

5M4 Newsletter



Happy Valentine's Day

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Convention Photos!



DG Sue Kulbeik and PDG Bob Kulbeik

'THANK YOU!'

I'm at a loss for words – and those who know me, know that doesn't happen often.

For everyone who attended, helped with, contributed to, or otherwise participated in the "Made in Minnesota" Convention this past weekend – THANK YOU! We exceeded expectations and we could not have done it without all of you.

I think we can agree ID Bob Lee and the lovely Lion Pam Lee were a perfect fit with our District. They jumped right in to the preparation and worked right along side of all of us all weekend. The

aloha spirit was alive and well in Willmar for our convention. Their message of ohana (family) and the work they have done fit right into the presentations from others. We might have to go visit our friends at their home in Hawaii to return the favor!

Lion Bonnie Lay of the Forada Lions did a terrific job of speaking with ID Bob about the impact a disaster can have on a community and how important LCIF was to the recovery.

I don't think anyone touched my heart more that CC BJ Blahnik speaking about his experience of losing his sight and how his connection with Leader Dogs for the Blind has helped him regain his confidence and independence. I have heard him speak several times and I'm more impressed with him each time. BJ also spoke to the Leos and Sauk River Champions about what it is like being blind during the Dining in the Dark experience.

The panel of young Lions sharing their ideas was impressive (especially when you know two of the participants did not know they were speaking until shortly before the presentation. Two that were originally scheduled were ill and unable to come). Many thanks to PDG Marty Athmann for moderating the panel, and to participants Lion Terry of the Willmar Noon Lions, Lion Jordan of the Sauk Centre Lions, Lion Kelsey of the Willmar Noon Lions, and Lion Dylan of the Bird Island Lions.

My friend, Eric Sawatzke, did an outstanding job of showing the impact the LCIF Hunger Grant has had on the WCA School and its students. I have added his contact info elsewhere in this newsletter for those who asked to be able to follow up with him.

Everyone has been talking about the amazing Hospitality Room we put together. The decorations for both the Hospitality Room and the Dining Room were put together by Lion Susan Honken and her team from the Raymond Lions. Both the "Too Drunk to Fish" and "Livewire" bands were great! And the food! Nobody does a potluck like Minnesota Lions. We had so many wonderful raffle prizes donated! Many thanks to all who contributed.

Thank you everyone who brought items to recycle. We saw lots of glasses, hearing aids, shoes, cell phones, and we collected enough plastic to put a bench in the Willmar Lions Dog Park. If your club would like a Trex bench, let us know and we'll help you get started. It's easier than you think!

Many thanks to our co-chairs, Lions Lori and Craig Schellberg! Without their effort, this would not have run as smoothly as it did. Also, thanks to our Convention Treasurer, Lion Jennifer Unterburger for keeping us straight. Thanks to all who assisted with the "business" end of things, such as the Memorial Service, Cabinet Meeting, PDG Meeting, and Business Meeting where we elected our new Leadership for the District. Thanks to PCC Dennis Heinen for your protocol expertise and Jeff Swenson for handling the election so smoothly. Congratulations to DGE Jacque Heinen, and 1st VDGE Susan Krumrey. Welcome to the Leadership family, 2nd VDGE Jason Kerfeld! We are excited to have you join us in leading our District to great things. Thank you to my fellow Elbow Lake Lions club members who were not only there for support, but Lion Anne played for the Memorial Service and Lion Bob Kunding ran around like a crazy person getting all the technology to work.

Thank you to PID Bruce and Lion Erin Beck for hosting our International Director and his partner in service. You are truly a credit to our Multiple District.

Lastly, thank you PDG Bob Kulbeik for all your support and help with EVERYTHING! I couldn't begin to list all of the work he did without complaint (at least to my face), and encouraging me for all my crazy ideas to make this all come together.

I can't wait to get back to club visits and events and complete the second half of my term as District Governor. Remember to "Save your Fork" – the best is yet to come!

As they say in Hawaii – Mahalo!

DG Sue Kulbeik kulbeik@gmail.com 605-949-0161

CHECK OUT THE ADDITIONAL PDF DOCUMENTS ATTACHED WITH THIS MONTH'S NEWSLETTER. IMPORTANT INFORMATION FOR YOUR CLUB



Tottings from Jacque!

Cell: 320.249.6536

VDG Jacque Heinen

Email: lionheinen@gmail.com

Cell: 320.249.6536

(Note: Jacque is efficient and had this submitted before the convention)

Hello Lions And hello winter convention season. Hope everyone had a blessed Christmas and are enjoying starting out the New Year. Dennis and I are making the rounds to a few conventions taking in the speaking sessions to learn what's new and what other districts are doing. We are also running into friends from other districts, so fun to catch up!

Looking forward to 5M4 mid-winter and moving into the DG elect mode and on towards Melbourne International Convention. What that being said, I have much to do, cabinet positions to fill, District Goals to be determined, and DG training with 1stIVP Fabricio Oliveira from Brazil at St Charles. My small group leader warned of pre-assignments coming at the end of January.

As I write this, I am looking forward to seeing everyone at the Willmar Event Center on the 26th for a Made In Minnesota get together – come for some service activities, hospitality and a bit of district business. Meet International Director Bob Lee and his wife Lion Pam. Remember the raffle room! All our foundations will be there waiting to answer your questions, please stop by their booths. NFL football playoffs are underway – that means the Sauk Centre Lions will be holding their annual pancake breakfast February 4th. Hope to see you there and bring a friend, extra tickets available at the door.

Holding a membership night? Need ideas of how to go about holding a membership night? Contact our membership chair Jason Kerfeld for ideas. Grow our clubs = grow in service. Mission 1.5 is our goal, serving more people in need will be the outcome of that goal.

Thanks for all you do.

Ask I... and continue to serve.

DGE Jacque Heinen



CONVENTION STATS

192 registrations 20 first timers

97 full registrations

133 Saturday breakfasts

145 Saturday lunches

136 Saturday dinners

88 walleye, 47 turkey, 1 vegetarian

127 Sunday Brunch

16 Pizza lunch - Dining in the dark registrations

We estimate there were approximately

30 non registered guests in attendance.

The tradition continues!

**SAUK CENTRE LIONS
63rd ANNUAL BENEFIT
PANCAKE
DAY**

SUNDAY, FEBRUARY 4, 2024
8:00 a.m. to 1:00 p.m.

~ Serving ~

PANCAKES ~ FRENCH TOAST WITH FRESH CREAMERY BUTTER & SYRUP

GOOD COUNTRY- STYLE SAUSAGE
POTATOES ~ APPLE SAUCE
CHOICE OF BEVERAGE

**DON'T
MISS THIS
GREAT
BREAKFAST!**

Advance tickets: Adults - \$10.00
At the door: Adults - \$12.00

Children Under 10 • \$6.00
Children 2 & Under FREE

**TAKE OUTS
AVAILABLE**

Sauk Centre High School Cafeteria
ALL THE DELICIOUS FOOD YOU CAN EAT!

Buy Your Ticket Today from Any Lions Member or at
MN National Bank, First State Bank, Magnifi Financial (Sauk Centre),
Schaefer's Market, Coborn's, Abel Chiropractic & Purple Parlor
Tickets will also be available at the door

~ Proceeds go for ~

◆ Fairy Lake Park ◆ Outdoor Skating Rinks ◆ Dollars for Scholars
◆ Vision, Hearing and Diabetes Programs ◆ Many other Lions Activities

District 5M4 Lions Mid-Winter Convention

Jan. 26-28, 2024



5M4 Newsletter
www.e-district.org/sites/5M4
FEBRUARY 2024

Getting together...



District 5M4 Lions Mid-Winter Convention Jan. 26-28, 2024



Made in Minnesota

More fun...



Teaching



Remembering

Meeting -



District 5M4 Lions Mid-Winter Convention Jan. 26-28, 2024



Made in Minnesota

Speakers & Awards...



6.

District 5M4 Lions Mid-Winter Convention

Jan. 26-28, 2024



5M4 Newsletter
www.e-district.org/sites/5M4
FEBRUARY 2024

Awards...



*Thank you
Thank you
Thank you*

PUT YOUR EVENT ON THE 5M4 WEBSITE!

Please let us know if you'd like us to post your 5M4 club event.

Send to patrickposl@gmail.com



5M4 Newsletter

www.e-district.org/sites/5M4

FEBRUARY 2024

More about the LCIF Gala from Allan Ulbricht - our LCIF Coordinator

I encourage clubs and individuals to use the Melvin Jones Fellowship credit you've built up and bestow a MJF to worthy candidates (doesn't even need to be a Lions member) or request a Progressive Melvin Jones Fellowship for yourself.

For every \$1,000 of credit you can give out a MJF. There are multiple levels of Progressive MJF's. Contact me and I'll look up the amount of MJF credit you have available. Some of you are very close to having \$1,000 of credit. Consider donating and getting to the next level.

Order your MJF's as soon as possible. LCIF indicates there is an 8 week wait time. Bring your plaque and pin to the Gala.

Don't worry. If you don't receive your MJF plaque and pin in time, there will be a MJF plaque and pin at the event that you can have your picture taken with. So sign up and join us at the Gala! I encourage everyone that received a MJF or a PMJF this Lions year to join us at the Gala to be pinned by PIP Brian- even if you've already been pinned. No one said you can't be pinned twice. Remember to wear some green. Come and participate in the "Lions in Motion" event with Lion Lori Sheehan at the beginning of the Gala. Sounds like it will involve walking 3-4 blocks; so it should be something we can all do and not be overly stressful. Tickets are actually going briskly. I was told the venue can hold about 325-350. One district immediately spoke for eight tables of 8. I received tickets for three tables plus some single tickets. These first three tables have been spoken for and Bert has set aside 3-4 additional VIP tables for our district. Contact me as soon as possible if you want a ticket/ table please. This is really going to be fun!

Let me know how else I may serve you! Allan Ulbricht, District 5M-4 LCIF Coordinator, 320-267-4207, allan.ulbricht@gmail.com



LCIF Gala

Paint the Town **RED**

GREEN!



Sat, April 13, 2024
Prairie Event Center
Parkers Prairie, MN
10:30 am to 4:00 pm



LCIF Chairman Bert Nelson telling Melvin Jones all about the LCIF Gala in April.

If you want to join in on the fun that we will have with PIP Brian and Lori Sheehan with raising money for LCIF, than read below what you need to know and do.

Check with your District LCIF Coordinator to find your personal balance that you have donated to LCIF. If you want to be presented with a MJF plaque or PMJF pin by PIP Brian Sheehan, then you will need to order your plaque/pin by Feb 29, 2024. You can contact LCIF Donor Services at 630-203-3836 to have the plaque/pin sent to you and bring it to the LCIF Gala if you are attending.

Tickets are now available through your District LCIF Coordinator for \$45 each or \$500 for a table of 8 (perks included).

The Gala will begin at 10:30 am at the Prairie Event Center with Lion Lori Sheehan leading a Lions in Motion activity at 11:00. There will be a costume contest with a green theme. Dinner will start at 12:30.

If you need a place to stay before or after the gala, a Grandstay Hotel is located next door with rates starting around \$157.00. Their phone # is 1-855-230-2535. There are also hotels available in nearby Alexandria, MN.

Any further questions please contact:

Bert Nelson 218-298-0599 or lionbert.a.nelson@gmail.com



LCIF Gala

Paint the Town **RED**

GREEN!



Sat, April 13, 2024

Prairie Event Center
Parkers Prairie, MN
10:30 am to 4:00 pm



Lion Melvin Jones



PIP Brian Sheehan

PIP Brian Sheehan and Lion Lori Sheehan
will be our guests and will present new and progressive MJF's

Lions in Motion Event
at 11:00 am

Dinner at 12:30
Slow-smoked Brisket
Salad and Bread

Wear GREEN costume contest

Potato and Vegetable



Cost

\$45/person

\$500 / VIP table of 8 (includes perks)

Tickets are available thru District LCIF Coordinators

Tickets must be sold by April 1st

any questions call Bert Nelson 218-298-0599

or email lionbert.a.nelson@gmail.com

District 5M-4 LCIF Coordinator Allan Ulbricht has tickets (320-267-4207)

or email allan.ulbricht@gmail.com

“Next to creating a life the finest thing a man can do is save one.”
- Abraham Lincoln

Sr. Perspective

APRIL 2022

LINDBERGH GRAB ONE - I'M FREE!

Two guys, one goal... Save as many lives as possible

BY BILL VOSSLER
bvossler@outlook.com

“Are you going to be a jerk?” Joel Vogel’s wife Laurie, asked, “Or are you going to let me take you to the hospital?”

On Mother’s Day 2004, Joel and Laurie, who live in St. Joseph, were doing yard work. “I had a shovel in my hand and a cigar in my mouth and felt like throwing up. I thought I must have inhaled the cigar so I put it out on my workbench.”

After wishing a neighbor a happy Mother’s Day, they went into their garage to watch an approaching thunderstorm, and Joel got sick again. “Laurie looked at me and said, ‘What’s wrong, are you having a heart attack?’

“What are the symptoms?” he asked.

“Left arm numb, hard time breathing and sweating.”

He had all three. “I know this isn’t right,” he said. “Take me to the hospital.”

Their daughter Kayla, home from college studying to be a surgical technician. Within 10 minutes, the St. Joseph police showed up with an oxygen, followed by the rescue squad. “I remember ambulance Joel began to pass out. ‘What a feeling of nice day to die. I was not afraid. A feeling of peace came over me, and God was truly with me. I could see Laurie and Kayla following in the car behind me and a rainbow to the north. It’s hard to describe this total feeling of peace. It’s hard to describe this. I died when I die, however, I know I will be with a God when I die. What a blessing to have experienced this.”

These times on the way to the hospital Joel needed nitroglycerin under the tongue to keep him alive. He was lucky, because only 5 percent of those who have heart attacks or sudden cardiac arrest and black out actually make it.

After shaving body hairs in preparation for surgery, Joel had wanted to say goodbye to his family, but he went out again. He was rushed into the emergency room. His “widow-maker” artery was clogged 100 percent. The other four were 90, 80, 80, and 70. Six seconds later, Joel’s view of life was changed forever.



Rich Feneis (left) and Joel Vogel (right) stand next to one of the AEDs installed in the St. Cloud area. The two have worked to get AEDs out to 26 central Minnesota cities and more than 100 locations in recent years. The AED is housed in a Smart Cabinet, which has medical grade difference in getting AEDs out to all these locations. Contributed photo by Advocates4Health.org

Changed Life

Joel realized how lucky he had been. He knew he had to lessen the stress in his life. He quit working in the printing field and started at Eagle Trace Golf Course, running events to raise money for organizations.

He volunteered at the St. Cloud Hospital in the Meandered Heart program and discovered that most response times for emergencies is 8-10 minutes, and by that time, many people with cardiac issues have died. He also discovered that even though 482 life-saving AEDs (automated external defibrillators) existed in Stearns County, they were all locked inside facilities, and difficult to get at. He wondered why they were not available 24/7, and was told if they were outside, they would be stolen, or kids would take them and try to shock a drunk buddy, or they would freeze up in the winter, or overheat in the summer.

So he decided to look into that while raising money



In this photo, Joel Vogel is showing that this Smart Cabinet holding an AED is still working at -29 below zero. Contributed photo

AED from PAGE 17

years the AEDs had been outside and available.”

Rich reapplied to Centracare Foundation. “Everybody likes offering a pilot program. This pilot program,” Rich said with a smile, “this time they said ‘Yes’ for three of them in the St. Cloud area. Next were the cabinets, at about \$5,500 each, money he got from neighbors.

The polar vortex of 2018-19 soon tested the Smart Cabinets with 59 below zero wind chill.

“But the cabinets dropped to 35 or 36 degrees for a week of armpit weather like that,” said Rich. Problem solved.

Rich wanted to give back to the community, and decided to add AEDs to the community. The Centracare Foundation agreed, and Rich and Joel decided to combine on a non-profit, “because we work good together. We started Advocates for Health, a non-profit, and got matching grant money to add more AEDs starting in the city of St. Joseph.”



Kaitlyn Gilk with one of the new outside AEDs at Blackberry Ridge Golf Course in Sartell. Contributed photo

Where are the AEDs?

Not only were central Minnesota AEDs inside facilities, but where? Advocates for Health made sure the information got shared among Centracare, local sheriffs, and other officials.

How many were still working? Rich hired nursing student Molly Young, who checked every AED to see if the pads and batteries were good. One in five weren’t, but were brought up to speed. Nationally, Rich says, batteries going dead, or pads being hit about 35 percent.

“Even with an AED available, it might not work. Our technology checks the viability of the pads six times a day, and lets us know if the batteries are expiring. It’s like having a guard monitoring the functionality 24/7, 365 days a year.”

The Joel asked Geocom, a St. Cloud company that works with 911 systems, if they would map out the locations of the Stearns County AEDs so sheriff’s dispatchers would know the locations.

“They developed an overlay for free, the first county in the U.S. with the overlay, so if someone is down with a heart attack, the 911 dispatcher can press a button and tell where the closest one is,” said Joel. “That’s big, because if we can’t get an AED on the scene, the 5 percent survival rate soars to 75 or 80 percent.”

“For every minute a person is out with a heart attack or sudden cardiac arrest, they lose 10 percent of their chance for survival. Most first responders take longer than 10 minutes to get there. St. Joseph’s is seven minutes to get to the fire hall before they respond, and they get over 500 calls a year, of which about 75-80 percent are medical calls.”

Different areas have different response times, depending on their size and who the first responders are.

“By state law,” Joel says, “all 550 school districts are required to have an AED readily accessible.”

Rich discovered that the standard operating procedure at many schools is to give assistant

coaches a key for the building, and if something happens, they can run and get it from the building.

“That’s their method for complying with state law. We think every school district should have two of these units outside, so when grand- parents go to their grandkids’ athletic events, people won’t have to try to find the person who has the key, if he or she is there, and most run to the school, because most of them are still locked. It’s a relief when you think that dealouts when you think that if the AEDs were outside and available, they could save a life.”

How does an AED Work?

A sign by the road indicates an AED location, and when someone takes it out of the cabinet, a photo is taken of the person, and it goes to a call center that sends it to the 911 dispatcher. A built-in SIM cell card contacts 911 rescue services using the strongest signal in the area.

The AED works only in case of an emergency, Joel said. “If you look it up to somebody, and you push the start button, it determines if the heart needs to be shocked. So it won’t work if you try to shock someone who is passed out. If the AED is needed, a video starts, telling people how to use it.”

Rich said using an AED can become a life-changing event. “A 40-year-old gay with a wife and three kids lives or dies. If he dies, he will miss all the things his kids do, like grow up and get married. So one event like that can change many lives.”

A man recently saved by an AED, died of other issues in the hospital a week later.

says, “We attended the wake and expressed condolences that we couldn’t have saved him. One of his children said, ‘You don’t get it. We had a chance to say goodbye. Otherwise he would be dead and it would be all over.’ So it’s haunting what a difference it makes to a family to say goodbye.”

AEDs in all the central Minnesota towns are in areas familiar to everybody. Joel says they asked police, sheriffs, and city officials where AEDs in their areas would make the most sense. For example, “In St. Joseph,” Joel says, “everybody knows where the city hall is or the fire hall, so we’re putting the AEDs where people can see them and identify where they are at.”

Joel added that they’ve been to more than 20 central Minnesota towns installing AED Smart Cabinets, and speaking to different groups, “Rotary groups, Optimist Clubs, lake associations, neighborhood groups, chambers of commerce, and Lions Club, who have been phenomenal in working with these. We’d like to talk to someone there and wanting them, and people are seeing them and they would have us. More to help to cover the entire state of Minnesota.”

Joel said, “We have a vision. Our vision is placing AEDs in outdoor Smart Montevideo cabinets while training community members on how to perform CPR and how to use an AED, we will be able to increase the odds of surviving a Sudden Cardiac Arrest from 5 percent to 75 percent.”

Rich says, “The question I have for everybody who reads this article is, ‘Do you know where the closest AED is to your house?’ It should be within eight minutes of you going there to get it and coming back.”



One of the many AEDs installed in central Minnesota. Contributed photo

Contact Information
Rich Feneis 320-260-4040
richfeneis@advocates4health.org
Joel Vogel 320-290-1427
joel@advocates4health.org
https://advocates4health.org

Success Sidebar

Mapping showed that Paynesville did not have an AED, Joel said. “A sixteen-year-old Girl Scout took it on as a project. She went to Paynesville and got permission and found where the AEDs were and raised money to put five units in, and her electrician grandfather looked them up. She got a Gold Award, which is one of the highest honors in San Diego as also most recently honored in San Diego as 40 years of age national award.”

Joel and Rich also received a text message recently from Cold Spring Police officer Eric Beecher. “He said he just wanted us to know that an AED saved a man’s life up in the area in Richmond, because people knew where the AED was, and how to use it, thanks to you guys.”

Reprinted with permission from Senior Perspective



Can Do Canines to Host Open House March 9

Can Do Canines invites you to attend an open house on Saturday, March 9, from 12-2 p.m., at its Can Do Canines campus (9440 Science Center Drive, New Hope, Minnesota). Potential volunteers, clients, or anyone who might be interested in supporting the organization are invited to attend to learn how an assistance dog changes the life of a person with a disability.

Through a self-guided tour, attendees will be able to watch a trainer working with an assistance dog, hear from a volunteer dog host, talk with staff members from the volunteer department, pose questions to client services coordinators about the application process, and meet graduate teams from each of the five types of areas Can Do Canines trains dogs: hearing, mobility, seizure, diabetes, and childhood autism.

There is no pre-registration for this event, though attendees will be asked to share some contact information when arriving.

More information about Can Do Canines at www.candocanines.org.



See page 22 for more information on the project featured in this Senior Perspective story.

Questions: Contact:
Lion Bob Knutson 5M4 Spicer Sunrise Lions
“Make a Great Day”
320.295.1757
lionbobbyk2017@gmail.com



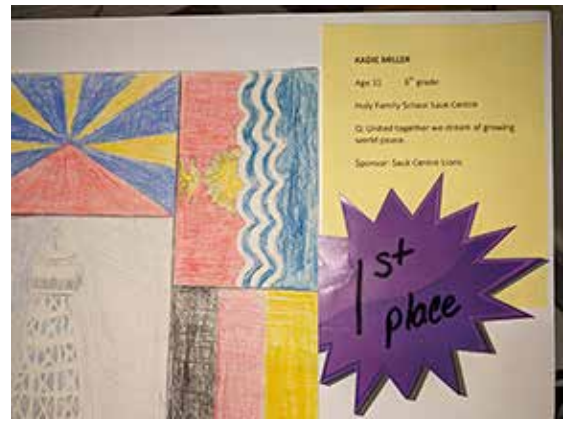
Milan Lions

Members of the Milan Lions club collected school supplies for the Appleton / Milan Elementary School at their Christmas party December 18,2023. Items donated included color crayons, pencils, notebooks, Kleenex tissue, and scissors for the students needing these supplies. Pictured are the Lion members present at the Christmas party.

PARADE OF GREEN RESULTS

A HUGE THANK YOU to all those Lions and Lions Clubs that donated to this year's 2024 Parade of Green. The Foundations, Camps and other programs that 5M4 supports will be so grateful for your generosity!

MN Lions Diabetes Foundation	\$6,773.37
Camp Needlepoint	\$2,650
MN Lions Vision Foundation	\$9,850
LCIF	\$13,165
POG Box, raffle board, 50/50 drawings, tables for the April event)	
MN Lions Childhood Cancer	\$4,900
Can Do Canines	\$6,200
Leader Dog	\$5,778
Youth Exchange	\$1,775
MN Special Olympics	\$1,840
True Friends	\$1,750
MN Lions Hearing Foundation	\$6,270
Camp Confidence	\$2,600
MN Lions Kidsight Foundation	\$3,364
Project New Hope	\$3,400
TEAM Sheehan	\$5,020
GRAND TOTAL	<u>\$75,335.37</u>



PEACE POSTER WINNERS
1st place Katie Miller sponsored by Sauk Centre Lions.
2nd place Savannah Vivian sponsored by Grove City Lions, and
3rd Ally Schiffler sponsored by Glenwood Lions.



Exciting news!

A “Lions Alert Program” is being developed within our District.

The Objective: “Preparedness, Response, Recovery, and Relief in relation to a disaster, means measures taken during or immediately after a disaster in order to bring relief to people and communities affected by the disaster”.

- **PREPAREDNESS** involves the development of a plan of action in case of emergency. A logistic operations center and a practiced emergency response plan are two elements of the preparedness phase. Lions Clubs continuous cycle of planning, organizing, training, equipping, exercise, evaluation and improvement activities to ensure effective coordination and the enhancement of capabilities to respond to incidents or disasters.
- **RESPONSE** includes the mobilization of Lions Clubs and Lions Alert Coordinators. They should be prepared to do a rapid needs assessment and bring Lions to where they can do the most good.
- **RECOVERY** aims to restore the affected area to its previous state, such as rebuilding destroyed property, infrastructure. Recovery can be immediate and/or can be longer term depending on the situation. Relief can come in the form of providing food and drink to recovery workers and affected people, working with other agencies, assistance in long term recovery.

1. Communication

Our first phase of the program will be communication. **We need to develop a plan of communicating the program information to our clubs.** This will happen through a variety of means:

- District Leadership
- Cabinet members
- PDGs
- Zone Chairs
- Newsletter
- Leadership meetings with clubs
- Meeting with non-Lions organizations

2. Club Participation

We will begin to roll this out immediately.

Each Lions Club meeting should include the following discussion:

1. Focus of the plan
2. Structure of the program
3. Develop a leader in each club (or neighboring club if none available in all clubs)
4. Develop a call chain template in case of emergency to muster membership
5. Develop a list of members who are willing to go through training
6. Organize training sessions for Lions to become prepared for emergencies
7. Develop a list of resources available already and contact names (equipment, generators, tools, capabilities, storage, etc.)
8. Work with local Emergency Management Directors so they know of our availability and capabilities

3. Types of Emergencies

- **LEVEL ONE: A local emergency. House fire, flood, lost child, are some examples.** A single club could respond to the affected area. Each club will develop their own plan on how to help their community.
- **LEVEL TWO: Affects a larger geographical area, flooding, fires, or storm damage.** At this level, Districts would respond and may possibly be eligible for a LCIF Emergency Grant. Our District will develop a plan for response, capabilities, and communication depending on what each local club is willing to provide.
- **LEVEL THREE: Catastrophic event such as earthquake, tsunami, or large tornado affecting a huge area and thousands of people.**

Questions? Please contact Lion Bonnie Lay at: laybonnie@icloud.com or 5M4 DG Sue Kulbeik at kulbeik@hotmail.com

This is just the start of the Lions Alert Program in our District. First, communicating the information to the Leadership and then the clubs. From here, the rest of the program will be defined and implemented. Each club or Zone could develop their own plan according to their capabilities and their needs. They must work with local Emergency Management and First Responders to maximize their contribution. We will also work to have each club insured properly and be able to provide proof of insurance to local command centers on site. Our hope is to eventually have a mobile command unit stocked with equipment need to provide assistance and relief in case of emergency, both short and long term.



Lions Portal

The new Lions Portal will be released after January 2024. Please keep reporting in myLion and myLCI until it is available. The new Lions Portal will be gathering the same information that is reported in myLion and myLCI. Please contact Global Service Team if you need help entering service projects. PCC Dennis Heinen at heinende@centracare.com or cell 320-491-3996.



Monte Lions award winner

PDG Kellie Knudson presents Laura Grages, Past President of the Montevideo Club a Childhood Cancer Believe Award.

AWARD & SCHOLARSHIP CONTACTS:

- MN Lions Childhood Cancer Foundation, Inc.
BELIEVE AWARD: e-mail tpcmcc0526@yahoo.com
- **Heart of a Lion Award:** Contact DG Sue Kulbeik
- **LITPC Youth Scholarship** Lions Bill & Marcia Guthrie at 763-786-8072 or e-mail: bmguthrie9@q.com
- **Lions Hearing Foundation** Fellowship:
Contact PDG Mike Voss at 20472 371st Ave., Green Isle, MN 55338

Attention Lion's Clubs,

The Willmar WarHawks and Willmar Noon Lion's are hosting a Lion's Night at the WarHawks game Saturday, February 17th at the Willmar Civic Center as they take on the Granite City Lumberjacks at 7:10 pm. Below is some information on how your club can participate in this District wide event and raise money for your local club.

Each club can purchase up to 50 tickets for only \$5/each. Once tickets are paid for, all tickets will be emailed to your Club President. At that time, you can sell them to people in your community as a Lion's fundraiser. 100% of all ticket sales by your club, stays with your club. Our intent is to have ALL Lion's Clubs represented that night to show the passion and power of Lionism and unify with Lion's Pride.

We will also be doing a special Minute to Win In during the first intermission in efforts to raise money that will be a unified donation to LCIF on behalf of our District. I hope to see ALL clubs participate in this wonderful opportunity.

If anyone has questions, please contact me directly at 320-979-7219 or by email, nateschueller23@gmail.com. You can also get further information at the Mid-Winter by visiting our booth.

Yours in Lionism,

Nate Schueller - President, Willmar Noon Lion's

You're going to Canada in April, eh?



It has been great meeting the Lions in our multiple as Pam and I have been attending the Mid-Winter conventions. We are hoping to make it to each one, weather and work permitting. Come check my table at the convention with this sign. I do have some jokebooks and pins that you may be interested in.

We do have a race for the endorsement of International Director. We need to show Lions Clubs International that the Lions from MD5M strongly support our members in the service they do for Lions.

I appreciate the support that I have been given already and I encourage your clubs to send voting delegates to the MD5M convention in April in Winnipeg, MB

SAT FEB 17TH
VS
and
Willmar Bus
RECOR
ER - TO

DISTRICT 5M4 LIONS NIGHT
LET'S PACK THE RINK WITH LIONS MEMBERS FROM ALL DISTRICT CLUBS AND UNIFY WITH LIONS PRIDE!

CONTACT LION NATE FOR MORE INFO 320-979-7219



**STRIDES
for
Diabetes Awareness**



**Physical Activity Challenge
---Coming Soon ---**

February, March & April 2024

Minnesota Lions Diabetes Foundation

Registration / Donation Site will Open on February 1st, 2024

*We look forward to working with you,
Your District Trustee - Lion Lori Schellberg*



BENSON LIONS LEND A HELPING HAND

The Benson Lions helped fill boxes of shelf stable meals Monday, Jan. 8 at the Swift County Food Shelf. The snow didn't stop some of the members to respond to a request for assistance.





Your donations to **LCIF** make a difference at home and in the world!



5M4 is proud of our contributions! Watch this chart to see how we are supporting the amazing work of Lions at home and around the world.

JULY 2023	\$7,384.00	
AUGUST 2023	\$1,115	YTD: \$8,499
SEPTEMBER 2023	\$2,990	YTD: \$11,489
OCTOBER 2023	\$4,122	YTD: \$15,611.50
NOVEMBER 2023	\$614	YTD: \$16,225.50
DECEMBER 2023	\$8,811	YTD: \$25,036.50
JANUARY 2024		
FEBRUARY 2024		
MARCH 2024		
APRIL 2024		
MAY 2024		
JUNE 2024		

Our goal for this year is \$57,350 (~\$39.50/member). 13 clubs (or individuals from the club) out of 53 clubs have donated this year. A major goal is that 100% of clubs donate to LCIF (any amount counts).

Thank you to all 5M4 Clubs for your donations!



Cabinet Secretary needed

Due to other leadership roles coming up, I am in need of giving up the position of Cabinet Secretary to another capable individual that is interested in learning more about how our district runs, has interest in a leadership role, and is willing to take meeting minutes for us! You will need to commit to 4 meetings a year, one happening at the Mid-Winter convention, and also take notes for the business meeting at the convention. This person will also keep an email list of all clubs in our district (Secretary and/or President) for furthering on communication with them as directed from our District Governor or other cabinet members, to ensure our zone chairs and clubs within our district are well informed. You will be the contact for them as they may reply to you – you will need to have good communication skills, answering their needs or furthering on their email to the correct person to ensure all club members are taken care of in a timely manner. If this position is for you, or you have interest and want to learn more, please contact DG Sue Kulbeik at kulbeik@gmail.com, 1VDG Jacque Heinen at lionheinen@gmail.com, or myself/2VDG and Cabinet Secretary Susan Krumrey at susan@ksmillwrights.com. There is a cabinet meeting coming up, I invite you to come along with me, I can train you in!

MD5M GLT Multiple District Coordinator

MD5M GLOBAL LEADERSHIP TEAM NEEDS YOU!

The position of Global Leadership Team Multiple District Coordinator is open beginning July 1, 2024.



Attributes of a GLT Coordinator

Passion for Lions

Leads by Example

Motivator

Encourages Diversity

Effective Communicator

Ability to Mentor Others

Recommended graduate of FDI, LCIP Certified or a participant of an ALLI



Recruitment Period
January 1 - 31, 2024



Send a Resume and Letter of Recommendation to:
executivesecretary@lionsmd5m.org

For more information please visit the LCI website for the GLT Coordinator roles and responsibilities at: https://cdn2.webdamdb.com/md_YL1xSzh4U8n5.jpg.pdf?v=1

**PUT YOUR EVENT ON
THE 5M4 WEBSITE!**

Please let us know if you'd like us to post your 5M4 club event.

Send to patrickposl@gmail.com



Swift County Veterans...

***Lions
Honored
To Serve!***

Swift County Veterans motorcoached to the Fagen Fighters WWII Museum Thursday, Jan. 18. Some of the Benson Lions gathered to assemble "goodies" for the event and presented this to them as they boarded.



Trooper



The Benson/Hancock Joint Lions District Meeting was held Jan. 15 at Track Bar and Grill in Benson. District Governor Sue Kulbeik and Past District Governor Bob Kulbeik presided over the event. Two new members were inducted into the Benson Lions Club as well as other awards presented. DG Sue also recognized veterans and emergency/first responder personnel. Also attending was Trooper, the new seeing-eye dog candidate.





SIGN UP!

<https://www.signupgenius.com/g60B0E49AAAA2AA6FB6-mnlions1>

Newsletter website Facebook page.

On behalf of Camp Sweet Life Adventures, Inc - programs connecting kids and young adults affected by Type One Diabetes - we appreciate the support of Lions Clubs!

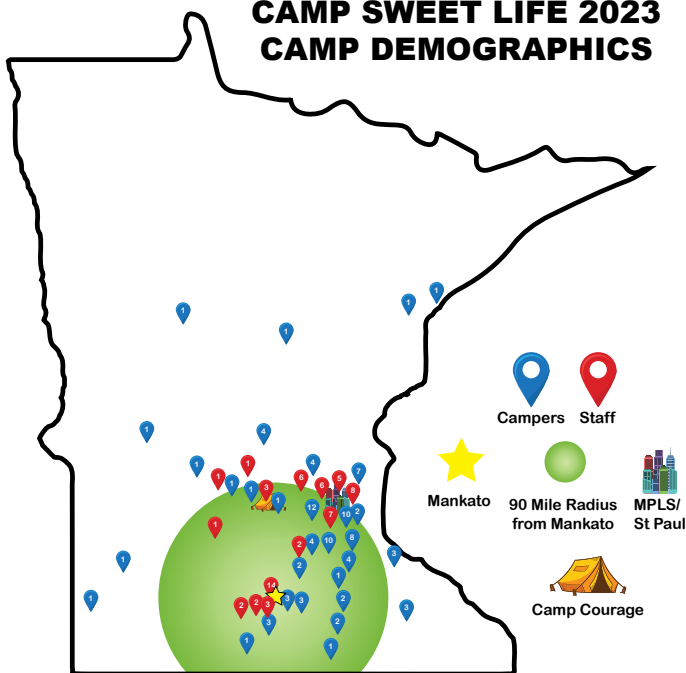
Please watch our thank you video (link below) and see more information about Camp Sweet Life on our website - Campsweetlife.org. Also attached is demographics from our 2023 Camp!

Would you consider making a donation to Camp Sweet Life (a 501c3 non-profit in its 14th year). Attached is our 2024 "Wish List".

Camp Sweet Life 2023 Thank-You video - Rene' Maes Jr. Lion Rene' - member of Mankato Sunrise Lions Club Executive Director of Camp Sweet Life - cell - 507-995-6910 - email - rene.maes@campsweetlife.org web site - www.campsweetlife.org



CAMP SWEET LIFE 2023 CAMP DEMOGRAPHICS



2024 WISH LIST!

Dear Lions, as 2024 starts Camp Sweet Life Adventures, Inc. says thanks to all the Lion's Clubs for continued support or our programs for kids affected by Type 1 Diabetes.

MATCHING FUNDS – In 2023/2024 your donation is being matched by an LCIF Grant# DIA22720! Up to \$50,000 of matching funds! Camp Sweet Life is a 501c3 non-profit organization and accepts charitable donations through gambling funds!

Here are a few of our "Wish List" items for Camp 2024. Or make a generic tax-deductible donation to support Camp Sweet Life!

- A. Sponsor a Cabin - \$150 – your Lions Club name put on Cabin for Camp 2024!
- B. Sponsor a Golf Cart - \$500 per cart for the week of Camp (need 6)
- C. Sponsor a Camper - \$500 per camper. Note: LCIF does not match scholarships
- D. Juice Boxes - \$1,000 (a necessary ER staple needed at camp for lows)

E. Camp Staff Training - \$2,000 – necessary to have a great trained staff. In 2023 we had a staff of 44 counselors and 26 medical staff (see demographics attached from 2023 Camp)!

F. CampViews – \$3,750 – What is CampViews: CampViews™ is an Electronic Medical Record (EMR) application developed to eliminate the use and waste of paper files while easing the work loads of diabetes camps, Pre, During and Post Camp. CampViews is also an online registration system that takes the information taken in before camp and puts it into the EMR software for easy access at camp. The increased efficiency and seamless access to the medical data keeps all staff informed in real time. CampViews software creates the safest environment for all campers, counselors and medical providers by giving you everything you need for a camp setting at your fingertips and the ability to view that information from anywhere.

Make Donation today: make your check to Camp Sweet Life and mail to:
Camp Sweet Life Adventures, Inc
26486 Sioux Trail
Madison Lake, MN 56063

Can we visit your club? Contact Rene' Maes Jr. (Lion Rene') at:
Rene.Maes@campsweetlife.org or 507-995-6910 cell

In State	Campers	Counselors / Program	Medical Staff	Out of State	Campers	Counselors / Program	Medical Staff
Within 90 mile radius of Mankato	71	31	15	AZ	1		
Outside 90 mile radius of Mankato	29	5	10	FL		1	
Out of state	8	8	1	IA	1	2	
Totals	108	44	26	ND		1	
				SD		2	
				WI	6	2	1
				Total Out of State	8	8	1



SAVE THE DATE! This convention is in April!



104th - MD5M Multiple Convention
Victoria Inn Hotel & Convention Centre
April 19th-21st, 2024, Winnipeg, MB, Canada



2024 MD5M Registration Form

You can put two names on a form

Date Rec _____

Lion Lioness Leo Guest 1st Timer

Name & Title _____ / _____

Address _____

City/Town _____ State/Prov. _____

Zip/Postal _____ Phone _____

District & Club: _____ / _____

Email _____ / _____

2024 MD5M FULL REGISTRATION
\$220.00 CDN
\$165.00 USD
MAKE HOTEL RESERVATIONS EARLY

Special Dietary Needs: Vegetarian, Gluten Free, Allergies _____

(Convention Committee is not responsible for any food allergy reactions - This is a **SCENT FREE** event)

I am attending the convention but **NO** meals are required, \$0.00 cost to attend

Full Hospitality Book (Inc. Friday night event, Saturday Breakfast, Lunch, Banquet & Sunday Brunch)

			\$ AMOUNT		
Full Hospitality Book	\$220.00	CDN	\$165.00	USD	<input type="text"/>
Friday Night Social	\$ 50.00	CDN	\$35.00	USD	<input type="text"/>
Saturday Breakfast	\$ 35.00	CDN	\$27.00	USD	<input type="text"/>
Saturday Lunch	\$ 50.00	CDN	\$35.00	USD	<input type="text"/>
Saturday Banquet	\$ 65.00	CDN	\$48.00	USD	<input type="text"/>
Sunday Brunch	\$ 45.00	CDN	\$33.00	USD	<input type="text"/>

Place Total amount in this box if attending only separate events

NO meals available after March 31st, 2024 - **Make cheques payable to "Lions Convention"**

Mail registrations to: **MD5M Convention % PDG Dave Hollyoake, Box 204, Arnes, Manitoba, Canada R0C 0C0**

Cancellations prior to March 31st, 2024 will have a 25% processing fee applied, NO Cancellations after March 31st, 2024.

HOTEL INFORMATION: Victoria Inn Hotel & Convention Centre, 1808 Wellington Ave. Winnipeg, MB R3H 0G3
Call **204.786.4801** or **1.877.842.4667** email winnipeg.vicinn.com Ask for **Group # 178163 "Lions Convention"** rates
For more information contact: Registration Committee PDG Dave Hollyoake e.2024md5mconvention@gmail.com
or his cell **1.204.797.5930** or Convention Chair PDG Doug Wiens - cell **1.204.326.0189** e. dougwiens13@gmail.com
Room rates CDN \$\$ - Standard \$134.00, Deluxe \$144.00, Corporate Floor \$154.00 & Suites @ \$184.00 CDN

GLOBAL SERVICE TEAM

Lions how are we doing with service projects? Maybe it is time to add a new project. Keep looking for new ideas to help your community. Ask your members for new ideas. New club members often bring new ideas. Is there something you can do for your local nursing home or help with a Special Olympics event. What does your local school need?



PDGs of MD5M:

MISSION 1.5 is the drive to reach 1.5 million members worldwide, so we can better meet the growing needs of our communities and serve more people than ever before. MISSION 1.5 starts with you.

When we invite new members to our clubs and build new vibrant clubs, it does more than

make our communities stronger, it makes the world a kinder, healthier and better place to live.

Our International President Dr. Patti Hill is challenging all of us to step up and help grow our association. Dr. Hill is asking all of us to go out and find at least one new member to join our association. We have all heard the different acronyms that are associated with PDG. Everything from Power Done Gone, Permanent Dinner Guest, Pretty Darn Good and the one that is the most accurate, Providing District Guidance.

Now more than ever we need to step up and provide that district guidance. All Lions have been challenged to grow our association and International President Dr. Patti Hill is asking us as PDGs to step up and show the Lions of MD5M that we lead by

example.

The challenge is simple, recruit at least one new member to our association. As leaders of our multiple will you accept the challenge of our International President and sign up that new member?

The challenge is made!

Will you accept the Challenge? I Have!! If you are ready to accept our International Presidents Challenge, let your Fellow PDGs know that you are on the team to grow our association.

PDG Jay Norby
CA1 GAT Area "C" Leader
IA/MN/ND/SD/WI
Lions International
218-298-1031 ljnorbis@arvig.net

5M4 has 69% of clubs who report their members info and meeting attendance.



We'd like to get that up to at least 75%! You can help!

Club Secretaries - we need your reports please!

1. After each meeting go to Lions Clubs International link (on E-club site) or www.lionsclubs.org
2. Go to Member login: MyLion
3. Enter the information - and you are finished!



<https://www.e-district.org/sites/5m4/>

Sponsor a hero. Be a hero.



Throughout our history, thousands of amazing donors worldwide have helped us empower people who are blind or visually impaired with lifelong skills for safe and independent daily travel. Now you have the opportunity to show your support in a new way, through a **Symbolic Puppy Sponsorship**. For \$500, you'll receive a picture, a profile and an official certificate of your sponsored Future Leader Dog. **Leader Dog services are critically important. LAST YEAR, we were able to safely provide:**

- ▶ **500,000+**
Days of safe and independent daily travel
- ▶ **123**
Guide Dog clients served
- ▶ **149**
Clients received white cane training
- ▶ **3**
Clients who are deaf and blind received customized guide dog training
- ▶ **18**
Teenagers gained leadership and travel skills
- ▶ **287**
Current and potential clients received a visit from a field services guide dog mobility instructor
- ▶ **336**
Clients and O&M pro's viewed virtual learning videos
- ▶ **\$0**
Cost to client



"Leader Dog does a great job training these dogs to be faithful, supportive leaders and companions. Leader Dog Hanna is truly my hero, and so are all those who were involved in helping her become a Leader Dog." -Laura & LD Hanna



For more information or to sponsor, visit LeaderDog.org/sponsor-a-puppy

FOLLOW THE LEADER
LeaderDog.org

1039 S. Rochester Rd | Rochester Hills, MI 48307-3115



SPEAKER CONTACT INFO:

After the presentation at brunch on Sunday morning of the 5M4 Mid-Winter Convention, many asked for contact information for our speaker, Eric Sawatzke of West Central Area Schools.

He can be reached by email at: esawatzke@isd2342.org, or you can contact DG Sue Kulbeik at kulbeik@gmail.com.



Emerging Lions Leadership Institutes (ELLI)

The goal of this institute is to prepare Lions for leadership positions at the club level.

Qualified candidates are:

- Lions in good standing
- Have successfully served on a club committee and have not yet obtained the level of club president.

It is strongly recommended that the club's first vice president attend.

This institute and accommodations will be at Shooting Star Casino, 777 Casino Dr, Mahnomon, MN. Hotel rooms will cost \$85 USD per night not including tax. Reservations must be made by Friday, March 1st. Lions will be allowed to commute to the Institute providing they can do so from a safe distance and attend all Institute functions.

The cost of the Institute is \$100 USD in addition to lodging and travel expenses. The Multiple District will provide all meals and training materials.

Courses will include:

- Lions, Past, Present and Future
- Change Management
- Supporting Lions' Teams
- LCIF
- Communication
- Conducting Effective Meetings
- Diversity
- Lions Mentoring Program
- Creative Thinking
- Ensuring Club success

The deadline to submit your completed application to your District Governor is February 23rd, 2024.



This institute is for Lions who wish to pursue leadership roles within their club. You will learn the history and goals of LCI and LCIF, develop strategies for being an effective leader, creative thinking, change management and collaborate with a diverse group of fellow Lions.



March 15-17, 2024

Shooting Star Casino

777 Casino Dr, Mahnomon, MN



The cost of the institute is \$100 USD which includes all training materials and meals. Lodging is available at the casino hotel for \$85 USD per night.

Additional details and the application can be found on the MD5M website: lionsmd5m.org under resources.

Contact Lion Dennis W. Kelly III, MD5M GLT Coordinator at dkellylion@gmail.com with questions.

REGISTRATION FORM ON THE NEXT PAGE



MD5M EMERGING LIONS' LEADERSHIP INSTITUTE
MARCH 15-17, 2024, MAHNOMEN MN
PARTICIPANT APPLICATION FORM
MUST BE SUBMITTED to your DISTRICT GOVERNOR no later than February 23, 2024
PLEASE PRINT

NAME: _____ DATE JOINED LIONS: _____

ADDRESS: _____

E-Mail ADDRESS: _____	TELEPHONE NO: _____
CLUB NAME & NUMBER: _____	MEMBER NUMBER: _____

CURRENT OFFICE HELD: _____

OTHER OFFICES HELD: _____

I WAS REFERRED BY: _____

WHY DO YOU WISH TO ATTEND THE MD5M EMERGING LIONS' LEADERSHIP INSTITUTE?

Use the back of this document or add another page if you require more space.

Any food or other allergies? _____

APPLICATION MUST BE SIGNED BY THE FOLLOWING:



Advocates for Health

LIFESAVING SOLUTIONS

A certified 501(c)(3) non-profit

350,000 Sudden Cardiac Arrest (SCA) is the leading cause of death in the US claiming an estimated **350,000** lives per year.
95% It is estimated that **95%** of victims of SCA die before they reach the hospital or other source of emergency help.
1,000 SCA kills **1,000** people per day or one person every 2 minutes.

The key mission of Advocates for Health is to provide increased access to AEDs (Automated External Defibrillator)

AED Smart Monitored Cabinet Features include:



- AED (Automated External Defibrillator)
- Smart Monitored System Mounted on Stainless Steel Cabinet
- 2 Directional Signs
- Hands Only CPR/AED Instructional Training
- AED/CPR Instructional Poster
- Vinyl Graphics
- Apple Air Tag is attached to AED for GPS tracking
- Installation/coordination with civic organizations, contractors, & municipalities
- Fundraising Guidance
- Planning, Mapping and Site Selection
- Registration AED with State/ National Registries
- Inclusion in 911 County Mapping system (if available)

-Package price does not include electrical hookup, concrete pad/base, sales tax, (if applicable) and annual subscription cost

-Prices guaranteed for 30 days after presentation

Advocates for Health AED & Lifesaving Solutions info

There is a separate PDF included with the newsletter e-mail that has all the information about this AED. Contact Lion Bob Knutson for more information.



AED



Cabinet



Directional



Training



Poster



GPS Tracking



Monitoring



Lions Clubs International – Marketing matters!

“The Lions are the best kept secret in our community.”

How many times have you heard this comment? Did you hear it from your fellow Lions club members? How about from your family or friends? Your Co-workers? Local Business and community leaders? Have you ever uttered this statement yourself?



Marketing can help you raise the visibility of your club and achieve better outcomes for the great things you're already doing. So, whether you're recruiting new members, promoting a project or a fundraiser, or even just sharing your club's incredible service stories, marketing can help you shine a light on your club and your service.



Your club needs to have an active marketing team. Teams should consist of multiple members, each assigned to a specific assignment or task. These assignments/task should cover the following forms of marketing:

Print (Newsletters, event flyers, banners, signage)
Social Media (Website, Facebook, X (formerly Twitter), Instagram, Threads)
Media (newspapers, billboards, radio, television, internet advertising)

Your club should search for club members with some working knowledge in these marketing areas. If the club member with this knowledge is unwilling to be a part of the marketing team, see if they can be a resource or advisor for your team. You can also reach out to your district to see if there are Lions with connections to promotional items manufacturing, public relations firms, social media outlets, and other companies affiliated with advertising & promotions.

Your marketing team should be engaging with your membership, project, and fundraising chairs. By being involved with your club events & activity planning, the marketing team can help make the public aware of what your club is doing in those areas. Nobody is going to do a better job talking about what your club is doing than your own marketing team.

Lions Clubs International has wonderful resources for your marketing team to utilize. Templates, boiler plates, social media kits, and many other items are all just a simple click away. Your link to the LCI club marketing center is below:

<https://www.lionsclubs.org/en/resources-for-members/resource-center/club-marketing>

Make sure to include your Lions' zone & region clubs, and your district secretary, newsletter, Facebook, and website chairs when sending out your events & activity announcements. Letting other Lions clubs know about your fundraisers and projects will give them an opportunity to help you promote the event, plus a chance to have your fellow Lions attend.

Please contact me with your questions and please also speak with your district marketing team about how they can help your club stop being an unknown community asset.

Yours in Lionism,

Lion Lyle Goff
 MD5M Marketing & Lions Information Chair
gofflt@msn.com



(Constitutional Area 1 (CA 1) is the US and the Caribbean.) I'm very glad to share that in 2023, 166 grants were awarded in CA 1 for a total of US \$3,562,272!. LCIF grants were awarded to clubs, districts, and multiple districts in 39 states, Jamaica, and Puerto Rico Lions made a difference through grant funding in 78% of the US.. In 2023, Minnesota received the most grant funding in CA 1 with \$481,192 from 17 grants. This is a direct correlation to the number of grants we requested. Please continue to look for needs to serve and learn more about which grants are available. A special aspect of LCIF's grants is that they are completely Lions led – LCIF does not actively solicit grant applications. Grants are dependent on which districts apply and in some years certain districts are more active than others. The LCIF website has a Grants Toolkit that is really good and offers many resources.. Please also continue to donate to LCIF individually and as a club. Please give to LCIF and the rest of our foundations at our upcoming Mid Winter convention. Sincerely, Allan A. Ulbricht, Minnesota National Bank, Sr. Vice President/ Sr. Business Lender Direct - 320.357.7080 / Cell – 320.267.4207 NMLS # 1569268



LCIF GRANTS AWARDED TO CONSTITUTIONAL AREA I IN CALENDAR YEAR 2023

In Calendar Year 2023, 166 grants were awarded in CA I for a total of US\$3,562,272!

In calendar year 2023, LCIF grants were awarded to clubs, districts, and multiple districts in 39 states, Jamaica, and Puerto Rico. That means Lions have made a difference through grant funding in 78% of the US!

The most grant requests and approvals came from Minnesota with 17 grants. Texas had the second most grant approvals with 11 followed by Connecticut with 10.

Keep in mind, many of LCIF's board-approved grants have a timeline of up to two years, so some MDs that didn't receive grant funding this year may have received a grant last year.



17 states received Matching Grants, some of which had several districts receive grants, for a total of 31 Matching Grants awarded



Districts and clubs within 28 states and Jamaica received District and Club Community Impact Grants



Indiana, Minnesota, Texas, and Utah championed diabetes through LCIF's Diabetes Grant awards



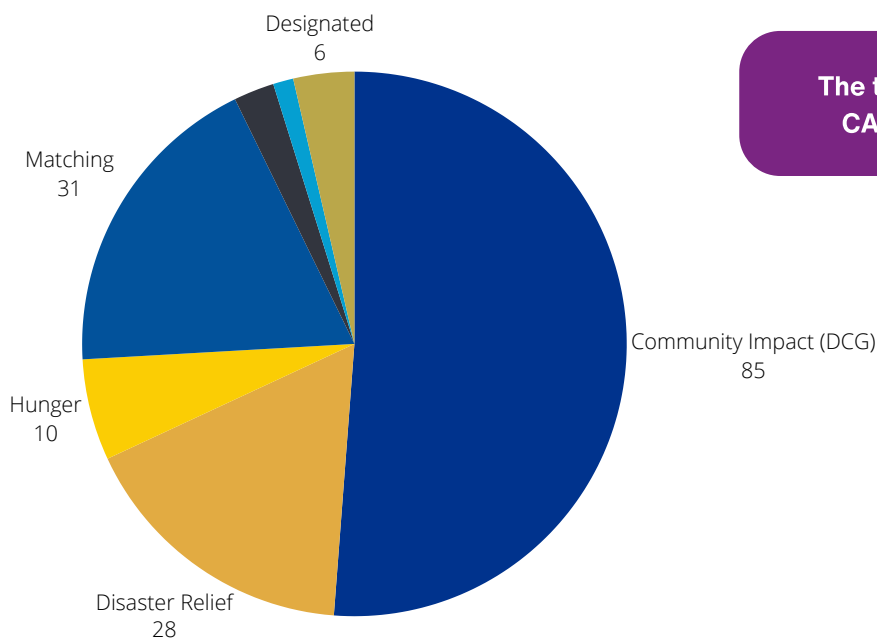
16 Districts received Disaster Relief funding to help community members after a disaster struck



Eight states combatted food insecurity through Hunger Grant awards totaling \$634,383

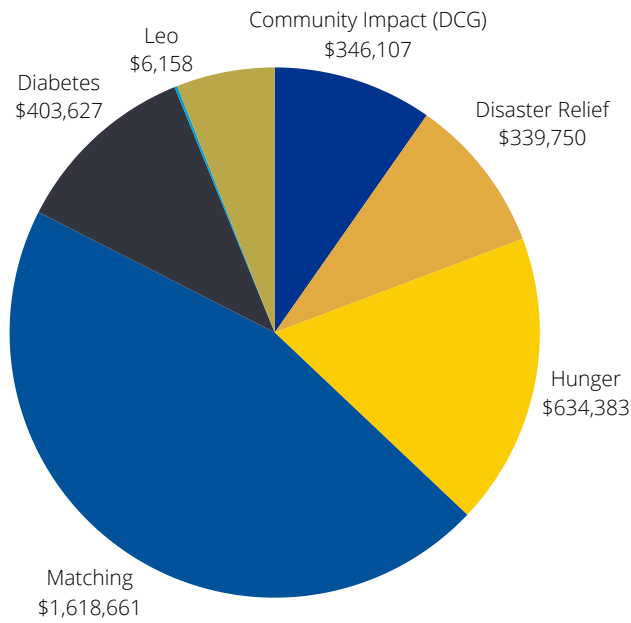
*Grants awarded between January 1, 2023 and December 1, 2023 to CA I which includes the United States and the Caribbean

GRANTS AWARDED BY GRANT PROGRAM



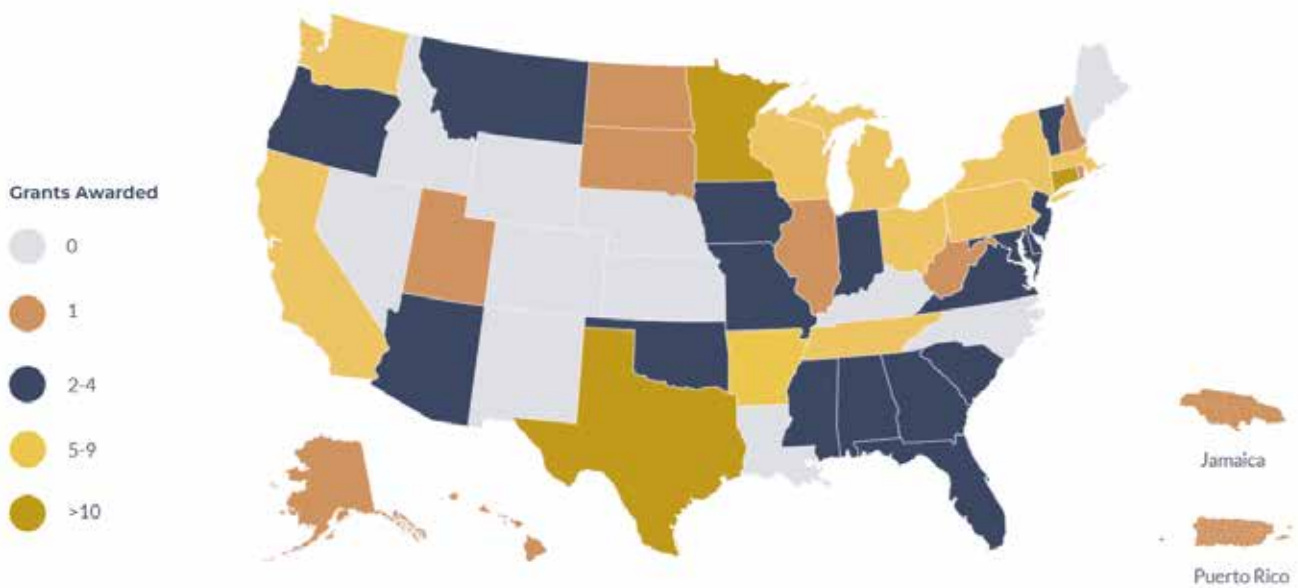
The total number of grants awarded to CA I in Calendar Year 2023 was 166

TOTAL GRANT AMOUNTS BY GRANT PROGRAM



The total amount awarded to CA I in Calendar Year 2023 was **US\$3,562,272**

GEOGRAPHIC BREAKDOWN OF GRANTS



Data as of December 1, 2023



2 locations! Sign up now!



JUNE 1, 2024 - 9:30 AM

**MINNESOTA LANDSCAPE ARBORETUM - CHASKA, MN
DIAMOND POINT PARK - BEMIDJI, MN**

**FUN FOR FAMILIES
OF ALL AGES!**

**A CHANCE TO CHANGE A
PERSON'S LIFE THROUGH
YOUR REGISTRATION
DONATION!**

**KIDS UNDER
12 ARE FREE!**



Register at: <https://secure.qgiv.com/event/2024walktod-feethearingloss>
Text DFEET2024 to 50155 to donate or register.



2023/24 5M4 CABINET MEMBERS

We are here to support you! If you need anything, or would like to schedule us to come visit your club, please reach out!

We Serve Together!

DG Lion Sue Kulbeik	District Governor	kulbeik@gmail.com	605-949-0161
1VDG Lion Jacque Heinen	1st Vice DG (2024/25)	lionheinen@gmail.com	320-249-6536
2VDG Lion Susan Krumrey	2nd Vice DG (2025/26)	susan@ksmillwrights.com	320-295-8327
Lion Susan Krumrey	Cabinet Secretary	susan@ksmillwrights.com	320-295-8327
Lion Denise Sundblad	Cabinet Treasurer	district5m4@outlook.com	320-766-3266
PDG/CC Lion Rob Wiener	Council Chair	5m4lionrob@gmail.com	320-241-7100
Lion Craig Shellberg	5M4 Convention Chair	spicerlioncraig@gmail.com	320-894-6843
Lion PDG Bob Knutson	Childhood Cancer	lionbobbyk2017@gmail.com	320-295-1757
Lion Merlin Athmann	Childhood Cancer	athmann.mer@gmail.com	320-522-1264
Lion Amy Swenson	Diabetes Foundation	aswenson@isd2342.org	218-770-1219
Lion Lori Schellberg	Diabetes Foundation	lorischellberg@gmail.com	320-894-8643
Lion Jeff Gunderson	Environment Chair	shergund@hotmail.com	320-815-3478
Lion Mickie Rogal	Global Leadership Team	mickierogal@gmail.com	218-731-9749
Lion PDG Marty Athmann	Global Membership Approach	athmannmarty@hotmail.com	320-522-0856
Lion Jason Kerfeld	Global Membership Team	kerfeld@mainstreetcom.com	320-429-0794
Lion PCC Dennis Heinen	Global Service Team	heinende@centracare.com	320-491-3996
Lion Barry Erdahl	Hearing Foundation	barry.erdahl@gmail.com	320-349-1108
Lion PDG Bob Kulbeik	Hearing Foundation	kulbeik@hotmail.com	605-949-0136
Lion Sara Stricker	KidSight	sjstrickes@yahoo.com	641-430-6329
Lion Allan Ulbricht	LCIF	allan.ulbricht@gmail.com	320-267-4207
Lion Mary Bolas	Leader Dog	marybolas.mb@gmail.com	320-815-0343
Lion Jamie Shoutz	LEOS	storedirector.2022@cobornsinc.com	320-699-0371
Lion Bonnie Lay	Lions Alert Program	foradalions@outlook.com	320-766-5394
Lion PDG Ron Branch	Long Range Planning	branch@rea-alp.com	320-460-0135
Lion Anne O'Flynn	Monthly Newsletter	anneo@runestone.net	320-815-5790
Lion PDG Dan Plowman	Nominations	mtdrplowman@hotmail.com	---
Lion PDG Bob Kulbeik	PDG Advisor	kulbeik@hotmail.com	605-949-0136
Lion Ron Buse	Project New Hope	ron.buse06@gctel.com	218-639-1114
Lion PDG Dennis Zimmerman	Protocol	dezim@mainstreetcom.com	320-333-8404
Lion Dianna Nelson	Special Olympics	diannanelson@mainstreetcom.com	320-766-7412
Lion PDG Kent Beissel	T.E.A.M. Sheehan Foundation	kjjbeissel@mainstreetcom.com	---
Lion PCC Dennis Heinen	Technology	heinende@centracare.com	320-491-3996
Lion Craig Shellberg	Vision Foundation	spicerlioncraig@gmail.com	320-894-6843
Lion Pat Posl	Website	patrickposl@gmail.com	---
Lion Mike Beilke	Zone 1 Chair	mbeilke62@gmail.com	320-761-9406
Alexandria, Carlos, Forada, Miltona, Osakis, Sauk Centre, Sauk River	Campions, Villard		
Lion Todd Jorgenson	Zone 2 Chair	todd.jorgensen3@gmail.com	320-288-5888
Ashby, Brandon, Elbow Lake, Evansville, Grant County, Hoffman, Kensington, Wendell, Wheaton			
Lion Tom Moe	Zone 4 Chair	tmoe@fedtel.net	320-413-0247
Appleton, Dawson, Maynard, Milan, Montevideo, Watson			
Lion Sue Honken	Zone 5 Chair	susanhonken@gmail.com	320-905-2412
Clara City, Danube, Raymond, Renville, Sacred Heart			
Lion Todd Fritsche	Zone 6 Chair	dragon376381@yahoo.com	507-766-7528
Bird Island, Buffalo Lake, Fairfax, Franklin, Hector, Olivia			
Lion Terry Smith	Zone 7 Chair	tgs1871@yahoo.com	320-894-1871
Kerkhoven, New London, Pennock, Spicer Sunrise, Willmar Noon, Willmar Vyas			

Open Position

Open Position

Open Position

Open Position

Constitution/By-Laws

USA/Canada Forum Open Position

Zone 3 Chair, Benson, Garfield, Glenwood, Hancock, Lowry, Morris

Zone 8 Chair, Atwater, Cedar Mills, Cosmos, Darwin, Grove City, Kingston, Litchfield