

# 5M4 Newsletter



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## MID-WINTER!

Hello, Lions!  
 I hope you had a blessed Christmas and a joyful New Year. It's time to gear up for another exciting year, starting with the 5M4 Mid-Winter Convention, happening January 24-26 at the Alexandria Holiday Inn. Mid-winter Convention is coming! Mid-winter Convention is coming!  
**Mid-winter Convention is coming!**



PCC Dennis Heinen and DG Jacque Heinen

**Come join the fun!**  
 Participate in our diaper drive service project, and don't forget to bring hygiene items for care kits. We're excited to welcome speakers from Can Do Canines, Soles4Souls, MN Lions Mission, SPEAD Learning, and International Director Marie Cunning.

Please also take note of the update to the District Constitution and By-Laws, which was emailed on December 23.

We're still looking for someone to step up into the 2nd Vice District Governor role—this is your chance to make a meaningful impact! Any questions can be answered by myself, any cabinet member or by contacting Lion Jeff Swenson of the Grant County Lions Club. Get ready for a fun-filled weekend! Don't forget to bring a basket for the raffle room, and be sure to support the hospitality rooms. See you there!

Plant the Seeds of service and membership - making a mark in your community.

Ask One ... Keep One ... and continue to Serve.

2024-25 5M4 DG Jacque Heinen  
 lionheinen@gmail.com  
 320.249.6536



### Can Do Canines Fetching Ball Gala

Can Do Canines will host its annual Fetching Ball Gala on Saturday, February 22, 2025. This year's event will be held at the Radisson Blu Mall of America, and KARE 11 Reporter/Anchor Rena Sarigianopoulos will serve as the Master of Ceremonies. We invite you to join us for this evening that celebrates the amazing teams of Can Do Canines. Enjoy dinner, inspiring stories, games, and silent and live auctions – all benefitting the organization.

See [candocanines.org/fetchingball](http://candocanines.org/fetchingball) for more information and to purchase tickets by February 12.

[www.candocanines.org](http://www.candocanines.org)

**5M4 Cabinet Meeting Dates:** January 24-26 2025 at the Mid-Winter convention, and the last meeting is on April 30, 2025.



## Greetings 5M4 Lions,

As Co-Chair of the convention this year, we are currently focused on All This Convention!! PDG Marty and I (with the help of so many others, especially DG Jacque and PCC Dennis!) have worked hard on getting this together for everyone, to make it fun, yet offer learning opportunities for you to grow as a Lion Volunteer and a Lion Leader. But first, we need to get you there! One way to engage new members, or members that haven't been to a convention yet, is to offer them your clubs "Golden Ticket". There is still time to take advantage of this opportunity which not only would be a great opportunity for your Lion member, but it is also a win for your Club! In the newsletter, please look for the registration form and get that sent in! The release date on our hotel block of rooms is Friday, January 3rd, but the date for meal registration is January 13th, 2025. And as always, if you live close and just want to visit the convention but not stay overnight, you are more than welcome!! Just pay for whatever meals you will be joining us for!

The registration desk and hotel check in will start on Friday, January 24th, at 3pm. Bring in your silent auction items, your donations for the service projects and check out the foundation tables before our annual Service of Remembrance. We will take time to honor those that have gone before us Friday evening at 7:30pm. Please remember to get your information into PDG Marty Athmann by emailing him at athmannmarty@hotmail.com! After this time of honor, we will have our First Timers meeting and a short orientation. Saturday, we start with our business meeting, and then add in the fun, food and hospitality friendship to make for a long day of engaging with other like-minded Lions volunteers! We will also add in a couple learning opportunities for you! Join us to explore the many opportunities for personal and Lions growth, ways for community impact, and leadership development as a Lion at our Speed Learning seminar! We will support our LCIF with our Lions in Motion event and have a poker competition along with it. And last but not least, we will have an opportunity for you to learn how to write a grant, training for our KidSight and Hearing machines, and a seminar on Canva and how to promote your club activities with great flyers. Don't keep your club events a secret!

A fairly new foundation for us is the MN Lions Mission Foundation. They have gone on trips and fit glasses for those less fortunate in other areas of the world. Learn what they are up to and how you can get involved globally.

We are getting excited and can't wait to see you all! If you have any questions, please don't hesitate to reach out to myself or PDG Marty Athmann. With the year coming to an end, this means our Lions year is already half over! This is a great time for your club to evaluate the goals you have set for the year. Please take the time to check out the criteria for the Club Excellence Award. You have had 6 months to serve others, have you reported your service and donations? Do you need help getting on the new Portal to get this done? We are here for you!

Where can you Plant Your Seeds to Make Your Mark? Continue to find places, where the contributions you make in your communities and around the world cultivate thriving people and foster your own personal growth. When you nourish your communities, you get to reap the benefits of watching your humanitarian efforts flourish! I hope each and every one of you had a great, family filled, blessed Christmas season! See you on January 24th!

Together In Service,

Lion Susan Krumrey, 1st VDG – 5M4, 5M4 Mid-Winter Convention Co-Chair, Buffalo Lake Lions Club President  
320-295-8327 Email: susanreuberkrumrey@outlook.com



1st VDG Susan Krumrey  
and Lion Brad Krumrey

## Meet Jason Kerfeld - our 2nd VDG

Hello All!

For those of you who may not know me, my name is Lion Jason Kerfeld, I am your 2VDG for our wonderful district. I've been a Lion for a little over 23 years. I have three adult daughters, one son-in-law and one soon to be son-in-law in 2025 (or son-in-law in training). I have worked in sales my entire life. In 2024 our family sold our long-time family candy & tobacco wholesale business, so I now work for that company (Granite City Jobbing). I also work in sales (Triple Crown Gaming), distributing pull-tab, etabs and gambling supplies. That's enough about me!

I look forward to getting to know more about what makes OUR Lions Clubs so great and why we need to share our "Stories of Service" to everyone. That sharing starts with making sure your clubs report its service, followed by promoting and tooting your own horn by showing your communities what we are doing, because the easiest way to expand membership and reach our Mission 1.5 goals is by proving to our communities of the good, we are doing here! Trust me, we get more members through great service projects than we do from great raffles!

I also urge you, if you haven't already done so...Attend the Mid-Winter Convention!! When I attended my first Mid-Winter, I didn't know what to expect, but after hearing the stories of how Lions have impacted the lives of the less fortunate, I was sold!! That year our District Governor was a guy named Brian from Bird Island. The "new" Golden Ticket possibility for each club is an awesome deal and we should have some representation from every club in our district with a deal like that. We have a wonderful convention on tap, with great speakers, break-out learning and sharing stations to go along with great fellowship with our Lions friends, some you've met before and some you'll meet for the first time at this convention. It all starts on January 24th, 2025 at the Holiday Inn in Alexandria. The Memorial Service is Friday evening when we honor our fellow Lions who completed their lives of service this past year. Please do not hesitate, sign up for the convention today and check it out.

With the holidays behind us and 2025 expected to be a great year, we should also take some time to look back and be thankful for all the blessings we have in our lives. We are truly fortunate to live with the freedoms we have.

If I can be of any assistance to you or your club, please feel free to reach out.

Lion Jason Kerfeld, 2VDG District 5M4  
Sauk Centre Lions Club 320-429-0794



# CONVENTION INFO



## Lions District 5M4 Mid-Winter Convention

January 24-26<sup>th</sup>, 2025

Holiday Inn – 5637 Hwy 29 South – Alexandria

### REGISTRATION FORM

NAME \_\_\_\_\_ Title: PID PCC CC PDG DG

(Please circle all that apply) Lion LEO Spouse First Timer

NAME \_\_\_\_\_ Title: PID PCC CC PDG DG

(Please circle all that apply) Lion LEO Spouse First Timer

Address \_\_\_\_\_

Phone \_\_\_\_\_ Email \_\_\_\_\_

Club Name \_\_\_\_\_

Hospitality Book – (Includes all convention meals): *Indicate number of books needed.*

1<sup>st</sup> Time Attendee (Dist 5M4 only) \$50.00 per attendee \_\_\_\_\_ @ \$50 = \$ \_\_\_\_\_

Lions and Guests \_\_\_\_\_ @ \$140.00 = \$ \_\_\_\_\_

LEO attendee \_\_\_\_\_ @ \$50 = \$ \_\_\_\_\_

**Total Hospitality Book Amount: \$ \_\_\_\_\_**

Governor Banquet Meal - Choose One: Northwoods Chicken \_\_\_\_\_ Pot Roast \_\_\_\_\_

If Purchasing Only Individual Meal Preferences:

Saturday Breakfast: Willy T's Tavern & Grill (on your own) / Saturday Lunch: \_\_\_\_\_ at \$35.00 = \$ \_\_\_\_\_

Governor's Banquet-Saturday Evening: \_\_\_\_\_ at \$50.00 = \_\_\_\_\_ / Sunday Brunch: \_\_\_\_\_ at \$30.00 = \_\_\_\_\_

**Individual Meals Only Amount Enclosed: \$ \_\_\_\_\_**

Make checks payable to: District 5M4 Lions Mid-Winter Convention

Mail registration and check to: Buffalo Lake Lions Club - PO Box 5 - Buffalo Lake, MN 55314

Hotel Accommodations: *Should be made directly with Holiday Inn @ (320)763-6577*

Hotel Rates: King Bed -- \$189.00 | 2 Queen Bed -- \$179.00 | Pool View -- \$199.00



## Room Block ends on January 3, 2025

# CONVENTION INFO



Greetings District 5M4 Clubs!

Enclosed you will find several things to help get your club prepared for our upcoming 2025 Mid-Winter Convention, held at the Holiday Inn, Alexandria MN, January 24-26<sup>th</sup>!

We are making plans for our Summer Block Party, a welcoming event for all our “neighborhoods” (clubs) to come together in fun, participate in great Lions fellowship, and of course food, supporting others in need, learning, and nightly entertainment!

Enclosed are the following papers for you:

**A registration form:** Make as many copies as you need! Invite non-Lions, everyone is welcome! This is a great way to invite a new/prospective member and give them a taste of what a great group we are! Encourage all your members to attend. Let’s have some fun!!

**A “Golden Ticket”:** We really want to expand our fun conventions to an individual from each club that has never attended a convention before. Do your own club raffle to encourage this member to attend. Their Golden Ticket is for a free registration (hotel reservations need to be made on their own – maybe your club could help pay for this?!) Please advise them to send this ticket with their completed registration as their form of payment. There will be a “First Timers” meeting Friday evening to get them up to date on all things Lions and to get them involved in a little friendly competition!

**Place an ad in our convention booklet:** Please consider placing an ad. This is available to all clubs, businesses, and individuals so pass this along. We have ad space available in all sizes, full page down to your business card. It’s a great way to promote your club, your events, your business, or your community projects. Payments must be received before ad will be printed, due by 12/20/24.

**Lions Only raffle tickets:** We have sent you approximately the same number of tickets as you have members in your club (rounding up for those who want more than one ticket.) Each ticket is numbered and is \$5. You can only sell these tickets to fellow Lions. Many clubs choose to purchase all the tickets on behalf of your club, or sell to your members and the club purchases the remainder. The choice is yours. ALL tickets and money (cash or checks made out to 5M4 Mid-Winter Convention) must be brought back to the convention by an attending member, or mailed to PDG Marty Athmann, PO Box 337, Bird Island, MN 55310 by 1/17/2025. All proceeds from this raffle will go towards convention expenses.

AND, other information so your club and members can plan:

**Memorial Service:** Our memorial service will kick off the convention on Friday evening, 7pm. If you have a club member to honor that passed away this past year please email their name and a picture for our program to PDG Marty Athmann by 1/6/2025 at athmannmarty@hotmail.com. Please remember to invite their family members to attend our ceremony. If they are just attending the Memorial Service, there is no registration fee.

# CONVENTION INFO



Banquet and the winner will be drawn after our supper (must be present to win). Each ticket will cost \$1.

IF our off-premises gambling permit goes through, we will have a little fun playing/betting on "Horse Racing"! Each chance will cost \$2 and games will be played both Friday and Saturday evening during the live entertainment. (This activity subject to change!)

**Hospitality Rooms and Live Entertainment:** We are bringing back the hospitality rooms! We have 4 rooms reserved for clubs/zones/groups to host others with your favorite drinks and snacks! Get creative, decorate/theme your room, invite all to visit, and HAVE FUN! Your DG Team has two rooms reserved, two rooms left for the taking! Please contact 1VDG Susan Krumrey if you are interested – first come, first served! [susanreuberkrumrey@outlook.com](mailto:susanreuberkrumrey@outlook.com)

There will be live entertainment in the courtyard outside the hospitality rooms both Friday and Saturday evening until 11pm. Bring your dancing shoes!

We are looking forward to seeing all of you in January, and have enjoyed planning this fun event full of food, fun, and fellowship opportunities! If you have any questions, please let us know!

Together We Serve!

DG Jacque Heinen - [lionheinen@gmail.com](mailto:lionheinen@gmail.com)  
 1VDG Susan Krumrey – [susanreuberkrumrey@outlook.com](mailto:susanreuberkrumrey@outlook.com)  
 PDG Marty Athmann - [athmannmarty@hotmail.com](mailto:athmannmarty@hotmail.com)

## Recap of Due Dates:

December 20<sup>th</sup>, 2024 - Convention Booklet Ads

January 6<sup>th</sup>, 2025 – Member information and picture for the Memorial Service

January 13<sup>th</sup>, 2025 – Registrations

January 17<sup>th</sup>, 2025 – If you are mailing in your Parade of Green donations

January 17<sup>th</sup>, 2025 - If you are mailing in your Lions Only Raffle Tickets and Money



**5M4 LIONS**



# TOILETRIES DRIVE

**WE NEED:**

**Shampoo  
 Bar soap  
 Deodorant**

**Aftershave lotion**

**Toothbrush \ toothpaste \ dental floss**

**Disposable wipes**

**Shower Sponge or Loofah**

**Travel size First Aid Kits**

Be ready to help pack items at the 5M4 Mid Winter Convention at the Alexandria Holiday Inn. items will also be distributed to all clubs of the district.

**5M4 Mid Winter Convention  
 January 24-26**



7.

5M4 Newsletter  
www.e-district.org/sites/5M4  
JANUARY 2025

# CONVENTION INFO



# DIAPER drive

Donate New Diapers to  
Help those in Need

Let's Make a Difference to the Community



5M4 Mid Winter Convention  
January 24-26

For More Information:  
**320-491-3996**  
heinende@centracare.com

 Thank You For  
Your Donation

Made with PosterMyWall.com

Need something in the newsletter? Send to: [anneo@runestone.net](mailto:anneo@runestone.net)



## Ugly sweater fun

DG Jacque visited a full house with Zone 6 in December! It was festive with all the ugly sweaters! In attendance were Bird Island, Buffalo Lake, Fairfax, Franklin, Hector, and Olivia.



People

Guide Dog Nonprofit 'Urgently Needs' Volunteer Puppy Raisers for 70 Adorable Pups

**Leader Dogs for the Blind is in desperate need of puppy raisers! Puppies are available and waiting right now. Imagine a Leader Dog puppy in your home for Christmas! It's a one-year commitment, we provide the training curriculum, and you will get guidance from your puppy counselor. It's the best thing you'll ever do!**

**Contact PDG Sue Kulbeik for more info.  
kulbeik@gmail.com**





The Sauk River Champions held a very festive Christmas dance! There were over 100 in attendance. Merry Christmas!



Many Lions helping with Jingle Bells.



Brandon Lions helping load baskets for delivery.



Alexandria Champions Lions helping pack boxes for Jingle Bells.



Sauk Centre Lions delivering Jingle Bells Basket.

## Benson Lions donations received



The Benson Lions Club made a \$500 donation to Prairie 5 Food Shelf for their Christmas Food Basket program. They also made a \$450 donation to the Swift County Sheriff's Department for the National Child Safety Council and the "SafetyPup" program. Pictured above are: (left photo) Swift County Outreach Specialist Sue Fragodt and Lions Jon and Beth Buyck. Photo at right: Swift County Sheriff's Office Chief Deputy Mike Hoffman and Lions Rodney and Loretta Burns.



*The Danube Lions served Juice and Cookies at the "Photo's with Santa" day at the Community Center in Danube.*



### MINNESOTA LIONS VISION FOUNDATION

**PCC Lion Rob Wiener**  
320-241-7100  
5m4lionrob@gmail.com

**Lion Craig Schellberg**  
320-894-6843  
spicerlioncraig@gmail.com

#### Parade of Green Donations

Happy holidays to everyone! We wish you peace and prosperity in the new year.

Our Mid-Winter Convention is on the horizon. Please remember the Minnesota Lions Vision Foundation in your Parade of Green donations! Your support helps the Lions Gift of Sight eye bank, the Lions Children's Eye Clinic, the Lions Eye Surgery Center, the MAC Center, and many ophthalmology research efforts. And every gift is appreciated.

Donations can be brought to the convention or mailed to a director (see info at left). Please make sure that checks are made out to "Minnesota Lions Vision Foundation," which is a 5-1(c)(3) entity. Gifts qualify you for Helen Keller awards. As ever, thank you for being Knights of the Blind.



LEADERSHIP DEVELOPMENT

## LOCAL INSTITUTE PROGRAM



March 13-16, 2025 Site: TBD



**ELLI** is for Lions who wish to pursue leadership roles within their club. You will learn the history and goals of LCI and LCIF, develop strategies for being an effective leader, creative thinking, change management and collaborate with a diverse group of fellow Lions.

#### You qualify for trainings if you:

- Are a current member in good standing
- Have an interest in becoming a better Lions member.
- Enjoy meeting other Lions and sharing ideas
- Like having FUN!!!!

#### Participants are required to:

- Attend all sessions of the three-day institute.
- You may commute to trainings if you attend all sessions and can do so safely.
- Complete pre-assignments prior to beginning of training weekends

Contact your Global Leadership Team (GLT) District Coordinator or District Governor to register



**November**  
**National Diabetes Month**  
More than **38 million** Americans have diabetes.  
More than **97 million** Americans are pre-diabetic.

**STRIDES for Diabetes Awareness**  
Minnesota Lions Diabetes Foundation  
*Physical Activity Challenge*  
**November 1, 2024 – January 1, 2025**

**Register / Donate at [MNLionsDiabetes.org](http://MNLionsDiabetes.org)**  
**Registration opens November 1, 2024**

Commit to a minimum of 15 miles of activity each month. (2,000 steps = 1 mile) You choose your:

- **Activities**
- **Days and times**
- **Locations (Indoor / outdoor)**

**Be active on your own.**  
**Be active with a team.**

Physical activity, and healthy food and beverage choices, are key to preventing diabetes and improving health.

Net Proceeds benefit Minnesota Lions Diabetes Foundation, Inc.  
"Catch the Dream"...Life without Diabetes!

## MN Lions Diabetes Foundation December 2024

The Foundation trustees met December 7. We approved the disbursement of funds to the U of M researchers' proposals:

Proposal #1 - Hering, Ramachandran, Singh, Clinical Translation of Immune Tolerance Strategies for People with Diabetes and Kidney Failure, would be funded at \$50,000.

Proposal #6 - Fife, Curing diabetes by stopping the immune system, would be funded at \$75,000.

Proposal #7 - Hering, Adams, McGregor, Comprehensive analysis of human antibody reactivity to porcine (pig) xenogeneic antigens in patients currently on the waiting list for human organ transplantation, would be funded at \$75,000.

That's a total of \$200,000 that is now available from the MLDF. The MLDF Board of Directors will consider funding for Proposals 2, 3, 4, and 5 at our March 15, 2025 meeting when, hopefully, more funds will be available. Our Strides campaign runs from November 1 through January 1, 2025. Donations needed!! Please remember MLDF for the Parade of Green!!! Diabetes is a big and costly disease.

Respectfully, Trustee Lion Lori Schellberg:  
lorischellberg@gmail.com 320-894-8643

## LCIF UPDATE

Thank you for your ongoing support of LCIF. You are truly awesome and with every dollar given, 100% of your donation is truly making an impact. As our Mid-Winter convention approaches, I look forward to visiting with you. The Mid-Winter planning committee has a great program planned. Please register and attend! Make sure to thank them when you see them. As you prepare for the convention in late January, please encourage your clubs to again give to LCIF; and if the same amount has been given for several years, consider increasing it a little bit. As your club awards nights approach, please bestow one or more Melvin Jones Fellowships to a worthy member or other individual. Unsure if your club has enough MJF credits built up? I can look it up for you. (Allow 6 to 8 weeks lead time to receive your MJF's).

Our multiple district's 2nd annual LCIF Gala will be held March 29th at the Holiday Inn and Suites. Note that the location is different from what we told you previously. This will allow more space. It's going to be a wonderful time with PIP Douglas Alexander being our keynote speaker and our goal is for Douglas to pin 100 or more MJF's. Douglas is fantastic and is worth taking your time to be with. Trust me. I've met him. Please plan ahead and bestow MJF's to others and request PMJF's to yourselves. Even if you were pinned at the club level this year; you can be pinned again at the Gala. The gala is being organized by district coordinators such as myself from throughout our multiple district. Carrie Schofner from 5M8 is asking clubs and individuals to consider donating a silent auction item or a basket for that day. If willing to do so, let me know. I can assist you in connecting with Carrie. More info to come for registration details.

Within the past few days I read communication that LCIF has approved and will be sending funds over the next two weeks to our district for the \$15,000 Disaster Preparedness grant, a matching grant, that the Bird Island club applied for to purchase a food trailer which can be used for their community events and when our Alert program needs it. This is another fine example of how we as Lions can work together for the common good. Great job.

If you have any questions that I can help answer or if I can be of assistance in any way; please contact me. I'd enjoy attending one of your meetings.

Sincerely,  
Allan Ulbricht  
District LCIF Coordinator  
320-267-4207  
allan.ulbricht@gmail.com  
allan.ulbricht@mn-bank.bank

# Save the date!

**Lions Clubs International FOUNDATION**

# Go for the Gold Gala

**Saturday March 29, 2025**  
**Best Western Plus Kelly Inn**  
100 4th Ave S.  
St Cloud, MN 56301

We had such a fantastic response to last years Gala-we are going to do it again! MD5M's LCIF District Coordinators have been brainstorming to make this a fun filled event. What we know so far is that there will be a silent/live auction, "Olympic" games, raffles and perhaps a costume contest. We are working on special guest speakers. There will be more to come. Invite your club members, community leaders, anyone that you think that would be interested in learning what our Foundation does for others. Yes-this is a Fun-Raiser!!

Check with your District LCIF Coordinator to find your personal balance that you have donated to LCIF. If you want to be presented with a MJF plaque or PMJF pin by PIP Douglas Alexander, then you will need to order your plaque/pin by Feb 3, 2025. You can contact LCIF Donor Services at 630-203-3836 to have the plaque/pin sent to you and bring it to the LCIF Gala if you are attending.

Any further questions please contact  
Lion Anna Wickenhauser 952-913-1467 or lionannaw@gmail.com



## Lions Clubs International – Networking matters!

*“I wonder what other Lions’ clubs are doing for events/projects?”*

*“I wonder how they are promoting these activities?”*

*“How can we let other Lions’ clubs know about what our club is doing?”*



How often have you or your fellow Lions club members thought or said these phrases? Whether you are looking to promote your club’s upcoming or annual events or are interested in hearing about other Lions clubs activities in your area, you may have a perfect opportunity to accomplish both of these tasks in the next couple of months.

Mid-Winter conventions will be taking place all over MD5M over the course of the next couple of months, with the exception of 5M13 who held their convention this past November. These annual events bring Lions from across your district, and also the multiple district, to get together for fun and fellowship. If you or someone from your club plans to attend a Mid-Winter convention, you should plan ahead to take advantage of this opportunity.



When heading out to a Mid-Winter convention, make sure to take along materials for promoting your club events or projects to pass along to attendees. Flyers, posters, information cards, and other promotional materials should be on hand and in plentiful supply. Make sure your club convention attendees have all the details about what activities you are promoting so they can confidently speak about the events.

The other thing your club’s representatives at the convention should be doing is listening to other Lions. Please have those Lions talk to others about what those Lions’ clubs are doing for activities in their communities. Learning about these events can provide your club with the information needed to organize support from your club for their activities from your club members.

Another thing to ask other Lions at the convention about is how they promote their club and its projects. You may learn new and effective ways to bring attention to your own club and what it brings to your community. Ask for details on who manages promotion and advertising in those other clubs and do not hesitate to share your own marketing methods. Let us help each other with focusing more attention upon Lions and all the benefits they bring to our local communities.

Please remember to network with your fellow Lions at the Mid-Winter convention. You can not only have some fun there, but you can also return to your club with some valuable information to benefit your marketing efforts.

Lion Lyle Goff  
MD5M Marketing & Lions Information Chair  
[gofflt@msn.com](mailto:gofflt@msn.com)





JANUARY | 2025

## LEADING THE WAY



Leader Dogs for the Blind - Lions Newsletter

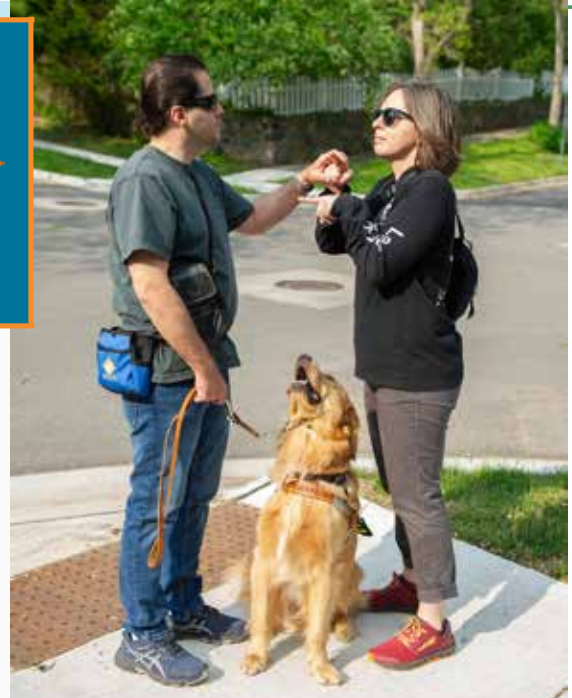
### Training to Every Client's Needs

#### Learn about our DeafBlind Program and Adaptive Services

At Leader Dogs for the Blind, our top priority is ensuring each client receives customized training that allows them to develop exceptional skills to travel independently with a white cane or a guide dog. Though all our guide dog mobility instructors (GDMLs) and certified orientation and mobility specialists (COMS) are skilled at adapting the training process to accommodate a wide range of personalities and individual needs, the GDMLs on our adaptive services team also individualize client and dog training for additional client needs or disabilities that may be physical or intellectual. Some examples of ways we are able to adapt training are:

- Train a dog to work on the right side for someone who has experienced a stroke, has a prosthetic hand or has lost a limb.
- Identify and train a sturdy dog for someone with an uneven gait due to cerebral palsy that can offer a little counterbalance and be easier to control.
- Provide one-on-one instruction at a gradual pace for someone who has experienced a traumatic brain injury.

People who are both deaf and blind can find navigating the world to be challenging. After working closely with DeafBlind clients, we began offering guide dog training in 1992 using American Sign Language (ASL) as the main method of communication. A guide dog working with a person who is DeafBlind must be extremely mature. Their training stresses partner awareness because they receive all commands from their handler via hand signals. Much attention is placed on traffic awareness and proper street crossings since these can be extreme safety issues for people who are DeafBlind.



Sarah D., GDML, COMS explains to Client Steven how to navigate an intersection using tactile ASL.



**DID YOU KNOW IN 1992, LEADER DOGS FOR THE BLIND BECAME THE FIRST ORGANIZATION TO PROVIDE GUIDE DOGS SPECIFICALLY TRAINED FOR CLIENTS WHO ARE BOTH DEAF AND BLIND.**



LEARN MORE ABOUT OUR DEAFBLIND PROGRAM & ADAPTIVE SERVICES TODAY!



## Hector Lion's Club

All You Can Eat  
Annual

# Flapjack Festival

Sunday February 18, 2024  
8:00 am-12:00pm  
Hector Community Center  
Freewill Donation




Flapjacks with fresh fruit toppings  
French toast, Sausage, Coffee, Milk or Juice

Proceeds to Support the BLHS School Safety Patrol Reward Day







Some 5M MLCCF board members got involved with the KS95 Radiothon at the MALL OF AMERICA on December 6th. Over \$1M collected for Cancer research. A few members presented a check for \$70k.

Your donations to **LCIF** make a difference at home and in the world!



**5M4 is proud of our contributions!**  
**Watch this chart to see how we are supporting the amazing work of Lions at home and around the world.**

JULY 2024	\$295.00	
AUGUST 2024	\$1,335	YTD: \$1,630
SEPTEMBER 2024	\$ 3,215	YTD: \$4,845
OCTOBER 2024	\$4,459	YTD: \$ 9,304
NOVEMBER 2024	\$1,305	YTD: \$10,609
DEC. 2024	\$	YTD: \$
JANUARY 2025	\$	YTD: \$
FEBRUARY 2025	\$	YTD: \$
MARCH 2025	\$	YTD: \$
APRIL 2025	\$	YTD: \$
MAY 2025	\$	YTD: \$
JUNE 2025	\$	YTD: \$

GOAL FOR next year is \$65,000

By working together, **we can meet our goal!** THANK YOU!



We hope our fellow Lions had wonderful holiday celebrations. With this New Year your Kidsight Directors have some New Year's Resolutions for Kidsight.

- If your club has not done any screening in the 2024-25 year, we encourage you to visit with your local daycares, preschools homeschool groups and schools to schedule an event. If your school has already tested specific grades, ask if you can screen the students who weren't screened. Contact Lion Susan to secure screening equipment.
- Need training or help? Invite us to your club or come to the midwinter convention to learn more. We are passionate about vision in babies 6 months-youth thru age18. Our goal is to have offered screening to all schools in District 5M4.
- We hope to have every club reporting their screening results in a timely manner.
- We have ordered one new printer. We are resetting the "sleep times" on our current printers.

Shopko Optical is said to be very supportive of Kidsight referrals. If you have one near you, stop by and see if they any vouchers for your club. We are grateful to all the clubs who are actively screening children and reporting results to Lion Susan (320.905.2412).



## Ignite the Lions Pride MD5M Convention April 25-27, 2025

Hilton Minneapolis-St. Paul Airport  
3800 American Boulevard East  
Bloomington, MN 55425

Join Lions from across Minnesota, NW Ontario & Manitoba

- Explore opportunities for service
- Learn what is going on throughout Lionism
- Hear from inspirational speakers
- Build Lions knowledge and leadership
- Hear updates from all Lions Foundations
- Meet new friends and have fun



To register online use the QR code  
(click "skip advertisement" box)

For more convention information  
[https://sites.google.com/view/  
md5mmultipleconvention/home](https://sites.google.com/view/md5mmultipleconvention/home)



## Ignite the Lions Pride MD5M Multiple District Convention April 25-27, 2025



### Convention Keynote Speaker



Lions of MD5M,

Attendees of the MD5M 2025 Convention in Bloomington, Minnesota will be in for a once-in-a-lifetime experience. Our current International President, Fabricio Oliveira, will be at our multiple district convention. His presence gives you the opportunity to engage with him and to learn more about the work being done by our international association across the globe.

A member of the Catolé do Rocha Lions Club since 1985, International President Fabricio has held several offices in the association. In recognition of his service as a Lion and to the association, he has received several awards including multiple International Presidents' Certificates of Appreciation, Leadership Medals, Presidential Medals, and the Ambassador of Good Will Award, the highest honor awarded by the association to its members. International President Fabricio and his wife, Amariles, also a member of the Catolé do Rocha Lions Club and a Melvin Jones Fellow, have two daughters, a son and a granddaughter.

International President Fabricio's theme for this year is Make Your Mark. The IP believes there's a leader inside every Lion. And all leaders know that, through collective action and individual commitment, we can inspire and empower whole communities. This inspiration and empowerment make our communities healthier and stronger than ever before, thus making our mark in the process. Every day provides us with a chance to make our mark as Lions, so it is time to act!

IP Fabricio will be our keynote speaker at the Saturday evening dinner. Take advantage of hearing on how you can make your mark as a Lion from the man who has envisioned it. Come to the MD5M 2025 Convention, hear IP Fabricio's inspirational words, and take them back to your community to share with your fellow Lions. Please register today for the MD5M 2025 Convention!

Thank you for your consideration,

5M7 Lions MD5M 2025 Convention Planning Committee

## Milan students enter Peace Poster Contest for the first time!

The Milan Lions entered the Lions International Peace poster contest this year for the first time. Seven students from the Lac Qui Parle School sixth grade art class entered the contest

Art instructor Jill Blom guided the students with their entries. Pictured are the contestants with their posters.





## Raymond Lions

The Raymond Lions hosted their annual Pancake/French Toast/Sausage Breakfast on Dec 7 and made and delivered 93 fruit plates, 5 family boxes and 11 wreaths. Profits from the meal were designated to improvements to the dugouts on the softball field.

## Sponsor a hero. Be a hero.



Throughout our history, thousands of amazing donors worldwide have helped us empower people who are blind or visually impaired with lifelong skills for safe and independent daily travel. Now you have the opportunity to show your support in a new way, through a **Symbolic Puppy Sponsorship**. For \$500, you'll receive a picture, a profile and an official certificate of your sponsored Future Leader Dog.

**Leader Dog services are critically important. LAST YEAR, we were able to safely provide:**

- ▶ **500,000+**  
Days of safe and independent daily travel
- ▶ **123**  
Guide Dog clients served
- ▶ **149**  
Clients received white cane training
- ▶ **3**  
Clients who are deaf and blind received customized guide dog training
- ▶ **18**  
Teenagers gained leadership and travel skills
- ▶ **287**  
Current and potential clients received a visit from a field services guide dog mobility instructor
- ▶ **336**  
Clients and O&M pro's viewed virtual learning videos
- ▶ **\$0**  
Cost to client



IN EVERY LEADER DOG LIES THE HEART OF A LION.

A Leader Dog partner since 1939

"Leader Dog does a great job training these dogs to be faithful, supportive leaders and companions. Leader Dog Hanna is truly my hero, and so are all those who were involved in helping her become a Leader Dog." -Laura & LD Hanna



For more information or to sponsor, visit [LeaderDog.org/sponsor-a-puppy](http://LeaderDog.org/sponsor-a-puppy)

FOLLOW THE LEADER  
[LeaderDog.org](http://LeaderDog.org)

1039 S. Rochester Rd | Rochester Hills, MI 48307-3115

## Ways to Give



### Donate online

[lionsclubs.org/WaysToGive](http://lionsclubs.org/WaysToGive)



### Make a Pledge

[lionsclubs.org/jotform.com/90524105483149](http://lionsclubs.org/jotform.com/90524105483149)

### Mail

Mail USD checks drawn from a U.S. Bank and payable to LCIF to:

Lions Clubs International Foundation  
Department 4547  
Carol Stream, IL 60122-4547 USA

Visit [lionsclubs.org/WaysToGive](http://lionsclubs.org/WaysToGive) for mailing checks in Canada and India

### Wire transfer

JPMorgan Chase Bank, N.A.  
ABA Routing Number: 021000021  
10 S. Dearborn St.  
Account Name: Lions Clubs International Foundation  
Chicago, IL 60603 USA  
Account Number: 754487312  
Swift International Banking number: CHASUS33

Email a copy of your receipt or transfer form – along with your name, Member ID, club name, and district name – to [donorassistance@lionsclubs.org](mailto:donorassistance@lionsclubs.org).

If requesting recognition for someone else, please include the recipient's name, Member ID, club name, and district name.

### Contact Donor Services

For assistance, contact Donor Services at +1.630.203.3836 or [donorassistance@lionsclubs.org](mailto:donorassistance@lionsclubs.org).



Lions Clubs International Foundation  
300 W. 22nd Street, Oak Brook, IL 60523 USA  
[www.lcif.org](http://www.lcif.org)

LCIF 01/2025



## 2024-2025 5M4 Cabinet Directory

District Governor	DG	Jacquelyn Heinen	320.249.6536	LIONHEINEN@GMAIL.COM
1st VDG	1VDG	Susan Krumrey	320.295.8327	susanreuberkrumrey@outlook.com
2nd VDG	2VDG	Jason Kerfeld	320.429.0794	kerfeld@mainstreetcom.com
IPDG	IPDG	Sue Kulbeik	605.949.0161	kulbeik@gmail.com
Cabinet Secretary	Lion	Kelsey Sommerville	320.295.8657	kelssomerville@gmail.com
Cabinet Treasurer	Lion	Denise Sundblad	320-766-3266	district5m4@outlook.com
Can Do Canines	Lion	Mike Beilke	320.761.9406	mbeilke62@gmail.com
Childhood Cancer	PDG	Bob Knutson	320-295-1757	lionbobbyk2017@gmail.com
Childhood Cancer	Lion	Merlin Athmann	320.522.1264	athmann.mer@gmail.com
Constitution & By-laws	PDG	Kellie Knudson	320-226-4156	lionkellienukson@gmail.com
District Admin	PCC	Dennis Heinen	320.491.3996	heinende@centracare.com
Environment	Lion	Jeff Gunderson	320-815-3478	jeffwgund@gmail.com
GET	PDG	Dan Plowman	320.219.8814	mtdrplowman@hotmail.com
GLT	Lion	Mickie Rogal	218-731-9749	mickierogal@gmail.com
GMA	PDG	Marty Athmann	320-522-0856	athmannmarty@hotmail.com
GMT	PCC	Rob Wiener	320-241-7100	5M4Lionrob@gmail.com
GST	PCC	Dennis Heinen	320.491.3996	heinende@centracare.com
KidSight Foundation	Lion	Ron Honken	320-905-6282	ronaldhonken1940@gmail.com
KidSight Foundation	Lion	Susan Honken	320-905-2412	rshonken@frontiernet.net
LCI Advisor	PIP	Brian Sheehan	320-212-7330	bsheehan@rccbi.com
LCIF Chair	Lion	Allan Ulbricht	320.267.4207	allan.ulbricht@gmail.com
Leader Dog	Lion	Mary Bolas	320.815.0343	marybolas.mb@gmail.com
Leo Chair	Lion	Jamie Shoutz	320-699-0371	JSHOUTZ1@GMAIL.COM
Lions Alert	PDG	Marty Athmann	320-579-1357	athmannmarty@hotmail.com
Long Range Planning	PDG	Ron Branch	320-460-0135	branch@rea-alp.com
Midwinter Convention		M.Athmann S.Krumrey		
MN Diabetes Fndtn	Lion	Lori Schellberg	320.894.8643	lorischellberg@gmail.com
MN Diabetes Fndtn				
MN Hearing Fndtn	Lion	Barry Erdahl	320-349-1108	barry.erdahl@gmail.com
MN Hearing Fndtn	PDG	Bob Kulbeik	605.949.0136	kulbeik@hotmail.com
MN Vision Fndtn	Lion	Craig Schellberg	320.894.6843	spicerlioncraig@gmail.com
MN Vision Fndtn	PCC	Rob Wiener	320.241.7100	5M4lionrob@gmail.com
Newsletter	Lion	Anne O'Flynn	320-815-5790	anneo@runestone.net
Nominations	PDG	Jeff Swenson	218-770-1779	jfswens@runestone.net
PDG Advisor	PDG	Kellie Knudson	320-226-4156	lionkellienukson@gmail.com
Project New Hope	Lion	Ron Buse	218-639-1114	ron.buse06@gctel.com
Protocol	PCC	Dennis Heinen	320.491.3996	heinende@centracare.com
Public Relations	IPDG	Sue Kulbeik	605.949.0161	kulbeik@gmail.com
Special Olympics	Lion	Dianna Nelson	320.766.7412	diannanelson@mainstreetcom.com
TEAM Sheehan Fndtn	PDG	Kent Beissel	320-352-3482	KJBEISSEL@mainstreetcom.com
Technology	PCC	Dennis Heinen	320.491.3996	heinende@centracare.com
Website	Lion	Posl Pat		patrickposl@gmail.com
Youth Exch/PPoster	Lion	Todd Fritsche	507-766-7528	dragon376381@yahoo.com
Zone 1 Chair	Lion	Paul Skorheim	320.491.5738	paulskorheim@gmail.com
Zone 2 Chair	Lion	Ed Bolas	320-304-0117	edmary1973@gmail.com
Zone 3 Chair	Lion	Linda Holland	320-760-2303	lindakholland5@gmail.com
Zone 4 Chair	Lion	Tom Moe	320-413-0247	tmoe@fedtel.net
Zone 5 Chair				
Zone 6 Chair	Lion	Richard Haugen	320.522.2115	richard.haugen@yahoo.com
Zone 7 Chair	Lion	Vickie Vogt	320.282.5016	vic56273@gmail.co,
Zone 8 Chair				