

# Newark Neighbours says thanks for meal kits



**Cindy Grant**  
Food Bank manager

Newark Neighbours was thrilled and incredibly grateful to recently receive a very generous donation from the St. Davids Lions Club. On Wednesday, March 3, the club delivered 30 casserole meal kits for our food bank clients, with a variety of five types of meals. Each kit contains a recipe, canned or boxed ingredients, measured pasta and spices to make a nutritious and satisfying meal for a family of four.

Our food bank clients, and their families, are very appreciative of these meals. This donation will go a long way in helping Newark Neighbours achieve our vision that “no resident in Niagara-on-the-Lake need be hungry”. Our sincere thank you goes out to all members of the St. Davids Lions Club — you made our day!



Newark Neighbours volunteer Susan Sparrow-Mace shows off a couple of the meal kits donated by St. Davids Lions, intended for clients of the food bank. *(Photo supplied)*



St. Davids Lions and Lioness prepared 165 meal kits to distribute to Newark Neighbours, St. Catharines Community Care and Westview Center for Women. *(Bill Brouwer)*