



The Cauldron

District 14-B's Monthly Newsletter

January 2024

Happy New Year!



2024



DISTRICT 14-B LIONS



2024

January

S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

February

S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29		

March

S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

April

S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

May

S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

June

S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

July

S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

August

S	M	T	W	T	F	S	
					1	2	3
4	5	6	7	8	9	10	
11	12	13	14	15	16	17	
18	19	20	21	22	23	24	
25	26	27	28	29	30	31	

September

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

October

S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

November

S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

December

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

Merry Christmas Holidays & Observances

- Jan 01 New Year's Day
- Jan 15 Martin Luther King Day
- Feb 02 Groundhog Day
- Feb 10 Chinese New Year
- Feb 14 Valentine's Day
- Feb 14 Ash Wednesday
- Feb 19 President's Day
- Mar 11 Ramadan, 1st day
- Mar 17 St. Patrick's Day
- Mar 20 March equinox (GMT)
- Mar 31 Easter
- Apr 01 April Fool's Day
- Apr 22 Earth Day
- Apr 23 Passover

- Apr 24 Admin Assistants Day
- May 05 Cinco de Mayo
- May 12 Mother's Day
- May 19 Pentecost
- May 20 Victoria Day (Canada)
- May 27 Memorial Day
- Jun 14 Flag Day
- Jun 16 Father's Day
- Jun 19 Juneteenth
- Jun 20 June Solstice (GMT)
- Jul 04 Independence Day
- Jul 28 Parents' Day
- Sep 02 Labor Day
- Sep 08 Grandparents Day

- Sep 22 Sept. equinox (GMT)
- Oct 03 Rosh Hashanah
- Oct 12 Yom Kippur
- Oct 14 Federal Holiday
- Oct 16 Boss's Day
- Oct 24 United Nations Day
- Oct 31 Halloween
- Nov 11 Veterans Day
- Nov 28 Thanksgiving
- Dec 21 Dec. Solstice (GMT)
- Dec 25 Hanukkah begins
- Dec 25 Christmas Day
- Dec 26 Kwanzaa begins
- Dec 31 New Year's Eve

From the desk of **District Governor Chris Raynak**

Happy New Year Fellow Lions!

A new year. A time to look forward and do away with some bad habits, bad attitudes. Start anew...CHANGE THE WORLD! One change I would like to see us all make is to spend just a little more time being active Lions. Maybe participate in more Club activities. Participate in other club's activities. Participate in District activities and events. Participate by sharing new ideas and different perspectives. Become involved with the District and share your experience, knowledge and passion.

A few Lions Resolutions to consider:

Club Secretaries, please make a New Year's Resolution to report all your Lions Club's Service! While you are on the LCI site update club information like time and place of meetings, members correct contact info. And Please Please Please email addresses!! 33% of our 658 members counted on LCI do not have an email address listed for them. Secretaries, this is vital. These Lions are not receiving information from International or the district. Make it a priority to update this information.

Club Treasurers, in January you will receive invoices for semiannual dues from LCI as well as PA state Lions and the District. That balance is due within 30 days. PLEASE pay the balance on time.

Club Presidents, use the start of the new year to take a fresh look at our Lions service projects with an eye and ear open to new possibilities. Make your "course correction" plans, those New Year's Resolutions, and re-set your goals now, because we are going to be busy facing many other challenges and opportunities during the next six months. There is still so much more to accomplish. Service is the reason we are here, no matter the season.

Of course, while you are making changes in your personal life and encountering new people at the health food store or at the gym or at the weight loss class, an invite to join you at your next Lions club meeting is always appropriate.

Hopefully these Lions Resolutions last longer than the ones we usually make for ourselves at this time of year. Good Luck.

Take a minute to ponder our founder on his birthday January 17th. Melvin Jones founded Lions on June 7, 1917, and passed away June 1, 1961. Happy Birthday Sir!

*It's great to be a LION,
Changing the World*

Chris Raynak

email: cpr14b2021@outlook.com

phone: 412.951.6328



LION MIKE CROSSEY

First Vice District Governor



Fellow Lions and Leos,

I'm hoping that everyone had a Merry Christmas, Happy Hanukkah Happy Holidays. However you celebrate and worship, my best to you. These are the greetings I use as I write this article.

As you are reading this, we will have switched to Happy New Year and that is my wish for you.

As Lion leaders our new year is tasked with growing and improving our service to others. One of the best ways we can do that is to involve others.

Lionism has given us an additional gift. ...The gift to serve... How do we do that?

A few questions as we approach the new year:

- Don't think more work. Start thinking what works?
- Don't think can I. Think how can I?
- Don't think I tried that before. Think how can I do that differently?
- Don't think I'll get around to it. Think what can I do today?

Every Lion I've met has a heart for service. Every Lion wants to make a difference.

Let's plan our future with direction and intentionality.

Act today. Act everyday.

My New Year's resolution: Ask one person every day-not tomorrow-not someday-but today.

Would you like to be a Lon with me? Let me tell you about Lions.

Lion Michael J. Crossey

Email: Crosseymike@gmail.com

Phone: 412.983.8387

Happy
New
Year

LION RALPH IMBROGNO

Second Vice District Governor



Fellow Lions and Leos,

As we continue our journey as Lions in the year 2024, we need to start thinking about new ways to promote Lionism and expanding our efforts to better serve our communities. I believe one of the ways to do this is through mass communication and personal contact with other organizations.

We can do this by engaging in radio communication and even television programs that help to promote non-profit organizations in their efforts to serve their communities. Social media can often be used to promote ideas and principles and even spark some interest from the general public, especially for those who often use and rely on social media.

One very good example is to begin visiting the various school districts and setting up formal Lion (i.e. Leo's) seminars and teach the interested students about what the Lions are all about. In doing this we can create a process that may help young students and motivate them to join and maybe even organize a Leo club.

This is only one example to help promote and educate the general public about the Lions Clubs and hopefully make the Lions Clubs more visible and meaningful to them.

We also need to look into any grants that may be available to the Lions that may be used to purchase some radio time that can be used for radio spots that focus on sparking interest for new membership in the Lions.

With all of the above ideas being said, we need to create a “ mind set “ (and not just talk about it), that will implement these ideas and put them into place with an aggressive and even urgent need or we will continue to lose members in the future.

MY WIFE LION PATTY AND I WOULD LIKE TO WISH ALL OF YOU A VERY HAPPY NEW YEAR!!!

ALWAYS REMEMBER TO FOLLOW YOUR HEART AND CONTINUE TO VOLUNTEER!!!

Lion Ralph Imbrogno

Email: ralphpatty@verizon.net

Phone: 412-751-2039





Editor's Corner



*By PDG Harold Fletcher
"This 'n' That!"*

Important dates for 2024

January 5-7, 2024 - VDG Training Retreat
Red Lion, Hotel Harrisburg Hershey, 4751 Lindle Road, Harrisburg, PA 17111

February 2-4, 2024 – 3rd State Council Meeting
Ramada Inn State College, PA

February 11, 2024 – MD-14 Leadership Symposium Butler Guild for the Blind

* **February 17, 2023** – 9a.m. to 12p.m. – 3rd District Cabinet Meeting,
Munhall Borough Building

March 8-10, 2024 – Regional Lions Learning Institute (RLLI)
Red Lion Hotel Harrisburg Hershey

May 4, 2024 1 p.m. – District 14-B Spring Fling, Election, Rally
TBA

May 16-19, 2024 - Council meeting #4 and State Convention
Red Lion Hotel Harrisburg Hershey, 4751 Lindle Road, Harrisburg, PA 17111

June 2, 2024 2 p.m. to 5 p.m. – 4th Cabinet meeting,
TBA

June 21-25, 2024 – 107th Lions International Convention
Melbourne, Australia



*DISTRICT 14-Bb CABINET MEEETING

Saturday, February 17, 2024

Time has been changed to 10::00 AM

Special Guest Speaker

State Council Chairperson

PDG LINDA ZANESKI

DISTRICT 14





We have 3 new members to welcome into the Wonderful World of Lionism!

MEMBER	CLUB	SPONSOR
Donna L. Holsing	Tarentum Area Lions Club	Lion Linda David's

Since July 1, 2023, here's what our District membership looks like from MyLci
 July 1st 667 members added 25 Dropped 38 December 30th 654 members
We are ranked 16 out of the 17 Districts with District 14W beneath us.

MULTIPLE DISTRICT MEMBERSHIP *

14G	1503
14A	1280
14C	1197
14D	1191
14T	1172
14M	1010
14F	933
14N	916
14P	909
14U	869
14L	842
14J	745
14K	723
14E	704
14H	681
14B	662
714W	562
TOTAL	15,899

***as of 9/30/2023**

MISSION 1.5

We're on a mission to grow.

MISSION 1.5 is the drive to reach 1.5 million members worldwide, so we can better meet the growing needs of our communities and serve more people than ever before. Because the more we grow, the more we can give.

Get the Mission Brief. Scan me with your phone's camera!

In Memory of...



Arthur "Bud" Feldman
White Oak Lions Club
December 15, 2023



Patrick Sheldon
White Hall Community
Lions Club
December, 2023



May they rest in peace



Save the Date !



The Whitehall Community Lions Club will be celebrating its 75th Anniversary on Sunday, April 28, 2024 - at 1 pm at the South Hills Country Club

Stay tuned for additional details!



Annual Pennsylvania Lions *Spring Leadership Symposium*

2 LOCATIONS

Saturday, February 10, 2024 9 AM-3 PM

PA Lions State Office

949 East Park Drive, Harrisburg, PA 17111

Lunch available for a \$7.00 donation

OR

Sunday, February 11, 2024 Noon-5 PM

Butler County Association for the Blind

322 N. Cedar Street, Butler, PA 16001

Snacks will be available

Special Guest Presenters

PID Cindy Gregg

PDG Tom Gregg

PDG Jeff Loudermilk

PDG Tom Toland

Register to Attend: FREE & Open to all PA Lions

Email PDG Kerry at MD14GLT-LEARN@yahoo.com

or call (717)759-0711

SPACE IS LIMITED!



FESTIVAL OF TREES

Members of the Clairton Lions Clun are proudly pictured with their entry in the Annual Festival of Trees Event. Pictured. left to right, are Lion Roger Tachoir, Lion Kathy Tachoir, PDG John Case, Lion Patty Imbrogno, SVD Governor Ralph Imbrogno, and President King Lion Joe Julian..



*Submitted 2VDG
Ralph Imbrogno*

Tarentum Area Lions Club Hosts PDG Geoff Temple

The Tarentum area Lions Club had a special guest speaker on November 21st, the last meeting in 2023. PDG Geoff Temple and his wife Mary Ann. Lion Geoff is the District Chairman for the PA Hearing research Foundation and spoke about hearing impairments.

Submitted by Lion Tom Ceschinift



ROBINSON TOWNSHIP LIONS HAD A BUSY 2023 HOLIDAY SEASON!

The Robinson Township Lions club was busy giving back to the local community during the 2023 holiday season. The club continued their annual tradition of providing presents for residents of Merakey Allegheny Valley School. Club members Tom Welsh, Cheri DiBacco, Janice Vogel, and Brittany Burley shopped for and delivered gifts to the residents. The residents are very excited each year when the Lions members bring the gifts that are selected based on their unique interests. The Club also delivered cookies for the staff members to show appreciation for all they do.



The Robinson Township Lions also started a new holiday tradition and participated in the Robinson Township Light Up Night event. Club members Judy Kutchman, Debbie O'Brien, and Beth Randall were on hand to meet the community, provide information about the Lions, and recruit new members. The club also gave away lighted Christmas tree wands for the kids. They were a huge hit with the kids, and it was a wonderful evening lighting the tree and welcoming Santa while the tree wands were waving!



Submitted by Judy Kutchman,
Robinson Lions Communications Director

PTCP Trading Post

January 2024



Hello Fellow Lions,

Hope everyone had a great holiday season!!!

With the passing of PDG Amos Shatzer I have taken over the pin work for PTCP.

If you need a personal, club or district pin created please do not hesitate to contact me by email at pintradersclubpa@gmail.com and we can have them created for you! We use a quality and Lions licensed manufacturer called Myriade.

Also I wanted to remind you that the annual Pin Trading Club of Pennsylvania Pin Swap is coming up March 13 and 14 at the Red Lion Hotel in Harrisburg. Feel free to drop by and check out all the pins as well as meet pin traders from around the world! It is always a good time!

May everyone enjoy the second half of the Lions year!

Yours In Lionism,

Jason Radmann
DG 14L 2023-24
PTCP President 2022-24

PTCP Officers:

President: Jason Radmann

Vice President: Scott Lyons

Secretary: Lana McCaulley

Treasurer: Linda Fenicle

2024 State Pins



Remember you can join the Pin Trading Club of Pennsylvania for only \$7/year. You will get copies of the newsletter and a yearly Member pin.

You can also join the Lions International Trading Pin Club for only \$15/year!



L - Loving
I - Individuals
O - Offering
N - Needed
S - Service

Just as a reminder PTCP will accept any donated collections from members, just contact one of the Board Members or email pintradersclubpa@gmail.com! They will be offered up to the pin trading community and any money raised will go to Lions Charities!!!!

Annual Christmas with the Lions Dinner

PID Cindy, Chairperson of the Lions Diabetes Board of Allegheny and Westmoreland Counties, along with DG Amy Thompkins and DG Chris Raynak are hosting the annual Christmas With the Lions dinner and party at the Georgetown Center in Pleasant Hills, Pennsylvania. The LDBAW is a joint Diabetes foundation that provides medication and education to diabetics in Allegheny and Westmoreland Counties.

Photos by PDG Tom Gregg, District 14-E



MON RIVER FLEET

LIONS CLUB



Look at the Mon River Fleet Lions Club!

Lion members gathered to help fill over 80 “Blizzard Bags” at the McKeesport Meals on Wheels Program for elderly residents who are shut-ins and who rely on daily deliveries of their meals. The “Blizzard Bags” come in handy for those days that deliveries cannot be made because of inclement weather.

Pictured above is Lion secretary Laura Bosnak Thompson, Lion President, James Saunders, Vice President Jim Phillips, Board members Louise Phillips, Janet Kulis, Helen Stratigos, and Lion member Rose Marshall.

McKEESPORT LIOS PARTICIPATE IN ANNUAL CHRISTMS PARADE

McKeesport Lions Club took part in the annual Salute to Santa parade on November 11. Club members had various roles in planning the parade, taking part in the parade, and preparing and serving the luncheon afterward at the annual children's party where they met with Santa (our own Lion Tony Ura). King Lion Marie Domingo of the McKeesport Lions Club delivered homemade cookies to First Responders on Christmas morning.

Submitted by :ion Annette James, Secretary



HO HO HO!



McKeesport Lions Club had a busy December! The club once again hosted the Welcome Tree outside and a club tree inside at the annual Festival of Trees in Renziehausen Park, took over bell ringing duties for The Salvation Army at the Giant Eagle in McKeesport, held a regular meeting that was combined with a Holiday Party and Dinner, and helped out at the Carol Sing at McKeesport Area Shared Ministries Christy Park Campus. ***SEE ADDITIONAL PICTURES ON THE FOLLOWUNG PAGE>>>>***



King Lion Marie Domingo of the McKeesport Lions Club delivered homemade cookies to First Responders on Christmas morning .





**HAPPY
NEW YEAR**

White Oak Lions Club, A Year in Review - 2023

The club has been pretty active this year. We have been collecting plastic for recycling, eyeglasses and hearing aids, as well as pop tabs and empty medicine bottles throughout the year. We sent a suitcase full of eyeglasses to the Lions Club of Blantyre, Africa when King Lion Carol went on her mission trip. We collected lots of play dough for kindergarten classes at Frances McClure as well as socks for the schools. Placed four benches around the community. Had broom and bag sales at Rainbow and at the W.O. Community Day. 5 or 6 Lions faithfully attend foodbank each month. Four members helped at the golf outing and one helped at the clean-up day for White Oak. One member attended Beacon Lodge's Lions Appreciation Day. Collected twist-ties for the Salvation Army. Donated a large-print book to each of the four schools. Sold Enjoy books. Had a very successful Murder Mystery Dinner Theater. Had our first pancake breakfast since the pandemic. Several members rang the bell for the Salvation Army. Sold Koeze nuts. Several Lions attended the Fall Rally. Probably other things that I missed! Think we did a pretty good job! Thanks to King Lion Carol for leading us!

*Happy New Year,
Submitted by Lion Rich Peters, Secretary*





PA LIONS

BEACON LODGE CAMP

Summer Camp for Special Needs

Children and Adults



The Brickway

a means to honor
or memorialize
others . . .

500 CLUB



Recognizes
Your Club



Project NEW HOPE

Helping PA
Disabled
Veterans



Carl Shoemaker Award



Acknowledges
Beacon Lodge
Founder's
Lifelong Work



<https://www.BeaconLodge.org>





Environmental Advocacy, Awareness and Education

Recycling & Waste Management

Clean Water & Sanitation

Tree Planting & Tree Care



Environmental Cleanup & Restoration

Preserve nature and habitats by cleaning debris and shielding pollutants from harming ecosystems, marine life, and the community.

SUSTAINABLE DEVELOPMENT GOALS

The United Nations Sustainable Development Goals (SDGs) provide a shared blueprint for peace and prosperity for people and the planet, now and into the future. The 17 Goals are an urgent call for action by all countries—developed and developing—in a global partnership. Achievement of the SDGs also relies on the involvement of volunteer organizations, who connect governmental strategies and initiatives with complementary, yet essential, community action.

THIS SERVICE AREA SUPPORTS SDG #14 & SDG #15



CONSERVE AND SUSTAINABLY USE THE OCEANS, SEA AND MARINE RESOURCES FOR SUSTAINABLE DEVELOPMENT



PROTECT, RESTORE AND PROMOTE SUSTAINABLE USE OF TERRESTRIAL ECOSYSTEMS, SUSTAINABLY MANAGE FORESTS, COMBAT DESERTIFICATION, AND HALT AND REVERSE LAND DEGRADATION AND HALT BIODIVERSITY LOSS



Plastics are ingested by humans through seafood, drinks, and even common salt. They penetrate the skin and are inhaled when suspended in the air. This can cause hormonal changes, developmental disorders, reproductive abnormalities and even cancer.*



Plastic pollution kills an estimated **100,000 marine mammals** every year.**



1 million plant and animal species are threatened with extinction. Restoring biodiversity – the nature around us – is crucial to human well-being such as providing food, medicine, and clothing.**



Plastic accounts for **85% of all marine litter**. By 2040, it will nearly triple, adding 23-37 million metric tons of waste into the ocean per year.*



3.2 billion people, or 40% of the global population, are adversely affected by land degradation – disturbances to the land such as human activities and other forces that pollute and deplete it.†

*United Nations **World Wildlife Fund (WWF) †UN Environment Programme



LCI recently issued some new resource material to aid clubs in participating in an environmental project - one of LCI's major service focus areas. Our district does quite well with recycling projects, but other areas to consider are clean water and environmental cleanup. Attached herewith are lists of service ideas for those two.



Clean Water & Sanitation

Service Ideas

lionsclubs.org/enviro



Learn about water and sanitation at **UN-Water**. Explore **country level activities** to solve the global water crisis, and **initiatives** from different organizations designed to tackle it.



Collaborate with a local environment organization to plan a community education event on why and how to avoid wasting water, and how to monitor water usage with a water meter.



Organize a clean-up of a local river, lake, wetland or beach. Invite community members to join your club for greater impact.



Work with a community in need of sanitation systems: organize an event to renovate washrooms to allow water access, build sustainable toilets and handwashing stations.



Organize a project to distribute water filters to families and schools.



Plan a club service activity in honor of **World Water Day** on March 22 and **World Toilet Day** on November 19. Use the posters, photos, videos, and other assets provided by UN-Water to raise awareness of the day in your community. Share your impact on social media using the #WorldWaterDay and #WorldToiletDay hashtags.



Partner with a rural community and design a project with your club to create irrigation systems to enhance farming outcomes in water stressed areas. Download LCI's **guide to developing local partnerships** to get started.

Submitted by *Lion John Aiken, District Environmental Ch.*

Celebrating exceptional leadership

The new annual LCIF presidentially themed recognition serve as a beacon of inspiration, honoring those who have gone above and beyond to serve humanity. Donate today to receive these limited fiscal year 2023-2024 recognition pieces, as next year's presidential theme is set to change.

Presidential LCIF Supporter

Recognizing individual generosity

At LCIF, we deeply value the incredible generosity of our individual donors. To honor your commitment and support, we are thrilled to introduce the Presidential LCIF Supporter program. This initiative aims to recognize and celebrate individuals who have contributed with heart and soul, making a significant impact on our mission.

By participating in the annual program, you become an integral part of our honored supporters. Melvin Jones Fellowship (MJF) credits will be earned based on the one-time donation amount you provide. Your generosity not only earns you well-deserved recognition but also helps us make a lasting difference in the lives of those in need.



+ How it works

+ Pin fulfillment

+ Award frequency

- Levels of recognition

There are multiple levels of recognition to honor donors based on their one-time donation amount that meets the eligibility criteria as noted in the levels of recognition. The levels are as follows.

All Donors:

Bronze Pin - US\$50 to US\$99.99

Silver Pin - US\$100 to US\$199.99

Gold Pin - US\$200 and above

Leo Members Only:

Leo-Presidential LCIF Supporter - Minimum donation of US\$20

Lions Clubs International Entry 2024 Rose Bowl Parade



HAPPY NEW YEAR

Random thoughts to ponder-

- **So now cocaine is legal in Oregon, but straws aren't. That must be frustrating.**
- **Still trying to get my head around the fact that 'Take Out' can mean food, dating, or murder.**

- **Dear paranoid people who check behind their shower curtains for murderers. If you do find one, what's your plan?**
- **The older I get, the more I understand why roosters just scream to start their day.**
- **Being popular on Facebook is like sitting at the 'cool table' in the cafeteria of a mental hospital.**
- **You know you're over 50 when you have 'upstairs ibuprofen' and 'downstairs ibuprofen'.**

How did doctors come to the conclusion that exercise prolongs life, when...

...the rabbit is always jumping but only lives for around two year, and

...the turtle that doesn't exercise at all, lives over 200 years.

So, rest, chill, eat, drink, and enjoy life!

- **I too was once a male trapped in a female body...but then my mother gave birth.**
 - **If only vegetables smelled as good as bacon.**
 - **When I lost the fingers on my right hand in a freak accident, I asked the doctor if I would still be able to write with it. He said, "Probably, but I wouldn't count on it."**
 - **I woke up this morning determined to drink less, eat right, and exercise. But that was four hours ago when I was younger and full of hope.**
 - **Anyone who says their wedding was the best day of their life has clearly never had two candy bars fall down at once from a vending machine.**