



# 5M4 Newsletter

"It's time to step up to the plate!"



## In this issue:

Page 2 - DGE Rob - 'Let's go team' Bird Island DINNER!

Page 3 - 2023 Registration!

Page 4 - 2023 Convention tidbits.  
1st Vice DGE Sue Kulbeik's column  
Montevideo events!

Page 5 - Leader Dog news

Page 6 - Project New Hope  
Hector Lions

Page 7 - Clara City Lions

Page 8 - Minnesota Lions  
Hearing Foundation

Page 9 - Childhood Cancer Founda-  
tion Believe Award Application

Page 10 - Lions Hearing Research  
Fellowship Application

Page 11 - Catch the Dream!

Page 12 - Honors Recipients

Page 13 - MONTREAL 2022!

Page 14 - Campaign 100 info

Page 15 - Northern Pride Forum  
cancelled.

Page 16 and 17 - D-Feet Walk  
information and registration

## Reach out for members!

The winter doldrums have hit me with a solid left hook! I'm so very tired of the cold windy weather and ready to move on into spring with warm temps and green grass! The only light at the end of my tunnel recently, is that college baseball has begun and with my subscription to ESPN+, I can sit in my chair and feel like it's almost springtime.

Karla and I just finished with the convention season with our last District convention this weekend in Marshall. We were able to attend 5M3's Saturday events and had a great time with the amazing Lions of Southwestern MN. We were able to attend all or parts of six different conventions in January and February. 5M10 has moved their convention to an online platform and will be held March 12. Then the Multiple convention will be held in Mankato on April 29-May 1st.

Once again, I cannot thank everyone enough for the support of our Mid-Winter Convention this year. It was more than I could have hoped for. If you saw any videos from Sunday's Brunch, it even caused me to do cartwheels over the turnout! I saw a Facebook post shortly afterward that said "Did a cartwheel the other day, Thinking it was like riding a bike. It's not!" I couldn't have found a better quote to sum up my lapse in judgement for the moment!!

I was reviewing my goals that I set at the beginning of the year and there is still some work to do to make those a reality.

My Membership goal was to have every club finish a +1 for the year which would mean a District total of +54. At the time of my writing this we are a -20 as a District. Which is an improvement over the last week because we were a -29 when I last checked. Please keep reaching out to potential new members and don't be afraid to reach out if you need help/ideas for attracting members.

Another goal was to have every club donate to LCIF. As of this week only 17 clubs have not donated so we are well of our way to accomplishing that goal!!! Thank you in advance for the help with this.

As we turn the calendar towards warmer weather and longer days, I can't wait to see and hear all of the great things our District is doing. With Lion Brian taking over the Presidency this summer, this is such an exciting time to be a Lion. My hope is we can all get infected with the energy that Brian brings every day, and that we can continue to do all of the wonderful things that our communities are so deserving of.

KEEP SERVING!! DG Marty

"The difference between possible and impossible lies in your determination.  
Don't save your best for tomorrow, tomorrow it might rain" - Tommy Lasorda



**Lion Karla Athman and  
DG Lion Marty Athman**





## 'Let's go team!'

We are in the seventh inning. It is time to go all in. Dg Marty has a few goals we have not met yet. We are behind on membership. ASK ASK ASK. it never hurts to ask one more time. Invite friends, family, spouses to join your clubs. You may even want to ask your employer to join you.

LCIF donations. This is something I feel every Lion should think about doing. This is our foundation. We ask LCFI to help us in the time of need. We should help them. I think anyway. it can be anything from \$5.00 to \$5,000,000.00. or any amount in between. If you have questions on how to give, just let Dg Marty or Lion Craig or Myself know. We will be glad to help you. You can give towards a Melvin Jones award. This money goes back to the community.

New club? You read that right, a new club. You may have a friend or family member in a different town that does not have a lions club. You can help them get one. Help them be part of the world's largest service organization. It is really easy to do all you have to do is let Dg Marty or DGE Rob, or FVDG Sue know. We will take care of the rest.

Like I said earlier, this is the time to give 111% to help Dg Marty and the district reach its goals. TEAM WORK (together everyone achieves more).

DGE 5M4

Lion Rob Wiener

320-241-7100

5m4lionrob@gmail.com



**1st VDG Lion Rob Wiener  
and Lion Jo Wiener**



**Bird Island Lions**  
**Sausage & Beef**  
**DINNER**

Adults \$15 • Children \$6  
 • 5 & Under Free

**Sunday, March 6th**  
**4:00-7:00 p.m.**

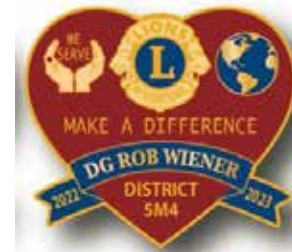
**OUR SAVIORS LUTHERAN CHURCH**  
**IN BIRD ISLAND**

*Proceeds will be used for*  
**St. Mary's & BOLD Schools**



# "Make A Difference"

Jan. 27 -29, 2023 Convention



## Registration Form

44<sup>th</sup> District 5M4

LIONS MIDWINTER CONVENTION

January 27, 28, 29, 2023 at Arrowwood Resort, Alexandria, MN

**PLEASE MAKE YOUR OWN HOTEL RESERVATIONS!**

Call Arrowwood Resort @ 320-762-1124

2100 Arrowwood Lane NW, Alexandria, MN 56308

## INDIVIDUAL & FAMILY REGISTRATION FORM

Name: \_\_\_\_\_ Club \_\_\_\_\_ Club Title \_\_\_\_\_ Lion \_\_\_\_\_ Lioness \_\_\_\_\_ Leo \_\_\_\_\_ Non-Member \_\_\_\_\_

Name: \_\_\_\_\_ Club \_\_\_\_\_ Club Title \_\_\_\_\_ Lion \_\_\_\_\_ Lioness \_\_\_\_\_ Leo \_\_\_\_\_ Non-Member \_\_\_\_\_

District or Other Title: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Guest Children: \_\_\_\_\_ Age: \_\_\_\_\_

Guest Children: \_\_\_\_\_ Age: \_\_\_\_\_

+++++

## Convention Package (includes all meals)

Regardless of postmark: Name on Card \_\_\_\_\_

(Credit card add 3% for card fee) Credit Card # \_\_\_\_\_ EXP Date \_\_\_\_\_

\_\_\_\_\_ @ \$50.00 (\$51.50) Children 12 & Under Security Code \_\_\_\_\_

\_\_\_\_\_ @ \$50.00 (\$51.50) LEOs

\_\_\_\_\_ @ \$ 50.00 (\$51.50) First Time Attendee (District 5M4 members only)

+++++

Postmarked 1/30/22 – 7/15/22 Name on Card \_\_\_\_\_

(Credit card add 3% for card fee) Credit Card # \_\_\_\_\_ EXP Date \_\_\_\_\_

\_\_\_\_\_ @ \$100.00 (\$103.00) Regular Attendees Security Code \_\_\_\_\_

+++++

Postmarked 7/16/22 – 12/15/22 Name on Card \_\_\_\_\_

(Credit card add 3% for card fee) Credit Card # \_\_\_\_\_ EXP Date \_\_\_\_\_

\_\_\_\_\_ @ \$115.00 (\$118.45) Regular Attendees Security Code \_\_\_\_\_

+++++

Postmarked 12/16/22 – 1/10/22 Name on Card \_\_\_\_\_

(Credit card add 3% for card fee) Credit Card # \_\_\_\_\_ EXP Date \_\_\_\_\_

\_\_\_\_\_ @ \$135.00 (\$139.05) Regular Attendees Security Code \_\_\_\_\_

-----

**PLEASE CHOOSE YOUR BANQUET MEAL:** Beef \_\_\_\_\_ Fish \_\_\_\_\_ Vegetarian \_\_\_\_\_ (How many for each selection)

Any Special Dietary Needs? \_\_\_\_\_

**Waterpark tickets \$10.00 per day per child (To be purchased after arrival.)**

Cancellations will be charged a \$20 fee. Cancellations after January 1, 2023 no refund will be made.

Make Checks payable to: District 5M4 Lions Mid-Winter Convention Fund

Send to: Cindy Fronning, 324 E. Hillside Ave. Fergus Falls, MN 56537

Contact Cindy Fronning for questions 651-324-8415 or email cindy@nadona.org



"It's time to step up to the plate!"



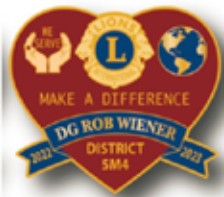
## THANK YOU!

First of all, let me say thank you. Thank you to the leadership of our District for offering me the opportunity to serve as 1st VDG. Thank you to the membership for their confidence in me to serve well. Thank you to my Partner in Service, PDG Bob, for supporting me in this journey. I am currently working on getting some Zone Meetings organized. We will be offering several throughout the district to bring important information to the members. We will also be promoting several training opportunities that are fun and motivational. I would encourage you to attend the 5M Multiple Convention. I was recently the facilities in Mankato and believe me, they are terrific. Lastly, let me introduce, Olee! He is our latest puppy we are raising for Leader Dogs for the Blind. He is not enjoying winter while working on housebreaking! We are available for club visits if requested. Thank you again for your trust. Leadership is important to our District and our future. Maybe you should consider joining us!

1st Vice District Governor Elect,  
Lion Sue Kulbeik



## 2023 5M4 Mid-Winter Lions Convention Tidbits



Hi Everyone,

It's hard to believe that the 2022 5M4 Lions Convention is already over. It was a terrific convention! I believe that District Governor Marty hit it out of the ballpark with his speakers, decorations and entertainment. It was a great time and everyone seemed to enjoyed the event.

As we turn now and look forward, we see the next great convention on the horizon! District Govern Elect Rob and his team are already in the planning stages for the 2023 convention. Each month we will bring you more tidbits about the convention coming up.

The 2023 5M4 Mid-Winter Convention will be held in Alexandria at the Arrowwood Resort from Jan. 27 through January 29, 2023. The room blocks are already available so feel free to call and make your reservations. Water Park tickets will be available after check in for \$10.00 per child per day. The registration form is included in this newsletter. Note the registration fees as they increase over time. advantage of registering early to get the best deal.

That's it for now! More to follow in the coming months. Remember that we can all make a difference all that we do but especially through Lions. With all of us working toward common goals think of the impact we could make!

Until next month,  
Lion Cindy Froning  
2023 Convention Chair



## Montevideo KidSight!

Montevideo Lions, Ruth Speh, 1st VP Laura Grages & Dr. Jeff Anderson are roaring and ready to begin Kidsight screening!



## Lions Match Campaign Launches!

By Pearland Silverlake President Lion Fay Watson



September 2021 the Pearland Silverlake Lions Club (above) held their first "Helping Hounds, A benefit for Leader Dogs for the Blind" at Killen's Steakhouse in Pearland, Texas. Over 70 attendees and volunteers enjoyed a dog friendly evening on the Killen's Steakhouse Patio dedicated to helping raise money for this worthy cause.

The idea of a fundraiser just for Leader Dogs for the Blind was brought to our club by Lions Charise Berry and Sandy Cavazos. The pair decided our club could make an impact if we could donate enough to pay for one puppy to be purchased and trained to be a Leader Dog. The board thought the idea was great and planning began.

Sponsorships were created with names like Hair of the Dog and Best In Show ranging from \$250 to \$2500. There was a dog costume contest as well.

The event resulted in a \$20,000 donation to Leader Dogs for the Blind which will be used as a "Lions club donation match" mail campaign hitting club mailboxes early April.



IN EVERY LEADER DOG  
LIES THE HEART OF A LION.

A Leader Dog partner since 1939.



## A New Podcast Launches

Leader Dogs for the Blind presents Taking the Lead. A podcast where we will take a deep dive into the blindness community.

Our goal is to bring awareness of not only the blindness community but the free services we provide to those who are blind or visually impaired.

Meet one of your hosts of Taking the Lead. Timothy Cuneio was diagnosed with retinitis pigmentosa when he was 12 years old. Throughout his life he has continued to be proactive and never letting his visual impairment define him or hold him back.

Timothy, along with LDB staff, will lead you on a journey as we learn, laugh, and make a difference in people's lives.

Listen to Taking the Lead in your favorite apps like Amazon music, Spotify and Google Podcasts.



**BE OF SERVICE**

LeaderDog.org/Lions

FOLLOW THE LEADER   





"It's time to step up to the plate!"



Ron Buse (left) was the proud recipient of this award at the 2022 5M4 Convention.



January 25, 2018

#### ABOVE AND BEYOND AWARD FROM PROJECT NEW HOPE

The Above and Beyond Award is given by PNH to an individual or group for service to the veterans through PNH. This award has nothing to do with amount of money raised. One could chair a fundraiser and work their buns off and lose five dollars. They would be eligible for the award for the effort put in. A person has to be nominated and approved by the board for this award. The red background on the medal signifies the blood, both physical and emotional the Veteran and their families have shed. The Black, White, Black ribbon is the POW/MIA Colors. The little bar with the black, white, & black colors and the letters P N H on it can be worn in place of this large medal.

This Person has been helping with Project New Hope for a number of years. He has attended a number of retreats where he does Santa for the little kids. He gets the presents that Santa passes out and the gifts used at the meet and greet at the start of the retreat. He is always there when needed no matter the task. It is with great pleasure that we award this Above and Beyond award to Ron Buse. Congratulations

PDG Dale K. Johansen

*Dale K. Johansen*

Project New Hope Director of Outreach



The Hector Lions held their annual Flapjack Festival this past Sunday. They served 260 meals and had a great success!!





## Community in Clara City, Minnesota

I'm so proud of the ingenuity that came out of this club in my home district. It will make such a difference in the day-to-day lives for the members of the senior community. It's great to see everyone come together for a common cause. It makes me even more proud to be a Lion.

Thanks to a LCIF Matching grant, residents in International First Vice President Brian Sheehan's District 5M-4, Clara City, Minnesota, are feeling a revived sense of community. LCIF Matching grants involve identifying what a community needs most, and making it a reality. The US\$65,000 grant funded an accessible playground near the Clara City Care Center for assisted living. It includes wheelchair swings, spinners, and other accessible play structures.

The idea was born after Lion Laurie Dieken, President of the Clara City Lions Club, brought her grandson to visit her mother-in-law at Prairie Park Place, a senior residential community, and realized he had nowhere to play outside.

Dieken and her fellow Lions quickly went to work to meet that need. Between planning and fundraising, the project took three years to complete and brought the entire community together to help build the park because of their love for kids. The park has brought enjoyment to residents of all ages.

At the park, one family placed two picnic tables to be able to sit and watch their children as their elderly parents looked out of their window to watch the children play. The tables remain for others to enjoy the experience as much as they did. As the children play, residents can gather at these tables to visit with them, encouraging intergenerational friendships.

"That ongoing care, as part of the Lions legacy, warms the heart and the soul," Dieken said.



*Having a hard time finding new members?...maybe you should ask one of these?...*

your spouse  
your children  
your neighbor  
your brother  
your sister  
your best friend  
your mailman  
your garbage man  
your insurance agent  
your banker  
your car dealer  
your doctor  
your nurse  
your pastor  
your boyfriend  
your girlfriend  
your mother  
your father  
your cousin  
your past Lions members  
your business partner  
your barista  
your mayor  
your local store owners

*As you can see the options are limitless. Find one of the above or one of your own choices. Share the gift of Lionism today!!*

*Submitted by Jason Kerfeld*



"It's time to step up to the plate!"



### Kelley's Story

*(not her real name or photo)*

Born deaf in her left ear, little Kelley went through numerous tests to figure out the cause of her hearing loss. Because she appeared to be otherwise healthy, her doctors suspected a genetic or structural issue was to blame.

But when Kelley also showed signs of a delay in her gross motor development at 2 months of age, a special education teacher who works with infants with hearing loss wondered whether cytomegalovirus (CMV) was instead responsible.

CMV is a herpes virus that most women of child-bearing age have already acquired. Pregnant women who are infected with CMV rarely have symptoms, but rather their developing baby may be at risk for congenital (meaning from birth) CMV disease. [CMV Exposure in Pregnancy](#)

Kelley's pediatrician thought CMV was unlikely to have caused her hearing loss. But her parents pushed to have her tested. At 10 months, through retrospective testing of a blood sample given at birth, they learned Kelley had been born with CMV.

Together, the physician and Kelley's parents decided to put Kelley on a yearlong course of antiviral medication in hopes of preserving the hearing in her right ear and minimizing the wrath of CMV on her developing body.

So far, 4-year-old Kelley is meeting developmental milestones and will be monitored closely as she grows. With the help of weekly speech therapy and regular audiology visits, Kelley has amassed a substantial vocabulary and is working hard on articulation. She loves chasing her 5-year-old sister around the house, helping in the kitchen, and singing "Let It Go" (from the movie "Frozen") at the top of her lungs.

### Kelley gets on-going testing at the Lions Children's Hearing Clinic.

We would love to share stories about how the Minnesota Lions Hearing Foundation has helped both adults and children in your community, or someone you know. Send them to: [HearingPublicity@gmail.com](mailto:HearingPublicity@gmail.com)

For more information about cytomegalovirus, go to <https://kidshealth.org/en/parents/cytomegalovirus.html>





Mn Lions Childhood Cancer Foundation Inc.

**Believe Award  
Application**

Club Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

**Recipient:**

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

Please check:

\_\_\_\_\_ Memorial Donation \$1,000.00, given in memory of a deceased Lion or non-Lion.

\_\_\_\_\_ Cumulative Award - Accumulated gifts over time resulting in a \$1,000.00 donation.

Mail or Email Application to:

Lion Genia Sjerven  
14496 Geneva Ave N  
Hugo MN 55038  
[sjerven@gmail.com](mailto:sjerven@gmail.com)

Mail Award to: Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

## PUT YOUR EVENT ON THE 5M4 WEBSITE!

Please let us know if you'd like us to post your 5M4 club event.

Send to [patrickposl@gmail.com](mailto:patrickposl@gmail.com)



### Minnesota Lions Hearing Foundation Hearing Research Fellowship Application

The Hearing Research Fellowship Award can be presented to a club member, family member or member of the community by a local club on behalf of the MN Lions Hearing Foundation. For every \$1000 donated to the Hearing Foundation, a Club earns one recognition award. Please consult with your District Hearing Foundation Trustee to determine how many club credits your club has earned.

#### Please PRINT

Club Name: \_\_\_\_\_ District \_\_\_\_\_

Person submitting Application: \_\_\_\_\_

Address where to ship recognition: \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_ Phone \_\_\_\_\_

Contact email address: \_\_\_\_\_

#### RECIPIENT:

Name \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ Zip \_\_\_\_\_

Please Check Appropriate Fellowship:

\_\_\_\_\_ **Individual Fellowship** = gift totaling \$1000 made by individual, Lions Club, or Lions District to honor someone as a Lion Hearing Research Fellowship.

\_\_\_\_\_ **Memorial Fellowship** = gift totaling cumulative \$1000 given in memory of a deceased Lion or individual.

\_\_\_\_\_ **Cumulative Fellowship** = accumulated gifts over time resulting in \$1000 donation. Fellowship plaque awarded upon cumulative \$1000 donated.

\_\_\_\_\_ **Progressive Fellowship** = gift to honor an individual who has previously been awarded a Hearing Fellowship Award.

Amount of donation: \_\_\_\_\_ Check # \_\_\_\_\_ Date \_\_\_\_\_

Please send completed application to PDG Mike Vos, Foundation Treasurer for processing.

Check Payable to: **Minnesota Lions Hearing Foundation**

Payment to: PDG Mike Vos, Foundation Treasurer  
20472 371<sup>st</sup> Avenue, Green Isle, MN 55338

Please allow 30 days to process & ship award recognition

# Hearing Research Fellowship Application

This award can be awarded to a Lion, a community member or business or other organization the club chooses. The award helps with the ongoing hearing health research projects at the University of Minnesota.

This award can be given for every \$1,000 the club gives to our organization. Clubs can check with their trustees to find our their balance.





# *"Catch the Dream"*

## *...Life Without Diabetes!*

Minnesota Lions Diabetes Foundation  
**STRIDES for Diabetes Awareness**

**February, March & April 2022**

**Commit to 15 Miles of Physical Activity a Month**

2000 steps = 1 mile

**You Choose Your Activity**

**Be active on your own**

**Be a part of a team**

**Register at: [MNLionsDiabetes.org](http://MNLionsDiabetes.org)**

Registration opens January 25, 2022

\$25 Registration Fee

T-Shirts available



*Physical activity, and healthy food and beverage choices are key to preventing diabetes and improving health.*



Net Proceeds benefit  
Minnesota Lions Diabetes Foundation



"It's time to step up to the plate!"



### 2019-2021 Honors Recipients

The Melvin Jones Fellowship, Helen Keller Award, Hearing Research Fellowship, Dream Catcher Award, Sight Saver Award, and Lions Believe Award are given to individuals in recognition of humanitarian service, outstanding leadership, and personal commitment to the ideals of Lionism. To be able to honor an individual, a Lions club, Lions district, or individual must donate a total of \$1,000 (US) to the appropriate entity below. The 5M1-MD5M Hall of Fame and MD5M Al Jensen Award are presented through a nominating process.



#### The Melvin Jones Fellowship

Lions Clubs International Foundation (LCIF) is the grant-making arm of Lions Clubs International (LCI). The foundation's mission is to support the efforts of Lions clubs around the world in serving their local and global communities by funding humanitarian service projects. This fellowship is the highest honor that can be bestowed upon an individual by a club or district.

Richard Budenski .....	Cannon Falls Lions
Rick Buck .....	Goodhue Lions
Lu Ommen .....	Harmony Lions
Rollie Nannestad .....	Kasson-Mantorville Lions
Elden Swaley .....	Lewiston Lions
Michael Haider .....	Pine Island Lions
Dan Schmitz .....	Plainview Lions
Thomas Muller .....	Red Wing Lions
Lance Schuster .....	Rochester Morning Pride Lions
Sharon Moehnke .....	Stewartville Morning Lions
Robert Doerer .....	Winona Lions
Darrel Monson .....	Winona Rivertown Lions
Casey O'Brien .....	District 5M1 Lions
Charles Giles .....	Adams Lions
Julie Carlblom .....	Byron Lions
Michael Beckman .....	Houston Lions
Charles Benson .....	Houston Lions
Susan Peterson .....	Houston Lions
Mark Packard .....	Kasson-Mantorville Lions
Ron Weigel .....	Lake City Lions
Ralph Wells .....	Red Wing Lions
David Laechel .....	Rochester '76 Lions
Dudley Parsons .....	Rochester '76 Lions
Randall Haley .....	Rochester Host Lions
Cindy Bushman .....	Stewartville Morning Lions
Matthew Huggenvik .....	Stewartville Morning Lions
Clair Mrotek .....	Stewartville Morning Lions
Carol Mrotek .....	Stewartville Morning Lions
Sudharsan Iyengar .....	Winona Sunset Lions
Paul Schumacher .....	Winona Sunset Lions

### Experience the Beauty of Montréal

Explore the city while attending LCIcon — see our guided walking tours and post-convention attractions.

LEARN MORE

**MONTRÉAL 2022**  
104th Lions Clubs International Convention

#LCICON2022



June 24-28 | [lcon.lionsclubs.org](http://lcon.lionsclubs.org)

## Early pricing extended until March 31

As we look forward to our 104<sup>th</sup> Lions Clubs International Convention in Montréal, we realize that current international travel guidelines continue to change. In order to give all Lions and Leos a better opportunity to make their travel arrangements to the convention, we are extending the early discounted pricing deadline to **March 31, 2022**.

**Register by March 31, 2022, and pay the discounted US\$175 registration fee.**

We can't wait to see you in Montréal!





## LCIF = Our Lions Foundation - Donation Information

### Campaign 100 started July 1, 2018

- \* Our district 5M4 targeted is to do our part for this 3 year campaign matching with the 100 theme:
- > 100 percent participation
- > \$100 average per club member per year with personal and club donations going into the average
- \* Easy ways to donate are:
- > Go to web address: [lcif.org](http://lcif.org) and set up ACH bank account or credit card automatic giving
- > Go to [lcif.org](http://lcif.org) and donate with credit card

Mail with attached form to

Lions Club International Foundation, Dept 4547, Carol Stream, IL 60122-4547

or give to your president, secretary or treasurer

OR: Give or mail to: 5M4 Foundation District chair Craig Schellberg, 6233 97th Ave NE, Spicer, MN 56288. Phone/text: 320-894-6843 email: [spicerlioncraig@gmail.com](mailto:spicerlioncraig@gmail.com)

For technical help: Phone 630-203-3836 or email: [donorassistance@lionsclubs.org](mailto:donorassistance@lionsclubs.org)

### Please Detach this form and include with donation

Date: \_\_\_\_\_

Name: \_\_\_\_\_ Member # \_\_\_\_\_

Address with town: \_\_\_\_\_

Donate to: \_\_\_\_\_ Empowering Service = Area of Humanitarian greatest needs  
(pick one) \_\_\_\_\_ Disaster Relief  
\_\_\_\_\_ Half & half

Donation amount: \_\_\_\_\_ I plan to give this amount:  
(pick one)  
\_\_\_\_\_ One time  
\_\_\_\_\_ Monthly  
\_\_\_\_\_ Yearly

I would like to receive a recognition pin (minimum \$50 donation): yes \_\_\_ or no \_\_\_

**Thanks for giving to Campaign 100 for others in need!**





# CANCELLED



## Northern Pride Lions Forum

Dear MD5M Lions and friends,

Due to logistics associated with the ongoing COVID pandemic, the Northern Pride Lions Forum committee has made the difficult decision to cancel the 2022 Forum. We are in the process of scheduling a date for the 2024 Forum.

If you registered online for the Forum, a refund will be made through Eventbrite. If you sent a check and reservation via US mail, a refund check will be sent to you from the Forum treasurer. Information regarding cancelling hotel reservations will follow.

We regret any inconvenience or disappointment with the cancellation. We hope you will join us for the "Third Time's A Charm" Forum in 2024.

In service,

PCC Bob Jechorek

Chair, Northern Pride Lions Forum

**BOARD OF TRUSTEES**

Bill Kase & Bob Melin, 5M1  
 Marv Grimm & Vern Breamer, 5M2  
 Allen Struck & Steve Cattnatch, 5M3  
 Barry Erdhal & Bob Kulbeik, 5M4  
 Bob Jechorek & Kevin Walsh, 5M5  
 Marlene Haymen & Jeff Carnes, 5M6  
 Hal Hinchliffe & Jim Mulroy, 5M7  
 Mike Appel & Bob Harms, 5M8  
 Michele Plagman & Laurie Kommer, 5M9  
 Susan Balstad, 5M10  
 Jerry Amiot & Gladwin Lynne, 5M11

**OFFICERS**

Bob Jechorek, Chair  
 Mike & Sue Vos, Treasurers  
 Lori Steinemann & Dave Dominick  
 Executive Secretaries

**WEBSITE:**

[www.5mhf.org](http://www.5mhf.org)

**EMAIL:**

[sue@vosconstruction.com](mailto:sue@vosconstruction.com)

**REGISTRATION & PAYMENT INFO**

Checks payable to:  
**Minnesota Lions Hearing Foundation**

PDG Mike Vos, Treasurer  
 Minnesota Lions Hearing Foundation  
 20472 371<sup>st</sup> Avenue  
 Green Isle, MN 55338-2171

**Virtual Walk Date**  
**June 4<sup>th</sup>, 2022**

## DFEET WALK

### 2022 MN Lions Hearing Foundation Fundraiser

Dear Lions and Friends:

Your Minnesota Lions Hearing Foundation 2022 Walk to DFEET Hearing Loss is just around the corner, on June 4, 2022.

It is not too late to help those with hearing-related issues.

Please consider participating in our 2022 Walk at the Minnesota Landscape Arboretum and at Diamond Point Park in Bemidji, MN. If you or your club cannot participate at either site, you can take a walk at your local park, bring some club members together for a walk in a park, jump on your treadmill, or ride your bike.

#### Levels of Support (please check appropriate box)

- ☐ \$25
- ☐ \$35 includes walk t-shirt mailed to you.
- ☐ \$100
- ☐ \$250
- ☐ \$500
- ☐ \$1000 gets your Club name on back of the t-shirt
- ☐ Other \_\_\_\_\_

Children under 12 will receive a free walk shirt.

We challenge your club to create a team to help raise funds for this important event. Please complete your registration form and mail to PDG Mike Vos.

We hope you will support the Minnesota Lions Hearing Foundation to raise the much-needed funds to support our mission of research, education, and clinical support to the deaf and hard of hearing community.

With regards,

*PC Bob Jechorek*

Board Chair  
 Minnesota Lions Hearing Foundation  
[rpech@gmail.com](mailto:rpech@gmail.com)



## D-FEET WALK REGISTRATION FORM

Club Name \_\_\_\_\_ District \_\_\_\_\_

Contact Person (please print) \_\_\_\_\_

Address: \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone # \_\_\_\_\_ Email address: \_\_\_\_\_

Donation Amount: \$1000 \_\_\_\_\_ \$500 \_\_\_\_\_ \$250 \_\_\_\_\_ \$100 \_\_\_\_\_ \$50 \_\_\_\_\_ \$35 \_\_\_\_\_ \$25 \_\_\_\_\_

*Club Sponsorship at \$1000 level gets Club's name on the back of the t-shirt.*

Donation is on behalf of your club \_\_\_\_\_

Personal donation \_\_\_\_\_

*\$25 donation with no t-shirt.*

*\$35 donation includes a t-shirt. Registration form must be received by **May 10** to receive a t-shirt.*

Adult sizes: small \_\_\_\_\_ medium \_\_\_\_\_ large \_\_\_\_\_ XL \_\_\_\_\_ 2XL \_\_\_\_\_ 3XL \_\_\_\_\_ 4XL \_\_\_\_\_

Youth sizes: small \_\_\_\_\_ medium \_\_\_\_\_ large \_\_\_\_\_

Youth under the age of 12 will receive a free shirt.

Attending the Dfeet Walk at the Minnesota Landscape Arboretum \_\_\_\_\_

Attending the Dfeet Walk in Bemidji \_\_\_\_\_

Please send check and registration form to:

PDG Mike Vos, Treasurer  
Minnesota Lions Hearing Foundation  
20472 371<sup>st</sup> Avenue  
Green Isle, MN 55338-2172

Please make check payable:

Minnesota Lions Hearing Foundation