



LEAD TO SERVE

SERVE TO LEAD

District 5M1 Mid-Winter Convention 01.16-17.2026



SCHOTT
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**Lions Clubs -
Thank you for all you do
in our communities**

Like Lions Clubs, our company takes pride in providing excellent service to customers through the strong efforts of 75 team members. These employees are intertwined into their communities to help make Schott Distributing involved in each community throughout the territory.

Schott Distributing Co, Inc.
6735 Hwy 14 East
Rochester, MN 55904



DISTRICT GOVERNOR



Mike Lunde
Pine Island Lions Club

DG Mike is a 30-year Lion. He and PDG Nadeen live in Pine Island and are members of the Pine Island Lions club. Mike has been an active member of the club since he joined.

At the club level, he has co-chaired the annual tractor drive noon luncheon for several years. He and PDG Nadeen are the contact people for collecting plastic. DG Mike helps with the PI Lions 'Fly the Flag' project. He has been a director, a secretary, Lion tamer, club president. He was named Lion of the Year in 2023.

At the district level, he has been a zone chair, secretary, and Youth Exchange chair.

DG Mike is a graduate of the Lions University bachelor's and master's programs. Mike is a Melvin Jones Fellow.

In Pine Island, Mike is active in his church, having served as church council secretary and president. He volunteers to mow the city cemetery. Recently, Mike and PDG Nadeen were recognized as 'Pillars of the Community' in Pine Island.

Mike and PDG Nadeen are graduates of South Dakota State University (Go Jacks), where they met and were married in 1978.

Mike worked for the Mayo Clinic for 38 years. His last position was in the Cardiology lab, performing ultrasounds on hearts.

Mike and Nadeen have 2 sons. Eric of Portland, Oregon and Marc of Mesa, Arizona. They have one grandson who lives in Portland with Eric.

SCHEDULE OF EVENTS

Friday, January 16

3:00p - 9:15p	Registration & Parade of Green Boxes Event Center Entrance
4:00p - 5:30p	Credentials Event Center Entrance
6:00p - 11:00p	Silent Auction - MN Lions Vision Foundation/ KidSight Hallway
4:00p - 9:00p	Exhibits Grand C
4:00p - 9:00p	Eyeglass & Hearing Aid Collection Grand C
6:00p - 8:00p	Cabinet Meeting & Dinner Royal B
6:45p - 8:00p	Orientation Seminar Grand C
8:15p - 9:00p	Memorial Service Grand A & B
9:15p - 11:00p	Mixer - Hosted by 5M1 Royal A & B

Saturday, January 17

7:00a - 6:00p	Registration Event Center Entrance
7:00a - 1:00p	Parade of Green Boxes Event Center Entrance
7:00a - 9:00a	Credentials & Registration Event Center Entrance
7:00a - 5:00p	Exhibits Grand C
7:00a - 10:00a	Eyeglass & Hearing Aid Collection Grand C
7:00a - 5:00p	Silent Auction - MN Lions Vision Foundation/ KidSight Hallway
9:15a - 11:00a	Business Meeting Grand A & B
11:45a - 1:15p	Saturday Luncheon Royal A & B Peace Posters on display Everyday Hero Awards (for those present) Speaker Megan Toney, National Alliance on Mental Illness (NAMI)

*Memorial programs, and cabinet and business meeting agendas will be available at their respective events.

SCHEDULE OF EVENTS

Saturday, January 18

1:30p - 2:10p

Workshop #1 - MN Lions Hearing Foundation

PCC Matt Huggenvik | Grand A

2:20p - 3:00p

**Workshop #2 - Team Sheehan
Charitable Foundation**

PDG Nadeen Lunde | Grand A

2:20p - 3:00p

Club Presidents & Secretaries Meeting

ID Melissa Washburn | Grand C

3:10p - 4:30p

Service Project: Hygiene Kits | Breakfast Nook

5:00p - 6:00p

Social Hour | Royal A & B

5:15p

Pictures | Grand C

6:00p - 9:00p

Lions's Banquet

ID Melissa Washburn | Royal A & B

9:00p - 11:00p

Hospitality Room | Breakfast Nook

Hosted by Goodhue Lions

Please take a moment to appreciate the Convention Committees and the numerous businesses and Lions that are proud sponsors of this program booklet.

Be sure to fill out an evaluation form so our committee can continue to make improvements to your Mid-Winter experience!

GUEST SPEAKER



Megan Toney

**National Alliance on Mental Illness
(NAMI)**

Saturday Luncheon

11:45a - 1:15p | Royal B

Megan Toney is a social worker and dedicated healthcare and human services leader with 15 years of director-level experience. Her career is driven by a deep passion for advocating on behalf of individuals living with disabilities, striving to create systems of care that promote dignity, access, and empowerment. With a bachelor's degree in physics from Creighton University and

a master's degree in social work from Augsburg University, Megan uniquely blends analytical thinking with a deep dedication to person-centered solutions.

Outside of her professional endeavors, Megan is a proud mother of four, an aspiring pickleball player, dog lover, and an outdoor adventure enthusiast who finds joy in exploring nature.

TEAM SHEEHAN FOUNDATION

“TOGETHER WE CAN!!”

That's not just our motto...
It's our battle cry to build, serve,
and uplift communities near and far!

★ Powered by compassion.

★ Driven by service.

★ United by TEAMWORK.

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That's the Certified Awesome mindset that fuels Team Sheehan every single day.

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Purpose and
Kindness Takes the Lead!**



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Ask us how to get a Team Sheehan Foundation pin wwwteamsheehan.foundation

GUEST SPEAKERS



PCC Matt Huggenvik
MN Lions Hearing Foundation
Saturday, 1:30p - 2:10p | Grand A

Lion Matt Huggenvik, Trustee of the Minnesota Lions Hearing Foundation from District 5M-1, combines strong Lions leadership experience with a deep commitment to improving hearing health statewide. A former District Governor and MD5M Council Chair, he brings insight and credibility to his presentations, which highlight the Foundation's latest initiatives, research partnerships, and the innovative "Lions All Ears" portable hearing-screening program. Matt's background and active involvement make him both a motivational and highly informative speaker.



PDG Nadeen Lunde
Team Sheehan Charitable Foundation
Saturday, 2:20p - 3:00p | Grand A

PDG Nadeen is 5Mr's TEAM SHEEHAN Charitable Foundation Representative. TEAM SHEEHAN grants match up to \$3,000 for MD5M

Lions Clubs. Projects may be small or large. The application is online. All documentation, photos, application, etc. must be sent to the District representative. Completed information is forwarded to the review committee. They bring recommendations to the full committee. Votes are taken quarterly. If your grant is denied, PLEASE resubmit it so it can be reconsidered!



SERVICE PROJECT

Hygiene Kits assembly
3:10p - 4:30p | Breakfast Nook

GUEST SPEAKER



International Director

Melissa Washburn

Club Presidents & Secretaries Meeting

Saturday, 2:20p - 3:00p | Grand C

Lion's Banquet

Saturday, 6:00p - 9:00p | Royal A

Melissa Washburn from Carlsbad, New Mexico was elected to serve a two-year term as an International Director of Lions Clubs International at the association's 107th international convention in Orlando, FL, USA, July 13 through July 17, 2025.

Director Washburn has earned numerous business certifications through New Mexico State University. Before her retirement with county government, she worked as the Chief Deputy Assessor for Eddy County and currently serves as a Commissioner for New Mexico Governor's Board of Disabilities. A member of the Carlsbad Downtown Lions club since 2001, Director Washburn has held numerous offices within the association including zone chair, second vice district governor, first vice district governor, district governor, past council chair and council secretary/treasurer. She has also served as a Guiding Lion, Global

Leadership Team multiple-district coordinator and Global Extension coordinator. Other Lion activities include serving on several committees

continued on next page

Join us for

MAZEPPA DAZE

JULY 10-12, 2026



Lions Chicken

& Beef BBQ

Saturday

July 11 4-8 pm

Followed by the

BIGGEST AND

BEST FIREWORKS

IN SOUTHEAST MINNESOTA!



We Serve!

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including, membership development for women and families, and the Lions Clubs International Foundation. In addition, she is actively developing two new clubs in New Mexico.

Director Washburn is a three-time Lion of the Year award-winner and recipient of several International President's Certificates and multiple International President's Leadership Awards. She is also a Progressive Melvin Jones Fellow. Her service is defined by promoting positive impact through membership, service and leadership.

Director Washburn and her husband, Johnny, also a Lion and a Melvin Jones Fellow, have two children and eight grandchildren.



Altura Lions Club

Invites you to join us for a

Spaghetti and Meatball Dinner



February 11 from 5 until 7 or gone
at the Moravian Church in Altura

*Help us to help others and enjoy
great food in the process*

PROJECT NEW HOPE



Military Family Retreats
at no cost to Veterans



For more information go to
www.projectnewhope.net

2026 MINNESOTA RETREATS

- 2026 MAY 1-3
Camp Shetek near Slayton, MN
- 2026 JUNE 5-7
Osprey Wilds near Sandstone, MN
- 2026 OCTOBER 2-4
Good Earth Village - Spring Valley, MN
- 2026 DECEMBER 4-6
Faith Haven Camp near Battle Lake, MN

MEETING AGENDAS

Voting Credential Desk Closes: 9:00a | Event Center Entrance

Business Meeting : 9:15a - 11:00a | Grand A & B.....Agenda available at meeting

Saturday Luncheon: 11:45a - 1:15p | Royal B

Welcome.....District Governor Mike Lunde

Pledge of Allegiance.....District Governor Elect Pat Schlichenmeyer

Oath of Citizenship.....1st Vice District Governor Elect John Steffel

Introduction of Head Table/Guests/Protocol.....DG Mike Lunde

Invocation followed by lunch.....1sr VDGE John Steffel

Introduction of Peace Poster Winner.....DG Mike Lunde

Introduction of Club Everyday Heroes.....DG Mike Lunde and
International Director Melissa Washburn

Introduction of Honor Recipients.....PDG Kerry Bien

Introduction of ID Melissa Washburn and guest Gemma Ferguson,
and guest speaker Megan Toney, NAMI.....DG Mike Lunde

Closing Remarks.....DG Mike Lunde



CANNON FALLS LIONS CLUB

Annual Father's Day

Pancake Breakfast



All you can eat pancakes, scrambled eggs, sausage, juice, milk, and coffee.

Sunday, June 21, 2026

7:00 am-11:00 am

Cannon Valley Fair Grounds
Inside the Commercial Building



*We want to Thank You for all you do
for your clubs, your communities,
our district and Lions International.*

You change lives,
including
your own,
every day!



Have a great convention!

*PDG Terry Zabel and
Lion Lana Hollerud*

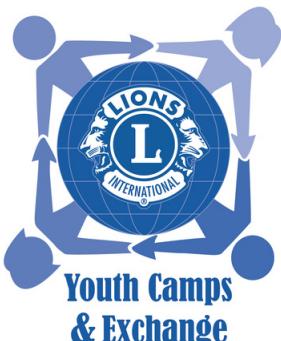
MEETING AGENDAS

Governor's Banquet: 6:00p - 9:00p | Royal A & B

Welcome.....	DG Mike Lunde
Anthems.....	Star Spangled Banner, O Canada
Toast to the President.....	DGE Pat Schlichenmeyer
Toast to the King.....	1st VDGE John Steffel
Invocation followed by dinner.....	IPDG Bill Kase
Recognition of Cabinet Members.....	DG Mike Lunde
Introduction of Guest Speaker.....	DG Mike Lunde
Guest Speaker.....	ID Melissa Washburn
Presentation of Awards & Medals.....	DG Mike Lunde and ID Melissa Washburn
Exchange of Gifts.....	DG Mike Lunde and ID Melissa Washburn
Final Registration & Delegate Report.....	Lion Kristin Schmidt
Parade of Green Report.....	5mi Interim Treasurer Mark Petrik
Silent Auction Proceeds Report.....	PDG Jack Krage, MN Lions
	Vision Foundation and Allison Walton, KidSight
Song.....	Let There Be Peace On Earth
Closing Remarks.....	DG Mike Lunde

*Please join us for Hospitality from 9:00p - 11:00p
in the Breakfast Nook, hosted by Goodhue Lions*

**Share your
home with a
youth (or 2)
from around
the world**



**The youth are ages 15-20. Pick a country
from your ancestry OR a totally new
country! They will be with you for 3 weeks in
July 2026. Most youth speak English well.**

**Applications will be available soon.
Contact PDG Nadeen Lunde for
more information. 507-581-6411
malunde@bevcomm.net**

PEACE POSTER & PEACE ESSAY CONTEST

Together As One

1ST **Mika Post**

Goodhue Middle School, Goodhue Lions



2 **Madeline Hoscheit**

St. Mary's School, Caledonia Lions

3 **Amelia Pasch**

St. John's Lutheran School,
Goodhue Lions

*Congratulations
to all of our
talented
participants!*

1ST Place Peace Essay

Sarah Hennessy,

Lewiston-Altura Schools

Lewiston Lions

**Look for our winners
displayed at the luncheon
on Saturday**



**We are proud to sponsor and endorse
Lion 2nd Vice District Governor John Steffel to be
our next 1st Vice District Governor in District 5M-1**

The St. Charles Lions invite you all to our County Fair Food Stands from July 8th - 12th. Featuring, brats, hot dogs, rib sandwich, pulled turkey, ice cream and \$5 kids meals.

Serving breakfast on Sunday July 12th at the Winona County Fairgrounds. Free will offering.

During Gladiolus Days in the Entertainment Tent at the Ecumenical Church Service, serving breakfast from 8:30 - 11:30 on Sunday August 30th. Free will offering.

* Winona County Fairgrounds * Fly the Flag * Food for Families * National Night Out *
* Peace Poster Family Pizza * Touch - A - Truck *

**ST. CHARLES
LIONS CLUB**

**Serving St. Charles and surrounding
communities since 1947**



5M1 PAST DISTRICT GOVERNORS

Bill Kase 2024-2025	Jim Pehrs 1992-1993-d
Terry Zabel 2023-2024	Willie Eppen 1991-1992-d
L. Susan Althoff 2022-2023	Maury Brenna 1990-1991-d
Kerry Bien 2021-2022	Ken Willers 1989-1990-d
Matt Huggenvik 2020-2021	Elmer Fick 1988-1989-d
Dale Lipke 2019-2020	Lowell Peterson 1987-1988-d
Nadeen Lunde 2018-2019	Eugene Kohrs 1986-1987
Mike Schultz 2017-2018	Ed Boske 1985-1986-d
Bruce Montplaisir 2016-2017-d	Sverre Solheim-5MII 1984-1985-d
Stan Nerhaugen II 2015-2016	Dave Parkin 1984-1985-d
David Laechel (5M3) 2014-2015	Louie Richardson 1983-1984-d
Jim Dunlop 2014-2015-d	Frank Irwin 1982-1983-d
Earl Orvik 2013-2014	Mike Vukson 1981-1982
Gloria Dockter 2012-2013	Bill Heise 1980-1981-d
Joseph Schlichenmeyer 2011-2012	Dean Swanson 1979-1980
Randi Fravert 2010-2011	George Dugan 1978-1979-d
Barb Ernster 2009-2010-d	Vaughn Bien-5M6 1977-1978-d
Ron Norton 2008-2009-d	Bob Lieb-5M6 1976-1977-d
Clair Mrotek 2007-2008	Richard Drewry-5M6 1975-1976-d
Jack Krage 2006-2007	Herb Thompson-5M6 1974-1975-d
Al Fravert 2005-2006-d	Boyd Demmer-5M6 1973-1974-d
Julie Carlblom 2004-2005	Larry Meskan-5M6 1972-1973-d
Roy Larson 2003-2004	Niles Schoff-5M6 1971-1972-d
Dudley Parsons .2002-2003	Max Knowlton-5M6 1970-1971-d
Richard Whitaker 2001-2002	Arnold Usem-5M6 1969-1970-d
William Clark 2000-2001	Holger Knudsen-5M6 1968-1969-d
Vernon Dockter 1999-2000	Holger Knudsen-5M2 1968-1969-d
Robert Andraschko 1998-1999-d	Harold Landeen (5M6) 1967-1968-d
Melvin Brand 1997-1998-d	Wallace Lymbern (5M6) 1966-1967-d
Art Dubke 1996-1997-d	Malcom Mackenzie (5M6) 1960-1961-d
Richard Johnson 1995-1996-d	Elmer Tomfohr (5M6) 1958-1959-d
Don Badger 1994-1995-d	
Jim Morcomb 1993-1994-d	

-d = deceased

CONVENTION COMMITTEES

Convention

DG Lion Mike Lunde

Chair - PDG Terry Zabel

Facilities - PDG Kerry Bein

Reservations - 1st VDG Pat Schlichenmeyer

Memorial Service - 2nd VDG John Steffel

Programs - Lion Lisa Leonard

Technical Advisor - PCC Matt Huggenvik

Registration

1st VDG Pat Schlichenmeyer & Altura

Lions Club

Constitution and By-Laws

PCC Matt Huggenvik, Chair

Nominations and Elections Committee

Lion Bruce Klein, Chair

Ballots

DG Mike Lunde, Chair

Lion Kristin Schmidt, Cabinet Secretary

Parade of Green

Lion Mark Petrik, Cabinet Treasurer

Credentials

Lion Kristin Schmidt, Cabinet Secretary

Rules

PDG Nadeen Lunde, Chair

Parliamentarian

Lion Jeff Schroeder

Resolutions

Lion Jane Orvik, Chair

Sergeant-at-Arms

1st VDG Pat Schlichenmeyer & Altura

Lions Club

Host

Lion Gloria and PDG Vern Dockter

Photographer

PDG Nadeen Lunde

Lion Bruce Klein



The poster features a blue background with white and black Easter eggs. In the center, the text reads "LIONS CLUB OF LA CRESCENT Easter Egg Hunt". To the left, a yellow box contains "SPECIAL GUEST THE EASTER BUNNY". Below that, the event details are listed: "Saturday, March 28th, 2026. Noon-2pm". A yellow box at the bottom provides the location: "Wieser Park Pavilion 1817 County 6 La Crescent, MN". On the right, there is a QR code with the text "Scan me!" and a Facebook icon with the text "Follow us on facebook".

62nd ANNUAL

CHICKEN BAR-B-QUE DINNER

at the Goodhue Lions Community Bldg

Sunday, August 16 * 11:30 am - 6 pm



Adults \$18 Children ages 5-12 \$9
Ages 4 & under FREE



Sponsored by
Goodhue Lions Club

Live entertainment
Refreshments available
Take out meals available \$18

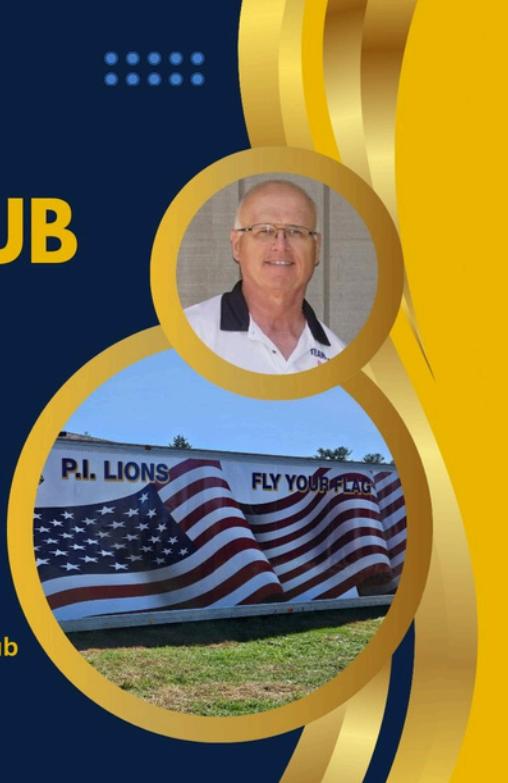
PINE ISLAND LIONS CLUB

IN HONOR OF OUR DISTRICT
GOVERNOR, MIKE LUNDE

Watch our Facebook
page for details on any
and all upcoming events
and projects!

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