

5M4 Newsletter





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Life is great!

Being a Lion a is an amazing thing. We get the opportunity everyday to help others. We get to have that warm fuzzy feeling knowing we are changing lives for the better every day. This is one of the many reasons I am a Lion. I enjoy the satisfaction I get from helping others. Whatever reason you have for being a Lion, share with others. Give others the opportunity to feel good.

My wife Jo and I have decided to make a change in our personal way of feeling good. We are changing ways to relax. We have purchased a destination trailer and it is placed in a R.V. park about 20 miles from our house. We have enjoyed campground overnight camping for years. We now will be able to just go to the lake and relax. This is something we have been looking forward to for a long time. the opportunity was presented and we took full advantage of it.

If we were never offered the opportunity we would have never known. This place was available. That is my point: share your experience, and the opportunity with others. Let everyone know when your service projects are and when the fund raisers are happening. Give people the opportunity to get involved. They do not need to be a Lion to get involved. Believe me once they feel that warm fuzzy feeling, they will naturally become a Lion. My father taught me years ago. People are not going to ask to get involved. They have to be asked and when they do help appreciate all they do.

The mid winter convention is coming quickly. We (The amazing Lion Cindy came up with it) have decided to do a service project for schools. This will help the students and the staff of elementary schools throughout the district. What we are doing is a class room supply kit. We are asking clubs and individual



DG Lion Rob Wiener and Lion Jo Wiener

members to help us collect items needed. I have discussed this project with a number of elementary grade school teachers. I was able to compile a list of items they need in February. These are kleenex / glue sticks / crayons / crayon markers /scissors / gallon zip lock bags / snacks / card stock. The best part about this is most of these items are on sale at deep discounts right now due to back to school. So if you can stock up and help us help our teachers and students throughout the district. Keep an eye out for more information to come. (See page 21)

TRAINING

RLLI registration deadline has been extended to 9/24. This will give more lions the opportunity to participate. see flier or contact myself or Lion Micki with any questions.

SUPPORT

District 5M4 has been awarded a \$20,000.00 rebuild grant for the city of Forada after the tornados that went through May 30th. They need your help. If anyone is able to run a skid loader, pick up sticks, rake dirt. Or help in any way please contact Lion Bonnie Lay at the Forada lions club. contact info is foradalions@outlook.com. Thank you.

I want to again thank each and every Lion for the amazing job you do.

Remember if you have any questions. do not hesitate to ask. I may not know the answer - but I know the person who does.

5m4 DG Rob Wiener, 5m4lionrob@gmail.com 320-241-7100



A note from VDGE Sue

PDG Bob Kulberk and !st VDGE Sue Kulbeik

Play a leadership role in your community

The first weekend in August is the community festival known here in the Elbow Lake area as Flekkefest. This has happened each August for almost 50 years. No one could put this weekend together alone - it takes a group of dedicated volunteers to work together to make it happen for the enjoyment of the community.

I bet your community, or one near you, has some similar event. Poes your Lions club play a role? Poes your Lions Club play a leadership role in your celebration? If not, could you play a larger role and be more visible to others? Are you one of the volunteers? If you look around at the folks who volunteer, would they be good Lions members? Maybe you should be the one to ask.

By working together with others in your community, it can lead to greater cooperation, bigger visibility for your Club, and who knows, maybe more members!

Remember - Together, We Can!



Lion Sue is still the Leader Pog Chair and would love to bring puppy-in training, Olee, to meet your club or to your special event.

Please contact me at any time if I can be of assistance.

My phone is 605-949-0161

and my email is kulbeik@gmail.com

VOLUNTEER AT THE STATE FAIR! From Lion Susan Krumrey

It's not too late to volunteer for Kidsight or the Diabetes, Vision and Hearing Foundations at the State Fair!Please take a look at the following sign-ups and see where you can help out. WE SERVE!

https://www.signupgenius.com/go/5080D45ADAC2FA7F58-state2 Kidsight https://www.signupgenius.com/go/70A0B45A9A72AABFE3-state Diabetes, Vision, and Hearing Foundations





"Lions Strong: Making A Difference"



Registration Form 44th District 5M4

LIONS MIDWINTER CONVENTION

January 27, 28, 29, 2023 at Arrowwood Resort, Alexandria, MN

PLEASE MAKE YOUR OWN HOTEL RESERVATIONS!

Call Arrowwood Resort @ 320-762-1124

2100 Arrowwood Lane NW, Alexandria, MN 56308

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| Name: | Club | Club Tit | le Lion_ | Lioness Leo_ | _ Non-Member _ |
| District or Other Title: | | | | | |
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Cancellations will be charged a \$20 fee. Cancellations after January 1, 2023 no refund will be made.

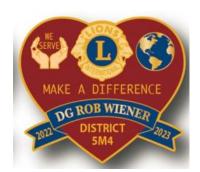
Make Checks payable to: District 5M4 Lions Mid-Winter Convention Fund

Send to: Cindy Fronning, 324 E. Hillside Ave. Fergus Falls, MN 56537

Contact Cindy Fronning for questions 651-324-8415 or email cindy@nadona.org



2023 5M4 Mid-Winter Lions Convention Tidbits



Hi Everyone,

September is coming and I anticipate the trees and foliage changing colors, the temps cooling and the raking and smell of leaves being burned. Change it is all around us. How can we as LIONs effect positive changes in our community and globally? One of the ways that change occurs is through learning. At the 2023 5M4 Convention learning will be all round us as well. We have some excellent speakers coming to share their insights into some of the Lions Foundations, Lionism, and what it is like to be on the receiving end of our support. There will be a motivational speaker and someone who is an expert at pre-planning. More to come on each of our speakers in future newsletters. Having this knowledge will hopefully spur us on to working together to make more change happen!

District clubs: This is the time to suggest to your club members to purchase an ad in the convention booklet. Put in an ad that tells what your club is up to or an event coming up, introduce your officers etc. Great opportunity to brag a little. There is an ad page with all the info included in this newsletter along with the registration form. Please bring copies to your members. We also accept ads from businesses in your town. Feel free to promote this convention and get your town's support.

If you have any questions regarding the convention, please don't hesitate to give me a call.

Thank **YOU** for being a Lion and for all that you do.

More to share later!

Lion Cindy Fronning 2023 Convention Chair 651-324-8415 cindy@nadona.org



Buffalo Lake Lions honored four Melvin Jones Fellow recipients



The Buffalo Lake Lions Club honored four Melvin Jones Fellow recipients for the 2021/22 year. Through the BL Lions Club and personal donations, their dedication to LCIF and service as a Lion was recognized. Pictured are John Schmalz, Brad Krumrey, Steve Freidrichs, and Susan Krumrey.

Hector Flight Breakfast



80th Annual Fly-In Sunday, Sept 18th, 2022

All You Can Eat! – Free Will Donation

P.I.C. Eat Free !!!

Benefit for:

Hectorite Kyle Gever

Everyone Welcome! Fly in or Drive in!"

Hector Municipal Airport 1D6, 122.8, Hector, MN.

This year's "Featured Aircraft" is **The 1939 Spartan Exec**



See Ag Planes up close, Plus Warbirds, Classics, Antiques,

Ultralights, Homebuilts, Helicopters & more!



Lion's Breakfast served: 7:30 am — 12:30 pm

Pancakes – French Toast - Eggs

Sausage - Coffee - Juice - Milk

RC Model Display!

Radio Controlled planes to scale

Ping Pong Ball Drop – 11:30 am For kids 12 & under. Lots of Prizes!

Lion's Kidsight: Free Eye Screening Test for Kids 6 mos to teens!

6.

5M4 Newsletter www.e-district.org/sites/5M4 SEPTEMBER 2022

Phone:

PUT YOUR EVENT ON THE 5M4 WEBSITE!

Please let us know if you'd like us to post your 5M4 club event.

Send to patrickposl@gmail.com



The Elbow Lake Lions had another successfull Fish Fry this past August 7 during the town's 'Flekkefest' celebration.





Another reminder: Here are the signupgenius for the state fair kids sight and also the Vision, Hearing, Diabetes booth. Sign up where and when you can. https://www.signupgenius.com/go/5080D45ADAC2FA7F58-state2 KIDS SIGHT --https://www.signupgenius.com/go/70A0B45A9A72AABFE3-state Diabetes, Vision, Hearing

5m4 DG Rob Wiener 5m4lionrob@gmail.com 320-241-7100

Benson Lions participate in Kid Day Events



The Benson Lions Club
participated in the 91st
annual Benson Kid Day
celebration Saturday, July
16. They had a float in the
Kid Day Parade that started
at 10 a.m. In the afternoon,
from 3-6:30 p.m., they served
BBQ's, chips, pop/water and
root beer floats at the
Kids 'N Cars Show
that was held
at Ambush Park.



Melrose Lions Club & Sauk Centre Lions Club "Working together to better our communities"

Invites everyone to our

Annual Fall Wine, Beer, Liquor & Cheese Tasting Event

Friday, October 28, 2022 6:30 - 9:00 p.m. Melrose American Legion

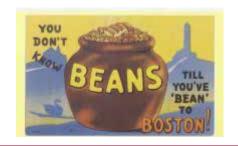
Sponsored by





\$20.00 advance ~ \$25.00 at door Tickets available at Spiritz Liquor, Coborn's & any Lions Member MUST BE 21 TO ATTEND





"5M4 Membership Helper T-Shirt"

Some of you may have a hard time trying to find future Lions

Here is a chance for your shirt to break the ice and start a Lions discussion. Without membership our clubs and communities will start to suffer. The GMT of 5M4 is urging our members to strongly consider ordering some for yourself or the club ordering these to assist you with your membership advancement, plus they are only \$10.

| Club name Contact Phone # E-mail | | | | Order now! | | | | | | | |
|-----------------------------------|-----------------------------|-------------------------------------|---|------------|---|----|-----|------|-------|---------|--|
| Qty. | | Garment | S | M | L | XL | XXL | XXXL | XXXXL | | |
| | Lions | s Gold 100% Cotton Short Sleeve Tee | | | | | | | | \$10.00 | |
| | Note: All sizes \$10.00 ea. | | | | | | \$ | | | | |

- *Complete this form above.
- *Send payment with checks written to the Sauk Centre Lions Club, 333 Morning View Lane, Sauk Centre MN 56378
- *Any questions please contact: Jason Kerfeld (320-429-0794) (fax 320-352-0047) kerfeld@mainstreetcom.com







Join us at the Can Do Woofaroo!

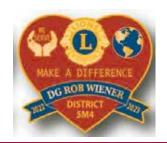
Saturday, September 24, 2022

Registration starts at 10 a.m. at Can Do Canines

Invite your friends (even the four-legged ones) to celebrate the amazing partnership between assistance dogs and the people who need them. This outdoor fundraising event includes a one-mile walk, live music, dog-centric vendors, dog costume contest, food and more!

The Lions Clubs of Minnesota will once again be the Presenting Sponsors.







October 13-16, 2022

Hilton DoubleTree Hotel Roseville MN

Registration is now open for the October 2022 MD5M Regional Lions Leadership Institute (RLLI)

The institute is open to all lions who are members in good standing of a Lions Club except for Past District Governors, District Governors, or 1st Vice District Governors.

The \$150 USD registration fee for RLLI includes the cost of materials, facility, staff, and four (4) meals. Room costs, \$129 USD excluding tax, and additional meals are not included.

A \$75 rebate from MD5M, through a grant from LCI, will be given to each participant that completes the program.

RLLI registration has been extended to Sept. 24!

Participants must attend all sessions beginning on Thursday evening and ending Sunday afternoon.

Each district can send six (6) participants; however, if other districts do not meet their allotment, your district may send additional Lions.

Applications are available from your District Governor or District Global Leadership Team Chairperson as well as on the MD5M website: lionsmd5m.org under resources. Completed applications must be submitted to your District Governor, without fees by August 31st, 2022. Your District Governor will make the final participant selection and you will be notified by September 15th if you were or were not accepted.

If you have any questions concerning the Institute please email Lion Dennis W. Kelly III, MD5M GLT Coordinator at dkellylion@gmail.com

Ask an Institute Graduate, they will tell you that the Regional Lions Leadership Institute (RLLI) is beneficial for you in every facet of your life and not just in your role as a Lion, and it is a lot of fun!!!!!!!

Click here to view a video testimonial: https://drive.google.com/file/d/10INpeqy-iJYw-UTt1q5-dgDBm TdF2G/view?usp=sharing







Why Should You Attend the Regional Lions Leadership Institute (RLLI)

There are many reasons to attend RLLI for a Lion. One of the most important is the networking opportunity. You have a chance to meet Lions from all over our Multiple District. You can share challenges as well as solutions. Hear new ideas on growing membership, keeping members, new service projects and fundraisers, and that is just in the networking segment.

RLLI offers courses in life skills and Lion skills.

For example:

Diversity, Lions Fundamentals, Local Issues and Opportunities, Motivating Club Members, Personal Mission Statement, Public Speaking, Setting and Reaching Club Goals, Time Management and Working in Teams.

These are areas that are of value whether you are a Lion working on a project, a project chairperson, club president or officer or a future club or district leader.

We have an outstanding faculty!!!

The Red Team, Team Lead 2nd VDGE Cheryl Kelly with DG Marty Athmann and CC Matt Huggenvik.

The Blue Team, Team Lead PCC Todd Neumann with DGE Kathleen Blekeburg and 2nd VDGE Denise Laudenbach

The Green Team, Team Lead PDG Rob Hed with PCC Rob Rand and Lion Stefanie Nelson.

The \$150 dollar fee for RLLI includes the cost of materials and four meals. Room costs of \$129 per night not including taxes and fees as well as additional meals are not included. You will receive a \$75.00 rebate from the Multiple District and possibly additional funds from your district to help make attendance affordable.

If you have any questions please contact you District GLT coordinator or email me at: dkellylion@gmail.com

Lion Dennis W Kelly III

MD5M GLT Coordinator



MD5M REGIONAL LIONS' LEADERSHIP INSTITUTE October 13-16, 2022, Hilton Doubletree Roseville MN PARTICIPANT APPLICATION FORM

MUST BE SUBMITTED to your DISTRICT GOVERNOR no later than August 31st 2022

| NAME: | DATE JOINED LIONS: |
|--|--|
| ADDRESS: | |
| E-Mail ADDRESS: | TELEPHONE NO: |
| CLUB NAME: | |
| CURRENT OFFICE HELD: | |
| OTHER OFFICES HELD: | |
| I WAS REFERRED BY: | |
| | |
| WHY DO YOU WISH TO ATTEND THE MD5M | REGIONAL LIONS' LEADERSHIP INSTITUTE |
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registration and check to MD5M Executive Secretary Cindy Walters by September 30th, 2022.

Early Bird Discount: Register by July 1st and save \$25.00

Need something in the newsletter? Send to: anneo@runestone.net





"Believe and Be Heard"

This is our motto for this next year. Our goal is to make sure that Minnesota Lions know about our mission and vision—to help those with hearing needs through education, research and promotion.

Our plan is to continue with the projects we now have and add a couple of new ones, including researching devices for screening hearing in both young and old, similar to the Kidsight outreach. We also are in the process of making affordable hearing aid applications more available. We also ask that each club become more active in their communities to locate those with hearing needs so we can serve them.

We are also excited to begin a new "signature" project—updating the temporal bone lab at the University of Minnesota. Over 25 years ago, MD5M gave the funds to build the existing lab. It is sadly very outdated. The university has asked for our help in remodeling and modernizing the lab in a new location with the latest equipment. The foundation has agreed to help with this as they begin the project. More about this in the next newsletter.

Thanks again for all you have done in the past and for your continued support.





Mn Lions Childhood Cancer Foundation Inc.

Believe Award

Application

| Club Name | | |
|-------------------------------|------------------------------------|-----------------------------------|
| Address | | |
| City | State | Zip Code |
| Recipient: | | |
| Name | | |
| Address | | |
| | | Zip Code |
| Please check: | | |
| Memorial Donation \$1,0 | 00.00, given in memory of a | deceased Lion or non-Lion. |
| Cumulative Award - Acci | umulated gifts over time re | sulting in a \$1,000.00 donation. |
| Mail or Email Application to: | | |
| | Lion Genia Sjerven | |
| | 14496 Geneva Ave N | |
| | Hugo MN 55038 sjerven@gmail.com | |
| Mail Award to: Name | | |
| | | |
| City | Stata | |



Having a hard time finding new members?... maybe you should ask one of these?...

your spouse your children your neighbor your brother your sister your best friend

your mailman your garbage man your insurance agent

your banker your car dealer your doctor your nurse your pastor your boyfriend your girlfriend your mother your father your cousin

your past Lions members your business partner

your barista your mayor

your local store owners

As you can see the options are limitless. Find one of the above or one of your own choices. Share the gift of Lionism

today!!

Submitted by Jason Kerfeld

Special request from your newsletter editor...

Please e-mail your items to me at anneo@runestone.net

I've retired from my newspaper job and will not be

using the (gcanne@runestone.net) e-mail any longer.

I'm continuing as 5M4 newsletter editor:)

Thanks! Lion Annie O'Flynn



Hearing

Research

Fellowship



Minnesota Lions Hearing

Foundation

Hearing Research Fellowship

Application

The Hearing Research Fellowship Award can be presented to a club member, family member or member of the community by a local club on behalf of the MN Lions Hearing Foundation. For every \$1000 donated to the Hearing Foundation, a Club earns one recognition award. Please consult with your District Hearing Foundation Trustee to determine how many club credits your club has earned.

Please PRINT

| Club Name: | | | District | | | |
|------------------------|--|---------------------------------------|-------------------------------------|-------------------------|--|--|
| Person submitting App | lication: | | | | | |
| Address where to ship | recognition: | | | | | |
| City | State | Zip | Phone | | | |
| Contact email address: | | | | | | |
| RECIPIENT: | | | | | | |
| Name | | | | | | |
| Address | | | City | Zip | | |
| Please Check Appropri | ate Fellowship: | | | | | |
| | owship = gift total e as a Lion Hearin | • | by individual, Lions Club vship. | o, or Lions District to | | |
| Memorial Fello | owship = gift totali | ng cumulative \$1 | .000 given in memory of | f a deceased Lion or | | |
| | llowship= accumu d upon cumulativ | - | ime resulting in \$1000 c | ionation. Fellowship | | |
| Progressive Fe | | nonor an individu | al who has previously b | een awarded a Hearing | | |
| Amount of donation: _ | | _ Check # | Date | | | |
| Please send completed | application to PD | G Mike Vos, Four | ndation Treasurer for pro | ocessing. | | |
| Check Payable to: | Minnesota Lions | s Hearing Founda | ntion | | | |
| Payment to: | • | oundation Treas nue, Green Isle, N | | | | |

Application

This award can be awarded to a Lion, a community member or business or other organization the club chooses. The award

This award can be given for every \$1,000 the club gives to our organization. Clubs can check with their trustees to find our theirbalance.

helps with the ongoing hearing health research projects at the Univer-

sity of Minnesota.

Please allow 30 days to process & ship award recognition

The calls to serve a world in need continue to grow. Through your support, LCIF empowers Lions to always answer.





PRESIDENT'S MESSAGE

Together we can with International President, Brian Sheehan

Dear Lion,

We accomplish amazing things together every day because of what you give. And while giving takes many forms, one of the best is your ongoing support of Lions Clubs International Foundation (LCIF). Because that's how we ensure that our biggest projects succeed. And like all things Lions, it starts with you and your club.

The work of LCIF is so important. And you can be a part of it by making a donation, by applying for a grant to take on even bigger projects, and by sharing your LCIF stories and videos. Because the more that our communities know about LCIF, the more our foundation can magnify our service at home and around the world. We're all working together to make a big difference. And when we all give a little, we can accomplish so much.

Make a great day, Brian Sheehan International President



Our Giving Never Stops

LCIF has been magnifying our service for more than 50 years. Watch a <u>special video</u> <u>message</u> from President Sheehan about how your support gives Lions the opportunities to make a big difference where it's needed most.

Just like the Lions of District 201-V2 in Australia who organized Camp Koala to help teenagers who were recently diagnosed with Type 1 diabetes to build self-management skills, a positive body image and confidence. Read Navigating Diabetes at Camp Koala to learn more about how a grant from LCIF can help clubs achieve greater things.



Get Involved with Your Foundation

Your service makes a big difference every day in people's lives, and you can make your impact even bigger through LCIF. Here are three great ways to get involved with your global foundation.

- Apply for a Grant Visit the <u>LCIF Grants Toolkit</u> page to learn more about how your club can get even more done in your community with the right grant.
- Share Our Story Take pride in the incredible work Lions do around the world
 and share our <u>Stories of Pride</u> and other stories from <u>the Lions Blog</u> on social
 media using the hashtags #LCIFLions and #WeServe.
- Make a Donation Discover the many <u>Ways to Give</u> that help support our service around the world—and in the community outside your door.

So let's keep serving, let's keep supporting our foundation and our communities, and let's keep building a better world together.

Kindness for Every Stage of Life

For years, the Lions of District 1-BK in Illinois, USA, helped many families find a little more comfort during end-of-life care for their loved ones at the Lightways Hospice and Serious Illness Care. And when they recenty decided to expand their support, they did so in a big way.



Read <u>Providing Compassionate Care and Comfort at the End of Life</u> to learn more about how these Lions grew their service with the help of 15 other Lions clubs and a matching grant from LCIF. And learn more about <u>LCIF matching grants</u> and how they help empower Lions to take on large-scale humanitarian projects.



5M4 Convention Service Project!

The Mid-Winter Convention is coming quickly. We have decided to do a service project for schools. This will help the students and the staff of elementary schools throughout the district. What we are doing is a class room supply kit. We ask clubs and individual members to help us collect items needed. DG Rob has discussed this project with a number of elementary grade school teachers and he was able to compile a list of items they need in February.

Each club is asked to contribute!

HERE IS YOUR SHOPPING LIST:



The best part about this is most of these items are on sale at deep discounts right now due to back to school. So if you can stock up and help us help our teachers and students throughout the district. Keep an eye out for more information to come.