



4-L4 FORUM

**THE OFFICIAL PUBLICATION OF
CALIFORNIA LIONS
DISTRICT 4-L4**

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Lions, Leos, and Friends,

2013 is now history and we begin the second half of our Lion's year. This is a good time to take stock of where we have been and what we have accomplished as Lions. If you took some time to give it serious consideration, you might just be surprised. Perhaps you will discover that you have done much more than you realized. Perhaps you will discover that you have fallen short. Or you might just find yourself asking *why?*

I had the privilege of spending time with our International President Barry Palmer while he was here for the Tournament of Roses Parade. He is quite the rabble rouser ... maybe that is why he so inspires me. He shared numerous stories of how Lions have touched the lives of people in need. Children getting needed surgeries, microfinance projects to help women & children out of poverty, sending blind children to school, and on and on. He stressed the importance of growing our association. Not to increase our numbers, but rather to have more hands to do more work. (*Hmmm, have you hear that somewhere before? Another reason I have connection with the man*)

International President Palmer also shared these stories about what Lions are doing all around the world as a source of encouragement for those times when we, as members of a Lions club, experience feelings of discouragement about "egos you might encounter". (*I can't be the only one who can relate*) The strength of Lions is in what we can accomplish collectively. In the words of Helen Keller, "Alone we can do so little, together we can so much." Remember that.

During our last time together, he told us to look in the mirror and ask a question. So as I reflect on 2013 and look forward to 2014, I asked myself the question. My answer was, "I want to make the world a better place, and I can't do it alone." What was the question? I think you know what it was ... *why are you a Lion?*

Until next time, follow your dream and make the world a better place.

Sheila

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District 4-L4



"We Serve"
to

"Make the World a Better Place"

Third District 4-L4 Cabinet Meeting

SATURDAY, JANUARY 25, 2014

"Recognition of PDGs and Presidents"

Westridge Golf Course and Country Club

1400 S. La Habra Hills Drive
La Habra, CA 90631

Cost: \$25 Per Person

Registration Starts 8:00 AM / Meeting 9:00 AM

-Clubs are asked to bring a raffle prize with a value of at least \$20.00-

Please send your reservation by January 17, 2014

(Note: Cost after the deadline or at the door with no reservation
will increase to \$27 per person)

Club name: _____

Number attending: _____ Amount enclosed: _____

Make checks payable to: District 4L4

Please send the names of those attending on the back of this form

Send completed payments to:

Cabinet Secretary Joan Parks, 153 Quiet Bay Lane, Costa Mesa, CA 92627

joanrparks@hotmail.com

CONGRATULATIONS

The Tustin Host Lions Club's peace poster entry created by 13 year old Megan Hall of Hewes Middle School, Grade 8 was selected as the Multiple District winner. Her poster will be submitted to International for consideration in the final world contest.



"Our future will be bright if we work together."



1ST Vice District Governor Gil Smith

The Home Stretch - Here's to a happy and successful new year. Six months are gone and six months remain in this Lion's year. Is the glass half full or half empty? It often is a matter of perspective. If a club has enthusiastic leadership that is willing to seize the opportunities that are available, they will grow and provide more service to our communities.

Now is the time to take stock of where we are in this Lions year: What goals did your club set at the beginning of the year? What is the status of these goals and what remains to be done? Are there any goals that need to be modified? How can you meet these goals in the remaining six months of the year?

Honest answers to these questions, appropriate action in response to your answers and an energized positive approach will put you on the path to success.

It's also a sweet time of the year. To make your new year sweeter, I have three See's one-pound gift certificates waiting to be claimed. All you have to do receive a gift certificate is be one of the first three Lions from different clubs who email me requesting a certificate. Cabinet members, Lions who receive advanced copies of the Forum and prior winners (including family members) are not eligible.

VSP Certificates – I still have a number of VSP certificates for children and adults who qualify. If you have someone that needs an eye examination and eyeglasses but cannot afford it, we may be able to help **IF** they can meet **all** of the following criteria:
 Patient's family income is at or under 200% of poverty level.
 Patient doesn't have routine exam or materials coverage through Medicaid or other vision insurance.
 Patient (or parent if patient is a child) is a U.S. citizen or documented resident with a SSN.
 Patient has not used this program during the past 12 months.
 Lost, stolen or broken glasses won't be covered or replaced.
 For a child's certificate, patient must be 18 years old or younger and hasn't graduated from high school.

Let's have a great 2014!



2ND Vice District Governor Ken Myers

In this forum we will continue on our talk about Leadership. But first I would like to tell you how it feels being on the other side of "We Serve".

My whole adult life I have been in the field of service to others. From my days in the Navy as a Hospital Corpsman until, I retired as a firefighter/Paramedic. 5 weeks ago I injured my left shoulder and had surgery to repair the damage. I found myself needing help to get dressed, get up from a seated position, taking care of my hygiene, making meals and also found myself unable to drive. It was hard for me to ask for help. I felt like a wimp when I said Denise I need your help. All it took was support from Denise and a phone call from Jon Casteel stating I'll be over to you pick up for a float meeting and Ken Bell said can I give you a ride anywhere. And all the others Lions in the district that offered help and support to make me realize that service comes from within the hearts of our friends and family. The next time I help someone I will put myself in their place and try to feel what they are feeling. I am proud to be a Lion.

As we continue our talks about the course titled "How to be a leading lion" We reviewed in the last 4 forums several characteristics that are necessary for a leader to be successful and inspiring. Here are a few other characteristics.

A leader must be **Ethical**. An ethical leader inspires trust. They make decisions based on the good and welfare of the organization not a personal agenda. Members have confidence in this type of leader, knowing that the good of all members is being represented. Along with ethical a leader need to have **Integrity**. For people need to believe in their leaders. One also needs to be **Caring** and genuine in your feeling for the people that you lead. If the members know that you sincerely care about them and appreciate the time they put in to be a Lion, then they will respect you and follow you. You must also be **Open Minded** and be receptive to all ideas that you will receive. But you must also be **Decisive**. One needs to make a decision and stick to that decision. The key is to explain your decision to the other members and help them understand that the good of the organization has to take precedence over the concerns of the individual. Being decisive is **Courageous**. This is a characteristic that is greatly needed. It takes courage to make a decision that is unpopular but is needed for the survival and growth of the organization. **Commitment**, having the ability to commit to a course of action and convince others that the chosen course of action is correct for the organization. Having and demonstrating the power of your convictions. Empowering others to take up the flag and make the action a reality. Finally, a good leader needs to be a **visionary**. A leader must be capable of envisioning the way the organization should be. How do we increase our level of service? How do we keep our members satisfied? What can I do to help my members to see where we are going and help them get there?

Remember that the best leaders are listeners, and are able to think outside of yourself and accomplish our goals with Fun, Fellowship and Fulfillment.



CABINET SECRETARY

JOAN PARKS

Well, it is January 2014, when all things start anew. Well, except for our Lions year, which is half way through.

I hope everyone a joyous New Year and best possible 2014.

As always, but especially though the holiday season, our secretaries have been doing a fantastic job of reporting for their clubs. Continue the good work and we will be off to convention and our Lions year end before we know it.

Our third District Meeting will be this month, on the 25th at the Westridge Golf Course and Country Club. Region Chairman, Roy Ramsland has done a great job of setting up the meeting at this lovely facility. It will be another breakfast meeting and we will have to be out of there by noon, as they have a rather large wedding reception after our meeting. Everyone has been doing a great job of getting reservations in ASAP and I ask that you be kind enough to get to do the same for this meeting, as it really helps with our process with the Country Club. The governor will be giving appreciation to the PDGs and the Presidents of each club. Watch for the flyer elsewhere in the Forum and also each president and secretary will receive the flyer by email. PLEASE, take note of the deadline, so you won't be charged extra for being late.

"WE SERVE" TO "MAKE THE WORLD A BETTER PLACE"



YES, OUR FLOAT, "BUILING MATEO'S DREAM" DID MAKE IT DOWN PASADENA BOULEVARD. BEING ALMOST LAST IN THE LINEUP CUT DOWN ON OUR AIR TIME BUT IT WAS NONE THE LESS BEAUTIFUL, WINNING THE TOURNAMENT SPECIAL AWARD FOR EXCEPTION MERIT IN MULTIPLE CLASSIFICATIONS.

Pomona Host Lions Club presents our annual

BOWL-A-THON

Saturday, February 22, 2014

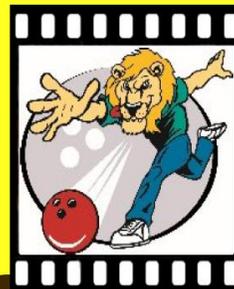
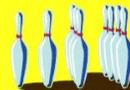
at Oak Tree Lanes in Diamond Bar @ 4:30pm.

All funds raised go to support Lions Club charities, such as:

Eyeglasses for needy Pomona school children, Eye Exams for Pomona school children, weekly bus trips to the Los Angeles Braille Institute to serve the blind and mini grants for Pomona teachers, just to name a few. **We need your help!! Join us!!**

100% goes to charity with no administrative cost.

Oak Tree Lanes
990 N. Diamond Bar Blvd.
Diamond Bar (909) 860-3558



Want to have a team? Want to be a sponsor? We need your help! For further information or to get involved, please contact: KRIS GEORGESEN at (909) 469-5236 or at krisgeorgeson@yahoo.com. Join us in making a difference in our community.



Orange Lions Club

Annual Charity Spaghetti Dinner & Bingo

Each meal ticket enters you in a chance to win the door prize



We will have a Silent AND Live Auction
Hotel stays, event tickets and more

Saturday, March 22, 2014

Garden Grove Lions Den
9860 Larson Avenue
Garden Grove, CA 92842

Dinner from 5:30 to 7:00pm

Adults: \$15.00

Children: \$8.00 (10 & under)

Bingo from 7:15 to 9:00pm

10 Game 4-game Pack: \$12.00



For Tickets or Information Contact:

Judy Schnitzer @ 714-838-4201 (jschnitzer@cox.net) or

Brenda Donahue @ 714-673-6391 (huedon@yahoo.com)



Join the fun with Good people &
Good food for a Great cause!





Fantastic Foothill Region

By Foothill Region Chair
Barbara Smith

The end of the old year and the beginning of the new one presents a wonderful opportunity for our Lions clubs. Halfway through the year, we can review what we have accomplished and refine or develop what we still want to achieve. If you are like many of us, January begins with the sudden realization that so many goals have not yet been reached.

January gives us the chance to renew our energy and commitment as Lions. We can review where our club is for the year and plan what changes we want to make in our club Plan of Action in order to reach our dreams by the end of June.

One effective approach to move your club forward is participating in all or part of the Club Excellence Process (CEP). If you haven't completed your Community Needs Assessment, surveyed your club with "How Are Your Ratings" or finished your goals and steps to achieve the goals, now is the time to take a deep breath and start taking action.

Three of the clubs in our region have signed up for CEP, and now that the holidays are over, it's a good time to start finishing your remaining parts. I will be calling you soon to see where you are and what we can do next.

It has been gratifying to hear about all the wonderful things your members have been doing during December. I think holiday time activities are particularly meaningful as we reach out to help others with our service projects and as we bond more deeply with our fellow Lions during both our projects and social activities.

Last, before I share the summary of December activities through the region, I want to thank the many clubs and individuals who sent me cards, telephoned and remembered me in their prayers during my knee replacement surgery and recovery. It has meant a lot to me. While I am still dealing with pain and some complications, I am making tremendous progress.

As we energetically begin the second half of our Lions year, I wish you and your club the very best!

DECEMBER ACTIVITIES THROUGHOUT THE FOOTHILL REGION

CHINO VALLEY LIONS

Submitted by Secretary Drew Sasser

We had the club Christmas party, donated \$1000 to Isayah's Rock, and are planning a couple of new fundraisers. Four members also attended Walnut--Diamond Bar's Christmas party at the American Legion Hall in Newport for a great dinner and boat parade and of course Lions fun. Our Leos wrapped presents for free as a service project at Walmart on two different days and decorated the Rose Float on the 26th. We also received \$5500 in donations from people in the city to help with our stolen trailer.

CUCAMONGA DISTRICT HOST LIONS

Submitted by President Andy Megaw

December brought many thoughts and prayers for members. At the Cucamonga District Host Lions Christmas Party this year, we celebrated the season and came together in prayer for Lion Jerry Vine. He had been suffering stage 4 pancreatic cancer and we lost him on December 21. Services will be announced soon. Lion Norm and other club members have been hard at work on the Lions Float in Pasadena. The volunteers are working hard to cover "Mateo's Dream."

DIAMOND BAR BREAKFAST LIONS

Submitted by Secretary Karen Eubanks

Lions Jay and Rena hosted our Christmas party at their home. We had a gift exchange and white elephant exchange. It was a fun evening. We also have been decorating the Rose Parade Float and are working on the Winter SnowFest in January. Lion Wanda was selected by the *San Gabriel Valley Tribune* as their first "Everyday Hero." They will select twelve in total. The Lions and Leos donated toys for the "Spark of Love" for the firefighters at Fire Station 120. We recycled 35 pairs of eyeglasses. The Leos also had the following activities in December: Food Fair fundraiser at Diamond Bar High School, Holiday Tree decorating at the library, float decorating on three days, Winter Social at the Holiday Inn, District Leo Ice Skate Social, and Pictures with Santa at the library.

Ontario-Upland Lions - Submitted by Acting President Elizabeth Warren

We made 17 mini Christmas trees and delivered them to Plott Nursing Home in Ontario. 8 shoeboxes were filled and donated to the Samaritans Purse project for needy children throughout the world. We collected toys at our Christmas dinner, and they were donated to the Spark of Love project.

POMONA HOST LIONS

Submitted by Secretary Beverly Sugerman

During the month of December, Pomona Host Lions were in holiday mode. At the first meeting of the month, we held our monthly non-perishable food drive for the benefit of the Inland Valley Hope Partners Beta Center, a food bank in Pomona. We also held a toy drive for the benefit of the Pomona Police Department's Santa Cop Project. In mid-December, Pomona Host Lion and 1st VDG Gil Smith played Santa at the Pomona Concert Band's Winter Concert, at which he gave out candy canes to the children. The club also collected food and toys for the above-mentioned projects. Santa Gil also visited all the elementary classes at Golden Springs School. Our second meeting of December was our annual holiday party, which was very well attended. Entertainment was provided by the Grace Notes. Also during December we continued our annual Sight for Success Campaign, which raises funds to pay for eyeglasses for needy children in the Pomona Unified School District. In addition, we participated in Holiday at the Plaza at the downtown Pomona Civic Center, part of its annual holiday celebration that also includes a parade. Pomona Host Lions had a table at the Civic Center and gave out information about the club and our projects while taking shelter from the rain under a pop-up canopy.

MAKING A WISH COMES TRUE

SADDLEBACK REGION REPORT (CONTINUED).....

UPLAND HOST LIONS

Submitted by Secretary Keith Krumwiede

The Upland Host Lions and its branch club Atria Del Rey have been very active during December. The Upland Host Lions held a Progressive Christmas Dinner, packed 60 hygiene bags for Mercy House to distribute to the homeless, collected toys for the Foothill Family Shelter, and worked sixteen man-hours as bell ringers for the Salvation Army. They also helped decorate the Rose Parade Float and helped man various functions at the annual Upland Christmas Parade. The club donated fifteen new pairs of eyeglasses to Upland school children, \$350 to Life Point Church for turkey donation baskets and \$250 for the Upland Parade. The Atria Del Rey branch helped decorate 15 small Christmas trees, which were given to the La Mesa Convalescent Home. Atria's Bunco night will be on January 18th.

WALNUT-DIAMOND BAR LIONS

Submitted by Secretary Karen Hormuth

During the month of December, the Walnut Diamond Bar Lions worked in conjunction with Barnes and Noble of Chino Hills, collecting and inventorying books donated to the club. Over 450 books were delivered to the House of Ruth in Pomona and LeRoy Hanes Center in La Verne. The club also was working in conjunction with the local food bank collection and distributing food to the needy.

WESTERNU LIONS

Submitted by President Edwin Endo

Our next events of emphasis are a February 22 health fair at Fremont Academy (before the Pomona Host Bowl-a-thon), then participation in the annual learning expo in May.

Sometime in late 2012 the Seal Beach Lions learned of a 90 year old visually impaired woman who had never ridden in a parade. They helped make Dottie Seatter's wish come true by finding her a seat on a vintage fire truck making her ride in the parade one of the most memorable events in her life.

This year they heard the story of a special needs 5th grader at McGaugh School who wanted so bad to be in the Christmas Parade but was unable to win the ride in the annual carnival drawing. For years he has been a loyal onlooker waving to his sister as she marched proudly down Main St with the girl scouts. He has been a wonderful brother supporting his sister most every weekend on her soccer outings. He never waivers from what is expected of him, he is a trooper. He loves school and loves his sports camp after school.



He was the recipient of this year's outstanding athlete in his class. He is one special boy who has had wonderful teachers and mentors guiding him through his elementary school life. He is blessed by the most caring parents who give him love and teach him independence every day of his life. He is surrounded by love and he returns that in his special way to all of us. If there was anyone more deserving for a special day in the limelight it was Ian Margetis. Ian will be joining the Seal Beach Leo Club this year, so when you see him at Lions/Leo events remember to say hi to this incredible boy who will melt your heart and you will be amazed at his giving spirit.



PAST DISTRICT GOVERNORS ELIZABETH, PJ, BARBARA, KEN JUDY, JON AND NORM SHARE SOME HOLIDAY TIME WITH GOVERNOR SHEILA.



GARDEN GROVE LIONS GIVE TO CHARITIES AND COMMUNITY SERVICE ORGANIZATIONS

The Garden Grove Host Lions Club recently conducted its annual "Giving Luncheon" at its regular Club meeting on December 11. The Club annually donates funds to local charities and service organizations as part of its primary mission of providing service to the local community. At the Luncheon presided over by Club President, Randy Bryan, representatives of eight charities and service organizations were presented checks totaling \$9,000 by the Club's Immediate Past President, Ric Lerma.



THE 2013 RECIPIENTS ALONG WITH PRESENTER RIC LERMA

- Organizations that received the funds included:
- Garden Grove Neighborhood Association - A non-profit, non-partisan public service organization dedicated to neighborhood improvement to the benefit of all residents and businesses in Garden Grove.
- Sister Bridget O'Shea – Sister "Brid's" charity provides donations of food and other needs for the poor in Garden Grove.
- Guide Dogs of the Desert International, Inc. – A non-profit corporation that breeds, raises, and trains guide dogs for the blind. Over 1,000 guide dog teams (client/dog) have graduated from the organization's training program in the past 40 years.
- HOPE – A Garden Grove charitable organization that provides a myriad of support services to abandoned or abused women and children from disadvantaged families.
- Lions Camp at Teresita Pines – A non-profit organization that maintains and operates a camp near Wrightwood that provides group camping emphasizing the needs of the blind and disabled.
- Garden Grove Police Explorers – Sponsored by the Garden Grove Police Department, the Garden Grove Police Explorer Post provides an opportunity for young men and women to experience firsthand how a police department functions and what it takes to get started with a challenging career in law enforcement.
- Garden Grove Boys & Girls Club – The local Boys & Girls Club offers facilities and activities for young boys and girls to enable young people, especially those who need it most, to reach their full potential as productive, caring, responsible citizens.
- Kiwanisland – A private park available for use by the local community at which children may picnic and camp for free, operated and maintained by the Kiwanis Club of Garden Grove.

In making the presentations, Lerma commented, "As you know, one of the best things about belonging to a service club like the Garden Grove Host Lions Club is paying it forward! That is giving away the funds our club worked so hard on raising throughout the year to those who are so deserving. I'm in awe of the tremendous good these persons & organizations do for our city and for the Blind. For our Lions to play a part in the whole plan is an honor and exemplifies the Lion's Motto, 'WE SERVE'"



LIONS RIC LERMA AND RANDY BRYAN RECEIVING THANKS FROM ED BORDENKIRKER REPRESENTING LIONS CAMP AT TERESITA PINES.

The Garden Grove Host Lions Club is the oldest Community Services Organization in Garden Grove. A member of Lions Clubs International, the Garden Grove Club has served the Garden Grove community for over 92 years since its founding in 1922. The Club raises funds each year by activities that include selling hot dogs and chili at the Strawberry Festival, hosting a charity golf tournament, and holding its annual Pancake Breakfast on Palm Sunday. Monies collected are donated to deserving charities and service organizations every December as well as throughout the year for such needs as the City of Hope and disaster relief such as for the recent Philippines hurricane disaster. The Club also sponsors a Leo Club for students at Bolsa Grande High School, through which the students participate in community service, and an annual Student Speaker Contest from which Lions Clubs of California offers college scholarships to participants.

SAVE THE DATE! APRIL 23, 2014



TUSTIN LIONS PRESENT...

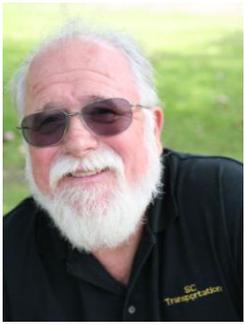
**THE VIC GORHAM MEMORIAL
GOLF TOURNAMENT**

When: April 23, 2014

SPONSORSHIPS AVAILABLE!!

LAKER GIRLS!!

8AM SHOTGUN START!!



SADDLEBACK REGION REPORT

CHAIRMAN STEVE CHRISTY

First I want to apologize for not preparing my article for the Forum the last couple of month. Time is flying by. Fall is gone and Winter is here. Saddle Back Region is busy as always. I hope everyone had a good safe Holiday Season

The Tustin Host Lions have a winner. Their peace poster contestant is going to the finals. As usual, Tustin is a busy bunch following their Tiller Days.

Harbor Mesa Lions had great Casino Night and they have recently been to Ronald MacDonald House. The Huntington Beach Host Lions Leo club from Fountain Valley assisted them at this awesome experience. They also wrapped and delivered presents for families from the Boys and Girls Club. Their annual Xmas party Hosted by John and Gina Stansbury was Awsome as always. Some of the girls were seen in Pasadena decorating the Lions Float Mateo's Dream. Another great year for the Harbor Mesa lions.

The Huntington Beach Lions have recently celebrated there 75 years of giving back. They had a great party and lots of great history and lots to celebrate. The Huntington Beach lions cooked pancakes with Santa Clause at Murdy Park working with Huntington Beach community services . The Huntington Beach Lions also helped the Seal Beach Lions by donating and cooking as well as carving turkey's for American Family Housing for Thanksgiving. The Huntington Beach Lions are a busy bunch. The newly formed Fountain Valley High School Leo's sponsored by the Huntington Beach Lions assisted with the pancake breakfast and also helped decorate the float thanks to John Doogan and Scott Quinlan. Good job Leo's.

The Governor made many great visitation throughout the Saddleback Region asking clubs how can we help the clubs. We have not heard much from the clubs. I don't have much to write about if the clubs don't let me know what's going on. We do so much more than we report please send me reports and or club updates so I can share all the good things we all do.

The last District meeting in Saddleback Region at David L Baker in November was a great success. We tried a new format serving breakfast followed by the meeting. We were done by noon. Thanks to all who helped move things along.

Saddleback Clubs let's work hard this year and have the best year ever. Please do keep me updated on what your clubs are doing. Hopefully all of the clubs in the Saddleback region are getting ready for the Student Speaker contest. If you or your club need any help or information let me know.

Happy New Year to All

2013-2014

77th ANNUAL

STUDENT SPEAKERS CONTEST

Topic **"Community Service - What Does It Mean and Why Does It Matter?"**

For the 77th consecutive year, the Lions Clubs of California will hold speech contests in local communities beginning in February 2014.
Over \$103,500.00 will be paid out in scholarships to the winning students.
Participating students must write their own speech on the subject given.

Sponsored by



15 District winners receive a total scholarship of \$4,500 each
4 Area winners receive a total scholarship of \$11,000 each
1 Final winner receives a total scholarship of \$21,000
Additional cash awarded to region, zone and club winners.
For more information contact the
Lions Club.

Telephone: _____

Club contest will be held on _____

Additional information at MD4lions.org
studentspeaker.md4lions.org

Student Speakers Contest posters available at www.md4lions.org. Click on **Student Speakers**

- Club Level.....on or before February 23, 2014**
- Zone Level.....on or before March 16, 2014**
- Region Level.....on or before April 6, 2014**
- District Level.....on or before May 4, 2014**
- Area Contest.....on or before June 1, 2014**
- MD-4 Final.....June 7, 2014 in Pasadena, CA**



The Huntington Beach Host Lions Club bowls for a cause at the OC Special Olympics 2nd Annual Turkey Bowl held at the Fountain Valley Bowling Center. Heard there was more beer than strikes!



INTERNATIONAL PRESIDENT BARRY PALMER MAKES VISIT TO SEAL BEACH

The Seal Beach Lions Club was honored by an unprecedented visit by an International President on December 29. IP Barry Palmer and an entourage of three sitting International Directors, 4 Past International Directors, MD-4 District Governors and guests visited an on-going sight project where they saw Lions and Leos sorting, cleaning and reading prescriptions of donated eyeglasses. Over 6000 eyeglasses were donated to California Lions Friends In Sight and Lions In Sights from this day's project.

Following this visit to the Lions project, about 150 Lions, Leos and guests greeted the President at a luncheon where Lion Scott Newton reviewed the Seal Beach Lions impressive Leo program and their Leo to Lion Program that has brought in 30 young Lions to the Seal Beach Club.



President Palmer with Leo President's



PRESIDENT PALMER INDUCTS 28 NEW SEAL BEACH LIONS



INTERNATIONAL DIRECTOR LARRY DICUS, SEAL BEACH PRESIDENT LINDSAY SAFE & INTERNATIONAL PRESIDENT BARRY PALMER



MRS. PALMER CHECKS OUT THE EYEGLASS SORTING PROGRAM WITH LION JOHN DOOGAN & THE BRAILLE LEOS

President Palmer captivated the audience with his views on Lionism. He puts much faith in our youth and encouraged Lions to focus on getting young people involved in community service and our Leo program. He honored former Seal Beach Leo, now Lion Evan Jenkins with the International Leo of the Year Award and recognized Presidents from the Seal Beach, Village Bible Academy and Braille Institute Leos Clubs with his banner and pin. He also honored Lion Scott with his President's International Leadership Medal.

He also inducted 28 new Lions into the Seal Beach Lions Club, a special honor for these new Lions. He mentioned that this was a record for any of his U.S. visits. Only India has us beat.

President Palmer and his guy-next-door demeanor, delightful Australian accent, sense of humor and to the point stories on how we help our fellow man through Lionism kept the room fascinated. This was truly an event that the Seal Beach Lions will remember for years to come.



PRESIDENT PALMER PRESENTS LION EVAN JENKINS WITH THE 2012-2013 INTERNATIONAL LEO AWARD



HEARING & SPEECH ACTION NEWS

HERE ARE SOME "TIPS" FOR PEOPLE ON BOTH SIDES OF THE HEARING LOSS FENCE.

Chairman Keith Campbell

TIPS FOR HEARING PEOPLE ON COMMUNICATING WITH HARD OF HEARING PEOPLE

RULE: When audio is poor, emphasize the visual. Practice special speaking skills.

SET YOUR STAGE

- Face audience directly.
- Spotlight your face (no backlighting).
- Avoid noisy backgrounds.
- Get attention first.
- Ask how you can facilitate communication.

PROJECT YOUR COMMUNICATION

- Don't shout.
- Speak clearly, at moderate pace.
- Don't hide your mouth, chew food, gum, or smoke while talking.
- Re-phrase if you are not understood.
- Use facial expressions, gestures.
- Give clues when changing subject.

ESTABLISH EMPATHY WITH AUDIENCE

- Be patient if response seems slow.
- Stay positive and relaxed.
- Talk to a hard of hearing person, not about him/her.
- Offer respect to help build confidence.

MAKE HEARING LOSS AN ISSUE OF NATIONAL CONCERN

TIPS FOR HARD OF HEARING PEOPLE ON COMMUNICATING WITH HEARING PEOPLE

RULE: Communication is a two-way street. Hard of hearing people must make as much effort as hearing people.

SET YOUR STAGE

- Tell others how best to talk to you.
- Pick your best spot (light, quiet, proximity).
- Anticipate difficult situations, plan how to minimize them.

PROJECT YOUR COMMUNICATION

- Pay attention.
- Concentrate on speaker.
- Look for visual cues.
- Ask for written cues if needed.
- Don't interrupt. Let conversation flow awhile to gain more meaning.

ESTABLISH EMPATHY WITH AUDIENCE

- React. Let speaker know how well he is doing.
- Don't bluff. Admit it when you don't understand, to prevent trouble.
- If too tired to concentrate, ask for discussion later.

Courtesy of:

SELF HELP FOR HARD OF HEARING PEOPLE, INC.

7910 Woodmont Avenue, Suite 1200, Bethesda, Maryland 20814
(301) 657-2248 Voice (301) 657-2249 IT (301) 913-9413 FAX



The Pajama Party



La Habra Host Lions recently held a car show, and had the wonderful idea of combining it with a request for attendees to bring pajamas for our Pajama Party. As a result, they collected 409 pjs, 613 pairs of socks, 159 pieces of underwear, and 4 jackets. This means that hundreds of children in the La Habra area are going to have some new pieces of clothing. Thank you La Habra Host Lions!

PDG Elizabeth
The Pajama Queen



LIONS CLUBS INTERNATIONAL 95th ANNUAL MD-4 CONVENTION

DOUBLETREE by Hilton • Ontario, CA • February 14-16, 2014

Use one form for EACH Registrant • Please PRINT or TYPE • No Telephone Registrations Accepted

CLUB NAME _____ DISTRICT _____

CURRENT OFFICE IN CLUB / DISTRICT / INTERNATIONAL _____

NAME _____ NAME ON BADGE _____

ADDRESS _____

PHONE (Home) _____ (Cell) _____ EMAIL _____

1 – Choose Your Package

Special Package Pricing

Full Registration, Friday Leadership Luncheon, Friday Dinner, Saturday International Dignitary Luncheon, Saturday Banquet, Sunday Breakfast plus all Entertainment, and one Convention Pin.

Postmarked
Before 12/31/13

Postmarked
After 12/31/13

\$ 250.00

\$ 320.00

Al a Carte

Registration (required for ALL attendees, included in special package)	\$ 65.00	<input type="checkbox"/>	\$ 75.00	<input type="checkbox"/>
Convention Pin	\$ 5.00	<input type="checkbox"/>	\$ 5.00	<input type="checkbox"/>
Friday Leadership Luncheon	\$ 31.00	<input type="checkbox"/>	\$ 50.00	<input type="checkbox"/>
Friday Dinner	\$ 45.00	<input type="checkbox"/>	\$ 55.00	<input type="checkbox"/>
Saturday International Dignitary Luncheon	\$ 40.00	<input type="checkbox"/>	\$ 50.00	<input type="checkbox"/>
Saturday Banquet	\$ 45.00	<input type="checkbox"/>	\$ 55.00	<input type="checkbox"/>
Sunday Breakfast with Special Speaker	\$ 28.00	<input type="checkbox"/>	\$ 38.00	<input type="checkbox"/>

TOTAL ENCLOSED _____

2 – Choose Your Meals

Friday Luncheon	Flat Iron Steak Salad	<input type="checkbox"/>	Grilled Vegetable Salad	<input type="checkbox"/>
Friday Dinner	Citrus Chicken	<input type="checkbox"/>	Mushroom Ravioli	<input type="checkbox"/>
Saturday International Dignitary Luncheon	Tagliatelle Pasta with Chicken	<input type="checkbox"/>	Tagliatelle Pasta	<input type="checkbox"/>
Saturday Governors' Banquet	Flat Iron Steak	<input type="checkbox"/>	Cajun Salmon	<input type="checkbox"/>
			Eggplant Rolotini	<input type="checkbox"/>

Special Dietary Needs Request _____

3 – Choose Your Payment

By CHECK – Make check payable to **MD-4 Convention 2014**

By Credit Card We accept VISA, MASTERCARD, and DISCOVER

Card Number

Expiration Month _____ Year _____ Security Code on Back _____

Authorized Signature _____

4 – Mail Registration Form and Check (if enclosed) to:

Ruthanne Christianson (909) 754-0004

22421 Barton Road #403

Grand Terrace, CA 92313

Registration Refund Deadline: Friday Jan. 10, 2014

lions2014md4@gmail.com

5 – Make Hotel Reservations

DoubleTree by Hilton Hotel

Ontario Airport

222 N Vineyard Ave

Ontario, CA 91764-4431

(909) 937-0900 • Group Code: LNS

www.OntarioAirport.DoubleTree.com

Reservation Deadline: Friday Jan. 10, 2014



**Registrations are NOT Confirmed Until Payment Has Been Cleared by the Bank
Any Payment Not Honored Will Be Charged \$25.00**

**DECLARATION OF OFFICIAL DELEGATES
DISTRICT 4-L4 CONVENTION**

Each club in the district in good standing shall have one (1) voting delegate and one (1) alternate delegate for each ten (10) members of said club or major fraction hereof as shown by the records of the International Office by the first of the month preceding the convention. Delinquent dues may be paid and good standing acquired at any point to the close of the credential certification, as such closing time established by the rules of the respective convention. Each Past District Governor who is a member of a club in good standing in District 4-L4 shall have one (1) vote independent of the club delegate quotas above specified by Article VI, Section 2, of the Constitution and Bylaws of Lions Club District 4-L4, Lions Clubs International (as amended May 19, 2012).

Official Delegate	Credentials use only	Official Alternate	Credentials use only
1.			
2.			
3.			
4.			
5.			
6.			
7.			
8.			
9.			
10.			
11.			
12.			

Lions Club: _____ Signature: _____ Title: _____ Date: _____	PDG Dan Mayer Nominations, Credentials & Elections Committee Chairman 22762 Jubilo Place Lake Forest, CA 92630 liondmayer@cox.net H: 949-458-3710
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Foothill Region
 Lion Martha Hebert
 5035 Kingsley Street
 Montclair, CA 91763
 H: (909) 624-8670
 malhebert@verizon.net

Orange Region
 PDG P.J. Smith
 166 N. Starflower
 Brea, CA 92821
 H: (714) 966-2950
 eaglehills2@roadrunner.net

Saddleback Region
 PDG Barbara Hayward
 3085 Fernheath Lane
 Costa Mesa, CA 92626
 H (714) 545-6126
 blhayward@sbcglobal.net

**Please send original form to PDG Dan Mayer on or before May 1, 2014. Please keep a copy for your records.
 Call your respective region representative or the chair for any questions.**



6th Annual Ensenada Visitation Cruise
Carnival Inspiration



Join District Governor Sheila, Lions & friends
for the Ensenada Cruise.

March 14 - 17th, 2014

Sunday is a Cruise Day with Games

Saturday March 15th District 4-L4 will join the Ensenada Lions
At their Club House for Lunch. This is the 56th International
Visitation between District 4-L4 & the Ensenada Lions.
PDG Barbara Hayward is organizing the luncheon.

Princess categories are as follows: (this price includes taxes, port fee &
pre-paid tips)

- Category 6E \$471.12 P.P. Upper Deck Middle Porthole (3 cabins)
- Category 6D \$461.12 PP Main deck forward of Aft Porthole (4 cabins)
- Category 6C \$441.12 PP forward of aft Main or Riviera Deck Porthole (4 cabins)
- Category 4D \$406.12 PP Upper Deck Inside Middle (3 cabins)
- Category 4C \$395.12 PP Lower deck forward or aft inside (3 cabins)
- Category 4B \$391.12 PP lower deck. Inside forward of aft (3 Cabin)
- Call for pricing of Mini Suite no balconies on this ship

\$100 deposit per person is due now.

The remaining Inventory will be pulled on November 12th

You can still make reservations after that date at the prevailing rate.

Final payment is due January 3, 2014

Please call 714-846-2478 or email Lion Carol Linehan
CADL8029@yahoo.com for questions and reservations.

Vamonos a Ensenada!



The Lions of District 4L4 came out to support the YEP Fundraiser December 9 at Outback Steakhouse for our 1st fundraiser. I am happy to report that 64 Lions, Friends and Family **attended this outing and helped** the YEP towards its fundraising goals for the 2014 students.

We had Lions from Fullerton, Huntington Beach, Harbor Mesa, Orange, Brea, Tustin and Ontario Upland.

I want to thank everyone that supported this event and all those that continue to help the Youth Exchange. We are helping with world peace one student at a time by hosting these students in our homes.

Anyone interested in hosting a student in 2014 for 10 days please contact me.

Again thank you fellow lions for your wonderful support.

Diane R. Quinlan
4L4 District Chairperson
"We Serve"

Student Speaker Foundation November/December 2013

The Foundation would like to Thank Lion Carol Van Holt for a personal donation and Newport Beach Hawaiian Club for purchasing a Supporter Patch.

The following Clubs donated cell phones or ink cartridges or both during the two month period. Cucamonga District Host, Harbor Mesa, Huntington Beach Host, La Habra Host, Laguna Niguel and Seal Beach Host.

All these donations go toward our District 4 L4 annual goal of \$4,500 which pays for the Scholarships at the District, Area and Final Student Speaker Contests.

Please bring all your used cell phones and ink cartridges to the 3rd District Meeting January 25th.

District 4 L4 Trustee
Lion Carol Linehan

LA HABRA LIONS PAY IT BACK

The La Habra Host Lions Club just completed its annual giving event which funded over 20 La Habra programs with over \$70,000 generated primarily as a result of the Corn Festival. Thank you to you all for supporting Lions to support vital programs and services in our La Habra community. We could not do it without you!

We are sharing a thank you card from the La Habra boys and girls club. Thanks Again!





The La Habra Host Lions Club

proudly presents the

4th ANNUAL PASTA FEST

When: Saturday, February 8, 2014

Where: La Habra Community Center

101 W. La Habra Blvd. La Habra, CA 90631



Enjoy a traditional Italian pasta dinner cooked and prepared by

THE LA HABRA HOST LIONS and **THE SONS OF ITALY**

Dance to the music of **The Marie Alcantar Band**

Handwritten signature \$20 per person

No Host Bar 6:30 p.m. Dinner Served at 7 p.m.

All event proceeds benefit the Senior Lunch Program and Senior Activities provided by the La Habra Community Services Department. These programs help to enhance the health and well-being of the elderly population. Participation in programs such as those provided by the La Habra Senior Center can help to alleviate feelings of loneliness, depression and anxiety among seniors. Seniors can also enjoy a nutritious lunch at the Community Center which helps to remedy poor nutrition, a problem that is found to be especially prevalent among those who live alone and/or on a limited income.

For further event information, please contact Pasta Fest Co-Chairs Lion Vanna Sharp at

(714)322-6587 or vannas@verizon.net or Linda Milano at (562)708-3538 or Lindamilano123@gmail.com

PLEASE RSVP for you and your guests by January 25, 2014

Please complete this portion to make your reservations, detach and mail to
La Habra Host Lions Club PO Box 248 La Habra, CA 90633-0248 attention: **Pasta Fest**
Please make check payable to: La Habra Host Lions Club.

I would like to attend. Please reserve _____ \$ _____
_____ Tickets @ \$20.00 each

I would like to support the senior programs by one of the following:
- Please accept my donation of \$ _____ to benefit La Habra Senior Services \$ _____
- I want to sponsor a table for 10 seniors to enjoy the festivities @ \$200.00 per table. \$ _____
(Your name will appear on the table) \$ _____
- I would like to be a Pasta Fest Sponsor (Gold Sponsor \$1000, Silver Sponsor \$500) \$ _____

Your donation is a tax deductible charitable contribution. All donor names will be featured at www.LaHabralion.com and on all publicity at the event. Total \$ _____

Name: _____
Address: _____ City _____ Zip _____



Annual Leo District 4-L4

Orphanages of Thailand Restaurant Fundraiser

Join us for a social gathering to interact with Leos and Lions throughout the District! There will be outstanding Thai food and entertainment available for your enjoyment.

Encourage your friends and family members to join as well!

Proceeds from this event will benefit the Orphanages of Thailand!



Date: Saturday, April 19, 2014

Time: 12 pm to 3 pm (Lunch served 12:30-1:30)

Location: Rachada Thai Restaurant
13416 E. Imperial Hwy.
Santa Fe Springs, CA 90670

Tickets: Adults - \$20 per person
18 and under - \$15 per person

For information, to RSVP, and to purchase tickets, contact:

Lion John Doogan

Phone: (714) 241-1800 **Cell:** (714) 380-0433

Email: jdoogan@socal.rr.com

Mailing Address: Orphanages of Thailand
P.O. Box 287
Stanton, CA 90680-0287

DISTRICT 4-L4 CALENDAR

2014

January 11	Melvin Jones Dinner
February 8	La Habra Host Pasta Dinner & Bingo
February 14-16	California Leos Leadership Symposium Ontario
February 14-16	MD-4 Convention Ontario
February 22	Pomona Host Lions Bowl-A-Thon
February 23	Club Level Student Speaker deadline
March 8	Ontario Upland Bunco
March 8	Cucamonga District Host Sip for Sight Wine Tasting
March 14-17	Ensenada Visitation
March 16	Zone Level Student Speaker deadline
March 22	Orange Lions Spaghetti Feed
April 6	Region Level Student Speaker deadline
April 19	Orphanages of Thailand Fundraiser
April 21	Orange Lions Golf Tournament
April 23	Tustin Host Lions Golf Tournament
May 4	District Student Speaker deadline
May 10	Ontario Upland Tea
June 1	Area Student Speaker deadline
June 7	MD-4 Student Speaker Final, Pasadena CA

ATTENTION

CLUB PRESIDENTS, CLUB SECRETARIES, CLUB EVENT CHAIRMEN

**DO YOU SEE YOUR UPCOMING EVENTS ON OUR DISTRICT CALENDAR?
IF NOT, PLEASE SEND DATES AND FLYERS TO YOUR EDITOR.**

**HAVE YOU HAD A FUN SOCIAL EVENT, A SUCCESSFUL FUNDRAISING EVENT,
OR PARTICIPATED IN A GREAT SERVICE PROJECT? SEND PICTURES AND A REPORT TO YOUR EDITOR.**

SHOW YOUR CLUB OFF THROUGH THE DISTRICT 4-L4 FORUM

**EDITOR PDG ELLEN LIEBHERR
616 17TH STREET, HUNTINGTON BEACH CA 92648
(714) 458-3077 EMAIL: meliebherr@verizon.net**