



# 5-SW LIONS' PRIDE

## *District 5-SW Club of the Year Honors Announced during Virtual Convention*



### **Ipswich Lions Named District 5-SW Club of the Year**

Pictured with students from the School for the Visually Handicapped in Aberdeen, SD (obviously pre-Covid), members of the Ipswich Lions Club served pizza to a hungry group of students two years ago at the School for the Visually Handicapped in Aberdeen, SD.

This is just one of the projects the Ipswich Lions helps with each year allowing us to follow the Lions motto "We Serve". Named this year's District 5-SW Lions Club of the year by District Secretary Neil Vollmer of Newell, SD., the club received the honor during the recent District 5-SW Fall Rally held virtually from Rapid City, SD. Other Lions Club winners taking home honors this year included: *2nd place: Custer Lions, 3rd place: Newell Lions, 4th place: Rapid City Rushmore Lions and 5th place: Onida Lions Club.*

The Ipswich Lions Club provides concessions for all Ipswich High School Athletic Activities including football, basketball, volleyball and track. The club also awards four \$500 scholarships each year to graduating seniors, supports local causes such as helping to purchase a new enclosed trailer for the Ipswich School and supporting the Ipswich Tiger Post Daycare Center and providing snacks to the after-school homework club. The club has also donated to Lions International, the Leader Dog program and the SD Lions Foundation in order to help serve those in need.



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## Thoughts from the District Governor's Desk...



Fellow Lions,

The holidays are here. It's been a roller coaster time. Even though we are still in the Covid-19 environment, many of you Lions in the District are still out there providing services to your fellow members along with the community on a regular basis. Keep up the good work but please do it in a safe manner. Please keep in constant contact with your fellow Lion members. This pandemic is causing widespread isolation and quarantining. This, in turn, can cause loneliness, depression and thoughts of suicide. Please make frequent "wellness calls" to help them have a happy holiday.

I hope you and your family stay well and safe during these upcoming holidays.

We Look Toward the Future! 🦁



### HELP WANTED:

- \* *District 5 SW 2ND Vice District Governor*
- \* *District 5 SW Cabinet Secretary*
- \* *District 5 SW Diabetes Coordinator*

**Interested?** Please contact District Governor Richard Waits  
[waits5sw@gmail.com](mailto:waits5sw@gmail.com) or call 605-484-6211



## Live Auction is final event of the 2020 South Dakota Lions D5SE-5SW Virtual Convention

PDG Neill Volmer of Newell, SD conducts a live auction during the recent virtual convention held in Rapid City. The winning bid on “Eyevan” the traveling ceramic lion was made this year by D5-SE DG Krisha Stroschine for \$400. The winning bid allows DG Krisha the honor of hosting the lion until the next D5-SE/5-SW auction, held during the next Lions convention in fall of 2021.



As a side note, the ceramic lion “Eyevan” was made by Lion Bev Drabek in the early 1980’s. It was raffled off at a 5SW Fall Rally in Winner, SD with Virgie Gillette from Belle Fourche as the winner. Years later she brought it to a Charter Night to be auctioned off to raise money for a new Lions club. PDG Lion Jay Hendricksen bought it, and he was responsible for the cage being built around it. PDG Lion Jay then brought it to the State Convention to be auctioned off with the proceeds going to the South Dakota Lions Foundation. It later became “bouncing ball” where the club hosting the next year’s state convention was expected to be the high bidder for the lion. “Eyevan” has raised a great deal of money during his 30 year plus lifetime!

## ➔ What’s Up Next?

- \* **December 5** – International Leo Day
- \* **January 1** – Deadline for February newsletter
- \* **March 1** – Deadline for April newsletter
- \* **March 2** – Lions Day at the Capitol
- \* **March 26-27** – MD 5 Council Meeting (Internet Go-To Meeting)
- \* **May 20-22** – MD5 Convention – Grand Forks, ND

Please submit items for “What’s Up Next” to  
Lion Colleen Forkel, [forkel@valleytel.net](mailto:forkel@valleytel.net)



### *Diabetes (November 2020)*

This is most likely my last newsletter. Because of that I want to "re-emphasize" some of the "important" points I have talked about.

The first one that comes to mind for me is holidays. With Thanksgiving, Christmas and New Year's coming right on the heels of one another, we (diabetics) need to pay special attention to our diets. As I have said in the past, you "typically" don't have to avoid all the foods you like. What is important is that you don't give your body ALL AT ONCE things like potatoes, stuffing, gravy, breads and sweets. This means we can eat them in smaller portions or at different times. With that said, please make sure you are watching your sugar level (check your blood regularly), adjust your food intake accordingly and enjoy your family.

With that last comment, let me just say that the holidays are also one other addition to diabetes "trouble," that is STRESS. Preparations, family issues, fear of not getting (or receiving) the right present and so many other things add to a time that should be joyful. Concentrate on meanings behind the holidays: give THANKS, remember the first part of CHRISTmas and always remember that New Year's Day is just one more day in your life.

Let me end this newsletter with these words: diabetes is NOT a death sentence. Needless to say, it is a life altering event but, it is life. We are people and we are designed to change and grow. So, when something new comes along, we don't continue as if it never did, we adjust and move forward.

Visit your doctor frequently and love your family more often.

LIVE life!

Thank you for all your support.

Your 5SW Diabetes chair, Lion Del Neumeister.



# News from the SD Lions Foundation...

Jennifer Sigette, Executive Director

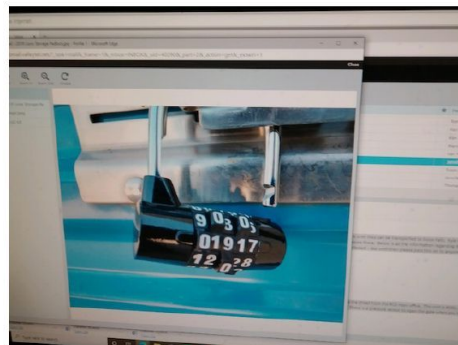
Since the closing of our physical office in Rapid City we have had a storage unit there to keep eyeglasses until they can be transported to Sioux Falls. I know area Lions (Belle Fourche, Hot Springs, etc.) have all periodically taken glasses there for storage. Below is information regarding the unit and pictures for everyone's reference.

## SD Lions Foundation Eyeglass Unit

Unit #281 at RCS Storage, which is on Fountain Plaza Drive to the east of Deadwood Avenue in Rapid City. There is a set of five buildings to the southwest across the street from the RCS main office. The unit is #281, and it is on the east end of the third building (close to the entrance). There is gated access to the area that uses a PIN code (#8765). It is five characters - you have to press the "#". There is a pressure sensor to open the gate when you leave, so you need to go in with a vehicle or you could get locked in. Put glasses in the unit when you collect them.

### Directions from the interstate:

- (1) Exit onto Deadwood Avenue.
- (2) Go south to Commerce Road Stoplight.
- (3) Turn east onto Commerce Road.
- (4) Turn north onto Fountain Plaza Drive
- (5) Units are on left. Input Code on keypad (#8765) and drive through gate.
- (6) Unit #281 is on northeast end of middle building Padlock combination is 01917.
- (7) Pressure sensor opens gate again when leaving

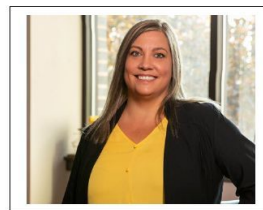




## A Thought or Two...

from Marcy Dimond

Executive Director Dakota Lions Sight & Health



### Dakota Lions Sight & Health Headquarters Facility in Sioux Falls, SD

Since 1990, Dakota Lions Sight & Health (DLSH) has been dedicated to meeting our Mission of *Helping to Enable the Restoration of the Gifts of Sight & Health*. We are headquartered in Sioux Falls, SD and have remote offices in Rapid City, SD and Bismarck and Fargo, ND. We serve the people and communities of South Dakota, North Dakota, Northern Nebraska, and Western Minnesota through eye and tissue donation and transplantation.

DLSH partners with over 162 health care organizations in our service area to facilitate eye and tissue donations. Throughout our region nearly 70% of all licensed drivers are registered as organ, eye and tissue donors. On average, DLSH receives nearly 5,500 potential donor referrals per year. Of that number, roughly 25% are medically suitable candidates for donation upon initial screening.

Last year, we recovered tissue from 886 donors who were able to provide nearly 1100 corneas for sight restoration and over 15,000 gifts of bone, tendon, cardiovascular, and skin transplants to recipients worldwide. DLSH offers a variety of industry-leading advanced cornea processing services to meet the surgeon and patient needs. Recovered corneas are typically transplanted within 3-5 days of recovery. DLSH makes every effort to place donated corneas in our service area first and if they cannot be placed locally, we work with our partners nationwide and globally to help fill the needs of people wherever they may be.

We strongly believe that we could not accomplish our mission without the support of the donor families who give the ultimate lifesaving and enhancing gifts. DLSH is dedicated to providing compassionate support to our donor families through our family care program. Support is provided through calls, in-person meetings, letters and support resources. Each year, DLSH honors our donors and their families through regional tribute events. This event brings together the donor families, tissue recipients, as well as donation partners to honor and thank those who have given the precious gifts of sight and health.

This amazing work we do would not have been possible without the foresight of Lions who believed the Dakotas should have an eye bank. As early as 1963, the Lions of South Dakota began a grassroots effort that would help to establish the organization we have become today. While we are proud of our roots, *we still need your voices and support as active and engaged members of the DLSH Board of Directors*. As clubs throughout the region have struggled to maintain numbers, we too have felt the impact. At our October Board of Directors meeting, a Governance Committee made up of members from each of the 4 districts was established. One goal of the Committee is to implement strategies designed to attract, inform, and develop active and engaged board members. We look forward to sharing this work with you. **If you are interested in learning more about how you can get involved, please reach out to us directly or visit our website ([www.dakotasight.org](http://www.dakotasight.org)) to learn more about who we are and what we do.**

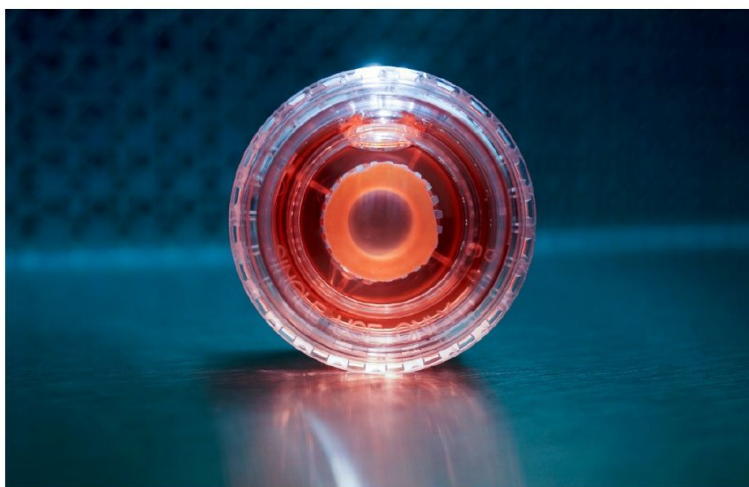
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*Dakota Lions Sight and Health ocular tissue processing laboratory with a cleanroom*



*Recovered cornea tissue in a viewing chamber*

*Please be sure to take a look at our new Dakota Lions Sight and Health Video which you can find at this link:*

**<https://www.youtube.com/watch?v=mYzx3P8jp5I&authuser=0>**

# Bits & Pieces



- Belle Fourche Lions collected aluminum cans for recycling
- Mobridge Lions sold concessions to assist the Mobridge Youth Organization
- Pierre/Ft. Pierre Lions provided a Vision Screening at the Ft. Pierre Youth Center
- Belle Fourche Lions collected and sold aluminum cans
- Rapid City Metro Lions did a Vision Screening for children in the Douglas School System
- Custer Lions donated \$540 to the Hospice of the Hills
- Eureka Lions spent \$425 to repair a reading machine

*Please submit items for Bits & Pieces to Colleen Forkel at [forkel@valleytel.net](mailto:forkel@valleytel.net)*



5-SW



## **Raise \$ for your club AND Support the SD Lions Foundation!**

*Your club can purchase cancer awareness bracelets for \$6 each and resell in your community. Bracelets retail for \$10-\$15, you decide how to sell in your community and everyone wins! Contact the SD Lions Foundation Office for more information and order forms. Bracelets will be shipped directly to you right away!*

**CALL TODAY 605-338-0551**

### **Upcoming Newsletter Deadlines:**

- January 1st – February Newsletter
- March 1st – April Newsletter



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***Newell Lions Complete Fall Work...*** Newell Lions Marjorie Adams and PDG Linda Vollmer do fall work on the Clubs flower garden recently. They removed this years growth and planted more bulbs. Lots more! The Club inherited this area from a local Flower Club about 5 years ago and have continued to expand it. The garden is located on Newell's Main Street. Two local individuals made donations this year as a Thanks to the Newell Lions Club.

*Courtesy Photo Neil Vollmer*

## CLASSIFIED SECTION

\*The Onida Wheat Land Lions Club has a magnifier machine that enables people who have vision problems to see and read printed material much easier. The machine Onida has is a MagniSight. The Onida Lions Club will give the machine to any Lions Club in South Dakota to use at their discretion.

If you wish to check this machine out, do a Google search at magnisight inc. MSJ-19 user's manual to look at the machine and what it is capable of doing. The machine was given to the Onida Club by the Pierre/Ft. Pierre Lions Club and has been in their local school library for the past few years. Since it is no longer needed at the school, the Onida Club would like to donate it to any Lions Club that would be interested in receiving it for their use. The original cost of the machine was about \$2400.

**Contact Info:**

**Lion Dale Schuett**

**PO Box 906**

**Onida SD 57564-0906**

**Call: 605-295-0226 or email at [cdschuett@venturecomm.net](mailto:cdschuett@venturecomm.net)**



**Lions 5SW Raffle Winners Announced**

|   |       |                               |
|---|-------|-------------------------------|
| 1st Place – Ruger American Vortex Rifle Package | \$550 | Tim Brown, Sturgis            |
| 2nd Place – Remington V3 Field sport Shotgun    | \$829 | Kyle Krause, Rapid City       |
| 3rd Place – Scheels Vortex Range Optics         | \$499 | Chelsea Alexander, Black Hawk |
| 4th Place – Yeti 65 Cooler                      | \$349 | Melisa Kraft, Belle Fourche   |
| 5th Place – Hypervolt Massager                  | \$349 | Roy Fauth – Miller            |
| 6th Place – Callaway Maverick                   | \$499 | Larry Nelson, Pierre          |
| 7th Place – Taylormade SIM                      | \$549 | Mike Heinz, Ipswich           |
| 8th Place – Oakley Flak 2.0 XL Sunglasses       | \$206 | Eureka Lions, Eureka          |
| 9th Place – Trek Men’s Mtn Bike                 | \$549 | Gayle Merscheid, Ft. Pierre   |
| 10th Place – Trek Women’s Mtn Bike              | \$549 | Bob Drabek, Rapid City        |
| 11th Place –Scheels Gift Card for Patagonia     | \$250 | Jim Treloar, Rapid City       |
| 12th Place –Scheels Gift Card for Nike          | \$250 | J. Martinisko, Rapid City     |
| 13th Place – Scheels Gift Card for Under Armour | \$250 | Kevin Daily, Spearfish        |

**Custer Lions Participate in Custer State Park Scarecrow Garden**

Members of the Custer Lions Club recently participated in this year’s Custer State Park Scarecrow Garden with the addition of “Larry”, the Lions Scarecrow. Pictured with Larry the Scarecrow is Custer Lions member Fred Mills.

*Submitted by Rebecca Swedlin, Custer Lions Club Secretary*



*To one and all...  
Happy Holidays  
& May your New Year  
Be Blessed!*