keep the hand sanitizer at the ready.

Due to deadlines, news of the clubs may be a month or so behind. I often get club activity reports after my deadline for the Forum, and those are usually from a previous month, so please forgive me...I'm just a working guy who gets to write some stuff and hopefully, some of it is funny.

**TUSTIN LIONS** deserve kudos for their excellent work in the community with various activities such as White Cane Day. One of the events there provides kids the opportunity to walk around with low vision goggles and experience what life is like for those who are visually impaired. In addition to White Cane, this outstanding club contributed time and money to Pop Top Recycling, Peace Poster Contest, LCIF Hurricane Sandy Disaster Relief, the Miss Tustin Scholarship program, volunteering at Blind Children's learning Center and preparing for the Student Speakers Contest. As of the last report I had, the Tustin Host Club has provided over 181 hours for the reporting period of November-December. That did not include the over \$800 given to charity for that month. Way to go Tustin.

**LAGUNA NIGUEL LIONS** have donated over \$4,000 to various local and Lions Charities. Some of the funds were presented at the Cabinet meeting. The January speaker was a club member Lion George Vardaman who provided a synopsis of his recent trip to Rwanda where he is part of a group teaching local community members to assist with vision care by refracting people and helping dispense glasses. In addition, the laws allow certain non surgical personnel to be trained to provide cataract surgery to help correct the very high incidence of that correctable and preventable vision issue. This country is set high in the mountains and people are over exposed to sunlight without protective eyewear. Cataracts at a younger ages is highly prevalent.

**MISSION VIEJO LIONS** were active collecting over 553 pairs of glasses in December (total YTD= 3362 pair of glasses) and donating \$2,765 to their local charities, including contributions to the Rose Parade Float.

**Harbor-Mesa Lions** Started of the month of December with a Family Dinner combined with the Costa Mesa Newport Harbor club. The kids of the clubs sang carols and were entertained by Santa (Lion Steve Christy) and his Mrs. Claus. Harbor Mesa provided, along with their Leo Club, holiday fun at the Boys and Girls Club. Members arrived in appropriate attire of elf hats and reindeer antlers to wrap gifts. Lion Joan Parks chaired the Sight and Hearing Van in December for the Newport-Mesa USD. Over 8,000 students were served during this event. Excellent job Lion Joan Several Club members assisted serve meals to families at CHOC. They also had a breakfast meeting at the Ronald McDonald house In Lionism!

## Orange Lions Club Annual Charity Spaghetti Dinner & Bingo

Each meal ticket  
enters you in a  
chance to win the  
door prize



We will have a  
Chinese Auction  
with great items

### Saturday, March 16, 2013

Garden Grove Lions Den  
9360 Larson Avenue  
Garden Grove, CA 92842

**Dinner from 5:30 to 7:00pm**

**Adults: \$12.00**

**Children: \$7.00 (10 & under)**

**Bingo from 7:15 to 9:00pm**

**10 Game 4-game Pack: \$10.00**



For Tickets or Information Contact:

Diane Quinlan 714-623-1439 or Mike Smith 562-254-0502



Join the fun with Good people,  
Good food for a Great cause!



## BREA LIONS SERVIN' AGAIN

On a chilly Saturday morning (38 degrees or less) the Brea Lions set out for the Brea Lions Scout Center to cook the annual Brea Girl Scouts "Kidnap" pancake breakfast where the Mom's wake up their little darlin's from their beauty sleep, and drag them down to face our mugs serving up Brea's Best!

Special thanks to all the all the Brea Lions who assisted on a very cold Saturday morning to make this a fun event for some special kids in town This is just another example of the many good deeds our Brea Lions do in our community, and while we're proud to be a part of this great organization.



# MELVIN JONES DINNER

Saturday, January 5, 2013

## Melvin Jones Fellows Honorees



DG PJ Smith, Brea



Joe Rodehaver, Buena Park Noon



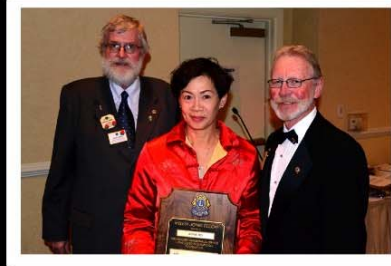
William Wewer, Buena Park Noon



PDG Mike Scheafer, Costa Mesa NH



Wanda Tanaka, Diamond Bar Breakfast



Annie Ko, Diamond Bar Breakfast



Pete Baron, Fullerton Host



Carol Van Holt, Harbor Mesa



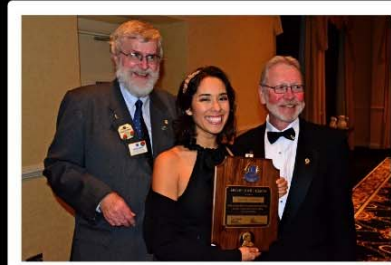
Theresa Stoker, Harbor Mesa



Arvin Kaplan, Huntington Beach Host



Doris North, Huntington Beach



Candice Langham, La Habra Host



Ofelia Hanson, La Habra Host



Manuel Tejada, La Habra Host



Mark Snider, Laguna Niguel



# MELVIN JONES DINNER page 2

## Melvin Jones Fellows Honorees



Dean Muñoz, Ontario Host



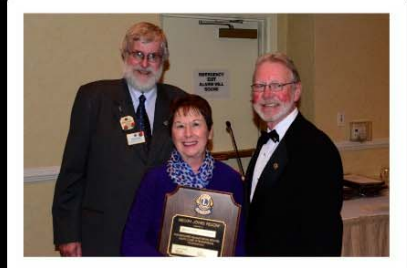
Sandra Richmond, Ontario-Upland IPDG Ken Sherwood, Ontario-Upland



Marilyne Sherwood, Ontario-Upland



Christopher Barr, Tustin Host



Madeleine Lesondak, Upland Host

## Seal Beach -- 9 Melvin Jones Fellows Honorees

Grant Newton,  
Scott Newton,  
Cathy Newton



Mike Haley  
Seal Beach  
with Camille  
Romano and  
Marcia Haley



Kristine Albertelli



Lindsay Safe



Adriana  
Ziegenbusch



Camille Romano



Aro Riley

**Congratulations,  
Melvin Jones Fellows!**



# MELVIN JONES DINNER page 3



Marilyne Sherwood and Bob Sommers provide musical entertainment.



MC IPDG Ken Sherwood reads a "short" history of Melvin Jones.



PCC Roger Powell. MD4 LCIF Coordinator



PDG Barbara Hayward gives the invocation.

## Images from the Melvin Jones Dinner



Photography by 2VDG Gil Smith and District Photographer Barbara Smith

## Youth Exchange Continuing Saga

Martha Hebert, Chairman

The second week of the Youth Exchange Visit was just as busy as the first. The students have become best of friends and want to spend as much time together as possible. They are beginning to realize that in a couple of week they will go home and some may never see each other again, except through Facebook. There were sleepovers so the girls could get closer. We found time to do during the days to share more of Southern California. On Monday, Lion Diane Quinlan planned a Whale Watching tour. This turned out to be very successful as they were able to see a giant whale performing for us. What a great day.



(from L1 to L6) in Southern California to join us for a day of Kayaking in Newport Bay planned by Lion Sue Seager. They were given a tour of the bay and lessons so they could go out on their own in kayaks or on flat board. This was a family affair, so we had a big attendance. We enjoyed a picnic style lunch prepared by the host families. Good food and good fellowship enjoyed by all.



Watch for further tales from the Youth Exchange team in future issues.



## MD4 Student Speaker Foundation

The MD4 Student Speaker Foundation is requesting that each District in MD4 raise **\$7.000** toward the Scholarships that are given out each year to the Students. The Foundation can continue to provide the \$103,500.00 in scholarships if each District is able to continue to support the Lions 4<sup>th</sup> District Student Speaker Foundation, Inc.

I would like to say thanks to the clubs and individuals because as of today our District **4 L4** has donated **\$1207.00** to the Foundation.

A Supporter Patch/Year Chevron is \$100. The four Fellowships range in price from Harry J. Aslan- \$200, Dwight E Stanford - \$300, Donald E Snyder - \$400 and Fred W Smith - \$500. This year the Foundation added an Al Ohrmund .supporter award \$250.

Thank you to **Laguna Niguel** for the \$200 donation and naming a member from your club as a Harry J Aslan Fellow.

Another way which costs you or your club no money is to give me your used /old cell phones and ink cartridges. This month I would like to recognize **Diamond Bar Breakfast, La Habra Host, Ontario Upland, Tustin Host** and **Upland Host** for their donation of used cell phones and ink cartridges. If your club has a large amount to turn in, I can provide you with mailing labels. All of these add up toward our overall contribution to the Foundation.

Remember all donations to the Foundation are Tax Deductible. Thank you for your consideration in supporting the Student Speaker Foundation.

Lion Carol Ann Linehan  
2012-2013 District 4 L4  
Student Speaker Trustee

## Teen Recognition Program

Dear Fellow Lions of District 4-L4

I am very please to inform you that we have **seven** recipients for 2013 Lions Teen Recognition

The Event this year will be held at the

GARDEN GROVE LIONS CLUBHOUSE  
9860 LARSON AVE., GARDEN GROVE, CA.  
**SUNDAY, FEBRUARY 17, 2013.**  
**2:00-4:00pm**  
Doors will open at 1:30pm.

The keynote speaker will be The Honorable Manuel Ramirez, Presiding Justice of the Court of Appeal in Riverside. A dessert bar with coffee and other drinks will be served.

Make reservations: Jackie [Maloney/562-431-6092/calgaljm@aol.com](mailto:Maloney/562-431-6092/calgaljm@aol.com)  
Cost per person: \$5.00



District 4-L4

"We Serve"

SADDLEBACK REGION MEETING

"Service from The Heart"



Date : March 13, 2013
Time :6: P.M., check in 7:P.M. Dinner & Program
Cost : \$18 per person Make checks payable to:
District 4L-4
Location : Garden Grove Lions Club House,9860 Larson
Ave, Garden Grove, Ca.92844
Lion Mark Snider, Saddleback Region Chairperson,

PROGRAM: Student Speaker Contest

50-50 Drawing

\*\*\*\*\*

Please make reservations by :February 22, 2013

Club name \_\_\_\_\_
Number attending: \_\_\_\_\_ Amount enclosed: \_\_\_\_\_

Please send the names of those attending.....on the back of form

Send completed payments to:
Cabinet Secretary Dewey E. Linehan, 4729 Rey Drive,
Huntington Beach, Ca. 92649
Dewdrml@hotmail.com



District 4-L4

"We Serve"

ORANGE REGION MEETING

"Service from The Heart"



Date March 12, 2013
Time :6:00-6:30 check in, 7:P.M. Dinner & Program
Cost : \$18/ per person Make checks payable to:
District 4L-4
Location : Brea Lions Scout Center,401 S. Brea St.,Brea,Ca.
Lion Randy McMillan Orange Region Chairperson, (562)
697-1612

PROGRAM: Student Speaker Contest

50-50 Drawing

\*\*\*\*\*

Please make reservations by: February 22, 2013

Club name \_\_\_\_\_
Number attending: \_\_\_\_\_ Amount enclosed: \_\_\_\_\_

Please send the names of those attending.....on the back of form

Send completed payments to:
Cabinet Secretary Dewey E. Linehan, 4729 Rey Drive,
Huntington Beach, Ca. 92649
Dewdrml@hotmail.com



District 4-L4

"We Serve"

FOOTHILL REGION MEETING

GOVERNOR'S MOTTO

"SERVICE FROM THE HEART"

Western University

Banfield Hall, 611 E. Second St., Pomona, Ca. 91766

Date: March 11, 2013
Check in: 5:30-6pm meeting starts 6:15
Cost:\$20.00/Per person, make checks payable to District 4L4

PROGRAM; STUDENT SPEAKER CONTEST
Foothill Region Chair Drew Sasser

50-50 DRAWING

\*\*\*\*\*

Please make reservations by: February 22, 2013

Club name \_\_\_\_\_
Number attending: \_\_\_\_\_ Amount enclosed: \_\_\_\_\_

Please send the names of those attending.....on the back of form

Send completed payments to: Dewey E. Linehan,4729 Rey
Drive, Huntington Beach, Ca. 92649,dewdrml@hotmail.com



Tustin Host Lions Club

24TH ANNUAL GOLF CLASSIC

Sponsored By
Siegel, Pooh Surfboards and
Kelley Escrow Corporation

SKIP WORK! PLAY GOLF WITH US!!

Since 1989 Tustin Lions have hosted an Annual Golf
Tournament to benefit local charities. Your entry fee of
only \$145.00 per player includes a fun day with
Lions, local community leaders and friends, plus

- Continental Breakfast
Practice Range Balls
Green Fee and Cart
BBQ Lunch and Awards

What: Four Person Scramble Tournament

Where: Mile Square Golf Course
10401 Warner Ave., Fountain Valley

When: Wednesday, April 24, 2013
7AM Registration, 8AM Shotgun Start

Other: Please mail entry fees, sponsorships &
donations to:

Tustin Host Lions Golf Tournament
PO Box 66
Tustin, CA 92781

Questions? Call Lion Fred Wakefield at 714-904-5041



PLAYER INFORMATION:

Name Telephone or Email

\_\_\_\_\_

\_\_\_\_\_

I WOULD LIKE TO BE A SPONSOR!

Sponsorship Level Amount

\_\_\_\_\_



# DISTRICT 4-L4 CONVENTION



Lion PJ SMITH, Governor  
 May 17-19, 2013  
 RIVIERA HOTEL & SPA, PALM SPRINGS, CA

## LIONS ON THE LAM

### Registration Form

Revised 11-15-2012

(Please Print or Type)

Name:	E-mail:
Address:	Telephone:
City:	Fax:
Zip Code:	Club Name:

### CELLBLOCK AND INMATE COSTS

Escape Cell	Thursday First Nighter's Tram Ride and Dinner	\$40.00
Block A Cell	Friday Dinner, Saturday Lunch and Dinner, Sunday Breakfast	\$220.00
Block B Cell	Saturday Lunch and Dinner, Sunday Breakfast	\$165.00
Inmate A	Individual Meals and Entertainment Friday Dinner	\$55.00
Inmate B	Saturday Lunch	\$45.00
Inmate C	Saturday Dinner	\$75.00
Inmate D	Sunday Breakfast	\$45.00

NAME	First	Cell Block	Escape	Inmate	Registration	TOTAL COST
One Name Per Line	Convention	"A" or "B"		A,B C, D	\$20/After 5-1-13 \$40	Book & Reg. Fee

Make Checks Payable to: District 4-L4 Convention  
 Mail to: Joanne Waltman, P.O. Box 575, Rancho Cucamonga, CA 91729-0575  
**CREDIT CARD PAYMENT:** Visa \_\_\_ MasterCard \_\_\_ Discover \_\_\_ Credit Card # \_\_\_\_\_  
 3 Digit Code \_\_\_ Expiration Date: Month \_\_\_ Year \_\_\_\_\_

### DEADLINE FOR REGISTRATION IS APRIL 1, 2013

Hotel Reservations  
 Rooms \$119 plus tax  
 Reserve rooms by April 15, 2013

Riviera Hotel & Spa, Palm Springs  
 1600 N. Indian Canyon Drive, Palm Springs, CA 92262  
 1-866-588-8311

FOR SPECIAL DIETARY NEEDS CONTACT CONVENTION CHAIR, PDG BARBARA HAYWARD.

- PDG Barbara Hayward, Convention Chair 714-545-6126
- Joanne L. Frank Waltman, Treasurer 909-946-3557
- PDG Dan and Lori Mayer, Registration 949-458-3710
- Marianne and Mike Allen, Hotel Reservations 714-534-3791
- Ron and Terrie Finseth, Golf 714-639-4052
- PDG Elizabeth Warren and FFL Sandi Scheafer 909-941-0604 / 714-549-4961



**Lions Clubs International**  
LIONS OF DISTRICT 4-L4

District 4-L4 Convention Committee  
Plaintiff  
V.  
The:  
Clubs & Lions of District 4-L4  
Respondents

Case Number: May 16-19, 2013

**Summons to Appear**

**TO: All Lions in all clubs within Lions District 4-L4, from:**

The 2012-2013 District 4-L4 Convention Committee c/o District Governor PJ and First Lady Georgia Smith,  
and  
The 2012-2013 District 4-L4 Cabinet Officers

**YOU ARE HEREBY SUMMONED** and required to appear in person, on and/or during the dates of May 16-19, 2013, at the Riviera Resort and Hotel, Palm Springs, CA, at which time you will be rewarded for your hard work and dedication during the 2012-2013 Lions year.

Signed:

*PDG Barbara Hayward*

The Honorable PDG Barbara Hayward, presiding

**DISTRICT 4L4 CONVENTION**



**GOLF TOURNAMENT**

**Tahquitz Creek Golf Resort**  
**1885 Golf Club Drive, Palm Springs**

**Thursday, May 16, 2013**

Arrive by: 10:30 a.m.

**Longest Drive**  **Closest to the Pin**

**FEE: \$70 includes 18 Holes Golf-Cart-Lunch & 2 Beers-Prizes**

**Mail by May 7<sup>th</sup> to: Ron Finseth, Convention Golf Chairman**  
7205 E. Grovewood, Orange, CA 92869  
Phone: H (714) 639-4052 - C (714) 267-0786

Fill a foursome, or we will place you



**Name:**

**Club:**

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Send this portion by May 7<sup>th</sup> along with your check payable to District 4-L4 Convention  
To: Ron Finseth, Convention Golf Chairman, 7205 E. Grovewood, Orange, CA 92869



**DISTRICT 4-L4 CONVENTION**  
**LIONS ON THE LAM**  
**Events**



**Thursday Golf Tournament** 

**First Nighters Palm Springs Tram and Dinner**



**Friday BUNCO SQUAD Fun and Games**



**CANDIDATES RECEPTION**



**Friday Fun - Come as your favorite GANGSTER!**  
**Dance the night away.**

**Saturday Night - GOVERNOR'S BALL**



**Sunday Morning - Special Guest Speaker**

**Palm Springs Aerial Tram**  
**FIRST NIGHTER'S DINNER**



**Come and join Governor PJ**  
**on the High Flying PS Aerial Tram**  
**Thursday, May 16, 2013 - 6:30 pm**

Includes round-trip ride on the world's largest rotating tram cars that will carry us from the Valley Station, elevation 2,643 feet, to the Mountain Station located at the 8,516-foot level of Mt. San Jacinto State Park and Wilderness.

Once there, we will dine at the famous Peaks Café while enjoying the wonderful views of the valley.

Round trip tram ride and dinner - \$40 per person\*.  
Prepaid reservations only.

\*May be remitted with registration.

Make checks out to District 4-L4 Convention  
Mail to Lion Joanne Waltman  
P.O. Box 575, Rancho Cucamonga, CA 91729-0575

# District Cabinet Meeting

Saturday, January 26, 2013

## HONORING DISTRICT 4-L4 PAST DISTRICT GOVERNORS



PCC Ed Bordenkircher



PCC Jack Perich



IPDG Ken Sherwood



PDG Norm MacKenzie



PDG Judy Schnitzer



PDG Elizabeth Warren



PDG Jon Casteel



PDG Jack Muller



PDG Barbara Hayward



PDG Jim North



PDG David Stewart



PDG Dan Mayer



PDG Mike Scheafer



PDG Lowell Sneathen



PDG Kevin Evans



PDG Kurt Vanderwest



PDG Matt Hunyadi



PDG Micky Scholte



Past District 4-L4 Governors

## DISTRICT LEADERSHIP ACADEMY

Before the District Cabinet Meeting, PDG Dan Mayer and 2VDG Gil Smith presented a workshop on "Conflict Resolution" at the District Leadership Academy.



# District Cabinet Meeting continued



Lions check in at meeting.



First Lady Georgia distributes agendas.



IPDG Ken introduces DG PJ Smith.



DG PJ Smith leads the meeting.



DG PJ Smith inducts Swati Puri into the Laguna Niguel Lions. Her sponsor is PDG Dan Mayer.



First Timers are welcomed.



Certified Guiding Lions



JK Chun receives the Proud Lion. Proud Sponsor is Jack Tanaka.



Grant's Wish Presentation



DG PJ enjoys the meeting.



PDG Norm MacKenzie for GMT



Former 1st Lady, June Overbey



Gary Denni delivers raffle prize to PDG Barbara Hayward.

## EXCELLENCE AWARDS



**District Governor Excellence**  
IPDG Ken Sherwood



**1VDG Excellence**  
PJ Smith



**2VDG Excellence**  
Sheila Casteel



**Region Chair Excellence** – Gil Smith, Renee Schulte, Ken Henderson

**Zone Chair Excellence**  
Bruce Gormley and Andrea Busby



**Club Excellence**



**Secretary Excellence**

*Photography and layout  
by District Photographer  
Barbara E. Smith*

Receiving awards for Upland Host, Madeleine Lesondak; Pomona Host, Amanda Behnke; Cucamonga District Host, Norm MacKenzie; Diamond Bar Breakfast, Steve Johnson; Orange, Robert Susaeta; Seal Beach Host, Michael Haley

L to R: Amanda Behnke; Mike Smith, Mike Scheafer, Barbara Hayward, Karen Eubanks, Dan Mayer, Martha Hebert, John Creed



Here is an article from City of Hope's EHope newsletter.

*District City of Hope Chair, Lion Lorna Badame*

### **ALCOHOL AND CANCER RISK: MODERATION, OF COURSE, IS KEY**

*By Shawn Le*



With alcohol, the old adage is true: Everything in moderation. Research has swung back and forth about the health risks, and potential benefits, of alcohol consumption — with each new study about a cup of good cheer seemingly contradicting

the last. To help put concerns into perspective, James Lacey, Ph.D., associate professor in City of Hope's Division of Cancer Etiology, answers some questions about alcohol and cancer risk.

#### **What cancer risks are associated with alcohol consumption?**

Alcohol consumption has been reported to increase the risk of breast cancer in women. Alcohol also has been linked with increased risks of digestive tract cancers: oral and pharyngeal cancer, cancer of the larynx and some types of esophageal cancer. The mechanisms aren't entirely understood, but the increase in breast cancer risk might be due to the ability of alcohol to increase circulating levels of estrogens, which are key factors in the development of breast cancer. For digestive tract cancers, there is some indication that alcohol's metabolism into acetaldehyde — which has carcinogenic and mutagenic properties — might be the mechanism at work.

#### **Many studies compare moderate drinking and heavy drinking. What is considered moderate?**

In most studies, "moderate" is defined as one drink per day, based on the standard unit equivalents of one beer, one glass of wine or one serving of hard liquor.

#### **In most study results, heavy drinking is usually bad while moderate drinking can be either good or bad. If less is better, is not drinking at all the best?**

There is no consensus answer to whether complete abstinence is better than moderate drinking. Moderate alcohol consumption has been reported to reduce the risk of coronary heart disease, which of course affects far more men and women than do breast cancers or the rare digestive tract cancers.

A real challenge with alcohol is that rarely is it consumed independently of other factors that affect health and disease. On the negative side, alcohol can accompany smoking or other less-healthy behaviors, so it's always tough to isolate how much of an observed effect is due to alcohol versus other related lifestyle factors. The same can be said of alcohol's positive effects. Think of the Mediterranean diet or the French diet, where lower caloric intake and healthy eating habits often include more daily consumption of wine than is typically seen in U.S. diets.

As far as I know, there have not been good studies that attempt to quantify the overall effects of alcohol on multiple chronic disease



## **HEARING & SPEECH ACTION NEWS**

### **FIVE UNEXPECTED WAYS TO LOSE YOUR HEARING**

**SMOKING** – Nicotine causes shrinkage of the blood vessels that bring oxygen to the inner ear, so that the cochlea can quite literally "suffocate," resulting in hearing loss.

**PAIN KILLERS** – Researchers have found that taking ibuprofen or acetaminophen two or more days per week can reduce blood flow to the cochlea. Other drugs linked to hearing loss include antibiotics, oxycodone and certain types of chemotherapy.

**STRESS AND ANXIETY** – Studies have shown a correlation between stress and illness, and stressed individuals may have a higher incidence of illness and infection, leading to hearing impairment.

**ALLERGIES** – Experts believe that high pollen levels can cause an allergic reaction in the inner ear, causing swelling, increase in fluid and wax accumulation. Luckily, many people find that as their allergies subside, so do their hearing problems.

**CELL PHONES** – Not too sure about this one yet, but studies suggest that cell phones' electronic radiation may damage the cochlea and auditory cortex. Problems develop in the ear most favored when using a cell phone.

And you thought you were too young to be concerned about hearing loss?

---

#### **CITY OF HOPE SNIPPETS (continued).....**

endpoints — breast cancer, coronary heart disease, liver disease, for example — at the same time, although I am currently working on a research grant that will propose to do just that.

#### **How can we celebrate but still be mindful of our health?**

The old mantra "everything in moderation" still applies. There is certainly a place for good beer, fine wine or special champagne during special events and celebrations. Moderate consumption can help to make sure that the alcohol — just like a favorite meal or decadent dessert — adds to the occasion. On the other hand, because most of the studies have looked at the benefits and risks of regular alcohol consumption, the person who usually doesn't drink alcohol but wants to join the toast should not have to worry about whether the alcohol they consume is going to increase their risk of developing cancer.

#### **Where can people go for more information about the risks and benefits of alcohol consumption?**

If you want more info on the data on risks and benefits, try looking at the American Institute for Cancer Research or the American Cancer Society website.



## 5<sup>th</sup> Annual Ensenada Visitation Cruise Carnival Inspiration



Join District Governor PJ, Lions & friends  
for the Ensenada Cruise.  
March 8<sup>th</sup> – March 11<sup>th</sup>, 2013

On Saturday, March 9<sup>th</sup>, District 4-L4 will join the Ensenada Lions for lunch. This year will mark the 55<sup>th</sup> International Visitation between District 4-L4 and the Ensenada Lions.

Sailing categories will be as follows:

- Category 6C mid-ship outside \$420.60 per person (8 Cabins Left)
- Category 6B forward or aft outside \$410.60 p. p. (8 Cabins Left)
- Category 4C mid-ship inside \$375.60 per person (7 Cabins Left)
- Category 4B forward or aft inside \$370.60 per person (6 Cabins Left)

The remaining Inventory will be pulled on Oct 10th

\$100 deposit per person is due now.

Final payment is due December 21, 2012 .

If paying by check Dec 14<sup>th</sup>.

Please call 714-846-2478 or email Lion Carol Linehan  
[CADL8029@yahoo.com](mailto:CADL8029@yahoo.com) for questions and reservations.

*Vamos a Ensenada!*



## Orange Lions Club 25<sup>th</sup> Annual Charity Golf Tournament

Where?  
Western Hills Golf & Country Club  
1800 Carbon Canyon Road  
Chino Hills, CA 91709

When?  
April 22<sup>nd</sup>, 2013  
11:00AM Check-In  
12:30 PM Tee Time

### What's included?

Your registration includes golf & cart, barbecue lunch, free range balls, goodie bag, and free beverages on the course, \$5,000 hole-in-one contest, dinner, awards, raffle prizes and a silent auction.

### Tournament Format:

Shot gun start, 4 person scramble

### REGISTRATION FORM

Single or Team Contact: \_\_\_\_\_

Phone: \_\_\_\_\_ Email Address: \_\_\_\_\_

Street Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip code: \_\_\_\_\_

I would like to support the Orange Lions club Charity Golf Tournament at the following level:

- \$900 Corporate Sponsor (includes golf & dinner for 4, banner, and tee sign)
- \$150 Hole-in-One Sponsor       \$75 Tee Sign Sponsor       I will donate a raffle prize

To enter your team please complete below:

Player #1 \_\_\_\_\_ Player #2 \_\_\_\_\_

Player #3 \_\_\_\_\_ Player #4 \_\_\_\_\_

Individual Golfer Fee: \$140 – Dinner Only \$40

**EARLY BIRD ENTRIES RECEIVED BY MARCH 15<sup>th</sup>, 2013 ONLY PAY \$110**

Select Method of Payment:

- Check, made payable to the Orange Lions Club
- Credit Card



Name as it appears on card      Credit card account number      Expiration      CVV

Mail completed registration form to: Orange Lions Club, P.O. Box 6592, Orange CA 92613-6592  
For additional information contact: Ron Finseth @ (714) 267-0786 or Larry Young @ (562) 698-5022  
100% of all net proceeds of the tournament benefit our Lions Club Charities

## USED TOY DRIVE



9<sup>th</sup> Annual Used Toy Drive, by  
Cucamonga District Host Lions Club  
For Santa Claus Inc.

## CHRISTMAS in March 1 thru May 5<sup>th</sup>

- Toys with missing pieces
- Unwanted toys
- Of course we'll take New Toys



For toy pick-up Contact:  
Scotty and Barbara Barclay 909- 987-5450 or  
Email: [info@cucamongadistricthostlions.org](mailto:info@cucamongadistricthostlions.org)



Garden Grove Host Lions Club

## 63<sup>rd</sup> ANNUAL PANCAKE BREAKFAST

Pancakes, Eggs, Sausage, Juice, Coffee, Milk

SUNDAY, MARCH 24, 2013  
7am to 11am at the Kiwanisland Youth Park  
(9840 Larson Avenue, Garden Grove, CA)

Donation \$5.00





## Garden Grove Host Lions Club 2013 Charity Golf Tournament

Friday, April 19 2013 ♦ Willowick Golf Course  
3017 W. 5th Street, Santa Ana CA 92703, (714) 554-4408

### Schedule of Events

9:30 a.m. Check-In  
10:30 a.m. Tournament Begins  
Scramble Format

5:00 p.m.

Awards Dinner & Program  
At the Garden Grove Lions Club House  
9860 Larson Avenue, Garden Grove  
Awards Presentation ♦ Raffle Prizes

### \$100 Tournament Fee Includes

Green Fee & Cart ♦ Driving Range ♦ Tee Gifts  
Dinner & Awards Program

### Tournament Prizes

Team Awards  
Closest to the Pin  
Longest Drive

### Sponsorship Opportunities

Tee Signs \$50



### DIRECTIONS

Westminster Ave.



Harbor Blvd.

Fairview St.

1st Street

### SUPPORTING

Lions Eyeglass Programs

Seeing Eye Guide Dogs

GGUSD Student Eyeglass Program

Boys and Girls Club of Garden Grove

HOPE

Blind Children Learning Center



Make checks payable to: Garden Grove Lions Club ♦ P.O. Box 351 ♦ Garden Grove, CA 92842

Mail Registration or Register by Fax (714) 963-0364

Name: \_\_\_\_\_

Organization: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ Zip: \_\_\_\_\_

Daytime Phone: \_\_\_\_\_

Fax: \_\_\_\_\_

Email: \_\_\_\_\_

Additional Players \_\_\_\_\_ Phone # \_\_\_\_\_

Single Player .....	\$100	\$
Foursome .....	\$400	\$
Dinner & Auction (no golf) .....	\$ 35	\$
Tee Sign (Provide Business Card) .....	\$ 50	\$
Cannot attend, donation enclosed .....		\$
<b>Total Amount .....</b>		<b>\$</b>

For further information, please call: Co-Chairs - Chuck Lake (714) 963-8077 (Work) or (714) 292-8170 (Cell)  
Ric Lerma (714) 784-0733 (Work) or (714) 925-8923 (Cell)



By Larry Williams, Co-Chairman  
District 4L4 Friends in Sight Project

On January 12<sup>th</sup>, Seal Beach Lions helped at the CLFIS Sight Clinic in Blythe, California. Joining Lions from 4L4, 4L5 and 4L6, they provided eyeglasses to more than 300 needy people and did some graffiti clean-up while there.



This was a particularly appreciative group of people from the Blythe area. A gentleman named Carlos came to get glasses and showed his appreciation by staying all day to help interpret. A homeless man by the name of Hector came in to replace his 'homemade glasses'. He had a pair of readers taped inside a pair of glasses to make a prescription that somehow worked for him. He left the clinic with a new set of glasses that were a nearly perfect fit to his required prescription.



## Rancho Cucamonga Optometric Center and Cucamonga District Host Lion Club Announces 7<sup>th</sup> Annual Sip For Sight Gourmet Wine Tasting Dinner

Saturday, March 9, 2013 at 5:30pm

Antonino's Ristorante Italiano  
7945 Vineyard Ave., Ste. D-7, Rancho Cucamonga

### Proceeds Benefit

- California Lions Friends in Sight provides thousands of eye exams and glasses for those in need.
- G.A.P. Food Bank of RC providing food for 400+ families in need.
- Lions Camp at Teresita Pines for deaf and vision impaired.
- Rising Stars Equestrian Therapy helps developmentally challenged children grow emotionally and physically.
- Santa Claus, Inc. provides Christmas for 4,000+ needy families
- Scholarships for High School students of Rancho Cucamonga.



### Menu

- ♦ Reception: Spumanti
- ♦ Primo/First Course: Bruchetta alla Toscana: Marinated Cannellini Beans, Cherry Tomatoes, Garlic and Basil in Extra Virgin Oil /White Wine
- ♦ Secondo/Second Course: Spinach Ravioli in Pernod Cream Sauce / Red Wine
- ♦ Trio/Third Course: Sole Fish with Chardonnay Gorgonzola Sauce / White Wine
- ♦ Viande/Entrée: Chicken Rollentina in Truffle Infused Demi Glaze /Red Wine
- ♦ Dessert: Limoncello Raspberry Cake /Dessert Wine  
(Vegetarian Upon Request with RSVP)

Thank you for your support.

For more information contact: Alice-Faye Peugh at 909-989-2232 (Leave detailed msg)  
Email: lionalicefaye@yahoo.com

501 (c) (3) Non-Profit Corporation. # 95-6133221. www.cucamongadistricthostlions.org

Name/s \_\_\_\_\_ Phone \_\_\_\_\_

Mailing Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Email \_\_\_\_\_

Number of Tickets \_\_\_\_\_ x \$65 for Total of \$ \_\_\_\_\_

I would like the tickets;  Mailed  Delivered  On Will Call

Make checks payable to Cucamonga District Host Lions

Mail to: CDH Lions C/O AliceFaye Peugh 20965 Rancherias Rd, Apple Valley, CA 92307

To place your ticket orders with Credit Card go to our website...www.edhlions.org

Tickets are non refundable

# PlarnFest 2013: Pomona Host Makes Mats for the Homeless

By Barbara E. Smith, President, Pomona Host Lions

On January 15 and 16, the Pomona Host Lions Club, led by Project Chairmen Kris Georgeson and Chad Dominguez, held a two-night PlarnFest, where club members and community volunteers made sleeping mats for the homeless. They cut used plastic bags into strips, loop tied the strips together to create plastic yarn (plarn), and then crocheted the plarn into lightweight, water resistant, insulated, cushioned ground mats.



The project addresses two significant needs: too many plastic bags in our landfills and too many homeless people having to sleep on the cold, hard streets. By recycling used plastic, homeless people will have their sleeping hours a bit more comfortable.

The project started as an Eagle Scout project, but has taken on a new life as the Lions adopted the project, publicized it to the community and held PlarnFest 2013. After reading about the project in the local newspaper, 18 local residents turned out to help club members, and a number of others volunteered to work at home. The club is still receiving inquiries about making mats for the homeless almost every day.



The PlarnFest not only helped the homeless and the environment, it also was a blast of fun! Plarners laughed, talked, promoted Lions, joked, and ate as they

made the mats. To celebrate, the project chairmen took a flying leap into a large heap of bags, and Dr. Sugerman was wrapped in plarn. PDG Elizabeth Warren helped the first night, and district 2VDG Gil Smith found that if he became the expert in straightening and folding bags, he would not have to tie or crochet.



Because the PlarnFest was so much fun and did so much good and because there is such continuing interest from the community, the Pomona Host Lions have decided to hold a PlarnFest every month.

For information on how to sponsor a mats for the homeless project, email mats4homeless@yahoo.com or pomonahostlions@gmail.com.

THE HUNTINGTON BEACH HOST LIONS CLUB PRESENTS

# CRABFEST 2013

All You Can Eat Crab Feast

- CRAB
- BREAD
- SALAD
- CHOWDER
- NO-HOST BAR

TO BE HELD AT  
**Old World German Restaurant**  
7561 CENTER AVE. • HUNTINGTON BEACH  
Sunday, March 24, 2013  
Doors Open at 4:00 P.M.

**\$45.00** per person

TICKETS ARE PRESALE ONLY  
NONE SOLD AT THE DOOR.  
DEADLINE FOR PURCHASE  
IS MARCH 9, 2013.

For information: [www.hblionscrabfest.com](http://www.hblionscrabfest.com) or [www.hblions.org](http://www.hblions.org) or call (714) 846-2478

Silent Auction and Opportunity Drawings

LIVE MUSIC

Please reserve \_\_\_\_\_ tickets at \$45.00 each. Enclosed is my check for \$ \_\_\_\_\_  
 Visa / MC # \_\_\_\_\_ Expires \_\_\_\_\_  
 Name: \_\_\_\_\_  
 Address: \_\_\_\_\_ Telephone: \_\_\_\_\_  
 For Group Seating: Name of Seating Party \_\_\_\_\_  
 Make check payable to **Huntington Beach Host Lions Club**  
 Mail check and this reservation form to: Huntington Beach Host Lions Club  
 Attn: Carol Linehan  
 4729 Rey Dr., Huntington Beach, CA 92649  
 Tickets will be mailed one to two weeks prior to the event.

## LIONS TRIBUTE DAY

SUNDAY, APRIL 7th.  
9:00 am - 2:00 pm.

CITY OF HOPE  
PLATT CONFERENCE CENTER  
1500 E. DUARTE ROAD, DUARTE, 91010.

This is also City of Hope's Centennial year, and we hope that ALL our Lions friends will join us to celebrate our very special partnership as well as all the wonderful achievements, and the very promising future, that have been made possible with Lions' support!.

All questions or requests for more information may be directed to Nancy Lewis, or Michelle Vigue, at 213.241.7134 or 800.235.0579 or [nlewis@coh.org](mailto:nlewis@coh.org) or [mvigie@coh.org](mailto:mvigie@coh.org)

# DISTRICT 4-L4 CALENDAR

## 2013

February 23	Club Student Speakers Contest completion deadline
February 6-7	MD-4 Council of Governors Meeting, Sacramento
February 8-10	MD-4 Convention, Sacramento
February 17	Teen Recognition Awards Reception
February 22	Golden Springs Leo Charter Celebration
March 1-May 8	Cucamonga District Host Annual Toy Drive for Santa Clause Inc;
March 2	Pomona Host Lions Bowl-A-Thon
March 2	Ontario Upland Bunco
March 9	Cucamonga District Host Sip for Sight Wine Tasting Dinner
March 11	Foothill Region Meeting
March 12	Orange Region Meeting
March 13	Saddleback Region Meeting
March 16	Zone Student Speakers Contest completion deadline
March 16	Orange Lions Spaghetti Dinner & Bingo\
March 24	Huntington Beach Host Lions Crab Fest
March 24	Garden Grove Lions Club Pancake Breakfast
April 6	IID Candidate Larry Dicus Fundraiser – Casino Night
April 6	Pre-Cabinet Meeting
April 6	Region Student Speakers Contest completion deadline
April 7	Ronald McDonald House Walk for Kids, Honda Center
April 7	City of Hope Lions Tribute Day
April 13	Orphanages of Thailand Fundraiser
April 19	Garden Grove Lions Charity Golf Tournament
April 22	Orange Lions Golf Tournament
April 24	Tustin Host Lions Golf Classic
April 27	Cabinet Meeting, Saddleback & District Student Speakers Contest
May 11	Area 4 Student Speakers Contest, Brea
May 30-June 2	MD-4 Council of Governors Meeting, Torrance
June 1	MD-4 Student Speakers Contest Finals
July 5-9	International Convention, Hamburg Germany
August 2-4	MD-4 Council of Governors Meeting, Pleasanton
September 19-21	USA/Canada Forum, Overland Park KS

## **ATTENTION**

**CLUB PRESIDENTS, CLUB SECRETARIES, CLUB EVENT CHAIRMEN**

**DO YOU SEE YOUR UPCOMING EVENTS ON OUR DISTRICT CALENDAR?  
IF NOT, PLEASE SEND DATES AND FLYERS TO YOUR EDITOR.**

**HAVE YOU HAD A FUN SOCIAL EVENT, A SUCCESSFUL FUNDRAISING EVENT,  
OR PARTICIPATED IN A GREAT SERVICE PROJECT? SEND PICTURES AND A REPORT TO YOUR EDITOR.**

**SHOW YOUR CLUB OFF THROUGH THE DISTRICT 4-L4 FORUM**

**EDITOR PDG ELLEN LIEBHERR  
616 17TH STREET, HUNTINGTON BEACH CA 92648  
(714) 458-3077 EMAIL: meliebherr@verizon.net**