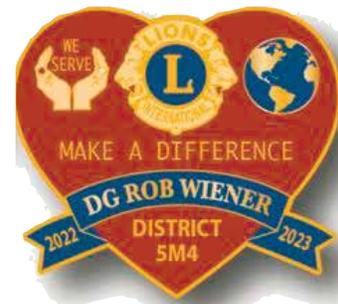




5M4 Newsletter



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2023



CONVENTION!

LET THE FUN BEGIN!

This my favorite time of the year to be a Lion. I enjoy the giving at the holiday season. All year long Lions give of their time and their energy, helping others anyway we can. During the holiday season it just seems to hit differently. We can help the younger ones in our community more. Seeing the smiles on children faces for me is priceless. Feeling that warm fuzzy feeling is amazing. So, my wife Jo and I personally want to say "Thank You" for all you do.

This is also the time for Midwinter conventions. We enjoy going to 5M4 Midwinter convention every year. We get to see old friends and we get to hear from outstanding speakers. We also get to enjoy the fellowship of people who have the same passion as we do. Believe me we enjoy the hospitality room too.

Every year we come back from the midwinter convention reenergized and ready go. Even the most passionate Lions need a boost now and then.

If you have never attended a Midwinter convention before why not? Is the cost? Is it the time commitment? Is it being a little nervous of what it is all about? Well, I am here to help with all that! If it is the cost come for just the day. Take in the speakers and the business meeting and enjoy the fellowship of Lions. If it is the time commitment look at the schedule and figure out what it is that interests you the most and attend at that time. You do not have to stay all weekend, you can come and go as you like. And if it is not knowing what the convention has to offer (nervous) - remember "great things never happen in your comfort zone." Take a chance and step out of your comfort zone (your club) and attend, what is the worst that can happen? You meet new people, you laugh, you learn, and enjoy a short vacation away from home.

Jo and I hope to see each and everyone of you at the convention this year. It is not too late to sign up!!!



**DG Lion Rob Wiener
and Lion Jo Wiener**

The other exciting things going on the district: We are actively looking for leadership to step up. We are looking for 2 Vice District Governors. Ask any past or present District Governors and they will tell you it is one of the most rewarding opportunities ever allowed to them. Yes, it is a commitment but one you will enjoy and cherish for a lifetime. Take a moment to reflect and ask yourself, what is stopping me from stepping up and helping more. If you have any questions never hesitate to ask our PDG team or myself will be happy to answer them.

Jo And I am happy to be hosting part of our family (the ones in the state) for Christmas this year. The best way to start off the New Year with friends and family. When our children asked what we wanted this year we replied your presence - not presents. Meaning we want them to be home - not material gifts. One can never get enough of grandchildren.

Have a safe Holiday Season, and a happy and healthy new year.

Remember if you ever have any thoughts, ideas, or concerns never hesitate to ask. I may not know the answer, but I have the cell phone number to the one that does.

5M4 DG Rob Wiener
5m4lionrob@gmail.com
320-241-7100

Convention Registration form on Page 3 - Register now!



VDG Sue Kulbeik and PDG Bob Kulbeik

A note from VDG Sue

Lion Sue is still the Leader Dog Chair and would love to bring puppy-in training, Olee, to meet your club or to your special event. Please contact her at any time if you need her. Cell: [605-949-0161](tel:605-949-0161) and email: kulbeik@gmail.com



'Make choices based on what touches your heart...'

Is it just me or did December just fly by! It such a busy time for everyone - between work, family, community events, not to mention Lions activities, I just don't know where the time went.

PDG Bob and I are Santa and Mrs. Claus (not a bad job, by the way) and this was our busiest season ever! So many children excited to see us and let us know what they are hoping Santa will bring them. We always have to be careful not to promise anything - don't want to put mom and dad in a tough spot. It's easy to get overextended this time of year - both financially and with your time.

When making commitments, you have to pick your battles. Make choices based on what touches your heart and what will touch others. How can you make the most impact without putting yourself and other in a tight spot? Instead of gifts for each other, we will be committing to a monthly LCIF donation in the coming year. We will also be donating to Beyond the Yellow Ribbon of Grant County (a support group for Veterans and First Responders). As we have in the past, we will be donating to Leader Dogs for the Blind. Our Leader Dog puppy, Olee will be returning for training on January 17th. Lastly, we will be donating to a young man at the Mark J. Lindquist Foundation. He is a friend who is raising funds for humanitarian work in the Ukraine. I have known him for some time and have never known anyone so committed to serving others. He is outdoor camping in Fargo from now to New Years to bring attention to the fight in the Ukraine. Now THAT's giving the gift of service!

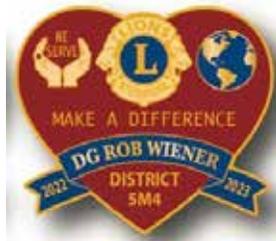
I hope this holiday season finds you and your family healthy and happy, spending time with loved ones, and enjoying lots of great food and fun. Remember, there are those who don't have what we have and we need to support them all year long - not just at Christmas.

Give from your heart and have a wonderful Christmas and see you next year!

VDG Sue Kulbeik



*"Lions Strong:
Making A Difference"*



Registration Form
44th District 5M4
LIONS MIDWINTER CONVENTION
January 27, 28, 29, 2023 at Arrowwood Resort, Alexandria, MN
PLEASE MAKE YOUR OWN HOTEL RESERVATIONS!
Call Arrowwood Resort @ 320-762-1124
2100 Arrowwood Lane NW, Alexandria, MN 56308
INDIVIDUAL & FAMILY REGISTRATION FORM

Name: _____ Club _____ Club Title _____ Lion__ Lioness__ Leo__ Non-Member__
Name: _____ Club _____ Club Title _____ Lion__ Lioness__ Leo__ Non-Member__
District or Other Title: _____
Address: _____
City: _____ State: _____ Zip: _____
Phone: _____ Email: _____
Guest Children: _____ Age: _____
Guest Children: _____ Age: _____

Convention Package (includes all meals)

Regardless of postmark: Name on Card _____
(Credit card add 3% for card fee) Credit Card # _____ EXP Date _____
_____ @ \$50.00 (\$51.50) Children 12 & Under Security Code _____
_____ @ \$50.00 (\$51.50) LEOs
_____ @ \$ 50.00 (\$51.50) First Time Attendee (District 5M4 members only)
_____ @ \$30.00 (\$30.90) Saturday only – no meals

Postmarked 7/16/22 – 12/15/22 Name on Card _____
(Credit card add 3% for card fee) Credit Card # _____ EXP Date _____
_____ @ \$115.00 (\$118.45) Regular Attendees Security Code _____

Postmarked 12/16/22 – 1/10/22 Name on Card _____
(Credit card add 3% for card fee) Credit Card # _____ EXP Date _____
_____ @ \$135.00 (\$139.05) Regular Attendees Security Code _____

PLEASE CHOOSE YOUR BANQUET MEAL: Beef _____ Fish _____ Vegetarian _____ (How many for each selection)

Any Special Dietary Needs? _____
Meals available: Saturday Breakfast: _____@ \$30.00 Saturday Lunch: _____@ \$35 Saturday Banquet: _____@ \$50
Sunday Breakfast: _____@ \$30 No meals sold on site.

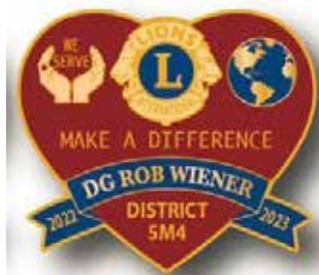
Waterpark tickets \$10.00 per day per child (To be purchased after arrival.)

Cancellations will be charged a \$20 fee. Cancellations after January 1, 2023 no refund will be made.

Make Checks payable to: District 5M4 Lions Mid-Winter Convention Fund
Send to: Cindy Fronning, 324 E. Hillside Ave. Fergus Falls, MN 56537
Contact Cindy Fronning for questions 651-324-8415 or email cindy@nadona.org



2023 5M4 Mid-Winter Lions Convention Tidbits



Hi Everyone,

Here it is almost Christmas and I have been checking my list twice, three times maybe even 6 times to be sure that I have everything bought, made, planned, wrapped etc.! It seems to be never ending! Are you checking your lists too?

I am also doing the same thing with my convention checklist. I thought maybe you would like a check list for your club to be sure you are aware of everything going on as well as how you can participate.

Convention Checklist

Has your club:

_____ Sent in the registrations for new members for the convention? (See registration form in this newsletter). (cindy@nadona.org)

_____ Sold your raffle tickets and sent the stubs and the dollars collected to Amy Swenson. (amyswens@runestone.net).

_____ Notified Mike Beilke if you are interested in participating in the hospitality room with a table with games/treats. (mbeilke62@gmail.com)

_____ Sent in the pictures and obituaries of any club members who passed this year. (kuleib@hotmail.com)

_____ Identified and obtained your Chinese raffle and silent auction items to bring to the convention. (Please notify Jackie Heinen at jmheinen50@gmail.com.)

_____ Sent in your ads and payments for the Convention booklet to Cindy Fronning.

_____ Collected your school supplies for the service project on Friday from 2 PM to 4 PM. Shopping list includes: *Kleenex, - Glue sticks, - Crayons, - Crayon markers, - Scissors, - Gallon Zip Lock bags - Snacks, - Card stock*

_____ Do you have your Parade of Green checks decided on and ready to drop off at convention?

Parade of Green boxes:

LCIF

MN Lions Childhood Cancer Foundation

MN Lions Vision Foundation

Leader Dog

Project New Hope

Youth Exchange

5M4 Convention Service Project!

The Mid-Winter Convention is coming quickly. We have decided to do a service project for schools. This will help the students and the staff of elementary schools throughout the district. What we are doing is a classroom supply kit. We ask clubs and individual members to help us collect items needed. DG Rob has discussed this project with a number of elementary grade school teachers and he was able to compile a list of items they need in February.

Each club is asked to contribute!

HERE IS YOUR SHOPPING LIST:



- Kleenex
- Glue sticks
- Crayons
- Crayon markers
- Scissors
- Gallon Zip Lock bags
- Snacks
- Card stock

The best part about this is most of these items are on sale at deep discounts right now due to back to school. So if you can stock up and help us help our teachers and students throughout the district. Keep an eye out for more information to come.

PUT YOUR EVENT ON THE 5M4 WEBSITE!

Please let us know if you'd like us to post your 5M4 club event.

Send to patrickposl@gmail.com



Montevideo DG visit

(Above) DG Rob initiates Kelly Snell, our newest member who is also our Leo Advisor. Kelly's sponsor, Merrie Bertrand, looks on.

(Right) is Leo member Makenna Harrington and DG Rob as she receives the DG's pin.



Grant County, Elbow Lake, Wendell DG visit & Christmas Party

(Above left) DG Rob spoke to the three clubs and shared IP Brian Sheehan's message along with his own. (Above right) DG Rob inducted two new members (center) to the Grant County Lions Club. (Bottom left) 1st VDG Sue Kulbeik presented the Founders Tribute award to the Wendell Lions Club accepted by President Jeremy Schreiber) in honor of their years of dedication to the Leader Dog Program through their 'Ride for Sight' event held each year.



“ **Lions Strong: Making A Difference** ”



Jan 27 - 29, 2023 District 5M4

Dear Presidents & Secretaries,

The 2023 Mid-Winter Convention Committee is working hard to bring you the best convention yet!

One of the ways that we can do this is by selling ads in our convention booklet. If you have already purchased an ad, we THANK YOU!!! If you haven't yet done so, please consider taking out an ad and brag about your club a bit. I have attached a price list and a form with instructions. The best part of this is, if you give the info you want in the ad, the publisher will design it for you. If you have a picture you want in the ad, please attach it to the form as a JPEG and email it to the email address on the form and the check with a copy of the form to Jason Kerfeld or Cindy Fronning. Our info is at the close of the letter. We are trying for 100% of the clubs to be represented in the booklet. Please help us reach that goal!

Another opportunity that your club has, to not only help the convention be the best, but to represent your club is to donate a basket that is reflective of the community or area your club is from. A basket worth \$20-25 would be a wonderful addition to our Chinese auction. Please contact Jackie Heinen at jmheinen50@gmail.com.

On another, sadder note, we would love to have the names of all your members that have passed away between 1/1/22 and 12/31/23 (some time to go yet) so we can remember them at our memorial service. This will be held at 7:00 pm Friday 1/27/23 at the convention in Arrowwood, Alexandria, MN. To have this happen we need 2 things from you:

- 1) the names of the deceased members, date of death and an obituary/picture sent to PDG Bob Kulbeik as soon as possible. His email is: kulbeik@hotmail.com.
- 2) Please contact the family members and let them know about the service and invite them to attend.

We also encourage you to participate in the hospitality areas that will be available at the convention. Have your club participate in this event by hosting an area. Hosting an area costs \$200 and you can set up an area to have fun with. You do not need to provide any food or alcohol beverages as they are provided by the resort. Non-alcoholic beverages would be a great idea and snacks that are not refrigerated or heated can also be at your table. Games can be great fun as well. Our theme for the hospitality room is "Fun in the Sun". Please contact Mike Beilke and he can get you set up. If you would rather donate instead of being a host, please send your monetary donation to Mike. His email address is mbeilke62@gmail.com. His phone number is 320-761-9406. The donations will be used for the food served during the hospitality events.

Finally, please attend the 2023 Mid- Winter convention! Help your club members to attend and find out what it is all about. Our theme is "Lions Strong: Making a Difference". Together we can make a difference. Come, learn and have some fun and good networking with other Lions and see what is happening in the world of LIONS and how we have made a difference!

Sincerely,

Lion Cindy Fronning
2023 Mid-Winter Convention Chair
cindy@nadona.org
651-324-8415

Lion Jason Kerfeld
Ad chairman
kerfeld@mainstreetcom.com
320-429-0794



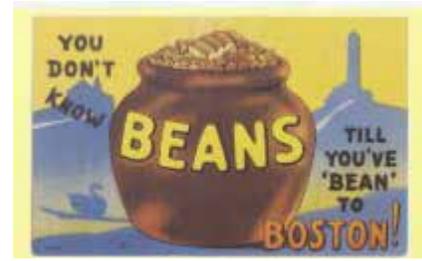
Benson Lions members work together to help pack food boxes that will be distributed locally. Left to right are: Barb Schluter, Terry Smith, Linda Smith and Nancy Ridler.

Benson Lions lend helping hands



Pictured at right are nine boxes that are ready to be sealed for distribution. Items include: juices, crackers, macaroni packets, raisins, granola bars, hot chocolate, fruit cups/applesauce, oatmeal, tuna, Carnation breakfast packet, etc.





LITPC YOUTH SCHOLARSHIP INFORMATION



The Lions International Trading Pin Club (LITPC) has announced for the 2022 – 2023 school year that there will be 4 US \$2,500 scholarships awarded. Graduating Leos OR graduating sons/daughters, grandsons/granddaughters of Lions are eligible to apply for the LITPC Youth Scholarship. The LITPC goal is to help our future leaders and give students a financial helping hand. This program started in 2012. Recipients have been from Connecticut, Delaware (2), Georgia, Iowa, Louisiana, Minnesota (3), New York (3), Ohio (3), Oklahoma (2), Pennsylvania (2) and Virginia (5). The 2023 recipients will be announced at the LITPC Pin Traders Annual Breakfast in June, 2023.

To obtain the current LITPC Youth Scholarship information:

1. Go to the LITPC website: www.litpc.org
2. In the left column, click on LITPC Scholarship Forms.
3. Then click on LITPC Scholarship Information.
4. When that page comes up, click on Scholarship Application Form. Read and follow ALL directions. Be sure to fill out ALL the forms neatly and correctly which includes the 4 essay questions (in 350 words or less) and the question about scholarships that you have been offered along with submitting a certified copy of your high school transcript including activities. Plus you also need to attach recommendations from 2 persons (i.e. teacher, coach, clergy, employer, etc.) AND attach a recommendation letter from a Lions Club member indicating the name of the Club and state/province and country in which the Club is located.

ALL forms and letters are to be submitted by MARCH 1, 2023 to:

Lions Bill & Marcia Guthrie, Scholarship Chairman 763-786-8072

9 101st Lane NW, Coon Rapids, MN 55448 bmguthrie9@q.com

You can either mail us your application or email it to us.

THANK YOU AND GOOD LUCK TO ALL!!!

The LITPC fulfills the motto of Lions Clubs International – “WE SERVE”



Memorial Service at Mid-Winter



Once again, the Past District Governors of 5M4 are honored to organize the Memorial Service at the Mid-Winter Convention. If someone from your club has passed away since 1/1/2022, please forward their name and a photo to PDG Bob Kulbeik at kulbeik@hotmail.com. Also, please indicate if they were in the service to our country or a first responder. Past District Governors- please bring your white coat to participate in the service.



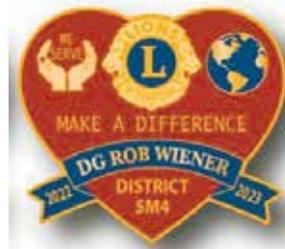
Lions grant helps greenhouse become reality for FFA students

The WCA Greenhouse, funded in part by a grant from LCIF, is complete! They have finished construction and the kids are already using the facility. There are just a few accessories waiting to be added and we will be closing out the grant.

Even better news is the effect the greenhouse is having. Teachers from all departments and all ages are adding lessons that include the greenhouse.

Several students participated in an online forum on reducing hunger around the world and could share the story of their greenhouse, paid entirely by donations from Lions and community donors.

Also, the FFA kids in the 2021 school year were a couple dozen. This year the school has agreed to include 7th and 8th grade and because of the interest in the greenhouse, the new total of FFA kids is 145!



LIONS HOCKEY NIGHT



FEBRUARY 17, 2023

7:00 PM Excel Energy Center, St. Paul

Lions International President Brian Sheehan and the MN Wild invite you to participate in Lions International Wild Game Night. A great public relations opportunity for our organization. **Tickets are available First come, first served.** Please use the QR code or link to order your tickets soon. Don't wait until the last minute to order your tickets.

<https://protect-us.mimecast.com/s/8rtRCNknvMcZjEGX54o6DN?domain=us-west-2.protection.sophos.com>



Show your pride by wearing your Team Sheehan gear and MN Wild gear.

President Brian will be riding a Zamboni.

Volunteers Needed

Giveaways will be given out at four gates as fans enter the facility.

We will need 16 volunteers to arrive before game time to help distribute items.

We will also have a Lions information table on the concourse requiring volunteers. Please go to the sign-up genius link if you are interested in volunteering. **Volunteers are required to purchase tickets if you wish to watch the game.** If you want to volunteer only, there is no need to purchase a game ticket.

<https://www.signupgenius.com/go/60B0E48A4A62AAFC1-lions3>





Mn Lions Childhood Cancer Foundation Inc.

Believe Award

Application

Club Name _____

Address _____

City _____ State _____ Zip Code _____

Recipient:

Name _____

Address _____

City _____ State _____ Zip Code _____

Please check:

_____ Memorial Donation \$1,000.00, given in memory of a deceased Lion or non-Lion.

_____ Cumulative Award - Accumulated gifts over time resulting in a \$1,000.00 donation.

Mail or Email Application to:

Lion Genia Sjerven
14496 Geneva Ave N
Hugo MN 55038
sjerven@gmail.com

Mail Award to: Name _____

Address _____

City _____ State _____ Zip Code _____



PLEASE USE EYEGLASSES DONATION BOXES FOR HEARING AIDES AS WELL.

The Minnesota Lions Hearing Foundation Trustees will be **collecting hearing aides** at the DISTRICT CONVENTIONS this winter.

If you could separate out hearing aids from eyeglasses when you come to your conventions, we will be able to take care of them without having to go through all the eyeglasses. Please write your district on them so when they are recycled, they can be credited to your district.

Can you also make sure the containers have a notice on them that "Hearing Aides" are also welcomed? Some of the older boxes do not specifically say this. THANKS!





Minnesota Lions Hearing Foundation Hearing Research Fellowship Application

Hearing Research Fellowship Application

The Hearing Research Fellowship Award can be presented to a club member, family member or member of the community by a local club on behalf of the MN Lions Hearing Foundation. For every \$1000 donated to the Hearing Foundation, a Club earns one recognition award. Please consult with your District Hearing Foundation Trustee to determine how many club credits your club has earned.

Please PRINT

Club Name: _____ District _____

Person submitting Application: _____

Address where to ship recognition: _____

City _____ State _____ Zip _____ Phone _____

Contact email address: _____

RECIPIENT:

Name _____

Address _____ City _____ Zip _____

Please Check Appropriate Fellowship:

Individual Fellowship = gift totaling \$1000 made by individual, Lions Club, or Lions District to honor someone as a Lion Hearing Research Fellowship.

Memorial Fellowship= gift totaling cumulative \$1000 given in memory of a deceased Lion or individual.

Cumulative Fellowship= accumulated gifts over time resulting in \$1000 donation. Fellowship plaque awarded upon cumulative \$1000 donated.

Progressive Fellowship= gift to honor an individual who has previously been awarded a Hearing Fellowship Award.

Amount of donation: _____ Check # _____ Date _____

Please send completed application to PDG Mike Vos, Foundation Treasurer for processing.

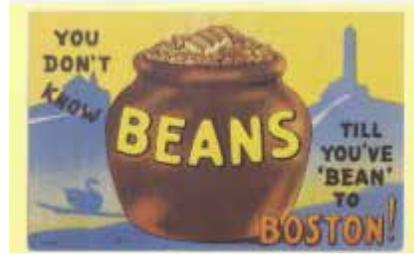
Check Payable to: Minnesota Lions Hearing Foundation

Payment to: PDG Mike Vos, Foundation Treasurer 20472 371st Avenue, Green Isle, MN 55338

Please allow 30 days to process & ship award recognition

This award can be awarded to a Lion, a community member or business or other organization the club chooses. The award helps with the ongoing hearing health research projects at the University of Minnesota.

This award can be given for every \$1,000 the club gives to our organization. Clubs can check with their trustees to find our their balance.



Heart of a Lion Award Application

District 5M4 Lion members are eligible to apply. A Lion member may apply or a club may apply on behalf of a member. Applications can be turned in throughout the year. Awards will be presented at the Mid- Winter Convention following completion of the application. Any criteria completed after July of 2015 qualifies toward this award and may be earned over several years.

A Lion member must MEET 5 of the 8 CRITERIA listed below to RECEIVE the AWARD!

The Lion member: _____ Club: _____
(Name of Lion Member)

_____ Sponsored a New Lion _____ Club: _____
(Name of new member)

(Signature of club president or secretary) Date: _____

_____ Attended a Zone Meeting _____ Date: _____
(Date and Zone # meeting attended)

(Signature of a Zone chairperson) Date: _____

_____ Attended the 5M4 Mid-Winter Convention. _____ Date: _____
(Signature of convention chairperson)

_____ Served as a Club Officer or District Chairperson. _____ Date: _____
(Office or Committee Chaired)

(Signature of club president, secretary or DG) Date: _____

_____ Be a Chair or Co-Chair of a club or district project. _____
(Name of Project)

(Signature of club president, secretary or DG) Date: _____

_____ Attended one training event: 5M4 Forum, Officer training, Leadership training or
other Lions Clubs International sponsored class. _____ Date: _____
(Training attended and date)

(Signature of District officer, trainer or copy of certificate of completion) Date: _____

_____ Attended one of the following: USA Canada Lions Leadership Forum, International
Convention or Multiple Convention. _____ Date: _____
(Event attended and date)

(Signature of District officer, Council Chairperson or Convention Chairperson) Date: _____

_____ Promote a new idea, service project or fundraiser that is adopted by your club or
District that meets the mission of LIONS. _____ Date: _____
(Promotion Idea and Date)

(Signature of club president, secretary or DG) Date: _____

Original to be completed and turned in to the DG or District Secretary

Signature of DG or District Secretary _____ Date: _____



Lions Clubs International



Show your pride for President Sheehan

Lions of MD5M, you have a special connection to International President Brian Sheehan. Many of you probably know him as "Lion Brian." And some of you even know where the heck Bird Island is.

So show your hometown pride and support for our president with his exclusive line of Together We Can shirts, mugs, notebooks and more. Visit the Lions Shop to browse his presidential collection today!

HERE IS THE WEBSITE LINK: (copy and paste into your website browser)

<https://app.e.roar.lionsclubs.org/e/es?s=94443966&e=1205163&elqTrackId=320bc4c47118450db330ff5e51511b5f&elq=c3af9495a26f44f18ff7d8efd84a1138&elqaid=26962&elqat=1>



PRESIDENT'S MESSAGE

Together we can with International President, Brian Sheehan

Dear Lion,

The holidays are such a special time. And as we gather with family and friends to celebrate this season, let's also remember to celebrate as only Lions can—by serving others. Your kindness will make a big difference for so many families, especially at this time of the year.

Our service is a gift that never stops giving. And by working with your club on a hunger project for your community, you can ensure that all families have a special holiday meal and the support they need all year long. Or consider a gift to LCIF and see how your generosity helps Lions bring hope to the world.

Happy holidays, and thank you for your incredible kindness and service!

Make a great day,

Brian Sheehan

International President