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message from...

"Working on the Future Together."

District Governor Ed Pike

Lions, Lioness and Leos,

Velcome to fall, Fall has definitely arrived. We've seen some great color changes in our area. The council of governors met this past weekend in Binghamton. I will share some of the highlights of our meeting.

ID Gary Brown: 3rd International VP Patti Hill will be our guest at the Syracuse State convention in 2021; Campaign 100 has raised \$124 million; the Executive officers of LCI have proposed a dues increase of \$3 in 2021 and an additional variable increase of 1.5% - 3% per year after 2021, ID Gary voted against this; it was passed by the international board, it will be voted on by the delegates at the International convention in Singapore.



NEXT ROAR DEADLINE NOVEMBER 28, 2019 NEXT MD20 MAG. DEADLINE IOVEMBER 28. 2019



Council: This council has voted on and approved a delinquent dues policy. This policy is for our multiple district dues. This gives the DG the ability to ultimately have the club with unpaid multiple dues put on status quo. Being put on status quo can result in a club losing their charter. The process includes specific steps the DG must follow to assure a satisfaction of the delinquent dues.

UN day is March 7, 2020. The council put together the following list of possible programs for the state convention; campus clubs, membership, hearing, social media, diversity, compliance, service for the new generation, & hands on service project. These will be finalized at our next cabinet meeting.

In order to form a new club we need two guiding Lions for each new club. The new clubs we are looking to start would be specialty clubs. They are a veterans club and a motorcycle club. We need Lions to take the Guiding Lion online training. Please let our Global Leadership Team chair (Mark Whitney, md20pccmark@gmail.com) or myself know of your interest.

Continue to enjoy fall.

Thank you for your service,

DG Ed



CABINET OFFICERS

DISTRICT GOVERNOR

Edwin Pike 3037 County Highway 107, Amsterdam, NY 12010 Home: 518-842-2994; Cell: 518-423-9128 weski48@yahoo.com Club: Galway

1st VICE-DISTRICT GOVERNOR

Rick Brisee 192 Middletown Road, Waterford, NY 12188 Home: 518-235-4988; Cell: 518-209-8812 rbrisee@hotmail.com Club: Waterford

CABINET SECRETARY

Barbara Bentley P. O. Box 1031 Guilderland, NY 12084 Cell: 518-894-1375 bbentley@saratogaspringslions.comClub: Saratoga Springs

2nd VICE-DISTRICT GOVERNOR

Michele Puleo O'Hare 8 Turnberry Drive, Slingerlands, NY 12159 Home: 518-475-1908; Cell: 518-694-6872 Work: 518-463-1211 x 241 dgmicheleohare@gmail.com Club: Bethlehem

CABINET TREASURER

Eric Unislawski P. O. Box 31 Johnstown, NY 12095-0031 Cell: 518-669-2903 jeneric39@juno.com Club: Greater Johnstown

3rd VICE-DISTRICT GOVERNOR

Ricky Laurin 207 Sheldon Lane, Chazy, NY 12921 Home: 518-846-7269 jana5652@yahoo.com Club: Chazy

IMM. PAST DIST. GOVERNOR

Michele Puleo O'Hare 8 Turnberry Drive, Slingerlands, NY 12159 Home: 518-475-1908; Cell: 518-694-6872 Work: 518-463-1211 x 241 mohare@naba-vision.org Club: Bethlehem

ZONE CHAIRS



ZONE CO-CHAIR

Bill O'Mara (Clinton Lions)

131 Sanford Avenue.

Clinton, NY 13323

Home: 315-853-5973

Cell: 315-527-8381

billo4077@yahoo.com

ZONE "A" CHAIR

Edward Moore (Ballston Spa) 44 Chester Street, Ballston Spa, NY 12020 518-852-3246 emoore4@nycap.rr.com Clubs: Ballston Spa, Galway, Greater Amsterdam, Saratoga Springs,



Liza Tougher (Bethlehem Lions) 16 Candlewood Lane Delmar, NY 12054 Home: 518-439-0399 Cell: 518-763-3329



ZONE CO-CHAIR

Jim Winkler (Clinton Lions) 136 Utica Road, Clinton, NY 13323 Home: 315-853-6355 Cell 315-601-4038 Wink8@aol.com Clubs: Clinton, Deerfield, Greater Herkimer, Holland Patent, Marcy Telephone, New Hartford New York Mills Whitestone, Sauquoit Valley, Utica

ScotiaGlenville, Town of Greenfield

ZONE CO-CHAIR

Pansymoo@aol.com

ZONE "A" CHAIR

Kassey Granger (Glens Falls Lions) 22 Whippoorwill Road Queensbury, NY 12804 Home: 518-223-0633 kassey.granger@gmail.com Clubs: Glens Falls, Hadley Luzerne, Long Lake, Newcomb, Town of Schroon

ZONE "B" CHAIR

Robert Townsend (Broadalbin-Perth Lions) 805 County Highway 126 Amsterdam, NY 12010 Home: 518-843-6553 rtownsen@nycap.rr.com Clubs: Broadalbin-Perth, Central Mohawk Valley, Fonda & Fultonville, Greater Johnstown, Northville Sacandaga, Speculator

Florence Brisee (Waterford Lions) 192 Middletown Road Waterford, NY 12188 Home: 518-235-4988 fbrisee@hotmail.com Clubs: Albany & Troy, Bethlehem, Duane, Greater Ravena Area, Town of Wright/Schoharie Vly, Waterford

ZONE CO-CHAIR

ZONE "B" CHAIR

Lettie Saheim (Mechanicville-Stillwater) 117 Hansen Road Mechanicville, NY 12118 518-753-7867 lsaheim@nycap.rr.com Clubs: Cambridge, Greenwich, Mechanicville-Stillwater, Schuylerville, Town of Hoosick

COMMUNICATIONS AND MARKETING TEAM

Communications & Marketing Team District Coordinator

Michael Murtagh (Quad Town) P. O. Box 161, Winthrop, NY 13697 315-389-4165 outageco@yahoo.com

Website & Directory Director Jerry Gordon (Albany & Troy)

15 Hyland Circle, Troy, NY 12182 Home: 518-235-8232 jerrygordon@juno.com

Newsletter & MD20 Magazine Directer

Karen Rager (Glens Falls) 82 Hunter Lane, Queensbury, NY 12804 Home: 518-798-3143 karen@deuxflutes.com

Facebook Administrator

PDG James Griffith (Cambridge) 119 East Main St, Cambridge, NY 12816 Home: 518-252-1070; Cell:315-269-5370 PDGJamesGriffith@gmail.com

Facebook Editor & District Photographer

Lion Barbara Bentley (Saratoga) P. O. Box 1031, Guilderland, NY 12084 518-894-1375, barbann22@gmail.com

Facebook Editor

Diane Chanowsky (Peru) 1936 Saranac Ave #3, Lake Placid, NY 12946 518-593-6501 dichan72@gmail.com

District Governor Visitation Schedule

Nov. Nov. Nov. Nov. Nov. Nov. Nov. Nov.	4 6 7 11 13 14 18 19 20 26	Plattsburgh Ballston Spa Greenwhich Clifton Fine Deerfield Broadalbin Perth Town of Schroon Chazy Cambridge Long Lake	Jan. Jan. Jan. Jan. Jan. Jan. Jan. Jan.	6 7 8 9 15 16 23 27 28	Utica Lisbon Greenfield Peru Edward Northville Quadtown Galway Central Mohawk Heuvelton
INOV.	20	Long Lake	Feb.	5	Waterford
Dec. Dec. Dec. Dec. Dec. Dec. Dec. Dec.	3 4 5 11 12 17 18 19	Raquette River Hadley Luzerne Herkimer Ravena Saquoit Valley Holland Patent Schuylerville Speculator	Feb. Feb. Feb. Feb. Mar. Mar. Mar. Mar. Mar.	6 12 19 20 26 27 5 11 18 19 25	Tupper Lake Gouvenor Bethlehem Hoosick Newcomb Clinton Saranac Malone Louisville Ogdensburg Fonda Fultonville

District Cabinet Meeting Schedule

November 9: Fall District Convention

Holiday Inn Resort, Lake George "Childhood Cancer"

January 25: 2nd Cabinet Meeting

Venue to be decided, Potsdam, NY "Service/partnering"

March 28: 3rd Cabinet Meeting

Venue to be decided, Utica, NY "Membership"

May 23: DG Testimonial

The Bridge Walk at Perthshire 112 Perthshire Drive, Amsterdam, NY



Fellow Lions,

One of our greatest assets that we share as Lions is our opportunity to share ideas and successes with each another! Many successful service projects and fundraisers are the result of sharing and listening to what each other is doing. This Saturday, November 9th, we'll have another opportunity to do so at our District's Fall Convention at the Holiday Inn Resort in Lake George. Please refer to the Convention details in this newsletter to learn how to register.

Childhood Cancer is a new service mission of Lions Clubs International. We have a wonderful program planned in Lake George that will feature speakers and vendor booths from Ronald McDonald House Charities, Nick's Fight to be Healed Foundation and Alex's Lemonade Foundation for Childhood Cancer. Each group will share with us ideas on how we as Lions can raise awareness, support families and empower everyone to help cure Childhood Cancer! We'll also have vendor tables representing Vision, Hearing, Diabetes and Youth initiatives that will provide a wealth of information to our convention participants!

Financing your projects can be enhanced with grants from LCIF, the Brandel Murphy Lions Youth Foundation and the NYS & Bermuda Lions Foundation. We look forward to also sharing this valuable financial information with you at the Convention!

As we move into the heart of our Lions year, take the opportunity to explore new ideas with your fellow Lions! We hope to see you on the 9th in Lake George!

Yours in Lionism, PDG Lion John McDonald

UPCOMING EVENTS

International and MD20 Events

Diabetes Awareness Month; Lions Eye Bank Month	November, 2019
Advanced Lions Leadership Institute, Chicago	
World Diabetes Day	November 14, 2019
Hunger Awareness & Glaucoma Awareness Month	January, 2020
Childhood Cancer Awareness Month	February, 2020
LCI 1st VDG/DGE Seminar, Chicago	February 11-13, 2020
Lions Day at the United Nations, NYC	March 7, 2020
Environmental Awareness & Leo Club Awareness Month	April, 2020
Recycle for Sight Month	May, 2020
MD-20 97th Lions NYS & Bermuda Convention, Buffalo	May 1-3, 2020
2020-2021 Lions Club Officer Reporting Due	May 15, 2020
Helen Keller Day	June 1, 2020
LCI 103rd International Convention, Singapore	June 26-30, 2020

FOR MORE INFORMATION AND EVENTS

20WLions.org ~ members.lionsclubs.org/EN/events/calendar.php

District 20W 2019 - 2020 Club Events

Peace Poster Contest Deadline	November 15, 2019
2nd District Cabinet Meeting/Fall Convention - Lake George, NY	November 9, 2019
Glens Falls 80th Anniversary - Lake George, NY	November 9, 2019
Galway Lions Club 40th Anniversary - Amsterdam, NY	November 16, 2019
Galway Lions 2nd Annual Basket Auction	November 22, 2019
Galway Lioness announces the 25th annual Memory Tree	December 1, 2019
District Cabinet Meeting - Potsdam, NY	January 25, 2020
District Cabinet Meeting - Utica/New Hartford, NY	March 28, 2020
2020 MD20 State Convention/Buffalo, NY	

SAVE THE DATE

Friday, November 22, 2019 beginning at 6:00 PM – 2nd Annual Galway Lions Local and International Basket Auction

Lions District 20W



Saturday, November 9

Holiday Inn Resort 2223 State Route 9 Lake George, NY 12845







9:00 AM Registration - Meeting - Lunch - Dismissal
Meeting Start Time 9:30
Lunch will be \$30 per person
Buffet Coffee & pastries will be available in the morning

Please share this with all of the members in your club and encourage them to attend.

If you are attending, please send the bottom part of this form and your check for \$30.00 to CS Barbara Bentley, P. O. Box 1031 Guilderland, NY 12084.

Make checks payable to: District 20W Lions Clubs.

Please return this no later than Friday, November 1, 2019.

Hotel Reservations can be made by calling the Holiday Inn at 518-668-5781. Rooms have been set aside for 11/8 & 11/9 at a discounted rate of \$99/night. Guests can make reservations using the group code: LIO

If you have any questions, please do not hesitate to contact me at 518-894-1375 or bbentley@saratogaspringslions.com.

Attending Not Attending email:		
Name(s)		
Club:		
The cost is \$30.00 per person. Please mail this form and your check for \$30.00 to: CS Barbara Bentley, P. O. Box 1031 Guilderland, NY 12084.		

Make checks payable to: District 20W Lions Clubs.

Please return this no later than Friday, November 1, 2019.

The Glons Falls Lions Club

cordially invites you to their

Saturday, November 9, 2019 6:00 pm - 9:00 pm

at the Holiday Inn Resort 2223 State Route 9, Lake George, NY 12845

6:00 pm Fruit Punch/Cash Bar 7:00 pm Plated Dinner



Choice of:

Chicken Marsala* ~ Salmon* Sliced London Broil in Gravy* ~ Pasta Primavera

(Any of the * meals can be made gluten free. Please make your selection and then check the gluten free box below.)

\$25.00 per person, <u>PREPAID</u> with RSVP to be received no later than November 1, 2019
(NO SALES AT THE DOOR!)

The Great Pie Auction! ~ Basket Raffles! ~ 50/50
(Cash or Check only please!)

There is a special room rate of \$99,00/night at the Holiday Inn Resort.
Please call 518 668-5781 or go online @ www.holidayinnlakegeorge.com
to make your reservation. Use the code UO

Asin us in esistenting 48 asses of Honism

The Galway Lions Club is proud to announce our celebration of 40 years of service to the Galway community

Please join us at the Perthshire (AKA the Bridge Walk), located at 112 Perthshire Drive, Amsterdam, NY 12010 on Saturday, November 16, 2019 beginning at 2:00 PM.

Upon arrival, you can snack on cheese and crackers and mini-mealballs and beverages (cash bar only).

A buffet dinner consisting of, tossed salad, lemon chicken, penne ala vodka, mashed potatoes, coffee and lea and dessert will be served.

After dinner, PDG/PCC Dusty Rhodes will introduce our special guest and primary speaker, PDG Frank Blair from our sponsoring Lions Club in Ballston Spa, NY

Please RSVP of your intention to attend by Monday, November 4, 2019 to Lion Holly McConchie, 2491 Northline Road, Galway, NY 12074; (518) 882-6516; hmcconchie@aol.com

Your check in the amount of \$30/person payable to Galway Lions Club may be mailed to Lion Holly at the address above.





2nd Annual Galway Lions Local and International Basket Auction

Want unique gifts just in time for the holidays? Interested in rare beer, wine, and chocolate mostly available overseas? Local items also included! There will be something for everyone! Please come join us for a fun night of food, bidding, and camaraderie! Open to the public.

When: Friday November 22, 2019

Where: C&R Restaurant, Route 29 Galway

Basket viewing will begin at 6PM, followed by a \$25 Dinner at 6:30PM, followed promptly by the Auction

Dinner will be a buffet with the following choices:

Sliced Garlic Roast Beef, Baked Ham, Rotisserie Style Chicken, Ziti and Meatballs, Scalloped Potatoes, Buttered Carrots w/ Brown Sugar, Tossed Salad, Rolls & Butter, Coffee & Tea (dinner menu subject to change)

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Memory Tree Galway Lioness Club

The Galway Lioness announces the 25th annual Memory Tree in the Village Park by the bandstand. Our memory tree will be lit with bulbs donated by individuals wishing to remember loved ones during the Christmas season. It is an annual holiday tradition and bulbs can be purchased each year. There is a \$1.00 donation requested per bulb for each individual name submitted. All proceeds will be used for our Community Fund listed below.

Anyone interested in buying a bulb in memory of someone special may submit that person's name and donation to the Galway Lioness Club.

A list of names of those to be remembered will be posted in the gazebo. Each name will be listed only once. Angels next to the names will indicate additional remembrances.

Community Fund projects we donate to include local Holiday and Spring basket programs, Lions Eye Bank at Albany, Lions Foundation, flags for Memorial Day, Hospice of Saratoga, Regional Food Bank for Galway, Town of Galway Summer Program, the Gateway House of Peace, the Annual Senior Class Breakfast, and a scholarship for a Galway High School senior.

Please join us for the tree lighting on December 1, 2019 at 5:30 PM. Bring a flashlight. After the tree is lit, we will move to Galway United Methodist church for reading of the names, carols, and refreshments.

The members of the Galway Lioness Club wish to express their gratitude for your support throughout the year and wish you a joyous Christmas season.

the year and wish you a joyous Christmas	season.
Examples of the way names should be list	ed (\$1.00 per name):
In memory of Mrs. Jane Smith = a \$	61.00 donation
In memory of Mr.& Mrs. John Smith	= a \$2.00 donation
Donated in memory of:	
Total amount enclosed \$	Make checks payable to the Galway Lioness Club.
My name is	and I can be reached by phone at
(in case we need to dis	cuss your remembrances).
Detach and return to Galway Lioness Club	o, PO Box 502, Galway, NY 12074



Club Excellence Awards

Make it your club's tradition to achieve excellence every year!

Clubs that excel in community service, membership growth, communications and organizational operations may qualify for the prestigious Excellence Awards.

Please use the qualifications outlined in the club excellence award application as your road map to excellence.

Is your club striving to finish the year with a net growth in membership?

Will your club participate in at least three service projects?

Are you promoting your club's events or activities to the community?

If you answered yes to these questions, you may be eligible for the Club Excellence Award.

The Club Excellence Award is more than an award... it is proof that your club is STRONG!

For questions, inquiries or to submit your Club Excellence Award Application you may contact us by email clubexcellenceaward@lionsclubs.org or by phone (630) 468-6890

Make achieving the award a winning tradition!

2018-2019 Club Excellence Award Application

Deadline date to submit your Club Excellence Award Application is August 31st.

(See application on the next page)



2019-2020 CLUB EXCELLENCE AWARD APPLICATION

Club must be chartered prior to January 1 of the fiscal year to qualify.

Club Number	Club Name			
Club Number	Club Name			
Member Number	2019-2020 Club President's Name			
	2019-2020 Club President's Email Address			
1. MEMBERSHIP	2. SERVICE			
☐ Achieved a Net Growth of:*	Started a new conjugation project. Cancidar and of our			
<u>OR</u>	☐ Started a new service project. Consider one of our Global Causes!			
☐ Chartered new Lions club, Leo Club or Club Branch:	1			
Name of club, or branch:	2			
<u>AND</u>	3			
☐ Supported member retention by increasing member satisfaction				
Outline strategy:	ve AND			
Membersi Value	& Service LONTRIBUTED TO LOIF			
*Based on June 30 cumulative membership report Reach No Market				
3. ORGANIZATIONAL EXCELLENCE				
☐ Club is in Good Standing: Not in Status Quo District al Organization Excellent	al Improve			
or Financial Suspension. District dues paid	through local media or social media			
and no unpaid balance with LCI greater than US\$50 outstanding 90 days or more.				
AND	Choose all that apply:			
☐ Key Officers participate in one or more of the following leadership training events:	☐ Facebook ☐ Local Paper			
	☐ Instagram ☐ Radio☐ Twitter ☐ Club Website			
☐ District ☐ Multiple District ☐ Unternational ☐ Webinars	☐ Billboards ☐ Posted or ☐ Presentations to Groups ☐ Distributed Flyers			
☐ Lions Learning Center	Other			
<u>AND</u>				
$\hfill \square$ Improved club operations. Use the Club Quality Initiative to identify opportunities for improving your club.				
Improvements Include:				

Due by: August 31, 2020

Date

Send to: clubexcellenceaward@lionsclubs.org or fax to (630) 468-6828

2019-2020 District Governor's Signature*

Awards Mailed to: 2020-2021 District Governors

*If sent from district governor's registered email, it qualifies as signature on applications submitted electronically.

District

Member Number

Application Date



Lions Clubs and the Sight Society of NENY, Inc. Lions Eye Bank at Albany Partners in sight restoration

Together.....We can make a difference!

Looking for something different for your club's program night?

The Lions Eye Bank at Albany invites your club for a tour of our new office and state of the art laboratory located adjacent to Stuyvesant Plaza at 4 Tower Place, Suite 601, Albany, NY.

If you are looking for dinner or a snack, Stuyvesant Plaza has many wonderful eateries. A list and description of restaurants can be found at stuyvesantplaza.org. We would be happy to offer suggestions or help make arrangements.

Contact Joann Beach at 518-489-7606 or email Jbeach@lionseyebankalbany.org with any questions or to schedule a visit.

➤ A nonprofit organization, the Lions Eye Bank at Albany was founded in 1952 by Lions Clubs. Since then the eye bank has restored sight to thousands of people suffering with corneal blindness. The Lions Eye Bank at Albany serves 28 counties in New York State, Great Barrington, MA and six hospitals in Vermont.



District & Club Articles

HOW TO GET THE DISTRICT NEWSLETTER FOR



- 1. GO TO 20WLions.org
- 2. Find "To sign up for the District newsletter, click here" at the bottom of the blue box.
- 3. Fill in requested information.
- 4. Submit!

It's as easy as that! You will recieve the newsletter each month in your email.

Galway Lioness Club 25th Annual Memory Tree

By Lioness Holly McConchie

The Galway Lioness announces the 25th annual Memory Tree in the Village Park by the bandstand. Our memory tree will be lit with bulbs donated by individuals wishing to remember loved ones during the Christmas season. It is an annual holiday tradition and bulbs can be purchased each year. There is a \$1.00 donation requested per bulb for each individual name submitted. All proceeds will be used for our Community Fund listed below.

Anyone interested in buying a bulb in memory of someone special may submit that person's name and donation to the Galway Lioness Club.

A list of names of those to be remembered will be posted in the gazebo. Each name will be listed only once. Angels next to the names will indicate additional remembrances.

Community Fund projects we donate to include local Holiday and Spring basket programs, Lions Eye Bank at Albany, Lions Foundation, flags for Memorial Day, Hospice of Saratoga, Regional Food Bank for Galway, Town of Galway Summer Program, the Gateway House of Peace, the Annual Senior Class Breakfast, and a scholarship for a Galway High School senior.

Please join us for the tree lighting on December 1, 2019 at 5:30 PM. Bring a flashlight. After the tree is lit, we will move to Galway United Methodist Church for reading of the names, carols, and refreshments.

The Galway Lioness Club is selling Raffle Tickets for cash prizes of \$500 (1st prize), \$300 (2nd prize) and \$200 (3rd prize). Cost of the tickets is \$10 per ticket; drawing will be held on Wednesday, December 4th at their dinner meeting. Please see any Galway Lioness for tickets.

See our flyer on page 11 of this newsletter.

Past President, Galway Lion/Lioness Holly McConchie inducted a new member, Dakota Shufelt, at their October dinner meeting. Her sponsor, Lioness Kelly DiLeva proudly pinned her after the induction.



PRESIDENT LAURA STEWART

111 James Rd, Galway, NY 12074 Home: 518-882-9244; Cell: 518-466-6157 laurawestbrookstewart@msn.com

Ballston Spa Lions Club Ballston Spa 70th Anniversary

By Lion Barbara Bentley

Congratulations to the Ballston Spa Lions Club on their 70th Anniversary on October 12th!! On hand that evening to celebrate was 20W District Governor Lion Ed Pike, along with Past District Governors Lions Dusty Rhodes, Manny



20W District Governor Ed Pike, PDG Dusty Rhodes, Assemblywoman Mary Beth Walsh, PDG's Manny Pena, John McDonald, Frank Blair, and Ballston Spa Club President Ed Hersch.

Pena, John McDonald, and Frank Blair in addition to Ballston Spa Club President Ed Hersch. It was an honor to have Assemblywoman Mary Beth Walsh join the 70th Anniversary Celebration.

The Saratoga Springs Lions Club was their sponsor club and Lions Barbara Bentley, PDG John McDonald, Rick Reeves and Joanne Sole from Saratoga joined the Ballston Spa Lions in celebrating their 70th Anniversary!



Members of the Ballston Spa Lions Club.



Lions Barbara Bentley, PDG John McDonald, Rick Reeves and Joanne Sole from Saratoga Lions Club.

KING LION EDWIN HERSH

P. O. Box 294, Burnt Hills, NY 21027 Cell 518-496-6162 lionedhersh@gmail.com

CLUB CORRESPONDENCE

BallstonSpaLionsClub.org



Lions Hearing Conservation Society of NYS

If you have collected used hearing aids, which supports the Lions Hearing Conservation Society of NYS, please send them to:

301 Washington Avenue Albany, NY 12206

2VDG Michele Puleo O'Hare

Diabetes Awareness world diabetes day november 14th

By Lion Barbara Bentley

Diabetes is one of LCI's (Lions Clubs International) five global causes and is the signature cause of Lions and Leo's around the world. With November 14th being World Diabetes Day, what can your club do to help raise awareness of prediabetes and diabetes?

- Distribute the Prediabetes Risk Assessment test at eye screenings or other events that your that your club is hosting. They can be found electronically or in print form at www.cdc.gov/prediabetes/takethetest
- Distribute AADE (American Association of Diabetes Educators) tip sheets at eye screenings or other events your club is hosting. They can be found online at https://tinyurl.com/yyh3p7fh
- Invite a Certified Diabetes Educator, Certified Diabetes Paraprofessional or other knowledgeable healthcare provider to speak to your club or in your community on the topic of diabetes.
- Promote diabetes prevention through your club social media page.
- Organize a Strides walk.

For other club project ideas, visit www.lionsclubs.org/diabetes.

LCI has formed a partnership with AADE and I encourage everyone to use their website www.diabeteseducator.org as a reliable resource.

Be sure to follow our District Facebook page, Lions District 20W Diabetes Education & Awareness, for other tips, ideas and resources.

And, if you are looking for other ideas and information, I would love to come speak to your club! You can contact me directly at 518-894-1375 or bbentley@saratogaspringslions. com.



The Lions of NYS and Bermuda MD20 Diabetes Committee, including MD20 Diabetes Chair PGD Lion John McDonald, District 20W Diabetes Chair Lion Barbara Bentley and International Director Gary Brown, met the last weekend of October in Binghamton to discuss diabetes initiatives taking place with the Joslin Diabetes Center in Syracuse and how our relationship with the American Association of Diabetes Educators is being utilized to put programs in place in Saratoga Springs. We have a number of great opportunities in front of us in MD20 and our District to make a lasting impact on our communities in addition to providing the road map for other Lions clubs around the country.

DIABETES CHAIR LION BARBARA BENTLEY

Certified Diabetes Paraprofessional P. O. Box 1031, Guilderland, NY 12084 Cell: 518-894-1375 barbann22@gmail.com

MD20 Organization of Past District Governors

By PDG Joan Scott

The MD20 Organization of Past District Governors held their October Meeting in Lake George. Over 200 Food items were donated to the Maxfield Food Pantry in Lake Luzerne.



Pictured are 3rd VP Kermit Mott from; Y, 1st VP Joan Scott, from W, President Gloria Askew from K1, 2nd VP Maria sierra from R2, Secretary/Treasurer Fred Reiger from K2 and Immediate Past President from District E2.

PRESIDENT PDG GLORIA ASKEW

441 Hegeman Ave Brooklyn, NY 11207 Home: 917-226-9129 gvaskew41@aol.com

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Clinton Lions Club VISION OF HOPE AWARD PRESENTED

By Lion Jim Winkler

A tour second meeting of the month was a joint meeting with four other Regional Clubs. Joann Beach, Director of Hospital Development and Events at the Lions Eye Bank at Albany was our guest speaker. She presented a very informative program about the Eye Bank and current status of individual wishes regarding organ & tissue donation. Joann informed us the Eye Bank has been in operation since 1952 and was formed through the efforts and foresight of a group of Lions in the Capital District. We learned how acquisition of eye tissue services in the Rochester area as well as new relationships with hospitals and corneal transplant doctors in Vermont, have necessitated office and laboratory expansion in both Albany and Rochester.

In her position, Joann is responsible for building and maintaining these relationships as well as leading the efforts in fundraising and event planning at the Eye Bank. Two of the most beneficial events occurring during the course of the year are the Annual Golf Tournament in August and the Donor Memorial Service held the last Sunday in September. The Donor Memorial Service, a very emotional and moving service, is generally attended by 200 - 300 people. It assists donor families with the healing/grieving process experienced by the loss of their loved ones while continually expressing gratitude for their loved ones Gift of Sight. All Lions are invited to attend this Memorial Service. Club secretaries receive a letter to this effect on an annual basis.

In recognition for nearly two decades of service to the Lions Eye Bank, we presented Joann with a Vision of Hope Award.



Joann Beach of the Lions Eye Bank at Albany at Albany is presented with Vision of Hope Award by Clinton Lions Club for her two decades of service to the Eye Bank. Making presentation are Clinton Lions and Eye Bank Board Members Jim Winkler & Bill O'Mara at recent Joint Regional Club Meeting

This is a new fundraising initiative created this past year to recognize anyone or organization who has made a significant contribution to humanitarian needs. It can be obtained through the Eye Bank for a donation of \$300. Additional information, questions or application forms can be obtained by contacting the Lions Eye Bank at Albany (518) 489-7606. We encourage Lion Leaders to contact Joann at the same number to schedule a most informative presentation for your club or zone.

Club members continue assisting at our local Food Pantry on Monthly Distribution Day by greeting clients, packing food bags and carrying them to their vehicles. This month food was distributed to approximately 360 people.

In addition to the Food Pantry, two members also assisted preparing, distributing and serving nutritious meals and snacks at two additional facilities in the Utica area that feed area hungry and homeless - Hope House and the Veterans Outreach Center. Hope House provides essential meals each day in a safe environment to homeless and needy individuals from all walks of life in the greater Utica community.

These members also assist distributing quick "lunches" in Utica one day a week in front of the Veterans Outreach Center. The "lunch" consists of small sandwiches, nutritious snack bars, and soup (in season) – all donated from various people or organizations.

We continue collecting used eyeglasses at our previously established business locations in the area and for the first time



Clinton Lions support Clinton Rink Foundation with Dasher Board Advertisement.

have sponsored a dasher board advertisement from the Clinton Rink Foundation. It will be very visible at all events in the local arena.

Two club members appeared on a local radio show – "Talk of the Town" in an effort to make listeners more aware of Lions Clubs and hopefully increase membership. During the hourlong interview process, all Regional Clubs were identified as were many of their various service activities. It was interesting how little the talk show hosts knew about Lions in general, the existence of "so many" clubs in our local area and the service activities in which we are involved. The hosts must have liked what they heard as we were invited to return to continue discussing Lions!

We look forward to welcoming our local High School Seniors of the Month at our first meeting in November. Planning has begun for our annual Holiday Shoppers Stroll the day after Thanksgiving. This includes participation in the Holiday Parade that evening. Our club will once again be in charge of scheduling people and much of the manpower for the Red Kettle Drive in our village for the local unit of the Salvation Army.

It won't be long before those white flakes will be falling from the sky... we wish all clubs every success as they plan their service projects for the upcoming season and the needy in the weather we will be experiencing.

KING LION ROBERT MAXAM

2 Sunset Drive, Clinton, NY 13323 Home: 315-853-5968 Cell: 315-794-0410 maxamr60@gmail.com http://clintonnylionsclub.com/

Glens Falls Lions Club

NEW MEMBER INDUCTION

By Lion Karen Rager

District Governor Ed Pike made his club visitation on Tuesday, October 22, 2019. He talked about his first

cabinet meeting in Plattsburgh, the importance of teambuilding and membership. His message for this year is "working on the future together."

He also inducted our newest member into the club. Lion Kathy Gates.

We are preparing



for our upcoming 80th Anniversary celebration on November

9th. See our flyer on page 8 of this newsletter.



Abover: Newly inducted Lion Kathy Gates gets pinned by her sponsor, Lion Kassey Granger.

Right: District Governor Ed Pike with Lion Kathy and her sponsor Lion Kassey.

KING LION AL CERNY, JR.

7 Shallow Creek Road, Queensbury, NY 12804 Home: 518-615-6938; Cell: 518-528-6641 cerny8062@roadrunner.com

CLUB CORRESPONDENCE

glensfallslions@gmail.com www.glensfallslions.org Glens Falls Lions Club fb page





Utica Lions Club

WHITE CANE DAY

By King Lion Antonetta

Utica Lions Club held a White Cane Day Fundraiser. We would like to thank everyone who supported our event. A special Thank You to our volunteers. The communication with the public was outstanding and there was much interest on what we do and how to became a member. We are proud to say "We Serve."

Utica Lions Club continue to have their bottle and can drive. We have two locations.



KING LION ANTONETTA PANUCCIO

642 Eagle Street, 2nd Floor Utica, NY 13501-4055 Home: 315-724-3997 grandmanuch@aol.com

Albany & Troy Lions Club

NEW MEMBER INDUCTION

By Lion Jerry Gordon

General membership meeting

L Carol called the meeting to order at 6:05 pm. Lion Jerry announced that we have enough new members to consider placing another order for club shirts. Anyone who's interested should contact him for details.

DG Ed Pike spoke about various district matters. He described the team-building exercise that enlivened the fall conference. Future cabinet meetings will be much more educational and Lion-friendly than they used to be. They have pretty much relegated all the reports to the written minutes and ensuring that presentations are of interest and value to most Lions. Future cabinet meetings are in Lake George on 11/9, Potsdam on 1/29 and New Hartford on 3/28.

DG Ed then installed new member Eva Bass.



DG Ed Pike, Lion Greg Sheldon, her sponsor, and new Lion Eva Bass.

Club & charitable fund board meetings

The planting of our blueberry orchard last Wednesday was a success. There were about 30 BC/BS workers there to help. An article was submitted to LION magazine; we can expect publication in about 3 months.

Lion Jerry ran in to Jim Prout, president of Troy Kiwanis, recently and they reminisced about the old days when all the service clubs would have a joint meeting, usually around holiday time. Troy Rotary has since folded, but we're going to resurrect the idea this year. Remnants of Lansingburgh Rotary may be interested in joining us.

Response has been very limited so far to our mailing about the Boscov's discount cards, but there's still two weeks to go.

Coats for Kids will be starting up soon.

Jerry will set up our info table at NABA's low-vision tech fair, but he'll need someone for the afternoon shift.

We accepted the membership application of Irvin Ackerman, another associate of Lion Greg's.

The Food Pantries of the Capital District is looking for someone to help them every Thursday to distribute free produce and information at two locations in Watervliet. Lion Shawn volunteered.

NABA is looking for someone to read mail to a visually handicapped woman. It involves a trip to NABA once or twice a month for a few hours.

Ten Broeck Mansion, home of the Albany County Historical Assoc, is looking for donations to help them install a wheel-chair lift. We voted to donate \$200.

Recognizing that we have a minimal presence in Albany, we decided to establish a committee to investigate and evaluate various ways we can work better with the general community, both in Albany and Troy. Eva volunteered to chair it; Greg, Mike, Irv, Shawn and Carol are members.



Lion Jerry manned our information table at NABA's Low-Vision Tech Fair, held on Oct. 16 at St. Sophia's Greek Orthodox Church in Albany. We gave out information about the various services we offer to the vision- and hearingimpaired communities, and collected a few used glasses.

KING LION CAROL QUANTOCK

90 Jolly Road, Stillwater, NY 12170 Home: 518-664-3901 Cell: 518-209-8652 cquantoc@nycap.rr.com

CLUB CORRESPONDENCE

P. O. Box 192, Troy, NY 12181-0192 info@albanytroylions.org 518-512-2722 AlbanyTroyLions.org facebook.com/albanytroylions

Town of Wright/Schoharie Valley Lions Club

DG VISITATION

By Lion Rosemary Chtistoff Dolan

16th at the Schoharie Firehouse. This year the hospital celebrated the 25th anniversary of its merger with the Bassett Health Care System of Cooperstown.

Founded in 1956, the not-for-profit acute care hospital was

called Community Hospital of Schoharie County. It became affiliated with Bassett Healthcare in 1994 and took the name Bassett Hospital of Schoharie County. This partnership opened the door for a more collaborative approach to healthcare delivery for the people of Schoharie County and surrounding areas.

In 2007, the name changed to Cobleskill Regional Hospital, affiliated with Bassett Healthcare Network to better



Town of Wright/Schoharie Valley Lions Club President Georgia Van Dyke and guest speaker Eric Stein, President and CEO of Cobleskill Regional Hospital, a division of Bassett Health Care. Photo by Lion Mike Quin.

reflect the hospital's community-based identity and regional presence.

In 2014 - 2015, major enhancements were made to the hospital's Emergency Department which resulted in an expanded number of treatment rooms and the addition of a low-dose, 64-slice CT scanner made possible in part by a grant award.

Cobleskill Regional Hospital provides inpatient care for general medical conditions. It offers an inpatient short-term rehabilitation unit and more than 20 outpatient services in addition to physical therapy and rehabilitation services.istrict

Governor Ed Pike visited the Town of Wright/Schoharie Valley Lions Club on October 21st at the Firehouse in Schoharie.



TOW-SV Vice president Mike Quinn presents a basket of Schoharie Valley goodies to DG Ed Pike. Photo by Lion Ellen Snowdon.

His message for this year is "working on the future together."

"Using our global action team to help with service, shared leadership and membership, we will be preparing for tomorrow. This will be an interactive year," he promised. The DG brought news from the cabinet meeting held in Plattsburg last month, where there were presentations about LCIF grants, NYS & Bermuda Lions Foundation grants and Brandel-Murphy Youth Foundation grants. These grant opportunities give clubs the ability to expand their resources and service to the community.

Lions can also increase service activities by partnering with other community groups for service projects. The TOW/SV Lions Club supports local projects by the Schoharie Promotional Association (Lily Park events), the Cobleskill Salvation Army (summer camp), the Schoharie County Office for the Aging (durable medical equipment loan-out; hearing devices loan-out center), Schoharie ARC (deposit bottle recycling), schools (scholarships and HOBY leadership awards), and several other businesses that house eyeglass collection boxes and Lions Mints fundraiser displays.

The club is planning to hold a 45th anniversary Charter Night next April and will invite community partners and officials to attend.

KING LION GEORGIA VAN DYKE

921 Ecker Hollow Road Schoharie, NY 12157 Home: 518-296-8076 gavd@midtel.net

CLUB CORRESPONDENCE

wright-schoharielions.org facebook.com/wright-schoharielions

Lions Prayer

Where Lions meet be present Lord, To weld our hearts in one accord, To do thy will, Lord make us strong, To aid the weak and right the wrong.



ARE YOU A KNIGHT OF THE BLIND?

Did you know that over 5,000 children and 30,000 adults are treated every year at the Lions Eye Institute at Albany?

BECOMING A KNIGHT OF THE BLIND is one way you can support this mission.

For more information: jmcdonald33@nycap.rr.com www.leialbany.com



District & Club Resources

MyLion[®]

A new world of service to explore.

We're excited to introduce you to the all-new MyLion™ web experience!

Now available in all web browsers, MyLion is the next-generation online tool to complement your service as a Lion leader.

Here's what the new addition to the MyLion family means to you and your service:

- ◆The same great MyLion service planning ability now online
- ◆A new place to report your service*
- A global digital experience available to all Lions on all devices

In the next few days, we'll announce this exciting news to Lions across the world.

Thank you for your support. This is a product that will continue to improve and add value to you, your club and most importantly, our global service.

VISIT MYLION™ NOW!

*Note: MyLion does not replace MyLCI at this time. If you do not have a login for MyLion, you will be prompted to create one.



Is your club in The ROAR/MD20Magazine? Let the District and the State know the GREAT THINGS YOUR CLUB IS DOING!

Below are the specifications for each publication.

MD/20 MAGAZINE SUBMISSIONS

January, 2019 ~ **June**, 2019

ONLY TWO ISSUES will be emailed to include district news.

I will submit everything I receive by the deadline, however submission does not guarantee publication, (I am not the editor). WE ARE LIMITED TO ONE PAGE PER DISTRICT SO PLEASE LIMIT YOUR ARTICLES!

THE ROAR SUBMISSIONS

THE 28TH OF EVERY MONTH

Everything received by the deadline will be in the next issue. Publication will be the 1st of every month.

ARTICLES

- Digital submission preferred in upper/lower case format.
- Microsoft Word, PDF, or text embedded in an email are acceptable.
- If it is handwritten, it MUST BE LEGIBLE.
- No scanned newspaper articles. Newspaper articles will be accepted IF they are in digital format, and with written permission from the originating publication.
- SPELL CHECK everything, particularly names, titles, club name, etc.

PHOTOS

- Digital submission preferred in JPEG.
- Hard copies are acceptable (Please do not write on the back).
- Hard copy newspaper photos are not acceptable. Digital newspaper photos are acceptable ONLY with a release from the newspaper/photographer, with photographer credit.
- SPELL CHECK everything, particularly names, titles, club name, etc.
- PLEASE MAKE SURE CAPTIONS ARE IDENTIFIED WITH CORRESPONDING PHOTOS!

EVENT FLYERS (THE ROAR ONLY)

- Original documents saved in .jpg, .pdf format or Microsoft Word are acceptable. No scanned documents. Flyers may be "reworked" due to space requirements.
- SPELL CHECK everything, particularly names, titles, club name, etc.

Submissions can be made to **karen@deuxflutes.com** or Lion Karen Rager, 82 Hunter Lane, Queensbury, NY 12804.



Lions Hearing Conservation Society of NYS

LIONS LOAN-OUT EQUIPMENT

Below is a list of assistive devices available at many of LHCS of NYS's Loan-Out Centers. (Other equipment may be available upon request)

Pocketalker

Personal amplifier. Ideal for one-to-one Communication and TV listening.

Infrared TV Listening System

Wireless infrared amplification system.

Personal FM System

Wireless portable amplification system. Transmits up to 300 feet. Helpful for an individual or large group sutuation.

Amplified Telephone

Adjustable volume control with amplified ringer.

Amplified Telephone Ringers

Provides adjustable ring volume, frequency, and pitch tone.

Whistle Stop

Phone adapter to prevent feedback from using Telephone with hearing aid.

Digital Alarm Clock

Wake to an alarm, a flashing light, or a portable pillow shaker.

Alert Master

Uses a pillow shaker and a lamp flashing simultaneously to alert you to a smoke detector sounding, door knocking, telephone ringing, and alarm clock activation.

Cap-Tel Telephone

Telephone that has both amplification and caption capability

Personal Body Pager

Pager works with the Alert Master. You wear it to alert to sounds while awake.

Lions Hearing Conservation Society of NYS Loan Out Centers

Albany - Madison Hearing Center One Executive Center Drive - Suite 202, Albany, NY 12203 Voice: (518) 690-2060

Amsterdam - Resource Center for Independent Living 347 W. Main Street, Amsterdam, NY 12010 Voice: (518) 842-3561 TDD: 842-3593

Castleton - Madison & Saratoga Hearing Center 81 Miller Road, Suite 700, Castleton, NY 12033 (518) 689-0792

Herkimer - Resource Center for Independent Living 401 East German Street, Herkimer, NY 13350 Voice: (315) 866-7245 TDD: 315 - 866-7246

Hudson - Audiologic Solutions 351 Fariview Avenue, Suite 350, Hudson NY 12534 (518) 631-2564 Glens Falls – Center for Better Hearing 318 Ridge St, Glens Falls, NY 12801 Voice/TTY: (518) 798-4800

Saratoga Springs - Saratoga Hearing Center – Saratoga Medical Arts Center 414 Maple Avenue, Saratoga Springs, NY 12866 Voice/TTY: (518) 584-0578

Schoharie County Office for the Aging

113 Park Place, Suite 3, Schoharie, NY 12157 Voice: (518) 295-2001

Utica - Resource Center for Independent Living P. O. Box 210, Utica, NY 13503