



District 20W LIONS ROAR

November 2018

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A message from...

District Governor Michele Puleo O'Hare



New York State & Bermuda MD20
 District 20W
 District Governor Michele Puleo O'Hare

NEXT ROAR DEADLINE
NOVEMBER 28, 2018
NEXT MD20 MAG. DEADLINE
NOVEMBER 25



Greetings Lions, Leos and Lionesses of District 20-W!

Thank you to everyone who participated in our fall conference on Saturday November 3rd at the Saratoga Springs Holiday Inn Hotel. The event was highlighted by an inspirational keynote address on "Purple Leadership" made by our special guest and Immediate Past International Director Lion Rodney "Rod" Wright. We want to thank PID Rod, his Partner in Service PDG Paula Beach, PID Bob Libin and Lion Michelle Libin for everything they did to motivate us and make our Convention educational, full of fellowship, good cheer and a really great time.

District 20-W GST IPDG John McDonald served as our Convention Chair

...continued on next page

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and did a marvelous job with the program. Special thanks to IPDG John and all the Lions who dedicated their time to make this convention such a success.

The sessions were full of useful information that will be brought back to our Clubs by the 66 Lions in attendance. You can also review them on our 20-W Facebook page. This year we live streamed the video of our presentations so that you could participate online if you could not attend in person. Thanks to Lion Barbara Bentley with a little assistance from PCC Mark Whitney you can still see them at <https://www.facebook.com/LionsClubDistrict20y2w>.

The first presentation was by Lisa Hodgson, RD, CDN, CDE; American Association of Diabetes Educators, National Board member and Member Affiliates Liaison; Clinical Nutrition Manager at Saratoga Hospital and Judy Carr, MS, RD, CDE, CDN; Diabetes Services Quality Coordinator, Saratoga Hospital on the basics of diabetes as a chronic disease and how to set you on a path to successful management.

The next session was on “Dining with Diabetes”. It was presented by Diane Whitten, MS Nutrition Educator, and Cornell Cooperative Extension of Saratoga County. This session sited opportunities where you could learn how to plan delicious meals including desserts, understand food labels, and choose healthy meals when eating out.

The last session was presented by Dr. Nicole Lemanski, Ophthalmologist, specializing in cornea and refractive surgery. Dr. Lemanski covered the effects of Diabetes on vision loss and the importance of a comprehensive dilated eye exam at least once a year. Diabetes is the leading cause of the new-onset blindness in many countries and all people with diabetes – both Type 1 and Type 2 –are at risk.

We want to thank these women for their informative sessions, which were helpful to all in attendance and will be shared with all the Lions in 20-W. We would also like to thank the agencies and the people who provided informational tables at the Convention: American Association of Diabetes Educators, Anthem Foundation, Brandel Murphy Lions Youth Foundation, Camp Abilities Saratoga, Cornell University Cooperative Extension - Saratoga and Albany Counties, Lions Club International Foundation (LCIF), Lions Eye Institute at Albany, NY, Lions Hearing Conservation Society of NYS, Northeastern Association of the Blind at Albany (NABA), Dr. Nicole Lemanski, Saratoga Hospital and Script Talk.

At our convention, four outstanding women were recognized as the New Voices for 20-W at the District Convention. The New Voices Initiative celebrates women’s contributions to Lions Clubs International as it welcomes its first female International President. This initiative promotes gender parity by focusing on increasing the number of women in Lions Clubs, as well as closing the gap between men and women in leadership positions. District 20-W presented awards to four women that are active in their Clubs and District. They are dedicated Lions and are shining examples to be the New Voices leads in the areas of Membership, Service, Leadership, and to Market the message in recruiting more women into becoming Lions in District 20-W. Our 20-W Representatives are: Lion Michelle Theisen from the Raquette River Club – Membership, Lion Dione Ramsdill from the Saratoga Springs Lions – Service, Lion Katrina Plummer Town of Greenfield – Leadership and Lion Karen Rager the Glens Falls Lions Club – Marketing.

Our Global Action Team: IPDG John McDonald, PDG Ed Stano, PCC Mark Whitney, and PDG Paula Flisnik was recognized with certificates of appreciation from LCI for their commitment to Service, Membership, Leadership and the Lions Clubs International Foundation. PID Rod Wright also gave out two International Presidential Appreciation Awards to Lion Diane Chanowsky from the Lake Placid Club in recognition for her work including the newly formed Communications and Marketing Team, mentoring future leaders at the Regional Lion Leadership Institute, and much more. She is always there to assist and go the extra mile. The second certificate was most gratefully given to Lion Jerry Gordon from the Albany Troy Lions Club. Lion Jerry has sponsored 29 new Lions and has held every club office except treasurer, chaired numerous committees and was club president four times. He has been club secretary since 2005, served the district as zone chair from 2000 through 2004 and as region chair in 2004-2005. He has been Web Master for both his club and the district since 1999 and has edited and produced the district directory for the past five years. The countless hours Lion Jerry has spent these past several months during our redistricting process on our website and directory is so greatly appreciated by all our members who use these major communications and marketing tools and resources.

A huge thank you to everyone at the 20-W Convention this past weekend for their support in bringing non-perishable food items for the local food pantry in Saratoga Springs. In total we donated 214 lbs!!!

Finally, in the words of Mahatma Gandhi - "The best way to find yourself is to lose yourself in the service of others." This is what you - The Lions of 20-W do for Your Communities, our District, our State, our Country and around the world.

Please remember to tell our story and spread the word and that our Lions legacy will grow as we "Move Forward, Treasure the Past and Welcome the Future" and reach "Beyond the Horizon."

During this season of Thanksgiving it is the perfect time for me to say - Thank you to all the Lions of 20-W. It is by all you do individually that your service makes a huge collective difference in the lives of the people in your communities throughout the year. Happy Thanksgiving to you and your families!

Sincerely Yours in Lionism,

Lion Michele P. O'Hare. MJF
District Governor
District 20-W



**Vice District Governor
Ed Pike**

A MORNING WELL SPENT

On Saturday October 13th, myself, Rita Ware and Adam Pandori of the Galway Lions went to the Patroon Land Farm in Voorheesville. It was in support of The Lions Club International-Anthem volunteer days. We were also joined by many volunteers from BlueCross-BlueShield.



There were three different groups. Pumpkin sorting, onion sorting, and brussel sprout cutting. My group ended up cutting brussel sprouts. We



spent 1 1/2 hours cutting, picking, and loading brussel sprouts. We also helped clean out a large greenhouse. We broke apart garlic cloves in anticipation of them getting planted the following week.

We were directed by two very enthusiastic employees - Brandon Murphy and Joe Fox. The Patroon Land Farm is a community supported agriculture (CSA) program. By selling memberships, the public helps to defray operating costs and get a share of produce. Volunteers are needed year-round. This information is available on the Regional Food Banks website at regionalfoodbank.net.



The farm provides 100,000 pounds [plus] of vegetables to the food bank every year. With only four (full time) employees, they can always use some extra hands. This would make an excellent service project because clubs can provide a service without any expense. All the needed information for volunteering is on the food bank website.

regionalfoodbank.net



CABINET OFFICERS**1st VICE-DISTRICT GOVERNOR**

Edwin Pike
3037 County Highway 107, Amsterdam, NY 12010
Cell: 518-423-9128
weski48@yahoo.com
Club: Galway

DISTRICT GOVERNOR

Michele Puleo O'Hare
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dgmicheleohare@gmail.com
Club: Bethlehem

2nd VICE-DISTRICT GOVERNOR

Rick Brisee
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CABINET SECRETARY

Rita Ware
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Club: Galway

CABINET TREASURER

Kevin Ronayne
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IMM. PAST DIST. GOVERNOR (former Y2)

John McDonald
P. O. Box 91, Galway, NY 12074
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IMM. PAST DIST. GOVERNOR (former W)

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REGION AND ZONE CHAIRS**L****REGION "L" CHAIR**

Jim Winkler (Clinton Lions)
136 Utica Road, Clinton, NY 13323
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Wink8@aol.com

Clubs: Deerfield, Herkimer, Holland Patent, Marcy Telephone Club, Clinton, New Hartford, Utica, NYS-Whitestone, Sauquoit Valley

I**REGION "I" CHAIR**

Robert Pandori (Waterford Lions)
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Clubs: Ballston Spa, Galway, Greater Amsterdam, Saratoga Springs, Scotia-Glenville, Town of Greenfield, Broadalbin-Perth, Central Mohawk Valley, Fonda & Fultonville, Gloversville, Johnstown, Northville-Sacandaga, Speculator

O**REGION "O" CHAIR**

Florence Brisee (Waterford Lions)
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fbrisee@hotmail.com

Clubs: Albany & Troy, Bethlehem, Greater Ravena, Waterford, Duane, Town of Wright-Schoharie Valley

N**REGION "N" CHAIR**

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jmsc@roadrunner.com

Clubs: Glens Falls, Hadley Luzerne, Lake Placid, Long Lake, Newcomb, Town of Schroon, Tupper Lake, Saranac Lake, Cambridge, Greenwich, Mechanicville-Stillwater, Schuylerville, Town of Hoosick

S**REGION "S" CHAIR**

Joseph Latimer (Clifton-Fine Lions)
P.O. Box 52
Newton Falls, NY 13666
Home: 315-287-1344
dlatimer@slc.com

Clubs: Clifton-Fine, Edwards, Gouverneur, Heuvelton, Lisbon, Ogdensburg, Louisville, Norfolk-Potsdam, Quad Town, Malone, Chazy, Peru, Plattsburgh

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Clubs: Deerfield, Herkimer, Holland Patent, Marcy Telephone Club, Clinton, New Hartford, Utica, NYS-Whitestone, Sauquoit Valley

ZONE "A" CHAIR

Mike Baxter (Saratoga Springs Lions)
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mike@heberassociates.com

Clubs: Ballston Spa, Galway, Greater Amsterdam, Saratoga Springs, Scotia-Glenville, Town of Greenfield

ZONE CHAIR

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Pansymoo@aol.com,

Clubs: Albany & Troy, Bethlehem, Greater Ravena, Waterford, Duane, Town of Wright-Schoharie Valley

ZONE "A" CHAIR

Scott Rager (Glens Falls Lions)
82 Hunter Lane
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rager@roadrunner.com

Clubs: Glens Falls, Hadley Luzerne, Long Lake, Newcomb, Town of Schroon,

ZONE "A" CHAIR

Rita Keenan (Quad Town)
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rkeenan2@tcwny.rr.com

Clubs: Clifton-Fine, Edwards, Gouverneur, Heuvelton, Lisbon, Ogdensburg, Louisville, Norfolk-Potsdam, Quadtown,

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Clubs: Cambridge, Greenwich, Mechanicville-Stillwater, Schuylerville, Town of Hoosick

ZONE "B" CHAIR

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MEMBERS CORNER



Fellow Lions,

When completing your club service projects we encourage your club secretary or service chair to share and report this information to LCI on the MyLCI site. While you may feel that your club's eye glass sort, diabetes strides program, or youth related project isn't noteworthy enough to be reported, LCI actually views the information shared as being very important! The information shared allows our District officers to view the activity of our clubs, and when necessary, offer any assistance when the club is seeking guidance on serving their community. We have a lot of great ideas of service projects other District clubs have completed that may be replicated in your own community! Why reinvent the wheel?!

Additionally, these numbers have a tremendous cumulative effect when added together on a National or International level. LCI often enters into agreements, or receives grant funding opportunities, from large corporations or Congress. Having the ability to share our positive impact on the communities we serve across the globe goes a long way toward our finalizing these collaborative or partnership opportunities.

This past weekend our District Fall Convention was held in Saratoga Springs where we heard from a number of presenters on the critical topic of Diabetes. We had presenters & exhibitors that represented Saratoga Hospital and AADE (American Association of Diabetes Educators), Cornell Cooperative Extension of Albany and Saratoga Counties, a private Ophthalmologist and representatives from the Diabetes Awareness Coalition of Saratoga County. The presentations offered valuable information on the causes and effects of Diabetes, along with nutrition and diet tips. Additionally, LCI is about to enter into a National agreement with AADE, whereby Lions clubs and AADE Certified Diabetes Educators will work together to serve their own respective communities through Diabetes Awareness and Education. I encourage you to watch this brief video with myself, Lion Barb Bentley and Heather Kovar of News Channel 6. It's a great example of a Diabetes program that the Saratoga Springs Lions club hosted with area certified diabetes educators that you could replicate in your own community!

<https://cbs6albany.com/news/local/a-lions-strides-event-diabetes-heart-health>

This upcoming weekend we have another great service activity that I invite all of our District Clubs to get involved in. On Saturday area Lions will volunteer alongside employees of the Anthem Foundation at the Regional Food Bank in Latham NY. LCI received a grant award from Anthem with the express purpose of benefiting projects that would serve Food Banks in shared regional locations across the country. The Regional Food Bank serves 23 counties and 1,000 agencies from Plattsburgh to Newburgh in urban, rural and suburban communities! Please see the flyer on the next page and let me know if you can help out!

Our Lions reputation of Service has been critical to our efforts to forge partnerships alongside AADE and the Anthem Foundation that will benefit our Mission. These relationships will have positive impacts on members of our communities for years to come! So, when you finish up your clubs service project, please let us know by reporting it to LCI!

Yours in Lionism,
IPDG Lion John McDonald

FALL District 20W CONVENTION



Saturday, November 3, 2018

Saratoga Springs Holiday Inn

HIGHLIGHTS

District 20W Fall Convention

FALL CONVENTION

By Lion Barbara Bentley

This year's District 20W Convention was held on November 3, 2018 in Saratoga Springs, NY and featured speakers on the topic of Diabetes education in addition to the Keynote Address by visiting Past International Director Lion Rod Wright.

LION BARBARA BENTLEY FACEBOOK EDITOR & DISTRICT PHOTOGRAPHER

P. O. Box 1031
Guilderland, NY 12084
Cell: 518-894-1375
barbann22@gmail.com



IPDG Lion John McDonald and DG Michele O'Hare with Dr. Nicole Lemanski.



DG Lion Michele O'Hare with Diane Whitten from Cornell Cooperative Extension of Saratoga County.



IPDG Lion John McDonald with Judy Carr, the Diabetes Services Quality Coordinator at Saratoga Hospital, and Lisa Hodgson, the Clinical Nutrition Manager at Saratoga Hospital along with being a National Board Member and Member Affiliates Liaison for the American Association of Diabetes Educators.



Past International Director Lion Rod Wright.



New Voices Certificate for Membership awarded to Lion Michelle Theisen



Visiting Past International Director Lion Rod Wright and his Partner in Service PDG Lion Paula Beach.



New Voices Certificate for Service awarded to Lion Dione Ramsdill.



New Voices Certificate for Leadership awarded to Lion Katrina Plummer.



New Voices Certificate for Marketing awarded to Lion Karen Rager.



International President Certificate of Appreciation awarded to Lion Diane Chanowsky



International President Certificate of Appreciation awarded to Lion Jerry Gordon.



Certificates awarded to District 20W Global Action Team Members PCC Lion Mark Whitney, PDG Lion Paula Flisnik, IPDG Lion John McDonald and PDG Lion Ed Stano.

UPCOMING EVENTS

(District Cabinet Meetings in Blue)

Lions Eye Bank Week.....	December 4 - 9, 2018
Glaucoma Awareness Month.....	January, 2019
LCIF Week.....	January 7 - 13, 2018
Last Day for discount on LCI Convention fees.....	January 13, 2019
3rd 20W District Cabinet Meeting, New Hartford, NY.....	January 26, 2019
DGE training from LCI, Oakbrook, IL	February 12-14, 2019
3rd MD20 Council Meeting Syracuse, NY.....	February 22, 23, 2019
Lions Day at the UN.....	March 9, 2019
MD20 PDG Organization Spring Meeting.....	March 16, 2019
4th 20W District Cabinet Meeting, Lake Placid, NY.....	March 30, 2019
Int'l Board of Directors Mtg., Reykjavik, Iceland.....	April 3 – 7, 2019
DGE School, Binghamton, NY.....	April 5-7, 2019
4th MD20 Council Meeting, Binghamton, NY.....	May 2, 2019
MD20 2019 State Convention, Binghamton, NY.....	May 3-5, 2019
DG Michele O'Hare Testimonial.....	May 11, 2019
International Convention, MILAN, ITALY.....	July 5-9, 2019

FOR MORE INFORMATION AND EVENTS, CHECK OUT DISTRICT 20W AND
The LIONS INTERNATIONAL CALENDAR OF EVENTS

20WLions.org

members.lionsclubs.org/EN/events/calendar.php

District Governor Michele O'Hare's Testimonial Lunch

Save
the
Date

Saturday, May 11th, 2019
Holiday inn, Saratoga Springs NY.

**It will be a lunch
and will be business casual.**

District Governor Michele O'Hare's Visitation Schedule

CLUB	MEETING DATES	
Speculator	November 15, 2018	
Long Lake	November 27, 2018	
Waterford	December 5, 2018	
Greenwich	December 6, 2018	
Town of Hoosick	January 3, 2019	
Greater Ravena	January 9, 2019	
Broadbin Perth	January 10, 2019	
Galway	January 14, 2019	
Mechanicville-Stillwater	January 14, 2019	
Cambridge	January 16, 2019	
Town of Wright Scohaire	January 21, 2019	
Glens Falls	January 22, 2019	
Johnstown	January 24, 2019	
Scotia Glenville	February 5, 2019	
Duane	February 6, 2019	
Saratoga Springs	February 7, 2019	
Fonda & Fultonville	February 13, 2019	
Schuylerville	February 20, 2019	
Clinton	} February 21, 2019	
Deerfield		
Herkimer		
Holland Patent		
New Hartford		
NY Mills White		
Sauquoit Valley		
Utica	} February 25, 2019	
Lake Placid		
Hadley-Luzerne		March 6, 2019
Tupper Lake		March 7, 2019
Town of Schroon	March 18, 2019	
Malone	March 13, 2019	
Bethlehem	March 20, 2019	
Gouvereur	March 27, 2019	
Albany & Troy	April 3, 2019	

UPDATED OCTOBER 17, 2018



Give Thanks

District 20W 2018 - 2019 Club Events

Gouverneur Spaghetti Dinner.....	November 18, 2018
Peru Lions Club 41st Annual John P. Adams Memorial Turkey Trot.....	November 22, 2018
Brandel/Murphy Youth Foundation Superbowl Raffle.....	January 13, 2019
Glens Falls Lions Golf Tournament, Airway Meadows, Gansevoort, NY.....	June 8, 2019
Schroon Lake Lions Golf Tournament.....	June 15, 2019

ATTENTION 20W CLUBS!

If you have your dates in place for your 2018 - 2019 events, PLEASE, PLEASE, PLEASE send them to me for this calendar!

Other club members may want to participate in them!

Send them to me by the 28th of each month (except February, which is the 26th)

karen@deuxflutes.com



**“HEY LIONS!
Inquiring Lions want
to know what
YOUR CLUB
is up to!!!”**



Details for submissions to the District 20W Roar, and the State MD20 Magazine are on page 27 of this newsletter.

What to send?

Articles and pictures of your clubs activities.

Flyers of upcoming fundraisers and events for the NEXT month.

Events for the YEAR for this page!

How to send it?

Send copy in word, .pdf or embedded in the email.

Send captioned pictures in .jpg

Send by the 28th to karen@deuxflutes.com

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GOVERNEUR LIONS CLUB



SPAGHETTI DINNER

includes Meatballs, Salad and Rolls
Sunday, November 18, 2018
@ Mullin's Restaurant in Gouverneur

Serving from: **Noon-4:00PM**

takeouts are available

Auction at 4:00pm with items including:

Desserts, Dinners, and Merchandise

Donation: \$10.00



Greetings Runners !

It's the 3 Week Countdown to our 41st Annual John P. Adams Memorial Turkey Trot!

Date: November 22, 2017

Start Location: Peru Elementary School

Start Times: 8:45 AM SHARP - 1 Mile Fun Run / Walk

9:15 AM SHARP - for 5K & 10K

**Registration Online is available
at**

<http://www.adirondackcoastevents.com/calendar>

or

Download Mail-in Registration at <https://www.perulionsclubnewyork.org/turkeytrotregister>

Bib/Chip Packets can be picked up at the Peru Elementary School Cafeteria
Wednesday 11/21 from 4-7pm or Thursday 11/22 from 7:30am-8:15am

A Route Map is available for download at www.perulionsclubnewyork.org

All 5K & 10K participants receive a Bandana imprinted with Turkey Trot Route Map
Trophies will be Awarded 1st & 2nd Place in 10K and 5K

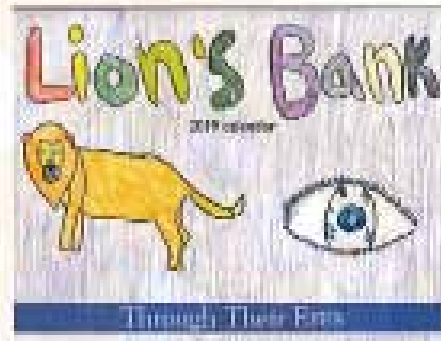


Give the Gift of Sight This
Holiday Season!

Support Blind Children
By Purchasing a
“Through Their Eyes – The Gift of Sight”
2019 Calendar

Each month showcases
original artwork created by
Capitol District children
expressing their
appreciation
for the gift of sight.

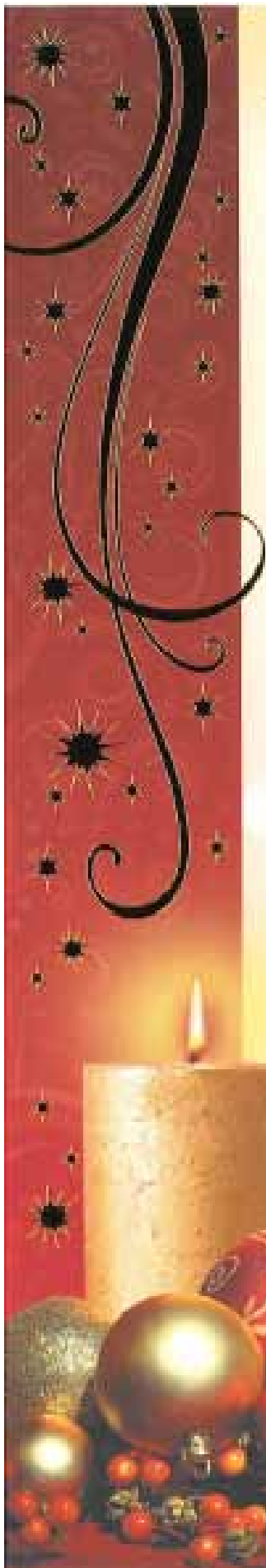
Every calendar sold benefits
underprivileged children in
need of eye care. This
calendar is about *children
helping children.*



For more information call:
Lions Eye Bank at Albany

\$8.00 per Calendar / No Tax Due / Shipping Included

Make checks payable to:
Lions Eye Bank at Albany
4 Tower Place, Ste. 601
Albany, NY 12203



SUPER BOWL RAFFLE



ATLANTA, GA
February 3, 2019

**WORTH OVER
\$15,000**

FIRST PRIZE VIP Super Bowl Package

- 2 Upper level tickets
 - 3-night hotel accommodations
 - \$1,000 Travel Expense
 - Ground transportation to the game
 - Welcome gifts and on site concierge services

**DRAWING TO BE HELD ON 01/13/2019
at RICARDO'S BY THE BRIDGE**

Second Prize: \$2,000

Third Prize: \$1,000

Fourth Prize & Fifth Prizes: \$500

Sixth thru Tenth Prizes: \$250

Special

**6 Tickets
\$100.00**

COST: ONLY \$20.00 PER TICKET



Contact:

PDG Joan Scott jmsc@roadrunner.com

Or go to our website for further info at www.brandelmurphyfoundation.org

All proceeds to benefit The Brandel-Murphy Youth Foundation

HELPING CHILDREN IN NEED

Make checks payable to: Brandel-Murphy Youth Foundation, PO Box 913, RVC, NY 11571

We are a 501c3 organization. Contributions are deductible to the extent allowed by law.

District & Club Articles

HOW TO GET THE DISTRICT NEWSLETTER FOR



- 1. GO TO 20WLions.org**
- 2. Find "To sign up for the District newsletter, click here" at the bottom of the blue box.**
- 3. Fill in requested information.**
- 4. Submit!**

**It's as easy as that!
You will receive the newsletter
each month in your email.**

Sight Society Glasses Recycling

CHANGE OF DROP OFF LOCATION

By Lion Victoria Adler

The Sight Society of Northeastern New York, Inc. (Lions Eye Bank at Albany) has moved to the 6th floor of 4 Tower Place in Albany. The Sight Society has been partnering with the Center for Disabilities for eyeglass recycling for several years. **Because of the storage space needed and accessibility issues for the Center for Disabilities personnel to pick up, we will no longer be accepting glasses and we ask that you please bring your glasses directly to their facility.**

The eyeglasses can be boxed or bagged. The Center will continue to cull and ship the eyeglasses to the Lions' Recycling Facility. **The Center is located in the southeastern part of Albany at 700 South Pearl Street, Albany, NY 12202-1013. Their phone number is (518) 427-2273. The contact person at the Center for Disabilities is Ian Hunter, Director.**

The Center is less than 5 minutes from NYS Thruway (I-87) Exit 23. When you arrive at the Center, you will need to go into the receptionist area. They will then direct you to drive to the loading dock to unload. The Center is open Monday thru Friday from 8:30AM to 4:00PM. You do not need to call ahead to schedule a drop off. (NOTE: After drop-off, continue around the building to exit the facility, the entrance is one-way... in.)

If you need a letter regarding the donation, please email Lion Vicki Adler, executive director of The Sight Society, at vadler@lionseyebankalbany.org.

Information Needed:

1. Club name
2. Address
3. Name of club president
4. The number of pair eyeglasses donated
5. Date of drop off



Town of Greenfield Lions Club

By Lion Katrina Plummer

On October 10th Lion Verna Plummer was awarded her 25 year chevron for being a lion. Lion Fred Koch was awarded his 35 year chevron and Lions Catherine and David Stano were awarded their 10 year chevrons.



KING LION PAUL BODENSTAB

4912 Route 9N Corinth, NY 12822
 Work: 518-796-5474
 bodenstabp@gmail.com

Northeastern Association of the Blind Albany (NABA)

LOW VISION TECH FAIR

By Lion Cheryl Lawyer

A group of Lions Club members from District 20W participated in NABA's Low Vision Tech & Health Fair on 10/16 at the Saratoga City Center.

The theme of this year's event was Diabetes Awareness, consistent with the Lions Club International initiative to fight diabetes.

Attendees learned about the latest in low vision/vision loss technologies and services as well as hearing loss from the Lions Hearing Conservation Society; eating healthy to fight diabetes and other related health and senior services.

Two guest speakers were featured. At 10am Certified

Diabetic Educator Judy Carr from Saratoga Hospital presented information about diabetes prevention. At 1pm, ophthalmologist Dr. Erica Archer presented information about diabetic retinopathy, the leading and most preventable cause of vision loss in America today.

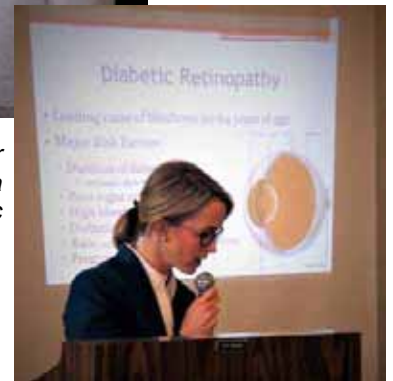


Left to right: Lion Barbara Bentley/Saratoga Lion; Sandy & Jim Clark/Glens Falls Lions; Diane Lang/Ballston Spa Lion; Phil Klein/Saratoga Lion; Cheryl Lawyer/NABA & Saratoga Lion; Michele O'Hare/District Governor 20W, Bethlehem Lion, NABA Director of Development & Communications.



Left: Guest speaker Certified Diabetic Educator (CDE) Judy Carr from Saratoga Hospital and NABA Executive Director/Albany-Troy Lion Christopher Burke.

Right: Guest speaker ophthalmologist Dr. Erica Archer presents about diabetic retinopathy.



NABA

301 Washington Avenue, Albany, NY 12206

LION CHRISTOPHER BURKE EXECUTIVE DIRECTOR

Work: 518-463-1211; Fax: 518-463-3585
 info@naba-vision.org
 www.naba-vision.org



Galway Lioness Club

NEW INDUCTEES

By Lioness Holly McConchie

Galway Lioness President inducted five new members into the club at their October dinner meeting. Due to a lack of availability of Lioness pins, each sponsor pinned them with a picture of a Lioness pin. If anyone has any extra Lioness pins, we would love to connect and see about taking them off your hands please.



Pictured (from left to right) are: Robin Lambert, Linda (Lin) Jackowski, Jennifer Hall, Galway Lion & Lioness President Holly McConchie, Galway Lion Judy Curtiss and Laura Stewart.

COULD YOU USE \$1,000?

The Galway Lioness are selling tickets for a chance to win \$1,000. Tickets are \$10/ticket and are available from any Galway Lioness. Drawing will be held at our December dinner meeting to be held on December 5, 2018.

PRESIDENT HOLLY MCCONCHIE

2491 Northline Road
Galway, NY 12074
Home: 518-882-6516
hmconchie@aol.com

District 20W

LIONS SERVE TO FIGHT CHILDHOOD CANCER

By DG Michele O'Hare

Thank you to all the Lions Club in 20W District that sported gold ribbons for Childhood Cancer Awareness Month at their club meetings.

As one of our Service Projects this year, we will be asking all 20W Clubs to consider serving to fill the Ronald McDonald Wish List.

The Ronald McDonald Houses provide a haven of

comfort, love, hope and support. It is free of charge for critically ill children and their families. It helps take some of the financial and emotional toll of the families.

Donations can be dropped off to any Ronald McDonald House or to the Ronald McDonald Family Room at Albany Medical Center, 139 South Lake Avenue, Albany, N.Y. 12208. (518 438-2655)

WISH LIST

K-Cups ~ Juice Boxes ~ Cereal Bars ~ Fruit Cups
Individual size bags of popcorn, pretzels, and chips.

Double A Batteries

Gift Cards -\$25

Visa, Walmart, Target, Price Chopper, and Hannaford

Gas Cards

Stewarts, Sunoco, and Mobil

New Children's Books

Volunteers are always needed and welcomed !

20W Lions ...Let's Serve!

DISTRICT GOVERNOR MICHELE O'HARE

8 Turnberry Drive, Slingerlands, NY 12159

Home: 518-475-1908; Cell: 518-694-6872

Work: 518-463-1211 x 241

dgmicheleohare@gmail.com

Club: Bethlehem

Saranac Lake Lions Club

ART POSTER CONTEST & SHOW

By Lion Paula Lanthier

On Thursday, October 11th, the Saranac Lake Lions Club hosted its 6th Annual Sidewalk Art Poster Contest and Art Show at St. Bernard's School in Saranac Lake. Students in kindergarten through 5th grade created their own Sidewalk Art using chalk on special black paper. The event was staged as an Art Gallery opening. Students, their families and staff were invited to attend a festive evening of art and refreshments. Prizes were awarded to the top 3 posters in each grade.

At the awards ceremony there was an "AMAZing Raffle" for a family 4- pack of tickets to a local corn maze.

This event is the brainchild of Lion Lauralee Kunath. She's chaired the event since she came up with idea 6 years ago.

...continued on next page

All supplies, prizes and refreshments (hot dogs, chips and bottled water) are supplied by the Saranac Lake Lions Club.

This is a very well attended event that is looked forward to every year by the students, staff and family members of St. Bernard's School.

It was designed to coincide with the last local Thursday Night Art Walk of the season.



Lions Kathy Munn and Teri Martin pose with raffle winning St. Bernard's student.



Saranac Lake Lions stand with poster winners. Students are hold a big THANK YOU card they presented to the club.

Right: Sample of the artwork created by St. Bernard's students.



KING LION DAVID MARTIN

P. O. Box 113
 Saranac Lake, NY 12983
 Home: 518-891-2172; Cell: 518-524-8439
 Work: 518-891-3080
 davidemartin2000@yahoo.com

Peace Poster Contest

...AND THE WINNER IS.

By DG Michele O'Hare

The winner of the District 20W Peace Poster contest, is 12 year old Abby P. Becker from Schuylerville Middle School. She was sponsored by the Schuylerville Lions Club.

Lion Lawrence Alheim Schuylerville Lions club, peace poster coordinator has overseen over 100 entries.

Congratulations Abby. You did a beautiful job!



Pictured at right are Lion Larry Alheim, Abby P. Becker and District Governor Michele O'Hare.

Hurricane Michael Relief

Last month Hurricane Michael devastated the Florida panhandle. Complete cities and towns were destroyed. There are still no FEMA trailers for these people to stay in. They are in need of diapers, women's hygiene products, personal hygiene products, kids clothes, backpacks, school supplies, shoes, jackets, etc. **However**, they have no where to store these things until they can be given out. What they are asking for is money to purchase the supplies that are needed. Panama City Beach Lions Club, as per King Lion Alfred Sauline of the club.

Donations can be sent directly to the Panama City Beach Lions.

Panama City Beach Lions Club
 Attn: Lion Alfred Sauline
 P. O. Box 738
 Panama City Beach, FL 32402

This information is also on 20Wlions.org.

Empire State Special Needs Experience/Lions Camp Badger

WINTERIZING THE CAMP

By Cynthia Reuter

As you can imagine, we are in the midst of shutting down/winterizing the camp for the season. This involves a lot of hands-on work to drain all water lines, sinks, toilets, showers, washers, etc. and then making sure there is antifreeze in all the traps to prevent freezing and cracking. We certainly have a lot of sinks, toilets and showers! Similarly, the pool needs to be winterized so we don't lose expensive equipment. Once all this happens, only then can the camp "rest" for the winter months. Except for the deer and other wildlife, the camp is quiet until next April.

If you've been following our Facebook page, you have seen photos of the recent wedding receptions we hosted here at the camp. In the fall months when there is otherwise no programming, we rent the Collins Conroy Lodge for weddings, reunions, parties as a way to bring in some extra revenue. It works out well for us this time of year and we have at least 4 to 5 bookings each fall. We receive many compliments on how beautiful the camp and the Lodge are, especially



the best marketing tool!

It's not all fun and games here in the fall. Pat Gillule, Camp Director, is already working on scheduling and planning for summer programs 2019. We need to have all of this information in place very shortly so that we are ready to go "live" with our registration portal in January. We are working on our marketing materials for the fall conventions, as well as updat-

ing the brochure, website and other social media. If you aren't already following us on Facebook, that is a great resource for updates! Search "Lions Camp Badger."

CAMP BADGER

725 LaRue Road, Spencer, NY 14883

CYNTHIA REUTER, OFFICE MANAGER
PATRICIA GILLULE, PRESIDENT

lionscampbadger@htva.net

Phones: 800-232-7060, 607-589-4800;

Fax: 607-589-6181

lionscampbadger@htva.net

www.lionscb.org

Central Association for the Blind and Visually Impaired (CABVI)

TWO WOMEN LIONS INITIATE A GLOBAL PROJECT AND MEDIA COVERAGE FOR WHITE CANE DAY

By PDG Paula Flisnik and Tara A. Capponi

Global Project - PDG Paula Flisnik

March 24, 2018, United Nations Lions Day, saw the establishment of a service partnership between the Central Association for the Blind and Visually Impaired (CABVI) and the Beacon of Hope Outreach (BOHO). PDG Paula Flisnik, CABVI's Director of Community Relations, and Lady Celestina Ekezie, NYS Barahona Lions Club member and founder and



CEO of BOHO. They met and quickly realized that their conversation that day would be the first of a continuing relationship. When Lion Lady Celestina described the medical and educational services offered by BOHO. PDG Flisnik suggested that CABVI and Lions could donate items to help the Nigerians meet their goals.

...continued on next page



Beacon of Hope Outreach (BOHO) Staff.

Global Project Initiative

In January 2019, approximately 6000 people in rural communities in Nigeria will receive assistance from a free medical and educational mission. Participants will undergo medical exams, receive prescribed medications, and attend public health awareness presentations. Nearly 700 Lions glasses have been donated, and CABVI donated magnification devices, vision screening materials, nitrile examination gloves, and pencils.

The Girls Initiative

The Girls Initiative is a project developed by Edna Chukwurah, MD, and Nwando Ekezie, medical student and daughter of Lion Lady Celestina Ekezie, to serve 500 to 1000 rural preadolescent and adolescent Nigerian girls in underserved communities. They will offer workshops that focus on overall personal hygiene, menstruation and sanitary health, sexual awareness, and abuse prevention. CABVI is supplying linens for this project, along with the Marcy Telephone Lions Club donating shoes. Generously, MS Mattie Baptiste, Nurse, is supporting with sewing sanitary pads and donated \$100 which will educate five Nigerian young women.

Just think...2 for \$20 donation will teach two girls how to make liquid soap and provide books bags filled with toiletries and school supplies.

The Beacon of Hope Outreach’s future plans include building a rehabilitation and wellness center in Owerri, the capital of Nigeria. For information or to donate to the Beacon of Hope Outreach, visit its website, www.BeaconOfHopeOutreach.org

PDG Paula Flisnik Recieves Award

On October 14, 2018, District 20-R2 Foundation held its 3rd Foundation Anniversary Gala. At the event, PDG Paula Flisnik was awarded the prestigious Helen Keller Distinguished Service Award. For the past several years, the foundation leaders asked Past District Governor Flisnik to locate qualified blind and visually impaired College Freshmen

candidates for individual \$2000 education awards. She invested time working with Shawn Chi-Chance, District Manager, New York Office of Child and Family Services | Commission for the Blind Division, in continuous searches.



Above is PDG Loretta Wu whom I have worked with via scholarships and the 2018 and 2017 award recipients.

It is grand when Lions work together not letting geographic territories limit their Lions’ service. That is exactly what took place. PDG Flisnik’s home district is 20-W, yet she was serving with 20-R2 Lions. Best is that three students are able to continue their education with Lions assistance.

Cheers to those Lions who are willing to serve alongside their Lions peers. “WE SERVE”

White Cand Day Media Coverage - Tara Capponi

The links below are for the local media coverage we received for White Cane Safety Day on Monday for your information and review. UCB & CABVI are so grateful to have partnered with MVCC for this event. We’re looking forward to building relationships with additional organizations to continue promoting our Mission.

Utica OD

<https://screenshots.firefox.com/yB0CkHkft18I2GtO/www.uticaod.com>

Spectrum News

<http://spectrumlocalnews.com/nys/central-ny/news/2018/10/15/white-cane-day-at-mohawk-valley-community-college>

WKTU

<https://www.wktv.com/content/news/Educating-those-who-can-see-on-what-its-like-not-to-see-497629721.html>
 (NOTE: Gary Liberatore, from WKTU, in my opinion, did one of the most fascinating interviews I’ve ever seen for the entire

blind and visually impaired community. He and cameraman Keith Hunt came to cover the story around 11 am when it began. They left and were so intrigued that Gary came back to do his live story for the Noon news on site, blindfolded and interviewed Maria. This is truly an amazing interview. There was also coverage on the 5 & 6 p.m. evening news casts. They did a great job for us.)

Rome Sentinel

<http://romesentinel.com/education/white-cane-day-to-raise-awareness/QBqrjk!nux8PHJevyes5UpdCdB9nQ/>

Additional coverage was received on social media sites such as UCB, CABVI, MVCC and NIB (National Industries for the Blind).

CENTRAL ASSOCIATION FOR THE BLIND AND VISUALLY IMPAIRED (CABVI)

PAMELA DELMEDICO MUSTEE
DIRECTOR OF PR & EVENTS
 507 Kent Street Utica, NY 13501

PRESIDENT RUDY D'AMICO
 507 Kent Street, Utica, NY 13501
 Work: 315-797-2233
www.cabvi.org

Albany & Troy Lions Club

By Lion Jerry Gordon

General meeting

Our speaker was Laura Miller, community liaison for St Peter's Health Partners. She discussed breast and prostate cancers. For both types, she reviewed the risk factors, symptoms, screening techniques and treatment options. Lion Jerry introduced potential Lion Michael Cannon, who works for Morgan Stanley. He recently moved to the area and would like to join a service organization.

Board meetings

Lion Ruth has put the availability of SaveAround books on our Facebook page, adding that we will get credit if they are purchased for other geographical areas.

Programs

Our November speaker will be from the Lansingburgh Boys & Girls Club. December will be our holiday party at Van Schaick Country Club.

Lion Tom shipped 5000 used eyeglasses to the NJ recycling center.

There were only ten calls on our voice-mail system last month, all pretty routine. Eight were ours and two were sent to Waterford LC.

We are signed up to sell popcorn at the Victorian Stroll on Sunday, Dec 2.

Lion Ruth gave out four eyeglass vouchers, three for adults and 1 one child, all in Albany.

Lion Stefan is working on a hearing-aid application from a woman in Albany. A few months ago, we received a hearing-aid application from a gentleman in Westerlo, which is well outside our area. It was ultimately handled by Bethlehem and Ravena, who each paid for 25% of the cost, and the Hearing Conservation Society, who picked up the other 50%. When we got a second applicant from Westerlo, it was decided to make it a zone project. Each of the 6 clubs agreed to pay between \$50-100, so he will get his hearing aids.

Lion Ruth announced that we have received a \$1000 donation from WGY. Since 2007, we have received \$10,250 from Stewart's and \$12,210 from WGY.

KING LION CAROL QUANTOCK
 90 Jolly Road, Stillwater, NY 12170
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 Cell: 518-209-8652
cquantoc@nycap.rr.com

CLUB CORRESPONDENCE

P. O. Box 192, Troy, NY 12181-0192
info@albanytroylions.org 518-512-2722
AlbanyTroyLions.org [facebook.com/albanytroylions](https://www.facebook.com/albanytroylions)

Clinton Lions Club

By Lion Jim Winkler

At our first October meeting of the month, we honored our club-sponsored student of the month. Alexis Williams, was chosen with the assistance of our Clinton Central High School Guidance Counselor and will be attending SUNY Geneseo in the Fall. She and her mother attended our meeting and Alexis briefly addressed us regarding her future plans and answered extemporaneous questions from club members. Her picture will appear in our local newspaper – The Waterville Times.

We recently concluded a very successful sale of “Smart Shoppers Books”. These books contain coupons redeemable at local business establishments for the purchase of food

& products at discounted prices. This is the third year we have sold these books and have realized \$250 annually.

We continued to collect used eyeglasses and hearing aids from drop-off points at businesses in our area and assisting on Distribution Day at our local Country Pantry. Club members assist by greeting clients, packaging their food staples and transporting bags of groceries to their vehicles. The numbers of local residents who avail themselves of this supplemental food offering is truly amazing!



CCS Senior Alexis Williams receives Club Student of the Month Award from Lion Les LaBrecque.

eyeglasses; Mercy Flights – a local independent non-profit air medical service - (\$250) to offset operating expenses; and \$250 to contribute toward expenses incurred by the family of a local child with recurring brain cancer. These donations are possible through the efforts of club members participating in our various fundraising activities.

We're also planning for upcoming activities. These include participation in the community-wide Shoppers Stroll Celebration which opens the Christmas Season the day after Thanksgiving; coordination of the local Salvation Army Red Kettle Drive before the Holidays; and our club's White Cane Fundraiser the week end before Christmas.

Finally, partnering with our local Chamber of Commerce we will be co-sponsoring a community-wide fundraiser (spaghetti dinner) two days after Thanksgiving to defray some of the unpaid treatment costs of a community member being treated for an aggressive type of cancer. She's accomplished a great deal for the local community and while we wish we could do more; these types of service activities make being a Lion worthwhile!



Clinton Lions work at Rise Against Hunger.

In memory of one of our recently departed members, Lion Nate Meyer, we sponsored an American Flag that will be displayed along the Memorial Parkway in Utica for Veterans Day.

Donations were made to: LCIF (\$1,000) for Hurricane Relief; the Utica Rescue Mission (\$300) for meals at Thanksgiving; our local unit of the Salvation Army (\$450) for utilization during the upcoming winter weather; the Kirkland Bloodmobile (\$450) for their on-going blood collection efforts in our area; the New York State & Bermuda Lions Foundation (\$100) as a Contributing Club-member; a local senior citizen (\$100) to offset expenses incurred for purchase of new

HAVE A GREAT THANKSGIVING

KING LION ROBERT MAXAM

2 Sunset Drive, Clinton, NY 13323

Home: 315-853-5968

Cell: 315-794-0410

maxamr60@gmail.com

<http://clintonnylionsclub.com/>



**YOUR CLUB ARTICLE
COULD BE HERE!**

Let us know what your club is doing!

Send articles and captioned photos
and event flyers to karen@deuxflutes.com

Monthly deadline is the 28th.

SeeSee page 27 for details

Hadley-Luzerne Lions Club

STUDENTS GET DICTIONARIES AND ATLASES

By Lion Peter Watts

Hadley-Luzerne Lions have, for several years, provided dictionaries and atlases for the sixth graders at Hadley-Luzerne Central School. Pictured are this year's sixth graders with their new books delivered by several Lions. In the back is Jon Baker new principal at the Stuart Townsend School.



KING LION CLAUDE WRIGHT

29 Third Avenue Hadley, NY 12835
Home: 518-696-5154
tinkw30@frontier.com

Quad Town Lions Club

TRUNK OR TREAT

By Lion Donna Schaab

Quad Town Lions were invited to participate in the first Annual Trunk or Treat at St. Lawrence Central School. This is a safe pre-Halloween event for local children in lieu of the traditional door to door. Individuals and organizations decorate the trunks of their vehicles and prepare to hand out goodies. Lions Pat Dullea, Jeri Francis, Gail Murtaugh, Sue Stubbs and President Ann French all gathered to decorate the Lion's trunk and hand out goodies to the children.



KING LION ANN FRENCH

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Brasher Falls, NY 13613
Home: 315-389-4952
anndyf8@gmail.com

MD20 Leadership Institute

District 20W wishes to congratulate the three members of the District that attended the recent Leadership institute in Binghamton at the end of October.



Lion Barbara Bentley with the Saratoga Springs Lions, DG Lion Michele O'Hare, 1st VDG Rick Brisee and Lion Florence Brisee with the Waterford Lions.



Camp Abilities Saratoga

ADK PUB & BREWERY SUPPORTS CAMP

by IPDG John McDonald

The Saratoga Springs Lions wish to thank John & Cindy Carr and the Adirondack Pub & Brewery for their generous support of our Camp Abilities Saratoga program! The camp is an active one week overnight sports camp held annually every August for children & teens who are blind or visually impaired. Over two weekends in October, Saratoga Springs Lions and friends, along with members of the Greenfield & Glens Falls clubs, volunteered at the Lake George Village and ADK Pub & Brewery Oktoberfest's respectively. Saturday's ADK event culminated with the check presentation from John Carr to the Lions in the amount of \$14,900.00 in support of our camp! We received additional donations from attendees bringing the grand total to \$15,030! This incredibly generous donation will go a long way in our efforts to continue providing our campers with an inclusionary summer camp experience with their peers!



CAMP ABILITIES SARATOGA

P. O. Box 601, Saratoga Springs, NY 12866
518-290-7050

info@CampAbilitiesSaratoga.org

<http://campabilitiessaratoga.org/>

www.facebook.com/CampAbilitiesSaratoga

Lions Prayer

Where Lions meet be present Lord,
To weld our hearts in one accord,
To do thy will, Lord make us strong,
To aid the weak and right the wrong.



Ogdensburg Lions Club

30 YEARS OF SERVICE

By Lion Barbara Bentley

Congratulations to PDG Lion James Shaw who was recognized for his 30 years of service during District Governor Michele Puleo O'Hare's visit last week to The Ogdensburg Lions Club and Lisbon Lions Club.



KING LION PHILIP MITCHELL

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pmitchell@wldcpas.com

MD20 Convention

MAY 3 - 5, 2019 - BINGHAMTON, NY

The MD20 Convention will be held in Binghamton, NY, May 3 - 5, 2019. Information on registering for the MD20 Convention can be found at the District W website.

20wlions.org

Scroll down the page and you will see the Convention Box. Here you will find links to "Reasons why you should attend", the Convention Registration and Hotel forms, the Ad book and Exhibit order forms.

Save money by registering before Dec 31, 2018.



District & Club Resources



What is MyLion?

MyLion is Lions Clubs International's new digital service platform for all Lions and Leos. MyLion is available in two formats:

- The MyLion app is a mobile phone application that you can download on your smart phone. It was gradually released starting in 2017 and is available everywhere outside of the European Union.
- MyLion on the web is the next major MyLion application and is a website that you will be able to access on any device with a web browser. MyLion on the web will be gradually released over the next few quarters.

When will I have access to MyLion on the web?

Over the next few quarters, Lions Clubs International will work with our Global Action Team leaders to gradually release MyLion on the web to ensure there is adequate time for testing and training.

Why are we gradually releasing MyLion on the web?

By gradually releasing MyLion on the web we can:

- Focus on one region at a time and provide advanced notice and support to MyLion users.
- Collect and methodically apply feedback.
- Ensure that every member has adequate time to learn the MyLion system before transitioning service activity reporting from MyLCI to MyLion.

Where should I report my club's service activities right now?

You should continue to report your service activities on MyLCI or your local reporting system until your region received MyLion on the web. We will communicate well in advance when MyLion on the web is available for you to test in your region.

Where can I learn more about the MyLion app and eventually MyLion on the web?

Our website www.mylion.org has tools, training resources, blog posts, and more related to the MyLion app. We will update it with content related to MyLion on the web as we begin to release the platform. www.mylion.org is your main, easy to navigate resource for all things MyLion.

When will the MyLion mobile phone app be released in the European Union?

We are working diligently with our partners in the EU to meet the requirements of the General Data Protection Regulation (GDPR). We will release the MyLion mobile phone app to European Union countries when we feel confident that the MyLion mobile phone app meets these requirements.

Is your club in The ROAR/MD20Magazine? Let the District and the State know the GREAT THINGS YOUR CLUB IS DOING!

Below are the specifications for each publication.

MD/20 MAGAZINE SUBMISSIONS

November 25th ~ April 25th

ONLY TWO ISSUES will be emailed to include district news.

I will submit everything I receive by the deadline, however submission does not guarantee publication, (I am not the editor). **WE ARE LIMITED TO ONE PAGE PER DISTRICT SO PLEASE LIMIT YOUR ARTICLES!**

THE ROAR SUBMISSIONS

THE 28TH OF EVERY MONTH (FEBRUARY WILL BE THE 26TH)

Everything received by the deadline will be in the next issue. Publication will be the 1st of every month.

ARTICLES

- Digital submission **preferred** in upper/lower case format.
- Microsoft Word, PDF, or text embedded in an email are acceptable.
- If it is handwritten, it **MUST BE LEGIBLE**.
- No scanned newspaper articles. Newspaper articles will be accepted **IF** they are in digital format, and with written permission from the originating publication.
- **SPELL CHECK** everything, particularly names, titles, club name, etc.

PHOTOS

- Digital submission **preferred** in JPEG or TIFF format.
- Hard copies are acceptable (Please do not write on the back).
- Hard copy newspaper photos are not acceptable. Digital newspaper photos are acceptable **ONLY** with a release from the newspaper/photographer, with photographer credit.
- **SPELL CHECK** everything, particularly names, titles, club name, etc.
- **PLEASE MAKE SURE CAPTIONS ARE IDENTIFIED WITH CORRESPONDING PHOTOS!**

EVENT FLYERS (THE ROAR ONLY)

- Original documents saved in .jpg, .pdf format or Microsoft Word are acceptable. No scanned documents. Flyers may be “reworked” due to space requirements.
- **SPELL CHECK** everything, particularly names, titles, club name, etc.

Submissions can be made to karen@deuxflutes.com
or Lion Karen Rager, 82 Hunter Lane, Queensbury, NY 12804.



Lions Hearing Conservation Society of NYS

LIONS LOAN-OUT EQUIPMENT

Below is a list of assistive devices available at many of LHCS of NYS's Loan-Out Centers.
(Other equipment may be available upon request)

Pocketalker

Personal amplifier. Ideal for one-to-one communication and TV listening.

Infrared TV Listening System

Wireless infrared amplification system.

Personal FM System

Wireless portable amplification system. Transmits up to 300 feet. Helpful for an individual or large group situation.

Amplified Telephone

Adjustable volume control with amplified ringer.

Amplified Telephone Ringers

Provides adjustable ring volume, frequency, and pitch tone.

Whistle Stop

Phone adapter to prevent feedback from using telephone with hearing aid.

Digital Alarm Clock

Wake to an alarm, a flashing light, or a portable pillow shaker.

Alert Master

Uses a pillow shaker and a lamp flashing simultaneously to alert you to a smoke detector sounding, door knocking, telephone ringing, and alarm clock activation.

Cap-Tel Telephone

Telephone that has both amplification and caption capability

Personal Body Pager

Pager works with the Alert Master. You wear it to alert to sounds while awake.

Lions Hearing Conservation Society of NYS Loan Out Centers

Albany - Madison Hearing Center
One Executive Center Drive - Suite 202, Albany, NY 12203
Voice: (518) 690-2060

Amsterdam - Resource Center for Independent Living
347 W. Main Street, Amsterdam, NY 12010
Voice: (518) 842-3561 TDD: 842-3593

Castleton - Madison & Saratoga Hearing Center
81 Miller Road, Suite 700, Castleton, NY 12033
(518) 689-0792

Herkimer - Resource Center for Independent Living
401 East German Street, Herkimer, NY 13350
Voice: (315) 866-7245 TDD: 315 - 866-7246

Hudson - Audiologic Solutions
351 Fariview Avenue, Suite 350, Hudson NY 12534
(518) 631-2564

Glens Falls - Center for Better Hearing
318 Ridge St, Glens Falls, NY 12801
Voice/TTY: (518) 798-4800

Saratoga Springs - Saratoga Hearing Center - Saratoga Medical Arts Center
414 Maple Avenue, Saratoga Springs, NY 12866
Voice/TTY: (518) 584-0578

Schoharie County Office for the Aging
113 Park Place, Suite 3, Schoharie, NY 12157
Voice: (518) 584-0578

Utica - Resource Center for Independent Living
P. O. Box 210, Utica, NY 13503