

# 5<sup>SW</sup> LIONS' PRIDE

Volume 3 Issue 9 May 2016

## Club Activities

### Custer Lions Club



**Health care cash.** Custer Lions Club members Bob Kloss, Edie Dustman, Elaine Kloss, Dusty Dustman and President Bruce Doughty present Sue Swartz, front, with \$150 for the Custer Mamo or Bust program to bring mammography equipment to Custer.



**Bunco Night.** Custer Lions Club sponsors a local Bunco night with 48 participants and 13 Custer Lions Assisting with the event that was held at the Custer County Annex. Portions of the funds received that evening were sent to LCIF for disaster relief somewhere in the world. (Photo by Lion Dusty Dustman)

#### Diabetes Awareness

I'm Linda Vollmer, 5SW and Multi District Diabetes Chair. Five years ago at the Piedmont Valley Lions Club Breakfast fundraiser, I was told my blood sugar needed to be checked by a doctor. So I called my doctor for a fasting blood glucose test and consequently I was started on medicine. That is why I am very interested in diabetes and volunteered to be the Diabetes Chair. Each month I will have a column titled "Dear Linda" and will answer questions on Diabetes.

Dear Linda:

Is it important to be checked for Diabetes?

It is very, very important. High blood sugar is where the body either does not make enough insulin

or the body does not use the insulin correctly. The consequences are very serious. It can lead to heart problems, kidney dialysis, amputation of limbs vision problems and death. All it takes is a little pin prick. The short time could end up saving your life. Rethink and get tested.

Dear Linda:

I was recently diagnosed with diabetes. What should I do?

The first thing I would do is take a diabetes class. Ask your doctor or check at your hospital for dates and times of classes. Next I would go on line to Lions Clubs International at [www.lionclubs.org](http://www.lionclubs.org) and click on the diabetes site. They have lots of very good information. Also

you can go to [www.diabetes.org](http://www.diabetes.org) and that site will bring up loads of information. I also watch what I eat and exercise. Good Luck. Diabetes is very controllable.

I am a Lion and we are trying to increase the awareness of diabetes. We want people to be diagnosed early and be treated, so they will not get diabetes related complications.

I am willing to come to club meetings, zone meetings, district meetings etc. to do programs, set up a booth or whatever is needed. Contact me: Lion Linda Vollmer at 605-456-1055 or 605-593-7764 or by email: [lvollmer@sdplains.com](mailto:lvollmer@sdplains.com)

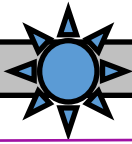


**Door man.** PDG Doug Scheller of the Rushmore Lions Club hands out information packets to visitors to the Home Show at the Rapid City Rushmore Plaza on March 12. Rushmore Lions worked 70 shifts during the 5 day event as one of the club's annual fundraiser. (Photo by Lion Terry Peterson)



**Ladies Aid.** Evening Star Lions Brenda Fauth, Sheila Paulus, Cheryl Logan and Bev Drabek sell items for their annual bake sale on Apr. 13 at the Regional Hospital in Rapid City. Proceeds will be donated to Hospice. (Photo by Lion Terry Peterson)





**Breakfast.** Serving breakfast on March 20 in Piedmont, 4-H club members Marty Reeve, Gabe Reeve, and Nate Reeve deliver beverages to hungry guests and assist the Piedmont Valley Lions Club during their semi-annual Sunday morning breakfast. (Photo by Lion Ted Pukas)



**Visitors.** Ipswich high school exchange students speak to the Ipswich Lions Club. Lion Heidi Graves presents Elena Andreo-Spain, Katherine Tsang-Hong Kong, David Lage-Brazil along with host mother Lynette Mulder. (Photo by Lion Sylvia Davis)



**Egg Beaters.** Downtown Lions Club members Melanie Alexander, Travis Freier and Tanner Oman cook eggs for their annual pancake breakfast to support the 6th grade children's chorus in Rapid City on April 24 in the Lions Building. (Photo by Lion Terry Peterson)



**Showman.** Custer Lions Club members took turns manning a table at the local trade show on March 5. Dusty Dustman, Elaine Kloss and President Bruce Doughty await visitors. (Photo by Lion Edie Dustman)

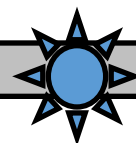


**Charter Night.** New Leos from the Custer Middle School gather in Custer on April 16 to celebrate the official beginnings of a new Leo Club. Lions supporting the club in the back include Lions Dusty Dustman-sponsor, Bruce Doughty-Custer Lions Club President and District Governor Chuck Edwards. (Photo by Lion Ken Gifford)



**Garbage Day.** Metro Lions Club members gather on Earth Day to pick up trash on the north side of the Central States Fairgrounds in Rapid City. (Photo by Lion Darryl Moll)





## The District Governor

As my year as District Governor is slowly winding down, I feel a little bit down. It is hard to know that I will not be visiting all the clubs as the DG again. That will be done by a very capable Lion in DGE Terry Peterson. I would like to wish DGE Terry the best of luck and safe travels.

I visited the Custer Leo Club on April 16 following a visit to the Community Pride Lions Club and I had a wonderful time at both. I wish the Custer Leo Club the best of luck in their endeavors and encourage them to always take the extra step to succeed.

On another note I will be visiting the Nisland Lions Club on June 7. I have yet to visit Ellsworth or the Mobridge Lions Club.

I encourage all our Lions Clubs to support sending youth to the Camp in Canada. A letter was sent to each club asking for donations to cover the cost of 4-6 youth and an adult going to camp.

On May 7th we held the final cabinet meeting of my year in Rapid City. Secretary Neil Vollmer will be getting the minutes out shortly.

All Lions Clubs are asked to turn in your slate of officers to Galen Jones at [gjones@rushmore.com](mailto:gjones@rushmore.com) or mail them to him at 626 St. Patrick St. Rapid City, SD 57701.

My next trip will be to Regina, Sask. for the MD 5 Convention, May 26-28 where the Council of Governors will complete unfinished business.

A final note: the centennial for LCI is in 2017 and MD5 is planning a great convention in

Deadwood May 17-20, 2017. All clubs are encouraged to put an entry into the Centennial Parade. The convention will be held at The Lodge.

It has been a wonderful year and in closing, be safe and may the Good Lord Bless all of you.



**Chuck Edwards**



**Zone Chair Training.** April 9th brings zone training to Rapid City for the next year for, front: Zone 4 chair Dusty Dustman, Zone 2 chair Linda Vollmer, and Zone 3 chair Lon Carrier. Back: Zone 5 chair Scott Jensen, DGE Terry Peterson, PID trainer John Daum. **April 23rd** brings zone training in Pierre for, front: Zone 7 chair Colin Keeler,



Zone 6 chair Jan Endes, and Zone 1 chair Barry Lapp. Back: District Administrator Gary Johnson, DGE Terry Peterson and PID John Daum.

**\*Custer Lions Club** assisted Lions from Rapid City on Feb. 17 as they conducted vision screening of 80 Custer Elementary School children.

**\*Evening Star Lions Club** donated 15 stuffed animals to Mommy's Closet and donated lots of books to Aglow Ministries.

**\*Piedmont Valley Lions Club** conducted vision screening of 100 children at the Piedmont Elementary School and assisted with vision screening in Custer & Sturgis.

**\*Buffalo Lions Club** sold tickets at girls basketball games and held a community wide Bingo night.

**\*Rushmore Lions Club** donated \$150 to Feeding South Dakota.

**\*Onida Wheatland Lions Club** sold ads at girls and boys basketball tournaments.

**\*Spearfish Lions Club** hosted its annual Palm Sunday breakfast.

## BITS & PIECES

**\*Hot Springs Lions Club** collected 474 sets of glasses and 2 hearing aids to be sent to Sioux Falls and assisted with repairs at Evan's Plunge.

**\*Murdo Lions Club** held a Chili Contest and Pie auction raising over \$3300, donated \$200 to the Jones County Senior Citizens Center, held a Bingo night, and sold tickets at girls and boys basketball games.

**\*Presho-Medicine Creek Lions Club** sold tickets at basketball games, hosted a booth at the local Farm and Home Show, and had a float in the St. Patrick's Day Parade.

**\*Ipswich Lions Club** gave three \$50 gift cards for food for need families, collected 64 pairs of glasses, served concessions at basketball and wrestling events and donated \$250 to the post prom party.

**\*In Memorium:** Metro Lion Don Schafer and Downtown Lion George Brown.

**\*Pierre-Ft. Pierre Lions Club** read publications to take for visually impaired, paid \$165 for eye exams and glasses for individuals, screened 77 children, and hosted its annual Irish Stew Feed.

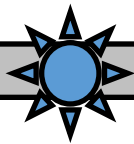
**\*Hills City Lions Club** donated \$100 to the Hills City Arts Council and \$50 to the Dakota Sight & Health.

**\*Gregory Lions Club** donated funds to the Park Performance Center to help build an outdoor theatre in Gregory.

**\*Chamberlain Lions Club** donated \$200 to Junior Achievement program.

**\*Belle Fourche Lions Club** held a pancake breakfast, hosted a dodge ball tournament and conducted kindergarten vision screening.

**(Editor's Note:** Photos above taken by, **left:** 2nd VDG Tim Brown; **right:** DGE SSE Larry Buntrock)



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### **The Lions' Pride**

The Lions' Pride will be published every six weeks for all members of the 5SW district. Every effort will be maintained for accuracy, however mistakes may occur. Our apologies go for any errors that may happen in publication. Submissions by any club or club members are welcomed and encouraged, but please limit them to 100 words. The deadline for publication in the "Lions' Pride" will be the 28th of each month. Submissions should be sent to the editor, Lion Terry Peterson. Send all photos and information to: [TLP51649@aol.com](mailto:TLP51649@aol.com)

**DISTRICT WEBSITE: [E-DISTRICT.ORG/SITES/5SW](http://E-DISTRICT.ORG/SITES/5SW)**

## **Multiple District 5 Convention—Regina, Sask.—May 26-27-28, 2016**

### **Registration Form**

Name \_\_\_\_\_ Lion Lioness Leo Guest  
Name \_\_\_\_\_ Lion Lioness Leo Guest  
Club \_\_\_\_\_ District \_\_\_\_\_  
How many conventions attended \_\_\_\_\_  
Address \_\_\_\_\_ City \_\_\_\_\_  
State \_\_\_\_\_ Zip \_\_\_\_\_  
Phone \_\_\_\_\_ Cell \_\_\_\_\_  
Email \_\_\_\_\_

#### **Registration Fees:** (All fees shown in Canadian dollars)

Before March, 15, 2016..... \$150.00      x \_\_\_\_\_ People  
March 16-May 15, 2016.....\$160.00      x \_\_\_\_\_ People  
Walk in at Convention.....\$175.00

Make checks payable to **Lions MD5-2016 Convention**. Send registration form to Lion Pearl Peters, PO Box 26, Regina Beach, Saskatchewan SOG 4CO Hotel Accommodations: Travelodge Hotel South, 4177 Albert St., Regina, Sask. 1-306-586-3443 Rooms are blocked until Ap. 15 at \$139.00-\$145 per night plus tax. Ask for MD5 Convention room.

Extras: Golf Thursday May 26 \_\_\_\_\_ x \$50. Friday BBQ @ \$15 per person x \_\_\_\_\_ Thursday. Council Spouse Tour @ \$15 per person x \_\_\_\_\_. Questions? Contact PDG Ken Peters, Chair at 306-729-4428 or cell 306-536-3294.