5M4 Newsletter





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Can Do Canines Fetching Ball Gala

Can Do Canines will host its annual Fetching Ball Gala on Saturday, February 22, 2025. This year's event will be held at the Radisson Blu Mall of America, and KARE 11 Reporter/Anchor Rena Sarigianopoulos will serve as the Master of Ceremonies. We invite you to join us for this evening that celebrates the amazing teams of Can Do Canines. Enjoy dinner, inspiring stories, games, and silent and live auctions – all benefitting the organization.

See candocanines.org/fetchingball for more information and to purchase tickets by February 12.

www.candocanines.org

Hello 5M4!

Just want to say, what a fantastic turnout for our Mid-Winter Convention!

We want to take a moment to celebrate an exciting milestone from our 5M4 Mid-Winter Convention: we were thrilled to welcome 34 first-time attendees! We believe the "Golden Ticket" initiative played a big role in making this possible—thank you to everyone who took advantage of it. Be sure to ask a first-timer what they discovered at the convention;



PCC Dennis Heinen and DG Jacque Heinen

their insights and experiences are invaluable!

We came together to make a meaningful impact, packing over 300 hygiene kits and collecting over 40 packs of diapers. Our event was graced by the energetic and personable International Director, Marie Cunning, who brought great energy to the weekend.

We also heard an inspirational talk from Connie and Sophina Lindquist, learned about the Soles4Souls initiative with an opportunity for Q&A, and participated in a fast-paced learning session that many wished had lasted longer!

In addition, we saw the incredible work of the MN Lions Mission Foundation as they showcased their mission of fitting eyeglasses for those in need.

A big thank you to everyone who attended and contributed to making this convention such a success. Together, we're making a difference!

Looking ahead, February is shaping up to be another busy and exciting month!

In addition to a family wedding and more district conventions, we're gearing up for the next Council of Governors meeting. We're also thrilled to announce that the Emerging Lions Leadership Institute (ELLI) will be held right here in our district in Willmar, MN, from March 13-16.

A special thanks to our Past District Governor Association, which has generously agreed to contribute \$50 toward each attendee's tuition. We're aiming to have 6-12 participants join this incredible opportunity for growth and leadership development. For more details, please see the enclosed flyer. Let's keep the momentum going!

Ask One ... Keep One ... and continue to Serve. 2024-25 5M4 DG Jacque Heinen lionheinen@gmail.com 320.249.6536

5M4 Cabinet last meeting date: April 30, 2025.

A note from Susan



Wow - what a great weekend! I want to take this opportunity to extend a heartfelt thank you to those that joined us this past

weekend! We were thrilled to welcome approximately 180 members and guests throughout the weekend from 32 5M4 clubs and 16 visiting clubs from other districts! We worked diligently to create an experience that was not only memorable, but engaging, and enjoyable as well. With a variety of learning opportunities, foundation displays, and time to connect socially, we hope you gained valuable insights to bring back to your clubs. It was a great opportunity to network, and with 34 first timers in attendance, building new connections and growing our Lions family was an easy endeavor to accomplish! We were honored to host ID Marie Cunning from Phoenix AZ! Listening to her story gave us valuable knowledge on her travels and experiences, and reinforced the vital role of our foundation, LCIF. She fit in well with our family and we hope to run into her again along this journey!

Additionally, we were excited to welcome representatives from our newest foundation, the Minnesota Lions Missions Foundation. They shared their journey, which began as a collaboration with the Wisconsin Missions, and how this has grown into its own impactful organization here in Minnesota. The Goltz' from the Winona club have taken on this important work and are moving forward with more trips to come in the future. We look forward to supporting them.



DGE Susan Krumrey and Lion Brad Krumrey

Forgot to bring your Parade of Green donations? Couldn't make it yet still want to donate? Checks can be mailed to the Buffalo Lake Lions Club, PO Box 5, Buffalo Lake, MN 55314.

Another exciting opportunity is right around the corner with the Emerging Lions Leadership Institute (ELLI), taking place in Willmar, MN. This is a fantastic opportunity to grow as a leader, and we are so fortunate to have this event so close to home! Please check out the flyer in this issue for more details and registration information.

It was an honor to be elected your next District Governor. While I continue to support the work of DG Jacque and the current cabinet, I am excited to help build on our successes and to keep our momentum moving forward in 5M4. I look forward to meeting even more of you in the future as we work together to make a difference in our communities, one act of kindness at a time!

Thank you for all you do! Together, we serve!

Lion Susan Krumrey, DGE – 5M4, 5M4 Mid-Winter Convention Co-Chair,

Buffalo Lake Lions Club President

320-295-8327 Email: susanreuberkrumrey@outlook.com

What an annual January Jubilee!

There are a few things I look forward to every year. When I was younger it was summer vacation and my birthday, now its Mid-Winter Convention and Pancake Day in Sauk Centre. When I went to my first Mid-Winter, I figured I'd attend one year just to check it out...nope, every year since then because it's a perfect time to re-charge your Lion battery and visit with fellow Lions who have become your friends because of your shared sense of the love of service to others. Just a reminder to everyone, next year's Convention will be February (6-8) in Willmar. Make sure you save that date already because I am sure DGE Susan and the Lions from Buffalo Lake will have something fun planned. If you did attend, please make a point to share with your clubs what your favorite points of the weekend were. I really enjoyed speakers this year, Connie Lindquist, with her daughter Sophina spoke about the service of love they provide our first responders especially the ones affected by tragedy. That story was pretty special, as were the two chocolate chips cookies I got from her. The Sunday morning speakers really kept me engaged while seeing the pictures of the people they were changing the lives of, with one pair of glasses at a time on their various mission trips. This year we had a bunch of first-

timers which is great to see, I am expecting see them attend next year because they will see, every year is something a little different.



Lion Jason Kerfeld, 1VDG District 5M4

I would like to thank DGE Susan, PDG Marty, PCC Dennis, and DG Jacque on a wonderfully run convention. It is amazing to see how many hands it takes to make something like this look so good, Great job team!

Speaking of team, DGE Susan is looking for individuals to fill her nest (cabinet) for this coming year. LCI would like to get the names entered very soon, so if you'd be interested in working with a fun and patient group of fellow Lions, let us know we can tell you what we have for you.

February is a short month so March will be here in no time. Make sure to sign up for the LCIF Gala in St. Cloud at the Holiday Inn on March 29th and the MD5M Convention in Bloomington April 25-27th. Roar with you soon, IVDGE Jason

Lion Jason Kerfeld, IVDG District 5M4 Sauk Centre Lions Club 320-429-0794 3.

5M4 Newsletter www.e-district.org/sites/5M4 FEBRUARY 2025

CONVENTION!





What a fun weekend! Filled with friendship-building, learning about Lions projects, being inspired by people with giving hearts, and much more. Here are some photos of our weekend - enjoy!

















CONVENTION!

Register and learn more about Zions Projects







Speed Learning









Cabinet Meeting



Service Project



Service Projects

Diaper Drive and Personal Hygiene Kits were a big hit. Personal Hygiene Kits for 300 people and 40 bags of diapers. Items were donated from Clubs and through a \$3,000 LCIF District & Club Community Impact Grant.



CONVENTION!



Great Speakers - informative and inspiring



ID Maria Cunning with Sophina Lindquist Both presented speeches that were very inspiring - and filled with inspirational stories of how they go out in the world and spread their love of service to those in need.



Sophina shared wonderful chocolate chip cookies with us!



Nancy and Dan Goltz shared their stories about eyeglass missions. It's truly amazing how the donated eyeglasses find their way to people who need them.



1st VDGE Jason Kerfeld makes announcements



Lion Ron Buse reports on Project New Hope



PDG Rob served as Tail Twister

Soles4Souls presentation





Lion Bob Kundinger working on coordinating the speakers' slide shows

CONVENTION!



Awards



PDG Sue Kulbeik was presented with 5M4 District Governor Appreciation Award AND an LCIF Certificate of Appreciation



Lions Ron Branch and Darrell Staley were presented with International Certificates of Appreciation.



LCIF Chair Allan Ulbricht was presented with International Presidential Leadership Award



Lion Lori Schellberg was presented with the International President's Award



n.



LCIF Chair Allan Ulbricht was also presented with LCIF Certificate of Accomplishment Honor

Morris Lion Linda Holland won an International Certificate of Appreciation.

CONVENTION!



Awards



Miltona Lion Deb Mauloft won an International Certificate of Appreciation.



Lion Mickie Rogal is presented with the International Presidential Leadership Award

First Timers



The thirty-four First Timers at the convention worked really hard to fill out their contest forms. Great way to meet fellow Lions!

Zions in Motion



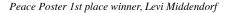
Something new! The 'Lions in Motion' half-mile walk around the motel was energizing - afterward the winner was the one with the best Poker hand.

CONVENTION!



Peace Poster winners







Peace Poster 2nd place winner, Lucy Sjordstrom



Peace Poster 3rd place winner, Ava Pierce







THANK YOU! THANK YOU!

Many thanks to everyone that helped organize and put on the convention. It takes so many to make this come together and run as smoothly as possible. Starting with the convention Co Chairs; DGE Susan Krumrey and PDG Marty Athmann, Lion Bob

Kundinger for AV, Lion Anne for getting the newsletter together so it can get out to all lions. Lions Sue and Ron Honken for the decorations, Lions that manned the registration and credential tables, for all the foundation members for having their informational booths available for our Lions, our clubs that hosted the hospitality rooms and all the clubs for donating to our service projects and donating baskets for the raffle room.

Many thanks as well to the clubs that did not attend yet supported our district with the purchase of convention tickets. And finally to the most patient partner in service Dennis Heinen for helping me to keep all the moving parts in perspective –

Thank you!
5M4 District Governor Jacque Heinen

FEBRUARY 2025



PARADE OF GREEN RESULTS

A HUGE THANK YOU to all those Lions and Lions Clubs that donated to this year's 2025 Parade of Green. The Foundations, Camps and other programs that 5M4 supports will be so grateful for your generosity!

MN Lions Diabetes Foundation	\$6,599.59
Camp Needlepoint	\$2,690
MN Lions Vision Foundation	\$8,040
Mission Foundation	\$1,990
LCIF	\$12,580
MN Lions Childhood Cancer	\$6,000.25
Can Do Canines	\$6,190
Leader Dog	\$6,225
Youth Exchange	\$325
Youth Outreach	\$1,590
MN Special Olympics	\$2,410
True Friends	\$2,040
MN Lions Hearing Foundation	\$5,690
Camp Confidence	\$2,540
MN Lions Kidsight Foundation	\$4,370
Project New Hope	\$3,590
TEAM Sheehan	\$3,360
GRAND TOTAL	\$76,229.8

SEE PAGE 14 FOR MORE INFO

Save the date!



Go for the Gold Gala

Saturday March 29, 2025

Best Western Plus Kelly Inn

100 4th Ave S. St Cloud, MN 56301

We had such a fantastic response to last years Gala-we are going to do it again! MD5M's LCIF District Coordinators have been brainstorming to make this a fun filled event. What we know so far is that there will be a silent/live auction, "Olympic" games, raffles and perhaps a costume contest.

We are working on special guest speakers.
There will be more to come.

Foundation does for others. Yes-this is a Fun-Raiser!!

Invite your club members, community leaders, anyone that you think that would be interested in learning what our

Check with your District LCIF Coordinator to find your personal balance that you have donated to LCIF. If you want to be presented with a MJF plaque or PMJF pin by PIP Douglas Alexander, then you will need to order your plague/pin by Feb 3, 2025.
You can contact LCIF Donor Services at 630-203-3836 to have the plaque/pin

Any further questions please contact Lion Anna Wickenhauser 952-913-1467 or lionannaw@gmail.com

sent to you and bring it to the LCIF Gala if you are attending.

2024 – 2025 CLUB CONVENTION RAFFLE WINNERS

\$500.00	1 Linda Dahlager	Sacred Heart Lions
\$250.00	1 Paul Carlson	New London Lions
	2 Brian McCorquodale	Franklin Lions
\$100.00	1 Todd Bussmann	Sauk Centre Lions
	2 Kellie Knudson	Montevideo Lions
	3 Jeff Dreier	Elbow Lake Lions
\$50.00	1	Danube Lions
	2	Willmar Noon Lions
	3 Mike Aarons	Pennock Lions
	4	Hector Lions

50/50 Convention Raffle Winner of \$400.00 was Lion Mark Peterson of Bird Island

Hector Lion's Club



All You Can Eat Annual



Flapjack Festival

Sunday February 18, 2024 8:00 am-12:00pm Hector Community Center Freewill Donation

Rapjacks with fresh fruit toppings French toast, Sausage, Coffee, Mlk or Juice

Proceeds to Support the BLHS School Safety Patrol Reward Day











Raymond Lion Dean Gunderson received his Melvin Jones Award on January 23rd. Lion Dean exemplifies the qualities for this award! We appreciate your service, Dean!

Melvin Jones Award winners



The Buffalo Lake Lions Club proudly presented Lion Jean Grimm with a Melvin Jones Award, an honor that was dedicated to her by her mother, Meridee Dobberstein. Meridee stated, "Jean has been a faithful and hard working Lion member for many years. I am so proud that she continues the tradition of Lionism in the Dobberstein family." Jean's father, Lea, was a longtime devoted Lion until his passing in 2013, and her brother Brad and husband Charlie are also active members. Jean has served as the Secretary of the Buffalo Lake Lions for many years since 2007, generously contributeing her time and talents to the club. We are grateful for her service as an officer, participating member, and a valuable piece of our Lions community. Congratulations Jean!

Pictured: BL Club President Susan Krumrey and Lion Jean Grimm





Date: March 14-16, 2025 Location: Holiday Inn, Wilmar



Participants are required to:

day institute.

· Attend all sessions of the three-

· You may commute to trainings if

Complete pre-assignments prior

to beginning of training weekends

you attend all sessions and can do

ELLI is for Lions who wish to pursue leadership roles within their club. You will learn the history and goals of LCI and LCIF, develop strategies for being an effective leader, creative thinking, change management and collaborate with a diverse group of fellow Lions.

You qualify for trainings if you:

- Have NOT served as Club President
- · Are a current member in good standing
- Have an interest in becoming a better Lions member.
- Enjoy meeting other Lions and sharing
 ideas
- Like having FUN!!!!

Applications due by Friday, February 6, 2025 Applications are due to the District Governor Questions, please reach out to

Questions, please reach out to your GLT Chair or your Distroit Governor





LITPC YOUTH SCHOLARSHIP INFORMATION



The Lions International Trading Pin Club (LITPC) has announced for the 2024 – 2025 school year that there will be 6 US \$2,500 scholarships awarded. Graduating Leos OR graduating sons/daughters, grandsons/granddaughters of Lions are eligible to apply for the LITPC Youth Scholarship. The LITPC goal is to help our future leaders and give students a financial helping hand. This program started in 2012. Recipients have been from Connecticut (2), Delaware (2), Georgia, Iowa, Louisiana, Michigan, Minnesota (4), New York (3), Ohio (6), Oklahoma (2), Pennsylvania (3) and Virginia (6). The 2025 recipients will be announced at the LITPC Annual Meeting in 2025.

To obtain the current LITPC Youth Scholarship information:

- 1. Go to the LITPC website: www.litpc.org
- 2. In the left column, click on LITPC Scholarship Forms.
- 3. Then click on LITPC Scholarship Information.
- 4. When that page comes up, click on **Scholarship Application Form**. Read and follow **ALL** directions. Be sure to fill out **ALL** the forms neatly and correctly which includes the 4 essay questions (in 350 words or less) and the question about scholarships that you have been offered along with submitting a **certified** copy of your high school transcript including activities. Plus you also need to attach recommendations from 2 persons (i.e. teacher, coach, clergy, employer, etc.) **AND** attach a recommendation letter from a Lions Club member indicating the name of the Club and state/province and country in which the Club is located.

ALL forms and letters are to be submitted by MARCH 1, 2025 to:

Lions Bill & Marcia Guthrie, Scholarship Chairman 763-786-8072

9 101st Lane NW, Coon Rapids, MN 55448 bmguthrie9@q.com

You can either mail us your application OR email it to us.

THANK YOU AND GOOD LUCK TO ALL!!!

The LITPC fulfills the motto of Lions Clubs International - "WE SERVE"



Can Do Canines to Host Open House March 8

Can Do Canines invites you to attend an open house on Saturday, March 8, from noon to 2 p.m., at its Can Do Canines campus (9440 Science Center Drive, New Hope, Minnesota). Potential volunteers, clients, or anyone who might be interested in supporting the organization can join us to learn how an assistance dog changes the life of a person with a disability.

Through a self-guided tour, attendees will be able to watch a trainer working with an assistance dog, hear from a volunteer dog host, talk with staff members from the volunteer department, pose questions to client services coordinators about the application process, and meet graduate teams from five types of areas Can Do Canines trains dogs: hearing, mobility, seizure, diabetes, and childhood autism.

There is no pre-registration for this event, though attendees will be asked to share some contact information when arriving.

To request a sign language interpreter for the Open House, please contact Laurie at lcarlson@candocanines.org or 763-331-3000 at least two weeks in advance. We'll do our best to accommodate late requests, but availability is not guaranteed.

More information about Can Do Canines is at CanDoCanines.org.





Northside elementary receives school supplies

Loretta Burns of the Benson Lions Club, presented Mary Kent, Northside Elementary secretary, a box of school supplies. The supplies were donated by the Lions District Governor at their district meeting Jan. 6.



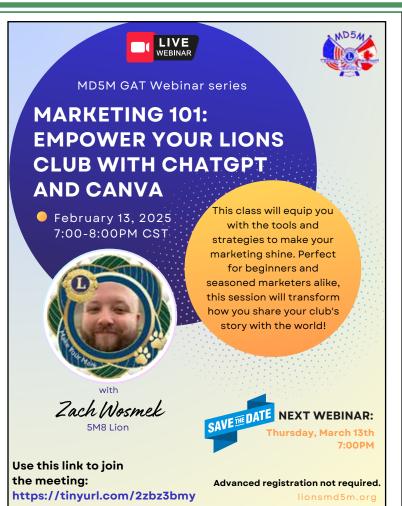


CHAMPIONS!

Sauk River Champions Lions Club and Alexandria Champions Lions Club together at the Mid Winter Convention in January. Great speakers...

Sophina and her Mom Connie Lindquist had awesome story to tell us. Sophina is the Cookie Girl who delivers cookies to First Responders/ EMT/ and Fire Fighters







MN Lions Diabetes Foundation Update:

According to the CDC: In the US 34/2 million people have diabetes. That's about 1 in every 10 people! One in five don't know they have diabetes! More than 1 in 3 people have prediabetes and more than 8 in 10 don't know they have prediabetes!! This is a costly disease as well as putting those with it at a 60% higher risk for early death. Serious health complications include blindness, kidney failure, heart disease, stroke and loss of toes, feet or legs due to amputation. Ugly disease for sure.

The Foundation trustees met December 7. We approved the disbursement of funds to the U of M $\,$ researchers' proposals:

Proposal #1 - Hering, Ramachandran, Singh, Clinical Translation of Immune Tolerance Strategies for People with Diabetes and Kidney Failure, funded at \$50,000.

Proposal #6 - Fife, Curing diabetes by stopping the immune system, funded at \$75,000.

Proposal #7 - Hering, Adams, McGregor, Comprehensive analysis of human antibody reactivity to porcine (pig) xenogeneic antigens in patients currently on the waiting list for human organ transplantation, funded at \$75,000.

That's a total of \$200,000 that is now available from the MLDF. The MLDF Board of Directors will consider funding for Proposals 2, 3, 4, and 5 at our March 15, 2025 meeting when, hopefully, more funds will be available.

Please join us for that research update March 15 in St Cloud. Consider bringing a silent auction item or basket to raise funds. Hear directly from the researchers about the projects we're funding.

Our Strides campaign ran from November 1 through January 1, 2025. We had poor participation from our district (Thanks Buffalo Lake Lions, though!!) Let's try to support this physical activity challenge next time.

On a brighter note, the Chad Norsten memorial pool tournament held January 4 was a huge success, with them raising over \$8k which they have graciously donated to OUR MN LIONS DIABETES FOUNDATION. Hurray to these friends for doing this for the fifth year now and supporting our foundation. Save the date for January 10 next year to support them by attending or donating to the silent auction. These people are amazing!

Please remember MLDF for the Parade of Green!!! Diabetes is a big and costly disease.

Respectfully, Trustee Lion Lori Schellberg: lorischellberg@gmail.com 320-894-8643



FEBRUARY | 2025

LEADING THE WAY



Leader Dogs for the Blind - Lions Newsletter

Teen Orientation and Mobility

2025 dates available: June 15-21 | July 13-19 | August 10-16

- **TEEN GOAL:** Build independent travel skills by working one-on-one with a Certified O & M Specialist (COMS)
- ADULT SUPPORTER GOAL: Build knowledge with experiences to support teen
- with independent travel skills.
- Teen travels with adult supporter to Rochester Hills, MI. All public transportation for both teen and adult, and a room at a local hotel are covered by Leader Dog.
- Both teen and adult supporters learn new skills, build empathy and gain resources.
- Teens must have completed at least one year of high school.

Teen Summer Camp

2025 dates available: June 22-28

- **TEEN GOAL:** Explore mobility options, build leadership skills and make friendships with peers in a group setting.
- Teen travels to Rochester Hills, MI independently and meets our team at the Detroit Airport (information and what to expect will be clearly communicated). All public transportation and a private room on Leader Dog's campus are covered.
- Experience guide dogs, night travel, accessible GPS and more.
- Participate in fun camp activities—rock wall, zip line and team building
- Applicants must be 16 or 17 during the week of camp.











"I THOUGHT CAMP WOULD BE REALLY FUN, AND I WANTED TO MEET MORE BLIND PEOPLE MY AGE. I REALLY LIKED ALL OF THE NEW THINGS I GOT TO DO, AND I LIKED MEETING ALL OF THE OTHER CAMPERS. MY FAVORITE PART OF CAMP WAS EITHER ZIP LINING OR DOG DAY WHEN I GOT TO WALK WITH PENNY UNDER BLINDFOLD."

~LDB CAMPER



LCIF Update

It was so much fun visiting with many of you at our Mid-Winter convention in Alexandria recently. The convention committee and DG Jacque did a fantastic job. During the convention, \$12,580 was given to LCIF from clubs and individuals at Parade of Green, my LCIF Puppy fundraiser, Lions in Motion, Split the Pot, Horse Racing, Tail Twisting/ ransom paid for return of club banners, monies DG Jacque raised during club visits and her DG mug fundraiser. Thank you, thank you, thank you! Your generosity is noticed and deeply appreciated. Be assured that 100% of your donations are used for grants and programs. The need is very great. I've learned that a major catastrophic grant and other grants totaling more than \$150,000 were recently given to districts and Lions in California to help those affected by the ravaging fires. Last fall it was Hurricanes and flooding in Southeast US states. I can show you pictures from our district, area, our country and world. I can give you data about all of the wonderful ways Lions and LCIF together are empowering service and making an impact. Meanwhile our district has received a number of grants. Over the past 8 years, our District 5M4 received \$233,000 in grants. That averages out to about \$30,000 each year. I don't like to ask for money; but please continue to give. When we see pictures of all of the damage from hurricanes and flooding, from fires, tornadoes, Ukraine war and the loss of life, I realize that we are much better off than the majority of people in our world. LCIF also supports several causes such as vision, hearing, diabetes, hunger, childhood cancer and youth. If we include the monies given at convention, the total our district has raised year to date is about \$25,594. LCIF is asking that we at least reach \$30/ member which is \$43,211 by year end. Last year we raised over \$60,000. My goal for this year is \$65,000; which I acknowledge is a stretch.

I am including registration and information on our Multiple District's LCIF Gala on March 29th in St Cloud. Past International President Douglas Alexander will be our speaker and guest. He is a really good guy. I've gotten to know him a little and really admire him. Please join us. We would like to have Doug pin (or re-pin) members that are or recently received their Melvin Jones Fellowship and Progressive Fellowships in this Lions year. Please check with me on what you have for LCIF credits and bestow MJF's to people in your club and community or to yourselves. In order to receive plaques in time, please order by early February. I can help you with this!

I would like to visit with those of you that are curious about what a LCIF District Coordinator does. District Coordinators can do as much or as little as they choose to do. Training by LCIF is fantastic and there is a very strong support system within and beyond our district. Many districts have Co-Coordinators.

To make a donation online, please go to www.lionsclubs.org/donate.

Each of you is an inspiration to me. I am so thankful to be a member of District 5M4, where we care about others and we work together as Lions to give hope to those in need.

If I can answer any questions, please call me at 1-320-267-4207 or email me at allan.ulbricht@gmail.com.

Sincerely, Allan

Your donations to **LCIF** make a difference at home and in the world!

5 THE PARTITION OF THE

5M4 is proud of our contributions!
Watch this chart to see how we
are supporting the amazing
work of Lions at home and
around the world.

JULY 2024	\$295.00			
AUGUST 2024	\$1,335	YTD: \$1,630	GOAL	
SEPTEMBER 2024	\$ 3,215	YTD: \$4,845	_ FOR	
OCTOBER 2024	\$4,459	YTD: \$ 9.304		
NOVEMBER 2024	\$1,305	YTD: \$10,609	next year	
DEC. 2024	\$2,405	YTD: \$13.014	lS	
JANUARY 2025	\$	YTD: \$	\$65,000	
FEBRUARY 2025	\$	YTD: \$,	
MARCH 2025	\$	YTD: \$		
APRIL 2025	\$	YTD: \$	12.	
MAY 2025	\$	YTD: \$		
JUNE 2025	\$	YTD: \$		
By working together, we can meet our goal! THANK YOU!				



LCIF Gala "Go for the Gold"

Saturday, March 29, 2025

Holiday Inn & Suites St. Cloud 75 37th Avenue South St. Cloud, MN 563011 10:30 am to 4:00 pm

PIP Douglas X. Alexander was our International President from 2021-2022. He is from Brooklyn, New York and his theme was "Service from the Heart". Who wants to get their Melvin Jones Fellowship Plaque or Progressive pin presented by Past International President Douglas X. Alexander??? Have I got the opportunity for YOU!

Check with your District LCIF Coordinator to find the personal balance you donated to LCIF. If you have donated \$1,000 and want to be presented with an MJF plaque (or PMJF pin for each additional \$1,000) by PIP Doug Alexander, then you will need to order your plague/pin by Feb 18, 2025.

You can contact LCIF Donor Services at 630-203-3836 to have the plaque/pin sent to you and bring it to the LCIF Gala if you are attending. If you or your club want to present someone with a Melvin Jones Fellowship or a Progressive Melvin Jones Fellowship, the same criteria applies. Remember this Gala is not for Lions members only. Invite people who are interested in learning about our Foundation and what it does. This year, there will be stories shared from around our Multiple about the impact our Foundation/Grants had on the community.

Registrations are now available through your District LCIF Coordinator, MD5M Website, and District/MD Newsletters and will be available at your District Conventions. The cost is \$45 for each person, or if you prefer, you can purchase a table of 8 for \$500 that comes with perks. There is a PayPal, Venmo, or check option to register.

The Gala will begin at 10:30 a.m. at the Holiday Inn & Suites, Saint Cloud. There will be a costume contest with a Gold Theme. A tentative agenda will be posted as the Gala gets closer. Remember this is a FUN-Raiser...and there will be a cash bar.

If you need a place to stay before or after the gala, a booking link with the Holiday Inn is in the registration form.

WooHoo - Get your Lion on!!! I would love to help you with any questions

Anna Wickenhauser 952-913-1467 or lionannaw@gmail.com



MD5M "Go for the Gold Gala"

March 29, 2025 Holiday Inn & Suites 75 37th Avenue South St. Cloud, MN 56301

Email:			
Phone #:	:Club:		
	Tickets: Individual \$45.00	Tables of 8 \$ 500.00	
Pay online	e or return Registration form	no later than March 14 20	

Make checks payable to: LCIF Gala

c/o Rose Thies 21515 371st Ave. Green Isle, MN 55338

Pay online by Venmo or PayPal, please scan or email your registration form to: rthies001@gmail.com or 612-756-1316.

o PayPal: Rosemary Thies paypal.me/GreenIsleLions

o Venmo: @Rose-Thies

Lunch Menu

Choice of Chicken Parmesan or Lasagna (Beef or Vegetarian)
Choice of Penne, Cavatappi or Gluten-free Penne
Choose two of Grilled Chicken, Meatballs, Broccoli or Mushrooms
Choice of Garlic Alfredo or Marinara
Caesar Salad

Caesar Salad and Garlic Bread sticks
Dessert: Cupcakes

Hotel Accommodations: Book Directly to Holiday Inn & Suites by calling 615-321-8259 (mention 2025 Lions Club)

https://www.holidayinn.com/redirect?path=hd&brandCode=Hl&locate Code=en®ionCode=1&hotelCode=STCMN& PMID=99801505&G

PC=LIO7cn=no&viewfullsite=true to book online. Block held until,

Monday, March 3, 2025.



Can you help?

From: Lewis E GREEN <genegreenjuly@yahoo.com> Subject: Lions 5M4, M&StL, C&NW To: Dear Sir or Madam:

See attached photos. I bought this pin some time back simply because I was curious about it. I am an amateur historian and author of books on the Minneapolis & St. Louis (M&StL) and Chicago & North Western (C&NW) respectively among other topics.

Do you know anything about this? Do you know someone who might?

How or why would the M&StL, C&NW and a Minnesota Lions organization be connected?

How can two railroads both be the fourth one into Minneapolis?

Which organization/railroad might have caused this pin to be created?

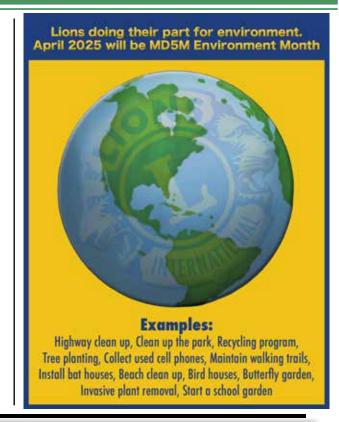
What purpose might the pin have had? When might this pin have been created?

I presume the C&NW did not create this pin because the ampersand is missing from the railroad's

The M&StL was merged into the C&NW 1 November 1960 so I am guessing this pin predates the merger. The C&NW was merged into the Union Pacific in 1994 or 1995 so this pin certainly predates that event.

BTW, the internet was no help at all or I used the wrong search terms. Gene Green

Out in the west Texas town of El Paso



Spicer
Sunrise
Lions
raffle
winners!



The sold out Spicer Sunrise Lions cash rafffle winners were drawn at Saulsbury Beach following the Polar Plunge. Lions are grateful for everyone who bought tickets. Proceeds fund our many charities.

Here are the lucky winners:

\$1,000 winner: Jeff Asche of Willmar.

\$500 winner: Mike Olson

\$200 Zorbaz gift card: Bailey Kalkbrenner \$200 Teal's gift card: Jerome Jakobson

\$100 Spicer Super Stop gift card: Marcia Welsh

\$100 Mel's gift card: Karen Rauenhorst \$100 O'Neil's gift card: Rollo Campe \$50 O'Neil's gift card: Mike Keenan



The Spicer Lions recruited help with their drawing. Lion Bob Kulseth looks on.





'Dining in the Dark' and other opportunities!

On January 24th, 2025, several Districts came together to conduct a "Dining in the Dark" event at the District 5M7 Mid-Winter Convention in St. Cloud. There were approximately 150 Lions, Leos, Leo advisors, and even and International Director and his wife at the luncheon.



MD5M Leader Dog Chair, PDG Sue Kulbeik, led the group through an enjoyable lunch while blindfolded to simulate eating a meal while visually impaired. She discussed the history of Leader Dog, what it's like to be a puppy raiser, and some of the moving stories of clients and their Leader Dogs.

Lion Scott Hauge of 5M9, who is a Leader Dog Chair and also a client, brought his current Leader Dog Millie, along with his retired Leader Dog Travers. Lion Scott spoke about his experience at Leader Dog and how having a Leader Dog has changed his life. Lion Scott and his wife, Lion Angie Hauge, along with his daughter, Leo Cora Hauge, worked as a team showing each blindfolded attendee how to utilize a white cane and to walk with the assistance of Leader Dog Travers while he was in harness.

Also assisting were PDG Bob Kulbeik of 5M4 and puppy raisers, Lions Kim and Terry Woolrey of 5M9. Lion Kim also shared some information about the puppy raising program at the Lino Lakes Prison.

It was truly a Multiple District event. If you are interested in holding a "Dining in the Dark" event, contact PDG Sue Kulbeik at kulbeik@gmail.com for details

Thank you

to the 26 District 5M4 Clubs and 3 individuals who donated a total of \$4,370 to the Kidsight Foundation.

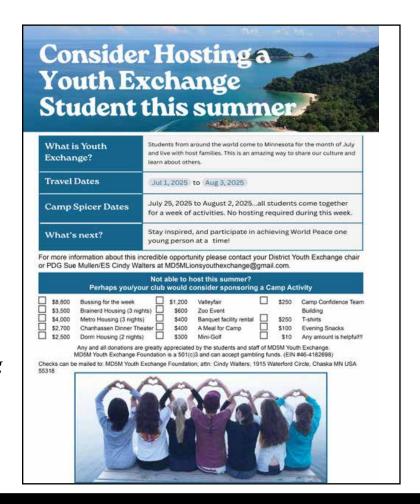


Together we will continue to screen the children in our district to ensure detection of vision needs.

We remind you to report your events to your club secretary for service hours (Please go back and report if you haven't already done so). AND report data to Lion Susan at 320-905-2412.

If you haven't conducted a Kidsight screening within a year, please contact us for assistance.

Lion Susan and Lion Ron Honken rshonken@frontiernet.net



HE LIONS PRIDE

2025 Lions MD5M Convention Schedule "Ignite the Lions Pride"

(times, sessions, speakers and details subject to change) **Airport Hilton Hotel**

2:30 PM-3:30 PM

Bloomington, Minnesota

Thursday, April 24, 2025

4.00 PM = 7.00 PM Registration Opens

Friday, April 25, 2025

7:00 AM—12 Noon Council of Governors Meeting 11:00 AM-6:00 PM Registration & Credentials 1:00 PM—5:00 PM Foundation Service Projects Foundation Display Tables 3:30 PM-4:30 PM 2029 Int'l Committee Meeting 5:00 PM-6:30 PM PDG Social & Dinner 6:00 PM-6:30 PM First-Timers Meeting

Opening Session & 6:30 PM—7:00 PM 7:00 PM-8:00 PM Service of Remembrance

8:30 PM-12:00 AM Welcome Reception Social, DJ, Games, Cash Bar

Saturday, April 26, 2025

6:45 AM-8:30 AM 7:00 AM-6:00 PM Registration & Credentials 7:30 PM—8:30 AM Foundation Meetings Silent Auction Open 9:00 AM-5:00 PM 9:00 AM-10:00 AM General Business Meeting 10:00 AM-5:00 PM dation Display Tables

10:00 AM-11:15 AM Seminar I Joe Schmit & Katie Shatusky Saturday, April 26, 2025 (continued)

11:30 AM-1:30 PM Luncheon 1:45 PM-2:15 PM Lions in Motion - Salsa Dancing

CC Judy Zewers DG Mary Curtis Seminar III 3:45 PM-4:30 PM Lion Daniel Marney- Elkins

Reception & Cash Bar 6:30 PM-9:00 PM

Banquet IP Fabricio Oliveira

Sunday, April 27, 2025

7:00 AM-7:45 AM PDG Business Meeting 7:45 AM-8:40 AM Int'l Convention Meeting For those going to Florida Silent Auction &

Raffle Results Posted Brunch & Closing Session PCC BJ Blahnik 8:45 AM-11:00 AM

11:00 AM Adjourn

11:15 AM-12:15 PM Council Chair-Elect & Past Council Chair Meeting













Ignite the Lions Pride MD5M Convention **April 25-27, 2025**

Hilton Minneapolis-St. Paul Airport 3800 American Boulevard East **Bloomington, MN 55425**

Join Lions from across Minnesota, NW Ontario & Manitoba

Explore opportunities for service Learn what is going on throughout Lionism Hear from inspirational speakers Build Lions knowledge and leadership Hear updates from all Lions Foundations Meet new friends and have fun





To register online use the QR code (click "skip advertisement" box)

For more convention information https://sites.google.com/view/ md5mmultipleconvention/home



Ignite the Lions Pride MD5M Multiple District Convention April 25-27, 2025



Lions of MD5M.

Attendees of the MD5M 2025 Convention in Bloomington, Minnesota will be in for a real treat with the lineup of guest speakers scheduled to appear. These speakers will provide you with heart-warming stories and inspirational talks on mental health, inclusiveness, service dogs, and helping others while making a mark in your



Joe Schmit is an award-winning broadcaster, community leader, author, and popular keynote speaker. He is a long-time youth mentor committed to advocating for several community organizations and has contributed time to many other charitable organizations including Big Brothers and Big Sisters, Juvenile Diabetes Research Fund, The Mind

over Matter Foundation, VEAP, and the Fairway Foundation. Joe is also an author of three books: "Silent Impact, "The Impact Blueprint" and "The Right Thing To Do," a children's book about Minnesota Twins Hall of Famer Joe Mauer.



Katie Shatusky is the Executive Director and Co-Founder of Thumbs Up, a nonprofit organization dedicated to helping others and uplifting the community. In 2014, she co-founded Thumbs Up in honor of her late grandfather, Bob Schmit, who died by suicide in 2010. Katie is also the author and illustrator of the children's book, *The Ladybug Hug*. One of her most profound experiences was donating a kidney to a complete

stranger in October 2020, exemplifying her commitment to making a difference in the



PDG Daniel Marney Elkins is a professional drug prevention specialist and is the executive director of the Bellevue Community Center. He specializes in creating youth leadership programming by teaching strategic thinking and service learning. PDG Daniel is one of the founders of the Lions Virtual movement and has presented at several

International Conventions, USA/Canada Forums, Europa Forums, Anzi Forums ISAME Forums and at district conventions around the world. He was appointed to the Lions' International Board of Directors in 2023 by Dr. Patti Hill. PDG Daniel has also served as a new club development consultant for Lions Clubs International.



Ignite the Lions Pride MD5M Multiple District Convention **April 25-27, 2025**



Convention Keynote Speaker



Lions of MD5M.

Attendees of the MD5M 2025 Convention in Bloomington, Minnesota will be in for a once-in-a-lifetime experience. Our current International President, Fabricio Oliveira, will be at our multiple district convention. His presence gives you the opportunity to engage with him and to learn more about the work being done by our international association across the globe.

A member of the Catolé do Rocha Lions Club since 1985, International President Fabrício has held several offices in the association. In recognition of his service as a Lion and to the association, he has received several awards including multiple International Presidents' Certificates of Appreciation, Leadership Medals, Presidential Medals, and the Ambassador of Good Will Award, the highest honor awarded by the association to its members. International President Fabrício and his wife, Amariles, also a member of the Catolé do Rocha Lions Club and a Melvin Jones Fellow, have two daughters, a son and a granddaughter.

International President Fabricio's theme for this year is Make Your Mark. The IP believes there's a leader inside every Lion. And all leaders know that, through collective action and individual commitment, we can inspire and empower whole communities. This inspiration and empowerment make our communities healthier and stronger than ever before, thus making our mark in the process. Every day provides us with a chance to make our mark as Lions, so it is time to act!

IP Fabricio will be our keynote speaker at the Saturday evening dinner. Take advantage of hearing on how you can make your mark as a Lion from the man who has envisioned it. Come to the MD5M 2025 Convention, hear IP Fabricio's inspirational words, and take them back to your community to share with your fellow Lions. Please register today for the MD5M 2025 Convention!

Thank you for your consideration,

5M7 Lions MD5M 2025 Convention Planning Committee



Lions Clubs International – New Members matter!

"Who is going to be responsible for our Lions club once we're gone?"
"How are we going to find these people who will take up the mantle of Lionism?"

"What do we need to do to attract new Lions to our club?"



One of the primary goals of your Lions marketing efforts is to attract new members to your club. The phrases above are probably something you and your fellow Lions may have thought about at one time or another. Whether or not you have had these thoughts, the important thing is to look to promote your club's upcoming events, service projects, or the club in general to attract new Lions.

Lions Clubs International has many excellent tools you can find on their website to aid you in promoting your club and to gain those needed new members. Check out all the different options found on the website at the following links:









https://www.lionsclubs.org/en/member-resource-center

https://www.lionsclubs.org/en/resources-for-members/mission-to-grow







Make sure your club members are part of the planning and the execution of your membership marketing plans. Everyone should be involved in seeking new club members and in utilizing the tools and materials developed by your club's membership & marketing teams.

Please remember to constantly be promoting your Lions' club and its activities. Show how your club is a vital part of your community and how becoming a member can build lasting friendships. Demonstrate how your prospective new members can be a part of something important to your community and can potentially offer personal growth opportunities.

Yours in Lionism,

Lion Lyle Goff
MD5M Marketing & Lions Information Chair
gofflt@msn.com









IMPORTANT CONTACTS!



Lions Club International Foundation

Chair: Lion Allan Ulbricht -- allan.ulbricht@gmail.com



MN Lions Vision Foundation

Lions Gift of Sight

Chairs: Lion Craig Schellberg -- spicerlioncraig@gmail.com PCC Rob Wiener -- 5m4lionrob@gmail.com



MD5M Hearing Foundation

Chairs: Lion Barry Erdahl -- <u>barry.erdahl@gmail.com</u>
PDG Bob Kulbeik -- <u>kulbeik@hotmail.com</u>



MN Lions Diabetes Foundation

Chair: Lion Lori Schellberg - lorischellberg@gmail.com



MN Lions Childhood Cancer Foundation

Chairs: PDG Bob Knutson -- lionbobbyk2017@gmail.com Lion Merlin Athmann -- athmann.mer@gmail.com



Leaderdog

Chair: Lion Mary Bolas -- marybolas.mb@gmail.com



MD5M Kidsight Foundation

Chairs: Lion Sue Honken -- <u>rshonken@frontiernet.net</u>
Lion Ron Honken -- <u>ronaldhonken1940@gmail.com</u>



Can Do Canines

Chair: Lion Mike Beilke -- mbeilke62@gmail.com



TIME WILL Project New Hope

Chair: Lion Ron Buse -- ron.buse06@gctel.com



Special Olympics MN

Chair: Lion Dianna Nelson - diannanelson@mainstreetcom.com



T.E.A.M. Sheehan Foundation

Chair: PIP Brian Sheehan -- bsheehan@rccbi.com

Treas. PDG Marty Athmann athmannmarty@hotmail.com



MN Lions Mission Foundation – Brand New

Foundation Awards:

- ★ LCIF Melvin Jones Fellowship
- ★ MN Lions Vision Foundation Hellen Keller Award
- ★ MD5M Hearing Foundation Hearing Research Fellewship
- ★ MN Lions Diabetes Foundation Dreamcatcher Award
- ★ MN Lions Childhood Cancer Foundation Believe Award
- ★ MD5M Kidsight Foundation Sight Saver Award
- ★ Can Do Canines Top Dog Award
- * T.E.A.M. Sheehan Foundation Lapel Pin & Foundation Medal

MD5M Multiple District Awards:

- Hall of Fame Award
- * Al Jensen Award
- * Int'l Presidents Leadership Award
- Int'l Presidents Presidential Award

District Awards:

- Club Excellence Award
- * Heart of A Lion Award
- Be Kind Award

Grant Applications:

- T.E.A.M. Sheehan Foundation
- LCIF website





2024-2025 5M4 Cabinet Directory

District Co.	5.6			220 240 6526	LIGNUITINEN CONANII CONA
District Governor	DG	•	yn Heinen	320.249.6536	LIONHEINEN@GMAIL.COM
1st VDG	1VDG	Susan	Krumrey	320.295.8327	susanreuberkrumrey@outlook.com
2nd VDG	2VDG	Jason	Kerfeld	320.429.0794	kerfeld@mainstreetcom.com
IPDG	IPDG	Sue	Kulbeik	605.949.0161	kulbeik@gmail.com
Cabinet Secretary	Lion	Kelsey	Sommerville	320.295.8657	kelssomerville@gmail.com
Cabinet Treasurer	Lion	Denise	Sundblad	320-766-3266	district5m4@outlook.com
Can Do Canines	Lion	Mike	Beilke	320.761.9406	mbeilke62@gmail.com
Childhood Cancer	PDG	Bob	Knutson	320-295-1757	lionbobbyk2017@gmail.com
Childhood Cancer	Lion	Merlin	Athmann	320.522.1264	athmann.mer@gmail.com
Constitution & By-laws	PDG	Kellie	Knudson	320-226-4156	lionkellieknudson@gmail.com
District Admin	PCC	Dennis	Heinen	320.491.3996	heinende@centracare.com
Environment	Lion	Jeff	Gunderson	320-815-3478	jeffwgund@gmail.com
GET	PDG	Dan	Plowman	320.219.8814	mtdrplowman@hotmail.com
GLT	Lion	Mickie	Rogal	218-731-9749	mickierogal@gmail.com
GMA	PDG	Marty	Athmann	320-522-0856	athmannmarty@hotmail.com
GMT	PCC	Rob	Wiener	320-241-7100	5M4Lionrob@gmail.com
GST	PCC	Dennis	Heinen	320.491.3996	heinende@centracare.com
KidSight Foundation	Lion	Ron	Honken	320-905-6282	ronaldhonken1940@gmail.com
KidSight Foundation	Lion	Susan	Honken	320-905-2412	rshonken@frontiernet.net
LCI Advisor	PIP	Brian	Sheehan	320-212-7330	bsheehan@rccbi.com
LCIF Chair	Lion	Allan	Ulbricht	320.267.4207	allan.ulbricht@gmail.com
Leader Dog	Lion	Mary	Bolas	320.815.0343	marybolas.mb@gmail.com
Leo Chair	Lion	Jamie	Shoutz	320-699-0371	JSHOUTZ1@GMAIL.COM
Lions Alert	PDG	Marty	Athmann	320-579-1357	athmannmarty@hotmail.com
Long Range Planning	PDG	Ron	Branch	320-460-0135	branch@rea-alp.com
Midwinter Convention		M.Athm	nann S.Krum	rey	
MN Diabetes Fndtn	Lion	Lori	Schellberg	320.894.8643	lorischellberg@gmail.com
MN Diabetes Fndtn					
MN Hearing Fndtn	Lion	Barry	Erdahl	320-349-1108	barry.erdahl@gmail.com
MN Hearing Fndtn	PDG	Bob	Kulbeik	605.949.0136	kulbeik@hotmail.com
MN Vision Fndtn	Lion	Craig	Schellberg	320.894.6843	spicerlioncraig@gmail.com
MN Vision Fndtn	PCC	Rob	Wiener	320.241.7100	5M4lionrob@gmail.com
Newsletter	Lion	Anne	O'Flynn	320-815-5790	anneo@runestone.net
Nominations	PDG	Jeff	Swenson	218-770-1779	jfswens@runestone.net
PDG Advisor	PDG	Kellie	Knudson	320-226-4156	lionkellieknudson@gmail.com
Project New Hope	Lion	Ron	Buse	218-639-1114	ron.buse06@gctel.com
Protocol	PCC	Dennis	Heinen	320.491.3996	heinende@centracare.com
Public Relations	IPDG	Sue	Kulbeik	605.949.0161	kulbeik@gmail.com
Special Olympics	Lion	Dianna	Nelson	320.766.7412	diannanelson@mainstreetcom.com
TEAM Sheehan Fndtn	PDG	Kent	Beissel	320-352-3482	KJJBEISSEL@mainstreetcom.com
Technology	PCC	Dennis	Heinen	320.491.3996	heinende@centracare.com
Website	Lion	Posl	Pat		patrickposl@gmail.com
Youth Exch/PPoster	Lion	Todd	Fritsche	507-766-7528	dragon376381@yahoo.com
Zone 1 Chair	Lion	Paul	Skorheim	320.491.5738	paulskorheim@gmail.com
Zone 2 Chair	Lion	Ed	Bolas	320-304-0117	edmary1973@gmail.com
Zone 3 Chair	Lion	Linda	Holland	320-760-2303	lindakholland5@gmail.com
Zone 4 Chair	Lion	Tom	Moe	320-413-0247	tmoe@fedtel.net
Zone 5 Chair					
Zone 6 Chair	Lion	Richard	Haugen	320.522.2115	richard.haugen@yahoo.com
Zone 7 Chair	Lion	Vickie	Vogt	320.282.5016	vic56273@gmail.co,
Zone 8 Chair		-	S		