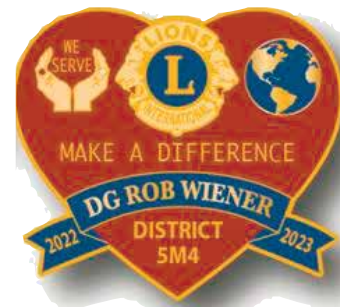




5M4 Newsletter



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Time to lead!

Let's talk about leadership!
The definition of leadership, the action of leading a group of people or an organization.

In Lions this has many meanings. From chairing a project to being club President, to being Zone Chair to being District Governor. We need leaders in all these positions. Sometimes future leaders need encouragement. They need to be reassured that their peers will trust them. They need to be encouraged to give of their talents.

If there's someone in your club that shows leadership qualities, encourage them. Let them know they are not doing this alone. Reassure them they have support. Every club and organization struggles with finding leaders. The thing is. We have an abundance of leaders in our organization. We just need to tap that leadership potential. We need to help move these leaders along.

If you feel there's someone in your club or you know of someone in a different club. Let me know, or a member of our current leadership team. We would be more than happy to follow up and have a conversation with them.

The past month has been busy for Lion Jo and myself. We had the opportunity to be part of the International board meeting and activities. We also got the chance to be a part of the vision foundation Eyeball Gala and the Thanksgiving for vision. We have been able to visit multiple clubs already. The club visits are truly enjoyable for us. We both cherish the memories and relationships we have gotten.



DG Lion Rob Wiener and Lion Jo Wiener

So we would like to thank everyone who has an influence in me taking the next step into leadership. Without the encouragement of my peers I would not be in this position. I would not be having the time of my life. Learning from others. I will be the first to say stepping into this position and other positions of leadership have been scary to say the least, The one thing that gave me the courage to do it. Is knowing I wasn't doing it alone. I had support from past and current leaders. Just like anyone else who is considering leadership roles.

The next month will be filled with more club visits and opportunities to meet great Lions throughout the District. We look forward to each new adventure and visit.

Let's keep in mind that the midwinter convention is approaching quickly. The amazing Lion Cindy has a lot of amazing speakers and ideas. She will give you more information in her article.

Always remember if you have any questions, thoughts or ideas. Never hesitate to contact me. I may not have the answer but I have the phone number to the person who does, and I will get you the answer.

5m4 DG Rob Wiener
5m4lionrob@gmail.com
320-241-7100



Convention Registration form on Page 3 - Register now!



A note from VDGE Sue

Lion Sue is still the Leader Dog Chair and would love to bring puppy-in training, Olee, to meet your club or to your special event. Please contact her at any time if you need her. Cell: [605-949-0161](tel:605-949-0161) and email: kulbeik@gmail.com



PDG Bob Kulberk and 1st VDGE Sue Kulberk

Fall 2022 has turned out to be a very busy time! I was thrilled to go back to Leader Dog for a visit with my fellow Vice District Governors for three days. We learned the history of Lions who founded the school, how our funds are used, and we got to learn how it feels to walk (blindfolded) with a white cane – and with a Leader Dog in his harness. It was a very moving moment when we were honored to be present when one of our speakers met his Leader Dog for the first time. I'm very proud to be associated with this wonderful place!

We were recently honored to attend the “Host Night” celebration at the Nicollet Island Pavilion where International President Brian Sheehan hosted the International Directors at an Octoberfest themed celebration. It was a beautiful setting along the Mississippi River, the food was terrific and the German band was replaced after dinner by the Johnny Holms Band! It felt like old home week to see him again. Brian played a video of his father at a Johnny Holms concert in Bird Island decades ago. I spoke with Johnny during a break and when we compared notes of where I first saw him play it was almost 50 years ago! We both felt a little older after doing the math.

In speaking with many of the International Directors at the dinner, they were so impressed with the week that Brian's team put together. They toured all the facilities at the U of M that the Lions Foundations support. They also took a train ride up and spent time in the Duluth area. They had several meetings, did service projects, and heard Brian's plans for his year as Lions President. Their overwhelming impression was that the Lions of Minnesota went above and beyond their wildest imagination to accommodate them during their visit and “Minnesota Nice” became a real thing to them.

The day after the party in Minneapolis, I headed to Cragun's Resort in Brainerd for District Governor training for several days and observing the Council of Governor's meeting. The training was excellent and gets my mind whirling on everything I want to accomplish during my year. I feel fortunate to have so many Past District Governors as active members of our Cabinet and available for ideas and advice. Many other Districts don't have that luxury, so I am truly blessed. Olee came along for a little training and was a very good boy during all the meetings. His biggest challenge was not cleaning up the floor near the buffet line in the dining room!

It is also fun to spend time with the current District Governor group from around Minnesota and Canada, my group of Vice District Governors, and the Second Vice District Governor group. We all have Lionism in common, but everyone has their own story of how they came to be in the leadership track for their District. If you are interested in learning more about what it takes to become one of the Leaders of District 5M4, please contact DG Rob or myself. Remember to send info on your events, anniversaries, fund raisers, and success stories to our newsletter editor – Anne O'Flynn. Her contact info is elsewhere in this newsletter.

Have a safe and spectacular Fall!



*"Lions Strong:
Making A Difference"*



Registration Form

44th District 5M4

LIONS MIDWINTER CONVENTION

January 27, 28, 29, 2023 at Arrowwood Resort, Alexandria, MN

PLEASE MAKE YOUR OWN HOTEL RESERVATIONS!

Call Arrowwood Resort @ 320-762-1124

2100 Arrowwood Lane NW, Alexandria, MN 56308

INDIVIDUAL & FAMILY REGISTRATION FORM

Name: _____ Club _____ Club Title _____ Lion__ Lioness__ Leo__ Non-Member__

Name: _____ Club _____ Club Title _____ Lion__ Lioness__ Leo__ Non-Member__

District or Other Title: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone: _____ Email: _____

Guest Children: _____ Age: _____

Guest Children: _____ Age: _____

+++++

Convention Package (includes all meals)

Regardless of postmark: Name on Card _____

(Credit card add 3% for card fee) Credit Card # _____ EXP Date _____

_____ @ \$50.00 (\$51.50) Children 12 & Under Security Code _____

_____ @ \$50.00 (\$51.50) LEOs

_____ @ \$ 50.00 (\$51.50) First Time Attendee (District 5M4 members only)

_____ @ \$30.00 (\$30.90) Saturday only – no meals

+++++

Postmarked 7/16/22 – 12/15/22 Name on Card _____

(Credit card add 3% for card fee) Credit Card # _____ EXP Date _____

_____ @ \$115.00 (\$118.45) Regular Attendees Security Code _____

+++++

Postmarked 12/16/22 – 1/10/22 Name on Card _____

(Credit card add 3% for card fee) Credit Card # _____ EXP Date _____

_____ @ \$135.00 (\$139.05) Regular Attendees Security Code _____

PLEASE CHOOSE YOUR BANQUET MEAL: Beef _____ Fish _____ Vegetarian _____ (How many for each selection)

Any Special Dietary Needs? _____

Meals available: Saturday Breakfast: _____ @ \$30.00 Saturday Lunch: _____ @ \$35 Saturday Banquet: _____ @ \$50

Sunday Breakfast: _____ @ \$30 No meals sold on site.

Waterpark tickets \$10.00 per day per child (To be purchased after arrival.)

Cancellations will be charged a \$20 fee. Cancellations after January 1, 2023 no refund will be made.

Make Checks payable to: District 5M4 Lions Mid-Winter Convention Fund

Send to: Cindy Fronning, 324 E. Hillside Ave. Fergus Falls, MN 56537

Contact Cindy Fronning for questions 651-324-8415 or email cindy@nadona.org



2023 5M4 Mid-Winter Lions Convention Tidbits



*See page 5
for flyer!*

Hi Everyone,

Well, we are about 3 months out from the convention. Many things will happen between now and then. We have Halloween, Thanksgiving and Christmas to celebrate. The start of a New Year will also take place. And then it's convention time!

Some committee members in years past have remarked that being involved in the convention makes it more fun than just attending. This year we have several ways to become involved both on a personal and club level.

Friday Night Service of Remembrance: Come and remember the Lions that we have lost over the past year in a reverent memorial service. Please send the pictures and obituaries of any club members that you have lost to PDG Bob Kulbeik at kulbeik@hotmail.com

Silent Auction & Chinese Raffle: Each year we have a raffle room which houses the Silent Auction & Chinese Raffle. This is an opportunity for the club or a Lion member to donate a themed basket or article for the silent auction and Chinese raffle. It helps to pay for the convention. The items can be large or small some ideas are tickets for professional and semiprofessional sports events, pictures, wood projects, wine baskets, movie baskets, food baskets, coolers etc. What would you bid on or want to take a chance on? Please contact Jackie Heinen regarding your donations at jmheinen50@gmail.com. Be creative.

Hospitality Room: In the past we have had many clubs that have sponsored a hospitality room. These have cost between \$700 & \$800 dollars when you think of the room rental, the food and the liquor/beverages. This year we will have one hospitality room. The food both hot and refrigerated will be provided and the liquor will also be available through a common bar set up by the convention committee. The hospitality theme this year is "Fun in the Sun". There will be areas set up for children as well as adults to play and entertain themselves with summer fun! Another opportunity to be involved is to host a table in the hospitality area. You can provide non-alcoholic summer beverages and over the counter foods such as pretzels and other munchies, just not anything that must be kept cold or hot. At your hosting area you can also provide games and other entertainment. This opportunity only costs \$225 and can be arranged with Mike Beilke at mbeilke62@gmail.com. Come and have some "Fun in the Sun".

Annual Convention Raffle: In the very near future the secretary of each club will receive an envelope with convention raffle tickets from Amy Swenson. These tickets also support the convention. These tickets can only be sold to Lion members. We are hoping that each club will support the convention and sell at least 2 tickets per member. The club will receive books of ten tickets each. Please watch for these envelopes! The raffle will be cash only prizes. Another great way to get involved. If you have any questions regarding this raffle, please contact Amy at amyswens@runestone.net.

5M4 Convention Service Project!

The Mid-Winter Convention is coming quickly. We have decided to do a service project for schools. This will help the students and the staff of elementary schools throughout the district. What we are doing is a classroom supply kit. We ask clubs and individual members to help us collect items needed. DG Rob has discussed this project with a number of elementary grade school teachers and he was able to compile a list of items they need in February.

Each club is asked to contribute!

HERE IS YOUR SHOPPING LIST:



- Kleenex

- Scissors

- Glue sticks

- Gallon Zip Lock bags

- Crayons

- Snacks

- Crayon markers

- Card stock

The best part about this is most of these items are on sale at deep discounts right now due to back to school. So if you can stock up and help us help our teachers and students throughout the district. Keep an eye out for more information to come.

6.

5M4 Newsletter
www.e-district.org/sites/5M4
NOVEMBER 2022

PUT YOUR EVENT ON THE 5M4 WEBSITE!

Please let us know if you'd like us to post your 5M4 club event.

Send to patrickposl@gmail.com

Turkey + Ham + Cash

BINGO

November 17, 5-7:30 p.m.

31 Bingo Games, 50 cents a game
Free Will Donation for a Sloppy Joe Meal

at LOWRY COMMUNITY CENTER *by* LOWRY LIONS



Need something in the newsletter? Send to: aneo@runestone.net



“ **Lions Strong: Making A Difference** ”



Jan 27 - 29, 2023 District 5M4

Dear Presidents & Secretaries,

The 2023 Mid-Winter Convention Committee is working hard to bring you the best convention yet!

One of the ways that we can do this is by selling ads in our convention booklet. If you have already purchased an ad, we THANK YOU!!! If you haven't yet done so, please consider taking out an ad and brag about your club a bit. I have attached a price list and a form with instructions. The best part of this is, if you give the info you want in the ad, the publisher will design it for you. If you have a picture you want in the ad, please attach it to the form as a JPEG and email it to the email address on the form and the check with a copy of the form to Jason Kerfeld or Cindy Fronning. Our info is at the close of the letter. We are trying for 100% of the clubs to be represented in the booklet. Please help us reach that goal!

Another opportunity that your club has, to not only help the convention be the best, but to represent your club is to donate a basket that is reflective of the community or area your club is from. A basket worth \$20-25 would be a wonderful addition to our Chinese auction. Please contact Jackie Heinen at jmheinen50@gmail.com.

On another, sadder note, we would love to have the names of all your members that have passed away between 1/1/22 and 12/31/23 (some time to go yet) so we can remember them at our memorial service. This will be held at 7:00 pm Friday 1/27/23 at the convention in Arrowwood, Alexandria, MN. To have this happen we need 2 things from you:

- 1) the names of the deceased members, date of death and an obituary/picture sent to PDG Bob Kulbeik as soon as possible. His email is: kulbeik@hotmail.com.
- 2) Please contact the family members and let them know about the service and invite them to attend.

We also encourage you to participate in the hospitality areas that will be available at the convention. Have your club participate in this event by hosting an area. Hosting an area costs \$200 and you can set up an area to have fun with. You do not need to provide any food or alcohol beverages as they are provided by the resort. Non-alcoholic beverages would be a great idea and snacks that are not refrigerated or heated can also be at your table. Games can be great fun as well. Our theme for the hospitality room is "Fun in the Sun". Please contact Mike Beilke and he can get you set up. If you would rather donate instead of being a host, please send your monetary donation to Mike. His email address is mbeilke62@gmail.com. His phone number is 320-761-9406. The donations will be used for the food served during the hospitality events.

Finally, please attend the 2023 Mid- Winter convention! Help your club members to attend and find out what it is all about. Our theme is "Lions Strong: Making a Difference". Together we can make a difference. Come, learn and have some fun and good networking with other Lions and see what is happening in the world of LIONS and how we have made a difference!

Sincerely,

Lion Cindy Fronning
2023 Mid-Winter Convention Chair
cindy@nadona.org
651-324-8415

Lion Jason Kerfeld
Ad chairman
kerfeld@mainstreetcom.com
320-429-0794



Melrose Lions Club & Sauk Centre Lions Club
"Working together to better our communities"



Invites everyone to our
**Annual Fall
Wine, Beer,
Liquor & Cheese
Tasting Event**

Friday, October 28, 2022 6:30 - 9:00 p.m.
Melrose American Legion

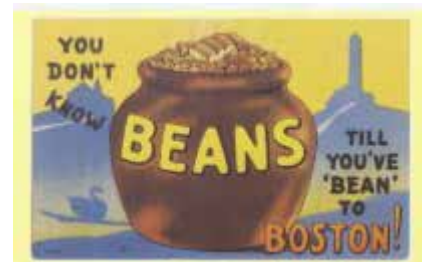
Sponsored by



&




\$20.00 advance ~ \$25.00 at door
Tickets available at Spiritz Liquor,
Coborn's & any Lions Member
MUST BE 21 TO ATTEND



Benson Lions Club

• We Serve •



Pictured above are members of the Benson Lions Club (five other members not present).

At right are the new Lions members that were sworn in Monday evening. Front row: Barb Schluter, Pam Lawatsch, Frank Lawatsch, Peggy Bausman and Kevin Bausman. Back row: District Governor Rob Wiener and his wife, Jo; sponsors of the new members: Linda Smith, Loretta Burns, Rodney Burns, Cindy Frank and Mark Frank.



The Benson Lions Club held their monthly meeting Monday, Oct. 17 at Track Bar and Grill in Benson. Five new members were sworn in by District Governor Rob Wiener. Rob spoke on the importance of team work and stressed how “together we can make a difference, we can make things happen”. He also presented other awards to members of the club. Benson, along with 52 other Lions Clubs, make up the 5M4 “Snowmen” District. Rob and his wife, Jo, are from Sauk Centre.

Lions Club International Foundation has donated \$250,000 to Ukraine and \$100,000 to Florida (hurricane relief).





Memorial Service at Mid-Winter

Once again, the Past District Governors of 5M4 are honored to organize the Memorial Service at the Mid-Winter Convention. If someone from your club has passed away since 1/1/2022, please forward their name and a photo to PDG Bob Kulbeik at kulbeik@hotmail.com. Also, please indicate if they were in the service to our country or a first responder. Past District Governors- please bring your white coat to participate in the service.



PRESIDENT'S MESSAGE

**Together we can with
International President,
Brian Sheehan**

Dear Lion,

You're doing amazing things in your community, and that gets people's attention. They see what you're doing, and the impact you're making as a Lion, but there are still some who don't know. That's why it's so important to promote your projects, share your service stories and show your pride.

There are more ways than ever before to get the word out about what your club is doing. Whether you're old school or new school, just getting started or looking to make that signature project even bigger, we have all the tools and resources you need. So get your club marketing tools. Keep serving and keep sharing. And keep being awesome. Because Lions are the best story of all!

Make a great day,

Brian Sheehan

International President



Buffalo Lake Lions Club donates to their community



The Buffalo Lake Lions Club donated to a neighboring town as they were fundraising for a new/larger trailer for their marching band equipment. Pictured with some members of the Hutchinson Marching Band are BL Lion Members, Susan Krumrey and Sarah Work.



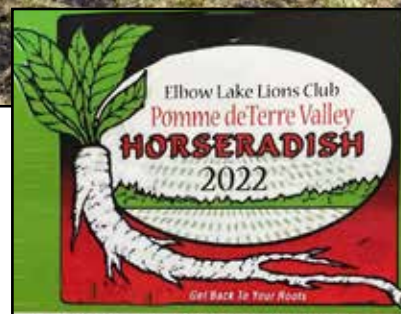
The Buffalo Lake Lions Club wanted to honor the Allina Hospice team with a memorial donation for their wonderful services they provided to their member that passed away from ALS this past month, Lion Brian Krumrey. Handing the donation to Allina team member Sara Kramer (Susan's sister), is Lion member Susan Krumrey.

Elbow Lake Lions make 580 jars of horseradish!

Special thanks to Elbow Lake Lion, farmer Terry (largest horseradish field in Grant County). He has managed our crop so we will be harvesting half of it every other year. The roots this year were primo. We had 32 5 gal pails and 2 plastic totes of roots out of the field in 1/2 hr Saturday morning.

Our product is sold for \$8/jar by our club members, at Miller's Fresh Foods, and at Grant County Lumber, and the Barrett Locker. This year we are also retailing at the Millerville Creamery (with talk of a horseradish butter experiment). And Lion Matt Miller is exploring the possibility of bringing horseradish to the other Miller's Fresh Foods location.

Horseradish has become one of our best fundraisers. With more product this year it promises to be even better.





Plenty of Lion's events!

Fall of 2022 has developed into "what day is it and what Lions event do I have today"!

We attended the Brian Sheehan "Host Night" for all International Directors in Minneapolis. Oktoberfest was a ton of fun and I've never seen so much lederhosen in one place.

From there I picked up Olee from his puppy sitters and we headed up to Cragun's near Brainerd for two days of training with all the other First Vice District Governors. That was followed by sitting in on the Councils of Governors meeting.

Since then, we have attended several club meetings to talk about the work Leader Dog is doing (which is amazing). We also have been on one or two zoom meetings each week.

Finally, we attended the Minnesota Lions Vision Foundation "Eye Ball" and also their Thanksgiving for Vision. I learned lots about the research being done and how our donations are being used. Please remember to put together your club or personal donation for our Mid-Winter Convention silent auction and also get your ad ready for the Convention booklet.

Contact me if I can be of help:
kulbeik@hotmail.com or cell: 605-949-0161.

1st VDG Sue Kulbeik



IP Brian Sheehan and new Presidential Award winner, Lion Merlin Athmann



PDG Bob and 1st VDG Sue (and Olee) at the Eye Ball.

ELBOW LAKE LIONS

TURKEY BINGO

is on Friday, Nov. 18, 2022

7 p.m. at the Elbow Lake Firehall

Come and have some fun!



LCIF grant helps build greenhouse for WCA schools

The WCA Greenhouse, funded in part by a grant from LCIF, is complete! They have finished construction and the kids are already using the facility. There are just a few accessories waiting to be added and we will be closing out the grant.

Even better news is the affect the greenhouse is having. Teachers from all departments and all ages are adding lessons that include the greenhouse.

Several students participated in an online forum on reducing hunger around the world and could share the story of their greenhouse, paid entirely by donations from Lions and community donors.

Also, the FFA kids in the 2021 school year were a couple dozen. This year the school has agreed to include 7th and 8th grade and because of the interest in the greenhouse, the new total of FFA kids is 145!





Spicer Lions make donation

Spicer Lion Ed Rauk presented the Spicer Sunrise Lions \$500 donation to Ashley Hanson of THE LINK. All funds raised from the public by Lions are returned to the community both locally and worldwide. This donation is designated to the area of greatest need.

*Special request from your
newsletter editor...*

*Please e-mail your
items to me at
anneo@
runestone.net*

Thanks! Lion Annie O'Flynn

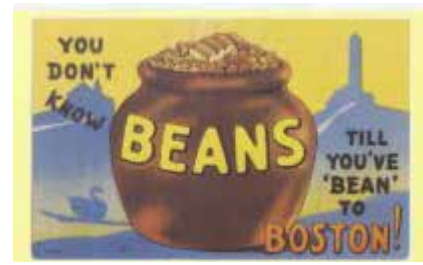
*Having a hard time finding new members?...
maybe you should ask one of these?...*

your spouse
your children
your neighbor
your brother
your sister
your best friend
your mailman
your garbage man
your insurance agent
your banker
your car dealer
your doctor
your nurse
your pastor

your boyfriend
your girlfriend
your mother
your father
your cousin
your past Lions members
your business partner
your barista
your mayor
your local store owners

As you can see the options are limitless. Find one of the above or one of your own choices. Share the gift of Lionism today!!

Submitted by Jason Kerfeld



Mn Lions Childhood Cancer Foundation Inc.

Believe Award

Application

Club Name _____

Address _____

City _____ State _____ Zip Code _____

Recipient:

Name _____

Address _____

City _____ State _____ Zip Code _____

Please check:

_____ Memorial Donation \$1,000.00, given in memory of a deceased Lion or non-Lion.

_____ Cumulative Award - Accumulated gifts over time resulting in a \$1,000.00 donation.

Mail or Email Application to:

Lion Genia Sjerven
14496 Geneva Ave N
Hugo MN 55038
sjerven@gmail.com

Mail Award to: Name _____

Address _____

City _____ State _____ Zip Code _____



**Minnesota Lions Hearing
Foundation
Hearing Research Fellowship
Application**

The Hearing Research Fellowship Award can be presented to a club member, family member or member of the community by a local club on behalf of the MN Lions Hearing Foundation. For every \$1000 donated to the Hearing Foundation, a Club earns one recognition award. Please consult with your District Hearing Foundation Trustee to determine how many club credits your club has earned.

Please PRINT

Club Name: _____ District _____

Person submitting Application: _____

Address where to ship recognition: _____

City _____ State _____ Zip _____ Phone _____

Contact email address: _____

RECIPIENT:

Name _____

Address _____ City _____ Zip _____

Please Check Appropriate Fellowship:

_____ **Individual Fellowship** = gift totaling \$1000 made by individual, Lions Club, or Lions District to honor someone as a Lion Hearing Research Fellowship.

_____ **Memorial Fellowship** = gift totaling cumulative \$1000 given in memory of a deceased Lion or individual.

_____ **Cumulative Fellowship** = accumulated gifts over time resulting in \$1000 donation. Fellowship plaque awarded upon cumulative \$1000 donated.

_____ **Progressive Fellowship** = gift to honor an individual who has previously been awarded a Hearing Fellowship Award.

Amount of donation: _____ Check # _____ Date _____

*Please send completed application to PDG Mike Vos, Foundation Treasurer for processing.*Check Payable to: **Minnesota Lions Hearing Foundation**Payment to: PDG Mike Vos, Foundation Treasurer
20472 371st Avenue, Green Isle, MN 55338**Please allow 30 days to process & ship award recognition**

Hearing Research Fellowship Application

This award can be awarded to a Lion, a community member or business or other organization the club chooses. The award helps with the ongoing hearing health research projects at the University of Minnesota.

This award can be given for every \$1,000 the club gives to our organization. Clubs can check with their trustees to find our their balance.



Heart of a Lion Award Application

District 5M4 Lion members are eligible to apply. A Lion member may apply or a club may apply on behalf of a member. Applications can be turned in throughout the year. Awards will be presented at the Mid- Winter Convention following completion of the application. Any criteria completed after July of 2015 qualifies toward this award and may be earned over several years.

A Lion member must MEET 5 of the 8 CRITERIA listed below to RECEIVE the AWARD!

The Lion member: _____ **Club:** _____
(Name of Lion Member)

_____ **Sponsored a New Lion** _____ **Club:** _____
(Name of new member)
 _____ **Date:** _____
(Signature of club president or secretary)

_____ **Attended a Zone Meeting** _____ **Date:** _____
(Date and Zone # meeting attended)
 _____ **Date:** _____
(Signature of a Zone chairperson)

_____ **Attended the 5M4 Mid-Winter Convention.** _____ **Date:** _____
(Signature of convention chairperson)

_____ **Served as a Club Officer or District Chairperson.** _____ **Date:** _____
(Office or Committee Chaired)
 _____ **Date:** _____
(Signature of club president, secretary or DG)

_____ **Be a Chair or Co-Chair of a club or district project.** _____
(Name of Project)
 _____ **Date:** _____
(Signature of club president, secretary or DG)

_____ **Attended one training event: 5M4 Forum, Officer training, Leadership training or other Lions Clubs International sponsored class.** _____ **Date:** _____
(Training attended and date)
 _____ **Date:** _____
(Signature of District officer, trainer or copy of certificate of completion)

_____ **Attended one of the following: USA Canada Lions Leadership Forum, International Convention or Multiple Convention.** _____ **Date:** _____
(Event attended and date)
 _____ **Date:** _____
(Signature of District officer, Council Chairperson or Convention Chairperson)

_____ **Promote a new idea, service project or fundraiser that is adopted by your club or District that meets the mission of LIONS.** _____ **Date:** _____
(Promotion Idea and Date)
 _____ **Date:** _____
(Signature of club president, secretary or DG)

Original to be completed and turned in to the DG or District Secretary

Signature of DG or District Secretary _____ **Date:** _____