

# Lions Quest



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**FOUNDATION**



*“A caring community of learners is one whose members feel valued, personally connected to one another, and committed to everyone’s growth and development.”*

*- Eric Schaps, Child Development Project, Developmental Studies Center*

# Program Goals

- Engage students, families, schools and community members
- Provide opportunities for young people to learn essential life skills
- Increase protective factors and reduce risk factors
- Engage young people in the practice of good citizenship
- Strengthen young people's commitment to family, positive peers, school and community



# Lions Quest

- Life skills program of Lions Clubs International Foundation (LCIF)
- For students from kindergarten to grade 12
- Classroom curriculum that may be integrated into existing courses or taught on its own
- Connects school, home and community
- A comprehensive and global program



# LCIF at a Glance

- Official charitable foundation of Lions Clubs International “We Serve!”
- LCIF supports efforts of clubs worldwide in serving their local and global community through grants
- Provides grant funding for large-scale projects that clubs cannot do on their own



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# Four Pillars of Service

LCIF gives hope around the world through four areas of service

- 1) Provides **Disaster Relief**
- 2) Saves **Sight**
- 3) Meets **Humanitarian Needs**
- 4) Supports **Youth**



# LCIF at a Glance

- Committed to helping children and young adults in need all over the world
- Thousands of youth reached each day through programs
- Lions Quest is the signature youth development program of LCIF



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# Lions Quest around the World



- Lions Quest is currently active in over 80 countries
- Translated into 36 languages
- More than 500,000 educators trained
- Over 12,000,000 youth served



# What is Lions Quest?

Lions Quest is a research-based, K-12 positive youth development program.

- Responsible decision making
- Goal setting and accountability
- Positive relationships
- Service learning
- Effective communication



# What is SEL?

**Social and emotional learning (SEL)** is the process whereby adults and young people develop the knowledge and skills related to five interrelated competencies:

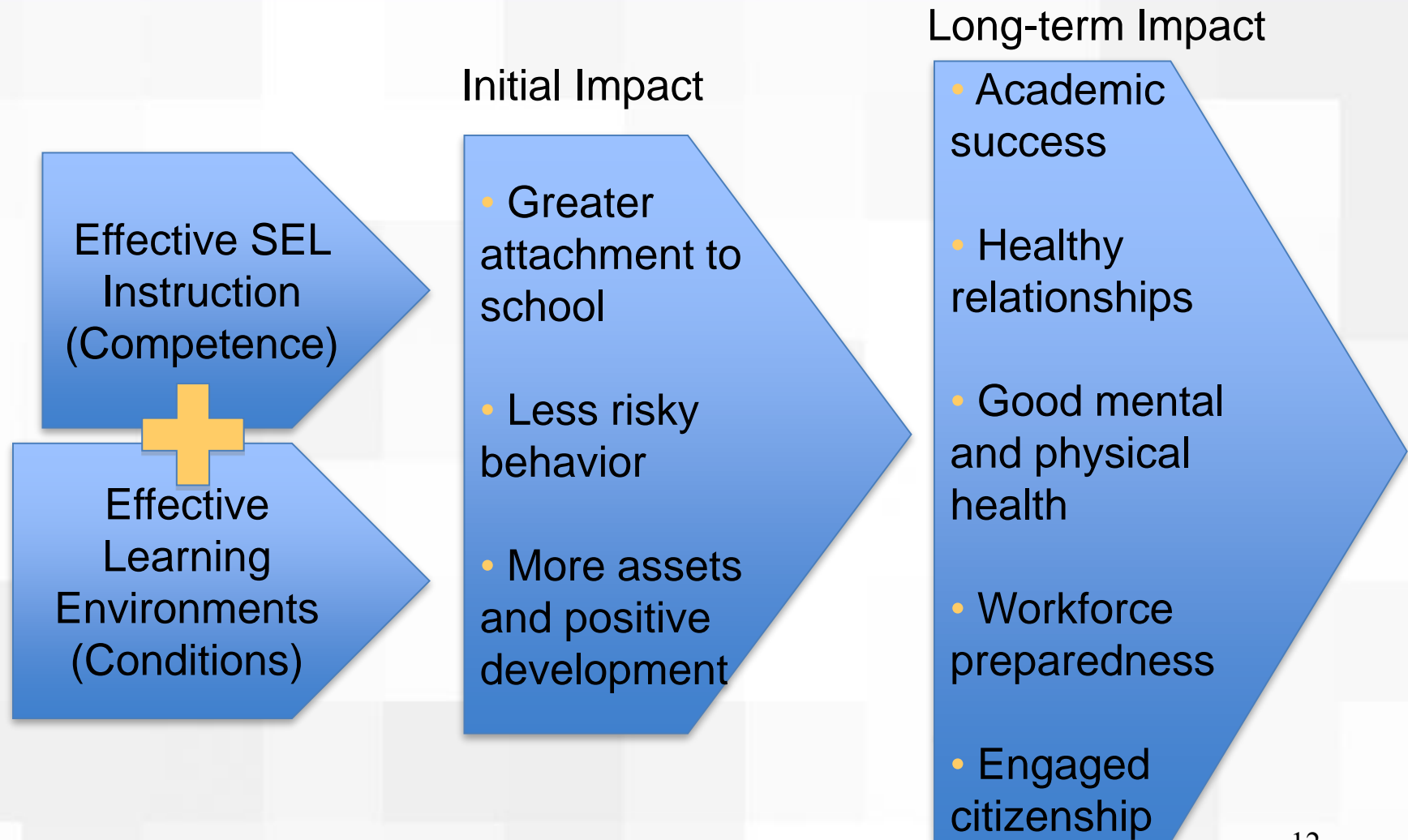
- ✓ Self-awareness
- ✓ Self-management
- ✓ Social awareness
- ✓ Relationship management
- ✓ Responsible decision making



**Social and Emotional Learning is a process whereby children and adults develop essential social and emotional competencies.**



# SEL Promotes School and Life Success



# Benefits of SEL

- ✓ Students who receive instruction in evidence-based social and emotional learning outperform their peers
  - They get better grades
  - They graduate at higher rates
  - They have more positive peer relationships
  - They demonstrate caring, empathy and social engagement

*Collaborative for Academic, Social and emotional Learning (CASEL) 2008*





# Benefits of SEL

- ✓ SEL instruction improves academic achievement by at least 11%
  - Lions Quest programs received a “Select SEL” rating from the Collaborative for Academic, Social, and Emotional Learning (CASEL).
  - A growing body of research proves that addressing the social and emotional needs of youth not only prepares students to learn, but also increases their capacity to learn.
  - A recent meta-analysis revealed that SEL can improve academic performance by at least 11%.\*

\* Weissberg, R.P. (2007) Social and emotional learning for student success.

# Benefits of Lions Quest

## Benefits to Youth

- Increasing academic achievement
- Building social and emotional skills
- Developing character
- Understanding responsible decision making
- Experiencing service to others



# Results with Lions Quest

- 47% increase in problem solving skills
- 14% increase in grade point average
- 57% decline in student absences
- 20-37% decrease in bullying/mobbing
- 72% decline in out of school suspensions
- 100% increase in connectedness to school



# Lions Quest Programs

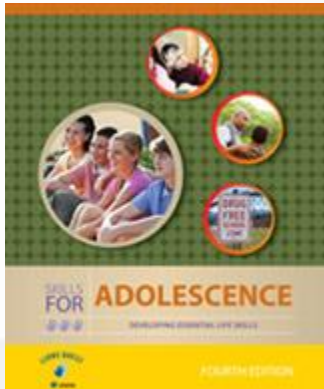
## Skills for Growing (K-5)

- ✓ Grade specific curriculum
- ✓ Building community, valuing self and others, building confidence, growing up drug-free



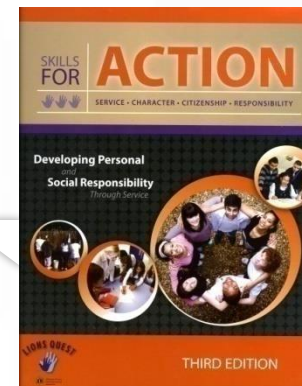
## Skills for Adolescence (6-8)

- ✓ Three-year middle school program
- ✓ Managing emotions, relationships, better Communication and decision-making



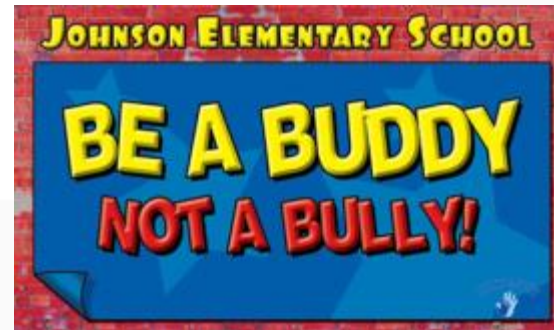
## Skills for Action (9-12)

- ✓ Four-year high school program
- ✓ 21<sup>st</sup> Century workforce skills
- ✓ Service-learning



# Program Resources

- Curriculum maps and correlation guides
- Program updates available for download
- Supplemental student books
- Promotional banners
- Q-Bears, pencils, energizer books
- Electronic newsletter
- Consultation services available





# Implementation

- Certified trainers conduct workshops
- Teachers, social workers, and community members are trained
- Staff members receive curriculum materials
- Implementation is ongoing through the year
- New staff can be trained each year
- Pacing guides available for customized implementation



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# Teacher Workshops & Resources

- Training formats include one, two and three day workshops for K-5, 6-8, 9-12, and K-8 combination
- Workshops can be sponsored by schools or Lions Clubs
- Contact LCIF for a list of local Lions Clubs

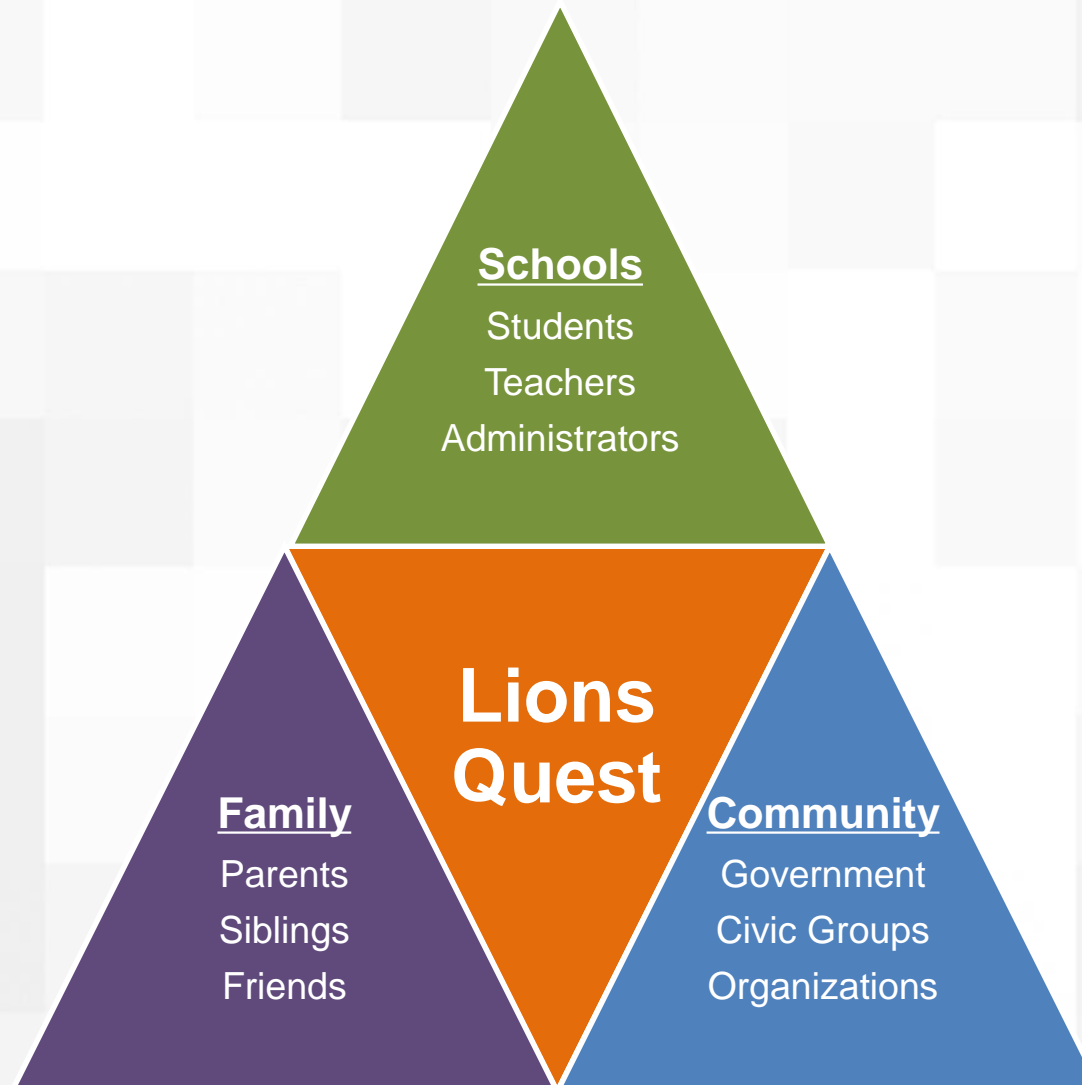


# Benefits of Lions Quest training

- Skill development that builds resilience and positive relationships among students and staff, improves academic performance and connectedness to school
- Engages teachers in professional development that emphasizes practice, planning and community-building
- Involves family and community in supporting the healthy development of youth

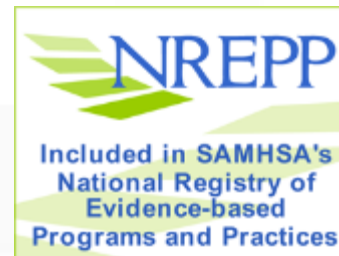


# Triangle of Success!



# Recognition & Partner Organizations

- SAMHSA National Registry of Evidence-based Programs & Practices (NREPP)
- U.S. Department of Education, Safe & Drug-Free Schools “Promising” program
- CASEL “Select SEL” program (Skills for Action)
- National Youth Leadership Council “Highly-Effective” service-learning program
- California Department of Education and California Healthy Kids Resource Center “science-based program”





# Recognition & Partner Organizations

- Office of Juvenile Justice and Delinquency Prevention
- Community Anti-Drug Coalitions of America (CADCA)
- Kansas Commission for Service Learning
- U.S. State Department
- Tennessee Commission on National & Community Service
- Support by world's largest service organization, Lions Clubs International



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# Are You Ready?

- ✓ If you believe that education is not just during the school hours...
- ✓ If you believe that education must involve the entire community...
- ✓ If you believe that children need new skills for a changing world...

Then you are ready for Lions Quest!



# Contact Us

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To schedule a workshop or order materials in the United States call: 1-800-446-2700

Lions Quest Web site: [www.lions-quest.org](http://www.lions-quest.org)

