

5SW LIONS' PRIDE

Volume 7 Issue 1 - February 2020



Club Activities

Opioid Recovery Experience



Dr. Melanie Weiss spoke to the Lions about her experience with opioid addiction. She stated that it was such an accidental thing that grabbed her and controlled her life. It started following a series of surgeries and the Doctors had prescribed her opioid type pain killers. She stated that it took over her life. She told us that it relaxed her and made her less stressed. It wasn't long before she felt that she was a better Doctor for her patients when she took an opioid compared to times when she did not have the drug in her system. She even prescribed the drug for herself. But, that didn't provide her with enough opioid. She started going into her own Families homes and removing any opioid prescriptions that they had.

When she had cleaned them out, she then started entering the homes of her daughters Friends and stole from them.

One time, the lady of the house came home and caught her in the home and asked what she was doing there. She told us that lying became easy to justify what she was doing. Finally, someone who caught her in their home, turned her in to the police. She was sent for drug treatment.

Following treatment, she told us that her and her husband sat down and talked. She told us that her husband had seen that she wasn't her former self and that he just assumed that she was having an affair and didn't know what to do to help her. She now dedicates part of her time going out and speaking to schools and organizations about addiction and recovery. She has been married 25 years, has 3 daughters and a 20 year career in Optometry.

She was born and raised in Watertown and lives and works there yet. She told us that the community has been so helpful.

After treatment, she feared that nobody would even talk to her. But just the opposite has happened, the community has been so forgiving, kind, and thoughtful.

Dr. Weiss will be in the Northern Hills on March 25 & 26 to speak to kids and young adults, as well as the public. Location to be announced. Contact Lion Neil Vollmer for more information.

(Story and Photo by Neil Vollmer)

New Members Welcomed



Pierre/Fort Pierre Lions held its annual Christmas Party in early December. They had good food, fun games and raised money and food for the Pierre Pantry.

They welcomed and inducted 2 new members. Pictured from the left are Sponsor Geraldine Ray (District 5SW 2nd VDG), New Member Lion Dawn Iverson, New Member Lion Janet Martin, Sponsor Lion Chris Booth and Inductor Lion Colin Keeler.

(Photo by Lion Gayle Merscheim)

Mobridge Lions Club's Snow Queen Contest



2019 Snow Queen Competition. Winner receives \$500.00 scholarship. Put out a call for help with this event and we got 7 new members. This event is important to the community and we are thankful for the Lion's organization for allowing us to continue it.

Back: Loxie Shillingstad, Arlawayne Keller, Ashley Wientjes, Hayley Nickels, Erica Frey, Sr. Snow Queen TyRel Thompson, Jr. Snow Queen Caylee Dennis, Courtney Davis, Jenny Larson with son Owen Beitelspacher, Jason Brockel, Jessie Brockel, Lori Cox, and Shantel Goetz.

Front: Jade Mound and Karen Vogel. (All adults are Lions members)

Photo Taken by Brooklyn Vogel

Be sure to visit our District 5-SW Website at
<http://e-district.org/sites/5sw/>



State Convention Highlights...



International Director B. J. Blankenship presented IPDG Bea Gifford with her Progressive Melvin Jones Pin and honorarium. He congratulated her and Thanked District 5SW for honoring Lion Bea for her year as District Governor. (Photo by Neil)



Watertown Lions Club Members Tom Marquardt and Burt Anders go incognito for Friday evening's entertainment. Lions Tom and Burt were the Co-Chairs of the Convention. Other than the weather, which no one has any control of, the Convention was outstanding. Over 60 Lions and guests were in attendance. (Photo by Neil)



SD Lions Foundation CEO presents retiring Board Member Kyle Krause with a certificate for his years of serving.



District Governor Linda Vollmer presented 1st Vice District Governor Richard Waits with a Recognition Certificate for the New Voices program of Lions International.

(Photo by Neil)



Int. Director B. J. Blankenship presented an International Presidents Certificate of Appreciation to Lion James Treloar. DG Linda selected Lion James to receive the award for his work on publishing this year's S.D. Lions Directory. DG Linda noted that it is a huge effort getting all of the information gathered and formatting it for the publisher. (Photo by Neil)

We Serve



Belle Fourche Lions--2 Lions put in 13 hours into their aluminum cans recycling and made almost \$60 for the Club. They have a recycling bin in a local Grocery Store Parking lot.

BITS AND PIECES

Ipswich Lions conducted a Blood Drive recently. 10 Lions helped log in 20 hours of volunteering.

Onida Wheatland, Eureka, Faulkton, Selby and Ipswich Lions Club all participated in selling advertising for the upcoming Basketball Tournaments Program Books. The Books are a combined effort of the Clubs whose Schools will be playing in the Tournaments.

Rapid City Rushmore Lions worked on the Clubs Nature Park Path near Canyon Lake Park. 4 Club Members worked.

Piedmont Valley Lions prepared, gift wrapped and delivered Food and Gift Baskets to needy Families in and near Piedmont.

Onida Wheatland participated in the Community "Twas the Night Before Christmas" event. They gave out bags of popcorn, collected used eyeglasses and collected about 50 pounds of food for the Food Pantry.

Custer Lions made a monetary donation to the Ministerial Alliance for Holiday Baskets.

Newell Lions Club sponsored a Flu Shot Clinic where 5 Club Members worked about 20 hours. 21 people stopped in for a shot and 15 of them had their blood glucose tested.

McLaughlin Lions Club hosted a Zone Meeting in January. Zone Chair Jessie Brockel discussed ways to increase their Membership. The Club updated Lion Jessie on their Club Projects.

Ipswich Lions Club did a tour of Schools near them with the Lions Eye Screener. They screened children at local Hutterite Colonies, Leola, Roscoe, Hosmer, Faulkton, local Daycare Centers and the Ipswich Schools. These were done last fall.

Start Making Plans To Attend The 2020 MD5 Convention in Brookings SD May 21-23, 2020

Informative and exciting speakers and breakout sessions are planned. Enrich your lives and your commitment to Lions. Look for more details in the coming months.



Dr. Richard Holm, MD

Dr. Richard Holm, MD has cared for people of all ages but has concentrated on the care of the elderly. He is the host and medical editor of On Call with the Prairie Doc, a weekly, prime-time, one-hour television show on SD Public TV. In 2016 he was inducted into the SD Hall of Fame.

Dr. Lisa A. Schimmenti, M.D., is Chair of the Department of Clinical Genomics at Mayo Clinic Enterprise in Rochester, MN. Her research focuses on genetic conditions associated with hearing and vision loss.



Dr. Lisa A. Schimmenti, MD

V.J. Smith, author of the best-selling book, The Richest Man In Town, has worked for Allied Signal Aerospace in Kansas City, SDSU Athletic Department, and SDSU Alumni Association. In 2007, he pursued a career in professional speaking and is a two-time finalist in Toastmasters' International's "World's Championship of Public Speaking."



V.J. Smith

Please Find Registration Form on Following Page ►

Where There's a Need, There's a Lion



Be-A-Lion.org



ROARING WITH LAUGHTER!!

There was a zoo that was not having a good day. In the morning, the Head Bird Keeper found two dead finches in the Aviary. Things were worse in the Primate House; there were two dead chimpanzees. The Lion Keeper, wanting to be efficient, made his rounds and collected the dead animals. He then unceremoniously threw them to the lions. One of the lions, on observing what was for lunch, said, "Oh no! Not Finch and Chimps!"



We Serve

Lions of the Prairie...Growing Our Legacy with 2020 Vision

MD5 Lions 2020 Convention Registration Form

May 21-23, 2020 Swiftel Center 824 32nd Avenue Brookings, SD 57006

We Serve

Registrant Information

one per form

Name: _____

_____ Lion _____ Leo _____ Guest

Club: _____

Address: _____

City: _____ State/Province: _____ Zip/PC: _____

Phone: _____ Email: _____

Special Dietary Needs: _____

Registration Fees

Early Registration (postmarked by March 31, 2020)	US \$135.00
Registration (postmarked by May 1, 2020)	US \$155.00
Late Registration (after May 1, 2020)	US \$175.00

Optional Thursday Afternoon Activities (Choose one)

Agricultural Tour (Ag Museum, other)	US \$25.00
Cultural Tour (Art Museum, Children's Museum, McCrory Gardens, other)	US \$25.00
Golf (9 holds at Tee'd Off Golf Simulator)	US \$25.00

PAYMENT AND CONTACT INFORMATION: Checks payable to Lions MD5 2020 Convention. Mail to Lions MD5 2020 Convention, c/o Brookings Lions Club, 1454 7th Street, Brookings, SD 57006. E-mail: MD52020Convention@gmail.com. Questions should be directed to MD5 2020 Convention Chair, Cindy Ostlie, 605-697-6047.

REFUND POLICY: Refunds of convention fees shall be requested from the MD5 2020 Convention Committee Treasurer Cindy Ostlie, 1454 7th Street, Brookings, SD 57006 by April 21, 2020. After that date, requests should be made to the MD5 Secretary/Treasurer. No refunds will be granted 30 or more days after the conclusion of the convention.

HOTEL ACCOMMODATIONS: Hampton Inn & Suites, 3017 LeFevre Drive, Brookings, SD 57006, 605-697-5232 and Holiday Inn Express & Suites, 3020 LeFevre Drive, Brookings, SD 57006, 605-692-9060. The room block is guaranteed until Friday, April 20, 2020 at \$89.00 per night plus tax for regular room and \$105.00 per night plus tax for suite. Ask for Lions MD5 Convention room rate. Check-in after 3:00 pm. Check-out time 11:00 am.

RV ACCOMMODATIONS: If you plan on bringing an RV, Sexauer Park Campground is available in Brookings.



News from the District Governor

Dear fellow Lions,

State Convention has passed with mixed results. The weather prevented some of the Lions from attending.

If you didn't arrive in Watertown on Thursday there was no travel on Friday.

Our International Director was BJ Blankenship and his wife Carolyn from Tennessee. See pictures of Lion BJ in the newsletter looking like Santa Claus. One of the speakers was Dr. Weiss talking on her opioid addiction and how it affected her life. See article in newsletter. Other interesting speakers were Dr. Todd Decker on improving lives through better hearing and Jennifer Sigette from the SD Lions Foundation.



Now we need to move onto our officer training and informational seminars (aka Spring Fling). This will be held on April 18th at the Western Dakota Vo-Tech in Rapid City. Registration will be at 9:00 am. Some of the programs will consist of officer training, orientation training, panel of Clubs on what has worked for them in obtaining new members, Assistance Dog Program of Judd, ND. Speakers will also address LCI reporting of Membership and Club Activities.

One dollar was assessed per member to fund this event, therefore every member is welcome to attend with lunch provided. I have had 4 registrations, so please let me know if you will be able to attend.

It is time for elections. Please make sure your new officers are reported to Cabinet Secretary Neil Vollmer or Zone Chair Coordinator Jim Treloar by April 15th. Jim's email address is jvt57702@outlook.com.

Cabinet members, remember the Ice Cream Social Challenge. Good hunting for new Lions. JUST ASK!!!

MD 5 Convention will be held in Brookings on May 21-23. Please plan on attending. The registration form is in the newsletter.

Have a Blessed Easter.

**Lion Linda Vollmer, District Governor
District 5SW**



District Governor Linda Vollmer introduces guest International Director B.J. Blankenship for his Question and Answer Session of the Convention. Many Lions had questions for him about Internationals Programs and Plans. (Photo by Neil)

Club Activities



The Murdo Lions, along with the Murdo Area Chamber of Commerce served delicious meals at their annual BBQ dinner

For over 60 years, the Lions Club has delivered their savory roast beef dinner in/around harvest time in Jones County. For this year's dinner, the Murdo Lions dedicated 584 hours preparing the 1,600 pounds of meat, consisting of brisket, roast beef, and roast pork, along with the amazing 54' L x 3' D x 2' W roasting pit that was dug to cook all of the meat, as well as serving their delicious BBQ to hundreds of people.

Not only is the annual BBQ a huge undertaking and a great show of teamwork, it is also a major fundraiser for the Murdo Lions. The rely on the meat sales to help fund college scholarships, other student activities and rewards, and donate to the Leader Dog program.

Beyond the value of their hourly contribution, the Lions Club bestows upon our small town a sense of community pride, a giving mentality, and dedication to tradition.



District Peace Poster Winner: Alexa Roland of Rapid City had her Peace Poster entry judged as the best one in District 5SW. She received a cash prize from the Rushmore Lions Club, her Sponsor, as well as the District. Presenting her with the prize checks are 1st VDG Richard Waits and 1st Vice President Kevin Albers, both Members of the Rushmore Club.



District 5SW
Lions Club International
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Newell, SD 57760



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The Lions' Pride will be published for all members of the 5SW District. Every effort will be maintained for accuracy, however mistakes may occur. Our apologies for any errors that may happen in publication.

Submissions by any club or club members are welcomed and encouraged, but please limit them to 100 words. Submissions should be sent to Lion Neil Vollmer, by email at lvollmer@sdplains.com or texted to Neil at **605-490-0386**.

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Club Activities



Piedmont Valley Lions sponsor International Peace Poster contest at the Stagebarn Middle School.

Pictured are the 5th and 6th grade winners along with Lion Jolene Hanson, Club Peace Poster Chair.

Photo by Ted Pukas



"ON THE SPOT!"

Five members of the Belle Fourche Lions Club made contributions to Campaign 100 following a December 12th presentation by Past District Governors Doug Scheller and Tim Brown. Campaign 100 seeks to address global needs ranging from hunger, vision, and disaster relief to diabetes, youth, and humanitarian causes. Pictured (l-to-r) are: PDG Doug Scheller, Lion Jason Oedekoven (with blue hat), Lion Frank Walton, Lion Rick Walton, Lion Brian Kline, Club President Lion Kellen Willert and PDG Tim Brown.