



October 2020

# District 20W

# LIONS ROAR



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Hearing Loan Out  
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A  
message  
from...



**District Governor  
Rick Brisee**

**NEXT ROAR DEADLINE  
OCTOBER 28, 2020**

**NEXT MD20 MAG. DEADLINE  
JANUARY 15, 2021**



**See Page  
33 for  
submission  
instructions.**

I hope this finds everyone safe and well!

I would like to express my appreciation to everyone that was able to attend our recently held First Cabinet meeting up in Canton, NY. The District did our best to maintain safe distancing and to practice the proper safety protocols. A thank you to the Fairfield Inn for the room set up and accommodations.

Because these safety protocols are not expected to go away any time soon, we were able to hold the Cabinet meeting both in-person and via Zoom. Barring something unexpected, it is reasonable to expect that we will continue to do this for our remaining Cabinet meetings by offering both on-site and Zoom access.

Each of us needs to assess our own personal safety needs, so if you are not able to or are uncomfortable attending in-person, I hope you take advantage of the opportunity

...continued on next page

to attend using Zoom. In Canton, we had seven Lions attend virtually and the District hopes to see even more log in.

Our next Cabinet meeting is scheduled for November 14th at the new Courtyard by Marriott, 365 Canada Street, Lake George, NY with a save-the-date flyer already being posted on Facebook. The theme of this Cabinet meeting will be community service with various Lions describing a successful fundraising or community service project their Club or affiliated group has completed.

There will also be information shared on how LCIF has aided our District and there will be interesting childhood cancer and diabetes awareness opportunities for you to bring back to your Club. Our featured speaker will be International Director Larry Edwards and Lion Susan, who hail from Altoona, Pennsylvania, one of the few states not on the New York quarantine list.

I begin my Club visitations in earnest in the coming weeks and have already had to make some adjustments due to restaurant unavailability or them still not having the capacity to safely handle more than a few individuals at a time. I began making my appointments back in the Spring with no one being able to predict what this Fall would look like, so it is not unexpected that adjustments have and will continue to be made.

If an in-person visit is not feasible at this time, please just let me know and we will try changing the date to early Spring, or we can meet over Zoom.

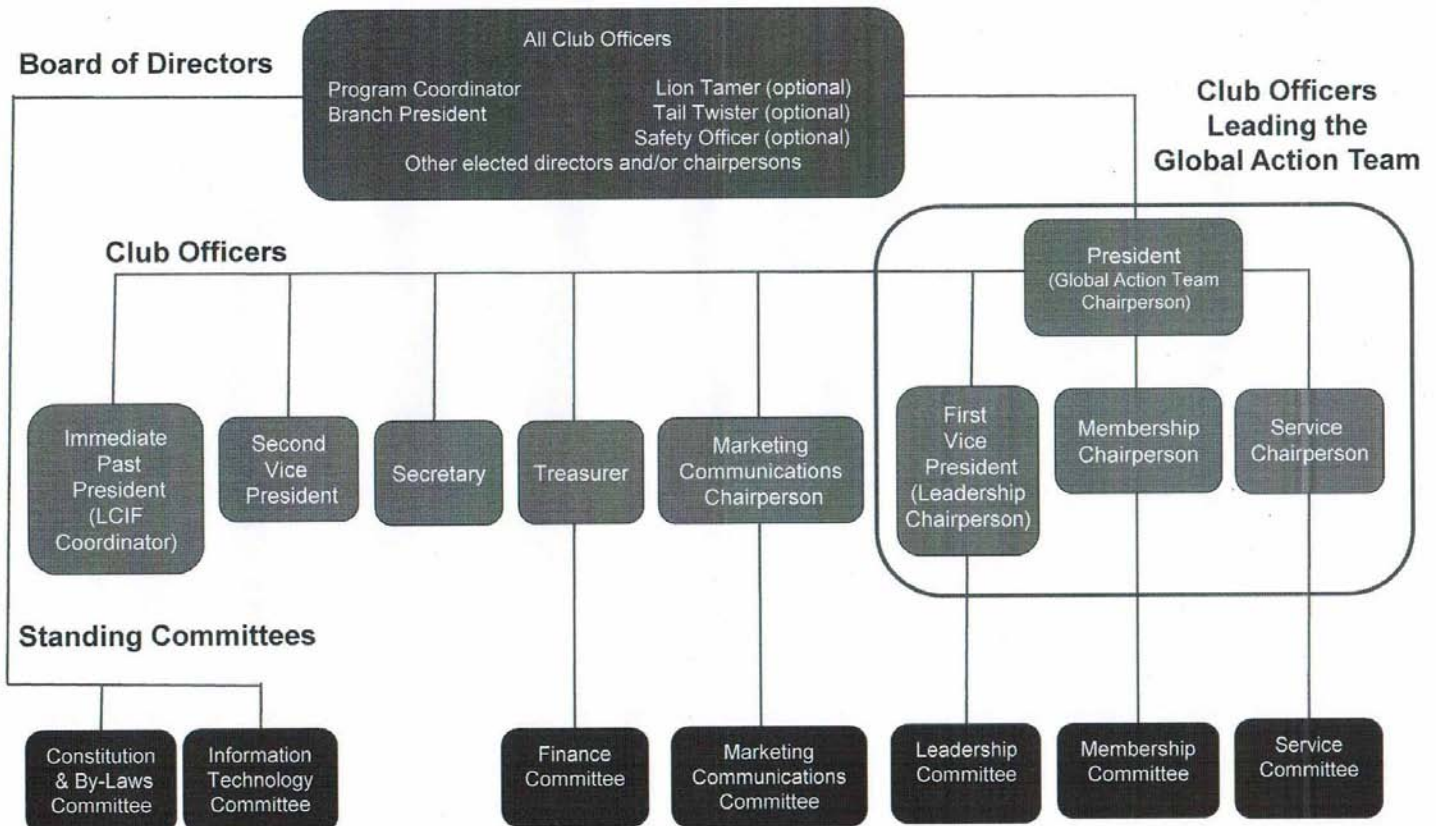
There have been reports that the virus may surge again during the upcoming flu season. I have not seen where anyone knows that for sure, but I take comfort in knowing that while the initial surge caught even most experts by surprise, Lions still managed to serve their community and we learned a lot about what we can and cannot do while quarantined.

Hopefully, this second surge will not happen, and/or we will have an effective vaccine in the near future. Even if we do not, we now know that Lions will still respond to calls for help.

Yours in Lionism,  
DG Rick Brisee, 20-W



## Standard Club Structure



# 20W Cabinet Officers

## DISTRICT GOVERNOR

Rick Brisee (Waterford Lions)  
192 Middletown Road, Waterford, NY 12188  
Home: 518-235-4988; Cell: 518-209-8812  
rbrisee@hotmail.com

## 1st VICE-DISTRICT GOVERNOR

Michele Puleo O'Hare (Bethlehem Lions)  
8 Turnberry Drive, Slingerlands, NY 12159  
Home: 518-475-1908; Cell: 518-694-6872  
Work: 518-463-1211 x 241  
dgmicheleohare@gmail.com

## 2nd VICE-DISTRICT GOVERNOR

Ricky Laurin (Chazy Lions)  
207 Sheldon Lane, Chazy, NY 12921  
Home: 518-846-7269  
jana5652@yahoo.com

## 3rd VICE-DISTRICT GOVERNOR

Your Name Here!



## CABINET SECRETARY

Barbara Bentley (Saratoga Springs Lions)  
P. O. Box 1031, Guilderland, NY 12084  
Cell: 518-894-1375  
bbentley@saratogaspringslions.com

## CABINET TREASURER

Eric Unislawski (Greater Johnstown Lions)  
P. O. Box 31, Johnstown, NY 12095-0031  
Cell: 518-669-2903  
jeneric39@juno.com

## IMMEDIATE PAST DIST. GOVERNOR

Edwin Pike (Galway Lions)  
3037 County Highway 10, Amsterdam, NY 12010  
Home: 518-842-2994; Cell: 518-423-9128  
weski48@yahoo.com

## REGION AND ZONE CHAIRS

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# I

# O

# N

# S

**ZONE A:** Clinton, Deerfield,  
Greater Herkimer, Holland Patent.

**ZONE A:** Ballston Spa, Galway,  
Greater Amsterdam, Saratoga  
Springs, Scotia/Glenville, Town  
of Greenfield.

**ZONE A & B:** Albany & Troy,  
Bethlehem, Duane, Greater  
Ravena Area, Town of Wright/  
Schoharie/Vly, Waterford.

**ZONE A:** Glens Falls, Hadley  
Luzerne, Long Lake, Newcomb,  
Town of Schroom.

**ZONE A:** Clifton Fine, Edwards,  
Gouverneur, Heuvelton, Lisbon,  
Louisville, Ogdensburg, Quad  
Town, Raquette River.

**ZONE B:** Marcy Telephone,  
New Hartford, New York Mills  
Whitestone, Sauquoit Valley,  
Utica.

**ZONE B:** Broadalbin/Perth,  
Central Mohawk Valley, Fonda/  
Fultonville, Greater Johnstown,  
Northville/Sacandaga, Speculator.

**ZONE B:** Cambridge, Greenwich,  
Mechanicville/Stillwater,  
Schuylerville, Town of Hoosick.

**ZONE B:** Chazy, Lake Placid,  
Malone, Peru, Plattsburgh, Saranac  
Lake, Tupper Lake.

## REGION CO-CHAIRS

Bill O'Mara (Clinton Lions)  
131 Sanford Avenue,  
Clinton, NY 13323  
Home: 315-853-5973  
Cell: 315-527-8381  
billo4077@yahoo.com  
**AND**  
Jim Winkler (Clinton Lions)  
136 Utica Road, Clinton, NY 13323  
Home: 315-853-6355  
Cell 315-601-4038  
Wink8@aol.com

## REGION CO-CHAIRS

Holly McConchi (Galway Lioness)  
2491 Northline Road,  
Galway NY 12074  
Home: 518-882-6516  
hmcchonc@aol.com  
**AND**  
Bob Pandori (Galway Lions)  
5525 Crooked Street  
Broadalbin, NY 12025  
Home: 518-882-6944  
Cell: 518-461-3058  
rpandori@yahoo.com

## REGION CO-CHAIRS

Liza and Bob Tougher  
(Bethlehem Lions)  
16 Candlewood Lane  
Delmar, NY 12054  
Home: 518-439-0399  
Cell: 518-763-3329  
Pansymoo@aol.com

## REGION CHAIR

Your Name Here!



## REGION CHAIR

Your Name Here!



## ZONES "A" AND "B" CO-CHAIRS

Bill O'Mara (Clinton Lions)  
131 Sanford Avenue,  
Clinton, NY 13323  
Home: 315-853-5973  
Cell: 315-527-8381  
billo4077@yahoo.com  
**AND**  
Jim Winkler (Clinton Lions)  
136 Utica Road, Clinton, NY 13323  
Home: 315-853-6355  
Cell 315-601-4038  
Wink8@aol.com

## ZONE "A" CHAIR

Edward Moore  
(Ballston Spa Lions)  
44 Chester Street,  
Ballston Spa, NY 12020  
518-852-3246  
emoore4@nycap.rr.com

## ZONE "B" CHAIR

Robert Townsend  
(Broadalbin-Perth Lions)  
805 County Highway 126  
Amsterdam, NY 12010  
Home: 518-843-6553  
rtownsen@nycap.rr.com

## ZONE "A" AND "B" CHAIR

Florence Brisee (Waterford Lions)  
192 Middletown Road  
Waterford, NY 12188  
Home: 518-235-4988  
fbrisee@hotmail.com

## ZONE "A" CHAIR

Kassey Granger  
(Glens Falls Lions)  
22 Whippoorwill Road  
Queensbury, NY 12804  
Home: 518-223-0633  
kassey.granger@gmail.com

## ZONE "A" CHAIR

Betsy Cummings

## ZONE "B" CHAIR

Lettie Saheim  
(Mechanicville-Stillwater Lions)  
117 Hansen Road  
Mechanicville, NY 12118  
518-753-7867  
lsaheim@nycap.rr.com

## ZONE "B" CHAIR



## COMMUNICATIONS AND MARKETING TEAM

### District Coordinator

Michael Murtagh (Quad Town Lions)  
P. O. Box 161, Winthrop, NY 13697  
315-389-4165  
outageco@yahoo.com

### Website & Directory Director

Jerry Gordon (Albany & Troy Lions)  
15 Hyland Circle, Troy, NY 12182  
Home: 518-235-8232  
jerrygordon@juno.com

### Newsletter & MD20 Magazine Director

Karen Rager (Glens Falls Lions)  
82 Hunter Lane, Queensbury, NY 12804  
Home: 518-798-3143  
karen@deuxflutes.com

### Facebook Administrator

PDG James Griffith (Cambridge Lions)  
119 East Main St, Cambridge, NY 12816  
Home: 518-252-1070; Cell: 315-269-5370  
PDGJamesGriffith@gmail.com

### Facebook Editor & District Photographer

Lion Barbara Bentley (Saratoga Springs Lions)  
P. O. Box 1031, Guilderland, NY 12084  
Cell: 518-894-1375  
bbentley@saratogaspringslions.com

### WEB SITES

District 20-W: 20WLions.org  
Revisions to this directory: bit.ly/20Wdirectory  
20W Facebook page: bit.ly/facebook20w  
Multiple District 20: MD20Lions.com  
Lions International: LionsClubs.org

## District Notes



*DG Rick September 12, 2020 during the 20 W Cabinet Meeting in Canton, NY, discussing New Member Lion Orientation.*

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**International Vice President Doug Alexander is the candidate for International President from Multiple District 20, of which our District is a part.**

**For anyone planning on attending the International Convention in Montreal on June 25-29, 2021 and marching in the parade, of which MD20 will have the honor of marching first, it will be required that you wear this shirt.**

Information for ordering can be found at:  
[www.douglasalexander.org/store/c2/Commemorative\\_Shirts.html](http://www.douglasalexander.org/store/c2/Commemorative_Shirts.html)  
(or [www.tinyurl.com/y2rvr3nn](http://www.tinyurl.com/y2rvr3nn) )

Please reach out if you have any questions.

CS Barbara A. Bentley  
[bbentley@saratogaspringslions.com](mailto:bbentley@saratogaspringslions.com)  
518-894-1375 cell phone

**The Committee to Elect Douglas X. Alexander for International President commemorative shirts.**

**Shirts are available for order online.**

Short Sleeve Polo	- \$40 <sup>00</sup>
Long Sleeve Polo	- \$45 <sup>00</sup>
Sweatshirt	- \$45 <sup>00</sup>



GENERAL ATTENDEE

# 103RD LIONS CLUBS INTERNATIONAL CONVENTION

MONTRÉAL, QUÉBEC, CANADA • FRIDAY, JUNE 25 - TUESDAY, JUNE 29, 2021



## CONVENTION REGISTRATION AND HOTEL RESERVATION FORM

**DEADLINE - SATURDAY, MAY 1, 2021**

Deadline for advance registration and hotel reservation and to request a refund for registration, housing and/or ticketed event.

### REGISTRATION INFORMATION

**ATTENDEE** (Please type or print name as it appears on passport/photo ID.)

First/Given Name		Last/Family Name		Badge/Call Name	
Address					
City		State/Province		Postal Code	Country
Daytime Phone		E-Mail			

☐ Lion ☐ Leo-Lion\* ☐ Lioness ☐ Omega Leo

\*Leo-Lion is a Lions membership type available exclusively to Leos who served in the Leo Program for over a year.

Club #	Membership #	District	Title
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### COMPANION

First/Given Name		Last/Family Name		Badge/Call Name	
<input type="checkbox"/> Lion <input type="checkbox"/> Leo-Lion <input type="checkbox"/> Lioness <input type="checkbox"/> Omega Leo <input type="checkbox"/> Alpha Leo <input type="checkbox"/> Adult Guest					
Club #	Membership #	District	Title		

### CHILD

First/Given Name	Last/Family Name	Age	<input type="checkbox"/> Alpha Leo
First/Given Name	Last/Family Name	Age	<input type="checkbox"/> Alpha Leo

### HOTEL INFORMATION

**PACKAGE A** Includes convention registration for each registrant listed above plus one (1) hotel room serviced by shuttle buses during convention.

☐ Before January 8, 2021 - room reserved in delegation hotel based on availability  
☐ After January 8, 2021 ☐ I prefer my delegation hotel ☐ Prefer another hotel:

Arrival Day/Date  Departure Day/Date

# of Guests in room including yourself:  # of beds requested ☐ 1 ☐ 2

Special Requirements: ☐ Wheelchair Accessible ☐ Other:

• US \$200 Hotel Deposit is per room and credited to your hotel bill at check out.

• Room requests are subject to hotel availability

### PACKAGE B

☐ NO ROOM REQUIRED (Registration only for each person listed above)

...continued on next page

## OPTIONAL TICKETED EVENTS

**MELVIN JONES FELLOW LUNCHEON** (Must be registered to attend.)☐ I/we plan to attend this event.Date/Time: June 27, 12:30 - 14:30 Fee: US \$75 Quantity:  Amount Due \$: **DISTRICT GOVERNORS/PAST DISTRICT GOVERNORS BANQUET** (Must be registered to attend.)☐ I/we plan to attend this event.Date/Time: June 28, 20:00 - 22:00 Fee: US \$125 Quantity:  Amount Due \$: **DIETARY REQUIREMENTS**☐ No Restrictions ☐ Indian Vegetarian ☐ Vegetarian ☐ Other: 

## EMERGENCY CONTACT INFORMATION

Emergency Contact Name:

Emergency Contact Phone Number:

## SERVICE PROJECTS IN MONTRÉAL

☐ I am interested in participating in a hands-on community service project during the Montréal International Convention.

## LEOS AND YOUNG LIONS INTEREST

☐ I am interested in receiving information on sessions and activities for and about Leos and Young Lions (Leo-Lions, Campus Lions Clubs and Student Members). If you have questions, please email [membership@lionsclubs.org](mailto:membership@lionsclubs.org)

## REGISTRATION FEES AND PAYMENT

Full payment is required with this form. US Currency only. Checks and money orders must be drawn on US Banks. Visa, Mastercard &amp; Discover accepted.

**REGISTRATION FEES**

EARLY (Before January 8, 2021)	Adult/Leo-Lion: US \$175	Omega Leo: US \$100	Child (17 and under)/Alpha Leo: US \$20
REGULAR (January 9, 2021 - March 31, 2021)	Adult/Leo-Lion: US \$225	Omega Leo: US \$100	Child (17 and under)/Alpha Leo: US \$20
LATE (April 1, 2021 - Onsite)	Adult/Leo-Lion: US \$250	Omega Leo: US \$100	Child (17 and under)/Alpha Leo: US \$20
PACKAGE A: Registration: US \$ <input type="text"/>	Ticketed Events: US \$ <input type="text"/>	Hotel Deposit: US \$200.00	<b>Total Due: US \$ <input type="text"/></b>
PACKAGE B: Registration: US \$ <input type="text"/>	Ticketed Events: US \$ <input type="text"/>		<b>Total Due: US \$ <input type="text"/></b>

**PAYMENT INFORMATION**☐ Check #  (payable to Lions Clubs International) ☐ Wire Transfer (payment slip must be attached to this form) ☐ Visa ☐ MasterCard ☐ Discover

Name as it appears on credit card. Credit card must be in the name of the registrant.

Card Number Expiration Month/Year  / Security Code (3 digits) 

Cardholder Signature:

- Please submit all pages of completed form once via mail, fax, or email • Allow 4 weeks for processing.
- Mail: Lions Clubs International, Attn: Convention Division, 300 West 22nd Street, Oak Brook IL 60523-8842, USA
- Fax: (630) 571-1689
- Email: [registration@lionsclubs.org](mailto:registration@lionsclubs.org)
- Credit card information should only be entered into this form and never written into the body of an email.
- Personal checks should be mailed.
- After processing this form, Lions International will email your Official Registration Confirmation.
- Please print your Official Registration Confirmation and bring it to the convention in order to obtain your name badge. A photo ID is required.
- Information provided on this document shall be used in accordance with the privacy policies and procedures of Lions International.
- Please note: Lions Clubs International will be documenting LCIcon for promotional purposes. Your participation may be filmed or photographed at this event.
- Your registration is your consent for use of images by Lions International.
- To avoid a duplicate, please do not mail original if faxed or emailed.

## District Governor's Visitation Schedule for 2020 - 2021

### Alphabetical

Albany & Troy	Nov 4
Ballston Spa	Jan 20
Bethlehem	Oct 21
Broadalbin Perth	Jan 14
Cambridge	Apr 21
Cent Mohawk Valley	
Chazy	Oct 20
Clifton-Fine	Oct 12
Clinton	Feb 25
Deerfield	Feb 10
Duane	Feb 3
Edwards	Nov 9
Fonda & Fultonville	Mar 10
Galway	Jan 11
Glens Falls	Jan 26
Gouverneur	
Greater Amsterdam	
Plattsburgh	Nov 2
Greater Johnstown	Jan 27
Greater Ravena	Apr 28
Greenwich	Nov 5
Hadley-Luzerne	Oct 7
Heuvelton	
Holland Patent	Nov 17
Lake Placid	Oct 26
Lisbon	Oct 6
Long Lake	Oct 27
Louisville	Nov 18
Malone	Apr 14
Marcy Telephone	Jul 1
Mechanicville-Still	Sep 28
New Hart NYM White	Oct 13
Newcomb	Oct 28
Northville Sac	Oct 15
Ogdensburg	Sep 17
Peru	Oct 8
Plattsburgh	Nov 2
Quad Town	Apr 8
Raquette River	Mar 2
Saranac Lake	
Saratoga Springs	Jan 7
Sauquoit Valley	
Schuylerville	
Scotia-Glenville	Sep 15
Speculator	Dec 17
Town of Greenfield	Nov 11
Town of Hoosick	Jan 21
Town of Schroom	Nov 16
Town of Wright/Schoh	Oct 19
Tupper Lake	Mar 4
Utica	Dec 7
Waterford	Jan 6

### Chronological

Scotia-Glenville	Sep 15
Ogdensburg	Sep 17
Mechanicville-Still	Sep 28
Lisbon	Oct 6
Hadley-Luzerne	Oct 7
Peru	Oct 8
Clifton-Fine	Oct 12
New Hart NYM White	Oct 13
Northville Sac	Oct 15
Town of Wright/Schoh	Oct 19
Chazy	Oct 20
Bethlehem	Oct 21
Lake Placid	Oct 26
Long Lake	Oct 27
Newcomb	Oct 28
Albany & Troy	Nov 4
Greenwich	Nov 5
Edwards	Nov 9
Town of Greenfield	Nov 11
Town of Schroom	Nov 16
Holland Patent	Nov 17
Louisville	Nov 18
Utica	Dec 7
Speculator	Dec 17
Waterford	Jan 6
Galway	Jan 11
Broadalbin Perth	Jan 14
Ballston Spa	Jan 20
Town of Hoosick	Jan 21
Glens Falls	Jan 26
Greater Johnstown	Jan 27
Duane	Feb 3
Deerfield	Feb 10
Clinton	Feb 25
Raquette River	Mar 2
Tupper Lake	Mar 4
Fonda & Fultonville	Mar 10
Quad Town	Apr 8
Malone	Apr 14
Cambridge	Apr 21
Greater Ravena	Apr 28



# MEMBERS CORNER



Hello Lions, Lioness and Leos,

As of today, it appears that Covid will be with us for some time to come. I know that some clubs are meeting in person under distancing guidelines (my club meets at the local fire house), some are using Zoom and some are not meeting. If you are not meeting, please contact me so we can discuss how you can do something to keep your club together. It is extremely important that your club members keep in contact with each other at this time. Your district leadership team is meeting monthly so that we can get someone local to your area, i.e. zone chair, region chair, etc., to help your club in whatever you need to be successful.

It is very important at this time that we are all focused on retention of our members. It is difficult (but not impossible) to attract new members. So in order to come out of this crisis whole, we need to keep our communication channels open to all our members. The Governor and his team also will be promulgating new social media guidance to help approach new members as well as looking to you for ideas that you may have had success with in your clubs.

NO club will be cancelled for nonpayment of dues until Dec. 31, 2020. Additionally, new club charter fees and entrance fees will also be waived until Dec. 31, 2020. Dues will still be payable by the end of the calendar year, but this will hopefully give members who have been financially impacted by the virus more time to pay their dues.

Remember, the NAMI process works from the bottom up. That means we need to hear from the clubs to know how you need us to help you. Continue to act responsibly to protect yourself and those you are in contact with.

Yours in Lionism,

PDG Ed Stano,  
2070 Route 9N, Greenfield Center, NY 12833  
Email: [estanojr@nycap.rr.com](mailto:estanojr@nycap.rr.com)  
Home phone – 518-893-7150  
Cell phone – 518-879-5757

# UPCOMING EVENTS

## International and MD20 Events

LCI Advanced Lions Leadership Institute, Chicago, IL .....	Nov 9-11, 2020
Lions Day at the United Nations, NYC .....	March 20, 2021
2021-2022 Lions Club Officer Reporting Due .....	May 15, 2021
MD-20 NYS & Bermuda Convention, Syracuse, NY .....	May 14-16, 2021
LCI 103rd International Convention, Montreal .....	June 25-29, 2021

### FOR MORE INFORMATION AND EVENTS

[20WLions.org](http://20WLions.org) ~ [members.lionsclubs.org/EN/events/calendar.php](http://members.lionsclubs.org/EN/events/calendar.php)

## District 20W 2020 - 2021 Club Events

Saratoga Lions/Mama Mia Pasta Wednesday .....	Every Wednesday until further notice
Glens Falls Lions 17th Annual Golf Tournament .....	October 10, 2020
Naba Low Vision Tech & Helth Fair .....	October 14, 2020
MD-20 Lions Leadership Institute .....	October 22-24, 2020
Glens Falls Lions/Big Brothers Big Sisters Bowl for Kids Sake .....	November 1, 2020
<b>Fall Conference .....</b>	<b>November 14, 2020</b>
Lighting of Galway Lioness Memory Tree .....	November 29, 2020



## LIONS DISTRICT 20W FALL CONFERENCE



Saturday, November 14, 2020

Courtyard by Marriott Lake George  
365 Canada St., US9, Lake George

9:00am Registration

\$30/pp

Includes Lunch

\* Meeting will be held  
in compliance with  
CDC recommendations  
including social distancing.



Keynote Address  
Lions International Director  
Larry L. Edwards  
Altoona, PA

\* Limited to 50 People in Attendance \*  
**MUST RSVP IN ADVANCE to Attend!**

Program Theme  
Community Service  
Projects

Register on next page...



## LIONS DISTRICT 20W FALL CONFERENCE

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**SATURDAY, November 14, 2020**

**Courtyard by Marriott Lake George  
365 Canada St., US 9, Lake George NY 12845  
9:00 AM Registration**

**Meeting Start Time 9:30  
\$30 per person; Includes Lunch  
Coffee & pastries will be available in the morning**

**THEME: *Community Service Projects***

**Please share this with all of the members in your club and encourage them to attend.**

**If you are attending, please send the bottom part of this form and your check for \$ 30.00 to CS Barbara Bentley, PO Box 1031 Guilderland, NY 12084.**

**Make checks payable to: District 20W Lions Clubs.**

**Please return this no later than Friday, November 6, 2020.**

*The meeting will be held in compliance with CDC recommendations, including social distancing and a maximum of 50 attendees. Therefore you MUST R.S.V.P. in advance in order to attend!*

**Hotel Reservations** can be made by calling the Marriott at 518-761-1150.  
Rooms have been set aside for 11/13 & 11/14 at a discounted rate of \$109/night.  
Guests can make reservations referencing the **Lions Club Annual Meeting**.

**If you have any questions, please do not hesitate to contact CS Barbara Bentley at 518-894-1375 or [bbentley@saratogaspringslions.com](mailto:bbentley@saratogaspringslions.com).**

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# Attending: \_\_\_\_\_ Name(s): \_\_\_\_\_

\_\_\_\_\_

Club : \_\_\_\_\_ Email: \_\_\_\_\_

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**The cost is \$ 30.00 per person. Please mail your check to:  
CS Barbara Bentley ~ PO Box 1031 Guilderland, NY 12084  
Make checks payable to: District 20W Lions Clubs.**

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# **POST YOUR**



## **HERE!**

Do you know what today is?....  
**It's PASTA WEDNESDAY!**



**Mama Mia's Restaurant**  
Saratoga Springs NY

**Fresh Pasta  
Dinner To-Go!**

**\$20.00** Without Wine



**\$30.00**

Includes a  
Bottle of  
Red Wine



**Box Includes:**

- 1 Lb Fettuccine
- 1 Lb Cavatelli
- 1 16oz Sauce
- 1 Loaf of Bread

**Pick Up  
3pm - 7pm**

**All proceeds to benefit  
the Saratoga Springs Lions**

Or call 518-212-7752  
before 12noon on Wednesday  
to place your order.

You are invited to The Northeastern Association of the Blind at Albany

# **VIRTUAL LOW VISION TECH & HEALTH FAIR**

*Free to the Public!*

The program will be direct mailed the week before & on our Facebook events page.

**October 14, 2020 \* 9:30AM to 2:30PM**

Zoom Meeting ID: 851 3508 2353, Passcode: 812644, By phone +1 929 205 6099

## **Presenting Specialists:**



**Chris Gabriels, MD**  
Gabriels Eye MDs  
Albany  
Topic: Glaucoma



**Christopher R. Zieker, MD**  
Zieker Eye  
Wilton  
Topic: Cataracts



**Jonathan Huz, MD**  
Retina Consultants, PLLC  
Slingerlands  
Topic: Macular Degeneration

## **Demo Days**

8:00AM to 4PM at NABA, 301 Washington Av  
Appointments required, please call:

**enhanced vision**

Enhanced Vision  
Friday Oct 30

Contact Pete Andolina, (716) 998-2594  
[peteandolina@verizon.net](mailto:peteandolina@verizon.net)



**C TECH - Thursday Oct 22**  
Contact Chuck Cohen  
(914) 490-8446  
[chuck@magnifyit.com](mailto:chuck@magnifyit.com)

**Spark Therapeutics - TBD**  
Mike Bemis, 267-885-4114  
[Michael.Bemis@sparktx.com](mailto:Michael.Bemis@sparktx.com)



Any problems getting into the event, please call:

Fritz at 518-368-5511 or Kenny at 518-512-2710.

A very full schedule is posted on the Facebook events page so guests can come and go throughout the day.

Presenters available for questions \* Professional demonstrations by video at the fair, Demo Days of the latest in low vision technologies for reading, computers & adaptive vision aids at NABA later \* Adaptive living experts on living successfully with low vision, vision rehabilitation therapy, traveling and what to expect at a low vision exam.



**Northeastern Association  
of the Blind at Albany**

Questions or for the newsletter sign up,  
contact Lisa Jordan, Coordinator of Outreach Services,  
[ljordan@naba-vision.org](mailto:ljordan@naba-vision.org) or call 518-463-1211 x 241



@Northeasternassociationoftheblindatbany  
under Events for all updates & event developments!

# NABA's Virtual Low Vision Tech & Health Fair Schedule

Wednesday, October 14, 2020

Presenter times are listed below so you can come and go at any time.

Updates will be posted on the Tech Fair Facebook Events Page. Start times subject to change.

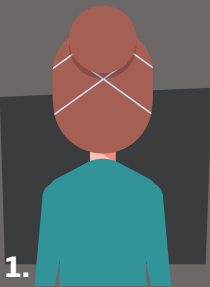
Login to <https://zoom.us/join> or dial 1 929 205 6099 Meeting ID 851 3508 2353 | Passcode 812644

- 9:15 Event opens – if you have trouble logging in, please call:  
Fritz Strafford at 518-368-5511 or Kenneth Jones at 518-512-2710
- 9:30 Program and details of the day
- 9:35 **Welcome by Christopher T. Burke, Executive Director of NABA**
- 9:45 **New York State Commission for the Blind - Ann Gallagher Sagaas, LMSW,**  
District Manager, Rensselaer, (518) 486-7064, [www.visionloss.ny.gov](http://www.visionloss.ny.gov)
- 9:50 **Low Vision Exams & Popular Aids - Dr. Monica Casey-Gee, OD, Clinical Director at NABA**
- 10:00 **Rehab Services - Christina Kendall, Certified Vision Rehabilitation Therapist at NABA**
- 10:15 **Technology & Tech Tuesdays - Fritz Stafford, Technical Instructor at NABA**
- 10:25 **Pete Andolina - Enhanced Vision, (716) 998-2594, [PeteAndolina@verizon.net](mailto:PeteAndolina@verizon.net)**  
Demo Day Thursday October 29<sup>th</sup>, appointments required. 
- 10:30 **Macular Degeneration - Jonathan Huz, M.D., Retina Consultants, PLLC**  
1220 New Scotland Road, Suite 201, Slingerlands, NY 12159, (518) 533-6550
- 11:25 **CTECH - Chuck Cohen, (914) 490-8446, [chuck@magnifyit.com](mailto:chuck@magnifyit.com)**  
Demo Day Thursday October 22<sup>nd</sup>, appointments required. 
- 11:30 **Glaucoma - Chris Gabriels, M.D., Gabriels Eye MDs**  
960 Western Avenue, Albany, NY 12203, (518) 482-4459
- 12:25 **Spark Technologies - Mike Bemis, (267) 885-4114, [Michael.Bemis@sparktx.com](mailto:Michael.Bemis@sparktx.com)**  
Demo Day Thursday TBA, appointments required. 
- 12:30 **Today's Cataract Surgery - Christopher R. Zieker, M.D. Zieker Eye**  
14 Mountain Ledge Drive, Wilton, NY 12831, (518) 450-1080
- 1:25 **Social Work at NABA - Nate Modafferi, Licensed Social Worker (LMSW)**
- 1:30 **Fall Prevention - Samantha Gartland, Certified Orientation & Mobility Specialist at NABA**
- 1:45 **NABA Youth Program - Senia Fleming, Coordinator of Youth Services at NABA**
- 2:00 **New York State Talking Book and Braille Library - Shawn Lemieux, Associate Librarian,**  
[www.nysl.nysed.gov/tbbl/](http://www.nysl.nysed.gov/tbbl/) 1-800-342-3688, [tbbl@nysed.gov](mailto:tbbl@nysed.gov)
- 2:05 **WMHT-RISE Radio - Joyce Stah, [www.wmht.org/rise/](http://www.wmht.org/rise/), 518-880-3436, [istah@wmht.org](mailto:istah@wmht.org)**
- 2:10 **NY Connects NY - Audrey Shaw, NY Connects Outreach Specialist, Independent Living**  
Center of the Hudson Valley, Inc., (518) 274-0701, [AShaw@ilchv.org](mailto:AShaw@ilchv.org)
- 2:15 **LifePath - Gretchen Moore, Assistant Executive Director, (518) 465-3322**  
[gmoore@seniorservicesofalbany.com](mailto:gmoore@seniorservicesofalbany.com)
- 2:20 **Albany Medical Center Driver Rehabilitation Program – Linda Sprague, OTR/L, DRS, PT/OT**  
Manager, [spragul2@amc.edu](mailto:spragul2@amc.edu) (518) 262-3299 & **Carrie Meher, MS, OTR/L, DRS, Senior**  
Occupational Therapist, [meherc@amc.edu](mailto:meherc@amc.edu) (518) 262-3291

# Wearing a mask with your hearing aids



## Clever tips to protect your ears and hearing aids while wearing a mask



1.

If you have long hair, pull it back into a bun and loop the elastics around the bun.



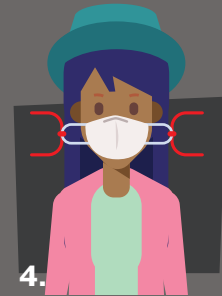
2.

Create a "mask extender" out of fabric or ribbon about 4 inches long. Buttons sewn on either side allows for a place to put the elastic other than your ears.



3.

Sew 2 large buttons onto a soft headband, placing the buttons to line up with each ear. Looping the elastic around each button will take the strain off your ears.



4.

Use masks with string or ribbons that tie in the back. There are YouTube videos on creating masks that tie, which puts absolutely no pressure on the ears.

## Communicating when wearing a mask



Speak slowly, clearly and at a normal volume.



Rephrase remarks when not understood.



Take turns when speaking.



Make sure hearing aid users have them on.



Keep background noise in the room to a minimum.



Face each other (at a safe distance).

## When removing your mask...

Check to make sure hearing aids are still in place after removing a mask as they may come off with mask removal.



## Memory Tree Galway Lioness Club

The Galway Lioness announces the 26<sup>th</sup> annual Memory Tree in the Village Park by the bandstand. Our memory tree will be lit with bulbs donated by individuals wishing to remember loved ones during the Christmas season. It is an annual holiday tradition and bulbs can be purchased each year. There is a \$1.00 donation requested per bulb for each individual name submitted. All proceeds will be used for our Community Fund listed below. Names may be submitted until December 31<sup>st</sup>. Tree will be lit through end of January.

Anyone interested in buying a bulb in memory of someone special may submit that person's name and donation to the Galway Lioness Club.

A list of names of those to be remembered will be posted in the Memory Book, location TBD. Each name will be listed only once. Angels next to the names will indicate additional remembrances.

Community Fund projects we donate to include local Holiday and Spring basket programs, Lions Eye Bank at Albany, Lions Foundation, flags for Memorial Day, Hospice of Saratoga, Regional Food Bank for Galway, Town of Galway Summer Program, the Gateway House of Peace, the Annual Senior Class Breakfast, and a scholarship for a Galway High School senior.

**Please join us for the tree lighting on November 29, 2020 at 5:30 PM. Bring a flashlight. After the tree is lit, due to uncertainty with COVID-19, location of the ceremony of reading the names, carol singing and possible refreshments are unknown at this time and will be communicated closer to the lighting date in both the Galway Get Together and the Daily Gazette Community News listing.**

The members of the Galway Lioness Club wish to express their gratitude for your support throughout the year and wish you a joyous Christmas season.

Examples of the way names should be listed (\$1.00 per name):

In memory of Mrs. Jane Smith = a \$1.00 donation

In memory of Mr. & Mrs. John Smith = a \$2.00 donation

Donated in memory of:

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Total amount enclosed \$\_\_\_\_\_. Make checks payable to the Galway Lioness Club.

My name is \_\_\_\_\_ and I can be reached by phone at \_\_\_\_\_ (in case we need to discuss your remembrances).

Detach and return to Galway Lioness Club, PO Box 502, Galway, NY 12074



# Lions Clubs International

## Dear Club Leader,

The coronavirus (COVID-19) pandemic has impacted the work of Lions around the world. In many cases, it has also created financial hardships for our Lions and the people for whom we care.

To support the incredible men and women serving with us, the International Board of Directors has passed a resolution to help our clubs.

### **Here is an overview of the resolution approved by the Board of Directors:**

**Flexible payments** – No clubs will be suspended or cancelled through December 31, 2020 for late payment of dues.

**Charter and entrance fees waiver** – We have waived all charter and entrance fees from July 1 – December 31, 2020.

These measures will help Lions facing financial hardships, and give our clubs hope, encouragement, and an opportunity to start the new Lion year with renewed energy and optimism.

This may be a time of great need, but we will overcome this together. For more than a century, Lions have taken on the greatest challenges facing humanity. That is who we are, and what we do.

So let us stand together. And let us remember just how important we are to our communities and the world.

Regards,

Dr. Jung-Yul Choi  
International President



P. O. Box 528  
Glens Falls, NY 12801  
[www.glensfallslions.org](http://www.glensfallslions.org)

# Glens Falls Lions Club Swing for Sight & Sound!

## 17<sup>th</sup> Annual Golf Tourney

at Airway Meadows

### Sat., Oct 10

### 1<sup>ST</sup> PLACE TEAM - \$400

### \$90/Person | Raffle & Prizes

Registration at 8:15 am

Hot & Cold Buffet Following Tourney  
Water/Soda/Hotdog/Turn



FOR MORE INFO:

**SCOTT RAGER**

PH: 518-798-3143

FX: 518-798-5441

[rager@roadrunner.com](mailto:rager@roadrunner.com)

### Event/Hole/Tee Sponsorships Available

**Help Support Our Missions of Sight,  
Hearing, Diabetes, Youth & Community!**



Glens Falls  
**LIONS  
CLUB**



**SIGHT AND HEARING YOUTH COMMUNITY**

#### **WHO ARE WE?**

For 80 years, Glens Falls Lions have served the needs of our community as part of Lions Clubs International, the world's largest service club organization. WE SERVE!

#### **WHAT WE DO.**

##### **LOCAL.**

The Glens Falls Lions Clubs provides funding for glasses, eye exams, and hearing aids for qualified area residents, as well as pre-school vision screenings for children throughout the area.

##### **REGIONAL.**

Together with other area Lions Clubs we purchased a Dental Van for area school children, raised funds for needed eye surgical equipment at Glens Falls Hospital, and helped lay the groundwork for the establishment of the Lions Eye Institute in Albany, NY, where more than 30,000 adults and 5,000 children are treated there each year.

##### **INTERNATIONAL.**

Lions are there when disaster strikes, supporting both local and global needs. Earthquakes, Hurricanes, Flooding. The Glens Falls Lions have supported those in need because of natural disaster around the world.

## **3 WAYS YOU CAN HELP GLEN FALLS LIONS MISSIONS!**

For more information on Glens Falls Lions, please contact us.

P.O. Box 528, Glens Falls, NY 12801

518-798-3143

[www.glensfallslions.org](http://www.glensfallslions.org)

Like us on 

### **1. ☐ "SPONSOR A TEAM" - \$90/Person** \$ \_\_\_\_\_

**Player 1** \_\_\_\_\_

**Player 2** \_\_\_\_\_

**Player 3** \_\_\_\_\_

**Player 4** \_\_\_\_\_

### **2. ☐ "SPONSOR HOLE/TEE" - \$100** \$ \_\_\_\_\_

Your Company Logo on a sign at a Hole or Tee. Your Choice!

### **3. ☐ "SPONSOR EVENT" - \$1000** \$ \_\_\_\_\_

Your Company Logo on the Event Banner and complimentary foursome with dinner.

#### **THANK YOU FOR YOUR SUPPORT!**

Please make checks payable to Glens Falls Lions Club and send to:

P. O. Box 528, Glens Falls, NY 12801

**LAST DAY FOR REGISTRATION ~ Thursday, October 1, 2020!**

# SUPPORT FAMILIES OF SERIOUSLY-ILL CHILDREN BY COLLECTING ITEMS FROM OUR WISH LIST!



## WISH LIST



### Gift Cards for RMH Families & RMH Supplies

VISA/MC/AMEX

Amazon, Walmart, Target, Home Depot,  
Lowes, Price Chopper, Hannaford

### Gift Cards for Family Travel/Gas Expenses

Mobil Gas Cards

### Gift Cards for Family Meals

in or near the hospital:

Subway  
Panera  
Dunkin  
Starbucks

Individual Nut Packs  
Individual Raisin Packs  
Microwave Oatmeal Cups  
Individual Microwave Pasta  
Individual Easy Mac Cups

Disinfectant Wipes/Spray  
Laundry Detergent  
Wet Swiffer Refills  
Dry Swiffer Refills  
Windex in Spray Bottles

Individually Wrapped Plastic Forks & Spoons  
Paper Plates  
Paper Towels

Check out our Amazon Smile wish list for more items!

[https://smile.amazon.com/hz/charitylist/ls/ZNTVC7A2T8JC/ref=smi\\_ext\\_lnk\\_lcl\\_cl](https://smile.amazon.com/hz/charitylist/ls/ZNTVC7A2T8JC/ref=smi_ext_lnk_lcl_cl)



**Ronald McDonald  
House Charities®**  
of the Capital Region

139 South Lake Avenue • Albany, NY 12208  
Phone: (518) 438-2655 Fax: (518) 459-6529



# Hand Sanitizer



**\$5 per bottle, or buy 4 and get 1 free (save 25%!)**

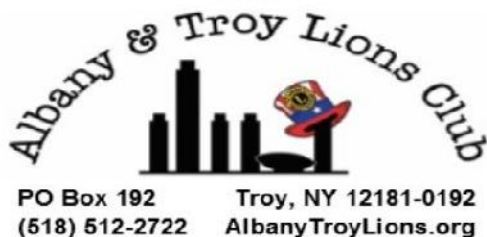
**Get yours today by contacting Ruth Sano at 518-859-3796  
or [albanytroylions@gmail.com](mailto:albanytroylions@gmail.com)**

- ◆ All proceeds benefit the Albany & Troy Lions Club and Grateful Villages
- ◆ FDA registered and approved hand sanitizer
- ◆ Made to W.H.O. standards
- ◆ 75% isopropyl alcohol for maximum efficacy
- ◆ Contains aloe for moisturizing and counteracting the drying effects of alcohol
- ◆ Only two ingredients; a natural product without the unwanted filler of industrial sanitizers
- ◆ Fine-mist spray applicator covers hands with just the right amount
- ◆ Glass bottles and high-quality packaging avoid single-stream waste and unnecessary plastics
- ◆ Sanitizer bottles are made to be refillable at local refill stations like the Honest Weight Food Coop



## Grateful Villages Hand Sanitizer

2 fl-oz (59.15 ml)



### Drug Facts

#### Active Ingredient:

Isopropyl Alcohol 75% v/v

#### Purpose:

Antiseptic

**Use:** Hand Sanitizer to help reduce bacteria that potentially can cause disease. For use when soap and water are not available.

#### Warnings:

For external use only.

Flammable. Keep away from heat or flame.

**Do not use:** - in children less than 2 months of age  
- on open wounds.

**When using this product:** keep out of eyes, ears, and mouth. In case of contact with eyes, rinse eyes thoroughly with water.

**Stop use and ask a doctor** if irritation or rash occurs. These may be signs of a serious condition.

**Keep out of reach of children.** If swallowed, get medical help or contact a Poison Control Center right away.

**Directions:** Place enough product on hands to cover all surfaces. Rub hands together until dry. Supervise children under 6 years of age when using this product to avoid swallowing.

**Store** between 15-30°C (59-86°F)

Avoid freezing and excessive heat above 40°C (104°F)

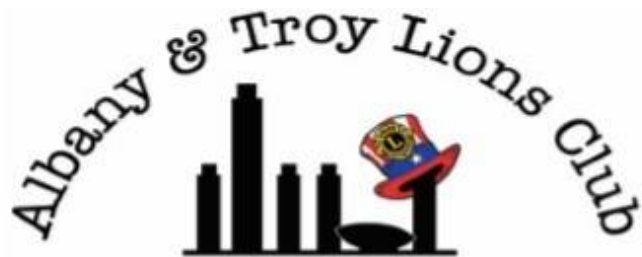
**Inactive Ingredient:** Aloe Vera NDC: 76829-720-02

# Spread the word, not the germs.

**Masks are two-ply cotton separated by a coffee filter, and they're only \$10 each.**



**Can be hand-washed with a mild dish detergent like Dawn®. After the masks are made, they're washed, sprayed with antiseptic hydrogen peroxide and placed into a zippered plastic bag.**



PO Box 192      Troy, NY 12181-0192  
(518) 512-2722      AlbanyTroyLions.org

*Albany & Troy Lions can call or email Jerry. This order form is for Lions from other clubs.*

Mask Order Form		
	Quantity	Total \$
Masks @ \$10		
S & H (or contact Jerry to arrange delivery)		
1-2 masks: \$1; 3-4: \$2; 5-6: \$3; 7-8: \$4; 9-10: \$5. >10, ask		
Total:		
Name _____		
Address _____		
City, ST ZIP _____		
Phone _____ Email _____		
Club _____		
Make check payable to ALBANY & TROY LIONS CLUB and mail with this form to:		
Lion Jerry Gordon, 15 Hyland Circle, Troy, NY 12182-1690		
Questions? <a href="mailto:jerrygordon@juno.com">jerrygordon@juno.com</a> or 518-235-8232		

## KidSight Foundation USA



## Changing Life through Lenses For Eye Doctors

Changing Life through Lenses™, an Essilor Vision Foundation platform, is a first-of-its-kind charitable solution which provides no-cost glasses to help you expand charitable efforts within your community.

The site provides real-time registration with immediate ordering of eyeglasses and frames, referral tracking and access to educational resources on how to engage in the community.

## Qualified Patients

- Individuals at or below the poverty level without vision insurance for this pair of glasses as reasonably determined by the provider
- No age or citizenship restrictions

## Make a Positive Impact Today

Did you know 1 in 4 children in the U.S. have a vision problem that affects their ability to learn? 80% of all vision impairment can be prevented or cured. Without charitable eye doctors, millions of children would be unable to obtain vision services.

## Questions?

View the demonstration video and register at [changinglifethroughlenses.org](http://changinglifethroughlenses.org) or contact [support@evfusa.org](mailto:support@evfusa.org).

## Program Benefits



No-cost, single vision or bifocal glasses for qualified patients



Use of one account to process all of your charitable work



Real-time account creation and access to immediate ordering



Free trial collection of frames with 30 styles, sizes 42-58



Library of resources that includes best practices & guides



Join a community committed to making a difference

## Changing Life through Lenses For Referral Organizations

Are you an organization that conducts vision screenings or identifies patients who don't have insurance for vision care?




You can help enlist eye doctors in your community to register for Changing Life through Lenses™ and receive no-cost glasses for patients in need.






## How to Get Involved

Changing Life through Lenses™ is Essilor Vision Foundation's charity ordering website offering glasses and resources to enhance charitable giving. Review our checklist below to understand how your referral organization can participate:

### DOES YOUR ORGANIZATION FOCUS ON SCREENING?

- ☐  **Spread the Word:** Go to eye doctors in your community and tell them about the program.
- ☐  **Share Information:** Use the reverse side of this flyer and encourage eye doctors to register.
- ☐  **Send Qualified Patients:** Begin sending qualified patients to the eye doctors who are now enrolled in the program.

### DO YOU ALSO PROVIDE EXAMS + DISPENSE GLASSES?

- ☐  **Visit the Website:** Visit [changinglifethroughlenses.org](http://changinglifethroughlenses.org) to educate yourself on the program.
- ☐  **Consult with Your Organization:** Review the program benefits and requirements with your team.
- ☐  **Create an Account:** Register at [changinglifethroughlenses.org](http://changinglifethroughlenses.org) and gain access to immediate ordering.

## QUESTIONS?

View the demonstration video and register at [changinglifethroughlenses.org](http://changinglifethroughlenses.org) or contact [support@evfusa.org](mailto:support@evfusa.org).



# **Club Excellence Awards**

**Make it your club's tradition to  
achieve excellence every year!**

Clubs that excel in community service,  
membership growth, communications and  
organizational operations may qualify for the  
prestigious Excellence Awards.

Please use the qualifications outlined in the club excellence award  
application as your road map to excellence.

**Is your club striving to finish the year with  
a net growth in membership?**

**Will your club participate in at least three service projects?**

**Are you promoting your club's events or activities to the community?**

If you answered yes to these questions,  
you may be eligible for the Club Excellence Award.

The Club Excellence Award is more than an award...  
it is proof that your club is **STRONG!**

For questions, inquiries or to submit your Club Excellence Award Application  
you may contact us by email

**clubexcellenceaward@lionsclubs.org** or by phone **(630) 468-6890**

**Make achieving the award a winning tradition!**

2018-2019 Club Excellence Award Application

**Deadline date to submit your Club Excellence Award Application is August 31st.**

**(See application on the next page)**



## 2018-2019 CLUB EXCELLENCE AWARD APPLICATION

*Club must be chartered prior to January 1 of the fiscal year to qualify.*

Application Date \_\_\_\_\_

Club Number \_\_\_\_\_

Club Name \_\_\_\_\_

Member Number \_\_\_\_\_

2018-2019 Club President's Name \_\_\_\_\_

2018-2019 Club President's Email Address \_\_\_\_\_

### 1. MEMBERSHIP

- ☐ Achieved a Net Growth of: \_\_\_\_\_ \*

**OR**

- ☐ Chartered new Lions club or Club Branch:

Name of club or branch: \_\_\_\_\_

**AND**

- ☐ Supported member retention by increasing member satisfaction

Outline strategy: \_\_\_\_\_

*\*Based on June 30 cumulative membership report*

### 2. SERVICE

- ☐ Started a new service project. Consider one of our *Global Causes!*

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

**OR**

- ☐ Organized a new Leo Club

**AND**

- ☐ Contributed to LCIIF

### 3. ORGANIZATIONAL EXCELLENCE

- ☐ Club is in Good Standing: Not in Status Quo or Financial Suspension. District dues paid and no unpaid balance with LCI greater than US\$50 outstanding 90 days or more.

**AND**

- ☐ Key Officers participate in one or more of the following leadership training events:

- ☐ District                      ☐ Multiple District  
☐ International              ☐ Webinars  
☐ Lions Learning Center   ☐ Club Quality Initiative

**AND**

- ☐ Improved club operations

Improvements include: \_\_\_\_\_

Improve Membership Value & Reach New Markets

Enhance Service Impact & Focus

Pursue Club, District and Organizational Excellence

Reshape Public Opinion & Improve Visibility

### 4. MARKETING AND COMMUNICATION

- ☐ The club has publicized its service activities through local media or social media as noted below:

**OR**

- ☐ The club utilized social media to promote club activities and reported to Lions Clubs International as noted below:

Date \_\_\_\_\_

2018-2019 District Governor's Signature\* \_\_\_\_\_

District \_\_\_\_\_

Member Number \_\_\_\_\_

Due by: August 31, 2019

Send to: [clubexcellenceawards@lionsclubs.org](mailto:clubexcellenceawards@lionsclubs.org) or fax to (830) 708-0245

Awards Mailed to: 2018-2020 District Governors

\*If sent from district governor's registered email, it qualifies as signature on applications submitted electronically.

Disqualified clubs have 12 months from original due date to request a review.



Sight Society of Northeastern NY, Inc.  
**Lions Eye Bank at Albany / Rochester**

**2020**  
a year with **VISION**

# **RAFFLE**

**1st PRIZE \$2500**

**2nd PRIZE \$1000**

**3rd PRIZE \$500**

**\$20** per ticket

**Drawing held December 3, 2020**

**For tickets contact:**

**Lion Lettie Saheim** 518-753-7867  
e-mail: [Isaheim117@gmail.com](mailto:Isaheim117@gmail.com)

**Lion Victoria Adler** 518-489-7606  
e-mail: [vadler@lionseyebankalbany.org](mailto:vadler@lionseyebankalbany.org)

**proceeds to benefit**

**Lions Eye Bank at Albany / Rochester**

**Sight-Saving . Life-Changing**

# District & Club Articles

## HOW TO GET THE DISTRICT NEWSLETTER FOR



**1. GO TO 20WLions.org**

**2. Find "To sign up for the District newsletter, click here" at the bottom of the blue box.**

**3. Fill in requested information.**

**4. Submit!**

**It's as easy as that!  
You will receive the newsletter  
each month in your email.**

## Lions Hearing Conservation Society of NYS

### RECYCLE OLD OR USED HEARING AIDS

by VDG1 Michele O'Hare

### WE NEED YOUR HELP!!!

We are asking Clubs to assist us in recycling old hearing aids.

All styles & models wanted, no matter the condition of the hearing aid. The money the Society receives from these used hearing aids is the money we use to assist the Clubs with their hearing aid requests.

Please check with your local assisted living facilities, nursing homes, funeral parlors, etc., to see if they have any hearing aids they would like to donate Society.

Further information about the society is on the 20-W District website. If you have any questions, please contact VDG Lion Michele O'Hare at 518-694-6872 or mohare@naba-vision.org.

Please mail all the used hearing aids to:  
Lions Hearing Conservation Society of NYS  
301 Washington Avenue  
Albany, NY 12206

Thank you for recycling!

**TO LEARN MORE ABOUT THE  
LIONS HEARING CONSERVATION SOCIETY  
OR TO HAVE A PRESENTATION FOR YOUR  
CLUB  
PLEASE CONTACT VDG LION MICHELE**

**LIONS HEARING CONSERVATION  
SOCIETY OF NYS**

**PRESIDENT 1STVDG MICHELE PULEO O'HARE**

Michele Puleo O'Hare (Bethlehem Lions)  
8 Turnberry Drive, Slingerlands, NY 12159  
Home: 518-475-1908; Cell: 518-694-6872  
Work: 518-463-1211 x 241

dgmicheleohare@gmail.com



www.facebook.com/lionshearingconservation

# Clinton Lions Club

By Lion Jim Winkler

We finally met in person for the first time since March - with masks and observing the social distancing requirements it was a little different. Since our regular meeting restaurant is still closed due to the effects of the virus, we met at different locations. Our first meeting of the month was held at the picnic pavilion of our local volunteer fire department – we purchased pizza for what could be the last outing of the summer. The second meeting was held in the community room of one of our local senior communities where we enjoyed pre-purchased submarine sandwiches. We utilized these gatherings to discuss the impact of the virus/shutdown on our club finances and began to plan our service to the community not knowing what impact the lingering virus will have on our plans. Next month our first meeting is scheduled to be conducted in the Board Room at our local town's municipal building.

Monthly collection of eyeglasses by members of the club resulted in 272 pairs being retrieved from containers in local businesses, sorted and prepared for delivery to the Central Association for the Blind & Visually Impaired (CABVI) in Utica. On the 28th of the month we delivered 770 pair of eyeglasses to the CABVI. They had been collected over the last several months.

Assistance at our local Food Pantry continued with two distributions, one on September and the other on September 28th. Club members

perform various tasks on a monthly basis depending upon the needs, number of volunteers participating and amount of food the pantry has accumulated to distribute.



*September 28 Food Distribution: Vehicles waiting to receive food. View at intersection of South Street and French Road in Clark Mills, NY looking southwest toward State Route 5.*

The most recent distribution was the largest to date – we distributed food, personal hygiene items and Kids Paks



*September 28 Food Distribution: Queue of vehicles at approximately 9:30 AM. View looking northeast toward Annunciation Church (food pantry) on South Street in Clark Mills, NY*

containing child friendly & healthy food supplements to over 1,000 people (640 vehicles). The distribution continued outside in the parking lot of the church in Clark Mills, NY and because of the

virus impact it looks like we will continue this type of distribution through the winter months. Two of our members, wearing reflective Lions vests, have undertaken the responsibility for traffic control. Vehicles awaiting food are queued up along the shoulder of the hamlet roads while through traffic passes in both directions utilizing a single lane and walkie-talkies in a road construction-type environment. The upcoming winter season should prove interesting.

On behalf of the District, we made a \$200 donation toward the purchase of product for inclusion in the Kids Paks. These funds were obtained by the District from the Brandel-Murphy Youth Foundation (BMYF) as an incentive for selling our assigned quota of Super Bowl Raffle Tickets last year. In addition, to assist in covering the increased cost of food supplies resulting in the ever-increasing number of people served by the pantry, our club made a supplemental contribution of \$500 to the pantry. We will be applying for a matching fund grant to the BMYF for our contribution to multiply our “Lions dollars” donation to the pantry.

Our efforts in keeping the al fresco dining space in the heart of village continues. We fulfill our obligation to the community effort two days a week. Club members take turns cleaning the area and preparing any refuse for pickup by the village sanitation department the following day.

Three members represented the club by attending the Cabinet Meeting in Canton, NY earlier in the month and last week two members joined the Herkimer Lions Club for dinner at their 34th annual Golf outing.

We continue to plan service projects and fundraisers in the "new normal" and have determined mailing an appeal letter to the community is our best approach in attempting to make up for canceled fundraisers. This letter will be mailed sometime before the Christmas Holiday Season and ask residents to consider making personal donations to our efforts in serving the community. Holiday events in the community in which we have participated in past years have already been scaled down, modified or canceled. The club will continue our visibility in the community through participation in these events in a socially responsible manner.

We hope everyone continues to stay safe & healthy and we look forward to seeing everyone in Lake George in November.

#### **KING LION ROBERT MAXAM**

2 Sunset Drive, Clinton, NY 13323

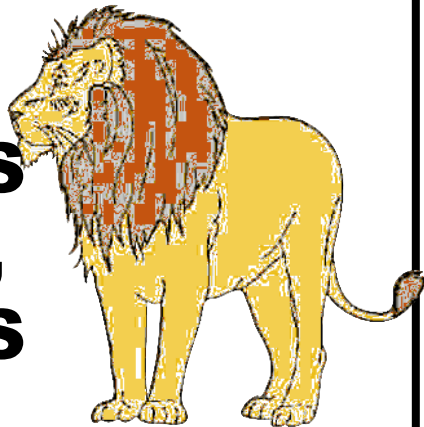
Home: 315-853-5968

Cell: 315-794-0410

maxamr60@gmail.com

<http://clintonnylionsclub.com/>

**WHERE  
THERE'S  
A NEED,  
THERE'S  
A LION!**



The Global Leader In  
**Humanitarian Service**

[www.lionsclubs.org](http://www.lionsclubs.org)



## **Chazy Lions Club**

### **LIONS COMPLETE GUIDING LIONS TRAINING**

By Lion Priscilla Laurin

This month members of the Chazy Lions Club completed community service - cleaning the Chazy Rec Park and getting it ready for winter.

Three members attended the cabinet meeting on September 12, 2020 in Canton, NY. They also completed training to be Guiding Lions at that time.

*Right: VDG2  
Rick Laurin with  
Lions Karen  
Russell and  
Priscilla Laurin  
complete Guiding  
Lions training.*



*Lions Mickey Kuhn, Jack Collins and Chazy King Lion Tom Pepper - photo taken by Lion John Saxe*



#### **KING LION THOMAS PEPPER**

649 Ratta Road, Chazy, NY 12921

Home: 518-846-8404

Cell: 518-569-2734

Work: 518-846-7111 [mtom.pepper@westelcom.net](mailto:mtom.pepper@westelcom.net)

# New York State & Bermuda Lions Foundatin, Inc.

by PDG Joan Scott

Fellow MD-20 Lions: What project or need in your community can you meet with some additional financial support from your Foundation? Discuss your proposed project with your district Trustee! We are here to serve you and help turn your community project from a vision to a reality. We provide matching grants for any approved Lions Club or District project that supports an un-met need in your local community. We can support your club project starting with your application to the NYS&BLF for a matching grant (see our web site: [www.nysblf.org](http://www.nysblf.org)). There have been some recent enhancements to our application process to assist you:

A. Only one (1) paper copy has to be mailed (no e-mails) to the Foundation at least 30 days prior to our next scheduled meeting (previously was 45 days). The application must be signed by a Trustee of the Foundation from your District.

B. Meeting dates are posted on our web site, as is the address to mail your grant application (see address below; must include a copy of the complete minutes of the cabinet meeting at which district approval of your application was obtained).

C. If the grant request needs to be submitted due to a deadline date before the cabinet minutes are available, a letter signed by your CS stating that the district cabinet approved the submission of a grant request by your Lions Club or District can be included with the grant submission. If the grant is approved, the matching funds will be released when the complete cabinet minutes are received by the Foundation office.

So should your club go through this process and what will you hope to gain? Here's an example of a community need that was recently met by the Union Springs Lions Club. The village of Union Springs dubbed 2017 The Year of Frontenac Park as community organizations donated funds to renovate an old and unsafe playground. Union Springs Lions played a major role in fund-raising, securing matching grants from the NYS&BLF and providing hands-on labor. Here are the results:



Please remember that the matching funds that we provide for your community projects (up to \$5,000) and emergency

grants (up to \$2,500) come from you through our annual fund-raising drawing (tickets are being sent to each club in the near future) and through your annual donations as individuals (\$25), club memberships (\$100) and sponsorships of Robert J. Uplinger awards (\$300). Consider adding a legacy gift to the NYS & Bermuda Lions Foundation endowment for future community projects through your estate planning.

Thank you LIONS for everything you do to live up to the motto "We Serve" and for your continued support of the New York State and Bermuda Lions Foundation!

## NYS & BERMUDA LIONS FOUNDATION, INC

P.O. BOX 445, GLEN HEAD, NY 11545

516-719-8695

[nysblf@gmail.com](mailto:nysblf@gmail.com)

[www.nysblf.org](http://www.nysblf.org)

## Pediatric Cancer Awareness

### MESSAGE FROM RONALD MCDONALD HOUSE

By Lion Diane Lange

Hi Diane,

Thank you so much for the generous donation of gift cards from your Lions Club. They will be a tremendous help to our house director as she meets the needs of our RMH families and children.

Regarding your inquiry of other ways to help, I am attaching a recent wish list (please see page 20 of this newsletter), but I also wanted to share the following need that our Director of Volunteers shared with others today:

The House is a bit different right now with limited volunteers and lots of safety measures, cleaning, and disinfecting protocols in place. One of our biggest challenge now is providing meals for our guest families. Our traditional meal program has been on pause, and we are just now beginning to bring back a few regular meal partners to assist. Until we

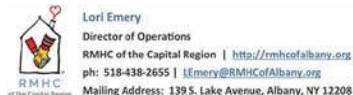
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are able to cover 7 days a week with volunteer meal groups, we are in great need of sponsors to cover the costs of catered dinners from restaurants. If you would like to help with this need, it can be done in one of these three different ways:

1. Make a donation to the House towards the meal program, costs vary depending on how many families are here and have ranged from \$100-\$280 a night
2. Choose to purchase a gift card from a local restaurant for us to use for a night. We've used restaurants like TJ's Café on Central Avenue (giving back to them as they donate a meal once a week), Topsy Moose on New Scotland Avenue, Cardona's Deli on Delaware Avenue, Swifty's also on Delaware Avenue and Pepper Jacks on North Allen. We've also found a few of the chain restaurants have meals a bit cheaper and have used Ninety Nine Restaurant and Texas Roadhouse so far.
3. We can plan a meal together and you can pay directly to the restaurant once we place the order.

We thank you and your group so much for thinking of the families of RMHC during this time! Please call me if you have any questions!

Lori



## PEDIATRIC CANCER CHAIR DIANE LANGE

14 Jacob Drive, Gansevoort, NY 12831  
Phone: 518-409-4321 Cell: 518-527-1926

## Glens Falls Lions Club

By Lion Karen Rager

As summer ends and fall rolls around the corner, we find ourselves still in the state of uncertainty with this pandemic. Glens Falls Club decided to slip back into some sort of normalcy as our meeting place was willing to have us back with precautions in place.

On September 11, we held our Annual Blood Drive honoring the heroes and those who lost their lives that fateful day in 2001. With many volunteers helping to call former donors to set up appointments, and those who helped with the additional duties due to covid - 19 mandates, on site, we had another great year. According to our Red Cross coordinator, we had

Scheduled Appointments: 121

Presenting Donors: 113

# of whole blood donations: 96

# of power red donations: 9

# of deferrals: 3

# of QNS: 5

Total Pints Collected: 114

A potential for a total of 342 Lives Saved!

Drive goal: 116 pints

% of goal achieved: 98% !! AWESOME JOB!

## KING LION AL CERNY, JR.

7 Shallow Creek Road, Queensbury, NY 12804

Home: 518-615-6938; Cell: 518-528-6641

[cerny8062@roadrunner.com](mailto:cerny8062@roadrunner.com)

## CLUB CORRESPONDENCE



[glensfallsions@gmail.com](mailto:glensfallsions@gmail.com)

[www.glensfallsions.org](http://www.glensfallsions.org)

Glens Falls Lions Club fb page

## Broadalbin-Perth Lions Club

By Lion Val Kevlin

King Lion Bill Suchy and Lion Bob Townsend, Sight Chainman, of the Broadalbin-Perth Lion's Club present checks from the BP Lion's Club and the Lion's Eye Institute Foundation to the family of Lion Ricky Kaufman a member of the BP Lion's Club. Lion Ricky's younger sister Isabella, now 10 years old, was born with a genetic condition called achromatopsia. The condition involves blindness, low vision, abnormal color vision and nystagmus (wobbling eyeballs). ella has been a patient of the Lion's Eye Institute and recently, her doctors in Boston recommended the Orcam My



Eye device to enhance her vision. It is a magnetic device that attaches to Bella's glasses and has the capability to read to her, recognize faces and colors. This device will make Bella's life easier, alleviate some anxiety and fatigue. Hopefully, this will give Bella more opportunities for independence in future years. Another example

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of the partnership of local Lion Clubs with the Lion's Eye Institute serving those of need.

### **KING LION BILL SUCHY**

145 Memory Lane, Amsterdam, NY 12010

Home: 518-843-5850

Cell: 518-339-3692

bsuchy@nycap.rr.com

### **CLUB CORRESPONDENCE**

P. O. Box 331, Broadalbin, NY 12025-0331

bplions@hotmail.com

e-clubhouse.org/sites/broadalbinny/

## **Empire State Special Needs Experience/Lions Camp Badger**

By Cynthia Reuter

It was a quiet summer here at the camp without the sounds of campers and staff having fun. We are so happy that we were able to provide our campers with a little bit of Lions Camp Badger fun through the "Camp At Home" boxes. Campers enjoyed the daily activities. One camper even saved his box to bring with him to do while on a camping trip with his service provider.



However, camp maintenance carried on as usual with grounds to be mowed and cared for, equipment to be maintained and lots of buildings to look after. We own about 150 acres of land with over 40 buildings on the grounds including sleeping



cabins, a dining hall (Collins-Conroy Lodge), an infirmary, shower/bath/laundry building, several pavilions, a chapel,



boathouse, office, maintenance building, and the Jim and Helen Dormady Lakehouse. There is also a gated swimming pool area with bathroom/changing rooms, memorial garden, campfire area, lakefront, ballfields, and miles of walkways and



trails to maintain. Things are winding down as we get ready for winter, but there is still much to be done. Water lines to be drained and winterized, vehicles and equipment to be cleaned and stored away, and buildings checked and locked. The more we can get done now, the less work it will be to open back up in the spring!

### **2020 Super Raffle update:**

The raffle was extended to Labor Day weekend and the winners were drawn by President Andy Umreiko, Business Manager Cynthia Reuter and VDG Paula Umreiko. We had 10 winners of \$1000 each:

- 20N – Youngstown Lions Club
- 20N – Pendleton Lions Club
- 20E2 – Ethel B. (Ithaca)
- 20E2 – Helen D. (Ithaca)
- 20W – Greenwich Lions Club
- 20Y – Brian R. (Pompey)
- 20Y – Jeffrey S. (Manlius)
- 20Y – Bainbridge Lions Club
- 20K2 – Jose P. (Valley Stream)
- 20S – Melville Lions Club

Congratulations to all the winners! Thank you to all for supporting Lions Camp Badger through our Super Raffle!

### **CAMP BADGER**

725 LaRue Road, Spencer, NY 14883

**CYNTHIA REUTER, BUSINESS MANAGER**  
**PATRICIA GILLULE, CAMP DIRECTOR**  
**PCC ANDREW UMREIKO, PRESIDENT**

lionscampbadger@htva.net

Phones: 800-232-7060, 607-589-4800;

Fax: 607-589-6181

lionscampbadger@htva.net

## **ARE YOU A KNIGHT OF THE BLIND?**

Did you know that over 5,000 children and 30,000 adults are treated every year at the Lions Eye Institute at Albany?

**BECOMING A KNIGHT OF THE BLIND**  
is one way you can support this mission.

For more information:

jmcDonald33@nycap.rr.com

www.leialbany.com

## YOUR CLUB ARTICLE COULD BE HERE!

Let us know what your club is doing!  
Send articles and captioned photos  
and event flyers to  
[karen@deuxflutes.com](mailto:karen@deuxflutes.com)  
Monthly deadline is the 28th See page

33 for details!



**Diabetes**



**Environment**



**Hunger**



**Vision**



**Childhood  
Cancer**

# District & Club Resources

## Important Links

### Zone and Region Chairs

<https://tinyurl.com/y7dtrtz5>

### Service Toolkit

<https://tinyurl.com/ybq7vnhd>

### Club Resource Center

<https://tinyurl.com/y7onrj7l>

### Club President

<https://tinyurl.com/ycbk9l9e>

### Lions Learning Center

<https://tinyurl.com/y96hmy27>

### Lions University

<https://lionsuniversity.org/>

### Club Secretary

<https://tinyurl.com/y9ke23xg>

### Club Treasurer

<https://tinyurl.com/y92he2c8>

### Membership Chair

<https://tinyurl.com/ycke9qm6u>

### Services Chair

<https://tinyurl.com/y7nepq8p>

### LCIF Coordinator

<https://tinyurl.com/y7w9zjzp>

### Marketing and Communications

<https://tinyurl.com/y9scx447>

# Is your club in The ROAR/MD20Magazine?

## Let the District and the State know the GREAT THINGS YOUR CLUB IS DOING!

Below are the specifications for each publication.

### MD/20 MAGAZINE SUBMISSIONS

January, 2021 ~ June, 2021

**ONLY TWO ISSUES will be emailed to include district news.**

I will submit everything I receive by the deadline, however submission does not guarantee publication,  
**WE ARE LIMITED TO ONE PAGE PER DISTRICT/PLEASE LIMIT YOUR ARTICLES!**

### THE ROAR SUBMISSIONS

**THE 28TH OF EVERY MONTH**

Everything received by the deadline will be in the next issue. Publication will be the 1st of every month.

#### ARTICLES

- **Digital submission preferred in upper/lower case format.**
- Microsoft Word, PDF, or text embedded in an email are acceptable. Please no handwritten.
- No scanned newspaper articles. Newspaper articles will be accepted IF they are in digital format, and with written permission from the originating publication.
- SPELL CHECK everything, particularly names, titles, club name, etc.

#### PHOTOS

- **Digital submission preferred in JPEG.**
- Hard copies are acceptable (Please do not write on the back).
- Hard copy newspaper photos are not acceptable. Digital newspaper photos are acceptable ONLY with a release from the newspaper/photographer, with photographer credit.
- SPELL CHECK everything, particularly names, titles, club name, etc.
- **PLEASE MAKE SURE CAPTIONS ARE IDENTIFIED WITH CORRESPONDING PHOTOS!**

#### EVENT FLYERS (THE ROAR ONLY)

- Original documents saved in .jpg, .pdf format or Microsoft Word are acceptable. No scanned documents. Flyers may be “reworked” due to space requirements.
- SPELL CHECK everything, particularly names, titles, club name, etc.

Submissions can be made to [karen@deuxflutes.com](mailto:karen@deuxflutes.com)  
or Lion Karen Rager, 82 Hunter Lane, Queensbury, NY 12804.



## Lions Hearing Conservation Society of NYS

### LIONS LOAN-OUT EQUIPMENT

*Below is a list of assistive devices available at many of LHCS of NYS's Loan-Out Centers.*

*(Other equipment may be available upon request)*

#### Pocketalker

Personal amplifier. Ideal for one-to-one communication and TV listening.

#### Whistle Stop

Phone adapter to prevent feedback from using the telephone with a hearing aid.

#### Infrared TV Listening System

Wireless infrared amplification system.

#### Digital Alarm Clock

Wake to an alarm, a flashing light, or a portable pillow shaker.

#### Personal FM System

Wireless portable amplification system. Transmits up to 300 feet. Helpful for an individual or large group situation.

#### Alert Master

Uses a pillow shaker and a lamp flashing simultaneously to alert you to a smoke detector sounding, door knocking, telephone ringing, and alarm clock activation.

#### Amplified Telephone

Adjustable volume control with amplified ringer.

#### Cap-Tel Telephone

Telephone that has both amplification and caption capability. Telephone ringing, and alarm clock activation.

#### Amplified Telephone Ringers

Provides adjustable ring volume, frequency, and pitch tone.

#### Personal Body Pager

Pager works with the Alert Master. You wear it to alert to sounds while awake.

### LIONS LOAN-OUT CENTERS

#### Madison Hearing Center

14 Columbia Circle West Drive, Suite 202

Albany, NY 12203

Voice: (518) 690-2060

#### Northeastern Association of the Blind at Albany

301 Washington Avenue

Albany, NY 12206

Voice: (518) 463-1211, ext. 241

#### Madison & Saratoga Hearing Center

81 Miller Road, Suite 700

Castleton, NY 12033

Voice: (518) 689-0792

#### Center for Better Hearing

318 Ridge Street

Glens Falls, NY 12801

Voice: (518) 638-4363

#### Audiologic Solutions

361 Fairview Avenue, Suite 350

Hudson, NY 12534

Voice: (518) 631-2564

#### Saratoga Hearing Center/Saratoga Medical Arts Bldg.

414 Maple Avenue

Saratoga Springs, NY 12866

Voice/TTY: (518) 584-0578

#### Schoharie Office for the Aging

113 Park Place, Suite 3

Schoharie, NY 12157

Voice: (518) 295-2001

#### Resource Center for Independent Living

131 Genesee Street

Utica, NY 13503

Voice: (315) 797-4642 Ext. 2928

TTY: (315) 797-5837

#### Capital Region Hearing

9 West Sand Lake Road

Wynantskill, NY 12198

Voice: (518) 326-1742