

# 5M4 Newsletter



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PDG Bob Kulbeik and DG Sue Kulbeik



## Hit the road running!

We have returned from the Lions International Convention in Boston and have hit the road running. We are enjoying attending all the festivals, parades, pancake feeds, fish fries, etc., around the District. If you have an event you would like us to attend, please let us know as soon as you can as our calendar is filling up fast! (I DO love riding in a parade, though!)

Boston was a terrific event even though it was saying farewell to Lions Brian and Lori Sheehan as International President and First Lady. They have done such a terrific job of leading our organization and taking us along for the ride. If you weren't following them on Facebook you really missed an opportunity to see all the places they went and the people they met. Everywhere PDG Bob and I went in Boston, people were commenting on what a great President he was and how he was leaving big shoes for new IP Dr. Patti Hill to fill. We had many people from all over the world tell us how fortunate we are to have him in our District – and we agreed!

While in Boston, we learned about the new theme IP Dr. Patti Hill has chosen – “Changing the World”. At first it sounds like an enormous task, but then she broke it down by explaining if we change our communities for the better and you add all those up, you really have changed the world. I'll be bringing more details of her plan to all the club visits through the coming year.

We also had a chance to spend lots of time with my fellow District Governors from around the Multiple District. I am confident that we are prepared to lead our respective Districts and work together to keep our Multiple District the strongest in the country. Past IP Brian Sheehan has always said we are the strongest, most active of all the Multiples he has seen. He talks about his pride in us and we are all going to work to continue that tradition. I'm sure with CG Rob Wiener's leadership we will accomplish great things in the coming year.

But I will need your help. I have committed to having 100% of the clubs in our District reporting their officers and their service activities. If you need help accomplishing this, please let me know. We can help. I have also committed to strong leadership through training and mentoring of Lions who want to learn more. We always are looking for new members and IP Patti has implemented a new mandate that we will achieve 1.5 Million Members by 2027. We have some ideas on how to accomplish that too!

Lastly, one of my most important goals is the Lions Alert Program. This is the emergency response program for all the clubs in our District. We'd love to come and talk to your club about it. Right now, we are only looking for a contact name and number for each club. We need you to designate a volunteer from your club to be the contact should an emergency arise within our District. There are plans to expand the program as we go, but contacts are the first step.

So much to do and I'm looking forward to all of it. Please contact me if you are ready to schedule your District Governor club visit or fill out the form found elsewhere in our newsletter.

Thank you for believing in me and PDG Bob and I look forward to seeing everyone very soon!

“Leading the Way”

DG Sue Kulbeik  
kulbeik@gmail.com  
Cell: 605-949-0161

Contact DG Sue  
to schedule your  
club visit!

Form in this newsletter! Contact:  
DGE Sue Kulbeik  
kulbeik@gmail.com  
Cell: 605-949-0161



## *Tottings from Jacque!*

*Greetings fellow Lions! Well it's official, July 1 has come and gone, the International Convention has too. Dennis and I attended the 105th International Convention it was an AWESOME transition from 'Together We Can' with IPIP Sheehan to 'Changing the World' with IP Dr. Patti Hill from Canada. We also voted in a new International Director from our Multiple: JoAnn Ogden 5M10 from Canada congrats to her. Welcome to 5M4's DG Sue Kulbeik, and all her fellow DG's. We enjoyed marching in the Parade of Nations with our snowman MOM (Minnesota, NW Ontario, Manitoba) and seeing so many people coming together, and some of the traditional wardrobes worn. It was a hot day for a parade.*

*We will have attended our first Cabinet Meeting and CoG meeting for this year in July. As well as the youth exchange students dinner where they prepare a traditional meal from their home country and give a short presentation of what they learned while visiting America and their country's history. August 8th we will be attending a Charter Night to welcome our newest club the Sauk River Champions Lions Club.*

*Remember 5M4 is always looking for Lions to help at the state fair for KidSight screenings and to work at the Diabetes/Hearing/Vision booth. Please consider helping out each has short 3 hour shifts to sign up for – if you'll be going anyways please consider helping out. Thank you.*

*I looking forward to attending your club and district events.*

VDG Jacque Heinen  
 Email: [lionheinen@gmail.com](mailto:lionheinen@gmail.com)  
 Cell: 320.249.6536



PCC Dennis Heinen and VDG Jacque Heinen

### **SOLES4SOULS SHOES**

**Sauk Centre Lions & Leos  
 can now accept shoes! Please  
 contact Lion Jamie Shoutz  
 about delivering to  
 Sauk Centre 320-699-0371.**



*Exciting news!*



**ALERT  
TEAM**  
preparedness · response · relief

## A "Lions Alert Program" is being developed within our District.

*The Objective:* "Preparedness, Response, Recovery, and Relief in relation to a disaster, means measures taken during or immediately after a disaster in order to bring relief to people and communities affected by the disaster".

- **PREPAREDNESS** involves the development of a plan of action in case of emergency. A logistic operations center and a practiced emergency response plan are two elements of the preparedness phase. Lions Clubs continuous cycle of planning, organizing, training, equipping, exercise, evaluation and improvement activities to ensure effective coordination and the enhancement of capabilities to respond to incidents or disasters.
- **RESPONSE** includes the mobilization of Lions Clubs and Lions Alert Coordinators. They should be prepared to do a rapid needs assessment and bring Lions to where they can do the most good.
- **RECOVERY** aims to restore the affected area to its previous state, such as rebuilding destroyed property, infrastructure. Recovery can be immediate and/or can be longer term depending on the situation. Relief can come in the form of providing food and drink to recovery workers and affected people, working with other agencies, assistance in long term recovery.

### 1. Communication

Our first phase of the program will be communication. We need to develop a plan of communicating the program information to our clubs. This will happen through a variety of means:

- District Leadership
- Cabinet members
- PDGs
- Zone Chairs
- Newsletter
- Leadership meetings with clubs
- Meeting with non-Lions organizations

### 2. Club Participation

We will begin to roll this out immediately.

**Each Lions Club meeting should include the following discussion:**

1. Focus of the plan
2. Structure of the program
3. Develop a leader in each club (or neighboring club if none available in all clubs)
4. Develop a call chain template in case of emergency to muster membership
5. Develop a list of members who are willing to go through training
6. Organize training sessions for Lions to become prepared for emergencies
7. Develop a list of resources available already and contact names (equipment, generators, tools, capabilities, storage, etc.)
8. Work with local Emergency Management Directors so they know of our availability and capabilities

### 3. Types of Emergencies

- **LEVEL ONE: A local emergency. House fire, flood, lost child, are some examples.** A single club could respond to the affected area. Each club will develop their own plan on how to help their community.
- **LEVEL TWO: Affects a larger geographical area, flooding, fires, or storm damage.** At this level, Districts would respond and may possibly be eligible for a LCIF Emergency Grant. Our District will develop a plan for response, capabilities, and communication depending on what each local club is willing to provide.
- **LEVEL THREE: Catastrophic event such as earthquake, tsunami, or large tornado affecting a huge area and thousands of people.**

*Questions?*

Please contact Lion Bonnie Lay at: [laybonnie@icloud.com](mailto:laybonnie@icloud.com) or 5M4 DGE Sue Kulbeik at [kulbeik@hotmail.com](mailto:kulbeik@hotmail.com)

*This is just the start of the Lions Alert Program in our District. First, communicating the information to the Leadership and then the clubs. From here, the rest of the program will be defined and implemented. Each club or Zone could develop their own plan according to their capabilities and their needs. They must work with local Emergency Management and First Responders to maximize their contribution. We will also work to have each club insured properly and be able to provide proof of insurance to local command centers on site. Our hope is to eventually have a mobile command unit stocked with equipment need to provide assistance and relief in case of emergency, both short and long term.*



# Fly In Breakfast

**Sunday July 30, 2023**

Join in the fun 8:00 a.m. – 12:00 Noon  
at the Olivia Airport

Pancakes, Scrambled Eggs, and 'Prairie Meats' Sausage

**\$15 per adult - \$7 kids 7-12 yrs and under 7 FREE**



**CHECK OUT CLASSIC CARS & TRACTORS**

**PEOPLE'S CHOICE CONTEST - CASH PRIZES AWARDED at 11:45**

also Medivac helicopter, Jumpy Castle, Face Painting

5.

5M4 Newsletter

www.e-district.org/sites/5M4

AUGUST 2023



**Our district date for KidSight screening at the State Fair is Sunday, September 3rd! To volunteer, please follow the link below.**

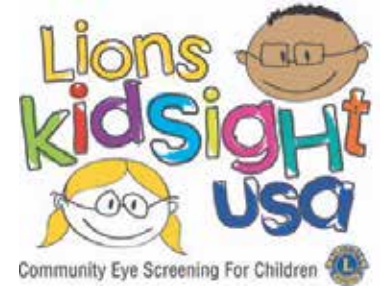
**We need volunteers!**

**You will get free tickets into the Fair and a parking pass for the day you work.**

**Here is your link:**

**<https://www.signupgenius.com/go/5080d45adac2fa7f58-state3#/>**

**If you have any questions, please reach out to Lion Sara Stricker – KidSight Coordinator for 5M4.**



**SEPT. 21-23, 2023**  
**THE ROW • Reno, Nevada**

**EARLY REGISTRATION**  
ENDS MAY 31, 2023

**FREE PARKING**  
at The Row hotels

**NO SHUTTLES NEEDED**  
all Forum hotels are connected in six city blocks

**4**  
**INSPIRATIONAL SPEAKERS**  
during meals

**3 RESORTS – ONE DESTINATION**  
El Dorado • Silver Legacy • Circus Circus

**4 MEALS**  
included with registration

THE ROW Reno offers 24-hour entertainment with access to 23 restaurants, 23 bars and lounges, and several venues and nightspots all within day-trippable range of world-class recreation destinations.

**OVER 80 SEMINARS**



Visit [LionsForum.org](http://LionsForum.org) for more information

Need something in the newsletter? Send to: [aneo@runestone.net](mailto:aneo@runestone.net)

**PUT YOUR EVENT ON  
THE 5M4 WEBSITE!**  
Please let us know if you'd like us to post your 5M4 club event.  
Send to [patrickposl@gmail.com](mailto:patrickposl@gmail.com)

You are invited to the Elbow Lake Lion's next big event! Contact Anne at [anneo@runestone.net](mailto:anneo@runestone.net) or ANY Elbow Lake Lion for tickets. Details below:



**LIONS DEN**  
**SPEAKEASY**  
&  
**LOUNGE**  
COCKTAILS & SPIRITS

*Tickets Available at Wendell Pioneer Insurance or from any Elbow Lake Lions Club member*

**Elbow Lake Lions Fundraiser for local community projects**

**at Historic Lakeside Pavilion, Barrett  
5-9 p.m.  
Saturday, August 26, 2023**

- Full Bar
- A Delicious Meal
- Entertainment
- Dancing
- Live Music

**ADVANCE TICKETS \$50**  
\$60 at the gate

The Lions thank our co-sponsors:





**Dinner**

**Music**

**Cocktails**

**Games**

**PRIZES**






The Elbow Lake Lions recently installed a shelter on the newest bike path near Elbow Lake. The shelter was constructed by the WCA shop class with guidance from their teacher, Lion John Kreft.



# Benson Lions gear up for a busy summer

The Benson Lions Club met for their monthly meeting June 19 at Track in Benson. Among the evening events, a new member was welcomed. Officer and group photos closed the evening.



Pictured above: Nancy Dokken, sponsor, for the Lions new member, Leslie Honebrink.



## LEADER DOG – NEWS FROM THE HOME FRONT

Hi 5M4 Lions! I am the new Leader Dog Ambassador for our area. My name is Mary Bolas, currently raising Hawkeye, our second puppy from Leader Dog. Leader Dog is ever changing, and they have new opportunities for puppy raisers.

**PUPPY RAISERS** – How to become one.

Go to: [www.LEADERDOG.ORG](http://www.LEADERDOG.ORG), sign up for a virtual orientation of the facility, get your questions answered personally (they hold this once a month). Once you decide to do this amazing job, fill out the puppy raiser application. It is that simple. Leader Dog will contact you and you will be on your way! We found it extremely helpful to watch a few Leader Dog videos before picking up our first puppy. One of these videos was “house proofing” your home for the newest member of your household. All puppy raisers have a puppy raising manual, a puppy councilor, and a puppy supervisor. Even if you have NO canine experience, education is available. How much time do you need to donate to train one of these dogs? Minimum 10 minutes a day. With a young puppy, a small, short burst of training is better than one long day in class.

Puppy raising no longer needs to be a full year commitment. Which is good for the people that love young puppies discovering the world, and good for the others who love housebroken adolescents who can be wonderful and challenging all at the same time. Next month, I will talk more about how you can help if you aren't into puppy raising.

I am starting a **WHERE IS HAWKEYE?** Hawkeye is a black lab/golden retriever cross and is 9 months old as I write this. He has had a lot of experiences in his young life, and we are planning on a lot more! With summer in full swing, we have been invited to take part in 2 area parades, pancake breakfasts (Lions of course), and a fly in and breakfast. When you see us at your event, do come over and say HI. I will let you know whether or not today is a good day for petting. Try to keep your eyes on ME not the dog when you approach. You never know where we will show up, and we love to hear your doggy stories.

Hawkeye and I would love to come to your Lions Club meetings and speak about the changes Leader Dog has made...but we have one problem: Hawkeye will be going to Leader Dog University in **October**, so we are running out of time! Please call, or text **TODAY** so we can make NEW FRIENDS before college starts!

Mary Bolas

320-815-0343



## Spicer Sunrise Lions help sponsor a sensory friendly movie this at Spicer Cinema

Becky Sook, parent coordinator for Connecting Families Program, thanked the Spicer Sunrise Lions for their contribution which helped to make the special movie event possible this fall. The Connecting Families is a support group, associated with PACT for Families, seeking to connect families with children with special developmental needs, both physical and mental. The movie, with sound less intense and lights on, makes it possible for these families to enjoy a movie together with other families. The movie will take place this fall, but the group has a special time with the Stingers baseball team at 6pm July 22 for a picnic and stadium tour with the game to follow. Tickets for the July event are free with reservations. Reservations may be made at <https://www.surveymonkey.com/r/58M2XH8>







Club Name: \_\_\_\_\_

Club Location: \_\_\_\_\_

Address: \_\_\_\_\_

Dates for Club Visits: 1<sup>st</sup> Choice \_\_\_\_\_

2<sup>nd</sup> Choice \_\_\_\_\_

What time does your club meeting begin? \_\_\_\_\_

What time does your social hour start? \_\_\_\_\_

Do you have a Board Meeting? Yes \_\_\_\_\_ No \_\_\_\_\_

Would you like the DG to attend the Board Meeting? Yes \_\_\_\_\_ No \_\_\_\_\_

Are there other Lions Clubs or Leo Clubs involved for the DG Visit? Yes \_\_\_\_\_ No \_\_\_\_\_

Please List other Clubs: \_\_\_\_\_

\_\_\_\_\_

Will you have a meal? Yes \_\_\_\_\_ No \_\_\_\_\_

Lion, or Leo requesting the Governor's visit: \_\_\_\_\_

Contact telephone # \_\_\_\_\_ Email address \_\_\_\_\_

Will the Governor be expected to install officers? Yes \_\_\_\_\_ No \_\_\_\_\_

If yes, please send names of new officers. If inducting new members, please have the LCI New Member Kit with Pin and signed Certificate.

Will the Governor be expected to give out awards to club members? Yes \_\_\_\_\_ No \_\_\_\_\_

If yes, please send information stating the awards and the names of those receiving the awards. Please have awards, certificates, pins, or changes in installation or inductee ceremony available when I arrive for the Governor's visit. I am looking forward to coming to visit with your club!!

DGE Sue Kulbeik  
kulbeik@gmail.com  
Cell: 605-949-0161



# A little rain won't stop Lion Lori!

*Rain on the parade didn't stop Spicer Sunrise Lion Lori Schellberg. With her rain coat on and the pail of candy under the sign Lion Lori personally HANDED candy to parade goers.*



## Join us at the Can Do Woofaroo!

**Saturday, September 23, 2023**

Registration starts at 10 a.m. at Can Do Canines

Invite your friends (even the four-legged ones) to celebrate the amazing partnership between assistance dogs and the people who need them. This outdoor fundraising event includes a one-mile walk, live music, dog-centric vendors, dog costume contest, food and more!

**The Lions Clubs of Minnesota will once again be the Presenting Sponsors.**



Join WCMCA Head Start in making a positive impact on children and families in your community.

**Volunteer opportunities include:**

- Parent Planning Committees
- Classroom Activities
- Cultural/Language Supports
- and much more...

### Questions?:

Talk with Head Start/  
Early Head Start staff or call  
1-218-685-7009.

Ready?  
Sign up Today!



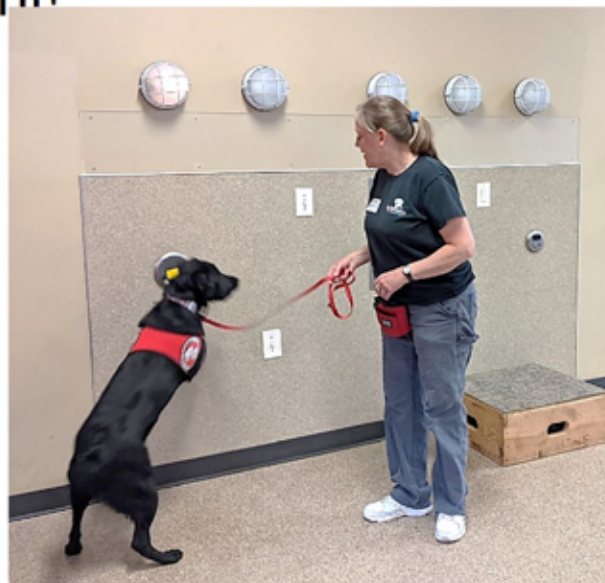
## The Next Can Do Canines Open House is on a Weeknight!

Can Do Canines invites you to attend an open house on Tuesday, August 8, from 6-8 p.m., at its Can Do Canines campus (9440 Science Center Drive, New Hope, Minnesota). Potential volunteers, clients, or anyone who might be interested in supporting the organization are invited to attend to learn how an assistance dog changes the life of a person with a disability.

Through a self-guided tour, attendees will be able to watch a trainer working with an assistance dog, hear from a volunteer puppy raiser, talk with volunteer staff members, pose questions to client services coordinators about the application process, and meet graduate teams from each of the five types of areas Can Do Canines trains dogs: hearing, mobility, seizure, diabetes and childhood autism. The assistance dog demonstrations will be held at 6:15, 6:55, and 7:35, and the puppy raiser will speak at 6:15, 6:35, and 7:15.

There is no pre-registration for this event, though attendees will be asked to share some contact information when arriving.

More information about Can Do Canines is at [www.candocanines.org](http://www.candocanines.org).



### SIGN UP!

<https://www.signupgenius.com/g60B0E49AAAA2AA6FB6-mnlions1>  
Newsletter website Facebook page.



## Spicer Lions at it again!

Lions Amy Kalkbrenner and Bob Knutson and our new city manager admiring the new AED mounted on the wall of the Lions shelter at Pirotta Park! The city purchased this unit and it will be like the one our club has approved for installation at Saulsbury Beach.


## Tinnitus Research Study



We are testing the usability of a medical device designed to treat tinnitus. The Lenire device is made by Neuromod Devices and is CE approved for use in Europe. This neuromodulation device delivers sounds and tongue stimulation that work together to reduce tinnitus. We are interested in your feedback after using the device.




- This study lasts about **6 months** and involves:
- 1 in-person visit
  - 3 virtual zoom visits
  - Daily use of the device (~1 h/day)
- Earn up to \$150 upon completion of the study


**TESSLab**

Please contact us if interested  
[TinnitusUMN@umn.edu](mailto:TinnitusUMN@umn.edu)  
 [IRB] STUDY00015524

Approved for Effective on IRB Study Number 00015524



**Need something in the newsletter?**  
Send to: [anneo@runestone.net](mailto:anneo@runestone.net) by the 20th of the month



**MD5M REGIONAL LIONS' LEADERSHIP INSTITUTE  
October 13-15, 2023, Hampton Inn & Suites Bemidji MN  
PARTICIPANT APPLICATION FORM**

**MUST BE SUBMITTED to your DISTRICT GOVERNOR no later than September 22, 2023**

NAME: \_\_\_\_\_ DATE JOINED LIONS: \_\_\_\_\_

ADDRESS: \_\_\_\_\_  
\_\_\_\_\_

E-Mail : \_\_\_\_\_ PHONE NO: \_\_\_\_\_

CLUB NAME and NUMBER: \_\_\_\_\_ MEMBER NUMBER: \_\_\_\_\_

CURRENT OFFICE HELD: \_\_\_\_\_

OTHER OFFICES HELD: \_\_\_\_\_  
\_\_\_\_\_

I WAS REFERRED BY: \_\_\_\_\_

WHY DO YOU WISH TO ATTEND THE MD5M REGIONAL LIONS' LEADERSHIP INSTITUTE?

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Use the back of this document or add another page if you require more space.

Any food or other allergies or special dietary requirements? \_\_\_\_\_

APPLICATION MUST BE SIGNED BY THE FOLLOWING:

APPLICANT: \_\_\_\_\_ DATE: \_\_\_\_\_

CLUB PRESIDENT OR ZONE CHAIR: \_\_\_\_\_ DATE: \_\_\_\_\_

NOTE: Please submit this completed application to your District Governor by September 22, 2023. The registration fee for the Institute will be \$150 USD. This fee will be payable by check or credit card before you can attend the Institute. You will be notified of your acceptance and provided with the payment information by September 31<sup>st</sup>, 2023. Attendees will receive a rebate upon completion of the Institute. The amount of the rebate will be determined by the amount of Lions attending RLLI.

**PUT YOUR EVENT ON  
THE 5M4 WEBSITE!**  
Please let us know if you'd like us to post your 5M4 club event.  
Send to [patrickposl@gmail.com](mailto:patrickposl@gmail.com)



**Minnesota Lions Hearing  
Foundation  
Hearing Research Fellowship  
Application**

# Hearing Research Fellowship Application

The Hearing Research Fellowship Award can be presented to a club member, family member or member of the community by a local club on behalf of the MN Lions Hearing Foundation. For every \$1000 donated to the Hearing Foundation, a Club earns one recognition award. Please consult with your District Hearing Foundation Trustee to determine how many club credits your club has earned.

Please **PRINT**

Club Name: \_\_\_\_\_ District \_\_\_\_\_

Person submitting Application: \_\_\_\_\_

Address where to ship recognition: \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_ Phone \_\_\_\_\_

Contact email address: \_\_\_\_\_

**RECIPIENT:**

Name \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ Zip \_\_\_\_\_

Please Check Appropriate Fellowship:

\_\_\_\_\_ **Individual Fellowship** = gift totaling \$1000 made by individual, Lions Club, or Lions District to honor someone as a Lion Hearing Research Fellowship.

\_\_\_\_\_ **Memorial Fellowship**= gift totaling cumulative \$1000 given in memory of a deceased Lion or individual.

\_\_\_\_\_ **Cumulative Fellowship**= accumulated gifts over time resulting in \$1000 donation. Fellowship plaque awarded upon cumulative \$1000 donated.

\_\_\_\_\_ **Progressive Fellowship**= gift to honor an individual who has previously been awarded a Hearing Fellowship Award.

Amount of donation: \_\_\_\_\_ Check # \_\_\_\_\_ Date \_\_\_\_\_

*Please send completed application to PDG Mike Vos, Foundation Treasurer for processing.*

Check Payable to: **Minnesota Lions Hearing Foundation**

Payment to: PDG Mike Vos, Foundation Treasurer  
20472 371<sup>st</sup> Avenue, Green Isle, MN 55338

This award can be awarded to a Lion, a community member or business or other organization the club chooses. The award helps with the ongoing hearing health research projects at the University of Minnesota.

This award can be given for every \$1,000 the club gives to our organization. Clubs can check with their trustees to find our theirbalance.

**Please allow 30 days to process & ship award recognition**



Mn Lions Childhood Cancer Foundation Inc.

## Believe Award

### Application

Club Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

#### Recipient:

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

Please check:

\_\_\_\_\_ Memorial Donation \$1,000.00, given in memory of a deceased Lion or non-Lion.

\_\_\_\_\_ Cumulative Award - Accumulated gifts over time resulting in a \$1,000.00 donation.

Mail or Email Application to:

Lion Genia Sjerven  
14496 Geneva Ave N  
Hugo MN 55038  
[sjerven@gmail.com](mailto:sjerven@gmail.com)

Mail Award to: Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_



# Learn!

LIONS LEARNING CENTER HAS A LIST OF COURSES - GO TO THE LIONS PORTAL AND SEARCH UNDER 'LEARN'

12:18 21° 82%

**Lion Portal  
Important Dates!**

**7/15/23-7/24/23: Target Conversion Date**

**Before 6/15/23:** Enter all club officers for 2023-2024

**Before 6/15/23:** Enter service activity for events prior to 6/1/23. Reporting for 6/1/23 going forward will be in the new system after conversion

**Before 6/15/23:** Record any club or donations to LCIF are in the bank with the appropriate supporting documentation for recognition.

**Before 6/15/23:** Make sure club data is accurate for this year (2022-2023). For Example, new members, sponsors, new clubs formed, transfers and other end of year activities specific to clubs are correct and recorded in MyLion/MyLCI

- Make sure every member has an email listed and no shared emails can be used in the new LIONS PORTAL
- Make sure member birthdays are entered since birth dates in MyLCI will be converted - even the old conversion 1/1/1900 date! Hint: in MyLCI under reports run "Member Information Update Report" and have your members update their info!
- Training is slated to begin in late April 2023 - Stay tuned!





## Heart of a Lion Award Application

District 5M4 Lion members are eligible to apply. A Lion member may apply or a club may apply on behalf of a member. Applications can be turned in throughout the year. Awards will be presented at the Mid- Winter Convention following completion of the application. Any criteria completed after July of 2015 qualifies toward this award and may be earned over several years.

**A Lion member must MEET 5 of the 8 CRITERIA listed below to RECEIVE the AWARD!**

The Lion member: \_\_\_\_\_ Club: \_\_\_\_\_  
(Name of Lion Member)

\_\_\_\_\_ Sponsored a New Lion \_\_\_\_\_ Club: \_\_\_\_\_  
(Name of new member)  
\_\_\_\_\_  
(Signature of club president or secretary) Date: \_\_\_\_\_

\_\_\_\_\_ Attended a Zone Meeting \_\_\_\_\_ Date: \_\_\_\_\_  
(Date and Zone # meeting attended)  
\_\_\_\_\_  
(Signature of a Zone chairperson) Date: \_\_\_\_\_

\_\_\_\_\_ Attended the 5M4 Mid-Winter Convention. \_\_\_\_\_ Date: \_\_\_\_\_  
(Signature of convention chairperson)

\_\_\_\_\_ Served as a Club Officer or District Chairperson. \_\_\_\_\_ Date: \_\_\_\_\_  
(Office or Committee Chaired)  
\_\_\_\_\_  
(Signature of club president, secretary or DG) Date: \_\_\_\_\_

\_\_\_\_\_ Be a Chair or Co-Chair of a club or district project. \_\_\_\_\_  
(Name of Project)  
\_\_\_\_\_  
(Signature of club president, secretary or DG) Date: \_\_\_\_\_

\_\_\_\_\_ Attended one training event: 5M4 Forum, Officer training, Leadership training or  
other Lions Clubs International sponsored class. \_\_\_\_\_ Date: \_\_\_\_\_  
(Training attended and date)  
\_\_\_\_\_  
(Signature of District officer, trainer or copy of certificate of completion) Date: \_\_\_\_\_

\_\_\_\_\_ Attended one of the following: USA Canada Lions Leadership Forum, International  
Convention or Multiple Convention. \_\_\_\_\_ Date: \_\_\_\_\_  
(Event attended and date)  
\_\_\_\_\_  
(Signature of District officer, Council Chairperson or Convention Chairperson) Date: \_\_\_\_\_

\_\_\_\_\_ Promote a new idea, service project or fundraiser that is adopted by your club or  
District that meets the mission of LIONS. \_\_\_\_\_ Date: \_\_\_\_\_  
(Promotion Idea and Date)  
\_\_\_\_\_  
(Signature of club president, secretary or DG) Date: \_\_\_\_\_

**Original to be completed and turned in to the DG or District Secretary**

Signature of DG or District Secretary \_\_\_\_\_ Date: \_\_\_\_\_