

#	REPORT	RESPONSIBLE	RECEIVED	
1	District Governor	Linda Zwier	Х	
2	1 st Vice District Governor	Frank Hewitt	X	
3	2 nd Vice District Governor	Kevin Kimmerly	Х	
	Accessibility	Devon Wilkins		
	Audit	Allan McPhail		
4	Bereavement	Dawn Hansen	Х	
5	Cabinet Secretary	Kathy Marchen	Х	
6	Childhood Cancer	Lydia Elliott	Х	
	Constitution, Bylaws & Protocol	Jim Peters		
	Convention Chair/Host	Doreen Morey		
7	Diabetes Awareness	Dave Hansen	Х	
8	District Newsletter	Karen Christopher	Х	
	Effective Speaking	Graham Lewis		
9	Elections and Credentials	John Whyte	Х	
10	Environment/Environmental Photo Contest	Deb Brown	Х	
	Facebook & Club Communications	Kim Carr		
	Family & Women Membership	Connie Kelso		
	Gift of Life	Steve Scally		
11	GLT Report	Don Radnor	Х	
12	Global Membership Approach Lead	Ted Cook	Х	
13	GMT Coordinator	Frank Hewitt	Х	
14	GST Coordinator	Bill Zwier	Х	
15	Hearing/Lions Home for the Deaf	Susan Flanigan	Х	
16	Historian	Doug Galt	Х	
17	Honorary Committee	Don Radnor	Х	
18	Hunger	Bill Zwier	Х	
	International Advisory Committee	Terry Graham		
	IPDG Report	Mark Kelso		
19	Leader Dogs	John Morris	Х	
20	LCIF Chair	Don Radnor	Х	
	Leo and Lions Service for Children	Dawn Hansen		
	Lions Camp Dorset	Steve Scally		
	Lions Fellowship	, Diana Lloyd		
	Lions Foundation of Canada Dog Guides	, Jean Graham		
21	Lions Learning Day	Mark Kelso, Frank	Х	
		Hewitt		
	Lions Magazine	Kim Carr		
22	Lions Quest	Janet Marissen	Х	
23	Literacy Chair	Coleen Power	Х	
	Peace Poster	Marie Meeks		



REPORTS FOR 3nd CABINET MEETING – February 25, 2023

	Research Long Range Planning	DG Linda Zwier,	
		1VDG Frank Hewitt,	
		PRC Jim Peters,	
		2VDG Kevin	
		Kimmerly	
	Special Olympics	Theresa Hewitt	
24	Technology & Webmaster	Frank Hewitt	Х
25-26	Treasurers Report	Jean Graham	Х
27	Vision/Hearing Screening	Nancy Lane	Х
28	Zone 10C	Kirby Park	Х
29	Zone 10N	Nancy Lane	Х
	Zone 10S	Linnette Deschamps	
30	Zone 11E	Ron Duesharm	Х
31	Zone 11W	Dale Morey	Х
	Zone 43E	Cheryl Lewis	
32	Zone 43S	Ted Cook	Х
	Zone 43W	Ivan Clark	



Report #1 - District Governor Report to Cabinet

Fellow Lions, Leos,

There has been lots of good news that uplifts the spirits during these winter months.

Our District is on the plus side in membership numbers. As I write this report, we are showing an increase of 15 members – a positive sign that our District is growing. I thank all those clubs who are drawing in those interested in serving. Your visible service is the key – the more you help others, the more others want to help, too.

Your support of the earthquake victims in Turkey and Syria is very evident in the flow of funds to Lions of Canada Fund for LCIF. I urge you to continue to support our Foundation.

I recently received news that our International Guest Speaker for the A3 convention has been confirmed. PID Mark Lyon from Connecticut will attend, along with his partner, Lion Lyn. PID Mark is the endorsed candidate for International 3rd Vice President, with voting to take place at the Boston International Convention in July. I have known Lion Mark for a little over 2 years and we meet monthly with my colleagues, via Zoom. He is a very engaging speaker with a terrific sense of humour. He will bring lots of spirit to our convention.

There have been some questions about what is happening at the A3 Convention. The convention committee has been meeting regularly and the bare bones of the weekend have been laid out. It is a bit early to send out an agenda, but I can tell you that on Saturday, we will be participating in Worldwide Induction of new members. Also, on Saturday, we will be filling the eye glass cases with hygiene products for various shelters throughout the District. Please keep collecting useful items for these kits i.e., nail files, small soaps, shampoo, wipes, band aids, etc. – anything that will fit in an eye glass case. Lion Deb Fortin Brown of the Stirling Club is spearheading this. Please direct any questions to her - <u>dmfb52@gmail.com</u>.

As we move toward the last quarter of this Lions' year, I encourage clubs to begin to plan for club officer elections. In the past, club secretaries were asked to enter club election results on the roster by May 15. This year, that date is even more important. As LCI moves toward the transition of combining MyLion, MyLCI and Insights into a unified experience called the Lion Portal, early entry dates of info become crucial. From LCI – "Prior to June 15, 2023, it is imperative that Club Secretaries or Administrators start ensuring member's email addresses are correct, Club Officers information needs to be added for upcoming next fiscal year on MyLCI immediately after the club elections". As well, donations to Lions of Canada Fund for LCIF should be in the bank with the appropriate supporting documentation for recognition before June 15, 2023. Otherwise, your eligibility for a Club Excellence Award could be compromised. Aiming for May 15 will ensure all info is updated by June 15. More info will follow.

Thanks to all for another great term of service.

Lion Linda DG



Report #2 - 1VDG Report to Cabinet



1st Vice District Governor



Re: 3rd District Cabinet Meeting

Date: February 25th, 2023

Location: Zoom Meeting

District Governor, Cabinet Members, District Officers, Lions and Guests,

Please accept my 3rd report as the 1st Vice District Governor for the Lions year 2022 - 2023. This is where I am supposed to talk about what I have done as your 1st Vice District Governor. And while I truly don't like talking about "I", here is a small synopsis of what I have been up to since the last Cabinet meeting.

As 1st Vice District Governor, I have been to several clubs to install many new Lions into this wonderful organization. A huge thank you to those clubs that have invited me to do this. It is just too bad that it seems to become a challenge to try and get new Membership Kits from International, however I have faith that it will one day turn around. I have also attended several meetings as my official visit and it is always so great to be treated so special by the clubs that I attend with my road crew in tow. You Lions, always make a Lion Leader feel so wonderful when we attend and it truly is appreciated.

One of the other jobs that is a part of what we do is Lions Services for those departed. While it is unfortunate that we have these events for our fellow Lions, it always feels wonderful to be able to attend these events and share our emotions with fellow Lions. I have always felt a great pride in being asked to perform the Lion's Missing Lion Service at these events as it makes you feel as if you are a part of the club.

As your 1st VDG, I would like to apologize to all the Lions in District A3 for not being able to attend the District Governor Training in Chicago this past month. Unfortunately, when I had my bout with Cancer this past year, I was forced to use up my holidays and holiday pay while I was off and so I had no holiday time left. Therefore, I had to turn down attending the remainder of my training. I know, I am not looking for excuses, just letting everyone know before the rumors start. Kind of preventative measure.

As your 1st VDG I am looking forward to being able to lead the District once again as I have always felt that I didn't get time to complete everything I wanted to the first time around. It always seems like you just get into the swing of things and your time is up. I only hope I can live up to each of your desires and expectations as I continue this journey.

Respectfully Submitted,

Lion Frank Hewitt 1st Vice District Governor





Report #3 - 2VDG Report to Cabinet

District Governor, Cabinet Members District Officers, Lions and Guest

This is my third report as SVDG Vice Governor for the Lions year 2022 – 2023.

I have done most of my official visits for this year.

I helped Lion Frank with Membership Madness.

Did another training weekend with MDA, which was very good. Watched how the election process for our new Councill Chair was held.

Learning and having fun.

Also have inducted a few new members.

Respectfully Submitted

Kevin Kimmerly 2nd Vice District Governor February 17 /2022





February 25,2023

- District Governor Linda and Lions Family, since our last Cabinet meeting we have lost 9 of our family.
- Lion Carman Fisher- Amherstview Lions
- Lion Brian Gratton Havelock Lions
- Lion Eric Van Weelie- Amherstview Lions
- Lion Don McBain- Millbrook and District Lions
- Lion Bob McBride-Odessa and District Lions
- Lion John Harwood Brighton Lions
- Lion Jack Nelson Apsley and District Lions
- Lion Don Montrose Batawa Lions
- Lion Floyd Scott Napanee Lions
- Let us have a moment's silence for these dedicated Lions.
- May they Rest in Peace.
- Respectfully submitted,
- PRC Dawn Hansen, A3 Bereavement Chair



Report #5 - Secretary Report to Cabinet

February 25 – Zoom Meeting

District Governor Lion Linda, fellow Cabinet Members, Lions, Leos, and Guests:

This is my third report to Cabinet.

There has been no correspondence received since the last Cabinet meeting.

Minutes from the A3 Cabinet Meeting held on November 27, 2022, as well as reports submitted were distributed to Cabinet, Committee Chairs, Club Presidents, and Secretaries as well as Lions International on December 6, 2022. Notice and minutes were sent to Lions Clubs International on January 23, 2023.

On January 31, 2023, notice of the 3rd Cabinet Meeting to be held on February 25, 2023, was distributed. Reports were required to be submitted by February 17th. Twenty-eight reports were received, twenty-three reports were outstanding.

I continue to receive email to my PEC Lions Club email address and my personal gmail accounts. To ensure that your email is read, and your report does not get missed, emails to the Cabinet Secretary must be sent to <u>A3cabinetsecretary@gmail.com</u>. This generic email address makes it easier for future Secretaries and for you as it will be the same address year after year.

I have completed all duties as required of the Cabinet Secretary for this period.

Respectfully Submitted,

Kathy

Lion Kathy Marchen District A-3 Cabinet Secretary A3cabinetsecretary@gmail.com



Report #6 - Childhood Cancer Chair Report to Cabinet

District Governor, Cabinet Members, District Officers, Lions, Leos and Guests,

Please accept my 3rd report for the Lions year 2022-23.

We were requested to do a presentation on Childhood Cancer at the Keene Lions Club on January 17th which went very well. The members were very interested in the presentation and did have questions about Childhood Cancer. Although we did try to recruit another Chair for Childhood Cancer, there appeared no takers.

The Keene Club did inform me that they would be doing a donation of product towards our project.

After speaking with DG Linda Zwier to confirm that we could proceed, our Committee is partnering with the 2 Kingston Lions Clubs and donating 80 of our activity bags (40 to each Club) for Pediatric Cancer patients in their area.

Our Committee agreed that as the need in the Peterborough area is not as crucial as what was originally thought, which is a good sign, we wanted to help support Pediatric Cancer patients in our District, and as Kingston and Peterborough are the only 2 Satellite Pediatric Cancer Centres, it made sense to coordinate with them.

We are still working through the details but should have more at the next Cabinet meeting.

We are also working on organizing our next fundraiser and I am including a Save the Date flyer. The official flyer will be sent out sometime mid-March but please make note of the date and maybe attend our dinner supporting Childhood Cancer.

Respectfully submitted, Lion Lydia Elliott District A3 Chair, Childhood Cancer Chemung Lake District Lions



SAVE THE DATE MAY 6TH, 2023

TO JOIN THE CHEMUNG LAKE DISTRICT LIONS FOR DINNER SUPPORTING CHILDHOOD CANCER



MORE INFORMATION WILL FOLLOW LATER



Report #7 - Diabetes Awareness Chair Report to Cabinet

February 25, 2023

Lions,

This report is to advise that a display of Diabetes Awareness materials will be available at the upcoming District A-3 Convention.

Also, Lions Dave and Heather McKellar were in attendance at a meeting of the Land O' Lakes Lions and did a presentation on Camp Huronda. The LOL Lions presented them with a cheque in the amount of \$1,250.00 to sponsor a camper this coming season. My thanks to them for their assistance.

Letters from the MD-"A" Diabetes Chair and I will be sent to all clubs in the near future.

Lion Dave Hansen PDG Diabetes Awareness Chair



Report #8 - District Newsletter Chair Report to Cabinet

February 25th, 2023 - Zoom Meeting

I apologize I am unable to attend today's meeting. This is my third report to Cabinet.

Would you please schedule your calendars, noting that there are two remaining newsletters for this fiscal Lions' year... both slated for distribution by end-of-month... the first in March and the final bulletin in June.

Early in March, I will arrange to send off a "reminder" notice for submissions to A-3 clubs, Committee Chairs and Cabinet members (via email and A-3's Facebook page).

Please note: The deadline for March newsletter submissions will be Tuesday, March 21st.

Lions, Leos, District Committee Chairs, and Cabinet members... please send your news/photos to my email address: <a href="mailto:kchristopher@emailto:kchris

If you have photos, send them as jpg. attachment, rather than in the body of the email... it's much easier to work with that way. Also note, re pdf documents and flyers, I would appreciate if these could be converted to a word document or jpg. <u>Remember</u> – up to two stories per club submission is accepted.

Thank you... I look forward to receiving your district news!

Lion Karen Christopher (Kendal Lions Club) District Newsletter Editor

Email: kchristopher@emailx.ca



Report #9 - Elections and Credentials Chair Report to Cabinet

February 25, 2023 Cabinet Meeting

District Governor Linda, Members of Cabinet, Lions All:

I am pleased to report that the elections and credentials team is in place and each member knows what her/his responsibilities are.

The initial letter to all club secretaries informing them of the elections/credentials process and how to access the Policies & Procedures Manual to get both candidate nomination and club voting delegate forms went out via email at the end of January. A further communication informing clubs of their voting delegate allocation will be sent out at the beginning of March.

As soon as we receive the list of nominations for the various cabinet positions for 2023-2024 the ballot sheets will be prepared. The sooner we receive those, the easier our lives will be.

After some discussion it has been agreed that, on Sunday April 30, voting will start at 8am and end at 10:30am. Presumably the location (room) for voting will be included in the convention program.

Respectfully Submitted.

PCC John Whyte



Report #10 - Environment Chair Report to Cabinet

DG Lion Linda Zwier and Cabinet members:

This is my second report to the Cabinet 2022-2023.

We now have more than enough empty glasses cases to fill at the upcoming convention. Many thanks to all of the clubs who gathered them together. We will need a few volunteers to help with filling them with small items like Band-Aids, soap, etc.

In March, I'm picking up two boxes of the brown paper bags for food recycling from Bag to Earth in Napanee. I'll be handing them out at the District A-3 convention in April.

I'm getting more information from the Ministry of the environment regarding a clean up of waterways that each club can do in their areas. Hopefully we can get school children and their parents involved at the same time.

I've only had one entry for the photo contest so far but it's still early. I have resent the guidelines to all district clubs as a gentle reminder.

Thank you.

Respectfully submitted,

Lion Deb Brown Environment Chair

With your help, we can make a difference!



February 17/2023

District Governor Linda, members of cabinet, Lions all,

This is my third report to cabinet in my role as GLT.

As district and club officer elections approach, I sincerely hope that we are encouraging new leaders to step forward and embrace a role in the future of their club and our district.

Provincialism is one of the most serious threats facing our association as we must find members willing to accept a position of leadership to preserve the sustainable future of Lions.

We have extensive opportunities for education, training, mentoring and personal growth. What are we afraid of? Why do we shy away from the opportunity to share our talents and abilities? Answer this and we may be able to move forward.

I congratulate and thank all of the Lions nominated in their club and our District, wishing them nothing but success as they continue their journey.

I hope their experience brings them the same satisfaction and fulfillment as I felt during my term.

"nothing in life is worthwhile unless you take risks" Denzel Washington

Respectfully submitted.

Lion Don



District A3 2022/2023 3rd Cabinet Meeting

Global Membership Approach

February 25, 2023

Thanks to the direction being provided by Multiple District "A" and the efforts led by Lion FVDG Frank Hewitt, and Lion SVDG Kevin Kimmerly, the Global Membership Approach got a needed boost or shot in the arm in our district.

Lion FVDG Frank contacted me in late December asking if I was interested in assisting with the preparation Membership Meltdown event/workshop being planned at the Tweed Lions February 4, 2023.

I joined in on Lion Frank's planning and also engaged Lion PID Terry Graham, and Lion PCC John Whyte to contribute as well.

"The Global Membership Approach equips **districts** to develop membership through a strategic process focused on:

- Rejuvenating districts with new clubs
- Revitalizing clubs with new members
- Re-motivating existing members with fellowship and exciting service

The approach has universal applicability, allowing for customization based on regional needs and circumstances, and is supported by a growing collection of material resources."....GMA Overview from Lionsclub.org site

I again, include this quote with emphasis on the word "districts". This was a District initiative falling under the Global Leadership Team and the Global Membership Team specifically.

GMA got its roots from NAMI with an emphasis on membership growth. The multi-step process of **Build a Team, Build a Vision, Build a Plan, and Build/Celebrate Success** is not only applicable for membership growth, it can also be used in defining and managing SERVICE projects, as well. The focus and discipline taught in the approach can be used in most of our Lions endeavors.



Report #12 - Global Membership Approach Lead Report to Cabinet

Lions Terry and John worked with me on the North American Membership Initiative (NAMI) Zone Pilot Project during the 2020/2021 Lions Year. District A3 Zone 43 South, was one of 13 Zones in the U.S. and Canada who piloted the approach. Since the Zone Pilot, NAMI has evolved and is now called the Global Membership Approach.

Unfortunately, I have been unable to expand the adoption of GMA any further in our District.

The LCI Resource Library is now richly populated with numerous documents, training aids and planning tools for GMA. Funding is now available for GMA training as well,

Lions Frank and Kevin travelled to the MDA training sessions in December on how GMA was to be used in the preparation of our District Goals for the 2023/2024 Lions Year. Following their trip to MDA, work started on the Membership Meltdown.

At the Tweed Lions Club Hall, close to 60 Lions from 20 clubs in District A3 followed the format as documented in the 'Plan for Your Club's Success' document available on the Lionsclubs,org website. What was also encouraging was that 7 first year Lions actively participated in the training. A3 Lions were exposed to the concepts of Build a Team, learned about S.W.O.T. analysis to Build a Vision and learned about S.M.A.R.T.Goals to assist in setting our own goals. Lion Council Chair Mark lead the discussions on Build a Plan.

It was refreshing to see the level of engagement from all the Lions who attended. With this 'shot in the arm' we have to ensure that the interest and enthusiasm displayed at Tweed is not lost. Let's keep the Approach spreading across our District.

Zone Meetings and large gatherings like the one on February 4th, are the correct format for training on GMA. It is my experience that the actual going through the GMA steps, is best done at a club level, Whereas there may be commonality amongst clubs in Strengths, Weaknesses, Opportunities, and Threats are often unique to individuals clubs. (Not all clubs are interested in openly discussing their weaknesses or problems outside of their own clubs.)

Similarly, we all share similar goals, the methodology to reach those goals may be different at different clubs.



Report #12 - Global Membership Approach Lead Report to Cabinet

GMA includes the concepts of accountability and progress tracking. These concepts are best actioned at a club level. Some clubs are better than others and some zones are better than others and both levels often face different challenges. The ultimate goal of **SERVCE** is common to all Lions and the concepts that Lions can provide more SERVICE by having more members and the idea that we gain more members through **SERVICE** is still true.

I recommend that the District continue to educate the Zones on the concepts behind GMA, and that we look on how we can provide mentoring teams to assist Clubs in their GMA based projects.

Following today's meeting, Zone 43 South is holding a GMA refresher course the morning of Sunday February 26, at the Colborne Lions Club. Many of the facilitators from the Tweed 'Meltdown' have again agreed to help with the training. From that training exercise, I hope to identify one or more clubs who are willing to try the approach, ideally this year, but possibly next year.

As is the direction of LCI, I also suggest that we attempt to find an opportunity (1/2 day work shop) to help educate the District A3 Cabinet members on the concepts of GMA.

Respectfully submitted,

Ted Cook District Global Membership Approach Lead



Re: 3rd Cabinet Meeting

Date: Saturday February 25th, 2023

Location: Zoom Meeting

District Governor, Cabinet Members, District Officers, Lions and Guests,

Please accept this 3rd report to Cabinet as your Global Membership Coordinator. This is my third term with this position, and I am so happy to say that it has been great to do. Having Lion Kevin working with me has really kept things moving and interesting.

After looking at the numbers in our District it is great to see that our District is currently sitting at +12 (as of this report) and we have stopped the loss of membership surpassing the incoming Lions. Congratulations Lions and thank you for all you do. Let's keep it happening.

As the District Global Membership, it has been a fairly busy time. I have attended four Zone meetings to speak on Membership and I have attended three clubs to speak on Membership and membership issues. And thankfully, I have spoken with several lions regarding membership issues throughout the year. Being a Lion is always something that I have always felt great talking about. I find I am thrilled with doing the Membership position as well. Talking to others about Lions, helping them when I can and just listening when I need to, is something that plays an important part of being the Global Membership Committee Chair. And it is something that I have always tried to do with pride.

One of the highlights of being the GMT Chair this year was the "Membership Meltdown" event that I worked on with 2nd VDG Lion Kevin Kimmerly. It was off to a rough start putting things together and dealing with others, but we persevered and together we held an event that we received very high praise for from the other Lions. We had over 60 Lions attend that event to learn more about the upcoming Global Membership Approach program that is coming this way. Actually, it has been happening in our District for the past 2 years but as the Membership Lions we felt it was time to bring it out to others and help them to get better prepared. Also, the advance knowledge will enable them to know where to start and where to look for answers if they need them. A huge thank you goes out to our Guest speakers at the event, PCC Lion John Whyte, CC Lion Mark Kelso and ZC Lion Ted Cook. And Thank you to the Tweed Lions Club for the use of their hall. Together we managed to pack a lot of information into the day, and everyone seemed to enjoy the day. We had a total of 21 Clubs represented that day and many Club Presidents and Membership Chairs.

I am hoping that we can make this an annual event that happens earlier in the year so that incoming officers will have the opportunity to learn about this method of planning your years as you begin.

Respectfully Submitted,

Lion Frank Hewitt

Lion Frank Hewitt Global Membership Coordinator





February 25, 2023

Governor Linda, Cabinet, Leos, Guests

This is my third report to Cabinet. As the festive season is now over many clubs in our District are now looking forward to nicer weather and serving their communities whether it be community breakfast or entertaining the Easter bunny. I was asked to talk about service at the 11 east, 11 west combination Zone meeting which was very successful with 57 members attending. I have also been asked to attend the 10 center and 10 south Zone meeting in Millbrook on March 15, 2023, to also talk about service.

Some Clubs are also working hard to make sure clothing and mitts and scarves are available for families in need and the homeless. Everywhere in our District, clubs are doing service to help people in crisis in their communities. There are also hygiene kits being made up for people in the hospital. We should all be proud of what we are doing in our communities regarding the environment as many clubs are already planning to do community cleanup of roads, trails and lakes, when the weather breaks. And remember the more service you do in your community and involve volunteers the more likely they will become members of your club.

I believe in the last quarter of this year all clubs will be busy with service.

Where there is a need, there is a Lion.

Respectfully submitted,

William Zwier

District A-3 Service Chair



Report #15 – Hearing Services/Home for the Deaf Chair Report to Cabinet

Hearing/Lions Home for the Deaf Report to Cabinet

DG Linda, Members of Cabinet, Lions and Guests:

I have just come from a Lions Homes for Deaf People Board meeting and am happy to report that although the last couple of years have been really tough for many of our clubs, your Lions generosity is still very much alive. Thank you!

As you know, most of Lions Homes for Deaf People funds are raised through your purchase and presentation of the Helen Keller Award. This Award can be presented to a Lions member or to a community member who has come to the attention of your club as a deserving recipient.

The cost for a Helen Keller Award at this time will remain at \$500.00 in spite of rising costs, especially for rushed shipping requests. We do need 4 to 6 weeks for production, from the time we receive your cheque to the time the award is in your hands. Please do try to help us by adhering to this guideline.

The new project that we are committed to supporting is really exciting. It will be a build of modular homes on a property in Brantford. Each single modular unit will provide housing for one person. Units can be joined to form a larger accommodation. They can be built as high as 3 storeys. Once all the Build begins (hopefully summer 2023) the project should be done in 12 months.

I look forward to you questions and appreciate this opportunity to share information with the Lions of A3.

Respectfully submitted,

Lion Sue Flanigan Hearing Chair Lions Homes for Deaf People A3



February 25, 2023

First the Good News – There is no Quiz & I will not be able to attend although that also means lion Cathy will not be there.

Bad News – Please find below some History taken from the excellent paper produced by PID Giles Melancon. This paper lists when Lions Clubs appeared in each of the Canadian Provinces, the club name and the city where they were chartered.

More Bad News – I will at the last Cabinet meeting of this year have a quiz for you on this paper as to when & where these Lions Clubs were Chartered. All of the information needed for the quiz is in this paper.

More Good News – I will send out in advance of that meeting a paper written and published in the last few days of 2019. The title is the "Best Year Ever for People Worldwide" a real eye opener for we critics and it was the time that COVID was on the move however it had not been announced to the world. The content and the timing were indeed ironic. Arguable is this history as the paper is only 3+ years old? Regardless, please read it! You can easily find the article by typing the title into Google.

Also, at this meeting I will be asking Cabinet Members what is it that the Lions from A-3 would like to know about Lions history?

THE FIRST LIONS CLUB IN EACH PROVINCE OF CANADA, TERRITORIES AND ST PIERRE ET MIQUELON ISLANDS, FRANCE

March 12, 1920 – Ontario Border City Lions Club Ontario now Windsor Downtown Lions club was chartered.

January 12, 1921 – British-Colombia, Vancouver Central Lions club was chartered. The oldest Lions Club in British Columbia is the Vancouver Central Lions Club (1921); however, the Spences Bridge and District Lions Club (cancelled in 1961) was the first club chartered in British Columbia.

December 12, 1921 – Manitoba, Lions club of Winnipeg was chartered.

September 14, 1922- Quebec, the Lions club of Montreal was chartered.

March 14, 1927 – Saskatchewan, Swift Current Lions club, it was cancelled in 1936.



January 30, 1929 – the Calgary Lions club Alberta was chartered.

November 21, 1930 – The McAdam Lions club in New Brunswick was chartered it was closed in 1935.

April 4, 1945 – The Lions club of Halifax Nova Scotia was chartered.

August 29, 1949 – The Montague Lions club Prince-Edward Island was chartered.

May 26, 1948 – Newfoundland, the first Lions club in the Colony of Newfoundland was the Corner Brook Lions club – * Bell Island first Club was cancelled 1953.

September 7, 1953 – The Lions club of St-Pierre & Miquelon Doyen was chartered. November 26, 1964 – Northwest Territories, the Yellowknife Lions club.

^{*}Information from the book, "We Serve A History of the Lions Clubs" page 308, by Mr. Paul Martin and also, f rom the book, "Lions Clubs: Th e Great Idea of Melvin Jon es" page 216 by Zander Campos da Silva.



February 17/2023

District Governor Linda, members of cabinet Lions all,

This is my second report as Honourary Chair,

Our next scheduled get together for the District A3 PDGs will be at the 49th Convention. There will be a breakfast get together on Saturday morning at 7:00 am for PDG's and their spouses. Thus far we have had eight responses but I expect to hear from a few more going forward.

This is our opportunity to meet our International guest so I would encourage all members of the Honourary Committee to make the effort to attend.

Respectfully submitted,

Lion Don



Report #18 - Hunger Chair Report to Cabinet



FEBRUARY 25, 2023

Governor Linda, Cabinet, Leos, Guests

This is my third report to Cabinet.

As of February 11 only 23 Club out of 49 have reported hunger service in our District. We are down 41.7% over last year at this time. January was hunger month and only 3 clubs reported hunger service for the month. I do understand this winter has been a challenge in planning service the way the weather has been. As lions we need to step up and help food banks, food kitchens etc. in keeping supplies available as they are running out of food.

And please report your efforts to MyLion so we can keep track at MDA and District level the service our clubs are doing.

Hopefully as the weather changes so will our services.

Respectfully Submitted,

William Zwier

DISTRICT A-3 HUNGER CHAIR



Report #19 - Leader Dogs for the Blind Chair Report to Cabinet

My Leader Dogs For The Blind report for the 3rd district A3 Cabinet meeting on Saturday February 25th 2023.

Good afternoon district Governor Linda, members of cabinet and other committee chairs. The winter weather has not slowed down your district A3 Leader Dogs for The Blind Chair. I have been very busy and that is how I love it to be. On January 10th I presented a Tribute Brick to one of our Chemung Lake Lions members and a great friend Dale Warren. He was very surprised, and I was surprised I kept it a secret for so long. It was a great time. On the 14th of January I went to a Zone meeting at the Chemung Lake Lions club and sold tickets on our fund-raising basket and gave out information as well. It was fun to meet with so many Lions and of course talk about Leader Dogs For The Blind. On the 21st and 22nd of January Barb Robinson and I did a 2-day event at Ren's Pets. The store donated a basket to us, and all proceeds went to Leader Dogs. I'll say again how proud I am of the businesses that we have contacted have been so great to us. Barb also sold hats she knitted at the store for Leader Dogs. They were \$10.00 and \$5.00 goes to Leader Dogs. It was a successful weekend, and we will go back again in a month or more. The Sherbet Lake Lions Club sent in a donation to Leader Dogs of \$500.00 and I have ordered a tribute Brick for them. Speaking of Tribute Bricks, the East Peterborough Lions club wanted to get a Tribute Brick with some of the money they collected for our Walk For Leader Dogs last June. I ordered it for them, and I was so proud to present it last Monday the 6th of February. I love doing the presentations. The Chemung Lake Lions Club Sponsored a Puppy at the meeting on the 10th of January. Her name is Jojo and I'll present her at our meeting Tomorrow night which is Tuesday the 14th. We have finalized our new location for our Walk for Leader Dogs that will take place on Sunday June the 4th 2023. Watch for more information about the walk soon. I have a fantastic hard-working committee and we'll have lots more to say soon.

Here is my contact information if you want to call or email me to talk about Leader Dogs. I can also do Zoom calls as well.

John Morris district A3 Leader Dogs For The Blind Chair, Address ap. 1010-300 Hedonics Road, Peterborough Ontario, K9J 4A5. Phone 1-705-876-1905. Email john.morris1998@gmail.com

Thank you.

Respectfully submitted,

John Morris and Leader Dog Casey your District A3 Leader Dogs For The Blind Chair.



February 17/2023

District Governor Linda, members of cabinet, Lions all,

This is my third report as LCIF coordinator for this Lions year and I continue my mission to educate, inform and encourage all members in all things LCIF.

I am very pleased to report that we have achieved over 90% of this year's fundraising goal despite the fact that there are still fifteen clubs that have not made a donation in support of LCIF.

I have several visits scheduled going forward to meet with our clubs and their members in hopes of educating everyone regarding the importance of our foundation.

With recent events in Turkey and Syria our clubs are once again digging deep to support the humanitarian efforts following this horrendous earthquake.

It is important to continue to share the stories from our district explaining the benefit of the grants we have received in support of our hospitals, recreation facilities (playgrounds) as well as how we were supported when disaster struck. We received a grant in support of our Vision screening equipment, a van for the Lions Foundation of Canada and the health care workers when Covid19 arrived.

I would ask that we all take the time to go to You Tube and view the Stories of Pride posted by LCIF, a great reminder of the importance of supporting our foundation. If we all did a little.....

The most selfish thing you can do in this world is help someone else. Why is it selfish? Because the goodness that comes to you, the good feeling, nothing is better than that.

Respectfully submitted.

Lion Don



25 February 2023

Lions Learning Day

Mark your calendars for Lions Learning Day 2023 4 June @ the Cobourg Lions Hall. Details are still being worked out and completed. You can look for a poster advertising the event coming soon. This will be an awesome opportunity for some valuable Lions education. There will be sessions for Club Presidents and Secretaries, orientation for mew members and info on Club promotion and marketing among others. There will be time for fellowship and Lunch will be provided free of charge.

I will be looking for volunteers to conduct the various sessions, so if you are interested let me know.

Respectfully submitted.

CC/PDG Lion Mark Kelso



February 25, 2023.

I have bad news and good news, which to give you first? Since I would rather end my report with good news, you are getting the bad news first.

Bad News- Very few of our District Lions Clubs have donated to the District A 3 Lions Quest. It costs \$350 to sponsor one educator to take the Lions Quest. This provides the participant with training on the use of the programme and with a full curriculum for one grade that they can use for as long as they are working with children and youth. It also gives the participant access to ongoing support from Lions Quest Canada for as long as they want/need any help or information. If every club sponsored one educator for \$350 we would be able to provide workshops to quite a few educators working with children and youth in our District. Please consider sending our District Treasurer, Jean Graham, a donation from your club. You are investing in the social and emotional well-being of our young people.

Sadly, even fewer of our clubs (only Denbigh/Griffith, Marmora Crowe Valley, Prince Edward County and Bewdley) have responded to the Lions Quest Canada request for support.

Lions Quest Canada has only 2 staff members working out of their own homes providing workshops, and materials and information and support to educators. Fairly regularly, reports are sent out indicating which clubs across Canada have supported the Lions Quest Canada appeal for funds.

Both of these Lions Quest funds need our support. Without the Lions Quest Canada staff coordinating and organizing workshops for educators working with children and youth across Canada, hundreds of young people are missing out on the opportunity to learn the social and emotional foundational skills for dealing with anger and frustration, preventing negative behaviors, and developing positive behaviors that increase academic performance. The Lions Quest approach includes explicit instruction in the classroom supported by schoolwide practices and policies and engages the family and community.

Please consider a donation to Lions Quest Canada and/or District A 3 Lions Quest budget line.

<u>Good News-</u> With the support of this year's Cabinet, some funds were added to the District Lions Quest budget line enabling some educators to take a Lions Quest workshop next month. On March 7 up to 5 educators will be joining the workshop. If you know of someone who might have 2 hours to take the workshop from 4-6 on March 7, please let me know asap. There is still room in the session which is held on zoom with some pre-reading and a webinar to watch before the workshop.



Report #22 - Lions Quest Chair Report to Cabinet

We are also hoping that we might have a school that would be trained in the late summer of this year. That session might be able to be an "in person" workshop which is great fun for all the participants. Keep watching for more details.

Many of our Lions Clubs are just starting to come out of the constraints of nearly 3 years of covid lockdowns and health scares. Some Clubs have not been able to maintain /restart their fundraising activities at the levels they had before March 2020. Everywhere there are incredible needs for the limited funds that each of us and our clubs have. Please consider Lions Quest at District and Canada wide whenever you are setting your Club budgets. Remember, Lions Quest belongs to Lions- we own it and provide it to children and youth in over 100 countries around the world. We need to support Lions Quest.

Respectfully submitted,

Janet Marissen

Janet Marissen, Lions Quest District Chair.



Report #23 - Literacy Chair Report to Cabinet

NURSERY RHYMES FOR TOTS- Literacy Activity Coleen Power Feb.25/23

Supplies: Photocopies of Nursery Rhymes for parents, Nursery Rhymes printed on large chart papers, pointer stick, markers, scissors, glue sticks, premade puppets on popsicle sticks, mitten puppet template or hand puppets of nursery rhyme characters. Snacks and drinks for parents and tots. Mats to sit on.

Opening Rhyme: « If You're Happy and You Know It, Clap Your Hands! » Etc. Parents sit on the grass with their babies or toddlers and sing while doing the actions required by the rhyme. -touch your head, touch your nose, tickle your belly, etc. Or stomp your feet, if standing.

Introduction Rhyme: « Where Is Thumbkin. » Stick up your thumb on the first hand, then the second hand whenever you sing that phrase.

However, the second time you sing the rhyme, use the name of a baby or tot in the group and he/she can stick up their hand or wave when they hear their name. In a small group, you can use this rhyme to get to know one another.

Other Nursery Rhymes

Touching/Tickling Rhymes: This little piggy went to market, Round and round the garden, Hickory dickory dock, Itsy bitsy spider

Bouncing Rhymes: Ring around the Rosie, I'm being swallowed by a boa constrictor

More Action Rhymes: Hey diddle diddle, One two buckle my shoe, A hunting we will go, London Bridge is falling down, Do your ears hang low

Lullabies: Little boy blue, Hush little baby

Snack Time: Serve Hot Cross Buns and juice boxes. You can play this nursery rhyme, plus all of the other rhymes, as a review, on your tablet or phone while the parents and tots snack on the grass. Provide some veggies for those who are gluten free.

Transition Rhyme: As snack time is coming to a close, the leader sings this rhyme while modelling opening and shutting his fingers and eventually the parents and tots will start singing and doing the same actions.

« Open, shut them. Open, shut them, Give a little clap.

Open, shut them, Open, shut them, Put them on your lap. »

Use this rhyme to settle the kids back down before teaching a new Nursery Rhyme, reading a short story, making hand or finger puppets or playing some games.

Circle Games: Duck duck goose, One potato, two potato, three potato, four Musical chairs or musical cushions/mats

Goodby Rhymes/Song: « Good night ladies. ». Instead sing

- « Goodbye kiddies, goodbye kiddies, goodbye kiddies, it's time to leave you now. »
- « Goodby mommies/daddies, etc. »

Notes: This is an extensive selection of nursery rhymes, so just pick a few to do for your Literacy Day activity with parents, babies and toddlers. You can find these rhymes on YouTube or Spotify.



Report #23 - Literacy Chair Report to Cabinet

Celebrate Literacy in the NWT

Parts of Baby's Body

In the first three months your baby will discover his hands and maybe his feet. It is iIT1 Ortdflt that your baby has some undressed and unswaddled time every day so that he can investigate his body.

• Play some finger and toe games to familiarize your newborn with his newly discovered hands and feet.

This Little Piggy

(As you say each line of the rhyme, touch each toe or finger in succession, starting with her thumb or her big toe.)

This little piggy went to market. This little piggy stayed home. This little piggy ate caribou. This little piggy had none. This little piggy cried, "Wee, wee, wee!" All the way home to his mom! (Tickle baby's hand or foot.)

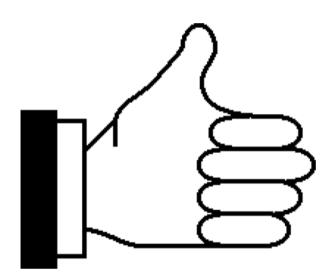




Report #23 - Literacy Chair Report to Cabinet

Where is Thumbkin? (Stick up one thumb) Where is Thumbkin? (Stick up the other thumb) Here I am (Wiggle thumb) Here I am (Wiggle other thumb) How are you this morning? (Wiggle thumb as if it is talking) Very well I thank you (Wiggle other thumb as if it is talking) Run away (Put thumb behind your back) Run away (Put other thumb behind your back_

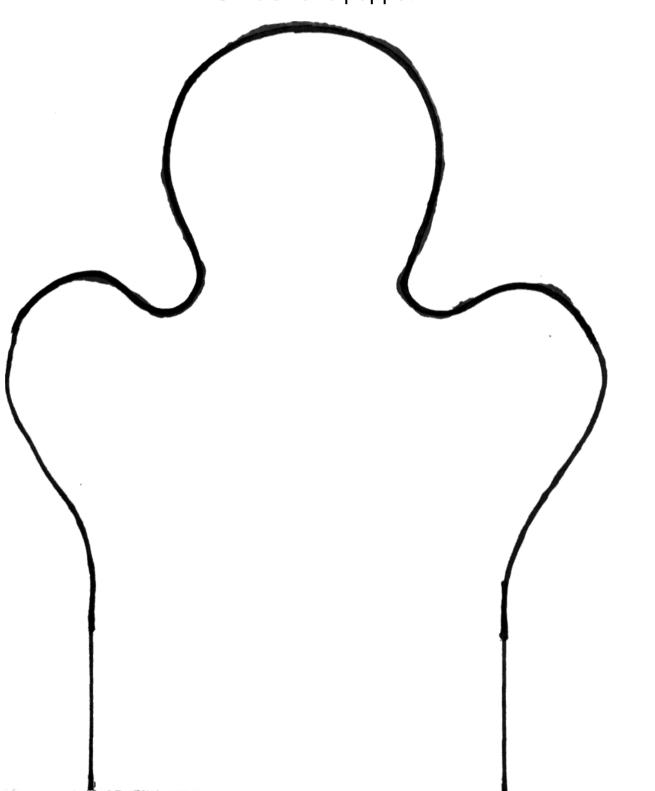
Repeat the verse using each of your fingers – pointer, middle man, ring man and pinky.





Celebrate Literacy

Puppet patterns Child's hand puppet



Report #24 - Technology & Webmaster Report to Cabinet



Date: Saturday February 25th, 2023

Location: Zoom Meeting

Re: 3rd Cabinet Meeting

Cabinet Members, District Officers, Lions and Guests,

Please accept this as my 3rd report to Cabinet as the Technology & Webmaster Chair.

E-WEBPAGE:

The webpage is always in need of updating. It is too bad that is isn't put to more use by our members. It an excellent tool to keep Lions up to date with what is happening within our District, within our Multiple District as well as within Lions International. It would save numerous emails going out to individual Lions as well as a wonderful way to keep history of events, Zone Chair happenings, etc. Now I realize that many members may not have emails, or computers or whatever however in this ever changing fast paced world we need to consider the necessity and the opportunity that can be provided by using this source of distribution. Quite often we hear how Lions are the best kept secret and the lack of use for avenues such as the District E-Webpage is a perfect example of how we can explode that myth and build our District.

DISTRICT FACEBOOK:

The District Facebook page is always a wonderful way to update Lions on what is happening TODAY, or what happened YESTERDAY. The only issue with posting it here is that as more people add their information or add their exciting news, others news gets pushed further down the page. This can cause things to disappear further down the page or force Lions to check it daily in order to keep up with what is happening with the District. However, I would encourage Lions to continue to showcase what they are doing. Things from NEW members, to presentations of awards; from service projects in your communities to various fundraisers around your club. These are important things to get out there and brag about.

These two items, while dying in popularity with many clubs are excellent methods of promoting your club and what you do. So I encourage you to continue to use both sources.

Respectfully Submitted

Lion Frank Hewitt

Lion Frank Hewitt Technology and Webmaster Chair



DISTRICT A3 LIONS CLUBS Comparative Balance Sheet

	As at 02/10/2023		As at 07/01/202	2
ASSETS				
Cash For Deposit		0.00		0.00
CIBC		20,057.62		0.00
TD Bank-DON'T USE		0.00		50,334.23
GIC-GIC-00019 10/24/23	20,000.00		10,503.27	
GIC-FLGIC-00027 -10/24/23	20,000.00		8,000.00	
GIC-FLGIC-00036 10/24/23	30,000.00		5,914.39	
GIC-Quest FLGIC-00043 10/24/23	4,830.00		7,852.69	
TOTAL INVESTMENTS		74,830.00		32,270.35
Advance Host Committee Conv		1,500.00		1,500.00
Equipment	_	848.12	_	848.12
TOTAL ASSETS		97,235.74		84,952.70
LIABILITIES				
Ukraine Relief		100.00		1,046.00
Camp Huronda		200.00		200.00
Vision & Hearing Machines		7,796.38		8,105.51
A-3 Hearing Machines		711.49		711.49
Eye Box Collection		-109.90		-109.90
Leo's		1,482.36		1,482.36
Effective Speaking	1,389.73		1,189.73	
Lions Quest	5,834.96		5,534.96	
Peace Poster	882.86		782.86	
Special Olympics	1,128.85		528.85	
Literacy	100.00		0.00	
Total Youth Programs		9,336.40		8,036.40
MDA Convention Income		5,693.00		5,693.00
I D Campaign War Chest	_	1,968.49	_	1,968.49
TOTAL LIABILITIES	_	27,178.22		27,133.35
EQUITE				
Current Earnings		12,238.17		0.00
Retained Earnings	_	57,819.35	_	57,819.35
TOTAL EQUITY		70,057.52		57,819.35

DISTRICT A3 LIONS CLUBS Comparative Income Statement

	Actual 07/01/2022 to	02/10/2023	Budget 07/01/2022	2 to 06/30/2023
INCOME				
District Due		11,970.00		12,100.00
Investment Income		-13.79		91.00
Interest Income Cheque Acct		400.00		50.00
G A T Subsidy		3,681.43		1,000.00
G L T Subsidy		0.00		1,000.00
TOTAL INCOME	-	16,037.64		14,241.00
EXPENSES				
Bank Charges		21.00		10.00
Cabinet Meeting Meals	600.00		1,050.00	
TOTAL EXPENSE CABINET MEETINGS		600.00		1,050.00
Cabinet Secretary Supplies/Printing	0.00		100.00	
Secretary Yearly Honorarium	400.00		400.00	
TOTAL CABINET SECRETARY EXPENS		400.00		500.00
Cabinet Treasurer Postage	31.19		50.00	
Cabinet Treasurer Supplies	22.60		50.00	
Cabinet Treasurer Yearly Honorarium	400.00		400.00	
TOTAL CABINET TREASURE EXPENSE		453.79		500.00
Cabinet Yearly Honorium		1,200.00		1,200.00
VDG Extra Expenses		0.00		500.00
GMT Expense	0.00		200.00	
GST Expense	0.00		200.00	
GLT Training	0.00		200.00	
TOTAL GMT EXPENSES		0.00		600.00
Cabinet Officer Training	69.60		1,200.00	
Club Officer Training	0.00		500.00	
TOTAL TRAINING EXPENSE		69.60		1,700.00
GAT Mileage		0.00		400.00
District Awards	0.00		200.00	
District Governor Awards	0.00		800.00	
TOTAL AWARDS		0.00		1,000.00
Guest Speaker Donations		0.00		500.00
Badges & Crests		996.83		1,500.00
Misc Expenses		58.25		0.00
New Club Regalea		0.00		1,200.00
International Spouse Travel		0.00		1,000.00
Dr. Patti Hill Campaign	_	0.00		1,250.00
TOTAL EXPENSES		3,799.47		12,910.00
		12,238.17		1,331.00



Report #27 - Vision/Hearing Chair Report to Cabinet

February 25, 2023

This is my third report to cabinet. I have contacted the existing District co-ordinators for Vision/Hearing screening and have directed them to send the hearing machines away for recalibration. The invoices will be sent to District Treasurer Lion Jean Graham as well as the receipts for shipping costs.

I have had several clubs in the District reporting that schools have been contacting them to set up vision screening. I still have not been able to obtain permission from the school boards but have directed the clubs to go ahead as long as the Principals of the schools will accept responsibility for them being in the schools.

I will continue to work with local politicians to see if we can win back our positions in the schools.

Respectfully submitted by Lion Nancy Lane District A3 Vision/Hearing Chair



Report #28 - 10C Zone Chair Report to Cabinet

As of January 31, 2023, all 10 Centre Zone Chair club visitations are complete. In January I made club visitations to both the Peterborough and East Peterborough Lions Clubs. I also had my second zone advisory meeting on January 9th, 2023 at the Bewdley and District Lions Club. This meeting also was invited to clubs from 10 South and 2 of their clubs came. This meeting focused on Global membership with guest GMY Frank Hewitt. My next zone meeting will be on March 15th, 2023, at the Millbrook and District Lions club. This meeting has also been extended to clubs in 10 South. The focus of this meeting will be club service with GST Bill Wier as Guest Speaker.

The Millbrook and District Lions Club held a breakfast on January 15th, 2023.

The Bewdley and District Lions gave a donation to Community Care in January of 2023.

The Kendal Lions Club held a breakfast on February 12, 2023.

For Hunger Month the East Peterborough Lions Club gave a donation to the Kawartha Food Share.

The Peterborough Lions club is planning a golf tournament on July 22, 2023

Submitted by Kirby Park

10 Centre Zone Chair



This is my third report to Cabinet.

I completed all my club visits as of January 10, 2023, and have held two Zone meetings. My second Zone Meeting was held at the Chemung & District Lions Hall with Lyn Giles from Five Counties Children's Centre in Peterborough and Lions Theresa Hewitt and Nicole Hewitt for Special Olympics as the guest speakers.

My last Zone meeting will be held at the Marshland Centre in Lakefield on March 11, 2023, Lion Janet Marissen will speak on Lions Quest and LFC Dog Guides.

All clubs in the Zone are very active in their communities. One club is struggling with low membership but is very positive and are actively seeking new members. I will stay in touch with them and have offered my assistance when needed.

Zone 10N has an increase of 3 new members and unfortunately have 1 deceased member reported.

Respectfully submitted by Zone 10N Zone Chair Lion Nancy Lane



Zone 11 East Chairperson Lion Ron Duesharm Official report

Since the last Zone meeting, I have been fairly busy.

Picking up eyeglasses and delivering them today and Ross.

I attended Newburg - Camden East for my official visit with 8 of our members. We celebrated their 15th Anniversary.

I now have visited all my clubs in my district.

I inducted two new members into the Kingston Lakeshore West Lions Club.

We had our third joint meeting at Kingston Lakeshore West Lions Club on February 2nd. We had 63 Lions members attend. Zone Chairperson Lion Dale Morley 11 West and myself 11 East strongly feel this is the best thing for the zones.

Respectfully submitted. Zone Chair Lion Ron Duesharm



Report #31 - 11W Zone Chair Report to Cabinet

During this time period I visited the Tamworth Lions, Odessa Lions to induct 2 new members and co-chaired a joint zone advisory meeting at the Kingston Lakeshore West Lions. I only have one more zone visit, which is to Verona, and I am sure that I can manage to fit it in.

As well, 2nd Vice District Governor Kevin Kimmerly visited my home club Verona Lions for his official visit and was very much appreciated and welcomed for his presentation.

I also went to the Membership Meltdown presented by 1st Vice District Governor Frank Hewitt. This was very informative and well presented to the attendees. Kudos to all!

Respectfully submitted,

Lion Dale Morey Zone Chair 11W



Report #32 - 43S Zone Chair Report to Cabinet

District A3 2022/2023 3rd Cabinet Meeting

Zone 43 South

February 25, 2023

- COVID finally caught up with me at Christmas.
- November Informal Visit to Trenton Lions to hand out Service Chevrons.
- December January
 - Assist Lions FVDG Frank, SVDG Kevin, PID Terry and PCC John in preparation for Membership Meltdown To be held at Tweed Lions Club.
 - February 4 Attended 'Membership Meltdown at Tweed Lions Club.
- Regularly participated in Lions Club of Brighton meetings and Events
- February 6, 2023 Zone Chair Visit to Lions Club of Colborne. Rescheduled since October.
 - Presented Lion President Jim Peters with the LCIF Maple Leaf Club certificate and the Diabetes Canada Certificate of Appreciation.
- February 26, 2023 DG Advisory Committee meeting Membership
 - Lions Club of Colborne Hosting.
 - Global Membership Approach Continued from Tweed.
- Communication with Clubs:
 - Passed on region/Zone Chair Nomination Instructions and forms.
 - Provided each President with names of Lions in their clubs who I saw met the qualifications for ZC.
 - Reminded Clubs that Nominating meetings are to occur in March. Elections to be completed by April 15.
 - Reviewed Membership Growth Statistics.
 - Discussed SERVICE Reporting. (Some improvement over last year)
 - Discussed Monthly Membership Reporting (MMR) requirements.



Report #32 - 43S Zone Chair Report to Cabinet

- Reviewed LCIF Donation statistics.
- Reviewed outstanding accounts payable to LCI.
- Reminded club of District Convention Date and Location.
- Reported on LCICON Date and Location.
- Promoted DG Advisory Committee Meeting Membership in Colborne.

Respectively Submitted:

Ted Cook, ZC