We serve.



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Form in this newsletter! Contact:

DGE Sue Kulbeik
kulbeik@gmail.com
Cell: 605-949-0161



PDG Bob Kulbeik and DG Sue Kulbeik

It's a busy time - but so much fun!

First of all, let me tell you — we are having SO much fun! We are attending as many events around the district as we can squeeze into our schedule. So many pancakes, so much fish, lots of local celebrations, and we love, love meeting all the Lions around 5M4! We are so impressed with everyone's projects, the service work that's being done, and the wonderful welcome we receive wherever we go. Thank you, thank you, thank you!

We are starting our club meetings very soon — please contact me when you have selected a date so I can pencil you in. The schedule is getting a little crazy, but so far, we've been able to work things out. Many clubs are inviting other area clubs to join them which works out well for me! If you have anything special you'd like me to discuss or awards to present, please let me know. There is a form in this newsletter to request a governor's visit that helps me be organized when I come to your club.

We are very busy getting ready for our Mid-Winter Convention. We are including a full page in this newsletter that will continually be updated with events and news as we get closer to the Convention. Please plan to attend and bring your fellow club members with you.

We have been holding Zone meetings around the District, and it appears one of the main topics of conversation is the challenges of communication. Are you submitting reports or having trouble logging into LCI? Contact the District Administrator, PCC Dennis Heinen for assistance. His contact info is on the Cabinet list. He will walk you through the process. I will strive to communicate important news as quickly as possible and I'm always open to a direct conversation when needed. My contact info is also on the Cabinet listing.

Another new feature in the newsletter, that will hopefully help with communication, is the directory of our Cabinet members. This is your source for information and speakers for your club meetings. They can also check your donations and see if you qualify for awards. Don't forget the Parade of Green too – those funds can be used to determine awards for your club or maybe a special member.

If you are interested in joining our Leadership team, please let me know. We can tell you what is required, and help you plan for your path to Leadership, and let you know what financial assistance is available if that is a concern.

Remember, 5M4 is "Leading the Way"!

DG Sue Kulbeik

kulbeik@gmail.com 605-949-0161



Jottings from Jacque!

Fellow Lions... Greetings!

I am so excited to have spent the past weekend 9/15-9/17 with Leader Dog for the Blind in Rochester Hills MI. Their recently remodeled dog kennels are top notch. We toured them, the client's rooms where they stay during Dog assignments and the grounds where many volunteers come to train, walk, and exercise the dogs. We heard from two leader dog clients, Jeffery and BJ, both shared their stories that lead them to reaching out to Leader Dog and how hugely that changed their lives and the lives of others, others that they can now help. We were able to try and walk with both a dog and with a white cane, later our evening dinner was



served to us blind-folded. Not only did we have to navigate our plates for food (skipped the salt and pepper) and water pitchers for our drink, but realized how different conversations were. You could not look at someone to start a conversation with them. Forgot their name? Well... no cheating by looking at their name tag – you're going to have to ask (again). You realize rather than recognizing faces you are now recognizing each unique voice. And from my chair I realize how small those issues are. How wonderful that a client can receive a dog, fully trained to assist them in their daily lives that provide them the freedom to walk outside or go to work, FREE of charge. Leader Dog is making it work with the help of Lions Clubs.

Looking forward to USA/Canada Leadership forum in Reno NV. The class line up is impressive and opportunities to learn and network will be aplenty.

...Until November, Ask One, and continue to Serve.

1VDG Jacque Heinen
Thank you. I looking forward to attending your club and district events.

Cell: 320.249.6536 VDG Jacque Heinen

Email: lionheinen@gmail.com

Cell: 320.249.6536







A "Lions Alert Program" is being developed within our District.

The Objective: "Preparedness, Response, Recovery, and Relief in relation to a disaster, means measures taken during or immediately after a disaster in order to bring relief to people and communities affected by the disaster".

- PREPAREDNESS involves the development of a plan of action in case of emergency. A logistic operations center and a practiced emergency response plan are two elements of the preparedness phase. Lions Clubs continuous cycle of planning, organizing, training, equipping, exercise, evaluation and improvement activities to ensure effective coordination and the enhancement of capabilities to respond to incidents or disasters.
- RESPONSE includes the mobilization of Lions Clubs and Lions Alert Coordinators. They should be prepared to do a rapid needs assessment and bring Lions to where they can do the most good.
- RECOVERY aims to restore the affected area to its previous state, such as rebuilding destroyed property, infrastructure. Recovery can be immediate and/or can be longer term depending on the situation. Relief can come in the form of providing food and drink to recovery workers and affected people, working with other agencies, assistance in long term recovery.

1. Communication

Our first phase of the program will be communication. We need to develop a plan of communicating the program information to our clubs. This will happen through a variety of means:

- District Leadership
- Cabinet members
- PDGs
- Zone Chairs
- Newsletter
- Leadership meetings with clubs
- Meeting with non-Lions organizations

2. Club Participation

We will begin to roll this out immediately.

Each Lions Club meeting should include the following discussion:

- 1. Focus of the plan
- 2. Structure of the program
- 3. Develop a leader in each club (or neighboring club if none available in all clubs)
- 4. Develop a call chain template in case of emergency to muster membership
- 5. Develop a list of members who are willing to go through training
- 6. Organize training sessions for Lions to become prepared for
- 7. Develop a list of resources available already and contact names (equipment, generators, tools, capabilities, storage, etc.)
- 8. Work with local Emergency Management Directors so they know of our availability and capabilities

3. Types of Emergencies

• LEVEL ONE: A local emergency. House fire, flood, lost child, are some examples. A single club could respond to the affected area. Each club will develop their own plan on how to help their community.

• LEVEL TWO: Affects a larger geographical area, flooding, fires, or storm damage. At this level, Districts would respond and may possibly be eligible for a LCIF Emergency Grant. Our District will develop a plan for response, capabilities, and communication depending on what each local club is willing to provide.

• LEVEL THREE: Catastrophic event such as earthquake, tsunami, or large tornado affecting a huge area and thousands of people.

Please contact Lion Bonnie Lay at: laybonnie@icloud.com or 5M4 DG Sue Kulbeik at kulbeik@hotmail.com

This is just the start of the Lions Alert Program in our District. First, communicating the information to the Leadership and then the clubs. From here, the rest of the program will be defined and implemented. Each club or Zone could develop their own plan according to their capabilities and their needs. They must work with local Emergency Management and First Responders to maximize their contribution. We will also work to have each club insured properly and be able to provide proof of insurance to local command centers on site. Our hope is to eventually have a mobile c ommand unit stocked with equipment need to provide assistance and relief in case of emergency, both short and long term.



2024 MID WINTER CONVENTION

45TH DISTRICT 5M4 LIONS MIDWINTER CONVENTION JANUARY 26, 27, AND 28, 2024 WILLMAR CONFERENCE CENTER, WILLMAR, MN

Please make your own Room Reservation HOST HOTEL - BEST WESTERN PLUS, WILLMAR, MN 2100 E HIGHWAY 12, WILLMAR, MN 56201

320-235-6060

OUR ROOMS WILL BE RELEASED TO THE PUBLIC ON DEC. 29, 2023



Theme: 'Made in Minnesota'



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INDIVIDUAL & FAMILY REGISTRAT	'ION FORM	1	
Name		Club	
Name Lion's Title	Lion Li	ioness No	n-member
Name:			
Lion's Title	Lion Li	ioness No	n-member
Address			
Phone E-I			
Guest Children			
Guest Children		Ages _	
REGISTRATION OPTIONS			
REGULAR CONVENTION PACKAGE (INCL@ \$125.00 Regular Attendees@ \$50.00 Children 12 and Under REGULAR CONVENTION PACKAGE (INCL@ \$135.00 Regular Attendees@ \$50.00 Children 12 and Under PLEASE CHOOSE YOUR BANQUET MEAL Any special dietary needs? For those attending ONLY Saturday or Sun Breakfast@ \$25.00 / Lunch@ Banquet @ \$40.00 / Please include Sunday Brunch @ \$30.00 Any sp	@ \$50.00 Find the state of the	rst Time Attender IEALS) REGISTER rst Time Attender Turkey (notender als sold on site) noice: Walleye	ee (Dist. 5M4 only) R DEC 20, 2023 OR AFTER ee (Dist. 5M4 only) te how many each)
PAYMENT OPTIONS			
ALL REGISTRATIONS NEED TO	BE RECE	IVED BY JAN	UARY 10, 2024
Cancellations after January 10, 2023 will be cha	ged \$20. Canc	ellations after Janu	ıary 15, 2024 - no refund.
Make Checks Payable to: Distri	t 5M4 Lions M	lid-Winter Conventi	on Fund
Send to: Schellberg Lions,	6233 97th Ave.	. NE, Spicer, MN 56	288
Credit Card		Exp. Date	CVC
AddressCi	ty	State	Zip
Printed NameS	ignature		

Mid-Winter Convention Monthly Update Page

Date: January 26, 27, 28, 2024

Place: Willmar Convention Center/Best Western Motel

Theme: "Made in Minnesota"

SEE REGISTRATION FORM FOR DEADLINES - SIGN UP BY DEC. 19 & SAVE \$\$\$

GUESTS

Our Special Guest will be International Director: ID Bob Lee and his wife Lion Pam Lee from Honolulu, HI



FUN FOR LEOS & CHAMPIONS



They will be having "Dining in the Dark," white cane training, and test driving a Leader Dog – all while blindfolded. Special guests from Leader Dog will 'guide.'

SERVICE PROJECTS



We will be working on one of President Patty Hill's favorite causes – the environment!

RECYCLING: Bring your used glasses and hearing aids. Bring your old shoes.

Bring your grocery bags and we will turn them into benches

GROWING: We will also be working on a planting project to beautify our communities

FRIDAY NIGHT FUN



Hospitality Room will be great! Friday Night: Minnesota Fun and Food! Potluck smorgasbord. Bring your favorite snack to share and we'll create the first ever Scandanavian charcuterie spread! (No crock pots please, the hotel won't allow)PLUS we will be making s'mores! Live Music: The 'Too Drunk to Fish' band! (If you like Jimmy Buffet - you'll love these guys!)



Saturday Night: What else? Leftovers! Live Music!





Watch this page for updates each month!

6.

5M4 Newsletter www.e-district.org/sites/5M4 OCTOBER 2023

PUT YOUR EVENT ON THE 5M4 WEBSITE!

Please let us know if you'd like us to post your 5M4 club event. **Send to patrickposl@gmail.com**

2023/24 5M4 CABINET MEMBERS

We are here to support you! If you need anything, or would like to schedule us to come visit your club, please reach out! **We Serve Together!**

	We Serv	ve Together!	
DG Lion Sue Kulbeik	District Governor	kulbeik@gmail.com	605-949-0161
1VDG Lion Jacque Heinen	1st Vice DG (2024/25)	lionheinen@gmail.com	320-249-6536
2VDG Lion Susan Krumrey	2 nd Vice DG (2025/26)	susan@ksmillwrights.com	320-295-8327
Lion Susan Krumrey	Cabinet Secretary	susan@ksmillwrights.com	320-295-8327
Lion Denise Sundblad	Cabinet Treasurer	district5m4@outlook.com	320-766-3266
PDG/CC Lion Rob Wiener	Council Chair	5m4lionrob@gmail.com	320-241-7100
Lion Craig Shellberg	5M4 Convention Chair	spicerlioncraig@gmail.com	320-894-6843
Lion PDG Bob Knutson	Childhood Cancer	lionbobbyk2017@gmail.com	320-295-1757
Lion Merlin Athmann	Childhood Cancer	athmann.mer@gmail.com	320-522-1264
Open Position	Diabetes Foundation	aswenson@isd2342.org	218-770-1219
Lion Lori Schellberg	Diabetes Foundation	lorischellberg@gmail.com	320-894-8643
Lion Jeff Gunderson	Environment Chair	shergund@hotmail.com	320-815-3478
Lion Mickie Rogal	Global Leadership Team	mickierogal@gmail.com	218-731-9749
Lion PDG Marty Athmann	Global Membership Approach	athmannmarty@hotmail.com	320-522-0856
Lion Jason Kerfeld	Global Membership Team	kerfeld@mainstreetcom.com	320-429-0794
Lion PCC Dennis Heinen	Global Service Team	heinende@centracare.com	320-491-3996
Lion Barry Erdahl	Hearing Foundation	barry.erdahl@gmail.com	
Lion PDG Bob Kulbeik	Hearing Foundation	kulbeik@gmail.com	
Lion Sara Stricker	KidSight	sistrickes@yahoo.com	641-430-6329
Lion Allan Ulbricht	LCIF	allan.ulbricht@gmail.com	320-267-4207
Lion Mary Bolas	Leader Dog	marybolas.mb@gmail.com	
Lion Jamie Shoutz	LEOS	storedirector.2022@cobornsinc.co	om 320-699-0371
Lion Bonnie Lay	Lions Alert Program	foradalions@outlook.com	
Lion PDG Ron Branch	Long Range Planning	branch@rea-alp.com	
Lion Anne O'Flynn	Monthly Newsletter	anneo@runestone.net	320-815-5790
Lion PDG Dan Plowman	Nominations	mtdrplowman@hotmail.com	
Lion PDG Bob Kulbeik	PDG Advisor	kulbeik@gmail.com	
Lion Ron Buse	Project New Hope	ron.buse06@gctel.com	
Lion PDG Dennis Zimmerman	Protocol	dezim@mainstreetcom.com	
Lion Dianna Nelson	Special Olympics	diannanelson@mainstretcom.com	<u>l</u>
Lion PDG Kent Beissel	T.E.A.M. Sheehan Foundation	kjjbeissel@mainstreetcom.com	
Lion PCC Dennis Heinen	Technology	heinende@centracare.com	320-491-3996
Lion Craig Shellberg	Vision Foundation	spicerlioncraig@gmail.com	320-894-6843
Lion Pat Posl	Website	patrickposl@gmail.com	
Lion Mike Beilke	Zone 1 Chair	mbeilke62@gmail.com	320-761-9406
Alexandria, Carlos, Forada, Milt	ona, Osakis, Sauk Centre, Sauk Riv	ver Campions, Villard	
Lion Todd Jorgenson	Zone 2 Chair	todd.jorgensen3@gmail.com	320-288-5888
Ashby, Brandon, Elbow Lake, E	vansville, Grant County, Hoffman,	Kensington, Wendell, Wheaton	
Lion Tom Moe	Zone 4 Chair	tmoe@fedtel.net	320-413-0247
Appleton, Dawson, Maynard, M	ilan, Montevideo, Watson		
Lion Sue Honken	Zone 5 Chair	susanhonken@gmail.com	320-905-2412
Clara City, Danube, Raymond, F	Renville, Sacred Heart		
Lion Todd Fritsche	Zone 6 Chair	dragon376381@yahoo.com	507-766-7528
Bird Island, Buffalo Lake, Fairfa	ax, Franklin, Hector, Olivia		
Lion Terry Smith	Zone 7 Chair	tgs1871@yahoo.com	320-894-1871
Kerkhoven, New London, Penno	ock, Spicer Sunrise, Willmar Noon,	Willmar Vyas	
Open Position	Constitution/By-Laws	-	
Open Position	USA/Canada Forum		
Open Position	Zone 3 Chair		
Benson, Garfield, Glenwood, Ha	ncock, Lowry, Morris		
Open Position	Zone 8 Chair		
		C 11	

Need compthism in the necessary

Atwater, Cedar Mills, Cosmos, Darwin, Grove City, Kingston, Litchfield



CONVENTION 2024 - JANUARY 26, 2024 - FRIDAY EVENING FUN

FRIDAY NIGHT HOSPITALITY TREATS





What is more 'Minnesotan' than a potluck get together?

Friday Hospitality Night will be extra fun this year! Put on your best MINNESOTA gear (sports teams, fishing gear, hunting gear, or your best plaid shirt) and come to have fun!

Like any good gathering in Minnesota - we are

asking that you bring an appetizer/snack to share with your fellow Lions! If you want to share the recipe - just bring a recipe card to put by it people can snap a photo of your recipe!

You betcha- it will be GOOD!



2024 MID WINTER CONVENTION

45TH DISTRICT 5M4 LIONS MIDWINTER CONVENTION JANUARY 26, 27, AND 28, 2024 WILLMAR CONFERENCE CENTER, WILLMAR, MN

Lea and Champions registration form

HOST HOTEL - BEST WESTERN PLUS, WILLMAR, MN 2100 E HIGHWAY 12, WILLMAR, MN 56201 • 320-235-6060

A special January 27 is planned for you!



Theme: 'Made in Minnesota'



A full day of events on Saturday just for you Leos and the Sauk River Champions Club!

- Recycling project Pizza 'Lunch &' Learn' with Leader Dogs and their partners
- "How does it feel to be blind?" lunch in the dark, white cane training, and Leader Dog test drive!

LEO & SAUK RIVER CHAMPIONS REGISTRATION FORM					
Name		Club			
Lion's Title			(President, etc.)		
City	State	Zip			
Phone	E-mail				
REGISTRATION FOR	SATURDAY, JANUARY 27	, 2024			
(all served while you are and eating your lunch)	nany?)@ \$15.00 - Includes p wearing a blindfold so you o	can feel what it's	•		
PAYMENT OPTIONS					
ALL REGISTRATIONS NEED TO BE RECEIVED BY JANUARY 10, 2024 Cancellations after January 10, 2023 will be charged \$20. Cancellations after January 15, 2024 - no refund. Make Checks Payable to: District 5M4 Lions Mid-Winter Convention Fund Send to: Schellberg Lions, 6233 97th Ave, NE, Spicer, MN 56288					
Credit Card		Exp. Date	CVC		
Address	City	State	_ Zip		
Drinted Name	Signature				

OR E-MAIL: spicerlioncraig@gmail.com

QUESTIONS? CALL: 320-894-8643















District Governor Club Visit Form



Club Name:
Club Location:
Address:
Dates for Club Visits: 1st Choice
2 nd Choice
What time does your club meeting begin?
What time does your social hour start?
Do you have a Board Meeting? Yes No
Would you like the DG to attend the Board Meeting? YesNo
Are there other Lions Clubs or Leo Clubs involved for the DG Visit? Yes No
Please List other Clubs:
Will you have a meal? Yes No
ion, or Leo requesting the Governor's visit:
Contact telephone # Email address
Will the Governor be expected to install officers? Yes No
f yes, please send names of new officers. If inducting new members, please have the LCI New Member Kit with Pin and signed Certificate.
Will the Governor be expected to give out awards to club members? YesNo
f yes, please send information stating the awards and the names of those receiving the awards. Please have wards, certificates, pins, or changes in installation or inductee ceremony available when I arrive for the Governor's visit. I am looking forward to coming to visit with your club!!

DGE Sue Kulbeik kulbeik@gmail.com Cell: 605-949-0161





Buffalo Lake Lions help out

The Buffalo Lake Lions Club partnered with the BLHS Girl Scouts in support of their Silver Award project. The girls have set up a space in the BLHS school with personal hygiene products for anyone in need to take and use. This act of kindness has been a great gift for those kids in need, and gives the kids a renewed sense of confidence and self esteem. The Troop hopes their room is available for many years to come!



We need you!

Special Olympics MN is coming back on November 11 + 12 in Alexandra for a fan favorite, State Bowling!

We are looking for volunteers to make this wonderful event possible!
Find more details and register by following this link:

State Bowling - Alexandria - Special Olympics Minnesota



PDG'S of MD5M.

MISSION 1.5 is the drive to reach 1.5 million members worldwide, so we can better meet the growing needs of our communities and serve more people than ever before. MISSION 1.5 starts with you.

When we invite new members to our clubs and build new vibrant clubs, it does more than make our communities stronger, it makes the world a kinder, healthier and better place to live. Our International President Dr. Patti Hill is challenging all of us to step up and help grow our association. Dr. Hill is asking all of us to go out and find at least one new member to join our association.

We have all heard the different acronyms that are associated with PDG. Everything from Power Done Gone, Permanent Dinner Guest, Pretty Darn Good and the one that is the most accurate, Providing District Guidance.

Now more than ever we need to step up and provide that district guidance. All Lions have been challenged to grow our association and International President Dr. Patti Hill is asking us as PDG'S to step up and show the Lions of MD5M that we lead by example.

The challenge is simple, recruit at least one new member to our association. As leaders of our multiple will you accept the challenge of our International President and sign up that new member?

The challenge is made!

Will you accept the Challenge? I Have!!

If you are ready to accept our International Presidents Challenge, let your Fellow PDG'S know that you are on the team to grow our association.

PDG Jay Norby
CA1 GAT Area "C" Leader
IA/MN/ND/SD/WI
Lions International
218-298-1031 ljnorbs@arvig.net



Alexandria Lions featured in the International Lion magazine -Summer 2023 issue!











Elbow Lake
Lions
host
"Speakeasy"
Fundraising
Event!







Your donations to **LCIF** make a difference at home and in the world!

5M4 is proud of our contributions!

Watch this chart to see how we are supporting the amazing work of Lions at home and around the world.

JULY 2023	\$7,384.0	00
AUGUST 2023	\$1,115	YTD: \$8,499
SEPTEMBER 2023		
OCTOBER 2023		
NOVEMBER 2023		
DECEMBER 2023		
JANUARY 2024		
FEBRUARY 2024		
MARCH 2024		
APRIL 2024		
MAY 2024		
JUNE 2024		

Last year (2022-2023) our district donated \$52,120. The year before (2021-2022) we raised \$98,251. Goal for our district this year is \$57,350 (which is \$39.50/ member)

Thank you to all 5M4 Clubs for your donations!

www.lionsclubs.org



MD5M REGIONAL LIONS' LEADERSHIP INSTITUTE October 13-15, 2023, Hampton Inn & Suites Bemidji MN PARTICIPANT APPLICATION FORM

MUST BE SUBMITTED to your DISTRICT GOVERNOR no later than September 22, 2023

IVANIE.	DATE JOINED LIONS:
ADDRESS:	
E-Mail :	PHONE NO:
CLUB NAME and NUMBER:	MEMBER NUMBER:
CURRENT OFFICE HELD:	
OTHER OFFICES HELD:	
WAS REFERRED BY:	
WHY DO YOU WISH TO ATTEND THE MIDSM	REGIONAL LIONS' LEADERSHIP INSTITUTE?
Use the back of this document or add	d another page if you require more space. y requirements?
Use the back of this document or add	d another page if you require more space. y requirements?
Use the back of this document or add Any food or other allergies or special dietary APPLICATION MUST BE SIGNED BY THE FOR	d another page if you require more space. y requirements?
Use the back of this document or add Any food or other allergies or special dietary APPLICATION MUST BE SIGNED BY THE FOR	l another page if you require more space. y requirements? LLOWING:

determined by the amount of Lions attending RLLI.

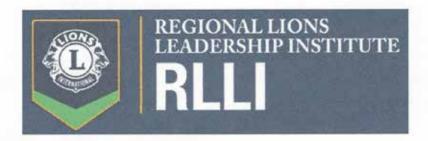
15.

5M4 Newsletter www.e-district.org/sites/5M4 OCTOBER 2023

PUT YOUR EVENT ON THE 5M4 WEBSITE!

Please let us know if you'd like us to post your 5M4 club event.

Send to patrickposl@gmail.com



2023 MD5M Regional Lions' Leadership Institute (RLLI)

RLLI prepares you for leadership roles within your club, district and multiple district.

RLLI participants learn more about club operations, and opportunities and resources available to clubs while developing valuable leadership skills and a deeper understanding of how to better serve clubs.

You qualify for RLLI training if you:

- · are a current member in good standing
- have an interest in your district (5M-4) or multiple district (MD5M)
- · have not attended RLLI in the past five years

RLLI Participants are required to:

- Attend all sessions of the three-day institute.
- · Arrange personal travel to and from RLLI.
- Complete pre-assignments prior to beginning of RLLI.
- Pay \$150 participation fee.
- Participants who complete all sessions and required assignments will receive a rebate upon completion of RLLI. The amount of the rebate is determined by the number of Lions attending RLLI.

RLLI will be held in Bemidji, MN October 13 - 15, 2023.

Completed applications, including club president or zone chair review and signature, must be submitted to District Governor Sue Kulbeik at kulbeik@gmail.com by September 22, 2023.

For more information about RLLI and the application process, contact Lion Mickie Rogal, 5M-4 District Global Leadership Team (GLT) Coordinator at: mickierogal@gmail.com or 218-731-9749.





2023 MD5M Regional Lions' Leadership Institute (RLLI)

RLLI prepares you for leadership roles within your club, district and multiple district.

RLLI Refer a Lion Contest

Refer a Lion to attend RLLI and qualify for a drawing to win a \$100 Amazon Gift Card

(Your name would be placed in the "Referred by" section on the RLLI application. Drawing will take place at the Saturday evening banquet.)



RLLI will be held at the Hampton Inn & Suites in Bemidji, MN October 13 - 15, 2023.

Completed applications, must be submitted to your District Governor by September 22, 2023.

For more information about RLLI and the application process, contact your District GLT coordinator or PDG Lion Dennis W. Kelly III, MD5M Global Leadership Team (GLT) Coordinator at: dkellylion@gmail.com



Greetings fellow Lions! Below is an update from LCIF on recent disaster relief grants:

Thank you for your interest in recent disaster relief efforts. It is important to note that when major disasters occur, the local Lions on the ground are the ones who help implement projects, with LCIF funding support. In some cases with major disasters, there is no immediate update – as search and recovery efforts are taking place, debris is removed, and Lions are making plans for long-term reconstruction. Lions are most often not first responders or experts in disaster relief. Therefore, long-term efforts sometimes take years for Lions to implement.

Morocco Earthquake

On the morning of September 9, LCIF awarded an Emergency Grant for \$10,000 to help fund immediate basic needs. Later that same day on September 9th, LCIF awarded an additional Major Catastrophe grant for \$100,000. Lions of Morocco are still working to finalize plans for how to use the Major Catastrophe funding, but they are looking at supporting infrastructure related to schools and education. Additional grant funding may be available in the future, depending on donations and Lions plans for additional efforts.

Libya Flooding

There are no Lions active in Libya. LCIF has not awarded any grants to Libya thus far, as there are no local Lions to manage a project. There are some preliminary discussions about how LCIF can support efforts, but it may be difficult with no Lions presence in the country.

US/Canada Hurricane Lee

LCIF has not yet received any applications from the impacted districts. However, disaster grants are available if the impacted districts and Lions wish to apply. This is early days after the hurricane, so it is possible that local Lions are working on a plan.

Other Disasters

LCIF continues funding disasters around the world that do not make international news headlines. Since July 1, 2023, \$610,000 has been awarded across 21 different countries for a variety of different disasters. In areas where more long-term reconstruction LCIF will work with local Lions on relief efforts for years to come.





LCIF, your foundation, is truly making a difference! We don't have to look very far to see needs are great. In our communities, our district, state, country, and world. With your continued help we can do so much more. I would like to visit with you at a club or zone meeting to answer your questions about LCIF and touch on some of the neat things that are happening. Call me at 320-267-4207 or email me at allan.ulbricht@gmail.com.

One of my goals is that our district applies for at least one grant this year. Our district has DCG grant credit it can use for a project. Bird Island, Olivia, Montevideo, Sauk Centre, and Spicer Sunrise clubs also have some DCG grant credit that you can use (or it can be built up and carried over to next year). Call me for amount and details. One of my goals is to increase the number of Melvin Jones Fellowships (MJF) given out this year. Several clubs and individuals have MJF credit. It's a powerful way to recognize someone. Call me for details. Applying is easy but plan ahead and allow at least 6-8 weeks to receive).

For our District Governor Sue and our district to receive some awards, Lions Clubs International requires 100% of clubs in our district to make some amount of donation to LCIF during the year. This can be as little as \$5 or \$10. The donation can be made by a club member personally. Please consider donating.

There are a lot of really good resources available for you to share with others about LCIF. For example, go to You Tube and search under Lions Club International Foundation. Several videos will pop up. I can provide you with a lot of high gloss printed materials on the different areas LCIF has helped with.

You may or may not know this, but each club has a position called a LCIF Club Coordinator. Thank you to the fourteen clubs that have identified your club coordinator. Those of you that have not identified your LCIF Club Coordinator, please do so. I promise not to make it a lot or work. Club Coordinators can be any member. It can be another officer; perhaps your former Club President or a club member that has received a Melvin Jones Fellowship would be good candidates. LCIF Club Coordinators will help increase awareness/ support of LCIF at the club level and will help club officers to connect more quickly with LCIF. Club secretaries, please visit with your boards and enter the contact information in My LCI or however you update your club officer names. Call me if you need assistance.

As the LCIF chart shows, our district donated \$7,384 to LCIF in July and \$1,115 in August bringing our total to \$8,499. This past Lions year, our district raised \$52,120 for LCIF. My goal for this year is \$57,350 (which is \$39.50/member). In 2021-2022 our district raised \$98,251, so our goal should be achievable. Please lean into it at the individual and club level and let's celebrate the good that we're creating.

October 12th is World Sight Day. Did you know from July 2022 to May 2023, LCIF awarded 83 vision-related grants totaling US \$7,580,006? Consider running a KidSight program or other Vision-related project in your community.

November is National Diabetes Month. Diabetes affects so many families. It affects mine. Consider running a project to increase awareness of diabetes. Thank you for everything you are doing in your clubs. Together we serve.

Sincerely,

Allan Ulbricht LCIF District Coordinator 320-267-4207 allan.ulbricht@gmail.com



All Star Invitational
Membership Information and
Officer Training Seminars

September 10th - St John's Lutheran Church, 401 Day Street, Raymond

October 1st- Elbow Lake Community Building, 117 Central Ave

Two great opportunities to come together and learn more about how we can better serve our clubs and communities. These days are open to ALL lions. We would love to see all clubs represented!

5:00 PM- Zone Chair Training

6:00 PM- Light Lunch provided by local clubs (Free Will Offering encouraged)

6:30 PM- Welcome- DG Sue Kulbeik

6:45 PM- Breakout sessions

Member Orientation

Presidents and Leadership

Secretary, Service, and Reporting

**Please RSVP to GLT Coordinator Mickie Rogal.

218-731-9749 text or call mickierogal@gmail.com



Everyone who RSVP's and attends training will be entered to win a \$25.00 Gift Card!

(Below) The tickets can be purchased from PDG Jeff Swenson 218-770-1779 or Lion Craig Schellberg 320-894-6843. Also gift baskets and bottles of wine are needed from members and clubs.



The Jammers

Wine Pull • Appetizers • Cash Bar \$30 per person • \$50 per couple Cash or Check

Semi Formal/Business Attire Contact Lion Deb Bialke at liondebbialke@gmail.com

> Earle Brown Heritage Center Captains Room 6155 Earle Brown Dr, Brooklyn Center, MN 55430 7:00pm - 9:30pm

Can your club donate wine for our wine cork pull? Contact Lion Deb Bialke at liondebbialke@gmail.com

5M4 CLUBS!

Please start
planning your silent
auction basket
donation for the
Mid-Winter convention- remember
the theme:
'Made in Minnesota'
THANK YOU!







Members of the Benson High School CTE Construction Trades Class, under the direction of Scott Thompson, lend a helping hand to build the shelter at the ballpark.



Benson Lions Rodney Burns and Mark Frank work on digging holes for the posts.









Heart of a Lion Award Application

District 5M4 Lion members are eligible to apply. A Lion member may apply or a club may apply on behalf of a member. Applications can be turned in throughout the year. Awards will be presented at the Mid-Winter Convention following completion of the application. Any criteria completed after July of 2015 qualifies toward this award and may be earned over several years.

A Lion member must MEET 5 of the 8 CRITERIA listed below to RECEIVE the AWARD!

The Lion member:	Club:
(Name of Li	ion Member)
	Club:
(Name of no	ew member)
	Date:
(Signature of club president or secretary)	
Attended a Zone Meeting	Date:
(Da	ate and Zone # meeting attended)
	Date:
(Signature of a Zone chairperson)	
Attended the 5M4 Mid-Winter Conven	ntion Date
	(Signature of convention chairperson)
Served as a Club Officer or District Cha	irperson Date
	(Office or Committee Chaired)
	Date:
Be a Chair or Co-Chair of a club or distri	ict project. (Name of Project) Date:
(Signature of club president, secretary or D	(Name of Project) Date:
(Signature of club president, secretary or D Attended one training event: 5M4 Foru	(Name of Project) Date: DG) Jam, Officer training, Leadership training or
(Signature of club president, secretary or D Attended one training event: 5M4 Foru	(Name of Project) Date: DG) Jam, Officer training, Leadership training or
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(Signature of club president, secretary or D Attended one training event: 5M4 Foru other Lions Clubs International sponso (Signature of District officer, trainer or copy of	(Name of Project)Date: DG) um, Officer training, Leadership training or ordered classDateDate:
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MN Lions Childhood Cancer Foundation Inc.

BELIEVE AWARD APPLICATION

Recipient Information:			
Name:			
Address:			
City:		ST:	Zip:
Please Check:			
Donation/cumulative dona			
Memorial Donation of \$1,0	000 given in memo	ry of a decease	ed Lion or non-Lion.
	ooo given in memo	, y or a accesse	
	or		Application to:
Mail Application to:		Email	Application to:
Mail Application to: Lion Tom McCarthy 23535 735th Ave Dassel, MN 55325	or	Email	Application to:
Mail Application to: Lion Tom McCarthy 23535 735th Ave Dassel, MN 55325 Mail Award to Club Representa	or	Email	Application to:
Mail Application to: Lion Tom McCarthy 23535 735th Ave Dassel, MN 55325 Mail Award to Club Representa	or ative:	Email	

SIGN UP!

https://www.signupgenius.com/g60B0E49AAAA2AA6FB6-mnlions1 Newsletter websiteFacebook page.





Minnesota Lions Hearing

Foundation

Hearing Research Fellowship

Application

The Hearing Research Fellowship Award can be presented to a club member, family member or member of the community by a local club on behalf of the MN Lions Hearing Foundation. For every \$1000 donated to the Hearing Foundation, a Club earns one recognition award. Please consult with your District Hearing Foundation Trustee to determine how many club credits your club has earned.

Please PRINT

Club Na	me:			District	
Person :	submitting Appl	ication:			
Address	where to ship i	ecognition:			
City		State	Zip	Phone	
Contact	email address:				
RECIPIE	NT:				
Name_					
Address	j			City	Zip
Please C	Check Appropria	te Fellowship:			
		wship = gift total e as a Lion Hearin	•	by individual, Lions Club, wship.	, or Lions District to
	Memorial Fello individual.	wship = gift totali	ng cumulative \$3	1000 given in memory of	a deceased Lion or
		lowship = accumu d upon cumulativ	•	ime resulting in \$1000 d	onation. Fellowship
	Progressive Fel Fellowship Awa		nonor an individu	ial who has previously be	en awarded a Hearing
Amount	of donation:		Check #	Date	
Please send completed application to PDG Mike Vos, Foundation Treasurer for processing.					
Check P	ayable to:	Minnesota Lions	Hearing Founda	ation	
Paymen	t to:	PDG Mike Vos, F 20472 371 st Ave			

Hearing Research Fellowship Application

This award can be awarded to a Lion, a community member or business or other organization the club chooses. The award helps with the ongoing hearing health research projects at the University of Minnesota.

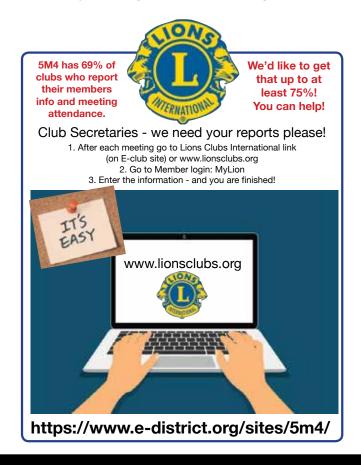
This award can be given for every \$1,000 the club gives to our organization. Clubs can check with their trustees to find our theirbalance.

Please allow 30 days to process & ship award recognition





Bird Island Lion members honored with special awards FRONT: Neal Prokosch, BACK: Mark Glesener, Carmen Kienholz, Dave Kienholz, Vern Prokosch, Carolyn Jungers, Mike Jungers, Mark Peterson.



Lions Helping Lions in need

AHAINA BURNS

Hurricane Dora passes well south of the state, but brings powerful gusts of up to 60 mph

Hawaii island, Maui and Oahu residents contend with fires and power outages



Lions of District 5M5,

We would like to help out our 2023 Mid-Winter Convention visiting International Director, Lion Bob, and his wife Lion Pam, and their District of Hawaii, who have all suffered great loss and destruction due to wildfires. Please see ID Bob's comments below:

neighbors who have suffered such a devastating lost. The Lions of Hawaii have requested an emergency disaster grant from Lions Clubs International Foundation (LCIF), especially the town of Lahaina. Our prayers go out to our friends, relatives and Wildfires have destroyed portions of both the Big Island and Maui, to help with the rescue and recovery process now underway.

www.e-district.org/sites/5M4

Unfortunately it's times like these, that we Lions realize the importance and need for LCIF and why it's necessary for all of us to support our Foundation.

Where there's a need, LCIF is there!

assist our Clubs and Lions in responding to such needs. These donations supplement the The Lions of Maui also held a meeting, together with the District leadership team, LCIF grants, as they have greater flexibility and less restrictions, and can be used to fill the Hawaii Lions Foundation (HLF), who maintains an emergency disaster fund to to discuss the situation and a plan of action. We have our District foundation, in the gaps left by the LCIF funds.

situation, I would suggest monetary donations be made to District 5M5 - Hawaii Relief, So the bottom line for those who would like to help, just for this particular earmarked for the "disaster fund".

If you or your club would like to make a donation to our District's efforts (Due date September 15, 2023), please make your check out to:

District 5M5 - Hawaii Relief

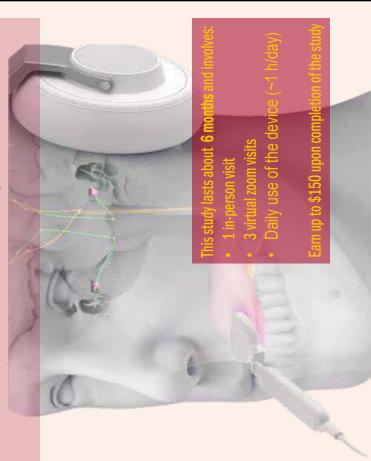
Mail to: Lion Rob Hed 17440 45th Ave N

Plymouth, MN 55446

UNIVERSITY OF MINNESOTA

Driven to Discover*

We are testing the usability of a medical device designed to stimulation that work together to reduce tinnitus. We are treat tinnitus. The Lenire device is made by Neuromod neuromodulation device delivers sounds and tongue Devices and is CE approved for use in Europe. This interested in your feedback after using the device.





Please contact us if interested Tinnitus UMN@umn.edu [IRB] STUDY00015524



25.

5M4 Newsletter www.e-district.org/sites/5M4 OCT. 2023



NEWS FROM THE HOME FRONT – LEADER DOG

How YOU or YOUR CLUB can help LEADER DOG with a non-event -

Events take a lot of time and money. Here are a few ideas for non-event fundraisers:

<u>Dollars for Dogs</u> – local businesses offer paper "dog tags" for \$1, \$5, or \$20 donation which they then display. If they raise \$500+, the business and club can symbolically sponsor a future Leader Dog. The club also gets credit without having to write a check!

<u>Download the Round-up App</u>-round your purchases up to the next dollar amount which is then donated to Leader Dog

<u>Amazon Smiles</u>-For every purchase you make on Amazon Smiles a portion comes to Leader Dog

<u>Facebook Fundraiser</u>-Individuals and clubs can create online fundraisers such as Facebook and My Leader Dog page (a fundraising tool we help develop). Atlanta Lions Club just raised \$2,000 on a Facebook fundraising campaign.

WHERE'S HAWKEYE? Hawkeye has been spotted at several Lions events this past month.

Elbow Lake Lion's Den Speakeasy in Barrett MN

Lowry Lions regular meeting with a short demonstration of skills learned.

Hector Lions Pancake Breakfast and 81st Fly In

We traveled to Castle Rock Colorado (A suburb of Denver) to work with 3 service dog companies, and 6 puppies. The Service companies were Leader Dog, Guiding Eyes/American Vets, and SE Guide Dogs. The puppies and handlers had a full week of events to go to and practice their skills that they have learned at their homes. The youngest puppy was 7 weeks (that only appeared one night just to meet everyone) and the oldest was 19 months. We are all volunteers, and this was not a required event to attend, but it is a good chance to practice all types of skills and learn from each other (both puppies and humans).

Mary Bolas, marybolas.mb@gmail.com, 320-815-0343

