

5M4 Newsletter



Merry Christmas 5M4!

Wow, how can that be?! Can you believe we are nearing the halfway point of our Lions' Year? The end of December will be here before we know it; a great time to reflect, evaluate, and have the opportunity to adjust (if needed) so we can continue moving forward to Rise Higher!! We still have a handful of club visits to complete in January, with a few others scheduled for spring. We are continuing our outreach to clubs that still need officer training, if your club is one of them, please reach out and we will get you taken care of! Continuing on, we will work in a couple areas we have identified for new club development, and continue supporting clubs as they prepare for membership drives in the spring. We are here to help you, whatever that may look like for you! We will also continue our emphasis on LCIF donations as part of the grant our Multiple District has in supporting the Special Olympic USA Games coming to Minnesota this June. Watch for more information on volunteering your time, coming soon! And are encouraging every club to report your service projects in the portal. If you have questions on any of these areas, please be sure to ask.

The Mid-Winter Convention is shaping up nicely under the leadership of IPDG Jacque! She's been working hard to make sure we all have a fantastic time! Every club should have received your convention packet. We're excited to bring back the "Golden Ticket" this year, giving a first timer the chance to participate in the entire weekend for free (a \$50 value). Early bird registration ends December 20th, and First Timers registration is only \$50 for the whole weekend!! You can also support the convention by submitting an advertisement in the convention book! 5M4 puts together an exceptional book – a great place to highlight your club and showcase the amazing projects you've done! Please remember to send the names of members that have gone before us to PCC Rob Wiener for the Service of Remembrance. Their families are warmly invited to attend the Friday evening service as we honor their loved one, and they are always welcome and may choose to stay for the fun evening activity. If you are missing your convention packet (some were mailed) or have questions, let us know right away.



DG Susan Krumrey
and Lion Brad Krumrey

We are celebrating some remarkable club anniversaries this year!

85 Years – Willmar Noon Lions & Glenwood Lions

80 Years – Clara City Lions and Montevideo Lions

75 Years – Milan Lions

70 Years – Watson Lions

55 Years – Osakis Lions

50 Years – Atwater Lions

45 Years – Spicer Sunrise Lions

40 Years – Kerkhoven Lions

Congratulations to you all!!! Think of the countless community members and youth who have been served over these decades, and all the lives changed because of your dedication; not only in your communities but through your donations that serve others that you don't even know. We honor you – the members who continue to give your time, energy, and of your servant heart to keep Lions strong in your communities! We can't wait to celebrate with each of you.

It was wonderful to see all the clubs participate in Mental Health and Well-Being week in October. This is your reminder that Hunger Awareness Week is coming up quickly, January 3-11th. Now is a great time to start planning your projects

I pray you all had a great Thanksgiving, whether celebrating quietly or surrounded by family. There is truly so much to Give Thanks for! Also, have a great time at your Christmas parties this month! It's always so much fun to connect with great friends and fellow Lions! As we prepare to turn the page to 2026, it's a wonderful time to reflect on how we, as Lions and in our personal lives, can continue to Rise Higher together!

Best Wishes, Be Well, Merry Christmas!

DG Susan Krumrey ~ susanreuberkrumrey@outlook.com ~ 320-295-8327



Jottings from Jason



Family, Fellowship, and Forward Momentum in 5M4

As we enter this season of celebration, reflection, and togetherness, I'm reminded of the true meaning of family. Family isn't defined only by shared homes or holiday traditions—it's also defined by shared purpose, shared service, and shared heart. And in District 5M4, our Lions are truly a family.

Every project we take on, every neighbor we help, and every challenge we overcome brings us closer together. We support one another, encourage one another, and lift each other up—just like family does. And this year, that family continues to grow. Month after month, new members are joining our clubs across 5M4, bringing new energy, fresh ideas, and a renewed spirit of service. We are absolutely heading in the right direction, and I couldn't be more proud of the momentum we're building.

Join Us for the Mid-Winter Convention — Willmar, February 6–8, 2026

As we look ahead, I want to personally encourage every club to send at least one member to our 2026 Mid-Winter Convention in Willmar. We are planning a truly spectacular weekend—with dynamic speakers, meaningful leadership sessions, and plenty of opportunities for fellowship. And after the Saturday night banquet, get ready for what will be a crowd favorite: a night of Dueling Pianos!

This is an event you won't want to miss. Register today and make your hotel reservations with Best Western Plus in Willmar (tell them you're coming for the Lions because we have special pricing for the Lions).

If your club has a member who has never been to a Mid-Winter Convention before, please consider offering them the "Golden Ticket." It's the perfect way to introduce a newer Lion (or a seasoned veteran who has never made it to a convention) to the magic, energy, and inspiration these conventions offer. Let's make it our district-wide goal to have every club represented in Willmar this year.

Convention raffle tickets have already been sent to clubs, who knows?—you might head home on Sunday after the convention with a little extra cash in your pocket!

A Perfect Holiday Gift: LCIF Golf Passport

As you're checking off your holiday shopping list, here's a reminder that the LCIF Golf Passport makes an excellent stocking stuffer. Not only is it a great gift for any golfer, but it also supports Special Olympics—a win-win for giving and giving back.

We're here for each other, if you have any questions about the convention or anything happening within the district, please don't hesitate to reach out. Call, text, or email anytime—I am always happy to help. If you are considering a run at our upcoming 2nd Vice District Governor opening, please reach out to me I can tell you about my journey and let you know what to expect along the road(at least thus far). It is an experience I am glad I accepted.

To every Lion, every volunteer, and every family within 5M4, I wish you a happy, peaceful, and joy-filled holiday season. Thank you for all you do to make our district strong, compassionate, and united.

*Together We Serve. Together
We Grow. Together We Are 5M4*

Lion Jason Kerfeld

First Vice District Governor- 5M4

Sauk Centre Lions Club

kerfeld@mainstreetcom.com

320-429-0794



Lion Jason Kerfeld,
IVDG District 5M4

The tradition continues!

**SAUK CENTRE LIONS
65th ANNUAL BENEFIT
PANCAKE DAY**

SUNDAY, FEBRUARY 1, 2026
8:00 a.m. to 1:00 p.m.

~ Serving ~

PANCAKES ~ FRENCH TOAST WITH BUTTER & SYRUP
GOOD COUNTRY-STYLE SAUSAGE
POTATOES ~ APPLE SAUCE
CHOICE OF BEVERAGE

DON'T MISS THIS GREAT BREAKFAST!

Advance tickets: Adults - \$10.00
At the door: Adults - \$12.00
Children Under 10 - \$7.00
Children 2 & Under FREE

TAKE OUTS AVAILABLE

Sauk Centre High School Cafeteria
ALL THE DELICIOUS FOOD YOU CAN EAT!

Buy Your Ticket Today from Any Lions Member or at
MN National Bank, Pine Country Bank,
Magnifi Financial (Sauk Centre), Schaefer's Market, Coborn's,
Abel Chiropractic & Purple Parlor
Tickets will also be available at the door

Proceeds go for ~

◆ *Fairy Lake Park* ◆ *Outdoor Skating Rinks* ◆ *Dollars for Scholars*
◆ *Vision, Hearing and Diabetes Programs* ◆ *Many other Lions Activities*



*Congratulations 2VDG Ed!!
 Appointment as Second Vice District Governor*

(e-mailed to Ed Bolas)

Dear Second VDG Bolas,

We hope this email finds you well.

We are writing to inform you that the appointment for second vice district governor has been approved for the remainder of the year for District 5M-4. We congratulate you on your new role.

Lions International offers several resources and webpages to assist Lions and district leaders in their roles.

Lion Portal Resources: This website provides helpful FAQ, Guides and more for navigating the Lion Portal

Managing your District: Webpage dedicated to assisting District Leaders in their role

Should you have any questions, or need additional assistance, please don't hesitate to contact us.

Sincerely,

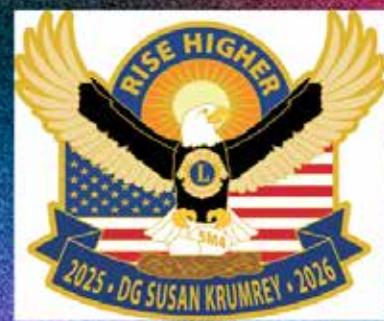
Natalie Wielgus, District & Club Administration Division

5M-4 MID-WINTER CONVENTION

SAVE THE DATE



Where: Willmar Event
 Center 240 23rd St SE,
 Willmar, MN 56201
 Phone: 320-235-3312



FEBRUARY 6-8, 2026

WATCH THE NEWSLETTER FOR MORE INFORMATION



2026 5M4 Mid-Winter Convention

Feb 6, 7, & 8 2026

Willmar MN Conference Center



Soaring to New Heights

Soaring to New Heights

EARLY BIRD REGISTRATION FORM

NAME _____ Title: PID PCC CC PDG DG 1VDG 2VDG

(please circle all that apply) Lion LEO guest First Timer

NAME _____ Title: PID PCC CC PDG DG 1VDG 2VDG

(please circle all that apply) Lion LEO guest First Timer

Address _____

Phone _____ Email _____

Club Name _____

Prices Good Thru December 20, 2025

Full Registration Book - includes all convention meals. (\$ after 12/20/25)

Lions and Guests: _____ @ \$115.00=\$_____ (\$125.00)

First Timers (5M4 lions only): _____ @ \$50.00=\$_____ (\$60.00)

LEO's: _____ @ \$50.00=\$_____ (\$60.00)

If purchasing individual Meals:

Sat am \$20 _____ Sat noon \$35 _____ Sat banquet \$50 _____ Sun am \$30 _____

Make checks payable to: District 5M4 Mid-Winter Convention

Mail Registration Form AND check to: Lion Jacque Heinen, 12069 Bluegill Dr, Sauk Centre MN 56378

SPECIAL MEAL REQUESTS: GF Vegan Dairy Other _____

Hotel Information Willmar Holiday Inn and Best Western. Rooms starting @ \$129.99

Please call direct at 320.235.6060 and ask to book with the Lions Club for Feb 6-8, 2026

Or at the link

https://www.bestwestern.com/en_US/book/hotel-rooms.24139.html?groupId=7X5JA115
HOTEL ROOM BLOCK EXPIRES: **1-5-2026**



2026 Lions 5M4 Convention Booklet Ad Form

Thank you for considering placing an ad in our 2026 5M4 Mid-Winter Convention Booklet! Our convention will be held at the Willmar Convention Center Feb 6-8, 2026. We will be printing approximately 250 booklets which will be used every day of the convention. The booklet will then go home with the attendee to share with their club members.

There are 53 Clubs in our 5M4 District, spanning 12 counties, and approximately 1415 members.

BUSINESSES: Promote your goods, services, business card, or help wanted ad!!

CLUBS: Promote your clubs favorite service project, put an ad in the book for your next meal or event that you would like others to attend, or share ideas that you think others could use in their club as well!

Ad Size – Price (all ads are black and white unless specified below)

1/8 th of a page/business card - \$40	1/4 of a page (3" x 4 5/8") - \$60
1/2 of a page (6 1/4" x 4 5/8") - \$100	Full Page (6 1/4" x 7 1/2") - \$190
Inside Front Cover Color \$260	Outside Back Cover Color \$260
Inside Back Cover Color \$260	

Will email Print Ready Ad Would like the Ad created by printing company (additional fees will apply)

Business or Club Name: _____

Contact Name, Phone # or Email: _____

Ad Deadline – December 31st, 2025

No ads will be published without payment received!

Please submit questions, ad information, artwork/photos, or your print ready ad in .pdf or .jpg format to Jacque Heinen at lionheinen@gmail.com or call with questions 320.249.6536.

Payment for your ad can be made payable to: 5M4 Mid-Winter Convention

And mailed to: Jacque Heinen 12069 Bluegill Drive Sauk Centre MN 56378

Thank you for supporting District 5M4 Lions!

Lions of West Central Minnesota

"WE SERVE"



We Are Searching for Our Next Second Vice District Governor!

This is your opportunity to serve! Are you ready to take your Lions leadership to the next level? We are thrilled to announce that we are searching for a passionate and dedicated Lion to serve as our Second Vice District Governor (DG for the 2028-2029 Lions year). This is an incredible opportunity to make a meaningful impact on our district and help shape the future of Lionism for 5M4.

What Does a Second Vice District Governor Do?

The Second Vice District Governor plays a vital role in supporting the district governor team by being an active member of the cabinet and advancing the mission of Lions International. A key responsibility of yours is to further the purpose of Lions International (LI) by supporting membership growth within our clubs, continue the work of the district plan and initiatives, and to support our cabinet members, and club operations as needed. You will start to become familiar with the strengths and weaknesses of the clubs in our district, and through club and zone visits, you will be another resource for them, and support their club development.

As an active member of the 5M4 District Team, you will be expected to actively participate in cabinet meetings (four each year), other district committees as needed, and participate in the preparation of the district budget with other district leaders. Your participation will start to prepare you for your future District Governor role; you will gain knowledge of the district operations and structure, develop leadership skills, and become familiar with club health indicators so you can support our clubs. You will gain knowledge and an understanding of the importance of our Lions Clubs International Foundation (LCIF), and how through our support, it supports us in 5M4. You will learn about other Foundations we support, the programs we offer, and you will prepare to conduct effective club visitations.

This position offers an exceptional opportunity to develop leadership skills and grow as a Lion. You will work alongside like-minded individuals, dedicated, who share your passion for service! This path not only will strengthen you in Lionism, it will also advance your personal growth as well! You will not be working alone, you will be a part of a supportive team, all sharing our passion of serving together.

We are looking for Lions who have (or will have within the next two years) served as a club president and have some experience in leadership, possess communication and organizational skills, and are willing to invest some of your time into our district development. Do you have a vision for membership growth and club excellence? Are you ready to embrace comprehensive leadership training and development? If you are committed to the principles of Lionism and the Lions Code of Ethics, this leadership position is for you!

Don't worry if you feel you need more preparation—Lions International provides comprehensive training for all Second Vice District Governors! The SVDG Training Program includes online learning and assignments through the Lions Learning Center in the comfort of your own home, on your own time. You will also have a live virtual seminar with fellow SVDGs from around the world, expanding your friendships worldwide! There are also workshops coordinated by our multiple district, and superior mentorship and support from other experienced district leaders. You are never alone on this journey!

If you are interested in this exciting opportunity or would like to learn more, please reach out to:

PDG Jeff Swenson (Nominations) | 218-770-1779

PCC Dennis Heinen (5M4 District Administrator) | 320-491-3996

District Governor Susan Krumrey | 320-295-8327

or any Global Action Team member found on the last page of the newsletter.

We would love to discuss how you can help lead our district to new heights! This is your chance to answer the call to service and make a lasting difference in our Lions family here in District 5M4. Together, we can continue to build a stronger, more vibrant district, dedicated to serving our communities and changing lives. We hope you will come join our team!



The Benson Lions welcomed two new members to the club at their October meeting. Lions Roger and Katie Godwin are seen here with their sponsors LeRoy and Heidi Cluever and District Governor Susan Krumrey.

District Governor visited the Benson Lions Club for their October meeting.



KidSight Update: Greetings 5M4 Lions!

We are so grateful for all the KidSight screenings that have been scheduled this fall. 3,267 children have been screened with 370 referred in October. A new camera bag was ordered because a zipper broke somewhere along the line. We had a Foundation Board of Directors' Meeting Nov. 21, 22.

A few things to remember:

- Please make sure you have shut the power off on the cameras AND the printers before unplugging.
- Please enter each child's date of birth or age rather than using the ranges for more accurate results.
- Please promptly report your results.
- Please contact your local daycares and preschools for more events.
- You make a difference! Let's keep helping our children get the help they need as early as possible.



*Wishing you a Merry Christmas!
Lion Ronald and Lion Susan Honken
Your KidSight Directors*

Cabinet Meetings:

All Lions members are warmly invited to attend any upcoming cabinet meeting this year. This is a great opportunity to gain deeper insight into the business of District 5M4 and to better understand the roles and responsibilities of our cabinet members. Whether you're curious about district operations or considering future leadership, your presence is welcome and encouraged.

February 6, 2026 – Best Western Conference Center / Mid-Winter Convention, Willmar, Time/TBD

May 6, 2026 – Alexandria, Place and Time TBD

Please RSVP to DG Susan if you plan to attend.

320-295-8327 or at
susanreuberkrumrey@outlook.com

OPEN CABINET POSITIONS

• LEO Advisor • Zone 3 Chair (Benson, Garfield, Glenwood, Hancock, Lowry, Morris)

Contact DG Susan Krumrey for more information

Is your club hosting an event or planning a service project?

I'd love the opportunity to attend, lend a hand, and show support. If you have a flyer or event details, we'd be happy to help promote it on the District 5M4 Facebook page.

Is your club posting events and projects on your Clubs Facebook page?

Let us know so we can help spread the word by sharing it on ours!?

Don't keep those great activities a secret!

Let's work together to showcase all the amazing things happening across our district - let me know how 5M4 can support you!

***Contact me anytime at
susanreuberkrumrey@outlook.com or 320-295-8327.***

Fall is in the air!

That means the Minnesota Lions Vision Foundation,

THANKSGIVING FOR VISION is coming soon.

The Thanksgiving for Vision has moved to a new location and a new date. The new location is St Cloud Holiday Inn. And the New date is Saturday November 1st. Each club has received an invitation for the event. We are asking that each club sends two representatives to the event. (rsvp required). Ask your club secretary for the invitation.

There will be speakers there who received corneal implants.

And speakers who have donated corneas.

There will also be lots of baskets to bid on.

Hope to see you there.

PCC/DGMT/MLVF

Rob Wiener 5m4lionrob@gmail.com 320-241-7100



Attention all clubs - please send in the names of those who have passed away in the last year so they can be remembered at the Mid-Winter Memorial Service

Let's think mid-winter. That means it is time for all clubs to send their memorial information. What I need is the name of the Lion and a picture for the picture frame. (an obituary would be great). The dead line for this is January 15th. Thank you I will update next month again.

Pcc Rob Wiener

5m4lionrob@gmail.com

320-241-7100

832 Ash Street S.

Sauk Centre MN. 56378



Lions Pam Erickson, Joe Shemon, Geri Brandt, Jean Ruter, and Ken Schmitz

Spicer Lions, in cooperation with NLS nurses, screened, 798 students at Prairie Woods and the Middle School/High School finding 75 to be referred for professional care. Lions use their Welch Allyn Spot cameras to detect 7 conditions common in children. Preschool screening at Prairie Meadows happens about once a month. Lions are committed to eye health as Hellen Keller's Knights of the Blind.

Sacred Heart Lions join with their Legion club to host Pancake feed and BINGO

The Sacred Heart Lions had the honor of hosting the annual Turkey BINGO on Tuesday, November 18, at the Sacred Heart Community Center. More than 120 people filled the room for an evening of fun and friendly competition. The Lions gave away 15 turkeys and 15 hams, and the energy in the room showed how much the community enjoys this tradition.

Before the games began, the American Legion served a free-will donation pancake feed. This long-standing partnership between the Lions and the Legion helps support local projects and brings families together.

Early in the year, the groups switch roles: the Lions handle the pancake feed, and the Legion runs the BINGO event.

This year's Turkey BINGO was a strong reminder of the value of community gatherings and the impact of local service organizations working together.



WHAT IS KS95 FOR KIDS?

The KS95 for Kids Radiothon is an annual on-air fundraiser benefiting two local charities,

Gillette Children's

M Health Fairview Masonic Children's Hospital Cancer Program.

To date, KS95 for Kids has raised over \$21 million.

We look forward to continuing to make an impact with your support.



MASONIC CHILDREN'S HOSPITAL

Trustees from MN Lions Childhood Cancer Foundation will be at the Mall of America Rotunda on Friday, December 12th to answer your calls and process your donations.

Call in from 1 PM to 4 PM and catch a trustee!

Please tune in and get details and keep them busy!!

<https://www.ks95.com/shows/ks95-for-kids/>



Dive In! Register Now for the 2026 MD5M Convention – Minnetonka Beach Party!

Dear Lions Club Members,

Get ready to make waves — 5M5 is thrilled to welcome you to the 2026 Multiple District 5M Convention!

Join us April 24–26, 2026 at the Sheraton Minneapolis West Hotel in Minnetonka for a weekend full of fellowship, fun, and Lions spirit!

This year's theme is "Minnetonka Beach Party" — so pack your best Hawaiian shirt, throw on your flip-flops, and get ready to celebrate Lions Service in true beach style. Whether you come for the camaraderie, the inspiring speakers, or the sunny surprises, this convention will be one to remember!

You won't want to miss:

- Friday Night Beach Party — music, laughter, and tropical vibes.
- Motivating speakers and inspirational seminars to strengthen your club and service impact.
- Hands-on Service Projects — join fellow Lions in making a difference together.
- International Guest: We're honored to welcome Lions International President A.P. Singh to Minnesota!

HOTEL & REGISTRATION:

- Sheraton Minneapolis West Hotel, Minnetonka, MN
- \$135 per night (220 rooms available — reserve your room now!)
- Convention Registration:
 (All 2026 MD5M Convention information can also be found on the Multiple District website or by using this link — <https://sites.google.com/view/md5m-multipleconvention/home>)

This is your chance to connect, learn, and celebrate the power of service — Lions style! Let's make the 2026 MD5M Convention unforgettable. So, grab your shades, your Lions pin, and your beach spirit — we'll see you at the Beach Party in Minnetonka!

*In friendship and service,
 2026 MD5M Convention Host Committee, District 5M5*



Benson Lions Beth and Jon Buyck present a check for \$500 to the Benson Performing Arts Center.

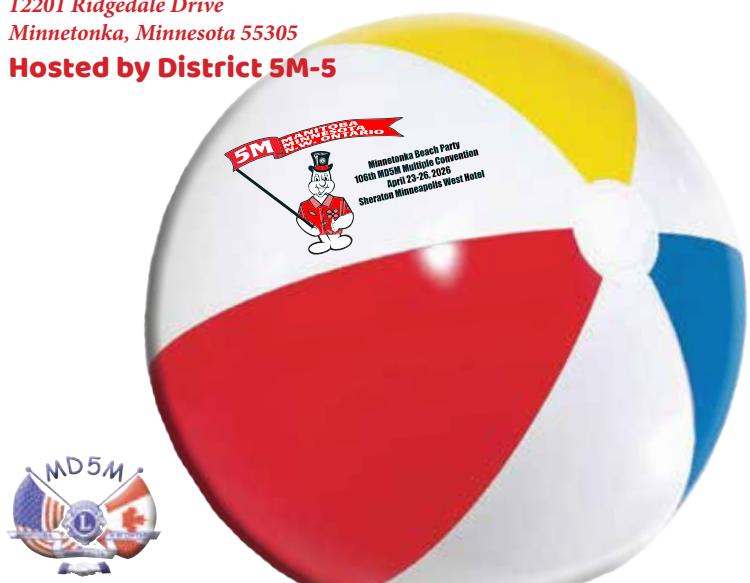
2026 MD5M Convention
April 24-26, 2026

Minnetonka Beach Party

Sheraton Minneapolis West Hotel

*12201 Ridgedale Drive
 Minnetonka, Minnesota 55305*

Hosted by District 5M-5



Sign up today and save!

First 150 Receive a Free souvenir Beach Ball with early sign up.

**Cost May 1, 2025 thru
 December 31, 2025
 \$185 US - \$266 CDN**

**Cost January 1, 2026 thru
 March 31, 2026
 \$195 US - \$280 CDN**



*Morris Lions Club
assists second
graders in picking
out books to read.
We donate \$15 per
student for books.
They have
lots of fun
finding books.*



Clubs should continue to promote the Golf Passports for Special Olympics...& that it is a 2 year fundraiser and there has been a couple clubs that have returned some of the unsold ones already. This is like stopping a baseball game after the 3rd inning!!... just too early!... we are just getting started!!! Keep up the great work!!

More about the Golf Passport!

Bearer entitled to 9 FREE HOLES with the purchase of 9 holes, continuous play, or as stated on Passport
1 offer per participating location

Can be used Monday-Friday (Friday until 3 p.m.)
*Courses might limit play availability due to other scheduled events. Not available on holidays.

Must make tee times with participating courses

GOLF COURSE NAME	ADDRESS	WEBSITE	PHONE
Albany Golf Club	500 Church Ave., Albany Monday play only	albanygolfcourse.com	320-845-2505
Alexandria Golf Club	2300 N. Nokomis NE, Alexandria	alexandriagolfclub.com	320-763-3805
Appleton Golf Club	331 E. Wyman Ave., Appleton	appletonmn.gov/golfcourse	320-289-2511
Benson Golf Club	2222 Atlantic Ave., Benson	co.benson.mn.us	320-842-7901
Dawson Golf Course	1380 Walnut Street Dawson		320-769-2212
Eagle Creek Golf Club	1000 25th Ave NE, Wayzata	eaglecreekgolf.com	320-235-1166
Geneva Golf Club	4181 Geneva Golf Club Dr., Geneva, IL	genevagolfclub.com	320-762-7089
Greystone Golf Club	105-315 1st Avenue, Owatonna, Sauk Centre	greystonemn.com	320-351-4653
Hardwood Hills Golf Course	8400 County Road 27 SW, Alexandria	hardwoodhillsgolf.com	320-886-1400
Hawk Creek Country Club	100 Spicer Ave N., Raymond	hawkcreekcc.com	320-967-4853
Island Pine Golf Club	1601 Wyoming Ave. W., Atwater	islandpinegolf.com	320-974-8600
Little Crow Country Club	15800 Hwy 23 N., Spicer	littlecrowresort.com	320-354-2296
Lynx National Golf Course	40204 Principe Lane, Sauk Centre	lynxnationalgolf.com	320-352-0242
Mayflower Golf Club	46321 Ce. Rd. 39, Fairfax	mayflowergolfclub.com	507-426-9964
Meadowlark Country Club	837 Country Club Drive, Melrose	meadowlarkcountryclub.com	320-250-4989
Minnepawka Golf	23518 Dero Drive, Glenwood	minnepawka.com	320-634-3650
Nordic Trails Golf	4343 39th Ave NE, Alexandria	nordictrailsgolf.com	320-762-5420
Oakdale Golf Club	6518 Ce. Rd 38, Sartell, Lake	oakdalegolfclub.com	320-587-0525
Olivia Golf Club	5129 3rd Street, Olivia	olivagolfclub.com	320-523-2313
Osakis Country Club	50 10th Ave E., Osakis	osakisgolf.com	320-859-2140
Pomme De Terre Golf Club	24,800 State Hwy 9, Morris	pdtdgolfclub.com	320-589-1009
Stoney Creek Golf Course	21278 820th Ave., Remmington	golfremmington.com	320-779-4653
Tipsish Mounds Golf Course	15185 Golf Course Road, Elbow Lake Mo-West play only	tipsishgolf.com	218-685-4271
Valley Golf Course	1900 Becker Ave SE, Willmar	valleygolfwillmar.com	320-235-6790
Hook & Slice (dom simulator)	2921 Hwy 29 S., Alexandria Buy 1 hr., get 2nd hour FREE	hookandslice.com	320-391-5353



**Lions Teeing it up
to help Special
Olympics!!**

*Get your Golf
Passport today!*

This Golf Passport will fund
Family Night at the
2026 Special Olympics USA Games
that will be held in
Minnesota in June 2026 and other
Lions charitable endeavors

Sponsored by the Lions
Clubs of
West Central
Minnesota-District 5M4



**\$50
25 Courses**
This card expires
October 1, 2026
TAX DEDUCTIBLE

A GREAT SAVINGS FOR YOURSELF OR A PERFECT GIFT IDEA!

Available from your Lions Club or selected participating golf courses

Bearer entitled to 9 FREE HOLES with the purchase of 9 holes, continuous play.

1 offer per participating location

Can be used Monday-Friday (Friday until 3 p.m.)

*Courses might limit play availability due to other scheduled events. Not available on holidays.

Must make tee times with participating courses

When Purchasing the passport, make checks payable to...Lions



Introducing our visiting International Director Liz Crooke

Liz Crooke from Salinas, California, USA, was elected to serve a two-year term as an international director of Lions Clubs International at the association's 107th international convention in Orlando, Florida, USA, July 13 through July 17, 2025. Director Crooke holds a Bachelor of Science in Psychology and Administration of Justice from California State University - San Jose. She spent 35 years working in public safety and public service, retiring as a management analyst from the County of Monterey in California.

A Lion since 1996, Director Crooke has held several offices within the association including zone chairperson, region chairperson, district leadership chair, district membership chair, district LCIF chair, cabinet secretary, second and first vice district governor, district governor, multiple district-4 (MD) council chair, MD-4 GLT coordinator and MD-4 convention chair. Additional Lions activities include serving on the faculty for 11 Lions International Institutes, organizing five California Lions Leadership Institutes, managing the Salinas Host Lions Eye Care Project, serving as a DG-E group leader and charter president of the California Lions Toastmasters Club.

Director Crooke has received numerous awards including two Presidential Awards, a Helen Keller Fellowship, an MD 4 Excellence Award, three International President Medals, two Leadership Medals, and 10 International President's Certificates. She is also a Progressive Melvin Jones Fellow. ID Liz will be joining us at our Mid-Winter convention in February as the keynote speaker at our Saturday evening banquet.



ID Liz Crooke

Hello Lions!

From Your 2025-2026 District Service Chair, Lion Jacque Heinen

I'm honored to serve as your District Service Chair this year!

As we kick off the new Lions year, let's start strong:

- Define your clubs goals
- Plan ahead
- Get ready to serve!

Now's the perfect time to launch a new service project or bring fresh energy to an existing one.

New Global Service Focus: Mental Health

Lions Clubs International is introducing Mental Health as a new area of service. Let's think about how our clubs can make a real impact in this important space.

District Service Focus Windows

Our Multiple District is encouraging projects during these key timeframes to align with other Lions around the world:

- October 1-12 – Mental Health
- January 3-11 – Hunger
- April 8-26 – Environment

What can your club do in these areas? Start planning, dreaming, and making it happen!

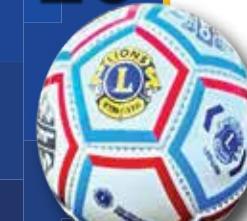
More info and ideas coming soon!

Let's make 2025-2026 a year of meaningful, compassionate service.

In service and gratitude,
Lion Jacque Heinen



2026
Coming to
MINNESOTA
JUNE
20-26



Multiple District 5M proudly announces...



Lions Clubs International FOUNDATION

Your donations designated to Special Olympics USA Games Minnesota to LCIF will help make our \$300,000 grant possible!

Family Night!

For all athletes & their families

Opening Eyes®

Vision Screening for participating athletes

A Ball For All

A sensory ball is gifted from MD5M to all participating athletes.

Scan this code for more about AB Balls





April 24-26, 2026
106th - MD5M Multiple Convention
Sheraton Minneapolis West Hotel
2026 MD5M Registration Form



Lion Leo Guest

Check if this is your 1st Multiple Convention

Lion Leo Guest

Check if this is your 1st Multiple Convention

Name: _____

Name: _____

Address: _____

Address: _____

City: _____

City: _____

Prov/State: _____ Zip: _____

Prov/State: _____ Zip: _____

Email: _____

Email: _____

Title: _____ District: _____

Title: _____ District: _____

Club: _____

Club: _____

Full Hospitality Book:

Cost May 1, 2025 thru
 December 31, 2025
 \$185 US - \$266 CDN _____

Cost January 1, 2026 thru
 March 31, 2026
 \$195 US - \$280 CDN _____

*Hospitality book includes convention and all meals

Separate Meals:

*Do not select if you have purchased a hospitality book

Friday Night Social

\$25 US - \$36 CDN _____

\$27 US - \$39 CDN _____

Saturday Breakfast

\$36 US - \$52 CDN _____

\$38 US - \$55 CDN _____

Saturday Lunch

\$41 US - \$59 CDN _____

\$43 US - \$62 CDN _____

Saturday Banquet

\$68 US - \$98 CDN _____

\$70 US - \$101 CDN _____

Sunday Brunch

\$38 US - \$55 CDN _____

\$40 US - \$58 CDN _____

Total amount if separate meals chosen: _____

Please specify dietary needs: Vegetarian Gluten Free Other: _____

No meals available after March 31, 2026.

Make Checks payable to: 2026 MD5M Conv.

Mail registrations to: 2026 MD5M Convention c/o Rhonna Hed, 17440 45th Ave N, Plymouth, MN 55446

-OR- you may pay by Venmo to: @Rhonna-Hed Then Email your registrations to: rhed@summitfire.com

Please provide an email address or phone # if you'd like to receive a confirmation _____

HOTEL INFORMATION: Sheraton Minneapolis West Hotel, 12201 Ridgedale Drive Minnetonka, Minnesota 55305

Call (952) 593-0000 to book your room reservation. Ask for the "Lions 2026 Convention" rate.

Room rates are \$135.00 per night plus taxes and fees. Room reservation cut-off is April 9, 2026.

[Book your group rate for MD5M Lions 2026 Convention here](#)

FOR MORE INFORMATION contact: PCC Rob Rand at (612) 715-6055, robrandmn@gmail.com

Lion Rhonna Hed at (651) 248-0749, rhed@summitfire.com



Cabinet Meeting update

Attendance was strong at our 5M4 Cabinet Meeting on October 29th in Olivia. During a brief special meeting, we proudly approved Lion Ed Bolas from the Hoffman Lions Club as our next Second Vice District Governor. 1VDG Jason and I are thrilled to welcome him to the head table!

Our Council of Governors (COG) meeting was held in Alexandria recently; I was able to share information and updates from our Multiple level. We also received reports from each of our Global Action Team leaders and our foundation trustees. We were honored to have PIP Brian with us, sharing insights from the recent Lions International Board Meeting and updates on LionsUSA. We acknowledge the fact that Just Brian is a Past International President, but his work never ends for Lions International as he continues to serve on the board and still travels constantly. He and Lion Lori represent us well with great dedication, and we are grateful to have them be a part of our team. I was proud to present our friend with our District Governor Award pin as a small token of appreciation for all he continues to do for LI and for us here in 5M4. PCC Dennis shared important information on LCIF and the upcoming Special Olympic USA Games coming to MN in June 2026. There were also a few guests in attendance. Thank you to everyone who attended and contributed to our collective knowledge as we continue striving to Rise Higher in 5M4!

A reminder that all Lions members are welcome at Cabinet meetings. If you are interested in learning more about the work happening across our district, we would love to have you join us!!



SPICER SUNRISE LIONS CLUB

2026 SpICEr WinterFest Raffle

FIRST PRIZE
\$1000 Cash

2nd Prize: \$500 Cash

Other Prizes:

\$5.00 per ticket

- Need not be present to win.
- No other purchase necessary.
- Must be 18 years or older.
- Permit # X-32170
- Sponsored by Spicer Sunrise Lions Club

Drawing to be conducted January 31, 2026!

Tickets available from any Lions Member or at a participating business location. Call 320-212-5600 for more information.

Only 1500 Tickets Printed!



Heart of a Lion Award Application

District 5M4 Lion members are eligible to apply. A Lion member may apply or a club may apply on behalf of a member. Applications can be turned in throughout the year. Awards will be presented at the Mid- Winter Convention following completion of the application. Any criteria completed after July of 2015 qualifies toward this award and may be earned over several years.

A Lion member must MEET 5 of the 8 CRITERIA listed below to RECEIVE the AWARD!

The Lion member: _____ Club: _____
(Name of Lion Member)

Sponsored a New Lion _____ Club: _____
(Name of new member)
Date: _____
(Signature of club president or secretary)

Attended a Zone Meeting _____ Date: _____
(Date and Zone # meeting attended)
Date: _____
(Signature of a Zone chairperson)

Attended the 5M4 Mid-Winter Convention. _____ Date: _____
(Signature of convention chairperson)

Served as a Club Officer or District Chairperson. _____ Date: _____
(Office or Committee Chaired)
Date: _____
(Signature of club president, secretary or DG)

Be a Chair or Co-Chair of a club or district project. _____
(Name of Project)
Date: _____
(Signature of club president, secretary or DG)

Attended one training event: 5M4 Forum, Officer training, Leadership training or other Lions Clubs International sponsored class. _____ Date: _____
(Training attended and date)
Date: _____
(Signature of District officer, trainer or copy of certificate of completion)

Attended one of the following: USA Canada Lions Leadership Forum, International Convention or Multiple Convention. _____ Date: _____
(Event attended and date)
Date: _____
(Signature of District officer, Council Chairperson or Convention Chairperson)

Promote a new idea, service project or fundraiser that is adopted by your club or District that meets the mission of LIONS. _____ Date: _____
(Promotion Idea and Date)
Date: _____
(Signature of club president, secretary or DG)

Original to be completed and turned in to the DG or District Secretary

Signature of DG or District Secretary _____ Date: _____

December 2025

LEADING THE WAY

Leader Dogs for the Blind – Lions Newsletter



Diciembre 2025
Liderando el Camino
Leader Dogs for the Blind – Boletín Informativo de los Leones

¡Felices fiestas de parte de los Leones de Leader Dog! Creemos que diciembre es un mes para reflexionar sobre el año que termina y el que comienza, celebrar nuestros logros y disfrutar del tiempo con familiares y amigos. ¡Les deseamos unas felices fiestas!

El año pasado, el equipo de Leones de Leader Dog colaboró con nuestros clubes de Leones para apoyar causas como la Visión, el Hambre, la Diabetes y muchas más. También viajamos a 15 estados y provincias para conocer a Leones de toda Norteamérica. El próximo año, nos entusiasma fortalecer nuestras relaciones y continuar nuestra colaboración con Leones de todo el mundo. ¡Los vemos el año que viene!

Duplica tu impacto con la campaña navideña para cambiar vidas

¡Está buscando opciones para donar a fin de año a su Club de Leones o a su familia? Esperamos que considere una donación a Leader Dog. Cada donación apoya la causa de la Visión, y hasta el 31 de diciembre, cada donación se duplicará.

Leader Dogs for the Blind depende al 100% de donaciones filantrópicas. Con estas donaciones, criamos, entrenamos y adiestramos perros Leader Dog a nuestros clientes. También ofrecemos programas de orientación y movilidad, así como campamentos de verano para personas ciegas y con baja visión. Su donación ayudará a que una persona ciega regrese a su comunidad con mayor confianza e independencia.

Cuando dona en diciembre, nuestro socio Woods Charitable Trust igualará su donación. Su generosidad combinada significa el doble de impacto en los clientes de clientes atendidos por Leader Dog cada año.

Consulta nuestra [Guía de Donaciones para ver cómo tu donación puede marcar la diferencia](#). Si tu club dona \$500, Woods Trust dona \$500. Tu club recibe el crédito por tu donación y Woods Trust recibe el crédito por la suya.

LeaderDog.org | LionsSupport@leaderdog.org

Happy holidays from the Lions of Leader Dog! We think December is a time for reflecting on the year behind us and the year ahead, celebrating all we've accomplished, and enjoying time with family and friends. We hope you have a beautiful holiday season!

This past year, the Lions team at Leader Dog worked with our own Lions Clubs to support the causes of Vision, Hunger, Diabetes, and so many more. We also traveled in 15 states and provinces to meet Lions across North America. Next year, we are so excited to deepen our relationships and continue our partnership with Lions everywhere. See you in the new year!

Double Your Impact with the Holiday Drive to Change Lives



Are you exploring year-end giving options for your Lions Club or family? We hope you will consider a gift to Leader Dog. **Every donation supports the cause of Vision, and through December 31 every donation will be matched dollar for dollar.**

Leader Dogs for the Blind relies 100% on philanthropic gifts. With these gifts, we raise, train, and match Leader Dogs with clients. We also offer orientation & mobility and summer camp programs to those who are blind and low vision. **Your gift will help someone who is blind return to their community with greater confidence and independence.**

When you donate in December, our match partner Woods Charitable Trust will match your gift. Your combined generosity means double the impact on the hundreds of clients served by Leader Dog each year.

Check out our [Gift Guide to see how your gift can make a difference](#). If your club gives \$500, Woods Trust gives \$500. Your club receives credit for your donation, and Woods Trust receives credit for theirs.





LCIF is making a difference in the World

The Lions Clubs International Foundation (LCIF) makes a significant difference in the world by empowering Lions and Leos volunteers to carry out large-scale humanitarian service projects through grants. LCIF focuses on global causes and has awarded over US\$1.3 billion in grant funding since 1968.

Global Reach and Financial Responsibility

- Disaster Relief: LCIF is often among the first to respond to natural disasters, providing immediate relief items like food, water, clothing, and medical supplies, and committing to long-term reconstruction efforts.
- Humanitarian Efforts: LCIF grants cover a wide range of other humanitarian needs, from supporting local clinics and shelters to funding the purchase of essential equipment like ambulances.
- Accountability: LCIF is a highly-rated charity, earning a 4-star rating from Charity Navigator for its fiscal responsibility and transparency. One hundred percent of all donations to LCIF go directly toward funding grant programs and humanitarian efforts.

Through these efforts, LCIF empowers 1.4 million Lions and Leos volunteers in over 200 countries and regions, impacting millions of lives and strengthening communities worldwide.

Key aspects of Disaster Relief

- Immediate and Long-Term Support: LCIF provided both immediate aid and committed to long-term reconstruction, which is crucial for full community recovery.
- Rebuilding Infrastructure: With LCIF support, Lions volunteers on the ground were able to rebuild more homes, as well as numerous community centers, schools, and orphanages, directly benefiting thousands of displaced families and children.
- Community-Led Response: The local presence of Lions clubs ensured that the relief efforts were targeted to specific community needs, with Lions joining residents in the rebuilding process.

These highlight the foundation's capacity for mobilizing substantial funds and coordinating extensive, long-term recovery projects.

"Roar for Cause" will be an LCIF event with an emphasis on the USA Special Olympics that will be held in Minneapolis in June 2026. You will be able to come and learn about the Special Olympics and how Lions are helping out. It will be held at Chanhassen Dinner Theater on February 28th.

5M4 has raised \$9,521 toward its goal of \$47,616 for this year. Thank you for your continued support!

Check for Special Olympics should be made out to LCIF-Special Olympics

Send LCIF donations to: PCC Dennis Heinen 5M4 LCIF Coordinator, 12069 Bluegill Dr., Sauk Centre, MN 56378, 320-491-3996, Heinende@centracare.com

USA Special Olympics 2026

Lions of MD5M (Minnesota, Manitoba and NW Ontario) have pledged to raise \$250,000 for the USA Special Olympics 2026.

Please consider a donation to help fund this event. Donations should be made to LCIF-Special Olympics MN 2026 and sent to me. Keep selling Special Olympics Golf passes as these are good all off next year also.

LCIF Grants are possible because of the support of Lions Clubs and individual Lions. The district has raised \$5,790 toward its goal of \$47,616 for this year. Please keep supporting our communities with a donation.

Send LCIF donations to: PCC Dennis Heinen
5M4 LCIF Coordinator
12069 Bluegill Dr. Sauk Centre, MN 56378
320-491-3996
Heinende@centracare.com



Saturday February 28, 2026

Chanhassen Dinner Theatres
501 W 78th St, Chanhassen, MN 55317



Lions Clubs International
FOUNDATION



5M4 Newsletter

www.e-district.org/sites/5M4

DECEMBER 2025



To whomever kidnapped my gavel,

Please take very good care of her! I pray you recognize that you are currently holding a highly powerful piece of Lions equipment, and can only hope you are treating her with the utmost respect she deserves – preferably displayed on your mantel, spotlight is optional.

To my cabinet members and guests, if you witnessed anything suspicious or have an anonymous tip to share, please reach out. Any information leading to the unscratched, safe recovery of this esteemed 5M4 gavel will result in a \$100 donation to LCIF in your honor.

To our mischievous member who thinks he is so funny (yes, I have a strong hunch who you are!), please remember the gavel must be returned

so our next Cabinet Meeting at our Mid-Winter convention can start on time. Failure to see the importance of this will result in charges of Obstruction of Extremely Important 5M4 Business, punishable by LCIF fines and extreme hard eye-rolls!

All that being said... I am mostly irritated by my own lapse in security - I knew exactly who was in that room and should have been on high alert!!

I now await my ransom note...

DG Susan Krumrey

Sponsor a hero. Be a hero.



Throughout our history, thousands of amazing donors worldwide have helped us empower people who are blind or visually impaired with lifelong skills for safe and independent daily travel. Now you have the opportunity to show your support in a new way, through a **Symbolic Puppy Sponsorship**. For \$500, you'll receive a picture, a profile and an official certificate of your sponsored Future Leader Dog.

Leader Dog services are critically important. LAST YEAR, we were able to safely provide:

► **500,000+**

Days of safe and independent daily travel

► **123**

Guide Dog clients served

► **149**

Clients received white cane training

► **3**

Clients who are deaf and blind received customized guide dog training

► **18**

Teenagers gained leadership and travel skills

► **287**

Current and potential clients received a visit from a field services guide dog mobility instructor

► **336**

Clients and Q&P pros viewed virtual learning videos

► **\$0**

Cost to client

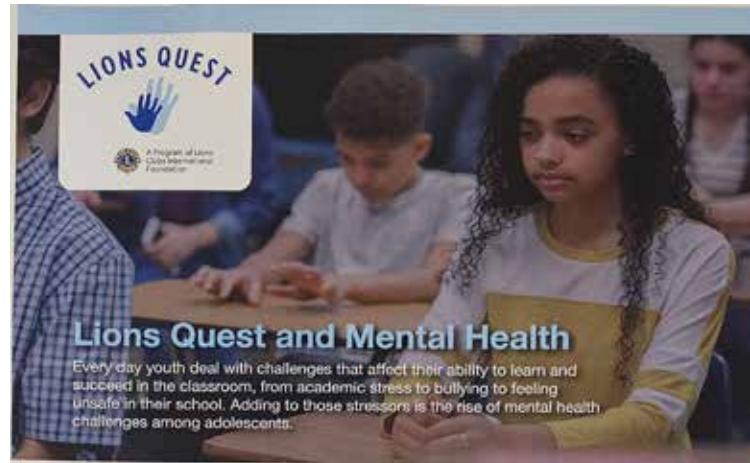


**LEADER DOGS
FOR THE BLIND**

For more information or to sponsor, visit LeaderDog.org/sponsor-a-puppy

FOLLOW THE LEADER
LeaderDog.org

1039 S. Rochester Rd | Rochester Hills, MI 48307-3115



70%
7 IN 10 TEENS see anxiety and depression as "significant" issues among their peers and in their communities.¹

When students feel less safe at school, they face challenges learning and experience increased emotional problems.²

Anxiety disorders are the most common mental illness in the United States, affecting more than 25% of children between 13 and 18.³

Social and emotional learning (SEL) is essential to the health and wellbeing of students, and the implementation of evidence-based programming, such as Lions Quest, is a key piece of any initiative to address their mental health.

Research indicates that SEL can help "reduce anxiety, suicide, substance abuse, depression and impulsive behavior in kids, while increasing test scores, attendance, and prosocial behaviors such as kindness, personal awareness, and empathy."⁴

1. First Research Group, February 2014. *Never Alone: Young Teen Anxiety and Depression as a Major Problem Among Young People*.

2. Survey of U.S. Adults, Conducted by Ipsos, a division of Ipsos Public Affairs, in October 2014. www.ipsos-na.com/2014/10/2014-10-16-ipsos-survey-u-s-adults

3. National Institute of Mental Health, November 2017. www.nimh.nih.gov/health/statistics/mental-disorders/index.shtml

4. Pianta, R.C., Rubin, K.A., & Kupersmidt, C.B., *Teaching Emotional Intelligence: A Classroom- and Classroom-Group Approach*.

Good news from the LITPC Youth Scholarship Chair

We are members of the LITPC (Lions International Trading Pin Club). Lion Bill is also a member of the 5M Pin Traders Club. We are the LITPC Youth Scholarship Chairman in MD5M.

We are asking if you could please include the attachment (LITPC YOUTH SCHOLARSHIP INFORMATION) in your upcoming December, January AND February newsletters.

Thank you so VERY much for doing this to get the word out there about the LITPC Youth Scholarships which are available for the 2025 - 2026 school year for graduating LEOS OR graduating sons/daughters, grandsons/granddaughters of LIONS. This school year there will be 8 - US \$4,000 scholarships awarded! The LITPC Youth Scholarship was established to foster the continuing education of a high school senior!!

If you have any questions or comments, please feel free to contact us. Thank you again so VERY much!! HAPPY HOLIDAYS TO ALL!!

Yours in Lionism,
Lions Bill and Marcia
Guthrie
763-232-9357
(Lion Marcia's cell #)
bmguthrie9@myctl.net



LITPC YOUTH SCHOLARSHIP INFORMATION



The Lions International Trading Pin Club (LITPC) has announced for the 2025 - 2026 school year that there will be **8 US \$4,000** scholarships awarded. Graduating Leos OR graduating sons/daughters, grandsons/granddaughters of Lions are eligible to apply for the LITPC Youth Scholarship. The LITPC goal is to help our future leaders and give students a financial helping hand. This program started in 2012. The 2026 recipients will be announced at the LITPC Annual Meeting in 2026.

To obtain the current LITPC Youth Scholarship information:

1. Go to the **LITPC website: www.litpc.org**
2. In the left column, click on **Scholarship Application Form**.
3. Read and follow **ALL** directions. Be sure to fill out **ALL** the forms neatly and correctly which includes the 4 essay questions (in 350 words or less) and the question about scholarships that you have been offered along with submitting a **certified** copy of your high school transcript including activities. Plus, you also need to attach recommendations from 2 persons (i.e. teacher, coach, clergy, employer, etc.) **AND** attach a recommendation letter from a Lions Club member indicating the name of the Club and state/province and country in which the Club is located.

ALL forms and letters are to be submitted by **MARCH 1, 2026** to:

Lions Bill & Marcia Guthrie, Scholarship Chairman 763-232-9357

9 101st Lane NW, Coon Rapids, MN 55448 bmguthrie9@myctl.net

You can either mail us your application OR email it to us.

THANK YOU AND GOOD LUCK TO ALL!!!

The LITPC fulfills the motto of Lions Clubs International – “WE SERVE”



District 5M4 Service Calendar 25-26

Month 2025-2026	Focus Area	Project Ideas
August	★ Youth	<ul style="list-style-type: none"> - Host a youth leadership workshop. - Support a local school with supplies. - Organize a youth sports day.
September	★ LCIF	<ul style="list-style-type: none"> - Plan a fundraiser dinner or auction. - Promote LCIF grants and projects. - Share success stories of LCIF impact.
October	★ Mental Health October 4-12, 2026 <i>International Service Initiative</i>	<ul style="list-style-type: none"> - Conduct a mental health awareness campaign. - Partner with local mental health organizations for workshops. - Organize a community walk for mental health.
November	★ Humanitarian	<ul style="list-style-type: none"> - Organize a community service day. - Collect winter clothing for those in need. - Volunteer at a local shelter.
December	★ Diabetes	<ul style="list-style-type: none"> - Host a diabetes awareness event. - Provide free diabetes screenings. - Distribute educational materials on diabetes prevention.
January	★ Hunger January 3-11, 2026 <i>International Service Initiative</i>	<ul style="list-style-type: none"> - Coordinate a food drive. - Partner with a local food bank for distribution. - Host a community meal for those in need.
February	★ Vision/Childhood Cancer	<ul style="list-style-type: none"> - Support a childhood cancer support group. - Organize a vision care event for children. - Fundraise for childhood cancer research.
March	★ Youth	<ul style="list-style-type: none"> - Plan a youth mentorship program. - Organize a career day at a local school. - Host a youth talent show.
April	★ Environment April 8-16, 2026 <i>International Service Initiative</i>	<ul style="list-style-type: none"> - Organize a tree planting event. - Conduct a community clean-up day. - Launch a recycling awareness campaign.
May	★ Hunger	<ul style="list-style-type: none"> - Continue food drive efforts. - Develop a community garden project. - Partner with local restaurants for food donations.
June	★ Humanitarian	<ul style="list-style-type: none"> - Focus on mental health initiatives. - Support the MN Lions Hearing & Voice Clinic. - Organize a childhood cancer awareness event.



The Fairfax Lions Club gave a huge "Thank You" to new members, Whitney and Eric Nelson for making this awesome board and to Lion Carroll Gregory for painting it! They are excited to showcase this at their fundraisers, giving a great photo opportunity to those supporting their events!

They showcased it their Fairfax Trick, Treat and Scare Fair for Halloween!



HAVE A QUESTION? CURIOS ABOUT ANYTHING?

Ask away! Questions regarding 5M4 Lionism can be directed to any cabinet member. District Governor Susan Krumrey will facilitate/direct your questions, edit for clarity if needed, and forward to the right person for your answer. Watch the newsletter

for your answers!

Send your questions
via email to
susanreuberkrumrey@outlook.com!

Let's Learn!!



NOVEMBER NEWSLETTER

Service Project Ideas

Nursing Homes Residents

- *Make visits
- *Write Letters
- *Bingo
- *Plan an Activity
- *Sing

Veterans Programs

- *Meal
- *Soldier Retreat
- *Fallen Hero Football

Recycling

- *Soles 4 Souls
- *Aluminum
- *Plastics

Kids Events

- *Free Books
- *Eye Screening
- *Hearing Screening
- *Hats & Mittens
- *Book Reading
- *Grief Bags

Food

- *Birthday Kits to food shelves
- *Food Drive
- *Cookie to Random

Disabilities

- *Special Olympics
- *Camp Confidence
- *Activities &/or meals

Environment

- *Tree Planting
- *Ditch Cleaning
- *Community Garden
- *Community Orchard



Global Service Team

November 2025



Service Reporting by Zone CONGRATS ZONE 3! - Well done.

Zone 1:	5 of 9 Clubs Reporting*	56%
Zone 2:	4 of 10 Clubs Reporting*	40%
Zone 3:	4 of 5 Clubs Reporting	80%
Zone 4:	3 of 5 Clubs Reporting	60%
Zone 5:	4 of 6 Clubs Reporting*	67%
Zone 6:	3 of 6 Clubs Reporting*	50%
Zone 7:	3 of 5 Clubs Reporting	60%
Zone 8:	0 of 7 Clubs Reporting*	0
LEO's	0 of 3 Clubs Reporting	0

Hopefully we can all submit more of what we are doing in our clubs. Thank you for all you do and thank you for getting your service and planning for service via meetings and fund raising so that we can do what is in our hearts. **SERVE OTHERS.**

*PLEASE NOTE: a few clubs have items entered; however, they are in "ready to report" or in "draft" status. Please complete those tasks and our numbers will increase. If anyone has questions on how to do this, please reach out to myself:

Lion Jacque Heinen lionheinen@gmail.com Service Chair OR
 Lion Dennis Heinen heinende@centracare.com District Administrator

GST Goals:

1. Kindness Matters Award
2. Mid Winter Service Project
3. Promote 3 International Weeks of Service
 - a. Oct 4-12 Mental Health
 - b. Jan 3-11 Hunger
 - c. Apr 8-16 Environment
4. DG Diabetic Kits Emergency Kit and Promote Awareness.
5. Increase Club Reporting
 - a. This year's Goal: 79% Currently 45%

Lion Jacque Heinen, Service Chair 320.249.6536 lionheinen@gmail.com



Save the Date

Northern Pride Lions Forum

March 20- 21, 2026
 Radisson Harborview
 Duluth MN

Seminars - Meet and Greet - Keynote Speakers - More information to follow.
 Check us out forum.northernpridelions.com



**YOU ARE INVITED
TO OUR**

HOLIDAY DANCE

WITH

“DJ PETE”

ON

SUNDAY, DECEMBER 14, 2025

AT

2:00 – 4:00 p.m.

MELROSE LEGION
MELROSE, MN




Sponsored by:

SAUK RIVER CHAMPION

LIONS CLUB

SAUK RIVER CHAMPION LIONS CLUB
A LIONS CLUB FOR SPECIAL OLYMPIC ATHLETES AND PERSONS WITH INTELLECTUAL DISABILITIES

COME JOIN THE FUN, BRING A FRIEND!!!!

THANK YOU TO THE:

MELROSE LEGION
MELROSE VFW
MELROSE AMERICAN LEGION AUXILIARY

For your generous donations to make this dance possible!!



IMPORTANT CONTACTS!



Lions Club International Foundation

Chair: Lion Dennis Heinen – heinende@centracare.com



MN Lions Vision Foundation

Lions Gift of Sight

Chairs: Lion Craig Schellberg -- spicerlioncraig@gmail.com
PCC Rob Wiener -- 5m4lionrob@gmail.com



MD5M Hearing Foundation

Chairs: Lion Pam Erickson -- tapjerickson@gmail.com
PDG Bob Kulbeik -- kulbeik@hotmail.com



MN Lions Diabetes Foundation

Chair: Lion Lori Schellberg -- lorischellberg@gmail.com
PDG Ken Harwick – kbearalive@live.com



MN Lions Childhood Cancer Foundation

Chairs: Lion Sue Krumrey – sue_krumrey@kottke-trucking.com
Lion Merlin Athmann -- athmann.mer@gmail.com



Leaderdog

Chair: Lion Mary Bolas -- marybolas.mb@gmail.com



MD5M Kidsight Foundation

Chairs: Lion Sue Honken -- rshonken@frontiernet.net
Lion Ron Honken -- ronaldhonken1940@gmail.com



Can Do Canines

Chair: Lion Mike Beilke -- mbeilke62@gmail.com



Project New Hope

Chair: Lion Ron Buse -- ron.buse06@gctel.com

Lion Greg Tauer – greg.tauer@northcentralintl.com
Lion Corky Gleisner – cmgleisner@gmail.com



Special Olympics MN

Chair: Lion Dianna Nelson - diannanelson@mainstreetcom.com



T.E.A.M. Sheehan Foundation

Chair: PIP Brian Sheehan -- bsheehan@rccbi.com

Treas. PDG Marty Athmann – athmannmarty@hotmail.com



MN Lions Mission Foundation – Brand New

Foundation Awards:

- LCIF – Melvin Jones Fellowship
- MN Lions Vision Foundation – Hellen Keller Award
- MD5M Hearing Foundation – Hearing Research Fellowship
- MN Lions Diabetes Foundation – Dreamcatcher Award
- MN Lions Childhood Cancer Foundation – Believe Award
- MD5M Kidsight Foundation – Sight Saver Award
- Can Do Canines – Top Dog Award
- T.E.A.M. Sheehan Foundation – Lapel Pin & Foundation Medal

MD5M Multiple District Awards:

- Hall of Fame Award
- Al Jensen Award
- Int'l Presidents Leadership Award
- Int'l Presidents Presidential Award

District Awards:

- Club Excellence Award
- Heart of A Lion Award
- Be Kind Award

Grant Applications:

- T.E.A.M. Sheehan Foundation
- LCIF website



2025-2026 5M4 Cabinet Members

Position	Title	Name	Phone #	Email	Home Club
District Governor	DG	Susan Krumrey	320-295-8327	susanreuberkrumrey@outlook.com	Buffalo Lake
1st VDG	1VDG	Jason Kerfeld	320-429-0794	kerfeld@mainstreetcom.com	Sauk Centre
2nd VDG	2VDG	Ed Bolas	320-304-0117	edmary1973@gmail.com	Hoffman
IPDG	IPDG	Jacque Heinen	320-249-6536	lionheinen@gmail.com	Sauk Centre
Cabinet Secretary	Lion	Renee Willhite	320-491-6010	rwillhite@mainstreetcom.com	Sauk Centre
Cabinet Treasurer	Lion	Denise Sundblad	320-766-3266	district5m4@outlook.com	Wendell
Can Do Canines	Lion	Mike Beilke	320-761-9406	mbeilke62@gmail.com	Sauk Centre
Constitution & By-Laws	PDG	Kellie Knudson	320-226-4156	lionkellieknudson@gmail.com	Montevideo
District Administrator	PCC	Dennis Heinen	320-491-3996	heinende@centracare.com	Sauk Centre
Environment	PDG	Kathy Harwick	320-226-3651	kharwick@frontiernet.net	Appleton
GET	PDG	Bob Knutson	320-295-1757	lionbobbyk2017@gmail.com	Spicer Sunrise
GLT	PDG	Marty Athmann	320-579-1357	athmannmarty@hotmail.com	Bird Island
GMT	PCC	Rob Wiener	320-241-7100	5m4lionrob@gmail.com	Sauk Centre
GST	IPDG	Jacque Heinen	320-249-6536	lionheinen@gmail.com	Sauk Centre
LI Advisor	PIP	Brian Sheehan	320-212-7330	bsheehan@rccbi.com	Bird Island
LCIF Chairperson	PCC	Dennis Heinen	320-491-3996	heinende@centracare.com	Sauk Centre
Leader Dog for the Blind	Lion	Mary Bolas	320-815-0343	marybolas.mb@gmail.com	Hoffman
LEO Chairperson	PDG	Bob Knutson	320-295-1757	lionbobbyk2017@gmail.com	Spicer Sunrise
Lions Alert	PDG	Marty Athmann	320-579-1357	athmannmarty@hotmail.com	Bird Island
Long Range Planning	PDG	Ron Branch	320-460-0135	branch@rea-alp.com	Alexandria
MD5MLions KidSight Foundation	Lion	Susan Honken	320-905-2412	susandenisehonken@gmail.com	Raymond
MD5MLions KidSight Foundation	Lion	Ronald Honken	320-905-6282	rshonken@frontiernet.net	Raymond
MN Lions Childhood Cancer Foundation	Lion	Merlin Athmann	320-522-1264	athmann.mer@gmail.com	Bird Island
MN Lions Childhood Cancer Foundation	Lion	Sue Krumrey	320-295-1266	sue_krumrey@kottke-trucking.com	Buffalo Lake
MN Lions Diabetes Foundation	Lion	Lori Schellberg	320-894-8643	lorischellberg@gmail.com	Spicer Sunrise
MN Lions Diabetes Foundation	PDG	Ken Harwick	320-212-4393	kbearalive@live.com	Appleton
MN Lions Hearing Foundation	PDG	Bob Kulbeik	605-949-0136	kulbeik@hotmail.com	Elbow Lake
MN Lions Hearing Foundation	Lion	Pam Erickson	320-212-3031	tapjericson@gmail.com	Spicer Sunrise
MN Lions Missions Foundation	IPDG	Jacque Heinen	320-249-6536	lionheinen@gmail.com	Sauk Centre
MN Lions Vision Foundation	Lion	Craig Schellberg	320-894-6843	spicerlioncraig@gmail.com	Spicer Sunrise
MN Lions Vision Foundation	PCC	Rob Wiener	320-241-7100	5m4lionrob@gmail.com	Sauk Centre
Newsletter - 5M4	Lion	Anne O'Flynn	320-815-5790	anneo@runestone.net	Elbow Lake
Nominations	PDG	Jeff Swenson	218-770-1779	jfswens@runestone.net	Grant County
PDG Advisor	PDG	Marty Athmann	320-579-1357	athmannmarty@hotmail.com	Bird Island
Project New Hope	Lion	Ron Buse	218-639-1114	ron.buse06@gctel.com	Evansville
Project New Hope	Lion	Greg Tauer	320-212-3256	greg.tauer@northcentralintl.com	Atwater
Project New Hope	Lion	Corky Gleisner	320-250-5802	cmgleisner@gmail.com	Atwater
Protocol	PCC	Dennis Heinen	320-491-3996	heinende@centracare.com	Sauk Centre
Public Relations	PDG	Sue Kulbeik	605-949-0161	kulbeik@gmail.com	Elbow Lake
Special Olympics Liason	Lion	Dianna Nelson	320-766-7412	diannanelson@mainstreetcom.com	Sauk Centre
TEAMSheehan Foundation	PIP & PD	Brian and Marty		see their info above	Bird Island
Technology	PCC	Dennis Heinen	320-491-3996	heinende@centracare.com	Sauk Centre
Website	Lion	Ryan Beich	320-583-3288	rrbeich@gmail.com	Buffalo Lake
Youth Exchange/Peace Poster	Lion	Todd Fritsche	507-766-7528	dragon376381@yahoo.com	Bird Island
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Zone 2 Chair	Lion	Ed Bolas	320-304-0117	edmary1973@gmail.com	Hoffman
Zone 3 Chair					
Zone 4 Chair	Lion	Doug Godwin	218-770-8932	dgjg2241@gmail.com	Montevideo
Zone 5 Chair	Lion	Brad Johnson	320-760-7640	yeldard600@gmail.com	Renville
Zone 6 Chair	Lion	Richard Haugen	320-522-0987	richard.haugen@yahoo.com	Olivia
Zone 7 Chair	Lion	Gary Lagerstad	320-894-4126	garylagersstedt47@gmail.com	Spicer Sunrise
Zone 8 Chair	Lion	Jason McCoy	320-442-8200	therrealmccoy70@gmail.com	Grove City