

# 5M4 Newsletter



## IN THIS ISSUE

- Page 2 - Note from DGE Susan ; LEO gathering,  
Zone Meeting dates
- Page 3 - Lions Hearing Foundation Annual Walk
- Page 4 - 1VDG Jason Kerfeld; Sauk Centre Polar Plunge
- Page 5 - LIONS SUCCESSFEST - two dates in May!
- Page 6 - Volunteers Needed: Litchfield Lions news
- Page 7 - State Fair volunteers needed; CanDo Canine event
- Page 8 - Leader Dog news
- Page 9 - Danube, Buffalo Lake, Raymond Lions news;  
District Secretary needed
- Page 10 - Morris Lions news, Lions Day at the UN
- Page 11 - Spicer Lions news
- Page 12 - Buffalo Lake Lions Golf Tournament reg.
- Page 13 - Buffalo Lake Lions Golf Tournament reg.
- Page 14 - LCIF Update; Special Olympics are coming!
- Page 15 - Race 4Every Kid event
- Page 16 - Club Excellence and 5 Star Club Award application
- Page 17 - " (Application continued)
- Page 18 - Foundation contacts/Grant info. and more!
- Page 19 - Cabinet member contact list

## ATTENTION CLUB MEMBERS:

Marketing grant materials were mailed in April to all club secretaries. Please ensure your club has received them and makes use of them in your community outreach efforts.

If your club has not received the materials, please contact me as soon as possible.

Thank you,  
DG Jacques Heinen

*Greetings fellow, Lions...*

### Wrapping Up the Year – Let's Finish Strong!

As we approach the end of the Lions year, there's still important work to be done.

#### Officer Reporting

Make sure your club's officers for the upcoming year are inducted and entered into the portal. Timely reporting ensures a smooth transition and keeps your club connected and supported.

#### Honoring the Officer's Oath

When your club officers accept their roles, they take on more than a title—they take an oath. This includes a commitment to participate in zone and district-level events to the best of their ability.

Active engagement beyond the club level strengthens our entire Lions network. By showing up, learning, and collaborating with others, we grow stronger, serve better, and lead with greater purpose. Encourage your officers to honor that commitment—they are vital to the success of your club and the district as a whole.

**Review Your Goals** Take a moment to revisit the goals your club set last July.

#### \*Membership

Have you reached your target? If not, it's not too late—consider launching a spring membership drive to bring in fresh energy and new ideas. Out of ideas? Ask our Membership Lead, contact Lion Rob Wiener for assistance.

#### \*LCIF Donations

Did your club meet its giving goals? If you're able, consider an additional donation, especially one directed toward the Special Olympics in support of the 2026 Games. LCIF remains vital—only through continued support of our foundation can we meet the growing needs in our communities. If you're unsure where your club stands with LCIF goals, giving totals, or available Melvin Jones Fellowship credits, Lion Allan Ulbricht would be happy to answer your questions and help guide your next steps.

#### \*Energize Your Service

Refresh your service projects with a renewed focus on community involvement. Then, tell your story—share your impact and let the public see how Lions serve. The excitement of service is contagious—let's keep the momentum going!

#### \*Leadership Opportunities

Encourage members to step into leadership roles within your club. At the district level, we're currently looking to fill:

2nd Vice District Governor (bi annual & on line learning, 4 multiple district and 4 district events, zone and club events to get to know Lions in the district)

Cabinet Secretary (attend and take notes for 4 cabinet meetings, assist DG with mailings as needed)

□ **What's** your passion in Lions? Whether its youth, vision, hunger, diabetes, childhood cancer, disaster relief, humanitarian efforts, or the environment—there's a place for you to make a difference—we're looking for team players to assist the chair, ready to bring their skills, time, and enthusiasm to the table.

**Officer Training: May 13 & 18** (see enclosed flyer for details)

If those dates don't work, please contact **Mickie Rogal** for one-on-one training. You can also complete training on your own at home through the **E-Learning** site at [Lionsclubs.org](http://Lionsclubs.org).

At both training sessions we will have a **Food Snack Pack** service project for you complete and bring back to your communities. So come ready to learn and serve!

Please consider how you or someone in your club might get involved. Remember—many hands make light work.

### Continue to Plant the Seed and Make Your Mark

*Let's end this year strong and set the stage for an even greater one ahead!*

*Yours in Service,*

*Ask One – Keep One, DG Jacques Heinen, [lionheinen@gmail.com](mailto:lionheinen@gmail.com)*

**5M4 Cabinet last meeting date: April 30, 2025.**



*PCC Dennis Heinen and DG Jacques Heinen*



## A note from Susan

### Happy Spring!

The weather is warming up, the snowbirds have returned home, our farmers are hard at work in the fields – it's a beautiful time of year in 5M4!! As we approach the final stretch of this Lions year, we hope your planning is in full swing to finish strong and set the stage for a successful year ahead! It's been a pleasure visiting with many of you at your club meetings and I look forward to continuing those in the months ahead. May is busy with Zone meetings and officer training. Please read further in this newsletter for dates and details. We hope to see you there!

I'm sure your Earth Day projects were meaningful and a great success for your communities. Have you reported your service yet? Reporting is a vital component of our mission to serve our communities and helps measure how many lives we have impacted. Have you posted your pictures to show the important things you do within your community? Sharing photos of your projects not only celebrates your accomplishments but they will highlight the meaningful contribution made by your club, giving your club the value it deserves. Doing service and publicizing it can also inspire others and may potentially help attract new members. If you have any questions on reporting your service projects, do not hesitate to reach out - our contact information is on the back page of this newsletter. We are here for you!

Now is a great time to revisit the Club Excellence Award! Let's finish this year strong! Please look at the criteria and submit your club's application. We want to recognize and celebrate your club!!

As you plan upcoming events, do not keep them a secret! Your fellow Lion neighbors and leadership team would love to support you! Be sure to include your event announcements in the newsletter or send us a direct invite! We cannot wait to see and celebrate the amazing service that is happening across our 5M4 communities!

Keep in touch, keep serving others! Together in service,

DGE Susan Krumrey  
320-295-8327



*DGE Susan Krumrey  
and Lion Brad Krumrey*

**MD5M Multiple  
Convention**

# Leo Gathering

**SATURDAY, APRIL 26, 2025**

**8:30am-5:30pm**

**Hilton Minneapolis- St. Paul Airport**  
**3800 American Blvd East**  
**Bloomington, MN 55425**

**Learning Sessions and Service Projects**

Registration required by  
Sunday, April 6, 2025

## ZONE MEETING DATES

**Zone 1** (Alexandria, Alexandria Champions, Carlos, Forada, Miltona, Osakis, Villard) will be holding their zone meeting at the Osakis Pub on Thursday, May 8th, starting at 6pm.

**Zone 3** (Benson, Glenwood, Hancock, Lowry, Morris) will be holding their zone meeting at Captains Bar & Grill in Glenwood on Tuesday, May 20th, starting at 6pm.

*All Lions members are invited  
to attend! Come for fellowship  
and fun, and learn what your  
neighbors are up to!*





# Minnesota Lions Hearing Foundation

**D-Feet Hearing Loss**

## 2025 ANNUAL WALK

**JUNE 7, 2025**

### Minnesota Landscape Arboretum Chaska, MN

Registration: 9am - 10am

Walk Starts: 10:15am

Lunch Begins: 11:15am

### Diamond Point Park Bemidji, M

Registration: 8:30am - 9:30am

Walk Starts: 9:45am

Lunch Begins: 11:30am

- **Entry Fee: \$25 (no t-shirt) or \$35 (includes t-shirt)**
- **Fee includes entry to arboretum/park, lunch, plus lots of activities and games!**
- **Kids under 12 are free!**
- **Fun for families of all ages!**
- **A chance to change a person's life through your registration donation.**
- **Register at: <https://secure.qgiv.com/event/2025-d-feet-hearing-loss/>**



Minnesota Landscape  
**ARBORETUM**



To learn more visit us at:  
[5mhf.org](http://5mhf.org) or at  
[facebook.com/5mhf.org](https://facebook.com/5mhf.org)



## It's May, time to grow!

*It is unbelievable to imagine that in 2 months our new Lions year will be upon us. How is your club doing with their goals? You still have time to act on those. By the time you are reading this newsletter we will have attended our Multiple Convention. The month of May will be busy as most of our zones will be hosting the last zone meetings of our Lions year. Also in May, Danube will be celebrating their 70th Year with a celebration planned for the 8th of May. There will be 2 chances for our continued success with Successfest training in Evansville on May 13th and in Willmar on May 18th (more details in this newsletter). I urge all local club officers to attend, even if you feel accomplished in your position already your perspective might be helpful to others within our district and it's a great way to connect with others within our district. Plus, we will have a food packing service project to accomplish, so many hands will be helpful with that as well.*

*How can we better ourselves and our clubs for the coming year? The one thing we have done in our club over the past few years was to reach out to other community groups when promoting events and projects. This can be other Lions Clubs or other Civic Clubs in your area. You'll be surprised by how wide your circle will become when this happens. With our commitment to Mission 1.5 this is a great way for us to connect with others in our area who can be intrigued by our lives of service. What has worked well for your clubs in its latest membership drive/ membership night...If your club hasn't done one lately, maybe right now would be a great time to start planning one so we can start our new Lion year out right! If you need some direction on some ideas on how to plan a "night" feel free to call me or our District GMT, PCC Rob Wiener.*

*I would also like to thank the Lions members who have stepped up in their local clubs in leadership positions. I also appreciate those who have stepped into the spots on the cabinet that we have requested over the past few months. It's really nice to know we have a team to count on when we need anything accomplished. We are still in need of a couple of spots to be filled and I am confident that someone who is reading this will consider looking into it and seeing if they too could fill a role within our 5M4 district. You might think you are not accomplished at public speaking or writing occasional newsletter articles, but look at me, neither am I!! You'll be fine, we are all family. I am looking forward to attending some of your club meetings this year and getting to know more of you. Please keep us posted with your club activities, looking forward to finishing the year strong and excited for the fun we are going to have "together".*

*Roar with you soon,  
IVDGE, 5M4, Sauk Centre Lions Club*



Lion Jason Kerfeld,  
IVDG District 5M4



## 'Cool School Polar Plunge' in Sauk Centre

Almost \$12,000.00 was raised for Special Olympics Minnesota and the Sauk Centre Schools for Inclusion, Positive Behaviors and Stop Bullying Programs. Sauk Centre Lions Rob Wiener, Jason Kerfeld And Mike Beilke did the Plunge. A group of Sauk Centre/ Melrose Golden Eagle Athletes & Coaches as well as Brandon Reller from the Sauk River Champion Lions did the Plunge, too. Special Olympic Athletes are in the bright green.







## 5M4 Lions Successfest 2025

All members are **WELCOME!**  
 Participation is strongly  
 encouraged for **ALL** current and  
 newly elected club officers.

A light supper will be provided.

District Update  
 President  
 Secretary  
 Treasurer

Please RSVP- text or e-mail by  
 May 10th!

GLT Mickie Rogal  
[mickierogal@gmail.com](mailto:mickierogal@gmail.com)  
 1-218-731-9749

Last minute attendance is welcome.



**Tuesday, May 13<sup>th</sup> 6-9 PM**  
**Evansville Senior Center**

**Sunday, May 18<sup>th</sup> 4-7 PM**  
**Willmar VFW**



**5M4 District Food Pack Service  
 Project will be held at this  
 event. Come and join in the fun.**  
**Funded by LCIF District  
 Outreach Grant.**



## *Lions... can you help with these events?*

- Two Special Olympic Competitions coming up in Alexandria that help is needed for
- Also the State Track and Field Competition and Swimming Competition will be held June 20-22, 2025 at the University of Minnesota .

- Help is needed at the Opening Eyes Screening which is sponsored by the Lions Club.

Athletes are encouraged to have their eyes tested by fellow Lions who are optometrist.

Registration and data volunteers needed to make this event happen

*Other help needed:*

- Competition volunteers are needed to record data, guide athletes, award athletes and other positions to make this event run smoothly

CONTACT: [diannanelson@mainstreetcom.com](mailto:diannanelson@mainstreetcom.com)

The MD5M is hosting Kidsight testing at the MN State Fair District 5M4 is asked to provide Lions to assist. Screening will be in the Education Building this year , Sunday, August 31st is our date you will receive complimentary tickets to the Fair and some mileage can be compensated. We had a great response from 5 M 4 Lions last year. Please checkout this sign up genius for dates and times if the 31st doesn't work for you, choose another date

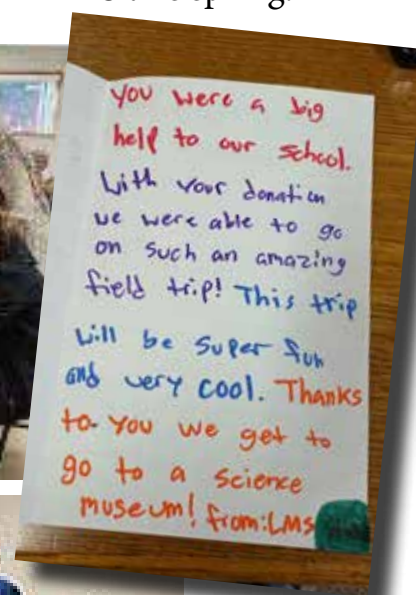
<https://www.signupgenius.com/go/5080D45ADAC2FA7F58-56251349-state#/>

Many thanks to the clubs who are out and about conducting screenings! If you have community events you want to screen at, let us know if you'd like sunglasses for the children.

CONTACT: [rshonken@frontiernet.net](mailto:rshonken@frontiernet.net)

## *Litchfield Lions raise \$2,300 & more!*

Litchfield, MN Lions Pancake/French Toast, Sausage Breakfast on Sunday April 6, 2025. The proceeds from a free-will offering netted 1300.00 and the money will be used to buy glasses for needy students at our Litchfield Public Schools. Also a thank you note from a 5th grade Litchfield Middle School Student thanking our club for our donation to help fund a trip to the Science Museum in MPLS this spring.





## **VOLUNTEERS** **NEEDED:**

## **MN LIONS** **DIABETES** **FOUNDATION,** **INC**

*Minnesota  
Lions Vision,  
Hearing and  
Diabetes:  
2025 State Fair  
Booth  
Volunteering*

Thanks for your  
support of your  
Diabetes  
Foundation.  
More information  
at our website:  
[mnlionsdiabetes.org](http://mnlionsdiabetes.org)

5M4 trustee, Lion  
Lori Schellberg  
320.894.8643  
[lorischellberg@  
gmail.com](mailto:lorischellberg@gmail.com)

### **Can Do Canines to Host Open House May 17**

Can Do Canines invites you to attend an open house on Saturday, May 17, from noon to 2 p.m., at its Can Do Canines campus (9440 Science Center Drive, New Hope, Minnesota). Potential volunteers, clients, or anyone who might be interested in supporting the organization can join us to learn how an assistance dog changes the life of a person with a disability.

Through a self-guided tour, attendees will be able to watch a trainer working with an assistance dog, hear from a volunteer dog host, talk with staff members from the volunteer department, pose questions to client services coordinators about the application process, and meet graduate teams from five types of areas Can Do Canines trains dogs: hearing, mobility, seizure, diabetes, and childhood autism.

There is no pre-registration for this event, though attendees will be asked to share some contact information when arriving.

To request a sign language interpreter for the Open House, please contact Laurie at [lcarlson@candocanines.org](mailto:lcarlson@candocanines.org) or 763-331-3000 at least two weeks in advance. We'll do our best to accommodate late requests, but availability is not guaranteed.

More information about Can Do Canines is at [CanDoCanines.org](http://CanDoCanines.org).





MAY 2025

## LEADING THE WAY

Leader Dogs for the Blind - Lions Newsletter



In June 1925, Helen Keller ascended the stage at the Lions Clubs International Convention. As a woman who was both deaf and blind, she described a mission to "make the lives of the blind more worthwhile everywhere." She shared her experiences and challenged Lions to become **"Knights of the Blind in the crusade against darkness."** This challenge lit a fire in the hearts and minds of Lions everywhere. Lions created jobs, clubs and camps for adults and children who were blind and were even pivotal in establishing white canes as a universally recognized tool for the blind.



**In 1938, Lions founded Leader Dogs for the Blind, led by PIP S.A. Dodge, PDG Charles Nutting, and PDG Donald Schurr.** Their motivation was Dr. Glenn Wheeler, a fellow Lion whose attempts to be accepted by another guide dog organization proved unsuccessful. A few years ago, Dr. Wheeler's daughter, granddaughter, and great-granddaughter visited the Leader Dog campus. They spoke about Dr. Wheeler's gratitude and pride. **He regained his independence thanks to his Leader Dog, impacting their family for generations.**

Today, 100 years since Helen Keller's momentous speech and 85 years since Leader Dogs for the Blind was founded, Lions remain dedicated ambassadors and loyal supporters of our mission. **Together, we improve the quality of life for people who are blind by empowering them with lifelong skills for safe and independent daily travel.** Each June, we celebrate Helen Keller Day and another year of partnership between Lions and Leader Dog. **Join our celebration this year with a service project in support of Leader Dog or with a symbolic puppy sponsorship** (QR code below). Bobbi Jo, Kiva, and Roland are each raised by Lions and will be in for training soon.



"When I go out, I'm a lot more open to exploring than I ever was before. I walk a lot more. **I can set my own pace.**"

- Cheryl, Orientation & Mobility Client







### Danube Lions

celebrating 70 years since we became a Chartered Club.

Thursday, May 8, 2025

6:30 pm

Danube Community Center

407 Main St

Danube MN

All are invited

Please RSVP at 320-826-2236, by April 15, 2025 if you plan to attend.

Cost: \$15

2 Meat buffet, Mashed Potatoes

Carrots, Coleslaw,

Carrot Cake and Beverage

If gluten free, please let us know when you RSVP



## Raymond Lions donate

The Raymond Lions club donated \$1,000 to the Kandiyohi County Food Shelf during the March Radio for Relief fundraiser.

## Opportunity to Serve - District Secretary needed!

*District 5M4 is seeking a dedicated individual who's eager to learn more about how our district operates, has an interest in leadership, and is willing to serve as our 5M4 District Secretary.*

*This role involves attending and taking minutes at four district meetings per year (one of them at the Mid-Winter convention), and at the annual business meeting at the Mid-Winter Convention as well. In addition, you will maintain an up-to-date email list of all club Secretaries and/or Presidents within 5M4 to help facilitate communication on behalf of the District Governor and/or cabinet members. Strong communication skills are key, as you'll serve as a point of contact for our zone chairs and club members. You'll be responsible for responding to inquiries or directing them to the appropriate person to ensure timely follow-up and support of all 5M4 members. If this sounds like a role you would enjoy, or if you are simply interested in learning more, we encourage you to reach out to DG Jacques Heinen at lion-heinen@gmail.com, or DGE Susan Krumrey at susanreuberkrumrey@outlook.com. We invite you to our upcoming cabinet meeting to see firsthand what this role entails. Duties for this position will start July 1st for the 2025-2026 Lions year. We Serve, Together!!*

## Mark Your Calendars!

Everyone is invited to participate in our  
Golf Tournament @ Oakdale Golf Course  
Sunday, June 22<sup>nd</sup>, 2025

This is a fundraiser to purchase an outdoor  
AED Smart Cabinet, emergency defibrillator  
system. It will be placed on Co Rd 38, golf  
course side at Lake Allie.

Golf tournament, silent auction, supper – we  
hope to see you there!

More information will be coming out soon!

Sponsored by the Buffalo Lake Lions Club, working together with Oakdale Golf Course  
and the Lake Allie Association.

Lions – We Serve, Together







## *Morris Lions serve*

Morris Lions held their annual Pancake Breakfast on April 5 at Morris Eagles. We served blueberry and plain pancakes and sausages with juice, milk, coffee. All proceeds went to SWELL for improvements. Raised \$2,340 plus other donations for a total of \$3,300.



**LIONS**  
DAY WITH THE UN



## *Lions Day at the United Nations*

Lion Jim Braaten (Carlos Lions), PDG Tracy, CC Judy and PDG Eileen attended Lions Day at United Nations in New York City.





Spicer Sunrise Lions recently donated \$1,000 to our local Habitat for Humanity



The local high school NLS Toolcats robotics team came to our March meeting and demonstrated their robot. They are heading to competitions including the World at Houston Texas in April.

*Spicer  
Lions are  
very, very  
busy!*



Two newly installed Lions at Spicer Sunrise recently Left to right: President Lion Greg, sponsor Lion Daryl, New Lion Sarah, New Lion Patrick and his sponsor Lion Kim



Spicer Lions recent ditch cleaning in Spicer.



Buffalo Lake Lions Club  
Oakdale Golf Club  
Lake Allie/Lake Preston Assn

Sunday ~ June 22, 2025

9 Hole ~ 4 Person Scramble

Registration Begins ~ 2pm

Shotgun Start ~ 3pm

Supper Served ~ 5-7pm

Proceeds from this fundraiser will be used to purchase an outdoor AED Smart Cabinet, emergency defibrillator system, that will be MN weather proof. It will be placed on Co Rd 38, golf course side at Lake Allie. There will also be a silent auction, supper and raffle drawing.

**Location:** Oakdale Golf Club, 55106 County Road 38, Buffalo Lake, MN 55314

**Sign-up Form:** Please check your participation and return by June 8<sup>th</sup>

\_\_\_\_\_ Team Golf - 4 players (\$260 / \$65 each)..... \_\_\_\_\_

    \*\*Includes two carts (if needed), range balls, supper

\_\_\_\_\_ 1 Mulligan per player, 3' String, 4 Drink Tickets (\$50)..... \_\_\_\_\_

    \*\*This package is per team

    \*\*Mulligan – a redo

    \*\*String – if you are within 3' of the hole, you will not have to putt, counts as one stroke

\_\_\_\_\_ Tournament Sponsor (\$150)..... \_\_\_\_\_

    \*\*Please send your logo to jzanoth@yahoo.com by June 8<sup>th</sup> or tell us how you would like your name listed: \_\_\_\_\_

\_\_\_\_\_ Supper Only Tickets (\$25)..... \_\_\_\_\_

    \*\*Serving from 5:00pm-7pm

\_\_\_\_\_ AED Smart Cabinet Project Donation..... \_\_\_\_\_

    Total – Please return by June 8<sup>th</sup> ..... \_\_\_\_\_

Donation/registration per above can be written and mailed to:

Buffalo Lake Lions Club

PO Box 5

Buffalo Lake, MN 55314



Team/Company Name: \_\_\_\_\_

Golf Participants and a contact phone number:

\*\*We will need (1 2 no ) golf carts. Please circle one.

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Silent Auction: Items can be dropped off at the Buffalo Range, Main Street, Buffalo Lake, and at Oakdale Golf Club during their regular business hours. Or, please contact Betty Werth at 320-510-2143 if you would like your donation picked up. Final call on the auction items will be Sunday, June 22<sup>nd</sup>, 6:15pm.

Raffle tickets for cash prizes (\$1000, \$500, \$300 x2) can be purchased from any Buffalo Lake Lions member, and at Oakdale Golf Club/Chip Shots Grill and Bar. Raffle drawing will take place at the Buffalo Range, 132 Main Street, Buffalo Lake on Saturday, June 21st, 2025 at 7pm.

Please send both pages to:  
Buffalo Lake Lions Club  
PO Box 5  
Buffalo Lake, MN 55314

Any questions, please contact:


Lion Susan Krumrey \* 320-295-8327 \* [susanreuberkrumrey@outlook.com](mailto:susanreuberkrumrey@outlook.com)  
Mike Knodel/Oakdale \* 320-484-2737 \* [mike@oakdalegolfclub.com](mailto:mike@oakdalegolfclub.com)  
Betty Werth/Lake Allie-Lake Preston Assn \* 320-510-2143 \* [betzmn@gmail.com](mailto:betzmn@gmail.com)



# LCIF news

The Lions year is going quickly. Only two months remain. Please help our district reach its LCIF goal. Please make a donation. Thank you to everyone that attended the LCIF Gala in St. Cloud. It was a wonderful success. It was inspiring to meet with and hear from Past International President Douglas Alexander as well as from several grant recipients. Together we are truly making an impact. Talking about impacts; the US Special Olympics is being held in Minneapolis in 2026. This costs money and our Multiple District has pledged to raise \$250,000, which will flow through LCIF. PCC Rob Wiener and PIP Brian are leading the charge on this. Please give to LCIF and instruct LCIF to designate your donation to US Special Olympics-MN; so that it counts towards the pledge. Rob or Brian can answer specific questions or let me know and I'll pass on to them. It's always a good time to present a Melvin Jones Fellowship to a deserving individual. If you'd like help with this or want to know if you have enough MJF credit built up to do so; please ask me. Thank you once again for your support for LCIF. Sincerely, Allan A. Ulbricht

Your donations to **LCIF** make a difference at home and in the world!



5M4 is proud of our contributions! Watch this chart to see how we are supporting the amazing work of Lions at home and around the world.

JULY 2024	\$295.00	
AUGUST 2024	\$1,335	YTD: \$1,630
SEPTEMBER 2024	\$3,215	YTD: \$4,845
OCTOBER 2024	\$4,459	YTD: \$9,304
NOVEMBER 2024	\$1,755	YTD: \$11,059
DEC. 2024	\$1,405	YTD: \$12,464
JANUARY 2025	\$3,385	YTD: \$15,849
FEBRUARY 2025	\$16,165	YTD: \$32,014.50
MARCH 2025	\$2,128.35	YTD: \$34,142.85
APRIL 2025	\$	YTD: \$
MAY 2025	\$	YTD: \$
JUNE 2025	\$	YTD: \$

GOAL is \$65,000

By working together, we can meet our goal! THANK YOU!



2026  
Coming to  
MINNESOTA  
JUNE  
20-26



Multiple District 5M proudly announces...

PLATINUM SPONSORSHIP!



Lions Clubs International  
FOUNDATION

Your donations designated to Special Olympics USA Games Minnesota to LCIF will help make our \$250,000 grant possible!

Family Night!  
For athletes & their families

Opening Eyes®  
(Vision Screening)

ALL BALLS

Separate Sponsorships will be available for (Sensory) All-Balls are for each participating athlete.

Sponsorship information will be coming in the District Newsletters and Multiple District Website soon.

Scan this code for more about All Balls







[soles4souls.org](https://soles4souls.org)

## THE RACE 4EVERYKID 2025

A virtual run, walk, or bike benefiting children experiencing homelessness.

May 1 – 31, 2025

Millions of kids in the U.S. experience homelessness, a problem that has only grown worse in the wake of recent natural disasters. These children often lack basic necessities, including a good pair of shoes.

**Join the Race4EveryKid and become a champion for children overcoming homelessness.**

No child should have to feel embarrassed, discouraged, or left out simply because they lack something most of us take for granted.

At Soles4Souls, we're on a mission to provide new athletic shoes to every child experiencing homelessness in the U.S., so they can stay healthy and fully participate in school. Every kid deserves to feel the dignity and joy of a new pair of shoes.

**Every \$20 raised can provide a new pair of athletic shoes to a child experiencing homelessness.**

Register Today!



[soles4souls.org/therace4everykid](https://soles4souls.org/therace4everykid)



**It's super easy to make a difference.**

### 1 On your marks...

**Register** for the race as an individual or as part of a team. It's free to participate!

### 2 Get set...

Use your personal race page to **invite support** from your friends and family. All it takes is a few clicks.

### 3 Go!

**Raise funds** and log your miles. Your supporters donate right through your race page.

**SOLES4SOULS**

Visit us at [s4s.org](https://s4s.org)

Follow us [@Soles4Souls](https://www.instagram.com/soles4souls)





Lions International

2024-2025

## CLUB EXCELLENCE AND 5 STAR EXCELLENCE AWARD APPLICATION

This application features criteria for the Club Excellence Award and 5 Star Excellence Award. As you go through the application, please check all qualification boxes that your club has met. At the end of the application are criteria for the 5 Star Excellence Award. Your club will be awarded either the Club Excellence Award or the 5 Star Excellence Award.

Club name:
 
 Club number:
 
 District:

2024-2025 club president name:

Member number:
 
 Email address:

### 1. MEMBERSHIP

☐ Achieved a net growth of two (2) members or 10% or more members (whichever is greater)
 ☐ Chartered a new Lions club.

Name of Lions club:

### 2. SERVICE

☐ Started a new service project. *Consider one of our global causes!* Explain:

☐ List three service activities your club participated in that were reported to Lions International:

1.

2.

3.

### 3. LCIF

☐ Contributed to LCIF an amount greater than or equal to the club's membership total multiplied by US\$10.

Year-end membership count
 
 x US\$10 =

### 4. LEADERSHIP AND ORGANIZATIONAL EXCELLENCE

☐ Club is in Good Standing: Not in Status Quo or Financial Suspension. District dues paid and no unpaid balance with Lions International greater than US\$50 outstanding 90 days or more.

☐ Reported club officers to Lions International.

☐ Key officers participate in club officer training.
 

☐ District
 ☐ Webinars
 ☐ Multiple district
 ☐ Lions Learning Center
 ☐ International





5. MARKETING

- ☐ The club has publicized its service activities through local media or social media.

Provide a link to where they were publicized:

Learn more about [promoting your club and activities](#), and learn about the Marketing Award.

DOES YOUR CLUB QUALIFY FOR THE 5 STAR EXCELLENCE AWARD?

- ☐ Achieved the Club Excellence Award.
- ☐ Membership increase of 20% (minimum of five (5) members for small clubs).
- ☐ Minimum donations of US\$20 per member or US\$1,000 (whichever is less).
- ☐ Annual service and membership report submitted.

2024-2025 district governor signature\*:  District:

District governor member number:  Date:

*\*If sent from district governor's registered email, it qualifies as signature on applications submitted electronically.*

**Due by:** August 31, 2025

**Send to:** [clubexcellenceaward@lionsclubs.org](mailto:clubexcellenceaward@lionsclubs.org)

**Awards mailed to:** 2025-2026 district governors

Request to review award eligibility from a disqualified club will be considered only if received at Lions International Headquarters within 12 months after completion of the Lion year, provided that the original application form is already filed at Lions International.



**Lions International**

**District and Clubs Administration**

Lions International

300 W. 22nd St.

Oak Brook IL 60523-8842 USA

[www.lionsclubs.org](http://www.lionsclubs.org)

DA-CEA 4/2024 EN



# IMPORTANT CONTACTS!



## Lions Club International Foundation

Chair: Lion Allan Ulbricht -- [allan.ulbricht@gmail.com](mailto:allan.ulbricht@gmail.com)



## MN Lions Vision Foundation

## Lions Gift of Sight

Chairs: Lion Craig Schellberg -- [spicerlioncraig@gmail.com](mailto:spicerlioncraig@gmail.com)  
PCC Rob Wiener -- [5m4lionrob@gmail.com](mailto:5m4lionrob@gmail.com)



## MD5M Hearing Foundation

Chairs: Lion Barry Erdahl -- [barry.erdahl@gmail.com](mailto:barry.erdahl@gmail.com)  
PDG Bob Kulbeik -- [kulbeik@hotmail.com](mailto:kulbeik@hotmail.com)



## MN Lions Diabetes Foundation

Chair: Lion Lori Schellberg -- [lorischellberg@gmail.com](mailto:lorischellberg@gmail.com)



## MN Lions Childhood Cancer Foundation

Chairs: PDG Bob Knutson -- [lionbobbyk2017@gmail.com](mailto:lionbobbyk2017@gmail.com)  
Lion Merlin Athmann -- [athmann.mer@gmail.com](mailto:athmann.mer@gmail.com)



## Leaderdog

Chair: Lion Mary Bolas -- [marybolas.mb@gmail.com](mailto:marybolas.mb@gmail.com)



## MD5M Kidsight Foundation

Chairs: Lion Sue Honken -- [rshonken@frontiernet.net](mailto:rshonken@frontiernet.net)  
Lion Ron Honken -- [ronaldhonken1940@gmail.com](mailto:ronaldhonken1940@gmail.com)



## Can Do Canines

Chair: Lion Mike Beilke -- [mbeilke62@gmail.com](mailto:mbeilke62@gmail.com)



## Project New Hope

Chair: Lion Ron Buse -- [ron.buse06@gctel.com](mailto:ron.buse06@gctel.com)



## Special Olympics MN

Chair: Lion Dianna Nelson -- [diannanelson@mainstreetcom.com](mailto:diannanelson@mainstreetcom.com)



## TEAM. Sheehan Foundation

Chair: PIP Brian Sheehan -- [bsheehan@rccbi.com](mailto:bsheehan@rccbi.com)  
Treas. PDG Marty Athmann [athmannmarty@hotmail.com](mailto:athmannmarty@hotmail.com)



## MN Lions Mission Foundation – Brand New

## Foundation Awards:

- ★ LCIF – Melvin Jones Fellowship
- ★ MN Lions Vision Foundation – Hellen Keller Award
- ★ MD5M Hearing Foundation – Hearing Research Fellowship
- ★ MN Lions Diabetes Foundation – Dreamcatcher Award
- ★ MN Lions Childhood Cancer Foundation – Believe Award
- ★ MD5M Kidsight Foundation – Sight Saver Award
- ★ Can Do Canines – Top Dog Award
- ★ TEAM. Sheehan Foundation – Lapel Pin & Foundation Medal

## MD5M Multiple District Awards:

- ★ Hall of Fame Award
- ★ Al Jensen Award
- ★ Int'l Presidents Leadership Award
- ★ Int'l Presidents Presidential Award

## District Awards:

- ★ Club Excellence Award
- ★ Heart of A Lion Award
- ★ Be Kind Award

## Grant Applications:

- ★ TEAM. Sheehan Foundation
- ★ LCIF website



People

Guide Dog Nonprofit 'Urgently Needs' Volunteer Puppy Raisers for 70 Adorable Pups

**Leader Dogs for the Blind is in desperate need of puppy raisers! Puppies are available and waiting right now. Imagine a Leader Dog puppy in your home! It's a one-year commitment, we provide the training curriculum, and you will get guidance from your puppy counselor. It's the best thing you'll ever do! Contact PDG Sue Kulbeik for more info. [kulbeik@gmail.com](mailto:kulbeik@gmail.com)**





### 2024-2025 5M4 Cabinet Directory

District Governor	DG	Jacquelyn Heinen	320.249.6536	LIONHEINEN@GMAIL.COM
1st VDG	1VDG	Susan Krumrey	320.295.8327	susanreuberkrumrey@outlook.com
2nd VDG	2VDG	Jason Kerfeld	320.429.0794	kerfeld@mainstreetcom.com
IPDG	IPDG	Sue Kulbeik	605.949.0161	kulbeik@gmail.com
Cabinet Secretary	Lion	Kelsey Sommerville	320.295.8657	kelssommerville@gmail.com
Cabinet Treasurer	Lion	Denise Sundblad	320-766-3266	district5m4@outlook.com
Can Do Canines	Lion	Mike Beilke	320.761.9406	mbeilke62@gmail.com
Childhood Cancer	PDG	Bob Knutson	320-295-1757	lionbobbyk2017@gmail.com
Childhood Cancer	Lion	Merlin Athmann	320.522.1264	athmann.mer@gmail.com
Constitution & By-laws	PDG	Kellie Knudson	320-226-4156	lionkellieknudson@gmail.com
District Admin	PCC	Dennis Heinen	320.491.3996	heinende@centracare.com
Environment	Lion	Jeff Gunderson	320-815-3478	jeffwgund@gmail.com
GET	PDG	Dan Plowman	320.219.8814	mtdrplowman@hotmail.com
GLT	Lion	Mickie Rogal	218-731-9749	mickierogal@gmail.com
GMA	PDG	Marty Athmann	320-522-0856	athmannmarty@hotmail.com
GMT	PCC	Rob Wiener	320-241-7100	5M4Lionrob@gmail.com
GST	PCC	Dennis Heinen	320.491.3996	heinende@centracare.com
KidSight Foundation	Lion	Ron Honken	320-905-6282	ronaldhonken1940@gmail.com
KidSight Foundation	Lion	Susan Honken	320-905-2412	rshonken@frontiernet.net
LCI Advisor	PIP	Brian Sheehan	320-212-7330	bsheehan@rccbi.com
LCIF Chair	Lion	Allan Ulbricht	320.267.4207	allan.ulbricht@gmail.com
Leader Dog	Lion	Mary Bolas	320.815.0343	marybolas.mb@gmail.com
Leo Chair	Lion	Jamie Shoutz	320-699-0371	JSHOUTZ1@GMAIL.COM
Lions Alert	PDG	Marty Athmann	320-579-1357	athmannmarty@hotmail.com
Long Range Planning	PDG	Ron Branch	320-460-0135	branch@rea-alp.com
Midwinter Convention		M.Athmann S.Krumrey		
MN Diabetes Fndtn	Lion	Lori Schellberg	320.894.8643	lorischellberg@gmail.com
MN Diabetes Fndtn				
MN Hearing Fndtn	Lion	Barry Erdahl	320-349-1108	barry.erdahl@gmail.com
MN Hearing Fndtn	PDG	Bob Kulbeik	605.949.0136	kulbeik@hotmail.com
MN Vision Fndtn	Lion	Craig Schellberg	320.894.6843	spicerlioncraig@gmail.com
MN Vision Fndtn	PCC	Rob Wiener	320.241.7100	5M4lionrob@gmail.com
Newsletter	Lion	Anne O'Flynn	320-815-5790	anneo@runestone.net
Nominations	PDG	Jeff Swenson	218-770-1779	jfswens@runestone.net
PDG Advisor	PDG	Kellie Knudson	320-226-4156	lionkellieknudson@gmail.com
Project New Hope	Lion	Ron Buse	218-639-1114	ron.buse06@gctel.com
Protocol	PCC	Dennis Heinen	320.491.3996	heinende@centracare.com
Public Relations	IPDG	Sue Kulbeik	605.949.0161	kulbeik@gmail.com
Special Olympics	Lion	Dianna Nelson	320.766.7412	diannanelson@mainstreetcom.com
TEAM Sheehan Fndtn	PDG	Kent Beissel	320-352-3482	KJJBESSEL@mainstreetcom.com
Technology	PCC	Dennis Heinen	320.491.3996	heinende@centracare.com
Website	Lion	Posl Pat		patrickposl@gmail.com
Youth Exch/PPoster	Lion	Todd Fritsche	507-766-7528	dragon376381@yahoo.com
Zone 1 Chair	Lion	Paul Skorheim	320.491.5738	paulskorheim@gmail.com
Zone 2 Chair	Lion	Ed Bolas	320-304-0117	edmary1973@gmail.com
Zone 3 Chair	Lion	Linda Holland	320-760-2303	lindakholland5@gmail.com
Zone 4 Chair	Lion	Tom Moe	320-413-0247	tmoe@fedtel.net
Zone 5 Chair				
Zone 6 Chair	Lion	Richard Haugen	320.522.2115	richard.haugen@yahoo.com
Zone 7 Chair	Lion	Vickie Vogt	320.282.5016	vic56273@gmail.co,
Zone 8 Chair				