

District 20W

LIONS ROAR



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October 2018

20W

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A
message
from...

**District
Governor
Michele Puleo O'Hare**



New York State & Bermuda MD20
District 20W
District Governor Michele Puleo O'Hare

**NEXT ROAR DEADLINE
OCTOBER 28, 2018**

**NEXT MD20 MAG. DEADLINE
TBA**



Greetings Fellow Lions, Leos and Lioness's,

I am so proud of our District! As I travel across the District on my visitations, I am so proud to learn of the accomplishments of all our Clubs. Every Club is living up to our motto, "We Serve"! I want to personally thank you all for all you do to serve your communities. Your communities depend upon you, and you are making a difference!

What a wonderful Cabinet Meeting we had in Tupper Lake. I want to thank King Lion Dan McClelland for the warm welcome and the Tupper Lake Goff-Nelson Memorial Library for hosting us. I want to thank all the Lions who attended and brought food donations for the Tupper Lake Food Pantry. All the reports were very informative and will all be part of the minutes that will be

...continued on next page

posted on our website. I encourage all Lions to read them. There is some great educational information that can be helpful to all Lions and your clubs.

A special thank you to our Cabinet, and our main presentations by our GAT Team PDG Lion Ed Stano Jr. (Membership), PCC Lion Mark Whitney (Leadership) and IPDG Lion John McDonald (Service) on "How Your Global Action Team Can Help Your Club Succeed," VCC Lion James Griffith on "Digital Native to Gen Z Digital Influencers", 2VDG Lion Rick Brisee (Hearing Society Chair), on the NYS Hearing Conservation Society and PDG Paula Flisnik (LCIF Coordinator) on Campaign 100: LCIF Empowering Service. The most ambitious fundraising effort in LCIF's history, Campaign 100 will span three years and seek to raise US\$300 million by June 30, 2021. Campaign 100 will empower Lions to serve 200+ million people a year by: Increasing service impact, Fighting diabetes, and Expanding global causes.

Also at the meeting we approved the merger of the Potsdam Lions Club and Norfolk Lions Club to form the Raquette River Club and the New York Mills Whitestown Lions Club merging into New Hartford Lions Club. Both will be sent to LCI for final approval. Another highlight was approving the LCIF Grant – for Ogdensburg Lions Club for Claxton-Hepburn Diabetes Program.

Our District Convention will be held on the third of November at the Holiday Inn in Saratoga Springs. The focus at our convention will be Diabetes. We will also select our District Peace Poster and Essay Contest winners and will recognize our Women in Lions New Voices: Lion Dione Ramsdill from the Saratoga Springs Lions Club for Service, Lion Katrina Plummer from the Town of Greenfield Lions Club for Leadership, Lion Michelle Theisen from the Raquette River Lions Club for Membership and Lion Karen Rager from the Glens Falls Lions Club for Marketing. PID Roderick "Rod" Wright from New Brunswick, Canada will be our guest. Please look for information about our Convention in this newsletter from IPDG John McDonald our District Convention Chair.

It is hard to believe that one-fourth of the Lions year has already flown by! Where did it go? There is still much yet to be accomplished by all of us. With such an extensive District we need a long range strategic plan. The purpose of strategic planning is to set overall goals for our District and to develop a plan to achieve them. It involves stepping back from your day-to-day operations and asking where your Club is headed and what its priorities should be. We are going to send a survey to all Lions Clubs in 20-W for every Lions club to complete. Once completed, we will use the data to set overall goals to clarify the direction we should be heading for developing orientation programs, to be member centered, marketing plans, leadership development, retention programs, service projects, etc. We will gather and analyze all the data we collect and formulate strategy for our District and how to implement it and evaluate it. When you receive the survey please answer all the questions. We need everyone's participation so that we can develop our plan for our future.

I want to express my heartfelt gratitude that I feel to all your efforts. Thank you for all you do for your Clubs and your Communities.

Respectfully yours in friendship and Lionism,

DG Michele



Diabetes



Environment



Hunger



Vision



**Childhood
Cancer**

CABINET OFFICERS**1st VICE-DISTRICT GOVERNOR**

Edwin Pike
3037 County Highway 107, Amsterdam, NY 12010
Cell: 518-423-9128
weski48@yahoo.com
Club: Galway

DISTRICT GOVERNOR

Michele Puleo O'Hare
8 Turnberry Drive, Slingerlands, NY 12159
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dgmicheleoehare@gmail.com
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2nd VICE-DISTRICT GOVERNOR

Rick Brisee
192 Middletown Road, Waterford, NY 12188
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CABINET SECRETARY

Rita Ware
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Club: Galway

CABINET TREASURER

Kevin Ronayne
4 Fenimore Place, Gansvoort, NY 12831
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Club: Saratoga Springs

IMM. PAST DIST. GOVERNOR (former Y2)

John McDonald
P. O. Box 91, Galway, NY 12074
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jmcdonald33@nycap.rr.com
Club: Saratoga Springs

IMM. PAST DIST. GOVERNOR (former W)

Donna Ober
6843 US Highway 11, Potsdam, NY 12676
315-244-1141
donnaober38@gmail.com
Club: Potsdam

REGION AND ZONE CHAIRS**L****REGION "L" CHAIR**

Jim Winkler (Clinton Lions)
136 Utica Road, Clinton, NY 13323
Home: 315-853-6355
Cell 315-601-4038
Wink8@aol.com

*Clubs: Deerfield, Herkimer, Holland
Patent, Marcy Telephone Club,
Clinton, New Hartford, Utica,
NYS-Whitestone, Sauquoit Valley*

I**REGION "I" CHAIR**

Robert Pandori (Waterford Lions)
5525 Crooked Street
Broadalbin, NY 12025
Home: 518-882-6944
rpandori@yahoo.com

*Clubs: Ballston Spa, Galway,
Greater Amsterdam, Saratoga Springs,
Scotia-Glenville, Town of Greenfield,
Broadalbin-Perth, Central Mohawk
Valley, Fonda & Fultonville,
Gloversville, Johnstown, Northville-
Sacandaga, Speculator*

O**REGION "O" CHAIR**

Florence Brisee (Waterford Lions)
192 Middletown Road
Waterford, NY 12188
Home: 518-235-4988
fbrisee@hotmail.com

*Clubs: Albany & Troy, Bethlehem,
Greater Ravena, Waterford, Duane,
Town of Wright-Schoharie Valley*

N**REGION "N" CHAIR**

PDG Joan Scott (Glens Falls Lions)
140 Gailey Hill Road
Lake Luzerne, NY 12846
Home: 518-696-2904
jmsc@roadrunner.com

*Clubs: Glens Falls, Hadley Luzerne,
Lake Placid, Long Lake, Newcomb,
Town of Schroon, Tupper Lake,
Saranac Lake, Cambridge, Greenwich,
Mechanicville-Stillwater, Schuylerville,
Town of Hoosick*

S**REGION "S" CHAIR**

Joseph Latimer (Clifton-Fine Lions)
P.O. Box 52
Newton Falls, NY 13666
Home: 315-287-1344
dlatimer@slc.com

*Clubs: Clifton-Fine, Edwards,
Gouverneur, Heuvelton, Lisbon,
Ogdensburg, Louisville, Norfolk-
Potsdam, Quad Town, Malone, Chazy,
Peru, Plattsburgh*

ZONE CHAIR

Bill O'Mara (Clinton Lions)
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billo4077@yahoo.com

*Clubs: Deerfield, Herkimer, Holland
Patent, Marcy Telephone Club,
Clinton, New Hartford, Utica,
NYS-Whitestone, Sauquoit Valley*

ZONE "A" CHAIR

Mike Baxter (Saratoga Springs Lions)
239 Brownville Road
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Home: 518-788-7570
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mike@heberassociates.com

*Clubs: Ballston Spa, Galway,
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ZONE CHAIR

Liza Tougher (Bethlehem Lions)
16 Candlewood Lane, Delmar, NY 12054
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Pansymoo@aol.com,

*Clubs: Albany & Troy, Bethlehem,
Greater Ravena, Waterford, Duane,
Town of Wright-Schoharie Valley*

ZONE "A" CHAIR

Scott Rager (Glens Falls Lions)
82 Hunter Lane
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Home: 518-798-3143
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*Clubs: Glens Falls, Hadley Luzerne,
Long Lake, Newcomb, Town of Schroon,*

ZONE "A" CHAIR

Rita Keenan (Quad Town)
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North Lawrence, NY 12967
Home: 315-389-4608
rkeenan2@tcwcy.rr.com

*Clubs: Clifton-Fine, Edwards,
Gouverneur, Heuvelton, Lisbon,
Ogdensburg, Louisville, Norfolk-
Potsdam, Quadtown,*

ZONE "B" CHAIR

Robert Townsend (B-P Lions)
805 County Highway 126
Amsterdam, NY 12010
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*Clubs: Broadalbin - Perth, Central
Mohawk Valley, Fonda & Fultonville,
Gloversville, Johnstown, Northville-
Sacandaga, Speculator*

ZONE "B" CHAIR

Carman Bogle (Cambridge Lions)
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*Clubs: Cambridge, Greenwich,
Mechanicville-Stillwater, Schuylerville,
Town of Hoosick*

ZONE "B" CHAIR

Ricky Laurin (Chazy Lions)
207 Sheldon Lane, Chazy, NY 12921
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Plattsburgh, Saranac Lake, Lake
Placid, Tupper Lake*

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Jerry Gordon
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jerrygordon@juno.com

**Communications & Marketing Team
District Coordinator**

Michael Murtagh
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P. O. Box 161, Winthrop, NY 13697
outageco@yahoo.com



MEMBERS CORNER



Hello Lions, Lioness and Leos,

I am writing this message in September to be included in the October newsletter, so I only have membership data for July and August. This is a kind of minimal activity period for many clubs, so I am heartened that we were able to show a positive membership of 3 for the period. This is a good start, but we all have a lot of work to do to continue the trend and build upon it.

Once I have information to contact all the club membership chairs, who are now designated as GMTs, I will contact them personally. I do have compiled information from LCI that I plan to provide to club GMTs. This is to give many options as to how you can approach new members as well as to keep your existing members. Each club has different challenges to gain members depending on geography, population, local needs, etc. I want to work with each club to try and maximize membership your way (LCI's your club, your way program). But I need your help to make this happen. We are now a new district. We are larger than either of our former identities. The District Governor and we, her staff, are committed to make District W a strong and vibrant example of lionism to everyone. Remember the basic way to get new members is to **ASK**.

Please keep up on your reporting to LCI. Most of you are current on the reporting, but there are many that are 1,2,3 or more months since your last report. It should be easy to stay up to date. If your club has some problem with reporting, please let me know and I will get you help.

If anyone wants to contact me for any membership issues, this is my contact information:

PDG Ed Stano, 2070 Route 9N, Greenfield Center, NY 12833

Email: estanojr@nycap.rr.com

Home phone – 518-893-7150

Cell phone – 518-879-5757

Yours in Lionsism,
Lion Ed



The Global Leader In
Humanitarian Service

www.lionsclubs.org





**Regional
Food Bank**
OF NORTHEASTERN NEW YORK

Anthem.

Nearly one billion people go to bed hungry every night. That's why Lions and Leos are hard at work addressing this global need by providing help and hope to the children, families and neighbors who need it most. Lions and Leos distribute food to schoolchildren, stock food banks, create sustainable community gardens and lead community food drives to fight hunger where they live and work. We work to sustain life and dignity for the most vulnerable among us!

Lions District 20-W will once again support Lions Clubs International Lions-Anthem Volunteer Days events in our region with projects benefiting the Regional Food Bank of Northeastern New York. Each fall Anthem Volunteers, through a partnership with Lions Club International, have engaged Anthem volunteers alongside Lions to achieve over 12,000 hours of service in 75 projects across the country since 2015.

<http://www.anthemcorporateresponsibility.com/employee-volunteerism>

The Regional Food Bank is the only organization of its kind in northeastern New York. The Food Bank:

- Has been helping to feed the poor and hungry in our communities since 1982.
- Collects large donations of food from the food industry and distributes it to charitable agencies serving hungry and disadvantaged people in 23 counties.
- Provides over 35 million pounds of food a year to 1,000 agencies from Plattsburgh to Newburgh, in urban, rural, and suburban communities.
- In partnership with the Patroon Land Foundation, is developing a self-sustaining farm that grows large quantities of high quality vegetables every year. Currently, the Farm has grown over 1,000,000 pounds of diverse, fresh produce!

This year we have two projects scheduled that we would love our Lions members and friends to lend a helping hand at!

- **Patroon Land Farm; Saturday October 13, 2018; 9 AM – Noon**
132 Ketchum Road, Voorheesville, NY 12186
We will work on harvesting produce at the Farm. Closed-toe sturdy boots or shoes are recommended. In the event of rain, indoor work may be available depending on the Farm's needs.
- **Regional Food Bank; Saturday November 10, 2018; 9 AM – Noon**
965 Albany-Shaker Road, Latham, NY 12110
We will work on the Warehouse Dock and Salvage Room.
<https://regionalfoodbank.net/mission-and-overview/>

To volunteer please contact Immediate Past District Governor Lion John McDonald at
jmcdonald33@nycap.rr.com



FALL District 20W CONVENTION



Saturday, November 3, 2018 at 9:00 am

**Saratoga Springs Holiday Inn
232 Broadway, Saratoga Springs, NY 12866**

Lions Club International has adopted Diabetes Awareness as a long-term commitment. Our Lions work supports diabetes awareness, education, prevention, detection, control, and research and we will work with local community partners and national diabetes associations to promote diabetes education and awareness throughout the year.

To address this topic we have scheduled a group of dynamic presenters and sessions for our Fall Convention!

PREDIABETES AND DIABETES

This session will cover the basics of this chronic disease and set you on a path to successful selfmanagement.

Presenters for the session:

Lisa Hodgson, RD, CDN, CDE

American Association of Diabetes Educators, National Board Member
and Member Affiliates Liaison; Clinical Nutrition Manager at Saratoga Hospital

Judy Carr, MS, RD, CDE, CDN

Diabetes Services Quality Coordinator, Saratoga Hospital;
Dietitian/Diabetes Educator

DIABETES EYE DISEASE

People with diabetes are at risk of losing sight due to diabetes eye disease. It is the leading cause of new-onset blindness in many countries. All people with diabetes – both Type 1 and Type 2 – are at risk.

Learn about the effects of Diabetes to vision loss and the importance of a comprehensive dilated eye exam at least once a year.

Presenter for the session:

Dr. Nicole Lemanski, Ophthalmologist

Specializes in cornea & refractive surgery.

LCIF DIABETES PROGRAMS

Discussion of the initiatives of LCI to address this growing world epidemic.

Presenter for the session:

Past International Director Lion Rod Wright

LIONS INTERNATIONAL PEACE POSTER AND ESSAY CONTESTS

The theme for this year's contests is "Kindness Matters." The art contest encourages young people worldwide to express their visions of peace and the essay contest was created to offer an opportunity to visually impaired young people to express their feelings of peace. District Lions will vote to choose the respective District winners from this year's submissions.

**To register your intention to attend the Fall Convention for the day
please contact District Secretary Lion Rita Ware
rware@nycap.rr.com**

District 20W Cabint Meeting

1ST 2018 - 2019 CABINET MEETING

By Lion Barbara Bentley

District Governor Lion Michele O'Hare's first cabinet meeting for District 20W 2018-2019 was held in Tupper Lake on Saturday September 29th. As a District Hunger Project, donations were brought for the Tupper Lake food Pantry.



First District Cabinet Meeting attendees in Tupper Lake, and District Hunger Project donations for the Tupper Lake Food Pantry.



1st Cabinet Meeting in Tupper Lake.



District Governor Lion Michele O'Hare and her Cabinet and Global Action Team.



District Governor Lion Michele O'Hare.



PDG Lion Ed Stano, part of the Global Action Team, speaking about membership.



IPDG Lion John McDonald, part of the Global Action Team, speaking about service.



PCC Mark Whitney, part of the Global Action Team, speaking about leadership.



2VDG Lion Rick Brisee speaking about the Hearing Conservation Society and how it works in our District.



PDG Paula Flisnik, part of the Global Action Team, speaking about LCIF.

Atright, PDG Lion James Griffith "Digital Native to Gen Z Digital Influencers".

**LION
BARBARA BENTLEY
FACEBOOK EDITOR
& DISTRICT
PHOTOGRAPHER**

P. O. Box 1031
Guilderland, NY 12084
Cell: 518-894-1375
barbann22@gmail.com



UPCOMING EVENTS

(District Cabinet Meetings in Blue)

MD20 PDG Organization Meeting.....	October 20, 2018
2nd VDG Training.....	October 25, 2018
Lions Leadership Institute, Binghamton, NY.....	October 25-27, 2018
2nd MD20 Council Meeting, Binghamton, NY.....	October 26, 27, 2018
Int'l Board of Directors Meeting, Ojai, CA.....	October 16, 17, 2018
2nd 20W District Fall Conference, Holiday Inn, Saratoga Springs, NY.....	November 3, 2018
World Diabetes Day.....	November 14, 2019
Peace Poster Contest Deadline.....	November 15, 2018
Lions Eye Bank Week.....	December 4 - 9, 2018
Glaucoma Awareness Month.....	January, 2019
LCIF Week.....	January 7 - 13, 2018
Last Day for discount on LCI Convention fees.....	January 13, 2019
3rd 20W District Cabinet Meeting, New Hartford, NY.....	January 26, 2019
DGE training from LCI, Oakbrook, IL	February 12-14, 2019
3rd MD20 Council Meeting Syracuse, NY.....	February 22, 23, 2019
Lions Day at the UN.....	March 9, 2019
MD20 PDG Organization Spring Meeting.....	March 16, 2019
4th 20W District Cabinet Meeting, Lake Placid, NY.....	March 30, 2019
Int'l Board of Directors Mtg., Reykjavik, Iceland.....	April 3 – 7, 2019
DGE School, Binghamton, NY.....	April 5-7, 2019
4th MD20 Council Meeting, Binghamton, NY.....	May 2, 2019
MD20 2019 State Convention, Binghamton, NY.....	May 3-5, 2019
DG Michele O'Hare Testimonial.....	May 11, 2019
International Convention, MILAN, ITALY.....	July 5-9, 2019

FOR MORE INFORMATION AND EVENTS, CHECK OUT DISTRICT 20W AND
The LIONS INTERNATIONAL CALENDAR OF EVENTS

20WLions.org

members.lionsclubs.org/EN/events/calendar.php

Save
the
Date

District Governor Michele O'Hare's Testimonial Lunch

Saturday, May 11th, 2019
Holiday inn, Saratoga Springs NY.

It will be a lunch and will be business casual.

District Governor Michele O'Hare's Visitation Schedule

CLUB	2018 MEETING DATES	2019 MEETING DATES
Albany Troy		Wednesday, April 3, 2019
Ballston Spa	Wednesday, October 03, 2018	
Bethlehem	Wednesday, November 14, 2018	
Broadbin Perth		Thursday, January 10, 2019
Cambridge		Wednesday, January 16, 2019
Central Mohawk Valley	Tuesday, October 23, 2018	
Chazy	Tuesday, October 02, 2018	
Clinton		Thursday, February 21, 2019
Clifton Fine	Monday, November 12, 2018	
Deerfield		Thursday, February 21, 2019
Duane		Wednesday, February 06, 2019
Edwards	Wednesday, November 07, 2018	
Fonda & Fultonville		Wednesday, February 13, 2019
Galway		Monday, January 14, 2019
Glens Falls		Tuesday, January 22, 2019
Gloversville	Wednesday, September 05, 2018	
Gouverneur		Wednesday, March 27, 2019
Greater Amsterdam	Thursday, November 08, 2018	
Greater Ravena	Wednesday, January 9, 2018	
Greenwich	Thursday, December 06, 2018	
Hadley-Luzerne	Tuesday, March 06, 2018	
Herkimer		Thursday, February 21, 2019
Heuvelton	Thursday, October 18, 2018	
Holland Patent		Thursday, February 21, 2019
Johnstown		Thursday, January 24, 2019
Lake Placid		Monday, February 25, 2019
Lisbon	Thursday, October 18, 2018	
Long Lake	Tuesday, November 27, 2018	
Louisville	Wednesday, October 17, 2018	
Malone		Wednesday, March 13, 2019
Marcy	Monday, August 20, 2018	
Mechanicville-Stillwater		Monday, January 14, 2019
Newcomb	September 26, 2018	
New Hartford		Thursday, February 21, 2019
NY Mills White		Thursday, February 21, 2019
Northfolk	Tuesday, September 04, 2018	
Northville Sac	Thursday, September 06, 2018	
Ogdensburg	Thursday, October 18, 2018	
Peru	Thursday, October 11, 2018	
Plattsburgh	Monday, October 01, 2018	
Potsdam	Tuesday, September 04, 2018	
Quad Town	Thursday, August 9, 2018	
Saranac Lake	Thursday, August 02, 2018	
Saratoga Springs		Thursday, February 07, 2019
Sauquoit Valley	Thursday, September 27, 2018	
Schuylerville		Wednesday, February 20, 2019
Scotia Glenville		Tuesday, February 05, 2019
Speculator	Thursday, November 15, 2018	
Town of Greenfield	Wednesday, October 10, 2018	
Town of Hoosick	Thursday, November 01, 2018	
Town of Schroon	Sunday, March 18, 2018	
Town of Wright Schohaire		Wednesday, January 02, 2019
Tupper Lake		Thursday, March 07, 2019
Utica		Thursday, February 21, 2019
Waterford	Wednesday, November 14, 2018	

District 20W 2018 - 2019 Club Events

NABA Low Vision Tech and Health Fair.....October 15 - 16, 2018

Brandel/Murphy Youth Foundation Superbowl Raffle.....January 13, 2019

Glens Falls Lions Golf Tournament, Airway Meadows, Gansevoort, NY.....June 8, 2019

Schroon Lake Lions Golf Tournament.....June 15, 2019

ATTENTION 20W CLUBS!

If you have your dates in place for your 2018 - 2019 events,
PLEASE, PLEASE, PLEASE send them to me for this calendar!

Other club members may want to participate in them!

Send them to me by the 28th of each month (except February, which is the 26th)

karen@deuxflutes.com

"HEY LIONS!
Inquiring Lions want
to know what
YOUR CLUB
is up to!!!"

Details for submissions
to the District 20W Roar,
and the State MD20
Magazine are on
page **26** of this
newsletter.

What to send?

**Articles and pictures of your clubs
activities.**

**Flyers of upcoming fundraisers and
events for the NEXT month.**

Events for the YEAR for this page!

How to send it?

**Send copy in word, .pdf or embedded
in the email email**

Send captioned pictures in .jpg

**Send by the 28th to
karen@deuxflutes.com**

Galway Lions Club 2018 Octoberfest At the Cock 'n Bull in Galway October 9th 6:30 - 9:00PM

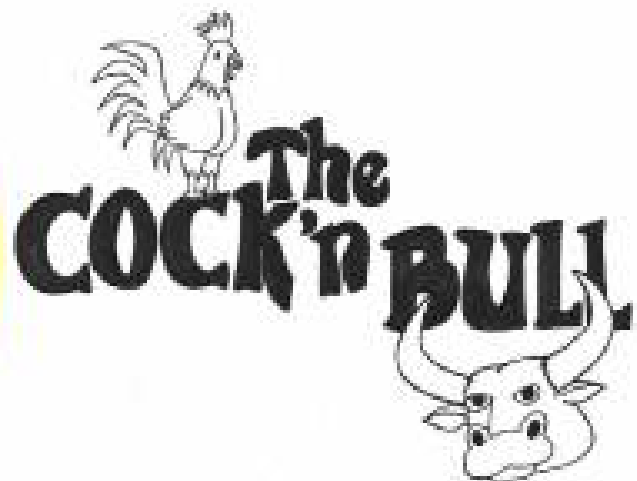


**\$35 Ticket Includes Food
and Beer Sampling!**

There will also be a 50/50 raffle and
an item raffle at the event.

Tickets available through
Lions members and at the
Cock 'n' Bull and Village
Home and Garden.

(518)528-3654 or adampandori@gmail.com



SAVE THE DATE!

2018 Low Vision Tech & Health Fairs

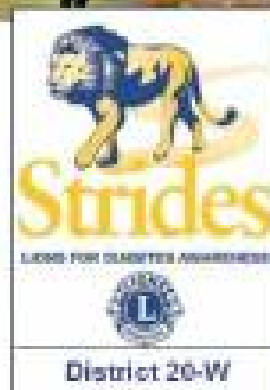
10th Annual

Presented by

NABA

Northeastern Association
of the Blind at Albany

www.naba-vision.org



DATE: OCTOBER 15, 2018
TIME: 9:30 am - 3:30 pm
LOCATION: St. Sophia's Greek Orthodox Church
 440 Whitehall Road, Albany, NY

DATE: OCTOBER 16, 2018
TIME: 9:30 am - 3:30 pm
LOCATION: Saratoga City Center
 Broadway, Saratoga Springs, NY

FREE TO THE PUBLIC!

- The latest in low vision technologies for reading, computers and adaptive vision aids
- Expert speakers present the latest in eye health, treatments and diabetes prevention
- Adaptive living experts on living successfully with low vision, vision rehabilitation therapy and *more!*

FOR MORE INFORMATION, CONTACT CHERYL LAWYER
 (518) 463-1211 X234 or via email at clawyer@naba-vision.org

Join us on [Facebook](#)

"NABA's Low Vision Tech & Health Fairs 2018"



Galway Lions Local and International Basket Auction

**Want unique gifts just in time for the holidays? Interested in rare beer, wine,
and chocolate mostly available overseas? Local items also included!**

There will be something for everyone!

Please come join us for a fun night of food, bidding, and camaraderie!

Open to public.

When: Wednesday November 14, 2018

Where: C&R Restaurant, Route 29 Galway

**Basket viewing will begin at 6PM, followed by a \$25 Dinner at
6:30PM, followed promptly by the Auction**

Dinner will be a buffet with the following choices:

Sliced Garlic Roast Beef, Baked Ham, Rotisserie Style Chicken, Eggplant Parmesan, Scalloped Potatoes,
Buttered Carrots w/ Brown Sugar, Tossed Salad, Pasta Salad, Rolls & Butter, Coffee & Tea
(dinner menu subject to change)

**PLEASE RSVP to galwaylionsclub@juno.com
or Jessica Ware at 518-882-6818 by November 1, 2018**

SUPER BOWL RAFFLE



ATLANTA, GA

February 3, 2019

**WORTH OVER
\$15,000**

FIRST PRIZE VIP Super Bowl Package

- 2 Upper level tickets
 - 3-night hotel accommodations
 - \$1,000 Travel Expense
 - Ground transportation to the game
 - Welcome gifts and on site concierge services

**DRAWING TO BE HELD ON 01/13/2019
at RICARDO'S BY THE BRIDGE**

Second Prize: \$2,000

Third Prize: \$1,000

Fourth Prize & Fifth Prizes: \$500

Sixth thru Tenth Prizes: \$250

**Special
6 Tickets
\$100.00**

COST: ONLY \$20.00 PER TICKET



Contact:

PDG Joan Scott jmsc@roadrunner.com

Or go to our website for further info at www.brandelmurphyfoundation.org

All proceeds to benefit The Brandel-Murphy Youth Foundation

HELPING CHILDREN IN NEED

Make checks payable to: Brandel-Murphy Youth Foundation, PO Box 913, RVC, NY 11571

We are a 501c3 organization. Contributions are deductible to the extent allowed by law.

District & Club Articles

HOW TO GET THE DISTRICT NEWSLETTER FOR



1. GO TO 20WLions.org

2. Find "To sign up for the District newsletter, click here" at the bottom of the blue box.

3. Fill in requested information.

4. Submit!

**It's as easy as that!
You will receive the newsletter
each month in your email.**

Glens Falls Lions Club

By Lion Karen Rager

This has been a very busy month for the Glens Falls Lions. On September 11th, we held our annual Blood Drive at the Glens Falls YMCA. We collected 115 units of blood. We had 28 first time donors and 15 Power Red donors. Glens Falls Lions Sandy Clark, Jenn Howse, Phil Jessen and Linda Terjeson donated blood. Thanks to Ed Balunis, Al Cerny, Jim and Sandy and Clark, Jenn Howse, Mary Claire Noakes and Linda Terjeson who worked the Blood Drive with me. Thanks also to John Byrne and Queensbury High student, Mattison McGuire.



Lion Jenn Howse Volunteers at the Red Cross Blood Drive, sponsored by the Glens Falls Lions, at the Glens Falls YMCA on September 11, 2018.

September 21 - 23, our club and friends of our club sold food and drinks at the Adirondack Balloon Festival. It was a success again this year. Friday night started out a little slow but things picked up for the rest of the weekend and the weather finally did hold out. We were **SLAMMED** again on Saturday night and had a good Sunday morning.

We sold out of 75 Pizzas, 200 dozen donuts, 230 gallons of coffee/cocoa/tea, 150# of hot dogs, 3.5 gallons of Michigan Sauce, 8# of onions, 2 gallons of kraut and quite a bit of soda and bottled water.

Volunteer hours were 340 total with 288 of our Lions hours, 48 family and friends and 4 hours from a Saratoga Lion (thanks Lion Cheryl)!

Numbers haven't been finalized but we should clear \$6,000.00. Below last year, which was



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exceptional for launches, but still a good year.

On Tuesday, September 25, we held our third "Social Night" out in replacement of our usual dinner meetings at the Queensbury Hotel. This night we were at Mean

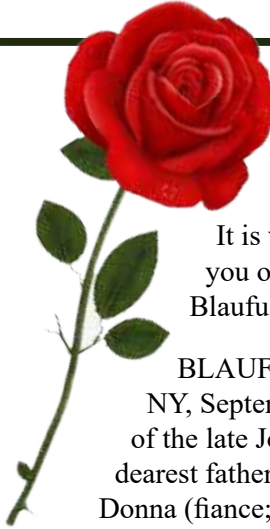


PDG Dick Nason, Lions Scott Rager, Shaun Rivers, Ed Balunis, King Lion Al Cerny, and John Byrne at Mean Max Brew Works, September 25, 2018.



Front Row: Lions Kassey Granger, Karen Rager, Lisa Cerny, and Jenn Howse. Back Row, Lions Deb Backus, Sheila Nason, Marilyn Rivers, and Barbara Bentley from the Saratoga Lions, at Mean Max Brew Works, September 25, 2018.

Max Brew Works in downtown Glens Falls. We had a pretty good turn out of about 15 Lions, plus one visiting from Saratoga Lions! Mean Max doesn't offer food, but you can bring in food and have delivery. We had a nice array of appetizers, and Pizza. A good time was had by all! Next month will be a Halloween Costume party at Lions Scott and Karen Ragers. There will be plenty of pictures!



In Memorium

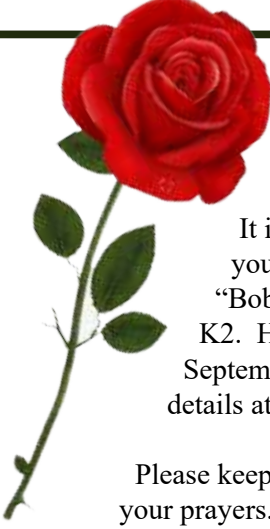
By PDG Fred R. Rieger

It is with deep sorrow that I inform you of the passing of PDG Lion Dave Blaufuss (N) of the Depew Lions Club.

BLAUFUSS - David R. Of West Seneca, NY, September 10, 2018. Beloved husband of the late Joan T. Wojciechowski Blaufuss; dearest father of Paul (Colleen), Mary and Donna (fiance; Shaun Mullins) Blaufuss; loving grandfather of Amanda and Lauren. David was an usher at Fourteen Holy Helpers Church and an active member of the Lions Club.

If you would like to send a card, here is the information:

The Blaufuss Family
515 Meadow Drive
West Seneca, NY 14224



In Memorium

By PDG Fred R. Rieger

It is with deep sorrow that I inform you of the passing of PDG Lion Robert "Bob" Labbe 1994-95 District 20-K2. He passed away yesterday morning September 28, 2018 after a long illness. No details at this moment.

Please keep his wife, Priscilla and family in your prayers.

KING LION AL CERNY
14 Willow Street, South Glen's Falls, NY 12803
Cell: 518-528-6641
cerny8062@hotmail.com

CLUB CORRESPONDENCE

glensfallsions@gmail.com

Find us on  www.glensfallsions.org
Glens Falls Lions Club fb page



Quadtown Lions Club

NEW INDUCTEES

By Lion Donna Schaab

I'm happy to report that last night we inducted three new Lions to our club. Ellen Kavanagh, Pat Dullea, and Teri Rios-Passon.



Lion Mike Murtagh, President, Lion Ann French, Lion Ellen Kavanagh, Lion, Pat Dullea, Lion Teri Rios-Passon, Lion Gail Murtagh.

We've also been very busy with our fund raising events. In August, we managed the food concession at the Brasher Falls Car Show. This is an annual event that we have staffed for several years. Then for September we organized our semi-annual Fill the Bucket in Winthrop, NY at the corner of Rts.420 & 37C.

All of our proceeds provide funding for our local food banks as well as the Christmas Basket project.

KING LION ANN FRENCH

P. O. Box 192
Brasher Falls, NY 13613
Home 315-389-4952
anndyf8@gmail.com

Utica Lions Club

By King Lion Antonetta Panuccio

Our first meeting for 2018-2019 was held on Monday, September 10, 2018. Antonetta Panuccio takes the reigns as Club President. We are anticipating another successful year of Lionism in Utica, NY.

The Club made a donation of \$3,025 to CABVI for matching funds portions of recent LCI grant for expansion.

The Club made a donation of \$300 to the Brandel-Murphy Youth Foundation for nomination of Lion Howard Heffron as "Everyday Hero" recipient.

The Club will be having their White Cane Fundraiser on October 23, 13 and 14, 2018.



Lion President Antonetta Panuccio was recognized a Gold Centennial Lion and received her Gold pin from LCI.

KING LION ANTONETTA PANUCCIO

642 Eagle Street, 2nd Floor
Utica, NY 13501-4055
Home: 315-724-3997
grandmanuch@aol.com

Albany & Troy Lions Club

By Lion Jerry Gordon

CLUB MEETING

Our speaker was Pam Morrill. During the summer, she runs Moxie's Ice Cream in Wynantskill, but the rest of the year she teaches elementary school in El Salvador.

Along with some interesting stories about life there, we learned about her need for children's books, especially those with enough white space for her to write in translation to Spanish.

We suggested that she contact one or more Lions Clubs there for financial assistance (subsequent research reveals that there are 26 clubs in El Salvador).

CLUB BOARD MEETING

Lion Ruth has posted the Rare Meat to Facebook, along with other interesting Lions information.

Programs: Our October speaker will be Mandy Distal from St Peter's Hospital, who will talk about breast and prostate cancer screening.

Publicity: Lion Elena reports that the Rensselaer County and Latham/Colonie editions of the Times-Union's new Local First regional papers may be good places to run PR pieces.

Lion Maryanne reports that Lansingburgh Rotary is apparently folding due to lack of members. The major beneficiary of their charitable efforts has been the Lansingburgh Boys & Girls Club. She will try to get someone from the B&G Club to come speak to us about their needs.

We appointed new Lion Stefan to be our hearing chair. As a professional audiologist, he is eminently qualified for this position.

CHARITABLE BOARD MEETING

Lion Ruth sent out one application for glasses. She's down to four LensCrafters vouchers, and still looking for a replacement program.

We received a hearing-aid application from a Westerlo resident. This has been forwarded to the Bethlehem & Ravena clubs, and to the Hearing Conservation Society.

We approved a motion for Lion Tom to spend up to \$100 on books for Miss Pam to take to El Salvador.

We approved donating \$100 to the Sight Society to help with their Donor Family Memorial Service.

KING LION CAROL QUANTOCK

90 Jolly Road, Stillwater, NY 12170
Home: 518-664-3901
Cell: 518-209-8652
cquantoc@nycap.rr.com

CLUB CORRESPONDENCE

P. O. Box 192, Troy, NY 12181-0192
info@albanytroylions.org 518-512-2722
AlbanyTroyLions.org facebook.com/albanytroylions

Find us on 



District Communications & Marketing Team

By Lion Mike Murtagh

Hi Fellow Lions of District 20W,

This year District Governor Michele asked if I would be the District Coordinator of the District Communications and Marketing Team. This is something new that has been suggested by Lions Club International for helping Lions at the Club Level in the marketing and publicizing their clubs. This team is made up of the following Lions:

1. **Lion Jerry Gordon** – Website and Directory Director
2. **Lion Karen Rager** – Newsletter and MD20 Magazine Director
3. **PDG James Griffith** – Facebook Administrator
4. **Lion Barbara Bentley** – Facebook Editor & District Photographer
5. **Lion Diane Chanowsky** – Facebook Editor

The formation of a District Communications and Marketing Team may raise the question - Why is it important or necessary to market or publicize our Lions Clubs? My answer to that in a nutshell is membership. To steal a line from now International Director Gary Brown "Lions and all they do are the best kept secret around". If people in your community don't know about your club and all that you do then how are you going to interest them in joining your Lions Club? And let's face it "with more Lions we can do even more for our communities". This is why I feel it is important for each Club in District W to appoint/elect someone who will be that clubs **Marketing Communications Chairperson**.

Once you have that person in place they can go onto the Lions Club International website at www.lionsclubs.org and do a search for "marketing your club" or simply go to:

www.lionsclubs.org/resources/EN/pdfs/pr710.pdf

which will bring then to the Marketing Communications Guide which is twelve pages full of ideas and techniques for marketing your club. Contained in this guide are answers for the following questions:

What Is Public Relations?

What Are the Marketing Communications Chairperson's Responsibilities?

...continued on next page

How Do I Determine What is Newsworthy?

How Do I Contact the Media?

How Do I Share Lions Messages with the Public?

What Are Some Additional Publicity Ideas?

What Resources Are Available from International Headquarters?

I hope each club will consider adding a Marketing Communications Chairperson (our club did this year) and if you have any questions about this please do not hesitate to email me at outageco@yahoo.com or call at 315-389-4165.

**MICHAEL MURTAGH
COMMUNICATIONS & MARKETING TEAM
DISTRICT COORDINATOR**

P. O. Box 161
Winthrop, NY 13697
Home: 315-389-4165
outageco@yahoo.com

Diabetes Awareness

By Lion John Sutton

Greetings to all Lions in our new District W! My name is John Sutton and I am the Diabetes Chair for the district as well as the chair for the Galway club's "Rosie's Walk for Diabetes" – an event which we have been holding for 19 years. For the last two years it has been a "Strides" event which is the moniker that LCI has established for our efforts to raise Diabetes awareness and knowledge.

Over the course of the last five years as chair or co-chair of Rosies, I have been very frustrated by not being able to formulate a strategy to make a real difference in the suffering folks in our community suffer because of both Type 1 and Type 2 diabetes as well as helping people turn their "pre-diabetes" around. I have arrived at some goals which are set forth below and which provide a start for the work of an actual district committee.

I am seeking volunteers to be on the "Diabetes Committee". The committee's work will be primarily done electronically and your only obligation will be to regularly monitor our communications and ideas and report what your club is up to regarding diabetes. I will also call upon committee members to help with refining, implementing and expanding the following proposed district diabetes goals:

1. A regular forum for district wide electronic communication and discussion as to diabetes

awareness, issues and club/district specific programs;

2. A review and information gathering as to the availability of medical treatment in District W when considering that the provision of rural medical services is becoming more challenging with the passage of time. Can Lions help to get even better medical care for our district?
3. A focus on the possible institution of efforts by local clubs to provide glucose monitoring events and the role of the New York State Department of Health in the regulations which relate to the monitoring.
4. A commitment to regularly stress the following individual goals which everyone should have:
 - know your diabetes numbers by getting your blood tested whenever your doctor says its time.
 - Take one of the "pre-diabetes" written tests to see if you are at risk – if so, make sure your doctor checks your blood numbers.
 - Get more exercise;
 - Watch your weight;
 - Know what foods are diabetes friendly and which are not.

DIABETES FACT – Type 1 diabetes which was previously and/or also known as juvenile diabetes is when the immune system attacks the diabetes producing cells of the pancreas so that the pancreas is not able to make any or enough insulin. Type 2 diabetes is when your body does not use insulin properly and the pancreas eventually can't make enough insulin to regulate your glucose level. Type 2 diabetes is highly related to your weight, exercise and diet and is the type of diabetes "pre-diabetes" is associated with.

SUGGESTION – Target 5% of your body weight as a weight loss goal – that's just 10 to 15 pounds for those of us between 200 and 300 pounds. Lose that much and you will already be making a big difference in your diabetes risk. When you stabilize at your new weight for a while, you can think about one more 5% diet (with less pounds as a goal!!)

Would you like to be on the committee – Please e-mail JohnS147@aol.com with your name, club, and hard mail address and you will be on the committee – thank you!!



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John Sutton 518-882-6755 (home) 518-882-9630 (my office which works as well as home)

**LION JOHN SUTTON
DIABETES AWARENESS CHAIR**

P. O. Box 97
Galway, NY 12074
Home: 518-882-6755 or 518-577-3975
johns147@aol.com

Clinton Lions Club

By Lion Jim Winkler

We've been busy the last couple months... In addition to continuing to collect used eyeglasses and hearing aids from drop-off points at businesses in our area and volunteering on Distribution Day at our local Country Pantry each month, we have been very involved in some unique community events.

On Saturday, August 25 our club was one of the sponsors of our local Chamber of Commerce's Arts & Music Festival held on our Village Green and surrounding venues. During this afternoon of activity, creative members from our area display their crafts and musical groups perform for short periods of time at various venues on the Village Green and surrounding vicinity. For our sponsorship, the Lions logo, Club name and website address appeared on shopping bags distributed to all in attendance.

The first week end in August we held our sixth annual Garage Sale. Each year it seems to be getting larger involving more and more work and volunteer hours. The reward... it was our most successful to date.



During the sale - for three days - seventeen club members were joined by their family members and friends expending close to 400 man-hours selling donated merchandise. A small nucleus of club members have been collecting and temporarily storing the donated merchandise in garages and other indoor facilities around the community since the beginning of May. Fortunately, we once again had the use of the Town of

Kirkland Ice Hockey Arena for the month of July. (Without its use, we wouldn't be able to conduct this event!) After assembling borrowed tables (114 in all) from other community organizations, items were sorted by category, displayed for presentation to customers, cleaned and priced in preparation for the sale.

On Sunday August 5, club members and friends met for the last time at the arena. In a matter of approximately four hours we disassembled and returned the borrowed tables, donated worthwhile unsold items to specific area charitable organizations, transported other unsold odds and ends to our local transfer station for disposal (couldn't have done this without the pickup trucks & SUVs of our members!) and returned the arena to the state in which it was before we "moved in at the beginning of July".

This event continues to increase/publicize our visibility in the community and area. Through the interaction with the public, we discuss the various activities of our club and Lions Clubs International. The club's service activities are outlined on an A-frame sign greeting customers and on brochures we distribute upon entry. Because of this year's efforts, we were fortunate to meet three individuals who expressed interest in our mission and our club. They were invited to our first September meeting and one will be inducted into our club shortly.

Our community has been named the Kraft Hockeyville USA for 2018! In addition to being awarded \$150,000 from Kraft Food Products and the NHL for improvements to the arena, we also hosted an NHL pre-season hockey game between the Buffalo Sabres and the Columbus Blue Jackets on September 25. Therefore, to prepare for this event that was televised

nationally on NBC Sports Network, we had to have the arena cleaned out the day after the sale ended. This allowed NHL facilities and NBC Sports personnel to begin preparation on Monday, August 6.



The Kraft Hockeyville Community Celebration and experience began on Saturday, September 22 with a pancake breakfast to benefit our local Food Pantry and a community party on the Village Green. Some of our members served as waiters and servers at the breakfast and

we donated a "scratch-off" Lottery Ticket for their Chinese Auction. The pantry realized better than \$4,000 with most of the food supplied by Kraft.

That afternoon we participated in the celebration on the green along with other community organizations. Five members distributed popcorn to the approximate 3,000 people in attendance. We also got the opportunity to meet many of the mascots of the various products produced by Kraft Foods.

The next day, the NHL Stanley Cup paid a visit to the Clinton Arena. It was on display for four hours and many visitors to the arena were rewarded by obtaining pictures with this oldest recognizable championship trophy in professional sports. The NBC Sports Broadcast Van also pulled into the Arena parking lot and began to setup their facilities. All this in little Clinton, NY!



The day of the "big game", the NHL players spent time acclimating themselves to the ice, visiting with school children and skating with youth hockey participants. That night the game began at 7:00 PM, bringing back memories to many fans of the glory days of the Clinton Comets of the old Eastern Hockey League (EHL) forty-some years ago. A fireworks display ended the evening as many smiling fans left the arena. Our club gratefully contributed toward the expense of the fireworks as the Kraft Hockeyville Celebration came to an end. Incidentally, Columbus won the game 4 – 2.

This Saturday, September 29, 2018 we will be participating in the International Rise Against Hunger meal packaging effort our community has undertaken. We will assist in packaging highly nutritious dehydrated meals of rice, soy, vegetables and 23 essential vitamins and minerals. We have contributed \$1,000 toward procurement of these supplies and the community goal is to package 40,000 meals in five hours.

On September 30, 2018, we will be assisting the Lions Eye Bank at Albany by being a Bronze Sponsor (\$100) of their Donor Family Memorial Service at the Desmond Hotel and Conference Center in Albany.

IT'S GREAT TO BE A LION!

KING LION ROBERT MAXAM
2 Sunset Drive, Clinton, NY 13323
Home: 315-853-5968
Cell: 315-794-0410
maxamr60@gmail.com
<http://clintonnylionsclub.com/>

Leos News

LEO QUESTIONNAIRE

By Lion Katrina Plummer

District 20-W Strategic Plan

Every year we have the appointment of a new District Governor with a new set of goals and action plans, but we do not have a three to five year strategic plan. The purpose of strategic planning is to set overall goals for our District and to develop a plan to achieve them. It involves stepping back from your day-to-day operations and asking where your District is headed and what its priorities should be.

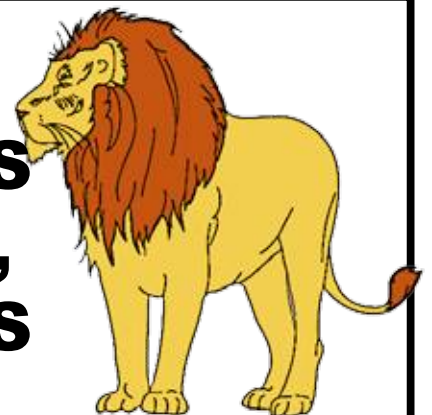
We are going to send a survey to all Lions Clubs in 20-W for every Lions club to complete. Once completed, we will use this plan to clarify the District's vision based on service and our members. We will set overall goals to clarify the direction we should be heading for developing orientation programs, to be member centered, marketing plans, leadership development, retention programs, service projects, etc. We will gather and analyze all the data we collect and formulate strategy for our District and how to implement it and evaluate it. This will allow for us all to be on the same page.

As part of this plan, we are asking you to complete the following survey regarding Leos Clubs for District 20-W. Please complete the survey even if you do not have a Leo's Club and **Please Return BY NOVEMBER 15TH, 2018** to Lion Katrina Plummer., 612 Plummer Road, Ballston Spa, NY 12020. Or email to kplummer817@gmail.com.

LION KATRINA PLUMMER LEO CLUB CHAIR

612 Plummer Road, Ballston Spa, NY 12020
kplummer817@gmail.com

**WHERE
THERE'S
A NEED,
THERE'S
A LION!**



Hadley-Luzerne Lions Club

MEMORIAL FLOWER GARDEN

By Lion Peter Watts and PDG Joan Scott

Hadley Luzerne Lions recently completed a memorial flower garden in memory of Lion Bea Evens. Bea was an outstanding citizen, who was involved to much of what happened in Luzerne. She served as town historian, worked on the local beautification community, was on the library board and always active in Lions.

Bea was well known through out New York State as well as Internationally since she traveled so much with George when he was District Governor (1950-51) and Past District Governor. She was a charter member of the Hadley-Luzerne Lioness Club which the HL Lions sponsored in 1984 and joined the Hadley-Luzerne Lions Club in 2001.



The pictures show Lion Bea holding the microphone, King Lion Claude Wright (top right), Luzerne Supervisor Lion Gene Merlino (bottom right), Lion Mike Goodhart (bottom left), Lion John Plantier (second row, far right), Bea's daughter Sally (bottom middle). All were speakers at the dedication of the Memorial.

KING LION CLAUDE WRIGHT

29 Third Avenue
Hadley, NY 12835
Home: 518-696-5154
tinkw30@frontier.com

Lions Prayer

Where Lions meet be present Lord,
To weld our hearts in one accord,
To do thy will, Lord make us strong,
To aid the weak and right the wrong.



Potsdam Lions Club

POTSDAM & NORFOLK CLUBS TO MERGE

By DG Michele O'Hare

August 7, 2018, was the beautiful setting of the Potsdam and Norfolk Lions Clubs summer picnic at Fall Island Park, where the two clubs came together to celebrate service to their communities, with a Potsdam Lions Memorial Monument dedication. The Monument honors past community members who served as longtime Lions, members until the end of their lives, helping to improve the town in positive ways, and helping a multitude of



Left to right, Potsdam Planning and Development Director- Fred Hanss, Potsdam Mayor- Ron Tischler, and Potsdam Lions- Mary Nocerino, Michelle Theisen, Club President- Gordy Theisen, and Joe Fitzsimons, who assisted in the Lions Memorial Monument Project.



Potsdam and Norfolk Lions Members, August 7, 2018, at Fall Island Park, for their summer picnic and memorial dedication.

people since 1936.

The Monument was created, engraved and installed by Witherbee & Whalen, located in Canton. The Village created the cement foundation and path.

The Potsdam Village Leaders and Potsdam Lions Club members partner together to maintain Fall Island Park, accomplishing many recent improvements there for community enjoyment.

The Potsdam and Norfolk Lions are planning to merge their Lions Clubs membership and community work this fall. Anyone interested in becoming part of our local and expanding

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Lions Club, a reputable and world-wide service organization, should contact Lion Bill Hayman, Membership Chair at 315-323-8882. Our Potsdam and Norfolk Lions meet on the 1st Tues of the month at 6p, at Lobster House in Norwood. Please join with us.

KING LION GORDON THEISEN

6843 US Hwy 11
Potsdam, NY 13676-9718
Cell: 315-244-0326
Gordon.theisen@snapon.com

USA/Canada Lions Leadership Forum

By Lion Barbara Bentley

On September 20-22 seven members from our District 20W, DG Lion Michele O'Hare, IPDG Lion John McDonald, 1VDG Ed Pike, 2VDG Rick Brisee, PCC Mark Whitney, PDG Paula Flisnik and Saratoga Springs Lion Barbara Bentley, attended the USA/Canada Lions Leadership Forum in Columbus, Ohio. The USA/Canada Lions Leadership Forum's mission is to develop leaders, motivate



Fun with Brutus Buckeye from Ohio State.



International President Gudron Yngvadottir



Lions from MD20



Fun time at the opening ceremonies tailgate party

and educate attendees, provide an open exchange of ideas, and support programs and goals of Lions Clubs International. It was a packed program of seminars and keynote speakers that included our International President Gudron Yngvadottir. The most exciting part... MD20 won with the most attendees by a Multiple District, with 108 Lions in attendance at the Forum.

LION BARBARA BENTLEY FACEBOOK EDITOR & DISTRICT PHOTOGRAPHER

P. O. Box 1031, Guilderland, NY 12084
Cell: 518-894-1375
barbann22@gmail.com

YOUR CLUB ARTICLE COULD BE HERE!

Let us know what your club is doing!

Send articles and captioned photos
and event flyers to

karen@deuxflutes.com

Monthly deadline is the 28th.

See page 25 for details



The Sunshine Corner

*Do you have a club member who is in the hospital, ill, recovering from an illness, needs some cheering up or has happy news to share? This is the place to post their name and address for well wishers to send cards of inspiration and well wishes!
Send to karen@deuxflutes.com*



Northville Sacandaga Lions Club

By Lion Barbara Bentley

During District Governor Lion Michele O'Hare's visitation with the Northville Sacandaga Lions club, Charter Member and Club Treasurer, Lion Dave Gifford, was presented with a Robert J Uplinger Distinguished Service Award by PDG Lion Richard Ralston.



KING LION CARL INGALLS

PO Box 1013
Northville, NY 12134-1013
Home 518-863-8786
kittycar@frontiernet.net

Saranac Lake Lions Club

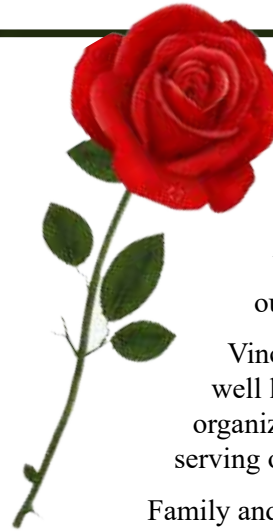
By Lion Barbara Bentley

District Governor Lion Michele O'Hare's with the Saranac Lake Lions Club President Lion David Martin and Treasurer Lion Therese Martin during her visitation with their club. Looking forward to hearing more about their upcoming winter carnival chili sale!!



KING LION DAVID MARTIN

PO Box 113
Saranac Lake, NY 12983
Home: 518-891-2172
Cell: 518-524-8439 , Work: 518-891-3080
davidemartin2000@yahoo.com



In Memorium

By Lion Karen Rager

It is with great sadness to inform you of the loss of Glens Falls Lion Vince DeSantis. Vince was a Lion of our Club for 24 years.

Vince was a very civic minded man, well loved, and a member of many organizations in our community, along with serving one term as Mayor of Glens Falls.

Family and friends may call from 4 to 7 p.m. Friday, Oct. 5, at Singleton Sullivan Potter Funeral Home, 407 Bay Road, Queensbury.

A Mass of Christian Burial will be held at 11 a.m. Saturday, Oct. 6, at St. Mary's Church in Glens Falls.

His obituary is here. <https://tinyurl.com/ybylf8v4>

District & Club Resources



What is MyLion?

MyLion is Lions Clubs International's new digital service platform for all Lions and Leos. MyLion is available in two formats:

- The MyLion app is a mobile phone application that you can download on your smart phone. It was gradually released starting in 2017 and is available everywhere outside of the European Union.
- MyLion on the web is the next major MyLion application and is a website that you will be able to access on any device with a web browser. MyLion on the web will be gradually released over the next few quarters.

When will I have access to MyLion on the web?

Over the next few quarters, Lions Clubs International will work with our Global Action Team leaders to gradually release MyLion on the web to ensure there is adequate time for testing and training.

Why are we gradually releasing MyLion on the web?

By gradually releasing MyLion on the web we can:

- Focus on one region at a time and provide advanced notice and support to MyLion users.
- Collect and methodically apply feedback.
- Ensure that every member has adequate time to learn the MyLion system before transitioning service activity reporting from MyLCI to MyLion.

Where should I report my club's service activities right now?

You should continue to report your service activities on MyLCI or your local reporting system until your region received MyLion on the web. We will communicate well in advance when MyLion on the web is available for you to test in your region.

Where can I learn more about the MyLion app and eventually MyLion on the web?

Our website www.mylion.org has tools, training resources, blog posts, and more related to the MyLion app. We will update it with content related to MyLion on the web as we begin to release the platform. www.mylion.org is your main, easy to navigate resource for all things MyLion.

When will the MyLion mobile phone app be released in the European Union?

We are working diligently with our partners in the EU to meet the requirements of the General Data Protection Regulation (GDPR). We will release the MyLion mobile phone app to European Union countries when we feel confident that the MyLion mobile phone app meets these requirements.

Is your club in The ROAR/MD20Magazine?

Let the District and the State know the GREAT THINGS YOUR CLUB IS DOING!

Below are the specifications for each publication.

MD/20 MAGAZINE SUBMISSIONS

TBA

ONLY TWO ISSUES will be emailed to include district news.

I will submit everything I receive by the deadline, however submission does not guarantee publication, (I am not the editor). **WE ARE LIMITED TO ONE PAGE PER DISTRICT SO PLEASE LIMIT YOUR ARTICLES!**

THE ROAR SUBMISSIONS

THE 28TH OF EVERY MONTH

Everything received by the deadline will be in the next issue. Publication will be the 1st of every month.

ARTICLES

- Digital submission **preferred** in upper/lower case format.
- Microsoft Word, PDF, or text embedded in an email are acceptable.
- If it is handwritten, it **MUST BE LEGIBLE**.
- No scanned newspaper articles. Newspaper articles will be accepted IF they are in digital format, and with written permission from the originating publication.
- **SPELL CHECK** everything, particularly names, titles, club name, etc.

PHOTOS

- Digital submission **preferred** in JPEG or TIFF format.
- Hard copies are acceptable (Please do not write on the back).
- Hard copy newspaper photos are not acceptable. Digital newspaper photos are acceptable **ONLY** with a release from the newspaper/photographer, with photographer credit.
- **SPELL CHECK** everything, particularly names, titles, club name, etc.
- **PLEASE MAKE SURE CAPTIONS ARE IDENTIFIED WITH CORRESPONDING PHOTOS!**

EVENT FLYERS (THE ROAR ONLY)

- Original documents saved in .jpg, .pdf format or Microsoft Word are acceptable. No scanned documents. Flyers may be “reworked” due to space requirements.
- **SPELL CHECK** everything, particularly names, titles, club name, etc.

Submissions can be made to karen@deuxflutes.com
or Lion Karen Rager, 82 Hunter Lane, Queensbury, NY 12804.



Lions Hearing Conservation Society of NYS

LIONS LOAN-OUT EQUIPMENT

Below is a list of assistive devices available at many of LHCS of NYS's Loan-Out Centers.
(Other equipment may be available upon request)

Pocketalker

Personal amplifier. Ideal for one-to-one Communication and TV listening.

Infrared TV Listening System

Wireless infrared amplification system.

Personal FM System

Wireless portable amplification system. Transmits up to 300 feet. Helpful for an individual or large group situation.

Amplified Telephone

Adjustable volume control with amplified ringer.

Amplified Telephone Ringers

Provides adjustable ring volume, frequency, and pitch tone.

Whistle Stop

Phone adapter to prevent feedback from using Telephone with hearing aid.

Digital Alarm Clock

Wake to an alarm, a flashing light, or a portable pillow shaker.

Alert Master

Uses a pillow shaker and a lamp flashing simultaneously to alert you to a smoke detector sounding, door knocking, telephone ringing, and alarm clock activation.

Cap-Tel Telephone

Telephone that has both amplification and caption capability

Personal Body Pager

Pager works with the Alert Master. You wear it to alert to sounds while awake.

Lions Hearing Conservation Society of NYS Loan Out Centers

Albany - Madison Hearing Center
One Executive Center Drive - Suite 202, Albany, NY 12203
Voice: (518) 690-2060

Amsterdam - Resource Center for Independent Living
347 W. Main Street, Amsterdam, NY 12010
Voice: (518) 842-3561 TDD: 842-3593

Castleton - Madison & Saratoga Hearing Center
81 Miller Road, Suite 700, Castleton, NY 12033
(518) 689-0792

Herkimer - Resource Center for Independent Living
401 East German Street, Herkimer, NY 13350
Voice: (315) 866-7245 TDD: 315 - 866-7246

Hudson - Audiologic Solutions
351 Fariview Avenue, Suite 350, Hudson NY 12534
(518) 631-2564

Glens Falls - Center for Better Hearing
318 Ridge St, Glens Falls, NY 12801
Voice/TTY: (518) 798-4800

Green Island - Advanced Audiology Services
27 Lower Hudson Avenue, Green Island, NY 12183
(518) 270-5802

Saratoga Springs - Saratoga Hearing Center – Saratoga Medical Arts Center
414 Maple Avenue, Saratoga Springs, NY 12866
Voice/TTY: (518) 584-0578

Schoharie County Office for the Aging
113 Park Place, Suite 3, Schoharie, NY 12157
Voice: (518) 584-0578

Utica - Resource Center for Independent Living
P. O. Box 210, Utica, NY 13503