



# 5M4 Newsletter



## IN THIS ISSUE

- Page 2 - Hospitality Room fun
- Page 3 - Speakers, Info booth, music, Leader Dogs
- Page 4 - New DGE Sue! Awards and more
- Page 5 - Peace Poster winners, Leos at convention
- Page 6 - Parade of Green results - Convention faces
- Page 7 - MD5M Convention in St. Cloud
- Page 8 - Hearing Foundation Newborn Screening
- Page 9 - Can-Do Canines Open House,  
Catch the Dream - Diabetes 'Challenge'
- Page 10 - Used hearing aids drop off, WCA Green-house Open House, Hector Lions Plap Jack Festival
- Page 11 - Lions Hockey Night - February 17!
- Page 12 - Forada Harvest Pack event - April 13
- Page 13 - USA/Canada Leadership Forum Sept. 21-23
- Page 14 - Minnesota Lions Hearing Fellowship  
Application form and info
- Page 15 - Diabetes Foundation Update
- Page 16 & 17- LIONS LEADERSHIP INSTITUTE INFO AND REGISTRATION - CHECK IT OUT!
- Page 18 -LITCP SCHOLARSHIP INFORMATION
- Page 19 - CANCER FOUND. BELIEVE AWARD APPR.
- Page 20 - HEART OF A LION AWARD APPLICATION
- Page 21 - Sara Thompson contact information

# WOW!

*What a fun weekend we had at Arrowwood Resort! Thanks to EVERYONE who worked so hard to make it all happen! Thanks to ALL who attended!*



*DG Lion Rob Wiener and Lion Jo Wiener*

*In this 'Post Convention' newsletter you'll find a BUNCH of photos from the Midwinter Convention - enjoy!*



One of many registration table crews



Successful Service Project - over 90 boxes of school supplies for local schools.



(left) Dr. Dianne Pitts joined us for the weekend.



The touching Friday evening Memorial Service honored 22 Lions who passed this year.

## 2023



# Hospitality fun



Enjoying conversation with old and new friends



Grant County Lions gather



Happy that it's Saturday night!



Lots of smiles



Great bartenders



Lots of great raffle and silent auction items



Celebrating summer!



First timers from Miltona club



# Great speakers



Lion Allen Bailey



Matt Lundeen



Sara Thompson  
(see page 21 for more info about Sara)

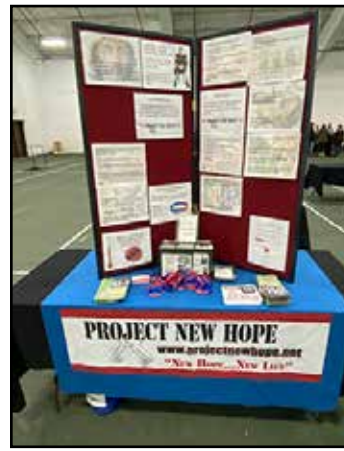


Dr. Dianne Pitts



Lilie Mahan and her family

## Info booths



We Are Family – Sister Sledge  
We are family  
I got all my "Lions" with me  
We are family  
Get up everybody and sing  
  
We are family  
I got all my "Lions" with me  
We are family  
Get up everybody and sing

## Leader Dogs



## Music





# AWARDS



## A new DG elected!

Congratulations to DGE Sue Kulbeik

## 'Thanks Mom'

DG Rob's mom was a special honored guest at the Saturday evening banquet. She looked on proudly as her son conducted the program.



IPDG Marty Athmann - District Governor Award for services last year.



Lion Mike Beilke - Presidential Certificate - 4th highest award in Lions



Lion Ron Buse - Lions Leadership Medal - 3rd highest award in Lions



Lion Daryll Staley - Heart of the Lion award - 5M4 District Award



IPDG Marty Athmann - LCIF Medal for achievement



Lion Mickie Rogal - Presidential Certificate - 4th highest award in Lions



Lion Craig Shellberg - LCIF Medal for achievement



Lion Terry Mead - accepting for his wife, Jackie, - Heart of the Lion award - District 5M4 award



Lion Bonnie Lay - Lions Leadership Medal - 3rd highest award in Lions



Congratulations to PDG Dennis Zimmermann for receiving the Presidential medal - 2nd highest award in Lions.



Parade of Green at the Sunday breakfast



# Peace Poster winners!



1st Place: Graysen Mueller, West Central Area Schools, sponsored by the Elbow Lake Lions



2nd Place: Miley Dewey, West Central Area Schools, sponsored by the Wendell Lions

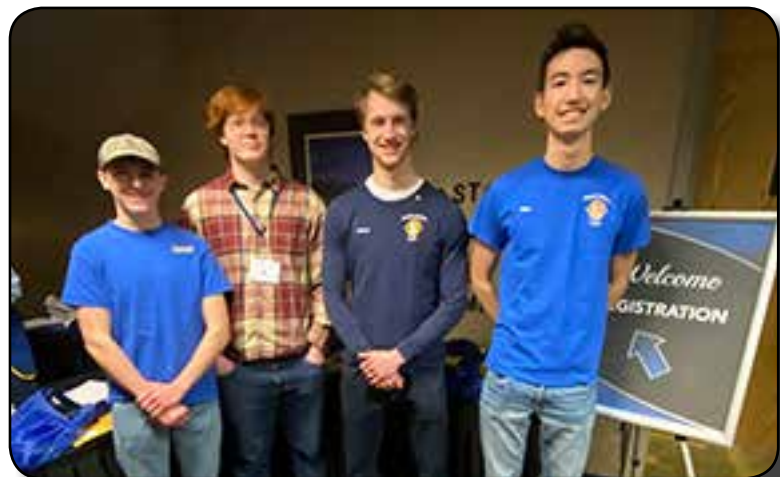


3rd Place: Peyton Wessell sponsored by the Sauk Centre Lions



**Congratulations to Graysen - her poster is advancing in International competition!**  
**We are so proud of all the artists who shared their talent!**  
**Thanks to Lion Jacque Heinen for all her hard work on this project!**

## Leos at convention!



6.

5M4 Newsletter

www.e-district.org/sites/5M4

FEBRUARY 2023 - POST CONVENTION WRAP-UP

**PUT YOUR EVENT ON  
THE 5M4 WEBSITE!**  
Please let us know if you'd like us to post your 5M4 club event.  
Send to [patrickposl@gmail.com](mailto:patrickposl@gmail.com)

## Parade of Green results - thank you clubs... and individuals!

- |                                                |                                        |
|------------------------------------------------|----------------------------------------|
| MN Lions Diabetes Foundation - \$7,027.97      | Leader Dog - \$5,944                   |
| Camp Needle Point - \$2,620                    | Youth Exchange - \$2,045               |
| MN Lions Vision Foundation - \$9,665           | MN Special Olympics - \$1,610          |
| LCIF - \$16,345                                | True Friends - \$1,420                 |
| Ransom for the kidnapped flamingos - \$1000    | MN Lions Hearing Foundation - \$5,580  |
| Parade of Green box - \$11,172                 | Camp Confidence - \$2,227              |
| Individual donations - \$1,388                 | MN Lions Kidsight Foundation - \$3,670 |
| Sale of pins/board - \$380                     | Project New Hope - \$3,620             |
| Sunday morning donations - \$2,155             | Team Sheehan Foundation - \$2,510      |
| MN Lions Childhood Cancer Foundation - \$4,410 |                                        |
| Can Do Canines - \$5,310                       |                                        |



Total Parade of Green and other donations = **\$74,053.97**

## Faces you might know...



# Good job everyone. See you next year!

Need something in the newsletter? Send to: [anneo@runestone.net](mailto:anneo@runestone.net)

7.

5M4 Newsletter

www.e-district.org/sites/5M4

FEBRUARY 2023 - POST CONVENTION WRAP-UP



# Sign up to attend the MD5M in St. Cloud



**Congratulations to  
Lion Lori Sheehan  
- the newest Hall of  
Fame member  
of 5M4**

Need something in the newsletter? Send to: [anneo@runestone.net](mailto:anneo@runestone.net)



Newborn hearing screening: Hearing helps a baby to talk. If hearing loss is discovered early, babies have the best chance of learning to speak and doing well in school.



In 1999, only 8% of babies born in Minnesota were screened for hearing loss. Together with their partners, the Department of Otolaryngology at the University of Minnesota, the 5M Hearing Foundation established the **Lions Newborn Hearing Screening Program**. Within five years, every baby born in Minnesota could be screened for hearing loss –that’s about 70,000 children every year! In 2007, newborn hearing screening was mandated and the Lions Newborn Screening Program was handed over to the Department of Health.

If your baby does not pass the first hearing screen, it does not mean he/she has a hearing loss. Some common reasons are:

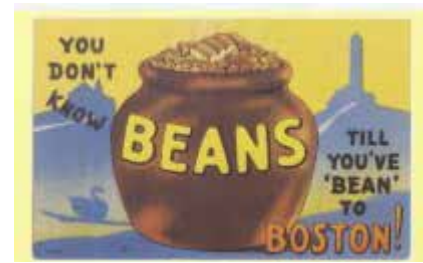
- birth debris in the ear canal
- fussy baby
- too much noise in the room
- middle ear fluid

Nonetheless, it’s important to schedule a follow-up screen.

Speech and Hearing Milestones to watch for:

- around 0-3 months
  - startles at loud noises
  - reacts to a familiar person
  - makes “coo” or “aah” sounds
- around 3-6 months
  - stops playing when sound is heard
  - reacts to his/her name
  - babbles
  - laughs when happy
- around 6-9 months
  - turns head to source of sound
  - responds to “no” and facial expressions
  - says “mama” and “dada”





*Having a hard time finding new members?... maybe you should ask one of these?...*

- your spouse
- your children
- your neighbor
- your brother
- your sister
- your best friend
- your mailman
- your garbage man
- your insurance agent
- your banker
- your car dealer
- your doctor
- your nurse
- your pastor
- your boyfriend

- your girlfriend
- your mother
- your father
- your cousin
- your past Lions members
- your business partner
- your barista
- your mayor
- your local store owners

*As you can see the options are limitless. Find one of the above or one of your own choices. Share the gift of Lionism today!!*

*Submitted by Jason Kerfeld*

### Can Do Canines Open House Scheduled for March 25

Can Do Canines invites you to attend an open house on Saturday, March 25, from Noon to 2 p.m., at its Can Do Canines campus (9440 Science Center Drive, New Hope, Minnesota.). Potential clients, volunteers, or anyone who might be interested in supporting the organization are invited to attend to learn how an assistance dog changes the life of a person with a disability.



Through a self-guided tour, attendees will be able to watch a trainer working with an assistance dog, hear from a volunteer puppy raiser, talk with volunteer staff members, pose questions to client services coordinators about the application process, and meet graduate teams from each of the five types of areas Can Do Canines trains dogs: hearing, mobility, seizure, diabetes and childhood autism. The assistance dog demonstrations will be held at 12:30, 1:00, and 1:30, and the puppy raiser will speak at 12:15, 12:45, and 1:15.

There is no pre-registration for this event, though attendees will be asked to share some contact information when arriving.

More information about Can Do Canines is at [www.candocanines.org](http://www.candocanines.org).



## *"Catch the Dream"* *...Life Without Diabetes!*

**Minnesota Lions Diabetes Foundation**  
**STRIDES for Diabetes Awareness**

**February, March & April 2023**

**Commit to 15 Miles of Physical Activity a Month**  
2000 steps = 1 mile

**You Choose Your Activity**

- Be active on your own
- Be a part of a team

**Register at: [MNLionsDiabetes.org](http://MNLionsDiabetes.org)**

Registration opens February 1, 2023

\$30 Registration Fee  
T-Shirts available



*Physical activity, and healthy food and beverage choices are key to preventing diabetes and improving health.*



Net Proceeds benefits  
Minnesota Lions Diabetes Foundation, Inc.  
[MNLionsDiabetes.org](http://MNLionsDiabetes.org)

Contact  
Lion Amy or  
Lion Lori for  
additional  
information!

e-mails are:

[aswenson@isd2342.org](mailto:aswenson@isd2342.org)

[lorischellberg@gmail.com](mailto:lorischellberg@gmail.com)



## Hector Lion's Club



All You Can Eat  
Annual



## Flapjack Festival

Sunday February 19, 2023

8:00 am-12:00pm

Hector Community Center

Freewill Donation



Flapjacks with fresh fruit toppings

French toast, Sausage, Coffee, Milk or Juice

Proceeds to Support the BLHS School Safety Patrol Reward Day



#### PRESIDENT'S MESSAGE

Together we can with  
International President,  
Brian Sheehan

#### Dear Lion,

When you love what you do with a team that you love, you can make every day a great day. That's what's so awesome about being a Lion. Because no matter how hard the work may be, we always have a great time getting it done.

There's really nothing that compares to the fun and fellowship of being a Lion except for inviting more people to be a part of it. So give your community the opportunity to join our team and discover what we've found. And let's keep working together to make the projects we love even bigger, better and more fun for everyone.

Make a great day,  
Brian Sheehan  
International President




**SAVE THE DATE!**

**Tuesday,  
Feb. 21st**

**Greenhouse  
GRAND  
OPENING!**

**Please join us on February 21, 2023, at 2:30 pm at WCA School in Barrett, MN for the official dedication of the amazing Greenhouse!**

**There will be a program, drinks and snacks, and tours of the facility by the FFA kids.**

**Please RSVP on the WCA FFA Facebook page.**





# LIONS HOCKEY NIGHT



# FEBRUARY 17, 2023

## 7:00 PM Excel Energy Center, St. Paul

Lions International President Brian Sheehan and the MN Wild invite you to participate in Lions International Wild Game Night. A great public relations opportunity for our organization. **Tickets are available First come, first served.** Please use the QR code or link to order your tickets soon. Don't wait until the last minute to order your tickets.

<https://protect-us.mimecast.com/s/8rtRCNknvMcZjEGX54o6DN?domain=us-west-2.protection.sophos.com>



**Show your pride by wearing your Team Sheehan gear and MN Wild gear.**

**President Brian will be riding a Zamboni.**

### Volunteers Needed

Giveaways will be given out at four gates as fans enter the facility.

We will need 16 volunteers to arrive before game time to help distribute items.

We will also have a Lions information table on the concourse requiring volunteers. Please go to the sign-up genius link if you are interested in volunteering. **Volunteers are required to purchase tickets if you wish to watch the game.** If you want to volunteer only, there is no need to purchase a game ticket.

<https://www.signupgenius.com/go/60B0E48A4A62AAFC1-lions3>





## HARVEST PACK EVENT

Facilitated by The Forada Lions



Date: Thursday, April 13, 2023

Volunteers Needed!

Times: Noon, 2PM, 4PM, & 6PM

Location: Forada Fire Hall

Goal: 100,000 Meals

\$25,000 in Donations Needed

by April 5<sup>th</sup>

Send donations to: 11791 Maple Springs Dr SE, Alexandria, MN 56308  
If questions call 602-403-9542

*122,000 meals were packed last year with the support of many organizations, businesses, and churches - as well as over 250 volunteers*

*Meals are sent to Haiti and local Minnesota Food Distribution outlets.*



*The Muddy Boot in Forada is offering a 25% discount on April 13<sup>th</sup> to those who help with the project*



## Happy New Year 5M4!!

Have you made your travel plans for the new year yet? Here is a great opportunity; for learning, serving, and to have some fun!! Our own 5M4, International President Lion Brian will be passing on his duties during this time; he is an unbelievable motivational speaker, you will not want to miss this!!

Also a plug for Facebook if you do social media... if you have not "Liked" the pages yet, please find the Lions International page and the 5M4 page. There is a lot of items shared on these to keep you connected.

The Lions International Convention will be held in Boston this year; July 7-11. Please click on the link below for more information and to complete your registration online!

<https://lcicon.lionsclubs.org/>

Cabinet Members – a quick link for you.

Clubs – please forward this to your members and encourage them to attend as well. This is a great experience in a great city! Sincerely, Lion Susan Krumrey, 5M4 Cabinet Secretary



## SEPT. 21-23, 2023

### THE ROW • Reno, Nevada

**EARLY  
REGISTRATION**  
ENDS MAY 31, 2023

**FREE PARKING**  
at The Row hotels

**NO SHUTTLES  
NEEDED**  
all Forum hotels are connected  
in six city blocks

**4  
INSPIRATIONAL  
SPEAKERS**  
during meals

### 3 RESORTS – ONE DESTINATION

El Dorado • Silver Legacy • Circus Circus

**4 MEALS**  
included with  
registration

THE ROW Reno offers 24-hour entertainment with access to 23 restaurants, 23 bars and lounges, and several venues and nightspots all within day-trippable range of world-class recreation destinations.

**OVER 80  
SEMINARS**



Visit [LionsForum.org](http://LionsForum.org) for more information



**Minnesota Lions Hearing  
Foundation  
Hearing Research Fellowship  
Application**

# Hearing Research Fellowship Application

The Hearing Research Fellowship Award can be presented to a club member, family member or member of the community by a local club on behalf of the MN Lions Hearing Foundation. For every \$1000 donated to the Hearing Foundation, a Club earns one recognition award. Please consult with your District Hearing Foundation Trustee to determine how many club credits your club has earned.

**Please PRINT**

Club Name: \_\_\_\_\_ District \_\_\_\_\_

Person submitting Application: \_\_\_\_\_

Address where to ship recognition: \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_ Phone \_\_\_\_\_

Contact email address: \_\_\_\_\_

**RECIPIENT:**

Name \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ Zip \_\_\_\_\_

Please Check Appropriate Fellowship:

\_\_\_\_\_ **Individual Fellowship** = gift totaling \$1000 made by individual, Lions Club, or Lions District to honor someone as a Lion Hearing Research Fellowship.

\_\_\_\_\_ **Memorial Fellowship**= gift totaling cumulative \$1000 given in memory of a deceased Lion or individual.

\_\_\_\_\_ **Cumulative Fellowship**= accumulated gifts over time resulting in \$1000 donation. Fellowship plaque awarded upon cumulative \$1000 donated.

\_\_\_\_\_ **Progressive Fellowship**= gift to honor an individual who has previously been awarded a Hearing Fellowship Award.

Amount of donation: \_\_\_\_\_ Check # \_\_\_\_\_ Date \_\_\_\_\_

*Please send completed application to PDG Mike Vos, Foundation Treasurer for processing.*

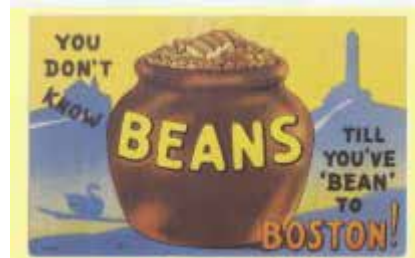
Check Payable to: **Minnesota Lions Hearing Foundation**

Payment to: PDG Mike Vos, Foundation Treasurer  
20472 371<sup>st</sup> Avenue, Green Isle, MN 55338

This award can be awarded to a Lion, a community member or business or other organization the club chooses. The award helps with the ongoing hearing health research projects at the University of Minnesota.

This award can be given for every \$1,000 the club gives to our organization. Clubs can check with their trustees to find our their balance.

**Please allow 30 days to process & ship award recognition**



### **14th Annual Minnesota Lions Diabetes Foundation Research Update March 18, 2023**

Hosted by the Minnesota Lions Diabetes Foundation, Inc.

More than 29 million people in the United States are living with diabetes—a growing number that includes 340,000 people in Minnesota alone. Unfortunately, that number is on the rise.

Join us at the annual Minnesota Lions Diabetes Foundation *Research Update* to hear from University of Minnesota scientists, who are conducting leading-edge research aimed at both preventing and curing diabetes. Learn first hand how these scientists, funded by the Minnesota Lions Diabetes Foundation, are making a direct impact in our community, state, and beyond.

Following the research presentations, guests will have the chance to interact with the scientists one on one, learn more about their research, and ask questions.

#### **Saturday, March 18, 2023**

11 a.m. Registration and Social  
12 p.m. Lunch  
1 p.m. Program  
2:30 p.m. Meet n' Greet with Scientists

#### **St. Cloud River's Edge Convention Center**

**Opportunities Suite**  
10 4th Avenue South  
St. Cloud, MN 56301

#### **Faculty Research Presentations:**

- **The search for a new drug to treat Type 2 diabetes**
- **Stopping the body's immune system from attacking islet cells, curing diabetes**
- **Introduction and vision for the Institute for Diabetes, Obesity and Metabolism**
- **The efforts to generate organs and tissues from animals**
- **Advances in viewing transplanted islets pre and post transplant**
- **Eliminating the use of lifelong immunosuppressant medications following transplants**

#### **RSVP by Tuesday, March 7:**

RSVP via email to Larry Winner at [lrrywnnr@gmail.com](mailto:lrrywnnr@gmail.com)

A Zoom Link will be e-mailed to those unable to attend in person. Please request in e-mail above.

Please contact Larry Winner with any questions.

*A confirmation email, including a parking map, will be sent prior to event.*





# Why should I go to a Lions Leadership Institute?



## Emerging Lions Leadership Institute (ELLI):

### *Registration is now open*

The goal of the Emerging Lions Leadership Institute (ELLI) is to prepare Lions for leadership positions at the club level. Qualified candidates are Lions in good standing who have successfully served on a club committee and have not yet obtained the level of club president.

It is strongly recommended that all club vice presidents attend ELLI.

The Institute will be held at:

*the Dean Lakes Education Center 4601 Dean Lakes Boulevard | Shakopee, MN 55379*

Accommodations are available at the *Holiday Inn Express 4550 12th Avenue E Shakopee, MN 55379*

*952-445-2244. Cost will be \$124 USD per night not including tax.* Reservations must be made by Friday, March 24. Lions will be allowed to commute to the Institute providing they can do so from a safe distance and attend all Institute functions.

Cost of the Institute is \$100 USD in addition to lodging and travel expenses. The Multiple District will provide all meals and training materials.

The deadline to submit your completed application to your District Governor is March 17, 2023.

The application is located on the MD5M website: lionsmd5m.org under resources.

If you have any questions please email Lion Dennis W. Kelly III, MD5M GLT Coordinator at dkellylion@gmail.com

*For more information on Lions Leadership institutes*







**MD5M EMERGING LIONS' LEADERSHIP INSTITUTE  
APRIL 13-16, 2023, SHAKOPEE MN  
PARTICIPANT APPLICATION FORM**

**MUST BE SUBMITTED to your DISTRICT GOVERNOR no later than March 17, 2023**  
**PLEASE PRINT**

NAME: \_\_\_\_\_ DATE JOINED LIONS: \_\_\_\_\_

ADDRESS: \_\_\_\_\_  
\_\_\_\_\_

E-Mail ADDRESS: \_\_\_\_\_ TELEPHONE NO: \_\_\_\_\_

CLUB NAME: \_\_\_\_\_ MEMBER NUMBER: \_\_\_\_\_

CURRENT OFFICE HELD: \_\_\_\_\_

OTHER OFFICES HELD: \_\_\_\_\_  
\_\_\_\_\_

I WAS REFERRED BY: \_\_\_\_\_

WHY DO YOU WISH TO ATTEND THE MD5M EMERGING LIONS' LEADERSHIP INSTITUTE?

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Use the back of this document or add another page if you require more space.

**Any food or other allergies?** \_\_\_\_\_

APPLICATION MUST BE SIGNED BY THE FOLLOWING:

APPLICANT: \_\_\_\_\_ DATE: \_\_\_\_\_

CLUB PRESIDENT OR ZONE CHAIR: \_\_\_\_\_ DATE: \_\_\_\_\_

NOTE: If you are selected to attend the Leadership Institute you will need to provide a check payable to MD5M for \$100 upon notification of your acceptance.



## LITPC YOUTH SCHOLARSHIP INFORMATION



The Lions International Trading Pin Club (LITPC) has announced for the 2022 – 2023 school year that there will be 4 US \$2,500 scholarships awarded. Graduating Leos OR graduating sons/daughters, grandsons/granddaughters of Lions are eligible to apply for the LITPC Youth Scholarship. The LITPC goal is to help our future leaders and give students a financial helping hand. This program started in 2012. Recipients have been from Connecticut, Delaware (2), Georgia, Iowa, Louisiana, Minnesota (3), New York (3), Ohio (3), Oklahoma (2), Pennsylvania (2) and Virginia (5). The 2023 recipients will be announced at the LITPC Pin Traders Annual Breakfast in June, 2023.

To obtain the current LITPC Youth Scholarship information:

1. Go to the LITPC website: [www.litpc.org](http://www.litpc.org)
2. In the left column, click on LITPC Scholarship Forms.
3. Then click on LITPC Scholarship Information.
4. When that page comes up, click on Scholarship Application Form. Read and follow ALL directions. Be sure to fill out ALL the forms neatly and correctly which includes the 4 essay questions (in 350 words or less) and the question about scholarships that you have been offered along with submitting a certified copy of your high school transcript including activities. Plus you also need to attach recommendations from 2 persons (i.e. teacher, coach, clergy, employer, etc.) AND attach a recommendation letter from a Lions Club member indicating the name of the Club and state/province and country in which the Club is located.

ALL forms and letters are to be submitted by MARCH 1, 2023 to:

Lions Bill & Marcia Guthrie, Scholarship Chairman 763-786-8072  
 9 101<sup>st</sup> Lane NW, Coon Rapids, MN 55448 [bmguthrie9@q.com](mailto:bmguthrie9@q.com)

You can either mail us your application or email it to us.

THANK YOU AND GOOD LUCK TO ALL!!!

The LITPC fulfills the motto of Lions Clubs International – “WE SERVE”



Mn Lions Childhood Cancer Foundation Inc.

## Believe Award

### Application

Club Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

#### **Recipient:**

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

Please check:

\_\_\_\_\_ Memorial Donation \$1,000.00, given in memory of a deceased Lion or non-Lion.

\_\_\_\_\_ Cumulative Award - Accumulated gifts over time resulting in a \$1,000.00 donation.

Mail or Email Application to:

Lion Genia Sjerven  
14496 Geneva Ave N  
Hugo MN 55038  
[sjerven@gmail.com](mailto:sjerven@gmail.com)

Mail Award to: Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_



# Heart of a Lion Award Application

District 5M4 Lion members are eligible to apply. A Lion member may apply or a club may apply on behalf of a member. Applications can be turned in throughout the year. Awards will be presented at the Mid- Winter Convention following completion of the application. Any criteria completed after July of 2015 qualifies toward this award and may be earned over several years.

**A Lion member must MEET 5 of the 8 CRITERIA listed below to RECEIVE the AWARD!**

**The Lion member:** \_\_\_\_\_ **Club:** \_\_\_\_\_  
(Name of Lion Member)

\_\_\_\_\_ **Sponsored a New Lion** \_\_\_\_\_ **Club:** \_\_\_\_\_  
(Name of new member)

\_\_\_\_\_  
(Signature of club president or secretary)      Date: \_\_\_\_\_

\_\_\_\_\_ **Attended a Zone Meeting** \_\_\_\_\_ **Date:** \_\_\_\_\_  
(Date and Zone # meeting attended)

\_\_\_\_\_  
(Signature of a Zone chairperson)      Date: \_\_\_\_\_

\_\_\_\_\_ **Attended the 5M4 Mid-Winter Convention.** \_\_\_\_\_ **Date:** \_\_\_\_\_  
(Signature of convention chairperson)

\_\_\_\_\_ **Served as a Club Officer or District Chairperson.** \_\_\_\_\_ **Date:** \_\_\_\_\_  
(Office or Committee Chaired)

\_\_\_\_\_  
(Signature of club president, secretary or DG)      Date: \_\_\_\_\_

\_\_\_\_\_ **Be a Chair or Co-Chair of a club or district project.** \_\_\_\_\_  
(Name of Project)

\_\_\_\_\_  
(Signature of club president, secretary or DG)      Date: \_\_\_\_\_

\_\_\_\_\_ **Attended one training event: 5M4 Forum, Officer training, Leadership training or other Lions Clubs International sponsored class.** \_\_\_\_\_ **Date:** \_\_\_\_\_

(Training attended and date)  
\_\_\_\_\_  
Date: \_\_\_\_\_

(Signature of District officer, trainer or copy of certificate of completion)

\_\_\_\_\_ **Attended one of the following: USA Canada Lions Leadership Forum, International Convention or Multiple Convention.** \_\_\_\_\_ **Date:** \_\_\_\_\_

(Event attended and date)  
\_\_\_\_\_  
Date: \_\_\_\_\_

(Signature of District officer, Council Chairperson or Convention Chairperson)

\_\_\_\_\_ **Promote a new idea, service project or fundraiser that is adopted by your club or District that meets the mission of LIONS.** \_\_\_\_\_ **Date:** \_\_\_\_\_

(Promotion Idea and Date)  
\_\_\_\_\_  
Date: \_\_\_\_\_

(Signature of club president, secretary or DG)

**Original to be completed and turned in to the DG or District Secretary**

**Signature of DG or District Secretary** \_\_\_\_\_ **Date:** \_\_\_\_\_



## Thompson Preplanning



### Peace of Mind



When I became a funeral director twenty years ago I quickly realized that the greatest gift you can give your loved ones is peace of mind, knowing that they are carrying out your final wishes, with specific tools and information to do so. To better serve families, I added an insurance license to my credentials in 2010 and my focus shifted, specifically helping people throughout Minnesota plan ahead to alleviate any financial burden of final expenses and reduce emotional stress that their loved ones might face.

If this is something you have thought about and would like to take care of, I am here to help!

#### About me:

I am a wife and a mom, which is my favorite job. I love a good donut, a good book, a word puzzle & hunting for antiques and junk. I also enjoy being involved in the community, personally and professionally, and serve on many boards and committees, including my church council and am currently serving as the secretary for the Minnesota Funeral Directors Association.

Sara Thompson  
Preplanning Specialist

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