



What's inside...

September 2017

EVENTS
starting on page 8

DISTRICT & CLUB ARTICLES
starting on page 20

VALUABLE RESOURCES
starting on page 32

**See what events are
coming up for our
District, State and
International!**

(SEE PAGE 8)

**Read about all of our
fantastic clubs, and
what they are up to!**

**NEXT ROAR DEADLINE
SEPTEMBER 28, 2017
NEXT MD20 MAG. DEADLINE
DECEMBER 15, 2017**

(SEE PAGES 30)



A
message
from...

**District
Governor
John McDonald**

Fellow Lions, Leos and Lioness's,

In 1925 Helen Keller addressed Lions with the following message: "Will you not help me hasten the day when there shall be no preventable blindness; no little deaf, blind child untaught; no blind man or woman unaided? I appeal to you Lions, you who have your sight, your hearing, you who are strong and brave and kind. Will you not constitute yourselves Knights of the Blind in this crusade against darkness?"

For the past 92 years Lions have indeed served to "hasten the day when there shall be no preventable blindness". However,



Lions International President
Dr. Naresh Aggarwal's pin



New York State & Bermuda MD20
District 20Y2
District Governor John McDonald's pin

"District Governor" from Page 1

unfortunately, there are times when blindness is not preventable. It's in these cases that we also must find a way to serve those needs. Following my message is an article from Martel Catalano, whose father Tony is a Saratoga Springs Lion. As a teenager Martel was diagnosed with Retinitis Pigmentosa, commonly called RP. The genetic disease involves the gradual dying of the rods in one's eyes, and is characterized by night blindness, and progressive vision loss from the peripherals inward. Martel explains how, while we can't control the things that happen to us, we can control how we respond to them.

Our cabinet meetings will shift this year from a "reporting" format to a focus on education. It's important that we enhance the knowledge of our leaders, and all Lions, so that we can do an even better job fulfilling our mission. The more that we all understand the opportunities and resources that we have with our respective programs, the better we'll be able to support and serve our communities. I encourage anyone who wants to learn more about our programs to attend!

On September 16th we'll focus solely on youth projects & programs: Peace Poster, Quest, Leo's, Scouts, Camp Badger, Camp Abilities (Saratoga & CABVI), Kids Sight and Reading advocacy.

On November 18th we'll host a Fall Convention. International Director Patricia Vannett will be here, along with Keller Johnson (Helen Keller's great grandniece), and Lion Ed Cordes, the Global Kids Sight Chair for Lions International. We'll have a participatory Diabetes Awareness Strides walk that morning out of the Dance Museum in Saratoga and that afternoon we'll host educational sessions. We'll vote on our Peace Poster too. The sessions will focus on Service, specifically Diabetes Education and Awareness and Kids Sight.

In January we'll hear from our partners: the Lions Eye Institute, Hearing Conservation Society, NABA, CABVI, Lions Eye Bank, Visions, Guiding Eyes for the Blind, Lioness Clubs, and Glens Falls Association for the Blind.

In March, we'll focus back on Service.

It's going to be an exciting year! I hope to see many of you at our first cabinet meeting on Saturday September 16th.

We Serve!

Thanks,

District Governor Lion John

"Alone we can do so little, together we can do so much", Helen Keller

How Having An Incurable, Progressive Eye Disease Has Lead Me To A More Mindful Life

By Martel Catalano

I first told my parents that I couldn't see in the dark when I was 13 years old. I finally realized something about me was seriously different from my friends; when we would chase fireflies after dusk, I got lost and disoriented. I'd go home confused and upset. I just couldn't see. My family

and I started down a road of trying to determine what might be going on for my vision. The optician referred me to see another doctor, who referred me to another, and finally we were able to determine that I had something called Retinitis Pigmentosa, commonly called RP. The genetic disease, which is characterized by a gradual dying of the rods in one's eyes, is characterized by night blindness, and progressive vision loss from the peripherals inward. We were told there was no cure for RP, and that it would get worse over the course of my life.

Not too long after I learned about having RP, I started to develop other problems in my life. There was, of course, the sadness and fear that came with the newfound awareness of

See "RP" on Page 3

from “RP” on Page 2

my condition, even though I wasn’t fully aware of why I was having these feelings. These common reactions migrated to physical ailments like gastrointestinal issues. But I had also quickly developed a handy new habit: I had discovered that having other problems, like eating disorders and troublesome relationships, diverted my attention. In other words, I broke things that I would be able to fix so that I didn’t have to think about the one I couldn’t – going blind.

Needless to say, I spent a decade in an exhausting marathon of depression, anxiety, physical and psychological ailments. Undoubtedly feeding off of each other, when one would get bad, so would the rest – a vicious cycle of mind-body stress. I lived in denial of RP, despite my struggles in the dark and the bruises on my legs from walking into things outside my visual field. The self-created stress filled up my world, and I even would go as far to say I got comfortable living in it. I blinded myself from the fear of going blind.

But living in a constant state of stress was taking its toll on me in a big way. Not just the stress of falling and scraping my knees, but also the stress of things that were supposed to be fun. Like going to a party and having to determine whether it would have

obstacles I would trip on, or be too dark to see people’s faces. I was becoming stressed both as a reaction to situations (which is totally natural after an injury or

an embarrassing moment) but also before they even occurred. What I would be able to do and not do? What was possible in my life and what wasn’t, both now and in the distant future? How much independence would I be able to retain? I was making myself anxious about potentially difficult scenarios before they happened, and I was doing it constantly.

During this time, it felt like I was living in both literal and figurative darkness...yet having RP was rarely discussed as the culprit of my woes. I later discovered that it’s far easier to avoid having conversations about what is disturbing you, and even harder for a parent to acknowledge that their child is hurting. So we lived this way for a while – in favor of believing that I was a depressed, stressed, misbehaving young woman. It wasn’t until I’d dropped into a state of total desperation that I was able to see clearly. My level of awareness had become so skewed over the years; I had forced myself to believe that I was flawed because of my external body, and that I’d only be happy when that was perfect. But in this moment, I was able to recognize two things: that I was terrified about having RP and, more importantly, that I’d been

using other stories to cover that up for so long.

So I slowly started on a journey of self-reflection, accompanied by an in-depth yoga teacher training and the wisdom of my mother, a school psychologist studying the neuroscience behind stress. Through the exploration of ancient knowledge, modern science, and my internal self, one idea kept presenting itself that I knew to be a potent truth: that we can’t control the things that happen to us, but we can control how we respond to them. I came to fully acknowledge that my condition wasn’t going to change, so it was my mindset that would have to. I knew that I could continue to disassociate from, or be upset by, my condition...or I could somehow find a way to make the most of it.

Over the next year, I learned about the impacts of stress on the body and how to reduce it using diet and exercise. I also learned how we psychologically create illusions to mask the root of our fears, and the need to face them in order to emotionally heal. Above all, I learned how to reflect before I react to situations that trigger my deepest fears (for example, needing to ask for a ride was a trigger to my fear to losing independence; I would snap at those who wanted to help me). Essentially, I started putting together a toolkit to manage my

own stress. For anyone, moving toward a more mindful life is a challenging, yet incredibly rewarding, journey. For me, it was a necessary one...

and for good reason. Living with RP, there is constant worry over my narrowing visual field and what my future will hold.

Mindfulness is generally regarded as the act of being in the present moment, without judgment. Rather than an act, I find it to be a practice. It takes time. It takes discipline. It takes a conscious effort of catching yourself when you venture into the past or future, and diligently shifting your attention back to the now. At first it felt I was doomed to a fate of a wandering mind. Practicing mindfulness took too much focus and energy out of me. But I slowly started to see how I was being repaid. My relationships with my family and friends improved, because I was listening to their words and not thinking about my next thought. My meals tasted better, because I really appreciated every bite. My moments of weakness – freaking out when something triggered me to think about my future – became less and less. Because I was more and more able to think only about the present, and slow down my reactions.

While I am certainly losing my vision slowly, I realize now

See “RP” on Page 4

“Through the exploration of ancient knowledge, modern science, and my internal self, one idea kept presenting itself that I knew to be a potent truth: that we can’t control the things that happen to us, but we can control how we respond to them.”

from "RP" on Page3

that everyone's destiny is unknown. I might have a little bit more on the line than the average person, but that's okay. I might lose my vision entirely, or I might not. All I know is that through my journey I have been able to transform something I used to see as a curse into a gift. Without RP, I might not have gained this level of self-awareness. I might not have found yoga, mindfulness, and all the other hidden gems I have come to discover from choosing to lead a life of acceptance and positivity. I might not understand what people with incurable conditions experience emotionally, which has become my life's work. Today, I help others in an online community I created with my friend, Nell, who has cystic fibrosis. **Beyond My Battle** is a safe, positive space to rise above the feelings of fear, sadness, and isolation that are inherent for those of us living with something we can't fix. I would never have done this if I didn't have RP, and it gives me purpose every day to support others on their journey. I guess you could say having RP has allowed me to discover my true calling, and I can't imagine my life without it.

Bio:

Martel Catalano is a 500-hour yoga teacher and wellness coach focusing on stress management. She also is visually impaired, living with a rare degenerative eye disease. In 2015 she began a journey of self-study to understand the origins of her chronic anxiety and depression and found that the introspection she witnessed through her yoga practice helped her to accept and deal with her condition. She recognized her calling to help others do the same and uses her skills to help clients find self-love and empowerment. She is the co-creator of Beyond My Battle™, an online community bringing people with all different incurable illnesses and disabilities together. Her personal website is www.martelwellness.com.

2016 - 2017 Peace Poster Winner

By PDG Joan Scott

The theme for the **2016-17 Peace Poster Contest** was "A Celebration of Peace." While our District Peace Poster was made by a student from Schuylerville, the Grand Prize Winner was 13 year old Lakana Meeapaia from Thailand.



The theme for 2017-18 is "The Future of Peace". Wouldn't it be a feather in our cap if the 2017-18 Grand Prize Winner came from 20Y2? We are looking forward to judging multiple posters at our Fall Conference on November 18th.

Since, as Lions, we help the Blind and Visually Impaired, we also hope to see entries in the **Peace Essay Contest** too. The theme is the same as for the Posters but is limited to blind or sight impaired students.



Who's Who in 20Y2

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REGION AND ZONE CHAIRS



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REGION CHAIR

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Zone A Chair

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Lions District 20Y2 2017 – 2018 Calendar

20Y2 CABINET MEETING, Comfort Inn & Suites, East Greenbush	September 16, 2017
2VDG Training, Binghamton	October 26, 2017
Lions Leadership Institute, Binghamton	October 26 – 28, 2017
MD20 Council Meeting, Binghamton	October 27, 28, 2017
20Y2 CABINET MEETING/FALL CONFERENCE, Holiday Inn, Saratoga SPRINGS	November 18, 2017
3RD 20Y2 CABINET MEETING, Holiday Inn, Johnstown	January 27, 2018
MD20 Council Meeting, Syracuse	February 23, 24, 2018
Lions Day at the United Nations	March TBA
4TH 20Y2 CABINET MEETING, Fort William Henry, Lake George	March 24, 2018
District Governor Elect School, Binghamton	April 20 – 23, 2018
MD20 Council Meeting, Rochester	May 3, 2018
MD20 Convention, Rochester	May 4 – 6, 2018
DG JOHN MCDONALD TESTIMONIAL, Holiday Inn, Saratoga Springs	May 19, 2018
DGE School, Las Vegas NV	June 25 – 29, 2018
International Convention, Las Vegas NV	June 29 – July 3, 2018

**FOR MORE INFORMATION AND EVENTS,
CHECK OUT THE LIONS INTERNATIONAL
CALENDAR OF EVENTS**

members.lionsclubs.org/EN/events/calendar.php

DISTRICT GOVERNOR CLUB VISITATION SCHEDULE

CLUB	DG VISIT	CHARTERED	MTG. INFO	LOCATION
Saratoga Springs	9/7/2017	10/15/1925	Thursdays - Noon	Mama Mia's
Gloversville	9/11/2017	10/16/1939	2nd & 4th Monday	Big Mike's
Bethlehem	9/20/2017	11/11/1954	1st & 3rd Wednesday	Normanside
Speculator	9/21/2017	5/15/1952	1st & 3rd Thursday	Various
Central Mohawk Valley	9/26/2017	12/1/1961	2nd & 4th Tuesday	Erie Station
Broadalbin Perth	9/28/2017	6/30/2003	2nd & 4th Thursday	Russo's Adk. Grill
Scotia Glenville	10/3/2017	9/8/1954	1st Tuesday	Various
Amsterdam	10/12/2017	9/19/1950	2nd & 4th Thursday	Bosco's Restaurant
Wright / Schoharie Valley	10/16/2017	4/16/1975	1st & 3rd Monday	Apple Barrel
Cambridge	10/18/2017	9/7/1934	1st & 3rd Wednesday	Cambridge Hotel
Hoosick	10/19/2017	10/27/1960	1st & 3rd Thursday	Falls Diner
Galway	10/23/2017	11/16/1979	2nd & 4th Monday	Lions Clubhouse
Glens Falls	10/24/2017	10/31/1939	4th Tuesday	Queensbury Hotel
Fonda Fultonville	10/25/2017	5/21/1981	2nd & 4th Wednesday	VFW
Clinton	10/26/2017	1/9/1958	Group Club Mtg.	TBD
Deerfield	10/26/2017	5/24/1956	Group Club Mtg.	TBD
Herkimer	10/26/2017	8/11/1986	Group Club Mtg.	TBD
Holland Patent	10/26/2017	6/12/1972	Group Club Mtg.	TBD
New Hartford	10/26/2017	1/28/1948	Group Club Mtg.	TBD
NY Mills Whitestone	10/26/2017	11/2/1961	Group Club Mtg.	TBD
Sauquoit Valley	10/26/2017	6/30/1955	Group Club Mtg.	TBD
Utica	10/26/2017	2/8/1924	Group Club Mtg.	TBD
Greenwich	11/2/2017	1/28/1954	1st & 3rd Thursday	Elks Lodge
Greenfield	11/8/2017	8/9/1985	2nd & 4th Wednesday	Middle Grove FD
Mechanicville Stillwater	11/13/2017	1/13/1942	2nd & 4th Monday	End Zone
Duane	11/15/2017	6/16/1955	1st & 3rd Wednesday	Jonathan's
Hadley Luzerne	12/6/2017	3/25/1947	1st Wednesday	Waterhouse
Northville Sacandaga	12/14/2017	5/9/1985	2nd & 4th Thursday	Sport Island Pub
Schuylerville	12/20/2017	5/17/1962	1st & 3rd Wednesday	Dovegate
Albany & Troy	1/3/2018	9/30/1925	1st Wednesday	Red Front Rest.
Ravena	1/10/2018	9/16/1959	2nd & 4th Wednesday	Quarry Steak House
Ballston Spa	1/17/2018	8/29/1949	1st & 3rd Wednesday	Mangino's
Johnstown	1/24/2018	9/14/1961	2nd & 4th Wednesday	Patricia's
Waterford	2/7/2018	11/24/1939	1st Wednesday	Masonic Hall
Marcy Telephone	2/21/2018	5/27/2016	1st & 3rd Wednesday	Conf. Call

Events

17

SUNDAY

SEPTEMBER

3:00 PM TO SUNSET

LIONS CONCERT



For

PEACE and

International Understanding

Honoring the First Responders who worked at Ground Zero!

Bring your Family, a Chair or lay on the grass to enjoy the voices of International Renown Opera Singers performing arias and Broadway musical Classics, while a magician and Elmo entertain the children.

WAGNER PARK BATTERY PARK CITY

Host: Financial District Lions Club

www.nyfinancialdistrictlionsclub.org

SAVE THE DATE

for

“Dinner in the Dark”

Date: September 16, 2017

Time: 6 - 9 p.m.

Location: Ramada Inn

3 Watervliet Ave. Ext., Albany, NY

Pre-sale Tickets: \$50

Contact: Nancy Murray (518) 452-3500

Kathy Casey (518) 462-9487



Diners enjoy a lovely meal while being blindfolded!

The purpose of the “Dinner in the Dark” is a fun way to help raise awareness about living with vision loss. Blindfolded diners are joined by blind and visually impaired tablemates to share the experience. Dinner is followed by dessert and discussion with ACB members.



Diners from previous “Dinner in the Dark” had a great time!

Proceeds benefit the Capital District Chapter of the





American Red Cross **BLOOD DRIVE**

Give Blood • Give Life

Glens Falls Lions Club

9/11 Blood Drive

Glens Falls YMCA

September 11 ~ Noon to 7:00 pm



Every two seconds someone in the U.S. needs blood.



Approximately 36,000 units of red blood cells are needed every day in the U.S.



Nearly 7,000 units of platelets and 10,000 units of plasma are needed daily in the U.S.



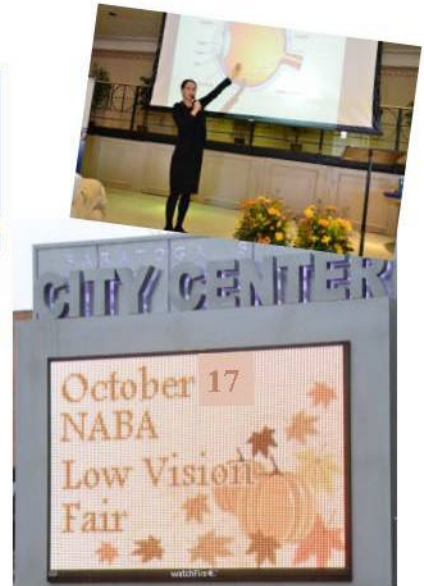
Nearly 21 million blood components are transfused each year in the U.S.

SAVE THE DATE!

2017 Low Vision Technology Fairs



Presented by
NABA
 Northeastern Association
 of the Blind at Albany
www.naba-vision.org



DATE: OCTOBER 16, 2017
TIME: 9am - 4pm
LOCATION: St. Sophia's Greek Orthodox Church
440 Whitehall Road, Albany, NY

DATE: OCTOBER 17, 2017
TIME: 9am - 4pm
LOCATION: Saratoga City Center
Broadway, Saratoga Springs, NY

FREE TO THE PUBLIC!

- The latest in low vision technologies for reading, computers & adaptive vision aids
- Medical expert speakers present the latest in eye disease research & treatments
- Adaptive living experts on living successfully with low vision, vision rehabilitation therapy and *more!*

FOR MORE INFORMATION, CONTACT CHERYL LAWYER
(518) 463-1211 X234 or via email at clawyer@naba-vision.org

Join us on [Facebook](#)

"NABA'S Low Vision Technology Fair 2017"

The Galway Lions Club and The Galway Volunteer Fire Department

PRESENT

FUN!

ENTERTAINMENT!

The 2nd Annual Vintage Camper Rally and Car Show

FANTASTIC FOOD PROVIDED BY
THE GALWAY VOLUNTEER
FIRE DEPARTMENT!

BOUNCE HOUSE!



September 29th, 30th and October 1st 2017

*Camp for the whole weekend, stop in Saturday
for the CAR SHOW from 11AM to 3PM or just stop in
to enjoy the camp fire and some great food!*

Call McConchie's Heritage Acres campground (518) 882-6605 for reservations.

(2 night minimum stay)

For more information, contact
Bill of the Galway Lions Club
(518) 421-1722

or

Doug of the Galway Volunteer Fire Department
(518) 378-3974

or visit



September Calendar of Events

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4	5 NABA Free Technology NABA, 301 Washington Avenue, Albany, NY 1:00 - 3:00 pm Free to Blind and Visually Impaired	6	7 NABA Albany Blind Bowling Playdium Bowling Center 363 Ontario St., Albany, NY 6:00 pm/\$14.50/wk	8 NABA Golf Tournament Glens Falls Lions Blood Drive	9
10	11 NABA Golf Tourney Glens Falls Lions Blood Drive	12	13	14 NABA Albany Blind Bowling Playdium Bowling Center 363 Ontario St., Albany, NY 6:00 pm/\$14.50/wk Lions Concert for Peace/NYC	15	16 First Cabinet Meeting Galway Rosie's Walk/Run NABA Dinner in the Dark
17 Lions Concert for Peace Battery Park NYC	18	19	20	21 NABA Albany Blind Bowling Playdium Bowling Center 363 Ontario St., Albany, NY 6:00 pm/\$14.50/wk	22	23 Saratoga Springs/NABA Free Vision Screening
24	25	26	27	28 NABA Albany Blind Bowling Playdium Bowling Center 363 Ontario St., Albany, NY 6:00 pm/\$14.50/wk Rear Submission Deadline!	29 Galway Lions & Fire Department - Vintage	30
- Camper Rally		Please check this Newsletter and the District Website for details on all of these events → 20y2lions.org				

Rosie's Walk / Run for Diabetes 2017

PRESENTED BY THE GALWAY LIONS CLUB



Rosie's Walk for Diabetes (A Lion's STRIDES event) will be held on Saturday September 16, 2017 at the circle in front of the Galway High School at 10 am.. There will be a 3.8 mile walk, a 5 mile run and a "modified" walk for those who think 1/2 mile or so on even ground is a better challenge for them. Our theme this year, our 18th!, is "keep on walking". Walking is a great exercise and exercise is a great way to improve your health and any diabetes concern you may have. We are offering special incentives for participants to be in both Rosie's Walk as well as the Saratoga Strides walk for diabetes awareness scheduled for Saturday, November 18, 2017 in Saratoga Springs State Park.

Saturday, September 16 at 10 AM
Galway Junior - Senior High School
5317 Sacandaga Rd, Galway, New York 12074

Visit www.galwaylionsclubny.org for more details.

SAVE THE DATES!

For these great events to support the

NABA

**Northeastern Association
of the Blind at Albany**

www.naba-vision.org



**18th Annual Visionary
Golf Tournament**
To benefit Senior Programs & Services
Monday, September 11, 2017
Wolferts Roost Country Club



7th Annual Casino Night
To benefit Youth Programs & Services
Thursday, October 19, 2017
Albany Country Club

Low Vision Technology Fairs
FREE TO PUBLIC!
Monday, October 16, 2017
St. Sophia Greek Orthodox Church
Tuesday, October 17, 2017
Saratoga City Center



2018 Visionary Gala
To benefit Youth, Employment &
Senior Programs
Saturday, April 21, 2018



FIRST District 20Y2 **Cabinet** **Meeting**

Saturday, September 16, 2017

Comfort Inn & Suites

99 Miller Road

Castleton-On-Hudson (East Greenbush), NY



9:00 AM Registration

9:30 AM Meeting

Buffet Lunch - Dismissal

\$20.00 per person

**Please share this with all your members in your club.
Everyone is always welcome.**

PLEASE RSVP BY SEPTEMBER 6TH

**If you are attending, please send this form and your check
payable to District 20-Y2 Lions Clubs, for \$20.00 to:**

Rita Ware

2816 Baptist Hill Road

Middle Grove NY 12850

**If you have any questions, please do not hesitate to call me
at 518-882-6818 or email me at rware@nycap.rr.com**

Hadley-Luzerne Lions Club



October 14, 2014
6-8 p.m.

Buffet Style Food Provided by the Waterhouse Restaurant
(No Charge, you're our guests)

Sit down eating or mingle as you wish ~ Easy listening music

Silent Auction of great prizes to consist of Lion's memorabilia
(Pristine pins from the Glens Falls and Saratoga District 20Y2 Conventions,
Lions book with Melvin Jones autograph and other items)

50-50

CALL

Lions Peter Watts 518-654-9382 ~ Lion Bea Evens 518-696-2343
Reservations are a must and are limited to 100 by October 1st

FREE KidSight Vision Screenings for Children

**Get your child's eyes checked
and ready for school!**

WHEN: Saturday, September 23, 2017

TIME: 9am - 1pm **RSVP:** (518)229-5986, clawyer@naba-vision.org

WHERE: Saratoga Springs Public Library, Glasby Room

The KidSight Vision Screening Program is simple and non-invasive.

The process is as easy as taking a picture of the child's eyes;
identifying immediately the most common
causes of youth vision difficulties that can effect
learning as well as potential vision loss.



A service project of



NABA
Northeastern Association
of the Blind at Albany

www.naba-vision.org

**Lions
kidSight
USA**



Community Eye Screening For Children

DUATHLON

5K Run, 30K Bike, 5K Run



RACE for SIGHT and HEARING

Sunday, October 8, 2017

SUNY ADIRONDACK. QUEENSBURY, NY

Race Start: 9:00 am

- **Chip Timed**
- **Participant Only Raffles**
- **Micro-mesh Long Sleeve Tee Shirt for First 100 Entrants**
- **One, Two and Three Person Teams**
- **Corporate Teams of Three Welcome.**

**Each Overall and Category Winner
Will Receive a Prize**

Register online at the Greenleaf Racing website below or print out and mail.

Mail & Online Registration
(Postmarked by 9/22/17)

\$55 – Individual
\$90 – 2 Person Team
\$110 – 3 Person or Corp. Team

Online Registration

(Received by 10/3/17 at 11:59pm)

\$65 – Individual
\$100 – 2 Person Team
\$125 – 3 Person or Corp. Team

Day of Race Registration

(10/8/17)

\$70 – Individual
\$110 – 2 Person Team
\$140 – 3 Person or Corp. Team

**For more information on the Glens Falls Lions Club
go to www.glensfallslions.org and like us on facebook!**

Register Online: www.greenleafracing.com



District & Club Articles

HOW TO GET THE DISTRICT NEWSLETTER FOR FREE!



- ➡ Go to **www.20Y2Lions.org**
- ➡ Lower left corner/sign-up box
- ➡ Fill in requested information
- ➡ Respond to the request for confirmation from Vertical Response. NECESSARY!

WHERE THERE'S A NEED
THERE'S A **LION**

Glens Falls Lions Club

By King Lion Marilyn Rivers

The Glens Falls Lions Club sponsored one full scholarship in the amount of \$3,500 to the Saratoga Springs Lions Club Campabilities. This scholarship assisted in funding one camper from across the region to this special camp for sight and hearing impaired. Additionally, the Glens Falls Lions Club hosted a dinner for Camp Abilities at the City of Saratoga Spring Weibel Avenue Ice Rink on August 6th. Campers were treated to ham and cheese subs, fruit salad, chips and cookies. Approximately thirteen (13) campers, twenty six (26) counselors and ten (10) volunteers were served a delicious and nutritious meal that evening.



Lions Mary Claire Noakes, King Lion Marilyn Rivers, Lions Jenn Howse, John Byrne, and Al Cerny served dinner, provided by the Glens Falls Lions Club on August 6, at Camp Abilities Saratoga.

The Glens Falls Lions Club has supported Camp Abilities since its inception and looks forward to hosting an event in 2018 in partnership with the area Lions Clubs to support the Lions Mission of "We Serve."

UPCOMING EVENTS

9/11 Blood Drive - Glens Falls YMCA
Noon - 7:00 PM

Duathlon - October 8th

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Visit our FB page! <http://tinyurl.com/ow6a9aa>

Saratoga Springs Lions Club

CLUB OFFERS FREE VISION SCREENINGS FOR CHILDREN

By Lion Cheryl Lawyer

The Saratoga Springs Lions Club is now offering free vision screening programs for children. This community service project is in collaboration with the Northeastern Association of the Blind at Albany (NABA). The first screening event will be held at the Saratoga Springs Public Library on September 23 from 9a.m. until 1p.m. Reservations are encouraged but not required. Each child will receive a coloring book and special sticker to recognize their participation.

Through the Lion's collaboration, vision screenings can be held at pre-schools, daycares, kindergartens as well as special events. This non-invasive method is as easy as taking a picture of the child's eyes. Using a specially designed SPOT™ camera, the exam takes only a couple minutes resulting in an immediate report that can be provided to an eye care professional. The results can be critical to a child's health and development by detecting early signs of vision problems. "Uncorrected vision problems can impair child development, interfere with learning, and even lead to permanent vision loss. Early detection and treatment are critical...and vision disorders of childhood may continue to affect health and well-being throughout the adult years" according to PreventBlindness.org. "I firmly believe that the KidSight program is what saved David's vision" says Lois Bosworth, mother and Director of Tutor Time Learning Center in East Greenbush.

For more information about KidSight, go to <https://naba-vision.org/kidsight-vision-screening-helps-save-childs-sight/>. To schedule a KidSight Vision Screening, contact Cheryl Lawyer, Sight Chair of the Saratoga Springs Lions Club at (518) 229-5986, clawyer@naba-vision.org

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Town of Wright/Schoharie Valley Lions Club

INSTALLATION AND AWARDS

By Lion Rosmary Christoff

In his annual visitation to the club, DG James Griffith emphasized that in 2017, the Centennial Year of the Lions, the goal is to increase awareness of Lions activities through the completion of a legacy project as a visible gift to the community.

The Town of Wright/Schoharie Valley Lions Club was chartered in 1975 and merged with the Middleburgh/Schoharie Valley Lions Club in 2001. As its longtime legacy, the Lions built and have continued to maintain and upgrade the Lions park at Gallupville. Beginning in 1976, the Lions collaborated with the town of Wright and over a period of years established the park and recreation facilities. Improvements have included the addition of a pavilion, arborvitae hedge, tennis and basketball courts, lighting, grills, picnic tables and the installation of a portable toilet.

The District Governor presented two members with a Chevron award and his District 20-Y2 pin, to recognize their long-term service: Lion Mary Barker, 10 years, and PDG Lion Dave Ramsey, 35 years.

The Lions club held their annual installation of officers and awards ceremony at the Gallupville House on June 19th. Performing the installation was Past District Governor Dave Ramsey. Officers for 2017-18 are Tom Snowdon, President; Dave Ramsey, Michael Quinn and Georgia VanDyke, 1st, 2nd and 3rd Vice Presidents; Ellen Snowdon, Secretary; Mary Barker, Treasurer; Jim Lord, Larry Stanley, Fred Risse and Greg Hurd, Directors; Robert Tines, Lion Tamer; Warren Thornton, Tail Twister; and Rosemary Christoff Dolan, Publicity Chair.



The Town of Wright-Schoharie Valley Lions Club honored some its own for their service to club and community. Jim Lord was named "Lion of the Year" for coordinating

several community projects. He oversees the deposit container recycling which is the club's main fundraiser. He coordinates

PDG Dave Ramsey, right, congratulates Jim Lord on being "Lion of the Year."

From "TOW/SV" on Page 21

the collection and sorting of cans and bottles and the redemption by Schoharie ARC. He organized the repainting of the Lions recycling building where the bottles are stored, and worked with Sunnyview Rehabilitation Center to donate Lions hospital equipment and adaptive devices. He also partnered with the Cobleskill Unit of the Salvation Army to provide luggage and towels for local teens attending summer camp.

The Lions club presented a Knight of the Blind award to Mary Barker in recognition of her services as treasurer since 2013 and as webmaster for the Lions website and Facebook page. She was club president twice and a longtime puppy raiser for Guiding Eyes for the Blind.



Jessica Fagan presents Mary Barker, left, with the club Knight of the Blind Award in recognition of her service.

The Lions club presented immediate past president Jessica Fagan with a Robert J. Uplinger Award for distinguished Service. She served as club president for two terms, as secretary from 1994 through 1997 and treasurer from 1998 through 2007. She is also the longtime coordinator of the Schermer pecan fund raiser.



Jessica Fagan, immediate past president, receives the Robert J. Uplinger Award from President and Region Chair Tom Snowdon.

Fundraisers included the recycling and redemption of deposit containers, the sale of Lions Mints and farm-fresh Schermer pecans. Other funding came from individual donations.

The TOW/SV Lions club sponsored eye exams and glasses and made a referral of a local individual



Region Chair Tom Snowdon distributes spending money to kids as they get ready to leave for Long Point Camp on Keuka Lake in Penn Yan.

to the Lions Eye Institute at Albany. The club worked with the Hearing Conservation Society to process requests for hearing aids.

The Lions club collected several hundred pairs of outdated prescription glasses which were delivered to the District to be processed and sent to developing countries. They also collected used hearing aids to be refurbished and used within the United States.

The Lions Club supported the Capital Region NY2 Blue Star Mothers Holiday Troop Drive at Colonie Center. Lions volunteered to fill Freedom Boxes and the club made a donation to cover the cost of shipping boxes overseas.

The Lions club worked closely with the Schoharie County Office for the Aging to facilitate an adaptive equipment loan-out program (crutches, walkers, wheelchairs, hospital beds, commodes, etc.). The items are free of charge and may be kept for as long as needed.

The Lions club supported several youth projects:

The TOW/SV Lions Club assisted with a statewide summer program for young teens funded by the Cobleskill Unit of the Salvation Army. The Lions purchased duffle bags and bath towels for 10 campers and provided a little spending money. Walmart contributed a \$50 gift card toward the purchases made at their store. The Lions saw the teens off and distributed a little spending money as they were heading to the Salvation Army's Long Point Camp on Keuka Lake in Penn Yan. (PHOTO ATTACHED – photo credit: Times-Journal)

The Lions club sponsored two high school students, Rylie Smith of Middleburgh Central and Ashley Scofield of Schoharie Central, to attend the 2017 HOBY Youth Leadership Seminar. Each spring, 10,000 high school sophomores from across the country are selected to attend a HOBY Leadership Seminar in their state. The young people get a look at what it takes to be a true leader and gain leadership and interpersonal skills. Inspired by a meeting with Albert Schweitzer, actor Hugh O'Brien established the Hugh O'Brien Youth Leadership (HOBY) organization in 1958.

The Lions club awarded scholarships to two graduating seniors at Schoharie Central School and Middleburgh Central School. The students will further their studies in either public service or a health related field.

The Lions club donated to the Schoharie Reform Church towards construction of a community playground.

The TOW/SV Lions Club made monetary donations to Camp Badger, Regional Food Bank, Blue Star Mothers,

From "TOW/SV" on Page 17

Joshua Project, Schoharie Reform Church playground project, Hearing Conservation Society, Guiding Eyes for the Blind, Freedom Guide Dogs, Lions Eye Bank, Northeastern Association of the Blind, the local food pantry, Schoharie County Christmas for Kids, Lions Foundation at Albany, NYS and Bermuda Lions Foundation, and the Lions Clubs International Foundation (LCIF).

Patrick Costello, a board member of the Joshua Project in Middleburgh, and his wife, Sandy, described the project which started in Schoharie County after the flood of 2011. The Joshua Project is a nonprofit group of faith-based volunteers working to improve the lives of the most vulnerable through education, guidance, support and existing services. It provides food, shelter and clothing to those in need.

Christopher W. Tague, Supervisor of the town of Schoharie, spoke about the town board's efforts to address the water issues in the hamlet Central Bridge. Plans are underway to obtain Community Development Block Grants for community improvements. Long range goals include exploring new ways to bring greater tourism to Schoharie County. (PHOTO ATTACHED)

Schoharie Central School Superintendent David M. Blanchard, and Shawn Gathen, director of facilities, described a planned renovation project at the 90-year-old junior and senior high school building. It would encompass needed structural repairs while also expanding the size of classrooms and improving handicapped accessibility.

Maureen Bernhardt spoke about her experiences as a member of the Schoharie Central School Board .

Lions Greg Hurd and Larry Stanley described the renovation of their historic home, the Jacob Snyder House that was built in 1774 and served as an inn. The original inn was destroyed during the American Revolution and rebuilt in 1802 and was also known as "Yankee Pete Tavern." When they purchased the house in 1994, it was in disrepair and the front porch was gone. They rebuilt the double front porch using a reproduction of an old oil painting as a guide. They did much of the renovation work themselves. The house was featured in Old House Journal on February 4, 2016.

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Empire State Special Needs Experience/Lions Camp Badger

By Cynthia Reuter

Greetings from Lions Camp Badger!

As we head into fall, I'd like to quickly recap another wonderful summer here at LCB. I can't believe it's already over, but we sure did have a blast! We served 52 campers this year over two sessions throughout the month of July. For most of the campers, two weeks is just the right amount of time, but for some it's not enough, with some even asking if they could come live here! We had lots of vocational learning, crafting, games, outdoor sports, and of course, pool time. Several fun programs were brought in like Moreland the Magician, Yoga, an Ice-cream truck and a Dance instructor. The DEC, Tri-County Bowhunters and local EMS and Fire Department did hands-on demonstrations for the campers. We even had our own resident ventriloquist on hand: The Edmeister Show! To watch some great videos of our summer, go to our website at www.lionscb.org, as there are two videos posted on our home page. You can also find the videos on YouTube as well as our Facebook page! Just search Lions Camp Badger.



The Edmeister Show w/Camper Eddie.



Camp Director Pat Gillule and Counselor Adam Park.

On July 30th, Lions Camp Badger



hosted our annual Lions Appreciation Day. About 130 people, including the 2017-2018 Council of Governors and Lions from around the state, were in attendance for the ribbon cutting/dedication of the new MD20 Storage Facility

"See "Camp" continued on Page 24

From "Camp" from Page 23

located here at the camp, special presentations, a quick program about Summer Camp, and of course, our chicken barbecue luncheon. PID John and Lion Bernadette Rabideau were presented with an Uplinger Award by the Lions Camp Badger Board of Directors for their years of service and commitment to the camp. Thank you John and Bernie!



PIDG Rena Haigh, Lion Bernie and PID John Rabideau.

And let's not forget that our Annual SuperRaffle drawing was held that day! Congratulations to the following winners: Bolivar Lions Club; Oneonta Lions Club; Sherburne Lions Club; Walworth Lions Club, Wellsville Lions Club; PCC Andy U.-Jericho Brookville Lions; Lion Ben A.- Staten Island Royal Lions; Lion Don S.- Broadalbin Perth Lions; Lion Gustavo S.- NY Impacto Lions; Lion Larry E.- Rushville Lions.

If you are reading this before September 8th, our Annual Lions Camp Badger Golf Classic will be held on that date at the Bristol Harbor Golf Club in Canandaigua, NY. Download a registration form on our website, www.lionsclub.org or call PCC Gary Brown at 315-486-8195 or email: browngus46@gmail.com.

CAMP BADGER

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Clinton Lions Club

By Lion Jim Winkler

While our club holds no meetings during the summer months, we do continue with our regularly scheduled service activities each month. This year Mother Nature made a call which required us to provide area residents with an additional type of service! On the first day of our new Lion year (July 1), while the International Convention in Chicago was celebrating Lions Clubs International's Centennial, she "dumped" between 6 – 8 inches of rain on various areas of our region within a 24-hour period, causing flash flooding and devastation!

The flash flooding resulted in our County Executive issuing a county-wide state of emergency banning all unnecessary travel for 48 hours. The

eastern part of our District was also hit hard and through the efforts of IPDG James & DG John (initiated while at the Convention in Chicago),

the District obtained Emergency Disaster Grants from LCI, the NYS & BLF and the Brandel-Murphy Youth Foundation. While local Emergency Disaster Agencies, i.e., the Red Cross, Salvation Army, County Emergency Personnel and local Fire & Police Departments handled the bulk of the initial impact from the flooding, Lion Bill O'Mara and Jim Winkler obtained \$50 gift cards from our local ALDI grocery store in New Hartford along with a letter certifying their purchase and eligible items to be purchased upon redemption which complied with LCI Grant Guidelines.



July 1 flash flood damage on Sauquat Street, Whitesboro, NY



Lion Winkler gives Whitesboro resident gift card.

Wearing reflective LCI vests, we walked door-to-door through several of the most severely affected areas in the Town of Kirkland and the Village of Whitesboro. We introduced ourselves as Lions and offered the gift cards and one of our club brochures to the residents who were rebuilding/cleaning up their properties. Many properties/houses had been

abandoned or condemned by governmental officials pending additional clean-up efforts or demolition. Recipients were extremely grateful and relayed their experiences about how fast the water came and how it destroyed their properties! We distributed a total of 22 gift cards in this manner and finalized our report, complete with attached pictures of our experiences. The report was then submitted to the District for review and ultimate submission to LCI. Our club was reimbursed for our initial purchases in a most timely manner by Cabinet Treasurer Kevin from the Emergency Grant Funds received by the District from LCI.

Hopefully a similar disaster situation doesn't occur again,

however, having experienced the process and witnessing the utilization of LCIF funds at work in our own "back yards" assisting people in their time of need made us proud to represent our club, District and International Association. Our last meeting in June was a "picnic meeting" in which we recognized those members who made significant contributions to the club in the past year. Lion Rick Pascucci was named Lion of the Year and Lions Bob Maxam and Les LaBrecque were named RJU Fellows with Distinguished Service Awards and everyone enjoyed themselves in this "different setting" at the local Fire House Pavilion.

In the middle of July, we cooked and served hot dogs, baked beans, potato salad, cookies, lemonade and coffee for our Kirkland Senior Citizens at their annual summer picnic. This year 50 seniors attended and it was held at the local Fire House Pavilion

Having collected and stored donations from area residents in earnest since the beginning of May, we began transporting them to the local Kirkland Town Ice Hockey Arena on July 8 in preparation for our annual Garage Sale. The sale was held Thursday, August 3 – Saturday, August 5 from 9:00 AM to 4:00 PM. Throughout the month of July, club members their



spouses and friends spent a minimum of four hours daily working at the arena. We sorted items by category, cleaned them, displayed some and made sure all items were priced. We ended up with more than eighty 4' x 8' tables full of items when we opened the doors at 8:00 AM on August 3 for the "Early Birds", who paid an entrance fee before the general public began searching for the treasures at 9:00 AM. Our club reaped the benefits from all the hard work. Due to the second year at the arena where more items were capable of being displayed, many more donations and better publicity our proceeds from the sale equaled the accumulative sum of the first four years. This has now become our single largest fundraiser and will allow us to provide additional services to the people of our community! In addition, the Garage Sale has increased the awareness of the existence of our club in the community. During the sale, we had the opportunity to

distribute our club brochure and discuss our clubs service projects with many people. As a result of these informal conversations with non-Lion volunteers and consumers, it appears we will soon be increasing our membership ranks by two!

We continue collecting used eyeglasses from previously established collection points in our community and assisting with the monthly food distribution at our local Country Pantry. During July & August, six club members helped serve approximately 370 people. This included seniors from one of our local area retirement homes who began benefitting from the services of the pantry for the first time on the normal distribution day. Kids Packs, full of nutritious food for the youngsters intended to reduce the impact of the absence of free food programs during the school year, were again distributed these months. In August, families with school age children also received backpacks with back-to-school supplies for the school year commencement.

It's been a strange summer - kind of what the Farmer's Almanac predicted for our area, and a lot of lawn mowing! Regardless, hopefully everyone had an opportunity to enjoy the longer days and some sort of respite from their normal routines. As all our clubs begin to meet again on a regular basis, we wish DG John much success in his upcoming year leading our District and hope all clubs meet the ever-growing service needs of their respective communities.

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Northeastern Association of the Blind Albany (NABA)

DINNER IN THE DARK/TRICK OR TREAT BAGS

By Lion Cheryl Lawyer

"Dinner in the Dark" will be held on September 16, 2017 at the Ramada Plaza Albany in Albany, NY as a fundraiser for the local chapter of the American Council of the Blind of New York, Inc. (ACB). Advance sold tickets are \$50 and sponsorships are also available.

"Dinner in the Dark" is a dining event to help raise awareness

from "NABA" on Page 25

about living with vision loss issues in our communities. Always a fun event, attendees will dine blindfolded as meals are served by wait staff. Dessert time will be un-blindfolded and a time for discussion about the experience with ACB members and diners. "What an experience!" said first-time attendee Barbara Bentley-Morrill. "At first it was kind of scary.



I'm not sure why. But then as I got more comfortable I really enjoyed the food and the laughter as well. It was a good idea to wear a bib. It was a great

event and I learned so much about living with vision loss."

The menu includes lasagna (regular or vegetarian), salad, veggies, coffee/tea and chocolate mousse.

ACBNY is the New York state affiliate of The American Council Of The Blind. Its purpose is to support and promote the educational, vocational and social advancement of blind and visually impaired persons. The New York state affiliate is made up of local chapters, organized throughout the state. More information about ACBNY can be found at <http://www.acbny.org>.

For more information about "Dinner in the Dark", contact Kathy Casey at (518) 462-9487, kcasey03@nycap.rr.com or Nancy Murray at (518) 452-3500. Seating is limited.



This Halloween Pumpkin Trick-or-Treat bag is hand-made by blind and visually impaired employees of the Northeastern Association of the Blind at Albany's (NABA) Manufacturing Department. The bag was designed by members of the production staff and utilizes excess material from other sewing operations. The bag is made from a bright orange, sturdy, waterproof mesh that allows parents to view contents. The Jack-O-Lantern face is made of reflective fabric for added safety and visibility while trick-or-treating. Each bag is \$5 and could be a great fund raiser for a Lions Club

(ex. sell for \$6 and make \$1 for your Club). For ordering or further information, contact Gail Hessney, (518) 463-1211, ghessney@naba-vision.org."

NABA

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Broadalbin-Perth Lions Club LIONS AND THE MAYFIELD PANTHERS HELP FIGHT HUNGER

By Lion Robert Townsend

At the Bannertown Fair, held August 17, 18 and 19, the Broadalbin Perth Lions Club partnered with Mayfield community members in raising funds for their "BackPack Program" that will start this fall for under privileged children

This program is in partnership with the Northeast Regional Foodbank and will serve over 30 elementary

children of the Mayfield School district this year. The program will send 12 to 15 lbs. of food home for 30 weekends through



the school year for each of the children that are identified through the social workers at the school. The total costs for the program this year is \$5,500 and as of last week, the Mayfield Volunteers have raised a little over \$3,000 through other events and community donations.

To aid in raising the remainder of the money, the Mayfield

Fire department partnered with the LIONS club by allowing the LIONS to have a Booth in which we conducted a raffle to raise additional funds. A Boys Bike, a Girls Bike and several

from "Broadalbin" on Page 26

baskets that were donated by businesses and members of the community, were raffled off to raise the funds. Throughout the Fair, a total of \$1,600 was raised through the raffle and other monetary donations. The Broadalbin Perth LIONS club will continue to be partners in this program throughout the year in assisting with the collection, packing and distribution of the Back Packs for the children.



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CABVI

MOHAWK VALLEY BRAILLE TRANSCRIBERS DONATES \$10,000 TO CABVI

By Pamela DelMedico

Each year, the Central Association for the Blind and Visually Impaired (CABVI) receives a donation from their friends at the Mohawk Valley Braille Transcribers (MVBT). This year's donation of \$10,000 was the largest donation CABVI has received to date.

"The Mohawk Valley Braille Transcribers Volunteer Group has served hundreds of school systems and many other organizations over the years," said Rudy D'Amico, CABVI President and CEO. "Their dedication and support of CABVI has assisted in the expansion of employment and services for people with vision loss across New York State."

Year round, these volunteers dedicate their time to translate print materials into legible documents for individuals who are blind and visually impaired. Without their persistence and hard work, children around the country would not be able to read,

understand math, or learn about history.

For 2016, the final MVBT figures were outstanding! With 22 volunteers, the group logged 7,932 hours, completed over 24,000 pages, and distributed to 15 states. CABVI is extremely grateful for all the hard work that MVBT does and for the time they donate to converting publications into braille for individuals who are blind and visually impaired.

ABOUT CABVI

Central Association for the Blind and Visually Impaired (CABVI) is a not-for-profit agency that serves people who are blind or visually impaired, from newborns to the elderly, generally free of charge. Our staff of professionals offers comprehensive vision rehabilitation, employment, and technology services personally tailored to meet an individual's needs.

CABVI's vision rehabilitation programs provide for more than 1,500 people who are blind or visually impaired in an eight county area of upstate New York (Oneida, Herkimer, Madison, Fulton, Lewis, Montgomery, Jefferson and northern Otsego Counties). CABVI offers low vision examinations vision rehabilitation therapy, orientation and mobility, instruction in the use of assistive technology applications, employment training, adaptive recreation and sports and social work.

CABVI | Central Association for the Blind and Visually Impaired

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www.cabvi.org

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For more information:
jmcdonald33@nycap.rr.com
www.leialbany.com

Albany & Troy Lions Club

By Lion Jerry Gordon

Report of the board meetings held on Wed, August 2, at the Red Front. A number of Lions spoke up, and we now have orders for about a dozen shirts. Since not everyone was present, we should not have a problem meeting their minimum order requirement.

Continuing last month's discussion, a motion was made and passed for RJUs to meet immediately after the April meeting, and MJFs after the May meeting, to select future recipients, respectively.

We again have an opportunity to help CEO with their backpack program. They need volunteers to pack the bags, and then help with the distribution. KL Carol had distributed an email with the dates .

Lion Jerry reviewed three months' worth of voice mails. Of the 51 calls we received, 36 were for us and the rest were for other clubs around and even beyond our district, including Hudson, Malone and even New Jersey.

Lion Maryanne gave out one eyeglass voucher.

We discussed the request we had for help getting hearing aid batteries and tubes. We get a number of new batteries donated along with used hearing aids. Jerry will check to see if any are the same size needed by the requestor. [Since the meeting, we learned that the patient has since passed away.]

Lion Ruth reports that we received a \$1000 grant from WGY's Christmas Wish program.

We ordered club shirts in 2010 and in 2013. Many of us wear them to club meetings, but the real purpose is to present a unified appearance whenever we're out in public (in a parade, at a blood drive or health fair booth) or at broader Lions functions (club visitations, district cabinet meetings, state or international conventions).

If you have one (or more), it's probably getting worn-looking.

And if you didn't get one then, or you've joined since then, maybe you'd like one. To encourage you to buy 1 (or 2) so we can meet the 12-piece minimum, we're offering light blue as well as navy. As soon as you can,



please let Lion Jerry know how many you want, color (navy or light blue), style (sport shirt or golf shirt), whether men's or women's, and size.

We're participating in Boscov's "Friends Helping Friends" program by selling Shopping Passes. These passes are good for 25% OFF almost everything Boscov's sells. They can be used at all 48 Boscov's stores, but only on Tuesday, Oct 17, 2017. The passes are \$5 each and our club gets to keep the whole \$5. There will be many other charitable organizations taking advantage of this program, so start selling them now to your friends and family and get a leg up on the competition. Passes are available from Lion Jerry, and all the proceeds go to Lion Paul.

It was a year ago, at the 9/7/16 board meeting, that we first approved our participation in this project to buy a new playset for Brotherhood Park in Watervliet. By January 2017, we had committed club funds, received donations from several Lions and applied for and received a \$2000 matching grant from the New York State & Bermuda Lions Foundation. We've been waiting patiently as Tara Burke, owner of FreelyClothing.com and the project originator, raised the rest of the \$8400 needed. She has obtained grants from Maddie's Mark Foundation and from Stewart's, and she got the City of Watervliet to commit to the balance. Because it's been more than 6 months since we got the check from NYS&BLF, we had to apply for an extension, which we just received. At our upcoming meeting on 9/6, we're hoping to announce that the playset has been ordered.

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AlbanyTroyLions.org facebook.com/albanytroylions



Utica Lions Bottle and Can Drive

(Proceeds go to help need in **our** community)

Stash's Hit and Run

(We have an Account
for Drop Off's here)

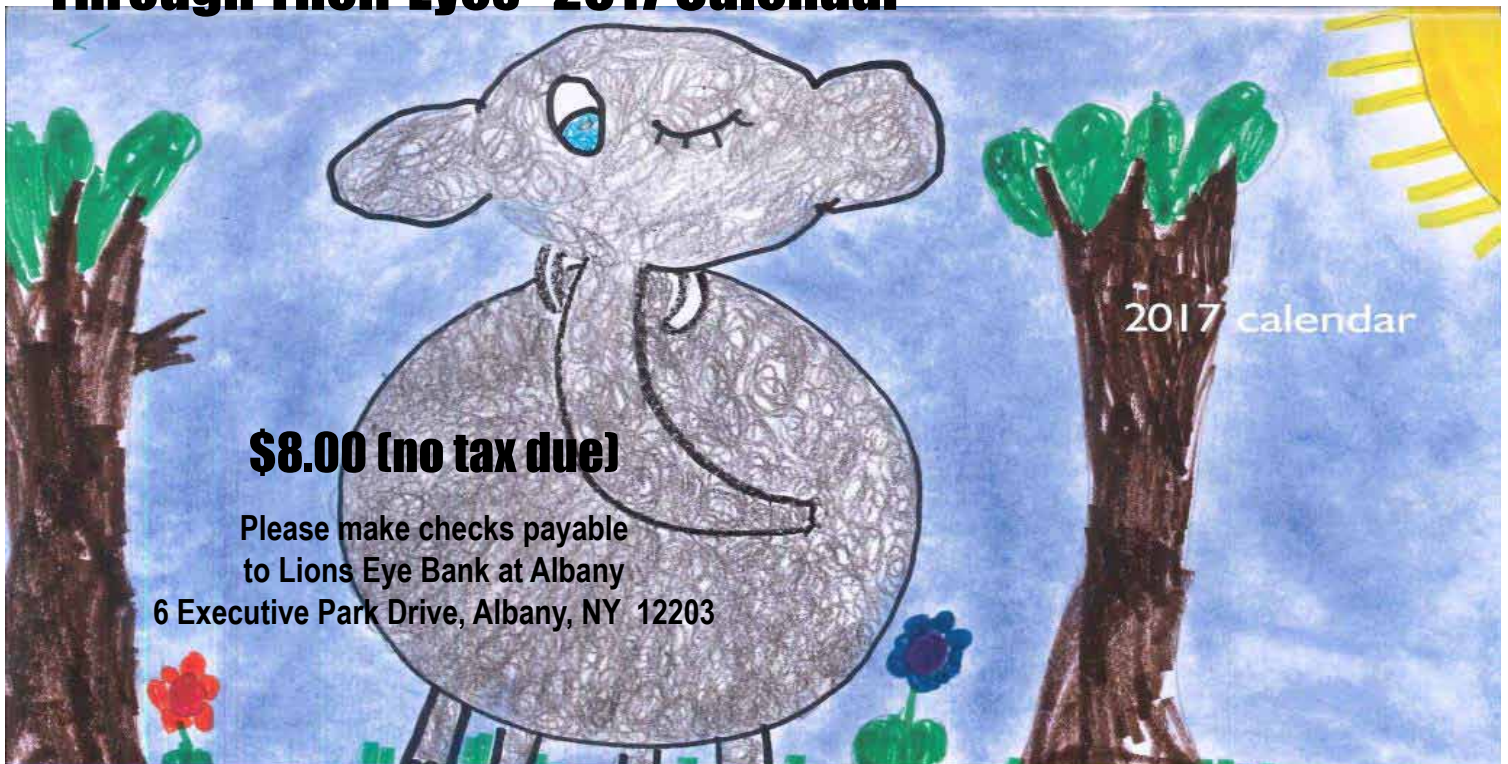
**917 Oriskany St. W.
Utica, NY 13202
Monday - Saturday
9:00 am - 5:00 PM**

PLEASE ADDRESS "THIS IS FOR THE UTICA LIONS CLUB"

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For more information
(518) 489-7606
Jbeach@lionseyebankalbany.org



\$8.00 (no tax due)

Please make checks payable
to Lions Eye Bank at Albany
6 Executive Park Drive, Albany, NY 12203

2017 MD1 Host Committee

COMMEMORATIVE PIN ... ORDER FORM



#1

Ship to: (Please Print clearly or Type)

Name: _____

Address: _____

Phone No: _____

Email Address: _____

Three dimensional
pewter pin with raised
Lions Emblem



#2

Please send me

Pin #1 _____ Pin (s) at \$5.00 ea. ... \$ _____

Pin #2 _____ Pin (s) at \$5.00 ea. ... \$ _____

Pin #3 _____ Pin (s) at \$5.00 ea. ... \$ _____

Shipping add \$ _____

One - Two pins \$ 3.00

Three - Five pins \$ 5.00

Six - Ten pins \$ 9.00

*Orders that are for more than 10 pins, call for shipping
charges before placing the order.*

Total amount enclosed \$ _____



Three dimensional pin

#3

All Pins Not Shown
to Actual Size

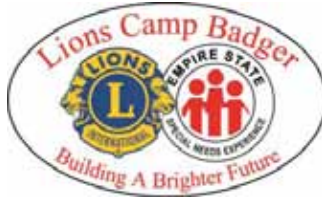
Please make check or money order payable in (U.S. Funds Only) to:

Lions 2017 Host Committee

Mail to:

Lion Wm Prucha
10900 S. Avenue A
Chicago, IL 60617
(708) 606-8507

Lion Bob Block, PDG
615 205th Place
Dyer, IN 46311
(219) 671-0287



As we near the end of the calendar year, we'd like to take this opportunity to thank all of you for your support and generosity. Whether monetarily, or by giving of your time here at the camp, we appreciate every dollar and/or ounce of effort! Lions Camp Badger continues to grow and succeed, and we look forward to a bright future for our special needs campers thanks to you, our biggest supporters.

Thank you to all of the Lions and Lions Clubs of Multiple District 20!

Also, as we approach Holiday shopping season, we'd like to tell you about some exciting ways that you can help Lions Camp Badger without even reaching into your pocketbook! If you shop online by using Amazon or other online retailers, please check this out:

✓ **AMAZONSMILE**

Amazon will donate **0.5%** of the price of your eligible AmazonSmile purchases to ***Empire State Special Needs Experience, Inc.*** This works all year, not just at holiday time.

AmazonSmile is the same Amazon you know. Same products, same prices, same service. Just remember to choose AmazonSmile instead of Amazon in your browser and select ***Empire State Special Needs Experience, Inc.*** as your charity.

There is absolutely no cost to you.

Start your shopping now at: <https://smile.amazon.com/ch/16-0926574>

Remember to bookmark the site and use it every time you shop at Amazon!

✓ **GIVING ASSISTANT**

Donate up to 30% of your purchase price to ***Empire State Special Needs Experience Inc.*** when you shop at 1800+ popular online retailers using Giving Assistant! It's easy. Giving Assistant pays you cash back, and you choose how much of it you'd like to donate to us.

<https://givingassistant.org/np#empire-state-special-needs-experience-inc>

District & Club Resources

Is your club in The ROAR/MD20Magazine?

**Let the District and the State know the
GREAT THINGS YOUR CLUB IS DOING!**

Below are the specifications for each publication.

MD/20 MAGAZINE SUBMISSIONS

December 15, 2017 ~ May 15, 2018

ONLY TWO ISSUES will be emailed and include district news.

I will submit everything I receive by the deadline, however submission does not guarantee publication, (I am not the editor). We are limited to one page per District so please limit your articles!

I would love to have many clubs represented.

THE ROAR SUBMISSIONS

THE 28TH OF EVERY MONTH

Everything received by the deadline will be in the next issue. Publication will be the 1st of every month.

ARTICLES

- Digital submission **preferred** in upper/lower case format.
- Microsoft Word, PDF, or text embedded in an email are acceptable.
- If it is handwritten, it **MUST BE LEGIBLE**.
- No scanned newspaper articles. Newspaper articles will be accepted IF they are in digital format, and with written permission from the originating publication.
- SPELL CHECK everything, particularly names, titles, club name, etc.

PHOTOS

- Digital submission **preferred** in JPEG or TIFF format.
- Hard copies are acceptable (Please do not write on the back).
- Hard copy newspaper photos are not acceptable. Digital newspaper photos are acceptable **ONLY** with a release from the newspaper/photographer, with photographer credit.
- SPELL CHECK everything, particularly names, titles, club name, etc.
- **PLEASE MAKE SURE CAPTIONS ARE IDENTIFIED WITH CORRESPONDING PHOTOS!**

EVENT FLYERS (THE ROAR ONLY)

- Original documents saved in .jpg, .pdf format or Microsoft Word are acceptable. No scanned documents. Flyers may be “reworked” due to space requirements.
- SPELL CHECK everything, particularly names, titles, club name, etc.

Submissions can be made to karen@deuxflutes.com
or Lion Karen Rager, 82 Hunter Lane, Queensbury, NY 12804.

**The following five pages pertain to the LEI Patient Referral Policy and Forms.
Please discard any older versions you may have, as these were recently updated!**



Lions Eye Institute at Albany, New York, Inc. Patient Referral Policy

Consultants' Management Services LLC (Physicians), Albany Medical Center and other Lions Eye Institute (LEI) approved medical facilities will accept patient referrals from Lions Clubs.

1. Lions may identify qualified individuals who appear to require subspecialty ophthalmologic services, who do not have private and/or governmental health insurance or the financial means to pay for such services, and who in the absence of assistance from the Lions are not likely to receive the needed ophthalmologic care.
2. Only the Club President and/or Secretary may make referrals. Referral is limited to these two individuals so that the club leaders will know who has been referred and can evaluate the appropriateness of the referral and monitor the progress of the referral.
3. Referrals must be made in writing. All forms must be completely filled out and signed. Patients must sign the HIPAA-compliant consent form allowing the exchange of medical information between the patient, Lions and LEI Physicians.

- a. For patients residing in Lions **District 20-O**, send completed forms to:

PDG Lion Wilfred Roehe, 8 Skyview Drive, Poughkeepsie, NY
12603

With copy to:

VDG Lion Barbara Gavin, 159 South Quaker Lane, Hyde Park, NY
12538

- b. For patients residing in Lion **District 20-Y2**, send completed forms to:

Lion Phil Klein, 29 Walter Drive, Saratoga Springs, NY 12866

With copy to:

Lion John McDonald, PO Box 91, Galway, NY 12074

- c. For patients residing in Lion **District 20-W**, send completed forms to:

PDG Lions Liz & Bob Walker, 66 East Church Street, Adams, NY
13605

With copy to:

PDG Lion Wilfred Roehe, 8 Skyview Drive, Poughkeepsie, NY
12603

4. Referrals are limited to emergency, diagnostic, therapeutic and/or surgical care. Routine eye care is more appropriately handled by local eye care providers and shall not be referred to the Lions Eye Institute.
5. To qualify as a referred patient, the individual, agent, guardian or Lions Club must make reasonable attempts to obtain private, charitable, or governmental health insurance such as Medicare, Medicaid, Fidelis, etc. It is the responsibility of the Lions Club to make sure this has been done. Any financial assistance provided by the Lions Eye Institute shall be limited to a **maximum total of \$4,500 per patient**. Applicants who may require surgery and/or hospitalization must also apply to Albany Medical Center for financial aid by contacting AMC's Patient Financial Services department at 518-262-1981 or 1-866-262-7476.
6. Requests for information concerning a referred patient may be received. For ethical, legal and confidentially (HIPAA) reasons, information will not be released to a third party unless there is a signed release from the patient.
7. Questions regarding this policy shall be made to the LEI Board President, 1220 New Scotland Road, Suite 102, Slingerlands, NY 12159. Questions and comments can also be sent via email to leialbany@gmail.com or leave a voice message at 518-290-8939.



leialbany@gmail.com

Patient Referral Form

Date: _____

Patient:

Name _____ DOB _____ Age _____
Last First Middle

Home Address	City	State	Zip
--------------	------	-------	-----

Home Phone _____ # of Dependents _____ Employer _____

Business Address	City	State	Zip
------------------	------	-------	-----

Business Phone	Yrs Empl	Annual Income
----------------	----------	---------------

Spouse/Parent/Guardian:

Name _____ DOB _____ Age _____
 Last First Middle

Home Address	City	State	Zip
--------------	------	-------	-----

Home Phone _____ # of Dependents _____ Employer _____

Business Address	City	State	Zip
------------------	------	-------	-----

Business Phone _____ Yrs Empl _____ Annual Income _____

Total Annual Household Income

Insurance:

Applicant must attempt to obtain private, charitable or governmental health insurance such as Medicare, Medicaid, or Fidelis Care. If you need additional assistance, contact the Health Insurance Information Counseling and Assistance Program (HICAP) at 1-800-701-0501. Applicants who may require surgery and/or hospitalization must also apply to Albany Medical Center for financial aid. Please contact AMC's Patient Financial Services department at 518-262-1981 or 1-866-262-7476.

Ins. #1	None	Policy Number
---------	------	---------------

Ins Address	City	State	Zip
-------------	------	-------	-----

[illegible]

over

Ins. #2 _____ Policy Number _____

Address _____ City _____ State _____ Zip _____

Policy Holder Name _____ Relationship _____

Do you qualify for Medicaid? Yes _____ No _____. If no, please enclose a copy of the denial letter.

Description of Visual Problem:

I, _____, authorize the _____ Lions Club to refer the above stated patient to the Lions Eye Institute and to release the above information to the Lions Eye Institute and Lions Eye Institute Physicians, Albany Medical Center or other Lions Eye Institute approved medical facilities. I further release this Lions Club and the Lions Eye Institute of any legal or monetary obligation for their assistance in arranging for services. **Any financial assistance provided by the Lions Eye Institute shall be limited to a maximum total of \$4,500 per patient.**

Signature _____ Relationship _____ Date _____

Personal Physician and/or Eye Specialist:

Name _____ Speciality _____ Phone _____

Name _____ Speciality _____ Phone _____

Lions Club:

Club Name _____ Lions District # _____

Club Address _____ City _____ State _____ Zip _____

Referring Members Name _____

Telephone _____ Email _____

President's or Secretary's signature _____

IMPORTANT: Forms must be completed in full before they can be processed. Referrals must be made through the appropriate local Lions Club. Incomplete forms or forms sent directly to the Lions Eye Institute will delay care and/or may result in denial of the referral.

Once the patient has completed his/her part of the form it should be forwarded to the Sight Chairman of the appropriate local Lions Club for approval at the Club level.

Once the referral is approved and signed off by the Lions Club the completed forms must be forwarded to:

For patients/Lions Clubs in **District 20-O**

PDG Lion Wilfred Roehe
9 Skyview Drive
Poughkeepsie, NY 12603

With copy to:

VDG Lion Barbara Gavin
159 South Quaker Lane
Hyde Park, NY 12538

For patients/Lions Clubs in **District 20-Y2:**

Lion Phil Klein
29 Walter Drive
Saratoga Springs, NY 12866

With copy to:

Lion John McDonald
P.O. Box 91
Galway, NY 12074

For patients/Lions Clubs in **District 20-W:**

PDG Lions Liz & Bob Walker
66 East Church Street
Adams, NY 13605

With copy to:

PDG Lion Wilfred Roehe
9 Skyview Drive
Poughkeepsie, NY 12603



District 20 - Y2
Lions Hearing Conservation Society

LIONS LOAN-OUT EQUIPMENT

Below is a list of assistive devices available at many of the District 20Y2 Lions Loan-Out Centers.
 (Other equipment may be available upon request.)

Pocketalker

Personal amplifier. Ideal for one-to-one communication and T.V. listening.

Infrared T.V. Listening System

Wireless, infrared amplification system.

Personal FM System

Wireless portable amplification system. Transmits up to 300 feet. Helpful for an individual or large group situation.

Amplified Telephone

Adjustable volume control with amplified ringer.

CapTel Telephone

Telephone that has both amplification and caption capability.

Amplified Telephone Ringers

Provides adjustable ring volume, frequency and pitch tone.

Whistle Stop

Phone adapter to prevent feedback from using telephone with hearing aid.

Digital Alarm Clock

Wake to an alarm, a flashing light, or a portable pillow shaker.

Alert Master

Uses a pillow shaker and a lamp flashing simultaneously to alert you to a smoke detector sounding, door knocking, telephone ringing, and alarm clock activation.

Personal Body Pager

Pager works with the Alertmaster. The person wears it to alert to sounds while awake.

District 20Y2 Hearing Conservation Society Loan Out Centers

Albany - Madison Hearing Center
 One Executive Center Drive - Suite 202
 Albany, NY 12203
 Voice: 518 690-2060

Amsterdam - Resource Center for Independent Living
 347 W. Main Street, Amsterdam, NY 12010
 Voice: 518 842-3561 TDD: 842-3593

Herkimer - Resource Center for Independent Living
 401 East German Street, Herkimer, NY 13350
 Voice: 315 866-7245 TDD: 315 866-7246

Glens Falls - Center for Better Hearing
 318 Ridge St, Glens Falls, NY 12801
 Voice/TTY: 518 798-4800

Saratoga Springs - Saratoga Hearing Center – Saratoga Medical Arts Center
 414 Maple Avenue, Saratoga Springs, NY 12866
 Voice/TTY: 518 584-0578

Schoharie County Office for the Aging
 113 Park Place, Suite 3
 Schoharie, NY 12157
 Voice: 518 584-0578

Troy - Hear USA
 2200 Burdett Avenue, Troy, NY 12180
 Voice: 518 272-7323

Utica - Resource Center for Independent Living
 PO Box 210, Utica, NY 13503

LIONS WEBSITES

DISTRICT 20Y2

www.20y2lions.org

MULTIPLE DISTRICT 20

www.md20lions.com

LIONS INTERNATIONAL

www.lionsclubs.org

LIONS MEMBER CENTER

<http://tinyurl.com/gs6bwcs>

ZONE CHAIR REPORTS

tinyurl.com/jwewgvk

CLUB OFFICER RESOURCES

<http://tinyurl.com/hyxxzc2>

PUBLICATIONS AND FORMS RESOURCES

<http://tinyurl.com/hmrkzhc>

CLUB SUPPLIES FORMS

<http://tinyurl.com/zje6s5b>

LIONS APPROVED LOGOS

<http://tinyurl.com/ho7qrjd>

**These are VALUABLE
resources! Take a look!
Lots of FREE PR!**

**Watch the video from the
Lions Eye Institute Albany**
<http://tinyurl.com/gopuypc>

SEE WHAT WE DO!!!

DID YOU KNOW

Lions has a Brand?

A brand is a distinctive visual identity attributed to an organization. The Lions brand is a way of talking about and promoting Lions. Our brand helps celebrate our heritage while presenting Lions in a fresh and modern way. The following resources are available for download and can provide guidelines on brand messages and usage.

Lions Brand Book

Includes information such as core messages and how to use them.

<http://tinyurl.com/y7kz43xb>

Lions Clubs International Graphic Identity Manual

Maintains all aspects of the Lions brand, and serves as a guide on such topics as logo use, stationery, signatures, preferred type font and more.

<http://tinyurl.com/y8nym5kg>

This is the current two color logo that is to be used in promotional materials for print, internet, and current clothing.

Logos can be EASILY downloaded for use by your club or printer at <http://tinyurl.com/ho7qrjd>





www.guidingeyes.org/



Central Association for the
Blind and Visually Impaired

www.cabvi.org

NABA

Northeastern Association
of the Blind at Albany

www.naba-vision.org

Lions Eye Bank at Albany

Sight Society of Northeastern New York, Inc.

www.lionseyebankalbany.org



EMPOWER • LEAD • EXCEL

www.hoby.org



nfb.org



**FREEDOM
GUIDE DOGS**

www.freedomguidedogs.org

LIONS QUEST CONTINUES TO GROW



LCIF is excited to announce the publication of the newest edition of Lions Quest social and emotional learning program for students from preschool through grade 12. There are new digital resources and updated course content to help address the issues facing today's youth. Visit www.lions-quest.org to learn more about the program and its effectiveness.

www.lions-quest.org