

# District & Club Articles

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**You will receive the newsletter**  
**each month in your email.**

## Hadley-Luzerne Lions Club

By Lion Mark McClain

Hadley Luzerne Lions club finishes up a marathon fund raising season parking cars. They also held their annual duck race and free community picnic labor day weekend.



**KING LION CLAUDE WRIGHT**

29 Third Avenue Hadley, NY 12835

Home: 518-696-5154

tinkw30@frontier.com

## Greater Johnstown Lions Club

By Lion Kaye Schrader

The Greater Johnstown Lions Club will be celebrating 80 years at a dinner/dance on October 9, 2019 at Patricia's Restaurant, Johnstown NY. Members will be bringing guests to introduce them to the club to promote membership. All Lions Clubs in the district have been invited to attend the celebration. See our flyer on page 6 of the Roar.

GJLC Community Outreach: The Backpack Programs for Johnstown School District and Gloversville School District were each presented with a check for \$2,500.00 at their meeting on Wednesday, September 25, 2019. The programs were very appreciative of the club's generosity. A \$1000.00 donation was also approved at this meeting for the Johnstown School District Arts program.

GJLC Fundraising: The club has a bowling tournament coming up on Saturday, November 2 at Perry Lanes in Johnstown. All clubs are invited to join the fun!!! Teams consist of 5 people, can be mixed, ladies or men for \$100.00 per team. If you are interested please email [greaterjohnstownlions@gmail.com](mailto:greaterjohnstownlions@gmail.com).

### KING LION COLLEEN IOELE DECRISTOFARO

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#### CLUB CORRESPONDENCE

[greaterjohnstownlions@gmail.com](mailto:greaterjohnstownlions@gmail.com)



### Lions Hearing Conservation Society of NYS

If you have collected used hearing aids, which supports the Lions Hearing Conservation Society of NYS, please send them to:

301 Washington Avenue  
Albany, NY 12206

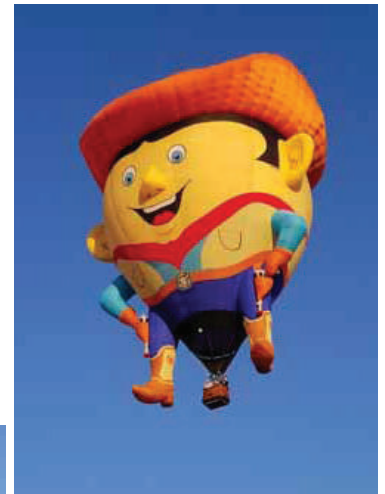
IPDG Michele Puleo O'Hare

## Glens Falls Lions Club

By Lion Karen Rager

We held our Annual Blood Drive on September 11 at the Glens Falls YMCA gym, where 104 pints of blood were donated. Thank you to everyone who volunteered and donated.

We were very fortunate for great weather the weekend of the Adirondack Balloon Festival. All of the launches were successful except for Sunday evening. The crowds were huge and HUNGRY! We sold over 250 dozen Hicks cider donuts, 3 gallons michigan sauce, 150#s hotdogs, and 175 pizzas. We



ran out of everything by 6:30 Saturday evening!

After many years of making and serving dinners at the Christ Church Saturday Suppers, we have learned they will be suspending this mission. In search of a new community service project we invited Kim Cook, Director at Open Door to speak to us at

our September 24th dinner meeting on the center's expansion projects and possibilities for our club to serve them.

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Glens Falls Lions Club fb page



# Albany & Troy Lions Club

## BLUEBERRIES!

By Lion Jerry Gordon

What do you do with a couple of empty urban lots after the homes that were there are declared uninhabitable and are demolished? You turn them into a blueberry orchard, of course!

All you have to do is:

1. Purchase the properties from the Albany County Land Bank.
2. Clean up the remaining construction debris, cut down the dead and dying trees and remove the excess and invasive vegetation.
3. Cover the land with wood chips and smooth it out, and then cover the chips with a layer of wood mulch and smooth it out. This is easier with the proper machinery, but it can be done with rakes, strong backs and hopefully, many volunteers.
4. Find 240 cubic yards of sandy loam to spread over the whole thing to a depth of one foot. Smooth it out and treat it for the proper acidity.
5. Purchase 200 blueberry bushes of the right age and species to ensure hardiness and long life.
6. Gather a few dozen volunteers to plant the bushes.

Lion Greg Sheldon has accomplished all that with the planting being done on September 25. This project never could have been completed without Greg, but he didn't do it alone. Our deepest gratitude goes to Mayor Kathy Sheehan and the City of Albany for its immeasurable support with equipment and materials; Albany County Land Bank; LCIF for their initial and follow-up funding; Anthem (BC/BS) for supplying 30 volunteers to do the planting; One World Center for international volunteers who raked; Cornell Cooperative Extension for their technical expertise; the Albany boxing gym and the summer youth employment program, both of whom supplied many strong young backs; RJ Valente Construction, who supplied the sandy loam; Callanan/Fane Industries, who transported the loam; Albany FD Engine Seven, who did the initial watering; and, of course, the Albany & Troy Lions Club for their sponsorship of this project and their financial and moral support.



Some background: For the past several years, Lions Clubs International (LCI) and Lions Clubs International Foundation (LCIF) have been partnering with the Anthem Foundation (the largest Blue Cross/Blue Shield provider) to sponsor "Lions/Anthem Volunteer Days." The goal is to mobilize Anthem volunteers from around the country in service projects with Lions that address community health & wellness needs. The past two years, this resulted in work days at the Regional Food Bank.

In May, Lions Clubs were offered the opportunity to come up with a proposal and apply for a \$1500 grant. Lion Greg Sheldon submitted our application to purchase and plant 150 blueberry bushes on two lots in Albany that are part of a multi-lot parcel he already owns and manages as Albany Victory Gardens. (When it came time to buy the bushes, we were able to get 200 for just a little more money.)

Anthem volunteers and Lions will do the planting. Greg will oversee the ongoing maintenance



and harvesting with kids from the neighborhood. Needless to say, we got the grant!

Why blueberries? Blueberries are an attractant for pollinators, which will increase agricultural yield in other nearby areas; they're full of nutrients and anti-oxidants and will be an excellent food source that is generally unavailable in the West Hill neighborhood. The blueberries can grow for more than 30 years and this means kids that plant with us may someday share them with their children. This generational buy-in to community health equity, food sovereignty and social justice changes the narrative and grows community. In addition, we developed soil that will absorb water and reduce the burden of storm water runoff by over 100,000 gallons. This soil will also purify the air, sequester carbon and provide an agriculturally viable landscape for the blueberry orchard!

### KING LION CAROL QUANTOCK

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### CLUB CORRESPONDENCE

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AlbanyTroyLions.org facebook.com/albanytroylions

## Town of Wright/Schoharie Valley Lions Club

By Lion Rosemary Chtistoff Dolan

Pastor Colleen Quirion of Christ The Shepherd Lutheran Church spoke about the Schoharie Community Food Pantry to the Town of Wright/Schoharie Valley Lions Club at their meeting in August. The pantry is located at the Schoharie United Presbyterian Church at 314 Main Street in the village of Schoharie and is open Tuesdays and Thursdays from noon until 2:00pm.

The Community Food Pantry primarily serves families who live in the Schoharie school district plus a few regulars from outside, but no one is ever turned away said Pastor Quirion who is on the food pantry committee. Families are encouraged to utilize the Food Pantry in their own community. The pantry is supported by the three community churches in the village -- Presbyterian, Lutheran and Reformed, as well as many other faith communities.

The pantry obtains food through public food drives and receives donations from Hannaford Supermarket in Esperance. Food is also purchased from the Regional Food Bank of Northeastern New York in Albany.

The pantry can always use donations of shelf-stable foods such as cereal, canned tuna fish, canned chicken or other meats, spaghetti sauce, pasta, rice, soups and stews, canned vegetables, nuts and peanut butter. The TOW/SV Lions Club supports the Community Food Pantry with donations of food during the holidays and also sends monetary donations to the Regional Food Bank.



*From left, Pastor Colleen Quirion of Christ The Shepherd Lutheran Church, Lion Bob Tines who arranged for the speaker, and Lions club President Georgia Van Dyke.*

### KING LION GEORGIA VAN DYKE

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### CLUB CORRESPONDENCE

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## Lions Eye Institute/ Lions Foundation at Albany

by Lion Karen Rager

At our September 14th meeting at the Lions Eye Institute at Albany, President Dave Santeramo realized the lock on the conference room door had been changed, and he had not been given a new key! Fortunately, Lions are very innovative. As there were not enough chairs in the entrance way, where we decided to hold our meeting anyway, we made do by carrying a picnic table from the other side of the parking lot inside and utilizing a wheelchair!



It is time for the LEI to start working on the Bunny Campaign. Look for more information in the near future on ordering.



### LIONS FOUNDATION

AT ALBANY, INC.

**LIONS EYE INSTITUTE AT ALBANY, INC.**

1220 New Scotland Road, Slingerlands, NY 12159

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### PRESIDENT LION DAVE SANTERAMO

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Like us on fb!

Lions Eye Institute/Foundation at Albany, NY

# Central Association for the Blind and Visually Impaired (CABVI)

## CABVI CELEBRATES VISION AWARENESS MONTH, WHITE CANE SAFETY DAY & BLIND AMERICANS EQUALITY DAY

By Tara A. Capponi

The Central Association for the Blind and Visually Impaired (CABVI) is celebrating Vision Awareness Month for the month of October. Vision Awareness Month raises awareness for the importance of eye health, prevention of eye injuries, and how to treat vision disorders. It is said that up to 80% of blindness is avoidable through prevention and/or treatment.

As part of Vision Awareness Month, people are encouraged to have an annual eye exam. Most health insurance plans cover basic eye exams every 24 months and most vision plans cover annual eye exams. Eye exams by qualified eye care professionals (ECPs) are important to maintain eye health and to prevent vision loss.

To raise local awareness about visual disorders, the Utica Council for the Blind (UCB), and CABVI are teaming up to host White Cane Safety Day. It will be held on Tuesday, October 15, in conjunction with Blind Americans Equality Day. White Cane Safety Day was first signed and proclaimed by President Lyndon B. Johnson on October 15, 1964. It celebrates the achievements of blind and visually impaired people as well as to recognize the white cane as a "staff of independence for blind people."

White Cane Safety Day is a day where governments reaffirm commitment to providing services to increase the independence and self-sufficiency of blind and visually impaired people. It is also a day to remind motorists and pedestrians to yield to people using white canes.

During White Cane Safety Day, people conduct meetings and ceremonies, set up displays, have special walks, hand out T-shirts and literature, and release public service announcements as part of the celebrations. CABVI will support the event in partnership with the Utica Council of the Blind (UCB), RCIL, and the City of Utica at MVCC with several activities (detailed schedule pending) including the City of Utica's Mayor Robert Palmieri attending and announcing a proclamation of White Cane Safety Day at 12:30 p.m. inside the Alumni College Center (ACC) building on MVCC campus.

During President Barack Obama's term, he named October 15 to be Blind Americans Equality Day to celebrate contributions of blind and visually impaired Americans and calls for greater

equality in access for all.

The Presidential Proclamation for Blind Americans Equality Day states "As business leaders and public advocates, teachers and scientists, musicians and athletes, and in countless other ways, blind and visually impaired Americans have profoundly enriched every part of our national life. Today, we celebrate their innumerable contributions, and we recommit to guaranteeing equal access, equal opportunity, and equal respect for all Americans."

Representatives from CABVI encourage everyone to join in the month long celebration, events, and education.

### CENTRAL ASSOCIATION FOR THE BLIND AND VISUALLY IMPAIRED (CABVI)

507 Kent St. Utica, NY 13501

Phone: 315-797-2233

[www.cabvi.org](http://www.cabvi.org)

**MICHAEL MARRONE**  
**PR & EVENTS MANAGER**

## 2019 Lions Leadership Institute OCTOBER 26 - 28, 2019, BINGHAMTON, NY

By DG Ed Pike

**M**D -20 still has a few vacancies for this years class. It is a great opportunity for anyone interested in leadership at any level. Many DG's, zone chairs and club officers have gone to this. You will develop friendships from all over our multiple. I went and had a great time. If you think you might be interested contact me ( DG Ed Pike [weski48@yahoo.com](mailto:weski48@yahoo.com)) or our GLT Mark Whitney ([md20pccmark@gmail.com](mailto:md20pccmark@gmail.com)).

**WHERE  
THERE'S  
A NEED,  
THERE'S  
A LION!**



## Region 0 Meet n' Greet

### OCTOBER 30, 2019, DELMAR, NY

By ZC Lion Liza Tougher

A Zone Meet 'n' Greet will be held on Wed., Oct. 30th, at the Normanside Country Club, 150 Salisbury Road, Delmar. Time: 7 P.M. front room. A buffet style dinner including dessert will be served. A presentation on Orienting New Lions To Your Clubs will be given. The bar will be available at 6:30 P.M. for drinks and discussions beforehand and throughout the evening. The price /person \$28.00 .

This is a preliminary notice so you can mark your calendars and put on your club's agendas. I will reach out to club secretaries and presidents later in the week with a more official looking invite.

## Lions Club International Foundation

### CAMPAIGN 100 MODEL CLUB

by PDG Paula Flisnik

### CAMPAIGN 100 MODEL CLUBS

BY Lion Balan Nagraj PDG & GST District 20-S

*A program for clubs to help reach LCIF's goal of raising US\$300 million by June 30, 2022.*

To be recognized as a Model Club, a club has to commit to donate a minimum of \$500 per member average (PMA) during the 5 years from July 1, 2017 to June 30, 2022. This includes member donations, proceeds from fundraising events, gifts from the club treasury, Local Business Contributions, Non-Lion Individual Donations, etc.



Membership levels vary during the 5 years. For calculating the \$ commitment, the number of members on the date of commitment is used. For example, if a club has 40 members on the date of the pledge, that number is used. The minimum commitment is \$20,000 (40x500). It stays the same whether the membership count increases or decreases.

**Family members who are affiliated with a club are not included in calculating the minimum goal to achieve Model Club status.**

All fundraising that is directed towards LCIF from July 1, 2017 to June 30, 2022. Hence club's contributions since July 1,

2017 count towards this goal.

The minimum per-member average is the total average over the course of the campaign – not in a single year. There are no mandated milestones for donations, though it greatly helps in setting periodic goals. Obviously an ongoing plan greatly helps to reach the goal.

To quote LCI: Please utilize the strategies that will be most effective in your club. We recognize each club is unique. Consider your club's special fundraising skills and resources to see how it will contribute to your Campaign 100 success!

### Model Club recognition occurs upon achieving each of the three milestones outlined below:

**Milestone One:** Upon SUBMISSION OF COMMITMENT FORM, Model Clubs listed in printed/digital media, displays at convention, etc.

**Milestone Two:** Upon ACHIEVEMENT OF DECLARED PMA GOAL, Model Clubs receive a banner patch and accompanying physical recognition items. PMA milestone can be achieved with cash donations and/or documented pledges submitted to LCIF.

**Milestone Three:** FULFILLMENT OF COMMITMENTS. Once all pledges are fulfilled and receipt of all contributions toward the minimum PMA are received by LCIF, Model Clubs receive physical and public recognition once again, which may include a special dinner for club leaders present at convention (Milan, Singapore, Montreal), a banner patch, and banner topper. Public recognition (scrolling screen at International Convention, etc.).

### LCIF'S CAMPAIGN & REDESIGN GRANTS

by PDG Paula Flisnik

### WHO IS LCIF – LIONS CLUBS INTERNATIONAL FOUNDATION?

- Official charitable organization of Lions Clubs International Foundation.
- Provides grants in support of Lions' mission both local and global.
- HOW IS LCIF FUNDED:** Donations are received through individual Lions, and Lions Clubs. Also, included are other foundations, corporations, governments, non-Lions investments and interest earned.

### US BASED NON-PROFIT EVALUATOR, CHARITY NAVIGATOR

...continued on next page

- A. LCIF HAS A FOUR STAR RATING ON...
  - 1. ACCOUNTABLE & TRANSPARENCY
  - 2. FINANCIAL
  - 3. HEALTH SERVICES
  - 4. COMMITMENT
- B. ONLY 4% OF CHARTITIES EARN THIS DISTINCTION
- C. ASSURANCE THAT 100% OF FINANCIAL GIFTS GO TO WORLD SERVICES  
(Every dollar received is spent to helps fight diabetes, childhood cancer, hunger and environment.)

### **CAMPAIGN 100**

- A. YEAR #1 EMPOWERING SERVICE
- B. YEAR #2 STORY TELLING
- C. HOW CAN I RAISE MONEY TO DONATE TO LCIF
  - 1. GET 15% BACK FROM LCIF THROUGH DISTRICT COMMUNITY GRANT
  - 2. \$5,000 CLUB; \$10,000 MULTIPLE DISTRICT
  - 3. 50/50 COLLECTION
  - 4. EASY...MAKE DONATIONS ON LINE
  - 5. TRIBUTE TO ANOTHER LION AT DISTRICT LEVEL

### **LIONS CLUBS INTERNATIONAL FOUNDATION (LCIF)**

- A. Was established to provide grant funding in Lions Districts in developing and implementing large-scale projects.
- B. OFFERS A WIDE VARIETY OF GRANTS FOR LIONS TO SERVE THEIR LOCAL COMMUNITIES AS WELL WORLD WIDE.

### **EIGHT GRANTS FOR YOUR CLUB, DISTRICT OR MULTIPLE DISTRICT**

#### **1. LEO GRANTS:**

- A. Provides financial assistance to Districts in organizing a Leo Leadership Conference.
- B. Awards TWELVE \$2,000 each fiscal year.
- C. leo@kionsclubs.org
- D. Applications accepted between July 1 May 1 or until funds are no longer available.
- E. Funds available to train doctors, nursing, distribution of meds, raising awareness.

#### **2. SIGHT FIRST GRANTS:**

- A. Can determine a child's vision.
- B. Intervene with a diabetic, visually impaired person

who is losing their sight.

- C. Help a village, town, city from a debilitating eye disease.

#### **3. MATCHING GRANTS**

- A. Projects include and/or communities gain access to...
  - 1. Education
  - 2. Technology
  - 3. Health care
  - 4. Safe home environment

- B. Mostly, matching grants involved identifying community needs and make it a reality.  
2017-2018 CABVI RECEIVED A \$100,000 FOR VISION & WELLENSS CENTER

#### **4. DIABETES GRANTS**

- A. Provide critical education, prevention and treatment initiatives.  
2018-2019 CLAXTON-HEPBURN \$105,000 DIABETES GRANT

#### **5. DISASTER GRANTS**

- A. Natural disasters strike, Lions serve with various stages of disaster relief operations:
  - 1. Hurricanes
  - 2. Floods
  - 3. Fire
  - 4. Other major events
    - a. Disaster Preparedness Grant
      - Districts interested in working with local authorities in planning for the future. \$10,000
    - b. Emergency Grant
      - Disaster strikes...Help meet the immediate needs such food, water, clothing, medical supplies \$10,000. (Yearly LCIF awards \$2million US dollars)
    - c. Community Recovery Grant
      - Aids Districts in supporting short-term clean up and report efforts. Where services have already been addressed. \$20,000
    - d. Major Catastrophe Grant
      - Awarded to long term reconstruction due to a large scale disaster. This grants is allocated at the discretion of the LCI international president and LCIF chairperson. It cannot be applied by the

district. I.e. 2016 earthquake in Italy.

**Summer, 2019. At the conception of the Bahamas hurricane disaster relief, LIONS WERE THERE TO SERVE and remain present today.**

#### **DISTRICT 20-Y2 PAST 10 YEARS DISASTER GRANTS**

2011 FLOOD RELIEF \$10,000

2013 FLOOD RELIEF \$10,000

2017 FLOOD RELIEF \$10,000

DISTRICT 20-W HAD NO GRANTS FOR THE PAST 10 YEARS.

#### **6. LIONS QUEST GRANTS**

A. Implementations and expansion of Lions Quest in schools. I.e. Typical projects: train educators, purchase textbooks and materials.

##### **B. Lions Quest Promotional Grant**

1. Introducing the program, \$1,500 – not matching.
  - a. Lions Quest Grant
2. Up to \$50,000 single District
3. \$150,000 for multiple District
4. Both with 3 to 1 matching grant

REGIONAL L RECEIVED TWO \$10,000 GRANTS  
MOHAWK VALLEY COMMUNITY ACTION  
ASSOCIATION  
HERKIMER BOCES – PATHWAYS PROGRAM

#### **7. DESIGNATED GRANTS**

A. Restricted funds for particular cause. Funds are not applied to general humanitarian projects.

1. Specific such as Europe's measles, One Shot One Life.

#### **8. HUMANITARIAN AWARDS**

A. Lions Humanitarian Award is the highest honor. This award includes a grant from LCIF up to \$250,000.

1. i.e. of winners: 2015 – 2016 Doctors without Borders
2. 2013-2014 Save the Children, 1995-1996 Past President of USA, Jimmy Carter.

#### **ALSO THERE ARE FOUR LCI ASSOCIATION GRANTS**

##### **1. LEADERSHIP GRANT**

- A. Support expenses for leadership training.
- B. leadershipdevelopment@lionsclubs.org
- C. \$100 for 1st VDG; \$75 for 2nd VDG.
- D. Zone training \$500.00.

##### **2. LEADERSHIP DEVELOPMENT INSTITUTE GRANT**

- A. Emerging Leaders or Regional Leaders.
- B. 100% applications awarded.
  1. Multi District \$4,5000

2. Single District \$1,200

3. Unrestricted \$500.00

C. Trains personally and professionally.

1. Builds confidence

2. Lions Leadership

3. Inspire participation Lions

4. Connecting with other Lions

#### **3. PUBLIC RELATIONS GRANT**

A. Increase awareness via multi or single district... First come First Serve.

B. Total yearly budget is \$200,000.

#### **4. WOMEN AND FAMILY SYMPOSIUM**

A. Women are a growing membership and new leaders.

#### **5. MEMBERSHIP DEVELOPMENT GRANT**

A. Supports recruitment and member satisfaction.

##### **1. THREE types:**

- a. Standard Memberships Development Grant.
- b. Districts \$5000
- c. Multi District \$10,000

##### **2. Large Scale Membership Development Grant.**

- a. 3 year duration
- b. Maximum is \$15,000 each year totally \$45,000

##### **3. Special Initiatives Membership Development Grant.**

- a. Continuous of previous grant
- b. Targeting demographics
- c. Targeting special initiatives identified by LCI Board

#### **COMPOSITION OF GRANT WRITING...**

- A. Research
- B. Plan
- C. Assemble information and data to support your project
- D. Compile, write, and edit

#### **LIONS CLUB INTERNATIONAL FOUNDATION 20W COORDINATOR PDG PAULA FLISNIK**

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# New York State & Bermuda Lions Foundation, Inc.

by PDG Joan Scott

Fellow Lions, Lioness and LEOS of MD-20,

In the last issue of your MD-20 magazine, we described how an emergency grant supported 75 homeowners affected by severe flooding and a snowstorm. Your Foundation converts your donations into concrete results, so this time we will share with you an example of a matching grant that we trust will justify your on-going support of our mission and encourage you to seek opportunities to serve your communities with the power of a matching grant from the NYS&BLF.

*The Northeastern Association of the Blind at Albany (NABA) received a \$5,000 grant from the New York State & Bermuda Lions Foundation. The funds will be used to purchase equipment to be used in the production of specialty Tyvek Suits for the United States Navy and others.*

*Christopher Burke, Executive Director and CEO of NABA stated that: "This grant secures the resources to purchase new equipment that assists NABA in continuing to be a competitive bidder on new and existing manufacturing opportunities. The manufacturing department at NABA is one of the keys for true independence for a person with vision loss. By creating jobs for blind people, NABA is also creating confidence, employment skills and ultimately selfsufficiency. People who are blind and visually impaired go to work successfully in all kinds of jobs at NABA as well as other employers. There is the opportunity to earn good wages and benefits, live independently, support families and become active members of society."*

*This grant was initiated by the Bethlehem and Albany & Troy Lions Clubs with matching funds to secure the NYS&BLF grant.*

Thank you LIONS for everything you do to live up to the motto: **"We Serve"** and for your continued support of the New York State and Bermuda Lions Foundation! The annual drawing will be held at the MD-20 Convention in Binghamton on May 5th – your club should have received tickets and a reminder that a donation for three tickets entitles your club to award a Robert J. Uplinger (RJU) Award to a deserving Lion or local community leader. For more information about the RJU award and to see other examples of community projects that you have helped to support, please visit our updated web site at: <http://nysblf.org> or e-mail us at: [nysblf@gmail.com](mailto:nysblf@gmail.com) or

telephone: 516-729-8695

## NYS & BERMUDA LIONS FOUNDATION, INC President: Lion Richard Steger

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[www.nysblf.org](http://www.nysblf.org)

## Sauquoit Valley Lions Club

### SUB HEADLINE

By Lion John Griffin

Our initial meeting of the 2019-2020 Year was held on September 12, 2019 at Orchard Hall restaurant with twenty members in attendance. This year will mark the 65th year of the Club's history.

Incoming President Lion Michael Bader welcomed the membership encouraging them to meet or exceed the successes of the past year when in excess of \$9,000 was donated to charitable causes.

At the meeting the Club donated \$300.00 to the upcoming Juvenile Diabetes Research Fund Walk. A donation was also



*Sauquoit Valley Lions meet at Orchard Hall on September 26th, 2019.*

made on behalf of the Utica Lions Club in recognition of their 95th Anniversary.

On September 20th eight members of the Sauquoit Valley Lions participated in the Herkimer Lions Club annual golf tournament held at Pine Hills CC in Frankfort. It was a beautiful day and an opportunity to support the Herkimer

...continued on next page

Lions and interact with other Clubs in Region L.

At our second meeting on September 26th, the Club held the drawing for the annual "Wheres the Beef" Raffle sponsored by the Club. The raffle was our first fund raiser of the year and generated \$1,750 in revenue. During weekends in September and October members of the Club will be supporting "Fall Festival Weekends" hosted by Lincoln Davies Building Supply (Lions Ed and Lion Joanne Jones) featuring a festival Corn Maze among other activities. For more information the Web site is [lincolndavies.com](http://lincolndavies.com).

## KING LION MICHAEL BADER

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Cell: 315-737-9959  
[mike490@roadrunner.com](mailto:mike490@roadrunner.com)

## Pediatric Cancer Awareness

### NEED A FAVOR!

By Lion Diane Lange

There is a 3 year old boy at Albany Medical Center. His name is "J.J." He is currently battling a very rare blood disease. He has been asking for a wish. J.J.'s wish is to have his own mailbox so that he can get mail just like his Mom and Dad. Well, J.J.'s wish came true! He has his own Post Office Box and now he need some mail.

Please do me a favor and drop a get well card, note or book to:

J.J. at John J.J. Amisano  
P.O. Box 14511  
Albany, New York 12212

September was Childhood Cancer Awareness Month and I thank all the Lions in 20W that wore their yellow ribbons in support of Pediatric Cancer.

We can continue to help with families whose child has been diagnosed with cancer by supporting these families with Gift Cards. Below are two "wish lists" from the Ronald McDonald House and Nick's Fight To Be Healed. Both Foundations directly support families at the Melodies Center at Albany Medical Center. Gift Cards that are collected can be mailed directly to RMH or NFTBH.

Nick's Fight to Be Healed - P.O Box 217, Rexford, N.Y.  
12148 Gift Cards in \$10-\$20 for the Family "Hope Bags" (Walmarts, Price Chopper, Hannaford, Stewart's Gas Cards and Dunkin Donuts)

Ronald McDonald House - 139 South Lake Avenue, Albany, N.Y. 12208 Gift Cards on \$20-\$25 for family expenses (Walmarts, Targets, Home Depot, Lowes, Price Chopper, Hannaford, Gas Cards, Visa, MC, Amex Cards.

Your donations will be gratefully appreciated.

## DIANE LANGE, PEDIATRIC CANCER CHAIR

14 Jacob Drive, Gansevoort, NY 12831  
Phone: 518-409-4321 Cell: 518-527-1

## Lions SEE, Inc. NAMETAGS

By PDG Mike Lawkowski

If you are a Certified Vision Screener and would like a name tag, email a copy of your certificate from Kidsight USA to Lion Ann Akin at [nikaa@mac.com](mailto:nikaa@mac.com) Be sure to include you name and address.

## PRESIDENT MICHAEL LAWKOWSKI

Lions SEE  
200 Gateway Park Drive. Building A  
North Syracuse NY 13212  
[michaellawkowski@yahoo.com](mailto:michaellawkowski@yahoo.com)  
[www.lionsseeny.org](http://www.lionsseeny.org)  
fb: Lions SEE New York

## Clinton Lions Club

By Lion Jim Winkler

We're back in the swing of things... we've had our first two general membership meetings of the new Lion year with better than 50% of our membership at each meeting. At the first meeting, we caught up on reporting our activities over the summer months. We reviewed our annual Senior Picnic and our very successful Garage Sale. Profits realized from the Garage Sale will provide a solid base of funding for our upcoming humanitarian & charitable projects this year. Members heavily involved with the Garage Sale were glad to have some time to enjoy the rest of the summer.

At our second meeting of the month, we began planning our activities through the end of the calendar year. On September 28 club members served patrons breakfast at our local Food Pantry Fundraiser. We also donated a "basket" for the basket raffle. It consisted of a pot of mums interspersed with 30

...continued on next page

scratch-off raffle tickets and a Lions Logo affixed to the pot. As in the past, it was one of the most popular “baskets of chance” at the breakfast.

After the breakfast, members went immediately go to our local High School gymnasium and joined members of other community organizations to package 47,000 ready-to-eat meals in individually sealed bags as part of the international Rise Against Hunger Worldwide Campaign. It was the second year we joined with our fellow-community groups doing our part assisting in eradicating hunger throughout the world by the year 2030. Our efforts were conducted under the guidance of a team of experts in a manner that really turned out to be a lot of fun for all participants! More information on this “Four Star Charity” activity is available for anyone by visiting [www.rise-against-hunger.org](http://www.rise-against-hunger.org). Take a peek...



*Lions Bill O'Mara & Marute Saetang enjoy breakfast before the crowd arrives. Notice some of the forty-plus “baskets” in the background.*



*Lion President Bob Maxam recognizes Lion Gordon Reitema with key/hat hanger for the multiple contributions he's made to the Clinton Lions.*

and sits on our Board of Directors.

Our efforts collecting used eyeglasses and hearing aids from our previously established sites throughout our community continued as did our club assistance at the local Food Pantry Distribution Day. Again, this month approximately 350 people were the benefactors of the efforts of the existence of this food pantry. This month brought a unique new challenge – due to electrical upgrades in the pantry facility, distribution of food to clients took place outside the facility. With the benefit of tents because of intermittent rain, things went very smoothly and

clients actually appreciated being outside as the last days of summer dwindle away.

At our second meeting of the month in October, we will be hosting a presentation by Joann Beach from the Lions Eye Bank at Albany. Also, through the persistent efforts of one of our new members, Lion Gary Clinton, a Cybersecurity Club for grades 7 – 12 will be commencing in our school district. Lion Gary is employed by Booz Allen Hamilton in their cybersecurity field and has acquired real-world experience through his years in the armed services. Booz Allen is committed to the education in methods to improve this highly vulnerable technological area.

We appear to be well positioned as we begin the new Lion year in serving the needy in our local and worldwide communities. Best wishes to all District clubs as they begin their 2019 – 2020 Lion years!

### **KING LION ROBERT MAXAM**

2 Sunset Drive, Clinton, NY 13323

Home: 315-853-5968

Cell: 315-794-0410

[maxamr60@gmail.com](mailto:maxamr60@gmail.com)

<http://clintonnylionsclub.com/>



*Clinton Lion Rick Pascucci, spouse Carla & son Michael receive instructions on sealing individual meal packets at Rise against Hunger.*

## **ARE YOU A KNIGHT OF THE BLIND?**

**Did you know that over 5,000 children and 30,000 adults are treated every year at the Lions Eye Institute at Albany?**

**BECOMING A KNIGHT OF THE BLIND is one way you can support this mission.**

**For more information:**

**[jmcdonald33@nycap.rr.com](mailto:jmcdonald33@nycap.rr.com)**

**[www.leialbany.com](http://www.leialbany.com)**

# District & Club Resources



## A new world of service to explore.

We're excited to introduce you to the all-new MyLion™ web experience!  
Now available in all web browsers, MyLion is the next-generation online tool to complement your service as a Lion leader.

Here's what the new addition to the MyLion family means to you and your service:

- ♦ The same great MyLion service planning ability now online
- ♦ A new place to report your service\*
- ♦ A global digital experience available to all Lions on all devices

In the next few days, we'll announce this exciting news to Lions across the world.

Thank you for your support. This is a product that will continue to improve and add value to you, your club and most importantly, our global service.

## VISIT MYLION™ NOW!

*\*Note: MyLion does not replace MyLCI at this time. If you do not have a login for MyLion, you will be prompted to create one.*



# Is your club in The ROAR/MD20Magazine?

## Let the District and the State know the GREAT THINGS YOUR CLUB IS DOING!

Below are the specifications for each publication.

### MD/20 MAGAZINE SUBMISSIONS

January, 2019 ~ June, 2019

**ONLY TWO ISSUES will be emailed to include district news.**

I will submit everything I receive by the deadline, however submission does not guarantee publication, (I am not the editor). **WE ARE LIMITED TO ONE PAGE PER DISTRICT SO PLEASE LIMIT YOUR ARTICLES!**

### THE ROAR SUBMISSIONS

**THE 28TH OF EVERY MONTH**

Everything received by the deadline will be in the next issue. Publication will be the 1st of every month.

#### ARTICLES

- Digital submission preferred in upper/lower case format.
- Microsoft Word, PDF, or text embedded in an email are acceptable.
- If it is handwritten, it MUST BE LEGIBLE.
- No scanned newspaper articles. Newspaper articles will be accepted IF they are in digital format, and with written permission from the originating publication.
- SPELL CHECK everything, particularly names, titles, club name, etc.

#### PHOTOS

- Digital submission preferred in JPEG.
- Hard copies are acceptable (Please do not write on the back).
- Hard copy newspaper photos are not acceptable. Digital newspaper photos are acceptable ONLY with a release from the newspaper/photographer, with photographer credit.
- SPELL CHECK everything, particularly names, titles, club name, etc.
- PLEASE MAKE SURE CAPTIONS ARE IDENTIFIED WITH CORRESPONDING PHOTOS!

#### EVENT FLYERS (THE ROAR ONLY)

- Original documents saved in .jpg, .pdf format or Microsoft Word are acceptable. No scanned documents. Flyers may be “reworked” due to space requirements.
- SPELL CHECK everything, particularly names, titles, club name, etc.

Submissions can be made to [karen@deuxflutes.com](mailto:karen@deuxflutes.com)  
or Lion Karen Rager, 82 Hunter Lane, Queensbury, NY 12804.



## Lions Hearing Conservation Society of NYS

### LIONS LOAN-OUT EQUIPMENT

Below is a list of assistive devices available at many of LHCS of NYS's Loan-Out Centers.  
(Other equipment may be available upon request)

#### Pocketalker

Personal amplifier. Ideal for one-to-one Communication and TV listening.

#### Infrared TV Listening System

Wireless infrared amplification system.

#### Personal FM System

Wireless portable amplification system. Transmits up to 300 feet. Helpful for an individual or large group situation.

#### Amplified Telephone

Adjustable volume control with amplified ringer.

#### Amplified Telephone Ringers

Provides adjustable ring volume, frequency, and pitch tone.

#### Whistle Stop

Phone adapter to prevent feedback from using Telephone with hearing aid.

#### Digital Alarm Clock

Wake to an alarm, a flashing light, or a portable pillow shaker.

#### Alert Master

Uses a pillow shaker and a lamp flashing simultaneously to alert you to a smoke detector sounding, door knocking, telephone ringing, and alarm clock activation.

#### Cap-Tel Telephone

Telephone that has both amplification and caption capability

#### Personal Body Pager

Pager works with the Alert Master. You wear it to alert to sounds while awake.

## Lions Hearing Conservation Society of NYS Loan Out Centers

**Albany** - Madison Hearing Center  
One Executive Center Drive - Suite 202, Albany, NY 12203  
Voice: (518) 690-2060

**Amsterdam** - Resource Center for Independent Living  
347 W. Main Street, Amsterdam, NY 12010  
Voice: (518) 842-3561 TDD: 842-3593

**Castleton** - Madison & Saratoga Hearing Center  
81 Miller Road, Suite 700, Castleton, NY 12033  
(518) 689-0792

**Herkimer** - Resource Center for Independent Living  
401 East German Street, Herkimer, NY 13350  
Voice: (315) 866-7245 TDD: 315 - 866-7246

**Hudson** - Audiologic Solutions  
351 Fariview Avenue, Suite 350, Hudson NY 12534  
(518) 631-2564

**Glens Falls** - Center for Better Hearing  
318 Ridge St, Glens Falls, NY 12801  
Voice/TTY: (518) 798-4800

**Green Island** - Advanced Audiology Services  
27 Lower Hudson Avenue, Green Island, NY 12183  
(518) 270-5802

**Saratoga Springs** - Saratoga Hearing Center - Saratoga Medical Arts Center  
414 Maple Avenue, Saratoga Springs, NY 12866  
Voice/TTY: (518) 584-0578

**Schoharie County Office for the Aging**  
113 Park Place, Suite 3, Schoharie, NY 12157  
Voice: (518) 295-2001

**Utica** - Resource Center for Independent Living  
P. O. Box 210, Utica, NY 13503