

5M4 Newsletter



Greetings 5M4,

I've truly enjoyed getting out to meet more of you during my club visits this summer. It has been inspiring to see our 5M4 Lions in action within your communities and your neighbors' communities! Whether it's serving meals, joining in your parades, or visiting your hosted community events, your efforts are noticed! Please keep inviting me; I love being part of your service!

As we look ahead, I want to highlight a few important leadership opportunities and the criteria for our Club Excellence Award for this Lions year, 2025-2026:

We need strong leaders to keep our clubs moving forward. The Regional Lions Leadership Institute (RLLI) will be held in Mankato this year, see page 12. What an excellent chance to strengthen leadership skills. Another new, exciting opportunity for leadership growth is coming to Roseville this November. IGNITE will light a fire in you, spark your passion, and sharpen your leadership abilities. If you are interested in either event, please let GLT Marty or myself know. You are also invited to join us at our next 5M4 Cabinet meeting! All are invited to Max's Grill and Bar in Olivia on October 29th, 6pm. This is a great way to better understand the leadership and business of 5M4. Please RSVP to me if you plan to attend.

The Club Excellence Award (CEA) – One of the requirements to earn the CEA is to participate in the three global weeks of service. The first one begins in October and spotlights Mental Health and Well-Being. Consider sponsoring a class in your area and inviting others to attend (see page 9 for details). I also have free yard signs available to help promote this initiative, contact me if you'd like some for your community. Our Service Team Leader, IPDG Jacque, has also shared a wealth of ideas on pages 17 & 18 to help you get started. Please start planning now so you don't miss out! The full CEA criteria can be found on page 4, please review it so you don't miss any important deadlines.

PCC Rob (our GMT) has prepared an excellent chart on pages 20 & 21 that provides an at-a-glance look at your clubs progress in membership, service reporting, LCIF donations, and if your club has attended officer training (or completed it in the portal). Would you like help in planning a membership drive? PCC Rob, Membership team leader, is here for you, just reach out to him. We are looking forward to promoting Lions at an event in Willmar on September 13th. Come check us out for ideas for your next event!

Many clubs still need to complete officer training. If you prefer, you can complete this individually through the Lions Learning Center, where e-books are available for each position. If you have trouble logging in or navigating the portal, please let us know. More in-person sessions will be offered this fall, keep an eye out for upcoming dates in next month's newsletter.

Don't keep your great events a secret! Share them with me so I can join you, and get them advertised in the newsletter! Your neighbors would love the opportunity to come support you as well!

We are still promoting the Golf Passport fundraiser for the USA Special Olympics. If you need more passports to sell, please reach out to 1VDG Jason. Remember, Christmas is coming – these will make great stocking stuffers!!

Thank you for all you are doing to strengthen our clubs, serve your communities, and carry out the mission of Lionism.
Together, we will rise higher!

District Governor Susan Krumrey susanreuberkrumrey@outlook.com 320-295-8327



*DG Susan Krumrey
and Lion Brad Krumrey*

Is your club hosting an event or planning a service project?

I'd love the opportunity to attend, lend a hand, and show support. If you have a flyer or event details, we'd be happy to help promote it on the District 5M4 Facebook page.

Is your club posting events and projects on your Clubs Facebook page? Let us know so we can help spread the word by sharing it on ours?!

Don't keep those great activities a secret!

Let's work together to showcase all the amazing things happening across our district - let me know how 5M4 can support you!

Contact me anytime at susanreuberkrumrey@outlook.com or 320-295-8327.



Leader Dog visit leaves a mark!

September and its back to school! I am at the point in my life where I don't have to worry about any of that school shopping or seeing the kids off to school on that first day. The toughest decision I have to make now in the first part of September is who to start on my Fantasy Football teams!

I just arrived home from spending last weekend in Detroit, Michigan (actually Rochester Hills) at Leader Dog for the Blind headquarters. It has become tradition for the 1VDG from the Multiple District to travel out there for a tour. In that tour we were able to walk blindfolded with the use of a white cane and also use a guide dog to navigate around objects. In the evening our group ate "Dinner in the Dark" to experience the challenges the blind feel with day to day tasks that many of us take for granted because we have our sight. It was safe to say that it touched the lives of all of us in that room. Many of our Lions Clubs in our district contribute annually to Leader Dog and I can attest that it is a wonderful program they have there.

September is going to be an exciting month for many in our 5M4 district. Make sure if you haven't signed up for RLLI in Mankato please do so ASAP. If those days don't work for you please turn your attention to the New Lions Ignite coming to Roseville in November (there is only 4 of those being held in the US and we are lucky enough to have one here in Minnesota). Please give either of these two options a chance to advance your leadership within our organization, you'll not be disappointed. Also in September, I will have my first opportunity to attend the USA/Canada Forum in Atlantic City. I am looking forward to learning more about what makes the Lions the most popular service organization in the world and hopefully learn new ways to help you grow our organization in your hometown.



*Lion Jason Kerfeld,
1VDG District 5M4*

I know PCC Rob is working hard assisting some of our clubs in organizing their membership drives. If you haven't made plans to host yours yet, please make a concerted effort on growing your/our membership...more members, more service!!

Many of our clubs have been sending checks for some or all of the LCIF-Mn Special Olympics Golf Passports...that is great, but could you also let me know how many more you or your club is in need of because this fundraiser is on-going until October 1, 2026. Please do not sell yourselves short. Our district is off to a great start and we would like to keep the momentum going, especially with the holiday season of gift-giving coming up soon!

If there is anyone out there reading this newsletter that is considering stepping up into the 2VDG position, please contact me sometime in September. The reason for that is that there is training coming up in Alexandria Oct 16-18 and I don't want you to miss this vital part of the first part of the 2VDG year, plus its nice to work as a three person team.

Also, a quick reminder to get your Peace Poster information out into the hands of our artists! Its always so nice to see how well these young ones can draw and create works of art. Early bird registration is open for the 5M4 Mid-Winter Convention in Willmar February 6-8, 2026. It would be nice to see a representation from every club in our district. Its looking to be an amazing weekend of information and entertainment that you'll not want to miss.

Serving by your side, Lion Jason Kerfeld, 1VDG
320-429-0794(cell)
333 Morning View Lane, Sauk Centre MN 56378

Sauk Centre Lions Club & Melrose Lions Club
"Working together to better our communities"



**Please join us for our
FALL
TASTING
EVENT**

Friday, September 26, 2025 6:30 - 8:30 p.m.

Sauk Centre Civic Arena

♦ Wine ♦ Beer ♦ Liquor ♦ Food

Sponsored by



Featuring Samples from:



Bucky's Horseradish Pickles • Camp Hill Village Cookies
Clyne's Country Baked Goods
Melrose Meat Shoppe • Strawberries Galore & More
Schaefer's Market

Onsite Food Options
offered by:



Food & Drink
at the event

\$20.00 advance ~ \$25.00 at door

Tickets available at Spiritz Liquor, The Bear Trap
or any Sauk Centre or Melrose Lions Member

MUST BE 21 TO ATTEND





LIONS INTERNATIONAL PEACE POSTER CONTEST

The theme for this year's PEACE POSTER CONTEST is

“Together As One”

Kits are available through the Lions Store. They are for ages 11-13 (as of November 15, 2025) Completed winning entries must be postmarked by November 15, 2025 and send to DG Susan Krumrey, PO Box 134, Buffalo Lake MN 56314



Ashby Lions Officers

Donna Faye Grover, Treasurer, Mickie Rogal, Zone Chair, Penny Scholl, Administrator, Marcia Koefod, Secretary, Marsha Bowman, President, Heidi Kent, Marketing, Roger Moerke, Tail Twister. Not Pictured - Mark Myron, Vice President. Mickie installed new Ashby Lions officers at their July meeting.

Can Do Canines is the foundation for the multiple convention in April of 2026.



2025-2026 Can Do Canines Events Calendar

Tuesday, August 19, 2025

Open House 6 p.m. – 8 p.m.

Saturday, September 13, 2025

Can Do Woofaroo – 10 a.m.-2 p.m.

Festival and Fundraising Walk

Can Do Canines

Saturday, October 25, 2025

Can Do Canines Fall Graduation – 1 p.m.

Saturday, November 8th, 2025

Open House Noon-2 p.m.

Thursday, November 20, 2025

Give to the Max Day-24 hour online giving event

Give to Can Do Canines online at:

<https://givemn.org/organization/CanDoCanines>

Saturday, April 11, 2026

The Fetching Ball Gala

Dinner, Silent and Live Auction

Radisson Blu Bloomington Hotel



Cabinet Meetings:

All Lions members are warmly invited to attend any upcoming cabinet meeting this year. This is a great opportunity to gain deeper insight into the business of District 5M4 and to better understand the roles and responsibilities of our cabinet members. Whether you're curious about district operations or considering future leadership, your presence is welcome and encouraged.

October 29, 2025 – Max's Bar & Grill, Olivia, 6pm

February 6, 2026 – Best Western Conference Center / Mid-Winter Convention, Willmar, Time/TBD

May 6, 2026 – Alexandria, Place and Time TBD

Please RSVP to DG Susan if you plan to attend.

OPEN CABINET POSITIONS

2nd Vice District Governor

Zone 3 Chair

If you are interested in any of these leadership positions or have questions on what each position does, please reach out to DG Susan Krumrey at 320-295-8327 or at susanreuberkrumrey@outlook.com.



Cedar Mills Lions Club

had Chuck Thiel play at Harmony River Senior Living facility for their August birthdays. There were 11 birthdays for August and 55 in attendance!

WANTED:

Motivated Lions who are willing to assist new clubs by being a Guiding Lion.

As our District pursues new clubs and also assists clubs who are struggling and looking for help, we are looking for a few Lions who are willing to become Guiding Lions for these clubs.

As a Guiding Lion you would serve as a mentor and advisor to these new or struggling clubs, providing support and guidance to help them succeed. The Guiding Lion's role is crucial for the long-term success and growth of the club they are assigned to.

Training dates:

Monday Sept. 29 5M7 --

Spring Lake Park

Tuesday Sept. 30 5M8 --

If interested please contact PDG

Marty Athmann at:

athmannmarty@hotmail.com

Club Excellence Award criteria

The Club Excellence Award acknowledges the dedication and legacy of service within individual clubs and is the foundation for excellence awards presented to Zone Chairpersons, Region Chairpersons and District Governors.

Membership

- Induct a minimum of two or 20% new members, whichever is greater (not including transfer, reinstated or charter members). Eligibility is determined based on the club's membership count on June 30th of the previous Lion year.
- Or sponsor a new Lions club.

Service

- Report a minimum of four (4) service activities to Lions International. Three of these activities must show participation in each of the three International Weeks of Service.

October 4-12th, 2025 ~ Mental Health and Well-Being

January 3-11th, 2026 ~ Hunger

April 18-26th, 2026 ~ Environment

Leadership

- Report newly elected club officers in Lion Portal by May 15 of the current Lion year.
- A minimum of 10% of the club's members complete any three courses in the [Lions Learning Center](#).
- The club president for the current Lion year must not have served more than two consecutive terms.
- A minimum of two or more club officers (president, vice president, secretary or treasurer. Of which, one must be the club president) complete Club Officer Training (online with the Lions Learning Center or in-person as reported by a GLT coordinator in Learn) between July 1 – December 31 of the current Lion year.

Donations

- [Contributed to LCIF](#) a minimum of the club's membership total on June 30th of the previous Lion year, multiplied by US\$20.



Willmar Noon Lions

Pancake Day

**Saturday, September 13th
7:30am to Noon**

**Community Center
Willmar, MN**

**All The
Pancakes
You Can
Eat!**



**MORE THAN
JUST PANCAKES!!**

Includes:

Sausage - Juice
Milk - Coffee
(carry-outs available)

TICKETS

(available at the door or from a lions member)

Advance Tickets - \$10.00
At the Door - \$12.00
Children 12 & under - \$6.00

Served by Chris Cakes
Willmar Noon Lions
www.willmarnoonlions.org



100% of all proceeds
support local programs for sight,
hearing, diabetes, youth and more.

All contributions or gifts to this Lions Club
may not be deductible as charitable contributions. (IRS Code)



**Join us at the
Can Do Woofaroo!**

Saturday, September 13, 2025

Registration starts at 10 a.m. at Can Do Canines

Invite your friends (even the four-legged ones) to celebrate the amazing partnership between assistance dogs and the people who need them. This outdoor fundraising event includes a one-mile walk, live music, dog-centric vendors, dog costume contest, food and more!

**The Lions Clubs of Minnesota will
once again be the Presenting Sponsors.**



candocanines.org/woofaroo

CARLOS LIONS FISH FRY



CARLOS EVENT CENTER

Saturday Sept. 27

4pm to 7pm

MENU

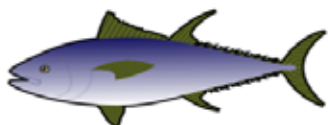
Baked Potato, Cole Slaw, Beans, Bread

Juice and Water Included

Beer, Wine Coolers & Set Ups Available

\$14 Adults

\$6 Kids (under 12)



ANNUAL PORK CHOP DINNER

Catered by the Cedar Mills Gun Club

Cedar Mills Gun Club

North of Hwy # 7/22 Intersection

Saturday, September 13th, 2025

Serving from 5:00 to 7:30 P.M.

\$15 per meal - \$5 for an extra chop
\$5 for kids 12 and under

Drawing for Prizes

Must be present to win

Proceeds from the event to be used for Local Projects

Please bring used eyeglasses to donate to the Lions Eye Program.

Collection boxes will be available.



Lions... can you help with these events?

MN LIONS DIABETES FOUNDATION

Minnesota Lions Vision, Hearing and Diabetes:

2025 State Fair Booth Volunteering

<https://www.signupgenius.com/go/70A0B45A9A72AABFE3-51742227-2025#/>

Hey Lions! The Minnesota State Fair is fast approaching. The Minnesota Lions Diabetes, Hearing and Vision Foundations host an annual information booth at the Minnesota State Fair in the Education Building. Volunteers are asked to staff the booth, hand out promotional and informational materials, plus answer questions posed by visitors. Thanks for your support of your Diabetes Foundation.

More information at our website: mnlionsdiabetes.org
5M4 trustee, Lion Lori Schellberg 320.894.8643
lorischellberg@gmail.com

ATTENTION!

KIDSIGHT!

Our scanners are equipped to test 6 months old to 18 yrs. Please check with your schools to set up testing dates.

Contact one of us to reserve our cameras and or get assistance. We are here to help.

THANKS FOR WHAT YOU DO!

Ron Honken 320.905.6282

ronaldhonken1940@gmail.com

Sue Honken 320.905.2412

rshonken@frontiernet.net

Bob Knutson 320.295.1757

lionbobbyk2017@gmail.com

Hector Flight Breakfast

83rd Annual Fly-In Sunday, Sept 21st, 2025

Celebrate with us...

Hector Airport is 100 years old!

Benefit for: Lisa McColley

Everyone Welcome! Fly in or Drive in!

Hector Municipal Airport
106, 122.8, Hector, MN.

This year's Featured Aircraft is:
1951 MASH Bell copter!



See Ag Planes up close, plus Warbirds, Classics, Antiques, Ultralights, Homebuilts, Helicopters & more!



HECTOR

Lions Breakfast served:
7:30 am – 12:30 pm

Pancakes - French Toast - Eggs - Sausage

We'll have Skinny Sticks' pure Maple Syrup again!

RC Model Show!
3-D Printer Radio Controlled planes
3Jax Design: make-your-own Cap!

Airplane Toy Display!

Ping Pong Ball Drop – 11:30 am
For kids 12 & under, Lots of Prizes!

The Hector Lions have sponsored our Fly-In since 1979.



Heart of a Lion Award Application

District 5M4 Lion members are eligible to apply. A Lion member may apply or a club may apply on behalf of a member. Applications can be turned in throughout the year. Awards will be presented at the Mid- Winter Convention following completion of the application. Any criteria completed after July of 2015 qualifies toward this award and may be earned over several years.

A Lion member must MEET 5 of the 8 CRITERIA listed below to RECEIVE the AWARD!

The Lion member: _____ **Club:** _____
 (Name of Lion Member)

Sponsored a New Lion _____ **Club:** _____
 (Name of new member)
 _____ Date: _____
 (Signature of club president or secretary)

Attended a Zone Meeting _____ **Date:** _____
 (Date and Zone # meeting attended)
 _____ Date: _____
 (Signature of a Zone chairperson)

Attended the 5M4 Mid-Winter Convention. _____ **Date:** _____
 (Signature of convention chairperson)

Served as a Club Officer or District Chairperson. _____ **Date:** _____
 (Office or Committee Chaired)
 _____ Date: _____
 (Signature of club president, secretary or DG)

Be a Chair or Co-Chair of a club or district project. _____
 (Name of Project)
 _____ Date: _____
 (Signature of club president, secretary or DG)

Attended one training event: 5M4 Forum, Officer training, Leadership training or other Lions Clubs International sponsored class. _____ **Date:** _____
 (Training attended and date)
 _____ Date: _____
 (Signature of District officer, trainer or copy of certificate of completion)

Attended one of the following: USA Canada Lions Leadership Forum, International Convention or Multiple Convention. _____ **Date:** _____
 (Event attended and date)
 _____ Date: _____
 (Signature of District officer, Council Chairperson or Convention Chairperson)

Promote a new idea, service project or fundraiser that is adopted by your club or District that meets the mission of LIONS. _____ **Date:** _____
 (Promotion Idea and Date)
 _____ Date: _____
 (Signature of club president, secretary or DG)

Original to be completed and turned in to the DG or District Secretary

Signature of DG or District Secretary _____ **Date:** _____



SEPTEMBER 2025

LEADING THE WAY

Leader Dogs for the Blind - Lions Newsletter



September is Guide Dog Month!

In September, we celebrate Guide Dog Month. **We take this opportunity to recognize the impact guide dogs have on our clients every day, and to celebrate all the lives that touch each guide dog even before they are matched with a client.**



A breeding host tickles the toes of a puppy less than 2 weeks old.

At Leader Dog, each Future Leader Dog is born in a host home. The volunteer breeding or whelping host supports the Leader Dog Mom through the first few weeks of puppy raising (no easy task for any mom!) and begin to expose the puppies in their care to new experiences. **These early experiences help puppies develop the sense of curiosity and confidence they need as guide dogs.** Around 7 weeks old, puppies spend 2 weeks on Leader's campus getting their initial vaccines and veterinary care. We recently published an article about the first 8 weeks of a Future Leader Dog's life in our volunteer magazine, Canine Chronicles. Email LionsSupport@leaderdog.org to receive a digital copy.

Beginning around 9 weeks old, Future Leader Dogs spend 12-14 months with volunteer puppy raisers. Some are raised by one individual, some spend 6 months in one home and 6 in another, some are raised in our Prison Puppy program, and some are raised by groups. **In this year, they learn to be great dogs and experience as many environments as possible to continue developing their curiosity and confidence.**

Lion Linda Lindeman-DeCarlo began raising puppies with Leader Dogs for the Blind about 22 years ago. Rusty, the 19th dog she raised, is working in Utah. [Read the story in St George News](#). She says, "A lot of people say, 'How are you going to give up this puppy?' ... We're not. We're not 'giving up'. **We're giving back. That's what it's all about, after all these years, the friendships I've developed.**" [Learn more about Puppy Raisers at LeaderDog.org.](#)





Greetings 5M4,

As you know, part of the criteria for the Club Excellence Award is to join the world in three service projects – the first one is Mental Health and Well-Being, coming up on October 4-12th. I have worked with 2B Continued (www.2bcontinued.org) in the past and support their mission – suicide prevention, mental health, and wellness. In light of the upcoming service project week that has been set, I have reached out to Tammy Diehn, Founder and Executive Director, to offer a few options for your communities. Their mission is to increase awareness of suicide prevention, mental health and wellness through advocacy, education and outreach. Those at high risk are middle age men, elderly, and those in rural areas.

The following four trainings are offered for your consideration.

QPR Training – Question, Persuade, and Refer is evidence-based training designed to help individuals recognize the warning signs of suicide and take action to prevent it. This class is 2 hours, and the class limit is 40 inperson, and 20 per Zoom.

The Anxious Generation Presentation – teaches us about our youth, and how cell phones and social media impacts their mental health. This presentation gives us knowledge, so we have a better understanding. This is a 2 hour presentation and there is no class limit.

Changing the Narrative – this presentation gives us vast knowledge in conjunction with the MN Department of Health. It touches on Suicide Prevention, Safe Language, the 8 Dimensions of Wellness, and Self Care. This is a presentation that can be scheduled on zoom and has no limits. You club could host a “watch party” for community members to join.

Safe Talk for Ag – this 4 hour presentation is an evidence based training and is not offered via zoom. Class size is limited to 40.

If you are in Renville or Meeker County, these trainings will be offered free of charge. All other counties will have a cost plus mileage. If you are interested in setting up a class for your community (don't forget to invite your neighboring clubs/zone, share the cost), or want to know more, please reach out to Tammy Diehn at 2B Continued, 320-854-4673 or email info@2bcontinued.org with any questions.

I have also secured “Yard Signs” with messages on them. I have 200, and they are free of charge. If your club wants any to put out in your communities or at your schools, please let me know and we can connect. Please consider using this great resource as part of your service week. Also, check out other idea's from IPDG Jacque, our Global Service Team leader in this newsletter.

Be Well, DG Susan Krumrey 320-295-8327

TAKE 5 TO SAVE LIVES

YOU HAVE AN IMPORTANT ROLE IN PREVENTING SUICIDE

Make a difference by taking these 5 easy action steps and joining the worldwide movement to save lives.

LEARN The Warning Signs, Risk Factors, and Protective Factors

KNOW How to Help Yourself, How to Help Others

DO Take Awareness, Advocate for Change, Volunteer, Practice Self-Care

TALK About Suicide, Dispel Myths, Reduce Stigma

SHARE The Take 5 Campaign with Others

Scan to complete the Take 5 to Save Lives action steps!

Take5toSaveLives.org
Join the Take 5 Movement — #take5tosavelives

Take5toSaveLives.org is a project of The National Council for Suicide Prevention and is supported by other national organizations.
© The National Council for Suicide Prevention. All Rights Reserved.

2B CONTINUED
Educational Trainings

Mental Health FIRST AID
FOR ADULT MENTAL WELLBEING

Mental Health FIRST AID
FOR YOUTH MENTAL WELLBEING

Mental Health FIRST AID
FOR TEEN MENTAL WELLBEING

LIVINGWORKS ASIST

safeTALK

safeTALK

CHANGING THE NARRATIVE
on Suicide & Mental Health

American Foundation for Suicide Prevention
More Than Sad.

QPR INSTITUTE

Contact us about bringing a free training to your community or workplace!

Call, Text, or Chat
988
SUICIDE & CRISIS LIFELINE
No judgment. Just help.

2B CONTINUED is a MN based 501c3 nonprofit organization with the mission to increase awareness of suicide prevention, mental health & wellness through advocacy, education and outreach.

2B CONTINUED
305 7th St E
PO Box 24
Glencoe, MN 55336
320-854-HOPE (4673)

Counties we serve:
Brown, Carver, McLeod, Meeker,
Nicollet, Renville, Sibley, Wright

2BCONTINUED.ORG @2BCONTINUEDMN

Clubs should continue to promote the Golf Passports for Special Olympics...& that it is a 2 year fundraiser and there has been a couple clubs that have returned some of the unsold ones already. This is like stopping a baseball game after the 3rd inning!!! just too early!!! we are just getting started!!! Keep up the great work!!




2026
Coming to MINNESOTA
JUNE 20-26



PLATINUM SPONSORSHIP!
Lions Clubs International FOUNDATION

Multiple District 5M4 proudly announces...

Your donations designated to Special Olympics USA Games Minnesota to LCIF will help make our \$250,000 grant possible!

Family Night! For athletes & their families
Opening Eyes® (Vision Screening)

ALL BALLS
Separate Sponsorships will be available for (Sensory) All-Balls are for each participating athlete.
Sponsorship information will be coming in the District Newsletters and Multiple District Website soon.

Scan this code for more about All Balls



Bearer entitled to 9 FREE HOLES with the purchase of 9 holes, continuous play, or as stated on Passport
1 offer per participating location

Can be used Monday-Friday (Friday until 3 p.m.)

*Courses might limit play availability due to other scheduled events. Not available on holidays.

Must make tee times with participating courses

GOLF COURSE NAME	ADDRESS	WEBSITE	PHONE
Albany Golf Club	600 Church Ave., Albany <i>Monday play only</i>	albanygolfcourse.com	320-845-2505
Alexandria Golf Club	2300 N. Nokomis NE, Alexandria	alexandriagolfclub.com	320-763-3605
Appleton Golf Club	331 E. Wyman Ave., Appleton	appletongolfclub.com	320-239-2511
Benson Golf Club	2222 Atlantic Ave., Benson	golfatbenson.com	320-542-7961
Dawson Golf Course	1380 Walnut Street, Dawson		320-769-2212
Eagle Creek Golf Club	1000 28th Ave NE, Minnetonka	eaglecreekmn.com	320-235-1166
Geneva Golf Club	4181 Geneva Golf Club Drive, Alexandria	genevagolfclub.com	320-762-7089
Greystone Golf Club	1055 S. Adams, Owatonna, Sauk Centre	greystonemn.com	320-351-4653
Hardwood Hills Golf Course	3440 County Road 27 SW, Alexandria	hardwoodhillsgolf.com	320-886-1400
Hawk Creek Country Club	100 Spicer Ave N., Raymond	hawkcreekcc.com	320-967-4853
Island Pine Golf Club	1601 Wyoming Ave. W., Atwater	islandpinegolf.com	320-974-8600
Little Crow Country Club	15800 Hwy 23 N., Spicer	littlecrowresort.com	320-354-2296
Lynx National Golf Course	40204 Prienrose Lane, Sauk Centre	lynxnationalgolf.com	320-352-0242
Mayflower Golf Club	46321 Co. Rd. 39, Fairfax	mayflowergolfclub.com	507-426-9964
Meadowlark Country Club	837 Country Club Drive, Melrose	meadowlarkccgolf.com	320-250-4989
Minnewaska Golf	23518 Dero Drive, Glenwood	minnewaskagolf.com	320-634-3680
Nordic Trails Golf	4343 39th Ave NE, Alexandria	nordictrailsgolf.com	320-762-5420
Oakdale Golf Club	55116 Co Rd 38, Sault Ste Marie Lake	oakdalegolfclub.com	320-537-0525
Olivia Golf Club	5125 S. Hwy 52, Owatonna	oliviagolfclub.com	320-523-2313
Osakis Country Club	801 14th Ave E., Osakis	osakisgolf.com	320-859-2140
Pomme De Terre Golf Club	24860 State Hwy 9, Morris	pdgolfclub.com	320-589-1009
Stoney Creek Golf Course	21278 820th Ave., Renville	golfrenville.com	320-779-4653
Tipsinah Mounds Golf Course	15185 Golf Course Road, Ellboro Lake <i>Misc-West play only</i>	tipsinahgolf.com	218-685-4271
Valley Golf Course	1900 Becker Ave SE, Willmar	valleygolfwillmar.com	320-235-6790
Hook & Slice Simulator	2621 Hwy 29 S., Alexandria <i>Buy 1 hr, get 2nd hour FREE</i>	hookandslicemn.com	320-391-5353

LCIF: Magnifying Lions' Impact in District 5M4 and Beyond

The Lions Clubs International Foundation (LCIF) plays a crucial role in empowering Lions worldwide, including those in District 5M4, to make a significant difference in their communities and the lives of those they serve.

Lions in District 5M4 are active participants in LCIF's mission, utilizing grants and resources to support local initiatives aligned with the organization's global causes. Examples of the positive impact within Minnesota, which is part of Multiple District 5M, include:

- **Combating Diabetes:** LCIF awarded a Diabetes Grant to Lions in Minnesota to enhance Camp Sweet Life, a five-day camp providing support and education to children with Type 1 Diabetes.
- **Empowering Youth:** LCIF grants have supported school supplies given to all clubs for schools in their communities.
- **Building Strong Communities:** LCIF grants for Personal Hygiene Kits for children and adults.
- **Preparing for Disasters:** 5M4 Lions Alert Food Trailer coming soon.

LCIF's impact is not just about the grants awarded, but also about the stories of the individuals whose lives are touched and transformed.

Partnering for the future: USA Special Olympics 2026

Special Olympic USA Games will be held in Minnesota in 2026. This major event will bring together over 4,000 athletes from all 50 states, along with 1,500 coaches, 10,000 volunteers, and 75,000 fans. The Games, featuring 19 sports, will be held at various locations, including the University of Minnesota Twin Cities and the National Sports Center in Blaine.

The Lions in our Multiple have pledged to raise \$250,000 to help fund Family Night for Special Olympics USA Games in 2026.

To help raise these funds 5M4 is doing a Golf Passport. We can sell Golf Passports for \$50 each and the recipient can get a second round for every round they purchase at 25 different golf courses. These passports don't expire until October of 2026. These funds will go towards LCIF commitment to Special Olympics. Please encourage your clubs to purchase and promote these passports OR

DONATE directly to LCIF Special Olympics MN.

Send LCIF donations to:

PCC Dennis Heinen

5M4 LCIF Coordinator

12069 Bluegill Dr.

Clubs should continue to promote the Golf Passports for Special Olympics...& that it is a 2 year fundraiser and there has been a couple clubs that have returned some of the unsold ones already. This is like stopping a baseball game after the 3rd inning!!! just too early!!! we are just getting started!!! Keep up the great work!!



More about the Golf Passport!



Lions Teeing it up to help Special Olympics!!

Get your Golf Passport today!



This Golf Passport will fund Family Night at the 2026 Special Olympics USA Games that will be held in Minnesota in June 2026 and other Lions charitable endeavors

Sponsored by the Lions Clubs of West Central Minnesota-District 5M4



A GREAT SAVINGS FOR YOURSELF OR A PERFECT GIFT IDEA!

Available from your Lions Club or selected participating golf courses

Bearer entitled to 9 FREE HOLES with the purchase of 9 holes, continuous play.

1 offer per participating location

Can be used Monday-Friday (Friday until 3 p.m.)

*Courses might limit play availability due to other scheduled events. Not available on holidays.

Must make tee times with participating courses

When Purchasing the passport, make checks payable to...Lions

Hello Lions!

From Your 2025-2026 District Service Chair, Lion Jacque Heinen

I'm honored to serve as your District Service Chair this year!

As we kick off the new Lions year, let's start strong:

- Define your clubs goals
- Plan ahead
- Get ready to serve!

Now's the perfect time to launch a new service project or bring fresh energy to an existing one.

New Global Service Focus: Mental Health

Lions Clubs International is introducing Mental Health as a new area of service. Let's think about how our clubs can make a real impact in this important space.

District Service Focus Windows

Our Multiple District is encouraging projects during these key timeframes to align with other Lions around the world:

- October 1-12 - Mental Health
- January 3-11 - Hunger
- April 8-26 - Environment

What can your club do in these areas? Start planning, dreaming, and making it happen!

More info and ideas coming soon!

Let's make 2025-2026 a year of meaningful, compassionate service.

In service and gratitude,
Lion Jacque Heinen

KIDSIGHT UPDATES

Thank you, thank you, thank you to all who gave of their time at the MN State Fair to work at the Kidsight Booth. You are greatly appreciated for answering the call for assistance.

We had three screening events in August which involved the Danube, Renville, Sacred Heart Lions at the RCW Open House; the Raymond Lions screening during the Raymond Harvest Festival, and the Wheaton Lions trying something new at their fair. If you have any questions or needs (about Kidsight), please contact us!

Please remember that we, as Lions, are able to screen children between the ages of 6 mos-18 years. MD5M encourages us to increase the number of children screened between 6 mos-3 yrs. We are excited to see the expansion of locales being visited. If a school turns your club down, ask if you could provide this service to the children NOT being seen by their nurse. Keep trying! You are a blessing every time you screen a child.

If you can collect some comments by parents, children, teachers, etc. to share with us, we would be grateful. Your input is valuable. Remember to book your events through us and to also report ASAP the results. District 5M4 is going to Rise Higher with reporting numbers this year!

In Service with you, Ronald and Susan Honken rshonken@frontiernet.net

Your District Kidsight Directors



REGIONAL LIONS
LEADERSHIP INSTITUTE

RLLI



Save the Date

September 25-28, 2025

Country Inn and Suites, Mankato

Empower Your Leadership. Enrich Your Service.



Join Lions from across the region for a transformational weekend of leadership development, fellowship, and service planning.

Dynamic sessions on:

- Team building and communication
- Leading with impact
- Change management
- Club success strategies

LEAD TO SERVE. SERVE TO LEAD.

Registration Opening Soon

Use the QR code to get more information



Benson Lion serve

The Benson Lions served BBQs, hot dogs and root beer floats at the August 7th Cheese Bots concert which was part of Benson's summer Music in the Park series.

The Buffalo Lake Lions Club

helped out and showcased their new lemonade stand at the Carnival event, hosted by the Buffalo Lake Healthcare Center, for their residents and family members. Any community member can check out and use the stand, which in turn gives our Lions club some exposure around town!





April 24-26, 2026
106th - MD5M Multiple Convention
Sheraton Minneapolis West Hotel
2026 MD5M Registration Form



☐ Lion ☐ Leo ☐ Guest
☐ Check if this is your 1st Multiple Convention

☐ Lion ☐ Leo ☐ Guest
☐ Check if this is your 1st Multiple Convention

Name: _____ Name: _____
Address: _____ Address: _____
City: _____ City: _____
Prov/State: _____ Zip: _____ Prov/State: _____ Zip: _____
Email: _____ Email: _____
Title: _____ District: _____ Title: _____ District: _____
Club: _____ Club: _____

Full Hospitality Book:

Cost May 1, 2025 thru
December 31, 2025
\$185 US - \$266 CDN _____

Cost January 1, 2026 thru
March 31, 2026
\$195 US - \$280 CDN _____

*Hospitality book includes convention and all meals

Separate Meals:

*Do not select if you have purchased a hospitality book

Friday Night Social	\$25 US - \$36 CDN _____	\$27 US - \$39 CDN _____
Saturday Breakfast	\$36 US - \$52 CDN _____	\$38 US - \$55 CDN _____
Saturday Lunch	\$41 US - \$59 CDN _____	\$43 US - \$62 CDN _____
Saturday Banquet	\$68 US - \$98 CDN _____	\$70 US - \$101 CDN _____
Sunday Brunch	\$38 US - \$55 CDN _____	\$40 US - \$58 CDN _____

Total amount if separate meals chosen: _____

Please specify dietary needs: ☐ Vegetarian ☐ Gluten Free ☐ Other: _____

No meals available after March 31, 2026.

Make Checks payable to: 2026 MD5M Conv.

Mail registrations to: 2026 MD5M Convention c/o Rhonna Hed, 17440 45th Ave N, Plymouth, MN 55446

-OR- you may pay by Venmo to: @Rhonna-Hed Then Email your registrations to: rhed@summitfire.com

Please provide an email address or phone # if you'd like to receive a confirmation _____

HOTEL INFORMATION: Sheraton Minneapolis West Hotel, 12201 Ridgedale Drive Minnetonka, Minnesota 55305

Call (952) 593-0000 to book your room reservation. Ask for the "Lions 2026 Convention" rate.

Room rates are \$135.00 per night plus taxes and fees. Room reservation cut-off is April 9, 2026.

[Book your group rate for MD5M Lions 2026 Convention here](#)

FOR MORE INFORMATION contact: PCC Rob Rand at (612) 715-6055, robrandmn@gmail.com

Lion Rhonna Hed at (651) 248-0749, rhed@summitfire.com



Lions International

2024-2025

CLUB EXCELLENCE AND 5 STAR EXCELLENCE AWARD APPLICATION

This application features criteria for the Club Excellence Award and 5 Star Excellence Award. As you go through the application, please check all qualification boxes that your club has met. At the end of the application are criteria for the 5 Star Excellence Award. Your club will be awarded either the Club Excellence Award or the 5 Star Excellence Award.

Club name: Club number: District:

2024-2025 club president name:

Member number: Email address:

1. MEMBERSHIP

☐ Achieved a net growth of two (2) members or 10% or more members (whichever is greater) **or** ☐ Chartered a new Lions club.

Name of Lions club:

2. SERVICE

☐ Started a new service project. *Consider one of our global causes!* Explain:

☐ List three service activities your club participated in that were reported to Lions International:

1.

2.

3.

3. LCIF

☐ Contributed to LCIF an amount greater than or equal to the club's membership total multiplied by US\$10.

Year-end membership count x US\$10 =

4. LEADERSHIP AND ORGANIZATIONAL EXCELLENCE

☐ Club is in Good Standing: Not in Status Quo or Financial Suspension. District dues paid and no unpaid balance with Lions International greater than US\$50 outstanding 90 days or more.

☐ Reported club officers to Lions International.

☐ Key officers participate in club officer training.

☐ District

☐ Webinars

☐ Multiple district

☐ Lions Learning Center

☐ International



5. MARKETING

- ☐ The club has publicized its service activities through local media or social media.

Provide a link to where they were publicized: _____

Learn more about [promoting your club and activities](#), and learn about the Marketing Award.

DOES YOUR CLUB QUALIFY FOR THE 5 STAR EXCELLENCE AWARD?

- ☐ Achieved the Club Excellence Award.
- ☐ Membership increase of 20% (minimum of five (5) members for small clubs).
- ☐ Minimum donations of US\$20 per member or US\$1,000 (whichever is less).
- ☐ Annual service and membership report submitted.

2024-2025 district governor signature*: _____

District: _____

District governor member number: _____

Date: _____

**If sent from district governor's registered email, it qualifies as signature on applications submitted electronically.*

Due by: August 31, 2025

Send to: clubexcellenceaward@lionsclubs.org

Awards mailed to: 2025-2026 district governors

Request to review award eligibility from a disqualified club will be considered only if received at Lions International Headquarters within 12 months after completion of the Lion year, provided that the original application form is already filed at Lions International.

2026 MD5M Convention

April 24-26, 2026

Minnetonka Beach Party

Sheraton Minneapolis West Hotel

12201 Ridgedale Drive

Minnetonka, Minnesota 55305

Hosted by District 5M-5



Sign up today and save!

First 150 Receive a Free souvenir Beach Ball with early sign up.

Cost May 1, 2025 thru
December 31, 2025
\$185 US - \$266 CDN

Cost January 1, 2026 thru
March 31, 2026
\$195 US - \$280 CDN

NOTICE



CLUB EXCELLENCE AWARD APPLICATIONS DUE



Lions Year: 2024-2025



Deadline: AUGUST 31, 2025



Submit to: Lion Jacque Heinen
lionheinen@gmail.com

Once received, I will review, sign, and
submit your application to Lions
International.



Thank you for your hard work
this past year!



Cheers to a great new Lions year!



Members of the Sauk River Champions Lions enjoyed a trip to Camp Confidence Learning Centre. They had a picnic, pontoon rides, fishing, and a trip on the glass bottom boat.



We detained PDG Bob at our meeting and had him induct a brand new member of the Hoffman Lions Club.

Individuals are:

Bob Kulbeik PDG, chair of the

hearing foundation 5M4

Murial Krusemark (sponsor)

Serenity Heinrich (newest member of Hoffmans Lions (wearing hat)

Brenda Gulbranson (Hoffman Lions President) (dark hair)

Thank you Bob for a wonderful presentation!

Submitted by Mary and Ed Bolas

Secretaries Hoffman Lions Club



SERVICE PLANNER			
LIONS YEAR 2025-26			
JULY PLAN FOR THE YEAR	AUG YOUTH	SEPT DISASTER RELIEF	OCT MENTAL HEALTH (OCT. 4-12)
NOV DIABETES & HUNGER	DEC HUMANITARIAN	JAN HUNGER (JAN. 9-10) DIABETES HUMANITARIAN VISION	FEB VISION & CHILDHOOD CANCER
MARCH YOUTH	APRIL ENVIRONMENT (APRIL 18-26)	MAY ENVIRONMENT & HUNGER	JUNE HUMANITARIAN

*YELLOW HIGHLIGHTS A SERVICE FOCUS THAT LIONS CLUBS INTERNATIONAL IS PROMOTING THOSE WEEKS

5M4 STATS: 19 of 53 Clubs & 0 of 3 LEOs reporting YtoD. ~~YtoD~~ People Served: 52,718 Total Vol.: 867 Vol. Hours: 2838

September ~~Disaster Relief~~: put in place a plan as to how your club would respond in the event of a disaster. Who would you call? How would you determine who in the club/community needs help? Once disaster strikes, it's too late. What resources does our club have? What resources does your district have? How do you report needs to the city/county?

Disaster Relief Community Support & Recovery Projects

- **Debris Clean-Up Teams:** Organize groups to help clear storm debris, remove fallen trees, or gut flood-damaged homes.
- **Rebuilding Projects:** Work with groups like Habitat for Humanity or Team Rubicon to repair and rebuild homes.
- **Community Resource Hubs:** Establish or volunteer at distribution centers for food, clothes, and emergency information.
- **Mental Health Support:** Create care packages with stress-relief items (journals, art supplies, blankets) and connect survivors with counseling resources.
- **Child & Youth Activities:** Run safe play areas or tutoring programs for kids while parents handle recovery tasks.

Start planning ahead for your **October Mental Health service project**. It will be required for the club excellence application for this current year. **Week of Oct 4 – Oct 12**

☑ Mental Health & Wellness Service Project Ideas

Awareness & Education

- **Wellness Workshops:** Host sessions on stress management, mindfulness, nutrition, or coping strategies.
- **Stigma-Free Campaigns:** Create posters, social media challenges, or school presentations that encourage talking openly about mental health.
- **Guest Speaker Series:** Invite local therapists, counselors, or people with lived experience to share stories and resources.
- **Wellness Resource Guide:** Compile a booklet or digital guide of local hotlines, therapists, and self-care apps.



Support & Care

- **Wellness Care Kits:** Assemble kits with journals, herbal teas, cozy socks, calming scents (lavender), stress balls, or art supplies.
- **Peer Support Groups:** Organize safe spaces where teens, veterans, or parents can talk and connect.
- **Cards of Encouragement:** Write uplifting notes for patients in psychiatric hospitals, recovery homes, or nursing facilities.
- **Companion Calls:** Coordinate phone calls or video chats with isolated seniors or homebound individuals.

Creative & Expressive

- **Art for Healing Projects:** Create murals, host art nights, or distribute coloring books that promote positivity.
- **Music & Movement:** Organize yoga, dance, or music therapy sessions for stress relief.
- **Storytelling Projects:** Collect and share anonymous mental health journeys (through blogs, videos, or a wall of hope).

School & Youth Focus

- **"Mindful Mondays":** Lead weekly meditation or breathing sessions for students.
- **De-Stress Corners:** Set up a cozy spot at school or community centers with puzzles, fidgets, and calming activities.
- **Buddy Programs:** Pair younger students with older mentors for emotional support and connection.

Community & Environment

- **Wellness Walks / Hikes:** Plan group walks in nature to encourage movement and connection.
- **Community Garden:** Grow fresh produce, herbs, and flowers—great for both nutrition and mental well-being.
- **Random Acts of Kindness Week:** Encourage volunteers to do daily small acts—compliments, free hugs (if welcome), or kindness notes.

Please take a few moments and make sure your hard gets recognized! As we move forward, there will be increased reliance on the portal for reporting and tracking our club's impact. It is becoming the central tool for documenting all service activities, and timely submissions are essential.

By reporting, we ensure our club's efforts are recognized and included in the global service record of Lions. Thank you for doing your part to highlight the difference we make together!

GST Lion Jacque Heinen



District 5M4 Service Calendar 25-26

Month 2025-2026	Focus Area	Project Ideas
August	★ Youth	- Host a youth leadership workshop. - Support a local school with supplies. - Organize a youth sports day.
September	★ LCIF	- Plan a fundraiser dinner or auction. - Promote LCIF grants and projects. - Share success stories of LCIF impact.
October	★ Mental Health October 4-12, 2026 <i>International Service Initiative</i>	- Conduct a mental health awareness campaign. - Partner with local mental health organizations for workshops. - Organize a community walk for mental health.
November	★ Humanitarian	- Organize a community service day. - Collect winter clothing for those in need. - Volunteer at a local shelter.
December	★ Diabetes	- Host a diabetes awareness event. - Provide free diabetes screenings. - Distribute educational materials on diabetes prevention.
January	★ Hunger January 3-11, 2026 <i>International Service Initiative</i>	- Coordinate a food drive. - Partner with a local food bank for distribution. - Host a community meal for those in need.
February	★ Vision/Childhood Cancer	- Support a childhood cancer support group. - Organize a vision care event for children. - Fundraise for childhood cancer research.
March	★ Youth	- Plan a youth mentorship program. - Organize a career day at a local school. - Host a youth talent show.
April	★ Environment April 8-16, 2026 <i>International Service Initiative</i>	- Organize a tree planting event. - Conduct a community clean-up day. - Launch a recycling awareness campaign.
May	★ Hunger	- Continue food drive efforts. - Develop a community garden project. - Partner with local restaurants for food donations.
June	★ Humanitarian	- Focus on mental health initiatives. - Support the MN Lions Hearing & Voice Clinic. - Organize a childhood cancer awareness event.

CLUB MEMBERSHIP UPDATE

Club Name	Cur Mem	YTD mem add	YTD mem drop	Net grow +/-	GST	LCIF	GLT
Alex Champ	39	0	0	0.00%	X		X
Alexandria	46	0	0	0.00%		X	X
Appleton	15	0	0	0.00%			
Ashby	27	0	0	0.00%			X
Atwater	35	0	0	0.00%			X
Benson	49	0	0	0.00%	X		X
Bird Island	77	0	0	0.00%	X		X
Brandon	14	0	0	0.00%			
Buffalo Lake	58	6	0	11.54%	X		X
Carlos	19	0	0	0.00%			
Cedar Mills	5	0	0	0.00%			X
Clara City	26	0	0	0.00%			
Cosmos	18	0	0	0.00%			
Danube	13	0	1	-7.14%	X		
Darwin	38	0	0	0.00%			
Dawson	2	0	0	0.00%			
Elbow Lake	44	1	0	2.33%			X
Evansville	13	0	0	0.00%			X
Fairfax	25	0	0	0.00%	X		X
Forada	27	0	0	0.00%			X
Franklin	19	0	0	0.00%			
Garfield	12	0	0	0.00%			
Glenwood	17	0	0	0.00%	X	X	
Grant County	22	0	5	-18.52%			
Grove City	18	0	0	0.00%	X		X
Hancock	12	0	0	0.00%			
Hanctor	46	0	0	0.00%			
Hoffman	38	1	0	2.70%	X	X	X
Kensington	20	0	0	0.00%		X	
Kerkhoven	27	0	0	0.00%			
Kingston	25	0	0	0.00%			
Litchfield	46	0	0	0.00%			
Lowry	28	0	0	0.00%			
Maynard	18	0	0	0.00%	X		
Milan	19	0	0	0.00%			X
Miltona	26	0	0	0.00%			
Montevideo	31	0	0	0.00%			X
Morris	27	0	0	0.00%			X
New London	16	0	0	0.00%	X		X
Olivia	23	0	0	0.00%			
Osakis	20	0	0	0.00%	X		
Pennock	18	1	2	-5.26%			
Raymond	29	0	1	-3.33%			X



Renville	20	1	2	-4.76%	X		X
Sacred Heart	17	0	0	0.00%	X		
Sauk Centre	65	0	1	-1.52%	X		X
Sauk Centre Sauk Rive	26	1	0	4.00%		X	X
Spicer Sunrise	44	1	0	2.33%	X		X
Villard	12	0	0	0.00%			
Watson	10	0	0	0.00%	X		
Wendell	17	0	0	0.00%	X	X	X
Wheaton	25	0	0	0.00%	X		
Willmar Noon	22	0	0	0.00%			

New London Leos X
Sauk Centre Leos
Montevideo Leos

VOLUNTEERS NEEDED

Local news is for everyone! The Lions Reading Program for the Visually and Physically Impaired provides a means for the visually and physically impaired to be kept informed by the hearing of local newspapers read and broadcast through online, through an app, or your smart speaker.

The Lions Reading Program for the Visually and Physically Impaired started with an event the Fergus Falls area in 1992. Lion John Bloom wrote a Letter to the Editor of the Fergus Falls Daily Journal explaining the thing he missed most when he lost his sight was walking into the cafe in the morning and discussing what the local newspaper had to say about local issues. He asked if there was any way they could fill that gap.

Interested people in Fergus Falls including an editor of the newspaper, State Services for the Blind, and representatives of the local Lions Clubs got together and the program was developed. In the next few months, readers were tested and trained. A small transmitter unit was made and installed in a room furnished by Bethlehem Lutheran Church. On April 1, 1993, the first broadcast of The Daily Journal went on the air with special radios that picked up the transmission. We now celebrate the 28th year of our program.

The broadcast has expanded to include local weekly newspapers from: Battle Lake, Frazee, Vergas, Grant County, Henning, New York Mills, Parkers Prairie, Pelican Rapids, and Perham. The broadcast, as of this year, it is available through your computer, online at Radio Talking Book Minnesota/ State Services for the Blind.

Volunteers are the heart of the program! An hour of broadcasting takes place Monday through Saturday at 7pm due to the commitment of much appreciated volunteers: Lions and others from the public. Volunteers read with a partner and they dedicate 2 hours, in one evening, each month, for preparation and reading to our listeners. This reading program is very cost effective because of many hours of volunteer time.

We are in need of volunteers. Any interested people can contact Lion Ginny Paulson (218-736-5109) or Pamela Shroden (218-731-2954). It is an easy and important way to make a wonderful difference in our communities.

This is a nonprofit organization. It is governed by representatives from Riverside Fergus Falls Lions Club, Elizabeth Lions Club, consumers, and readers.

We and our listeners are very thankful for the support of our communities!

Elizabeth Lion Sue Hanneman
Secretary, Lion's Reading Board

IMPORTANT CONTACTS!



Lions Club International Foundation

Chair: Lion Dennis Heinen – heinende@centracare.com



MN Lions Vision Foundation Lions Gift of Sight

Chairs: Lion Craig Schellberg -- spicerlioncraig@gmail.com
PCC Rob Wiener -- 5m4lionrob@gmail.com



MD5M Hearing Foundation

Chairs: Lion Pam Erickson -- tapjerrickson@gmail.com
PDG Bob Kulbeik -- kulbeik@hotmail.com



MN Lions Diabetes Foundation

Chair: Lion Lori Schellberg -- lorischellberg@gmail.com
PDG Ken Harwick – kbearalive@live.com



MN Lions Childhood Cancer Foundation

Chairs: Lion Sue Krumrey – sue_krumrey@kottke-trucking.com
Lion Merlin Athmann -- athmann.mer@gmail.com



Leaderdog

Chair: Lion Mary Bolas -- marybolas.mb@gmail.com



MD5M Kidsight Foundation

Chairs: Lion Sue Honken -- rshonken@frontiernet.net
Lion Ron Honken -- ronaldhonken1940@gmail.com



Can Do Canines

Chair: Lion Mike Beilke -- mbeilke62@gmail.com



Project New Hope

Chair: Lion Ron Buse -- ron.buse06@gctel.com
Lion Greg Tauer – greg.tauer@northcentralintl.com
Lion Corky Gleisner – cmgleisner@gmail.com



Special Olympics MN

Chair: Lion Dianna Nelson - diannanelson@mainstreetcom.com



T.E.A.M. Sheehan Foundation

Chair: PIP Brian Sheehan -- bsheehan@rccbi.com
Treas. PDG Marty Athmann – athmannmarty@hotmail.com



MN Lions Mission Foundation – Brand New

Foundation Awards:

- LCIF – Melvin Jones Fellowship
- MN Lions Vision Foundation – Hellen Keller Award
- MD5M Hearing Foundation – Hearing Research Fellowship
- MN Lions Diabetes Foundation – Dreamcatcher Award
- MN Lions Childhood Cancer Foundation – Believe Award
- MD5M Kidsight Foundation – Sight Saver Award
- Can Do Canines – Top Dog Award
- T.E.A.M. Sheehan Foundation – Lapel Pin & Foundation Medal

MD5M Multiple District Awards:

- Hall of Fame Award
- Al Jensen Award
- Int'l Presidents Leadership Award
- Int'l Presidents Presidential Award

District Awards:

- Club Excellence Award
- Heart of A Lion Award
- Be Kind Award

Grant Applications:

- T.E.A.M. Sheehan Foundation
- LCIF website

2025-2026 District 5M4 Cabinet Members

Position	Title	Name	Phone #	Email	Home Club
District Governor	DG	Susan Krumrey	320-295-8327	susanreuberkrumrey@outlook.com	Buffalo Lake
1st VDG	1VDG	Jason Kerfeld	320-429-0794	kerfeld@mainstreetcom.com	Sauk Centre
2nd VDG					
IPDG	IPDG	Jacque Heinen	320-249-6536	lionheinen@gmail.com	Sauk Centre
Cabinet Secretary	Lion	Renee Willhite	320-491-6010	rwilhite@mainstreetcom.com	Sauk Centre
Cabinet Treasurer	Lion	Denise Sundblad	320-766-3266	district5m4@outlook.com	Wendell
Can Do Canines	Lion	Mike Beilke	320-761-9406	mbeilke62@gmail.com	Sauk Centre
Constitution & By-Laws	PDG	Kellie Knudson	320-226-4156	lionkellieknudson@gmail.com	Montevideo
District Administrator	PCC	Dennis Heinen	320-491-3996	heinende@centracare.com	Sauk Centre
Environment	PDG	Kathy Harwick	320-226-3651	kharwick@frontiernet.net	Appleton
GET	PDG	Bob Knutson	320-295-1757	lionbobbykf2017@gmail.com	Spicer Sunrise
GLT	PDG	Marty Athmann	320-579-1357	athmannmarty@hotmail.com	Bird Island
GMT	PCC	Rob Wiener	320-241-7100	5millionrob@gmail.com	Sauk Centre
GST	IPDG	Jacque Heinen	320-249-6536	lionheinen@gmail.com	Sauk Centre
LI Advisor	PIP	Brian Sheehan	320-212-7330	bsheehan@rccbl.com	Bird Island
LCIF Chairperson	PCC	Dennis Heinen	320-491-3996	heinende@centracare.com	Sauk Centre
Leader Dog for the Blind	Lion	Mary Bolas	320-815-0343	marybolas.mb@gmail.com	Hoffman
LEO Chairperson					
Lions Alert	PDG	Marty Athmann	320-579-1357	athmannmarty@hotmail.com	Bird Island
Long Range Planning	PDG	Ron Branch	320-460-0135	branch@rea-alp.com	Alexandria
MD5MLions KidSight Foundation	Lion	Susan Honken	320-905-2412	susandenisehonken@gmail.com	Raymond
MD5MLions KidSight Foundation	Lion	Ronald Honken	320-905-6282	rshonken@frontiernet.net	Raymond
MN Lions Childhood Cancer Foundation	Lion	Merlin Athmann	320-522-1264	athmann.mer@gmail.com	Bird Island
MN Lions Childhood Cancer Foundation	Lion	Sue Krumrey	320-295-1266	sue_krumrey@kottke-trucking.com	Buffalo Lake
MN Lions Diabetes Foundation	Lion	Lori Schellberg	320-894-8643	lorischellberg@gmail.com	Spicer Sunrise
MN Lions Diabetes Foundation	PDG	Ken Harwick	320-212-4393	kbearalive@live.com	Appleton
MN Lions Hearing Foundation	PDG	Bob Kulbeik	605-949-0136	kulbeik@hotmail.com	Elbow Lake
MN Lions Hearing Foundation	Lion	Pam Erickson	320-212-3031	tapjerickson@gmail.com	Spicer Sunrise
MN Lions Missions Foundation	IPDG	Jacque Heinen	320-249-6536	lionheinen@gmail.com	Sauk Centre
MN Lions Vision Foundation	Lion	Craig Schellberg	320-894-6843	spicerlioncraig@gmail.com	Spicer Sunrise
MN Lions Vision Foundation	PCC	Rob Wiener	320-241-7100	5millionrob@gmail.com	Sauk Centre
Newsletter - 5M4	Lion	Anne O'Flynn	320-815-5790	anneo@runestone.net	Elbow Lake
Nominations	PDG	Jeff Swenson	218-770-1779	jfwens@runestone.net	Grant County
PDG Advisor	PDG	Marty Athmann	320-579-1357	athmannmarty@hotmail.com	Bird Island
Project New Hope	Lion	Ron Buse	218-639-1114	ron.buse06@gctel.com	Evansville
Project New Hope	Lion	Greg Tauer	320-212-3256	greg.tauer@northcentralintl.com	Atwater
Project New Hope	Lion	Corky Gleisner	320-250-5802	cmgleisner@gmail.com	Atwater
Protocol	PCC	Dennis Heinen	320-491-3996	heinende@centracare.com	Sauk Centre
Public Relations	PDG	Sue Kulbeik	605-949-0161	kulbeik@gmail.com	Elbow Lake
Special Olympics Liason	Lion	Dianna Nelson	320-766-7412	diannanelson@mainstreetcom.com	Sauk Centre
TEAMSHeehan Foundation	PIP & PD	Brian and Marty		see their info above	Bird Island
Technology	PCC	Dennis Heinen	320-491-3996	heinende@centracare.com	Sauk Centre
Website	Lion	Ryan Reich	320-583-3288	rrreich@gmail.com	Buffalo Lake
Youth Exchange/Peace Poster	Lion	Todd Fritsche	507-766-7528	dragon376381@yahoo.com	Bird Island
Zone Chair Advisor	Lion	Mickie Rogal	218-731-9749	mickierogal@gmail.com	Wendell
Zone 1 Chair	Lion	Lori Mausolf	320-304-3091	lorimausolf50@gmail.com	Miltona
Zone 2 Chair	Lion	Ed Bolas	320-304-0117	edmary1973@gmail.com	Hoffman
Zone 3 Chair					
Zone 4 Chair	Lion	Doug Godwin	218-770-8932	dgg2241@gmail.com	Montevideo
Zone 5 Chair	Lion	Brad Johnson	320-760-7640	yeldard600@gmail.com	Renville
Zone 6 Chair	Lion	Richard Haugen	320-522-0987	richard.haugen@yahoo.com	Olivia
Zone 7 Chair	Lion	Gary Lagerstedt	320-894-4126	garylagerstedt47@gmail.com	Spicer Sunrise
Zone 8 Chair	Lion	Jason McCoy	320-442-8200	therealmccoy70@gmail.com	Grove City