

5M4 Newsletter



Happy Thanksgiving, Safe Harvesting 5M4!

And there is certainly a lot to be thankful for – including YOU! I continue to be humbled by the warm welcome I have received at your club meetings and events. I am truly grateful for all the incredible work you are doing in your community and enjoy hearing about the projects you have done and are planning. To date, I have had the pleasure of visiting 32 of our clubs, and I look forward to seeing the rest of you soon! Our district spans a 2 ½ hour drive, through 12 counties for me. Watching the harvesting (and for deer!) is a great pastime as I drive to greet you all!

Mission 1.5 is in full swing and PCC Rob has been busy supporting clubs as they plan membership drives. If you are interested in hosting one in your community, please reach out to him or myself, we'd be happy to help you get started. Membership drives are a great opportunity to showcase who you are and the impact you make within your community!

Service – it's the reason we are all here! IPDG Jacque shared many great ideas for promoting Mental Health and Well Being week, and it was inspiring to see so many clubs participating! I enjoyed hearing about some of your activities and attended a couple of events myself. Moving forward, the next Club Excellence Award service week is in January, this initiative focus is on Hunger. And don't forget, November 14th is World Diabetes Day. Our Diabetes Foundation offers many excellent resources to share with your community. If you need more information, please reach out to Lions Lori or Ken.

Exciting news!! Our Multiple District has once again been awarded a LCIF Marketing Grant! This is our second year in a row, and our district will receive \$1000 to put toward our 5M4 marketing efforts ~ any suggestions? We would love your input. How can we best use these funds to help promote your club and Lions International? PDG Sue will be working with district leaders to coordinate efforts, please share your ideas. Hopefully, you have already displayed the colorful posters IPDG Jacque distributed last year. They were a great way to catch attention in your community! We value your suggestions; this is YOUR grant too! Please share your ideas!

Have you marked your calendar yet?! Plans are underway for our Mid-Winter convention, set for February 6-8, 2026 in Willmar. It is shaping up to be an informative and fun weekend that you won't want to miss! Be sure to get your registration in by December 20th to take advantage of the early bird savings. A registration form is available within this newsletter, and informational packets with all things convention will be arriving at your clubs soon.

Our second Council of Governor's meeting (COG) was held in Alexandria, I enjoy catching up with fellow Governors who have now become friends. A highlight of the meeting was a zoom visit from International President AP Singh. This is the second time he has addressed us ~ I am telling you, as he has told us, our Multiple District is leading the way with the Mission 1.5 initiative! "You are the best role model for the world." I challenge you all to take a look at your communities, identify needs, and plan how your Lions club can make your community better ~ service is what engages members!

A big congratulations to our 5M4 Service Coordinator, IPDG Jacque, for receiving this quarter's Quack-Tastic Award in recognition of her outstanding leadership as a GST leader! This fun duck award celebrates her active participation and enthusiasm in our Multiple District Service meetings. She consistently participates, offering creative ideas that keep everyone motivated and engaged, and is never afraid to ask questions so she can learn more about helping our district serve. Thank you IPDG Jacque for your dedication and leadership!! Another round of applause goes to the Sauk Centre Lions Club for this year's Multiple District Kindness Matters Award. We'll share more about this awesome recognition at our upcoming convention! Congratulations, and well done!

The MN Lions Hearing Foundation continues to make a difference through their "Affordable Hearing Aid Program", in partnership with the Starkey Foundation. If you know of someone in your club or community who could benefit from this program, please reach out to our Hearing Foundation representatives for more information!

Through the Lions Mission Foundation, Lions are headed to Guatemala! During the 2024-2025 Lions year, the Vision Foundation collected over 475,000 pairs of glasses, and this upcoming mission trip will help distribute to those in need. Planning for the 2026 trip will begin next year, if you are interested in joining or learning more, please reach out to IPDG Jacque. If you have any questions about the Vision Foundation, please reach out to PCC Rob or Lion Craig.

We closed out October with our 5M4 Cabinet Meeting in Olivia. These meetings, along with our Council of Governors meeting, help to ensure important information is shared across each district and passed down to our Zone Chairs. Keep an eye out for your November Zone Meeting announcement and make plans to attend! Cabinet and zone meetings are open to all members! They are a great way to learn, stay connected, and be informed.

As always, if you have questions or would like a district leader to visit your club, please find us on the last page of the newsletter and reach out! We would love to hear from you!
DG Susan Krumrey ~ susanreuberkrumrey@outlook.com ~ 320-295-8327



*DG Susan Krumrey
and Lion Brad Krumrey*



So much to be thankful for in District 5M4!

As we enter this season of gratitude, I am reminded of just how much we have to be thankful for here in District 5M4. Lions throughout our district continue to live out our motto, "We Serve," with compassion, dedication, and teamwork.

This month, I want to express deep appreciation for two incredible LCIF grants coming into our district — one in Buffalo Lake and another in Ashby. These grants represent the strength of our Lions Clubs International Foundation and how, together, we can make a lasting impact in our communities. Thank you to the clubs and leaders who worked diligently to make these grants a reality — your efforts embody what it means to serve with heart.

We are also very thankful for Lion Ed Bolas, who has stepped up to serve as our new 2nd Vice District Governor. His willingness to lead and serve our Lions family is truly appreciated. Congratulations, Lion Ed, and thank you for your commitment to 5M4! In the coming months I will be reaching out and trying to put together our cabinet for 2026-2027, if you are inspired by something please let me know and we can line up an opportunity for you to join our cabinet team for the upcoming Lions year.

On a personal note, I had a wonderful time at the US/Canada Lions Leadership Forum in Atlantic City. It was an inspiring weekend filled with learning, leadership, and Lions fellowship. If you ever have the opportunity to attend one of these forums, I encourage you to do so. It's an experience that deepens your passion for Lionism and connects you with incredible Lions from across North America.

As we move into the holiday season, let's also remember to give the gift that keeps on giving — the Special Olympics Golf Passports. This initiative continues to make a difference for athletes with special needs, and it's a meaningful way to share our spirit of giving this season.

Please also save the dates — February 6-8, 2026 — for our Mid-Winter Convention in Willmar. It promises to be an exciting weekend of celebration, learning, and connection.

Between now and then, let's be sure our clubs are ready:

- Have your club officers attended the trainings? Success-fest?, Zoom training? Or via the portal?
- Have you submitted nominations for the "Heart of the Lion Award"? (Details and qualifications for this special recognition are listed this month's newsletter.)
- Special Promotion for First-Time Mid-Winter Convention Goers: If you've never attended a Mid-Winter Convention before, this is your year! Be sure to take advantage of this promotion designed for first-time attendees — you won't want to miss the fun, the fellowship, and the inspiration that comes from being surrounded by Lions from all across District 5M4!

Finally, I want to thank each and every one of you — for your dedication to your clubs, your communities, and to Lionism. You are the heart of our organization, and I am truly grateful to serve alongside you. Together, we are changing lives every day.

Wishing you all a safe, happy, and gratitude-filled Thanksgiving season.

In service and thankfulness,

Lion Jason Kerfeld First Vice District Governor, 5M4
 Sauk Centre Lions Club kerfeld@mainstreetcom.com
 320-429-0794 (cell)



*Lion Jason Kerfeld,
1VDG District 5M4*

Cabinet Meetings:

All Lions members are warmly invited to attend any upcoming cabinet meeting this year. This is a great opportunity to gain deeper insight into the business of District 5M4 and to better understand the roles and responsibilities of our cabinet members. Whether you're curious about district operations or considering future leadership, your presence is welcome and encouraged.

February 6, 2026 – Best Western Conference Center / Mid-Winter Convention, Willmar, Time/TBD

May 6, 2026 – Alexandria, Place and Time TBD

Please RSVP to DG Susan if you plan to attend.

320-295-8327 or at

susanreuberkumrey@outlook.com

OPEN CABINET POSITIONS

- LEO Advisor • Zone 3 Chair (Benson, Garfield, Glenwood, Hancock, Lowry, Morris)



At VDG training in Alexandria, 1VDG Jason and 2VDG Ed worked together to make playhouses that will be sold to raise funds for Habitat for Humanity.



LIONS INTERNATIONAL PEACE POSTER CONTEST

The theme for this year's PEACE POSTER CONTEST is

“Together As One”

Kits are available through the Lions Store. They are for ages 11-13 (as of November 15, 2025) Completed winning entries must be postmarked by November 15, 2025 and send to DG Susan Krumrey, PO Box 134, Buffalo Lake MN 55314

5M-4 MID-WINTER CONVENTION

SAVE
THE
DATE



Where: Willmar Event
Center 240 23rd St SE,
Willmar, MN 56201
Phone: 320-235-3312



FEBRUARY 6-8, 2026

WATCH THE NEWSLETTER FOR MORE INFORMATION



2026 5M4 Mid-Winter Convention

Feb 6, 7, & 8 2026

Willmar MN Conference Center



Soaring to New Heights

Soaring to New Heights

EARLY BIRD REGISTRATION FORM

NAME _____ Title: PID PCC CC PDG DG 1VDG 2VDG

(please circle all that apply) Lion LEO guest First Timer

NAME _____ Title: PID PCC CC PDG DG 1VDG 2VDG

(please circle all that apply) Lion LEO guest First Timer

Address _____

Phone _____ Email _____

Club Name _____

Prices Good Thru December 20, 2025

Full Registration Book – includes all convention meals. (\$ after 12/20/25)

Lions and Guests: _____ @ \$115.00=\$_____ (\$125.00)

First Timers(5M4 lions only): _____ @ \$50.00=\$_____ (\$60.00)

LEO's: _____ @ \$50.00=\$_____ (\$60.00)

If purchasing individual Meals:

Sat am \$20 _____ Sat noon \$35 _____ Sat banquet \$50 _____ Sun am \$30 _____

Make checks payable to: District 5M4 Mid-Winter Convention

Mail Registration Form AND check to: Lion Jacque Heinen 12069 Bluegill Dr. Sauk Centre MN 56378

SPECIAL MEAL REQUESTS: GF Vegan Dairy Other _____

Hotel Information Willmar Holiday Inn and Best Western. Rooms starting @ \$129.99

Please call direct at 320.235.6060 and ask to book with the Lions Club for Feb 6-8, 2026

Or at the link

https://www.bestwestern.com/en_US/book/hotel-rooms.24139.html?groupId=7X5JA115

HOTEL ROOM BLOCK EXPIRES: 1-5-2026





Can Do Canines to have open house on Saturday, November 8

Can Do Canines invites you to attend an open house on Saturday, November 8, from noon to 2 p.m., at its Can Do Canines campus (9440 Science Center Drive, New Hope, Minnesota). Potential volunteers, clients, or anyone who might be interested in finding out more about our organization can join us to learn how an assistance dog changes the life of a person with a disability.

Through a self-guided tour, attendees will be able to watch a trainer working with an assistance dog, hear from a volunteer dog host, talk with staff members from the volunteer department, pose questions to client services coordinators about the application process, and meet graduate teams from five of the types of dogs Can Do Canines trains: hearing, mobility, seizure, diabetes, and childhood autism.

There is no pre-registration for this event, though attendees will be asked to share some contact information when arriving.

To request a sign language interpreter for the Open House, please contact Laurie at lcarlson@candocanines.org or 763-331-3000 at least two weeks in advance. We'll do our best to accommodate late requests, but availability is not guaranteed.

More information about Can Do Canines is at CanDoCanines.org.



Buffalo Lake Lions host speaker

The Buffalo Lake Lions Club hosted speaker Deb Hadley from Alexandria for their Mental Health and Well-Being event. A light meal with calming piano music (played by a local youth student) was offered at no charge, and 56 guests attended.



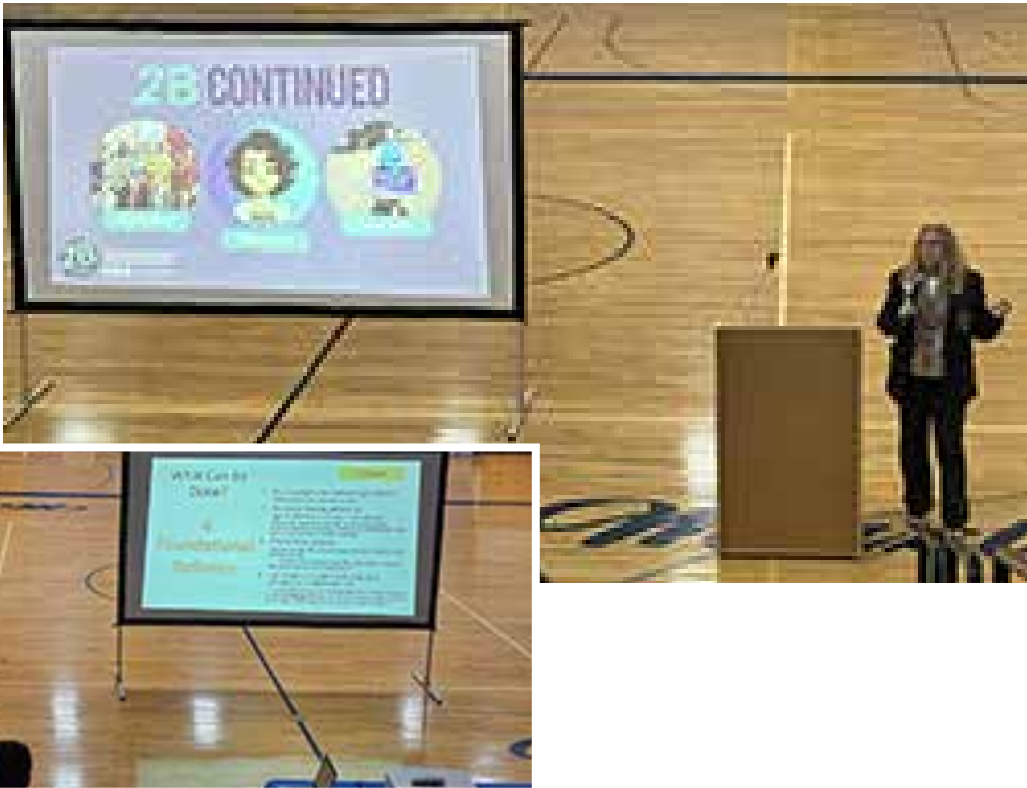
Buffalo Lake Lions serve

The Buffalo Lake Lions Club opens their Lions Den every Thursday ~ offering the community a space to gather for fellowship, have a bite to eat and some coffee/or BYOB, and play some games!



Buffalo Lake Lions and Olivia Lions host mental health event

DG Susan, the Buffalo Lake Lions Club and the Olivia Lions Club hosted Dr. Amanda Black from 2B Continued (www.2bcontinued.org – education, outreach, and resources for suicide prevention and mental health). Her presentation explained the well known book, written by Jonathan Haidt, “The Anxious Generation”. She did a great job explaining the correlation of screen time, following social media and gaming, with the anxiety in our children to 40 attentive students of parents and grandparents! This was an eye opener for many, but completely understandable!



Morris Lions have 4 new members

Morris Lions Club welcomed 4 new members at September meeting. New members are Joe Glasrud, Tegan Peterson, Tony Reimers, Jim Greenwaldt.



Morris Lions donate for literacy

Morris Lions attended the second graders book fair at St Mary’s school. We give each second graders \$15 to purchase books for reading. They were so excited.



Danube Lions get in touch with their community

Danube Lions sponsored "Fill Your Freezer. Fall is busy with farming and school activities, so these ladies came and made meals to freeze to use when they don't have time to make a meal. It gave us an opportunity to tell them about Lions. We also did a Community Potluck in September to let others know what we do as Lions and to get new members.



DG Susan visited with the Elbow Lake Lions club on October 21.

Is your club hosting an event or planning a service project?

I'd love the opportunity to attend, lend a hand, and show support. If you have a flyer or event details, we'd be happy to help promote it on the District 5M4 Facebook page.

Is your club posting events and projects on your Clubs Facebook page?

Let us know so we can help spread the word by sharing it on ours?!

Don't keep those great activities a secret!

*Let's work together to showcase all the amazing things
happening across our district -*

let me know how 5M4 can support you!

***Contact me anytime at
susanreuberkrumrey@outlook.com or 320-295-8327.***

Fall is in the air!

That means the Minnesota Lions Vision Foundation,

THANKSGIVING FOR VISION *is coming soon.*

The Thanksgiving for Vision has moved to a new location and a new date.

The new location is St Cloud Holiday Inn. And the New date is Saturday November 1st. Each club has received an invitation for the event. We are asking that each club sends two representatives to the event. (rsvp required). Ask your club secretary for the invitation.

There will be speakers there who received corneal implants.

And speakers who have donated corneas.

There will also be lots of baskets to bid on.

Hope to see you there.

PCC/DGMT/MLVF

Rob Wiener 5m4lionrob@gmail.com 320-241-7100



New members for Olivia Lions

DG Susan was honored to induct six new members into the Olivia Lions Club at their October meeting. Welcome to the largest service organization in the world and a huge thank you to their sponsors for giving them the opportunity to serve others!



HAVE A QUESTION? CURIOUS ABOUT ANYTHING?

Ask away! Questions regarding 5M4 Lionism can be directed to any cabinet member. District Governor Susan Krumrey will facilitate/direct your questions, edit for clarity if needed, and forward to the right person for your answer. Watch the newsletter for your answers!

Send your questions via email to susanreuberkrumrey@outlook.com!

Let's Learn!!

NOVEMBER NEWSLETTER

Service Project Ideas

Nursing Homes Residents

*Make visits

*Write Letters

*Bingo

*Plan an Activity

*Sing

Recycling

*Soles 4 Souls

*Aluminum

*Plastics

Food

*Birthday Kits to food shelves

*Food Drive

*Cookie to Random

Environment

*Tree Planting

*Ditch Cleaning

*Community Garden

*Community Orchard

Veterans Programs

*Meal

*Soldier Retreat

*Fallen Hero Football

Kids Events

*Free Books

*Eye Screening

*Hearing Screening

*Hats & Mittens

*Book Reading

*Grief Bags

Disabilities

*Special Olympics

*Camp Confidence

*Activities &/or meals



Spicer Sunrise Lions help at mental health event

Spicer Sunrise Lions volunteered to help at a Kids Mental Health event held October 7th in Willmar. The event was sponsored by Woodland Centers and included booths from a number of local non-profits that work with youth. The Spicer Lions helped to serve Pizza, popcorn and water to anyone who attended. This was our mental health event as part of the international Lions Mission week.



Lions Greg and Geri Brandt who volunteered at the event.

New London Lions and Leos work together on World Mental Health Day event



The New London Lions and our NLS Leo club working together on World Mental Health and Well Being Day/month.

- We put up signs around our communities and Willmar. NLS Leos also did a presentation and a trivia game on Mental Health and Well Being to the NLS High School, grades 9 thru 12. They also gave out some prizes to each classroom.

- Our two Lion clubs also teamed up with the Woodland Center and did a trivia activity with Ridgewater College. Had lots of fun.

- We also worked with the Woodland Center "Kids Connection night". We will be doing that each Tuesday in October. I'm trying to get pictures of that as well.

Lion Bob Knutson 5M4



Woodland Center "Kids connections" night in Willmar. Lion Sharon coloring with the kids.

2026 MD5M Convention

April 24-26, 2026

Minnetonka Beach Party

Sheraton Minneapolis West Hotel

12201 Ridgedale Drive

Minnetonka, Minnesota 55305

Hosted by District 5M-5



Sign up today and save!

First 150 Receive a Free souvenir Beach Ball with early sign up.

Cost May 1, 2025 thru
December 31, 2025
\$185 US - \$266 CDN

Cost January 1, 2026 thru
March 31, 2026
\$195 US - \$280 CDN

Clubs should continue to promote the Golf Passports for Special Olympics...& that it is a 2 year fundraiser and there has been a couple clubs that have returned some of the unsold ones already. This is like stopping a baseball game after the 3rd inning!!! just too early!!! we are just getting started!!! Keep up the great work!!



More about the Golf Passport!

Bearer entitled to 9 FREE HOLES with the purchase of 9 holes, continuous play, or as stated on Passport

1 offer per participating location

Can be used Monday-Friday (Friday until 3 p.m.)

*Courses might limit play availability due to other scheduled events. Not available on holidays.

Must make tee times with participating courses

GOLF COURSE NAME	ADDRESS	WEBSITE	PHONE
Albany Golf Club	600 Church Ave., Albany <i>Monday play only</i>	albanygolfcourse.com	320-845-2565
Alexandria Golf Club	2300 N. Nokomis NE, Alexandria	alexandriagolfclub.com	320-763-3605
Appleton Golf Club	331 E. Wyman Ave., Appleton	appletonnvgolfcourse.com	320-229-2511
Benson Golf Club	2222 Atlantic Ave., Benson	golfatbenson.com	320-342-7961
Dawson Golf Course	1380 Walnut Street Dawson		320-769-2212
Eagle Creek Golf Club	1000 28th Ave NE, Minnetonka	eaglecreekgolf.com	320-235-1166
Geneva Golf Club	4181 Geneva Golf Club, Brainerd, Alexandria	genevagolfclub.com	320-762-7089
Greystones Golf Club	105-33 Andrews Drive, Sauk Centre	greystonsgolf.com	320-351-4653
Hardwood Hills Golf Course	8446 County Road 27 SW, Alexandria	hardwoodhillsgolf.com	320-886-1400
Hawk Creek Country Club	100 Spicer Ave N., Raymond	hawkcreekcc.com	320-967-4853
Island Pine Golf Club	1601 Wyoming Ave. W., Aitwater	islandpinegolf.com	320-974-8600
Little Crow Country Club	15880 Hwy 23 N., Spicer	littlecrowresort.com	320-354-2296
Lynx National Golf Course	40204 Primrose Lane, Sauk Centre	lynxnationalgolf.com	320-352-6242
Mayflower Golf Club	46321 Co. Rd. 39, Fairlee	mayflowergolfclub.com	507-426-9964
Meadowland Country Club	837 Country Club Drive, Melrose	meadowlandcountryclub.com	320-256-4989
Minnewaska Golf	23518 Dero Drive, Glenwood	minnewaskagolf.com	320-634-3680
Nordic Trails Golf	4343 39th Ave NE, Alexandria	nordictrailsgolf.com	320-762-5420
Oakdale Golf Club	66106 Co. Rd 38, Buffalo Lake	oakdalegolfclub.com	320-587-0525
Olivia Golf Club	512 S. 1st Street, Olivia	oliviagolfclub.com	320-523-2313
Osakis Country Club	50 18th Ave E., Osakis	osakisgolf.com	320-859-2140
Pomme De Terre Golf Club	24860 State Hwy 9, Morris	pdgclub.com	320-589-1009
Stoney Creek Golf Course	21278 820th Ave., Remille	golfremille.com	320-779-4653
Tipinah Woods Golf Course	15185 Golf Course Road, Ellbow Lake <i>Mon-Wed play only</i>	tipinahgolf.com	218-685-4271
Valley Golf Course	1900 Becker Ave SE, Willmar	valleygolfwillmar.com	320-235-6790
Hook & Slice (Senior Simulators)	2921 Hwy 29 S., Alexandria <i>Buy 1 hr., get 2nd hour FREE</i>	hookandslicemin.com	320-391-5353



Lions Teeing it up to help Special Olympics!!

Get your Golf Passport today!

This Golf Passport will fund Family Night at the 2026 Special Olympics USA Games that will be held in Minnesota in June 2026 and other Lions charitable endeavors

Sponsored by the Lions Clubs of West Central Minnesota-District 5M4



\$50
25 Courses
This card expires October 1, 2026
TAX DEDUCTIBLE

A GREAT SAVINGS FOR YOURSELF OR A PERFECT GIFT IDEA!

Available from your Lions Club or selected participating golf courses

Bearer entitled to 9 FREE HOLES with the purchase of 9 holes, continuous play, 1 offer per participating location

Can be used Monday-Friday (Friday until 3 p.m.)

*Courses might limit play availability due to other scheduled events. Not available on holidays.

Must make tee times with participating courses

When Purchasing the passport, make checks payable to...Lions

Three Lions' Club create a great playground

The pre-school youth at Little Stangs Learning Center in Buffalo Lake had a "ribbon cutting" ceremony in celebration of their new outdoor play space! The Buffalo Lake Lions Club cleared rock from the playground at the Center, then with additional donations from the Hector and Stewart Lions too, they were able to cement a path for outdoor activities on wheels, which created a space for a wheelchair bound youngster to play with others as well! They also added a sandbox to their outdoor space. Thank you to the three clubs for their monetary donations, to Top Level Concrete (Ryan Kramer), the Buffalo Lake Lions Club for their labor clearing the ground, Lion Brad Krumrey for the use of his equipment, and Lion Kevin Weispfennig for building the sandbox!





Busy Cedar Mills Lions!



The Cedar Mills Lions Club distributed Mental Health & Well Being signs in support of suicide awareness after their October 12th meeting.



The Cedar Mills Lions Club served treats to the 4-H youth and volunteer adults who helped them clean their road ditch in October.



Hello Lions!

From Your 2025–2026 District Service Chair, Lion Jacque Heinen

I'm honored to serve as your District Service Chair this year!

As we kick off the new Lions year, let's start strong:

- Define your clubs goals
- Plan ahead
- Get ready to serve!

Now's the perfect time to launch a new service project or bring fresh energy to an existing one.

New Global Service Focus: Mental Health

Lions Clubs International is introducing Mental Health as a new area of service. Let's think about how our clubs can make a real impact in this important space.

District Service Focus Windows

Our Multiple District is encouraging projects during these key timeframes to align with other Lions around the world:

- October 1–12 – Mental Health
- January 3–11 – Hunger
- April 8–26 – Environment

What can your club do in these areas? Start planning, dreaming, and making it happen!

More info and ideas coming soon!

Let's make 2025–2026 a year of meaningful, compassionate service.

In service and gratitude,
Lion Jacque Heinen



SPECIAL OLYMPICS
USA GAMES
MINNESOTA 2026

2026
Coming to
MINNESOTA
JUNE
20-26



Multiple District 5M
proudly announces...



Lions Clubs International
FOUNDATION

Your donations designated to
Special Olympics USA Games
Minnesota to LCIF will help make
our \$300,000 grant possible!

Family Night!

For all athletes & their families

Opening Eyes®

Vision Screening for
participating athletes

A Ball For All

A sensory ball is gifted
from MD5M to all
participating athletes.

Scan this code
for more about
All Balls





April 24-26, 2026
106th - MD5M Multiple Convention
Sheraton Minneapolis West Hotel
2026 MD5M Registration Form



☐ Lion ☐ Leo ☐ Guest
☐ Check if this is your 1st Multiple Convention

☐ Lion ☐ Leo ☐ Guest
☐ Check if this is your 1st Multiple Convention

Name: _____ Name: _____
Address: _____ Address: _____
City: _____ City: _____
Prov/State: _____ Zip: _____ Prov/State: _____ Zip: _____
Email: _____ Email: _____
Title: _____ District: _____ Title: _____ District: _____
Club: _____ Club: _____

Full Hospitality Book:

Cost May 1, 2025 thru
December 31, 2025
\$185 US - \$266 CDN _____

Cost January 1, 2026 thru
March 31, 2026
\$195 US - \$280 CDN _____

*Hospitality book includes convention and all meals

Separate Meals:

*Do not select if you have purchased a hospitality book

Friday Night Social	\$25 US - \$36 CDN _____	\$27 US - \$39 CDN _____
Saturday Breakfast	\$36 US - \$52 CDN _____	\$38 US - \$55 CDN _____
Saturday Lunch	\$41 US - \$59 CDN _____	\$43 US - \$62 CDN _____
Saturday Banquet	\$68 US - \$98 CDN _____	\$70 US - \$101 CDN _____
Sunday Brunch	\$38 US - \$55 CDN _____	\$40 US - \$58 CDN _____

Total amount if separate meals chosen: _____

Please specify dietary needs: ☐ Vegetarian ☐ Gluten Free ☐ Other: _____

No meals available after March 31, 2026.

Make Checks payable to: 2026 MD5M Conv.

Mail registrations to: 2026 MD5M Convention c/o Rhonna Hed, 17440 45th Ave N, Plymouth, MN 55446

-OR- you may pay by Venmo to: @Rhonna-Hed Then Email your registrations to: rhed@summitfire.com

Please provide an email address or phone # if you'd like to receive a confirmation _____

HOTEL INFORMATION: Sheraton Minneapolis West Hotel, 12201 Ridgedale Drive Minnetonka, Minnesota 55305

Call (952) 593-0000 to book your room reservation. Ask for the "Lions 2026 Convention" rate.

Room rates are \$135.00 per night plus taxes and fees. Room reservation cut-off is April 9, 2026.

[Book your group rate for MD5M Lions 2026 Convention here](#)

FOR MORE INFORMATION contact: PCC Rob Rand at (612) 715-6055, robrandmn@gmail.com

Lion Rhonna Hed at (651) 248-0749, rhed@summitfire.com



Lions, it's soon time for World Diabetes Day, November 14, 2025 and Diabetes month. Consider doing one or more of the suggested items on the flier below!
Lion Lori Schellberg Co-trustee MLDF



PROJECT IDEAS DIABETES

LEARN

- Work with a healthcare professional to organize an educational talk about diabetes, pre-diabetes, prevention and management at your club or district meeting.
- Facilitate a discussion about diabetes to encourage club members to share their personal connections to the disease.
- Visit/explore the website of your national diabetes association and other organizations to learn more about diabetes.
- Share a low glycemic index snack at your club meeting and ask a nutritionist or diabetes educator to teach club members and their families about interpreting food labels.
- Sign-up for MyLION and learn how Lions and Leos are getting involved in diabetes service.
- Download an app that educates and encourages healthy lifestyle choices. Invite club members to participate in a healthy lifestyles related challenge.

ACT // BEGINNER

- Donate a diabetes magazine subscription or diabetes-related books to your local library.
- Invite a role model with diabetes to a local school to talk about healthy lifestyle choices.
- Sponsor a child to attend a diabetes camp and/or supply a camp with needed supplies.
- Post monthly notices on your club or district website and social media accounts, sharing available community resources for people with or at risk of diabetes.
- Write about healthy lifestyle choices in your community or school newspaper.
- Organize a Strides: Lions for Diabetes Awareness event in your community.
- Develop a list of patient resources and services and distribute them to Lions and the public.

ACT // INTERMEDIATE

- Partner with healthcare professionals to organize a screening for diabetes, diabetic retinopathy and diabetic foot.
- Promote diabetes prevention through social media campaigns or radio announcements.
- Volunteer for a day at a diabetes camp. Visit www.diabetescamps.org to find a camp near you.
- Sponsor a healthy cooking demonstration for people with diabetes and pre-diabetes.
- **Organize a weekly walking club at your place of work and share a healthy snack afterwards.**
- Bring fresh fruits or vegetables to an elementary school classroom to encourage children to try a variety of healthy foods.
- Collaborate with a healthcare professional to organize a physical activity and promote exercise.
- Donate needed exercise equipment to a community center or school.

ACT // ADVANCED

- **Organize a community support group for people diagnosed with diabetes and their families.**
- Work with a healthcare professional to organize a mentorship program, pairing a younger person with diabetes with an older mentor.
- Organize a school or community vegetable garden to encourage healthy eating.
- Establish a fitness room or ongoing fitness classes at a community center or school.
- Sponsor a training program for community healthcare workers to learn about screening, community support programs and prevention of diabetes complications.



Heart of a Lion Award Application

District 5M4 Lion members are eligible to apply. A Lion member may apply or a club may apply on behalf of a member. Applications can be turned in throughout the year. Awards will be presented at the Mid- Winter Convention following completion of the application. Any criteria completed after July of 2015 qualifies toward this award and may be earned over several years.

A Lion member must MEET 5 of the 8 CRITERIA listed below to RECEIVE the AWARD!

The Lion member: _____ Club: _____
(Name of Lion Member)

_____ Sponsored a New Lion _____ Club: _____
(Name of new member)

_____ Date: _____
(Signature of club president or secretary)

_____ Attended a Zone Meeting _____ Date: _____
(Date and Zone # meeting attended)

_____ Date: _____
(Signature of a Zone chairperson)

_____ Attended the 5M4 Mid-Winter Convention. _____ Date: _____
(Signature of convention chairperson)

_____ Served as a Club Officer or District Chairperson. _____ Date: _____
(Office or Committee Chaired)

_____ Date: _____
(Signature of club president, secretary or DG)

_____ Be a Chair or Co-Chair of a club or district project. _____
(Name of Project)

_____ Date: _____
(Signature of club president, secretary or DG)

_____ Attended one training event: 5M4 Forum, Officer training, Leadership training or other Lions Clubs International sponsored class. _____ Date: _____

(Training attended and date)
_____ Date: _____

(Signature of District officer, trainer or copy of certificate of completion)

_____ Attended one of the following: USA Canada Lions Leadership Forum, International Convention or Multiple Convention. _____ Date: _____

(Event attended and date)
_____ Date: _____

(Signature of District officer, Council Chairperson or Convention Chairperson)

_____ Promote a new idea, service project or fundraiser that is adopted by your club or District that meets the mission of LIONS. _____ Date: _____

(Promotion Idea and Date)
_____ Date: _____

(Signature of club president, secretary or DG)

Original to be completed and turned in to the DG or District Secretary

Signature of DG or District Secretary _____ Date: _____



November 2025

LEADING THE WAY

Leader Dogs for the Blind – Lions Newsletter



Our top priority is ensuring each client receives customized instruction so they can develop exceptional skills to travel independently with a white cane or a guide dog. Below is the story of Winter, a Leader Dog who works with a client who is DeafBlind, like honorary Lion Helen Keller was. **In 1992, Leader Dog became the first organization to train guide dogs specifically for the DeafBlind community.** To learn about other adaptive services for clients with physical and intellectual disabilities, scan the QR code or go to LeaderDog.org/blog.



Leader Dog Winter's Story



My name is Chelsea, and I am an apprentice Guide Dog Mobility Instructor (GDMI) on the DeafBlind and Adaptive Services team. I hope you will find the tale of this small black Labrador as inspiring as I did.

Winter was an absolute joy to train. **She is a certified good girl – she quickly picked up on the work and loved every second of it.** When we were looking for a match for a DeafBlind client who uses American Sign Language to communicate, I immediately thought of her. The first time she saw me signing, with my hands flying around, she wagged her tail excitedly and tilted her head back and forth (a signature Winter move).

During training with her client, Winter would patiently sit and stare up at her while she signed.

Her client uses both hands to expressively sign and one hand to track (receive ASL signs from the person she's signing with) which doesn't leave very many hands to hold the leash and manage a dog. It is critical that Winter is comfortable and patient while her client signs.

Because of support like yours, we can not only provide folks with the independence that comes from working with a Leader Dog – we can provide folks with their *perfect match*. We can take the time and resources to train our dogs specifically for their client. The greatest part of my job is graduating a team and watching them walk away beaming with pride. Thank you for your support.



The Lions Clubs International Foundation (LCIF) supports and magnifies the impact of Lions' humanitarian work in their local communities and worldwide. LCIF empowers Lions by providing grant funding for projects that address a wide range of global and local needs, turning small-scale volunteer efforts into large-scale service projects.

How LCIF empowers Lions' service

- Provides grants for larger projects. LCIF offers various grants that allow Lions clubs to undertake ambitious projects that would not be possible with fundraising alone. MD5M Lions sponsoring 2026 USA Special Olympics is one such example.
- Matching grants: Help clubs and districts fund major equipment or construction projects. Projects such as the West Central School Greenhouse Project, Ashby Greenhouse Project and Clara City Playground.
- District and Club Community Impact Grants (DCGs): Allows our District to purchase school supplies, food packs, Ukraine supplies and hygiene kits.
- Funds global and local humanitarian efforts. LCIF provides the resources for Lions to deliver services in their core areas of focus. Examples of LCIF-supported projects include 5M4 Lions KidSight Cameras.
- Disaster relief: Delivering aid for Tornado Cleanup in Forada.
- Environment: Funding projects for the 5M4 tree planting, and access to clean water.

Maximizes every donation. LCIF is a highly rated charitable organization that uses investment income to cover administrative expenses. This ensures that 100% of every donation goes directly toward funding humanitarian grants and programs.

LCIF Grants are possible because of the support of Lions Clubs and individual Lions. The district has raised \$8,001 toward its goal of \$47,616 for this year. Please keep supporting our communities with a donation.

Check for Special Olympics should be made out to LCIF–Special Olympics

Send LCIF donations to:

PCC Dennis Heinen

5M4 LCIF Coordinator

USA Special Olympics 2026

Lions of MD5M (Minnesota, Mantioba and NW Ontario) have pledged to raise \$250,000 for the USA Special Olympics 2026. Please consider a donation to help fund this event. Donations should be made to LCIF –Special Olympics MN 2026 and sent to me. Keep selling Special Olympics Golf passes as these are good all off next year also. LCIF Grants are possible because of the support of Lions Clubs and individual Lions. The district has raised \$5,790 toward its goal of \$47,616 for this year. Please keep supporting our communities with a donation.

Send LCIF donations to: PCC Dennis Heinen 5M4 LCIF Coordinator
12069 Bluegill Dr. Sauk Centre, MN 56378 320-491-3996
Heinende@centracare.com



Filing Funds Information

Lions: Please remember that **all Lions clubs, districts and multiple districts** that have annual gross receipts of less than US\$50,000 and do not have to file Forms 990 or 990-EZ must file the [e-Postcard](#) (also known as 990-N). **If your Lions club, district or multiple district has a foundation, which is a separate legal entity, the appropriate form will need to be filed as well.**

All filers must register at IRS.gov prior to filing their next Form 990-N. This is a one-time registration if the designated Lion files annually. If the designee changes from a prior year, the new designee must register with the IRS.

Please refer to the following chart regarding annual filing requirements:

2024-2025 Tax Year*	Form to File
Gross receipts normally \$50,000 or less	990-N
Gross receipts greater than \$50,000 and less than \$200,000, and total assets less than \$500,000	990-EZ or 990
Gross receipts \$200,000 or greater or total assets \$500,000 or greater	990

The e-Postcard is due by the 15th day of the fifth month after the close of your tax year. Lions clubs operate on a fiscal year, July 1-June 30, and the e-Postcard is due by **November 15** each year. Please note that *an organization cannot request an extension for filing the Form 990-N.*

If you do not file, you risk losing your tax-exempt status. Any Lions club that fails to meet its annual reporting requirement for three consecutive years will automatically lose its tax exempt status. A club may [apply](#) for reinstatement of its tax exemption even if it originally fell under a group exemption.

Every club and/or district (single, sub- and multiple) must have an employer identification number (EIN), even if it will not have employees. The EIN is a unique number that identifies the organization to the Internal Revenue Service. To apply for an EIN, you should obtain a Form SS-4 and its instructions from the IRS. You may also apply for an [EIN online](#), by telephone (1-800-829-4933) or by fax (fax number at the location accepting applications from your state). It is important that clubs and districts use the correct EIN for their annual filing.

Please note that Lions Clubs International is not authorized to provide guidance regarding your club's filing. For frequently asked questions about tax issues and regulations affecting Lions clubs and leadership, visit the [Lions Tax FAQ](#). Visit www.irs.gov/eo for complete details and to sign up for Exempt Organization's free email newsletter, *EO Update*, to receive up-to-date information posted on the charity pages of irs.gov. For specific questions please contact a local tax professional or the IRS.

Kidsight update for November

Way to go, Lions, for setting up screenings and providing a great service for children. Please keep setting up screenings. 778 children screened at 11 events, 57 referred with 13 clubs assisting during August and September.

Do:

- Enter date of birth or age before screening
- Report your screening results to your Directors
- Include indicators by age if possible.
- Report events and hours to your club secretary
- Call us if you'd like help convincing a school to let you assist their nurses.
- Inform us of any glitches with equipment.
- Use the included cord if printers and cameras are not working wirelessly.
- Post photos of Lions in action, no children's faces unless you have signed parent permission.
- Share words of affirmation, success, parent's comments, etc. with us.

Thanks again for your service!
Your Kidsight Directors for 5M4,
Lion Ron(320-905-6282)
Lion Susan (320-905-2412)



Olivia Lions and Boy Scouts serve!


The Olivia Lions Club served breakfast to raise funds for the Boy Scouts, who helped them with beverages and clearing tables!

SAVE THE DATE

ROAR

for a

CAUSE




Special Olympics & LCIF are partnering for the
2026 Special Olympics USA Games in Minnesota

Saturday February 28, 2026

Chanhassen Dinner Theatres

501 W 78th St, Chanhassen, MN 55317



Lions Clubs International
FOUNDATION



District 5M4 Service Calendar 25-26

Month 2025-2026	Focus Area	Project Ideas
August	★ Youth	<ul style="list-style-type: none"> - Host a youth leadership workshop. - Support a local school with supplies. - Organize a youth sports day.
September	★ LCIF	<ul style="list-style-type: none"> - Plan a fundraiser dinner or auction. - Promote LCIF grants and projects. - Share success stories of LCIF impact.
October	★ Mental Health October 4-12, 2026 <i>International Service Initiative</i>	<ul style="list-style-type: none"> - Conduct a mental health awareness campaign. - Partner with local mental health organizations for workshops. - Organize a community walk for mental health.
November	★ Humanitarian	<ul style="list-style-type: none"> - Organize a community service day. - Collect winter clothing for those in need. - Volunteer at a local shelter.
December	★ Diabetes	<ul style="list-style-type: none"> - Host a diabetes awareness event. - Provide free diabetes screenings. - Distribute educational materials on diabetes prevention.
January	★ Hunger January 3-11, 2026 <i>International Service Initiative</i>	<ul style="list-style-type: none"> - Coordinate a food drive. - Partner with a local food bank for distribution. - Host a community meal for those in need.
February	★ Vision/Childhood Cancer	<ul style="list-style-type: none"> - Support a childhood cancer support group. - Organize a vision care event for children. - Fundraise for childhood cancer research.
March	★ Youth	<ul style="list-style-type: none"> - Plan a youth mentorship program. - Organize a career day at a local school. - Host a youth talent show.
April	★ Environment April 8-16, 2026 <i>International Service Initiative</i>	<ul style="list-style-type: none"> - Organize a tree planting event. - Conduct a community clean-up day. - Launch a recycling awareness campaign.
May	★ Hunger	<ul style="list-style-type: none"> - Continue food drive efforts. - Develop a community garden project. - Partner with local restaurants for food donations.
June	★ Humanitarian	<ul style="list-style-type: none"> - Focus on mental health initiatives. - Support the MN Lions Hearing & Voice Clinic. - Organize a childhood cancer awareness event.

CLUB MEMBERSHIP UPDATE



Club Health Assess



Club Health Assess

				Status				Men								Status				Men			
Club Number	Club Name	Charter Date	Times In Status Quo In Past 2 Years	Current Member Count **	YTD Members Added	YTD Members Dropped		Club Number	Club Name	Charter Date	Times In Status Quo In Past 2 Years	Current Member Count **	YTD Members Added	YTD Members Dropped		Club Number	Club Name	Charter Date	Times In Status Quo In Past 2 Years	Current Member Count **	YTD Members Added	YTD Members Dropped	
Clubs less than two years old																							
177248	ALEXANDRIA CHAMPIONS	08/22/2024	Active	40	1	0		30254	FRANKLIN	02/21/1975	Active	19	0	0									
Clubs more than two years old																							
3132	ALEXANDRIA	03/19/1963	Active	44	0	2			Exc Award (06/30/2017)														
	Exc Award (06/30/2017)							105081	GARFIELD	03/25/2009	Active	12	0	0									
3133	APPLETON	05/05/1972	Active	15	0	0		3149	GLENWOOD	10/18/1940	Active	17	0	0									
3134	ASHBY	12/06/1967	Active	27	0	0		123557	Grant County	11/06/2014	Active	22	0	5									
	Exc Award (06/30/2017)								Exc Award (06/30/2018)														
32502	ATWATER	06/21/1976	Active	35	0	0		34159	GROVE CITY	06/29/1977	Active	18	0	0									
	Exc Award (06/30/2017)							3150	HANCOCK	10/21/1953	Active	12	0	0									
3138	BENSON	12/15/1966	Active	49	0	0		36189	HECTOR	11/06/1978	Active	46	0	0									
2990	BIRD ISLAND	01/22/1964	Active	76	0	1			Exc Award (06/30/2018, 06/30/2024)														
3139	BRANDON	03/18/1969	Active	14	0	0		3152	HOFFMAN	01/18/1968	Active	39	2	0									
	Exc Award (06/30/2017)							3153	KENSINGTON	05/26/1964	Active	20	0	0									
36678	BUFFALO LAKE	03/05/1979	Active	59	7	0		45351	KERKHOVEN	09/30/1985	Active	27	0	0									
	Exc Award (06/30/2021, 06/30/2024)							49098	KINGSTON	12/16/1988	Active	25	0	0									
30549	CARLOS	04/14/1975	Active	19	0	0		3155	LITCHFIELD	01/23/1948	Active	46	0	0									
34503	CEDAR MILLS	10/18/1977	Active	5	0	0			Exc Award (06/30/2017)														
3141	CLARA CITY	03/29/1946	Active	26	0	0		29992	LOWRY	12/10/1974	Active	28	0	0									
	Exc Award (06/30/2017)								Exc Award (06/30/2017)														
3143	COSMOS	04/20/1964	Active	19	1	0		3156	MAYNARD	01/30/1964	Active	18	0	0									
2997	DANUBE	02/03/1955	Active	13	0	1		3158	MILAN	03/29/1951	Active	19	0	0									
42046	DARWIN	12/28/1982	Active	38	0	0			Exc Award (06/30/2016, 06/30/2017)														
44281	DAWSON	10/31/1984	Active(1)	2	0	0		29832	MILTONA	10/21/1974	Active	26	0	0									
3146	ELBOW LAKE	05/22/1945	Active	43	1	1		3159	MONTEVIDEO	04/01/1946	Active	31	0	0									
	Exc Award (06/30/2017)								Exc Award (06/30/2016, 06/30/2023)														
97970	EVANSVILLE	11/07/2006	Active	13	0	0		3160	MORRIS	05/19/1939	Active	29	2	0									
30552	FAIRFAX	04/14/1975	Active	25	0	0		46809	NEW LONDON	01/09/1987	Active	16	0	0									
55139	FORADA	12/20/1993	Active	27	0	0			Exc Award (06/30/2017)														
								3017	OLIVIA	01/09/1957	Active	23	0	0									
									Exc Award (06/30/2017)														
								3162	OSAKIS	06/22/1970	Active	20	0	0									
								40489	PENNOCK	11/25/1981	Active	18	1	2									



Club Health Assess

				Status				Men			
Club Number	Club Name	Charter Date	Times In Status Quo In Past 2 Years	Current Member Count **	YTD Members Added	YTD Members Dropped		Club Number	Club Name	Charter Date	Times In Status Quo In Past 2 Years
33993	RAYMOND	06/13/1977	Active	29	0	1					
41819	RENVILLE	09/03/1982	Active	20	1	2					
3022	SACRED HEART	05/01/1953	Active	17	0	0					
	Exc Award (06/30/2017)										
3170	SAUK CENTRE	09/23/1946	Active	65	0	1					
	Exc Award (06/30/2017, 06/30/2020, 06/30/2022, 06/30/2023)										
154469	Sauk Centre Sauk River Champions	06/14/2023	Active	26	1	0					
	Exc Award (06/30/2024)										
38851	SPICER SUNRISE	08/04/1980	Active	42	1	2					
	Exc Award (06/30/2017, 06/30/2023)										
99512	VILLARD AREA	06/04/2007	Active	12	0	0					
3176	WATSON	01/19/1956	Active	10	0	0					
	Exc Award (06/30/2017)										
32912	WENDELL	11/09/1976	Active	17	0	0					
3177	WHEATON	01/27/1947	Active	24	0	1					
3178	WILLMAR NOON	09/13/1940	Active	22	0	0					



Special Olympics State Bowling Tournament - November 22 & 23, 2025

Garden Center Lanes - Alexandria, MN - Come join the fun! We need help!

To volunteer for the 2025 Special Olympics Minnesota State Bowling Tournament, sign up on the Special Olympics Minnesota Volunteer Console (hosted by CERVIS), which lists opportunities for the November 14-15 2025 event in Brooklyun Park. Roles include lane monitor, awards assistant, and check-in staff with shifts available throughout the weekend. While specific location like Lakeville and Brainerd also had opportunities listed for 2025, Prooklyun Park is the main location for the main event.

HOW TO REGISTER:

- Visit the Special Olympics Minnesota Volunteer Console.
- Find '2025 State Bowling' or browse the list of events by date.
- Click the event and then click the registration button to create a profile.

VOLUNTEER ROLES:

- Lane Monitor: Assist on lanes, cheer on athletes, and record scores (training not required)
- Volunteer/Delegation Check-in: Welcome athletes and other volunteers, and help where needed.
- Awards Assistant: Help prepare and distribute awards.
- FANStop assistant: Help with merchandise sales and restocking.

IMPORTANT INFORMATION:

- Age: Volunteers must be 15 or older on their own. Ages 12-14 and welcome with a chaperone, and children under 12 can cheer as fans with a guardian.
- What to wear: Comfortable clothing and shoes. You will receive a volunteer t-shirt upon check-in.
- What to bring: Meals or snacks, as they are not provided.
- Parking: On-site [parking is available.
- Arrival plan to arrive 15 minutes before your shift begins to check in.
- Cancellations: you will be notified by e-mail and text if the event is cancelled.

SAVE THE DATE!

ELBOW LAKE LIONS CLUB

TURKEY BINGO

Fun for the entire family!

Bring the kids!

FRIDAY, NOVEMBER, 21 • 7:00 P.M.
AT ELBOW LAKE FIRE HALL

10	18	40	53	74
3	23	37	55	70
15	24	★	51	62
5	30	43	54	65
1	28	33	58	67

**30 GAMES!
AT THE DOOR
75¢ EACH**

**FREE COOKIES
& KOOL-AID!**

**THANKS FOR SUPPORTING YOUR
LOCAL COMMUNITY PROJECTS!**

IMPORTANT CONTACTS!



Lions Club International Foundation

Chair: Lion Dennis Heinen – heinende@centracare.com



MN Lions Vision Foundation Lions Gift of Sight

Chairs: Lion Craig Schellberg -- spicerlioncraig@gmail.com
PCC Rob Wiener -- 5m4lionrob@gmail.com



MD5M Hearing Foundation

Chairs: Lion Pam Erickson -- tapjerrickson@gmail.com
PDG Bob Kulbeik -- kulbeik@hotmail.com



MN Lions Diabetes Foundation

Chair: Lion Lori Schellberg -- lorischellberg@gmail.com
PDG Ken Harwick – kbearalive@live.com



MN Lions Childhood Cancer Foundation

Chairs: Lion Sue Krumrey – sue_krumrey@kottke-trucking.com
Lion Merlin Athmann -- athmann.mer@gmail.com



Leaderdog

Chair: Lion Mary Bolas -- marybolas.mb@gmail.com



MD5M Kidsight Foundation

Chairs: Lion Sue Honken -- rshonken@frontiernet.net
Lion Ron Honken -- ronaldhonken1940@gmail.com



Can Do Canines

Chair: Lion Mike Beilke -- mbeilke62@gmail.com



Project New Hope

Chair: Lion Ron Buse -- ron.buse06@gctel.com
Lion Greg Tauer – greg.tauer@northcentralintl.com
Lion Corky Gleisner – cmgleisner@gmail.com



Special Olympics MN

Chair: Lion Dianna Nelson - diannanelson@mainstreetcom.com



T.E.A.M. Sheehan Foundation

Chair: PIP Brian Sheehan -- bsheehan@rccbi.com
Treas. PDG Marty Athmann – athmannmarty@hotmail.com



MN Lions Mission Foundation – Brand New

Foundation Awards:

- LCIF – Melvin Jones Fellowship
- MN Lions Vision Foundation – Hellen Keller Award
- MD5M Hearing Foundation – Hearing Research Fellowship
- MN Lions Diabetes Foundation – Dreamcatcher Award
- MN Lions Childhood Cancer Foundation – Believe Award
- MD5M Kidsight Foundation – Sight Saver Award
- Can Do Canines – Top Dog Award
- T.E.A.M. Sheehan Foundation – Lapel Pin & Foundation Medal

MD5M Multiple District Awards:

- Hall of Fame Award
- Al Jensen Award
- Int'l Presidents Leadership Award
- Int'l Presidents Presidential Award

District Awards:

- Club Excellence Award
- Heart of A Lion Award
- Be Kind Award

Grant Applications:

- T.E.A.M. Sheehan Foundation
- LCIF website

2025-2026 District 5M4 Cabinet Members

Position	Title	Name	Phone #	Email	Home Club
District Governor	DG	Susan Krumrey	320-295-8327	susanreuberkrumrey@outlook.com	Buffalo Lake
1st VDG	1VDG	Jason Kerfeld	320-429-0794	kerfeld@mainstreetcom.com	Sauk Centre
2nd VDG					
IPDG	IPDG	Jacque Heinen	320-249-6536	lionheinen@gmail.com	Sauk Centre
Cabinet Secretary	Lion	Renee Willhite	320-491-6010	rwillhite@mainstreetcom.com	Sauk Centre
Cabinet Treasurer	Lion	Denise Sundblad	320-766-3266	district5m4@outlook.com	Wendell
Can Do Canines	Lion	Mike Beilke	320-761-9406	mbeilke62@gmail.com	Sauk Centre
Constitution & By-Laws	PDG	Kellie Knudson	320-226-4156	lionkellieknudson@gmail.com	Montevideo
District Administrator	PCC	Dennis Heinen	320-491-3996	heinende@centracare.com	Sauk Centre
Environment	PDG	Kathy Harwick	320-226-3651	kharwick@frontiernet.net	Appleton
GET	PDG	Bob Knutson	320-295-1757	lionbobbykf2017@gmail.com	Spicer Sunrise
GLT	PDG	Marty Athmann	320-579-1357	athmannmarty@hotmail.com	Bird Island
GMT	PCC	Rob Wiener	320-241-7100	5millionrob@gmail.com	Sauk Centre
GST	IPDG	Jacque Heinen	320-249-6536	lionheinen@gmail.com	Sauk Centre
LI Advisor	PIP	Brian Sheehan	320-212-7330	bsheehan@rccb.com	Bird Island
LCIF Chairperson	PCC	Dennis Heinen	320-491-3996	heinende@centracare.com	Sauk Centre
Leader Dog for the Blind	Lion	Mary Bolas	320-815-0343	marybolas.mb@gmail.com	Hoffman
LEO Chairperson					
Lions Alert	PDG	Marty Athmann	320-579-1357	athmannmarty@hotmail.com	Bird Island
Long Range Planning	PDG	Ron Branch	320-460-0135	branch@rea-alp.com	Alexandria
ND5MLions KidSight Foundation	Lion	Susan Honken	320-905-2412	susandenisehonken@gmail.com	Raymond
ND5MLions KidSight Foundation	Lion	Ronald Honken	320-905-6282	rshonken@frontiernet.net	Raymond
MN Lions Childhood Cancer Foundation	Lion	Merlin Athmann	320-522-1264	athmann.mer@gmail.com	Bird Island
MN Lions Childhood Cancer Foundation	Lion	Sue Krumrey	320-295-1266	sue_krumrey@kottke-trucking.com	Buffalo Lake
MN Lions Diabetes Foundation	Lion	Lori Schellberg	320-894-8643	lorischellberg@gmail.com	Spicer Sunrise
MN Lions Diabetes Foundation	PDG	Ken Harwick	320-212-4393	kbearalive@live.com	Appleton
MN Lions Hearing Foundation	PDG	Bob Kulbeik	605-949-0136	kulbeik@hotmail.com	Elbow Lake
MN Lions Hearing Foundation	Lion	Pam Erickson	320-212-3031	tapjerrickson@gmail.com	Spicer Sunrise
MN Lions Missions Foundation	IPDG	Jacque Heinen	320-249-6536	lionheinen@gmail.com	Sauk Centre
MN Lions Vision Foundation	Lion	Craig Schellberg	320-894-6843	spicerlioncraig@gmail.com	Spicer Sunrise
MN Lions Vision Foundation	PCC	Rob Wiener	320-241-7100	5millionrob@gmail.com	Sauk Centre
Newsletter - 5M4	Lion	Anne O'Flynn	320-815-5790	anneo@runestone.net	Elbow Lake
Nominations	PDG	Jeff Swenson	218-770-1779	jfswens@runestone.net	Grant County
PDG Advisor	PDG	Marty Athmann	320-579-1357	athmannmarty@hotmail.com	Bird Island
Project New Hope	Lion	Ron Buse	218-639-1114	ron.buse06@gctel.com	Evansville
Project New Hope	Lion	Greg Tauer	320-212-3256	greg.tauer@northcentralintl.com	Atwater
Project New Hope	Lion	Corky Gleisner	320-250-5802	cmgleisner@gmail.com	Atwater
Protocol	PCC	Dennis Heinen	320-491-3996	heinende@centracare.com	Sauk Centre
Public Relations	PDG	Sue Kulbeik	605-949-0161	kulbeik@gmail.com	Elbow Lake
Special Olympics Liason	Lion	Dianna Nelson	320-766-7412	diannanelson@mainstreetcom.com	Sauk Centre
TEAMSheehan Foundation	PIP & PD	Brian and Marty		see their info above	Bird Island
Technology	PCC	Dennis Heinen	320-491-3996	heinende@centracare.com	Sauk Centre
Website	Lion	Ryan Beich	320-583-3288	rrbeich@gmail.com	Buffalo Lake
Youth Exchange/Peace Poster	Lion	Todd Fritsche	507-766-7528	dragon376381@yahoo.com	Bird Island
Zone Chair Advisor	Lion	Mickie Rogal	218-731-9749	mickierogal@gmail.com	Wendell
Zone 1 Chair	Lion	Lori Mausolf	320-304-3091	lorimausolf50@gmail.com	Milona
Zone 2 Chair	Lion	Ed Bolas	320-304-0117	edmary1973@gmail.com	Hoffman
Zone 3 Chair					
Zone 4 Chair	Lion	Doug Godwin	218-770-8932	dgg2241@gmail.com	Montevideo
Zone 5 Chair	Lion	Brad Johnson	320-760-7640	yeldard600@gmail.com	Remville
Zone 6 Chair	Lion	Richard Haugen	320-522-0987	richard.haugen@yahoo.com	Olivia
Zone 7 Chair	Lion	Gary Lagerstad	320-894-4126	garylagerstedt47@gmail.com	Spicer Sunrise
Zone 8 Chair	Lion	Jason McCoy	320-442-8200	therealmccoy70@gmail.com	Grove City