



The Cauldron

District 14-B's Monthly Newsletter

February 2021



Happy Valentine's Day

*You don't have to move.
mountains.*

Simply fall in love with life.

*Be a tornado of happiness, gratitude,
and acceptance.*

*You will change the world just by being
a warm, kind-hearted human being.*

- Anita Krizzan



From the desk of District Governor Chris Raynak

Hello Fellow Lions, Lioness, and Leos:

I am sure we all remember the movie “Groundhog Day”. Today’s version...Stay home. Put on your mask. Wash your hands. The same mantra every day. Now add to that check the website for a date for the vaccine shot. That is the definition of Groundhog Day is it not? How do we get out of this funk? What if we focus on our Lions Club needs?

During my club visits in January, I was glad to hear the plans for many projects being implemented by the clubs from Robinson, Mt. Lebanon, and Monroeville. There is much to do as Lions. Take the time now to begin thinking about the remaining Lions year and begin to plan your events and projects. We can still have contactless food drives or clothing drives. Drop off supplies at nursing homes or elementary schools. Does your club offer a scholarship for the local High School senior class? All of that planning and implementation can be done over the phone or computer by email to the Administration. Awarding a scholarship puts LIONS CLUB in the forefront of the community. Give it a try.



You may wonder what is the Governor doing during this time of COVID-19? I joined the Governors of the Western Region of the state and gathered in January to collect from FEMA hand sanitizer and protective goggles. Does your club have a need for such items? Can you provide ways of how we as a district can use these items to serve our communities? Let’s use our collective ideas and contact me.



As you receive this, I am preparing for the third State Council meeting on Feb. 6 being held via Zoom platform online. All Lions of the state are welcome to join in and listen to the dealings of Lions from around our great state of Pennsylvania. Let me know of your interest and I will be glad to pass along the link to the meeting. That holds true also for the District Cabinet meeting scheduled for Feb. 20 also on Zoom. As I visit the clubs, it becomes obvious that many of our clubs face the same challenges: how to raise more funds; how to attract younger members; how to engage in more meaningful service; how to keep our current members energized and motivated. Solutions to these and other challenges can be found by engaging with members of other clubs at events such as district cabinet meeting and conventions, state council meetings, district, and state training seminars. There is a “Winters End” symposium being held Feb 21 at the Butler Association for the Blind building. This is another great opportunity to engage with likeminded Lions. When we work alone little gets done, but when we engage with others many hands and hearts have an easier time getting the job done.

Please review my UPDATED Visitation Schedule for the month of February and March later in the Cauldron. Confirm with me the dates, times and places are correct. I want to meet with you. If you want to meet online using Zoom and are not sure how to do that, just let me know. We have the technology to do that with you. You only need to ASK!

Happy Valentine’s Day! Happy Presidents Day! Happy Groundhog Day!

It's great to be a LION,
Chris Raynak

District Governor 14-B

Email: cpr14b2021@outlook.com

phone: 412.951.6328





Vice District Governor Lion Mary Ann Belles

.Greetings Lions, Lionesses, Leos & friends,

Here we are starting the shortest month of the year. February celebrates Black History month, American Heart Association month, Childhood Cancer month, canned food month and Dog Training Education month. Whew! What else is there?

Anyway, as Lions, we care for all causes that help others and serve others. One of our Global Causes is Childhood Cancer awareness and education. Lions Club International has a wealth of information on their website that will help your Club educate your community and give your club service project ideas. Lions Club even has Service Project Planners and other resources designed to help your club get involved with childhood cancer efforts in your community. Below is the link to the Lions Club International website.

<https://www.lionsclubs.org/en/start-our-global-causes/childhood-cancer>

If this Global Cause is a passion of yours, please contact me. I need a Chairperson for next year for Childhood Cancer. I have an idea for a service project next year but we need a Chairperson to work with our Global Service Team Coordinator to do the event. Hopefully, by next spring, we will be able to do in person service projects.

We have five Global Causes including Childhood Cancer. The other four causes are Diabetes, Environment, Vision & Hunger. Other causes that Lions support are Youth, Disaster Relief, and Humanitarian Efforts. Lions Club International has Service Project Planners for each of the Global Causes. Visit the Lions Club International website to plan your next service project.

<https://www.lionsclubs.org/en/explore-our-clubs/our-global-causes>

I had the pleasure to visit in person with two clubs this month. Thank you for your support of one of my personal passions, Pittsburgh Mercy's Operation Safety Net. I was able to visit via Zoom with another Lions Club. If your Club is meeting either in person or via Zoom, please contact me as I would really enjoy visiting with you and getting to know you and your Club Members.

If you need assistance with your Zoom Meetings, the McKeesport Hospital Foundation has offered the use of their Zoom account to the Clubs of District 14B and District 14E. Contact Cabinet Secretary Lion Eliana Latterman Dragisic for the details. Her email is latterman2@upmc.edu

Let's Soar into Service!

Lion Mary Ann Belles

email: lionmaryannb14b@gmail.com

phone 412-833-3450 or 412-983-8956



Editor's Corner

Ask1

By PDG Harold Fletcher

"This 'n' That!"

Ask1

Remembering Mike...



ONE DEDICATED LEO... There are only a few Lions around today who knew Mike Carnahan. He was the second Elizabeth Forward high school student to assume the role as President of the Mon Valley Leo Club. Trying to find someone young who is full of enthusiasm to take on the leadership role of a youth organization isn't all that easy.

But when Mike took hold of the reins, there was no doubt that he would leave his mark as a true leader who got things done. He initiated so many events and projects while leading the Leo members... namely an all night Dance-a-thon held in the high school cafeteria. All through the year, he asked members to bring in cancelled stamps to be given to the Humane Society in Pittsburgh to help buy food and supplies. There was a Blind-Bowl-a-thon that was a huge success. Meetings were conducted in an orderly fashion and everyone was always willing to help out.

He, along with a number of other Leos were members of the EF Warrior Band. Mike participated in the Pennsylvania Lions All State Band several years. The All State Band performed at the Lions Clubs International Conventions and was made up of the best musicians in Pennsylvania. When Mike graduated and went on to college at the Catholic University in Washington D.C., being a Leo club member had been fulfilled, but he left his mark. Following his college education, Mike enlisted in the Marine Corps where he served his country well. Upon returning to his hometown following his discharge, he joined the Central Elizabeth Lions Club and eventually transferred to the Boston-Greenock-Mt. Vernon Lions Club. He was a true volunteer and he will be sadly missed by all who knew him. I was one of the advisors for the Leo Club – I knew Mike.



Mike with his Mom and Dad when he was sworn in as President.



Mike danced all night for the Dance-a-thon.



Mike as one of the many trumpet players proudly stepping off at an International parade in Taipei, Taiwan.

Sadly, Mike passed away on January 13, 2021 at the age of 51.





DISTRICT GOVERNOR'S VISITATION SCHEDULE

2020-2021

February 2021

1st – Pleasant Hills
2nd – Bloomfield-Lawrenceville
16th – White Oak
19th – Mon River Fleet
23rd – Pittsburgh North Side

March 2021

2nd – Sto-Ken-Rox
9th – Pittsburgh Deaf Blind
10th – Glassport
11th – Cheswick-Springdale
12th – Pittsburgh Host
15th – Central Elizabeth
16th – Oakmont
23rd – South Park

April 2021

6th - Tarentum

May 2021

11th – Pittsburgh Hilltop
18th – Bethel Park

To Be Rescheduled

Pittsburgh Shadyside-Squirrel Hill

FEBRUARY'S **CLUB ANNIVERSARIES**

Cheswick-Springdale Lions Club – 76 years
February 10, 1945

McKeesport Lions Club – 99 years
February 27, 1922



103rd Annual Convention

Virtual LCICon 2021



Lions Clubs International Convention in Montreal

Due to the continuing concerns about the coronavirus (COVID-19) pandemic, the board of directors voted to transition the 2021 Montreal Lions Clubs International Convention to a virtual event that will be delivered totally online. This decision was made with the health and safety of our Lions, staff and vendors in mind as limiting international travel and large gatherings is key to global containment strategies.

Although we are disappointed that we won't be able to host this event in person, we are excited about hosting our first virtual international convention that can safely connect Lions from around the world. We are still finalizing the details of your new convention experience and will share those with you as soon as they are ready.

Here are some important details about the 2021 virtual convention we'd like to share with you:

- **Everyone's invited** – Our 2021 convention will be a virtual event that's open to all Lions and Leos around the world.
- **Registration fees** – The registration fee will be US\$50 until March 31, then US\$75 beginning April 1. The registration fee for Leos will be US\$30 regardless of date. Convention is currently scheduled for June 25-29. Additional event and registration details will be provided soon.
- **Current registrants** – Lions who are currently registered for convention will receive an email soon with more information about their registration options.
- **Elections** – Executive officer and international director elections will be conducted electronically and voting procedures will be forthcoming.
- **Convention updates** – Check our convention website [LCICon](#) for convention updates and details as they become available.

This global health pandemic has forced us all to make decisions and changes that place health and safety first. However, we are optimistic that with each new day there is hope, and as Lions, we continue to find new ways to stay connected, safely serve our communities and continue our global mission of service.

We appreciate your understanding during this challenging time for our organization and the world and thank you for your incredible service as a Lion.

Regards,

Dr. Jung-Yul Choi
International President



It's going to be virtual!



Welcome



We have no new members to welcome to the Wonderful World of Lionism!

(July 1, 2020 through January 31, 2021 as reported on the MyLCI website)

Member

Club

Sponsor

Sorry, No New Members to report for this month!

Since July 31, 2020, here's what our District membership looks like ...

July 1st **761** Members added **21** dropped **43** December 31st **739** Members.

We are ranked 16th out of the 17 Districts, with District 14W beneath us.

One of Our Lions was Famous Way Back in 1954!



On February 23, 1954, a group of children from Arsenal Elementary School in Pittsburgh, Pennsylvania, receive the first injections of the new polio vaccine developed by Dr. Jonas Salk

This picture appeared in the Sunday, January 10, 2021 edition of the Pittsburgh Post Gazette. It shows a young student receiving the first polio vaccine.

That young man is David A. Rosenbloom. Some of our Lions members might remember David. He went on to become a doctor of optometry with his office in Pittsburgh. He was also an active (very active) member of the Pittsburgh Host Lions Club. He served on the District Cabinet as Coordinator of Blind Activities from 1979-1989. He was the depository for all eyeglasses that were collected. Lion David always had a smile and a personality that made him likeable by everyone.

Lion Dr. David A. Rosenbloom
passed away on
November 3, 2013.

Post-Gazette archives
Dr. Jonas Salk administers a trial polio vaccine to David Rosenbloom in Pittsburgh in 1954. The widespread vaccine trials that year were the largest of their kind in history.



In Memory of...



**Lion Thomas A.
LaPlace, Jr.**

**Whitehall Community
Lions Club**

September 22, 2020



**Lion Laurel
Pershing**

Clairton Lions Club

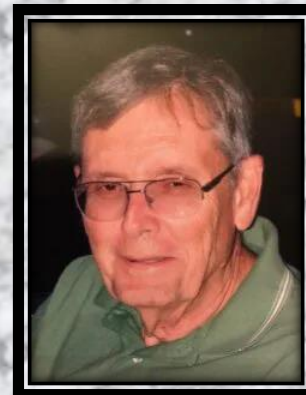
December 8, 2020



**Lioness
Jaqueline A.
Woodburn**

**Bethel Park
Lioness Club**

January 30, 2021



Lion James Perrine

**Bethel Park Lions
Club**

December 13, 2020



**Lion Ronald Mortle
Clairton Lions Club**

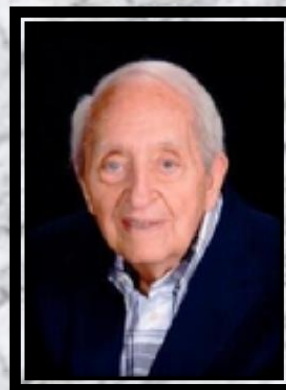
December 27, 2020



**Lion Suzanne
Marie Fornadel**

**Bethel Park Lions
Club**

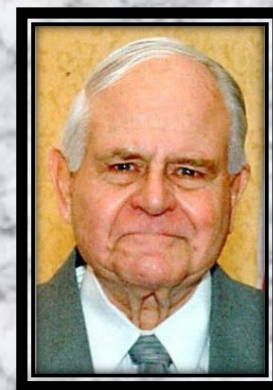
January 2, 2021



**Lion William F.
"Bud" Minnick**

**Mt. Lebanon Lions
Club**

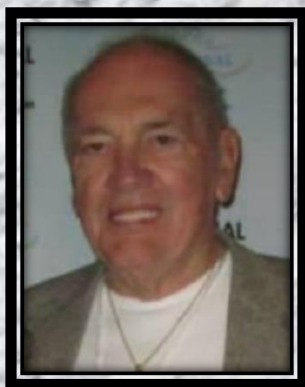
January 5, 2021



**Lion Ronald K.
Tiedman**

**Elfinwild Lions
Club**

January 5, 2021



Lion Norbert Piekut

Glassport Lions Club

January 24, 2021



May they rest in peace...

★ WANTED ★

Energetic Lions to step forward to serve the
Lions in District 14B as
1st and 2nd Vice District Governors.



- FREE TRIP to New Delhi, India July 1-5, 2022
- Make new friends locally, state-wide, and internationally
- Make an impact on the future of how the State (MD14) operates
- Visit Leader Dog School in Rochester, Michigan
- Visit PALions Beacon Lodge Camp

*For more information, please contact
Past District Governor Geoff Temple at 412-956-5723*

***FREE TRIP TO NEW DELHI, INDIA OR HOW ABOUT TO ANY
ONE OF THESE OTHER UPCOMING INTERANTIONAL
CONVENTIONS?***

*July 1 - 5, 2022 New Delhi, India
July 7 - 11, 2023 Boston, Massachusetts
June 21 - 25, 2024 Melbourne, Australia
July 4 - 8, 2025 Mexico City, Mexico
July 3 - 7, 2026 Atlanta, Georgia
July 2 - 6, 2027 Washington, D.C. *NEW
June 23 - 27, 2028 Singapore *NEW*

McKeesport Lions Club - So Community Minded!

Members of the McKeesport Lions Club, along with a few donors, provided a thank you card along with an Eat 'n Park gift card for each of the McKeesport Firefighters, Police, men and women, and McKeesport Ambulance Rescue Service workers. This was in lieu of the annual First Responders Dinner which could not be held due to Covid-19. ***(PEASE SEE THE FOLLOWING AND PAGE 22 FOR THE FULL STORY!)***



Chief Miller accepting cards for the ambulance workers.



Firefighter J.P. Baker and Chief Tomovcsik accepting cards for both the firefighters and police



Some of the handwritten thank you notes that accompanied the gift cards.



Something Good: McKeesport Lions Club Spreading Kindness



The McKeesport Lions Club has had to change their process a little due to the pandemic, but they are still trying to spread good throughout the community as seen on KDKA TV's morning program PTL (Pittsburgh Today Live) on Wednesday, January 27, 2021.

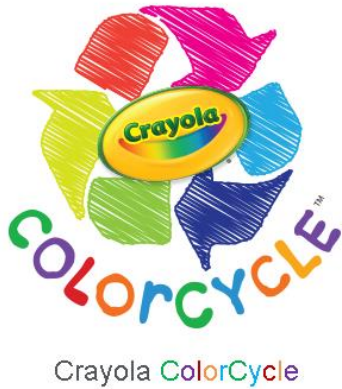
PDG Dr. Dennis McCarthy said it better than anyone... "What great positive news for once. Applause to McKeesport Lions Club! What a great incentive for us all to get out there and do good. Congratulations!"

And Secretary David Donis "On behalf of the Grandview Lions Club, congratulations on a job well done!! What an inspiration!!!!"

Tarentum Lions Club Secretary Thomas Ceschini wrote, "Thank you for sending this I shared this with all my club members in the hope they get a little joy in these COVID-19 -19 dark days."

Secretary Nick Kokales from the Oakmont Lions Club added "Congrats to McKeesport! Keep Roaring!!"





DON'T CHUCK THOSE MARKERS.

15 pounds of dead markers that will NOT end up in landfills or our oceans.

Did you know that Crayola has a program called ColorCycle? Crayola ColorCycle will accept all brands of plastic markers, not just Crayola markers. That includes dry erase markers & highlighters. If you collect the dead markers, they'll send you a free shipping label & you can ship them back to Crayola

to be recycled! Link to get started with this program:

<http://www.crayola.com/colorcycle.aspx>

This program is currently in the US & parts of Canada, check website & www.crayola.com/colorcycle/frequently-asked-questions.aspx

FAQ's. Kids get so excited to set up boxes at their schools...know any teachers? These markers were collected in just 3 months at a preschool! Imagine what we could divert from landfills during the whole school year at every school! Thanks for Sharing & Caring, Kim Miller.



"At Crayola, the health and safety of our employees and the students, families and teachers who use our products every day, is of the utmost importance. Given the ever-evolving nature of the coronavirus in the US, with school districts continuing to make the decision to close and the public being encouraged to limit exposure, we are temporarily pausing all ColorCycle marker donation shipments. The ColorCycle program will remain paused and we will determine when we can start receiving donation shipments again. Thanks for your understanding."





MD-14 Campaign 100 Fundraiser



International Director
Larry Edwards

A current International Director and a Past International Director. What is a common feature in both pictures? Yes, a Moustache. Both men have sported a moustache for many years without shaving it off. Be sure to be there when ID Larry and PID Jim remove their own moustaches. All Lions who attend have an opportunity to watch. It's all about raising needed money for the LCIF Campaign 100.



Past International Director
Jim Cavallaro

The Shave The Stache's campaign is intended as a fun event with the overall goal of raising funds for Lions Clubs International Foundation **CAMPAIGN 100**.

When the overall goal of \$10,000.00 is reached both International Director Larry Edwards and Past International Director Jim Cavallaro will relieve their upper lips of the growth that has nestled there for a combined 100 years.

The rules are:

Contribute \$25.00 to LCIF by purchasing a numbered ticket.

With each contribution of \$25.00 your ticket will be eligible for a drawing at the conclusion of the Campaign for either a Melvin Jones Fellowship or a Progressive MJF.

There will be one MJF /PMJ awarded by the Multiple District for each thousand dollars that is sent to LCIF.

The Campaign will be concluded with the Shaving event to be held at the first State Convention when our goal of \$10,000.00 is reached.

Additional tickets may be obtained and the return of the stubs and money can be sent to:

PDG Kerry McKnight
(717) 880-6617
6 Mulberry Lane
New Freedom, PA. 17349

PDG Evan Punchard
(724) 664-1953
401 W. First Street
Rural Valley, PA. 16249

Your checks should be made payable to Pennsylvania Lions MD 14.

Coordinated Fundraising Raffle sponsored by the Pittsburgh Hilltop Lions Club and the Pittsburgh Grandview Lions Club

As a member of the Hilltop Lions Club, I am selling tickets which can win you money every day in February. Tickets are \$10.00 each and proceeds go toward feeding the hungry, helping the homeless, helping the blind and benefitting many more charities. Please contact me by messenger or phone if you would like to purchase one
THANK YOU FOR YOUR SUPPORT PS: *Our club made \$4,300 last year with this ticket! Ask Lion Joe how!*

Lion Joe Setticase eyetoeyeoptical@gmail.com

No. 391

Name _____

Address _____

Phone _____

Raffle for February 2021

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 \$100	2 \$100	3 \$100	4 \$100	5 \$100	6 \$100
7 \$200	8 \$100	9 \$100	10 \$100	11 \$100	12 \$100	13 \$100
14 \$500	15 \$100	16 \$100	17 \$100	18 \$100	19 \$100	20 \$100
21 \$200	22 \$100	23 \$100	24 \$100	25 \$100	26 \$100	27 \$100
28 \$200						

Benefits Lions Charities
Sponsored by Pittsburgh Hilltop and Pittsburgh Grandview Lions Club
Number based upon the first 7 p.m. Pennsylvania Lottery Drawing
COST of ticket \$10 each

No. 391

COMMENTS MADE IN THE YEAR 1957

“Can you believe it, they are even making electric typewriters now!”





Not only are the Mon River Fleet (MRF) Lions Club members active in the community, but the connection between the MRF Club's Leo Liaison Monica Hancharik and the

MASD Healthcare Apprenticeship Educator Lion Carol Bray are keeping the Mon River Fleet Leo Club focused on the community's needs as well during this Covid-19 epidemic. As healthcare trainees, the Leos realize the importance of providing for the needs of its elderly residents. Shown in the picture below is Alma Hoffman, the owner of Senior Care Plaza, and her activities director, Nikky Markovich, with enough tissues for all their residents thanks to the Mon River Fleet Leos. Congratulations Leos on a job well done!



But that's not all our young Leos have accomplished over the past month. Shown at the left, Mon River Fleet Monica Hancharik, Board Member Janet Kulis representing the Kane Foundation, and President James Phillips display a few of the 15 beautiful Valentine posters the Leos created for the Nurses' Station at Kane Regional Hospital-McKeesport. Our Mon River Fleet Leos are tops and on the move!



The Mon River Fleet Lions (MRF) welcomed Vice District Governor Mary Ann Belles with open arms to a special luncheon meeting on January 21, 2021, at the Youghiogheny Country Club. The Lions were honored to have the Vice District Governor induct two new members – Denise Hill and Dr. Karen Chapman. Upcoming photos of the Club's new members will be published after all inductions take place.

Greeting Vice District Governor Mary Ann below are MRF Lion President James Phillips, 1st Vice President Yvonne Parhetta, Secretary Laura Bosnak Thompson, Treasurer Monica Hancharik, and Board Member Janet Kulis.



The Club extends its gratitude to VDG Mary Ann for taking time from her busy schedule to visit the Mon River Fleet Lions. What a wonderful afternoon it was!

***Submitted by:
Michele Matuch
Communications Chair, MRF Lions Club***

1st Annual Membership Connections



\$5 per 10 tickets
7 Baskets

Sponsored by PA State Lions
Council of Governors for the
Global Membership Team

Seminars

Between
the Lions



We can only accept 70 Lions at
this time; 23 per session with 3
sessions running at one time
frame, separate rooms!!!!
CALL EARLY TO GET A SEAT!!

Saturday, May 22, 2021

Wyndham Garden State College Mountain View Country Club, 310 Elks Club Road, Boalsburg, PA

Cost: Lunch Only \$15.00

Seminar Reservations: cawilbur65@gmail.com or 607-738-6909

Topics of Interest

Members: A, B, C Acronyms New members arrive with heads turning and twirling in all directions: what to do, what does that mean, what did she/he just say? *PID Cindy Gregg* will put a spin on those initials for better understanding!

Members: Boosting Satisfaction Additional ways to encourage Lions to step-up; keeping seasoned members active; and handling conflicts with resolutions. *A Leading Lion* will guide us to the future in Lionism.

Members: Fun(ds) Raising-FUN & Games Bored with same 'ole, same 'ole? Creating ways to add enjoyment and excitement to the traditional meetings. Co-Instructors *Lions Dorothy Daugherty and Debra Bieber* will entertain new ideas.

Members: Grants-Funding Awards An alternative to gaining access to funds to keep serving those in need. *IPDG Jim Wilbur* will provide Guidance with access and applications to assist with providing members and clubs more financial opportunities.

Members: Membership: Panel of Young Lions What do they want to do; how can they add energy to your club; and they will answer your questions, with steps to recruiting and enticing the next generation. *Lions representing the Mansfield Lions Club*

Members: Service: More Opportunities Lions are always looking for new ways to provide service to those in need. With the leadership of our Multiple District *PDG GST Tom Gregg*, you will need to bring a book to make a list!

Members: Technology: Taking It Forward The pandemic has us adapting ways to meet, conducting services, and fundraising. *PDG John Mallonee*, LCI Certified Instructor, will show new tools assisting our members with new applications in technology.

Pittsburgh DeafBlind Lions Club Christmas Gifts and Toys

The Pittsburgh DeafBlind Lions Club was very busy playing Santa Claus for **Christmas**. We received information about a mother who worried she couldn't provide some gifts for her 2 teenage children. The club reached out to her and got a list of items they wanted for **Christmas**. Then we went shopping and wrapped all the gifts. It was fun to provide so much joy in an otherwise difficult time. The children and mother were overwhelmed by the gifts. She sent us pictures of them opening he presents.



Selena with **Christmas** presents
(cooking, baking and art supplies).



Antonio with gifts (weighted
blanket, lava light and
fidget toys)



We bought toys to donate towards the Brashear Association toy drive. We've partnered with them for the last 3 years. They distribute the toys to local children in Allentown, Mount Oliver, and the South Side. They are always happy to receive the gifts to give for those in need.

*Submitted by Lion Barb Rebovich,
Secretary PDBLC*



PEACE



LIONS INTERNATIONAL PEACE POSTER CONTEST



Pittsburgh Professional Sports Teams Raffle

Contents:

Mark Recchi – Pittsburgh Penguins Autographed Jersey
Joe Mullen – Pittsburgh Penguins Autographed Jersey
Evgeni Malkin – Pittsburgh Penguins Autographed Puck
Paul Coffey – Pittsburgh Penguins Autographed Puck
Jarvis Jones – Pittsburgh Steelers Autographed Mini Helmet
Kris Benson – Pittsburgh Pirates Autographed Baseball
Pittsburgh Pirates Mini Louisville Slugger Bat
Pittsburgh Penguins Sweater Tumbler
Blanket / 6 Pack Cooler / 2 Custom Masks / Steelers Keystrap

(Approx. Value: \$1,250)

All items donated by Lions Jason & Trisha Radmann

Drawing at the 2021 Lions State Convention – May 16, 2021

Donation: \$5.00 – (Not deductible as a charitable donation)

ALL PROCEEDS GO TO LCIF CAMPAIGN 100 – ONLY 200 TICKETS!!!!

CONTACT Jason or Trisha Radmann for Tickets

Email – jasonrad13@gmail.com or call 814-330-4740

NOTES FROM DISTRICT ENVIRONMENTAL CHAIRMAN LION JOHN AIKEN

BATTERY RECYCLING

Posted by: Kim Bischof on July 17, 2018

Batteries should never be placed in the residential trash, so what do you do with them? Bring them to one of PRC's [Hard to Recycle Collection Events!](#)

PRC is proud to offer a number of **Hard to Recycle Collection**

Events throughout Allegheny County to help local residents responsibly recycle materials that are not accepted into local recycling programs. Over the last 16 years, PRC has worked hard to expand this list to take as many different materials as possible to ensure that is responsibly recycled instead of placed into the trash or illegally dumped.

Each of these products have different processes to be recycled into new products, which is largely why they cannot be recycled with your regular curbside recycling. In this **Hard-to-Recycle Materials Series**, we will be taking a closer look at what happens to the products that you bring to recycling collection events! This installment will focus on what happens to the batteries you bring to our events for recycling.

WHY RECYCLE?

Batteries contain a variety of heavy metals, which react with chemical electrolytes to power everyday electronics. These metals are extremely versatile and can be recycled many times, but when they are not properly disposed of they can contaminate water and soil. When batteries are recycled, not only are dangerous heavy metals prevented from harming you and wildlife, but those metals are also put back into a circular economy.

**Some stores in your area may accept used batteries:
such as batteriesplus and BestBuy.**





2021 Multiple District 14 Winter's End Symposium

The Lions of PA are cordially invited to attend the
Multiple District Winter's End Symposium

When: Saturday February 20, 2021 from 9 am—3 pm

Or

Sunday February 21, 2021 from 12-5 pm

Where:

PA Lions State Office—Saturday
949 East Park Drive, Harrisburg, PA 17111

Butler County Association for the Blind—Sunday
322 N. Cedar Street, Butler, PA 16001



Topics for Lions from All Levels of Lionism!



Come Out and Learn Something New!



To register, email lkburkholder@dejazzd.com with the number attending so we can plan for lunch (A \$6.00 donation will be taken for lunch.)

Questions ???

Email to the above address or call PDG Deb Burkholder at 212-484-4892



Dear friends near and far.

Being a lion is a wonderful action that encompasses a mix of commitment, attention, love, perseverance, work, passion.

And it's extraordinary, don't you think?

The dedication to the lion service is the prerequisite for developing excellent work.

Where excellence is a comet, something to strive for, because it represents a process that leads us to grow and improve. Not only in a better help, but above all as human beings, as people who continue to mix ingredients of attention, care, passion, and commitment to get to build something. With the best of intentions possible.

Because there is no word "too much", if what we do coincides with what we love.

Taken from Facebook, posted by Lion Nella Scalise, Rome, Italy



February 15th



INTERNATIONAL
CHILDHOOD
CANCER DAY

"The family is a nucleus around which most communities are built. The next generation's ability to thrive is closely tied to the supports of the local community. Lions and Leos have seen and felt the effects of cancer on children and their families, and continue to bring hope through tangible service and support."

As Lions, one of our strategic objectives is to help those affected by childhood cancer survive & thrive.



The Lions Diabetes Board of Allegheny and Westmoreland Counties (LDBAW)

“Reorganizing to Support Diabetes Patients in both Allegheny and Westmoreland Counties”

Did you know that diabetes is the 7th leading cause of death accounting for more than 80,000 deaths in our country every year? Diabetes can lead to heart disease (number 1 cause of death) and to stroke (number 5 cause of death). You need to be aware that patients with diabetes may also experience kidney failure, possible lower limb amputations, and *adult blindness*. What is even more alarming is that there is no cure for diabetes (CDC.gov).

So, why have Lions Clubs of Allegheny County, with support from Lions from Westmoreland County, provided financial support for diabetes patients who cannot afford their medications since the program started in 1993? This program that began at UPMC McKeesport is a Lions’ priority (diabetes causing blindness) and was featured by Lions Clubs International as the first of its kind. The program later became a worldwide Lions’ initiative. The diabetes program has become even more prominent and important today than ever before.

Every club in Allegheny and Westmoreland Counties should be proud and honored to know that their financial support has been beneficial to the ongoing survival of this vital program. And why is this important? Just think about it! If the Lions Diabetes Fund wasn’t important and did not exist, the program would not have survived over 25 years and hundreds of diabetes patients would not have received medications to control their illness, possibly accounting for more deaths. In fact, most programs are gone within a year or two.



The Lions Diabetes Board of Allegheny and Westmoreland Counties (LDBAW) reorganized in August 2020 to include assisting diabetes patients not only at UPMC McKeesport, but Westmoreland Hospital. This, too, is the first plan where two leading competing hospitals have been brought together for one cause - diabetes. Most recently, LDBAW learned that \$283,826 in medications reached 1,657 indigent diabetes patients at UPMC McKeesport since 2010. Moving forward now that

LDBAW support includes Westmoreland Hospital, these numbers will increase significantly.

Speaking as chair of the board, we are honored to have Past International Director Cindy Gregg serve as vice chair. LDBAW’s new charter and bylaws were accepted and approved by Lions Clubs International because of Cindy’s efforts. Lions Chris Tognarine serves as the board’s secretary, and Lisa Gismondi is the board’s newly appointed treasurer with no set term of office. We are also pleased to have both District Governors Chris Raynak and Chuck Tompkins serve on the board, along with their appointed diabetes chairs Lions Dave Zimmer and Ron Somers. Vice District Governors Mary Ann Belles, Margie Wolff, and Anthony Catullo are also represented in a board rotation with significant leadership roles over the next two years.

LDBAW’s three and one-year terms are held by representatives from each county, and there are two permanent board members who were involved in the program from the beginning. They are: PDG Joe Donkin (permanent board member), PDG Mary Jane Keller, Lions Dee Connor, Marty Griffith, Dave Long, and Zack Mesher, as well as those serving as officers of the board. Up-to-date diabetes patient information is provided quarterly by program directors Carla DeJesus of UPMC McKeesport and Michele Axelson of Westmoreland Hospital. Hospital presidents Mark O’Hern and John Sphon and his vice president of primary care Judy Haliko, as well as medical directors Drs. Mon and Lang, support the Lions Diabetes Board’s efforts. More information will follow on the

possibility of scheduling a diabetes symposium sometime late spring. We are looking forward to their reports at our February board meeting.

If you personally or your Club is thinking of donating to a diabetes program that is yours and ours, please make your check payable to The Lions Diabetes Board of Allegheny and Westmoreland Counties, c/o Lisa Gismondi, Treasurer, 130 Long Drive, Irwin, PA 15642. Your donation will assist our diabetes patients who cannot afford their initial medications to begin treatment immediately.

Thank you for your continued support!

Submitted by:
Michele Matuch, Chair
The Lions Diabetes Board of Allegheny
and Westmoreland Counties (LDBAW)



The Burden of Diabetes in Pennsylvania

Diabetes is an epidemic in the United States. According to the Centers for Disease Control and Prevention (CDC), over 34 million Americans have diabetes and face its devastating consequences. What's true nationwide is also true in Pennsylvania.

Pennsylvania's diabetes epidemic:

- Approximately **1,144,000 people in Pennsylvania**, or 11.3% of the adult population, **have diagnosed diabetes**.
- An additional **303,000 people in Pennsylvania have diabetes but don't know it**, greatly increasing their health risk.
- There are **3,484,000 people in Pennsylvania**, 34.1% of the adult population, who have **prediabetes** with blood glucose levels that are higher than normal but not yet high enough to be diagnosed as diabetes.
- **Every year an estimated 67,000 people in Pennsylvania** are diagnosed with diabetes.

Diagnosed diabetes costs an estimated \$12.9 billion in Pennsylvania each year.

The serious complications include heart disease, stroke, amputation, end-stage kidney disease, blindness—and death.

Diabetes is expensive:

People with diabetes have **medical expenses approximately 2.3 times higher** than those who do not have diabetes.

- Total **direct medical expenses** for diagnosed diabetes in Pennsylvania were estimated at **\$9.3 billion in 2017**.
- In addition, another **\$3.5 billion** was spent on **indirect costs** from lost productivity due to diabetes.

McKeesport Lions Club thanks first responders

An annual dinner was replaced this year by gift cards to Eat'n Park.

By **JEFF STITT**
jstitt@yourmvi.com

The McKeesport Lions Club on Tuesday said thank you to first responders from the city by way of gift cards to a Lysle Boulevard restaurant.

The club, which meets each Tuesday evening at McKee's Point Cafe during non-pandemic times, has an aging membership and has been forced to scale back its meetings and initiatives during the coronavirus pandemic.

McKeesport Lions secretary Annette James, who is also McKeesport's city clerk, said club members gather each year to prepare meals at McKee's Point Cafe alongside the cafe's staff for the McKeesport Lions Club First Responder Appreciation Dinner.

"The annual dinner could not be held and members could not get together to prepare the meal due to the pandemic," James said. "We usually cook the meal and deliver it, but it just isn't safe this year. Hoping things get better soon."

James said, the Lions weren't willing to forgo providing McKeesport police, firefighters and McKeesport Ambulance Rescue Service crews with a hot meal as a show of appreciation for protecting the city and its residents, as well as neighbors who live in communities where McKeesport first responders provide mutual aid.

James delivered thank you cards Tuesday, along with gift cards for the McKeesport Eat'n Park. She said a few donors, who were not identified, chipped in to purchase the gift cards.

McKeesport fire Chief Jeff Tomovcsik said he and the firefighters are grateful each year for the Lions Club dinner, but they're especially grateful this year.

"The sentiment carries a little bit of extra kindness this year," he said, adding that 2020 and the beginning of 2021 have been rough on first responders and the communities they serve.

"It means a little bit more this year," he said. "We've had firefighters at work 24/7. The additional exposure to the public that the job creates just creates more stress to an already high-stress job. When a community organization like the Lions Club gives us a gift card for food at Eat'n Park, it helps. It makes the guys feel appreciated and puts some of the negativity of 2020 and 2021 in the back ground. It's a real nice gesture."

The fire chief said he thinks it's nice that the Lions Club was able to show support for the McKeesport branch of Eat'n Park.

The chief and James said the staff and management at McKeesport Eat'n Park make an effort to be involved with the local community by raising money for and donating to charities from time to time and participating in city events.

"It's nice for the guys to be able to patronize the Eat'n Park in McKeesport

and show some support for them," Tomovcsik said, adding that he misses the meal prepared by Lions, but is grateful because the menu at Eat'n Park reminds him of home-cooked food.

McKeesport police Chief Adam Alfer said officers are thrilled with the Lions' generosity.

"We are thankful to the McKeesport Lions Club. Their generous gift will allow each of our officers to get a meal during their shift," he said.

James said McKeesport Lions take pride in giving back to their community. Last month, the Lions volunteered to ring the bell for the McKeesport Salvation Army's Red Kettle Campaign in front of Giant Eagle on Oneil Boulevard. In addition to other events and initiatives, the club also annually holds dances and/or events to raise money and collect goods for the U.S. Postal Service's Stamp Out Hunger campaign, participates in numerous city-sponsored events and co-hosts the summer concert series at Renziehausen Park, which had to be canceled in 2020 due to the pandemic.

An announcement has not been made as to whether the concert series will return this year.

To learn more about the club and its events and initiatives go to the McKeesport Lions Club Facebook page. To inquire about membership to the McKeesport club, which is celebrating its 99th birthday this year, send an email to Dan Carr at 4dan-carr@gmail.com.

My Self-Isolation Quarantine Diary

Day 1 – I Can Do This!! Got enough food and wine to last a month!

Day 2 – Opening my 8th bottle of Wine. I fear wine supplies might not last!

Day 3 – Strawberries: Some have 210 seeds, some have 235 seeds. Who Knew??

Day 4 – 8:00pm. Removed my Day Pajamas and put on my Night Pajamas.

Day 5 – Today, I tried to make Hand Sanitizer. It came out as Jello Shots!!

Day 6 – I get to take the Garbage out. I'm So excited, I can't decide what to wear.

Day 7 – Laughing way too much at my own jokes!!

Day 8 – Went to a new restaurant called "The Kitchen". You have to gather all the ingredients and make your own meal. I have No clue how this place is still in business.

Day 9 – I put liquor bottles in every room. Tonight, I'm getting all dressed up and going Bar hopping.

Day 10 – Struck up a conversation with a Spider today. Seems nice. He's a Web Designer.

Day 11 – Isolation is hard. I swear my fridge just said, "What the hell do you want now?"

Day 12 – I realized why dogs get so excited about something moving outside, going for walks or car rides. I think I just barked at a squirrel.

Day 13 – If you keep a glass of wine in each hand, you can't accidentally touch your face.

Day 14 – Watched the birds fight over a worm. The Cardinals lead the Blue Jays 3-1.

Day 15 – Anybody else feel like they've cooked dinner about 395 times this month?