

District & Club Articles

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- 2 Find "To sign up for the District newsletter, click here" at the bottom of the blue box.**
- 3. Fill in requested information.**
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You will receive the newsletter
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Northville Sacandaga Lions Club

5 AND 10K ROAD RACE ON OCT 20

By PDG Dick Ralston

From the shores of the Great Sacandaga Lake, the Northville/Sacandaga Lions Club started the 2018-2019 Lions Year with four (4) new members.

In July the club held a successful coin drop and popcorn fund raiser during the Rotary Clubs Wood Working weekend. From January 1 through June 30, the club collected over 300 pairs of glasses which were turned in to be recycled.

The Club will host its 20th annual Great Sacandaga 5 and 10K Road Race on October 20th, with assistance of The Fulmont Roadrunners.

The location is at the Sport Island Pub, 108 Riverside Boulevard in Northville. Race day registration will be from 9 to 10:15 a.m. with the races starting at 10:30 a.m. The entry is \$20.00 for preregistration and \$25.00 on race day. You may register online at Zippyreg.com or by contacting the Lions Club. Registration is limited to the 1st 125.

T-shirts are guaranteed if registration is received by Oct 5. Awards will be presented to first overall male & female, and to top three, male & female, in 14 and under, 15-19, 20-29, 30-39, 40-49, 50-59, 60-69, and 70 and older age groups in each race.

There will be a post-race buffet featuring hot and cold entries and beverages compliments of Sport Island Pub. Non-runners may take part in buffet for \$7.

All proceeds will be used for Lions Clubs projects to help the visually and hearing impaired, for local community needs, and to help anyone in their time of need.

For information contact Keith Goodrich 518-863-4452, kgoodrich3@roadrunner.com or Dave Gifford 518-863-8046, dygiff@frontiernet.net.

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Sauquoit Valley Lions Club PICNIC/KICK OFF MEETING

By Lion John Griffin

On Sunday July 29, 2018 members of the Sauquoit Valley Lions gathered at the residence of Lion John and Lion Connie Griffin to enjoy food, drink and comradery. It was a beautiful afternoon and a great opportunity to catch up with fellow Lions over the summer.

Our first meeting for the 2018-2019 year is being held on Thursday, Sept. 13, 2019. Lion Edward (Ted) Thomas takes the reigns as Club President and we are anticipating another successful year of Lionism in the Sauquoit Valley. Our SV Lions Web site slide show depicts all of our activities over the past year. Check it out at www.sauquoitvalleylions.org.

The Club is also holding our annual **Where's The Beef Raffle**. The Club is selling 250 tickets at \$10.00 each. The winner receives a 1/2 side of beef cow locally raised and wrapped to specifications valued at over \$1,000.00 or has the option of a \$750 cash prize. Tickets can be purchased from any Club member.



Members of the Sauquoit Valley Lions gather at the Griffin residence for their summer picnic.

KING LION EDWARD THOMAS

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**BACK TO
SCHOOL!**
Watch out for
the kiddos!

Central Association for the Blind and Visually Impaired (CABVI)

By PDG Paula Flisnik/Michael Marronne

CABVI donates to the Beacon of Hope Outreach Ministry - PDG Paula Flisnik

March 24, 2018, United Nations Lions Day witnessed the joining of service partners; the Central Association for the Blind and Visually Impaired (CABVI) and the Beacon of Hope Outreach Ministry (BOHO).



PDG Paula Flisnik, CABVI's Director of Community Relations, and Lion Lady Celestina Ekezie, NYS Barahona Lions Club/BOHO Founder and CEO met and quickly realized that their conversation that day would be the first of a continuing relationship.

Lion Lady Celestina described BOHO's medical and educational services. PDG Paula replied "I can help with providing the Nigerians with donated items."

PDG Paula consulted with her CABVI colleagues. Nearly 700 Lions glasses were donated along with magnification devices, vision screening materials, nitrile examination gloves and pencils. These donations will be used for the Adinije Memorial Medical Mission in January 2019.



Following PDG Paula's contributions, the Marcy Telephone Lions Club (MTLC) has collected shoes and sneakers accompanied by a financial donation to the Beacon of Hope

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Outreach Ministry. MTLC visually impaired Lions bring aid to visually impaired Nigerians. FANTASTIC!

The donated items are being shipped to Nigeria in multiple lots over four months. This allows the organization to raise additional funds to cover transportation costs, facilitate shipping logistics, customs clearance, and provide land transportation to inland sites where BOHO's events will be held.

Nearly 6000 people from rural communities in Nigeria will receive assistance! Participants will undergo medical exams, receive prescribed medications, attend public health awareness and receive health-related educational materials.

The Beacon of Hope Outreach Ministry's future plans include building a rehabilitation and wellness center in Owerri, Capital of Nigeria.

For additional information on the Beacon of Hope Outreach Ministry, please visit its website, www.beaconofhopeoutreach.org.

CABVI Receives Citation from NYS OCFS Commissioner for Outstanding Service - Michael Marronne

The Central Association for the Blind and Visually Impaired (CABVI) was presented a citation from New York State's Office of Children and Family Services (OCFS)



Commissioner, Sheila Poole, for outstanding service and support to individuals living with blindness and visual impairments.

"We are honored to receive such a prestigious declaration from the New York State Commissioner of the Office of Children and Family Services (NYSOCFS)," said President and CEO of CABVI, Rudy D'Amico. "We take great pride in the work we do at CABVI to facilitate our services to those who are blind or visually impaired from rehabilitation services and

activities, employment, adaptive technology training to low-vision screenings. We are honored and grateful to the Commissioner and the Office of Children and Family Services who recognize the efforts of CABVI to assist our consumers achieve their highest level of independence." Brian Daniels, Associate Commissioner of the NYSOCFS, presented the citation earlier this summer.

CENTRAL ASSOCIATION FOR THE BLIND AND VISUALLY IMPAIRED (CABVI)

MICHAEL MARRONE, PUBLIC RELATIONS AND EVENTS MANAGER

315 797-2233

michaelm@cabvi.org

PRESIDENT RUDY D'AMICO

507 Kent Street, Utica, NY 13501

Work: 315-797-2233

www.cabvi.org



Introducing 20W's new Service Project- In support of pediatric cancer patients and their families, 20W will be adopting a new Service Project to help collect data and resources in 20W to help support Childhood Cancer Awareness.

We are looking for hospitals, organizations, services and events in our district. We would also like to support any upcoming events in our 20W Newsletter.

The gold ribbon is the symbol for Childhood Cancer.. If we could ask each Tailtwister in our district to put a gold ribbon on each members plate at the start of the September meeting as a kick off to this Service Project.

Please forward any information to support our Service Project to Lion Diane Lange, District 20-W Pediatric Cancer Chairperson at skipper2dfl@yahoo.com.

Peace Essay Contest

By PDG Joan Scott

Dear Parent/Guardian,

As a Past District Governor of the New York State Lions, I am thankful for the Saratoga Lions Club who have just ended (for the 2018-2019 year) Camp Abilities Saratoga. If your child attended this you will also hear a lot about the week at camp.

I want to tell you of another program that Lions Clubs International offers your child, however, there is an age restriction. If your child is too young, keep this program in mind when he/she is old enough. If he/she is too old, I'm sorry you didn't hear about it before.

I am talking about **The Peace Essay Contest**. Children who are blind or legally blind, who were born between November 16, 2004 and November 15, 2007 are eligible.

Essays can be no longer than 500 words, computer generated, printed in black ink and double spaced. This year's theme is "Kindness Matters."



If your child wants to participate and you don't know of a Lions club near you, I will find you one even if you don't live in New York. A club can sponsor more than one child but there can only be one winner from a Club. The club usually gives a monetary gift to the winner and if there are more entries, runner ups can a smaller prize. The club winners then move onto the District Contest. That entry goes onto the State Contest and that winner goes onto the International Contest. Each step along the way earns a monetary prize. The Grand Winner receives \$5,000.00.

If you need help in finding a Lions Club or if you have any questions, I can be reached at jmsc@roadrunner.com. My mailing address is 140 Gailey Hill Road, Lake Luzerne, NY 12846. My telephone number is (518) 696-2904.

Sincerely,

Joan M. Scott Peace Essay Chair
District 20W, New York State Lions

Saratoga Springs Lions Club CAMP ABILITIES NEWS/KIDSIGHT

By IPDG John McDonald/Lion Cheryl Lawyer

Camp Abilities - IPDG John McDonald

The Saratoga Springs Lions Club hosted its 5th annual Camp Abilities Saratoga camp from August 5th - 11th. The camp, which attracts campers from throughout NYS and beyond, is an active sports camp for children and teens who are blind or visually impaired. Since 1925, when Helen Keller challenged Lions Clubs



Campers and Counselors at Saratoga National Golf Course

around the world to become "Knights of the Blind in the crusade against darkness", the Lions mission has focused on



The camper athletes that have been with Camp Abilities from the start along with Tiffany, the camp director.

Sight and Hearing Conservation, Diabetes Awareness and Youth.

The camp has made great strides over the past 5 years to empower children and teens that are blind, visually impaired or deaf blind to be physically active by way of a series of sports activities that have been professionally adapted to their abilities. Additionally, the camp provides a "real life" hands-on experience for undergraduate and graduate students

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20wlions.org is up and running!

Here's how to get there.

You can manually type
20wlions.org

It is nowhere near complete. Some pages, (calendar, contact, directory, newsletters, and probably others by the time you read this), are done, as much as such pages are ever done. Others are left over from last year's 20W site, and many more are still to come. Updates will be happening continuously.

CHECK BACK OFTEN!

20-W District Directory is here.

Use this link.

<http://e-district.org/userfiles/89/file/Directorypdf>

This is also a work in progress so I am looking for any corrections! Send them to:

directorychange@20wlions.org

20W District Facebook page is here.

Use this link.

bit.ly/facebook20w

I'm also trying to find home clubs of 20-Y2 PDGs from 1980 and earlier, if you have old district directories or a good memory.

And finally, please try to get all the Lions, Lionesses or Leos of 20W to sign up to get this newsletter. Use the link at the bottom of the home page at 20wlions.org.



pursuing the field of physical education, as well as active teaching professionals from the field of adaptive sports. This improves their knowledge, experience and confidence in developing and teaching sports, recreational and social activities for children with sensory impairments. The third



objective of the program is to demonstrate to parents and families of campers the child's potential ability to function independently while also providing their child with an inclusive summer camp experience with other children.

The camp was supported by numerous financial and in-kind sponsors,

including many local Lions clubs! For more information about the camp please visit the camp web site at <https://campabilitysaratoga.org/>.

This year the Adirondack Pub & Brewery Oktoberfest for Charity falls on Saturday October 13, 2018 from 1-5pm. This event takes place at the Brewery in the heart of Lake George. They will be contacting me soon with details of the event, what they would like to offer, and what we need to provide them in the way of staff volunteers, paperwork, cross-promoting info, etc. One of the requests is that we provide a team of volunteers to work during the Lake George Oktoberfest over Columbus Day Weekend which falls on October 5th, 6th & 7th this year.

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A number of us worked the Columbus Day event last year and it was a great time. Lions Don & Dave Carr, you'll both be happy to know that periodic product quality checks is expected! The Columbus Day weekend event occurs in the heart of the village on Canada Street. It'll be a fun couple of weekends!

ADK appreciates the volunteers we've sent to them on a number of their events, and they are very happy to give back to the Lion's Club in this way. They've been a supporter of the Brewseum since it's inception, and this will be a great opportunity for us to raise a lot of money for CAS, increase the exposure of CAS, and above all have a really great time!

adkbrewery.com/pub/

Please join the Saratoga Springs Lions Club for our 4th Annual "Dave Carr Sr. Memorial Golf Tournament" on Friday September 28, 2018 at Brookhaven Golf Club. Details and contact information can be found on page 16 of this newsletter. We look forward to seeing you there!

KidSight Vision Screening - Lion Cheryl Lawyer

On August 4, the Saratoga Springs Lions Club held their first community KidSight vision screening in their brand-new screening tent. The Saratoga Children's Museum annual fundraiser "Big Truck Day" had over 2000 attendees enjoying a fun family day viewing all kinds of big trucks and other family-friendly activities. "The new screening tent is awesome! It

looks like a castle with lions and the Lions logo on it" said Club Chair and certified KidSight screener

Cheryl Lawyer.

"The kids had a blast with it as they just liked to go in and play. A few times I went in it to screen a child and found kids playing inside. We look forward to screening more kids next year as it was a very busy, fun day." All kids screened received coloring books and fun stickers. Parents received immediate results of the vision screening and reports were emailed to them after the event. Fellow Lions Don Hall, Maria Geizer, Shelley Riley and Randy Martin helped with the permission



Lions Randy, Don, Maria, Cheryl and Maria.

slips, crowd-control and handing out coloring books. Honorary Lion black Labrador Clive was also on hand to provide some "puppy love" and he looked adorable in his Lion costume! In all 56 children were screened and three were identified and referred for a complete eye exam.



Lion Clive!

The KidSight vision screening program is a collaboration with the Northeastern Association of the Blind at Albany (NABA) and NY Lions See; a Lions

organization helping raise awareness about the importance of early detection of childhood vision problems as well as certifying KidSight screeners. For more information about KidSight vision screenings contact Lion Cheryl Lawyer at (518) 229-5986, clawyer@naba-vision.org.

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CLUB CORRESPONDENCE

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The Sunshine Corner

Do you have a club member who is in the hospital, ill, recovering from an illness, needs some cheering up or has happy news to share? This is the place to post their name and address for well wishers to send cards of inspiration and well wishes!

Send to karen@deuxflutes.com

Childhood Cancer Awareness Month

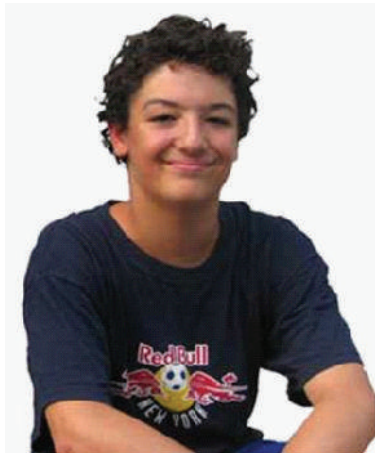
By Lion Diane Lange

September is Childhood Cancer Awareness Month. In support of pediatric cancer patients and their families, 20W will be adopting a new Service Project to help collect data and resources in 20W to help support Childhood Cancer Awareness. We are looking for hospitals, organizations, services and events in our district. We would also like to support any upcoming events in our 20W Newsletter. Please forward any information to support our Service Project to Lion Diane Lange, District 20-W Pediatric Cancer Chairperson at skipper2dfl@yahoo.com.

NICK'S FIGHT TO BE HEALED FOUNDATION



Nick Cammarata was a healthy young adult who loved to swim, read, build legos, and play videogames - just like any other 12 year-old boy. In June 2008, he developed a simple rash, which his family thought was nothing more than a side-effect to the antibiotic he was on. Nick went back and forth to the doctor, and trip after trip nothing was determined. After these numerous trips to the doctor, he got a blood test. One month later, on July 4, Nick was diagnosed with Acute Lymphoblastic Leukemia (ALL). Nick's type was T-cell, which is a harder form to cure. Nick went through 4 grueling months of intense chemotherapy. After the chemo, he was in remission, but now needed a bone marrow transplant.



On October 26, 2008, Nick passed away from complications from his treatment.

The Cammarata family has started **Nick's Fight To Be Healed Foundation** to reflect Nick Cammarata's values and personality

by helping other patients with blood cancer his spirit lives on.

The mission of Nick's Fight to be Healed Foundation *"is to support pediatric blood cancer patients as well as serve the young adult blood cancer community. We strive to improve quality of life by promoting well-being, reducing stress within the entire family, and providing resources to help children with blood cancer lead fun and fulfilling lives."*

Nick's parents, Janine and Lucas Cammarata, are President and Vice-President of **Nick's Fight to be Healed Foundation**. Together, with the help of a Board of Directors they support young adults to have an easier experience battling their sickness. Together, they experienced first-hand how the battle with cancer changes a family, taking a toll on everyone involved. They understand the financial struggle of making ends meet while a family member is sick. They understand the need to spend time with your child in the hospital while maintaining a full time job and taking care of a family at home. That is why they want to reach out to other families who are in the situation they were in. They want to lend a hand.

The Story Behind Nick's Logo & Slogan

Nick loved all things medieval - dragons, knights, castles. He loved reading fantasy stories, especially King Arthur. The dragon in the logo comes from one of Nick's dragon books. It is a wyvern, a legendary winged creature with two legs and barbed tail often found in medieval heraldry. The shield and sword was thought up by Lucas, Nick's father, which matches the memorial he placed at Nick's site. Nick chose the red and black colors and the "Fight to be Healed" slogan while friends and family were raising money to help with his medical bills. Designed together, the logo represents the spirit of Nick that will shine through to other children defending themselves against cancer.

SERVICES OFFERED

How Nick's Fight To Be Healed Foundation Helps

- **Financial Support** - Providing financial assistance for pediatric blood cancer patients to help with bills, food, gas & other basic essentials families need to help them get through this time.
- **Comfort Bags** - Providing the teen comfort bags to pediatric blood cancer patients (ages 10-25). Comfort bags include fun distractions and things to do such as books, DVD's, music, videogames,

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cozy socks, new clothes or toys. Each comfort bag is personalized to fit the needs and interests of the patient at hand. They work with the clinic's Child Life Specialist filling out a survey so the foundation can create the comfort bag unique to each person. The idea is to help them feel special and not secluded.

- **Entertainment** - The clinic is equipped with flat screen TV's in each room as well as the waiting room. The Foundation annually donates current DVD's, video games, books, magazines, audiobooks and games for lap top computers.
- **Child Life Specialist Support** - This position, along with many others at The Melodies Center for Childhood Cancer at Albany Medical Center is funded solely by donations and grants. This position is so vital and positive for pediatric cancer patients that it is part of the Foundation's mission to help fund it.

Some of their responsibilities include:

- ❖ Planning and implementing therapeutic programs and activities for young adults.
- ❖ Providing developmentally appropriate information about their illness and procedures, as needed, as well as providing support.
- ❖ Developing therapeutic and supportive relationships with patients and families to provide advocacy and to initiate referrals to services within the hospital and community.
- ❖ Maintaining age-appropriate supplies in activity areas and exam rooms.
- ❖ Train, supervise and delegate work of volunteers and students who provide additional support.
- ❖ Educating patients' families and other medical staff about the psychosocial and developmental impacts of illness and health care experience.
- ❖ Working with different organizations to provide information and the best possible opportunities for children and their families.
- ❖ Provide fun distractions for teens and their families by purchasing tickets to their favorite sporting or entertainment events.

To donate by mail, please send your check to: Nick's Fight to be Healed Foundation, PO Box 217, Rexford NY 12148
To learn more about Nick's Fight to be Healed Foundation visit www.fighttobehealed.org or contact Janine at 518-877-8211 or info@fighttobehealed.org to learn how you can help!

Northeastern Association of the Blind Albany (NABA)

MARCY LIONS VISIT NABA

By Lion Cheryl Lawyer

On August 20th the Marcy Telephone Lions Club (TLC) met at the Northeastern Association of the Blind at Albany (NABA) for their annual Leadership & Business Meeting. District Governor Michele O'hare was on hand to welcome new officers, members and present awards. NABA's Executive Director and fellow Albany & Troy Lions Club member Christopher T. Burke was on hand to provide words of appreciation and support. Guiding Lion PDG Paula Crane Flisnik was in proudly in attendance as she helped found



the Marcy TLC happen. President Bob (Charles) Cronin was inducted as the new president along with

Gail Hardy, Vice-President, Rosanan Beaudrie as Secretary, Bob White as Treasurer, Barbara Kirwin as Lion Tamer. A special presentation of a purple Lions mug (her favorite color!) was made to PDG Paula for all her support in helping to create the Marcy TLC.

The Marcy TLC



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brings together service-minded people to satisfy the needs of their community and beyond. A telephone club allows people to come together without being limited by geographic location, a lack of transportation, scheduling issues, etc. The difference is that the club meetings are on the telephone as opposed to a physical location. This allows people to participate in service that may not otherwise have the opportunity. The

Northeastern Association of the Blind at Albany (NABA) hosted today's meeting. The Marcy Lions Club has monthly meetings via telephone. All are welcome! Please contact District Governor Michele O'hare for more information. Included in this photo album are pictures of new Marcy Lions Club officers and the fun activities from the day.

NABA

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Lions Club International Foundation

WHAT IS LCIF'S CAMPAIGN 100?

By Paula Flisnik

Lions have been asking... What is LCIF's Campaign 100? LCIF is promoting a monetary campaign, in order to give larger financial assistance to Lions service projects.

This article is the first of many. Each publication will be a Campaign 100 short briefing.

The official name is **Campaign 100: LCIF Empowering Service.**

The generosity of Lions has allows LCIF to extend Lions donations worldwide. Campaign 100 will magnify its financial aid distribution with funding sight, youth, relief and humanitarian needs. Joining resources, we can do much more

for diabetes, the environment, hunger, childhood cancer and vision.

Recall our district's good fortune as grant award recipients. In 2018, CABVI, local blind agency, received a \$100,000 matching Standard Grant for low vision equipment. Currently, we are working with LCIF on submitting a CORE 4 Diabetes Grant.

I support LCIF's initiative... Will you? Take off your blinders, relax and just think, \$0.27 daily, \$2 weekly, \$8 monthly or \$100 yearly will help our district clubs serve.

As your District LCIF Coordinator, I wish for 100% member participation. Financial donations will vary depending on the member's affordability. Each Lion's contribution, regardless of the dollar value, is important. We serve together, We are Lions together.

Campaign 100 is an opportunity to enable our local Lions to extend service projects. Importantly, it changes the way Lions look about giving service.

Every dollar you give to LCIF, is given out for Lions Service.

Any questions or concerns, do not hesitate to reach out to me at pflisnik@gmail.com or (315)527-1112.

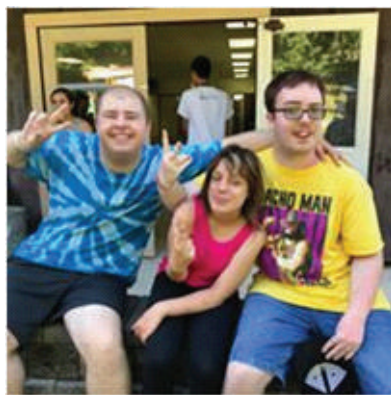
Empire State Special Needs Experience/Lions Camp Badger

By Cynthia Reuter

This month is a good time to thank everyone: Lions, Lions Clubs, and non-Lions for your support of Lions Camp Badger. Because of you, we were able to provide another stellar summer for our campers! We enjoyed swimming, boating, fishing, games, yoga, dancing, crafts, ice cream, a magician, gymnastics, demonstrations by the TriCounty Bowhunters, the Spencer EMS and Fire Dept., and much, much more. Campers had free choice time and opportunities for learning. And because of camp, parents were able to enjoy some time of respite. We are already in the early stages of planning for next summer! Thank you from the bottom of

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our hearts for helping us continue this important mission.



In September, Lions Camp Badger will be hosting our Annual Golf Classic in a new venue this year. The golf tournament will be held on Friday, September 14 at Walden Oaks Country Club in Cortland, NY. Cortland's premier championship golf course is convenient to Interstate 81. If you are reading this before that date and would like to play and/or sponsor, please find our registration form on our website at www.LionsCB.org.

Also in September, Lions Camp Badger will be hosting a Camp Abilities weekend on September 7-9 for youth and young adults with visual impairment. This weekend will be a fun time of games such as Goalball, Beep Baseball and the usual camp activities such as paddle boating and campfires! Look for photos in next month's article.

If you are not already doing so, a fun and easy way to help the camp is to collect Box Tops for Education. Box Tops for Education are little coupons worth 10 cents each and can be found on hundreds of participating products such as General Mills cereals, Nature Valley granola bars, Reynolds Wrap, Annie's, Hefty, Ziploc and more. These little coupons add up quickly and have raised over \$500 for the camp in some years. You can clip, save and send them to the office at any time during the year, but our next deadline for a submission is the end of October. Mail them to Lions Camp Badger, 725 LaRue Rd, Spencer, NY 14883.

I have a very limited supply of Lions Camp Badger sweatshirts available for purchase. I only have size Large and XL. These are very nice quality, soft hoodies made by Hanes. The USPS shipping comes to \$7.70 for each shirt, so to make it easy, I'm making the price of the sweatshirt \$22.30 which brings the total to \$30.00. If you are interested in purchasing one, please call me (Cynthia) in the office 800-232-7060. I can take credit cards, check or Paypal.

CAMP BADGER

725 LaRue Road, Spencer, NY 14883

CYNTHIA REUTER, OFFICE MANAGER PATRICIA GILLULE, PRESIDENT

lionscampbadger@htva.net

Phones: 800-232-7060, 607-589-4800;

Fax: 607-589-6181

lionscampbadger@htva.net

www.lionscb.org

Albany & Troy Lions Club

By Lion Jerry Gordon

Club Board Meeting

Lion Ruth has posted the Rare Meat to Facebook, along with other interesting Lions information.

Fund raising: We have received Boscov's "Friends Helping Friends" discount cards again. It's time to start selling them. Lion Tom has a friend who provides bi-lingual children's books in El Salvador. He will see if he can get her to speak to us about this program.

New name badges with "District 20-W" will be available at the September meeting for those who ordered one. The meeting was adjourned at 6:25 PM.

Charitable Fund Board Meeting

Lion Ruth provided one pair of eyeglasses in July to a woman from Albany.

Lion Jerry sent out one hearing-aid application.

Lion John is putting together a project for us to work with the MS Society.

KING LION CAROL QUANTOCK

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AlbanyTroyLions.org facebook.com/albanytroylions

20W Environment Committee **ENVIRONMENTAL ACTION IDEAS**

By Lion Carol Quantock

Welcome to a new Lions year! It's time to get to work on new projects, or continue with ongoing projects leftover from previous years. I hope you had a nice summer and spent some time relaxing with family and friends.

Just to get started, I'm sure you're all aware of the term "climate change", but the whole topic may seem overwhelming

and hard to relate to on an individual basis. However, it really boils down to what you, your Club, and your community can do to try to mitigate the effects of climate change. The tried and true phrase “think globally, act locally” couldn’t be any more true. One of the Lions Sustainable Development Goals is to ensure environmental stability. The questions boil down to “What can I do?” and “What can my Club do?”

Just for starters, think about the following ideas for your club. I’ll provide more ideas next month, but these might just spur you on to come up with some interesting ideas of your own:

- Vacant lot or park cleanup—many communities have vacant lots or abandoned places that need cleaning up. Contact community governments and work with them to initiate a “cleanup day”. This could be done on a continuing basis throughout the year and beyond.
- If there are community gardens in your area, find out if the administrators would be willing to set aside a section (or better yet, create a large, new section!) for your club to plant native plants for pollinators such as bees, butterflies, and birds. Even in your own garden at home, investigate planting native flowers, shrubs, and trees instead of cultivars. Native plants provide a wonderful opportunity for everyone, especially children, to learn about how plants and animals interact in the wild.
- Assess the needs of your community and find out how environmental challenges are affecting/impacting your local area. See if there are needs that are not being filled, and come up with plans to help.
- Work with your local school district or library to see if there are environmental education programs for children. Find out if your club could donate educational materials.

If you’re going to work with local governments, do your homework and be ready to present workable ideas or solutions for community environmental issues. You may be acquainted with a council member who is concerned about the environment. Talk to that person to get suggestions.

This is just a beginning. I’d like to hear from you and find out what your clubs are doing, and what questions you may have. My e-mail address is cquantoc@nycap.rr.com. Please don’t hesitate to reach out, and good luck with all your club projects!

LION CAROL QUANTOCK, CHAIR

90 Jolly Road, Stillwater, NY 12170

Home: 518-664-3901

Cell: 518-209-8652

cquantoc@nycap.rr.com

Lions Hearing Conservation Society of NYS

by Lion Rick Brisee

The Lions Hearing Conservation Society (LHCS) approved a name change at their April 30, 2018 year end meeting to better reflect our new and expanded District. LHCS is now officially known as: The Lions Hearing Conservation Society of New York State.

LHCS has been busy over the summer. One of our service projects is the distribution of free ear plugs during the tractor pulls at County Fairs. This year, we are pleased to announce that several Clubs also furnished volunteers to help hand out ear plugs.

Almost 1,000 ear plugs were distributed between these two fairs.

County Fair Volunteers

Saratoga County Fair

IPDG John McDonald – Saratoga Lions

Lion Barb Bentley – Saratoga Lions

Lion Jim Clark – Glens Falls Lions

Lion Sandie Clark – Glens Falls Lions

Washington County Fair

PDG James Griffith and three other members of the Cambridge Lions Club

Visitations

Lion Rick Brisee was invited to speak on behalf of LHCS and our new 20-W Affordable Hearing Aid program at the following Clubs: Ballston Spa, Schuylerville, Town of Wright/Schoharie, and Northville-Sacandaga, as well as a presentation at the NYS Office for Aging in Saratoga Springs.

Affordable Haring Aid Program

Local Clubs have been able to take advantage of furnishing state-of-the-art hearing aids to citizens in need. Orders for hearing aids have been completed to clients in Amsterdam, Cohoes, Glens Falls, Ravena, Rensselaer, Saratoga Springs, and Queensbury.

Loan Out Centers

LHCS has made a concerted effort to visit some of our District loan out centers to re-educate new staff on the purpose of the loan out centers, review equipment and how they are used, inventory existing stock, make repairs, and/or order replacement equipment.

To date the loan out center at the Schoharie Office for Aging as well as the Independent Living Resource Center in Amsterdam

have been visited. RCIL also administers the loan out centers in Herkimer and Utica, and it is expected our goals will be passed along to those two centers.

The Castleton and Green Island loan out centers are both fairly new, having opened only a few months ago.

Visitations II

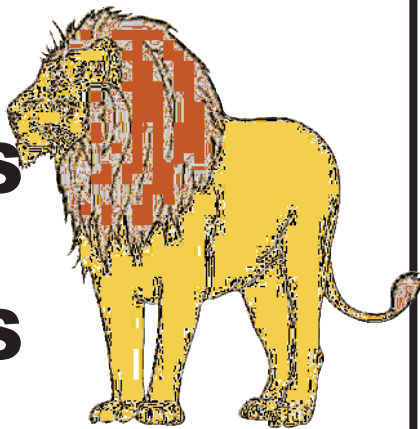
Lion Rick Brisee will be traveling with District Governor Michele O'Hare during her visitations to some of the northern Clubs in W to introduce the Affordable Hearing Aid Program as well as assess the potential need for opening up a loan out center(s) closer to that area of the state.

LIONS HEARING CONSERVATION SOCIETY OF NYS

PRESIDENT RICK BRISEE

192 Middletown Road, Waterford, NY 12188
Home: 518-235-4988
rbrisee@hotmail.com
20y2lions.org/hearing.htm

**WHERE
THERE'S
A NEED,
THERE'S
A LION!**



**ARE
YOU A
KNIGHT
OF THE
BLIND?**



Did you know that over 5,000 children and 30,000 adults are treated every year at the Lions Eye Institute at Albany?

BECOMING A KNIGHT OF THE BLIND is one way you can support this mission.

For more information:
jmcdonald33@nycap.rr.com
www.leialbany.com

Lions Prayer

Where Lions meet be present Lord,
To weld our hearts in one accord,
To do thy will, Lord make us strong,
To aid the weak and right the wrong.



District & Club Resources



What is MyLion?

MyLion is Lions Clubs International's new digital service platform for all Lions and Leos. MyLion is available in two formats:

- **The MyLion app is a mobile phone application** that you can download on your smart phone. It was gradually released starting in 2017 and is available everywhere outside of the European Union.
- **MyLion on the web is the next major MyLion application and is a website** that you will be able to access on any device with a web browser. MyLion on the web will be gradually released over the next few quarters.

When will I have access to MyLion on the web?

Over the next few quarters, Lions Clubs International will work with our Global Action Team leaders to gradually release MyLion on the web to ensure there is adequate time for testing and training.

Why are we gradually releasing MyLion on the web?

By gradually releasing MyLion on the web we can:

- Focus on one region at a time and provide advanced notice and support to MyLion users.
- Collect and methodically apply feedback.
- Ensure that every member has adequate time to learn the MyLion system before transitioning service activity reporting from MyLCI to MyLion.

Where should I report my club's service activities right now?

You should continue to report your service activities on MyLCI or your local reporting system until your region received MyLion on the web. We will communicate well in advance when MyLion on the web is available for you to test in your region.

Where can I learn more about the MyLion app and eventually MyLion on the web?

Our website www.mylion.org has tools, training resources, blog posts, and more related to the MyLion app. We will update it with content related to MyLion on the web as we begin to release the platform. www.mylion.org is your main, easy to navigate resource for all things MyLion.

When will the MyLion mobile phone app be released in the European Union?

We are working diligently with our partners in the EU to meet the requirements of the General Data Protection Regulation (GDPR). We will release the MyLion mobile phone app to European Union countries when we feel confident that the MyLion mobile phone app meets these requirements.

Is your club in The ROAR/MD20Magazine?

Let the District and the State know the GREAT THINGS YOUR CLUB IS DOING!

Below are the specifications for each publication.

MD/20 MAGAZINE SUBMISSIONS

TBA

ONLY TWO ISSUES will be emailed to include district news.

I will submit everything I receive by the deadline, however submission does not guarantee publication, (I am not the editor). **WE ARE LIMITED TO ONE PAGE PER DISTRICT SO PLEASE LIMIT YOUR ARTICLES!**

THE ROAR SUBMISSIONS

THE 28TH OF EVERY MONTH

Everything received by the deadline will be in the next issue. Publication will be the 1st of every month.

ARTICLES

- Digital submission **preferred** in upper/lower case format.
- Microsoft Word, PDF, or text embedded in an email are acceptable.
- If it is handwritten, it **MUST BE LEGIBLE**.
- No scanned newspaper articles. Newspaper articles will be accepted IF they are in digital format, and with written permission from the originating publication.
- **SPELL CHECK** everything, particularly names, titles, club name, etc.

PHOTOS

- Digital submission **preferred** in JPEG or TIFF format.
- Hard copies are acceptable (Please do not write on the back).
- Hard copy newspaper photos are not acceptable. Digital newspaper photos are acceptable **ONLY** with a release from the newspaper/photographer, with photographer credit.
- **SPELL CHECK** everything, particularly names, titles, club name, etc.
- **PLEASE MAKE SURE CAPTIONS ARE IDENTIFIED WITH CORRESPONDING PHOTOS!**

EVENT FLYERS (THE ROAR ONLY)

- Original documents saved in .jpg, .pdf format or Microsoft Word are acceptable. No scanned documents. Flyers may be “reworked” due to space requirements.
- **SPELL CHECK** everything, particularly names, titles, club name, etc.

Submissions can be made to karen@deuxflutes.com
or Lion Karen Rager, 82 Hunter Lane, Queensbury, NY 12804.

**The following five pages pertain to the LEI Patient Referral Policy and Forms.
Please discard any older versions you may have, as these were recently updated!**



**Lions Eye Institute at Albany, New York, Inc.
Patient Referral Policy**

Consultants' Management Services LLC (Physicians), Albany Medical Center and other Lions Eye Institute (LEI) approved medical facilities will accept patient referrals from Lions Clubs.

1. Lions may identify qualified individuals who appear to require subspecialty ophthalmologic services, who do not have private and/or governmental health insurance or the financial means to pay for such services, and who in the absence of assistance from the Lions are not likely to receive the needed ophthalmologic care.
2. Only the Club President and/or Secretary may make referrals. Referral is limited to these two individuals so that the club leaders will know who has been referred and can evaluate the appropriateness of the referral and monitor the progress of the referral.
3. Referrals must be made in writing. All forms must be completely filled out and signed. Patients must sign the HIPAA-compliant consent form allowing the exchange of medical information between the patient, Lions and LEI Physicians.

- a. For patients residing in Lions **District 20-O**, send completed forms to:

PDG Lion Wilfred Roehe, 8 Skyview Drive, Poughkeepsie, NY
12603

With copy to:

VDG Lion Barbara Gavin, 159 South Quaker Lane, Hyde Park, NY
12538

- b. For patients residing in Lion **District 20-Y2**, send completed forms to:

Lion Phil Klein, 29 Walter Drive, Saratoga Springs, NY 12866

With copy to:

Lion John McDonald, PO Box 91, Galway, NY 12074

- c. For patients residing in Lion **District 20-W**, send completed forms to:

PDG Lions Liz & Bob Walker, 66 East Church Street, Adams, NY
13605

With copy to:

PDG Lion Wilfred Roehe, 8 Skyview Drive, Poughkeepsie, NY
12603

4. Referrals are limited to emergency, diagnostic, therapeutic and/or surgical care. Routine eye care is more appropriately handled by local eye care providers and shall not be referred to the Lions Eye Institute.
5. To qualify as a referred patient, the individual, agent, guardian or Lions Club must make reasonable attempts to obtain private, charitable, or governmental health insurance such as Medicare, Medicaid, Fidelis, etc. It is the responsibility of the Lions Club to make sure this has been done. Any financial assistance provided by the Lions Eye Institute shall be limited to a **maximum total of \$4,500 per patient**. Applicants who may require surgery and/or hospitalization must also apply to Albany Medical Center for financial aid by contacting AMC's Patient Financial Services department at 518-262-1981 or 1-866-262-7476.
6. Requests for information concerning a referred patient may be received. For ethical, legal and confidentially (HIPAA) reasons, information will not be released to a third party unless there is a signed release from the patient.
7. Questions regarding this policy shall be made to the LEI Board President, 1220 New Scotland Road, Suite 102, Slingerlands, NY 12159. Questions and comments can also be sent via email to leialbany@gmail.com or leave a voice message at 518-290-8939.



Lions Eye Institute at Albany, New York, Inc.
leialbany@gmail.com

Patient Referral Form

Date: _____

Patient:

Name _____ DOB _____ Age _____
Last First Middle

Home Address _____ City _____ State _____ Zip _____

Home Phone _____ # of Dependents _____ Employer _____

Business Address _____ City _____ State _____ Zip _____

Business Phone _____ Yrs Empl _____ Annual Income _____

Spouse/Parent/Guardian:

Name _____ DOB _____ Age _____
Last First Middle

Home Address	City	State	Zip
--------------	------	-------	-----

Home Phone _____ # of Dependents _____ Employer _____

Business Address	City	State	Zip
------------------	------	-------	-----

Business Phone _____ Yrs Empl _____ Annual Income _____

Total Annual Household Income

Insurance:

Applicant must attempt to obtain private, charitable or governmental health insurance such as Medicare, Medicaid, or Fidelis Care. If you need additional assistance, contact the Health Insurance Information Counseling and Assistance Program (HICAP) at 1-800-701-0501. Applicants who may require surgery and/or hospitalization must also apply to Albany Medical Center for financial aid. Please contact AMC's Patient Financial Services department at 518-262-1981 or 1-866-262-7476.

Ins. #1	None	Policy Number
---------	------	---------------

Ins Address	City	State	Zip
-------------	------	-------	-----

Policy Holder Name	Relationship
Mr. John Doe	Owner
Ms. Jane Doe	Spouse
Mr. Robert Smith	Child
Ms. Emily Smith	Child
Mr. David Brown	Child
Ms. Sarah Brown	Child
Mr. Michael Green	Child
Ms. Lisa Green	Child
Mr. James White	Child
Ms. Anna White	Child

over

Ins. #2 _____ Policy Number _____

Address _____ City _____ State _____ Zip _____

Policy Holder Name _____ Relationship _____

Do you qualify for Medicaid? Yes _____ No _____. If no, please enclose a copy of the denial letter.

Description of Visual Problem:

I, _____, authorize the _____ Lions Club to refer the above stated patient to the Lions Eye Institute and to release the above information to the Lions Eye Institute and Lions Eye Institute Physicians, Albany Medical Center or other Lions Eye Institute approved medical facilities. I further release this Lions Club and the Lions Eye Institute of any legal or monetary obligation for their assistance in arranging for services. **Any financial assistance provided by the Lions Eye Institute shall be limited to a maximum total of \$4,500 per patient.**

Signature _____ Relationship _____ Date _____

Personal Physician and/or Eye Specialist:

Name _____ Speciality _____ Phone _____

Name _____ Speciality _____ Phone _____

Lions Club:

Club Name _____ Lions District # _____

Club Address _____ City _____ State _____ Zip _____

Referring Members Name _____

Telephone _____ Email _____

President's or Secretary's signature _____

IMPORTANT: Forms must be completed in full before they can be processed. Referrals must be made through the appropriate local Lions Club. Incomplete forms or forms sent directly to the Lions Eye Institute will delay care and/or may result in denial of the referral.

Once the patient has completed his/her part of the form it should be forwarded to the Sight Chairman of the appropriate local Lions Club for approval at the Club level.

Once the referral is approved and signed off by the Lions Club the completed forms must be forwarded to:

For patients/Lions Clubs in **District 20-O**

PDG Lion Wilfred Roehe
9 Skyview Drive
Poughkeepsie, NY 12603

With copy to:

VDG Lion Barbara Gavin
159 South Quaker Lane
Hyde Park, NY 12538

For patients/Lions Clubs in **District 20-Y2:**

Lion Phil Klein
29 Walter Drive
Saratoga Springs, NY 12866

With copy to:

Lion John McDonald
P.O. Box 91
Galway, NY 12074

For patients/Lions Clubs in **District 20-W:**

PDG Lions Liz & Bob Walker
66 East Church Street
Adams, NY 13605

With copy to:

PDG Lion Wilfred Roehe
9 Skyview Drive
Poughkeepsie, NY 12603



Lions Hearing Conservation Society of NYS

LIONS LOAN-OUT EQUIPMENT

Below is a list of assistive devices available at many of LHCS of NYS's Loan-Out Centers.
(Other equipment may be available upon request)

Pocketalker

Personal amplifier. Ideal for one-to-one Communication and TV listening.

Infrared TV Listening System

Wireless infrared amplification system.

Personal FM System

Wireless portable amplification system. Transmits up to 300 feet. Helpful for an individual or large group situation.

Amplified Telephone

Adjustable volume control with amplified ringer.

Amplified Telephone Ringers

Provides adjustable ring volume, frequency, and pitch tone.

Whistle Stop

Phone adapter to prevent feedback from using Telephone with hearing aid.

Digital Alarm Clock

Wake to an alarm, a flashing light, or a portable pillow shaker.

Alert Master

Uses a pillow shaker and a lamp flashing simultaneously to alert you to a smoke detector sounding, door knocking, telephone ringing, and alarm clock activation.

Cap-Tel Telephone

Telephone that has both amplification and caption capability

Personal Body Pager

Pager works with the Alert Master. You wear it to alert to sounds while awake.

Lions Hearing Conservation Society of NYS Loan Out Centers

Albany - Madison Hearing Center

One Executive Center Drive - Suite 202, Albany, NY 12203
Voice: (518) 690-2060

Amsterdam - Resource Center for Independent Living

347 W. Main Street, Amsterdam, NY 12010
Voice: (518) 842-3561 TDD: 842-3593

Castleton - Madison & Saratoga Hearing Center

81 Miller Road, Suite 700, Castleton, NY 12033
(518) 689-0792

Herkimer - Resource Center for Independent Living

401 East German Street, Herkimer, NY 13350
Voice: (315) 866-7245 TDD: 315 - 866-7246

Hudson - Audiologic Solutions

351 Fariview Avenue, Suite 350, Hudson NY 12534
(518) 631-2564

Glens Falls - Center for Better Hearing

318 Ridge St, Glens Falls, NY 12801
Voice/TTY: (518) 798-4800

Green Island - Advanced Audiology Services

27 Lower Hudson Avenue, Green Island, NY 12183
(518) 270-5802

Saratoga Springs - Saratoga Hearing Center - Saratoga Medical Arts Center

414 Maple Avenue, Saratoga Springs, NY 12866
Voice/TTY: (518) 584-0578

Schoharie County Office for the Aging

113 Park Place, Suite 3, Schoharie, NY 12157
Voice: (518) 584-0578

Utica - Resource Center for Independent Living

P. O. Box 210, Utica, NY 13503

LIONS WEBSITES

DISTRICT 20W WEBSITE

www.20y2lions.org

DISTRICT 20W FACEBOOK

bit.ly/facebook20w

MULTIPLE DISTRICT 20

www.md20lions.com

LIONS INTERNATIONAL

www.lionsclubs.org

LIONS MEMBER CENTER

<http://tinyurl.com/gsbwecs>

MyLCI

<https://tinyurl.com/yahdlzy3>

CLUB OFFICER RESOURCES

<http://tinyurl.com/hyxzjc2>

PUBLICATIONS AND FORMS RESOURCES

<https://tinyurl.com/ybael4my>

FUNDING OPPORTUNITIES

<https://tinyurl.com/y9tkvsr3>

LIONS APPROVED LOGOS

<https://tinyurl.com/ho7qrjd>

Watch the video from the
Lions Eye Institute *AT* **Albany**
<http://tinyurl.com/gopuypc>

SEE WHAT WE DO!!!

DID YOU KNOW

Lions has a Brand?

A brand is a distinctive visual identity attributed to an organization. The Lions brand is a way of talking about and promoting Lions. Our brand helps celebrate our heritage while presenting Lions in a fresh and modern way. The following resources are available for download and can provide guidelines on brand messages and usage.

[Lions Brand Book](#)

Includes information such as core messages and how to use them.

<http://tinyurl.com/y7kz43xb>

[Lions Clubs International Graphic Identity Manual](#)

Maintains all aspects of the Lions brand, and serves as a guide on such topics as logo use, stationery, signatures, preferred type font and more.

<http://tinyurl.com/y8nym5kg>

This is the current two color logo that is to be used in promotional materials for print, internet, and current clothing.

Logos can be EASILY downloaded for use by your club or printer at <http://tinyurl.com/ho7qrjd>



**These are VALUABLE
resources! Take a look!
Lots of FREE PR!**

NABA

**Northeastern Association
of the Blind at Albany**

www.naba-vision.org



Central Association for the
Blind and Visually Impaired

www.cabvi.org

Lions Eye Bank at Albany

Sight Society of Northeastern New York, Inc.

www.lionseyebankalbany.org



nfb.org



www.hoby.org



100 Metropolitan Park Drive, #400
Liverpool, NY 13088

Phone: 315-453-9327; 315-453-9355
centralnewyork@jdrf.org



FINGER LAKES
DONOR RECOVERY
NETWORK

30 Corporate Woods # 220, Rochester, NY 14623
(585) 272-4930

www.donorrecovery.org/

visions (VCB)
services for the blind and visually impaired

500 Greenwich Street, 3rd Floor
New York, NY 10013-1354

Lion Mike O'Brien, Chair of Sight Preservation,
Awareness, and Action
518-272-0905
m.obrien@samobile.net
visionsvcb.org



**NORTH COUNTRY ASSOCIATION FOR
THE VISUALLY IMPAIRED (NCAVI)**

AMY KRETZER, EXECUTIVE DIRECTOR
22 US Oval - Suite B-15, Plattsburgh, NY 12903

Central Office: 518-562-2330; Fax: 518-562-2331
ncavi2001@yahoo.com



Guide and Service Dog Organizations

**FREEDOM
GUIDE
DOGS**



Freedom Guide Dogs
1210 Hardscrabble Road
Cassville, NY 13318

Phone: 315.822.5132
Fax: 315.256.0174

info@freedomguidedogs.org
www.freedomgidedogs.org



**Guiding
Eyes**
for the Blind

Guiding Eyes for the Blind
611 Granite Springs Rd., Yorktown Heights, NY 10598

Toll Free Phone: (800) 942-0149
Phone: (914) 245-4024
FAX: (914) 245-1609
www.guidingeyes.org

Upstate Guide Dog Association

UPSTATE GUIDE DOG ASSOCIATION
7926 State Rt. 5 & 20, Bloomfield, NY 14469

REBECCA LUCE, PRESIDENT
Phone/Fax: 585-657-4140
ugdassoc@aol.com




Leader Dogs for the Blind

1039 South Rochester Road, Rochester, MI 48307
Phone: 248-651-9011; Toll Free: 888-777-5332
leaderdog@leaderdog.org
www.leaderdog.org



**GUIDE DOG
FOUNDATION**
EST. 1946

Guide Dog Foundation for the Blind, Inc.
371 East Jericho Turnpike,
Smithtown, NY 11787-2976
1-631-930-9000
(Toll-free in the U.S.) 1-800-548-4337
www.guidedog.org

**Lions Project Canine Companion
for Independence**

**Lions Project Canine Companion
for Independence**
National Office
P.O. Box 3896, Santa Rosa CA 95402

SARAH HABERTHUR, ADMINISTRATOR
Phone: 877-865-7224; 707-577-1774
Fax: 707-577-1711
lpcci@cii.org