

# DISTRICT 11-E2 NEWSLETTER



**MARCH 2021**

Vernal Equinox



*Notable Quotes: "No act of kindness, no matter how small, is ever wasted." - Aesop*

## DISTRICT GOVERNOR'S MESSAGE



*Rod Leathers,  
District Governor*

Hello District Lions,

Our District Convention is approaching. We will be going completely virtual. Don't let that deter you from participating in the convention. We are working hard to make it as normal as possible with interaction and participation. We will still have a Friday night virtual mixer which will be a blast. Saturday we have our State Projects and LCIF on board with a presentation and lots of time for interaction and questions. Past International Director Jenny Ware will be our keynote speaker and a virtual hospitality room afterwards. Sunday we will have a memorial service and then elections. We will also have random gift card drawings throughout the convention for whoever is present at the time of the drawings.

We can do all this but we need your help. Not just participating in the convention but also in getting prepared for the convention. We are doing virtual bar/cocktail parties (alcohol is not required but something to drink is) practicing for the convention. If you haven't joined in on one yet join us and check it out. It will be fun. We send emails out a few days before the virtual parties with instructions. Please pre-register to help our team put it all together. If you haven't received an invitation yet you need to let your secretaries know and update your email in MyLion.

After surviving a year of gloom and doom trying our best to SERVE let's get together virtually and have a very positive weekend. You will be able come and leave as you please but I wouldn't want you to miss a chance to win a gift card. We will have breaks.

Remember to save the dates April 16th-18th open in your calendars. I am looking forward to seeing you all at the convention and the practices. Keep up the good work in your communities and let's ROAR like Lions. Watch for convention and parties registrations forms in your emails.

DG Rod

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## 2020-2021 DISTRICT OFFICERS REFERENCE LIST

<b>DISTRICT GOVERNOR</b> <b>Rod Leathers</b> Central Lake Lions Club 231-350-0567 <a href="mailto:leathersrod@gmail.com">leathersrod@gmail.com</a>	<b>IMMEDIATE PAST DISTRICT GOVERNOR</b> <b>Dave Zeller</b> Alpena Lions Club 989-657-4702 W 989-354-2175 <a href="mailto:dlzeller52@gmail.com">dlzeller52@gmail.com</a>
<b>VICE DISTRICT GOVERNOR</b> <b>William Gaines</b> Oscoda Lions Club 253-219-8590 <a href="mailto:wgaines1111@yahoo.com">wgaines1111@yahoo.com</a>	<b>GLOBAL LEADERSHIP TEAM COORDINATOR</b> <b>Dave Zeller</b> Alpena Lions Club 989-657-4702 W 989-354-2175 <a href="mailto:dlzeller52@gmail.com">dlzeller52@gmail.com</a>
<b>2nd VICE DISTRICT GOVERNOR</b> <b>Jill Drury</b> Boyne Valley Lions Club 231-920-9645 <a href="mailto:drury@cctransit.org">drury@cctransit.org</a>	<b>DISTRICT GLOBAL SERVICE TEAM COORDINATOR</b> <b>Marie Leathers</b> <a href="mailto:marie@centrallakerealty.com">marie@centrallakerealty.com</a>
<b>CABINET SECRETARY/ TREASURER</b> <b>Barb Durlinger</b> Hillman Lions Club 989-742-2790 <a href="mailto:lionbarb@comdac.com">lionbarb@comdac.com</a>	<b>DISTRICT GLOBAL MEMBERSHIP TEAM COORDINATOR</b> <b>Robert Tasior</b> Oscoda Lions Club 989-569-6177 <a href="mailto:rtaz01@gmail.com">rtaz01@gmail.com</a>

**District 11-E2 Website:**  
**[lionsdistrict11e2.org](http://lionsdistrict11e2.org)**

**Note:** This information is up to date at the time of this publication, but is subject to change as adjustments are needed.

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### Lions Of Michigan Multiple District 11-E2 Counties

Alcona, Alpena, Antrim, Arenac,  
Charlevoix,  
Cheboygan,  
Crawford, Emmet,  
Gladwin, Iosco,  
Kalkaska,  
Montmorency,  
Ogemaw, Oscoda,  
Otsego, Presque Isle,  
Roscommon



ZONE 1	CLUBS	ZONE 3	CLUBS
<b>ZC John Cool</b> <b>Boyne Valley Lions Club</b> <a href="mailto:jcool@csbchx.com">jcool@csbchx.com</a>	Boyne Valley, Charlevoix, Cheboygan, East Jordan, Indian River, Mackinaw City, Petoskey	<b>ZC Steven Murch</b> <b>Alpena Lions Club</b> <a href="mailto:stevemurch49707@gmail.com">stevemurch49707@gmail.com</a>	Alpena, Alpena Evening, Atlanta, Glennie, Hillman, Hubbard Lake, Mio
ZONE 2	CLUBS	ZONE 4	CLUBS
<b>ZC Jim Broome</b> <b>Central Lake Lions Club</b> <a href="mailto:jrbroome@charter.net">jrbroome@charter.net</a>	Central Lake, Elk Rapids, Grayling, Houghton Lake, Lewiston/ Lewiston Lioness Lions, Roscommon- Higgins Lake	<b>ZC Don McDonell</b> <b>Hale Lions Club</b> <a href="mailto:cdmcdonell@gmail.com">cdmcdonell@gmail.com</a>	Beaverton, Hale, Harrisville, Lincoln, Oscoda, Prescott- Skidway Lake, Rose City,



## LCI President's Message

### United in Kindness and Diversity with International President, Dr. Jung-Yul Choi

**Dear Lion,**

Where your service goes, kindness grows. Because you do more than make a difference in people's lives—you inspire them to do the same for others. And the more your community knows about how much your club has accomplished, the greater impact you'll be able to make.

Sharing your club's stories is the best way to promote your club and service activities. We are now already more connected than ever before through virtual meetings, social media and even traditional media. So share your success, inspire your community, and let people know how they can be a part of your service.

**Regards,**

**Dr. Jung-Yul Choi**  
International President



## Worldwide Induction Day

Your work this year has inspired so many to start their service journeys as new members. Join us for Worldwide Induction Day on April 24 to honor your new members and recognize new Lions around the world. Even though the way we meet has changed, no one celebrates better than Lions.

Visit the Worldwide Induction Day website to find a planning guide, special downloadable certificates and public relations tips for your event. Let's make it a day that new Lions will remember for the rest of their lives. And don't forget to share your event on social media using #WeServe.



## The New Lions Press Center

Our brand is one of the most recognized in the world, so take advantage of it when you tell your stories and promote your club. The new Lions Press Center gives you the tools to stand out in your social and local media, and it can help your local media learn more about Lions and our mission of service. You'll find everything you need including customizable press releases, media kits and other PR resources.

Be sure to visit the Lions Press Center and discover all the tools and resources your club needs to start sharing your good news today.





*A message from:*

**Jerome Thompson**

**Past International Director,  
GAT Constitutional Area 1  
Leader**



## **Jerome Thompson Message**

### **Dear Lions:**

I am so excited to see what clubs across Constitutional Area 1 are accomplishing, even in the midst of a pandemic. The Lions of the United States and affiliate countries will not be distracted from our mission of service. Thank you!! Thank you for everything you are doing.

In the past 30 days, we have seen clubs beginning to turn the lights back on; host meetings either in person or virtually; and, to find creative ways to safely serve. Some of our successes include: In the past 30 days, we have seen clubs beginning to turn the lights back on; host meetings either in person or virtually; and, to find creative ways to safely serve. Some of our successes include: In the past 30 days, we have seen clubs beginning to turn the lights back on; host meetings either in person or virtually; and, to find creative ways to safely serve. Some of our successes include:

1. We have expanded our footprint of service into 76 new communities and added 2300 charter members, who are all excited to provide much need service in their communities.
2. The number of Lions leaving out association has decreased in the past 7 months by 6%.

When 300,000 Lions in North America share a common vision of expanding service by inviting others to join Lions Clubs, we will roar and lead the world. Are you in? Let your Global Action Team know what we can do to assist.

**Sincerely,  
Jerome Thompson**





Meeting your personal and charitable goals starts with reflection. The articles below will help you weave your values into your Lions legacy and help you learn how Past International Director Steven Tremaroli is living his values through a gift in his estate to Lions Clubs International Foundation.

In friendship,

Gudrun Yngvadottir

Chairperson, Lions Clubs International Foundation

## Put Your Values Into Action

It is common for us to think about our place in the world—from who we are and who we want to be to how we can help others now and after our lifetimes. One way to find or rediscover meaning is by developing your own set of values to help guide your decisions.

Writing down your values can also help cement them, as well as offer a way to pass them on to the next generation.

### Start Here

To begin, make a list. Write down six or seven of your most important values and how they help form your views and passions. Here are some starting-point questions as you reflect:

- Which qualities would you want people to say you possess?
- What would you like people to say about the way you live your life?
- What would you want future generations to remember about you?
- Which values do you share with the people and organizations you admire?
- How do you demonstrate your values in your daily life?

### Take Action

Here are three ways to activate your values:

1. **Go beyond words.** Writing down your values can help cement them – and turn them into a type of legacy letter you can share with your family – but your legacy is more than words alone. If you're saving everything digitally, add a folder of images and videos that reflect who you are. A shoebox is just as valid a savings spot – add printed photos, recipe cards with your handwriting and other mementos that reflect who you are.
2. **Involve your family.** Talking with your family members about your personal philanthropy gives them a better understanding of your values and could inspire them to follow your lead. Continue the conversation by asking your family members for their thoughts on your values and to reflect on their own.
3. **Deepen your values through philanthropy.** Explore creative ways to give back. Volunteering your time or talents can make an impact. If you don't have the budget to help today, a future gift to Lions Clubs International Foundation can be a meaningful way to help in the years to come. We are always happy to talk to you about opportunities through your estate plan that carry your values beyond your lifetime.

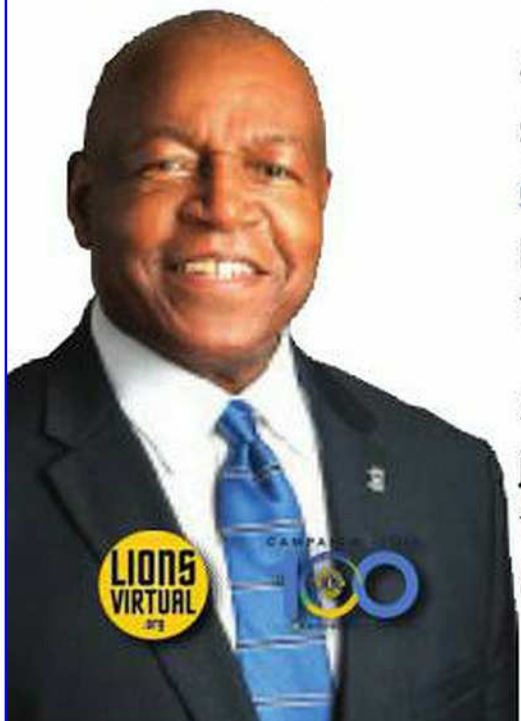
### Extend Your Values

Identifying your values is a powerful exercise that can help you feel good about your place in your community and the world. To discuss ways you can support LCIF and see your values in action, please contact Robert Kanonik, J.D. [robert.kanonik@lionsclubs.org](mailto:robert.kanonik@lionsclubs.org) or +1.630.468.7067.



# LET'S DO THIS!!!

1. **Donate \$20** or more to **Campaign 100 Tell-A-Thon**
2. **Create/Implement a plan** to get 100% of your Lions to donate to the **Campaign 100 Tell-A-Thon**
3. **Spread the word** far & wide for Lions, family/friends & prospective Lions to watch the live **Campaign 100 Tell-A-Thon** on YouTube, Sunday, April 11th from 5-9 pm EDT (*New York*)



4. **Share your success stories** to [pdg10jen@hotmail.com](mailto:pdg10jen@hotmail.com) & you might see them in pre-event promotion or during the live event

5. **Download Team App & join the Lions Virtual Team** for all the latest news & links (*instructions attached*)

## TELL-A-THON OVERVIEW

Sunday, April 11, 2021

5-9 pm EDT

View on YouTube Live

<https://youtu.be/hC-s5yXPgeo>

## EVENT HIGHLIGHTS

- Emcee: LCI VP Doug Alexander
- Music & Entertainment
- Special Guests
- Inspiring stories

## GOAL

- Raise awareness among Lions & prospective Lions about the impact LCIF has across the US & Canada
- Raise funds for Campaign 100 to further our service
- Challenge every Lion to donate \$20 in support of LCIF Campaign 100

## DONATE NOW

- 100% of donations go to LCIF Campaign 100



**United States:**

[givetoday.lionsvirtual.org](http://givetoday.lionsvirtual.org)



**Canada:**

[lionsofcanadafundforlcif.ca/GiveToday](http://lionsofcanadafundforlcif.ca/GiveToday)

## QUESTIONS

PID Jenny Ware, Campaign 100 Vice Chair - CA1

[pdg10jen@hotmail.com](mailto:pdg10jen@hotmail.com)

906-399-8214





## Meet Puppy #20,000 – Legacy!

Say hello to Future Leader Dog **Legacy** – the puppy wearing tag #20,000! This adorable Labrador/golden cross is pictured in the photo album below with his puppy raisers, Erin, Kate and Eric, who are all guide dog mobility instructors at Leader Dog and are team-raising Legacy. Legacy is now at home working on his learning journey.

### Update from Legacy's puppy raisers:

We cannot believe that Legacy is one year old already! Legacy's current favorite activities are playing with his puppy friends at work, carrying as many toys in his mouth as possible, and working on learn-

ing new skills such as a chin rest on the handler's hand and how to back himself under a chair to stay safe from getting stepped on. He is currently working on improving his confidence in new environments and around loud noises, staying focused when people he knows are around, and continuing all the basics like loose leash walking.



He makes everyone who meets him smile with his charm and good looks!





*From Lion Wendy for newsletters*

## MD 11 LIONS CONVENTION, MAY 20-21

The MD 11 Lions Convention planning committee is hard at work planning the details of the 2021 convention, to be held in Holland at the DoubleTree Hotel May 20-21. For those of you who have never attended the MD 11 Lions Convention in the past, you are encouraged to attend!

LCI President Choi is our invited guest speaker, and we are optimistic about his travel to Michigan. We are in constant contact with the hotel staff in the planning of this year's convention. At this time, the committee is planning for an in-person event with the option to move to a virtual event if warranted.

Paws for a Cause will be our host for the pre-convention picnic on Thursday, May 19. We are excited to partner with Paws for a Cause and tour their facility. The picnic is a great opportunity to meet with Lion friends from around the state and affords everyone in attendance the chance to meet with President Choi in a relaxed environment.

Reservations at the hotel can be made by calling 616-394-0111. Mention Lions of Michigan when making your arrangements.

Watch for future updates and announcements!





## Update on Diabetes Resources

*To Zone Chairs from District 11 E-2 Diabetes Chair*

Hello Lions John, Jim, Steven and Don,

Good Monday morning to you all. I wanted to update you on the Diabetes resources we have for the District and to ask for your assistance in getting the word out to your clubs.

This year has been very challenging for doing any in-person meetings or activities. Because of that, the ability to use up the Diabetes Grant money pledged by all of our clubs (25%) and matched by LCI (75%) has been very limited. We have \$19,768.51 in the fund. At present, there is no end date to spend these funds; it was extended at least twice and finally eliminated. However, there has not been a definite answer from LCI about setting a new end date, so there may be some risk of waiting until group activities are allowed again.

The following categories are qualified for Diabetes Grant Fund money for our District:

1. Portable tester kits (to be used for community diabetes screening events)
2. Nutritional training class (MSUE Dining with Diabetes was one)
3. Diabetes PATH classes (MSUE puts these on...virtually via zoom for now)
4. Train a Lion as a Diabetes Educator (\$100 per Lion)
- 5—7. Banner (promo to use during in person classes), Website, Miscellaneous (promotional ads, Public Service Announcements, printing, mailing)

Translation: MSUE DPATH classes via zoom, and printing diabetes educational materials to distribute to food pantries and PreDiabetes Risk Tests to print and distribute are ways we can use the grant money this year while COVID is restricting other activities.

I am attaching to this email the following:

1. February MSUE DPATH 6 week class zoom class info (first class Feb 18 and people can sign up until the start of the 2nd class on Feb 25)
2. March MSUE DPATH 6 weeks zoom class (2 different sessions--one day, one evening)
3. Sample promo article to submit to local papers

**the first 3 attachments, above, will be in this email and the following email will contain the last 3, listed below**

4. MSUE Tip Sheet---Navigating the Food Pantry with Diabetes
5. PreDiabetes Risk Test
6. MSUE presentation outline explaining the different diabetes education classes offered. They have offered to present, via zoom, to any Lions group, the present and proposed diabetes education programs. I plan to ask them if they can cut the presentation down to about 15 minutes, allowing 15 more minutes for questions and discussion. Hopefully, that might keep the whole thing to 30 min total.

I have been talking to Lion ZC Jim Broome, who is a member of my Lions Club, and have asked him to consider offering the MSUE presentation about their programs (#6) during a zone meeting, or in some way getting the info out to as many of our Lions as possible to work on Lions strategic objective: "reduce the prevalence of diabetes and improve the quality of life for those diagnosed." I am hoping all of you zone chairs may be able to assist in getting the word out to put the Diabetes Grant Funds to good use.

Thank YOU!

Di LaBeau

District 11 E-2 Diabetes Chair





MICHIGAN STATE  
UNIVERSITY

Extension

## Online Diabetes PATH Workshop Program for Michigan Residents

Two Sessions Starting  
March 2021

Tuesdays—5:30-7:30  
pm EST

March 2, 9, 16, 23, 30 &  
April 6

OR

Wednesdays—1-3 pm  
EST

March 3, 10, 17, 24, 31  
& April 7

LOCATION: ONLINE

COST: Free



This program is funded by  
a grant from the Lions Club  
International Foundation  
and supported by the  
Michigan Optometric  
Association.



### DESCRIPTION:

Diabetes can cause serious complications like diabetic retinopathy. Diabetes PATH is a self-management workshop where you learn tools to manage diabetes. You will learn strategies to help you:

- deal with difficult emotions,
- develop a healthy eating and exercise plan,
- set goals,
- problem solve, and
- prevent complications like diabetic retinopathy.

**NOTE:** You need internet or data connection and a device with a camera and audio to participate in the workshop. Contact us if you need help using your device to participate. **There is a free gift for all who complete the series.**

### HOW TO REGISTER:

Tuesdays at 5:30-7:30 pm EST: <https://bit.ly/DPATHMarTues>

Wednesdays at 1-3 pm EST: <https://bit.ly/DPATHMarWeds>

### CONTACT:

Christi Demitz at 517-490-1608 or [demitzch@msu.edu](mailto:demitzch@msu.edu)

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# LIONS OF MICHIGAN FOUNDATION

5730 EXECUTIVE DRIVE - LANSING, MICHIGAN 48911

VOICE: 517 887-6640

FAX: 517 887-6642

WEB: [www.lmsf.net](http://www.lmsf.net)

February 19, 2021

Barbara Durflinger  
District 11-E2 Lions Club  
14946 Royston Road  
Hillman, Michigan 49746

Dear Mrs. Durflinger:

I am pleased to inform you that the District 11-E2 Lions' Emergency Individual Assistance Application for [REDACTED] has been approved in the amount of \$1,500.00. Please note the enclosed check in that amount.

These funds may only be used for the purpose outlined in [REDACTED] assistance application. Any remaining funds must be returned to our office in a timely manner.

Our Michigan Lions Foundation is funded with proceeds from the Sight and Hearing Sweepstakes, the Lion Mints Program and donations. The District 11-E2 Lions' support of these programs is appreciated.

We are happy we could be of assistance to [REDACTED] and the District 11-E2 Lions. By working together as "Partners in Service" to help people in need, we can better address the present needs that exist in our state, and we can meet the challenges that lie ahead.

Together in service,

Chad A. McCann  
Executive Director

Enclosure

cc: Ms. Lerita Reinke

## A Public Charity

*Dedicated to improving the quality of life of people in Michigan with unmet needs.*

## **2021 Virtual Convention District 11-E2 Info**

**Hello Club Presidents and Secretaries,**

**We are planning a virtual convention April 15th-18th. We will have a Friday night mixer and then on Saturday morning we will have presentations from our state projects and LCIF. There will be breakout rooms so we can socialize like we would at a normal convention. There will be a break in the afternoon and then Saturday evening we will have a short awards ceremony and keynote speaker (PID Jenny Ware). After that there will be a hospitality room (another virtual party). Then on Sunday morning we will have a memorial service and end with district elections.**

**We will be emailing invitations to register for the convention to all Lions in the district. They will be sent to the email addresses that are in MyLCI, so please secretaries make sure all your members e-mail addresses are correct in MyLCI and remove anyone that is no longer a member. We will be sending it out on Monday March 8th, so please be sure MyLCI is updated by then.**

**For the memorial service please get together the list of all the deceased Lions in your clubs since April 2019 and we will let you know who to send the list to. Please send a photo of each one also, if available.**

**We are asking clubs, if they can, to donate \$25 gift card or more for random door prize drawings throughout the convention. There will be no cost to attend the convention and everyone that pre-registers will be entered in the drawings. You must be present to win. Please mail the gift cards to Barb Durflinger, 14946 Royston Road, Hillman, MI 49746.**

**We have been practicing zoom parties on Sundays evenings at 7 PM. Please join us if you can. It will help us all get used to using Zoom and help our IT team to be ready to run a smooth convention. E-mail invitations will be sent out, or you can request an invitation on the district website .**

**Thank you for your SERVICE and please help us to pull this convention off. It has been a trying year for us all. Let's finish it on a positive note.**

**Yours in Lionism,  
DG Rod**





## 2021 Convention: Certification of Delegates

Dear Club Leader

We will be having a virtual District 11-E2 Convention this year by way of Zoom. This letter will give the procedures for our election of a District Governor, 1st Vice District Governor, 2nd Vice District Governor and Lions of Michigan Foundation Trustee.

At the bottom there is a link to a survey that will let you provide the Credential's Committee a list of who your club's voting delegates will be. Please determine who your voting delegates and alternates will be, fill out the form and click on Submit.

Each Lions Club in good standing with Lions Clubs International, Multiple District 11 and District 11-E2 is entitled to one (1) delegate (vote) for each ten (10) members, or major fraction thereof, as reported on your February 2020 membership report. A major fraction is five (5) or more members.

Our elections meeting will be held virtually on Sunday, April 18, 2021 at 10:00 a.m. by way of Zoom at the end of the District convention. After the nominations when it is time for the actual voting, all of the voting delegates will be sent to a virtual breakout session, where the voting will take place. Lions will be identified at our virtual convention by their email, so be sure to include each delegate's email on your club's certification of delegates form. If you have any questions please feel free to contact me by phone or email.

(231) 944-0587 or [den7rich@gmail.com](mailto:den7rich@gmail.com)

Thank you very much for your cooperation during these interesting times.

Yours in Lionism,

Dennis Richardson

District 11-E2 Elections Chair





# CALENDAR OF EVENTS

## MARCH 2021:

**District Cabinet Meeting** — March 06, 2021 — 10:00 a.m. — A virtual Event via Zoom.  
Contact Marie Leathers marie@centrallakerealty.com or 231-350-0286 for Zoom invitation.

**Vernal Equinox** — March 20, 2021 — Spring Arrives Spring Weather Arrives...??

## APRIL 2021:

**District Convention** — April 16-18, 2021 — A Virtual Event – Details TBA.

## MAY 2021:

**Michigan State Convention** — May 20-22, 2021 — DoubleTree by Hilton Hotel  
Holland, 650 E 24th St, Holland, MI 49423 (*plan is in-person, but may be virtual instead if necessary*)

## JUNE 2021:

**LCI Convention** — June 25 - 29, 2021 — Montreal, Quebec, Canada — A Virtual Event – Details TBA.



## PASSINGS



PDG Russell Shepard (District 11-E2 1986-87) passed away on Sunday, February 7th. He will be missed in the Lions family.

*Our sympathies and condolences go out to his family & friends*

## NEW MEMBERS

**NONE REPORTED**

## On the Mend

**Boyne Valley Lions:** Lion Johncie Turner is getting better daily as she recovers from early February knee replacement surgery.

*We wish All a speedy and full recovery.*





## Alpena Lions February 2021

The weekend of Feb 13-14, four of our newest members – Jodi Gilmet, Becky LaMay, Barb Sumerix, with assistance from Becca Brousseau, were in action and brought Valentines greetings to nearly 100 residents at Medilodge – Alpena. See the photos attached.

They assembled gift bags with personal items for the residents and delivered them on Saturday in time for Valentines Day.



Great community service ladies! Thank you. Truly in the spirit of Lions – We Serve, to bring joy (and love) to those deprived of contact from their family and friends.





## Boyne Valley Lions

January 2021

From Boyne Valley Lions Meeting Notes:

- When "in- person" meetings are allowed, the BVLC is considering holding future meetings at the Hospitality Classroom
- The Boyne Valley Lions are considering whether to hold a White Cane event at the February 27 Smeltania community event and hand out diabetes information.
- The BVLC sold Smores at Smeltainia on Saturday for a White Cane Drive and raised \$87.
  - a) A huge thank you to Lion Kirt Ploe for donating the ingredients for the Smores including skewer sticks
- The BVLC will be making pasties in the BCHS Hospitality Class this Tuesday, Wednesday, and Thursday this week. Orders are 206 beef and 70 vegetable pasties
  - a) Pasties will be delivered next Friday between 3 and 6 PM
  - (1) Lions fundraising for the event will exceed \$1,600!

## Central Lake Lions

February 2021



— Central Lake Lions performed 91 KidSight screenings at the local elementary school which resulted in 14 referrals for further screening. Organized by Service Chair Bec Jordan, screenings were performed by Lions Andrew Smith, Malcolm Shore and Marie Leathers (pictured), directed by Kidsight District Chair from Boyne Valley Lions Club Nathan Slezak.

King Lion Randy Miller and Lion Malcolm Shore hand delivered donations to the local communities in Central Lake, Ellsworth and Bellaire. Pictured is a representation of some of their local donations.



— Central Lake Lions in conjunction with the United Way distributed 2,000 KN95 masks to the local school to be sent home and be used by students and their families.





## East Jordan Lions February 2021

East Jordan Lion's Treasurer Sherry Pursel presents Danielle Poindexter with a \$300 check for the new Training Wheels Childcare Center.



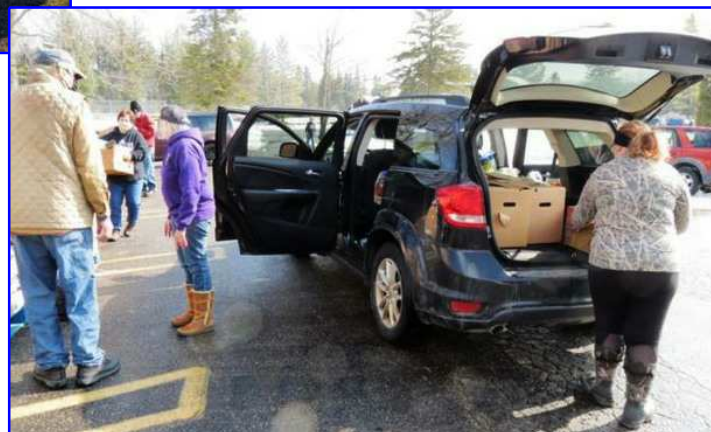
## Hillman Lions February 2021

We had a great day today for the food distribution. The weather was cooperative, and we provided food for 184 families. And for the first time we distributed all of the food without having to send excess to the food pantries, etc.



We got a great variety of food, and were busy pretty steadily all day. Thanks much to everyone who helped. Special thanks to Carleen and Jean (and their helpers!) for delivering boxes of food to the senior housing.

Thanks also to Clay Campbell and Mary Rice (soon to be Hillman Lions) who took a van load of food to Onaway to distribute.





# CORONAVIRUS UPDATES – March 1 & 2\*

*This is a snapshot of what the World, Nation, and State of Michigan looked like on **March 1, 2021**. The numbers may be significantly higher by the time you read this as the COVID-19 pandemic continues. (Info from michigan.gov. CDC & WHO Websites)*

## World Statistics

**Confirmed Cases: 114,417,77** ♦ **Deaths: 2,530,540**

## United States Statistics



## Michigan Statistics

**Total Cases: 28,244,591** ♦

**Total Cases: 649,068**

**Deaths: 504,645** ♦

**Deaths: 16,548**

## DISTRICT 11-E2 STATISTICS



= Highest Numbers

11-E2 Counties	Cases Confirmed	Deaths
Alcona:	431	24
Alpena:	1,495	48
Antrim:	973	20
Arenac:	763	25
Charlevoix:	1,055	13
Cheboygan:	1,035	38
Crawford:	606	5
Emmet:	1,551	39
Gladwin:	1,497	43
Iosco:	1,281	67
Kalkaska:	628	15
Montmorency:	364	17
Ogemaw:	1,116	34
Oscoda:	402	19
Otsego:	1,170	26
Presque Isle:	669	28
Roscommon:	1,185	33
<b>Totals</b>	<b>16,221</b>	<b>494</b>

Note: Statistics may change up or down as corrected data is received. Actual Case & Death numbers may be higher due to missed reporting.

# COVID Update: Vaccines

The first known death from COVID-19 in the US. occurred on February, 2020, in Santa Clara County in California, confirmed by post-mortem testing in death cases as the coronavirus was becoming a threat to the world. We are now in our second year of a Pandemic that is still impacting all of us on a daily basis – emotionally, socially, and economically. As I write this the cases and death curves have been dropping in previous weeks, but there are some areas where spiking outbreaks are increasing. We are not yet out of the woods, but we can hope that the new vaccines will soon begin to slow the COVID-19 spreading rate as more people have access to vaccination.

There are currently 3 approved vaccines available in the U.S:

1. **Pfizer-BioNTech:** Type – mRNA; 2 shots, 21 days apart.
  - Clinical Trials: 95% effective at preventing laboratory-confirmed COVID-19 illness; considered fully vaccinated in 2 weeks after second shot.
  - Common side effects, mostly mild to moderate: Tiredness, headache, muscle pain, chills, fever, nausea.
2. **Moderna:** Type – mRNA; 2 shots, one month (28 days) apart
  - Clinical Trials: 94.1% effective at preventing laboratory-confirmed COVID-19 illness; considered fully vaccinated two weeks after second shot.
  - Common side effects, mostly mild to moderate: Tiredness, headache, muscle pain, chills, fever, nausea.
3. **Johnson & Johnson/Janssen:** Type – Viral vector; 1 shot
  - Clinical trials: 66.3% effective at preventing laboratory-confirmed COVID-19 illness; high efficacy at preventing hospitalization and death; evidence suggests the vaccine may provide protection against asymptomatic infection; considered fully vaccinated 2 weeks after one shot.
  - Common side effects, mostly mild to moderate: Tiredness, headache, muscle pain, chills, fever, nausea.

COVID-19 vaccines help our bodies develop immunity to the virus that causes COVID-19 without us having to get the illness. Different types of vaccines work differently, but all types of vaccines leave the body with a supply of “memory” T-lymphocytes and B-lymphocytes that will remember how to fight that virus in the future.

COVID-19 **mRNA** vaccines instruct our cells to make a harmless piece of what is called the “spike protein” found on the surface of the virus that causes COVID-19. Once the instructions (mRNA) are inside the immune cells, the cells use them to make the protein piece, after which the cell breaks down the instructions and gets rid of them. They do not put a weakened or inactivated germ into our bodies, and mRNA never enters the nucleus of the cell, which is where our DNA (genetic material) is kept – so it can’t affect our DNA..

**Viral vector** vaccines use a modified version of a different virus (the vector), not the virus that causes COVID-19, to deliver important instructions to our cells and then use the cell’s machinery to produce a harmless piece of the virus that causes COVID-19 – the spike protein that is only found on the surface of the COVID-19 Coronavirus. This triggers our immune system to begin producing antibodies and activating other immune cells to fight off what it thinks is an infection, and remembers it for any future infection.

As of now, the vaccines seem to work on the variant strains of the Coronavirus. The worst problem with vaccines is that some people have allergic reactions to one of many components in the vaccine, and that can cause a serious health event. Keep that in mind if you’ve had some reactions with other medical vaccines.

**Personal Experience:** My wife, her brother, and I were vaccinated (Pfizer) first on January 26, and on February 16 for our second shot. Her brother had mild reactions to both shots, feverish and headaches. My wife had a mild reaction to the first one, but had more discomfort the day after her second shot – she felt sick all day, feverish, chills, headache, and very tired. The next day she felt totally fine. As for me, the worst thing was the sore arm where the shot was given, a little ache and slightly painful when touched. I had no discernible reaction to either shot. We all have different body chemistry and immune systems, and react accordingly.

**BE KIND. MASK UP + SOCIAL DISTANCE + WASH HANDS = STAY SAFE!**





## *Picture (s) of The Month: March 2021*

### **Ice Piles in the Straits of Mackinac**

**Throngs of people enjoyed the spectacle of the ice piles on the shoreline of Mackinaw City on the last day of February.**



## You Make the News – We Publish It!

Didn't find any mention of YOUR Lions Club in this issue?

**Send your information to: [dlzim47@gmail.com](mailto:dlzim47@gmail.com)**

**NOTE:** Submissions received after the 4<sup>th</sup> will be printed in the next month issue

- Activities: Service Projects, Fundraising Events, Club Events – What You DO!
- Club Milestones: Awards, Club Officers, New Memberships, Passings – What Is Happening With Your Members!
- Photos of Service Activities, Fundraising Events, Awards, etc.

\* Photos: Should be 300 pixels for good quality.

Include names of individuals in photos, and/or describe what the photo is showing.

Text: Include dates and names (if applicable) for all events submitted.

Text will be edited as needed for space, spelling, corrections, etc.

**Don't be left out!!**

**Racism has no place in our world.**

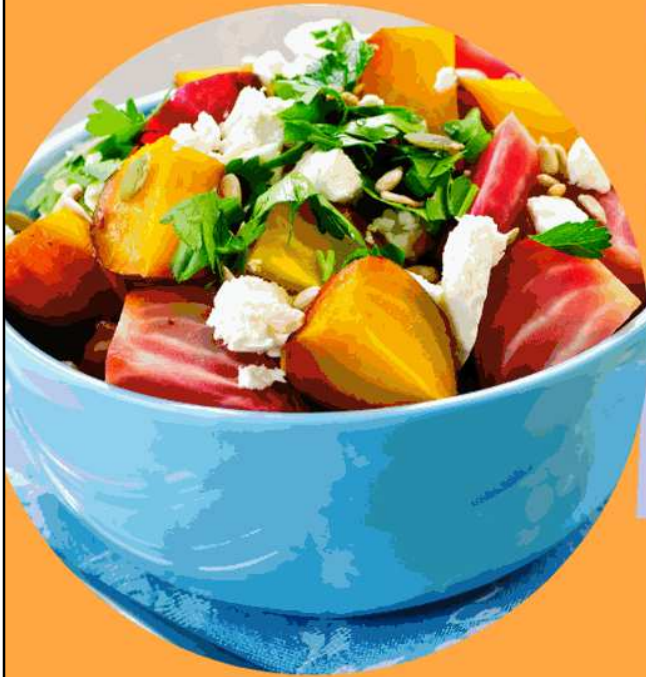
Our organization depends on the incredible diversity of our members around the world because great things can only be achieved when we are united.

#kindnessmatters





MICHIGAN STATE  
UNIVERSITY | Extension



JOIN US ONLINE!

## NATIONAL DIABETES PREVENTION PROGRAM LUNCH & LEARN

**WHEN:** TUESDAY, MARCH 30TH  
11:30 A.M. EASTERN

**REGISTER:**  
[HTTP://BIT.LY/2JZMNQW](http://bit.ly/2JZMNQW)



# Lions Virtual Lions Serving Lions

Learning . Entertaining . Connecting

**Lions connecting with Lions around the world.  
Check out the Burmester Virtual Bar every  
Saturday from 6:00-7:30 pm.**

**Join in the fun of music, trivia & great conversations with Lions from across the globe**