

5M4 Newsletter

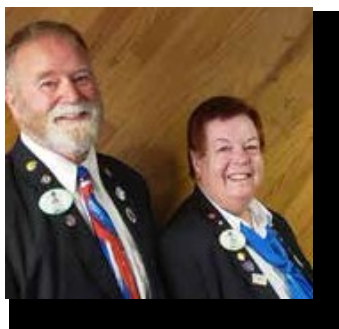


**District 5M4 Lions
Mid-Winter Convention**
Jan. 26-28, 2024



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PDG Bob Kulbeik and DG Sue Kulbeik

I've heard it said "the days go slow, but the years go fast!" Boy, is that true for 2023. I can't believe 2024 is here and we are busier than ever. It's been a whirlwind of club meetings, events, service projects, holiday parties, and preparation for the 2024 5M4 Mid-Winter Convention. Thank you all who have hosted us, entertained us, and fed us. It's been our pleasure to meet with you. On top of our Lions events, PDG Bob and I have been extra busy this time of year with all of our Santa visits to communities around the state. Add to that our new Leader Dog puppy, Trooper! Needless to say, we'll be staying home for Christmas and enjoying catching up on some much needed rest.

In this issue of the 5M4 Newsletter, you'll find a LOT of information about the Mid-Winter Convention. There are many ways to participate. The most obvious is to simply attend! We have many wonderful things planned – but overall the main thing we want to do is get together with our Lions friends and have fun! The theme of "Made in Minnesota" is allowing us to do just that. Elsewhere in this issue, you will find a draft of the agenda so you can see all the fabulous speakers, panel discussions, entertainment, and even the food will be a Minnesota theme. Be sure and check it out.

Our service project is going to be pretty significant too. Following IP Patti Hill's lead regarding focus on the environment, we will be doing two separate projects.

The first – we will be collection/recycling a whole list of things: glasses, hearing aids, shoes, plastic (bags and others), and now we are adding cell phones. Dig through that junk drawer and find all your old phones. Bring even without chargers or if they don't currently work. We will be turning them over to an organization that will get them working and provide them at no cost to families in trouble who may need to call for help.

The second – thanks to an LCIF Community Grant, we will be purchasing wildflower seeds in bulk and dividing them into small seed packets. These can be planted in your personal yard next spring, or your club could plant them all together in a community garden.

The plastic we collect will be turned into Cub Foods in Willmar which will in turn be converted into a park bench constructed by the Trex Company. This particular bench will be donated to the Willmar Noon Lions Dog Park in our host community. This program is available for YOUR CLUB in YOUR COMMUNITY and information will be on hand to take home. Speaking of the Willmar Noon Lions, another feature will be the transportation service project they have ongoing in their community. Lion Terry Smith will be on hand with the Lions Van to tell you more about how they got things "rolling" and how they have sustained the project.

Something else that's new, the Minnesota Lions Gift of Sight is promoting becoming donors and they are making it very easy to sign up. They will be on hand.

All of the Foundations and other organizations we support will have table displays for you to check out and talk with our Cabinet Chairs on what is the latest information.

That leads me to the Parade of Green. I've already been receiving checks for the Parade of Green and we appreciate everyone's support. There is a list of ALL the organizations that are included in the Parade of Green within this newsletter. Please give generously as you always do. Speaking of giving, have you sent your raffle tickets back to me? They can be sent to DG Sue Kulbeik, P.O. Bo 59, Elbow Lake, MN 56531.

Also, we are hoping to have a terrific assortment of raffle and auction items. I've seen several and following the "Made in Minnesota" theme seems to be what many of the clubs are doing! It's great to see how creative everyone can be and we appreciate the support.

Of course, any "Minnesota" themed event has to have great food! We will be having a Saturday breakfast buffet, Noon Hotdish buffet, and walleye and Jennie-O Turkey choices for our banquet. Sunday will be a terrific brunch. Our hospitality room snacks are a "Pot-Luck" event, because that's what we do here in the great state of Minnesota! Bring your favorite snack food and we'll put them all together for an amazing spread. Our speakers were invited because I have heard them all and felt that they had an excellent message for our District. Our keynote speaker will be ID Bob Lee who is bringing his lovely wife Lion Pam, all the way from Honolulu to Minnesota in January. What the heck were they thinking?

ID Bob will be presenting at the Saturday morning breakfast, talking about the fires on Maui and how LCIF was able to help their local Lions Clubs provide relief. He will be joined by Lion Bonnie Lay of Forada who will be discussing the tornado in Forada last year and again, how LCIF and Lions helped in the rescue and cleanup efforts. Since Bonnie is Cabinet Chair for the Lions Alert Program, we will review the program and discuss what steps are needed to move forward. If you haven't done so already, please be ready to provide Bonnie with the name of the Lion in your club that will be the contact person for Lions Alert. At our business meeting, we will once again hear from ID Bob Lee. We will also hear from the two candidates for International Director from our Multiple District, PCC Burt Nelson, and PDG Dennis Kelly. We will be voting for our next District Governor, and 1st and 2nd Vice District Governors. We will also be voting on a Hall of Fame candidate and perhaps other awards.

Our lunch speaker is Leader Dog representative BJ Blahnik, who is a client of Leader Dog and has such a positive outlook on how

Sue's Column is continued on page two

Form in this newsletter! Contact:
DGE Sue Kulbeik
kulbeik@gmail.com
Cell: 605-949-0161



Notings from Jacque!

Cell: 320.249.6536

VDG Jacque Heinen

Email: lionheinen@gmail.com

Cell: 320.249.6536

Merry Christmas & Happy New Year Lions! Wishes for all to enjoy some time with family over the holidays; to reflect on what you have to be thankful for and remember what we have lost. I pray you are able to carry the joy and peace of the season throughout this upcoming year.

Jan 5th brings the first of our Multiples mid-winters. Our 5M4 mid-winter is approaching fast. Jan 26-27 in Willmar MN. Hotel reservations can be booked by calling the Best Western hotel directly at 320.235.6060 to get our special booking rate which ends Dec 29. Early bird convention registration ends Dec 19, but never fear you can still register. COME have some Made in MN FUN!

If you can't come for the entire weekend, join us Friday for the Memorial Service remembering those who served with us, or the business meeting on Saturday. We would encourage you partake in the fellowship this weekend is able to offer us.

I'd like to plant the seed for you to assist our district – we are looking to the future: 2025, 2026 and beyond. How can you help? What are your goals? What areas of service speak to your heart? We can find a position that works for you weather you have hours or days per month to step up and do more to serve. Anyone on the cabinet would be willing to talk to you as how you may be able to help. Orientation is available for all positions.

And I'd be remiss if I didn't put in a plug for the Sauk Centre Lions 63rd Pancake Breakfast – Sunday Feb 4. Tickets on sale now! (and at the convention)

Thank you lions for all you do.

..... Ask One, and continue to Serve. Mission 1.5

IVDG Jacque Heinen



We're on a mission to grow.

PDG'S of MD5M,

MISSION 1.5 is the drive to reach 1.5 million members worldwide, so we can better meet the growing needs of our communities and serve more people than ever before. MISSION 1.5 starts with you.

When we invite new members to our clubs and build new vibrant clubs, it does more than

make our communities stronger, it makes the world a kinder, healthier and better place to live.

Our International President Dr. Patti Hill is challenging all of us to step up and help grow our association. Dr. Hill is asking all of us to go out and find at least one new member to join our association. We have all heard the different acronyms that are associated with PDG. Everything from Power Done Gone, Permanent Dinner Guest, Pretty Darn Good and the one that is the most accurate, Providing District Guidance.

Now more than ever we need to step up and provide that district guidance. All Lions have been challenged to grow our association and International President Dr. Patti Hill is asking us as PDG'S to step up and show the Lions of MD5M that we lead by

example.

The challenge is simple, recruit at least one new member to our association. As leaders of our multiple will you accept the challenge of our International President and sign up that new member? The challenge is made!

Will you accept the Challenge? I Have!!
If you are ready to accept our International Presidents Challenge, let your Fellow PDG'S know that you are on the team to grow our association.

PDG Jay Norby
CA1 GAT Area "C" Leader
IA/MN/ND/SD/WI
Lions International
218-298-1031 ljnorb@arvig.net

Sue's Column continued from page one:

the dogs help turn your life around. He will also be hosting a lunch for our Leo's and Champion Lions where they will be "Dining in the Dark". They will be blindfolded and have lunch, get training on using a white cane, and they will even be able to test drive a Leader Dog!

Our Saturday afternoon feature event will be a panel discussion of half a dozen younger Lions sharing with us what drew them to Lions, what keeps them engaged, what service projects they enjoy or would like to see clubs try, and how to find more young Lions. Should be a great presentation – one not to be missed!

Saturday evening banquet speaker will be ID Bob Lee, who has an entertaining and informative way of telling us what is going on with our organization.

Saturday night hospitality room snacks – Leftovers from Friday night (Because that how we do things around here)!

Sunday morning brunch speaker is a friend of mine. Eric Swatzke is the Ag Instructor at West Central Area School, and the person I worked with on the \$100,000 LCIF grant funded greenhouse. Eric was named the 2023 Minnesota Ag Educator of the Year for his work. He will bring the story of the WCA Greenhouse and how it has impacted students, teachers, and the school as a whole. He will share how the LCIF grant has led to other funding for shaping new and exciting agricultural opportunities for the students. If you want to see your LCIF donations in action locally in our district – don't miss this presentation.

In between all the above, there will be surprises, awards, Lions sharing their success stories, and so much more. We will definitely make it worth your while to attend. Remember to contact the hotel directly for the negotiated rate for the rooms. Their toll-free number sends you to who knows where and you may not be quoted the discounted price. See you there!

DG Sue Kulbeik kulbeik@gmail.com 605-949-0161

Need something in the newsletter? Send to: aneo@runestone.net

District 5M4 Lions Mid-Winter Convention

Jan. 26-28, 2024



5M4 Newsletter
www.e-district.org/sites/5M4
JANUARY 2024

TENTATIVE AGENDA (Subject to changes)

FRIDAY – JANUARY 26, 2024

- 3:00 pm Registration & Credentials
3:00 pm Service Projects Recycling: Glasses, Hearing Aides, Shoes, Garbage Bags
(Bring them to the convention and we will sort them out
Environmental: We will be packing flower seeds to send home so each Lion in the District can plant flowers next spring
- 4:00 pm Cabinet Meeting
5:00 pm Cabinet Supper
5:45 pm PDG Meeting (Same room as cabinet meeting)
5:45 pm First Timers Meeting
7:00 pm Memorial Service
8:00 pm Hospitality Room Open – Pot Luck snacks!
Bring your favorite snack and we'll add it to the fun. Plus, we'll have s'mores!
Band – "Too Drunk to Fish"

SATURDAY – JANUARY 27, 2024

- 8:00 am Breakfast Buffet
8:45 am Introductions and Protocol established
9:00 am Presentation on Lions Response to Disasters Far and Near
Presenters: ID Bob Lee of Hawaii and Lion Bonnie Lay of Forada Lions
10:00 am Discussion about the 5M4 Lions Alert Program
10:15 am Break
10:30 am Business Meeting
11:30 am New Lions Orientation
12:00 pm Lunch Buffet (Hot Dish Heaven)
Lunch speaker: BJ Blahnik, Leader Dogs for the Blind
Leo and Champion Lunch - "Dining in the Dark"
1:30 pm Check out the Foundations (and others) Display Tables
1:30 pm Optional Tour of Mr. B's Chocolate Factory (tour has been arranged – provide your own transportation)
2:00 pm Panel Discussion – How do we recruit and retain young Lions in our Club?
Moderator: Marty Athmann
Panel: Six younger Lions sharing ideas on how we can attract younger Lions and KEEP them!
4:00 pm Happy Hour – Hospitality Room
6:00 pm Banquet
Hospitality Room – Leftovers for snacks (because that's how we do it in Minnesota)!
Band: "Livewire"

SUNDAY, JANUARY 28, 2024

- 9:00 am Brunch buffet
Presentation: West Central Area Schools Greenhouse/LCIF Donation of \$100,000
Speaker: Eric Sawatzke, Ag Educator at WCA and Minnesota Ag Educator of the year for 2023
10:30 am Business Meeting Wrap-up
Parade of Green Results
Raffle and drawing results – prizes awarded



2024 MID WINTER CONVENTION

45TH DISTRICT 5M4 LIONS MIDWINTER CONVENTION

JANUARY 26, 27, AND 28, 2024

WILLMAR CONFERENCE CENTER, WILLMAR, MN

Please make your own Room Reservation

HOST HOTEL - BEST WESTERN PLUS, WILLMAR, MN
2100 E HIGHWAY 12, WILLMAR, MN 56201

320-235-6060

OUR ROOMS WILL BE RELEASED TO THE PUBLIC ON DEC. 29, 2023



Theme: 'Made in Minnesota'



INDIVIDUAL & FAMILY REGISTRATION FORM

Name _____ Club _____
 Lion's Title _____ Lion _____ Lioness _____ Non-member _____
 Name: _____ Club: _____
 Lion's Title _____ Lion _____ Lioness _____ Non-member _____
 Address _____ City _____ State _____ Zip _____
 Phone _____ E-mail _____
 Guest Children _____ Ages _____
 Guest Children _____ Ages _____

REGISTRATION OPTIONS

REGULAR CONVENTION PACKAGE (INCLUDES ALL MEALS) REGISTER BY DECEMBER 19, 2023
 @ \$125.00 Regular Attendees @ \$50.00 First Time Attendee (Dist. 5M4 only)
 @ \$50.00 Children 12 and Under

REGULAR CONVENTION PACKAGE (INCLUDES ALL MEALS) REGISTER DEC 20, 2023 OR AFTER
 @ \$135.00 Regular Attendees @ \$50.00 First Time Attendee (Dist. 5M4 only)
 @ \$50.00 Children 12 and Under

PLEASE CHOOSE YOUR BANQUET MEAL: Walleye _____ Turkey _____ (note how many each)
 Any special dietary needs? _____

For those attending ONLY Saturday or Sunday (no meals sold on site)
 Breakfast @ \$25.00 / Lunch @ \$30.00
 Banquet @ \$40.00 / Please include your meal choice: Walleye _____ Turkey _____
 Sunday Brunch @ \$30.00 Any special dietary needs? _____

PAYMENT OPTIONS

ALL REGISTRATIONS NEED TO BE RECEIVED BY JANUARY 10, 2024

Cancellations after January 10, 2023 will be charged \$20. Cancellations after January 15, 2024 - no refund.

Make Checks Payable to: District 5M4 Lions Mid-Winter Convention Fund

Send to: Schellberg Lions, 6233 97th Ave. NE, Spicer, MN 56288

Credit Card _____ Exp. Date _____ CVC _____
 Address _____ City _____ State _____ Zip _____
 Printed Name _____ Signature _____

QUESTIONS? CALL: 320-894-8643 OR E-MAIL: spicerlioncraig@gmail.com

Mid-Winter Convention Update Page

Date: January 26, 27, 28, 2024

Place: Willmar Convention Center/Best Western Motel

Theme: "Made in Minnesota"

NOTE THE TWO REGISTRATION PAGES – ONE FOR LEOs AND CHAMPION LIONS, ANOTHER FOR EVERYONE ELSE. PLEASE FILL OUT YOUR REGISTRATIONS AND SEND THEM IN ACCORDING TO DIRECTIONS AT THE BOTTOM OF THE PAGES.

BRING YOUR PARADE OF GREEN DONATIONS

SEND IN YOUR RAFFLE TICKETS!

Mail to DG Sue at PO Box 59, Elbow Lake MN 56531

SEND YOUR CLUB MEMORIAL INFO TO KELLIE KNUTSON

RECYCLING SERVICE PROJECT



Bring your items to recycle: Glasses, Hearing Aids, Shoes, Plastic bags and more (anything stretchy). Now adding old cell phones, too. We will be sorting at the convention and would love to get as much of these items as possible

GOOD OLD MINNESOTA POT LUCK

Be sure and bring a snack to share in our Hospitality Room! What's your favorite munchie? Herring? Lefsa? Bars? We're hoping to have the biggest smorgasbord of snacks ever offered on Friday night. And what are we having on Saturday night, you ask? Leftovers – a Minnesota tradition! There will also be s'mores and a cash bar available.



MADE IN MINNESOTA

Wear your favorite Minnesota wear to the Hospitality Room – sports gear, red plaid, cammo, or dress like a Minnesota famous person. Anybody got a Prince outfit, or how about Jesse Ventura? Your old high school team shirt or letter jacket.

Watch this page for updates each month!

**PUT YOUR EVENT ON
THE 5M4 WEBSITE!**

Please let us know if you'd like us to post your 5M4 club event.
Send to patrickposl@gmail.com

2023/24 5M4 Cabinet MeMbers

We are here to support you! If you need anything, or would like to schedule us to come visit your club, please reach out!

We Serve Together!

| | | | |
|---|-----------------------------|-----------------------------------|--------------|
| DG Lion Sue Kulbeik | District Governor | kulbeik@gmail.com | 605-949-0161 |
| 1VDG Lion Jacque Heinen | 1st Vice DG (2024/25) | lionheinen@gmail.com | 320-249-6536 |
| 2VDG Lion Susan Krumrey | 2nd Vice DG (2025/26) | susan@ksmillwrights.com | 320-295-8327 |
| Lion Susan Krumrey | Cabinet Secretary | susan@ksmillwrights.com | 320-295-8327 |
| Lion Denise Sundblad | Cabinet Treasurer | district5m4@outlook.com | 320-766-3266 |
| PDG/CC Lion Rob Wiener | Council Chair | 5m4lionrob@gmail.com | 320-241-7100 |
| Lion Craig Shellberg | 5M4 Convention Chair | spicerlioncraig@gmail.com | 320-894-6843 |
| Lion PDG Bob Knutson | Childhood Cancer | lionbobbyk2017@gmail.com | 320-295-1757 |
| Lion Merlin Athmann | Childhood Cancer | athmann.mer@gmail.com | 320-522-1264 |
| Lion Amy Swenson | Diabetes Foundation | aswenson@isd2342.org | 218-770-1219 |
| Lion Lori Schellberg | Diabetes Foundation | lorischellberg@gmail.com | 320-894-8643 |
| Lion Jeff Gunderson | Environment Chair | shergund@hotmail.com | 320-815-3478 |
| Lion Mickie Rogal | Global Leadership Team | mickierogal@gmail.com | 218-731-9749 |
| Lion PDG Marty Athmann | Global Membership Approach | athmanmarty@hotmail.com | 320-522-0856 |
| Lion Jason Kerfeld | Global Membership Team | kerfeld@mainstreetcom.com | 320-429-0794 |
| Lion PCC Dennis Heinen | Global Service Team | heinende@centracare.com | 320-491-3996 |
| Lion Barry Erdahl | Hearing Foundation | barry.erdahl@gmail.com | 320-349-1108 |
| Lion PDG Bob Kulbeik | Hearing Foundation | kulbeik@hotmail.com | 605-949-0136 |
| Lion Sara Stricker | KidSight | sjstrickes@yahoo.com | 641-430-6329 |
| Lion Allan Ulbricht | LCIF | allan.ulbricht@gmail.com | 320-267-4207 |
| Lion Mary Bolas | Leader Dog | marybolas.mb@gmail.com | 320-815-0343 |
| Lion Jamie Shoutz | LEOS | storedirector.2022@cobornsinc.com | 320-699-0371 |
| Lion Bonnie Lay | Lions Alert Program | foradalions@outlook.com | 320-766-5394 |
| Lion PDG Ron Branch | Long Range Planning | branch@rea-alp.com | 320-460-0135 |
| Lion Anne O'Flynn | Monthly Newsletter | aneo@runestone.net | 320-815-5790 |
| Lion PDG Dan Plowman | Nominations | mtdrplowman@hotmail.com | --- |
| Lion PDG Bob Kulbeik | PDG Advisor | kulbeik@hotmail.com | 605-949-0136 |
| Lion Ron Buse | Project New Hope | ron.buse06@gctel.com | 218-639-1114 |
| Lion PDG Dennis Zimmerman | Protocol | dezim@mainstreetcom.com | 320-333-8404 |
| Lion Dianna Nelson | Special Olympics | diannanelson@mainstretcom.com | 320-766-7412 |
| Lion PDG Kent Beissel | T.E.A.M. Sheehan Foundation | kjjbeissel@mainstreetcom.com | --- |
| Lion PCC Dennis Heinen | Technology | heinende@centracare.com | 320-491-3996 |
| Lion Craig Shellberg | Vision Foundation | spicerlioncraig@gmail.com | 320-894-6843 |
| Lion Pat Posl | Website | patrickposl@gmail.com | --- |
| Lion Mike Beilke | Zone 1 Chair | mbeilke62@gmail.com | 320-761-9406 |
| Alexandria, Carlos, Forada, Miltona, Osakis, Sauk Centre, Sauk River | Campions, Villard | | |
| Lion Todd Jorgenson | Zone 2 Chair | todd.jorgensen3@gmail.com | 320-288-5888 |
| Ashby, Brandon, Elbow Lake, Evansville, Grant County, Hoffman, Kensington, Wendell, Wheaton | | | |
| Lion Tom Moe | Zone 4 Chair | tmoe@fedtel.net | 320-413-0247 |
| Appleton, Dawson, Maynard, Milan, Montevideo, Watson | | | |
| Lion Sue Honken | Zone 5 Chair | susanhonken@gmail.com | 320-905-2412 |
| Clara City, Danube, Raymond, Renville, Sacred Heart | | | |
| Lion Todd Fritsche | Zone 6 Chair | dragon376381@yahoo.com | 507-766-7528 |
| Bird Island, Buffalo Lake, Fairfax, Franklin, Hector, Olivia | | | |
| Lion Terry Smith | Zone 7 Chair | tgs1871@yahoo.com | 320-894-1871 |
| Kerkhoven, New London, Pennock, Spicer Sunrise, Willmar Noon, Willmar Vyas | | | |

| | | | |
|---------------|--|---------------|--|
| Open Position | Constitution/By-Laws | | |
| Open Position | USA/Canada Forum | Open Position | |
| Open Position | Zone 3 Chair, Benson, Garfield, Glenwood, Hancock, Lowry, Morris | | |
| Open Position | Zone 8 Chair, Atwater, Cedar Mills, Cosmos, Darwin, Grove City, Kingston, Litchfield | | |



Milan & Appleton Lions participation in kidsight screening on November 2, 2023, in the Appleton-Milan Elementary school.

Picture: left to right, M= Milan Lions Club members, A= Appleton Lions Club members
 Doug Spray (M), Ken Harwick, Kathy Harwick, Greg Schmidt (A),
 Don Struxness & Tom Moe (M) Lions

The Milan and Appleton Lions Clubs participated in the preschool screening at A/M Elementary School on November 2, 2023. We conducted the testing of the students' eyes with our electronic touchless eye testing equipment. Lions KidSight USA is a nation-wide program bringing Lions clubs across the country together to ensure our children receive screenings and follow-up care when needed.



Please remember your club members who have passed away this past year

5M4 Memorial Service names/photos are needed to honor them at the convention.

It's time to gather the names and photos of any Lions members, from your club, who have passed away in 2023. This will be used for the Mid Winter convention Memorial Service in Willmar on Friday, January 26th. Please email Kellie Knudson, no later than January 10th, your Club name, a list of deceased members and a photo for each Lion to be included in the slide show. My email is: lionkellieknudson@gmail.com

\$ LCIF Gala \$

\$ Paint the Town GREEN! RED \$
Sat, April 13, 2024
 Prairie Event Center
 Parkers Prairie, MN

Start planning now to attend and have the once-in-a-lifetime opportunity to receive a Melvin Jones Fellowship presented to you by LCIF Chairman, IPP Brian Sheehan. This Gala is a fundraising event for LCIF. Our goal is to present 100 MJ Fellowships. If you want to receive this fellowship at the Gala, you will need \$1000 donated to LCIF in your name by February 28, 2024.

This Gala is also a fun event in which we will have a costume contest. Everyone is encouraged to wear GREEN. There will also be a Lions in Motion activity which Lion Lori Sheehan has promoted throughout Brian's year as President of LCI.

More information will become available as to the registration, cost, and time for this event in upcoming newsletter articles. If you have any questions, please contact LCIF Chairman Bert Nelson at lionbert.a.nelson@gmail.com or C: 218-298-0932. We look forward to you coming to this event and celebrating with us in supporting our foundation.



CONVENTION 2024 - JANUARY 26, 2024 - FRIDAY EVENING FUN
 FRIDAY NIGHT HOSPITALITY TREATS

Potluck



What is more 'Minnesotan' than a potluck get together?



Friday Hospitality Night will be extra fun this year! Put on your best MINNESOTA gear (sports teams, fishing gear, hunting gear, or your best plaid shirt) and come to have fun!
Like any good gathering in Minnesota - we are asking that you bring an appetizer/snack to share with your fellow Lions! If you want to share the recipe - just bring a recipe card to put by it - people can snap a photo of your recipe!

You betcha- it will be GOOD!



2024 MID WINTER CONVENTION

45TH DISTRICT 5M4 LIONS MIDWINTER CONVENTION

JANUARY 26, 27, AND 28, 2024

WILLMAR CONFERENCE CENTER, WILLMAR, MN

Leo and
Champions
registration form

HOST HOTEL - BEST WESTERN PLUS, WILLMAR, MN
2100 E HIGHWAY 12, WILLMAR, MN 56201 • 320-235-6060

A special January 27 is planned for you!



Theme: 'Made in Minnesota'



*A full day of events on Saturday just for you
Leos and the Sauk River Champions Club!*

*Recycling project • Pizza 'Lunch & Learn' with Leader Dogs and their partners
"How does it feel to be blind?" - lunch in the dark, white cane training, and Leader Dog test drive!*

LEO & SAUKRIVER CHAMPIONS REGISTRATION FORM

Name _____ Club _____
 Lion's Title _____ (President, etc.)
 City _____ State _____ Zip _____
 Phone _____ E-mail _____

REGISTRATION FOR SATURDAY, JANUARY 27, 2024

Pizza Lunch _____ (how many?) @ \$15.00 - Includes pizza, a beverage, and dessert
(all served while you are wearing a blindfold so you can feel what it's like to be blind
and eating your lunch)

Any special dietary needs? _____

PAYMENT OPTIONS

ALL REGISTRATIONS NEED TO BE RECEIVED BY JANUARY 10, 2024

Cancellations after January 10, 2023 will be charged \$20. Cancellations after January 15, 2024 - no refund.

Make Checks Payable to: District 5M4 Lions Mid-Winter Convention Fund

Send to: Schellberg Lions, 6233 97th Ave, NE, Spicer, MN 56288

Credit Card _____ Exp. Date _____ CVC _____
 Address _____ City _____ State _____ Zip _____
 Printed Name _____ Signature _____

QUESTIONS? CALL : 320-894-8643

OR E-MAIL: spicerlioncraig@gmail.com



Cabinet Secretary Needed

Due to other leadership roles coming up, I am in need of giving up the position of Cabinet Secretary to another capable individual that is interested in learning more about how our district runs, has interest in a leadership role, and is willing to take meeting minutes for us! You will need to commit to 4 meetings a year, one happening at the Mid-Winter convention, and also take notes for the business meeting at the convention. This person will also keep an email list of all clubs in our district (Secretary and/or President) for furthering on communication with them as directed from our District Governor or other cabinet members, to ensure our zone chairs and clubs within our district are well informed. You will be the contact for them as they may reply to you – you will need to have good communication skills, answering their needs or furthering on their email to the correct person to ensure all club members are taken care of in a timely manner.

If this position is for you, or you have interest and want to learn more, please contact DG Sue Kulbeik at kulbeik@gmail.com, 1VDG Jacque Heinen at lionheinen@gmail.com, or myself/2VDG and Cabinet Secretary Susan Krumrey at susan@ksmillwrights.com. There is a cabinet meeting coming up, I invite you to come along with me, I can train you in!



Spicer Sunrise Lions

Spicer Sunrise Lions have been busy with vision screening in pre-schools, including the YMCA Childcare center and the Praise and Play preschool at Faith Lutheran Church, and NLS public schools. So far Lions have screened 1028 young people finding 69 who should see an eye care professional. The Welch Allyn Spot Vision Screener used by Lions can detect 7 conditions commonly found in children starting as young as 6 months of age. The goal for Lions is to catch vision issues before they can hamper the child's education. Some conditions can become permanent if not treated early enough. On going screening takes place at Prairie Meadows when 3 and 4 years olds come for preparation for kindergarten. Helen Keller charged Lions to be the Knights of the Blind, thus vision is one of the major projects for Lions. The Spicer and New London Lions work together to provide the service free of charge.

5M4 Clubs!

Remember to bring your silent auction basket donation for the Mid-Winter convention-remember the theme: 'Made in Minnesota' THANK YOU!



The tradition continues!

SAUK CENTRE LIONS
63rd ANNUAL BENEFIT

PANCAKE DAY

SUNDAY, FEBRUARY 4, 2024
8:00 a.m. to 1:00 p.m.

~ Serving ~

PANCAKES ~ FRENCH TOAST WITH FRESH CREAMERY BUTTER & SYRUP
GOOD COUNTRY- STYLE SAUSAGE
POTATOES ~ APPLE SAUCE
CHOICE OF BEVERAGE

Advance tickets: Adults - \$10.00
At the door: Adults - \$12.00

Children Under 10 • \$6.00
Children 2 & Under FREE

Sauk Centre High School Cafeteria
ALL THE DELICIOUS FOOD YOU CAN EAT!

Buy Your Ticket Today from Any Lions Member or at
MN National Bank, First State Bank, Magnifi Financial (Sauk Centre),
Schaefer's Market, Coborn's, Abel Chiropractic & Purple Parlor
Tickets will also be available at the door

~ Proceeds go for ~

- ◆ Fairy Lake Park ◆ Outdoor Skating Rinks ◆ Dollars for Scholars
- ◆ Vision, Hearing and Diabetes Programs ◆ Many other Lions Activities



**STRIDES
for
Diabetes Awareness**



**Physical Activity Challenge
---Coming Soon ---**

February, March & April 2024

Minnesota Lions Diabetes Foundation

Registration / Donation Site will Open on February 1st, 2024

*We look forward to working with you,
Your District Trustee - Lion Lori Schellberg*

ID CANDIDATE

Lion Dennis Kelly III is running for International Director! The campaign will run through April, when voting will take place at the MD5M Multiple Convention in Winnipeg, April 19-21, 2024.

Please check out the website to learn more about Lion Dennis, his passion for Lions, and why he is seeking your endorsement for International Director at www.teamdennis.net!

Your support in Winnipeg this coming April is greatly appreciated!

Thank you!

Submitted by Susan Krumrey



Spicer Sunrise Lions help judge!

Several Spicer Sunrise Lions helped to judge the decorated door competition at Prairie Woods Elementary School last week. Judges had the difficult task of choosing their five best doors.



Edwards receive Lions Exceptional Service Award



Benson Lion President Laura Thomas presented Lion Don and Lion Judi with the Exceptional Service Award in recognition of their work with the vision initiative.

Lions Club International has five global causes: Diabetes, Vision, Hunger, Environment, and Childhood Cancer. Part of the Vision Initiative is collecting used glasses. Usable glasses can make a difference!

The Benson Lions Club is fortunate to have two members dedicated to overseeing the vision initiative in our area and keeping us connected to this global effort. Lions Donald and Judi Edwards have collected and delivered countless glasses and now hearing aids and even used cell phones. Because of their commitment, children and adults in need are able to receive the gifts of vision and sight.



Busy December!

DG Sue and PDG Bob have had a very busy December!

RECYCLE BEYOND THE BAG

Recycle your household bags & wrap into Trex's Earth-friendly composite decking and railing!



Produce bags

FROM THE STORE

Store bags



Ice bags



Ziploc® & other reclosable bags

FROM YOUR PANTRY

Cereal box liners

Case overwrap

Bread bags



Newspaper sleeves

Dry cleaning bags

Bubble wrap

Plastic e-commerce mailers

FROM YOUR FRONT DOOR

Plastics must be clean, dry and free of food and organic residue



trex.com/recycling

1-800-Buy-Trex



5M4 has 69% of clubs who report their members info and meeting attendance.

We'd like to get that up to at least 75%! You can help!

Club Secretaries - we need your reports please!

1. After each meeting go to Lions Clubs International link (on E-club site) or www.lionsclubs.org
2. Go to Member login: MyLion
3. Enter the information - and you are finished!



<https://www.e-district.org/sites/5m4/>



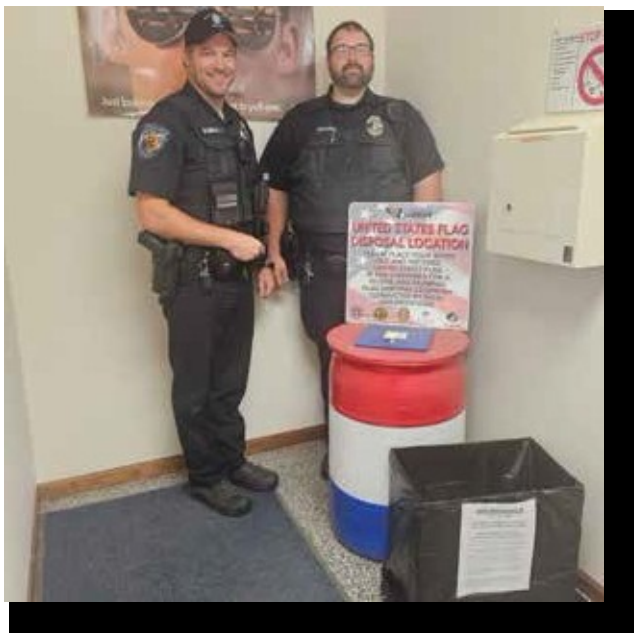
Buffalo Lake and Hector Lions pack food for the needy

The Buffalo Lake and Hector Lions Clubs, and Swedlanda Lutheran Church packaged 16 baskets full of food, a turkey and milk for those in need this Thanksgiving season!



Buffalo Lake Lions raise funds for playground

The Buffalo Lake Lions Club went a little against the grain this year and served French toast, scrambled eggs, sausages and all the fixings at their community meal. Over \$900 was raised for a swing set to be added to their ballfield area next summer for the area youth.



Buffalo Lake Lions promote safe drug disposal

The Buffalo Lake Lions Club promoted a Drug Take Back Day with their Police Department, Police Chief, Lion Jessie Duenow and Officer Matt West. The open house brought in 13 pounds off unused drugs to be safely disposed of!



Happy Holidays from Leader Dog in Training, "Trooper." He's in training with DG Sue and PDG Bob this year!



Your donations to **LCIF** make a difference at home and in the world!



5M4 is proud of our contributions! Watch this chart to see how we are supporting the amazing work of Lions at home and around the world.

| | | |
|-----------------------|-------------------|-------------------------|
| JULY 2023 | \$7,384.00 | |
| AUGUST 2023 | \$1,115 | YTD: \$8,499 |
| SEPTEMBER 2023 | \$2,990 | YTD: \$11,489 |
| OCTOBER 2023 | \$4122 | YTD: \$15,611.50 |
| NOVEMBER 2023 | \$614 | YTD: \$16,225.50 |
| DECEMBER 2023 | | |
| JANUARY 2024 | | |
| FEBRUARY 2024 | | |
| MARCH 2024 | | |
| APRIL 2024 | | |
| MAY 2024 | | |
| JUNE 2024 | | |

Our goal for this year is \$57,350 (~\$39.50/member). 13 clubs (or individuals from the club) out of 53 clubs have donated this year. A major goal is that 100% of clubs donate to LCIF (any amount counts).

Thank you to all 5M4 Clubs for your donations!





District Governor Club Visit Form



Club Name: _____

Club Location: _____

Address: _____

Dates for Club Visits: 1st Choice _____

2nd Choice _____

What time does your club meeting begin? _____

What time does your social hour start? _____

Do you have a Board Meeting? Yes _____ No _____

Would you like the DG to attend the Board Meeting? Yes _____ No _____

Are there other Lions Clubs or Leo Clubs involved for the DG Visit? Yes _____ No _____

Please List other Clubs: _____

Will you have a meal? Yes _____ No _____

Lion, or Leo requesting the Governor's visit: _____

Contact telephone # _____ Email address _____

Will the Governor be expected to install officers? Yes _____ No _____

If yes, please send names of new officers. If inducting new members, please have the LCI New Member Kit with Pin and signed Certificate.

Will the Governor be expected to give out awards to club members? Yes _____ No _____

If yes, please send information stating the awards and the names of those receiving the awards. Please have awards, certificates, pins, or changes in installation or inductee ceremony available when I arrive for the Governor's visit. I am looking forward to coming to visit with your club!!

DGE Sue Kulbeik
kulbeik@gmail.com
Cell: 605-949-0161

PUT YOUR EVENT ON
THE 5M4 WEBSITE!

Please let us know if you'd like us to post your 5M4 club event.

Send to patrickposl@gmail.com

Lions Portal

The new Lions Portal will be released after January 2024. Please keep reporting in myLion and myLCI until it is available. The new Lions Portal will be gathering the same information that is reported in myLion and myLCI. Please contact Global Service Team if you need help entering service projects. PCC Dennis Heinen at heinende@centracare.com or cell 320-491-3996.



Exciting news!

A "Lions Alert Program" is being developed within our District.

The Objective : "Preparedness, Response, Recovery, and Relief in relation to a disaster, means measures taken during or immediately after a disaster in order to bring relief to people and communities affected by the disaster".

- **PreParedness** involves the development of a plan of action in case of emergency. A logistic operations center and a practiced emergency response plan are two elements of the preparedness phase. Lions Clubs continuous cycle of planning, organizing, training, equipping, exercise, evaluation and improvement activities to ensure effective coordination and the enhancement of capabilities to respond to incidents or disasters.
- **resPonse** includes the mobilization of Lions Clubs and Lions Alert Coordinators. They should be prepared to do a rapid needs assessment and bring Lions to where they can do the most good.
- **recovery** aims to restore the affected area to its previous state, such as rebuilding destroyed property, infrastructure. Recovery can be immediate and/or can be longer term depending on the situation. Relief can come in the form of providing food and drink to recovery workers and affected people, working with other agencies, assistance in long term recovery.

1. Communication

Our first phase of the program will be communication. We need to develop a plan of communicating the program information to our clubs. This will happen through a variety of means:

- District Leadership
- Cabinet members
- PDGs
- Zone Chairs
- Newsletter
- Leadership meetings with clubs
- Meeting with non-Lions organizations

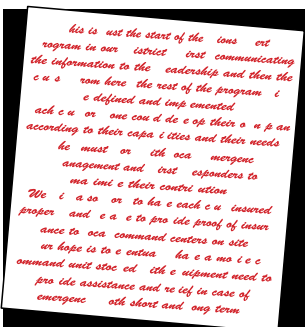
2. Club Participation

- We will begin to roll this out immediately. Each Lions Club meeting should include the following discussion:
1. Focus of the plan
 2. Structure of the program
 3. Develop a leader in each club (or neighboring club if none available in all clubs)
 4. Develop a call chain template in case of emergency to muster membership
 5. Develop a list of members who are willing to go through training
 6. Organize training sessions for Lions to become prepared for emergencies
 7. Develop a list of resources available already and contact names (equipment, generators, tools, capabilities, storage, etc.)
 8. Work with local Emergency Management Directors so they know of our availability and capabilities

3. Types of Emergencies

- **LEVEL ONE:** A local emergency. House fire, flood, lost child, are some examples. A single club could respond to the affected area. Each club will develop their own plan on how to help their community.
- **LEVEL TWO:** Affects a larger geographical area, flooding, fires, or storm damage. At this level, Districts would respond and may possibly be eligible for a LCIF Emergency Grant. Our District will develop a plan for response, capabilities, and communication depending on what each local club is willing to provide.
- **Level Three:** Catastrophic event such as earthquake, tsunami, or large tornado affecting a huge area and thousands of people.

Questions? Please contact Lion Bonnie Lay at: laybonnie@icloud.com or 5M4 DG Sue Kulbeik at kulbeik@hotmail.com



Leader Dog news & request

by Ambassador Mary Bolas

As your clubs prepare for the 5M4 convention, don't forget to donate to the parade of green. For Leader Dog, this is a major donation time for this organization that depends heavily on your Donations. If you club is having a tough financial time there are other ways to donate, your club could go to a local business and present the idea of selling "paper dog tags" to their customers for \$1, \$5, or \$20 and hang the dog tags with their name on it prominently in the establishment. The \$\$ collected would be sent to Leader Dog under the club's name AND the club would get credit for it. This has proven to be a very successful way to raise money for Leader Dog. Just email me for a kit, and I would be happy to send it out to a contact person in your club.

As the old year fades into the memories of all, here at Leader Dog we are looking forward to the future. With a fond fair well to President and CEO Sue Daniels, retired at the end of December. Her replacement has worked with Leader Dog for years starting as a puppy raiser. Her name is Melissa Weisse. We welcome Melissa into this new role.

We would like to introduce to our Future Leader Dog: Klinger, was born at the end of August to a Golden Retriever mother, and a Black Lab father. He is a spunky, sassy, intelligent young pup. He has visited a Lions Zone for District 1 meeting thus far, several shopping malls, grocery stores, post office, and winter farmers markets. He will be at the Winter Convention – stop by our booth and pick up some information and book a speaker for your Lions Club. Outside speakers spice up the meeting, create interest, and answer questions about their subject.

Hawkeye is at Leader Dog university and has passed his physical so entered college and is currently finishing up his first phase, Foundations. We should have a report on what he is working on and what he excels at.

Wishing you all a blessed and Happy Holiday Season!



Notes on Lions Clubs International Foundation-

As Thanksgiving approaches, I want you to know how thankful I am to be a Lion and to work alongside you to serve others in our communities, our state and around the world. Below are URL's for three of the many LCIF videos available to us. I encourage you to copy and paste the URL into your computer's browser to watch.

United in Kindness: LCIF grants empower Lions to support Ukrainian refugees.

<https://youtu.be/m26i8SqjLwE?list=PLD59FDFE87A862ECF>

LCIF video on Wishing big for childhood cancer patients (features Children's Hospital of Illinois)

<https://youtu.be/QNyHXgVrghE?list=PLD59FDFE87A862ECF>

LCIF and Lions- Bringing Possibilities to Life

<https://youtu.be/WxLxS4CbSYs?list=PLD59FDFE87A862ECF>

I also want to share with you the following timely items:

Information on how to apply/order a Melvin Jones Fellowship recognition.

The M^JF ApplicATI^on See additional LCIF file. Many of our district clubs as well as individuals have more than \$1,000 in M^JF credit with which to bestow an M^JF. The form is actually simple & you don't need to send another donation if you have sufficient M^JF credit built up. If you are unsure how much credit you or your club has available, please call, text or email me and I will look it up for you.

Allow a full 8 weeks for receipt of the M^JF plaque and pin. So, if a club has an awards banquet in early February, they should be sending in their M^JF application in early December!

LCIF Chairman Brian Sheehan (our Brian) is challenging us to bestow 100 or more M^JF's at a Multiple 5M gala on April 13th at Parkers Prairie. He and Lori will be attending. Consider ordering your M^JF's and join us that day!

Giving Tuesday is November 28th. Please consider a donation to LCIF.

W^Ays To Give pdf and the **LCIF pledGe ForM**. See additional LCIF file

The pledge form can be filled out and mailed in for those interested in signing up to make monthly recurring donations to LCIF. People can easily do this online, however some people prefer to do it on a piece of paper. (you can input your debit card info where it calls for credit card if you wish)

M^JF crediT TrAnsFer releAsE ForM. See additional LCIF file

Does your club have a member that passed away or left the Lions organization? If so, they may have M^JF credit which can be transferred to your club or district to use.

Attached is the form and instructions.

If you're uncertain who has M^JF credit within your club, please contact me and I'll assist you.

Have you ever heard someone say "But how much of the LCIF money comes back to us?" Our multiple district has received over \$8.1 million in grants from LCIF! Let me know if you'd like a copy of the Grant History list.

Please commit to making a personal donation of some amount to LCIF this year. It can be a few dollars, but please give something.

100% of donations to LCIF goes to grants/programs and not for administration.

If you make a personal donation, LCIF will consider your club to have contributed and it counts towards our goal of 100% of clubs donating to LCIF this year.

Governors, District LCIF Coordinators and possibly cabinet members are held accountable for 100% of their clubs to donate to LCIF.

Please support and encourage your club(s) to make a donation to LCIF at our upcoming Mid-Winter convention.

Please support and encourage your clubs to make a donation to at least one more of our Lions foundations at our upcoming Mid-Winter convention. Each one is vitally important.

As you join your family and loved ones at Thanksgiving, please be sure to tell them you love and care for them. Let's put our differences aside and be thankful for who and what we have. God has truly blessed us! Everything we have can be gone in a blink of an eye. There are many people that would love to be in our shoes.

Once again, please know that I truly care for each of you and for what we stand for. If I can assist you in any way, reach out to me.

Sincerely,

Allan Ulbricht

District 5M4 LCIF Coordinator & a member of the Sauk Centre Lions

320-267-4207

Allan.ulbricht@gmail.com

Sign Up!

<https://www.signupgenius.com/g60B0e49AAA2AA6FB6-mnlions1>
newsletter website Facebook page.



Minnesota Lions Hearing Foundation Hearing Research Fellowship Application

The Hearing Research Fellowship Award can be presented to a club member, family member or member of the community by a local club on behalf of the MN Lions Hearing Foundation. For every \$1000 donated to the Hearing Foundation, a Club earns one recognition award. Please consult with your District Hearing Foundation Trustee to determine how many club credits your club has earned.

Please PRINT

Club Name: _____ District _____

Person submitting Application: _____

Address where to ship recognition:

City _____ State _____ Zip _____ Phone _____

Contact email address: _____

RECIPIENT:

Name _____

Address _____ City _____ Zip _____

Please Check Appropriate Fellowship:

Individual Fellowship = gift totaling \$1000 made by individual, Lions Club, or Lions District to honor someone as a Lion Hearing Research Fellowship.

Memorial Fellowship= gift totaling cumulative \$1000 given in memory of a deceased Lion or individual.

Cumulative Fellowship= accumulated gifts over time resulting in \$1000 donation. Fellowship plaque awarded upon cumulative \$1000 donated.

Progressive Fellowship= gift to honor an individual who has previously been awarded a Hearing Fellowship Award.

Amount of donation: _____ Check # _____ Date _____

Please send completed application to PDG Mike Vos, Foundation Treasurer for processing.

Check Payable to: **Minnesota Lions Hearing Foundation**

Payment to: PDG Mike Vos, Foundation Treasurer
20472 371st Avenue, Green Isle, MN 55338

Hearing Research Fellowship Application

This award can be awarded to a Lion, a community member or business or other organization the club chooses. The award helps with the ongoing hearing health research projects at the University of Minnesota.

This award can be given for every \$1,000 the club gives to our organization. Clubs can check with their trustees to find out their balance.

Please allow 30 days to process & ship award recognition



The Model Club award was presented to 1st VP Doug Godwin by DG Sue Kulbick.



1. Lion Donna Krueger receiving a Melvin Jones from PDG Kellie Knudson & DG Su Kulbick for her behind the scenes community volunteerism.
2. Lion Karen Kling received a Melvin Jones for her community service to children and education.

She is pictured with PDG Kellie Knudson and DG Sue Kulbick

3. PDG Bob Kulbick awards Erich & Jayme Winter with the Hearing Foundation Award. Erich and Jayme are community members who share their talents with our whole community supporting many fundraisers with their theater popcorn.

Monte Lions awards

Sponsor a hero. Be a hero.



Throughout our history, thousands of amazing donors worldwide have helped us empower people who are blind or visually impaired with lifelong skills for safe and independent daily travel. Now you have the opportunity to show your support in a new way, through a **Symbolic Puppy Sponsorship**. For \$500, you'll receive a picture, a profile and an official certificate of your sponsored Future Leader Dog.

Leader Dog services are critically important. LAST YEAR, we were able to safely provide:

- ▶ **500,000+** Days of safe and independent daily travel
- ▶ **123** Guide Dog clients served
- ▶ **149** Clients received white cane training
- ▶ **3** Clients who are deaf and blind received customized guide dog training
- ▶ **18** Teenagers gained leadership and travel skills
- ▶ **287** Current and potential clients received a visit from a field services guide dog mobility instructor
- ▶ **336** Clients and O&M pro's viewed virtual learning videos
- ▶ **\$0** Cost to client



"Leader Dog does a great job training these dogs to be faithful, supportive leaders and companions. Leader Dog Hanna is truly my hero, and so are all those who were involved in helping her become a Leader Dog." -Laura & LD Hanna



For more information or to sponsor, visit LeaderDog.org/sponsor-a-puppy

FOLLOW THE LEADER LeaderDog.org

1039 S. Rochester Rd | Rochester Hills, MI 48307-3115

GLOBAL SERVICE TEAM

Lions how are we doing with service projects? Maybe it is time to add a new project. Keep looking for new ideas to help your community. Ask your members for new ideas. New club members often bring new ideas. Is there something you can do for your local nursing home or help with a Special Olympics event. What does your local school need? Here is a list of 100 Service Projects, hopefully you get a few new ideas.

One Hundred Service Ideas



Diabetes

1. Organize a "Strides: Lions for Diabetes Awareness" event.
2. Organize a community support group for parents of children with diabetes.
3. Volunteer to serve at a children's diabetes camp.
4. Invite a healthcare professional to speak about diabetes at your club or district meeting.
5. Partner with local healthcare providers to organize diabetes & vision screenings.
6. Distribute educational resources to increase diabetes awareness at a community health fair.
7. Organize a walking club for seniors with diabetes.
8. Provide a diabetes magazine subscription to your local library.
9. Sponsor a child in need to attend diabetes camp.
10. Donate diabetes books to your library with a bookplate to identify your club's donation.
11. Work with your local school to invite a health care professional to speak about diabetes.
12. Post monthly articles about diabetes on your club or district website.
13. Promote diabetes prevention through a radio public service announcement.
14. Sponsor a healthy cooking demonstration for people with diabetes.
15. Organize a school or community vegetable garden to encourage healthy eating.
16. Work with a community podiatrist or foot care specialist to provide foot screenings.
17. Partner with your local diabetes organization to offer programs & materials.
18. Promote community resources and online materials from LCI partners NDEP, DECA & IDF.
19. Promote the importance of an annual dilated eye exam to detect diabetic eye disease.
20. Provide educational materials to schools & physician offices.



Environment

21. Plant trees with the advice of a local environment organization on the best locations and varieties.
22. Clean up a beach, community space or roadside area monthly as a club.
23. Hold an environment-themed photo contest at a school. Plant a tree or another green form of recognition to honor the winner.
24. Challenge all Lions in your club or district to add one green habit to their daily lives.

25. Recognize a local organization or community leader for environmental conservation work.
26. Volunteer with your local park service to maintain trails. Help more people access and enjoy nature!
27. Commit to "Meatless Mondays" or not eating meat one day each week.
28. Collect used cellphones and donate them to individuals in need.
29. Lead an after-school nature walk.
30. Survey homes and community areas for leaks in sinks, communal spigots or water fountains. Contact relevant officials for repairs.
31. Work with city officials to paint "no dumping" signs near road drainage areas.
32. Identify where to recycle toxic items and share the collection schedule.
33. Organize a mural competition to promote environmental awareness. Paint the mural in a prominent community location.
34. Implement a recycling drive where people donate gently-used items to charity organizations.
35. Develop a demonstration garden or landscaping plot using native plant species to restore the habitat and conserve water.
36. Sponsor a training program for farmers on how to make and use organic fertilizers and pesticides.
37. Produce a monthly nature program on a local public radio station.
38. Partner with a local carpenter to build rain barrels. Hold a training session with community members to promote using them for watering and irrigation.
39. Organize an alternative transportation incentive program to encourage walking, biking, public transportation and carpooling.
40. Establish a school garden and composting program to improve school meals & reduce waste.



Hunger

41. Volunteer to deliver prepared meals to those who are elderly or visually impaired.
42. Organize a program at a local school to provide healthy, nutritious meals.
43. Prepare food baskets for families in need.
44. Volunteer at a soup kitchen or homeless shelter.
45. Take families in need shopping for fruits and vegetables.
46. Organize an event to benefit a food bank in your community; use cans of food as admission.
47. Hold a hunger walk and use proceeds to buy food for a children's center or a homeless shelter.
48. Create a cookbook of inexpensive, easy recipes.



Heart of a Lion Award Application

District 5M4 Lion members are eligible to apply. A Lion member may apply or a club may apply on behalf of a member. Applications can be turned in throughout the year. Awards will be presented at the Mid- Winter Convention following completion of the application. Any criteria completed after July of 2015 qualifies toward this award and may be earned over several years.

A Lion member must MEET 5 of the 8 CRITERIA listed below to RECEIVE the AWARD!

The Lion member: _____ Club: _____
(Name of Lion Member)

_____ Sponsored a New Lion _____ Club: _____
(Name of new member)

(Signature of club president or secretary) Date: _____

_____ Attended a Zone Meeting _____ Date: _____
(Date and Zone # meeting attended)

(Signature of a Zone chairperson) Date: _____

_____ Attended the 5M4 Mid-Winter Convention. _____ Date: _____
(Signature of convention chairperson)

_____ Served as a Club Officer or District Chairperson. _____ Date: _____
(Office or Committee Chaired)

(Signature of club president, secretary or DG) Date: _____

_____ Be a Chair or Co-Chair of a club or district project. _____
(Name of Project)

(Signature of club president, secretary or DG) Date: _____

_____ Attended one training event: 5M4 Forum, Officer training, Leadership training or
other Lions Clubs International sponsored class. _____ Date: _____
(Training attended and date)

(Signature of District officer, trainer or copy of certificate of completion) Date: _____

_____ Attended one of the following: USA Canada Lions Leadership Forum, International
Convention or Multiple Convention. _____ Date: _____
(Event attended and date)

(Signature of District officer, Council Chairperson or Convention Chairperson) Date: _____

_____ Promote a new idea, service project or fundraiser that is adopted by your club or
District that meets the mission of LIONS. _____ Date: _____
(Promotion Idea and Date)

(Signature of club president, secretary or DG) Date: _____

Original to be completed and turned in to the DG or District Secretary

Signature of DG or District Secretary _____ Date: _____



MN Lions Childhood Cancer Foundation Inc.

BELIEVE AWARD APPLICATION

Club Name: _____

Recipient Information:

Name: _____

Address: _____

City: _____ **ST:** _____ **Zip:** _____

Please Check:

_____ Donation/cumulative donations of \$1,000.00, for a Lion or non-Lion.

_____ Memorial Donation of \$1,000 given in memory of a deceased Lion or non-Lion.

Mail Application to:
Lion Tom McCarthy
23535 735th Ave
Dassel, MN 55325

or **Email Application to:**
tpcmcc0526@yahoo.com

Mail Award to Club Representative:

Name: _____

Address: _____

City: _____ **ST:** _____ **Zip:** _____



LITPC YOUTH SCHOLARSHIP INFORMATION



The Lions International Trading Pin Club (LITPC) has announced for the 2023 – 2024 school year that there will be 4 US \$2,500 scholarships awarded. Graduating Leos OR graduating sons/daughters, grandsons/granddaughters of Lions are eligible to apply for the LITPC Youth Scholarship. The LITPC goal is to help our future leaders and give students a financial helping hand. This program started in 2012. Recipients have been from Connecticut (2), Delaware (2), Georgia, Iowa, Louisiana, Minnesota (4), New York (3), Ohio (4), Oklahoma (2), Pennsylvania (2) and Virginia (6). The 2024 recipients will be announced at the LITPC Annual Meeting in 2024.

To obtain the current LITPC Youth Scholarship information:

1. Go to the **LITPC website**: www.litpc.org
2. In the left column, click on **LITPC Scholarship Forms**.
3. Then click on **LITPC Scholarship Information**.
4. When that page comes up, click on **Scholarship Application Form**. Read and follow **ALL** directions. Be sure to fill out **ALL** the forms neatly and correctly which includes the 4 essay questions (in 350 words or less) and the question about scholarships that you have been offered along with submitting a **certified** copy of your high school transcript including activities. Plus you also need to attach recommendations from 2 persons (i.e. teacher, coach, clergy, employer, etc.) **AND** attach a recommendation letter from a Lions Club member indicating the name of the Club and state/province and country in which the Club is located.

ALL forms and letters are to be submitted by **MARCH 1, 2024** to:

Lions Bill & Marcia Guthrie, Scholarship Chairman 763-786-8072

[9 101st Lane NW, Coon Rapids, MN 55448](mailto:bmguthrie9@q.com) bmguthrie9@q.com

You can either mail us your application OR email it to us.

THANK YOU AND GOOD LUCK TO ALL!!!

The LITPC fulfills the motto of Lions Clubs International – “WE SERVE”



SAVE THE DATE! This convention is in April!



104th - MD5M Multiple Convention
Victoria Inn Hotel & Convention Centre
April 19th-21st, 2024, Winnipeg, MB, Canada

2024 MD5M Registration Form

Date Rec _____

You can put two names on a form

Lion Lioness Leo Guest 1st Timer

Name & Title _____ / _____

Address _____

City/Town _____ State/Prov. _____ Zip/Postal _____

Phone _____

District & Club: _____ / _____

Email _____ / _____

Special Dietary Needs: Vegetarian, Gluten Free, Allergies _____

(Convention Committee is not responsible for any food allergy reactions - This is a **SCENT FREE** event)

I am attending the convention but **NO** meals are required, \$0.00 cost to attend

Full Hospitality Book (Inc. Friday night event, Saturday Breakfast, Lunch, Banquet & Sunday Brunch)

| | | | | \$ AMOUNT |
|------------------------------|-----------------|------------|-----------------|---------------------------------|
| Full Hospitality Book | \$220.00 | CDN | \$165.00 | USD <input type="text"/> |
| Friday Night Social | \$ 50.00 | CDN | \$35.00 | USD <input type="text"/> |
| Saturday Breakfast | \$ 35.00 | CDN | \$27.00 | USD <input type="text"/> |
| Saturday Lunch | \$ 50.00 | CDN | \$35.00 | USD <input type="text"/> |
| Saturday Banquet | \$ 65.00 | CDN | \$48.00 | USD <input type="text"/> |
| Sunday Brunch | \$ 45.00 | CDN | \$33.00 | USD <input type="text"/> |

Place Total amount in this box if attending only separate events

NO meals available after March 31st, 2024 - **Make cheques payable to "Lions Convention"**

Mail registrations to: **MD5M Convention % PDG Dave Hollyoake, Box 204, Arnes, Manitoba, Canada R0C 0C0**

Cancellations prior to March 31st, 2024 will have a 25% processing fee applied, NO Cancellations after March 31st, 2024.

HOTEL INFORMATION: Victoria Inn Hotel & Convention Centre, 1808 Wellington Ave. Winnipeg, MB R3H 0G3 Call 204.786.4801 or 1.877.842.4667 email winnipeg.vicinn.com Ask for Group # 178163 "Lions Convention" rates For more information contact: Registration Committee PDG Dave Hollyoake e. 2024md5mconvention@gmail.com or his cell 1.204.797.5930 or Convention Chair PDG Doug Wiens - cell 1.204.326.0189 e. dougwiens13@gmail.com
Room rates CDN \$\$ - Standard \$134.00, Deluxe \$144.00, Corporate Floor \$154.00 & Suites @ \$184.00 CDN