





From the desk of District Governor Mike Crossey

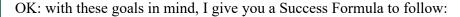
Fellow Lions and Leos,

It's February. Happy Valentine's Day.

While I'm tempted to write about love and relationships, I'm not.

It's February, and we're halfway through our lions' year. At this point, many have given up on their New Year's resolutions, if they even wrote any.

I ask you. What are your lions' goals for the year. They're yours. Are you committed to them? I can't tell you what your goals should be, but, I hope they include growing your club, keeping and growing your membership, and increasing your service to your particular community.



1. know your outcome. -your goal.

What is it, specifically, that you want to accomplish?

Know what you want.

2. Know your Why.

Why you want something is the most important step. Your WHY determines your resolve and your motivation. Here's an example:

You come home from the store. You pull up to the house. You have a moat and an electric fence. You have a thing about security. You realize your house is on fire. Your spouse tells you the jewelry is on the bed and it will be lost. Will you rush in to save it? I doubt it.

But, what if you realize, your child is asleep in the upstairs bedroom?

Now you have Why. I bet you'd be unstoppable. You'd find a way to cross the moat-scale fence. You'd risk your life to save your child. That's a WHY.

- 3. Take massive action.
- 4. Measure what you're getting.

Lion Michael J. Crossey

5. Adjust your approach.

It's February. Today is the first day of the rest of the year. I ask you to decide, commit, and resolve to let the LION in you roar, serve, and grow.

Yours in Lionism,

Email: crossetmike@gmai;.com

Phone: 412-983-8387



LION RALPH IMBROGNO First Vice District Governor



Something I wanted to share with you that I ran across last week!

A YEAR OF TIME

As we look into 2025, we look at a block of time. We see 12 months, 52 weeks, 365 days, 8,760 hours, 525,600 minutes, 31,536,000 seconds. And all is a gift from God. We have done nothing to deserve it, earn it, or purchase it. Like the air we breathe, time comes to us as a part of life. The gift of time is not ours alone. It is given equally to each person.

Rich and poor, educated and ignorant, strong and weak, every man, woman and child has the same twenty-four hours every day. Another important thing about

time is that you cannot stop it. There is no way to slow it down, turn it off, or adjust it. Time marches on. And you cannot bring back time. Once it is gone, it is gone.

Yesterday is lost forever. If yesterday is lost, tomorrow is uncertain. We may look ahead of a full year's block of time, but we really have no guarantee that we will experience any of it.

Obviously, time is one of our most precious possessions. We can waste it. We can worry over it. We can spend it on ourselves. Or, as good Lions we can invest in it in our communities. The new year is full of time. As the seconds tick away, we will be passing time out the window, or you will make every minute count.

Dear fellow Lions, may this new year be filled with all the things that are truly good and important to us as worldwide service organization members.

In this new year, let us continue to help those most in need and have the humility and openness to accept help from others.

AS ALWAYS, LET US SERVE OTHERS FROM THE HEART and CONTINUE TO VOLUNTEER!!

Jion Ralph Imbrogno

Email: ralphpatty@verizon.net

Phone: 412-751-2039



Come on Guys and Gals We need 1^s and 2nd Vice District Governors!

Where would you like to be sworn in as

DISTRICT GOVERNOR?

* * * * ** **

Future Lions Club International Conventions



2026 Hong Kong - Jul 3-7

2027 Washington DC - July 2-6

2028 Singapore -June 23-27

2029 Minneapolis, MN

2030 San Antonio TX

2031- Helsinki Finland







To find out details, contact

PDG Rich Keller at rkeller5@verizon.net

Sign Up Today - Space Is Limited!



RLL



REGIONAL LIONS LEADERSHIP INSTITUTE



March 7-9, 2025

Red Lion Hotel Harrisburg/Hershey



Contact Your District Governor Or

PDG Kerry McKnight md14glt-learn@yahoo.com

Space Is Limited! \$175 Per Lion Meals & Rooms Included

SUBJECTS

- Lions Fundamentals
- Team Work
- Diversity
- Public Speaking
- Time Management
- Personal Mission Statement
- Member Motivation
- Goal Setting

INSTRUCTORS

- PID Cindy Gregg
- PDG Tom Gregg
- PDG Jason Long
- PDG John Mallonee
- PDG Dick Sware
- PID James Cavallaro
- PDG Kerry McKnight



ST. PATRICK'S DAY PARADE

District 14B Lions have been invited back to march in the St. Patrick's Day Parade on March 15! Join us to show the Pittsburgh area that Lions are on the move and ready to serve! We will have two vehicles in the parade, Lion Mike Quinn's 1951 Ford F1 pickup truck and DG Mike Crossey's Audi convertible for those who are unable to walk in the parade. We had a great time last year and are planning for a bigger presence and an even better time this year. Line-up time (in the Strip District) is typically 8:30am for vehicles and 9:00am for walkers with the parade getting started promptly at 10:00am. Since there are so many parade entries, it does take some time for the parade to get moving along, so dress in warm layers as it might be colder than you would expect! Please contact District Publicity Chair, Rob Falce, if you plan to march (rob.falce@verizon.net or 412-302-1075) and we can send you the full details when received. Help us show Pittsburgh that all Lions can be Irish for a Day!

Submitted by Lion Michele Falce, Coordinator of District Activities









FUNDRAISER

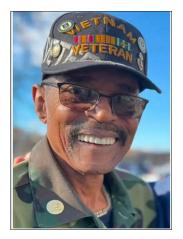
- Entries for the tournament are \$10 each and monies are due to me by Thursday, March 20th. Brackets will be done online and must be completed by NOON March 18th.
- 2. Winner will receive ½ of the proceeds and the entry with the least points will get their entry fee back. Ties not settled by the tie-breaker on the online form will be determined by a drawing following the conclusion of the final game. The remaining funds will go into the LDBAW general fund.
- We encourage clubs to enter each of their members as a service project. We thank the clubs who did this last year.
- When entering the contest, please send a copy of your bracket (s) in case of a breakdown of the online center.

	LDBAW Bask	etball Entry Form	MANAGER
NAME:		Phone #:	MADNE
Address:			Bracket Challenge
City:	State:	: Zip Code:	
Email:			
Number of Entries:	Paid: \$	(# entries X \$10) Make checks paya	able to LDBAW
Return entries and a co			
Email: tomgregg1@ver	rizon.net	1130 Willowbrook Road	
Cell #: 412 576-0708		Rostraver Township, PA 15012	

The link to enter the contest will be made available when Yahoo has started the Bracket Challenge. The link and a QR code will be sent out and also posted on my Facebook page.

In Loving Memory...





Lion Ernest R. OTNEALMcKeesport Lions Club
January 12, 2025



May he rest in peace



McKeesport Lions Club recently welcomed three new members: Patricia Topolnak, Angela Hart, and Theresa Frankiewicz. Welcome to the world of Lionism!

Pictured are: Patricia Topolnak, Chuck Jarrell (sponsor), Angela Hart, Jody Goughnour (sponsor), Marie Domingo (club president), Theresa Frankiewicz, Tony Ura (sponsor substitute) Submitted by Lion Annette James











NAME	CLUB	SPONSOR

Sean Healy Hilda M. Valdespino Theresa Frankiewicz Angela Hart Anna Lisa Haughwout Patricia Topolnak Elizabeth A. Dalton Chris Buda Elfinwild Lions Club
Elfin wild Lions Club
McKeesport Lions Club
McKeesport Lions Club
McKeesport Lions Club
McKeesport Lions Club
Oakmont Lions Club
Pittsburgh Host Lions Club

Lion Mike Daninhirsch Lion Michael Quinn Lion Daniel Carr Lion Jody Goughnour Lion Yvonne Parhetta Lion Chuck Jarrell Lion Gary Rogers Lion William Lestitian

Since July 1, 2024, here's what our District membership looks like from the Lion Portal...

July 1st 636 Members added 18 dropped 79 December 31 575 We are ranked 16th 6ut of the 17 Districts with District 14W beneath us.

MULTIPLE DISTRICT MEMBERSHIP *

14G 1482 14A 1249 1194 14D 14C 1164 14T 1132 14M 993 14N 927 14F 907 14P 889 **14U** 839 799 14L 14K 733 14J 700 14E 686 14H 624 575 14B 14W 573

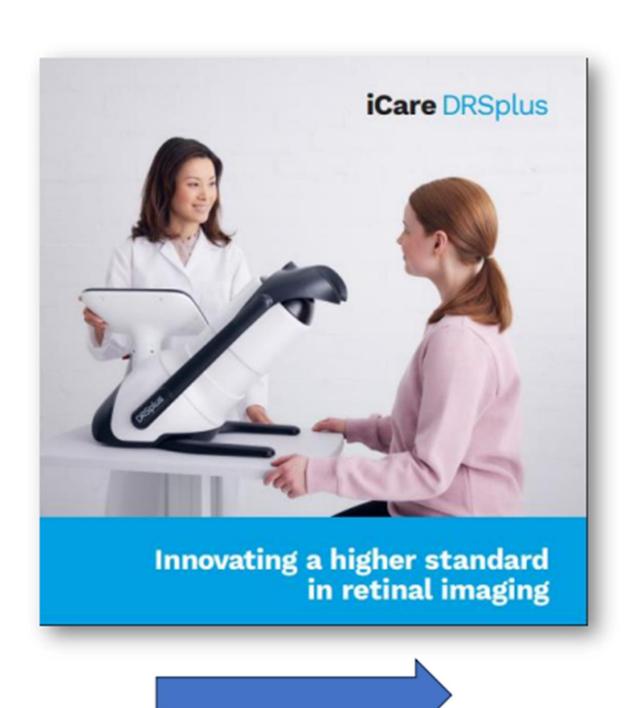
TOTAL 15,466

*as of 12/31/2024 Health Assessment Report

There are a lot of membership plans out there but the best one is it ill just to...



NEW DISTRICT PROJECT... Here is the information you've been waiting for!



My eyesight isn't what it used to be... I'm worried... What can I do?

District Governor Mike Crossey has adopted a project that he hopes will enthusiastically receive the support of all thirty clubs in the District by raising funds to bring this project to fruition

The UPMC McKeesport Internal Medicine clinic serves as a vital safety net for the underserved population of McKeesport. It provides essential healthcare services to a diverse population, including many individuals with diabetes. Diabetic retinopathy, a serious eye complication that can lead to irreversible vision loss and blindness, is a significant concern for this patient population. Early detection and treatment of diabetic retinopathy are crucial to preserving vision.

The Importance of Diabetic Retinopathy Screening

Diabetic retinopathy occurs when high blood sugar levels damage the tiny blood vessels in the retina, the light-sensitive tissue at the back of the eye. Over time, this damage can lead to vision loss and even blindness. The good news is that early detection and treatment can significantly reduce the risk of vision loss. Regular eye exams are essential for people with diabetes to identify and manage diabetic retinopathy.



Evan L. Waxman, MD, PHD

Professor of Ophthalmology, Mercy Eye Institute of Pittsburgh

The Need for a New Screening Camer

Ten years ago, the Lions Club generously donated a diabetic retinopathy screening camera to the McKeesport Internal Medicine clinic. This camera has provided invaluable service to our community, enabling early detection and treatment of diabetic retinopathy for nearly 1000 patients. Unfortunately, due to technological advancements and the wear and tear of constant use, the camera is now obsolete and malfunctioning.

The Proposed Solution

To continue providing high-quality eye care to our community, we are requesting the Lions Club's support in funding a new, state-of-the-art diabetic retinopathy screening camera. This investment will:

- **Improve patient care:** A new camera will enable earlier and more accurate diagnosis of diabetic retinopathy, leading to timely treatment and better patient outcomes.
- **Enhance efficiency:** Modern cameras are faster and more efficient, allowing for more screenings to be performed in less time.
- **Strengthen community health:** By preventing vision loss, we can improve the overall health and well-being of our community members.

Conclusion

We believe that a new diabetic retinopathy screening camera is a worthwhile investment that will directly benefit the health of our community. We are grateful for the Lions Club's past support and hope that you will consider this request for future funding.

See the following page to see additional information...

HOW WE WILLL ACCOMPLISH THE RETINA SCREENING CAMERA PROJECT...

The financial goal for the camera plus accessories is \$22,000.

With the support of all thirsty Lions clubs, we will not have a problem raising the funds.

If each club could have a minimum of \$300, we would have \$9,000. Our District has already donated \$2,000. That would give us \$11,000. We will contact the Lions of Pennsylvania or LCIF to apply for a matching grant.

WE CAN DO THIS!

To Make your donation, please send it to:

Lion George Belles District Treasurer 37 McMurray Road, Suite LL7 Pittsburgh, PA 15241-1601



Born in Tuscumbia, Alabama, USA, in 1880, Helen Keller developed a fever at 18 months of age that left her blind and deaf.

With the help of an exceptional teacher, Anne Mansfield Sullivan of the

School for the Blind, Helen Keller learned sign language and braille. A few years later, she learned to speak. As an adult, she became a tireless advocate for people with disabilities. And in 1925, she attended the Lions Clubs International Convention and challenged Lions to become "knights of the blind in the crusade against darkness."

The Lions accepted her challenge and our work ever since has included <u>sight programs</u> aimed at preventable blindness

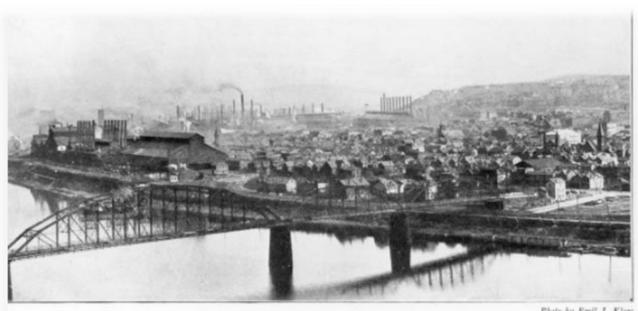


Homestead Lions Bid Farewell After 77 Years. "It's been a GREAT RIDE!"

HOMESTEAD DISTRICT LIONS CLUB was chartered February 12, 1948 and sponsored by the Swissvale Lions Club. It received its charter from District Governor Boyd S. Sharp of the Washington Lions Club. The first President was Harold T. Whetstone, Secretary was Stephen B. Nagy, and Treasurer was James Allison. Many Lions from this Club have been active in the District including Lion Martin A. Yuhasz who was District Governor in 1959-60, Lion Richard P. Mader who was District Governor 1979-80Albert R. Bugel, Morton J. Keisler, Randall Williams Val J. Muha, and John Lang. The Club has sponsored four other Lions Clubs: Lincoln Place in 1948, West Mifflin in 1953, Whitaker-Munhall Gardens in 1954, and Hazelwood in 1957. A local citizen was so impressed with the work of the Lions that she bequeathed a house to them in her will. The Club has distributed an estimated \$250,000 (as of 1989) to various Lions charities and to the less fortunate in the community (as of 1989). The Club's top membership occurred in 1950-51 with 52 members. (The aforementioned details are from PDG Malcolm F. Lovejoy's history that he accumulated through 1989.)

Since 1989, another Club member who gave freely of his time to serve on the District Cabinet several times is Lion Andy Zavinski who was ever-present at numerous Lions State Conventions with the Club's Lion cage, manned by a costumed Lion and tossing candy to parade spectators.. Although he never served on the District Cabinet, Lion Darrell Hess Chaired the Club's Annual Golf Tournament for a number of years. This event produced thousands of dollars for the Club. No further information is available.

So sorry to see you go!



HOMESTEAD FROM THE PITTSBURGH SIDE OF THE MONONGAHELA

Photo by Emil J. Klory



A Thank You from BVRS... Now Known as VisAbility of Pittsburgh



Thank you! We sincerely appreciate the unwavering support and sales from all of you in 2024. Thanks to your commitment, we achieved remarkable broom sales exceeding \$24,500 from Lions Clubs. These sales have provided meaningful employment to 16 individuals who have disabilities and empowered our Industries Division to support the essential programs of VisAbility Pittsburgh (formerly Blind & Vision Rehabilitation Services). As we move into 2025, we encourage you to take advantage of the opportunity to place pre-orders for your spring and summer broom needs. This proactive approach will enable us to plan our inventory effectively and ensure that the brooms you require are readily available. In 2024, many of you submitted pre-orders and estimates that significantly improved our planning, and we are grateful for your participation. For your convenience, our current broom prices are listed below. To place your order, please reach out to Cindy Smith at 412-368-4400 x2208 or csmith@visability.org. Sincerely, Leslie & Cindy

*Please note that we are now requiring pre-orders for orders of 60 or more items

VisAbility Pittsburgh offers the highest quality line of corn fiber brooms suitable for all needs.

Heavy Duty/Snow Broom \$11.00

Designed for rugged indoor/outdoor cleaning.

100% natural corn fibers for long life and effective pick up from even or rough surfaces.

- · 57" OVERALL LENGTH
- . HEAVY-DUTY, 1-1/8" DIA. LACQUERED PINE HANDLE
- METAL REINFORCING BAND
- · 4 ROWS OF STITCHING
- · 12" SWEEP FACE

Lioness Broom \$11.00

Designed for everyday indoor/outdoor cleaning. 100% natural corn fibers for long life.

- . 55" OVERALL LENGTH
- LACQUERED WOOD HANDLE
- METAL REINFORCING BAND
- 4 ROWS OF STITCHING
- · 10" SWEEP FACE

Toy Broom \$5.00

Designed for hard to reach areas and spot cleaning.

- · 32" OVERALL LENGTH
- LACQUERED RED WOOD HANDLE
- METAL REINFORCING BAND
- · 3 ROWS OF STITCHING
- · 8" SWEEP FACE

Whisk Broom \$5.00

Ideal for sweeping up dust, hair, paper items, dirt, and other soil and debris. Its compact size makes it suitable for vehicle maintenance and storage.

- · 10" OVERALL LENGTH
- 3 ROWS OF STITCHING
- METALLIC HAND-GRIP
- · WEIGHT: ¼ LB.

The purchase of our brooms financially supports vital programming for individuals who are blind or vision impaired.

For more than a century, craftsmen from VisAbility Pittsburgh have manufactured, assembled, and created a wide variety of products for the government and the private sector. More than 80 percent of our employees are blind or vision impaired.

Our mission is to meet the high standards of our customers and deliver excellent products on time. To place your order*, please contact Cindy Smith at 412.368.4400, ext. 2208 or csmith@visability.org.

*Large orders must be placed 6 weeks' prior to your requested pick-up date.



Come See All That's Possible

1816 Locust Street, Pittsburgh, PA 15219 | 412.368.4400 | visability.org

SAVE THE DATE!

MARK YOUR CALENDARS NOW

SUNDAY, JUNE 1, 2025

(That's only 120 days away from February 1st!)



Seventy-fifth Anniversary WHITE OAK LIONS CLUB





Register / Reserve

Hotel Information

JULY 13-17, 2025 | ORLANDO, FLORIDA, USA

Tarentum Area Lions Welcome DG Mike



On a cold and snowy evening the Tarentum Lions Club was honored by a visit from District Governor Mike Crossey. A warm exchange of information took place as DG Mike informed the club of the service project the district was currently involved in. We told DG Mike about all the exciting projects we had going .

Submitted by Lion Tom Ceschini



Monroeville Lions Unveil New Drop Box for Used Eyeglasses

The Monroeville Lions Club thanks America's Best Eyeglasses Manager Ashley and her team for designing this donation box for collecting eyeglasses. The box was placed near the front of the store and has patients donating more eyeglasses than ever to the Lions!!

A reminder that America's Best has a National Vision Cares program. The recipients you help to identify will receive a complimentary eye exam and a complimentary pair of glasses! Contact your local America's Best Eyeglasses for details.

Submitted by Lion Mary Raynak Eyeglasses Recycling Chairperson







Presidents Day, February 17

