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'Let's reflect

We are just about 1/2 way through the year.

What have we done in the last six months? Have we actively worked to make our club better? Have we told anyone about what Lions do? Have we asked anyone if they are interested in getting that warm fuzzy feeling we get from serving? If so THANK YOU!! If not, what's holding us back?

So let's take a moment and reflect on the last 6 months. What can we do differently? What did we do that was great? and What did we do that we can improve on? The answer is different for each of us. I know there are things that I need to work on.

Lion Jo and myself had the opportunity to volunteer at the Special Olympics bowling event. What an honor it was for us to be able to help out with such an amazing event. These individuals are true leaders. They are truly there to have fun. The passion and respect they show for each other we all could learn alot from them. I definitely did. And definitely enjoyed the time I spent working with them.

With the Midwinter Convention just around the corner I am sure everyone is getting sick of hearing about it. But I am not done talking about it. This is going to be an amazing time of learning, and fellowship. (maybe even a little partying). We have worked hard on setting up speakers and entertainment. The thing I want to



DG Lion Rob Wiener and Lion Jo Wiener

talk about the most is the **Service Project**, this is something I feel strongly about. I feel we need to support our teachers the best we can. This is just one simple way to do it. We can not eliminate the issue with classroom supplies but we sure can help out. There is a list of needed supplies in the newsletter. Take a look and see if you can help in any way. Thank you for considering helping individually or through your clubs or both.

Remember if you ever have a question or concern never hesitate to call or email me. I may not have the answer but I have the phone number to the person

who does.



Convention Registration form on Page 3 - Register now!





PDG Bob Kulberk and !st VDG Sue Kulbeik

A note from VDGE Sue

Lion Sue is still the Leader Pog Chair and would love to bring puppy-in training, Olee, to meet your club or to your special event Please contact her at any time if you need her. Cell: 605-949-0161 and email: kulbeik@gmail.com



'Reflect and give thanks...'

As we approach the Holiday Season for 2022 it's a great time to reflect and give thanks for all the blessings that we have received over the past year. Both Bob and I are in good health and had a relatively easy bout of Covid earlier this year. We have traveled to wonderful places and met amazing Lions from all over the world. As a result of my District Governor training, I am gaining friends from around the USA, and our group leader is from Nigeria. I am working on a service project with a terrific gal from the Netherlands. We are both hoping that this "practice" project will be something we can actually put into practice around our district.

January and February will be the season for Mid-Winter Conventions, including ours. I will be attempting to get to most of the conventions around our Multiple Districts, and encourage the Leadership of other District to join us at Arrowwood for our convention. We learn so much from each other. I hope many of you will take advantage and join us there.

I am also thankful for the Lions in my Elbow Lake Lions club, who are so supportive and from



around the District who have been so encouraging to me becoming District Governor. I wish each of you could feel that same positivity. If you are interested in exploring becoming District Governor, please let me know and we can talk about how it works and what steps you would need to take. I'd love to help you get there.

Take time to count your blessings this season. Remember to be kind – kindness matters – and your act of kindness could be what makes someone's day.

Happy Holidays!





"Lions Strong: Making A Difference"



Registration Form 44th District 5M4

LIONS MIDWINTER CONVENTION

January 27, 28, 29, 2023 at Arrowwood Resort, Alexandria, MN

PLEASE MAKE YOUR OWN HOTEL RESERVATIONS!

Call Arrowwood Resort @ 320-762-1124

2100 Arrowwood Lane NW, Alexandria, MN 56308

INDIVIDUAL & FAMILY REGISTRATION FORM

Name:	Club	Club Ti	tle Lion_	_ Lioness _	_Leo_	_ Non-Member
Name:	Club	Club Ti	tle Lion_	_ Lioness _	Leo_	Non-Member
District or Other Title:						
Address:						
City:					_ Zip: _	
Phone:		Email:				
Guest Children:				Age:		
Guest Children:						
+++++++++++++++++++++++++++++++++++++++	++++++++++++	+++++++++++++	+++++++++++	+++++++	+++++	++++++++++++
	Convention I	Package (inclu	des all meals	s)		
Regardless of postmark:		Name on Card _				
	3% for card fee)	Credit Card #		EXP Dat	te	
@ \$50.00 (\$51.50) Children						
@ \$50.00 (\$51.50) LEOs						
@ \$ 50.00 (\$51.50) First Ti	me Attendee (Dis	strict 5M4 membe	rs only)			
@ \$30.00 (\$30.90) Saturda	ay only – no meal	ls				
+++++++++++++++++++++++++++++++++++++++	+++++++++++	++++++++++++	++++++++++	+++++++	+++++	
Postmarked 7/16/22 - 12/15/22		Name on Card				
(Credit card add	3% for card fee)	Credit Card #				
@ \$115.00 (\$118.45) Regula						
+++++++++++++++++++++++++++++++++++++++	+++++++++++	+++++++++++	++++++++++	++++++	+++++	++++
Postmarked 12/16/22 - 1/10/22		Name on Card				
(Credit card add	3% for card fee)	Credit Card #		EXP Da	ate	
@ \$135.00 (\$139.05) Regul						
PLEASE CHOOSE YOUR BANQUET						
Any Special Dietary Needs?						
Any Special Dietary Needs? Meals available: Saturday Breakfast: Sunday Breakfast:		· · · · · · · · · · · · · · · · ·		Saturday E	3anque	t:@ \$50
					<u>.</u> •	

Waterpark tickets \$10.00 per day per child (To be purchased after arrival.)

Cancellations will be charged a \$20 fee. Cancellations after January 1, 2023 no refund will be made.

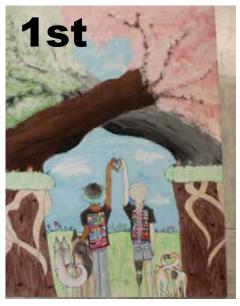
Make Checks payable to: District 5M4 Lions Mid-Winter Convention Fund

Send to: Cindy Fronning, 324 E. Hillside Ave. Fergus Falls, MN 56537

Contact Cindy Fronning for questions 651-324-8415 or email cindy@nadona.org



Elbow Lake, Hoffman, and Wendell Peace Poster Contest winners:







Elbow Lake Lions- 13 year olds: 1st Graysen Mueller (Graysen was the overall winner and the entry will advance in competition! Congratulations!) 2nd Molly Betterman, 3rd Skylar LaRue







Hoffman Lions - 12 year olds: 1st Jenna St. Martin, 2nd Natalea Olson, 3rd Sophia Hansen,





Wendell Lions - 11 year olds: 1st Miley Dewey, 2nd Kyra Westrom, 3rd Kaylee Short



5M4 Convention Service Project!

The Mid-Winter Convention is coming quickly. We have decided to do a service project for schools. This will help the students and the staff of elementary schools throughout the district. What we are doing is a class room supply kit. We ask clubs and individual members to help us collect items needed. DG Rob has discussed this project with a number of elementary grade school teachers and he was able to compile a list of items they need in February.

Each club is asked to contribute!

HERE IS YOUR SHOPPING LIST:



The best part about this is most of these items are on sale at deep discounts right now due to back to school. So if you can stock up and help us help our teachers and students throughout the district. Keep an eye out for more information to come.

6.

5M4 Newsletter www.e-district.org/sites/5M4 DECEMBER 2022

PUT YOUR EVENT ON THE 5M4 WEBSITE!

Please let us know if you'd like us to post your 5M4 club event.

Send to patrickposl@gmail.com



A Day To Honor!

The Veterans of Foreign Wars Post 1403 in Benson sponsored their annual Veterans Day Supper, Nov. 11 at Track Bar and Grill in Benson. The BENSON LIONS CLUB added to the event by decorating with red/white/blue table cloths, flags, centerpieces, etc.

The Lions also provided the dessert of iced cupcakes.



















Lions Strong: Making A Difference



Jan 27 - 29, 2023 District 5M4

Dear Presidents & Secretaries,

The 2023 Mid-Winter Convention Committee is working hard to bring you the best convention yet!

One of the ways that we can do this is by selling ads in our convention booklet. If you have already purchased an ad, we THANK YOU!!! If you haven't yet done so, please consider taking out an ad and brag about your club a bit. I have attached a price list and a form with instructions. The best part of this is, if you give the info you want in the ad, the publisher will design it for you. If you have a picture you want in the ad, please attach it to the form as a JPEG and email it to the email address on the form and the check with a copy of the form to Jason Kerfeld or Cindy Fronning. Our info is at the close of the letter. We are trying for 100% of the clubs to be represented in the booklet. Please help us reach that goal!

Another opportunity that your club has, to not only help the convention be the best, but to represent your club is to donate a basket that is reflective of the community or area your club is from. A basket worth \$20-25 would be a wonderful addition to our Chinese auction. Please contact Jackie Heinen at imheinen50@gmail.com.

On another, sadder note, we would love to have the names of all your members that have passed away between 1/1/22 and 12/31/23 (some time to go yet) so we can remember them at our memorial service. This will be held at 7:00 pm Friday 1/27/23 at the convention in Arrowwood, Alexandria, MN. To have this happen we need 2 things from you:

- 1) the names of the deceased members, date of death and an obituary/picture sent to PDG Bob Kulbeik as soon as possible. His email is: kulbeik@hotmail.com.
- 2) Please contact the family members and let them know about the service and invite them to attend.

We also encourage you to participate in the hospitality areas that will be available at the convention. Have your club participate in this event by hosting an area. Hosting an area costs \$200 and you can set up an area to have fun with. You do not need to provide any food or alcohol beverages as they are provided by the resort. Non-alcoholic beverages would be a great idea and snacks that are not refrigerated or heated can also be at your table. Games can be great fun as well. Our theme for the hospitality room is "Fun in the Sun". Please contact Mike Beilke and he can get you set up. If you would rather donate instead of being a host, please send your monetary donation to Mike. His email address is mbeilke62@gmail.com. His phone number is 320-761-9406. The donations will be used for the food served during the hospitality events.

Finally, please attend the 2023 Mid- Winter convention! Help your club members to attend and find out what it is all about. Our theme is "Lions Strong: Making a Difference". Together we can make a difference. Come, learn and have some fun and good networking with other Lions and see what is happening in the world of LIONs and how we have made a difference!

Sincerely,
Lion Cindy Fronning
2023 Mid-Winter Convention Chair
cindy@nadona.org
651-324-8415

Lion Jason Kerfeld Ad chairman kerfeld@mainstreetcom.com 320-429-0794



Benson Lions donations



Pictured above are: Holly Grussing, Julie McNeill (representing TEAM Promise), Marlys Boone, Beth Buyck and Jon Buyck (Benson Lions Club members) presenting a \$300 donation to the TEAM Promise Program.



Pictured above is Peggy Bausman, representing the Benson Lions Club, presenting a \$300 donation to Jerry Peterson, Chairman of the Swift County Benson Hospital Foundation.

Spicer and New London Lions heard from the 5M4 District Governor from Sauk Centre at their combined meeting Tuesday night. The Lions kept District Governor Rob Weiner busy presenting awards and inducting new members.





Spicer Lions honored Lions Cheryl Stevens and Todd Erickson with Hearing Foundation awards.



Gary and Carla Lagerstedt received the Top Dog award from Can Do Canines.



The Melvin Jones awards went to Lions Bob Kulseth and Bob Bliss.

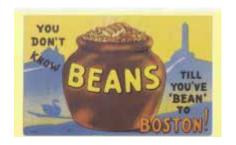


PDG Bob Knutson was given the Good Samaritan award for his care of an injured person on North Shore Drive.

New Members!

New members in the Spicer Sunrise Club are Dana Thompson sponsored by Jean Ruter and James Kavajecz sponsored by PDG Bob Knutson.

New London new members are Ida and Dan Leite sponsored by Vicki Vogt.







LITPC YOUTH SCHOLARSHIP INFORMATION

The Lions International Trading Pin Club (LITPC) has announced for the 2022 – 2023 school year that there will be 4 US \$2,500 scholarships awarded. Graduating Leos OR graduating sons/daughters, grandsons/granddaughters of Lions are eligible to apply for the LITPC Youth Scholarship. The LITPC goal is to help our future leaders and give students a financial helping hand. This program started in 2012. Recipients have been from Connecticut, Delaware (2), Georgia, Iowa, Louisiana, Minnesota (3), New York (3), Ohio (3), Oklahoma (2), Pennsylvania (2) and Virginia (5). The 2023 recipients will be announced at the LITPC Pin Traders Annual Breakfast in June, 2023.

To obtain the current LITPC Youth Scholarship information:

- 1. Go to the LITPC website: www.litpc.org
- 2. In the left column, click on LITPC Scholarship Forms.
 - 3. Then click on LITPC Scholarship Information.
- 4. When that page comes up, click on Scholarship Application Form. Read and follow ALL directions. Be sure to fill out ALL the forms neatly and correctly which includes the 4 essay questions (in 350 words or less) and the question about scholarships that you have been offered along with submitting a certified copy of your high school transcript including activities. Plus you also need to attach recommendations from 2 persons (i.e. teacher, coach, clergy, employer, etc.) AND attach a recommendation letter from a Lions Club member indicating the name of the Club and state/province and country in which the Club is located.

ALL forms and letters are to be submitted by MARCH 1, 2023 to:
Lions Bill & Marcia Guthrie, Scholarship Chairman 763-786-8072

9 101st Lane NW, Coon Rapids, MN 55448 bmguthrie9@q.com
You can either mail us your application or email it to us.

THANK YOU AND GOOD LUCK TO ALL!!!

The LITPC fulfills the motto of Lions Clubs International – "WE SERVE"



Memorial Service at Mid-Winter

Once again, the Past District Governors of 5M4 are honored to organize the Memorial Service at the Mid-Winter Convention. If someone from you club has passed away since 1/1/2022, please forward their name and a photo to PDG Bob Kulbeik at kulbeik@hotmail.com. Also, please indicate if they were in the service to our country or a first responder. Past District Governors- please bring your white coat to participate in the service.





LCIF grant helps build greenhouse for WCA schools

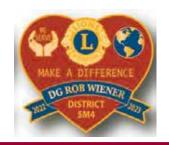
The WCA Greenhouse, funded in part by a grant from LCIF, is complete! They have finished construction and the kids are already using the facility. There are just a few accessories waiting to be added and we will be closing out the grant.

Even better news is the effect the greenhouse is having. Teachers from all departments and all ages are adding lessons that include the greenhouse.

Several students participated in an online forum on reducing hunger around the world and could share the story of their greenhouse, paid entirely by donations from Lions and community donors.

Also, the FFA kids in the 2021 school year were a couple dozen. This year the school has agreed to include 7th and 8th grade and because of the interest in the greenhouse, the new total of FFA kids is 145!







LIONS HOCKEY NIGHT



FEBRUARY 17, 2023

7:00 PM Excel Energy Center, St. Paul

Lions International President Brian Sheehan and the MN Wild invite you to participate in Lions International Wild Game Night. A great public relations opportunity for our organization. *Tickets are available First come, first served.* Please use the QR code or link to order your tickets soon. Don't wait until the last minute to order your tickets.

https://protect-us.mimecast.com/s/8rtRCNknvMcZiEGXS4o6DN?domain=us-west-2.protection.sophos.com



Show your pride by wearing your Team Sheehan gear and MN Wild gear. President Brian will be riding a Zamboni.

Volunteers Needed

Giveaways will be given out at four gates as fans enter the facility. We will need 16 volunteers to arrive before game time to help distribute items.

We will also have a Lions information table on the concourse requiring volunteers. Please go to the sign-up genius link if you are interested in volunteering. *Volunteers are required to purchase tickets if you wish to watch the game.* If you want to volunteer only, there is no need to purchase a game ticket.

https://www.signupgenius.com/go/60B0E48A4A62AAAFC1-lions3







Mn Lions Childhood Cancer Foundation Inc.

Believe Award

Application

Club Name		
Address		
		Zip Code
Recipient:		
Name		
Address		
		Zip Code
Please check:		
Memorial Donation \$1,0	00.00, given in memory of o	a deceased Lion or non-Lion.
		esulting in a \$1,000.00 donation.
Mail or Email Application to:	-	-
	Lion Genia Sjerven	
	14496 Geneva Ave N	
	Hugo MN 55038	
	sjerven@gmail.com	
Mail Award to: Name		
Address		
Citv	State	Zip Code



Now is the time to register for the Mid-Winter Convention! Remember to call and book your room, too!

Having a hard time finding new members?... maybe you should ask one of these?...

your spouse

your children

your neighbor your brother

your sister

your best friend

your mailman

your garbage man

your insurance agent

your banker

your car dealer

your doctor

your nurse

your pastor

your boyfriend

your girlfriend

your mother

your father

your cousin

your past Lions members

your business partner

your barista

your mayor

your local store owners

As you can see the options are limitless. Find one of the

above or one of your own choices. Share the gift of Lionism

today!!

Submitted by Jason Kerfeld





Minnesota Lions Hearing

Foundation

Hearing Research Fellowship Application

District

The Hearing Research Fellowship Award can be presented to a club member, family member or member of the community by a local club on behalf of the MN Lions Hearing Foundation. For every \$1000 donated to the Hearing Foundation, a Club earns one recognition award. Please consult with your District Hearing Foundation Trustee to determine how many club credits your club has earned.

Please PRINT	
Club Name:	

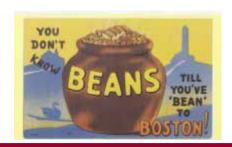
Person submitting App	lication:			
Address where to ship	recognition:			
City	State	Zip	Phone	
Contact email address				
RECIPIENT:				
Name				
Address			City	Zip
Please Check Appropri	ate Fellowship:			
	owship = gift totali e as a Lion Hearing	-	by individual, Lions Club wship.	o, or Lions District to
Memorial Fell	owship = gift totalir	ng cumulative \$	1000 given in memory o	f a deceased Lion or
	llowship= accumuled upon cumulative	-	time resulting in \$1000 c d.	lonation. Fellowship
Progressive Fe		onor an individu	ual who has previously b	een awarded a Hearing
Amount of donation: _		Check #	Date	
Please send completed	application to PDG	6 Mike Vos, Fou	ndation Treasurer for pro	ocessing.
Check Payable to:	Minnesota Lions	Hearing Found	ation	
Payment to:	PDG Mike Vos, Fo			

Hearing Research Fellowship Application

This award can be awarded to a Lion, a community member or business or other organization the club chooses. The award helps with the ongoing hearing health research projects at the University of Minnesota.

This award can be given for every \$1,000 the club gives to our organization. Clubs can check with their trustees to find our theirbalance.

Please allow 30 days to process & ship award recognition





Heart of a Lion Award Application



District 5M4 Lion members are eligible to apply. A Lion member may apply or a club may apply on behalf of a member. Applications can be turned in throughout the year. Awards will be presented at the Mid- Winter Convention following completion of the application. Any criteria completed after July of 2015 qualifies toward this award and may be earned over several years.

A Lion member must MEET 5 of the 8 CRITERIA listed below to RECEIVE the AWARD!

(Name of Lion	Member)
Sponsored a New Lion	Club:
(Name of new	
W	Date:
(Signature of club president or secretary)	
Attended a Zone Meeting	Date:
100000	e and Zone # meeting attended)
	Date:
(Signature of a Zone chairperson)	
Attended the 5M4 Mid-Winter Conventi	on. Da
	(Signature of convention chairperson)
Served as a Club Officer or District Chair	person. Da
	(Office or Committee Chaired)
	Date:
(Signature of club president, secretary or DG)	
Be a Chair or Co-Chair of a club or district	(Name of Project)
(Signature of club president, secretary or DG	(Name of Project) Date:
(Signature of club president, secretary or DG	(Name of Project) Date:) , Officer training, Leadership training or
(Signature of club president, secretary or DG	(Name of Project) Date:) , Officer training, Leadership training or
(Signature of club president, secretary or DG Attended one training event: 5M4 Forum other Lions Clubs International sponsore	(Name of Project) Date:) , Officer training, Leadership training or d class Da (Training attended and date) Date:
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Show your pride for President Sheehan

Lions of MD5M, you have a special connection to International President Brian Sheehan. Many of you probably know him as "Lion Brian." And some of you even know where the heck Bird Island is.

So show your hometown pride and support for our president with his exclusive line of Together We Can shirts, mugs, notebooks and more. Visit the Lions Shop to browse his presidential collection today!

HERE IS THE WEBSITE LINK: (copy and paste into your website browser) https://app.e.roar.lionsclubs.org/e/es?s=94443966&e=1205163&elqTrackId=320bc4c47118450db330ff5e51511b5f&elq=c3af9495a26f44f18ff7d8efd84a1138&elqaid=26962&elqat=1