



November 2020

# District 20W

# LIONS ROAR



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A  
message  
from...



**District Governor  
Rick Brisee**

**NEXT ROAR DEADLINE  
NOVEMBER 28, 2020**

**NEXT MD20 MAG. DEADLINE  
JANUARY 15, 2021**



**See Page  
37 for  
submission  
instructions.**

Fellow Lions - I hope this finds everyone safe and well!

My District Governor visitations are taking place in earnest in an effort to beat the weather and any potential COVID second surge. I wish to extend a huge thanks for the warm welcome and hospitality that has been shown myself and VDG Michele at every Club. For now, we are holding to the schedule but should a Club's situation change or the second surge does take place, please know that we can always change dates or move to a virtual Zoom meeting as an alternative.

The Fall Conference listed for November 14th in Lake George is still scheduled to take place with International Director Larry Edwards scheduled as our main speaker. ID Edwards hails from Altoona, PA, a state that as of today appears on the watch list, but not on the NYS quarantine or restricted travel list.

...continued on next page

Everyone needs to make their own personal safety assessment as the District observes applicable safety requirements. The maximum room headcount will be 50 or less, the meeting room has been moved to the larger ballroom so we can space out the tables better while practicing social distancing, face masks are encouraged, and we will have hand sanitizer available.

As we did in Canton, the Conference will be both in-person and via Zoom with the Zoom invite and link going out in the next few days. If you are not able to attend in-person, please take advantage of the Zoom link to attend from your own location.

The theme of the Conference is “Community Service During a Pandemic” and we will host around a dozen speakers giving step-by-step instructions on how to hold smaller but meaningful community service projects at little to no cost to Clubs while observing social distancing and other protocols.

Suggested service projects will include Highway Cleanup; a Veterans project; diabetes awareness and education, childhood cancer projects, Regional Food Pantries of the Capital Region, food drops, Remembrance Tree, Hearing Conservation, LCIF, projects to help the visually impaired, and several other topics. Most presentations will be in-person but some presenters will

lead their portion via Zoom.

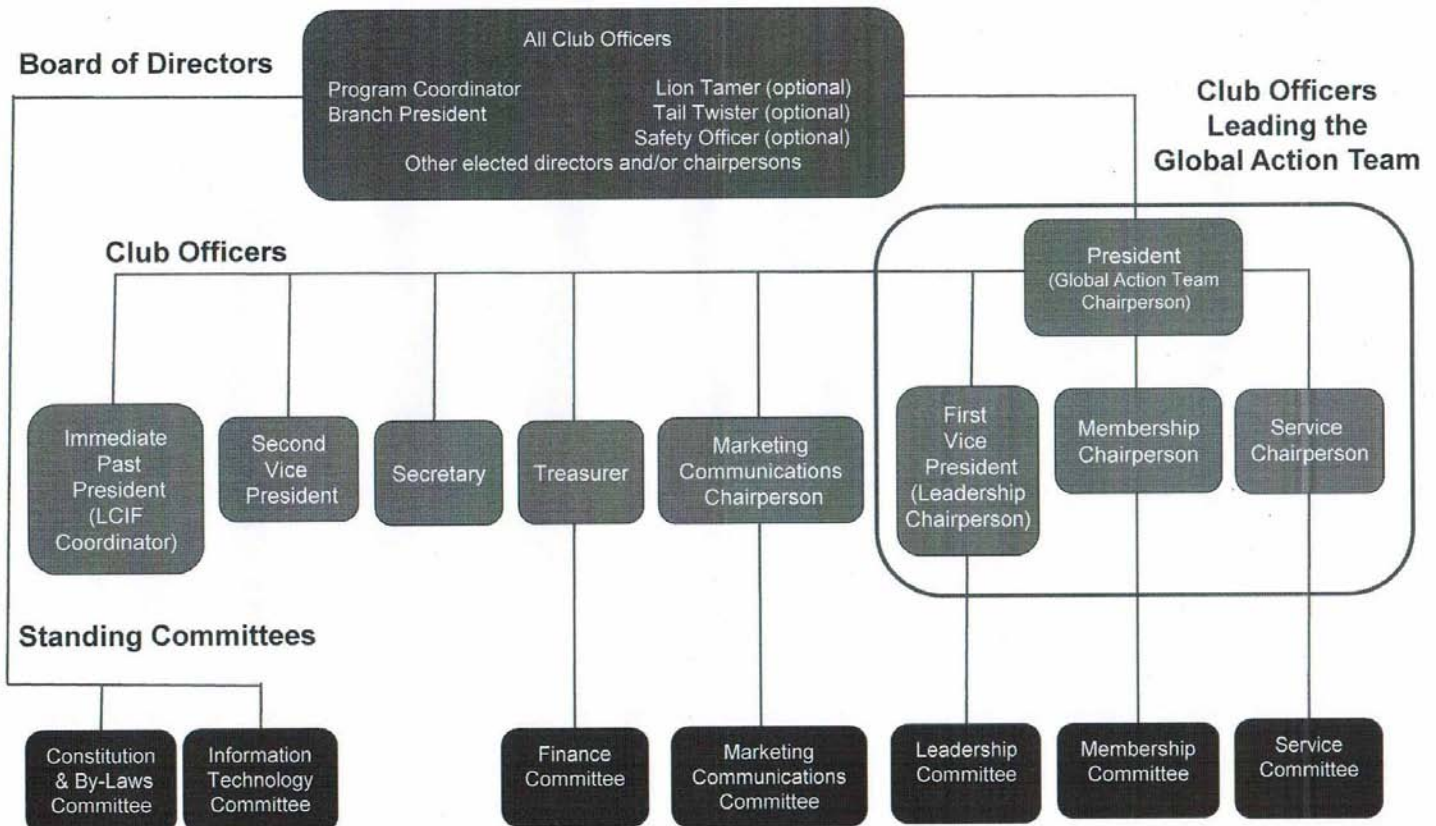
An invitation will be going out to all Club Presidents and Secretaries shortly about an orientation session for new and newer (three years and less) Lions. My hope is that Club officers will actively encourage all new and newer Lions to take advantage of this opportunity to learn about the various resources available to Lions as well as some of the wonderful service projects our Clubs hold locally. This is an exceptional opportunity for us to ‘tell our story’ about some of the innovative and exciting projects we do as Lions.

In the meantime, stay safe, stay well, and wear masks!

Yours in Lionism,  
DG Rick Brisee



## Standard Club Structure



# 20W Cabinet Officers

## DISTRICT GOVERNOR

Rick Brisee (Waterford Lions)  
192 Middletown Road, Waterford, NY 12188  
Home: 518-235-4988; Cell: 518-209-8812  
rbrisee@hotmail.com

## 1st VICE-DISTRICT GOVERNOR

Michele Puleo O'Hare (Bethlehem Lions)  
8 Turnberry Drive, Slingerlands, NY 12159  
Home: 518-475-1908; Cell: 518-694-6872  
Work: 518-463-1211 x 241  
dgmicheleohare@gmail.com

## 2nd VICE-DISTRICT GOVERNOR

Ricky Laurin (Chazy Lions)  
207 Sheldon Lane, Chazy, NY 12921  
Home: 518-846-7269  
jana5652@yahoo.com

## 3rd VICE-DISTRICT GOVERNOR

Your Name Here!



## CABINET SECRETARY

Barbara Bentley (Saratoga Springs Lions)  
P. O. Box 1031, Guilderland, NY 12084  
Cell: 518-894-1375  
bbentley@saratogaspringslions.com

## CABINET TREASURER

Eric Unislawski (Greater Johnstown Lions)  
P. O. Box 31, Johnstown, NY 12095-0031  
Cell: 518-669-2903  
jeneric39@juno.com

## IMMEDIATE PAST DIST. GOVERNOR

Edwin Pike (Galway Lions)  
3037 County Highway 10, Amsterdam, NY 12010  
Home: 518-842-2994; Cell: 518-423-9128  
weski48@yahoo.com

## REGION AND ZONE CHAIRS

# L

# I

# O

# N

# S

**ZONE A:** Clinton, Deerfield,  
Greater Herkimer, Holland Patent.

**ZONE A:** Ballston Spa, Galway,  
Greater Amsterdam, Saratoga  
Springs, Scotia/Glenville, Town  
of Greenfield.

**ZONE A & B:** Albany & Troy,  
Bethlehem, Duane, Greater  
Ravena Area, Town of Wright/  
Schoharie/Vly, Waterford.

**ZONE A:** Glens Falls, Hadley  
Luzerne, Long Lake, Newcomb,  
Town of Schroom.

**ZONE A:** Clifton Fine, Edwards,  
Gouverneur, Heuvelton, Lisbon,  
Louisville, Ogdensburg, Quad  
Town, Raquette River.

**ZONE B:** Marcy Telephone,  
New Hartford, New York Mills  
Whitestone, Sauquoit Valley,  
Utica.

**ZONE B:** Broadalbin/Perth,  
Central Mohawk Valley, Fonda/  
Fultonville, Greater Johnstown,  
Northville/Sacandaga, Speculator.

**ZONE B:** Cambridge, Greenwich,  
Mechanicville/Stillwater,  
Schuylerville, Town of Hoosick.

**ZONE B:** Chazy, Lake Placid,  
Malone, Peru, Plattsburgh, Saranac  
Lake, Tupper Lake.

## REGION CO-CHAIRS

Bill O'Mara (Clinton Lions)  
131 Sanford Avenue,  
Clinton, NY 13323  
Home: 315-853-5973  
Cell: 315-527-8381  
billo4077@yahoo.com  
**AND**  
Jim Winkler (Clinton Lions)  
136 Utica Road, Clinton, NY 13323  
Home: 315-853-6355  
Cell 315-601-4038  
Wink8@aol.com

## REGION CO-CHAIRS

Holly McConchi (Galway Lioness)  
2491 Northline Road,  
Galway NY 12074  
Home: 518-882-6516  
hmcchonc@aol.com  
**AND**  
Bob Pandori (Galway Lions)  
5525 Crooked Street  
Broadalbin, NY 12025  
Home: 518-882-6944  
Cell: 518-461-3058  
rpandori@yahoo.com

## REGION CO-CHAIRS

Liza and Bob Tougher  
(Bethlehem Lions)  
16 Candlewood Lane  
Delmar, NY 12054  
Home: 518-439-0399  
Cell: 518-763-3329  
Pansymoo@aol.com

## REGION CHAIR

Your Name Here!



## REGION CHAIR

Your Name Here!



## ZONES "A" AND "B" CO-CHAIRS

Bill O'Mara (Clinton Lions)  
131 Sanford Avenue,  
Clinton, NY 13323  
Home: 315-853-5973  
Cell: 315-527-8381  
billo4077@yahoo.com  
**AND**  
Jim Winkler (Clinton Lions)  
136 Utica Road, Clinton, NY 13323  
Home: 315-853-6355  
Cell 315-601-4038  
Wink8@aol.com

## ZONE "A" CHAIR

Edward Moore  
(Ballston Spa Lions)  
44 Chester Street,  
Ballston Spa, NY 12020  
518-852-3246  
emoore4@nycap.rr.com

## ZONE "B" CHAIR

Robert Townsend  
(Broadalbin-Perth Lions)  
805 County Highway 126  
Amsterdam, NY 12010  
Home: 518-843-6553  
rtownsen@nycap.rr.com

## ZONE "A" AND "B" CHAIR

Florence Brisee (Waterford Lions)  
192 Middletown Road  
Waterford, NY 12188  
Home: 518-235-4988  
fbrisee@hotmail.com

## ZONE "A" CHAIR

Kassey Granger  
(Glens Falls Lions)  
22 Whippoorwill Road  
Queensbury, NY 12804  
Home: 518-223-0633  
kassey.granger@gmail.com

## ZONE "B" CHAIR

Lettie Saheim  
(Mechanicville-Stillwater Lions)  
117 Hansen Road  
Mechanicville, NY 12118  
518-753-7867  
lsaheim@nycap.rr.com

## ZONE "A" CHAIR

Betsy Cummings  
160 Grove Street  
Gouverneur, NY 13642  
Home: 315-771-1310  
Cell: 315-771-1310  
Work: 315-287-0770  
e-mail: bcummin3@msn.com

## ZONE "B" CHAIR





## COMMUNICATIONS AND MARKETING TEAM

### District Coordinator

Michael Murtagh (Quad Town Lions)  
P. O. Box 161, Winthrop, NY 13697  
315-389-4165  
outageco@yahoo.com

### Website & Directory Director

Jerry Gordon (Albany & Troy Lions)  
15 Hyland Circle, Troy, NY 12182  
Home: 518-235-8232  
jerrygordon@juno.com

### Newsletter & MD20 Magazine Director

Karen Rager (Glens Falls Lions)  
82 Hunter Lane, Queensbury, NY 12804  
Home: 518-798-3143  
karen@deuxflutes.com

### Facebook Administrator

PDG James Griffith (Cambridge Lions)  
119 East Main St, Cambridge, NY 12816  
Home: 518-252-1070; Cell: 315-269-5370  
PDGJamesGriffith@gmail.com

### Facebook Editor & District Photographer

Lion Barbara Bentley (SaratogaSprings Lions)  
P. O. Box 1031, Guilderland, NY 12084  
Cell: 518-894-1375  
bbentley@saratogaspringslions.com

### WEB SITES

District 20-W: 20WLions.org  
Revisions to this directory: bit.ly/20Wdirectory  
20W Facebook page: bit.ly/facebook20w  
Multiple District 20: MD20Lions.com  
Lions International: LionsClubs.org

## District Notes



# LIONS DISTRICT 20W FALL CONFERENCE



Saturday, November 14, 2020

Courtyard by Marriott Lake George  
365 Canada St., US9, Lake George

9:00am Registration

\$30/pp

Includes Lunch

\* Meeting will be held  
in compliance with  
CDC recommendations  
including social distancing.



Keynote Address  
Lions International Director  
Larry L. Edwards  
Altoona, PA

\* Limited to 50 People in Attendance \*  
MUST RSVP IN ADVANCE to Attend!

Program Theme  
Community Service  
Projects

# 5

**International Vice President Doug Alexander is the candidate for International President from Multiple District 20, of which our District is a part.**

**For anyone planning on attending the International Convention in Montreal on June 25-29, 2021 and marching in the parade, of which MD20 will have the honor of marching first, it will be required that you wear this shirt.**

Information for ordering can be found at:  
[www.douglasalexander.org/store/c2/Commemorative\\_Shirts.html](http://www.douglasalexander.org/store/c2/Commemorative_Shirts.html)  
(or [www.tinyurl.com/y2rvr3nn](http://www.tinyurl.com/y2rvr3nn) )

Please reach out if you have any questions.

CS Barbara A. Bentley  
[bbentley@saratogaspringslions.com](mailto:bbentley@saratogaspringslions.com)  
518-894-1375 cell phone



**The Committee to Elect Douglas X. Alexander for International President commemorative shirts.**

**Shirts are available for order online.**

Short Sleeve Polo	- \$40 <sup>00</sup>
Long Sleeve Polo	- \$45 <sup>00</sup>
Sweatshirt	- \$45 <sup>00</sup>

*We Serve the World*  
**Kindness Matters**



GENERAL ATTENDEE

# 103RD LIONS CLUBS INTERNATIONAL CONVENTION

MONTRÉAL, QUÉBEC, CANADA • FRIDAY, JUNE 25 - TUESDAY, JUNE 29, 2021



## CONVENTION REGISTRATION AND HOTEL RESERVATION FORM

**DEADLINE - SATURDAY, MAY 1, 2021**

Deadline for advance registration and hotel reservation and to request a refund for registration, housing and/or ticketed event.

### REGISTRATION INFORMATION

**ATTENDEE** (Please type or print name as it appears on passport/photo ID.)

First/Given Name		Last/Family Name		Badge/Call Name	
Address					
City		State/Province		Postal Code	Country
Daytime Phone		E-Mail			

☐ Lion ☐ Leo-Lion\* ☐ Lioness ☐ Omega Leo

\*Leo-Lion is a Lions membership type available exclusively to Leos who served in the Leo Program for over a year.

Club #	Membership #	District	Title
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### COMPANION

First/Given Name		Last/Family Name		Badge/Call Name	
<input type="checkbox"/> Lion <input type="checkbox"/> Leo-Lion <input type="checkbox"/> Lioness <input type="checkbox"/> Omega Leo <input type="checkbox"/> Alpha Leo <input type="checkbox"/> Adult Guest					
Club #	Membership #	District	Title		

### CHILD

First/Given Name	Last/Family Name	Age	<input type="checkbox"/> Alpha Leo
First/Given Name	Last/Family Name	Age	<input type="checkbox"/> Alpha Leo

### HOTEL INFORMATION

**PACKAGE A** Includes convention registration for each registrant listed above plus one (1) hotel room serviced by shuttle buses during convention.

☐ Before January 8, 2021 - room reserved in delegation hotel based on availability  
☐ After January 8, 2021 ☐ I prefer my delegation hotel ☐ Prefer another hotel:

Arrival Day/Date  Departure Day/Date

# of Guests in room including yourself:  # of beds requested ☐ 1 ☐ 2

Special Requirements: ☐ Wheelchair Accessible ☐ Other:

• US \$200 Hotel Deposit is per room and credited to your hotel bill at check out.

• Room requests are subject to hotel availability

### PACKAGE B

☐ NO ROOM REQUIRED (Registration only for each person listed above)

...continued on next page

## OPTIONAL TICKETED EVENTS

**MELVIN JONES FELLOW LUNCHEON** (Must be registered to attend.)☐ I/we plan to attend this event.Date/Time: June 27, 12:30 - 14:30 Fee: US \$75 Quantity:  Amount Due \$: **DISTRICT GOVERNORS/PAST DISTRICT GOVERNORS BANQUET** (Must be registered to attend.)☐ I/we plan to attend this event.Date/Time: June 28, 20:00 - 22:00 Fee: US \$125 Quantity:  Amount Due \$: **DIETARY REQUIREMENTS**☐ No Restrictions ☐ Indian Vegetarian ☐ Vegetarian ☐ Other: 

## EMERGENCY CONTACT INFORMATION

Emergency Contact Name:

Emergency Contact Phone Number:

## SERVICE PROJECTS IN MONTRÉAL

☐ I am interested in participating in a hands-on community service project during the Montréal International Convention.

## LEOS AND YOUNG LIONS INTEREST

☐ I am interested in receiving information on sessions and activities for and about Leos and Young Lions (Leo-Lions, Campus Lions Clubs and Student Members). If you have questions, please email [membership@lionsclubs.org](mailto:membership@lionsclubs.org)

## REGISTRATION FEES AND PAYMENT

Full payment is required with this form. US Currency only. Checks and money orders must be drawn on US Banks. Visa, Mastercard &amp; Discover accepted.

**REGISTRATION FEES**

EARLY (Before January 8, 2021)	Adult/Leo-Lion: US \$175	Omega Leo: US \$100	Child (17 and under)/Alpha Leo: US \$20
REGULAR (January 9, 2021 - March 31, 2021)	Adult/Leo-Lion: US \$225	Omega Leo: US \$100	Child (17 and under)/Alpha Leo: US \$20
LATE (April 1, 2021 - Onsite)	Adult/Leo-Lion: US \$250	Omega Leo: US \$100	Child (17 and under)/Alpha Leo: US \$20
PACKAGE A: Registration: US \$ <input type="text"/>	Ticketed Events: US \$ <input type="text"/>	Hotel Deposit: US \$200.00	<b>Total Due: US \$ <input type="text"/></b>
PACKAGE B: Registration: US \$ <input type="text"/>	Ticketed Events: US \$ <input type="text"/>		<b>Total Due: US \$ <input type="text"/></b>

**PAYMENT INFORMATION**☐ Check #  (payable to Lions Clubs International) ☐ Wire Transfer (payment slip must be attached to this form) ☐ Visa ☐ MasterCard ☐ Discover

Name as it appears on credit card. Credit card must be in the name of the registrant.

Card Number Expiration Month/Year  / Security Code (3 digits) 

Cardholder Signature:

- Please submit all pages of completed form once via mail, fax, or email • Allow 4 weeks for processing.
- Mail: Lions Clubs International, Attn: Convention Division, 300 West 22nd Street, Oak Brook IL 60523-8842, USA
- Fax: (630) 571-1689
- Email: [registration@lionsclubs.org](mailto:registration@lionsclubs.org)
- Credit card information should only be entered into this form and never written into the body of an email.
- Personal checks should be mailed.
- After processing this form, Lions International will email your Official Registration Confirmation.
- Please print your Official Registration Confirmation and bring it to the convention in order to obtain your name badge. A photo ID is required.
- Information provided on this document shall be used in accordance with the privacy policies and procedures of Lions International.
- Please note: Lions Clubs International will be documenting LCIcon for promotional purposes. Your participation may be filmed or photographed at this event.
- Your registration is your consent for use of images by Lions International.
- To avoid a duplicate, please do not mail original if faxed or emailed.

## District Governor's Visitation Schedule for 2020 - 2021

### Alphabetical

Albany & Troy	Nov 4
Ballston Spa	Jan 20
Bethlehem	Oct 21
Broadalbin Perth	Jan 14
Cambridge	Apr 21
Cent Mohawk Valley	
Chazy	Oct 20
Clifton-Fine	Oct 12
Clinton	Feb 25
Deerfield	Feb 10
Duane	Feb 3
Edwards	Nov 9
Fonda & Fultonville	Mar 10
Galway	Jan 11
Glens Falls	Jan 26
Gouverneur	
Greater Amsterdam	
Plattsburgh	Nov 2
Greater Johnstown	Jan 27
Greater Ravena	Apr 28
Greenwich	Nov 5
Hadley-Luzerne	Oct 7
Heuvelton	
Holland Patent	Nov 17
Lake Placid	Oct 26
Lisbon	Oct 6
Long Lake	Oct 27
Louisville	Nov 18
Malone	Apr 14
Marcy Telephone	Jul 1
Mechanicville-Still	Sep 28
New Hart NYM White	Oct 13
Newcomb	Oct 28
Northville Sac	Oct 15
Ogdensburg	Sep 17
Peru	Oct 8
Plattsburgh	Nov 2
Quad Town	Apr 8
Raquette River	Mar 2
Saranac Lake	
Saratoga Springs	Jan 7
Sauquoit Valley	
Schuylerville	
Scotia-Glenville	Sep 15
Speculator	Dec 17
Town of Greenfield	Nov 11
Town of Hoosick	Jan 21
Town of Schroom	Nov 16
Town of Wright/Schoh	Oct 19
Tupper Lake	Mar 4
Utica	Dec 7
Waterford	Jan 6

### Chronological

Scotia-Glenville	Sep 15
Ogdensburg	Sep 17
Mechanicville-Still	Sep 28
Lisbon	Oct 6
Hadley-Luzerne	Oct 7
Peru	Oct 8
Clifton-Fine	Oct 12
New Hart NYM White	Oct 13
Northville Sac	Oct 15
Town of Wright/Schoh	Oct 19
Chazy	Oct 20
Bethlehem	Oct 21
Lake Placid	Oct 26
Long Lake	Oct 27
Newcomb	Oct 28
Albany & Troy	Nov 4
Greenwich	Nov 5
Edwards	Nov 9
Town of Greenfield	Nov 11
Town of Schroom	Nov 16
Holland Patent	Nov 17
Louisville	Nov 18
Utica	Dec 7
Speculator	Dec 17
Waterford	Jan 6
Galway	Jan 11
Broadalbin Perth	Jan 14
Ballston Spa	Jan 20
Town of Hoosick	Jan 21
Glens Falls	Jan 26
Greater Johnstown	Jan 27
Duane	Feb 3
Deerfield	Feb 10
Clinton	Feb 25
Raquette River	Mar 2
Tupper Lake	Mar 4
Fonda & Fultonville	Mar 10
Quad Town	Apr 8
Malone	Apr 14
Cambridge	Apr 21
Greater Ravena	Apr 28





# MEMBERS CORNER



Fellow Lions,

One of our greatest assets that we share as Lions is our opportunity to share ideas and successes with each other! Many successful service projects and fundraisers are the result of sharing and listening to what each other is doing. On Saturday, November 14th, we'll have another opportunity to do so at our District's Fall Conference at the Courtyard by Marriott Hotel in Lake George. Please refer to the Conference details in this newsletter to learn how to register.

The conference will feature an array of speakers covering a number of Service projects, designed for our clubs to take home and perform during these challenging times. We'll be honored to have Natasha Pernicka, the Executive Director of The Food Pantries of the Capital District coalition join us. She'll discuss the role that Lions can have working alongside our local food pantries to address food insecurity in our communities. We'll also have vendor tables representing initiatives that will provide a wealth of information to our Conference participants!

Financing your projects can be enhanced with grants from LCIF, the Brandel Murphy Lions Youth Foundation and the NYS & Bermuda Lions Foundation. A number of our District clubs have secured grants this year from the Brandel Murphy Youth Foundation to be used toward support for youth Backpack programs! We look forward to also sharing this valuable financial information with you at the Conference!

As we move into the heart of our Lions year, please take the opportunity to explore and share new ideas with your fellow Lions! We hope to see you on the 14th in Lake George!

Yours in Lionism,

PDG Lion John McDonald  
District 20W GST Chairman

# UPCOMING EVENTS

## International and MD20 Events

LCI Advanced Lions Leadership Institute, Chicago, IL .....	Nov 9-11, 2020
Lions Day at the United Nations, NYC .....	March 20, 2021
2021-2022 Lions Club Officer Reporting Due .....	May 15, 2021
MD-20 NYS & Bermuda Convention, Syracuse, NY .....	May 14-16, 2021
LCI 103rd International Convention, Montreal .....	June 25-29, 2021

### FOR MORE INFORMATION AND EVENTS

[20WLions.org](http://20WLions.org) ~ [members.lionsclubs.org/EN/events/calendar.php](http://members.lionsclubs.org/EN/events/calendar.php)

## District 20W 2020 - 2021 Club Events

Saratoga Lions/Mama Mia Pasta Wednesday .....	Every Wednesday until further notice
Glens Falls Lions/Big Brothers Big Sisters Bowl for Kids Sake .....	November 1, 2020
<b>Fall Conference .....</b>	<b>November 14, 2020</b>
Lighting of Galway Lioness Memory Tree .....	November 29, 2020

Do you know what today is?....  
It's PASTA WEDNESDAY!



Mama Mia's Restaurant  
Saratoga Springs NY

Fresh Pasta  
Dinner To-Go!

**\$20.00** Without Wine



**\$30.00**

Includes a  
Bottle of  
Red Wine



Box Includes:

- 1 Lb Fettuccine
- 1 Lb Cavatelli
- 1 16oz Sauce
- 1 Loaf of Bread

Pick Up  
3pm - 7pm

All proceeds to benefit  
the Saratoga Springs Lions

Or call 518-212-7752  
before 12noon on Wednesday  
to place your order.



## LIONS DISTRICT 20W FALL CONFERENCE

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**SATURDAY, November 14, 2020**

**Courtyard by Marriott Lake George  
365 Canada St., US 9, Lake George NY 12845  
9:00 AM Registration**

**Meeting Start Time 9:30  
\$30 per person; Includes Lunch  
Coffee & pastries will be available in the morning**

**THEME: *Community Service Projects***

**Please share this with all of the members in your club and encourage them to attend.**

**If you are attending, please send the bottom part of this form and your check for \$ 30.00 to CS Barbara Bentley, PO Box 1031 Guilderland, NY 12084.**

**Make checks payable to: District 20W Lions Clubs.**

**Please return this no later than Friday, November 6, 2020.**

*The meeting will be held in compliance with CDC recommendations, including social distancing and a maximum of 50 attendees. Therefore you MUST R.S.V.P. in advance in order to attend!*

**Hotel Reservations** can be made by calling the Marriott at 518-761-1150.  
Rooms have been set aside for 11/13 & 11/14 at a discounted rate of \$109/night.  
Guests can make reservations referencing the **Lions Club Annual Meeting**.

**If you have any questions, please do not hesitate to contact CS Barbara Bentley at 518-894-1375 or [bbentley@saratogaspringslions.com](mailto:bbentley@saratogaspringslions.com).**

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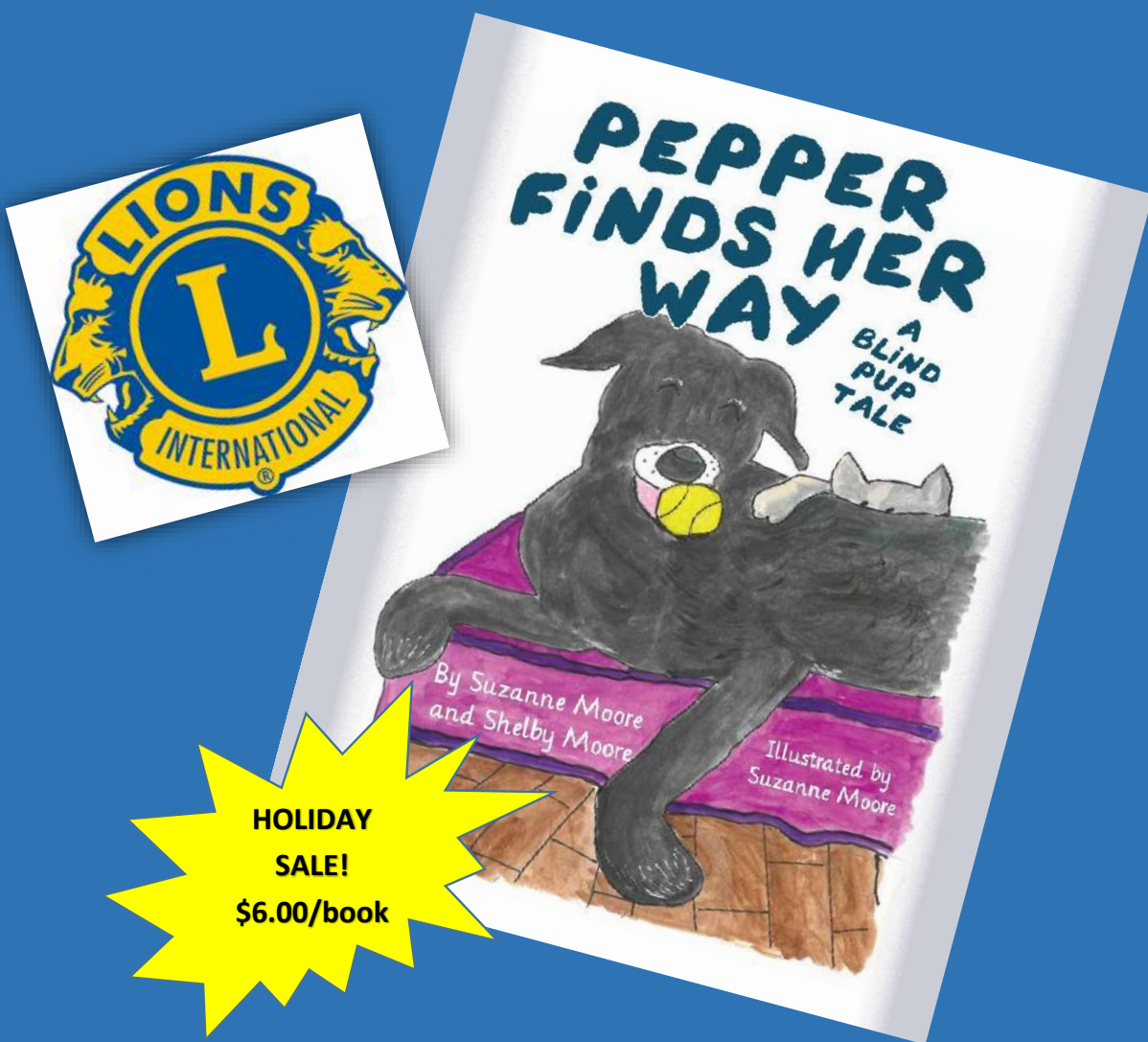
# Attending: \_\_\_\_\_ Name(s): \_\_\_\_\_

\_\_\_\_\_

Club : \_\_\_\_\_ Email: \_\_\_\_\_

**The cost is \$ 30.00 per person. Please mail your check to:  
CS Barbara Bentley ~ PO Box 1031 Guilderland, NY 12084  
Make checks payable to: District 20W Lions Clubs.**

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Pepper is a dog like any other dog, except one day, she can't see anymore. Pepper was diagnosed with diabetes and lost her sight but being a dogged dog, Pepper never lost her will or her wag! She is now the mascot of the Plattsburgh Lions Club and in conjunction with the club, her owner, illustrator and co-author, Suzanne Moore and co-author Shelby Moore of *Pepper Finds Her Way; A Blind Pup Tale*, Pepper is spreading the story of how she found her way again.

Contact the Plattsburgh Lions Club on their Facebook page, by e-mail at [plattsburghlions@gmail.com](mailto:plattsburghlions@gmail.com) or visit our Amazon page to buy your copy of *Pepper Finds Her Way; A Blind Pup Tale*

Regular Price \$10.00

All proceeds benefit the Plattsburgh Lions Club





Need help managing your diabetes?  
Want to prevent diabetes?

# DINING WITH DIABETES

a program for people with diabetes or prediabetes and their family members. Participants will learn how to fit carbohydrates into a healthy menu, effectively use food labels, choose meals at a restaurant and adopt other healthy habits to help manage diabetes through healthy eating. Recipes will be provided. Time provided for Q&A. Diabetes & Covid19 will be discussed.

## CCE

JOIN US VIA ZOOM:  
CORNELL COOPERATIVE  
EXTENSION  
ALBANY, SARATOGA &  
WARREN COUNTIES

NOVEMBER  
5, 12, 19 &  
DECEMBER  
3 & 10  
12 NOON OR 7 PM  
ONLINE VIA ZOOM

PRESENTED BY  
NUTRITION EDUCATORS

KAREN MORT, MS  
CCE ALBANY CO.  
[KEM18@CORNELL.EDU](mailto:KEM18@CORNELL.EDU)  
518-765-3500

DIANE WHITTEN, MS  
CCE SARATOGA CO.  
[DSH23@CORNELL.EDU](mailto:DSH23@CORNELL.EDU)  
518-885-8995

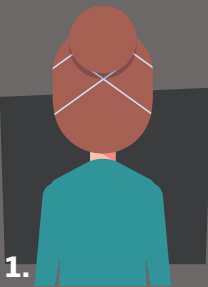
MB MITCHAM, MPH  
CCE WARREN CO.  
[MEM467@CORNELL.EDU](mailto:MEM467@CORNELL.EDU)  
518-623-3291

Zoom Registration Link: [Dining with Diabetes Registration](#)

# Wearing a mask with your hearing aids



## Clever tips to protect your ears and hearing aids while wearing a mask



1.

If you have long hair, pull it back into a bun and loop the elastics around the bun.



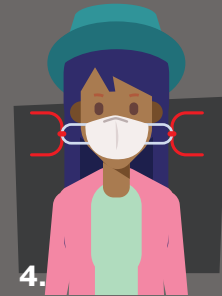
2.

Create a "mask extender" out of fabric or ribbon about 4 inches long. Buttons sewn on either side allows for a place to put the elastic other than your ears.



3.

Sew 2 large buttons onto a soft headband, placing the buttons to line up with each ear. Looping the elastic around each button will take the strain off your ears.



4.

Use masks with string or ribbons that tie in the back. There are YouTube videos on creating masks that tie, which puts absolutely no pressure on the ears.

## Communicating when wearing a mask



Speak slowly, clearly and at a normal volume.



Rephrase remarks when not understood.



Take turns when speaking.



Make sure hearing aid users have them on.



Keep background noise in the room to a minimum.



Face each other (at a safe distance).

## When removing your mask...

Check to make sure hearing aids are still in place after removing a mask as they may come off with mask removal.



## Memory Tree Galway Lioness Club

The Galway Lioness announces the 26<sup>th</sup> annual Memory Tree in the Village Park by the bandstand. Our memory tree will be lit with bulbs donated by individuals wishing to remember loved ones during the Christmas season. It is an annual holiday tradition and bulbs can be purchased each year. There is a \$1.00 donation requested per bulb for each individual name submitted. All proceeds will be used for our Community Fund listed below. Names may be submitted until December 31<sup>st</sup>. Tree will be lit through end of January.

Anyone interested in buying a bulb in memory of someone special may submit that person's name and donation to the Galway Lioness Club.

A list of names of those to be remembered will be posted in the Memory Book, location TBD. Each name will be listed only once. Angels next to the names will indicate additional remembrances.

Community Fund projects we donate to include local Holiday and Spring basket programs, Lions Eye Bank at Albany, Lions Foundation, flags for Memorial Day, Hospice of Saratoga, Regional Food Bank for Galway, Town of Galway Summer Program, the Gateway House of Peace, the Annual Senior Class Breakfast, and a scholarship for a Galway High School senior.

**Please join us for the tree lighting on November 29, 2020 at 5:30 PM. Bring a flashlight. After the tree is lit, due to uncertainty with COVID-19, location of the ceremony of reading the names, carol singing and possible refreshments are unknown at this time and will be communicated closer to the lighting date in both the Galway Get Together and the Daily Gazette Community News listing.**

The members of the Galway Lioness Club wish to express their gratitude for your support throughout the year and wish you a joyous Christmas season.

Examples of the way names should be listed (\$1.00 per name):

In memory of Mrs. Jane Smith = a \$1.00 donation

In memory of Mr. & Mrs. John Smith = a \$2.00 donation

Donated in memory of:

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---



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Total amount enclosed \$\_\_\_\_\_. Make checks payable to the Galway Lioness Club.

My name is \_\_\_\_\_ and I can be reached by phone at \_\_\_\_\_  
(in case we need to discuss your remembrances).

Detach and return to Galway Lioness Club, PO Box 502, Galway, NY 12074



# Lions Clubs International

## Dear Club Leader,

The coronavirus (COVID-19) pandemic has impacted the work of Lions around the world. In many cases, it has also created financial hardships for our Lions and the people for whom we care.

To support the incredible men and women serving with us, the International Board of Directors has passed a resolution to help our clubs.

### **Here is an overview of the resolution approved by the Board of Directors:**

**Flexible payments** – No clubs will be suspended or cancelled through December 31, 2020 for late payment of dues.

**Charter and entrance fees waiver** – We have waived all charter and entrance fees from July 1 – December 31, 2020.

These measures will help Lions facing financial hardships, and give our clubs hope, encouragement, and an opportunity to start the new Lion year with renewed energy and optimism.

This may be a time of great need, but we will overcome this together. For more than a century, Lions have taken on the greatest challenges facing humanity. That is who we are, and what we do.

So let us stand together. And let us remember just how important we are to our communities and the world.

Regards,

Dr. Jung-Yul Choi  
International President



# SUPPORT FAMILIES OF SERIOUSLY-ILL CHILDREN BY COLLECTING ITEMS FROM OUR WISH LIST!



## WISH LIST



### Gift Cards for RMH Families & RMH Supplies

VISA/MC/AMEX

Amazon, Walmart, Target, Home Depot,  
Lowe's, Price Chopper, Hannaford

### Gift Cards for Family Travel/Gas Expenses

Mobil Gas Cards

### Gift Cards for Family Meals in or near the hospital:

Subway  
Panera  
Dunkin'  
Starbucks

Individual Nut Packs  
Individual Raisin Packs  
Microwave Oatmeal Cups  
Individual Microwave Pasta  
Individual Easy Mac Cups

Disinfectant Wipes/Spray  
Laundry Detergent  
Wet Swiffer Refills  
Dry Swiffer Refills  
Windex in Spray Bottles

Individually Wrapped Plastic Forks & Spoons  
Paper Plates  
Paper Towels

Check out our Amazon Smile wish list for more items!

[https://smile.amazon.com/hz/charitylist/ls/ZNTVC7A2T8JC/ref=smi\\_ext\\_lnk\\_lcl\\_cl](https://smile.amazon.com/hz/charitylist/ls/ZNTVC7A2T8JC/ref=smi_ext_lnk_lcl_cl)



**Ronald McDonald  
House Charities®**  
of the Capital Region

139 South Lake Avenue • Albany, NY 12208  
Phone: (518) 438-2655 Fax: (518) 459-6529



# Hand Sanitizer



**\$5 per bottle, or buy 4 and get 1 free (save 25%!)**

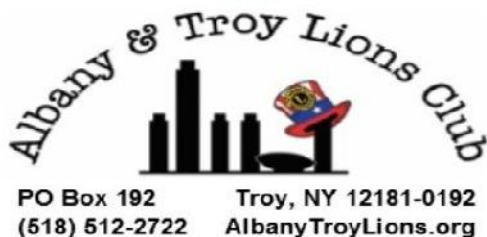
**Get yours today by contacting Ruth Sano at 518-859-3796  
or [albanytroylions@gmail.com](mailto:albanytroylions@gmail.com)**

- ◆ All proceeds benefit the Albany & Troy Lions Club and Grateful Villages
- ◆ FDA registered and approved hand sanitizer
- ◆ Made to W.H.O. standards
- ◆ 75% isopropyl alcohol for maximum efficacy
- ◆ Contains aloe for moisturizing and counteracting the drying effects of alcohol
- ◆ Only two ingredients; a natural product without the unwanted filler of industrial sanitizers
- ◆ Fine-mist spray applicator covers hands with just the right amount
- ◆ Glass bottles and high-quality packaging avoid single-stream waste and unnecessary plastics
- ◆ Sanitizer bottles are made to be refillable at local refill stations like the Honest Weight Food Coop



## Grateful Villages Hand Sanitizer

2 fl-oz (59.15 ml)



### Drug Facts

#### Active Ingredient:

Isopropyl Alcohol 75% v/v

#### Purpose:

Antiseptic

**Use:** Hand Sanitizer to help reduce bacteria that potentially can cause disease. For use when soap and water are not available.

#### Warnings:

For external use only.  
Flammable. Keep away from heat or flame.

**Do not use:** - in children less than 2 months of age  
- on open wounds.

**When using this product:** keep out of eyes, ears, and mouth. In case of contact with eyes, rinse eyes thoroughly with water.

**Stop use and ask a doctor** if irritation or rash occurs. These may be signs of a serious condition.

**Keep out of reach of children.** If swallowed, get medical help or contact a Poison Control Center right away.

**Directions:** Place enough product on hands to cover all surfaces. Rub hands together until dry. Supervise children under 6 years of age when using this product to avoid swallowing.

**Store** between 15-30°C (59-86°F)

Avoid freezing and excessive heat above 40°C (104°F)

**Inactive Ingredient:** Aloe Vera

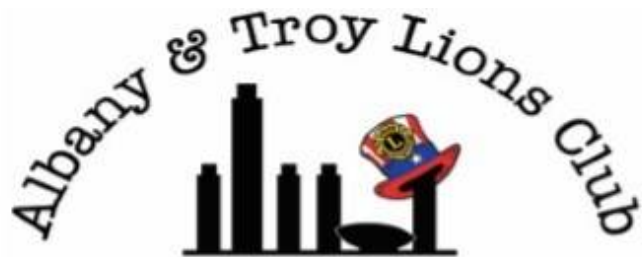
NDC: 76829-720-02

# Spread the word, not the germs.

**Masks are two-ply cotton separated by a coffee filter, and they're only \$10 each.**



**Can be hand-washed with a mild dish detergent like Dawn®. After the masks are made, they're washed, sprayed with antiseptic hydrogen peroxide and placed into a zippered plastic bag.**



PO Box 192      Troy, NY 12181-0192  
(518) 512-2722      AlbanyTroyLions.org

*Albany & Troy Lions can call or email Jerry. This order form is for Lions from other clubs.*

Mask Order Form		
	Quantity	Total \$
Masks @ \$10		
S & H (or contact Jerry to arrange delivery)		
1-2 masks: \$1; 3-4: \$2; 5-6: \$3; 7-8: \$4; 9-10: \$5. >10, ask		
Total:		
Name _____		
Address _____		
City, ST ZIP _____		
Phone _____ Email _____		
Club _____		
Make check payable to ALBANY & TROY LIONS CLUB and mail with this form to:		
Lion Jerry Gordon, 15 Hyland Circle, Troy, NY 12182-1690		
Questions? <a href="mailto:jerrygordon@juno.com">jerrygordon@juno.com</a> or 518-235-8232		

## KidSight Foundation USA



### Changing Life through Lenses For Eye Doctors

Changing Life through Lenses™, an Essilor Vision Foundation platform, is a first-of-its-kind charitable solution which provides no-cost glasses to help you expand charitable efforts within your community.

The site provides real-time registration with immediate ordering of eyeglasses and frames, referral tracking and access to educational resources on how to engage in the community.

### Qualified Patients

- Individuals at or below the poverty level without vision insurance for this pair of glasses as reasonably determined by the provider
- No age or citizenship restrictions

### Make a Positive Impact Today

Did you know 1 in 4 children in the U.S. have a vision problem that affects their ability to learn? 80% of all vision impairment can be prevented or cured. Without charitable eye doctors, millions of children would be unable to obtain vision services.

### Questions?

View the demonstration video and register at [changinglifethroughlenses.org](http://changinglifethroughlenses.org) or contact [support@evfusa.org](mailto:support@evfusa.org).

### Program Benefits



No-cost, single vision or bifocal glasses for qualified patients



Use of one account to process all of your charitable work



Real-time account creation and access to immediate ordering



Free trial collection of frames with 30 styles, sizes 42-58



Library of resources that includes best practices & guides



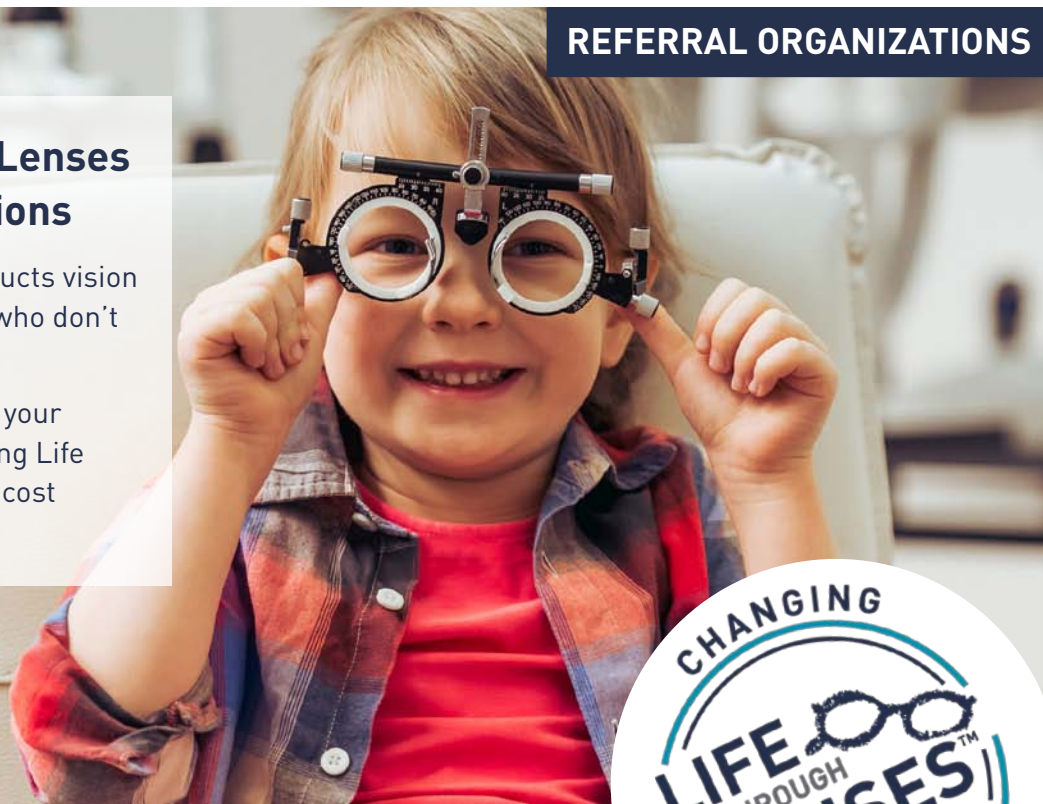
Join a community committed to making a difference



## Changing Life through Lenses For Referral Organizations

Are you an organization that conducts vision screenings or identifies patients who don't have insurance for vision care?

You can help enlist eye doctors in your community to register for Changing Life through Lenses™ and receive no-cost glasses for patients in need.






## How to Get Involved




Changing Life through Lenses™ is Essilor Vision Foundation's charity ordering website offering glasses and resources to enhance charitable giving.

Review our checklist below to understand how your referral organization can participate:

### DOES YOUR ORGANIZATION FOCUS ON SCREENING?

- ☐  **Spread the Word:** Go to eye doctors in your community and tell them about the program.
- ☐  **Share Information:** Use the reverse side of this flyer and encourage eye doctors to register.
- ☐  **Send Qualified Patients:** Begin sending qualified patients to the eye doctors who are now enrolled in the program.

### DO YOU ALSO PROVIDE EXAMS + DISPENSE GLASSES?

- ☐  **Visit the Website:** Visit [changinglifethroughlenses.org](http://changinglifethroughlenses.org) to educate yourself on the program.
- ☐  **Consult with Your Organization:** Review the program benefits and requirements with your team.
- ☐  **Create an Account:** Register at [changinglifethroughlenses.org](http://changinglifethroughlenses.org) and gain access to immediate ordering.

## QUESTIONS?

View the demonstration video and register at [changinglifethroughlenses.org](http://changinglifethroughlenses.org) or contact [support@evfusa.org](mailto:support@evfusa.org).



# Club Excellence Awards

**Make it your club's tradition to  
achieve excellence every year!**

Clubs that excel in community service,  
membership growth, communications and  
organizational operations may qualify for the  
prestigious Excellence Awards.

Please use the qualifications outlined in the club excellence award  
application as your road map to excellence.

**Is your club striving to finish the year with  
a net growth in membership?**

**Will your club participate in at least three service projects?**

**Are you promoting your club's events or activities to the community?**

If you answered yes to these questions,  
you may be eligible for the Club Excellence Award.

The Club Excellence Award is more than an award...  
it is proof that your club is **STRONG!**

For questions, inquiries or to submit your Club Excellence Award Application  
you may contact us by email

**clubexcellenceaward@lionsclubs.org** or by phone **(630) 468-6890**

**Make achieving the award a winning tradition!**

2018-2019 Club Excellence Award Application

**Deadline date to submit your Club Excellence Award Application is August 31st.**

**(See application on the next page)**



## 2018-2019 CLUB EXCELLENCE AWARD APPLICATION

*Club must be chartered prior to January 1 of the fiscal year to qualify.*

Application Date \_\_\_\_\_

Club Number \_\_\_\_\_

Club Name \_\_\_\_\_

Member Number \_\_\_\_\_

2018-2019 Club President's Name \_\_\_\_\_

2018-2019 Club President's Email Address \_\_\_\_\_

### 1. MEMBERSHIP

- ☐ Achieved a Net Growth of: \_\_\_\_\_ \*

**OR**

- ☐ Chartered new Lions club or Club Branch:

Name of club or branch: \_\_\_\_\_

**AND**

- ☐ Supported member retention by increasing member satisfaction

Outline strategy: \_\_\_\_\_

*\*Based on June 30 cumulative membership report*

### 2. SERVICE

- ☐ Started a new service project. Consider one of our *Global Causes!*

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

**OR**

- ☐ Organized a new Leo Club

**AND**

- ☐ Contributed to LCIIF

### 3. ORGANIZATIONAL EXCELLENCE

- ☐ Club is in Good Standing: Not in Status Quo or Financial Suspension. District dues paid and no unpaid balance with LCI greater than US\$50 outstanding 90 days or more.

**AND**

- ☐ Key Officers participate in one or more of the following leadership training events:

- ☐ District                      ☐ Multiple District  
☐ International              ☐ Webinars  
☐ Lions Learning Center   ☐ Club Quality Initiative

**AND**

- ☐ Improved club operations

Improvements include: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Enhance Service Impact & Focus

Improve Membership Value & Reach New Markets

Pursue Club, District and Organizational Excellence

Reshape Public Opinion & Improve Visibility

### 4. MARKETING AND COMMUNICATION

- ☐ The club has publicized its service activities through local media or social media as noted below:

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**OR**

- ☐ The club utilized social media to promote club activities and reported to Lions Clubs International as noted below:

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Date \_\_\_\_\_

2018-2019 District Governor's Signature\* \_\_\_\_\_

District \_\_\_\_\_

Member Number \_\_\_\_\_

Due by: August 31, 2019

Send to: [clubexcellenceawards@lionsclubs.org](mailto:clubexcellenceawards@lionsclubs.org) or fax to (830) 708-8245

Awards Mailed to: 2018-2020 District Governors

\*If sent from district governor's registered email, it qualifies as signature on applications submitted electronically.

Disqualified clubs have 12 months from original due date to request a review.



Sight Society of Northeastern NY, Inc.  
**Lions Eye Bank at Albany / Rochester**

**2020**  
a year with **VISION**

# **RAFFLE**

**1st PRIZE \$2500**

**2nd PRIZE \$1000**

**3rd PRIZE \$500**

**\$20** per ticket

**Drawing held December 3, 2020**

**For tickets contact:**

**Lion Lettie Saheim** 518-753-7867

e-mail: [Isaheim117@gmail.com](mailto:Isaheim117@gmail.com)

**Lion Victoria Adler** 518-489-7606

e-mail: [vadler@lionseyebankalbany.org](mailto:vadler@lionseyebankalbany.org)

**proceeds to benefit**

**Lions Eye Bank at Albany / Rochester**

**Sight-Saving . Life-Changing**



# District & Club Articles

## HOW TO GET THE DISTRICT NEWSLETTER FOR



**1. GO TO 20WLions.org**

**2. Find "To sign up for the District newsletter, click here" at the bottom of the blue box.**

**3. Fill in requested information.**

**4. Submit!**

**It's as easy as that!  
You will receive the newsletter  
each month in your email.**

## Glens Falls Lions Club

By Lion Karen Rager

Our annual Golf Tournament that was rescheduled from June to October looked iffy but ended up being a success. We had eight teams and a beautiful fall day to raise money, about \$3,000. This will be our only large fundraiser in 2020. We did have a garage sale in August and plan on another in May.

During the tournament, Lion Karen held a Paint and Sip, the third for the club. She only had one person, Lion Kate Doty, who got a 2 hour private lesson from Karen. They had a great time and painted Airway Meadows from one of their photos on their website. Karen donated her instruction painting to Joan Heber, owner of Airway Meadows.

Thanks to Lion Harold McAfee and the other six Lions participated in our biannual Road Cleanup on Saturday, October 17th, which they completed in less than one hour. GREAT WORK!



*Lion Kate Doty holds her painting of Airway Meadows. Awesome job Kate!*

### KING LION AL CERNY, JR.

7 Shallow Creek Road, Queensbury, NY 12804  
Home: 518-615-6938; Cell: 518-528-6641  
cerny8062@roadrunner.com

### CLUB CORRESPONDENCE

glensfallsions@gmail.com  
www.glensfallsions.org  
Glens Falls Lions Club fb page



## Plattsburgh Lions Club

### PEPPER, THE BLIND PUP

By Lion Lauren Tyler

Since the onset of the COVID-19 pandemic, organizations like ourselves have had to become more creative in our efforts to provide care and support to our local communities. One of the challenges that the Plattsburgh Lions Club has faced, that I am sure has been felt by all, is the inability to hold events to raise funds for our neighbors and community members, who now may need our assistance more than ever. Due to limits on our ability to do some of the fundraisers we have in the past, not only due to COVID-19 but also to the colder months that are upon us in the North Country, we wondered, how can WE SERVE still?! So, The Plattsburgh Lions Club has decided to hold a Holiday Book Sale/ Fundraiser!

A few years ago our club teamed up with illustrator & co-author Suzanne Moore & co-author Shelby Moore to bring children and adults alike, the tale of Pepper, the Blind Pup. Pepper was our club mascot and together we spread her story of how she found her way again, despite losing her sight! Even more importantly, together we were able to spread the message that with a will (and a wag!) there is a way to overcome any obstacle. The Plattsburgh Lions Club is hoping to spread this message and Pepper's story to kids near and far, during the holiday season through our discounted holiday book sale. We will be offering the Pepper books for \$6.00 (Regularly \$10.00) including S&H and all proceeds from the sales will go back into our local community.

If any clubs are interested in ordering books on a club level or collecting personal orders for individual members, please feel free to e-mail our club at [plattsburghlionsclub@gmail.com](mailto:plattsburghlionsclub@gmail.com) for an order form. You can also find information and contact us via our Facebook page, or check out our Amazon sellers page. Be well & Stay safe!

#### KING LION DENNIS HULBERT

284 Cumberland Head Road, Plattsburgh, NY 12901  
Home & Work: 518-561-4692  
[dennishulbert@yahoo.com](mailto:dennishulbert@yahoo.com)



## Pediatric Cancer Awareness

### HELPING RONALD MCDONALD HOUSE

By Lion Diane Lange

How can our 20W Lions help the Ronald McDonald House? I spoke with Lori Emery, Director of Operations and she said the RMH is a very different place right now. They have limited volunteer and a lot of safety measures in place.

The biggest challenge is providing meals for the families due to the safety regulations and the kitchen being closed.

If Lions would like to help fill this void it can be done by making a donation directly to the Ronald McDonald House towards their meal program. The cost of each meal varies depending upon how many families are in residence. The cost of an evening meal ranges from \$100 to \$280 a night. Many of the local restaurants are offering discounted meals.

You can call directly and speak to Lori and plan a meal donation. The phone number is 518 438-2655. The mailing address is Ronald McDonald House, 139 S. Lake Avenue Albany, NY 12208.

A big thank you to the Albany/Troy for their gift card donations and to the Ballston Spa Lions for their gift card donations and their meal donation of \$200.

"Where there is a need, there is a Lion."

20 W Lions please let me know if you make a donation so you can be recognized.

#### PEDIATRIC CANCER CHAIR DIANE LANGE

14 Jacob Drive, Gansevoort, NY 12831  
Phone: 518-409-4321 Cell: 518-527-1926

## District Directory Online!

[bit.ly/20Wdirectory](https://bit.ly/20Wdirectory)

If you find anything that should be changed or corrected, please let us know with an email to [directorychange@20wlions.org](mailto:directorychange@20wlions.org)

# Clinton Lions Club

By Lion Jim Winkler

Everyone continues adjusting their everyday lives in accordance with the virus pandemic. The Lions in Clinton are no different. Although we have found our “normal way” of doing things altered, we make adjustments and continue our service to others as best we can.

Recent “bumps” we’ve encountered include additional cancellations of upcoming holiday festivities in which we’ve always participated and not knowing when the restaurant in which we normally meet will reopen. In October, thanks to one of our members being a member of our local Town Board and in recognition of the many services we have performed throughout the community over the past years, we were able to hold our two monthly meetings in our Town Municipal Building. Those in attendance enjoyed “crockpot style” meals prepared by our own club members. We plan on continuing this meeting format and venue in the near term and will be decreasing the number of monthly face-to-face meetings to one every month. We will keep in contact via telephone, e-mail and zoom as required.

At our first October meeting two of our members received a Gold Centennial Award from LCI in recognition of their efforts in growing our club membership during International’s Centennial Celebration. Lion Les LaBrecque and Lion Gordon

Reitema were the recipients of this award which was presented by our First Vice President, Gabe Martini, who chaired the meeting in the absence of Lion President, Bob Maxam. In addition to their well-deserved efforts increasing our membership, Lion Les & Gordon are the primary



*Gold Centennial Award Presentations: During our October 8th meeting and in compliance with the Covid-19 guidelines of wearing masks, First Vice-President Gabe Martini presents Lion Les LaBrecque (above) and Lion Gordon Reitema (right) with their awards for growing our club during International’s Centennial Celebration.*



organizers of our annual Garage Sale, which unfortunately had to be canceled this past August because of the virus pandemic.

At our second meeting of the month we continued to explore new, socially distanced methods of service and fundraising in our community. Keeping the current socially responsible guidelines in mind, we discussed possible modifications to our annual White Cane Days fundraiser the weekend before Christmas and ways to more safely participate in the Salvation Army Red Kettle Drive. We’ve pretty much settled on mailing an appeal letter to the residents of our town shortly after the Holiday Season and supported the Lions Eye Bank at Albany through the purchase of twenty- \$20 raffle tickets in their upcoming raffle. The raffle is an effort to reduce revenues lost by the Eye Bank due to the virus. If any clubs or individual members are interested in taking a chance on the raffle to be held on December 3, 2020, please contact the Eye Bank in Albany... only 2,000 tickets have been printed. Three prizes of \$2,500, \$1,000 and \$500 will be awarded. That would make for a real good club fundraiser for a club or assist in making some individual’s holiday season quite a bit better in these difficult times! Someone’s going to win...

Fortunately, we have been able to continue being part of the efforts of our Country Pantry in distributing food to the hungry in our area. The number of people needing supplemental food assistance continues to grow as the virus lingers on. On October 19th we were part of the monthly distribution of food to 1,150 people (620-plus vehicles). We packed client’s



*Above: October 19 Food Distribution: Clinton Lions & other community volunteers pack food into client’s trunk.*

*Right: October 19 Food Distribution: Majority of the 620+ the 620+ 34-pound boxes of food have been distributed to clients in a little over an hour - the tent was a huge asset as the skies opened up around noon.*

meats, yogurt and cheese purchased from our regional Food Bank in Syracuse. In addition, families with children received Kids Packs containing nutritious, “kid-friendly” food for each child in the family. This month the distribution ran so smoothly



...continued on next page



that we were through the “rush” in a little over an hour thanks to being set to handle multiple intake and distribution lines at once. The new distribution method of handling the growing number of clients utilized a rented tent under which the boxed food was staged prior to packing the cars. What an improvement! About the time we were completing the “rush”, the skies opened up and it began to pour. This new method also proved to be a good learning experience in preparation for the upcoming winter season, since with the virus still very contagious, distribution will continue outside in the parking lot. We’re learning & adjusting all the time!

Three club members joined with other organizations in our community on October 3rd to package 32,823 meals in our community’s contribution to the worldwide campaign Rise Against Hunger (RAH). This was accomplished in 2 two-hour shifts utilizing \$11,416 raised in our community through various methods throughout the year. Our club contributed \$500 to the cause – down from last year due to the reduction in our overall budget because of the cancellation of major fundraising efforts. Information on this “Four Star Charity” program aimed at eliminating worldwide hunger by 2030 can be found by visiting [www.rise-against-hunger.org](http://www.rise-against-hunger.org). Perhaps other clubs would like to obtain information for a future service project.

We continue collecting used eyeglasses from previously established business locations in our area. This month we collected 310 pair of glasses and prepared them to be forwarded to an eyeglass reclamation center.



*District Governor Rick Brisee's visit to the Clinton Lions Club on October 12th.*

The seasons are changing and as winter is approaches, our community’s al fresco dining area in the village will soon be disassembled. We were more than happy to join other organizations keeping the area clean and presentable, enabling many to take advantage of this area throughout the summer months. Nine club members completed our part of this community endeavor on Monday & Thursday evenings this past month. Don’t Forget to VOTE on or before November 3rd !

**KING LION ROBERT MAXAM**  
2 Sunset Drive, Clinton, NY 13323  
Home: 315-853-5968  
Cell: 315-794-0410  
[maxamr60@gmail.com](mailto:maxamr60@gmail.com)  
<http://clintonnylionsclub.com/>

## Peace Poster/Essay Contest

### DEADLINE APPROACHING

By PDG Joan Scott

Fellow Lions,  
Time seems to be flying by and before we know it, it will be November 14th, time for our Fall Conference. This is just a friendly reminder to bring your winning Peace Posters to the Conference or mail them to me by November 12th.

My mailing address is 140 Gailey Hill Road, Lake Luzerne, NY 12846.

### PDG JOAN SCOTT PEACE POTER/ESSAY CHAIR

140 Gailey Hill Rd  
Lake Luzerne, NY 12846  
Home: 518-696-2904  
[jmsc@roadrunner.com](mailto:jmsc@roadrunner.com)

## District 20W NEW CERTIFIED GUIDING LIONS

By PGG Paula Flisnik

**Leadership is more than service,  
it is empowering others to serve.**

PDG Paula Flisnik, FDI Trainer held a 20-W Certified Guiding Lions training course.

What does a Certified Guiding Lions (CGL) do? They plan for newly chartered, existing and rebuilding clubs. Guiding Lions are assigned for a two-year term by the district governor in consultation with the sponsoring or established club president.

Guiding Lions template:

- Assist a club to be successful in its first two years of operation
- Orient and train club officers and members
- Motivate and support club growth and development
- Locate resources available to assist the club

The sessions entailed pre-homework assignments, classroom lecture, and a zoom meeting.

...continued on next page



District 20-W is fortunate to have 10 newly Certified Guiding Lions. Listed below are these Certified Guiding Lions who CGL are ready to lead, guide and serve:

- Lion Rosanna Beaudrie, Marcy Telephone Lions Club
- Lion Florence Brisee, Waterford Lions Club
- DG Rick Brisee, Waterford Lions Club
- Martin Gleeson, Heuvelton Lions Club
- Lion Priscilla Laurin, Chazy Lions Club
- 2VDG Ricky Laurin, Chazy Lions Club
- 1VDG Michele O'Hare, Bethlehem Lions Club
- Lion Karen Russell, Chazy Lions Club
- PDG Joan Scott, Hadley-Luzerne Lions Club
- PCC Mark Whitney, Town of Schroon Lions Club

The district will be offering another Certified Guiding Lions Training Course. Be on the watch for the date and location.

Our district is very proud of these Lions. Let's applaud them for their leadership and willingness to help preserve Lions Clubs International's mission, We Serve!

### **DISTRICT GOVERNOR RICK BRISEE**

Rick Brisee (Waterford Lions)  
192 Middletown Road, Waterford, NY 12188  
Home: 518-235-4988; Cell: 518-209-8812  
rbrisee@hotmail.com

## **Camp Abilities Saratoga** **CAMP ABILITIES GOES VIRTUAL IN 2020**

by Lion Barbara Bentley

At the end of April 2020, Camp Abilities Saratoga Director Tiffany Suppes discovered they would not be able to hold Camp Abilities in-person on the Skidmore Campus again this year due to the Covid pandemic.

Instead of not holding the camp, the Camp Abilities Board of Directors decided they were going to offer a virtual experience for the campers. It would definitely be different, but everyone was excited about the venture! The Board worked up a new, revised budget and Tiffany along with Camp Assistant Director, Jeff Yellen, got to work with their coaches to put together a virtual experience for this year's campers. Under Tiffany's direction, the Board purchased equipment that would be sent home in kits for the campers to use and to keep. In addition, iPads were purchased and lent out to those campers

who had the technology need in order to participate.

As Camp Director Tiffany said in an interview with Saratoga Today regarding the virtual camp, "We will all have a chance to talk together. A lot of our campers have been coming here for years and they've made a lot of friends that have visual impairments as well. That's not always the case in school for them. A lot of times they're the only child in a school district that may have a visual impairment so it's nice that they made these connections and friends with each other. It lets them be kids."

The camp, held virtually from August 9 to 14, was a huge success as you can read from comments given by the campers, their families and the counselors!

### **From the Campers**

"I love camp so much. This year was different but still awesome! Camp Abilities makes me feel I am someone for sports! Miss everyone!" ~ Austin

"I loved all of the cool gear that came in my CAS Virtual Camp box. I took some things on vacation with me. Camp inspires me to stay active." ~ Ronan

### **From the Counselors**

"What I enjoyed most about Virtual Camp Abilities Saratoga 2020 was the ability of our families to experience more of camp. In a normal camp year our families are there for the beginning kick-off and the celebration at the end, but this year they were able to experience the magic of the entire week with us. Having families witness the growth and development of their athlete throughout the week was truly special. Every year we see the impact of camp extend beyond just that one week, but this year it feels that effect will be magnified even more."

~ Coach Sara

[campabilitiessaratoga.org/registration/](http://campabilitiessaratoga.org/registration/)



### **CAMP ABILITIES SARATOGA**

P. O. Box 601, Saratoga Springs, NY 12866

518-290-7050

[info@CampAbilitiesSaratoga.org](mailto:info@CampAbilitiesSaratoga.org)

<http://campabilitiessaratoga.org/>

[www.facebook.com/CampAbilitiesSaratoga](https://www.facebook.com/CampAbilitiesSaratoga)

## Sauquoit Valley Lions Club

By Lion John Griffin

Our good works and comradeship continue during the pandemic. Our Club is meeting once a month at Orchard Hall restaurant. In addition to continuing our missions to serve others, it does provide an opportunity to support each other during this difficult time. At our recent meeting on October 22nd, the Club

donated home made knitted hats, mittens and scarves to Sauquoit Valley Friends and Neighbors, a local organization that supports those in need in our community. The Club also made donations to the Brandel-Murphy Youth Foundation, the Sight Society of Northeastern N.Y. and to a local Cancer Research fundraising initiative.



*Lion Connie Griffin, (right), presents knitted goods to Sauquoit Valley Friends and Neighbors director Lion Sherry Kimball. The home-made knitted hats, mittens and scarves were donated by Lion Christine Goossens.*

During the meeting Lion President Mike Bader presented the Diamond Centennial Membership Award to Lions Ed Collins, Suzanne Ernst, John Markley and John Griffin.

Our annual Where's the Beef raffle raised \$1,655.00 for the Club. Our thanks to all that supported this fund raiser through the sale and purchase of tickets. The Club is holding our annual Holiday Raffle. Tickets are \$50.00 each with a top prize of \$1,000. The drawing is held in January and tickets can be obtained by contacting any Lions member.

Our next meeting will take place on Thursday, November 12th at Orchard Hall. The meeting will feature a speaker from the Children's Golisano Hospital in Syracuse.

### KING LION MICHAEL BADER

9244 Paris Hill Road, Sauquoit, NY 13456

Cell: 315-737-9959

mike490@roadrunner.com



## MD20 Alert Foundation

By Lion PCC Kelly Clark and DG Rick Brisee

A few years ago, many of you may remember, super storm Sandy hit Long Island and NYC particularly hard and Lions all over the world were very generous with their donations to the rebuilding effort. LCIF was also generous with grant money. We are using that money to build a warehouse and stock it with emergency supplies.

After many years, the MD20 council finally agreed to build a warehouse at Camp Badger to house supplies for any future emergencies. That building was completed almost four years ago and we have been working since then to put supplies into the

wonderful space that we have in Spencer, NY. DG Rick Brisee from District W has been spearheading the job of purchasing



equipment and supplies. He inventories the purchases, stores them safely in the building and he has worked up a plan for distribution of items should the need arise. We have also purchased and wrapped a small trailer (thanks to ID Gary Brown for finding us a bargain). We

have also ordered a larger trailer that will be wrapped once we take delivery.

Currently we have many different items in stock, for example blankets, generators, dehumidifiers, shop vacs, brooms, gloves, tarps, emergency lighting, extensions cords, tents, shovels, cleaning buckets, etc... If anyone has more ideas of items to stock on our shelves, please let us know.

In addition to all of the activity at the building, we have been forming a MD20 Alert Foundation to hold the assets of the committee and shield the MD. We are in the final phase of the Foundation set up and so we hope to have people join the team as directors from all over the state. We need more help and we will be holding formal elections at the MD20 convention in Syracuse May 14-16, 2021.

Please monitor the MD20 website for a link to the MD20 Alert Foundation. We hope to have this up soon and the information will include a complete inventory of the warehouse as well as the procedure to request emergency supplies.

We hope that every MD20 Lions member will consider

whether this may be their passion for service to the whole MD20 community. If you have any questions, please feel free to reach out to either DG Rick Brisee or PCC Kelly Clark, our contact information is included below.



Thank you all for your consideration and your time.

PCC Kelly Clark    kclarkmd20@gmail.com  
 DG Rick Brisee    rbrisee@hotmail.com

## Diabetes Awareness

### WORLD DIABETES DAY NOVEMBER 14TH

By Lion Barbara Bentley

World Diabetes Day (WDD) was started by the International Diabetes Federation (IDF) and the World Health Organization in 1991 in response to the escalating health threat posed by diabetes. In 2006 it became an official United Nations Day and is marked every year on November 14th, which is the birthday of Sir Frederick Banting, who co-discovered insulin along with Charles Best in 1922.

Here are a few statistics, by IDF, that show why diabetes is considered an epidemic:

- 1 in 10 people are living with diabetes
- 1 in 2 adults with diabetes, predominantly Type 2, remain undiagnosed
- 1 in 3 American adults have pre-diabetes
- 9 in 10 people with pre-diabetes don't know they have it

Diabetes is one of Lions Clubs International's five global causes and is the signature cause of Lions and Leos around the world. With November 14th being World Diabetes Day, what can Lions and Leos do to help raise awareness of prediabetes and diabetes, despite the pandemic?

- Share the link [www.lionsclubs.org/wdd](http://www.lionsclubs.org/wdd) with your club members. LCI has a goal of reaching 100,000 minutes of simple virtual activities to educate, raise awareness and fight diabetes by World Diabetes Day on November 14th.
- Share the Prediabetes Risk Assessment test at any

fundraisers, service projects or food pantry drives in your community. It can be THAT SIMPLE to get the word out on pre-diabetes awareness!! The test can be found electronically or in print <https://www.cdc.gov/prediabetes/takethetest/>

- Invite a Certified Diabetes Educator, another knowledgeable healthcare provider or our District Diabetes Chair (a Certified Diabetes Paraprofessional), to speak at one of your in-person or virtual club meetings.
- Promote diabetes education and awareness on your club's social media pages. You don't need to search far for things to share. You can simply share tips found on our District 20W Diabetes Facebook Page, <https://www.facebook.com/LionsDistrict20WDiabetes>.
- Search out your local Cornell Cooperative Extension, <http://cce.cornell.edu>, and sponsor or hold virtual programs, such as a Dining with Diabetes and invite members of your club and the community to participate. Or, invite club members and the community to share in the Dining with Diabetes program already scheduled and being held virtually by Cornell Cooperative of the Capital District (see flyer in the newsletter).

Anyone throughout the District is welcome to register! We have a number of great opportunities throughout our District to make a lasting impact on our communities when it comes to raising awareness and education for pre-diabetes and diabetes. Please feel free to reach out to me if I can be of any assistance!

#### DIABETES CHAIR

#### LION BARBARA BENTLEY

ADCES Certified Diabetes Paraprofessional  
 P. O. Box 1031, Gunderland, NY 12084  
 Cell: 518-894-1375  
[barbann22@gmail.com](mailto:barbann22@gmail.com)

### ARE YOU A KNIGHT OF THE BLIND?

Did you know that over 5,000 children and 30,000 adults are treated every year at the Lions Eye Institute at Albany?

BECOMING A KNIGHT OF THE BLIND is one way you can support this mission.

For more information:  
[jmcdonald33@nycap.rr.com](mailto:jmcdonald33@nycap.rr.com)  
[www.leialbany.com](http://www.leialbany.com)



## Chazy Lions Club INDUCTIONS AND AWARDS

By Lion Priscilla Laurin



*Lion Rick is presented the Melvin Jones Fellow Award, by Lion Merry Souza, who is on the LCI international board and also VT state district governor. At Merry's right is her husband Richard. At Rick's right is his wife Lion Priscilla.*



*District Governor Rick Brisee inducts new Lions Priscilla Laurin, (sponsor Lion Rick Laurin), and Sue LaBelle, (sponsor Lion Karen Russell).*



*District Governor Rick Brisee visits the Chazy Lions Club.*

## KING LION THOMAS PEPPER

649 Ratta Road, Chazy, NY 12921

Home: 518-846-8404

Cell: 518-569-2734

Work: 518-846-7111

tom.pepper@westelcom.net

## Empire State Special Needs Experience/Lions Camp Badger

By Cynthia Reuter

Greetings!

It's hard to believe that it's already November. As I write this, we've been enjoying a few days in a row of beautiful, warm and sunny days. I am trying to remind myself to take time to absorb the beauty of the sights and smells of fall before it's gone. While I do also enjoy the beauty and quiet of winter, fall is my favorite season. There's just something about the emotional connection to thoughts of hunkering down with a warm blanket and a hot cup of soup, chili, or coffee. I know that by the end of February I will have had enough of the chili, but for now, I crave it.

About a week ago, I decided to take the golf cart out one last time to grab some photos around the camp before the trees were bare. Here's a look:

#GivingTuesday:



We all know that Black Friday is the day after Thanksgiving and the theory is that is the day that most retailers are finally operating in the "black," or finally showing a profit for the year. To show appreciation to their customers, they usually offer good sales and great bargains on their goods. Some time ago, Cyber Monday was introduced as a way for online retailers to hop on board and create special sales initiatives for the online shoppers.

Now there is #GivingTuesday. After all the spending is over, it's time to think about giving back. #GivingTuesday was

...continued on next page



created for us to show our love and support of our favorite charities. #GivingTuesday is December 1st. The Empire State Special Needs Experience, Inc. is a not-for-profit organization and a NYS registered charity. Please consider ESSNE in your #GivingTuesday donations or end of year giving. You can find donation links on our website and Facebook page, or you may send a check directly to: Lions Camp Badger, 725 LaRue Rd, Spencer, NY 14883.

As always, THANK YOU for being fans of Lions Camp Badger. For more information, feel free to call me in the office or you can always find lots of helpful information on our (newly designed) website. HAPPY FALL!

### **CAMP BADGER**

725 LaRue Road, Spencer, NY 14883

**CYNTHIA REUTER, BUSINESS MANAGER**  
**PATRICIA GILLULE, CAMP DIRECTOR**  
**PCC ANDREW UMREIKO, PRESIDENT**

lionscampbadger@htva.net

Phones: 800-232-7060, 607-589-4800;

Fax: 607-589-6181

lionscampbadger@htva.net

www.lionscb.org

## **Albany & Troy Lions Club**

By Lion Jerry Gordon

### **October Zoom Club Board Meeting**

**L**ion Tom has shipped 3000 used glasses to the recycling center.

Lion Ruth has sold 310 bottles of sanitizer, with more expected.

Lion Jerry has sold 13 masks, with more expected.

Lion Tom reported that the SaveAround books were at the printer and we should have them soon.

KL Eva reported that committee (Jodi & Carol) would have a proof of the sign for the blueberry patch by Sep 11 for the board's comments.

KL Eva hopes to start an outreach campaign to find volunteers to help us with projects.

We voted to buy \$200 worth of raffle tickets from the Sight Society/Lions Eye Bank.

In an email vote after the meeting, we voted to participate in LCI's Peace Poster contest. Lion Preem will run the program with her Our Art Class project.

### **October Zoom Club Charitable Board Meeting**

Lion Ruth has one applicant for glasses that she's working with, and one requestor who found another source.

Lion Jerry has sent out one hearing aid application.

Lion Jerry explained the new rules for Boscov's Friends Helping Friends program: Instead of getting tickets that we sell for \$5, all we have to do is publicize the sale days, which are Oct 14 & 15. If customers mention Albany & Troy Lions at checkout, they will get a 20% discount and we will get 5% of their purchases. In an email vote after the meeting, we approved spending \$15 to print up 250 "reminder" tickets to distribute.

District Pediatric Cancer Chair Diane Lange is promoting a project to collect \$10 gift cards from places like Stewart's, Hannaford, Price Chopper, Walmart, Dunkin Donuts and CVS. These would be given to the parents of childhood cancer patients at Melodies Center at Albany Med, Ronald McDonald House, or in Hope Bags. We voted to donate \$200 worth of cards. IPP Carol volunteered to buy the cards, plus \$100 AlbanyTroyLions.org October 2020 worth of her own, and deliver them to Lion Diane.

We were awarded a \$15,000 Community Development Grant to distribute 2000 face masks and 5287 bottles of hand sanitizer to the Albany neighborhoods of West Hill, South End, and Arbor Hill that have been identified as low-income. There ensued an intense discussion around several concerns: Will we have to spend the full amount before we get reimbursed; What is the cost of the insurance we're required to carry; Can we comply with the required documentation, record-keeping and reporting requirements; Are the conflict of interest concerns. Several board members who work with other non-profits that got similar grants from the same agency were able to allay most concerns, and a motion to accept the grant was passed by a vote of 7-2. We passed a motion to purchase the required theft insurance for \$120, which would be paid by the club and not the charitable fund. We passed a motion to spend no more than \$627, the cost of a case of 240 sanitizers, until we see how the reimbursement experience goes. A committee comprising Lions Eva, Greg, Jodi, Preem, Larry, Chris H and Jerry will oversee grant performance, with regular reports to the rest of the board.

Back in June at our Zoom installation of officers, we presented a few awards: a clock to Paul Vergoni for being treasurer for



four decades, a Robert J Uplinger Distinguished Service award to Lion Preem, a Melvin Jones Fellowship to Lion Greg, and a President's Appreciation plaque to Lion Carol. Pictures

of the awards were in the July Rare Meat, but because we haven't had an in-person meeting, we've been unable to make the actual presentations, so we've been doing it piecemeal. Preem came to our house to pick hers up, we brought Paul's to his lovely new home in Mechanicville, and we delivered Greg's to him at Albany Victory Garden. Carol wasn't home when we brought her the plaque, so there's no picture.

### November Zoom Club Board Meeting

Lion Jerry has sold a total of 17 masks.

KL Eva reported that committee (Eva, Jodi & Carol) would have a proof of the sign for the blueberry patch by Oct 25 for the board's comments.

KL Eva hopes to start an outreach campaign to find volunteers to help us with projects.

Lion Ruth agreed to investigate possible places for an in-person meeting on Nov 4, when DG Rick will be visiting us.

Lion Preem has 4 or 5 kids signed up to participate in the Peace Poster Contest. We will get to vote on them at our November meeting.

The winning poster will compete against the others from

the district at the 20W Fall Conference on Nov. 14 in Lake George.

Many years ago, we inherited Texaco stock, which, through buyouts and splits, is now 154 shares of Chevron that has been giving us quarterly dividends. Paul had kept this in his personal safe-deposit box, but now we have turned it over to Lion Dennis Fagan for professional safe keeping.

Because of a technical glitch with Zoom, we never got to the Charitable Fund portion and the meeting self-adjourned at about 7:15 pm.

With increased work pressure and a new baby, Lion Irv is unable to devote adequate time to being treasurer. In an email vote on Oct 23-26, the board passed a motion to make Irv 1st -year Director; this position became available when Paul Vergoni retired from the club.

In a separate motion, we approved making Lion Ruth Sano the Club Treasurer.

In an email vote on Oct 23-26, the board approved the formation of the Albany Leo Club with Lion Preem as the Advisor.

Lion Preem has been working with an art class for youth at the Refugee Welcome Center in Albany and for the first time in many years, we'll have an entry for LCI's Peace Poster contest. This year's theme is "Peace through Service." This is a project for kids from 11-13 years old. Each club picks its own winner (ours will be chosen at the Nov 4 meeting—another reason to attend). At the Fall Conference on Nov 14, a district winner will be chosen from among the club winners. This continues up through each level of the LCI structure until a grand prize winner is announced at Lions Day at the United Nations on March 20, 2021.

I am thrilled to announce that Preem has assembled a group of 15-20 youth, age 12-18, that comprises kids from the art class, from the silver-glove championship boxing team she has been supervising, and other neighborhood kids. They will be the founding members of the Albany Leo Club! This is something we have been discussing for years, and thanks to Lion Preem, it's finally going to happen. (BTW, she's been a Lion for only 15 months.)

### Community Development Grant

This is the \$15,000 grant we got from Albany County to distribute 5287 bottles of hand sanitizer and 2000 face masks in Albany's West Hill, Arbor Hill and South End neighborhoods. So far, we have given out 4800 bottles and 2000 masks. About one-third of the bottles went at five

sessions of the Pandemic Produce Market, an event run by Greg and Jodi Sheldon a few doors down from our blueberry patch, where they distribute fresh produce for free to the West Hill neighborhood. Other places where we've given out sanitizer and masks include Albany's Census event on 9/19, Albany Fest on 9/26, SNUG event on 10/5, the Refugee Welcome Center, the Frank Chapman Memorial Institute, the Alpha Pregnancy Center, and the three city-sponsored Halloween events on 10/31.

### **KING LION EVA BASS**

12A Lark Drive,  
Albany, NY 12210  
Cell 518-419-5330  
bridgethagapcommunity@gmail.com

### **CLUB CORRESPONDENCE**

P. O. Box 192, Troy, NY 12181-0192  
info@albanytroylions.org 518-512-2722  
AlbanyTroyLions.org facebook.com/albanytroylions

## **Central Association for the Blind and Visually Impaired (CABVI)**

By Tara A. Capponi

The Central Association for the Blind & Visually Impaired (CABVI) celebrates October as National Disability Employment Awareness Month (NDEAM) and White Cane Day by announcing its Employee of the Year Awards to three exceptional employees. NDEAM's theme this year is Increasing Access and Opportunity.

This year's recipients are:

**Joseph Palmeri**, Production Worker. 2020 New York State Preferred Source Program (NYSPSP) Employee of the Year. Mr. Palmeri has been a loyal employee of CABVI for 17 years. He is a versatile member of Central Industries and has worked in several areas of production. "Joe is one of CABVI's top performers, and his quality of work is exemplary," said Dennis Webster, Senior VP of Manufacturing.

**John Enders**, Licensed Social Worker. Mr. Enders brings over 25 years of experience in education and counseling to his position, reflecting the growth of CABVI's Social Work Department.

"As an individual with vision loss, he is effective helping others to embrace change and positively move their lives forward," CABVI Director of Rehabilitation Clinical Services, Betsy Harvey-Minutti said. "He is an exceptional resource for families, parents, and staff."

Mr. Enders is developing an innovative program that teaches children to manage various stressors connected to their vision loss by helping them to improve executive functioning skills, like flexible thinking and self-control.

**John Coveleski**, Customer Service Representative I. Since 2012, John has been a face for the agency's contact center at Kent Street as a Customer Service Representative. He has traveled the country to evaluate call centers accessibility for workers who are blind or visually impaired.

Mr. Coveleski collaborated with CABVI's Information Technology Team to test new systems and software versions for users in the contact center who are legally blind or visually impaired. "John assists with new employee training while helping tenured employees with refreshers or simpler ways to use call center programs," said Jessica Watson, VP of Services.

This year is the nation's 75th observance of NDEAM, which is administered by the U.S. Department of Labor's Office of Disability Employment Policy (ODEP). The observance coincides with White Cane Day, October 15, and DOL's commemoration of the 30th anniversary of the Americans with Disabilities Act (ADA), which is vital for the health, well-being and lives of disabled individuals. CABVI president & CEO Edward Welsh noted people with disabilities are experienced problem solvers.

"If this year has shown us anything, it is that flexibility is important for both workers and employers. National Disability Employment Awareness Month and CABVI celebrate the ingenuity individuals who are blind bring to our workplace."

CABVI has 275 employees. Employees who are legally blind amount to about 40 percent, or 110 members of its workforce.

### **CENTRAL ASSOCIATION FOR THE BLIND AND VISUALLY IMPAIRED (CABVI)**

507 Kent St. Utica, NY 13501  
Phone: 315-797-2233  
www.cabvi.org

### **MICHAEL MARRONE PR & EVENTS MANAGER**





## Northville Sacandaga Lions Club

### DC VISIT

By VDG1 Michele O'hare



### KING LION KEITH GOODRICH

P. O. Box 602, Northville, NY 12134

Home: 518-863-4452

kgoodrich3@roadrunner.com

## YOUR CLUB ARTICLE COULD BE HERE!

Let us know what your club is doing!

Send articles and captioned photos  
and event flyers to

karen@deuxflutes.com

Monthly deadline is the 28th See page

33 for details!



## Lion's Pride

# District & Club Resources

## Important Links

### Zone and Region Chairs

<https://tinyurl.com/y7dtrtz5>

### Service Toolkit

<https://tinyurl.com/ybq7vnhd>

### Club Resource Center

<https://tinyurl.com/y7onrj7l>

### Club President

<https://tinyurl.com/yebk9l9e>

### Lions Learning Center

<https://tinyurl.com/y96hmy27>

### Lions University

<https://lionsuniversity.org/>

### Club Secretary

<https://tinyurl.com/y9ke23xg>

### Club Treasurer

<https://tinyurl.com/y92he2c8>

### Membership Chair

<https://tinyurl.com/yckcqm6u>

### Services Chair

<https://tinyurl.com/y7nepq8p>

### LCIF Coordinator

<https://tinyurl.com/y7w9zjzp>

### Marketing and Communications

<https://tinyurl.com/y9scx447>



# Is your club in The ROAR/MD20Magazine?

## Let the District and the State know the GREAT THINGS YOUR CLUB IS DOING!

Below are the specifications for each publication.

### MD/20 MAGAZINE SUBMISSIONS

January, 2021 ~ June, 2021

**ONLY TWO ISSUES will be emailed to include district news.**

I will submit everything I receive by the deadline, however submission does not guarantee publication,  
**WE ARE LIMITED TO ONE PAGE PER DISTRICT/PLEASE LIMIT YOUR ARTICLES!**

### THE ROAR SUBMISSIONS

**THE 28TH OF EVERY MONTH**

Everything received by the deadline will be in the next issue. Publication will be the 1st of every month.

#### ARTICLES

- **Digital submission preferred in upper/lower case format.**
- Microsoft Word, PDF, or text embedded in an email are acceptable. Please no handwritten.
- No scanned newspaper articles. Newspaper articles will be accepted IF they are in digital format, and with written permission from the originating publication.
- SPELL CHECK everything, particularly names, titles, club name, etc.

#### PHOTOS

- **Digital submission preferred in JPEG.**
- Hard copies are acceptable (Please do not write on the back).
- Hard copy newspaper photos are not acceptable. Digital newspaper photos are acceptable ONLY with a release from the newspaper/photographer, with photographer credit.
- SPELL CHECK everything, particularly names, titles, club name, etc.
- **PLEASE MAKE SURE CAPTIONS ARE IDENTIFIED WITH CORRESPONDING PHOTOS!**

#### EVENT FLYERS (THE ROAR ONLY)

- Original documents saved in .jpg, .pdf format or Microsoft Word are acceptable. No scanned documents. Flyers may be “reworked” due to space requirements.
- SPELL CHECK everything, particularly names, titles, club name, etc.

Submissions can be made to [karen@deuxflutes.com](mailto:karen@deuxflutes.com)  
or Lion Karen Rager, 82 Hunter Lane, Queensbury, NY 12804.



## Lions Hearing Conservation Society of NYS

### LIONS LOAN-OUT EQUIPMENT

*Below is a list of assistive devices available at many of LHCS of NYS's Loan-Out Centers.*

*(Other equipment may be available upon request)*

#### Pocketalker

Personal amplifier. Ideal for one-to-one communication and TV listening.

#### Whistle Stop

Phone adapter to prevent feedback from using the telephone with a hearing aid.

#### Infrared TV Listening System

Wireless infrared amplification system.

#### Digital Alarm Clock

Wake to an alarm, a flashing light, or a portable pillow shaker.

#### Personal FM System

Wireless portable amplification system. Transmits up to 300 feet. Helpful for an individual or large group situation.

#### Alert Master

Uses a pillow shaker and a lamp flashing simultaneously to alert you to a smoke detector sounding, door knocking, telephone ringing, and alarm clock activation.

#### Amplified Telephone

Adjustable volume control with amplified ringer.

#### Cap-Tel Telephone

Telephone that has both amplification and caption capability. Telephone ringing, and alarm clock activation.

#### Amplified Telephone Ringers

Provides adjustable ring volume, frequency, and pitch tone.

#### Personal Body Pager

Pager works with the Alert Master. You wear it to alert to sounds while awake.

### LIONS LOAN-OUT CENTERS

#### Madison Hearing Center

14 Columbia Circle West Drive, Suite 202  
Albany, NY 12203  
Voice: (518) 690-2060

#### Northeastern Association of the Blind at Albany

301 Washington Avenue  
Albany, NY 12206  
Voice: (518) 463-1211, ext. 241

#### Madison & Saratoga Hearing Center

81 Miller Road, Suite 700  
Castleton, NY 12033  
Voice: (518) 689-0792

#### Center for Better Hearing

318 Ridge Street  
Glens Falls, NY 12801  
Voice: (518) 638-4363

#### Audiologic Solutions

361 Fairview Avenue, Suite 350  
Hudson, NY 12534  
Voice: (518) 631-2564

#### Saratoga Hearing Center/Saratoga Medical Arts Bldg.

414 Maple Avenue  
Saratoga Springs, NY 12866  
Voice/TTY: (518) 584-0578

#### Schoharie Office for the Aging

113 Park Place, Suite 3  
Schoharie, NY 12157  
Voice: (518) 295-2001

#### Resource Center for Independent Living

131 Genesee Street  
Utica, NY 13503  
Voice: (315) 797-4642 Ext. 2928  
TTY: (315) 797-5837

#### Capital Region Hearing

9 West Sand Lake Road  
Wynantskill, NY 12198  
Voice: (518) 326-1742