

# 'Fellow Lions'

*This catering book is and was designed to assist all lions interested in entertaining a catering position in their club. Having been in the position and having fellow lions assist with their knowledge, it was felt that more of a foundation was needed. Thus this book was created.*

*Through asking many questions while visiting lions clubs the interest was Awesome! With plenty of laughs, drinking tea, and comparing notes this book took on a will of its own. A true adventure.*

*The contents of the book are : Procedures in catering and setting a table, recipes, food safety, diabetes awareness, gluten information, measurements, cooking times, quantities for 50-100-200, Dips, Sauces, Stocks, main meals, quick breads, desserts, salads, recyclables, quick breads and bar guide. You may want to insert your picture of your club and catering hall information- Contact info, chairman, capacity of hall etc..*

*Please don't be hesitant to take on the role of a Chair of catering It really is fun working with fellow lions. Take from it, design your own to it, recipes, sample some. This is just the foundation for your start. Enjoy the experience and love it.*

*Thank each and everyone who assisted in making this catering book a reality. Most importantly I thank Coldbrook and District Lions Club for my experience and where my foundation in Lionism started.*

*Yours in Lionism*

*Lion Catherine*