

## What's inside...

20W News

**Upcoming Events District & Clubs** 

Resources

Who's Who

**GAT Message** 

Calendars

**Cabinet Meetings** 

District & Club

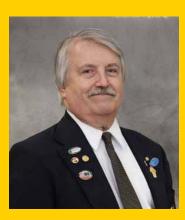
**Event Flyers** 

District & Club
Articles

My Lion Information

Lions Roar Submission

Hearing Loan Out Centers



A message from...



District Governor Rick Brisee

Thope this finds everyone well and safe!

I would like to remind everyone of our upcoming first Cabinet meeting to be held on September 12th at the Fairfield Inn, 5955 US Route 11, Canton, NY.

The entire program is designed for Club Presidents and officers to meet and interact with their respective Zone and Region Chairs, so I hope you can be there and as always, it is open to any Lion to attend.

The District will be offering what I think is an exciting and effective way for new members of your Club to receive orientation on the great works that we do as Lions, some of the ways we serve our communities, learn about the resources available to Clubs, and hopefully spark new and creative ideas on



**submission** 

instructions.

ways to serve our communities.

Included on the agenda will be a portion on communicating with your Zone Chairs, a portion on the North American Membership Initiative that we will be hearing more about, and a workshop on alternative fundraising and service projects during a pandemic.

We had originally planned on holding this at SUNY Potsdam and that seemed to be okay until a couple of weeks ago when the school administration decided they could not risk having any outside groups on campus.

While disappointing, it is understandable as the safety of their students and staff comes first.

With that in mind, we will be following guidelines in Canton with classroom seating where we can socially distance and wear masks. Lunch will be provided individually; thus, no buffet.

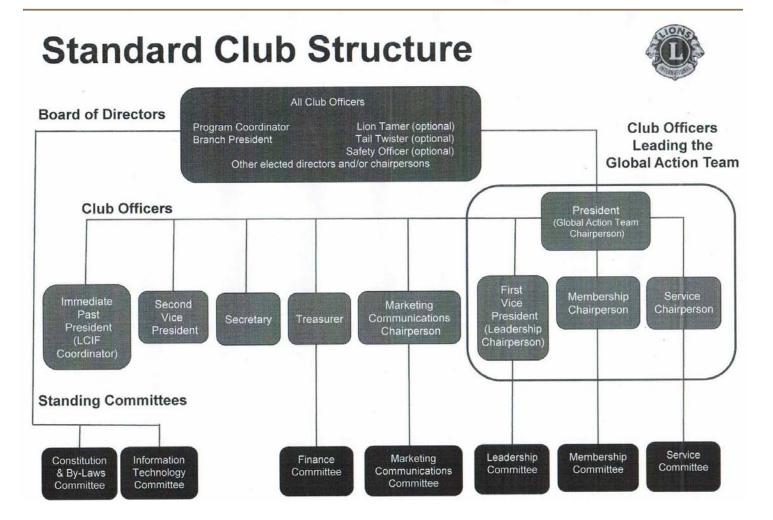
There will be an optional Guiding Lions certification class immediately following the Cabinet meeting.

We can all be encouraged when we hear of Clubs coming up with new and novel ways of keeping members involved and continuing service project within their communities. As Lions, we do not shut down simply because we cannot meet like we did before, we just adapt to our new circumstances. It is what we do.

I hope to see you in Canton, but if not, I hope to see and meet you when I visit your Club.

Yours in Lionism, DG Rick





## 20W Cabinet Officers

### **DISTRICT GOVERNOR**

Rick Brisee (Waterford Lions) 192 Middletown Road, Waterford, NY 12188 Home: 518-235-4988; Cell: 518-209-8812 rbrisee@hotmail.com

### 1st VICE-DISTRICT GOVERNOR

Michele Puleo O'Hare (Bethlehem Lions) 8 Turnberry Drive, Slingerlands, NY 12159 Home: 518-475-1908; Cell: 518-694-6872 Work: 518-463-1211 x 241 dgmicheleohare@gmail.com

### **CABINET SECRETARY**

Barbara Bentley (Saratoga Springs Lions) P. O. Box 1031, Guilderland, NY 12084 Cell: 518-894-1375 bbentley@saratogaspringslions.com

### 2nd VICE-DISTRICT GOVERNOR

Ricky Laurin (Chazy Lions) 207 Sheldon Lane, Chazy, NY 12921 Home: 518-846-7269 jana5652@yahoo.com

### **CABINET TREASURER**

Eric Unislawski (Greater Johnstown Lions) P. O. Box 31, Johnstown, NY 12095-0031 Cell: 518-669-2903 jeneric39@juno.com

### **3rd VICE-DISTRICT GOVERNOR**

Your Name Here!



### **IMMEDIATE PAST DIST. GOVERNOR**

Edwin Pike (Galway Lions) 3037 County Highway 10, Amsterdam, NY 12010 Home: 518-842-2994; Cell: 518-423-9128 weski48@yahoo.com

### **REGION AND ZONE CHAIRS**



ZONE A: Clinton, Deerfield, Greater Herkimer, Holland Patent.

ZONE B: Marcy Telephone, New Hartford, New York Mills Whitestone, Sauquoit Valley, Utica.



ZONE A: Ballston Spa, Galway, Greater Amsterdam, Saratoga Springs, Scotia/Glenville, Town of Greenfield.

ZONE B: Broadalbin/Perth, Central Mohawk Valley, Fonda/ Fultonville, Greater Johnstown, Northville/Sacandaga, Speculator.



ZONE A & B: Albany & Troy, Bethlehem, Duane, Greater Ravena Area, Town of Wright/ Schoharie/Vly, Waterford.



ZONE A: Glens Falls, Hadley Luzerne, Long Lake, Newcomb, Town of Schroon.

ZONE B: Cambridge, Greenwich, ZONE B: Chazy, Lake Placid, Mechanicville/Stillwater, Schuylerville, Town of Hoosick.



ZONE A: Clifton Fine, Edwards, Gouverneur, Heuvelton, Lisbon, Louisville, Ogdensburg, Quad Town, Raquette River.

Malone, Peru, Plattsburgh, Saranac Lake, Tupper Lake.

### **REGION CO-CHAIRS**

Bill O'Mara (Clinton Lions) 131 Sanford Avenue, Clinton, NY 13323 Home: 315-853-5973 Cell: 315-527-8381 billo4077@yahoo.com AND

Jim Winkler (Clinton Lions) 136 Utica Road, Clinton, NY 13323 Home: 315-853-6355 Cell 315-601-4038 Wink8@aol.com

Holly McConchi (Galway Lioness) 2491 Northline Road, Galway NY 12074 Home: 518-882-6516 hmcchoncie@aol.com AND

Bob Pandori (Galway Lions) 5525 Crooked Street Broadalbin, NY 12025 Home: 518-882-6944 Cell: 518-461-3058 rpandori@yahoo.com

### **REGION CO-CHAIRS REGION CO-CHAIRS**

Liza and BobTougher (Bethlehem Lions) 16 Candlewood Lane Delmar, NY 12054 Home: 518-439-0399 Cell: 518-763-3329 Pansymoo@aol.com

### **REGION CHAIR**

Your Name Here!



### **REGION CHAIR**

Your Name Here!



### **ZONES "A" AND "B" CO-CHAIRS**

Bill O'Mara (Clinton Lions) 131 Sanford Avenue. Clinton, NY 13323 Home: 315-853-5973 Cell: 315-527-8381 billo4077@yahoo.com AND

Jim Winkler (Clinton Lions) 136 Utica Road, Clinton, NY 13323 Home: 315-853-6355 Cell 315-601-4038 Wink8@aol.com

### **ZONE "A" CHAIR**

Edward Moore (Ballston Spa Lions) 44 Chester Street, Ballston Spa, NY 12020 518-852-3246 emoore4@nycap.rr.com

### **ZONE "B" CHAIR**

Robert Townsend (Broadalbin-Perth Lions) 805 County Highway 126 Amsterdam, NY 12010 Home: 518-843-6553 rtownsen@nycap.rr.com

### **ZONE "A" AND "B" CHAIR**

Florence Brisee (Waterford Lions) 192 Middletown Road Waterford, NY 12188 Home: 518-235-4988 fbrisee@hotmail.com

### **ZONE "A" CHAIR**

Kassey Granger (Glens Falls Lions) 22 Whippoorwill Road Queensbury, NY 12804 Home: 518-223-0633 kassey.granger@gmail.com

### **ZONE "B" CHAIR**

Lettie Saheim (Mechanicville-Stillwater Lions) 117 Hansen Road Mechanicville, NY 12118 518-753-7867 lsaheim@nycap.rr.com

### **ZONE "A" CHAIR**



### **ZONE "B" CHAIR**



### **COMMUNICATIONS AND MARKETING TEAM**

### **District Coordinator**

Michael Murtagh (Quad Town Lions) P. O. Box 161, Winthrop, NY 13697 315-389-4165 outageco@yahoo.com

#### **Facebook Administrator**

PDG James Griffith (Cambridge Lions) 119 East Main St, Cambridge, NY 12816 Home: 518-252-1070; Cell:315-269-5370 PDGJamesGriffith@gmail.com

### **Website & Directory Director**

Jerry Gordon (Albany & Troy Lions) 15 Hyland Circle, Troy, NY 12182 Home: 518-235-8232 jerrygordon@juno.com

## Facebook Editor & District Photographer

Lion Barbara Bentley (SaratogaSprings Lions)
P. O. Box 1031, Guilderland, NY 12084
Cell: 518-894-1375
bbentley@saratogaspringslions.com

### Newsletter & MD20 Magazine Directer

Karen Rager (Glens Falls Lions) 82 Hunter Lane, Queensbury, NY 12804 Home: 518-798-3143 karen@deuxflutes.com

#### **WEB SITES**

District 20-W: 20WLions.org Revisions to this directory: bit.ly/20Wdirectory 20W Facebook page: bit.ly/facebook20w Multiple District 20: MD20Lions.com Lions International: LionsClubs.org

## **District Notes**

First District 20W Cabinet Meeting

\* Meeting will be held \*
in compliance with
CDC recommendations
including social distancing.

IMPORTANT

Saturday, September 12, 2020 Fairfield Inn - Canton 5955 Rte. 11, Canton, NY 13617 9:00am Registration

\$20/pp (includes lunch)



A Very Informative Meeting is Scheduled, ESPECIALLY for Region Chairs, Zone Chairs, and Club Presidents! It's VERY important that you attend!

How clubs can hold service projects during the pandemic.

Membership Reporting and Orientation

NAMI The North American Membership Initiative

Optional Guiding Lion Session Following the Cabinet Meeting

### District Governor's Visitation Schedule for 2020 - 2021

### Alphabetical Chronological

D 41.1	0 + 21	g .: G1 .:11	0 15
Bethlehem	Oct 21	Scotia-Glenville	Sep 15
Broadalbin Perth	Jan 14	Ogdensburg	Sep 17
Cambridge	Apr 21	Mechanicville-Still	Sep 28
Cent Mohawk Valley	Oat 20	Lisbon	Oct 6
Chazy	Oct 20	Hadley-Luzerne	Oct 7
Clifton-Fine Clinton	Oct 12 Feb 25	Peru Clifton-Fine	Oct 8 Oct 12
Deerfield	Feb 10	New Hart NYM White	
Duane	Feb 3	Northville Sac	Oct 13 Oct 15
Edwards	Nov 9		Oct 19
Fonda & Fultonville	Mar 10	Town of Wright/Schoh	Oct 19
	Jan 11	Chazy Bethlehem	Oct 20
Galway Glens Falls	Jan 11 Jan 26	Lake Placid	Oct 21
Gouverneur	Jan 20		Oct 20
Greater Amsterdam		Long Lake Newcomb	Oct 27
Greater Herkimer	Jul 23		Nov 2
	Jul 23 Jan 27	Plattsburgh	Nov 4
Greater Johnstown Greater Ravena		Albany & Troy Greenwich	Nov 4 Nov 5
Greenwich	Apr 28 Nov 5	Edwards	Nov 9
	Oct 7	Town of Greenfield	Nov 9 Nov 11
Hadley-Luzerne Heuvelton	Oct /	Town of Schroon	Nov 11 Nov 16
Holland Patent	Nov 17	Holland Patent	Nov 16 Nov 17
Lake Placid	Oct 26	Louisville	Nov 17 Nov 18
Lisbon	Oct 6	Utica	Dec 7
	Oct 27		Dec 7
Long Lake Louisville	Nov 18	Speculator Waterford	Jan 6
Malone			Jan o Jan 11
	Apr 14 Jul 1	Galway Broadalbin Perth	Jan 11 Jan 14
Marcy Telephone Mechanicville-Still			Jan 14 Jan 20
New Hart NYM White	Sep 28 Oct 13	Ballston Spa Town of Hoosick	Jan 20 Jan 21
Newcomb	Oct 28	Glens Falls	Jan 21 Jan 26
Northville Sac	Oct 15		Jan 26 Jan 27
		Greater Johnstown	Feb 3
Ogdensburg Peru	Sep 17	Duane	_
	Oct 8	Deerfield	Feb 10
Plattsburgh	Nov 2	Clinton	Feb 25
Quad Town	Apr 8	Raquette River	Mar 2
Raquette River	Mar 2	Tupper Lake	Mar 4
Saranac Lake	I 7	Fonda & Fultonville	Mar 10
Saratoga Springs	Jan 7	Quad Town	Apr 8
Sauquoit Valley		Malone	Apr 14
Schuylerville	C 15	Cambridge	Apr 21
Scotia-Glenville	Sep 15	Greater Ravena	Apr 28
Speculator Co. 11	Dec 17 Nov 11		
Town of Greenfield			
Town of Hoosick	Jan 21		
Town of Schroon	Nov 16		
Town of Wright/Schoh	Oct 19		
Tupper Lake	Mar 4		
Utica	Dec 7		
Waterford	Jan 6		

sessions! Watch your email inbox for more events to come in the months ahead!

If you haven't already done so, go ahead and login to MyLion and register for online training in the "LEARN" section. The Lions Learning Center courses found there offer a wealth of excellent self-guided training subjects.



## **Club Officers**

### **New for Club Officers!**

The new Standard Club Structure provides organizational guidance for your club in planning and implementation of all of its goals, providing needed community service and building great friendships in your club.

There is now a special webpage created for each of you, to make it easier to get to the resources that will help you be successful in your unique club leadership position.

- Club President / First Vice President
- Club Secretary
- Club Treasurer
- Club Membership Chair
- Club Service Chairperson
- Club Marketing Communications Chairperson
- Club LCIF Coordinator

Please use this link to begin your online training and access e-Books and more resources:

www.lionsclubs.org/en/resources-for-members/resource-center/club-officers

## **UPCOMING EVENTS**

### **International and MD20 Events**

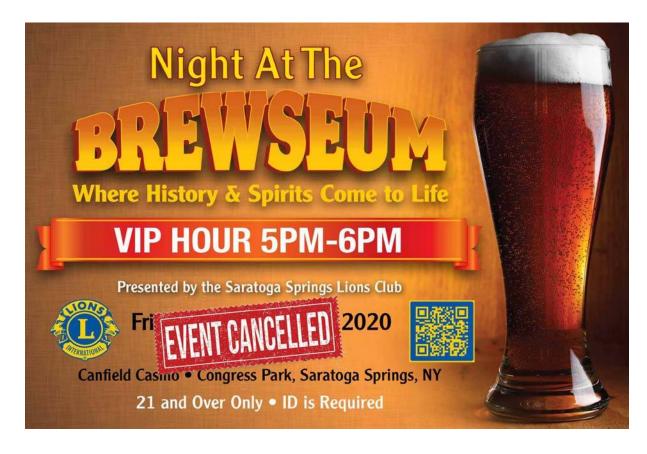
LCI Advanced Lions Leadership Institute, Chicago, IL	Nov 9-11, 2020
Lions Day at the United Nations, NYC	March 20, 2021
2021-2022 Lions Club Officer Reporting Due	May 15, 2021
MD-20 NYS & Bermuda Convention, Syracuse, NY	May 14-16, 2021
LCI 103rd International Convention, Montreal	June 25-29, 2021

### FOR MORE INFORMATION AND EVENTS

20WLions.org ~ members.lionsclubs.org/EN/events/calendar.php

### District 20W 2020 - 2021 Club Events

Red Cross/Glens Falls Lions Club Annual 9/11Blood Drive	September 11, 2020
Galways Lions 21st Annual Rosie's Walk for Diabetes	September 12, 2020
Guiding Lions Training, 1st Cab Meeting	September 12, 2020
NABA Golf Tournament	September 14, 2020
Herkimer Lions 34th Annual Golf Tournament	September 25th
Galway Fire/Lions Vintage Camper Rally and Car Show	September 25 - 27, 2020
Glens Falls Lions 17th Annual Golf Tournament	Saturday, October 10, 2020
MD-20 Lions Leadership Institute	October 22-24, 2020
Glens Falls Lions/Big Brothers Big Sisters Bowl for Kids Sake	November 1, 2020
Guiding Lions Training, 2nd Cab Meeting	November 14, 2020
Lighting of Galway Lioness Memory Tree	November 29, 2020





### 1st CABINET MEETING for LIONS DISTRICT 20W

## SATURDAY, September 12, 2020 Fairfield Inn Canton 5955 Route 11, Canton NY 13617

9:00 AM Registration - Meeting - Lunch - Optional Guiding Lion Session Meeting Start Time 9:30 \$20 per person

(Lunch Included)

The meeting will be held in compliance with CDC recommendations including social distancing and, at this time, a limit of 50 people in attendance. Registration will be on a first come-first serve basis.

## A VERY informative meeting is scheduled, ESPECIALLY for Region Chairs, Zone Chairs and Club Presidents. It's VERY important that you attend!!

Please share this with all of the members in your club and encourage them to attend!

### **Hotel Information:**

A room block has been set up at both the Holiday Inn Express Canton and The Fairfield Inn Canton for Friday 9/11/20-9/12/20.

The rates and hotel information is as follows: (Please refer to each hotel's website for their cancelation policy)

Holiday Inn Express - 6000 US 11, Canton NY 13617

\$89.00 + tax/night

The Holiday Inn will hold the rooms until 9/4/20. After this date, the rooms at our negotiated rate will be released.

To make reservations, you may contact them directly at 315-386-1161 and refer to Lions Club room block.

Fairfield Inn - 5955 US 11, Canton NY 13617

\$139.00 + tax/night

Fairfield will hold our room rate until 8/25.

To make reservations, you may contact them directly at 315-379-9222 and refer to Lions Club room block.

The cost is \$ 20.00 per person. Please mail your check to: CS Barbara Bentley ~ PO Box 1031 Guilderland, NY 12084 Make checks payable to: District 20W Lions Clubs.





### Registration:

V------

If you are attending, please send this form and your check for \$ 20.00 to: CS Barbara Bentley, PO Box 1031 Guilderland, NY 12084.

Make checks payable to: District 20W Lions Clubs.

Please return this no later than Friday, September 4, 2020.

If you have any questions, please do not hesitate to contact me at 518-894-1375 or <a href="mailto:bbentley@saratogaspringslions.com">bbentley@saratogaspringslions.com</a>.

Lion Barbara Bentley Cabinet Secretary			
# Attending:	Name(s):		
Club :	Email:		
# Attending: Optional Guiding Lion Session following the Cabinet Meeting			
	Optional Guiding Lion Session following the Cabinet Meeting		

The meeting will be held in compliance with CDC recommendations including social distancing and, at this time, a limit of 50 people in attendance. Registration will be on a first come-first serve basis.

## 2020 Rosie's Walk/Run for Diabetes

Our 21st year - "THE VIRUS VERSION"

Because of the Pandemic

## You Have Options!!

Join us in Person on September 12, 2020

From 9:00 a.m. to 11:00 a.m. (individual starting)

OR

Walk or run 3.8 miles anyplace or anytime. Fill out the pledge sheet on the other side and you are in business.

Our 2020 Recipients – <u>American Diabetes Association</u>

<u>Juvenile Diabetes Research Foundation</u>

<u>The Galway Lions Community Fund</u>

### You can help by:

- 1) Contributing to our designated walkers (send contributions to P.O. Box 244, Galway, New York 12074)
- 2) Finding sponsors and walking or running yourself!

### Please support our cause and help us reach our goals.

If you would like to contribute but can't walk; please let us know and we will have our Designated Walkers walk in your behalf!
For more information call: John Sutton – (518) 882-9630 or (518) 577-3975 or Bob Eaton (518) 275-3697

You can find the whole packet at the Galway Lions Website www.galwaylionsclubny.org

or the District 20 Website www.e-district.org/sites/20w/



### **Dear Club Leader,**

The coronavirus (COVID-19) pandemic has impacted the work of Lions around the world. In many cases, it has also created financial hardships for our Lions and the people for whom we care.

To support the incredible men and women serving with us, the International Board of Directors has passed a resolution to help our clubs.

### Here is an overview of the resolution approved by the Board of Directors:

**Flexible payments** – No clubs will be suspended or cancelled through December 31, 2020 for late payment of dues.

**Charter and entrance fees waiver** – We have waived all charter and entrance fees from July 1 – December 31, 2020.

These measures will help Lions facing financial hardships, and give our clubs hope, encouragement, and an opportunity to start the new Lion year with renewed energy and optimism.

This may be a time of great need, but we will overcome this together. For more than a century, Lions have taken on the greatest challenges facing humanity. That is who we are, and what we do.

So let us stand together. And let us remember just how important we are to our communities and the world.

Regards,

Dr. Jung-Yul Choi International President



Lunch &

Registration

11 am

# Greater HERKIMER LIONS CLUB "34th ANNUAL" GOLF TOURNAMENT



BENEFITING LOCAL CHARITIES

Friday, September 25th, 2020

### Stonebridge Golf & Country Club

2340 Graffenburg Rd Frankfort, NY 13340

### TYPE OF TOURNAMENT

4 Person Scramble (Mens & Ladies Division if required)

### Open Bar ~ Awards ~ Dinner

 $\nearrow$  @ Stonebridge Golf & Country Club following the tournament

Open Bar 5-6 pm / Awards and Dinner at 6 pm

Please complete form and return it with check to the address below. If you would like to play with your own 4-some, please sign up all players.

Shotgun Tee Off 12 noon

### TEAM REGISTRATION FORM

	TEAM REGISTRATION FORM	
Name:	Phone:	
Address:	E-mail:	
Name:	Phone:	Y-7. 1
Address:	E-mail:	
Name:	Phone:	
Address:	E-mail:	
Name:	Phone:	
Address:	E-mail:	

### Contests & Prizes!!

Closest to the Pin, Longest Drive, Straightest Drive - Putting Contest
Hole in One Prizes: NEW CAR donated by Steet-Ponte Chevrolet Inc!
PLUS MANY MORE PRIZES!

Best Tournament Value in the Mohawk Valley: \$125 per Player

ALL INCLUSIVE - includes golf, cart, ALL contests, lunch, dinner, 1 hour open bar at conclusion of golf, on course refreshment, contests on the course except Closest to Pin.

Guest dinner cost: \$35

Please send entry form & check made payable to: Greater Herkimer Lions Club PO Box 171, Herkimer, NY 13350

For more information call Golf Chairperson: Rudy Scialdo II at 315-866-2011 Registration appreciated by Friday, September 4th 2020

Lunch & Cocktails All Day On The Course

This is one of the best tournaments in the area – excellent prizes for the winners (CASH, GOLF CLUBS AND MORE!) As well as great door prizes (FOR EVERY GOLFER!), and a great dinner afterwards.

Celebrating the Lions International 103rd Year Anniversary!

## Wearing a mask with your hearing aids



### Clever tips to protect your ears and hearing aids while wearing a mask



If you have long hair, pull it back into a bun and loop the elastics around the bun.



Create a "mask extender" out of fabric or ribbon about 4 inches long. Buttons sewn on either side allows for a place to put the elastic other than your ears.



Sew 2 large buttons onto a soft headband, placing the buttons to line up with each ear. Looping the elastic around each button will take the strain off your ears.



Use masks with string or ribbons that tie in the back. There are YouTube videos on creating masks that tie, which puts absolutely no pressure on the ears.

## Communicating when wearing a mask



Speak slowly, clearly and at a normal volume.



Rephrase remarks when not understood.



Take turns when speaking.



Make sure hearing aid users have them on.



Keep background noise in the room to a minimum.



Face each other (at a safe distance).

### When removing your mask...

Check to make sure hearing aids are still in place after removing a mask as they may come off with mask removal.





## Memory Tree Galway Lioness Club

The Galway Lioness announces the 26<sup>th</sup> annual Memory Tree in the Village Park by the bandstand. Our memory tree will be lit with bulbs donated by individuals wishing to remember loved ones during the Christmas season. It is an annual holiday tradition and bulbs can be purchased each year. There is a \$1.00 donation requested per bulb for each individual name submitted. All proceeds will be used for our Community Fund listed below. Names may be submitted until December 31<sup>st</sup>. Tree will be lit through end of January.

Anyone interested in buying a bulb in memory of someone special may submit that person's name and donation to the Galway Lioness Club.

A list of names of those to be remembered will be posted in the Memory Book, location TBD. Each name will be listed only once. Angels next to the names will indicate additional remembrances.

Community Fund projects we donate to include local Holiday and Spring basket programs, Lions Eye Bank at Albany, Lions Foundation, flags for Memorial Day, Hospice of Saratoga, Regional Food Bank for Galway, Town of Galway Summer Program, the Gateway House of Peace, the Annual Senior Class Breakfast, and a scholarship for a Galway High School senior.

Please join us for the tree lighting on November 29. 2020 at 5:30 PM. Bring a flashlight. After the tree is lit, due to uncertainty with COVID-19, location of the ceremony of reading the names, carol singing and possible refreshments are unknown at this time and will be communicated closer to the lighting date in both the Galway Get Together and the Daily Gazette Community News listing.

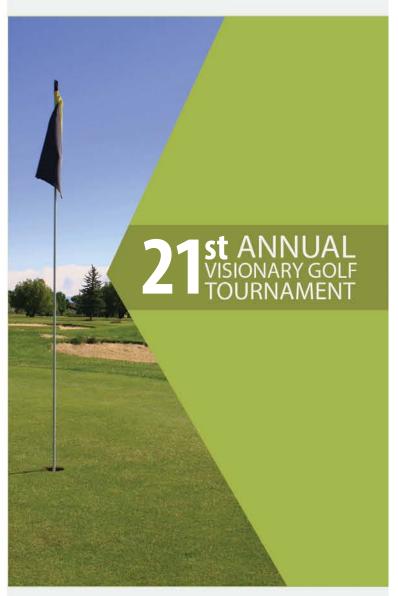
The members of the Galway Lioness Club wish to express their gratitude for your support throughout the year and wish you a joyous Christmas season.

Examples of the way names should be listed (\$1.00 per name):
In memory of Mrs. Jane Smith = a \$1.00 donation
In memory of Mr.& Mrs. John Smith = a \$2.00 donation
Donated in memory of:
Total amount enclosed \$ Make checks payable to the Galway Lioness Club.
My name isand I can be reached by phone at
(in case we need to discuss your remembrances).
Detach and return to Galway Lioness Club, PO Box 502, Galway, NY 12074

NON-PROFIT ORG. U.S. POSTAGE PAID ALBANY NY PERMIT #287

Northeastern Association of the Blind at Albany, Inc. 301 Washington Avenue Albany, New York 12206





### **WOLFERTS ROOST COUNTRY CLUB**

ALBANY • NEW YORK

MONDAY SEPT 14

## GOLFER REGISTRATION

## **SPONSORS**

PLAYER 1	
ADDRESS	
	-
PHONE	
EMAIL	
HANDICAP	
PLAYER 2	
ADDRESS	
PHONE	
EMAIL	
HANDICAP	-
DI AVED S	
PLAYER 3	-
ADDRESS	
PHONE	
EMAIL	
HANDICAP	-
PLAYER 4	
ADDRESS	
HUUHESS	
PHONE	
EMAIL	
HANDICAP	

### **VISIONARY SPONSOR:**

Glaucoma Services, P.C. Dr. Paul S. Fellenbaum

### **COURSE SPONSOR:**

Jim Watkinson First Vice President – Branch Director



Wealth Management

A division of RBC Capital Markets, LLC, Member NYSE/FINRA/SIPC.

### **OPEN SPONSOR:**











### **BEVERAGE STATION SPONSOR:**



SPECIAL THANKS TO:



PUTTING GREEN SPONSOR



### THE PUTTING CONTEST IS SPONSORED BY:

Knapek, Gabriele & Bottini, LLP
Certified Public Accountants







### WHO ARE WE?

For 80 years, Glens Falls Lions have served the needs of our community as part of Lions Clubs International, the world's largest service club organization. WE SERVE!

#### WHAT WE DO.

### LOCAL.

The Glens Falls Lions Clubs provides funding for glasses, eye exams, and hearing aids for qualified area residents, as well as pre-school vision screenings for children throughout the area.

### REGIONAL.

Together with other area Lions Clubs we purchased a Dental Van for area school children, raised funds for needed eye surgical equipment at Glens Falls Hospital, and helped lay the groundwork for the establishment of the Lions Eye Institute in Albany, NY, where more than 30,000 adults and 5,000 children are treated there each year.

### INTERNATIONAL.

Lions are there when disaster strikes, supporting both local and global needs. Earthquakes, Hurricanes, Flooding. The Glens Falls Lions have supported those in need because of natural disaster around the world.

	<b>WAYS YOU CAN HELP</b>
K	<b>GLENS FALLS LIONS</b>
U	MISSIONS!

For more information on Glens Falls Lions, please contact us.

P.O. Box 528, Glens Falls, NY 12801 518-798-3143 www.glensfallslions.org
Like us on

1.	"SPONSOR A TEAM" - \$90/Person	\$
	Player 1	
	Player 2	
	Player 3	
	Player 4	
2.	"SPONSOR HOLE/TEE" - \$100 Your Company Logo on a sign at a Hole or Tee. Your Choice!	\$
3.	"SPONSOR EVENT" - \$1000  Your Company Logo on the Event Banner and complimentary foursome with dinner.	\$

### THANK YOU FOR YOUR SUPPORT!

Please make checks payable to Glens Falls Lions Club and send to: P. O. Box 528, Glens Falls, NY 12801

LAST DAY FOR REGISTRATION ~ Thursday, October 1, 2020!



## **Hand Sanitizer**



## \$5 per bottle, or buy 4 and get 1 free (save 25%!)

## Get yours today by contacting Ruth Sano at 518-859-3796 or albanytroylions@gmail.com

- ♦ All proceeds benefit the Albany & Troy Lions Club and Grateful Villages
- FDA registered and approved hand sanitizer
- ♦ Made to W.H.O. standards
- ♦ 75% isopropyl alcohol for maximum efficacy
- Contains aloe for moisturizing and counteracting the drying effects of alcohol
- Only two ingredients; a natural product without the unwanted filler of industrial sanitizers
- Fine-mist spray applicator covers hands with just the right amount
- Glass bottles and high-quality packaging avoid single-stream waste and unnecessary plastics
- Sanitizer bottles are made to be refillable at local refill stations like the Honest Weight Food Coop





### **Drug Facts**

Active Ingredient: Isopropyl Alcohol 75% v/v Purpose: Antiseptic

**Use:** Hand Sanitizer to help reduce bacteria that potentially can cause disease. For use when soap and water are not available.

Warnings: For external use only.
Flammable. Keep away from heat or flame.

**Do not use:** - in children less than 2 months of age - on open wounds.

When using this product: keep out of eyes, ears, and mouth. In case of contact with eyes, rinse eyes thoroughly with water.

**Stop use and ask a doctor** if irritation or rash occurs. These may be signs of a serious condition.

**Keep out of reach of children.** If swallowed, get medical help or contact a Poison Control Center right away.

**Directions:** Place enough product on hands to cover all surfaces. Rub hands together until dry. Supervise children under 6 years of age when using this product to avoid swallowing.

Inactive Ingredient: Aloe Vera | NDC: 76829-720-02

**Store** between 15-30°C (59-86°F) Avoid freezing and excessive heat above 40°C (104°F)

## Spread the word, not the germs.

## Masks are two-ply cotton separated by a coffee filter, and they're only \$10 each.



Can be hand-washed with a mild dish detergent like Dawn®. After the masks are made, they're washed, sprayed with antiseptic hydrogen peroxide and placed into a zippered plastic bag.



Albany & Troy Lions can call or email Jerry. This order form is for Lions from other clubs.

Mask Order Form			
	Quantity	Total \$	
Masks @ \$10			
S & H (or contact Jerry to arrange delivery)			
1-2 masks: \$1; 3-4: \$2; 5-6: \$3; 7-8: \$4; 9	9-10: \$5.  >10, ask		
	Total:		
Name			
Address			
City, ST ZIP			
Phone Email			
Club			
Make check payable to ALBANY & TROY LIONS CLUB and mail with this form to:			
Lion Jerry Gordon, 15 Hyland Circle, Troy, NY 12182-1690			
Questions? jerrygordon@juno.com or 518-235-8232			



## **Program Benefits**



No-cost, single vision or bifocal glasses for qualified patients



Use of one account to process all of your charitable work



Real-time account creation and access to immediate ordering



Free trial collection of frames with 30 styles, sizes 42-58



Library of resources that includes best practices & guides



Join a community committed to making a difference

## **For Eye Doctors**

Changing Life through Lenses<sup>™</sup>, an Essilor Vision Foundation platform, is a first-of-its-kind charitable solution which provides no-cost glasses to help you expand charitable efforts within your community.

The site provides real-time registration with immediate ordering of eyeglasses and frames, referral tracking and access to educational resources on how to engage in the community.

### **Qualified Patients**

- Individuals at or below the poverty level without vision insurance for this pair of glasses as reasonably determined by the provider
- No age or citizenship restrictions

### Make a Positive Impact Today

Did you know 1 in 4 children in the U.S. have a vision problem that affects their ability to learn? 80% of all vision impairment can be prevented or cured. Without charitable eye doctors, millions of children would be unable to obtain vision services.

### Questions?

View the demonstration video and register at changinglifethroughlenses.org or contact support@evfusa.org.





### **DOES YOUR ORGANIZATION FOCUS ON SCREENING?**



Spread the Word: Go to eye doctors in your community and tell them about the program.



**Share Information:** Use the reverse side of this flyer and encourage eye doctors to register.



Send Qualified Patients: Begin sending qualified patients to the eye doctors who are now enrolled in the program.

### **DO YOU ALSO PROVIDE EXAMS + DISPENSE GLASSES?**



Visit the Website: Visit changinglifethroughlenses.org to educate yourself on the program.



**Consult with Your Organization:** Review the program benefits and requirements with your team.



Create an Account: Register at changinglifethroughlenses.org and gain access to immediate ordering.

### QUESTIONS?

View the demonstration video and register at changinglifethroughlenses.org or contact support@evfusa.org.





## Club Excellence Awards

## Make it your club's tradition to achieve excellence every year!

Clubs that excel in community service, membership growth, communications and organizational operations may qualify for the prestigious Excellence Awards.

Please use the qualifications outlined in the club excellence award application as your road map to excellence.

Is your club striving to finish the year with a net growth in membership?

Will your club participate in at least three service projects?

Are you promoting your club's events or activities to the community?

If you answered yes to these questions, you may be eligible for the Club Excellence Award.

The Club Excellence Award is more than an award... it is proof that your club is STRONG!

For questions, inquiries or to submit your Club Excellence Award Application you may contact us by email clubexcellenceaward@lionsclubs.org or by phone (630) 468-6890

Make achieving the award a winning tradition!

2018-2019 Club Excellence Award Application

Deadline date to submit your Club Excellence Award Application is August 31st.

(See application on the next page)



### 2018-2018 CLUB EXCELLENCE AWARD APPLICATION.

Oub must be chartened prior to January 1 of the listed year to quality. Application Date Club Number Club Name Member Number 2018-2019 Club President's Name 2019-2019 Club President's Email Address. 1. MEMBERSHIP 2. SERVICE: Achieved a Net Growth ob Started a new service project. Consider one of our. OΠ Global Caseaul Chartered new Lione club or Club Bearch; Name of club or branch: AND. Bupperlad member retention by increasing. OFI member estisfection Organized a new Leo Club Outline strategy: \_ Enhance Membership Service Value & Reach New Impact & Focus Contributed to LCIF. Markets Sand at Arne 20 autobie mantarato rapal Reshape Public Opinion & Pursue Club, 2. ORGANIZATIONAL EXCELLENCE 4. MARKETING AND COMMUNICATION District and Organizational Improve Club is in Greed Standing: Not in Status Quo Excellence Visibility or Financial Buspension. Clairict dues paid The club has publicized its service activities. and no unpaid balance with LCI greater. trough local media or excial media as than UE\$60 cutatending 90 days or more. noted below: AND Key Officers perficipate in one or more of the following. leadarchip training events: □ Dietrict Multiple Dietrict OFI ☐ Webbern Liona Learning Center D Club Quality Initiative ☐ The club utilized eocial media to promote club activities and

reported to Liona Clubs International as noted below:

District

Due by: August 81, 2019

Dete

 Improved dub operations improvements include: \_\_\_

AND

Send to: plub oper lapsease of Chapellube, and or fax to (830) 708-9245.

Awards Mailed to: 2019-2020 Elektet Governors

"If sent from district governor's registered email, it qualifies as signature on applications submitted electronically.

Disqualified clubs have 12 months from original due date to request a review.

2019-2019 District Governor's Signature\*

Member Number





1st PRIZE **\$2500** 

2nd PRIZE **\$1000** 

**3rd PRIZE \$500** 

**\$20** per ticket

**Drawing held December 3, 2020** 

For tickets contact:

Lion Lettie Saheim 518-753-7867

e-mail: lsaheim117@gmail.com

Lion Victoria Adler 518-489-7606

e-mail: vadler@lionseyebankalbany.org

## proceeds to benefit

Lions Eye Bank at Albany / Rochester

**Sight-Saving** . Life-Changing

## District & Club Articles

## HOW TO GET THE DISTRICT NEWSLETTER FOR



- 1. GO TO 20WLions.org
- 2. Find "To sign up for the District newsletter, click here" at the bottom of the blue box.
- 3. Fill in requested information.
- 4. Submit!

It's as easy as that! You will recieve the newsletter each month in your email.

## Galway Lions Club 21ST ANNUAL ROSIE'S RUN FOR DIABETES THE "VIRUS VERSION"

By Lions Bob Eaton and John Sutton

We sincerely appreciate the generosity of the Galway community which has allowed us to raise some \$200,000 over the 21 years of Rosie's Walk for Diabetes. The Galway Lions are happy to announce that Rosie's Walk will return for its 21st year this September 12, although in a slightly modified "Virus Version". For the third year, Rosies will start at the Lion's Building and the route will again not require the crossing of any roadways.

## MOVEMENT IS THE ENEMY OF TYPE 2 DIABETES!

Pandemic Modifications will include in person participation and virtual participaation.

Our dream is that a walk for Rosie turns into a regular habit for our walkers!

You can find the whole packet at the Galway Lions Website www.galwaylionsclubny.org

or the District 20 Website www.e-district.org/sites/20w/

See page 10 of the Roar for the Flyer

### KING LION JOHN SUTTON

P. O. Box 97 Galway, NY 12074 Home: 518-882-6755 johns147@aol.com

### **CLUB CORRESPONDENCE**

galwaylionsclubny.org



## **Childhood Cancer Awareness**

## SEPTEMBER IS CHILDHOOD CANCER AWARENESS MONTH

By Lion Diane Lange

Please wear your yellow ribbons to support these amazing children!!!

When a child is diagnosed with cancer the whole family is impacted. At least one parent stays with their child at the hospital after diagnosis. Many families lose at least 1/3 of their income and the statistics are even worse with the Covid 19 virus. Parents are losing more of their income due to lay offs and loss of their jobs. One parent told me they are on a "financial and emotional" roller coaster.

How can Lions help? \*\*GIFT CARDS\*\*

They can be handed out to parents at the Melodies Center at Albany Med. by the Child Life Specialist or at the Ronald McDonald House or in the Hope Bags. If each Lions Club member could purchase one \$10 gift card to donate, WOW! We could really make an impact in these families lives. Gift Cards include gas cards, Stewarts, Dunkin Donuts, Walmart, Price Chopper, Hannaford, CVS, and Paneras. As a club you can collect gift cards and send them to Diane Lange, 14 Jacob Drive, Ganesvoort, N.Y. 12831. I will be happy to deliver them in your clubs name.

I still need the name and contact information of your clubs Childhood Cancer Chairperson.

## PEDIATRIC CANCER CHAIR DIANE LANGE

14 Jacob Drive, Gansevoort, NY 12831 Phone: 518-409-4321 Cell: 518-527-1926 skipper2dfl@yahoo.com.

## **District Directory Online!**

bit.ly/20Wdirectory

If you find anything that should be changed or corrected, please let us know with an email to directorychange@20wlions.org

## **Clinton Lions Club**

By Lion Jim Winkler

To assist those most severely affected by the current economic downturn, our local country pantry was able to obtain food to accomplish a supplemental food distribution this month. On a rather warm August 3rd, nine club members joined other community members for the pantry's regular monthly food distribution. Over 600 families received produce, frozen meats, canned goods and personal hygiene items in our now customary, drive-through manner in the parking lot. Clients remained in their vehicles wearing masks. It's always rewarding to hear the appreciative comments of the clients as we packed their vehicles with food for them and their families in their time of need.

On August 20th and 21st, eleven club members prepacked food bags for 125 seniors and the neediest families of some of our school children. These bags were

bags were transported from the packing area



Clinton Lions Bill O'Mara, Jim Winkler, Bob Maxam and Garry Colarusso greet shoppers at our weekly Farmer's Market on the Village Green and collect donated food items and financial donations for our local country pantry.



Clinton Lions Bev Covell, Gordon Reitema and Mike Bauer pack groceries into the cargo areas of a Hale Transportation Charter Bus for delivery to area seniors residing at a local residence. Hale Transportation of Clinton, NY donates the services of this bus monthly for this purpose. and staged in the parking lot. Bags to be delivered to seniors at our local residence facility were loaded into the cargo bays of a charter bus donated by Hale Transportation - a charter bus company located in the village of Clinton. Owner Steve

Hale donates the services of a charter bus each month for this purpose. Other pre-packed bags were loaded into two pickup trucks for delivery to our local school district for distribution to families of local school children.

Our assistance to the country pantry continued as five club members collected food and financial donations for the pantry at the weekly Farmer's Market on our Village Green. As part of the GIVE BACK NY campaign at all farmers markets throughout the state, we represented the pantry and collected approximately 300 food items (lots of pasta!) and over \$1,000 in contributions. It's very heartwarming to see how people have continued to donate and help their neighbors in their time of need.

Three of our members visited our previously established area locations that contain eyeglass collection containers. This month we collected 137 pair of eyeglasses and further prepared them to be shipped to the recycling center.

The al fresco dining space in the heart of our village continues to be well used by visitors to the community. We continue to be responsible for cleanup duty and preparation for garbage pickup two days a week, sharing this responsibility with other community groups. Many small shops surrounding the village green continue to hear compliments from their patrons regarding the cleanliness of the dining area. Kudos to the Chamber of Commerce and local businesses for creating this dining space and we're more than happy being part of the people in the community keeping it presentable and clean for our diners.

The club continues investigating new/different fundraisers to replace the two major ones lost because of the virus shutdown and startup guidelines. Many of the ideas we've considered, e.g., drive-through chicken barbeques, pancake breakfasts, etc. are being undertaken by other non-profit organizations in and around the area. Knowing everyone is affected in the same way by the virus outbreak, we've elected to continue investigating ideas rather than infringe upon the income of other organizations. We'll continue looking and have confidence when we arrive at the right "replacement fundraiser(s)" we'll be supported by the community so we can continue our service in the community.

GOOD LUCK TO ALL CLUBS IN SERVING THEIR COMMUNITIES...DON'T FORGET YOUR FLU SHOT!

### KING LION ROBERT MAXAM

2 Sunset Drive, Clinton, NY 13323 Home: 315-853-5968 Cell: 315-794-0410 maxamr60@gmail.com http://clintonnylionsclub.com/

## **Mechanicville-Stillwater Lions Club**

By VDG1 Michele O'Hare

n Monday evening, August 10th the Mechanicville/

Stillwater Lions Club held their annual installation of officers. Lion Mike McBride hosted our event with Lion Bill Connors as co-chair.

Special planning
was in place for the
outdoor event to adhere
to social distancing.

King Lion Frede
Wice District Governor,
Michele O'Hare.



King Lion Frederick W. Donovan and VDG Michele O'Hare.



CS Lion Susan McBride and VDG Michele O'Hare.

Michele O'Hare, our guest, swore in our new officers. Lion Fred Donovan was sworn in as president, Lion Scott Oliver as First Vice President, Lion Bill Connors as Third Vice President, Lion Sue McBride as Secretary, Lion Pat Shannon as Treasurer, PDG Lion Lettie Saheim and Lion Mike McBride as board

members.

Following our installation, a special recognition plaque was presented to Jan Dumar, the wife of our past Lion Kim Dumar, for his dedication and devotion to the Mechanicville/ Stillwater Lion Club. Lion Kim was most instrumental in bringing new members and life into



Jan Dumar receing plaque in memory of her husband, Lion Kim Dumar

our organization. A devoted member, he was involved in any project or fund raiser the club held. The plaque will be displayed at the Mechanicville Little League field for all his kind and inspiring efforts to the community.

Our special thank you goes out to Debbie McBride for all her efforts as well. Her artistic abilities to repair one of our cement lions that set at the triangle was perfect!

### KING LION FREDERICK DONOVAN

RR 2, Box 98G, Schaghticoke, NY 12154 Home 518-664-5109 Work 518-664-3531 pdonova3@nycap.rr.com

## **Albany & Troy Lions Club**

By Lion Jerry Gordon

### **August Board**

We authorized Lion Preem to spend up to \$100 on supplies to categorize and display our growing pin collection.

Lion Tom reported that the final count was 14,500 eyeglasses collected and shipped to the NJ recycling center during LY2019-20. Lion Jerry added that 13 hearing aids were donated to the Hearing Conservation Society.

Lion Ruth has orders for 192 bottles of sanitizer.

### **September Board**

Lion Tom has approximately 3000 used glasses to count and pack.

Lion Ruth has orders for 269 bottles of sanitizer, with more expected.

Lion Jerry has sold 10 masks, with more expected.

We agreed that Lion Shawn's "Bike Rides for the Blind" project probably won't be feasible until late fall or next spring, depending on the pandemic status, but it should not be forgotten.

CDPHP has apparently agreed to work with us in some yet-tobe-defined way.

Lion Preem got herself a grant from the National Endowment for the Humanities. Her plan for a portion of the funds: "I would like to create a new committee of service for children suffering with disabilities. West Hill youth are plagued by the immediate danger of their environment.

At this time there are no community centers open in the entire City of Albany.... except for one.

"Frank Chapman Memorial Institute (Formerly Albany United Methodists Society) is operating safely and providing resources to the community. FCMI is equipped with a garden, gymnasium, playground, computer lab, kitchen, cafe, and conference room.

"I am willing to lead art classes at the FCMI location as a Lion. Prospectively there would be four event dates 9/5, 10/10, 11/1, and 12/5.

Youth suffering from emotional trauma would create art as an expression of healing. I am certified by NYS Office of Family and Children Services (OCFS), Albany Police Department, and Saratoga Sheriff's Office to teach and mentor At-Risk Youth. "These classes would be grant funded by NEH. Each month A&TLC's charitable fund would receive \$200 for facilitating the class.

\$100 would go to the fund, the other \$100 would go towards food and supplies for the youth. This class pays for itself." This is our favorite kind of project: It fills a community need and gets us some PR but requires no funds or effort from us.

### **August Charitable Board**

We received a contribution of \$338 from the family of Lion Paul Andrews, a lifelong member of the Rotterdam Lions who died in 2011. It seems they finally received some unclaimed funds from NYS and since both the Rotterdam and Schenectady Lions Clubs have folded, they decided that we were the logical organization to put these funds to good use.

There were no requests for either eyeglasses or hearing aids.

All the blueberry plants survived the winter successfully. The community has been watering them and selectively enjoying them. Great concern was expressed that we still don't have signage identifying the area as a Lions project.

We had a lengthy discussion of the Community Development Block Grant that was mentioned last month. Subjects included the need for a mission statement, documented internal controls, directors and officers, (D&O) insurance, and the need for an executive director, among other things. The application is due imminently, although we may still beable to apply as long as funds are available.

### September Charitable Board

Lion Ruth has one applicant for glasses that she's working with, and one requestor who found another source.

There were no hearing aid applicants.

We submitted an application for the Community Development Grant that we've talked about at the last two meetings.

Lion Greg reported that 30 neighborhood kids weeded the entire blueberry orchard. Also, the adjacent lot is available if we want to double the size of the orchard. We agreed that we must get some signage up before we do any expansion.

In an email vote on Aug 21-24, we approved spending \$195 on a portable magnifier for a legally-blind senior from Albany. She volunteers at her local elementary school and needs it so she can work with her first-grade pupils.

### **KING LION EVA BASS**

12A Lark Drive, Albany, NY 12210 Cell 518-419-5330 bridgethagapcommunity@gmail.com

### **CLUB CORRESPONDENCE**

P. O. Box 192, Troy, NY 12181-0192 info@albanytroylions.org 518-512-2722 AlbanyTroyLions.org facebook.com/albanytroylions

## **Empire State Special Needs Experience/Lions Camp Badger**

By Cynthia Reuter

Campers are excited about our summer CAMP AT HOME program. Thanks to many generous donors, we were able to provide this at no charge to our 2019 and registered 2020 campers! Each box includes both hands-on and virtual activities for our campers to enjoy.



















### **2020 SUPER RAFFLE:**

Don't forget to send in your tickets for our 2020 Super Raffle. There will be 10 winners of \$1,000 each. We've had winners from all across the multiple. The drawing has been extended to Labor Day.

### **CAMP BADGER**

725 LaRue Road, Spencer, NY 14883

## CYNTHIA REUTER, BUSINESS MANAGER PATRICIA GILLULE, CAMP DIRECTOR PCC ANDREW UMREIKO, PRESIDENT

lionscampbadger@htva.net Phones: 800-232-7060, 607-589-4800; Fax: 607-589-6181 lionscampbadger@htva.net www.lionscb.org

## **Chazy Lions Club**

By Lion Priscilla Laurin

Lion Rick Laurin presenting KN95 mask to members of the Chazy Fire Department.

Chazy Lions received a donation from the family of a former member.





### KING LION THOMAS PEPPER

649 Ratta Road, Chazy, NY 12921 Home: 518-846-8404 Cell: 518-569-2734 Work: 518-846-7111 tom.pepper@westelcom.net

## District & Club Resources

### **Important Links**

### Zone and Region Chairs

https://tinyurl.com/y7dtrtz5

### **Service Toolkit**

https://tinyurl.com/ybq7vnhd

### **Club Resource Center**

https://tinyurl.com/y7onrj7l

### Club President

https://tinyurl.com/ycbk9l9e

### **Lions Learning Center**

https://tinyurl.com/y96hmy27

### **Lions University**

https://lionsuniversity.org/

### **Club Secretary**

https://tinyurl.com/y9ke23xg

### **Club Treasurer**

https://tinyurl.com/y92he2c8

### Membership Chair

https://tinyurl.com/yckcqm6u

### Services Chair

https://tinyurl.com/y7nepq8p

### **LCIF** Coordinator

https://tinyurl.com/y7w9zjzp

### **Marketing and Communications**

https://tinyurl.com/y9scx447



### A new world of service to explore.

We're excited to introduce you to the all-new MyLion™ web experience!

Now available in all web browsers, MyLion is the next-generation online tool to complement your service as a Lion leader.

Here's what the new addition to the MyLion family means to you and your service:

- ◆The same great MyLion service planning ability now online
- ◆A new place to report your service\*
- A global digital experience available to all Lions on all devices

In the next few days, we'll announce this exciting news to Lions across the world.

Thank you for your support. This is a product that will continue to improve and add value to you, your club and most importantly, our global service.

### VISIT MYLION™ NOW!

\*Note: MyLion does not replace MyLCI at this time. If you do not have a login for MyLion, you will be prompted to create one.



# Is your club in The ROAR/MD20Magazine? Let the District and the State know the GREAT THINGS YOUR CLUB IS DOING!

Below are the specifications for each publication.

## **MD/20 MAGAZINE SUBMISSIONS**

**January, 2021** ~ **June, 2021** 

ONLY TWO ISSUES will be emailed to include district news.

I will submit everything I receive by the deadline, however submission does not guarantee publication, WE ARE LIMITED TO ONE PAGE PER DISTRICT/PLEASE LIMIT YOUR ARTICLES!

## THE ROAR SUBMISSIONS

THE 28TH OF EVERY MONTH

Everything received by the deadline will be in the next issue. Publication will be the 1st of every month.

### **ARTICLES**

- Digital submission preferred in upper/lower case format.
- Microsoft Word, PDF, or text embedded in an email are acceptable. Please no handwritten.
- No scanned newspaper articles. Newspaper articles will be accepted IF they are in digital format, and with written permission from the originating publication.
- SPELL CHECK everything, particularly names, titles, club name, etc.

### **PHOTOS**

- Digital submission preferred in JPEG.
- Hard copies are acceptable (Please do not write on the back).
- Hard copy newspaper photos are not acceptable. Digital newspaper photos are acceptable ONLY with a release from the newspaper/photographer, with photographer credit.
- SPELL CHECK everything, particularly names, titles, club name, etc.
- PLEASE MAKE SURE CAPTIONS ARE IDENTIFIED WITH CORRESPONDING PHOTOS!

### **EVENT FLYERS (THE ROAR ONLY)**

- Original documents saved in .jpg, .pdf format or Microsoft Word are acceptable. No scanned documents. Flyers may be "reworked" due to space requirements.
- SPELL CHECK everything, particularly names, titles, club name, etc.

Submissions can be made to **karen@deuxflutes.com** or Lion Karen Rager, 82 Hunter Lane, Queensbury, NY 12804.



### **Lions Hearing Conservation Society of NYS**

### LIONS LOAN-OUT EQUIPMENT

Below is a list of assistive devices available at many of LHCS of NYS's Loan-Out Centers. (Other equipment may be available upon request)

### **Pocketalker**

Personal amplifier. Ideal for one-to-one communication and TV listening.

### Whistle Stop

Phone adapter to prevent feedback from using the telephone with a hearing aid.

### Infrared TV Listening System

Wireless infrared amplification system.

### **Digital Alarm Clock**

Wake to an alarm, a flashing light, or a portable pillow shaker.

### Personal FM System

Wireless portable amplification system. Transmits up to 300 feet. Helpful for an individual or large group situation.

### **Alert Master**

Uses a pillow shaker and a lamp flashing simultaneously to alert you to a smoke detector sounding, door knocking, telephone ringing, and alarm clock activation.

### **Amplified Telephone**

Adjustable volume control with amplified ringer.

### **Cap-Tel Telephone**

Telephone that has both amplification and caption capability. Telephone ringing, and alarm clock activation.

### **Amplified Telephone Ringers**

Provides adjustable ring volume, frequency, and pitch tone.

### Personal Body Pager

Pager works with the Alert Master. You wear it to alert to sounds while awake.

### LIONS LOAN-OUT CENTERS

### **Madison Hearing Center**

14 Columbia Circle West Drive, Suite 202 Albany, NY 12203 Voice: (518) 690-2060

### Northeastern Association of the Blind at Albany

301 Washington Avenue Albany, NY 12206 Voice: (518) 463-1211, ext. 241

### Madison & Saratoga Hearing Center

81 Miller Road, Suite 700 Castleton, NY 12033 Voice: (518) 689-0792

### Center for Better Hearing

318 Ridge Street Glens Falls, NY 12801 Voice: (518) 638-4363

### Audiologic Solutions

361 Fairview Avenue, Suite 350 Hudson, NY 12534 Voice: (518) 631-2564

### Saratoga Hearing Center/Saratoga Medical Arts Bldg.

414 Maple Avenue Saratoga Springs, NY 12866 Voice/TTY: (518) 584-0578

### Schoharie Office for the Aging

113 Park Place, Suite 3 Schoharie, NY 12157 Voice: (518) 295-2001

### Resource Center for Independent Living

131 Genesee Street Utica, NY 13503 Voice: (315) 797-4642 Ext. 2928

TTY: (315) 797-5837

### Capital Region Hearing

9 West Sand Lake Road Wynantskill, NY 12198 Voice: (518) 326-1742