
LIONS & THE ENVIRONMENT



DISTRICT A3 NEWLETTER

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STAYING GREEN DURING COVID 19

Going green in the regular everyday routine takes hard work, dedication and will power. It's definitely not an easy lifestyle change to take on, especially when our world is built for convenience. But how do we keep staying green during COVID 19?

Our options have become limited such as bringing our own containers to the bulk food stores and not being able to use reusable shopping bags. To eliminate any kind of cross-contamination, our reusable items need to be washed after every use. Even if you've mastered the trick of using your reusable shopping bag while collecting groceries, you still need to clean that bag after every use. So...how do we stay environmentally conscious during a time of worldwide crisis?

ENVIRONMENTAL FUNDRIASING IDEAS

- Scrap Metal Collection - pop cans or junk metal
- Bottle Drive
- Teracycle Programs - [Terracycle.com](https://www.teracycle.com)
- Yard Sale
- [Rainbarrel.ca](https://rainbarrel.ca)



THE FOUR RS

BALANCING THE ENVIRONMENT AND OUR HEALTH



DON'T BE A SINGLER USER

Single use masks and gloves have an important part to play during this pandemic. Even I keep a spare set of each in my car. But do you really need to use a single use protection everytime? Many of our Clubs have members making masks and doing fundraisers. Get yourself 2 or 3 really comfortable ones and keep them washed up. And Speaking of washing, proper hand washing is just as effective as using rubber gloves. Just do it right and DONT TOUCH YOUR FACE!



GREEN AND CLEAN

You don't need to use single serve cleaning products in your home. Use old sheets and linens for rags and keep them in their own wash pile. You also don't have to disinfect every surface in your home daily. Just do the common touch points along with your regular cleaning schedule. Make sure to wash your hands and items you bring into your home.



SHOP LOCAL

There are so many reasons to shop locally but did you know it's better for the environment? Locally grown foods are more nutrient rich, have a smaller carbon footprint, preserves open spaces and preserve local genetic diversity. It also taste better! Locally sourced products and services are also better for the environment because they have less distance to travel to get to your door. And we all know that the biggest supporter of Lions Clubs are local buisness so its win-win!



BE CREATIVE

Your favorite grocery store won't let you take your reusable bags in? Nothing is stopping you from loading them back in the cart and bagging them at your car. Keep thinking outside the box Lions. We're all in this together.