

# What's inside...

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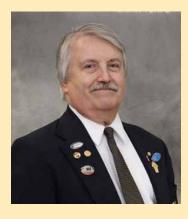
**District & Club Event Flyers** 

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message from...

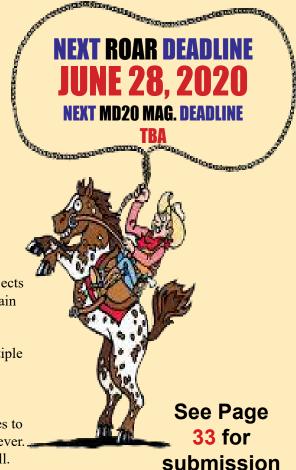
**1st Vice District Governor Rick Brisee** 

ellow Lions!

On behalf of District Governor Ed, I hope everyone is well and staying safe! With so many Clubs, out of concerns for safety and having to cancel service projects and fundraising events, a common question is "When will we be able to meet again and when will things go back to normal?"

As you are aware, there is no easy answer to that. Lions Club International, Multiple District 20, and District 20-W all recommend that Clubs follow all advisory recommendations from government and health officials.

As the state slowly re-opens, we may as a local Lions Club discover opportunities to meet, although the way we meet may not go back to 'normal' for a long time, if ever. This caution affects not only us locally, but on the national and state scene as well.



instructions.

As you know, the MD-20 state convention scheduled for Buffalo in early was cancelled, and wisely so. I have an upcoming District Governor-elect training session planned for mid-June and there are still questions as to whether it can or even should be held as an in-person event given at least four of next year's DG's come from the New York City, Long Island, and downstate areas. Up until a few days ago, the Chair for the USA/Canada Forum, still scheduled for September, has been sending out assurance messages that the Forum Committee continues to plan for the event, although the last message expressed doubts as to whether it can be held safely given continuing self-distancing recommendations.

A final decision on the Forum is scheduled for mid-June, so we will keep you posted.

In the meantime, it is encouraging to see Clubs continue with service projects for their own and nearby communities; most notably the continued meal deliveries to five area hospitals and the acquisition and delivery of face masks to area fire, police, and EMS units

Many Clubs are taking advantage of meeting via Zoom. Personally speaking, I had never used Zoom prior to a few weeks ago but am becoming quite proficient with it. any Club is unsure of how to purchase a Zoom account, please let any District officer or Zone Chair know and we will walk you through the steps; it is a pretty straight-forward process.

Those Clubs wishing a District officer to perform a new member or officer installation via Zoom, we are available, so please let us know.

In addition, this is the third memo written as an assist to District Governor Ed in reaching all Lions and communities in the 20-W District to keep us updated on some of the efforts and events taking place around the District.

In spite of the pandemic, social distancing, and self-quarantine mandates, our Lions Clubs continue to reach out and serve our communities.

The following are just some of the ways that Lions live up to our motto: We Serve!

- District 20-W: PDG John McDonald has recently sent out an excellent e-mail that summarizes District 20-W's participation in both an LCIF and a Brandel-Murphy emergency grant.
- Saratoga Lions: The Club is independently working with five area restaurants to provide meals for healthcare workers at Saratoga Hospital; Wilton Arts Medical Center; the Saratoga Fire, EMS, and police departments; Empire Ambulance; the County Sheriff Department; the Wilton Emergency Squad; and Wesley Health Care. This community outreach is intended to run for four weeks.
- The Plattsburgh, Chazy, and Peru Lions Clubs: are participating in an independent joint outreach to provide donuts and pastries to the Meadowbrook Healthcare; Plattsburgh Healthcare; Vilas Home; and the Clinton County Nursing Home. This effort is expected to serve 568 employees.
- Clinton Lions: Are participating within another community group's fundraiser. The Club has purchased sixteen bunches of tulips that will be rearranged into eight arrangements of ten tulips each and will be distributed to essential workers at the Lutheran Care Nursing Facility in time for Mother's Day. A computer-generated card will be included with each arrangement that identifies it as coming from the Clinton Lions. In addition, they have placed ten signs at various intersections to remind residents that the Clinton Lions Club is still in operation and are available to help as needed.
- Gouverneur Lions Club: Has sent out fifteen \$200 checks to local small businesses that have supported the Club in past but are now struggling due to conditions.
- District 20-W: has applied to receive 500 masks that will be distributed to fire, police, and EMS workers.
- Several Clubs: are working with Northeastern Association of the Blind Albany to cut and sew over 10,000 face masks for the NYS Office of Children and Family Services.

These are just the outreach programs that I know about. I am confident that other projects are happening all over the District and if so, please contact me so your efforts can be shared among fellow Lions. Your efforts encourage other Clubs to continue in serving their communities!

Lions from many clubs have been making meal deliveries to Hospitals and Rehab Centers. They will be highlighted by club articles later in the news letter.

Please remember that none of us should feel we are in this alone. Your District leadership team is here to help each and every Lion Club, Region, Zone, and individual.

We are and will continue to be available to help in any way that we can! In the meantime, be well, stay safe and always be a Lion.

Respectfully, DGE Rick Brisee

# CONTACT INFORMATION

### **CABINET OFFICERS**

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VDG Rick Brisee (518) 209-8812 rbrisee@hotmail.com

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CT Eric Unislawski (518) 669-2903 jeneric39@juno.com

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Global Leadership Chair PCC Mark Whitney (518) 791-7519 md20pccmark@gmail.com
Global Membership Chair PDG Ed Stano, Jr. (518) 879-5757 estanojr@nycap.rr.com
Global Service Chair PDG John McDonald (518) 763-9262 jmcdonald33@nycap.rr.com

# **DISTRICT LEO CHAIR**

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# SOME OF THE ALTERNATIVE WAYS THAT CLUBS CAN CONTINUE TO MEET DURING THIS PERIOD OF SELF-QUARANTINE AND SOCIAL DISTANCING

**Texting:** Most Lions already have this technology on their smart phones. Conversations and results are quick and easy; all you need is the recipient's phone number.

Twitter: Participants need a Twitter account but is a way of sharing events via social media.

**Facebook:** Free social networking website that supports both public and private inter-person conversations. Upload photos, videos, and messages. Be aware that what is posted publicly can be seen by almost everyone!

**Snapchat:** a mobile app and service for sharing photos, videos, and messages with others. Once a message is viewed, it is automatically deleted which makes it useful for sharing quick updates with friends without accumulating media or messages on your mobile device.

**Email:** One of the most widely used informational platforms using the internet. Useful for conversations, videos, and attaching documents. Messages are usually automatically archived on your computer or device.

**E-Clubhouse website**: A free website for your Club designed with easy fill-in-the-blank fields. The site allows you to: build and maintain a website for your club using a simple set of tools to promote your Club's activities and recruit new members.

Landline: So 20th Century! but still useful in contacting members one-on-one.

Also: postcards, greeting cards, letters of encouragement, reminders, etc.

# VIDEO CONFERENCING RESOURCES

**ZOOM:** An American remote conferencing services company that combines video conferencing, online meetings, chat features, and mobile collaboration.

Free – host up to 100 participants but limited to 40 minutes. A clock visible to the host will count down the time. \$14.99/month, host. Includes up to 100 participants; meeting duration is 24 hrs

Plans can be upgraded to include more participants, if needed. If you or your Club needs assistance in setting up a Zoom account, please let us know. https://zoom.us

**Free Conference Call:** A remote conference calling service. Minimum cost of \$4.00/mo, but they advertise that you can pay whatever amount you think is fair. They also have \$6.00/mo and \$15.00/mo plans that offer upgraded features.

# https://www.freeconferencecall.com

**GoToMeeting:** A web-hosted service for meetings, desktop sharing, and video conferencing using a software package that enables the user to meet with other computer users, customers, clients, or colleagues via the internet using real time.

# www.GoToMeeting.com

**Google Hangouts:** Google's application for video conferencing. Connect your Club, District, or MD from anywhere using easy-to-join video calling. Hangouts Meet is included with Google's G Suite and is free to non-profits.

# https://hangouts.google.com

**Skype:** a telecommunications application specializing in providing video chat and voice calls between computers, tablets, mobile devices, an X-Box consoles, and smartwatches. Skype will also provide instant messaging services. This is a one-on-one service.

# www.Skype.com

**Facebook Messenger:** Developed by Facebook. Users can send messages and exchange photos, video, stickers, and audio, as well as react to other users' messages. The service also supports voice and video calling.

# www.messenger.com

**Doodle Poll:** Useful in scheduling meetings with ease instead of exchanging numerous e-mails while trying to determine a common meeting date. Fee required.

### www.Doodle.com

### DO'S AND DON'TS OF VIDEO COMMUNICATION

### Video Conference Do's:

Do be on time.

Do pay attention.

Do be aware that when the camera is on, you are visible to others!

Do be aware that family members that pass in front of the camera may also be visible, so everyone should be dressed appropriately.

Do be aware of lighting as you may appear as nothing more than a silhouette or disembodied voice in a darkened room.

Do mute your mike on Zoom when not speaking.

Do unmute your mike before speaking.

Do turn your video off if you need to step away.

### Video Conference Don'ts:

Do not participate on a mobile phone while walking or driving.

Do not eat or snack. Remember that the camera is on and sees all.

Do not text or play on your phone. Again, the camera sees all.

Do not talk over others; raise your hand and wait to be called on before speaking.

Do not use any funny or obscene gestures.

Do not have barking dogs or crying kids on screen and especially while unmuted.

Do not participate on the call or video conference while in the bathroom. No one wants to know that.

# !Remember...Communicate...Communicate...Communicate!

Your District Governor, Cabinet and Officers are here to help. Please let us know of any questions and concerns, or to share ideas and ways that your Club has been successful during this period of social distancing!

# From the Editor:

First, THANK YOU to all of the clubs, Lions, and organizations who submit articles, photos and flyers each month for the Roar!

There is a lot of service going on in our District during this strange time. Keep up the good work! District 20W ROCKS!

I truly appreciate everyone's efforts to get submissions to me by the 28th of each month. This is an immense newsletter!

It is necessary for submissions to come in via email only. I am unable to keep up with cross platform submissions, such as facebook or texts, especially if they are unlabled.

This is the easiest way for me to keep track of everything so no one gets excluded. Please make sure you identify yourself and your club/organization.

I really appreciate what all Lions are doing! Thank you!

### CABINET OFFICERS

### DISTRICT GOVERNOR

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### **ZONE CHAIRS**



ZONE CO-CHAIR

Bill O'Mara (Clinton Lions)

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# ZONE "A" CHAIR

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# ZONE CO-CHAIR

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# ZONE "B" CHAIR

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ZONE CO-CHAIR

# ZONE "B" CHAIR

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# **COMMUNICATIONS AND MARKETING TEAM**

# **Communications & Marketing Team District Coordinator**

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### **Facebook Editor**

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Accessing the Lions Learning Center

Step 1: Start at the Lions Clubs International website

Step 2: Click Lion Account\* (Member Login) to access the Lion Account login page.



\* A Lion Account must be created in order for you to access the Lions Learning Center (LLC). The Lion Account also gives you the ability to access additional digital applications developed by Lions Clubs International. While use of individual digital applications is at the discretion of the individual user, certain applications may be required for certain aspects of your official role.

**Step 3**: Sign-In using your Lion Account information. If you do not have a Lion Account, click on Register to create a profile.



# Creating a Lion Account

To create a Lion Account profile, the following information will be require

- Member ID\*
- Date of Birth
- Email Address\* or Mobile Number\*

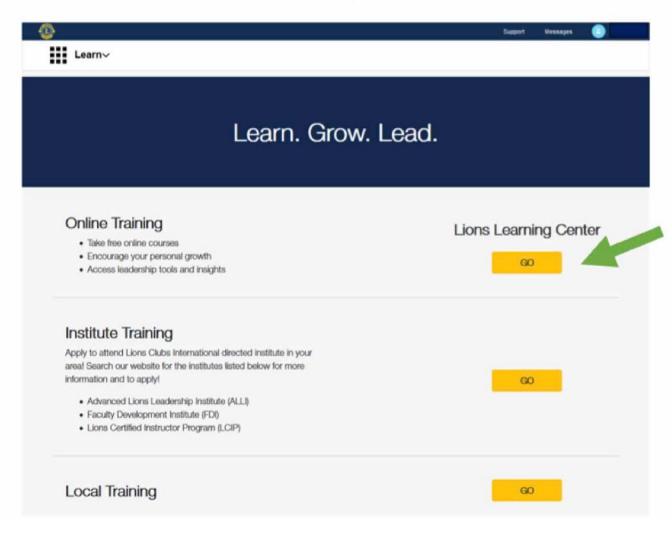
For assistance with your Lion Account, please contact MyLion Support at mylionsupport@lionsclubs.org or 630-468-7000.

<sup>\*</sup> These fields must match the Lions Clubs International database – please contact your club secretary to verify your information.

Step 4: Click the "Go" button under Learn.



Step 5: Click the "Go" button under Lions Learning Center.



Step 6: Select a course by clicking on a tile.



# Personal Homepage/Dashboard

- 1. In this section, the following tabs are listed for sorting your courses:
  - All (courses that are In Progress and Not Started)
  - In Progress courses
  - Overdue courses
  - Not Started courses
  - · Completed courses
- 2. Navigation options
- User profile (viewed by selecting My Profile & Settings)

Step 7: Click the button under the course title to start your learning journey.



For assistance with the Lions Learning Center, contact elearning@lionsclubs.org

# **UPCOMING EVENTS**

# **International and MD20 Events**

MD-20 97th Lions NYS & Bermuda Convention, Buffalo......Cancelled LCI 103rd International Convention, Singapore.....Cancelled

## FOR MORE INFORMATION AND EVENTS

20WLions.org ~ members.lionsclubs.org/EN/events/calendar.php

# District 20W 2019 - 2020 Club Events





# **Dear Club Leader,**

The coronavirus (COVID-19) pandemic has impacted the work of Lions around the world. In many cases, it has also created financial hardships for our Lions and the people for whom we care.

To support the incredible men and women serving with us, the International Board of Directors has passed a resolution to help our clubs.

# Here is an overview of the resolution approved by the Board of Directors:

**Flexible payments** – No clubs will be suspended or cancelled through December 31, 2020 for late payment of dues.

**Charter and entrance fees waiver** – We have waived all charter and entrance fees from July 1 – December 31, 2020.

These measures will help Lions facing financial hardships, and give our clubs hope, encouragement, and an opportunity to start the new Lion year with renewed energy and optimism.

This may be a time of great need, but we will overcome this together. For more than a century, Lions have taken on the greatest challenges facing humanity. That is who we are, and what we do.

So let us stand together. And let us remember just how important we are to our communities and the world.

Regards,

Dr. Jung-Yul Choi International President



All are invited!! Join the Lions in helping Lions Camp Badger build a brighter future!

# SATURDAY AUGUST 15, 2020 Wellsville Country Club

Nestled in the foothills of the Appalachian Mountains, along the beautiful Genesee River

3006 Riverside Drive Wellsville, NY www.wellsvilleCC.com

The Lions Camp Badger Golf Classic day incudes:

- 1:30 PM Shotgun start
- Lunch on the course-frank, burger, chips, soda or water
- Golf Cart
- Practice area, range & putting green
- Steak dinner
- Cocktails (cash bar)
- Awards, raffles & door prizes

Registration will be open 11:30 AM - 12:30 PM

Golfer \$105 Foursome \$420

\*Wellsville CC members can use their membership towards golf only.

For Registration Form and Sponsorship Opportunities Go To:
www.LionsCB.org
or contact

Event Chair: Lion William Emrick (716-498-4847)

williamemrick@yahoo.com

Co-Chair: PCC Andy Umreiko (516-902-4881)

aumreiko@gmail.com

Sponsor Chair: PDG Michele O'Hare (518-694-6872)

mohare@naba-vision.org

Empire State Special Needs Experience, Inc. is a 501(C)3 Non-Profit Corporation







LEADERSHIP IS MORE THAN SERVICE, IT EMPOWERS LIONS TO SERVE

# District 20-W PDG Paula Flisnik, Certified Guiding Lion Facilitator offers

**Guiding Lions Certification** 

# POSTPONED Date to be Determined

# **Condensed Course**

Requirement: Complete pre-assignment, and limited breaks

Register and received mandatory preparation work.

Register by emailing pflisnik@gmail.com



# **Program Benefits**



No-cost, single vision or bifocal glasses for qualified patients



Use of one account to process all of your charitable work



Real-time account creation and access to immediate ordering



Free trial collection of frames with 30 styles, sizes 42-58



Library of resources that includes best practices & guides



Join a community committed to making a difference

Changing Life through Lenses<sup>™</sup>, an Essilor Vision Foundation platform, is a first-of-its-kind charitable solution which provides no-cost glasses to help you expand charitable efforts within your community.

The site provides real-time registration with immediate ordering of eyeglasses and frames, referral tracking and access to educational resources on how to engage in the community.

# **Qualified Patients**

- Individuals at or below the poverty level without vision insurance for this pair of glasses as reasonably determined by the provider
- No age or citizenship restrictions

# Make a Positive Impact Today

Did you know 1 in 4 children in the U.S. have a vision problem that affects their ability to learn? 80% of all vision impairment can be prevented or cured. Without charitable eye doctors, millions of children would be unable to obtain vision services.

# **Questions?**

View the demonstration video and register at **changinglifethroughlenses.org** or contact **support@evfusa.org**.





# **DOES YOUR ORGANIZATION FOCUS ON SCREENING?**



Spread the Word: Go to eye doctors in your community and tell them about the program.



**Share Information:** Use the reverse side of this flyer and encourage eye doctors to register.



Send Qualified Patients: Begin sending qualified patients to the eye doctors who are now enrolled in the program.

# **DO YOU ALSO PROVIDE EXAMS + DISPENSE GLASSES?**



Visit the Website: Visit changinglifethroughlenses.org to educate yourself on the program.



**Consult with Your Organization:** Review the program benefits and requirements with your team.



Create an Account: Register at changinglifethroughlenses.org and gain access to immediate ordering.

# QUESTIONS?

View the demonstration video and register at changinglifethroughlenses.org or contact support@evfusa.org.





# Club Excellence Awards

# Make it your club's tradition to achieve excellence every year!

Clubs that excel in community service, membership growth, communications and organizational operations may qualify for the prestigious Excellence Awards.

Please use the qualifications outlined in the club excellence award application as your road map to excellence.

Is your club striving to finish the year with a net growth in membership?

Will your club participate in at least three service projects?

Are you promoting your club's events or activities to the community?

If you answered yes to these questions, you may be eligible for the Club Excellence Award.

The Club Excellence Award is more than an award... it is proof that your club is STRONG!

For questions, inquiries or to submit your Club Excellence Award Application you may contact us by email clubexcellenceaward@lionsclubs.org or by phone (630) 468-6890

Make achieving the award a winning tradition!

2018-2019 Club Excellence Award Application

Deadline date to submit your Club Excellence Award Application is August 31st.

(See application on the next page)



# 2018-2019 CLUB EXCELLENCE AWARD APPLICATION

	Oub must be chartered prior to A	anuary 1 of the liscal year to quality.	Application Dat
Club Number		Club Name  2018-2019 Club President's Name	
Member Number			
	-	2019-2019 Club President's Email Address	
1. ME	MEERSHP	2. SERVICE	
Achieved a Net Growth of     QEL	·•	Started a new service project. Const     Global Consest	derane al aur
Chartered new Libra clubs	or Club Brench:	1	
Name of club or branch:		2.	
AND.		9	
Rupported member retenti member setialisation  Outline strategy:	Improve Membership Value & Reach New	CR Crganized a new Leo Service Impact	Chin
Passi an Ane 2) a musible mani	Markets	& Focus Cantalbuted to LOF	
3. ORGANIZATIONAL E	Organizational Excellence	Reshape Public Opinion & HARKETING AND COMMI	LINICATION
or Financial Buspaneion. C and no unpaid balance wit than US\$60 cutalanding 9	th LCI greater	□ The club has publicized its set it rough local madia or social noted below:	
AND			
<ul> <li>Key Officers perficipate in a leadership training events</li> </ul>	ine or more of the following :		
Cliebrick     Informational     Liona Learning Center	Multiple District     Webiners     Club-Quality Initiative	QE	
AND:  Improved dub operations		The club utilized eociel media to promote club a reported to Lione Clubs International as noted balo	

Due by: August 81, 2019

Dete

Sand to: philospedianesesso/Menschiles.org or fax to (830) 708-9245. Awards Mailed to: 2019-2020 Clairfot Governors

"If sent from district governor's registered email, it qualifies as signature on applications submitted electronically.

District

Disqualified clubs have 12 months from original due date to request a review.

2019-2019 District Governor's Signature\*

Member Number



# Lions Clubs and the Sight Society of NENY, Inc. Lions Eye Bank at Albany Partners in sight restoration

Together.....We can make a difference!

Looking for something different for your club's program night?

The Lions Eye Bank at Albany invites your club for a tour of our new office and state of the art laboratory located adjacent to Stuyvesant Plaza at 4 Tower Place, Snite 601, Albany, NY.

If you are looking for dinner or a snack, Stuyvesant Plaza has many wonderful eateries. A list and description of restaurants can be found at stuyvesantplaza.org. We would be happy to offer suggestions or help make arrangements.

Contact Joann Beach at 518-489-7606 or email <a href="mailto:Jbeach@lionseyebankalbany.org">Jbeach@lionseyebankalbany.org</a> with any questions or to schedule a visit.

A nonprofit organization, the Lions Eye Bank at Albany was founded in 1952 by Lions Clubs. Since then the eye bank has restored sight to thousands of people suffering with corneal blindness. The Lions Eye Bank at Albany serves 28 counties in New York State, Great Barrington, MA and six haspitals in Vermont.



# District & Club Articles

# HOW TO GET THE DISTRICT NEWSLETTER FOR



- 1. GO TO 20WLions.org
- 2. Find "To sign up for the District newsletter, click here" at the bottom of the blue box.
- 3. Fill in requested information.
- 4. Submit!

It's as easy as that! You will recieve the newsletter each month in your email.

# **Stickers for Service**

By 2VDGE Michele O'Hara

Fellow Lions,

I hope you and your families are healthy and well? District 20-W has purchased the attached stickers that Clubs can use for such things as meal deliveries to hospital, EMT, fire, police,

senior organizations, nursing homes, food banks, etc. or any other service project.

If your Club would like me to send you some stickers, please send me the following information so we can track where the stickers are being used, reporting on my lion, based on use determine if we will need more, etc.:



Club/Clubs Name/s

Number of Stickers requested

Date of Project

Description of Project

Number of people served (if you can get this information)

If you have any questions, please email me at dgmicheleo-hare@gmail.com or call me at 518-694-6872.

Thank you for all your service.

# **2VDGE MICHELE O'HARE**

8 Turnberry Drive, Slingerlands, NY 12159 Home: 518-475-1908; Cell: 518-694-6872 Work: 518-463-1211 x 241 dgmicheleohare@gmail.com Club: Bethlehem



# **Clinton Lions Club**

By Lion Jim Winkler

Like most clubs, the continued impact of the corona virus shutdown has caused us to re-think how we can be of service to our community as people remain unemployed and quarantined. We have also had to cancel/postpone our two major fundraisers, the Regional Journey for Sight and our

seventh annual Garage Sale. As a result, we have revised some of our end of year budgeted donations and begun discussing potential new fundraising efforts keeping in mind many community households have had their income abruptly halted/altered by the current economic situation.

In an effort to buoy the spirits of local residents and inform them that our club is still operational and available to help where needed, we purchased ten signs



Clinton Lions Signs of Encouragement placed around community.

(see attached photo). They contain encouraging phrases and were placed at strategic locations around the community. Judging from the many positive comments club members have heard, the community was appreciative of our intent as their lives change.

Concentrating on the essential workers in the community, we distributed KN95 masks to our two town fire departments as part of the supply received from LCIF and prior to Mother's Day presented vases of tulips to the nurses and aides at LutheranCare Adult Living Facility in the village. The masks



Clinton Lions distribute LCIF-donated KN95 masks to Clark Mills Fire Department (CMFD). Pictured (l – r) CMFD Commissioner Lion Colleen Furmanski, CMFD Chief Gary Spaven, Lion Bob Maxam, CMFD Asst. Chief Richard Ouimette and Lion Jim Winkler.

were part of approximately 500 distributed to the district and coordinated through LCIF by PDG John McDonald & PDG Michele O'Hare. Thank you, PDG Michele & John! The



Clinton Lions Garry Colarusso Bill O'Mara & Jim Winkler present eight vases of tulips for essential workers at LutheranCare Adult Living Facilities in Clinton, NY on Mother's Day. Accepting the vases of flowers is Kaelei Spoor, Director of Activities at the facility.

Utica and the Sauquoit Valley Lions also participated in distributing masks from this delivery to first responders in their respective areas as did clubs in the northern portion of our district.

The tulips were presented to the essential personnel at LutheranCare before Mother's Day to show our appreciation for their efforts during in caring for the residents of the facility during this crisis. They were purchased from members of our local Clinton United Methodist Church who were selling them as a fundraiser in support of the Rise Against Hunger (RAH) campaign they sponsor in our community every fall. Rise Against Hunger is an international hunger relief organization that distributes food and life-changing aid to the world's most vulnerable to end hunger by 2030. We are more than happy to recognize the essential workers by supporting this worthwhile organization.

Members of the club continue volunteering at the Country Pantry in Clark Mills, NY. Distributions are now being carried out completely outdoors on a drive through basis with the clients remaining in their vehicles while fresh produce, frozen meat, vegetables, dry goods, hygiene items and food gift cards (when available) are loaded into their trunks or hatchbacks — nothing is placed in the back seats by the volunteers. Families served on distribution day has better than doubled since the beginning of the year and throughout the entire month the pantry is now assisting almost four times the number of families than back in January and February.

Hoping all clubs are servicing their communities while staying safe in these challenging times!

Let's hope our gradual societal reopening works

# KING LION ROBERT MAXAM

2 Sunset Drive, Clinton, NY 13323 Home: 315-853-5968 Cell: 315-794-0410 maxamr60@gmail.com http://clintonnylionsclub.com/

# **Pediatric Cancer**

By Lion Diane Lange

I am very sorry to announce that we did not fill Ronald McDonald's big red shoes with gift cards. Only 3 gift cards were donated by the Galway Lions Club. Our Childhood Cancer Families in the 20W need our help.

# DIANE LANGE, PEDIATRIC CANCER CHAIR

14 Jacob Drive, Gansevoort, NY 12831 Phone: 518-409-4321 Cell: 518-527-1926 skipper2dfl@yahoo.com

# Northeastern Association of the Blind Albany (NABA)

# NABA RETOOLS OPERATIONS FOR MASK PRODUCTION

Submitted by DG Michele O'Hare, from National Industries for the Blind

It was already a leader in the production of safety vests, coveralls, and other protective gear, so when the clarion call was sounded for more resources to fight COVID-19, New York's Northeastern Association of the Blind at Albany (NABA) was pleased to step up to the plate.

Founded in 1908, the NIB-associated nonprofit agency operates a vision rehabilitation center providing a full array of services for individuals who are blind in a 22-county region in Eastern New York State. NABA also creates employment for people who are blind through the manufacture and sale of products and provision of services under the New York State Preferred Source Program for New Yorkers Who Are Blind (NYSPSP) and the federal AbilityOne® Program.

In addition to personal protective equipment (PPE), the agency manufactures disinfectants and military supplies. Among the PPE products are coveralls made with Body Filter 95+ material, which protects against particulates as small as 0.3 microns, similar to the N95 respirator masks so critical for health care employees on the frontlines of the pandemic.

"As the pandemic worsened and New York became the nation's most infected state, we retooled operations and added face masks made from the Body Filter 95+ material we use in coveralls to our production flow, to support the efforts of those

on the frontline fighting the disease," explains NABA CEO and Executive Director Christopher Burke.

Burke notes that since the beginning of April, NABA has produced over 8,000 masks, with more being made every day. Recipients include New York State agencies, the federal government, and local frontline employees.

"We are very pleased to be able to produce necessary supplies for both the state and federal governments as they fight COVID-19," he says. "We are all in this together and we will get through it together."

In keeping with its mission to promote employment, NABA has approximately 20 employees who are blind, including seven who manufacture face masks, vests, and related items.

Burke expresses gratitude to the New York State Commission for the Blind, which is working with the agency to supply state government, and the New York Bermuda Lions Clubs District 20-W which has provided volunteers to help with production support.

While stepping up production to accommodate frontline personnel battling COVID-19 is a top priority, the safety of NABA employees is first and foremost on the minds of Burke and his managers.

"We are having staff members wash their hands at least three times a day, wear masks, and practice social distancing at all times," he says. "Lunch hours and break times are also staggered."

To ensure that its facility is clean and safe for employees, the building is occupied only four days per week.

"This gives us three straight days with no one on-site so we can do all the necessary deep cleaning and sanitizing," explains Burke, who employs an outside company for the heavy lifting.

In addition, NABA employees clean and disinfect on two shifts every day and once on Saturday.

Despite the daily stress of coping with the threat posed by the coronavirus, NABA staff members have pulled together to rally around the agency and its mission.

Diane Hubbard, a long-time employee who sews safety vests, sums up the feelings of many NABA employees who are blind. "It is an honor," she says. "It makes me feel good knowing that my colleagues and I are making products to keep people safe during this pandemic."

### **NABA**

301 Washington Avenue, Albany, NY 12206

# LION CHRISTOPHER BURKE EXECUTIVE DIRECTOR

Work: 518-463-1211; Fax: 518-463-3585 info@naba-vision.org www.naba-vision.org

# Diabetes Awareness PRESCRIPTION COST SAVINGS PROGRAM

By Lion Barbara Bentley

Due to the Covid-19 pandemic, it continues to be a hardship for some to afford the life-saving medications that diabetics rely on. One of our Lions Club International partners, The Association of Diabetes Care & Education Specialists (ADCES, formerly AADE) has revised their ADCES' insulin and non-insulin affordability resources to include several updates related to low or \$0 copays during the Covid-19 pandemic.

Here are the links to these very valuable resources. Another way "We Serve" is by SHARING THEM WITH MEMBERS OF OUR COMMUNITIES!

Insulin Cost-Saving Resources: https://tinyurl.com/insulin-costsavings

Non-Insulin Cost-Saving Resources: https://tinyurl.com/nonins-costsavings

# DIABETES CHAIR LION BARBARA BENTLEY

Certified Diabetes Paraprofessional P. O. Box 1031, Guilderland, NY 12084 Cell: 518-894-1375 barbann22@gmail.com

# **District 20W**

By Lion Jerry Gordon

MD20 has received a \$200,000 grant from LCIF specifically for feeding the doctors, nurses, housekeeping, janitorial services, and other front-line hospital personnel who are working with COVID-19 patients. About half of that will go to the NYC area, where the need is greatest.

District 20W has formed a committee to apply for a share of this grant. The western and northern portions of our district have experienced relatively few cases and the clubs in those areas are instituting various programs to address their local needs. Those clubs have agreed that the Capital Region should be the sole beneficiary of the 20W grant.

On 4/25/20, the 20W committee received a \$10,500 grant to provide 2100 individually-wrapped meals to Albany Med, St Peter's, Albany Memorial, Samaritan, and Ellis hospitals.

Popeye's Louisiana Kitchen, which has locations in Albany, Troy, and Schenectady, has agreed to provide the meals but they cannot deliver them. Albany & Troy Lion Jerry Gordon set up a delivery schedule that will provide meals to one hospital per day at either 11:30 AM or 4:30 PM from May 1 through June 8. Lions from these clubs stepped forward to make these deliveries: Albany & Troy, Ballston Spa, Bethlehem, Glens Falls, Greater Ravena, Scotia-Glenville, and Town of Greenfield.

Shortly after the program started, Lion Jerry reported: "I got a phone call this morning from Peter Semenza, Vice President of Philanthropy at St Peter's Health Partners. He profusely thanked me and all the Lions for the wonderful service we are providing by delivering meals. It is appreciated not only by him, but especially by the staff that are the direct



beneficiaries. And just one of several emails: "Just wanted to let you know the first round of Popeye's Chicken lunches went off flawlessly!!! Right on time, arrived hot and ready for distribution! Thanks to your generosity, several areas within Albany Med enjoyed a delicious thanks to our kind friends at the Lion's Club, including the Massry Family Children's Emergency Center, the Adult Main Emergency Department, our Albany Med Social Workers, Security officers and the Incident Command Center teammates!"

Thank you so much! What a treat to have our Albany Med family take a break, enjoy a delicious meal knowing it came from people in our community that care.



Lion Jerry Gordon (Albany & Troy) unloading meals at Samaritan 5/21



A&T Lions Preem Cabey and Irv Ackerman, VDG Michele O'Hare at Albany Med, 5/1



Lion Preem Cabey, VDG Michele O'Hare, Lion Irv Ackerman at AMC 5/1



Beth Frear, Ellis Foundation; Eric Carson, KL Ed Hersh, ZC Ed Moore, All Ballston Spa Lions Club; VDGE Michle O'Hare 5/7/20



VDG Michele on left, Lion Preem Cabey on right, at St Peter's on 5/4



Galway Lions Ken Perez and Martina Ross on the left, VDG Michele on the right, at Ellis 5/12



A&T Lion Ruth Sano at St Peters 5/19



Town of Greenfield Lion PDG Ed Stano at Albany Memorial 5/25





Town of Greenfield Lion Elizabeth Stano at Albany Memorial 5/25



Josh Poupore, Eric Buskirk, Security, Kermit Ackley 5/22



Town of Greenfield Lions Ed and Elizabeth Stano at Albany Memorial 5/25



Irv Ackerman is the A&T Lion who made today's delivery.





Tuesday, April 28, 2020. He was born in the Bronx, NY on February 13, 1936 to Hans and Elisabeth Masson. He served in the United States Army.

Bob owned and operated the IGA Village Market in Ballston Spa for 22 years. He also worked for JR Welding for many years and was currently working as a bus monitor for Upstate Transit.

Bob was a lifelong member and past president of the Ballston Spa Lions Club. He was also a member of the VFW Post 358 and American Legion Post 234 of Ballston Spa. He was a member of the Rock City Falls Volunteer Fire Dept and served as commissioner.

Bob was always there to help out in his community. He was a regular donor to the American Red Cross and reached out to many charity organizations including the Shriners. He enjoyed collecting trains and train memorabilia, taking his beloved dog Heidi out for car rides and spending time with his family and friends.

Bob is survived by his son Robert A. Masson.

Due to the current restrictions a private service will be held. A celebration to honor Bob's life will be announced on a later date. In lieu of flowers, memorial contributions in memory of Bob may be made to the American Heart Association.

# Sauquoit Valley Lions Club

# **DISTRIBUTES MASKS/SCHOLARSHIPS**

By Lion Jim Griffith

While the Club has not formally met since early February due to the pandemic, our works continues.

The Club donated \$200 to the Sauquoit Valley CSD After Prom Party, \$200

to Don Brown in his efforts to promote organ donations and purchased three \$100 tickets to support the annual New York State and Bermuda Lions Foundation raffle.

On May 22 the Sauquoit Valley Lions delivered thirty KN95 Masks to first responders throughout the Sauquoit Valley. The masks, which were provided through Lions Clubs International, were provided to Edwards Ambulance, the Willowvale VFD, Clayville VFD and Cassville VFD.



Sauquoit Valley Lion Treasurer John Griffin presents KN95 mask to Gary Edwards, proprietor of Edwards Ambulance Service and the President of the Willowvale Fire Department.

These organizations were grateful for the masks received citing the limited availability of quality masks.



In the photo above Wendy Rogers of the Cassville Volunteer Fire Department receives a supply of KN95 mask from the Sauquoit Valley Lions

The Sauquoit Valley Lions has also awarded three scholarships to graduating high school seniors. Briannah Weeks and Colby Jones of Sauquoit Valley CSD and Ryan Cardone of Whitesboro CSD were schorship recipients. Our annual scholarships are in honor of all the deceased members of our Club and are awarded to graduating seniors who exemplify the spirt of helping others.

The Club looks forwarded to celebrating our 65th Anniversary on June 30, 2020.

# KING LION MICHAEL BADER

9244 Paris Hill Road, Sauquoit, NY 13456 Cell: 315-737-9959 mike490@roadrunner.com

# Utica Lions Club Donations/scholarships

By Lion Antonetta Panuccio

G Ed Pike was unable to visit our club on 4-6-20 due to the COVID-19 Pandemic.

Another topic with living with the COVID-19 Pandemic... our Regional Journey for Sight scheduled for May 9, 2020 at Sauquoit Valley High School has been postponed.

The services we provide our communities we remain to be committed to assist.

Utica Lions continue to collect eye glasses and also have two locations for bottle and can drive redemption centers. Locations were closed for two months due to the COVID, as of this month one location is up and running.



Lions have donated food items to our local Veterans.(Hunger Project)

Lions are participating in providing food for our Essential Heroes (Service Project) in Supporting workers through COVID-19 Pandemic. Utica Lions participated through The Lions Club International Foundation in handing out N95 Protective Masks to two local fire dept along with food donation. A brochure was presented on behalf of The Utica Lions saying Thank You During the COVID-19 Pandemic. Also each sponsor/supporters have received the brochure along with a Thank You note for their kindness. Kindness Matters.

This Year Utica Lions will be giving out seven Scholarships: Nick Poccia Scholarships Awards rather than our usual six for

\$500 and one \$250 for honorable mention. Due to COVID-19 Awards and checks have been sent out to High School Counselors.

Utica Lions have provided meals for families in need during Easter Holiday. Serviced thirty-six people for Easter dinners.

A \$200 Donation was made from the Utica Lions to North Utica Senior Center. We thank the center every year with a donation on behalf of being a amazing partner and great friend to The Utica Lions.



Director of the North Utica Senior Center



Fire Department No. 7

Due to the fact a fire has happen in our area Utica Lions will be donating to the family in need.

As for COVID-19 we have postponed our fundraiser miniature golf and also our chicken

BBQ with a raffle of a grill until further date.

# Five Ways to Be Kind to our Community During Coronavirus/ COVID-19

Be a good neighbor Support local businesses Remember the caretakers Be Generous Help people



Fire Department No. 2

# Five Ways to Be Kind to Your Friends and Family During COVID-19

Be goofy
Eat and drink well
Have family time
Reconnect
Pickup the phone

# Five Ways to Be Kind to Yourself During COVID-19

Organize
Get outside
Stay calm
Read
Feel your emotions

Stay well, and be kind friends. We need it now more than ever.

## KING LION ANTONETTA PANUCCIO

642 Eagle Street, 2nd Floor Utica, NY 13501-4055 Home: 315-724-3997 grandmanuch@aol.com

# **District 20W**

By PDG John McDonald

# Fellow Lions,

As everyone deals with the challenges brought on by the Coronavirus pandemic, from social distancing and separation from our loved ones, to learning how to deal with meetings via zoom and conference calls, now is the time to embrace our Lions motto of "We Serve".

These are definitely challenging and unprecedented times for all of us. Our clubs have had to cancel our fundraisers and many service projects have been put on hold. We're not doing KidSight screenings and Diabetes awareness & educational programs. Youth activities and summer camps have been cancelled. Support for our local food pantries is critical right now. Demand is at an all-time high, especially with children not benefiting now from school lunch programs.

However, many clubs are still serving by reaching out and supporting the front line responders that are helping to keep all of us safe. Clubs may not be able to conduct a food drive, but financial donations are always welcomed. The pantries are able to turn these donations into purchases for pennies on the dollar from the Regional Food Banks. Donations of hand sanitizer is a great idea - many local distillers are now producing it. Supporting our local restaurants through a meal program for the local EMS or hospital personnel is another idea. Volunteer to be a driver to make the deliveries! Smiles of gratitude may be covered by a mask, but you'll feel the warmth that comes from helping out!

Our District has also stepped up! Many front line personnel are under the strain of dealing with long shifts and stressful situations. The District has secured a grant from LCIF in the amount of \$10,500 that is being used for meals over the next few weeks to support staff at 5 Capital Region Hospitals - Ellis, Samaritan, Memorial, St. Peter's and Albany Medical Center. The meals are being provided by Popeye's restaurant. Each meal is individually wrapped and is adorned with a Lions label signifying our gratitude and thanks to the meal recipient.

We've also secured an emergency grant of \$2,500 from the Brandel Murphy Youth Foundation to be used for the Regional Food Bank of Northeastern New York. This grant will help feed many children whose families rely on the Food Bank to keep our local pantries stocked. Once we've moved beyond the current situation Lions volunteer days will be scheduled at the Food Bank and Patroon Land Farm. We're also in the process of securing 500 surgical grade face masks that will be shared with front line personnel in the Utica, Potsdam, and Plattsburgh regions. These masks should be available by early

May.

Take some time to identify where you too can help out. There are still many ways that we can fulfill our motto of "We Serve"! Please continue to be safe and I look forward to seeing everyone again soon!

Yours in Lionism, PDG Lion John McDonald Global Service Team District Chair

# **Albany & Troy Lions Club**

By Lion Jerry Gordon

L ion Tom shipped another 5500 glasses to the NJ recycling center.

Lion Eva's committee is developing a food-delivery program.

Lion Preem is still cataloging her pin collection and plans to attend the 2021 International Convention in Montreal.

Lions John & Tom have no fund-raising report.

We voted to again participate in Boscov's Friends Helping Friends program.

Lion Mike O'Brien reported that Lion Mike Farrell had fallen in Feb and was now in a rehab facility in Catskill.

Our installation dinner would normally be held on June 3, but it doesn't seem likely considering the ongoing coronavirus conditions. We decided to just keep an eye on the evolving situation.

Lion Ruth has had no new eyeglass requests.

Lion Jerry received one hearing-aid application from a 90-yrold Troy resident. She meets our financial guidelines and the board approved her, assuming the HCS will share the \$750 cost with us, as they have so generously in the past.

As mentioned in the last Rare Meat, Lions Irv and Eva distributed several cases of chocolate bunnies in the Arbor Hill and South End neighborhoods, as well as some in Watervliet. District 20W received a \$10,500 grant from LCIF to provide meals to the front-line personnel at five area hospitals (Albany Med, St Peter's, Albany Memorial, Samaritan, and Ellis). Lion Jerry has arranged to get 2100 meals from the three local Popeye's franchises and has put together a schedule for a daily

delivery to each hospital at either 11:30 AM or 4:30 PM. He'll be looking for drivers to bring the meals from Popeye's to the hospitals.

Lion Greg has arranged for the purchase of hand sanitizer from Grateful Villages @\$2.80/2-oz bottle with our name on the label. We approved an expenditure up to \$1000 to donate these to our local police departments. The first 100 went to Albany PD and 133 will go to the Troy PD. Lion Carol is looking into other PDs in our bailiwick (Colonie, Rensselaer, Watervliet, Menands, Green Island, etc).

Our blueberry orchard needs hoses for irrigation, fencing, and signage. Lions Greg and Jerry will look into getting 600' of hose donated by Home Depot, Lowe's, or equivalent. Lions Eva and Carol will come up with a sign design. Lions Greg and Jordan will look into sources for fencing.

Lion John has been volunteering at the Cohoes Senior Center several days a week. He brought us a request for a \$200 donation to help them feed the needy. We decided to pass this on the Waterford Lions, who cover Cohoes. If they request our help, we'll probably give it to them.

We voted to donate \$200 to sponsor a HOBY student. This seminar is usually in July at RPI, but this year it's been moved to September at Lake George.

Our next meeting will be on Zoom next Wednesday, June 3, at 5:30 PM. Rick Brisee, our incoming District Governor, will install next year's officers and board. Then Lion Jerry will give out some awards and make a few presentations. Finally, King Lion Carol will conduct the last board meeting of the 2019-20 Lions year. It's been several months since we've actually seen each other, so please plan on being there, especially if you're an incoming, outgoing, or staying-on board member. To join the Zoom meeting, click on this link from any internet-connected device:

https://us02web.zoom.us/j/82703285537?pwd=eWlxM2w5d WRndlpHRGVTWE5JMEtjdz09 or https://tinyurl.com/yacubj59

Click the icon to ensure that your camera is on.

Meeting ID: 827 0328 5537. Password: 515475

For audio only, dial one of these numbers from any phone: One tap mobile

+19292056099,,82703285537#,,1#,515475# US (New York) +13126266799,,82703285537#,,1#,515475# US (Chicago) Lions & COVID-19: Feeding the hospitals:
As we explained last month, District 20W got a \$10,500 grant to provide meals to Albany Medical Center, St Peter's, Albany Memorial, Samaritan, and Ellis hospitals from May 1 to June 8. Every day, we deliver to a different hospital at either 11:30 AM or 4:30 PM. There are 42 trips in all, and I want to thank these A&T Lions for volunteering to do 19 of them: Irv Ackerman, Preem Cabey, Dennis Fagan, Jerry & Maryanne Gordon, the Gordons' grandson Brendan Duffy, Carol & Paul Quantock, Ruth Sano, Greg & Jodi Sheldon.

## KING LION CAROL QUANTOCK

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### **CLUB CORRESPONDENCE**

P. O. Box 192, Troy, NY 12181-0192 info@albanytroylions.org 518-512-2722 AlbanyTroyLions.org facebook.com/albanytroylions

# Chazy Lions Club TEAMWORK

By Priscilla Laurin

Chazy, Peru & Plattsburgh Lions clubs joined together to recognize essential workers (Lion's essential effort)

at local nursing homes & adult care home over the past few weeks. The clubs delivered donuts & pastry they purchased



from Rulf's Orchard along with apples donated by Chazy Orchard. They recognized Clinton County Nursing Home, Meadowbrook Healthcare, Plattsburgh Health & rehab & The Vilas Home. These facility house just under 500 residents/ patients & employee almosr 600 employees.VD3 Rick Laurin said, "Thank you to all, one thing though this is a team, clubs, & District effort. Our local clubs have been picking up the

pastries & getting members to show-up, and serving everything with a helping of kindness. The Peru, Plattsburgh, & Chazy Lions make a great team & we



appreciate all the support - Thank You. Service is What we do BEST."

Watch the WCAX news story: https://tinyurl.com/yddtqdw2

Chazy Lion's Club current Fund Raiser is a daily number raffle. Each paid up ticket holder has one chance per day to win. The winning numbers will be determined by the NYS evening lottery drawing. In case no number is drawn the number from the previous day will be used in reverse. \$250 will be awarded each Sunday \$100 the other six days of the week. Tickets are \$10.00 each.

If you are interested in purchasing a ticket please send your check made out to Chazy Lion's CLub to:

Rick &/or Priscilla Laurin 207 Sheldon Lane Chazy, NY 12921

We will mail your ticket or tickets to you.

# KING LION THOMAS PEPPER

649 Ratta Road, Chazy, NY 12921 Home: 518-846-8404 Cell: 518-569-2734 Work: 518-846-7111 tom.pepper@westelcom.net

# **Global Action Team**

By PID Jerome Thompson, Global Action Team - CA 1 Leader

ear Club Leader:

Greetings from your Global Action Team. I am honored to have the opportunity to lead the Global Action Team in Constitutional Area 1.

In the coming month, as a Lion Leader I would challenge

you to provide the vision of a better tomorrow and to begin to shape the new normal. We must remember that people are most important. Most clubs have spent the past 30 days checking on their members and discussing the best ways to meet. Now it's time to Pivot, Position and Prepare for greater success as we emerge from this crisis victorious.

Consider these three P's for overcoming challenges: PIVOT - Now is the time for each Lion leader, to pivot his or her thought process. Our focus initially was on evaluating those in the club and learning to meet the needs of our members.

I believe it was my third-grade teacher who said, "Every disappointment is the beginning of a new creative period in your life." Ms. Lindenbaum had a way of taking and refocusing us from a bad grade, a disagreement or a home situation to a brighter day that was on the horizon. To this day, some 50 years later, I can visualize her smile.

If she were here today, she would tell each of us that this COVID-19 crisis is an opportunity for us to pivot our thinking from "the way we have always done it" to "the methods of tomorrow". In fact, I believe that we the Lions of the world have advanced a decade or more in our transition to the use of the internet, virtual meetings and digital communication. Will you pivot your thought to the possibilities?

POSITION - I started playing baseball in about the second grade. There was no T-Ball in the 1960s, as far as I can recall. My first coach must have had the patience of Job. I recall he instructed and coached me continually concerning a batting stance, where to stand in right field and on every other aspect of the game. He had an eye for detail and knew where everyone needed to be positioned to win the game.

As Lion Leaders this pause in delivery of services gives each of us the opportunity to Build a Vision, Build a Plan and position all Lion volunteers to Build Success. However, the only way that we know where a Lion can be most effective on the team is to talk with them, understand their talents, acknowledge their interest, and assign them a responsibility that will allow for personal success. When we position our people for success our club succeeds.

PREPARE - Having Pivoted our thoughts to a better tomorrow, positioned our players for success, it is time for us to be prepared to start our journey toward success, as it has been defined by all the Lions of our club. During this wait-and-see period of the coronavirus, let's be like the track star who carefully places his feet at the start gate, shifts his weight on to his legs, looks up toward the finish line and eagerly waits for the race to start.

Shortly, we will be prepared, and we will be serving communities in ways that we never imagined.

# Saratoga Springs Lions Club

**DONATIONS** 

By Lion Barbara Bentley

The Saratoga Springs Lions Club donated \$500.00 to each

I of the following food pantries:
Franklin Community Center Food
Pantry, The Salvation Army, Wilton
Food Pantry, St. Clements, Saratoga
EOC Food Pantry, Shelters of
Saratoga, Presbyterian Food Pantry
and the Saratoga SNACpack program,
spending \$4000.00 to help thousands
in our Community.

In an effort to help our local restaurant partners that have continually supported our Lions fundraisers, we utilized Mama Mia's Restaurant, Panza's, 99 Restaurant in Wilton, Tinney's Tavern, and PJ's BAR-B-QSA to provide a wonderful



Lion Tony Mangano presenting the check for \$500 to the Shelters of Saratoga Food Pantry.

lunch for four consecutive weeks to each of the following



Lion Phil Klein assisting in the delivery of meals to the Saratoga Springs Fire Department.



Lion Lance Ingmire assisting in the delivery of meals to The Wesley Community.

front line workers in the Saratoga Area: Saratoga Hospital, Saratoga Police Department, Saratoga Fire Department (East and West Ave), Empire Ambulance (West Ave), Saratoga Sheriffs Wilton

Barracks, The Wesley Community, Four Winds, and Shelters of Saratoga.



Lion Jon Foster and Lion Giuseppe Grisio, who also owns Mama Mia's Restaurant, assisting in the delivery of meals to Saratoga Hospital.



Lion Phil Klein assisting in the delivery of meals to Empire Ambulance Saratoga.

# KING LION SALVATORE BONSANGUE

12 Waverly Place, Wilton, NY 12831 Home: 518-306-5333 salbonsangue@aol.com

# **CLUB CORRESPONDENCE**

P. O. Box 166, Saratoga Springs, NY 12866-0166 www.saratogaspringslions.com/



# District & Club Resources

# MyLion<sup>®</sup>

# A new world of service to explore.

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In the next few days, we'll announce this exciting news to Lions across the world.

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### **VISIT MYLION™ NOW!**

\*Note: MyLion does not replace MyLCI at this time. If you do not have a login for MyLion, you will be prompted to create one.



# Is your club in The ROAR/MD20Magazine? Let the District and the State know the GREAT THINGS YOUR CLUB IS DOING!

Below are the specifications for each publication.

# **MD/20 MAGAZINE SUBMISSIONS**

**January**, **20**19 ~ **June**, **20**19

ONLY TWO ISSUES will be emailed to include district news.

I will submit everything I receive by the deadline, however submission does not guarantee publication, (I am not the editor). WE ARE LIMITED TO ONE PAGE PER DISTRICT SO PLEASE LIMIT YOUR ARTICLES!

# THE ROAR SUBMISSIONS

THE 28TH OF EVERY MONTH

Everything received by the deadline will be in the next issue. Publication will be the 1st of every month.

### **ARTICLES**

- Digital submission preferred in upper/lower case format.
- Microsoft Word, PDF, or text embedded in an email are acceptable.
- If it is handwritten, it MUST BE LEGIBLE.
- No scanned newspaper articles. Newspaper articles will be accepted IF they are in digital format, and with written permission from the originating publication.
- SPELL CHECK everything, particularly names, titles, club name, etc.

### **PHOTOS**

- Digital submission preferred in JPEG.
- Hard copies are acceptable (Please do not write on the back).
- Hard copy newspaper photos are not acceptable. Digital newspaper photos are acceptable ONLY with a release from the newspaper/photographer, with photographer credit.
- SPELL CHECK everything, particularly names, titles, club name, etc.
- PLEASE MAKE SURE CAPTIONS ARE IDENTIFIED WITH CORRESPONDING PHOTOS!

# **EVENT FLYERS (THE ROAR ONLY)**

- Original documents saved in .jpg, .pdf format or Microsoft Word are acceptable. No scanned documents. Flyers may be "reworked" due to space requirements.
- SPELL CHECK everything, particularly names, titles, club name, etc.

Submissions can be made to **karen@deuxflutes.com** or Lion Karen Rager, 82 Hunter Lane, Queensbury, NY 12804.



# **Lions Hearing Conservation Society of NYS**

# LIONS LOAN-OUT EQUIPMENT

Below is a list of assistive devices available at many of LHCS of NYS's Loan-Out Centers.
(Other equipment may be available upon request)

# **Pocketalker**

Personal amplifier. Ideal for one-to-one communication and TV listening.

# **Whistle Stop**

Phone adapter to prevent feedback from using the telephone with a hearing aid.

# Infrared TV Listening System

Wireless infrared amplification system.

# **Digital Alarm Clock**

Wake to an alarm, a flashing light, or a portable pillow shaker.

# Personal FM System

Wireless portable amplification system. Transmits up to 300 feet. Helpful for an individual or large group situation.

# **Alert Master**

Uses a pillow shaker and a lamp flashing simultaneously to alert you to a smoke detector sounding, door knocking, telephone ringing, and alarm clock activation.

# **Amplified Telephone**

Adjustable volume control with amplified ringer.

# **Cap-Tel Telephone**

Telephone that has both amplification and caption capability. Telephone ringing, and alarm clock activation.

# **Amplified Telephone Ringers**

Provides adjustable ring volume, frequency, and pitch tone.

# **Personal Body Pager**

Pager works with the Alert Master. You wear it to alert to sounds while awake.

# LIONS LOAN-OUT CENTERS

# **Madison Hearing Center**

14 Columbia Circle West Drive, Suite 202 Albany, NY 12203 Voice: (518) 690-2060

# Northeastern Association of the Blind at Albany

301 Washington Avenue Albany, NY 12206 Voice: (518) 463-1211, ext. 241

# Madison & Saratoga Hearing Center

81 Miller Road, Suite 700 Castleton, NY 12033 Voice: (518) 689-0792

# **Center for Better Hearing**

318 Ridge Street Glens Falls, NY 12801 Voice: (518) 638-4363

### **Audiologic Solutions**

361 Fairview Avenue, Suite 350 Hudson, NY 12534 Voice: (518) 631-2564

# Saratoga Hearing Center/Saratoga Medical Arts Bldg.

414 Maple Avenue Saratoga Springs, NY 12866 Voice/TTY: (518) 584-0578

# Schoharie Office for the Aging

113 Park Place, Suite 3 Schoharie, NY 12157 Voice: (518) 295-2001

# **Resource Center for Independent Living**

131 Genesee Street Utica, NY 13503 Voice: (315) 797-4642 Ext. 2928

TTY: (315) 797-5837

# **Capital Region Hearing**

9 West Sand Lake Road Wynantskill, NY 12198 Voice: (518) 326-1742