

# 5M4 Newsletter



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## Thank You Lions of 5M4

*What a wonderful year it has been! Stepping into the DG role this past year has been an incredible journey—one filled with purpose, connection, and community. I'm so grateful for the friendships, service, and experiences we've shared. I truly believe this is just the beginning, and I look forward to continuing this journey with all of you in the years to come.*

*As we welcome summer, I'm excited for new adventures, new members, and continued growth in service and friendship. Just like my garden, which I'm planting now with hope and care, I look forward to seeing the seeds we've planted together continue to flourish.*

*We still have a bit of business to finish before the end of the year. In July, I'll proudly pass the gavel to DGE Susan Krumrey. With the training she's received and her deep involvement over the past year, I have full confidence she will step into her new role seamlessly and lead us with dedication and heart. She has a strong team behind her, and I know it will be a great year for our district under her leadership.*

*We have some exciting contacts in progress for new clubs—and we're always open to hearing your ideas! If you know of a community or a special interest group that might be a great fit for Lions, please let us know. We'd be happy to reach out and explore the possibilities.*

*If you or someone in your club missed officer training this spring, don't worry! We're available to support you with one-on-one sessions or a club visit to help you get the year started off strong.*

*I'm especially looking forward to attending the International Convention in Orlando and watching our next DG be officially inducted. Let's all rally behind Susan, support her vision, and continue to grow our district while serving our communities with pride.*

**Keep planting the seeds. Keep making your mark.  
 And above all—keep serving.  
 Ask One – Keep One**



PCC Dennis Heinen and DG Jacques Heinen



Lion Jacques Heinen  
 District Governor, 5M4



## A note from Susan

### Greetings 5M4!

May has been a full month with club visits and zone meetings. I have had the privilege of meeting many dedicated Lions, motivated and ready to continue making a difference in their communities. There have been many conversations centered around club growth. The enthusiasm for Mission 1.5 is spreading across 5M4, with many recognizing the initiative's value not only for our organization, but for the long term strength of your club and communities. Please don't forget that PCC Rob (GMT) is eager and available to visit your club and support your growth efforts. Take advantage of his expertise!

Successfest was a great achievement in both areas, Evansville and Willmar! We saw an incredible turnout from club members excited to learn and connect with others. A special thank you to Lion Mickie Rogal for organizing these training events for our club officers, and to those that trained our Presidents, Secretaries, and Treasures. A big shoutout as well to the many members who attended simply to "just learn more"! The enthusiasm from all was great to see. Our service project for these two events was packaging snacks with an encouraging note in bags. A Lions sticker was also put on the bag for recognition on where these snack bags came from. These will be distributed to local youth, food shelves, and to schools, helping to address hunger in our communities. To those that attended, be sure to report your time invested into this service project! We also began discussion on the goals for the upcoming district year. BUT, there is still one month left! Let's continue the momentum, finish strong, and carry that energy forward.

June will be another meaningful month packed with final preparation for the upcoming new Lions year, the Lions D-Feet Walk for the MN Lions Hearing Foundation, volunteering at the Special Olympics at the U of M, and the Mission 1.5 Summit in Las Vegas. As we close out this year and prepare for the next, I want to express my gratitude to the incredible leaders who have paved the way for me. The strength and dedication of our 5M4 leadership team gives me full confidence that 2025-2026 will be another outstanding year. If you have any questions, need support, or are looking for guidance, please don't hesitate to reach out!! We are here for you, prepared, and committed to helping your club thrive!



DGE Susan Krumrey  
and Lion Brad Krumrey

*We Serve, Together* DGE Susan Krumrey 320-295-8327

BUFFALO LAKE DAYS

# SOFTBALL TOURNAMENTS

MEN: FRIDAY & SATURDAY, JULY 18 & 19  
COED: SUNDAY, JULY 20



ORGANIZED BY  
THE BUFFALO LAKE LIONS



PROCEEDS WILL BENEFIT COMMUNITY  
EVENTS HOSTED BY THE BUFFALO  
LAKE LIONS CLUB AND WILL HELP  
SUPPORT OTHER CAUSES WITHIN  
OUR COMMUNITY AND AROUND

**100% PAYOUT!**  
\$100 ENTRY FEE  
OPEN TO C, D, & E TEAMS  
ASA RULES WITH UNLIMITED ARC & UNLIMITED HOME RUNS!  
CONTACT COURTNEY WEISPFENNIG AT 320-444-6554  
OR MATT RATH AT 320-583-2120  
CONCESSIONS AND BEVERAGES ON SITE ALL WEEKEND!  
NO OUTSIDE BEVERAGES ALLOWED

BUFFALO LAKE DAYS

# VOLLEYBALL TOURNAMENT

SATURDAY JULY 19



ORGANIZED BY  
THE BUFFALO LAKE LIONS



PROCEEDS WILL BENEFIT COMMUNITY  
EVENTS HOSTED BY THE BUFFALO  
LAKE LIONS CLUB AND WILL HELP  
SUPPORT OTHER CAUSES WITHIN  
OUR COMMUNITY AND AROUND

**\$1,000 OVER 100% PAYOUT**  
\$60 ENTRY FEE  
REC & POWER DIVISIONS, PAYOUT TO 1ST, 2ND, & 3RD IN EACH DIVISION!  
OPEN TO 28 TEAMS OF ALL SKILL LEVELS!  
POOL PLAY FOLLOWED BY DOUBLE-ELIMINATION TOURNAMENTS.  
5 COURTS OF SAND VOLLEYBALL PLAY!  
TO REGISTER CONTACT STEVE SCHULTZ AT 320-583-3271  
CONCESSIONS AND BEVERAGES ON SITE ALL WEEKEND!  
NO OUTSIDE BEVERAGES ALLOWED.





# Minnesota Lions Hearing Foundation

**D-Feet Hearing Loss**

## 2025 ANNUAL WALK

**JUNE 7, 2025**

### Minnesota Landscape Arboretum Chaska, MN

Registration: 9am - 10am

Walk Starts: 10:15am

Lunch Begins: 11:15am

### Diamond Point Park Bemidji, M

Registration: 8:30am - 9:30am

Walk Starts: 9:45am

Lunch Begins: 11:30am

- **Entry Fee: \$25 (no t-shirt) or \$35 (includes t-shirt)**
- **Fee includes entry to arboretum/park, lunch, plus lots of activities and games!**
- **Kids under 12 are free!**
- **Fun for families of all ages!**
- **A chance to change a person's life through your registration donation.**
- **Register at: <https://secure.qgiv.com/event/2025-d-feet-hearing-loss/>**



Minnesota Landscape  
**ARBORETUM**



To learn more visit us at:  
[5mhf.org](http://5mhf.org) or at  
[facebook.com/5mhf.org](https://facebook.com/5mhf.org)



## June... a month to celebrate!

*Such a fun time a year, the weather is good, school is out, the lakes are getting busier...what is not to like about it? Last month I failed to wish all the mothers a Happy Mother's Day, (Happy Mother's Day Moms!) ..so, I won't forget this month and wish all the dads a Happy Father's Day. Here is a recent picture of my mom (Kathy) and my dad (Jim). It seems like June is the month to celebrate. Not only with graduation parties and America's dairy farmers but also, we close out our calendar year in Lions. We look back and see all the people we impact with our service and how we are making a difference in our community, our district, our world. What I am probably mostly impacted by is the amount of service that can be accomplished when more hands are involved and the difference, we make in the world that we don't see with our own eyes.*

*How can you help celebrate and make a difference in the month of June? Luckily its going to be a bunch of outdoor things! On June 7th the Minnesota Lion Hearing Foundation is having their annual D-Feet Hearing Loss Walk in 2 Locations, in Chaska at the Mn Landscape Arboretum with registration starting at 9am and in Bemidji at Diamond Point Park with registration starting at 8:30am. The Minnesota State Special Olympic Summer Games Competition is being held at the U of M on June 20-22, 2025. The Lions are looking for help with the "Opening Eyes" portion of the event with vision screenings of the athletes. Go to [specialolympicsminnesota.org](http://specialolympicsminnesota.org) and look under summer games and "get involved", you'll find the Opening Eyes portion there. This will be a good test for what is coming next year when Minnesota is hosting the 2026 Special Olympic USA Games.*

*Yes, the 2026 Special Olympic USA Games is coming HERE!! & the Lions International Foundation is going to be a major part of it as a platinum sponsor with a pass-through grant of \$250,000. This will go to assist with Family Night and the Opening Eyes Vision Screenings. We will also need a bunch of Lions to help out at this event next year, a perfect time to work shoulder to shoulder with your fellow Lions helping those in need once again. To donate to this event simply write your check to LCIF with a designation to Special Olympics-Minnesota (LCIF-Special Olympics-MN).*

*\*\*\*To assist with this our 5M4 Cabinet has approved a district-wide fundraiser of a "GOLF PASSPORT". We are hoping to have 20+ golf courses participating with us and offering 9 free holes with a purchase of 9 holes. These cards will cost \$50 and will be available at most participating golf courses and from our local clubs (stay tuned for more details). If you are a golfer or know someone that is, this is a perfect gift for them because it can provide them a huge savings on golf on a variety of courses and help out a great cause as well. I urge you to do your part in helping make 5M4 the leader in supporting this great event.\*\*\**

*Our very own 5M4 district has 2 LCIF grant requests that have been applied for, Ashby with a Greenhouse Construction project and Buffalo Lake for updates to the playground complex.*

*On June 30th it will mark the 100th Anniversary of Helen Keller's challenge to the Lions at the 1925 International Lions Convention at Cedar Point, Ohio to be..." knights of the blind". Thank You for answering the call to become a Lion and now I ask you to challenge yourself to reach beyond your comfort zone and assist our District in the areas of need for the coming years. Lastly, thank you DG Jacque Heinen for providing our district with such great leadership this past year, you did a wonderful job. Its not surprising you were great in leadership; you've been do a splendid job leading PCC Dennis for years!! I am looking forward to an awesome year as 5M4 soars to new heights under DG-Elect Susan's wings.*

*Roar with you soon,*

*Jason Kerfeld IVDGE, 5M4, Sauk Centre Lions Club*



*Lion Jason Kerfeld,  
IVDG District 5M4*



*Jason and his Mom and Dad*



*Jason and his 3 daughters: Chloe (20), Amber (29), Allison (26)*





## Benson Lions install new officers

New officers were installed at tonight's meeting! Pictured here are Vice President and Director Mark Frank, Communication Chair Sarah Auffert, Lion Tamer Terry Smith, Treasurer Marlys Boone, Director Laura Thomas, Secretary Peggy Bausman, Director Jason Heinzig, Membership Chair Pat McGeary, and Tail Twister Mike Forsberg. Not pictured is President Rodney Burns. The club is now nearly 50 members strong and excited for what's to come in our 2025-2026 year.



## Senior scholarship award winners for Morris' Merle Felstul Leadership Award

The winners each receive \$500 plus a plaque and certificate. Pictured are Linda Holland and Crissy Gausman, Morris Lions Club members. Winners are Abigail Altantar, Isaac Lhotka, Charles Hanson, Sarah Dougherty, and Zachary Dietz. Charles Hanson not pictured.

## Congrats Lion Mary Bolas!

The following recognition is from the Catalina-ORO Valley Lions Club Meeting Minutes: Quote: "Visiting Lion Mary Bolas gave an excellent overview of the Leader Dog Program, which is the 2nd oldest sight assistance program in the United States. She shared points about: virtual puppy sponsorship; deaf/blind assistance; adult and teen white cane training; teen orientation and mobility; teen summer camp, and the Dollar for Dogs Program. One dog in 1.8 million dogs becomes a Leader Dog. Following her outstanding presentation Lions Carol and Nancy gifted the Leader Dog Program with a \$500.00 check, from our club, to sponsor Roland, the dog chosen by vote of the club. It is hoped 2 additional dogs will be sponsored by our club by the end of the summer."

Sharing Lionism wherever you go!  
You are appreciated.

(Submitted by DG Jacque Heinen)



Ashby Lions handed out snack kits that were assembled at the Zone meeting in Evansville.



Zone meeting in Evansville



## Lions... can you help with these events?

- Two Special Olympic Competitions coming up in Alexandria that help is needed for
  - Also the State Track and Field Competition and Swimming Competition will be held June 20-22, 2025 at the University of Minnesota .
  - Help is needed at the Opening Eyes Screening which is sponsored by the Lions Club. Athletes are encouraged to have their eyes tested by fellow Lions who are optometrist. Registration and data volunteers needed to make this event happen  
*Other help needed:*
  - Competition volunteers are needed to record data, guide athletes, award athletes and other positions to make this event run smoothly
- CONTACT: [diannanelson@mainstreetcom.com](mailto:diannanelson@mainstreetcom.com)

The MD5M is hosting Kidsight testing at the MN State Fair District 5M4 is asked to provide Lions to assist. Screening will be in the Education Building this year , Sunday, August 31st is our date you will receive complimentary tickets to the Fair and some mileage can be compensated. We had a great response from 5 M 4 Lions last year. Please checkout this sign up genius for dates and times if the 31st doesn't work for you, choose another date

<https://www.signupgenius.com/go/5080D45ADAC2FA7F58-56251349-state#/>

Many thanks to the clubs who are out and about conducting screenings! If you have community events you want to screen at, let us know if you'd like sunglasses for the children.

CONTACT: [rshonken@frontiernet.net](mailto:rshonken@frontiernet.net)

## **MN LIONS DIABETES FOUNDATION, INC**

*Minnesota Lions Vision, Hearing and Diabetes:*

*2025 State Fair Booth Volunteering*

Thanks for your support of your Diabetes Foundation.

More information at our website: [mnlionsdiabetes.org](http://mnlionsdiabetes.org)

5M4 trustee, Lion Lori Schellberg 320.894.8643

[lorischellberg@gmail.com](mailto:lorischellberg@gmail.com)



## Charter Night Challenge

The new "NLS Leos" crossed enemy lines, 5M8 to challenge the new "Central Lakes Leos" (Paynesville) on their Charter night. The Challenge is what can your club do to Beautify your Community. Let the Battle begin!

Pictured: Left to Right: NLS Leo Officers. VP Heidi Tounton. Director Mallory Thorsrud, President Maddie Prentice. CLL President Teagan Glenz.

## From plastic to Park Bench!

Sauk River Champions Lions Club has been busy recycling plastic!!! They sent 1,000 lbs sent to NexTrex and received a park bench. They are presently working on gathering/sending the next 1,000 lbs of plastic bags, to earn another park bench in conjunction with the Sauk Centre Lions Club. They will donate both benches to the Sauk Centre Fairy Lake Lions Park. There is a limit of one bench per year for non profit organization







## *Benson Lions provide snacks*

Benson Lions Loretta and Rodney Burns present Northside Elementary Principal Mitchell Kent with food service snack pack bags. The snack packs were made possible by a grant from LCIF District 5M4 and packed by local club members.



*Just a friendly reminder that Special Olympics Minnesota will be hosting its annual Bocce and Golf competitions this summer in Alexandria, MN.  
We'd love to have you join us again—learn more and sign up below!*

## 2025 Regional West Bocce – Alexandria

**Date: Saturday, July 12, 2025**

Time: 8:00 AM to 4:30 PM (split into morning and afternoon shifts)

Location: Northstar Sports Complex, Alexandria, MN

Volunteer Roles:

General Event Support

Bocce Pitch Assistant (a fun and interactive position, especially if you can volunteer with a partner)

Awards Assistant (assist in preparing and presenting awards — very rewarding seeing athletes' reactions!)

Sign Up Link: <https://cerv.is/0101x3913>

## 2025 Regional North Golf – Alexandria

**Date: Friday, August 1, 2025**

Time: 8:30 AM to 1:30 PM (shift times vary)

Location: Lake Miliona Golf Club

Volunteer Roles:

Scorekeeper (drive golf cart for athletes and help track scores)

Skills Assistant (help guide athletes through various skill-building stations)

Sign Up Link: <https://cerv.is/0101x3914>

Thanks for being part of the Inclusion Revolution in Alexandria.

We hope to see you again this summer!

Best., Ryan Hallonquist, [ryan.hallonquist@somn.org](mailto:ryan.hallonquist@somn.org), Tel.: 763-270-7111

Volunteer Coordinator - Special Olympics Minnesota

900 2nd Ave S, Suite 300, Minneapolis, MN 55402



## *Benson Lions new member*

The Benson Lions Club welcomed new member Michael Hartman at their May meeting. Pictured here are Benson Lions Club President Rodney Burns, Lion Mike Hartman, and Sponsor Dave Martin. Welcome to the Lions, Mike!



## *Welcome NLS Leos!*

Great photo of our newest LEO club NL-S (New London - Spicer) LEO's. They chartered April 10 and have been busy. They visited the Paynesville LEO's club for their charter night and here they are working on garden kits to be given at the elementary school and an upcoming rib fest. NL-S LEO's have yet to set a charter night date so watch for more details.



## Kidsight Update

Lion Ron and Lion Susan Honken attended the Quarterly Board of Directors' Meeting in Bemidji May 16th and 17th.

Thank you to all who have provided screening services over the past year. There's still time to schedule more. In fact, you can give a pair of sunglasses to the children you screen at your community events.

Contact Lion Ron/Susan very soon if you are hosting an event this summer and want sunglasses. ( rshonken@frontiernet.net

Some Lions are scheduling their screening dates for fall. This is the time of year to get notification in school handbooks so all children can be screened unless parents notify the school.

Does someone in your club deserve a Certificate of Appreciation for assisting with Kidsight? Let your directors know.

Please check out the signup genius for the Kidsight booth at the State Fair. No experience needed, but warm smiles and enthusiasm are encouraged. Free tickets for the day you work. You can even work more than one shift!



The Buffalo Lake Lions Club answered the call for a community member that needed a ramp for his father that is now wheelchair bound. We Serve



Lions International

LIONS AND LEOS ARE WORKING TO RAISE AWARENESS OF THE IMPORTANCE OF MENTAL HEALTH AND WELL-BEING, TO EDUCATE AND SUPPORT THEIR COMMUNITIES, AND ADVOCATE FOR POSITIVE CHANGE.



## MENTAL HEALTH AND WELL-BEING

Facts and Statistics

### SUSTAINABLE DEVELOPMENT GOALS

The United Nations Sustainable Development Goals (SDGs) provide a shared blueprint for peace and prosperity for people and the planet, now and into the future. The 17 goals are an urgent call for action by all countries — developed and developing — in a global partnership. Achievement of the SDGs also relies on the involvement of volunteer organizations who connect governmental strategies and initiatives with complementary, yet essential, community action.

#### THIS GLOBAL CAUSE SUPPORTS SDG #3



**ENSURE HEALTHY LIVES AND PROMOTE WELL-BEING FOR ALL AT ALL AGES**



An estimated **700,000 people die by suicide every year** (World Health Organization).



People who are exposed to adverse circumstances — including poverty, violence, disability and inequality — are at **higher risk of developing a mental health condition** (World Health Organization).



For depression, the gaps in service coverage are wide across all countries: in high-income countries, an estimated **23% of cases receive minimally adequate treatment for depression and in low- and lower-middle income countries this is estimated at 3% of cases** (World Health Organization).



On average, **2% of health budgets go to mental health** (World Health Organization).



**Depression is the leading cause of disability globally, affecting an estimated more than 300 million people worldwide** — the majority of them women, young people and the elderly (United Nations).



**More than 80% of all people with mental disorders live in low- and middle-income countries**, where the vicious cycle between mental health and poverty is particularly prevalent because of a lack of welfare safety nets and poor accessibility to effective treatment (World Health Organization).





*A huge thank you to  
Lion Renee Willhite  
for saying “yes” to the  
District 5M4 Secretary  
position! You are very  
much appreciated!*



The Buffalo Lake Lions Club encouraged kids to get outside to play by filling their sandbox!



Your donations to **LCIF** make a difference at home and in the world!



5M4 is proud of our contributions!  
Watch this chart to see how we are supporting the amazing work of Lions at home and around the world.

JULY 2024	\$295.00	
AUGUST 2024	\$1,335	YTD: \$1,630
SEPTEMBER 2024	\$3,215	YTD: \$4,845
OCTOBER 2024	\$4,459	YTD: \$9,304
NOVEMBER 2024	\$1,755	YTD: \$11,059
DEC. 2024	\$1,405	YTD: \$12,464
JANUARY 2025	\$3,385	YTD: \$15,849
FEBRUARY 2025	\$16,165	YTD: \$32,014.50
MARCH 2025	\$2,128.35	YTD: \$34,142.85
APRIL 2025	\$2,890	YTD: \$37,032.85
MAY 2025	\$	YTD: \$
JUNE 2025	\$	YTD: \$

GOAL  
is  
\$65,000

By working together, we can meet our goal! THANK YOU!

Mark Your Calendars!

Everyone is invited to participate in our  
Golf Tournament @ Oakdale Golf Course  
Sunday, June 22<sup>nd</sup>, 2025

This is a fundraiser to purchase an outdoor  
AED Smart Cabinet, emergency defibrillator  
system. It will be placed on Co Rd 38, golf  
course side at Lake Allie.

Golf tournament, silent auction, supper – we  
hope to see you there!  
More information will be coming out soon!

Sponsored by the Buffalo Lake Lions Club, working together with Oakdale Golf Course  
and the Lake Allie Association.  
Lions – We Serve, Together





JUNE | 2025

## LEADING THE WAY

Leader Dogs for the Blind - Lions Newsletter



### Celebrating Knights of the Blind

One hundred years ago, in June 1925, Helen Keller challenged Lions to become **"Knights of the Blind in the crusade against darkness."** Fifteen years later, Lions in Michigan founded what is now known as Leader Dogs for the Blind. **Together, we improve the quality of life for people who are blind or low vision by empowering them with lifelong skills for safe and independent daily travel.** This month, we celebrate another year of partnership with Lions across North America. **Thank you for serving as a Knight of the Blind!**

### Community Connections with the Prescott Sunrise Lions Club

The Prescott Sunrise Lions have been serving the community of Prescott, Arizona since 1961. **They credit the generosity of their community with enabling them to be a Top Dog Club supporting Leader Dog.** Community members use the Arizona Tax Credit Program, which allows Arizonans to donate their state tax payment to a designated charity. At their recent Lions Conference, the President and CEO of the Prescott Chamber of Commerce, Sheri Heiney, even brought the service dog she is currently raising. Thank you, Prescott Sunrise Lions, for your unwavering support of our mission.



**Want to learn more about how you can activate your community to support those who are low vision?**

Email the Lions Team at [LionsSupport@leaderdog.org](mailto:LionsSupport@leaderdog.org) and your Lions Team Member will connect with you. We are Knights of the Blind, and together we can empower your community to create opportunities for independence.





SPECIAL OLYMPICS  
**USA GAMES**  
MINNESOTA 2026

**2026**  
**Coming to**  
**MINNESOTA**  
**JUNE**  
**20-26**



**Multiple District 5M**  
proudly announces...

**PLATINUM SPONSORSHIP!**



**Lions Clubs International**  
**FOUNDATION**

**Your donations designated to  
Special Olympics USA Games  
Minnesota to LCIF will help make  
our \$250,000 grant possible!**

**Family Night!**  
For athletes &  
their families

**Opening Eyes®**  
(Vision Screening)

### **ALL BALLS**

*Separate Sponsorships will be  
available for (Sensory) All-Balls are  
for each participating athlete.*

*Sponsorship information will be coming  
in the District Newsletters and Multiple  
District Website soon.*

Scan this code  
for more about  
All Balls





Buffalo Lake Lions Club  
Oakdale Golf Club  
Lake Allie/Lake Preston Assn

Sunday ~ June 22, 2025

9 Hole ~ 4 Person Scramble

Registration Begins ~ 2pm

Shotgun Start ~ 3pm

Supper Served ~ 5-7pm

Proceeds from this fundraiser will be used to purchase an outdoor AED Smart Cabinet, emergency defibrillator system, that will be MN weather proof. It will be placed on Co Rd 38, golf course side at Lake Allie. There will also be a silent auction, supper and raffle drawing.

**Location:** Oakdale Golf Club, 55106 County Road 38, Buffalo Lake, MN 55314

**Sign-up Form:** Please check your participation and return by June 8<sup>th</sup>

\_\_\_\_\_ Team Golf - 4 players (\$260 / \$65 each)..... \_\_\_\_\_

    \*\*Includes two carts (if needed), range balls, supper

\_\_\_\_\_ 1 Mulligan per player, 3' String, 4 Drink Tickets (\$50)..... \_\_\_\_\_

    \*\*This package is per team

    \*\*Mulligan – a redo

    \*\*String – if you are within 3' of the hole, you will not have to putt, counts as one stroke

\_\_\_\_\_ Tournament Sponsor (\$150)..... \_\_\_\_\_

    \*\*Please send your logo to jzanoth@yahoo.com by June 8<sup>th</sup> or tell us how you would like your name listed: \_\_\_\_\_

\_\_\_\_\_ Supper Only Tickets (\$25)..... \_\_\_\_\_

    \*\*Serving from 5:00pm-7pm

\_\_\_\_\_ AED Smart Cabinet Project Donation..... \_\_\_\_\_

    Total – Please return by June 8<sup>th</sup> ..... \_\_\_\_\_

Donation/registration per above can be written and mailed to:

Buffalo Lake Lions Club

PO Box 5

Buffalo Lake, MN 55314



Team/Company Name: \_\_\_\_\_

Golf Participants and a contact phone number:

\*\*We will need (1 2 no ) golf carts. Please circle one.

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Silent Auction: Items can be dropped off at the Buffalo Range, Main Street, Buffalo Lake, and at Oakdale Golf Club during their regular business hours. Or, please contact Betty Werth at 320-510-2143 if you would like your donation picked up. Final call on the auction items will be Sunday, June 22<sup>nd</sup>, 6:15pm.

Raffle tickets for cash prizes (\$1000, \$500, \$300 x2) can be purchased from any Buffalo Lake Lions member, and at Oakdale Golf Club/Chip Shots Grill and Bar. Raffle drawing will take place at the Buffalo Range, 132 Main Street, Buffalo Lake on Saturday, June 21st, 2025 at 7pm.

Please send both pages to:  
Buffalo Lake Lions Club  
PO Box 5  
Buffalo Lake, MN 55314

Any questions, please contact:

Lion Susan Krumrey \* 320-295-8327 \* [susanreuberkrumrey@outlook.com](mailto:susanreuberkrumrey@outlook.com)  
Mike Knodel/Oakdale \* 320-484-2737 \* [mike@oakdalegolfclub.com](mailto:mike@oakdalegolfclub.com)  
Betty Werth/Lake Allie-Lake Preston Assn \* 320-510-2143 \* [betzmn@gmail.com](mailto:betzmn@gmail.com)



**Lions International**

2024-2025

## CLUB EXCELLENCE AND 5 STAR EXCELLENCE AWARD APPLICATION

This application features criteria for the Club Excellence Award and 5 Star Excellence Award. As you go through the application, please check all qualification boxes that your club has met. At the end of the application are criteria for the 5 Star Excellence Award. Your club will be awarded either the Club Excellence Award or the 5 Star Excellence Award.

Club name: \_\_\_\_\_ Club number: \_\_\_\_\_ District: \_\_\_\_\_

2024-2025 club president name: \_\_\_\_\_

Member number: \_\_\_\_\_ Email address: \_\_\_\_\_

### 1. MEMBERSHIP

☐ Achieved a net growth of two (2) members or 10% or more members (whichever is greater) **or** ☐ Chartered a new Lions club.

Name of Lions club: \_\_\_\_\_

### 2. SERVICE

☐ Started a new service project. *Consider one of our global causes!* Explain: \_\_\_\_\_

☐ List three service activities your club participated in that were reported to Lions International:

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

### 3. LCIF

☐ Contributed to LCIF an amount greater than or equal to the club's membership total multiplied by US\$10.

Year-end membership count \_\_\_\_\_ x US\$10 = \_\_\_\_\_

### 4. LEADERSHIP AND ORGANIZATIONAL EXCELLENCE

☐ Club is in Good Standing: Not in Status Quo or Financial Suspension. District dues paid and no unpaid balance with Lions International greater than US\$50 outstanding 90 days or more.

☐ Reported club officers to Lions International.

☐ Key officers participate in club officer training.

☐ District

☐ Webinars

☐ Multiple district

☐ Lions Learning Center

☐ International





#### 5. MARKETING

- ☐ The club has publicized its service activities through local media or social media.

Provide a link to where they were publicized: \_\_\_\_\_

Learn more about [promoting your club and activities](#), and learn about the Marketing Award.

#### DOES YOUR CLUB QUALIFY FOR THE 5 STAR EXCELLENCE AWARD?

- ☐ Achieved the Club Excellence Award.
- ☐ Membership increase of 20% (minimum of five (5) members for small clubs).
- ☐ Minimum donations of US\$20 per member or US\$1,000 (whichever is less).
- ☐ Annual service and membership report submitted.

2024-2025 district governor signature\*: \_\_\_\_\_

District: \_\_\_\_\_

District governor member number: \_\_\_\_\_

Date: \_\_\_\_\_

*\*If sent from district governor's registered email, it qualifies as signature on applications submitted electronically.*

**Due by:** August 31, 2025

**Send to:** [clubexcellenceaward@lionsclubs.org](mailto:clubexcellenceaward@lionsclubs.org)

**Awards mailed to:** 2025-2026 district governors

Request to review award eligibility from a disqualified club will be considered only if received at Lions International Headquarters within 12 months after completion of the Lion year, provided that the original application form is already filed at Lions International.



**Lions International**

**District and Clubs Administration**

Lions International

300 W. 22nd St.

Oak Brook IL 60523-8842 USA

[www.lionsclubs.org](http://www.lionsclubs.org)

DA-CEA 4/2024 EN



# Ways to Give



Lions Clubs International  
**FOUNDATION**

## Donate online

[lionsclubs.org/WaysToGive](https://lionsclubs.org/WaysToGive)



## Make a Pledge

[lionsclubs.jotform.com/90524105483149](https://lionsclubs.jotform.com/90524105483149)

## Mail

Mail USD checks drawn from a U.S. Bank  
and payable to LCIF to:

Lions Clubs International Foundation  
Department 4547  
Carol Stream, IL 60122-4547 USA

*Visit [lionsclubs.org/WaysToGive](https://lionsclubs.org/WaysToGive) for mailing checks in Canada and India*

## Wire transfer

JPMorgan Chase Bank, N.A.  
ABA Routing Number: 021000021  
10 S. Dearborn St.  
Account Name: Lions Clubs International Foundation  
Chicago, IL 60603 USA  
Account Number: 754487312  
Swift International Banking number: CHASUS33

Email a copy of your receipt or transfer form – along  
with your name, Member ID, club name, and district  
name – to [donorassistance@lionsclubs.org](mailto:donorassistance@lionsclubs.org).

If requesting recognition for someone else, please  
include the recipient's name, Member ID, club name,  
and district name.

## Contact Donor Services

For assistance, contact Donor Services at +1.630.203.3836 or [donorassistance@lionsclubs.org](mailto:donorassistance@lionsclubs.org).





## *Thank you for your support of LCIF*

The end of our Lions year is quickly approaching, and we have so much to be thankful for. Together we are making a big difference in people's lives. The hurricanes and flooding that affected Southeastern US states last year, the California fires from earlier this year, the flooding around Mankato and northern MN in 2024 and the Forada tornado in our district three years ago are vivid in our memories. I'm also confident Lions and LCIF will be responding to the deadly tornadoes that occurred in Kentucky and Missouri recently. Meanwhile we are also supporting the fight against Childhood Cancer, Vision and hearing loss, diabetes, hunger and supporting disaster preparedness, Lions Quest, Leos and other leadership building and humanitarian causes. As the US Special Olympics approaches in 2026 our multiple district has pledged \$250,000 which will flow through LCIF from designated donations from Lions members within our multiple. Please encourage your clubs and individuals to continue giving and utilizing LCIF resources to the fullest. I will summarize some of my main points below:

\$319,215. That's the total of 17 grants our district 5M4 has received dating back to 1997. \$263,015 of this has been received during the past ten years. Two grants, for an additional \$300,000, are being applied for at this time. One is a \$150,000 Matching Hunger Grant for a new greenhouse in Ashby and the second is a \$150,000 Matching Grant for an inclusive autism-friendly playground in Buffalo Lake.

\$43,211 is our primary LCIF donation goal given to our district for this Lions year ending as of June 30, 2025. That is calculated at \$30/member. Last year we raised \$63,078 (\$43/member) and based on what was raised last year, I had set a goal of \$65,000. Please help us get to at least \$43,211. LCIF encourages clubs, districts and multiple districts to apply for grants. That is one of the ways Lions can increase our impact within our communities. In order to keep "the bucket full" and to provide for future grants, LCIF depends on clubs and individuals to give generously. 100% of donations goes towards the intended causes and programs, not to administrative expenses. As of the end of April our district has given \$37,032.85. \$2,600 from LCIF Gala and \$1,500 from our district cabinet meeting are not included in this amount. With those included, we are currently about \$2,100 short of our primary goal. Nine clubs have given \$5 or less to LCIF this Lions year. I understand everyone has to prioritize where to invest our hard-earned dollars. Please give some to LCIF. You are empowering other Lions to make an impact.

Please consider bestowing a Melvin Jones Fellowship or a Progressive Melvin Jones Fellowship to a deserving individual within your club or community. A number of clubs and individuals have built up sufficient credits to bestow one or more MJF's. Ordering a MJF/ PMJF is simple to do. I can assist. Allow 4 to 6 weeks to receive the plaque and pin. Have an awards night annually. Recognizing members annually is one way to keep your club healthy and encourages members to do more. Once or twice a year, ask all members that are MJF's to stand up and applaud them. I ask each club to elect a Club LCIF Coordinator and for Club Secretaries to input their information along with other club officers on Lions Club International's website. The Club LCIF Coordinator responsibilities are not difficult. You will be helping to increase awareness of the wonderful things Lions and LCIF are doing together and resources LCIF offers.

The LCIF Tell-A-Thon is at 2 PM on June 1st. There are so many inspiring stories. Check it out for a little bit. Go to "LionsVirtual.org" and click on registering for the Tell-A-Thon.

To learn more about LCIF grants, resources and how to plan projects of any size; google "LCIFGrantsToolkit". That brings you to a Lions webpage with many resources. Check out "Guide to LCIF Grant Opportunities" and "Resources for Applicants" and under "Project Planning" click on "Service Launchpad". Give it a try. You can't goof it up.

As you make donations over the coming year, please designate some or all of your donation to "US Special Olympics- MN" so that it counts towards our Multiple District's \$250,000 pledge which will flow through and be given to the US Special Olympics that is coming to Minnesota in summer of 2026. You and your club will still receive credit.

In order for donation checks to be counted in our current Lions year, please mail by June 13th to Lions Clubs International Foundation, Dept 4547, Carol Stream IL, 60122-4547.

If after the 13th, mail directly to Lora Snow at the main office. Lions Clubs International Foundation, Attn: Lora Snow, 300 West 2nd Street, Oak Brook IL, 60523



Another option is to donate online prior to June 26th. Refer to the "Ways to Give" flyer on easy ways to do this.

I want to thank District Governor Jacque and District cabinet members for your unwavering support and leadership for our district. You've done a marvelous job, and I truly appreciate everything you've done for our district, for LCIF, other foundations, causes and for myself. Let's all lean into the last month of our year and accomplish as much as we can. Our community's health depends on us.

It has been my privilege to serve as your District LCIF Coordinator for the past three years. You have truly been an inspiration to me. Let's finish strong. Let me know how else I may assist you. Have a safe and blessed summer.

Sincerely,

Allan Ulbricht 320-267-4207 Allan.ulbricht@gmail.com



# IMPORTANT CONTACTS!



## Lions Club International Foundation

Chair: Lion Allan Ulbricht -- [allan.ulbricht@gmail.com](mailto:allan.ulbricht@gmail.com)



## MN Lions Vision Foundation

Lions Gift of Sight

Chairs: Lion Craig Schellberg -- [spicerlioncraig@gmail.com](mailto:spicerlioncraig@gmail.com)

PCC Rob Wiener -- [5m4lionrob@gmail.com](mailto:5m4lionrob@gmail.com)



## MD5M Hearing Foundation

Chairs: Lion Barry Erdahl -- [barry.erdahl@gmail.com](mailto:barry.erdahl@gmail.com)

PDG Bob Kulbeik -- [kulbeik@hotmail.com](mailto:kulbeik@hotmail.com)



## MN Lions Diabetes Foundation

Chair: Lion Lori Schellberg -- [lorischellberg@gmail.com](mailto:lorischellberg@gmail.com)



## MN Lions Childhood Cancer Foundation

Chairs: PDG Bob Knutson -- [lionbobbyk2017@gmail.com](mailto:lionbobbyk2017@gmail.com)

Lion Merlin Athmann -- [athmann.mer@gmail.com](mailto:athmann.mer@gmail.com)



## Leaderdog

Chair: Lion Mary Bolas -- [marybolas.mb@gmail.com](mailto:marybolas.mb@gmail.com)



## MD5M Kidsight Foundation

Chairs: Lion Sue Honken -- [shonken@frontiernet.net](mailto:shonken@frontiernet.net)

Lion Ron Honken -- [ronaldhonken1940@gmail.com](mailto:ronaldhonken1940@gmail.com)



## Can Do Canines

Chair: Lion Mike Beilke -- [mbeilke62@gmail.com](mailto:mbeilke62@gmail.com)



## Project New Hope

Chair: Lion Ron Buse -- [ronbuse06@gctel.com](mailto:ronbuse06@gctel.com)



## Special Olympics MN

Chair: Lion Dianna Nelson -- [diannanelson@mainstreetcom.com](mailto:diannanelson@mainstreetcom.com)



## TE.A.M. Sheehan Foundation

Chair: PIP Brian Sheehan -- [bsheehan@rccbi.com](mailto:bsheehan@rccbi.com)

Treas. PDG Marty Athmann [athmannmarty@hotmail.com](mailto:athmannmarty@hotmail.com)



## MN Lions Mission Foundation – Brand New

## Foundation Awards:

- ★ LCIF – Melvin Jones Fellowship
- ★ MN Lions Vision Foundation – Hellen Keller Award
- ★ MD5M Hearing Foundation – Hearing Research Fellowship
- ★ MN Lions Diabetes Foundation – Dreamcatcher Award
- ★ MN Lions Childhood Cancer Foundation – Believe Award
- ★ MD5M Kidsight Foundation – Sight Saver Award
- ★ Can Do Canines – Top Dog Award
- ★ TE.A.M. Sheehan Foundation – Lapel Pin & Foundation Medal

## MD5M Multiple District Awards:

- ★ Hall of Fame Award
- ★ Al Jensen Award
- ★ Int'l Presidents Leadership Award
- ★ Int'l Presidents Presidential Award

## District Awards:

- ★ Club Excellence Award
- ★ Heart of A Lion Award
- ★ Be Kind Award

## Grant Applications:

- ★ TE.A.M. Sheehan Foundation
- ★ LCIF website



People

Guide Dog Nonprofit 'Urgently Needs' Volunteer Puppy Raisers for 70 Adorable Pups

**Leader Dogs for the Blind is in desperate need of puppy raisers! Puppies are available and waiting right now. Imagine a Leader Dog puppy in your home! It's a one-year commitment, we provide the training curriculum, and you will get guidance from your puppy counselor. It's the best thing you'll ever do! Contact PDG Sue Kulbeik for more info. [kulbeik@gmail.com](mailto:kulbeik@gmail.com)**





### 2024-2025 5M4 Cabinet Directory

District Governor	DG	Jacquelyn Heinen	320.249.6536	LIONHEINEN@GMAIL.COM
1st VDG	1VDG	Susan Krumrey	320.295.8327	susanreuberkrumrey@outlook.com
2nd VDG	2VDG	Jason Kerfeld	320.429.0794	kerfeld@mainstreetcom.com
IPDG	IPDG	Sue Kulbeik	605.949.0161	kulbeik@gmail.com
Cabinet Secretary	Lion	Kelsey Sommerville	320.295.8657	kelssommerville@gmail.com
Cabinet Treasurer	Lion	Denise Sundblad	320-766-3266	district5m4@outlook.com
Can Do Canines	Lion	Mike Beilke	320.761.9406	mbeilke62@gmail.com
Childhood Cancer	PDG	Bob Knutson	320-295-1757	lionbobbyk2017@gmail.com
Childhood Cancer	Lion	Merlin Athmann	320.522.1264	athmann.mer@gmail.com
Constitution & By-laws	PDG	Kellie Knudson	320-226-4156	lionkelli knudson@gmail.com
District Admin	PCC	Dennis Heinen	320.491.3996	heinende@centracare.com
Environment	Lion	Jeff Gunderson	320-815-3478	jeffwgund@gmail.com
GET	PDG	Dan Plowman	320.219.8814	mtdrplowman@hotmail.com
GLT	Lion	Mickie Rogal	218-731-9749	mickierogal@gmail.com
GMA	PDG	Marty Athmann	320-522-0856	athmannmarty@hotmail.com
GMT	PCC	Rob Wiener	320-241-7100	5M4Lionrob@gmail.com
GST	PCC	Dennis Heinen	320.491.3996	heinende@centracare.com
KidSight Foundation	Lion	Ron Honken	320-905-6282	ronaldhonken1940@gmail.com
KidSight Foundation	Lion	Susan Honken	320-905-2412	rshonken@frontiernet.net
LCI Advisor	PIP	Brian Sheehan	320-212-7330	bsheehan@rccbi.com
LCIF Chair	Lion	Allan Ulbricht	320.267.4207	allan.ulbricht@gmail.com
Leader Dog	Lion	Mary Bolas	320.815.0343	marybolas.mb@gmail.com
Leo Chair	Lion	Jamie Shoutz	320-699-0371	JSHOUTZ1@GMAIL.COM
Lions Alert	PDG	Marty Athmann	320-579-1357	athmannmarty@hotmail.com
Long Range Planning	PDG	Ron Branch	320-460-0135	branch@rea-alp.com
Midwinter Convention		M.Athmann S.Krumrey		
MN Diabetes Fndtn	Lion	Lori Schellberg	320.894.8643	lorischellberg@gmail.com
MN Diabetes Fndtn				
MN Hearing Fndtn	Lion	Barry Erdahl	320-349-1108	barry.erdahl@gmail.com
MN Hearing Fndtn	PDG	Bob Kulbeik	605.949.0136	kulbeik@hotmail.com
MN Vision Fndtn	Lion	Craig Schellberg	320.894.6843	spicerlioncraig@gmail.com
MN Vision Fndtn	PCC	Rob Wiener	320.241.7100	5M4lionrob@gmail.com
Newsletter	Lion	Anne O'Flynn	320-815-5790	anneo@runestone.net
Nominations	PDG	Jeff Swenson	218-770-1779	jfswens@runestone.net
PDG Advisor	PDG	Kellie Knudson	320-226-4156	lionkelli knudson@gmail.com
Project New Hope	Lion	Ron Buse	218-639-1114	ron.buse06@gctel.com
Protocol	PCC	Dennis Heinen	320.491.3996	heinende@centracare.com
Public Relations	IPDG	Sue Kulbeik	605.949.0161	kulbeik@gmail.com
Special Olympics	Lion	Dianna Nelson	320.766.7412	diannanelson@mainstreetcom.com
TEAM Sheehan Fndtn	PDG	Kent Beissel	320-352-3482	KJJBESSEL@mainstreetcom.com
Technology	PCC	Dennis Heinen	320.491.3996	heinende@centracare.com
Website	Lion	Posl Pat		patrickposl@gmail.com
Youth Exch/PPoster	Lion	Todd Fritsche	507-766-7528	dragon376381@yahoo.com
Zone 1 Chair	Lion	Paul Skorheim	320.491.5738	paulskorheim@gmail.com
Zone 2 Chair	Lion	Ed Bolas	320-304-0117	edmary1973@gmail.com
Zone 3 Chair	Lion	Linda Holland	320-760-2303	lindakholland5@gmail.com
Zone 4 Chair	Lion	Tom Moe	320-413-0247	tmoe@fedtel.net
Zone 5 Chair				
Zone 6 Chair	Lion	Richard Haugen	320.522.2115	richard.haugen@yahoo.com
Zone 7 Chair	Lion	Vickie Vogt	320.282.5016	vic56273@gmail.co,
Zone 8 Chair				