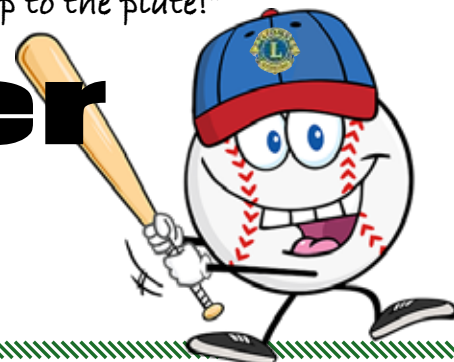




# 5M4 Newsletter

"It's time to step up to the plate!"



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**SEE YOU THERE!**

WHAT: 5M4

Mid-Winter Convention

WHERE: Willmar Conference Center

WHEN: January 28-29-30 2022



## Follow a dream...

It has been a dream of mine to be the Governor of 5M4 for many years. It's hard to believe that what was once a farfetched dream, has become an incredible reality. I find it hard to come up with the correct words to describe what an honor it is to follow in the footsteps of some of the most incredible leaders who have led this District.

I can only hope to continue to set the bar as high as those who have come before me. I joined the Bird Island Lions in 1994, and for the past 28 years have thoroughly enjoyed working alongside others who share our vision and motto of "We Serve." The work that Lions do can send out ripples that can truly change lives. The results may not always be seen immediately, but some-times are worth that wait to see what impact we can have on others.

I have been married to my amazing wife Karla, for nearly 33 years and we have 3 children. Kyle, our oldest, is married to Ashley and they have 2 chil-dren, (Eli and Mila) and live in Olivia. We are continually amazed at how "cool" being grandparents is!! Trent is married to Brea and they live in Olivia also. Dana, our youngest, is finishing her last year of college in Eau Claire, Wisconsin.

A huge thank you to the Lions of District 5M4 for the time and effort that you put in to make your communities a better, brighter place.



**Lion Karla Athman and  
DG Lion Marty Athman**

**"Everybody can be great...  
because anybody can serve.  
You don't have to have a  
college degree to serve.  
You don't have to make your  
subject and verb agree to serve.  
You only need a heart full of grace.  
A soul generated by love."**

**- Martin Luther King Jr.**



## WOW - here we go 2022

*Taking a look back at 2021 there are many things that make me cringe. Everything from the ongoing pandemic, to the state of the economy.*

*There is one thing that makes me smile and that is our LIons family. WE have come together and worked our way through it all.*

*Personally I have grown from all that has happened in the last two years. I have learned about ZOOM meetings. And how to communicate with technology. We have been forced to think out of the box with service projects and fundraisers. We had to do things different or we were not going to make it. Well we made it. Let us learn and use what we learned to make a difference in the future.*

*The greatest form of flattery is having an idea and someone else taking and using that idea. Lets share what we have learned about fundraising and service projects. THE Sauk Centre Lions did a great job with their out of the ordinary pancake breakfast. (for more details ask a Sauk Centre member to explain). We have also started to zoom all our meetings allowing those who are not able to join in person to still be active with the meetings..*

*These changes and decisions have not come without compromise with our members. I personally was not in support of the out of the ordinary pancake breakfast when the idea was presented to me. I was in support of my club though. I backed their decision to have this project and did my best to make it a success. That is what Lions do, we may not always agree with an idea or decision but we respect it and do what we can to make it successful. So let's work as team 5m4 and help everyone to make it better.*

*This next year will not be without challenges. We still have restrictions and new rules to follow. That we are learning daily. Let's grow together. DG Marty is a great leader. Let us follow his lead and end the year out strong. DG Marty has some goals we need to help achieve. And I personally feel we can achieve these goals. I will be sitting down with the cabinet and the leadership team to build off the success we have so far. I want to keep the momentum going long into the future.*

*I mentioned I will be working with the cabinet to plan my goals as District Governor, I am also looking for help from all of you. What would you like to see happen in 5M4? Is there something you would like to see changed or made better or different?*

*I have had the opportunity to travel and visit other district conventions. I have learned we all have the same or similar issues. We are always looking for members to join the cabinet, the foundations, and the leadership team. If you are interested or maybe just want to learn more about any position never hesitate to ask. These positions are fun and fulfilling. My favorite position so far has been a Zone chair. Do get me wrong, I enjoy being on the Diabetes foundation. But being a zone chair was the most fun. I was able to communicate with clubs within my zone meet a lot new friends make great memories*

*Looking forward to a great 2022.*

*Remember if you have any questions, never hesitate to ask. I may not have the answer but I have the phone number of who does.*

5m4 FVDG Lion Rob Wiener  
320-241-7100  
5m4lionrob@gmail.com



**1st VDG Lion Rob Wiener  
and Lion Jo Wiener**

### SIGN UP!

<https://www.signupgenius.com/g60B0E49AAAA2AA6FB6-mn-lions1>

Newsletter website Facebook page.  
Lion Rob



## 2022 MID WINTER CONVENTION

43RD DISTRICT 5M4 LIONS MIDWINTER CONVENTION  
JANUARY 28-30, 2022  
WILLMAR CONFERENCE CENTER, WILLMAR, MN



### HOST HOTEL - BEST WESTERN PLUS, WILLMAR

Best Western Plus - Address: 2100 E Highway 12, Willmar, MN | Phone: 320-235-6060  
Please Make Your Own Hotel Reservations. Rooms will be released on December 28th.

### INDIVIDUAL & FAMILY REGISTRATION FORM

Name: \_\_\_\_\_ Club: \_\_\_\_\_  
Club Title: \_\_\_\_\_ Lion: \_\_\_\_\_ Lioness: \_\_\_\_\_ Leo: \_\_\_\_\_ Non-Member: \_\_\_\_\_  
Name: \_\_\_\_\_ Club: \_\_\_\_\_  
Club Title: \_\_\_\_\_ Lion: \_\_\_\_\_ Lioness: \_\_\_\_\_ Leo: \_\_\_\_\_ Non-Member: \_\_\_\_\_  
Address: \_\_\_\_\_  
City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_  
Phone: \_\_\_\_\_ Email: \_\_\_\_\_  
Guest Children: \_\_\_\_\_ Ages: \_\_\_\_\_  
Guest Children: \_\_\_\_\_ Ages: \_\_\_\_\_

### REGISTRATION OPTIONS

#### REGULAR CONVENTION PACKAGE (includes all meals):

\_\_\_\_\_ @ \$125.00 Regular Attendees \_\_\_\_\_ @ \$50.00 First Time Attendee (District 5M4 Only)  
\_\_\_\_\_ @ \$50.00 Children 12 & Under

#### REGULAR CONVENTION PACKAGE (includes all meals) - AFTER December 20, 2021

\_\_\_\_\_ @ \$135.00 Regular Attendees \_\_\_\_\_ @ \$50.00 First Time Attendee (District 5M4 Only)  
\_\_\_\_\_ @ \$50.00 Children 12 & Under

Please Choose Your Banquet Meal: Tenderloin: \_\_\_\_\_ Walleye: \_\_\_\_\_ (How many for each selection)

Any Special Dietary Needs: \_\_\_\_\_

#### For those attending ONLY Saturday or Sunday (No Meals Sold on Site):

Breakfast: \_\_\_\_\_ @ \$30.00 | Lunch: \_\_\_\_\_ @ \$35.00

Banquet: \_\_\_\_\_ @ \$50.00 | Please include your meal choice: Tenderloin: \_\_\_\_\_ Walleye: \_\_\_\_\_

Sunday Brunch: \_\_\_\_\_ @ \$30.00

Any Special Dietary Needs: \_\_\_\_\_

#### ALL REGISTRATIONS NEED TO BE RECEIVED BY JANUARY 10, 2022

Cancellations after January 11, 2022 will be charged \$20. Cancellations after January 15, 2022 no refund will be made.



Make Checks Payable to: District 5M4 Lions Mid-Winter Convention Fund  
Send to: Mike Jungers, 8835 123rd Ave SE, Lake Lillian, MN 56253  
Email: mcjungers@frontier.com | Phone: 320-579-0352



Credit Card \_\_\_\_\_ Expiration Date \_\_\_\_\_ CVC \_\_\_\_\_  
Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
Printed Name: \_\_\_\_\_ Signature \_\_\_\_\_

If you have any questions, please call Marty Athmann at 320-522-0856 or email athmannmarty@hotmail.com



"It's time to step up to the plate!"



Enjoy good company, food and drink, silent and live auctions and a performance by Bob Stromberg. All proceeds help Can Do Canines provide specially trained assistance dogs to people with disabilities, free of charge.

*Saturday, February 26, 6pm*

DoubleTree Bloomington • 7800 Normandale Blvd • Minneapolis, MN 55439

### *Master of Ceremonies*

Rena Sarigianopoulos  
KARE 11 Reporter/Anchor

### *Entertainment*

Bob Stromberg  
Comedian

### *Ticket Information*

**VIP Table** - \$1,800 each

Includes up to 10 guests per table,  
access to an exclusive VIP reception  
and two bottles of wine with dinner.

**Individual VIP Ticket** - \$215 each

**Individual General Ticket** - \$150 each

Purchase tickets and pre-register for electronic bidding online at  
[candocanines.org/fetchingball](http://candocanines.org/fetchingball). Call 763-331-3000 with questions.



**The tradition continues!**  
**SAUK CENTRE LIONS**  
**61<sup>st</sup> ANNUAL BENEFIT**  
**PANCAKE DAY**

**SUNDAY, FEBRUARY 6, 2022**  
 8:00 a.m. to 1:00 p.m.

~ Serving ~

PANCAKES ~ FRENCH TOAST WITH FRESH CREAMERY BUTTER & SYRUP  
 GOOD COUNTRY- STYLE SAUSAGE  
 POTATOES ~ APPLE SAUCE  
 CHOICE OF BEVERAGE



TAKE OUTS  
 AVAILABLE

Advance tickets: Adults - \$9.00  
 At the door: Adults - \$10.00

Children Under 10 - \$5.00  
 Children 2 & Under FREE

**Sauk Centre High School Cafeteria**  
**ALL THE DELICIOUS FOOD YOU CAN EAT!**

Buy Your Ticket Today from Any Lions Member or at  
MN National Bank, First State Bank, Central MN Credit Union,  
Schaefer's Market, Coborn's & SC Chamber of Commerce  
 Tickets will also be available at the door

~ Proceeds go for ~

◆ Fairy Lake Park ◆ Outdoor Skating Rinks ◆ Dollars for Scholars  
 ◆ Vision, Hearing and Diabetes Programs ◆ Many other Lions Activities



## Benson/Hancock Lions joint meeting held

The Benson/Hancock Lions joint meeting was held January 17 at Track Bar & Grill in Benson. District Governor Marty Athmann and his wife of Bird Island attended the event. Gov. Athmann was present to install new members of the Lions Club and talked about on-going and upcoming Lion's issues. Pictured above is Mark and Cindy Frank being installed by Governor Athmann.



Loren and Jackie Grothe (Spicer Lions) had a great time volunteering and decorating the Lions International Club float that will be in the Rose Parade. "We were there four days and saw this beautiful, whimsical float come together. Loren did the rope work on the upper sail boat. Some of the materials used on the float are rice (lots of rice), ground coffee, coconut fiber, ground coconut, pink, blue, and purple status, straw, straw flowers, recycled Christmas tree branches, and carnations. Lots of Elmer's glue was used everywhere and carnations were applied with epoxy glue. Other fresh flowers on the float are in individual water vials. There were around 18 floats in the building we were in. All floats needed to be completed by the morning of the 31st when the judging took place. After that the floats are moved 20 miles during the night to Pasadena for parade lineup. We met the International Lions President, Douglas Alexander, the International Director, Ken Ibarra, Manny Sanchez, the Lions Float President, members of the float committee, and many volunteers and other Lions. Next year, the International Lions President will be Brian Sheehan from Bird Island! (At least Lions will now know where Bird Island is-just say'n!!!)"





"It's time to step up to the plate!"



### *Spicer Sunrise Lions honor Kay Rauk*

Spicer Sunrise Lions honored Lion Kay Rauk with a Melvin Jones award. Presenting left to right are club president Lion Lori Schellberg, Lion Kay, DG Marty Athmann, and LCIF chair Lion Jean Ruter. Lion Kay participated in all club activities as well as getting the meal count for our evening meetings even when she is in AZ.



### *New Spicer Sunrise members*

New Spicer Sunrise Lions are Gary Hildebrand, Lily Wood, and Sue Kern we inducted by DG Marty. Welcome Lions!



### *Carla Lagerstedt honored*

Spicer Sunrise Lions honored Lion Carla Lagerstedt with a Melvin-Jones award. Lion Carla has been a key player in the KidSight screening efforts as well as doing her parts in all other club endeavors.

**Get excited for the 104th  
Lions Clubs International  
Convention in Montréal!**



#### RECENT POSTS

- Get excited for the 104th Lions Clubs International Convention in Montréal!
- Get ready for LICCon 2022 Montréal!



## Meet 'Olee'!

Olee, and his Leader Dog training partners, Elbow Lake Lions, Sue and Bob Kulbeik, are just beginning the journey that will change the life of someone with vision challenges. Sue and Bob have trained many pups for the Leader Dog program. They traveled to Michigan last week to pick up this little cutie.



*Having a hard time finding new members?...maybe you should ask one of these?...*

your spouse  
 your children  
 your neighbor  
 your brother  
 your sister  
 your best friend  
 your mailman  
 your garbage man  
 your insurance agent  
 your banker  
 your car dealer  
 your doctor  
 your nurse  
 your pastor  
 your boyfriend  
 your girlfriend  
 your mother  
 your father  
 your cousin  
 your past Lions members  
 your business partner  
 your barista  
 your mayor  
 your local store owners

*As you can see the options are limitless. Find one of the above or one of your own choices. Share the gift of Lionism today!!*

*Submitted by Jason Kerfeld*



Are you having problems with hearing loss? Tinnitus? Vertigo? And other conditions related to hearing and the ear?

The Audiology and Aural Rehabilitation Clinic at University of Minnesota Medical Center can evaluate a wide range of hearing impairments and maximize your communication potential.

With advanced expertise, our audiologists can prescribe and program the best possible hearing instrument for you, including hearing aids and cochlear implants.

At the Audiology and Aural Rehabilitation Clinic, we are proud to be a part of the Lions 5M International Hearing Center that is located within our clinic.

(<https://www.5mhf.org/international-hearing-center.html>)

#### Conditions We Treat:

1. Ear and Hearing Conditions
2. Hearing Loss in Adults
3. [Pediatric Hearing Loss](#)
4. Tinnitus
5. Vertigo
6. Vestibular Balance Disorders

Go to <https://www.mhealthfairview.org/specialties/Audiology-And-Aural-Rehabilitation> to learn more and to request an appointment.







Mn Lions Childhood Cancer Foundation Inc.

**Believe Award  
Application**

Club Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

**Recipient:**

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

Please check:

\_\_\_\_\_ Memorial Donation \$1,000.00, given in memory of a deceased Lion or non-Lion.

\_\_\_\_\_ Cumulative Award - Accumulated gifts over time resulting in a \$1,000.00 donation.

Mail or Email Application to:

Lion Genia Sjerven  
14496 Geneva Ave N  
Hugo MN 55038  
[sjerven@gmail.com](mailto:sjerven@gmail.com)

Mail Award to: Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

## PUT YOUR EVENT ON THE 5M4 WEBSITE!

Please let us know if you'd like us to post your 5M4 club event.

Send to [patrickposl@gmail.com](mailto:patrickposl@gmail.com)



### Minnesota Lions Hearing Foundation Hearing Research Fellowship Application

The Hearing Research Fellowship Award can be presented to a club member, family member or member of the community by a local club on behalf of the MN Lions Hearing Foundation. For every \$1000 donated to the Hearing Foundation, a Club earns one recognition award. Please consult with your District Hearing Foundation Trustee to determine how many club credits your club has earned.

#### Please PRINT

Club Name: \_\_\_\_\_ District \_\_\_\_\_

Person submitting Application: \_\_\_\_\_

Address where to ship recognition: \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_ Phone \_\_\_\_\_

Contact email address: \_\_\_\_\_

#### RECIPIENT:

Name \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ Zip \_\_\_\_\_

Please Check Appropriate Fellowship:

\_\_\_\_\_ **Individual Fellowship** = gift totaling \$1000 made by individual, Lions Club, or Lions District to honor someone as a Lion Hearing Research Fellowship.

\_\_\_\_\_ **Memorial Fellowship** = gift totaling cumulative \$1000 given in memory of a deceased Lion or individual.

\_\_\_\_\_ **Cumulative Fellowship** = accumulated gifts over time resulting in \$1000 donation. Fellowship plaque awarded upon cumulative \$1000 donated.

\_\_\_\_\_ **Progressive Fellowship** = gift to honor an individual who has previously been awarded a Hearing Fellowship Award.

Amount of donation: \_\_\_\_\_ Check # \_\_\_\_\_ Date \_\_\_\_\_

Please send completed application to PDG Mike Vos, Foundation Treasurer for processing.

Check Payable to: **Minnesota Lions Hearing Foundation**

Payment to: PDG Mike Vos, Foundation Treasurer  
20472 371<sup>st</sup> Avenue, Green Isle, MN 55338

Please allow 30 days to process & ship award recognition

# Hearing Research Fellowship Application

This award can be awarded to a Lion, a community member or business or other organization the club chooses. The award helps with the ongoing hearing health research projects at the University of Minnesota.

This award can be given for every \$1,000 the club gives to our organization. Clubs can check with their trustees to find our their balance.

"It's time to step up to the plate!"



## **Northern Pride** **Lions Forum**

**March 25th - 26th, 2022****Best Western Plus Kelly Inn****100 4th Ave. South, St Cloud, MN USA*****2022 Registration Form*****Your District & Club Name:** \_\_\_\_\_**Lions Membership # :** \_\_\_\_\_

Name &amp; Title \_\_\_\_\_

Address \_\_\_\_\_

City/Town \_\_\_\_\_

State/Prov. \_\_\_\_\_

Zip/Postal \_\_\_\_\_

Phone (     ) \_\_\_\_\_

Email \_\_\_\_\_

Registration form also available at  
<http://www.lionsmd5m.org>**Special Dietary Needs:**Vegetarian, Gluten Free,  
(circle ones that apply)

Allergies \_\_\_\_\_

**Registration Fee \$105.00 (US\$ or CDN\$)**

Registration includes Friday evening Meet & Greet Mixer, your choice of up to 6 of the 36 seminars offered on Saturday, Saturday breakfast, lunch and dinner with two dynamic guest speakers:  
(seminars start at 9 AM Saturday morning)

**SIGN UP ONLINE @**<https://www.eventbrite.com/e/northern-pride-lions-forum-2022-registration-181446420127?aff=erelexpmlt>**Pay with credit card in US\$ or CDN\$ follow the online screen instructions to register.**

If you would like to send a USD check or money order:

Make it payable to: **Northern Pride Lions Forum**

Mail to: Lions Dennis &amp; Jacque Heinen, PO Box 94, Sauk Centre, MN 56378

Hotel Reservations – Contact the hotel directly – Rate \$109.00 USD per night (+ taxes) Until March 7th, 2022

Best Western Plus Kelly Inn, 100 4th Avenue South, St Cloud, MN – Call Direct 1-320-253-0606

This block is called **"Northern Pride Lions Forum"**

Cancellations prior to March 19th, 2022 will have a \$25.00 administration fee applied, Cancellations after March 19th, 2022 are non-refundable except for a documented medical emergency (\$25.00 administration fee still applies).

**For more Information Email The Northern Pride Lions Forum at: [npllfmd5m@gmail.com](mailto:npllfmd5m@gmail.com)**<https://forum.northernpridelions.com/>





"It's time to step up to the plate!"

## PEACE POSTER CONTEST

LIONS INTERNATIONAL

### PEACE POSTER

Each year, Lions Clubs around the world proudly sponsor the Lions International Peace Poster Contest in local schools and youth groups. This art contest for kids encourages young people worldwide to express their visions of peace. For over three decades, millions of children from nearly 100 countries have participated in the contest.

The theme of the 2020-2021 Peace Poster Contest is "Peace Through Service." Students ages 11, 12, or 13 on or before November 15th are eligible to participate. History has shown that all too often peace is not guaranteed. While this is unfortunate, it also allows us the powerful opportunity to figure out how to achieve peace, individually and in our communities. And who better to map out the "Peace Through Service" than our youth?

#### 1<sup>ST</sup> PLACE WINNER

**Aidin Middendorf**

Holy Family School

*Sponsored by Sauk Centre Lions*

#### 2<sup>ND</sup> PLACE WINNER

**Alexis Rudell**

West Central Area Schools

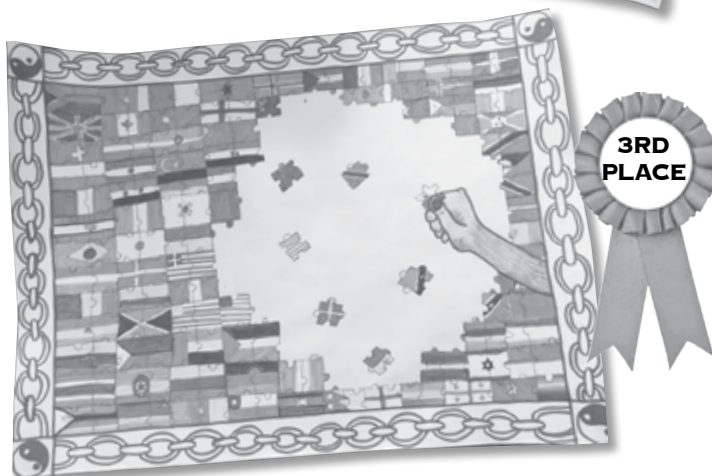
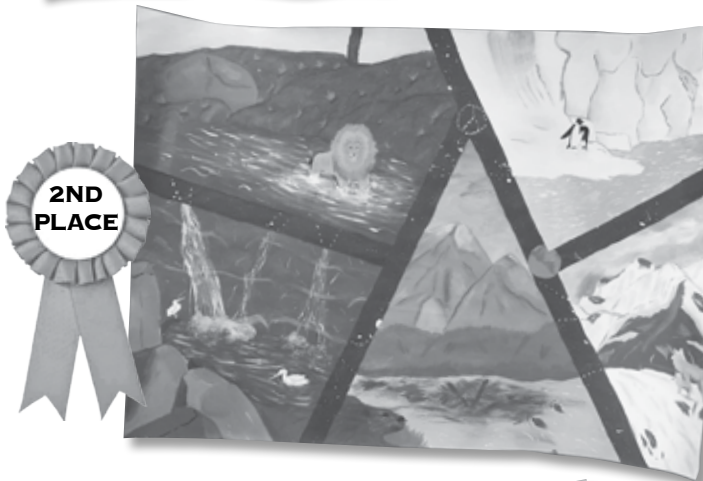
*Sponsored by Wendell Lions*

#### 3<sup>RD</sup> PLACE WINNER

**Maya Huda**

New London - Spicer Schools

*Sponsored by Spicer Lions*



June 24-28 | [lcicon.lionsclubs.org](http://lcicon.lionsclubs.org)

## Early pricing extended until March 31

As we look forward to our 104<sup>th</sup> Lions Clubs International Convention in Montréal, we realize that current international travel guidelines continue to change. In order to give all Lions and Leos a better opportunity to make their travel arrangements to the convention, we are extending the early discounted pricing deadline to **March 31, 2022**.

**Register by March 31, 2022, and pay the discounted US\$175 registration fee.**

We can't wait to see you in Montréal!

**Register now**



## LCIF = Our Lions Foundation - Donation Information

### Campaign 100 started July 1, 2018

- \* Our district 5M4 targeted is to do our part for this 3 year campaign matching with the 100 theme:
- > 100 percent participation
- > \$100 average per club member per year with personal and club donations going into the average
- \* Easy ways to donate are:
- > Go to web address: [lcif.org](http://lcif.org) and set up ACH bank account or credit card automatic giving
- > Go to [lcif.org](http://lcif.org) and donate with credit card

Mail with attached form to

Lions Club International Foundation, Dept 4547, Carol Stream, IL 60122-4547

or give to your president, secretary or treasurer

OR: Give or mail to: 5M4 Foundation District chair Craig Schellberg, 6233 97th Ave NE, Spicer, MN 56288. Phone/text: 320-894-6843 email: [spicerlioncraig@gmail.com](mailto:spicerlioncraig@gmail.com)

For technical help: Phone 630-203-3836 or email: [donorassistance@lionsclubs.org](mailto:donorassistance@lionsclubs.org)

### Please Detach this form and include with donation

Date: \_\_\_\_\_

Name: \_\_\_\_\_ Member # \_\_\_\_\_

Address with town: \_\_\_\_\_

Donate to: \_\_\_\_\_ Empowering Service = Area of Humanitarian greatest needs  
(pick one) \_\_\_\_\_ Disaster Relief  
\_\_\_\_\_ Half & half

Donation amount: \_\_\_\_\_ I plan to give this amount:  
(pick one)  
\_\_\_\_\_ One time  
\_\_\_\_\_ Monthly  
\_\_\_\_\_ Yearly

I would like to receive a recognition pin (minimum \$50 donation): yes \_\_\_ or no \_\_\_

**Thanks for giving to Campaign 100 for others in need!**



"It's time to step up to the plate!"



# ***"Catch the Dream"***

## ***...Life Without Diabetes!***

Minnesota Lions Diabetes Foundation  
***STRIDES for Diabetes Awareness***

**February, March & April 2022**

**Commit to 15 Miles of Physical Activity a Month**

2000 steps = 1 mile

**You Choose Your Activity**

**Be active on your own**

**Be a part of a team**

**Register at: [MNLionsDiabetes.org](http://MNLionsDiabetes.org)**

**Registration opens January 25, 2022**

**\$25 Registration Fee**

**T-Shirts available**



*Physical activity, and healthy food and beverage choices are key to preventing diabetes and improving health.*



**Net Proceeds benefit  
Minnesota Lions Diabetes Foundation**