



Upcoming Events

1st Cabinet – Sept. 21-22

Millidgeville LC/Simonds LC

2nd Cabinet – Nov. 16 -17

Kensington/Summerside LC

3rd Cabinet – Feb. 16 -17

Riverview LC

Convention – Apr. 4-5-6

Fredericton Inn

Our GAT TEAM

Ed Evans	District Governor
Donnie Walton	1 st Vice Dist. Gov.
Heather Macdonald	2 nd Vice Dist. Gov.
Bev Semple	Cabinet Secretary
Theresa Vicente	Cabinet Treasurer
Carlos Vicente	GLT
Luke Stennick	GST
Kathy Belliveau	GMT
Stewart MacDonald	GET

Lions District N 1

Liberty, Intelligence, Our Nations Safe

Let's Increase Our Numbers & Service

Newsletter

“Together, We Serve Better”

Notes from the DGO – District Governor’s Organization



DG ORGANIZATIONAL MEETING

NASHWAAKSIS LIONS CLUB

AUGUST 18, 2024

Meeting was called to order by DG ED Evans at 10:15.

Canadian National Anthem was sung by all.

Moment of silence was observed followed by the Lions Invocation.

Approval of the agenda by all.

Roll call was taken by a sign-in sheet.

DG Ed welcomed everyone. He thanked everyone for their support and mentoring and work together to make our district awesome.

International Presidents theme and video was shown.

Communication is a key, and the executive is setting an example.

He talked about Mission 1.5 and that we need to grow to serve our communities members by year end. We need to show our service to the communities.

DG ED’s motto is **Together We Serve Better.**

District Goals:

Global Extension Team (GET)-PCC Stewart MacDonal—to have 2 new clubs.

Global Membership Team (GMT)—Lion Kathy Belliveau—add 2 new members per

Global Leadership Team (GLT)—Lion Carlos Vicente—increase training sessions to

Global Service Team (GST)—PDG Luke Stennick—increase service reporting to 90

Lions Club International Foundation (LCIF)—PDG Paul Gauthier—increase donati

He commented on how important to the district. The Zone Chairs need the club

are the key to inform the district. DG Ed introduced Zones 1 and 8 need a Lion to

He reviewed the standing of our district, and we are starting out well on our way

DG Ed introduced all the District Cabinet Chairs and handed out their package an

He encouraged clubs to send info of your club to the newsletter chair and the fac

happening in you club. Share your activities. Looking to appoint Elections Chair,

FYI: Each page will have a little humor to begin with: Enjoy the experience!

Here are the upcoming dates for our training, awards nights, Cabinet Meetings and Convention for 2024-2025:

Sept 21/2024 - training and the PDG awards night will be held at the Millidgeville Northend in Saint John, NB. Info. on hotel and agenda to follow shortly

Sept 22/2024 - Cabinet Meeting is at the Simonds Lions Club in Saint John, NB

Sept 28/24 - 50th Charter Night of the Eastern Charlotte Lions Club at 358 Rte 175, Pennfield, NB

Nov 16/2024 - possible training (location to be determined) and the 70th Anniversary of the Kensington & Summerside Lions Club being held at the St. Eleanors Lions Club, PEI
Nov 17/2024 - Cabinet Meeting is at the Summerside Lions Club.

Feb 22/2025 - Cabinet Meeting is at the Riverview Lions Club

Apr 4, 5 & 6/2025 - Annual Convention at the Fredericton Inn in Fredericton, NB

Thank You

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DG LION ED EVANS

YOU ARE AWESOME AND TOGETHER WE SERVE BETTER



1st VDG Lion Donnie Message:

FVDG Goals

DG Ed here are a few of my goals for the 2024-2025 year.

Work hand in hand with the DG to accomplish our goals as a team.

Work with the GET to help bring 2 new clubs in the District.

Work with the GMT to promote and grow membership in clubs.

At present there are 11 clubs that have 10 members or less in their club, we need to go to them and help get new members or we will lose more clubs in the district.

I am happy to say I have reached one of my goals which was making sure each club in the district has a President, Secretary and Treasurer.

I also want to see more fun brought back to the district and the clubs. The tail twister would be a great way to ad fun.

Finally encourage the clubs to do more visits to other clubs. They will pick up some great ideas and spread the fellowship of Lions.

FVDG Don

From 2nd VDG Lion Heather:

Hello Lions and welcome to September!

It is really our kick off to 2024-2025 Lions year as many Lions Clubs take a step back during the summer season. We continue to serve but go into second gear come September.

This picture and similar pictures of lending a helping hand speaks volumes of what we do as Lions.

- We add value and assistance to our communities.
- We recognize the needs of others here and around the world.

As Lions we serve more than our immediate community, we all have a passion, whether it is our Lions Foundation of Canada Dog Guides, Diabetes, Portage Atlantic or Our amazing Lions Clubs International Foundation (who we sometimes tend to forget until a need or disaster occurs)

Technology Connecting the World



Technology has given us the ability to communicate without communicating in the conventional way. Remember the term ~ information highway? It was 34 years ago when then Senator Al Gore referred to the Internet as the information highway. Some will remember some will vaguely remember and other will say what!

When I think of technology I love the simplicity of email, messenger, pictures on our phones, we carry our adventures and memories in an album that fits in a pocket, impressive.

On the other hand, we forget that hearing that person means so much, taking the time to use the phone to call, share, welcome and hear their voice and emotion means so much to them and us.

Take the time to reach out, are we really that busy. Who really wants a virtual hug, not me!

Show that prospective member, how much you value their time and hope to bring them to the Lions Family. A friendly voice still means so much.

Together we serve better

CS Message:

CT Message:

GET Chair PCC Stewart MacDonald Message:

Position Overview

As the GET District Coordinator, your efforts directly impact the success of the MISSION 1.5 membership growth plan implementation and achievement of goals, as established. You will lead your district's efforts to charter new clubs. You will build and lead a team of Lions who share your passion for extension. You know how to connect with people and overcome obstacles.

Chairmans comments– My efforts will only be as effective as the team members that we put together when we go into a community to start a new chartered club, and our success depends on how hard we work the program and actively recruit the new members. I have chosen for my team from the executive board , Governor Ed., 1st VG Don, 2nd VG Heather, District Membership Chair Kathy, Service Chair Luke, District secretary Bev, District Treasurer Thereesa, District Leadership Carlos. Each one of these Lions will have a distinctive part to play in organizing new clubs. Then when we move into an area to start a new club we will add the zone chair for that area along with one or two guiding Lions. I am looking forward to working with some very enthusiastic Lions that share my passion for the expansion of our District.

We need the cooperation of all Lions Members in our District; this is not a one man show .

The proposed name of our first club started is Sunbury-York South. The next club on the horizon is in the area of Borden-Carleton P.E.I., which we are investigating at the present time.

That’s all for now, just be prepared to jump in to help when you hear of us coming to your area. A message for all Lions. If you know of an area that is not being served by a Lions Club please advise us of the area.

When we are having meetings with potential members it helps when Lions from a neighbouring club drop in and help us sell our Lions Organization.

Serving to help grow our District N 1.

Extension Chair PCC Lion Stewart MacDonald

Zone Chairs:

Zone 1 TBA
Douglastown LC

Zone 7 Lion Blair Carter –

Zone 2 PDG Lion Paul Gauthier - Parkdale Sherwood LC

Zone 8 TBA

Zone 3 Lion Shannon Johnston – Hunter River LC
Tobique LC

Zone 9 Lion Laura Clark –

Zone 4 Lion Clair Peters – O’Leary LC
Laking – McAdam LC

Zone 10 Lion Margaret

Zone 5 Lion Michelle Clark – Moncton LC
Nashwaaksis LC

Zone 11 Lion John Murray –

Zone 6 Lion Gerald Cormier – Bouctouche LC
Geary LC

Zone 12 Lion Jen Gardner –

Zone 13 Lion Cathy Scott – Simonds LC

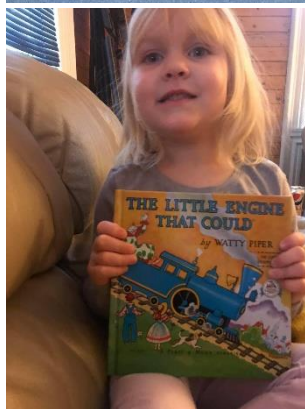
Global Leadership Chair Lion Luke:

Global Extension: Chair PDG Lion Stewart MacDonald:

Club News to share what's happening for the various corners of our District:

Thanks to all who sent in information to include! PCC Lloyd.

From the Geary LC



I got in on the topic of 'what is the point of a Lions Club' just the other night ... and I can put it into words, just as much as I can pictures. I've been a Lion for over 6 years and here's what I've

discovered in my six years of serving. Lions Club is an adventure, it's different day to day, week to week, year to year. Lions Club is Family, no not blood (well not always), Lions Club is community and giving back, Lions Club is volunteering, Lions Club is fun, Lions Club is recognition, Lions Club is international, and Lions Club is pin collecting. It's the journey of who you meet, the ones you mourn. Lions Club is helping those in need with hats, mits and scarfs in the cold months of winter, Lions Club is listening to ideas of fellow Lions and being able to donate 541\$ to the Chalmers Foundation because you at the time has one NICU baby... years later ive had all three NICU babies. Lions Club is celebrating the success of others, with awards and ceremonies. Lions Club is running against a fellow Lion for Membership chair and maybe bribing for that spot with M&M's for 'membership matters' Lions Club is trunk or treat to keep the kids off the streets late at night. Lions Club is bartending events. Lions Club is bringing in the youth as Leo's and getting them involved in the community and also recognizing their hard work. Lions Club is sponsoring a youth in Portage at Christmas time so they feel the love from others while they work on themselves. Lions is being baby Lion and playing it WELL! Lions is doing walk a thons, donating money to mental health, diabetes and more. Lions are donating Christmas food hampers to those in need. Lions is visiting other clubs with the potential of 'stealing' their gong. Lions is bringing your kids so you can attend meetings and activities even if that means putting them to 'work' or allowing them to sleep in the table. Lions is meeting fellow Lions from ALL over! Lions Club is handing out bursaries its extra special when the bursary recipient gets presented the cheque by her aunt. Lions is when your baby gets admitted for rsv receiving a thinking of you card and fruit basket for the rest of my family. Lions Club is donating pop tabs to the Shriners so they can make wheelchairs. Lions Club is Dolly Parton library making your kids ages 0-5 books free once a month (this depends on the club location) Lions is just this and so much more!

From Lion Sara Gardner

From the Cymbria LC:

The Ladies Branch Club have been very busy with numerous funeral meals this past month. This of course is a great benefit to the community.

On August 4th our Club held its annual Toll Bridge fundraiser which was a huge success. Twenty Club members took turns working shifts on the bridge with their buckets. A big thank you to Lion Denis and

Lady Lion Gladys for the use of their garage as a meeting place and to Lion Kendall for BBQing lunch for us all.

Between our meetings of August 7th and 21st, King Lion John handed out the 2023/24 perfect attendance pins to 21 of the 30 members in the parent Branch.

August 24th saw our Annual Car Show fundraiser with a total of 30 volunteers, both members and non-members, working the evening before for set up and for the day of the show. We had a total of 201 car entries which included some motorcycles and one antique tractor. We also set up a tent selling hot dogs, hamburgers and drinks. This event was a tremendous success! Thank you to Lions Bill and Gary for all their hard work getting this coordinated.



August 25th will be our last Ceilidh of the season. This has been a great two months of entertainment for the community and surrounding areas and a great fundraiser for the club to put back into helping the community.

Wedding Season will be starting in September and our Club Community Center is booked for every weekend in September.

Work on the annual Community Calendars has begun and will wrap up the 1st week of November with calendars being delivered in January.

Chase the Ace, one of our biggest fundraisers, will be starting up again on September 14th, after our much-needed summer break.

Upcoming events:

October 11th, 12th 13th the annual Thanksgiving festival with Texas Hold'em on Friday, Car Rally on Saturday and Turkey dinner on Sunday (sit down or take out)

2024 – 2025 Executive:

Parent Club: King Lion – Lion John Axworthy

Secretary – Lion Pierre-Yves Daoust

Treasurer – Lion Gary Moon
Administrator – Lion Judy Bryanton

Ladies Branch Club: President – Lion Anne Peters
Secretary – Lion Tineke MacGillivray
Treasurer – Lion Jean Axworthy

This coming spring, we will be celebrating **our 50th Anniversary** and will be planning lots of activities throughout the year to celebrate.

From the Kensington LC:



Kensington Lions Club participated in the Kensington Harvest Festival by having a float in the parade, sponsored a youth in the Ambassabor Youth Pageant. The Lions Club partnered with 2 local grocery stores selling tickets on 2 grocery draws valued at \$250.00 each. The winners

from Independent was Leila Thompson and the winner from Foodbasket was Kent MacKay. The Lions Club hosted a seniors card party in one afternoon and the winners were 1st--Harvey Gallant, 2nd--Rona Burt, 3rd--Sandra Thompson, and 50/50 winner was Pat Driscoll. The Lions Club also did 50/50 draws each evening at the Harvest Festival and the winners were -Monday-Robert Wood, Tuesday--Russell Coughlin, and Wednesday-Lew Foster.

The Kensington – Summerside Lions Club will be celebrating their 70th Anniversary on November 16th at the St. Eleanor’s Lions Club. Registration information:

Kensington – Summerside 70th Anniversary

Saturday, November 16, 2024
St Eleanors Lions Club
121 East Drive
follow. St Eleanors, PEI

Reception 6:00 PM
Dinner 7:00 PM
Dance with live band to

Registration Form

Name _____ Spouse _____
Club Name _____ Lions’ Position _____
Phone _____ Email _____

Roast Turkey Dinner \$30.00 tax and gratuity included.
(If you have dietary concerns contact PCC Paul Cousins
ptcousins3@gmail.com) Before Nov 3, Payment may be made to
Summerside Lions Club and mailed to: Gerard Hartigan
or e-transfer payment to:
16-15 St. Pius X Ave
gerardhartigan@gmail.com Charlottetown, PE
C1A 6A2

Single Room \$ 139.00 Double Room \$ 139.00

Room Rates Loyalist Country Inn Summerside

Accommodations should be made at the hotel prior to Oct 15, 2024. Contact the Hotel Directly by phone at 800 361 2668. Use "Summerside Lions" when reserving your room.

For further information contact PCC Bev Semple (basemple49@gmail.com)



From the Ft. Kent LC:

Pres. Zach Voisine presenting FK Lion
"Lions Heart Award to Lion Craig
Morneault

A LITTLE TRIVIA

TO KEEP OUR BRAINS ACTIVE!

Answers on last page

What is The World's Tallest Tree Species?

Australian Mountain Ash

Coastal Redwood

Giant sequoia

Douglas fir

What Type of Vegetable is a Bell Pepper?

A Marrow

An Allium

A Bulb

A Fruit

What is The Area Called Where Bowlers Start Before The Foul Line?

Approach

Plate

Pitch

Break

How Old Was Philo Taylor Farnsworth When He Invented the TV?

21

56

17

A LITTLE HUMOR

TO KEEP US YOUNG AT HEART

An Airbus 380 is on its way across the Atlantic. It flies consistently at 800 km/h at 30,000 feet, when suddenly a Eurofighter with a Tempo Mach 2 appears.

The pilot of the fighter jet slows down, flies alongside the Airbus and greets the pilot of the passenger plane by radio: "Airbus, boring flight isn't it? Now have a look here!"

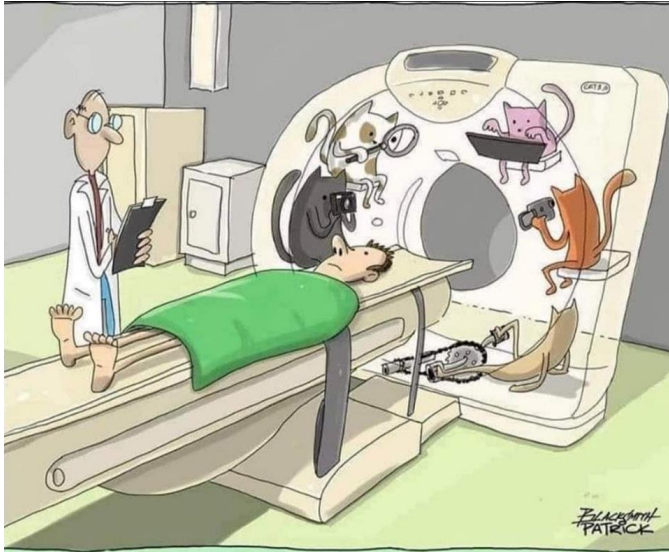
He rolls his jet on its back, accelerates, breaks through the sound barrier, rises rapidly to a dizzying height, and then swoops down almost to sea level in a breathtaking dive. He loops back next to the Airbus and asks: "Well, how was that?"

The Airbus pilot answers: "Very impressive, but watch this!"

The jet pilot watches the Airbus, but nothing happens. It continues to fly straight, at the same speed. After 15 minutes, the Airbus pilot radios, "Well, how was that?"

Confused, the jet pilot asks, "What did you do?"

The Airbus pilot laughs and says: "I got up, stretched my legs, walked to the back of the aircraft to use the washroom, then got a cup of coffee and a chocolate fudge pastry."



HOW A CAT SCAN
REALLY WORKS



5-30
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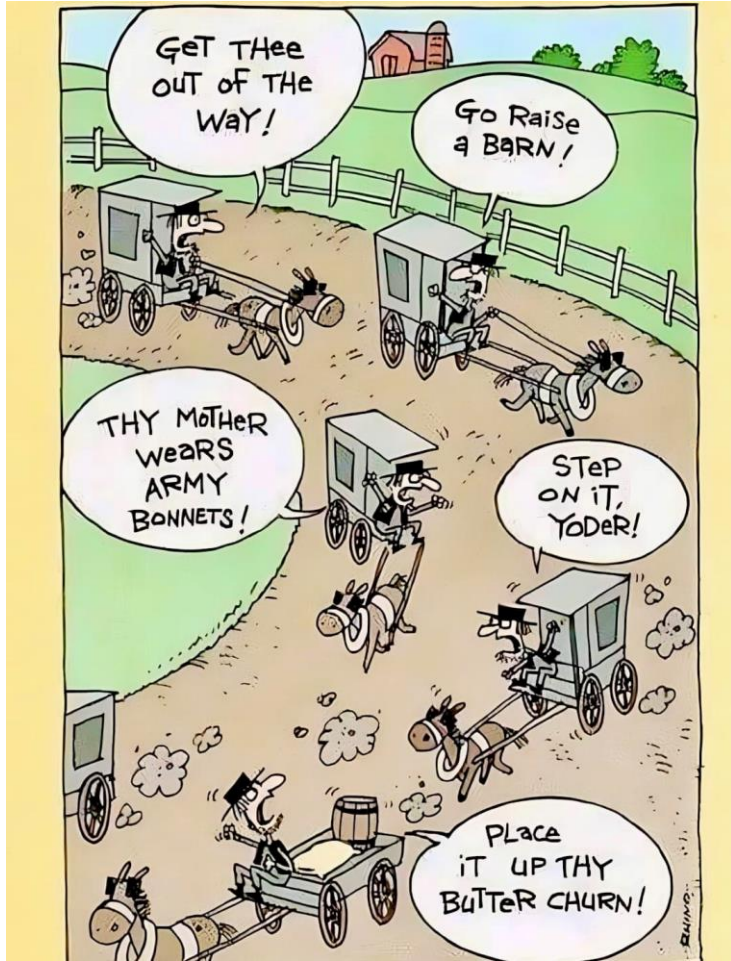
“...There’s not one electronic device
being used.”

I THINK I'VE
GOTTEN OVER
MY FEAR OF
RUNNING OUT
OF MONEY.

EVIDENTLY,
YOU HAVEN'T
RECEIVED
MY LATEST
INVOICE.







**NEW Section. Let me know your thoughts. From Lloyd's Kitchen:
If any interest, I will post more starting next edition!!**

Breakfast:

Hillbilly Breakfast Casserole:

Ingredients

- 1 package of frozen tater tots or hash browns
- 1½ lbs. cooked ground sausage (turkey or beef work too!)
- 12 eggs
- ½c milk
- 8oz shredded mozzarella cheese
- Salt and pepper

Instructions

1. Preheat the oven to 375 degrees
2. Spread the hash browns in the bottom of a 9×13 baking pan
3. Spread the cooked ground sausage on top of the hash browns
4. *Add diced peppers and onions now if desired
5. Fluff the eggs and milk in a blender or mixing bowl for about 30 seconds
6. Pour the egg and milk mixture evenly over the hash browns and meat
7. Spread the shredded mozzarella evenly over the whole pan
8. Bake for approximately 40-45 minutes or until the top is slightly brown

Notes

Here are a few extra tips and tricks to help you make a perfect tater tot breakfast casserole.

- Spray your casserole dish or baking pan with a little pan spray or melted butter. This will help the casserole tater tot breakfast pop right out of the pan. In addition, it will help make clean up easier by reducing hard to remove, stuck on food.
- Make your casserole extra rich by using heavy cream instead of milk. Or, use your favorite non-dairy milk (and non dairy shredded cheese!) to help slim down this breakfast.
- Always make an extra dish of casserole tater tot breakfast mix, cook it and freeze it. This way, you always have a delicious and easy breakfast already made and ready to enjoy! See our tips in the FAQ section on how to freeze and defrost this tasty food.

Lunch:

Veggie Soup

What You'll Need

- 6 cups beef broth
- 1 (20-ounce) can cannellini beans, undrained
- 1 (28-ounce) can crushed tomatoes, undrained
- 1 (10-ounce) package frozen chopped spinach, thawed
- 1 (16-ounce) package frozen mixed vegetables
- 1 small onion, chopped
- 1 teaspoon garlic powder
- 1 teaspoon salt
- 1/2 teaspoon black pepper
- 1 cup uncooked ditalini pasta (or other small shape)

What to Do

1. In a large soup pot, combine all ingredients except pasta. Bring to a boil over medium-high heat then stir in pasta.
2. Reduce heat to low and simmer 15 minutes, or until pasta is tender, stirring occasionally.

Dinner:

Slow Cooker Bar-B-Q Legs

Ingredients

- □3-4 pounds chicken legs
- □1 cup BBQ Sauce of choice
- □2-3 Tablespoons Rotisserie seasoning or BBQ seasoning of choice
- □1/2 cup water

Instructions

1. Arrange the chicken legs evenly in your crockpot.
2. Sprinkle the rotisserie seasoning over the chicken. You may use tongs or your hands to rotate each piece to coat it completely.
3. In the slow cooker, pour the BBQ sauce evenly on top of the chicken legs. Again, use your hands or tongs to completely coat each one
4. Pour 1/2 cup of water in the crockpot
5. Cook the chicken in the crockpot on low for 5-6 hours or high for 2-3 hours.

Notes

- To make sure every piece is evenly coated, season the chicken legs with the BBQ seasoning before adding each one to the crockpot.
- Prep ahead and marinate your chicken with rotisserie seasoning a day before you cook this dish to enjoy a richer flavor with each bite.

Soup:

Ingredients

- 1 lb. chopped broccoli florets and stems , about 6 cups
- 3 cups [vegetable broth](#)
- 2 cups chopped carrots
- 1 cup chopped onions
- 1 clove garlic , minced
- 6 ounces sharp cheddar cheese , grated, 3 cups
- 2 ounces cream cheese , cut in small pieces

Instructions

1. Place chopped broccoli, vegetable broth, carrots, onion and garlic in [slow cooker](#).
2. Top with cheddar cheese and cream cheese (**do not stir in**).
3. Cook on low 7-8 hours or on high 3-4 hours.
4. Using an [immersion blender](#), puree soup until smooth.
5. Garnish with additional shredded cheddar cheese and blanched broccoli florettes, if desired.

Dessert:

Ingredients

Cake:

- 1 cup salted butter
- 1 cup water
- 3 tablespoons cocoa powder
- 2 cups all-purpose flour
- 2 cups white sugar
- ½ teaspoon salt
- ½ cup buttermilk
- 2 large eggs
- 1 teaspoon baking soda
- 1 teaspoon vanilla extract

Frosting:

- ½ cup unsalted butter
- 6 tablespoons milk
- 3 tablespoons cocoa powder
- 1 teaspoon vanilla extract
- 2 cups confectioners' sugar

Directions

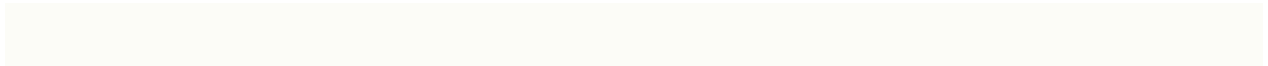
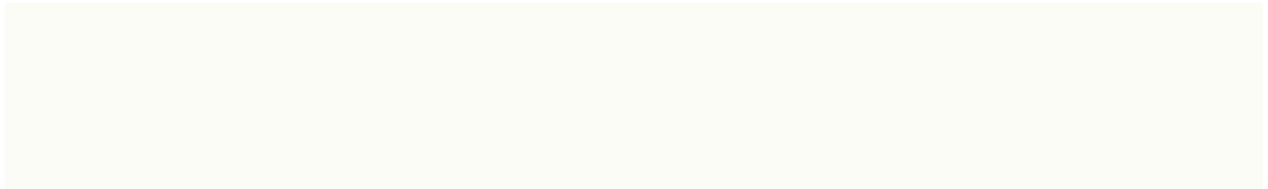
1. Preheat the oven to 350 degrees F (175 degrees C). Grease and flour a 10x15-inch cake pan.
2. Prepare the cake: Combine butter, water, and cocoa powder in a saucepan over medium heat. Cook until butter has melted and mixture comes to a boil. Remove from the heat and cool slightly.
3. Meanwhile, mix flour, sugar, and salt together in a large bowl. Beat buttermilk, eggs, baking soda, and vanilla extract together in a separate bowl.
4. Add melted butter mixture to flour mixture, then add buttermilk-egg mixture and beat until thoroughly combined. Pour into the prepared cake pan.
5. Bake in the preheated oven until a toothpick inserted into the center comes out clean, about 20 minutes. Remove cake from the oven and cool on a wire rack for 5 minutes.
6. While the cake bakes, make the frosting: Combine butter, milk, cocoa powder, and vanilla extract in a saucepan over medium heat. Stir until butter melts, then stir in powdered sugar.
7. Spread frosting over the warm cake.

Once More, Any club with activities they wish to promote, any newsworthy events taking place, whatever you wish other clubs to know, forward to me @ lsoucie@roadrunner.com for inclusion, I make this a monthly issue!

District Governor, Vice District Governors, Cabinet Sec. & Treas. Remarks

Congratulations to District N 1 Council. Looking forward to working with the new executive and all the clubs in the District. We have a District laptop and are using a new District email address. It is-- dgdistrictn1@gmail.com
See everyone at the organizational meeting in August.

And to finish our 1st issue: I welcome any and all comments!



Song of the Bulletin to practice on for singing at next Cabinet Meeting

In our Den, once again,
We all gather 'round and then,
We all pack our troubles and roar.
King of beast, at his feast,
Is not troubled in the least ---
Akk our cares, we have left at the door,
For it's Roar, Lions, Roar; Roar and then Roar some more.
With all our pep, we'll make the others step,
For the Lions go Roaring along,
For the Lions go Roaring along!!

Lloydism of the Newsletter 1.2

“Enjoy Yourself. These are yje good old days you’re going to miss in the years ahead!”



Where there's a N