What's inside... 20W News Upcoming Events **District & Clubs Resources My Lion Information** Who's Who **Lions Roar GAT Message District & Club District & Club Submission** Calendars **Event Flyers Articles** Hearing Loan Out **Cabinet Meetings** Centers Α IOAR DE message from... DG RICK BRIS 20-11 NEXT MD20 MAG. DEADLINE **District Governor** IUNE 18. 2021 **Rick Brisee** Constanting of the ellow Lions: It is my hope that this finds everyone safe and well! With the ongoing distribution of the Covid vaccines, it appears that things will be heading back to some kind of normal in the coming months although how soon and whether there are spikes yet to come, remains to be seen. Some Clubs are starting to hold in-person meetings once again although with face masks and social distancing still being practiced and wisely so. During my recent Zoom visitations, I have been asking Clubs to consider whether some form of hybrid meeting option should be introduced or maintained on a permanent basis. See Page Meeting in-person with our fellow Lions is still the preferred and most effective **26** for way to meet but I encourage Clubs to think of younger potential members in your community, those with young and growing families. For them, attending via Zoom submission instructions.

April 2021

...continued on next page

may be a preferred way to participate in Club and community activities.

Children in many families are involved in all sorts of groups, sports, and activities these days, so the continued use of Zoom in addition to meeting in-person, may be a way of accommodating younger parents hard-pressed to carve out a several hour block to attend a meeting in-person. I would ask that Clubs examine their own member needs but to not discount the continued use of Zoom or some other social media platform, even when resuming in-person meetings if it will help attract and retain younger, and sometimes even older members, who may prefer to not travel during the evening hours.

Our State convention for the Multiple District is still scheduled for May 14th-15th in Syracuse, NY. This will be a hybrid convention with a limited number of Lions attending in-person while most will be able to participate virtually. The exact number that can and will attend in-person will be determined by New York State as well as any restrictions attendees will need to follow. Today that number is 150 individuals, but that may change either up or down between now and April 15th, which is the deadline given to us by the hotel.

The current 150-person level will be filled by last year's Council of Governors, this year's sitting Council, next year and the following year's Council, the International family, Committee members, and seminar presenters.

We have eight different seminars scheduled on a variety of topics with more information to follow shortly. The registration fee for virtual attendees will be \$30. per person and will include your choice of two seminars. The opening Parade of Flags will be virtual, having been previously filmed.

Voting will be virtual with a site set up to record votes. As usual, each Club will be allocated one voting delegate per

ten members but all LCI and MD-20 dues must be paid in full in order for Club delegates be eligible. Unpaid dues will disqualify Club delegates from voting, although every Lion can still register to attend the virtual events.

We will be voting in Lion Michele O'Hare as the 2021-2022 District Governor, Lion Ricky Laurin as our 2021-2022 Vice District Governor, as well as voting in the first Board of Directors for the MD-20 ALERT Foundation. The importance of having your Club's delegates qualified to vote cannot be overstated.

Each Club delegate must pay the \$30. registration fee in order to vote even if that is the only thing a delegate wishes to participate in. This is to make certain that those voting are in fact Lions in good standing, and to eliminate any potential voting irregularities.

On another matter, each District decides individually whether to hold a District Governor testimonial on the pre-assigned date, postpone it to later in the year, or cancel it altogether. Our DG testimonial is scheduled for June 20th and it is intended to take place. More information will follow once a venue has been selected and any continuing pandemic restrictions are known.

It is encouraging to see more Clubs taking advantage of the District's free Zoom account so please continue to make use of it.

As we get closer to some form of life as we knew it, we will be able to once again find more opportunities to serve our communities. In the meantime, if there is anything myself, your Cabinet officers, or the District can do to help, please reach out to us.

Yours in Lionism, DG Rick Brisee







20W Cabinet Officers

DISTRICT GOVERNOR

Rick Brisee (Waterford Lions) 192 Middletown Road, Waterford, NY 12188 Home: 518-235-4988; Cell: 518-209-8812 rbrisee@hotmail.com

1st VICE-DISTRICT GOVERNOR

Michele Puleo O'Hare (Bethlehem Lions) 8 Turnberry Drive, Slingerlands, NY 12159 Home: 518-475-1908; Cell: 518-694-6872 Work: 518-463-1211 x 241 dgmicheleohare@gmail.com

CABINET SECRETARY

Barbara Bentley (Saratoga Springs Lions) P. O. Box 1031. Guilderland, NY 12084 Cell: 518-894-1375 bbentley@saratogaspringslions.com

2nd VICE-DISTRICT GOVERNOR

Ricky Laurin (Chazy Lions) 207 Sheldon Lane, Chazy, NY 12921 Home: 518-846-7269 jana5652@yahoo.com

CABINET TREASURER

Eric Unislawski (Greater Johnstown Lions) P. O. Box 31, Johnstown, NY 12095-0031 Cell: 518-669-2903 jeneric39@juno.com

3rd VICE-DISTRICT GOVERNOR Your Name Here!

AILABLE

IMMEDIATE PAST DIST. GOVERNOR

Edwin Pike (Galway Lions) 3037 County Highway 10, Amsterdam, NY 12010 Home: 518-842-2994; Cell: 518-423-9128 weski48@yahoo.com



ZONE A: Clinton, Deerfield, Greater Herkimer, Holland Patent.

ZONE B: Marcy Telephone, New Hartford, New York Mills Whitestone, Sauquoit Valley, Utica.

REGION CO-CHAIRS

Bill O'Mara (Clinton Lions) 131 Sanford Avenue, Clinton, NY 13323 Home: 315-853-5973 Cell: 315-527-8381 billo4077@yahoo.com AND Jim Winkler (Clinton Lions) 136 Utica Road, Clinton, NY 13323 Home: 315-853-6355 Cell 315-601-4038 Wink8@aol.com

ZONES "A" AND "B" **CO-CHAIRS**

Bill O'Mara (Clinton Lions) 131 Sanford Avenue. Clinton, NY 13323 Home: 315-853-5973 Cell: 315-527-8381 billo4077@yahoo.com AND

Jim Winkler (Clinton Lions) 136 Utica Road, Clinton, NY 13323 Home: 315-853-6355 Cell 315-601-4038 Wink8@aol.com

ZONE A: Ballston Spa, Galway, Greater Amsterdam, Saratoga Springs, Scotia/Glenville, Town of Greenfield.

ZONE B: Broadalbin/Perth, Central Mohawk Valley, Fonda/ Fultonville, Greater Johnstown, Northville/Sacandaga, Speculator.

Holly McConchie

(Galway Lion/Lioness)

2491 Northline Road,

Galway NY 12074

Home: 518-882-6516

hmcconchie@aol.com

AND

Bob Pandori (Galway Lions)

5525 Crooked Street

Broadalbin, NY 12025

Home: 518-882-6944

Cell: 518-461-3058 rpandori@yahoo.com

ZONE "A" CHAIR

Edward Moore

(Ballston Spa Lions)

44 Chester Street,

Ballston Spa, NY 12020

518-852-3246

emoore4@nycap.rr.com

ZONE "B" CHAIR

Robert Townsend

(Broadalbin-Perth Lions)

805 County Highway 126

Amsterdam, NY 12010

Home: 518-843-6553

rtownsen@nycap.rr.com

REGION CO-CHAIRS REGION CO-CHAIRS

ZONE A & B: Albany & Troy,

Ravena Area, Town of Wright/

Bethlehem, Duane, Greater

Schoharie/Vly, Waterford.

Liza and BobTougher (Bethlehem Lions) 16 Candlewood Lane Delmar, NY 12054 Home: 518-439-0399 Cell: 518-763-3329 Pansymoo@aol.com

ZONE A: Glens Falls, Hadley Luzerne, Long Lake, Newcomb, Town of Schroon.

ZONE B: Cambridge, Greenwich, ZONE B: Chazy, Lake Placid, Mechanicville/Stillwater, Schuylerville, Town of Hoosick.

REGION CHAIR

Your Name Here!

REGION CHAIR

Your Name Here!

Malone, Peru, Plattsburgh, Saranac

ZONE A: Clifton Fine, Edwards,

Gouverneur, Heuvelton, Lisbon,

Louisville, Ogdensburg, Quad

Town, Raquette River.

Lake, Tupper Lake.

ZONE "A" AND "B" CHAIR

Florence Brisee (Waterford Lions) 192 Middletown Road Waterford, NY 12188 Home: 518-235-4988 fbrisee@hotmail.com

ZONE "A" CHAIR

Kassey Granger (Glens Falls Lions) 22 Whippoorwill Road Queensbury, NY 12804 Home: 518-223-0633 kassey.granger@gmail.com

ZONE "B" CHAIR

Lettie Saheim (Mechanicville-Stillwater Lions) 117 Hansen Road Mechanicville, NY 12118 518-753-7867 lsaheim@nycap.rr.com

ZONE "A" CHAIR

Betsy Cummings 160 Grove Street Gouverneur, NY 13642 Home: 315-771-1310 Cell: 315-771-1310 Work: 315-287-0770 e-mail: bcummin3@msn.com **ZONE "B" CHAIR**



REGION AND ZONE CHAIRS



COMMUNICATIONS AND MARKETING TEAM

District Coordinator

Michael Murtagh (Quad Town Lions) P. O. Box 161, Winthrop, NY 13697 315-389-4165 outageco@yahoo.com

Facebook Administrator

PDG James Griffith (Cambridge Lions) 119 East Main St, Cambridge, NY 12816 Home: 518-252-1070; Cell:315-269-5370 PDGJamesGriffith@gmail.com

Website & Directory Director

Jerry Gordon (Albany & Troy Lions) 15 Hyland Circle, Troy, NY 12182 Home: 518-235-8232 jerrygordon@juno.com

Facebook Editor & District Photographer

Lion Barbara Bentley (SaratogaSprings Lions) P. O. Box 1031, Guilderland, NY 12084 Cell: 518-894-1375 bbentley@saratogaspringslions.com

Newsletter & MD20 Magazine Directer

Karen Rager (Glens Falls Lions) 82 Hunter Lane, Queensbury, NY 12804 Home: 518-798-3143 karen@deuxflutes.com

WEB SITES

District 20-W: 20WLions.org Revisions to this directory: bit.ly/20Wdirectory 20W Facebook page: bit.ly/facebook20w Multiple District 20: MD20Lions.com Lions International: LionsClubs.org

District Notes

Region L

Clinton Deerfield Greater Herkimer Holland Patent Marcy Telephone New Hartford NY Mills Whitestown Sauquoit Valley Utica

Region I, Zone A

Ballston Spa Galway Greater Amsterdam Saratoga Springs Scotia-Glenville Town of Greenfield

Region I, Zone B

Broadalbin Perth Central Mohawk Valley Fonda & Fultonville Greater Johnstown Northville Sacandaga Speculator

Region O

Albany & Troy Bethlehem Duane Greater Ravena Area Town of Wright/ Schoharie Vly Waterford



District 20-W comprises these New York State counties:

Albany, Clinton, Essex, Franklin, Fulton, Hamilton, Herkimer, Montgomery, eastern Oneida, Rensselaer, St. Lawrence, Saratoga, Schenectady, Schoharie, Warren, Washington

Region N, Zone A

Glens Falls Hadley Luzerne Long Lake Newcomb Town of Schroon

Region N, Zone B

Cambridge Greenwich Mechanicville-Stillwater Schuylerville Town of Hoosick

Region S, Zone A

Clifton Fine Edwards Gouverneur Heuvelton Lisbon Louisville Ogdensburg Raquette River Quad Town

Region S, Zone B

Chazy Lake Placid Malone Peru Plattsburgh Saranac Lake Tupper Lake

District Governor's Visitation Schedule for 2020 - 2021

Alphabetical Albany & Troy

Chronological

Alphabetical		Chronological	
Albany & Troy	Nov 4		
Ballston Spa	Jan 20		
Bethlehem	Oct 21	Scotia-Glenville	Sep 15
Broadalbin Perth	Jan 14	Ogdensburg	Sep 17
Cambridge	Apr 21	Mechanicville-Still	Sep 28
Cent Mohawk Valley		Lisbon	Oct 6
Chazy	Oct 20	Hadley-Luzerne	Oct 7
Clifton-Fine	Oct 12	Peru	Oct 8
Clinton	Feb 25	Clifton-Fine	Oct 12
Deerfield	Feb 10	New Hart NYM White	Oct 13
Duane	Feb 3	Northville Sac	Oct 15
Edwards	Nov 9	Town of Wright/Schoh	Oct 19
Fonda & Fultonville	Mar 10	Chazy	Oct 20
Galway	Jan 11	Bethlehem	Oct 21
Glens Falls	Jan 26	Lake Placid	Oct 26
Gouverneur		Long Lake	Oct 27
Greater Amsterdam		Newcomb	Oct 28
Plattsburgh	Nov 2		
Greater Johnstown	Jan 27	Albany & Troy	Nov 4
Greater Ravena	Apr 28	Greenwich	Nov 5
Greenwich	Nov 5	Edwards	Nov 9
Hadley-Luzerne	Oct 7	Town of Greenfield	Nov 11
Heuvelton		Town of Schroon	Nov 16
Holland Patent	Nov 17	Holland Patent	Nov 17
Lake Placid	Oct 26	Louisville	Nov 18
Lisbon	Oct 6	Utica	Dec 7
Long Lake	Oct 27	Speculator	Dec 17
Louisville	Nov 18	Waterford	Jan 6
Malone	Apr 14	Galway	Jan 11
Marcy Telephone	Jul 1	Broadalbin Perth	Jan 14
Mechanicville-Still	Sep 28	Ballston Spa	Jan 20
New Hart NYM White	Oct 13	Town of Hoosick	Jan 21
Newcomb	Oct 28	Glens Falls	Jan 26
Northville Sac	Oct 15	Greater Johnstown	Jan 27
Ogdensburg	Sep 17	Duane	Feb 3
Peru	Oct 8	Deerfield	Feb 10
Plattsburgh	Nov 2	Clinton	Feb 25
Quad Town	Apr 8	Raquette River	Mar 2
Raquette River	Mar 2	Tupper Lake	Mar 4
Saranac Lake		Fonda & Fultonville	Mar 10
Saratoga Springs	Jan 7	Quad Town	Apr 8
Sauquoit Valley		Malone	Apr 14
Schuylerville		Cambridge	Apr 21
Scotia-Glenville	Sep 15	Greater Ravena	Apr 28
Speculator	Dec 17		
Town of Greenfield	Nov 11		
Town of Hoosick	Jan 21		
Town of Schroon	Nov 16		
Town of Wright/Schoh	Oct 19		
Tupper Lake	Mar 4		
Utica	Dec 7		
Waterford	Jan 6		

Hello Lions, Lioness and Leos,

CADBAL ACTION YEARA

FROERSHIP MEINBERSHI

I hope everyone is well and that you are working on getting your vaccination whenever you are eligible. Every club should be meeting in some way whether it be in person, by Zoom, by phone or some combination of the three. If you are not meeting, please contact me so we can discuss how you can do something to keep your club together. Remember that your district has the ability to let you access a zoom account and instruct someone how to use it. Your district leadership team is meeting monthly so that we can get someone local to your area, i.e. zone chair, region chair, etc., to help your club in whatever you need to be successful.

6

1EMBER

CORNE

Global Action Team

At this time our District is at a -62 membership growth figure as reported on the LCI membership site. This is not a good sign. Also, this figure is only as accurate as your monthly club reporting of membership. There are 28% of our clubs that haven't reported membership for at least 3 months, some as long as a year. The Governor's leadership team, as well as LCI, need to have an accurate idea of our membership so we can plan how to help you continue to provide service to your community. It is extremely important that the club secretary reports your membership every month. If anyone is having a problem reporting your membership, please contact me and I will insure that we solve the problem.

It is very important at this time that we are all focused on retention of our members. It is difficult (but not impossible) to attract new members. So in order to come out of this crisis whole, we need to keep our communication channels open to all our members. Orientation of new members is the prime way that we help keep them in the club and interested in providing service to their community. The District is now conducting zoom orientation for new and existing members to keep everyone fresh and up to date on all aspects of Lionism. If you are interested, please contact me and I'll make sure you are included.

Yours in Lionism, PDG Ed Stano, 2070 Route 9N, Greenfield Center, NY 12833 Email: estanojr@nycap.rr.com Home phone – 518-893-7150 Cell phone – 518-879-5757



Lions Clubs International

Due to the continuing concerns about the coronavirus (COVID-19) pandemic, the board of directors voted to transition the 2021 Montreal Lions Clubs International Convention to a virtual event that will be delivered totally online. This decision was made with the health and safety of our Lions, staff and vendors in mind as limiting international travel and large gatherings is key to global containment strategies.

Although we are disappointed that we won't be able to host this event in person, we are excited about hosting our first virtual international convention that can safely connect Lions from around the world. We are still finalizing the details of your new convention experience, and will share those with you as soon as they are ready.

Here are some important details about the 2021 virtual convention we'd like to share with you:

Everyone's invited – Our 2021 convention will be a virtual event that's open to all Lions and Leos around the world.

Registration fees – The registration fee will be US\$50 until March 31, then US\$75 beginning April 1. The registration fee for Leos will be US\$30 regardless of date. Convention is currently scheduled for June 25-29. Additional event and registration details will be provided soon.

Current registrants – Lions who are currently registered for convention will receive an email soon with more information about their registration options.

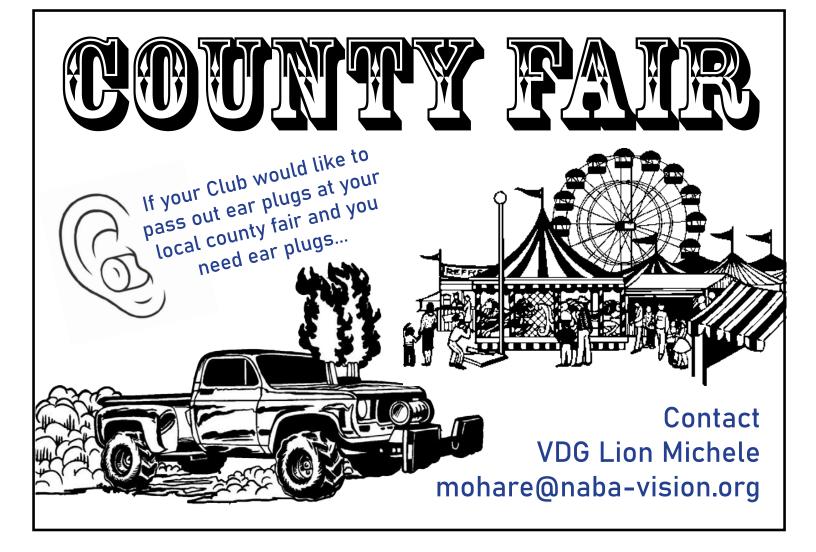
Elections – Executive officer and international director elections will be conducted electronically, and voting procedures will be forthcoming.

Convention updates - Check our convention website LCICon for convention updates and details as they become available.

This global health pandemic has forced us all to make decisions and changes that place health and safety first. However, we are optimistic that with each new day there is hope, and as Lions, we continue to find new ways to stay connected, safely serve our communities and continue our global mission of service.

We appreciate your understanding during this challenging time for our organization and the world, and thank you for your incredible service as a Lion.







$K_{\overline{ING \ LION}}^{T \ O \ A \ L \ L}$

Please return your PR/Marketing Survey for your Club in the addressed/stamped envelope to Lion Robert Townsend by April 30th.

We are developing a PR/Marketing plan for 21-22 to assist and promote our Lions Clubs in 20 W.

If you any questions, please contact VDG LION Michele at mohare@naba-vision.org.

Thank you.



301 Washington Avenue Albany, NY 12206

LIONS! We Need Your Help!

NABA is looking for clubs to transport blind or legally blind seniors, that cannot find transportation to get their shots.

Please contact: VDG Michele O'Hare 518-463-1211 X 241 or MOHARE@NABA-VISION.ORG





NABA is looking for a Lions Club or Clubs to build dividers made of plexiglass in the manufacturing department between work stations.



Please contact: VDG Michele O'Hare 518-463-1211 X 241 or MOHARE@NABA-VISION.ORG



Hand Sanitizer



\$5 per bottle, or buy 4 and get 1 free (save 25%!)

Get yours today by contacting Ruth Sano at 518-859-3796 or albanytroylions@gmail.com

- All proceeds benefit the Albany & Troy Lions Club and Grateful Villages
- FDA registered and approved hand sanitizer
- Made to W.H.O. standards
- ◆ 75% isopropyl alcohol for maximum efficacy
- Contains aloe for moisturizing and counteracting the drying effects of alcohol
- Only two ingredients; a natural product without the unwanted filler of industrial sanitizers
- Fine-mist spray applicator covers hands with just the right amount
- Glass bottles and high-quality packaging avoid single-stream waste and unnecessary plastics
- Sanitizer bottles are made to be refillable at local refill stations like the Honest Weight Food Coop





Spread the word, not the germs.

Masks are two-ply cotton separated by a coffee filter, and they're only \$10 each.



Can be hand-washed with a mild dish detergent like Dawn®. After the masks are made, they're washed, sprayed with antiseptic hydrogen peroxide and placed into a zippered plastic bag.



Albany & Troy Lions can call or email Jerry. This order form is for Lions from other clubs.

Mask Order Form				
	Quantity	Total \$		
Masks @ \$10				
S & H (or contact Jerry to arrange delivery)				
1-2 masks: \$1; 3-4: \$2; 5-6: \$3; 7-8: \$4; 9-10: \$5. >10, ask				
	Total:			
Name				
Address				
City, ST ZIP				
Phone Email				
Club				
Make check payable to ALBANY & TROY LIONS CLUB and mail with this form to:				
Lion Jerry Gordon, 15 Hyland Circle, Troy	y, NY 12182-1690			
Questions? jerrygordon@j	uno.com or 518-235-82	232		

Wearing a mask with your hearing aids



Clever tips to protect your ears and hearing aids while wearing a mask



If you have long hair, pull it back into a bun and loop the elastics around the bun.



Create a "mask extender" out of fabric or ribbon about 4 inches long. Buttons sewn on either side allows for a place to put the elastic other than your ears.



Sew 2 large buttons onto a soft headband, placing the buttons to line up with each ear. Looping the elastic around each button will take the strain off your ears.



Use masks with string or ribbons that tie in the back. There are YouTube videos on creating masks that tie, which puts absolutely no pressure on the ears.

Communicating when wearing a mask



Speak slowly, clearly and at a normal volume.



Make sure hearing aid users have them on.



Keep background noise in the room to a minimum.

Rephrase remarks

when not

understood.

Take turns when speaking.



Face each other

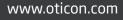


When removing your mask...

Check to make sure hearing aids are still in place after removing a mask as they may come off with mask removal.



life-changing technology





LIONS CAMP BADGER: 1980 - 2021 AN MD-20 STATE PROJECT

Lions Camp Badger In A Pandemic...

Making The Difficult Decision:

- The Board of Directors of Lions Camp Badger made the difficult and proper decision not to hold an in person camp for 2021.
- Covid-19 issues remain challenging and the safety of our campers comes first.

How Will Lions Camp Badger Provide A Safe & Fun Summer For Our Campers:

- Have a Camp In A Box Program A simple, interactive group of activities which will include Facebook
 livestreaming of events such as:
 - Campfire sing-along, dance, games and game shows, yoga classes, arts & crafts, music of all kinds.
 - "How To" classes, crocheting, restoring old items, cooking, square dancing, animal care, etc...
- We will continue to follow our mission "To provide services that enhance the educational, vocational, personal growth and independence of differently-abled individuals".

The Challenges We Are Facing:

- While we do not have the cost of having an in person camp session, "Camp In A Box", insurance, maintenance of the grounds and our 26 buildings, salaries, etc., all remain on-going expenses.
- Replacing part of our septic system.
- Building a new bathroom facility for the lower cabins.
- Repairing foundations on several cabins.

What can the Lions of MD-20 do to help:

We understand that these are challenging times but **please do not forget Lions Camp Badger.** Be as generous as you can with your contributions. Support our annual "Super Raffle". Our Golf Classic will be returing this year. Participate if you can but if not consider one of the Sponsorships. And visit us on-line at www.LionsCB.org and on Facebook at Lions Camp Badger.

We hope that you and your family stay healthy and safe and we look forward to seeing you at Lions Camp Badger soon!







Got Yarn? Or extra fleece fabric?

If you don't need it anymore, we can find someone who will use it to make hats, mittens and scarves for the needy.









Unites people with yarn or fabric so they can help us reach our goal of 350 items by the end of 2021

This helps us help everyone

Someone stuck at home will have materials to make cozy items

We will have those items to give to the needy

Everyone wins!

If you can help us out with yarn or fabric ~ Let us know. We will be happy to pick up it up and get it where it needs to go.

Contact the Albany Troy Lions at albanytroylions@gmail.com

or Lion Ruth Sano at 518-859-3796



Sight Society of Northeastern NY, Inc. Lions Eye Bank at Albany/Rochester



Vision of Hope Award

The Sight Society of Northeastern NY has designated this ultimate recognition to be presented in honor of a person, organization or "in memory" of those who have a special place in our hearts.

This award has been established to help us continue our mission to "give the gift of sight" along with providing cutting edge technology regarding corneal transplants in a state of the art processing facility.



Choose this beautiful Art Glass Award as the ultimate recognition. Your inscription will be etched in silver onto a black metal plate. Size 10" high X 4"wide.

To order:

Please indicate the name, organization or in memory of

Name
Shipping information:
Name
Address
City
State, Zip
Phone

Price \$300.00 (no tax due) shipping included Make checks payable and mail to:

Lions Eye Bank at Albany 4 Tower Place, Ste. 601 Albany, NY 12203

Questions—518-489-7606 Please allow four weeks for delivery

UPCOMING EVENTS

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GALWAY LIONS DRIVE THRU – CHICKEN BBQ

By Ed's Dugout FRIDAY, MAY 7th 3 – 6:30 PM or Until Sold Out

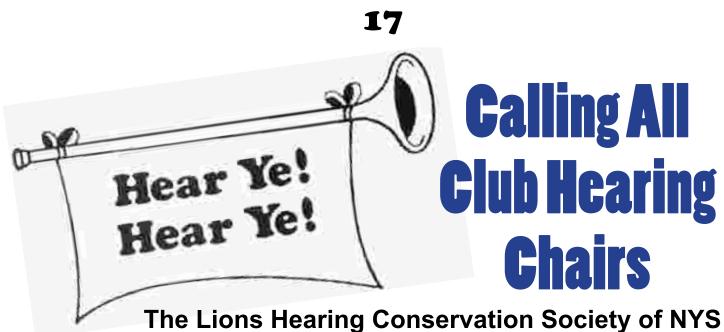
@ LIONS BUILDING,2167 East St.

Pre-Order/Pre-Paid\$12/ticketDay of BBQ\$13/ticket

Contact: <u>hmcconchie@aol.com</u> or 518 882-6516 for pre-order & information

- Half Chicken
- Salt Potatoes
- Cole Slaw
- Roll
- Bottle of Water





will be meeting on Monday, April 26th at 6:30 pm

Please attend the ZOOM meeting and learn how the Society can assist your community and your Club.

If you can send VDG Lion Michele O'Hare the names, phone number and email of the Lion who will be your hearing chair for your Club for 2021/2022 by April 30th, it would be very helpful.

If you have questions, please contact VDG Lion Michele at mohare@naba-vision.org or call 518-694-6872.

NABA Development is inviting you to a scheduled Zoom meeting. Topic: the Lions Hearing Conservation Society of NYS meeting Time: Apr 20, 2021 06:30 AM Eastern Time (US and Canada)

Join Zoom Meeting

https://us02web.zoom.us/j/82386189258?pwd=elNiK0U4WlpKbjhzSWFEV0JheGQzZz09

Meeting ID: 823 8618 9258 ~ Passcode: 261469

One tap mobile +19292056099,,82386189258#,,,,*261469# US (New York) +13017158592,,82386189258#,,,,*261469# US (Washington DC)

> Dial by your location +1 929 205 6099 US (New York) +1 301 715 8592 US (Washington DC) +1 312 626 6799 US (Chicago) +1 253 215 8782 US (Tacoma) +1 346 248 7799 US (Houston) +1 669 900 6833 US (San Jose)

Find your local number: https://us02web.zoom.us/u/kx5Zb3BDN

District & Club Articles

HOW TO GET THE DISTRICT NEWSLETTER FOR



1. GO TO 20WLions.org

- **2. Find "To sign up for the District newsletter, click here" at the bottom of the blue box.**
- **3. Fill in requested information.**

4. Submit!

It's as easy as that! You will recieve the newsletter each month in your email.

Leo Clubs of NYS & Bermuda State wide Raffle

By Pablo M. Romano

The Leos of New York State & Bermuda are conducting a state-wide raffle fundraiser. Every Lions Club was mailed 6 raffle tickets.

This is the first time that a state-wide youth raffle is organized by our Leo Club Program. They would appreciate your Lions Club support.

All funds raised will help sponsor a Leo to attend the next USA/Canada Leo Leadership Forum. The cost of the raffles are \$5 each. If you have any questions. Feel free to email me.

PABLO M. ROMANO

Multiple District Leo Chairperson MD-20 New York State & Bermuda 347-260-4544

Central Association for the Blind and Visually Impaired (CABVI) CLICK ON SUPPLIES & WORKPLACE EYE HEALTH AND SAFETY MONTH

By Tara A. Capponi

CLICK ON SUPPLIES

The Central Association for the Blind and Visually Impaired (CABVI) is launching ClickOn Supplies, featuring over 45,000 office supply products, personal protective equipment (PPE), furniture, cleaning and disinfecting solutions, technology, and more.

A one-stop-shop, ClickOn Supplies (www.clickonsupplies. com) offers free shipping with no minimum order requirements, according to Jim Martino, CABVI E-Commerce Sales and Business Development Associate, and ClickOn

Supplies Manager. "Give us a chance. You'll find our prices are competitive. We will match any competitor's price, and you'll get better customer service than any of the big box stores."





ClickOn Supplies offers a fleece blanket as a free promotional gift with every order of \$50 or more, and a coupon code for 10 percent off the first order.

An affiliate of CABVI, sales at ClickOn Supplies fund vision rehabilitation and employment programs. Orders placed through www.clickonsupplies.com, support CABVI's mission to assist individuals who are blind or visually impaired to achieve their highest levels of independence.

WORKPLACE EYE HEALTH AND SAFETY

March is Workplace Eye Health and Safety Month, and the emphasis on workplace eye safety is evolving. With more Americans working remotely, we may not realize how much damage is being done to our eyes, before it's too late.

According to Washington Eye Physicians & Surgeons, more than 2,000 eye injuries occur daily on job sites across the country, and one in ten of those injuries will require missed days of work to recover. From the total amount of work-related eye injuries that occur, 10-20 percent will cause temporary or permanent vision loss. Safety experts and eye care providers agree that the appropriate eye protection can lessen the severity of injuries, or even prevent 90 percent of them.

While many think that eye injuries only occur in construction, trade, or manufacturing jobs, it's important to know that nearly 40 percent of work-related eye injuries happen in healthcare facilities, laboratories, and offices. Yes, offices – that means the home offices so many of us have been using since the beginning of the pandemic, one year ago this week.

Recent studies show eye safety is in jeopardy in office settings because too much time on a computer can be just as hazardous to eyesight. The most common eye problem is known as Computer Vision Syndrome (CVS). While consistently being on your computer will not permanently damage your vision in most cases, it can cause some challenges. Minor irritation may include your eyes feeling fatigued, dry, and irritated. Other issues can cause retina problems from the blue light on the screen, and also elongate the shape of the eye, causing nearsighted vision. We are finding this a lot more with children on computers. Because of this, more children are wearing prescription eyeglasses than ever before.

Too much screen time and not enough breaks also cause headaches, inattentiveness, neck pain, back strain, poor posture, and added stress on the body. Research shows that staring at a screen for extended periods lengthens the interval between blinks, preventing eyes from staying lubricated and moistened (Source: Eye Med).

To assist with CVS, CABVI representatives suggest practicing the following tips:

1. Reposition your screen. Adjust your screen to be at a right angle away from any direct light source. Invest in an anti-glare screen for your monitor to make the computer work gentler on your eyes.

2. Use the 20-20-20 rule. This rule reminds you that every 20 minutes, you should look at an object at least 20 feet away for at least 20 seconds.

3. Don't forget to blink. While it may sound ridiculous, write yourself a note and place it on your monitor. Write "Blink Often" or any other message that will remind you to regularly close your eyes to keep them from getting dried out.

4. Use artificial tears. Over-the-counter eye drops can be extremely helpful in preventing dry eyes and keeping your eyes comfortable. CABVI representatives prefer preservativefree artificial tears because they work much better and last longer. We even suggest using them at night before bed to give your eyes a refresher before you sleep.

5. Drink water. Adequate hydration can make a big difference, especially during the winter months when heaters and furnaces can make the air particularly dry.

6. Schedule regular comprehensive eye exams. Nothing can replace the importance of having an eye exam by a licensed ophthalmologist at regular intervals.

7. Invest in a quality Blue Blocking lens. The lenses you wear can be made with the blue light blocking technology in your prescription. If you don't wear glasses, or you prefer to wear contacts, you can get non-prescription blue-light blocking lenses and frames to help you.

Please take eye-safety seriously. If you are having experiencing issues, or have concerns, or new problems that seemed to happen for no reason, problems than normal, or new problems or experiencing vision changes such as blurred vision, pain, etc., contact your eye doctor immediately. It's always best to have a thorough exam by a licensed ophthalmologist.

CENTRAL ASSOCIATION FOR THE BLIND AND VISUALLY IMPAIRED (CABVI)

507 Kent St. Utica, NY 13501 Phone: 315-797-2233 www.cabvi.org

MICHAEL MARRONE PR & EVENTS MANAGER

Greater Herkimer Lions Club Pushing Through the Pandemic

By Lion Dave Parmon, Vice President

The Greater Herkimer Lions Club despite the difficult year that 2020 presented we prevailed in our charitable and community service efforts. This report will outline what was accomplished and later in the report what is planned for 2021. The club added 3 new members in 2020, with four more members anticipated in 2021, bringing our club membership to 31 members.

2020 activities started with the onset of the Covid 19 pandemic. Starting in the early phase of the pandemic our club joined forces with five other civic organizations to make an effort to serve the first responders and frontline workers supporting our communities. The joint effort headed up by the Greater Herkimer Lions Club president Rudy Scialdo Jr.

decided together to show support of both our essential workers but support local businesses. It was decided to do this by purchasing pizzas from various local pizza shops in our area then deliver to



the frontline workers. The cooperating organizations were the Herkimer Rotary Club, Little Falls Rotary, Frankfort Kiwanis, Herkimer County Hunger Coalition, and finally the Mohawk Community Club. Starting in the Mid-April time frame and continuing for six weeks to mid-May 175 pizzas were delivered by club members to local Police, Troopers, Ambulance Corps, Sheriff, Emergency Room workers, at 16 different locations throughout the Mohawk Valley. The equivalent volunteer hours of 140 hours for this effort. In addition, the club distributed 30 N95 masks to ambulance crews in the valley. Thanks to Joe Conigliaro, Greg Eisenhut, and Rudy Scialdo II for distributing the masks.

The GHL Club efforts continued into April with our Annual Canal Cleanup, where we clean a portion of the NYS Canal Walk of debris and garbage. This effort had volunteer hours of 20 hours.

In May we completed our Annual Commemorative Flag Ceremony, where the American Flags are placed or replaced on the Veterans graves at Oak Hill Cemetery. GHL supports this effort of placing 2500 flags with a \$500 donation to purchase the flags for the graves. The events had 60 hours of volunteer time.

In June we held our low-cost health screening event or AMBA where individuals can obtain low-cost health screenings for various chronic disorders. This year's event provided this service for 100 individuals. Volunteer hours for this event totaled 45 hours.

Our final event for the year was our 34th Annual golf Tournament. This event is our largest event we sponsor in

a given year. It is also responsible for generating most of the revenue for our yearly charitable support. Although it was a difficult year, we prevailed under the Covid Protocols and



the event ended up being our third biggest fund raiser in the 35 years of holding this tournament. Raising approximately twelve thousand dollars. The tournament hosted 120 golfers at the Stonebridge Golf and Country Club in Frankfort. A special thanks goes out to the staff at the course for the great job they did to make this event possible and in keeping all the attendees safe while having an enjoyable time at the tournament. Total volunteer hours were 175 hours. As is our tradition the Lion of The Year Honor was announced and awarded to a Lion voted on by the club members.

In December 2020 we supported the Gram Lorraine Program by sponsoring six children with Christmas gifts that they would not have received without the program.

That summed up the



activities our club sponsored during 2020, the following is what we have planned for 2021. Total volunteer hours added up to 600 hours. Moving onto 2021 our continuing community projects are, continued placement of Lions Club international signage at entrances to the villages represented by our club. We are also currenting working on placement of benches along the NYS Canal Walk passing through our locales, and welcome signage on the CSX

In February we held our annual month-long raffle, a daily drawing for cash prizes. This event generated one thousand dollars and totaled 50 hours of volunteer time. This is a listing of the coming events and their respective dates.

April 24th Annual Canal clean up.

May 15th Annual Flag Placement Oak Hill Cemetery

June 12th Amba Health Screening Fair

September 17th 35th Annual Greater Herkimer Lions Golf Tournament To be held at Pines Hills Golf & Country Club

Annual Gram Lorraine Christmas Drive

In closing the funds raised help support our charitable giving to eighteen different organizations or individuals in need this past year. Our club wants to thank those organizations that joined us both financially and volunteering to get the job done. We encourage other clubs to join us for our 35th Annual Golf Tournament by bringing a foursome to play or if a donation works better, we will happily accept those too. Any questions or requests please contact our club at 315-866-2011.

KING LION RUDOLPH SCIALDO II

5661 State Route 5, Herkimer, NY 13350-3516 Home: 315-866-5891; Cell: 315-534-3858 Work: 315-866-2011



By Lion Priscilla Laurin

The Chazy Lions have continued to meet during the pandemic - they have offered zoom for members who were unable to get out or were not comfortable with meeting in person.

During our last meeting on 3/16/21 we elected officers for next year.

The club will resume its golf tournament this year - if any club is interested in putting together a team please let us know. Tournament will be 5/15/21 at the golf course in Champlain, N.Y. Tee time is noon.

Lion Karen Russell has been busy volunteering with the Salvation Army - she helps them serve meals.

Lion Priscilla Laurin participated in the new/newer member orientation. Chazy will continue to encourage new members to participate.

We are investigating how the club might participate in the back

pack program for our local schools.

KING LION THOMAS PEPPER

649 Ratta Road, Chazy, NY 12921 Home: 518-846-8404 Cell: 518-569-2734 Work: 518-846-7111 tom.pepper@westelcom.net

District 20W 2021 Lions day with the UN

By PDG John McDonald

ongratulations to Lion Barbara Bentley for being selected \checkmark to take part in this Global Lions Forum! Lion Barbara, who serves as both the Saratoga Springs Lions Club and the District Diabetes Chair, was one of ten International speakers taking part in this U.N. event on Friday March 19th. This was the first time that Lions International was invited to take part in the United Nations Non-Governmental Organization's (NGO) Forum. She spoke on the topic "Fighting Diabetes and Improving Lives", and was joined on the panel by Lion speakers including LCIF Chairperson Guðrún Yngvadóttir, International VP Douglas Alexander, Past International President Al Brandel, Past International Director Sangeeta Jatia, PDG Jackie Williams and Lion Mildred Ramirez. The presentation showcased how Lions Support Gender Equality in Health and Service, and was in conjunction with U.N. Women and the 65th Annual Commission on the Status of Women Forum.



DISTRICT GOVERNOR RICK BRISEE 192 Middletown Road, Waterford, NY 12188 Home: 518-235-4988; Cell: 518-209-8812 rbrisee@hotmail.com



New Voices Campaign

By Lion Rita Ware

A program launched in 2018-2019 to celebrate women's contributions and promote gender parity within Lions Clubs International. In 2019-2020 the program was expanded under International President Dr. Jung-Yui Choi to include young adults, including Leo Lions, and other underrepresented populations as diverse and sought-after New Voices in the association. This initiative is about hearing the story of the unheard and is a forum for sharing new ideas and learning from one another for the betterment of Lions Clubs International.

As the new voices Coordinator I would like to get some information; I would like to get each club to provide the following information from one of the women or young adults in your club;

- 1. How long have you been a member?
- 2. Have you held any position in your club or if you have not yet are you planning on holding a position in the future?
- 3. What is/was your favorite service project?
- 4. What would you like to see your club do that it presently does not?
- 5. Anything you would like to share about your club?

Any other information would also be appreciated. The responses will be included in a report at the next district meeting as well as in the Roar. Let's hear from all the clubs. Send the information to rware@nycap.rr.com or to hmcconchie@aol.com

To find out more about New Voices you can check out the Lions International Web site at https://www.lionsclubs. org/en/resources-for-members/resource-center/womensinitiative

Presidents please encourage your younger members and your ladies to answer a few of these questions and send them to me at **rware@nycap.rr.com**.

LION DIANE LANGE

The following response is from Lion Diane Lange of the Ballston Spa Lions Club Thank you very much Lion Diane.

1. How long have you been a member? My husband and I joined the Ballston Spa Lions Club in 2011. We wanted

to join a service organization that we could go to meeting together and volunteer together. We just received our 10 year pins.

- Positions held in the Ballston Spa Lions Club Tail Twister for 6 years, VP for 1 year and President for 2 years. On a District 20W - Childhood Cancer Awareness Chairperson for the last 3 years.
- 3. Awards Melvin Jones Award, Brandel-Murphy Everyday Hero Award and Certificates of Appreciation from 3 past District Govenors.
- 4. Favorite Service Projects: Ballston Spa Lions Club -Saratoga County Fair Parking, Selling hot dogs at the Car Shows, Collection hats, scarves and mittens for the Food Pantries, volunteering at the Music Park at the Old Iron Springs, Shopping for Children in Saratoga County to "Make A Christmas" and delivering food to families at Thanksgiving and Christmas. Passing out American Flags at the Memorial Day Parades.
- 5. Favorite Service Projects: 20W District Level attending the meetings on a district level and meeting some amazing, dedicated lions. As Childhood Cancer Chair - I enjoy speaking to the District and different clubs on Childhood Awareness, collecting gift cards for the Nick's Fight To Be Healed Comfort and Hope Bags for the Melodies Center at Albany Med. Helping to set-up J.J.'s Mailbox.
- 6. I would like to see my own BSLC increase membership and bring in some younger people. We also need to start getting out in the community more as soon as the pandemic is over.
- 7. On a District Level as Childhood Cancer Chairperson I would like more clubs to have a Childhood Cancer Chair so that I could do more networking.

I love my work with Childhood Cancer. It has been a passion of mind since teaching at Shenendehowa. I have had direct contact with many amazing, brave, young children and their families.

My hobby since joining Lions Club is collecting many of the DG Pins and Club pins. I have no idea what I am going to do with all of them!

My favorite Lions Slogan - "Where there is a need there is a Lion."

NEW VOICES CHAIR LION RITA WARE

2816 Baptist Hill Road, Middle Grove, NY 12850 Home: 518-882-6818 rware@nycap.rr.com



By Lion Jim Winkler

MONTHLY ZOOM MEETING

Once again we held our monthly meeting utilizing the District Zoom Account. It affords us the capability to continue our service activities for the community while we enjoy the camaraderie of our fellow members during the pandemic. Hopefully a return to a more normal lifestyle (including in-person meetings) is not far ahead. It remains to be seen if we will still somehow avail ourselves of our newly-acquired Zoom expertise. We highly recommend all clubs investigate utilizing this tool as a means of staying in touch with their members as long as the in-person restrictions continue.

MONTHLY FOOD DISTRIBUTION ASSISTANCE

Eight club members assisted unloading the monthly delivery

of food from the **Regional Food** Bank in Syracuse, separating it for clients, packing it into client's vehicles and directing traffic entering and exiting the church parking lot in Clark Mills on March 22nd. Over 2,000 people received food this month including



THE FOOD'S HERE – Pallets of food arrive from Central New York Food Bank and are unloaded at Clark Mills Food Pantry parking lot prior to client distribution on March 22nd.

420 kids who received "goodies" for their Easter Baskets. The sunshine and warmer weather (chilly early morning temperatures gave way to temperatures in the 60's) made our efforts very enjoyable!

LIONS EYE INSTITUTE BUNNY SALES

Club members have completed our sale of chocolate bunnies in assistance to the Lions Eye Institute annual fundraiser. This year our Leo Club members in the local Middle School assisted us with sales as they were returning to a more normal school schedule. The Club & Leo members sold a total of 21 cases of bunnies grossing \$2,500 - this accounted for the largest number of bunnies we have ever sold.

COLLECTION OF USED EYEGLASSES

Two club members continued collecting used eye glasses from previously established collection sites in and around the community. A total of 289 glasses were obtained, initially inspected for further usefulness and repackaged into large

boxes and await member(s) transporting them to the Collection Site in the Albany area.

COMMUNITY APPEAL LETTER

Donations from our recent Community appeal Letter sent to the Town of Kirkland (Club's primary area of service) continued to trickle in. For the first time ever, we sent letters to all residents (total of 5,500) of the Town of Kirkland - our primary service area. This was accomplished by obtaining addresses and mailing services from a local direct mail company. We composed the letter and supplied it to the company electronically - they did the rest. The letter "told our story". It described who we were, summarized on-going/ recent activities we support, explained the adverse impact of COVID-19 on our fundraising efforts and stated our desire as Lions to continue our service in the community. The mailing not only increased our visibility in the community but also has resulted in donations of more than \$4,500 from the community. These funds will be utilized until we can once again begin our normal fundraising activities to continue our service projects and charitable donations.

CONTRIBUTIONS

Donations this month include: sponsorship (\$100) of a member of one of the teams in the Great American Heart Run & Walk held virtually this year earlier in March; annual donation (\$300) to Freedom Guide Dogs in nearby Cassville, NY in support of their on-going operation; a donation of \$300 to District 20-W to be split between the District Melvin Jones Fellowship, Robert J. Uplinger Distinguished Service Award and the Knight of the Blind nominees; and a donation of \$400 to the New York State & Bermuda Foundation for purchase of three -\$100 raffle tickets and \$100 annual donation for recognition as a Contributing Club.

COMPUTER DONATION TO LOCAL RESIDENT

The club purchased a computer and presented it to a local young adult battling cerebral palsy. She will utilize it as she continues on-line learning via Zoom during the



LIONS GLAD TO HELP – Clinton Lions Mike Moore and Bill O'Mara donate computer purchased by club to our resident suffering from cerebral palsy. She will utilize the computer to participate in physical therapy classes via Zoom.

pandemic and for socialization with her friends. Once more proving WHERE THERE'S A NEED THERE'S A LION!

THE CLOCKS HAVE BEEN TURNED AHEAD & THE DAYS ARE GETTING LONGER

HOPEFULLY WE'VE TURNED THE CORNER WITH THE VIRUS...

STAY SAFE!

KING LION ROBERT MAXAM

2 Sunset Drive, Clinton, NY 13323 Home: 315-853-5968 Cell: 315-794-0410 maxamr60@gmail.com http://clintonnylionsclub.com/



By Lion Jerry Gordon

GENERAL MEETING

Lion Ruth introduced new member Robin Ford.

There was some discussion about the passing of PDG Dave Harris on Feb. 8. Lion Jerry announced that his twin sister, Diane Ladley, passed less than three weeks later, on Feb. 28.

Our speaker was Lion Joe Wagner, the District Leo Chair, who told us how pleased he was that we had started a Leo club. He provided a brief history of Leos, and said there are 140,000+ Leos in 7200+ clubs in 150+ countries. There will be an induction ceremony on March 14 for the new club. Lion Preem Cabey, our Leo advisor, told us she has met with 1st VDG Michele O'Hare and when they can physically get together, the Leos will be meeting at NABA. They will be integrating with NABA's programs for blind and visually impaired youth, and intend to work together on LCI's essay contest as well as the peace poster contest. Other plans for the Leos include cleaning Brotherhood Park in Watervliet (where we installed a new playset three years ago), working on our blueberry orchard this summer and taking part in the Toys for Tots program.

BOARD MEETINGS

Lion Ruth continues to post our activities to our Facebook page and add links to Rare Meat.

The Fundraising committee (Lions Eva, Greg, Ruth, Larry, John) will meet on April 5.

The formal Leo Club induction ceremony will be on March 14 and will feature special guest speaker 1st Intl VP Doug

Alexander.

Lion Chris announced that our April speaker will be District Diabetes Chair Barb Bentley.

We still have NYS&BLF raffle tickets available. They are \$100 each with a top prize of \$15,000. Individuals can buy whole, half or quarter tickets, and for every three whole tickets that we buy, we can present an Uplinger award. We also have raffle tickets to send one Leo from each district to the 2021 USA/Canada Leo Leadership forum; these are \$5 each with a first prize of a Ring video doorbell. Contact Lion Jerry for either one.

Lion Greg told us about the first REACH (Response, Emergency Aid, Community Help) effort: Shoveling out the vehicle of a wheelchairbound vet.

Lion Ruth delivered a case of chocolate Easter bunnies, a SaveAround book and 36 knitted caps for preemies to Ronald McDonald House. Another 36 bunnies went to Lion Robin for distribution at her Troy Street Soldiers event. Any of the remaining bunnies that aren't sold will be given to Lion Greg for the Pandemic Produce Market.

There were no new applicants for either eyeglasses or hearing aids.

There is no word yet on either our United Way or ACDA grant applications.

We will be taking part in Worldwide Induction Day on April 24 to induct Robin any other new members we get before then.

KING LION EVA BASS

12A Lark Drive, Albany, NY 12210 Cell 518-419-5330 bridgethagapcommunity@gmail.com

CLUB CORRESPONDENCE

P. O. Box 192, Troy, NY 12181-0192 info@albanytroylions.org 518-512-2722 AlbanyTroyLions.org facebook.com/albanytroylions

Lions Prayer

Where Lions meet be present Lord, To weld our hearts in one accord, To do thy will, Lord make us strong, To aid the weak and right the wrong.



Pediatric Cancer Awareness

By Lion Diane Lange

During the season of Easter and Passover, I would like to remind all Lions to keep the children battling Childhood Cancer and their families in your thoughts and prayers.

A big thank you to the individual lions and the Lions Clubs in 20W for your support. The gift cards, monetary gifts for dinners and knitted hats are very much appreciated. Thank you!

PEDIATRIC CANCER CHAIR DIANE LANGE

14 Jacob Drive, Gansevoort, NY 12831 Phone: 518-409-4321 Cell: 518-527-1926

Glens Falls Lions Club

By Lion Karen Rager

Our club is back to our regular schedule of meeting at the Queensbury Hotel for our Lunch and Dinner meetings, and the Association for the Blind for our Board Meetings.

Lion Phil Jessen has offered to take over the Eyeglasses pick up chair. He will make certain there are stickers on each box that have his phone number to call when the boxes are full. We have many locations around the greater Glens Falls Region.

We have scheduled what will now be an annual event, our 2nd Annual Garage Sale, July 17, 2021. We had such a success last year we are going to continue, as our normal fundraisers have been put on hold. Namely, the annual Balloon Festival, our biggest fundraiser. It is scheduled for the fall but have yet to hear if it will really happen and if it does, in what form.

We whittled down our many suggestions for future fundraisers to a few that we think will be viable. One for the better weather months, "Walking with a Lion", a loose concept but something that Lion Marilyn Rivers and Lion Dick Cipperly will form into an event, or series of events. The other one would be on president's Day, 2022. "Dinner with Lincoln", featuring our very own Abraham Lincoln, (Lion Phil Jessen), with food made from actual Lincoln Recipes.

We are currently getting our slate of officers together to be voted on for the 2021 - 2022 year.

KING LION AL CERNY, JR.

7 Shallow Creek Road, Queensbury, NY 12804 Home: 518-615-6938; Cell: 518-528-6641 cerny8062@roadrunner.com

CLUB CORRESPONDENCE

glensfallslions@gmail.com www.glensfallslions.org Glens Falls Lions Club fb page



Important Links

Zone and Region Chairs https://tinyurl.com/y7dtrtz5

Service Toolkit https://tinyurl.com/ybq7vnhd

Club Resource Center https://tinyurl.com/y7onrj7l

Club President https://tinyurl.com/ycbk9l9e

Lions Learning Center https://tinyurl.com/y96hmy27

Lions University https://lionsuniversity.org/ Club Secretary https://tinyurl.com/y9ke23xg

Club Treasurer https://tinyurl.com/y92he2c8

Membership Chair https://tinyurl.com/yckcqm6u

Services Chair https://tinyurl.com/y7nepq8p

LCIF Coordinator https://tinyurl.com/y7w9zjzp

Marketing and Communications https://tinyurl.com/y9scx447

IS your club in The ROAR/MD20Magazine? Let the District and the State know the GREAT THINGS YOUR CLUB IS DOING!

Below are the specifications for each publication.

MD/20 MAGAZINE SUBMISSIONS

January, 2021 ~ June, 2021

ONLY TWO ISSUES will be emailed to include district news.

I will submit everything I receive by the deadline, however submission does not guarantee publication, WE ARE LIMITED TO ONE PAGE PER DISTRICT/PLEASE LIMIT YOUR ARTICLES!

THE ROAR SUBMISSIONS THE 28TH OF EVERY MONTH

Everything received by the deadline will be in the next issue. Publication will be the 1st of every month.

ARTICLES

Digital submission preferred in upper/lower case format.

- Microsoft Word, PDF, or text embedded in an email are acceptable. Please no handwritten.
- No scanned newspaper articles. Newspaper articles will be accepted IF they are in digital format, and with written permission from the originating publication.
- SPELL CHECK everything, particularly names, titles, club name, etc.

PHOTOS

- Digital submission preferred in JPEG.
- Hard copies are acceptable (Please do not write on the back).
- Hard copy newspaper photos are not acceptable. Digital newspaper photos are acceptable ONLY with a release from the newspaper/photographer, with photographer credit.
- SPELL CHECK everything, particularly names, titles, club name, etc.
- PLEASE MAKE SURE CAPTIONS ARE IDENTIFIED WITH CORRESPONDING PHOTOS!

EVENT FLYERS (THE ROAR ONLY)

- Original documents saved in .jpg, .pdf format or Microsoft Word are acceptable. No scanned documents.
 Flyers may be "reworked" due to space requirements.
- SPELL CHECK everything, particularly names, titles, club name, etc.

Submissions can be made to **karen@deuxflutes.com** or Lion Karen Rager, 82 Hunter Lane, Queensbury, NY 12804.



Lions Hearing Conservation Society of NYS

LIONS LOAN-OUT EQUIPMENT

Below is a list of assistive devices available at many of LHCS of NYS's Loan-Out Centers. (Other equipment may be available upon request)

Pocketalker

Personal amplifier. Ideal for one-to-one communication and TV listening.

Whistle Stop

Phone adapter to prevent feedback from using the telephone with a hearing aid.

Infrared TV Listening System

Wireless infrared amplification system.

Digital Alarm Clock Wake to an alarm, a flashing light, or a portable pillow shaker.

Personal FM System

Wireless portable amplification system. Transmits up to 300 feet. Helpful for an individual or large group situation.

Alert Master

Uses a pillow shaker and a lamp flashing simultaneously to alert you to a smoke detector sounding, door knocking, telephone ringing, and alarm clock activation.

Amplified Telephone

Adjustable volume control with amplified ringer.

Cap-Tel Telephone

Telephone that has both amplification and caption capability. Telephone ringing, and alarm clock activation.

Amplified Telephone Ringers

Provides adjustable ring volume, frequency, and pitch tone.

Personal Body Pager

Pager works with the Alert Master. You wear it to alert to sounds while awake.

LIONS LOAN-OUT CENTERS Madison Hearing Center

14 Columbia Circle West Drive, Suite 202 Albany, NY 12203 Voice: (518) 690-2060

Northeastern Association of the Blind at Albany

301 Washington Avenue Albany, NY 12206 Voice: (518) 463-1211, ext. 241

Madison & Saratoga Hearing Center

81 Miller Road, Suite 700 Castleton, NY 12033 Voice: (518) 689-0792

Center for Better Hearing

318 Ridge Street Glens Falls, NY 12801 Voice: (518) 638-4363

Audiologic Solutions

361 Fairview Avenue, Suite 350 Hudson, NY 12534 Voice: (518) 631-2564

Saratoga Hearing Center/Saratoga Medical Arts Bldg.

414 Maple Avenue Saratoga Springs, NY 12866 Voice/TTY: (518) 584-0578

Schoharie Office for the Aging

113 Park Place, Suite 3 Schoharie, NY 12157 Voice: (518) 295-2001

Resource Center for Independent Living

131 Genesee Street Utica, NY 13503 Voice: (315) 797-4642 Ext. 2928 TTY: (315) 797-5837

Capital Region Hearing

9 West Sand Lake Road Wynantskill, NY 12198 Voice: (518) 326-1742