

District 20W LIONS ROAR




**“PROMOTE – DEVELOP
– GROW”**

**A message from
District Governor
Holly McConchie**



February 2025

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Fellow Lions,

It’s February and winter is winding down (maybe)! The second half of our Lions year is in full swing. What are you doing to break the cabin fever we all experience at this time of year?

ARE YOU ATTENDING THE STATE CONVENTION IN NIAGARA FALLS IN MAY? Our multiple district 20 State Convention will be held in Niagara Falls May 16th – 18th 2025. Registration is now open and I am looking for people who will be attending who would be interested in serving on the following committees from District 20W: sergeant-at-arms, nominations, and voting and elections. Please reach out to me if you are interested in assisting with any of these committees.

Our next cabinet meeting is coming up quickly (February 8th) in Saratoga Springs at the Holiday Inn. Presidents and secretaries are key attendees but any club member is always welcome.

UN Day will be March 21, 2025. Registration is open so come join us!

The 2025 International Convention has moved! It will no longer be held in Mexico City but has moved to Orlando, Florida July 13th – 17th 2025. Make your plans to join Lions from around the world!

Mission 1.5 (growing membership to 1.5M world-wide by June 2027) Is still the most important Lions endeavor around. We need to demonstrate

**Meet 2024 - 2025 Lions
International President
Fabrício Oliveira**



MAKE YOUR MARK



to new Lions the significant impact Lionism has on our communities. Their fresh energy will help to invigorate the district, bringing greater excitement and vibrancy to our events and our projects. I have inducted at least one new member at many of my visitations. Please keep up the momentum so that we can help get multiple district 20 back to 15,000 members by June of 2027 from 13000+ currently. On that note, a second group of growth workshops are being held on January 14th, 28th and February 11. Each workshop has a different topic/theme and were very interesting in October when they were offered to our district. If you missed them and are interested in attending, I have attached the flyer at the end of my article.

I have been working on scheduling visitations with all of the clubs. Visitation schedule can be found at the bottom of this article. Those clubs that are in red, please confirm these dates work with your club.

Donations to Lions Clubs International Foundation (LCIF), both by clubs and individual club members, is a significant consideration we should all make.

All donations received are used to assist in disasters around the world, including many times in our own district, unfortunately. Won't you please consider making a donation to our foundation? Please be sure to note in the memo line either Empowering Service or Disaster Relief. If you use Disaster Relief, please don't specify a particular disaster as when that disaster is finally cleaned up, any monies specifically noted to that disaster cannot be used anywhere else. There are also LCIF raffle tickets out there for purchase - \$10 each or book of 6 for \$50. See your club secretary, they should have received tickets.

There are also New York State and Bermuda Lions Foundation raffle tickets out there with your secretaries. Tickets are \$100 each but if you or your club purchases 3 you are then eligible to give a Robert J Uplinger Award to someone deserving in your club or community.

Our goal this year is to have all Lions and Leos Clubs reporting service, it's important to let others know what we are doing. Hopefully you are becoming more comfortable with the new Lions Portal but just in case, remember you can reach out to District Administrator, Lion Margo, for assistance. Here are the basic steps:

To Report Service Projects

1. Go to WWW.LIONSCLUBS.ORG
2. If asked click GO TO LIONS PORTAL
3. Click MEMBER LOGIN
4. Enter your USER NAME and PASSWORD. (If you don't have an account, click REGISTER to sign up)
5. Select Service Dropdown, and My Activities
6. Click Create Service Activity. Choose Your Club and click next
7. Input Title and select Activity Type (Donation, Fundraiser, Meeting or Service Project) then click next
8. Brings up a Service Project Form just fill it out. Click Report Complete to finish then select Save

IMPORTANT EVENT DATES TO RECORD IN YOUR CALENDARS:

3rd Cabinet meeting – *Saturday, February 8,2025 – Holiday Inn, Saratoga Springs
UN Day – March 21, 2025



4th Cabinet meeting – *April 5, War Cannon in Ticonderoga
State Convention – May 16-18, 2025 – Niagara Falls
Testimonial dinner – Friday, May 30, 2025, Turf Tavern, Scotia, working on details
International Convention – July 13-17, 2025 – Orlando, FL

*All members welcome, but key players (club presidents and secretaries) should attend

DG Holly McConchie's 2024 – 2025 Visitation Schedule

February 12, 2025 Town of Greenfield
February 19, 2025 Bethlehem
February 25, 2025 Glens Falls
March 5, 2025 Waterford
March 12, 2025 Greater Johnstown
March 18, 2025 Heuvelton
March 19, 2025 Greater Ravena
March 25, 2025 SUNY U Albany Campus
April 8, 2025 Hadley-Luzerne
April 10, 2025 Ogdensburg
April 14, 2025 Lake Placid
April 17, 2025 Greater Herkimer
April 21, 2025 Plattsburgh
May 12, 2025 Clifton Fine
June 16, 2025 Town of Schroon
Mid-April TBD Long Lake & Newcomb possible interclub
TBD Deerfield, Holland Patent

Dates in Red are tentative, awaiting confirmation from individual clubs

PROMOTE – DEVELOP – GROW: Promote Lionism, develop future Lion leaders, and grow our clubs.

Yours in Lionism,

DG Holly McConchie
13 Marilyn Drive
Glenville, NY 12302
Home phone: 518 882-6516
Cell phone: 518 366-1010
hmconchie@aol.com
Galway Lions Club

What is MISSION 1.5?

MISSION 1.5 is the drive to grow to a minimum of 1.5 million Lion members worldwide on July 1, 2027, so we can meet the growing needs of our communities and serve more than a billion people annually.

WHO'S WHO

DISTRICT 20W CABINET

DISTRICT GOVERNOR

Holly McConchie (Galway Lions)
13 Marilyn Drive, Glenville, NY 12302
Home: 518-882-6516; Cell: 518-366-1010
email: hmcconchie@aol.com

1st VICE DISTRICT GOVERNOR

Your Name Here

2nd VICE DISTRICT GOVERNOR

Your Name Here

CABINET SECRETARY

Alexander Guilmette (Ballston Spa Lions)
PO Box 2454, Ballston Spa, NY 12020
Cell: 518-847-8831; apg200@gmail.com

CABINET TREASURER

Eric Unislawski (Greater Johnstown Lions)
P. O. Box 31, Johnstown, NY 12095-0031
Cell: 518-669-2903; jeneric39@juno.com

IMMEDIATE PAST

DISTRICT GOVERNOR

Priscilla Laurin (Chazy Lions)
207 Sheldon Lane, Chazy, NY 12921
Home: 518-846-7269; Cell 518-569-4421
lionpriscilla2324@yahoo.com

GLOBAL ACTION TEAM

LEADERSHIP

PCC Mark Whitney (Town of Schroon Lions)
6825 Lynvale Drive, Fort Wayne, IN 46804
Cell: 518-791-7519
md20pccmark@gmail.com

MEMBERSHIP

PDG Ed Stano, Jr. (Town of Greenfield Lions)
2070 Route 9N, Greenfield Center, NY 12833
Home: 518 893-7150; Cell: 518-879-5757
estanojr@nycap.rr.com

NEW VOICES COORDINATOR

GMT Family and Women's Specialist

Your Name Here

EXTENSION TEAM SERVICE

PDG Michele O'Hare (Bethlehems Lions)
8 Turnberry Drive, Slingerlands, NY 12159
Home: 518-475-1908, Cell: 518-410-5941
mapohare@gmail.com

GLOBAL SERVICE TEAM

PDG Milledge "Smitty" Smith (Gouverneur Lions)
13487 NY-178, Adams, NY 13605
Home: 315 232 2530; Cell: 315-778-3281
pdgsmitty@gmail.com

COMMUNICATIONS AND

MARKETING TEAM

DISTRICT COORDINATOR

Edward Balaban (Broadalbin-Perth Lions)
654 County Highway 138, P. O. Box 485
Broadalbin, NY 12025
Cell: 716-474-5510; bklynbrn@att.net

DIRECTORY ADMINISTRATOR

Margo Walrath (Galway Lions)
13 Marilyn Drive, Glenville, NY 12302
Home: 518-339-9292; Cell: 518-366-5299

WEBSITE DIRECTOR

Jerry Gordon (Albany & Troy Lions)
15 Hyland Circle, Troy, NY 12182
Home: 518-235-8232; jerrygordon@juno.com

NEWSLETTER AND MD20

MAGAZINE DIRECTER

Karen Rager (Glens Falls Lions)
82 Hunter Lane, Queensbury, NY 12804
Home: 518-798-3143; karen@deuxflutes.com

FACEBOOK ADMINISTRATORS

Barbara Bentley (Saratoga Springs Lions)
119 East Main Street, Cambridge NY 12816
Home: 518-252-1070; Cell: 518-269-5370
bbentley@saratogaspringslions.org

Edward Balaban (Broadalbin-Perth)

Jim Cypher (Glens Falls Lions)
89 Bay St, Apt 1, Glens Falls, NY 12801
C: 617-281-4616
jimcypher@gmail.com
Club: Glens Falls

REGIONS AND ZONES

REGION L

REGION CHAIR

Jim Winkler (Clinton Lions)
136 Utica Road, Clinton, NY 13323
Home: 315-853-6355; Cell: 315-601-4038
Wink8@aol.com

Zone "A" Chair

Bill O'Mara (Clinton Lions)
11 Dogwood Lane, Clinton, NY 13323
Clinton, Deerfield, Greater Herkimer, Holland Patent

Zone "A" Chair

Jim Winkler (Clinton Lions)
136 Utica Road, Clinton, NY 13323
Home: 315-853-6355; Cell: 315-601-4038
wink8@aol.com
*Marcy Telephone, New Hartford New York Mills
Whitstone, Sauquoit Valley, Utica*

REGION I

REGION CHAIR

Ed Balaban (Broadalbin-Perth)
654 County Highway 138, Broadalbin, NY 12025
Cell: 716-474-5510; bklynbrn@att.net

ZONE "A" Chair

Edward Moore (Ballston Spa Lions)
44 Chester Street,
Ballston Spa, NY 12020
518-852-3246
emoore4@nycap.rr.com
*Ballston Spa, Galway, Greater Amsterdam, Saratoga
Springs, Scotia-Glenville, Town of Greenfield*

ZONE "B" Chair

Ed Balaban (Broadalbin-Perth)
654 County Highway 138, Broadalbin, NY 12025
Cell: 716-474-5510; bklynbrn@att.net
*Broadalbin-Perth, Fonda & Fultonville, Greater
Johnstown, Speculator*

REGION O

REGION CHAIR

Michele Puleo O'Hare (Bethlehem Lions)
8 Turnberry Drive, Slingerlands, NY 12159
Home: 518-475-1908; Cell: 518-410-5941
mapohare@gmail.com

Zone "A" and "B" Chair

Your name here

*Albany & Troy, Bethlehem, Duane, Greater Ravena Area,
Town of Wright/Schoharie Valley, Waterford*

REGION N

REGION CHAIR

Lettie Saheim (Mechanicville-Stillwater Lions)
117 Hansen Road, Schaghticoke, NY 12154
Hoe: 518-753-7867; Cell: 518-669-9873
lsaheim117@gmail.com

ZONE "A" Chair

Jim Cypher (Glens Falls Lions)
89 Bay St, Apartment 1, Glens Falls, NY 12801
Cell: 617-281-4616; jimcypher@gmail.com
*Glens Falls, Hadley Luzerne, Long Lake, Newcomb, Town
of Schroon*

ZONE "B" Chair

Margo Walrath (Galway Lions)
13 Marilyn Drive, Glenville, NY 12302
Home: 518-339-9292; Cell: 518-366-5299
*Cambridge, Greenwich, Mechanicville Stillwater,
Schuylerville, Town of Hoosick*

REGION S

REGION CHAIR

Ricky Laurin (Chazy Lions)
207 Sheldon Lane, Chazy, NY 12921
Home: 518-846-7269; Cell: 518-569-7253
rickylions18@outlook.com

ZONE "A" Chair

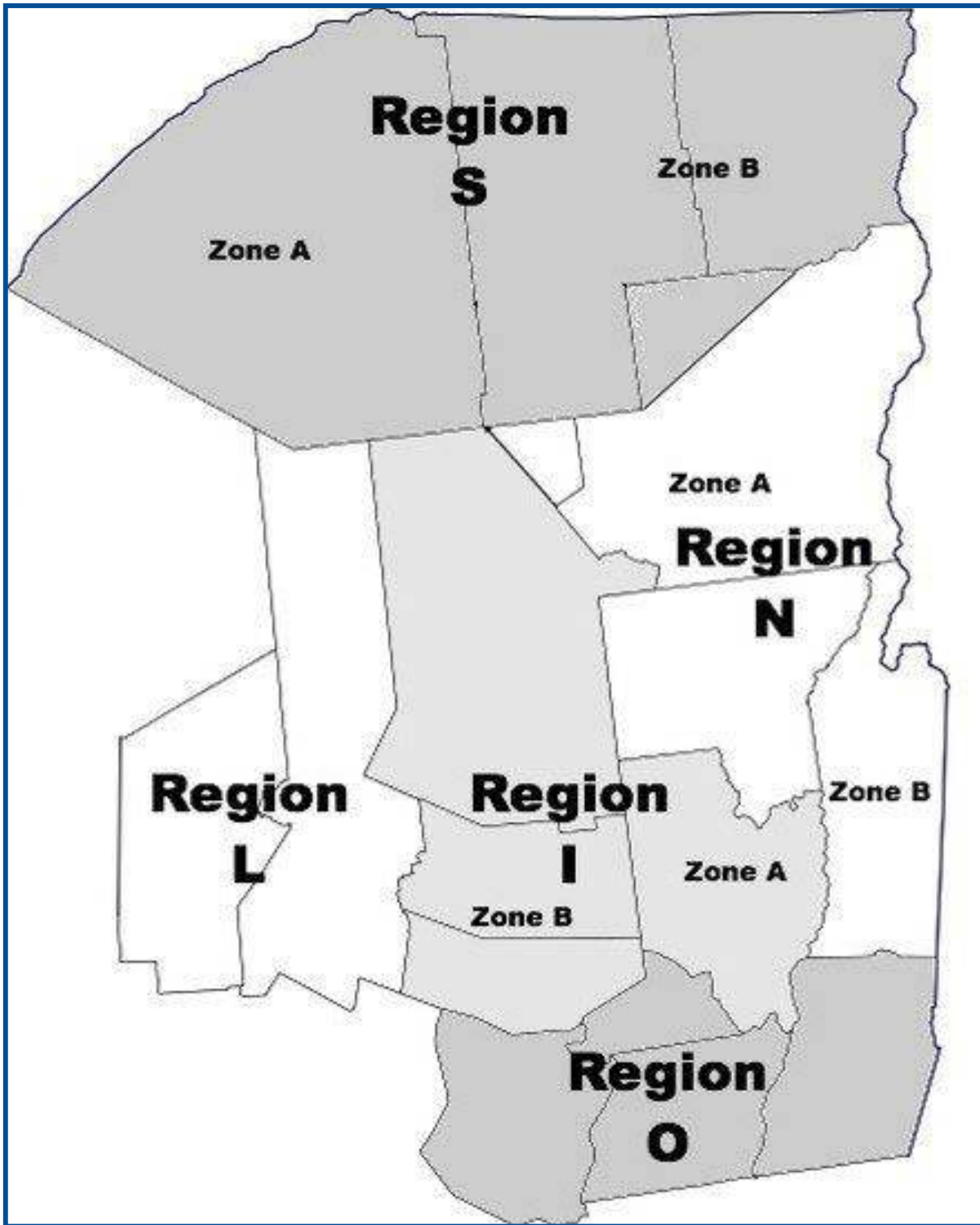
Joe Latimer/Marsha Morrow
(Clifton Fine)
P. O. Box 52, Newton Falls, NY 13666
Home: 315-848-3578 ; Cell: 315-854-4247
dlatimer@slic.com
*Clifton Fine, Edwards, Gouverneur, Heuvelton, Lisbon,
Louisville, Ogdensburg, Raquette River*

ZONE "B" Chair

Ricky Laurin (Chazy Lions)
207 Sheldon Lane, Chazy, NY 12921
Home: 518-846-7269; Cell: 518-569-7253
rickylions18@outlook.com
*Chazy, Lake Placid, Malone, Peru, Plattsburgh, Saranac
Lake, Tupper Lake*



TEAMWORK!



District 20-W Comprises These New York State Counties

Albany, Clinton, Essex, Franklin, Fulton, Hamilton, Herkimer,
Montgomery, Eastern Oneida, Rensselaer, St. Lawrence,
Saratoga, Schenectady, Schoharie,
Warren, and Washington.



Global Service Team



SERVICE REPORTING

Benefits for your club

Reporting our service helps us highlight our global achievements. But it also provides even more value for your club, including:

- Celebrating the impact your club is making
- Inspiring potential new members to add to your impact
- Providing leaders with insight on outcomes to better guide your service

And that's not all. Clubs that report service become eligible for awards and recognition, including the Kindness Matters Service Award and the Club Excellence Award. See the other ways reporting service benefits your club in the Why Report Service resource.

How and when to report service

We recommend reporting a service activity online as soon as possible after you complete your service activity. Lions and Leos also have the option to start entering a service activity during the planning process and finish the report when the service is complete. You can collect the data needed to report an activity with the Service Activity Information resource, which includes a list of our global causes and project types. To see the steps for reporting service, check out the Lion Portal Training videos.

Who can report service

It's important for your club to know who is responsible for service reporting, so your club receives the benefits. In Lions clubs, service chairpersons are responsible for service reporting, although many clubs choose to have the club secretary or club president report. In Leo clubs, the president, secretary or Leo club advisor can report service. Your club can also appoint an administrator to handle service reporting or your district can appoint an IT chairperson.

Who can report service

For clubs and districts through the Lion Portal

Lions clubs: Lions club president; Lions club secretary; Lions club service chairperson; Multiple district / district global service team (GST) coordinator; Multiple district / district / club administrator; Multiple district / district / club information technology chairperson; District / club protocol chairperson; Guiding Lions (for sponsored club).

Leo clubs: Leo club president; Leo club secretary; Leo club advisor

Sponsoring Lions club president; Sponsoring Lions club secretary; Multiple district / district / sponsoring club administrator.

Districts: District governor; Cabinet secretary Cabinet secretary / treasurer; Multiple district / district GST coordinator; Multiple district / district administrator; Multiple district / district information technology chairperson; District Leo chairperson; District childhood cancer / diabetes / environment / hunger / vision chairperson; District Youth Camp and Exchange chairperson; District protocol chairperson

LIONS ARE SOCIAL!

**Stay connected to Lions International
and our service around the world
by following us on social media.**



DISCOVER the NEW LION PORTAL

We've updated the digital tools you use as a Lion.

To put it simply, we've taking the functionality you have today with MyLion, MyLCI, Insights and other tools and combining them into one cohesive and consistent experience

— The Lion Portal —

<https://www.lionsclubs.org/en/resources-for-members/digital-products/portal-updates>

LIONS RESOURCES

can be found at this link

www.lionsclubs.org/en/resources-for-members/resource-center

Fundraising Guide

An interactive tool that helps clubs through the process of planning an online or event fundraiser

Developing Local Partnerships

A hands-on guide that helps clubs evaluate their strengths, identify their needs, and connect with like-minded organizations in the community for potential partnership opportunities

Cabinet Secretary & Treasurer e-Book

Helpful resource that walks the cabinet secretary & treasurer through their role providing helpful tips, resources and tools.

Dues Billing Table

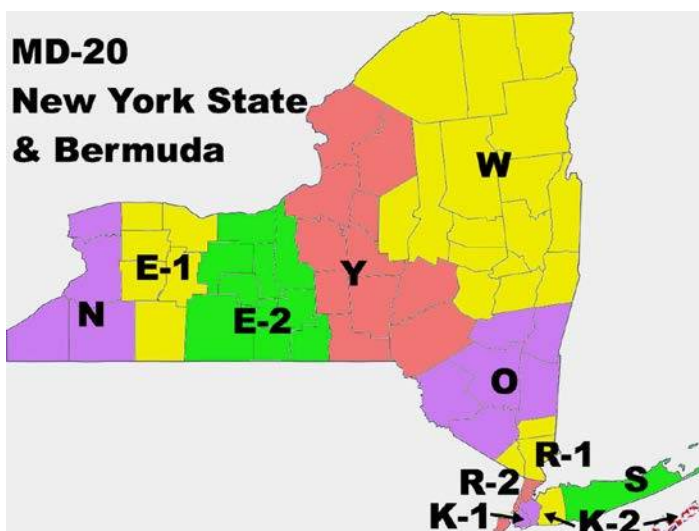
Break down of dues

Vision Screening for Children

A vision screening event for children in local primary, middle or secondary schools that identifies those who may have vision problems requiring comprehensive follow-up by eye care professionals

LCIF GRANT APPLICANTS RESOURCES

www.lionsclubs.org/en/lcif-grants-toolkit#mod1



CALENDAR

Cambridge Lions Club
Return of "Rocket Man" February 8, 2025

3rd Cabinet Meeting
Holiday Inn, Saratoga Springs February 8, 2025

Brandel-Murphy
Youth Raffle..... February 9, 2025

MD 20
Marketing Training February 24, 2025

Town of Greenfield Lions Club
Mardi Gras March 1, 2025

LITPC Youth Scholarship
(Lions International Trading Pin Club)
Application deadline March 1 2025

Lions SEE
Volunteer applications due March 15, 2025__

Galway Lions Club
Community Breakfast March 29, 2025

Saratoga Lions Club
Night at the Brewseum..... April 25, 2025

4th Cabinet Meeting
Ticonderoga..... April, 5 2025

Lions Eye Institute
35th Anniversary May 10, 2025

Testimonial Dinner
Turf Tavern, Scotia..... May 30, 2025

State Convention
Niagara Falls May 16th – 18th 2025

International Convention
Orlando, FL..... July 13th – 17th 2025

EVENTS/FLYERS

Broadalbin-Perth Lions Club
and
Hoffman Helping Hands
present

B-P Lions Clean Car 2024-25



a fundraising project to support the greater
Broadalbin-Perth-Mayfield community

<http://www.hoffmanhelpinghands.com/fundraisers/BPCleanCar>





Lions Clubs International

Dear Lion,

Please remember that all Lions clubs, districts and multiple districts with annual gross receipts less than US\$50,000 that are not required to file Forms 990 or 990-EZ must file the e-Postcard (also known as the 990-N). Please be advised this filing relates specifically to the 501(c)(4). If your Lions club, district or multiple district has a foundation, which is a separate legal entity, the appropriate form will need to be filed as well.

Please review the Annual Tax Filing information below. Thank you!

Annual Tax Filing Information:

https://cdn2.webdamdb.com/md_QdqlB8s5OEF81gJU.jpg.pdf?v=1&utm_source=Eloqua&utm_campaign=LGL_EN_TaxFilingAllClubs_1491935039&utm_medium=email

Please note that Lions Clubs International is not authorized to provide guidance regarding your filing. For specific questions, please contact a local tax professional or the IRS.

Kindest regards,

Legal Division
Lions Clubs International

“The Return of the Rocket Man for the Cambridge Lions Club 2025 Winter Concert”

Back by a very popular demand is Elton John tribute artist Bill Connors in the wonderfully produced tribute concert American Elton. American Elton is more than a tribute show - it's an immersive experience that takes you on a journey through the music of one of the greatest artists of all time. The talented Connors and production team work tirelessly to create an unforgettable show that pays tribute to Elton John's music and legacy.



Presented by the Cambridge Lions Club, this year's installment of the winter concert will take place on **SATURDAY FEBRUARY 8, 2025, AT THE GREENWICH ELKS LODGE**. Show start time is 7pm with doors opening at 6pm. Prior to the performance from 6pm to 7pm, a specialty prepared

Italian Dinner buffet catered by the Wandering Food Dude of Schuylerville. The buffet will include authentic Italian Meatballs, Spaghetti and Marinara and Italian Style Sausage Pepper and Onions, with fresh garden salad and garlic bread.

American Elton will take you back to a nostalgic time when rock was young, and Captain Fantastic was constantly in the Billboard #1 Position. William embodies Elton John's distinctive voice with meticulous attention to detail, from its powerful falsettos to its textured lows. This vocal resemblance, combined with colorful and larger-than-life costumes and an engaging audience rapport, is not just imitation; it's an homage to Sir Elton's unparalleled range and emotive power. Fans at an American Elton show can often forget they are not seeing the man himself.



Also, lite fare snacks available, basket raffle, 50/50 and a cash bar provided by Greenwich Elks. The proceeds from this event will help with Cambridge Lion's Gazebo Revitalization Project.

Tickets are on sale now!

Reserved seating and General Admission available.

Tickets for show only is \$30, add the Italian Buffet for \$20.

For more information, please contact Tina in Doctor Mattison's Office at 518-677-5422.



Super Hero Raffle

Be A Super Hero For Children In Need

Drawing will be held Super Bowl Sunday, February 9, 2025

Grand Prize - \$5,000



2nd Prize: \$ 2,000
3rd Prize: \$ 1,000
4th & 5th Prizes: \$ 500
6th thru 9th Prizes: \$ 250

**Special
6 Tickets
For \$100**

\$20 Per Ticket

To Purchase Tickets Scan here 
Or log on to brandelmurphyfoundation.org



Or...make your check payable and send, with ticket stubs to:

Brandel-Murphy Youth Foundation
P.O. Box 913
Rockville Centre, NY 11571

For Tickets & Information Contact: PCC John Wargo

Email: jwargo@yahoo.com
cell: (845) 489-1578

**All proceeds benefit children in need through
the Brandel-Murphy Youth Foundation**

For further information visit us at www.brandelmurphyfoundation.org

We are a 501(c)(3) organization. Contributions are deductible to the extent allowed by law.



MULTIPLE DISTRICT 20

MARKETING TRAINING

**TOPIC: Marketing is Crucial
for a Club's Community
Impact**

Let's discuss and explore
marketing strategies to grow our
clubs.



MONDAY
FEBRUARY 24, 2025



7:30 PM (ET)



Presenter:

Lion Ingrid Andrews-Campbell
Past Council Chairperson

MEETING ID: 863 7577 8039

PASSCODE: 739863



Mardi Gras Celebration

March 1, 2025 5 pm – 8 pm
At The Knights of Columbus
50 Pine Rd, Saratoga

**Come join us for authentic New Orleans
Food, Drink Specials and Silent Auction**

**Tickets are \$45 per person includes Food &
One Drink Ticket**

**RSVP (deadline 2/15/25) by
Calling Sherry Hoffman – 518-369-2127
or email
townofgreenfieldlionsclub@gmail.com**



**Sponsored by
Town of Greenfield
Lions Club**





New York State & Bermuda Lions

Lions SEE, Inc.

Screening Eyes Early
www.lionsseeny.org



In Partnership with Kidsight USA

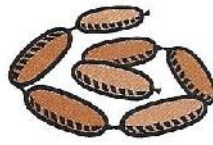
Looking to become a more active Lion?
Lions SEE is seeking volunteers

Lions SEE is currently looking for Lions who have a desire to serve. If you possess a talent for marketing, fundraising, accounting or another skill useful in promoting the mission of Lions SEE, we are looking for your assistance. If you want to work on a committee or serve as a director, we want your unique skill set.

Applications for directors are on the website, www.lionsseeny.org Please email the completed application to PDG Mike Lawkowski at michaellawkowski@yahoo.com

Questions? Call Lion Mike at 716-228-9386

Please submit your application before March 15.



GALWAY LIONS COMMUNITY BREAKFAST

Sat. March 29th, 7:00-11:00

At Bob's Trees Ski Lodge

**Pancakes & Syrup
French Toast Bake & Syrup
Home Fried Potatoes
Ham, Sausage, Eggs
Most items Gluten Free

\$11.00 Adults

\$6.00 Children 10 & Under

Take Outs Available

**For more information go to
www.galwaylionsclubNY.org**

Night At The **BREWSEUM**

Where History & Spirits Come to Life

***VIP* 5:00PM-6:30PM**

Presented by the Saratoga Springs Lions Club



Friday, April 25, 2025

6:30PM - 9:00PM



Canfield Casino • Congress Park, Saratoga Springs, NY

21 and Over Only • ID is Required



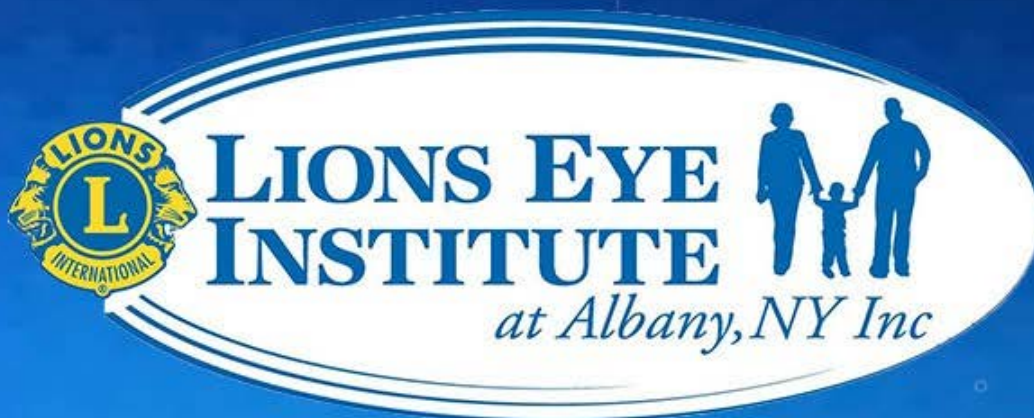
promote your event

for maximum visibility & traction

*Let everyone know
what your club is
going to be doing!*



Save The Date
May 10, 2025



We hope you will join us
Saturday, May 10, 2025 at 1pm
as we celebrate our

35th Anniversary

Albany Country Club
300 Wormer Road, Voorheesville NY 12186

Formal invitation and details to follow shortly

Making an Impact
in Your Community
for Over 70 Years!



Sight Society of Northeastern New York, INC.

2025 Newsletter

WHO ARE WE?

The Lions Eye Bank of the Northeast (LEBNE) is a non-profit organization established by the Lions to restore sight and improve lives through eye tissue donation. We serve as a vital link in the process of eye donation. Dedicated to recovering, processing, and distributing donated eye tissue for corneal transplants, medical research, and education.

OUR MISSION = YOUR VISION

The "GIFT"
of Sight

"Every flower I see,
every patient I
help, every smile on
another's face is
seen through their
eye. Thank You"

-Grateful Recipient-

2024 SUCCESSES



DONOR NUMBERS

Over 750 Donors in 2024, with August being our high of 83 Donors!



CORNEA PLACEMENT

In August of 2024, we placed 50 Corneas for Transplant in one week!



TRANSPLANTS

Facilitated over 1,200 Corneal Transplants!



PROGRAMMING

Established our own DSAEK & DMEK Programs!



EXPANSION

Enlarging our facility by 5,000 square feet

4 Tower Place
Suite 601
Albany, NY 12203
518-489-7606

Contact Us!

www.lebnortheast.org

155 Corporate Woods
Suite 150
Rochester, NY 14623
585-272-7890

101st NY State and Bermuda Lions Clubs Convention May 16-18, 2025 - Niagara Falls NY

This year we are trying something different for our Gala held on Saturday evening (May 17, 2025).

We are looking for districts or clubs to sponsor tables at the gala.
There will be approximately 40 tables available.

The cost of sponsoring a table will be \$50 with the option of having those tables reserved for your district or club. A sign will be placed on any sponsored table stating who the sponsor is and if reserved, a sign will state that the table is reserved for your district or club.

Districts and Clubs can sponsor as many tables as they would like.

If you have any questions, please feel free to contact me.

For more information, contact Sharon Battaglia
2025 MD-20 Convention Chair
716-474-4039 ~ sharonb20n@gmail.com



Greetings Lions of the US and Affiliates,

We are looking forward to starting off the year 2025 with a big LionsUSA splash!

Our goal is to make a huge nation-wide impact by performing Lions vision screenings in as many of our communities as possible during the week of January 12-19, 2025 as we celebrate the birthday of our founder Melvin Jones.

Imagine the difference that can be made for the visual needs of our preschool and school age students!

Imagine the public awareness of Lions in our communities when we do this collectively all across our nation!

More information to follow, but save this week for vision projects now.

Did you know....
Lions District 20-W has a
NEW FACEBOOK PAGE ?


Be sure to “LIKE” and follow the
page to see what is going on around
our great District!!



Northern NY Lions

 [Send Email](#)

 [Liked](#)

 [Message](#)

FACEBOOK Co-Administrators

Ed Balaban
bklynbrm@att.net

Barbara Bentley
barbann22@gmail.com

Jim Cypher
jimcypher@gmail.com

FACEBOOK Editors

Karen Rager
karen@deuxflutes.com

Margo Walrath
maw1026@gmail.com

Childhood Cancer

Actually is:

Financial Stress

PTSD

Insomnia

Mental Struggles

Trauma

Anger

Medical

Isolation

Chaos

Side Effects

Personal Development Delays

Depression

Sibling Jealousy

Unpredictable Future

Medical Learning Curve

Anxiety

Diane Lange
20 w childhood
Cancer chairperson
SKIPPER 2 dfl@
yahoo.com

What people think
Childhood Cancer
is:

- Bald Heads
- GoFundMe
- Sick Days
- Gift Cards
- Chemo

A Roller Coaster Ride

PDG Joan Scott Leadership Award

Hear the World

The Lions Hearing Conservation Society of NYS is proud to introduce the **'PDG Joan Scott Leadership Hear the World Award'**.

This award has been established to recognize a Lion, individual or organization that has listened to the needs of their community and helped implement that vision.



Name of recipient can be etched onto the award (total of 40 characters including award name allowed). Award is 9 ¾ inches high.

Purchase price \$300.00 (no tax) and shipping is included.

- **Make checks payable to: LHCS**
- **Mail to: PDG Rick Brisee, 192 Middletown Road, Waterford, NY 12188**

Any questions: (518) 209-8812 or rbrisee@hotmail.com

**Protect your vehicles from the salt, sand and ravages of weather
with a Hoffman Car Wash available from**



**Broadalbin-Perth Lions Club
and Hoffman Helping Hands**

Please support our fund raiser at:



[www.hoffmanhelpinghands.com/fundraisers/
roarwithlions2023](http://www.hoffmanhelpinghands.com/fundraisers/roarwithlions2023)

Bottle & Can **RETRIEVAL CENTERS™**



Bring your recyclable donations to
Plc-N-Nickel Bottle and Can Retrieval Center
4303 NY-30, Amsterdam.

Credit the Broadalbin-Perth Lions
Foundation account.

Help keep your community and environment clean while
helping the greater Broadalbin-Perth-Mayfield
community when you donate your bottles and cans.



All funds donated to the Broadalbin-Perth Lions
Foundation will be used exclusively to support the needs
of the greater Broadalbin-Perth-Mayfield community.

Visit bottleandcanrc.com for any fundraising inquiries or needs.



2024-2025

CLUB EXCELLENCE AWARD APPLICATION

Date: _____

Club Name: _____ Club Number: _____ District: _____

2024-2025 Club President's Name: _____

Member Number: _____ Email Address: _____

1. MEMBERSHIP

- Achieved a net growth of 2 members or 10% or more members (whichever is greater) or Chartered a new Lions club.

Name of Lions club: _____

2. SERVICE

- Started a new service project. Consider one of our Global Goals? Explain: _____

- List three service activities your club participated in that were reported to Lions International:

1. _____

2. _____

3. _____

3. LCF

- Contributed to LCF an amount greater than or equal to the club's membership total multiplied by US\$10.

Year-end membership count _____ x US\$10 = _____

4. LEADERSHIP & ORGANIZATIONAL EXCELLENCE

- Club is in Good Standing: Not in Status Quo or Financial Suspension. District dues paid and no unpaid balance with Lions International greater than US\$50 Outstanding 90 days or more.

- Reported club officers to Lions International.

- Key officers participate in club officer training.

- District Webinars
- Multiple District Lions Learning Center
- International

E. MARKETING

The club has publicized its service activities through local media or social media.

Provide a link to where they were publicized: _____

Learn more about [promoting your club and activities](#), and learn about the Marketing Award.

2024-2025 District Governor Signature: _____ District: _____

District Governor Member Number: _____ Date: _____

**If sent from district governor's registered email, it qualifies as signature on applications submitted electronically*

Due by: August 31, 2025

Send to: dy.bowdler@lionsclubs.org

Awards mailed to 2025-2026 district governors

Request to review award eligibility from a disqualified club will be considered only if received at International Headquarters within 12 months after completion of the Lion year, provided that the original application form is already filed at Lions International.



Lions International

District and Clubs Administration

Lions International

300 W. 22nd St.

Oak Brook, IL 60521-6842 USA

www.lionsclubs.org

DM-CEA © 2024-EN

Thank you for your support of the Alert Foundation.

If you have any questions please contact us. kclarkmd20@gmail.com



Lions of MD 20 Alert Foundation

7643 Park Ave.

Lowville, NY 13367



Sponsor a cleaning bucket

Your club can sponsor a cleaning bucket. These buckets are filled with cleaning supplies and will be sent out to disaster areas as needed. Your club can have their name on a bucket or two or ten and then anywhere that we send it, people there will know that your club is supporting them in their time of need.

We just need your club name and district as you want them on the label along with your payment of \$40 per bucket.

Club Name: _____

District: _____ **Paid:** _____

**Check payable to: Lions of MD20 Alert
Foundation**

Mail check and this form to:

Kelly Clark 7643 Park Ave., Lowville, NY 13367



Free Lifetime Pass for Military Veterans and Gold Star Families

This provides lifetime passes to thousands of federal recreation sites. Veterans can present one of the four forms of acceptable ID: Department of Defense ID Card, Veteran Health ID (VHIC), Veteran ID Card, or veteran's designation on a state-issued U.S. driver's license or ID card.

The pass can be obtained by visiting www.nps.gov/planyourvisit/pickup-pass-locations.ht



Ronald McDonald House Charities[®] of the Capital Region

Keeping families close™



Snacks & Beverages

- Individual Cereal Cups
- Individual Oatmeal Cups
- Individual Nut and Trail Mix Packs
- Mini Muffin Packs
- Crackers & Cheese Packs
- Crackers & Peanut Butter Packs
- Individual Chips, Pretzels, Popcorn
- Protein bars
- Fresh Fruit: Bananas, Oranges, Apples
- Water (6 - 12 oz bottles)
- Lemonade, Sprite, Coke, Seltzer (12 oz. cans)
- Powerade (12 oz bottles)
- Ramen/Cup O' Noodles Soup
- Infant food pouches: Fruit/Veggies/Yogurts

Household Items



- Paper Towels
- Standard-size Pillows
- Zippered Pillow Protectors
- Queen-size Mattress Protectors (Zippered)
- Queen-size Mattress Pads
- Ziplock bags (snack, sandwich, & quart size)
- Swiffer dust cloth refills
- Swiffer wet cloth refills
- Laundry detergent
- Clorox mopping clothes
- Infant diapers
- Baby wipes
- Feminine products



Gift Cards

- Dunkin
- Subway
- McDonald's
- Hannaford
- Wal-mart
- Stewart's
- Chipotle
- Dominos
- Price Chopper
- Gas Cards
- Sam's Club
- Visa gift cards

Family Needs & Activities



- Preemie Gerber Socks
- Preemie Receiving Blankets
- Pop Bubble Fidget Toys
- Hot Wheels
- Outdoor Toys/Games
- Crayons
- Bubbles
- Small Infant Toys
- Teething Toys
- Children's Board Books
- Play-doh



Wish List Items can be dropped off at Ronald McDonald House

139 S. Lake Avenue, Albany, NY 12208

Monday - Friday, 9AM-5PM

Questions? Call 518-438-2655

Love is Served



RMHC-CR Meal Program

When caring individuals come together to provide home-cooked meals for families staying at the Ronald McDonald House, that's when *love is served*.

The Albany Ronald McDonald House provides a home away from home for families with children receiving critical care at nearby hospitals. Fresh, hot meals and treats prepared by caring community volunteers bring comfort and hope to these families when they need it most.

Through our volunteer Meal Program, you can help ensure that love is served to our guest families 365 days a year. Contact us to reserve a spot on our Meal Program schedule. There are several ways to help:

PREPARE A MEAL

Gather a group of 2-4 volunteers to cook dinner (serving 30-40 guests) at the Ronald McDonald House
Needed 3:00-6:00 P.M. daily

SPONSOR A MEAL

Order dinner directly from the restaurant of your choice or make a donation to cover the cost of one night's meals (~\$250).



Ronald McDonald
House Charities
of the Capital Region

To sign up, please contact:

Julia Geisel, House Manager
(518) 438-2655 | jgeisel@rmhcofalbany.org

139 South Lake Avenue, Albany, NY 12208 ♥ www.rmhcofalbany.org

Make a few dollars while you help the environment

Our club has signed up with CLYNK, a company that pays us for returnable cans and bottles and helps keep them out of the landfill. It's an easy way for us to increase our treasury and help the environment.

If your club would like to participate, go to clynk.com and sign up for a "CLYNK to Give" account.

If your club is not participating and you (and any friends or family members) would like to help our club, contact me at 518-235-8232 or jerrygordon@juno.com and I'll get you all the bags you want.

Here's how it works:

Bag it

Put your bottles (with caps) and cans in the green recyclable CLYNK bag. You can include any plastic or glass bottle or aluminum can that's redeemable in NYS. The bag already has our personalized white CLYNK bag tag on it.

Scan it

Bring your bag to any Hannaford Supermarket's bottle-return area, where you should find a hand-held scanner on the wall. Scan the white tag on the bag, which helps ensure all your bottles and cans can be properly tracked.

Drop it

There should be a chute or bin right near the scanner. Drop the bags off and go about your day!

Collect \$\$

Within a week, CLYNK will deposit our earnings right into our bank account.

Jerry Gordon

Secretary, Albany & Troy Lions Club

Webmaster for ALBANYTROYLIONS.ORG and 20W/LIONS.ORG



ARTICLES

NEWCOMB LIONS CLUB

Fit for Life Presentation

By Lion Norma Taylor

Newcomb Lions Club Vice President Anita Brundage is pictured giving a presentation on “Fit for Life” an exercise program offered Adirondack Health twice



a week. Fit for Life is a medically supervised exercise program that provides safe exercise, support and education to individuals with a desire to improve their overall quality of life through exercise. Every month one of our Lions invites a guest speaker or presents on a topic of their choice.

KING LION MARK YANDON

123 Marcy Lane, Newcomb, NY 12852
myandon@frontiernet.net

BROADALBIN-PERTH LIONS CLUB

Vision Screening

By Lion Ed Balaban

Lions are known throughout the world for their work to improve the lives of the visually impaired and prevent avoidable blindness. The Broadalbin-Perth Lions have embraced this global cause and have taken action locally by visiting the Broadalbin-Perth Elementary School for the second consecutive year to provide a day of vision screening for 85 pre-kindergarten through first

grade students, coordinating efforts with the Northeastern Association of the Blind at Albany (NABA).

Tzigane Lajeunesse, LPN, and Lions’ KidSight Coordinator at NABA, was thrilled at the number of students participating and the continued support of the school and Broadalbin-Perth Lions. “We are so pleased that the school and the Lions are working with us again to ensure that these youngsters have the opportunity to have their vision screened so early in their lives.”

KidSight is NABA’s vision-screening program designed specifically for children ages eighteen months to five years. A specialized camera is used to detect potential vision impairments in the individuals screened. Each year, an average of twelve percent of the children screened for vision impairments are “flagged” as having a potential vision problem.

These children are then referred to a doctor for a follow-up visit and treatment if necessary. NABA collects data on the

outcomes of those that were



Lions Past District Governor Linda Rhinehart, seated right, presents a pack of crayons to a student who was vision screened at Broadalbin-Perth Elementary School on Jan. 8, as BPES teacher assistant Sarah Barkley, left, observes. The screening was performed by a staff member of the Northeastern Association of the Blind at Albany (NABA) and sponsored by the Broadalbin-Perth Lions Club.

recommended for a follow-up visit. Statistics have indicated that low income families are less likely to follow up and schedule a visit with their doctor. Families also reported that transportation and available time as barriers. NABA works with these families in various ways to ensure that the children are seen by a doctor.

Broadalbin-Perth Elementary School Nurse, Christine Yatzor, also was a member of the screening team. “Once again, this well coordinated event helps us identify those students who may be in need of glasses or some other form of vision assistance which will ultimately help them in school.”

Lori Nellis, Director of Medical and Pupil Services said, “We are grateful for this partnership with the Lions and that they can bring this program to our students”. She explained that when students can see clearly, their success in school improves tremendously.

Broadalbin-Perth Lions Club President Bob Townsend was quite pleased with the day’s event. “It was well organized and ran like clock work,” said Townsend. This ongoing success at Broadalbin-Perth expands next month to Mayfield Central Schools, and Townsend looks forward to this activity becoming a regularly scheduled event with schools in his club’s area.

According to Lions Clubs International, eighty percent of all visual impairment can be prevented or cured. The first step to prevention is awareness. The second is early detection through vision screening. Around the world, Lions partner with medical professionals and community leaders to screen young children, primary school students, and adults to identify those at risk for vision loss. The venue for Lions’ vision screenings varies from schools, to workplaces, to community health fairs, and the screening methods depend upon the age group. But the results are always the same. Early identification leads to timely referral, professional treatment, and improved or restored sight.



Teams from the Broadalbin-Perth Lions Club helped pack meals at Broadalbin-Perth High School this weekend, in support of Rise Against Hunger. Along with Broadalbin’s First Presbyterian Church and other volunteers, at least 42,000 meals were packaged for distribution to those in need of nutritious meals around the world.

Broadalbin-Perth Lions participated in the “Rise Against Hunger” meal packaging event held today at the Broadalbin-Perth High School. The event was sponsored by Broadalbin’s First Presbyterian Church and the more than 200 volunteers were on pace to meet their goal of 42,000 meals having packaged almost half that amount within the first hour of the event.

Rise Against Hunger, an international humanitarian organization, is growing a global movement to end hunger by empowering communities, nourishing lives and responding to emergencies. With locations across the U.S. and six international offices, the organization provides immediate nourishment for those facing hunger today and implements sustainable solutions that will lift entire communities for years to come.

Bob Townsend, Broadalbin-Perth Lions President, said that “food insecurity and addressing hunger is one of the Lions’ global causes and we serve to ensure all community members have access to nutritious foods. Joining with Broadalbin’s First Presbyterian Church to support Rise Against Hunger in this effort is a prime example of how we as individuals and organizations can act locally and have a global impact.”

Rise Against Hunger New England Area Manager Bill Maniscalco was grateful for the Lions’ involvement, who have participated in this event for the last three years at Broadalbin-Perth High School. “While Broadalbin is one of the smallest communities that choose to get involved with Rise Against Hunger, they are one of the most impactful in terms of community involvement and production”, said Maniscalco. Each box of food can sustain one child for a full school year.

While the exact destination for this year’s efforts has not yet been determined, Maniscalco said that 37 countries were served last year including Haiti and the Republic of the Philippines.

District Governor of Northern New York Lions Holly McConchie and her Partner-In-Service, Lion Margo Walrath, made their official visit to the Broadalbin-Perth Lions Club. The event was held at C&R Restaurant in Galway, and featured an evening of fellowship, frivolity, and recognition.

District Governor Holly recognized several Club members, acknowledging them with coveted Lions Club International Milestone Chevron Awards for their respective years of service that ranged from 10 to 20 years. By virtue of this recognition it was clearly evident that the Broadalbin-Perth

Lions Club is one of the most seasoned and experienced group of Lions in the region.

Broadalbin-Perth Lions President Rob Townsend presented an extensive list of the club's engagements at the local level that encompass all of Lions International's global causes. District Governor Holly McConchie acknowledged that the Broadalbin-Perth Lions are well on their way to qualifying for another consecutive Club Excellence Award for 2024-2025. To earn this accolade, clubs must meet specific requirements in four categories: Membership, Service, Leadership & Organizational Excellence, and Marketing.

In her remarks to the Broadalbin-Perth Lions, the District Governor spoke about the need for continued membership



Northern New York Lions District Governor Holly McConchie, left, presents Broadalbin-Perth Lion Tom Guiffre, center, with his 20-year chevron along with club president Rob Townsend, right. Townsend sponsored Guiffre into Lions.

growth, frequent communications, and the need for Lions to rise to leadership positions in their club and beyond, all for the greater good of caring for one's community. Having already heard about the various service projects, solid fund raising, and deep community involvement of the Broadalbin-Perth Lions, when compared to many of the other 48 clubs in the District, McConchie said, "I couldn't be more pleased with the spirit and operation of the Broadalbin-Perth Lions."

District Governor McConchie challenged the Club to continue to grow by recruiting new members and maintaining a solid retention program. She also acknowledged the Club's broad and extensive marketing efforts which have kept the Club's activities and events in public view throughout the greater Broadalbin-Perth-Mayfield service area as well as across the Northern New York Lions district.

KING LION ROBERT TOWNSEND

805 CO Highway 126, Amsterdam, NY 12010
Home: 518-843-6553; Cell: 518-866-1250
rtownsend@nycap.rr.com

CLUB CORRESPONDENCE

P. O. Box 331, Broadalbin, NY 12025-0331
bplions@hotmail.com
e-clubhouse.org/sites/broadalbinny/

CHILDHOOD CANCER

2/13 - Childhood Cancer Awareness Day

By Lion Diane Lange

What can your club do to raise awareness in your community? Lions Club of 20W have taken a giant step to help families impacted financially and emotionally at the Albany Medical Center Melodies Center and the Ronal McDonald House of Albany. You have also helped local families in your Clubs area.

Please continue this giant step by planning something special for February 13th.

Collecting gift cards for families.

Supporting the RMDH 'S Love is Served Dinner Meals, Krantz Cottage in Lake George Retreat (\$500)

Art Supplies for the new Art Room.

Supporting the Melodies Center..Hannah's Kitchen with "Grab and Go" snacks and Bordem Buster Bags.

Thank you for supporting Childhood Cancer and continue to encourage the passing of the Childhood Cancer Act in Congress to fund the much needed resources for Childhood Cnacer Research.!

DIANE LANGE, CHILDHOOD CANCER CHAIR

14 Jacob Drive, Gansevoort, NY 12831
Phone: 518-409-4321 Cell: 518-527-1926
skipper2df@yahoo.com

CLINTON LIONS CLUB

By Lion Jim Winkler

Our twice monthly club meetings during the last half of November and December were altered due to our

community service activities associated with the Holiday season. We have picked up our regular schedule of meeting twice monthly since 2025 has arrived. At every club meeting, members continue to bring food donations for our local Country Pantry. Delivered to the Pantry the following day for use at the next monthly distribution, we average 40 – 60 pounds of food staples from members in attendance.

The day after Thanksgiving, we participated in the community’s annual Shopper’s Stroll. We filled the air with the smell of freshly popped popcorn that we distributed to revelers in return for free-will donations as they visited the many shops and venues located throughout the our brightly decorated village. The popcorn must have “hit the spot”, since we realized \$787 in donations for the efforts of fourteen (14) club members. Our club “wreath maker”, Lion Garry Colarusso, using his Subaru as a display stand, also sold his decorated Holiday Wreaths across from our popcorn booth. He donated those proceeds (\$358) to the club coffers.

Also, the day after Thanksgiving commences our annual Salvation Army Red Kettle Campaign in our community.



Clinton Lions Dave Welchons & Sally Glouse show enjoy a break while collecting (December 21, 2024).

Responsible for the organization & staffing of the “kettles”, this campaign ran for three (3) weekends at businesses around the village. A total of fifty-six (56) Lions and other community volunteers spent a total of eighty-four (84) man hours filling the kettles with \$2,613 for the Clinton unit of the Salvation Army. This year eight (8) members of our Middle School Leo Club joined us ringing the bell. Funds

raised stay in our local community and are utilized for the needs of marginalized individuals throughout the year. Volunteer bellringers always feel a great deal of pride & a sense of satisfaction.

The weekend before Christmas we conducted our annual White Cane Fundraiser at three (3) locations in our community. Ten (10) club members collected donations from residents and visitors to the village for four (4) hours on Friday night from 4 – 8 PM and again for four (4) hours



Clinton Lion Les LaBrecque presents November Student of the Month to CCS Senior Garrett Bauer (December 12, 2024).

on Saturday from 10 AM – 2 PM. Like past years, we found the community to be most generous and we collected \$1,365 for our efforts.

Garrett Bauer was recognized as our November Student of the

Month at our December meeting and Leah Vanderlan was recognized as our December Student of the Month at our January meeting. Both are students at Clinton Central Senior High School. Garrett is a senior who participates on the hockey team and is a junior member of our volunteer fire department. He will be attending college pursuing a nursing degree with the hope of becoming a Physician Assistant and an EMT. Leah is a junior honor student, who participates in the High School Drama Club and annual Musical. She has an affection for all types of animals and feels she will be pursuing a career in the veterinary medical field.



Clinton Lion President Gabe Martini presents December Student of the Month to CCS Junior Leah Vanderlan (January 9, 2025).

Club members continued volunteering at our local Food Pantry with the monthly distributions of food. December’s Distribution (prior to Christmas) was the largest ever experienced by the pantry. 659 families, accounting for approximately 1,700 individuals received supplementary food and gift cards to local grocery stores to assist in enjoying their Holiday meals. January’s Distribution was delayed twice due to the severe cold weather and the

impact on volunteers. When it finally took place on January 27th, not all volunteers were exposed to the inclement weather conditions. Approximately 1,350 individuals received food staples during that distribution.

Club donations over the past two (2) months include: the Clinton Unit of the Salvation Army (\$300); Kirkland Bloodmobile (\$300); Brandel-Murphy Youth Foundation (BMYF) Raffle Ticket purchase (\$100); LCIF Disaster Relief (\$500); and the purchase of sixty-four (64) cases of chocolate rabbits in support of the Lions Eye Institute Fundraiser (\$2,432).

KING LION GABRIELE MARTINI

3370 Martin Road, Clinton, NY 13323-3811
Home: 315-853-8669; Cell: 315-794-8516
gabemartini1409@gmail.com

CENTRAL ASSOCIATION FOR THE BLIND AND VISUALLY IMPAIRED (CABVI)

Low Vision Awareness Month

by Miranda Watson

February is Low Vision Awareness Month, a time dedicated to raising awareness about low vision and the impact it has on millions of people worldwide.

Low vision is moderate to severe visual impairment that cannot be corrected with prescription lenses, surgery, or other medical or therapeutic interventions. Low vision can impact an individual's ability to perform everyday activities, which is why the Central Association for the Blind and Visually Impaired (CABVI) is committed to raising awareness and providing support to those who may be affected by low vision.

Low vision is commonly caused by conditions such as macular degeneration, glaucoma, diabetic retinopathy, inherited retinal diseases, and cataracts. Common symptoms include:

Loss of central vision

Loss of peripheral vision

Reduced contrast sensitivity

Visual disturbances or hallucinations

It is important to visit your eye care professional regularly to catch any early warning signs.

Dr. Kimberly Wadas, a low vision specialist at CABVI, says, "Don't visit your eye doctor only when you're experiencing a problem. Preventative eyecare is key, and in

many cases, can save your vision."

At CABVI's Utica and Syracuse locations, our low vision optometrists, specialists, instructors, and therapists create collaborative treatment plans to provide the most successful



Dr. Kimberly Wadas, a low vision optometrist at CABVI, conducts an exam at CABVI's Vision Health and Wellness Center located at 408 Elizabeth St. in Utica.

patient outcomes.

For more information on CABVI's programs and services, visit cabvi.org.

CENTRAL ASSOCIATION FOR THE BLIND AND VISUALLY IMPAIRED (CABVI)

507 Kent St. Utica, NY 13501

Phone: 315-797-2233

www.cabvi.org

MICHAEL MARRONE PR & EVENTS MANAGER

ALBANY & TROY LIONS CLUB

By Lion Jerry Gordon

Our guest speaker was Dr Anshu Chandra, an optometrist who practices in Albany and Schenectady when she isn't in Haiti, where she has been running a clinic for almost 15 years. She's losing her space and is looking for \$300,000 to build a new clinic. Because of the magnitude of her "ask," we suggested an appeal to DG Holly for district-based grant requests from B-M, NYS&BLF and LCIF, as well as appeals to each club.

Lion Greg introduced potential Lion Mike King and Lion Chloe introduced her sister Cailee as a potential Lion. Lions Greg and Jodi's Eden's Rose Foundation has been working diligently to find housing, clothing and furnishings for several migrant

families. Their immediate need is for a \$1500-boiler repair so they can have heat. We voted to donate \$500 towards it. Under Lion Queen's guidance, the new Leos have a "Love Letter to the Earth" event coming up the weekend after next.

Lion Jerry reported that our seal campaign has returned about \$1300 so far; additional funds continue to trickle in.

As reported in the last Rare Meat, our second Little Free Library was installed in the park across the street from the Lansingburgh Boys & Girls Club.

On Jan 23, there will be an eye screening at Turnpike Elementary School in Lansingburgh. PDG Patricia will bring Chazy LC's camera and Lion Jerry will assist, along with anyone else who shows up.

This was our first meeting at our new location, and everyone was quite satisfied, so we'll be back.

After some discussion, we increased our order to 19 cases of 12 milk chocolate, 10 cases of 12 dark chocolate and 2 cases of 24 white chocolate bunnies. Some will be sold to the public, but most are being purchased by individual Lions to be given away.

Lion Mike Suske has been keeping our Albany Little Library full.

For a while, it seemed that LensCrafters was rejuvenating their OneSight program to provide glasses, but it turns out that they have very restrictive requirements (Medicare and Medicaid patients aren't eligible). Ruth is still trying to work with VisionWorks for our patients who can't afford glasses.

We've got about 50 kids who have won local spelling bees. They will participate in a regional event that we're sponsoring, to be held some time in March. We're expecting around 130 attendees.

Lions Greg and Allen will consider our possible relationship with Anshu Chandra, who spoke to us at our last meeting regarding her Haiti project.

The family that the Sheldons have been working with has been successfully moved in.

KING LION JODI SHELDON

5 Grant Street
Delmar, NY 12054
C: 518-331-0992
jodiscott419@gmail.com

CLUB CORRESPONDENCE

P. O. Box 192, Troy, NY 12181-0192
info@albanytroylions.org 518-512-2722
AlbanyTroyLions.org facebook.com/albanytroylions

SAUQUOIT VALLEY LIONS CLUB

Supporting Upstate Golisano Children's Hospital

By Lion John Griffin

The Club held our monthly meeting on Thursday, January 9, 2025 with 17 Members in attendance.

The Club donated proceeds from our Lottery Tree Raffle of \$2,100 to the Upstate Golisano Children's Hospital in Syracuse to support children and families being served by the Hospital. The Hospital handles 100,000 pediatric visits per year.

The Sauquoit Valley Lions held our Annual Holiday Party



on
Saturday,
January
11th
at the
Orchard
Hall

Sauquoit Valley Lions enjoy the annual Holiday Party on January 11th.

Restaurant in Sauquoit. There were 34 members and guest in attendance including Region Chair Jim Winkler and his partner in service Karen. Following the cocktail hour, Club President Lion John Markley welcomed everyone and thanked Lion Michele Przuluke for organizing the affair. Attendees at each table were introduced, including two prospective new members.

After dinner was served the drawing was held for the Club's Annual Holiday Raffle which raised \$3,500. Holiday Raffle Chair Lion Ed Jones thanked the members, the community and fellow Region L Lions Clubs for supporting the raffle, a major fundraiser for the Club.

Our next regular dinner meeting will be held at Orchard Hall on Thursday February 13th at 6:00 p.m.

Representatives from Abigail's Angels will be guest speakers at the meeting. That local organization supports children in need within our community.

KING LION JOHN MARKLEY

2625 Oneida Street, Sauquoit, NY 13456-3209
 Cell: 315-725-9644
 golfjisc@aol.com

**EMPIRE STATE SPECIAL
 NEEDS EXPERIENCE/LIONS
 CAMP BADGER**

Summer Registration Open

by Pat Gillule, Camp Director



Lions Camp Badger is a project of New York MD20 and Bermuda Lions. Located in Spencer, NY, our mission is to provide experiences that enhance the educational, vocational, personal growth and independence of differently-abled individuals.



CAMP REGISTRATION IS OPEN!

Do you know someone with a disability who would love a week of summer camp? Please tell them about us! We run programs for individuals

ages 6-60+ and their families. Campers can register right from our website, www.lionscb.org.

SAVE THE DATE

Saturday, July 26, 2025 Celebrate Abilities Carnival at Lions Camp Badger

Come meet our campers, their families, and our staff! Enjoy games, tours, food, and camp activities. There will be volunteer opportunities on this day as well! Watch for more information about the



Carnival in a future issue.

DID YOU KNOW?

Lions Camp Badger has a beautiful Memorial Garden



near our Chapel with a walkway of Memorial Pavers honoring beloved Lions and friends. You can honor a past or present Lion or even your club with a Memorial Paver to be placed in our garden. Visit our website to download and print an Order Form: <http://www.lionscb.org/memorial-garden-pavers.html>

Order by May 1st to have your paver in place for 2025.

CAMP BADGER

725 LaRue Road, Spencer, NY 14883
CYNTHIA REUTER, BUSINESS MANAGER
PATRICIA GILLULE, CAMP DIRECTOR
PCC ANDREW UMREIKO, PRESIDENT
lionscampbadger@htva.net
 Phones: 800-232-7060, 607-589-4800;

Inquiring minds want to know what your club is doing!



karen@deuxflutes.com

STEPS TO CREATE A SERVICE ACTIVITY ON LION PORTAL

PAGE 1

Login: LION PORTAL <https://account.lionsclubs.org/Account/Login>

Select: SERVICE

Select: MY ACTIVITIES

Select: CREATE SERVICE ACTIVITY

Select: SEARCH FOR CLUB OR DISTRICT OR SELECT FROM MY SPECIFIC AREA

Select: NEXT

Select: YOUR CLUB OR DISTRICT

Select: NEXT

Enter: A TITLE FOR THE SERVICE ACTIVITY

Select: THE ACTIVITY TYPE (SELECT ONE CHOICE):

- Donation
- Fundraiser
- Meeting
- Service Project

Select: NEXT

Select: EDIT OR THE PENCIL - To input the Required, Optional Metrics or Additional Details.

INFORMATION (MUST FILL OUT THIS SECTION)

1. Select CAUSE
2. Select PROJECT TYPE
3. Write DESCRIPTION OF SERVICE ACTIVITY
4. Enter START DATE
5. Enter END DATE
6. STATUS: IS DETERMINED BY THE DATA INPUTTED FOR THE SERVICE ACTIVITY
PLANNED - FUTURE SERVICE ACTIVITY
READY TO REPORT – PAST SERVICE ACTIVITY

Select: REPORT COMPLETE – Check once the end date of the service activity has passed and all required metrics have been entered. The Status will change to REPORTED when the service REPORT COMPLETE box is checked. The only authorize users that can report a Service Activity as Complete are the following in Lion and Leo clubs. In Lions Clubs, CLUB SERVICE CHAIRPERSONS are responsible for SERVICE REPORTING. Although many Lion clubs choose to have the CLUB SECRETARY or CLUB PRESIDENT report. In Leo clubs, the CLUB PRESIDENT, SECRETARY or LEO CLUB ADVISOR can check REPORT COMPLETE.

Select: SAVE when you have added all metrics or details for this service activity. The Service Activity Report Status will remain in DRAFT until the report has been checked REPORT COMPLETE by the designated Lion or Leo Club Officer.

STEPS TO CREATE A SERVICE ACTIVITY ON LION PORTAL PAGE 2

REQUIRED METRICS (MUST FILL OUT THIS SECTION)

- PEOPLE SERVED
- TOTAL VOLUNTEERS (TOTAL NUMBER OF VOLUNTEERS FOR THIS SERVICE ACTIVITY)
- NON-LIONS PARTICIPATED (CHECK IF APPLICABLE)
- NON-LION FAMILY MEMBERS PARTICIPATED (CHECK IF APPLICABLE)
- TOTAL VOLUNTEER HOURS (NUMBER OF VOLUNTEERS X NUMBER OF HOURS-OF-SERVICE ACTIVITY)

OPTIONAL METRICS (FILL OUT THIS SECTION IF APPLICABLE)

- SELECT CURRENCY
- TOTAL FUNDS RAISED (FOR THIS SERVICE ACTIVITY)
- TOTAL FUNDS RAISED (USD)
- TOTAL FUNDS DONATED (DURING THIS SERVICE ACTIVITY)
- TOTAL FUNDS DONATED (USD)
- ORGANIZATION BENEFITED (NAME OF ORGANIZATION TO RECEIVE DONATION)
- DONATION TO LCIF (CHECK WHEN LCIF WILL RECEIVE THE DONATION FROM THIS SERVICE ACTIVITY)
- TREES PLANTED/CARED FOR

ADDITIONAL DETAILS (FILL OUT THIS SECTION IF APPLICABLE)

- SIGNATURE ACTIVITY (CHECK IF APPLICABLE)
- FUNDED BY AN LCIF GRANT (CHECK IF APPLICABLE)
- VENUE (NAME OF LOCATION FOR THIS SERVICE ACTIVITY)
- START TIME
- END TIME
- VENUE TIME ZONE (SELECT TIME ZONE OF SERVICE ACTIVITY)
- VENUE LOCATION (SELECT COUNTRY OF SERVICE ACTIVITY)
- VENUE LOCATION (STREET ADDRESS OF SERVICE ACTIVITY)
- VENUE LOCATION (CITY OF SERVICE ACTIVITY)
- VENUE LOCATION (STATE/PROVINCE OF SERVICE ACTIVITY)
- VENUE LOCATION (ZIP/POSTAL CODE OF SERVICE ACTIVITY)

Select: **SAVE** when you have added all metrics or details for this service activity. The Service Activity Report will remain in **DRAFT** until the report has been checked **REPORT COMPLETE** by the designated **Lion or Leo Club Officer**.

CAUSE AND PROJECT TYPES (LION PORTAL)
PAGE 1

CAUSE: CHILDHOOD CANCER

PROJECT TYPE:

- Awareness, Education, and Advocacy
- Child and Family Tutoring
- Entertainment and Recreational Activity
- Family Assistance
- Organization of Facility Assistance
- Professional Training and Support
- Other

CAUSE: DIABETES

PROJECT TYPE:

- Awareness, Education, and Advocacy
- Diabetes Retreats and Symposiums
- Diabetes Support Group
- Healthy Eating for Gestational Diabetes
- Healthy Living for Type 2 Diabetes
- Recreational Facility Improvement Event
- Strides for Diabetes Awareness
- Type 2 Diabetes Risk Awareness and Screening
- Youth Diabetes Camps
- Other

CAUSE: DISASTER RELIEF

PROJECT TYPE:

- Awareness, Education, and Advocacy
- Community Recovery and Reconstruction
- Disaster Preparedness
- Emergency Response
- Other

CAUSE: ENVIRONMENT

PROJECT TYPE:

- Awareness, Education, and Advocacy
- Clean Water and Sanitation
- Environmental Clean Up and Restoration
- Recycling and Waste Management
- Tree Planting and Tree Care
- Other

CAUSE AND PROJECT TYPES (LION PORTAL)

PAGE 2

CAUSE: ENVIRONMENT

PROJECT TYPE:

- Awareness, Education, and Advocacy
- Clean Water and Sanitation
- Environmental Clean Up and Restoration
- Recycling and Waste Management
- Tree Planting and Tree Care
- Other

CAUSE: OTHER HUMANITARIAN SERVICE

PROJECT TYPE:

- Assistance to an Individual
- Assistance to Refugees and Displaced Persons
- Awareness, Education, and Advocacy
- Community Event
- Community Improvement
- Mental Health and Wellness
- Other Health Service Activity
- Other

CAUSE: HUNGER

PROJECT TYPE:

- Awareness, Education, and Advocacy
- Community Gardens and Agriculture
- Food Collection and Food Banks
- Meal Preparation and Distribution
- Other

CAUSE: VISION

PROJECT TYPE:

- Adult Vision Screening
- Awareness, Education, and Advocacy
- Eyeglass Collection and Recycling
- Lions Eye Banks
- Support Services for the Blind or Visually Impaired
- Youth Vision Screening
- Other

CAUSE: YOUTH

PROJECT TYPE:

- Awareness, Education, and Advocacy
- Education and Literacy
- Lions Quest
- Peace Poster and Essay Contests
- Youth Camps and Exchange (YCE)
- Youth Diabetes Camps
- Youth Vision Screening
- Other

Are your club Events and Articles in the Roar?

DEADLINE IS THE 28TH OF THE MONTH

Except February which is the 25th

Publication is as close to the 1st as possible.

Please keep this in mind if you have event at the beginning of the month to also submit the month prior!

ARTICLES

- Digital submission **ONLY**, (in upper/lower case format).
- Microsoft Word, PDF, or text embedded in an email are acceptable.
- **NO SCANNED NEWSPAPER ARTICLES.** Newspaper articles will be accepted **IF** they are in digital format, and **ONLY** with written permission from the originating publication.
- **SPELL-CHECK** everything, particularly names, titles, club name, etc.

PHOTOS

- Digital submission preferred in JPC.
- Hard copy newspaper photos are **not** acceptable. Digital newspaper photos are acceptable **ONLY** with written permission from the originating publication/photographer, with photographer credit.
- **SPELL-CHECK** everything, particularly names, titles, club name, etc.
- **PLEASE MAKE SURE CAPTIONS ARE IDENTIFIED WITH CORRESPONDING PHOTOS!**

EVENT FLYERS

- Digital submission in verticle format; .jpg, .pdf format or Microsoft Word are acceptable.
- **SPELL-CHECK** everything, particularly names, titles, club name, etc.

Submissions can be made to karen@deuxflutes.com



The Global Leader In
Humanitarian Service

www.lionsclubs.org





Lions Hearing Conservation Society of NYS

LIONS LOAN-OUT EQUIPMENT

Below is a list of assistive devices available at many of LEHCS of NYS's Loan-Out Centers.

(Other equipment may be available upon request)

Pocketalker

Personal amplifier. Ideal for one-to-one communication and TV listening.

Whistle Stop

Phone adapter to prevent feedback from using the telephone with a hearing aid.

Infrared TV Listening System

Wireless infrared amplification system.

Digital Alarm Clock

Wake to an alarm, a flashing light, or a portable pillow shaker.

Personal FM System

Wireless portable amplification system. Transmits up to 300 feet. Helpful for an individual or large group situation.

Alert Master

Uses a pillow shaker and a lamp flashing simultaneously to alert you to a smoke detector sounding, door knocking, telephone ringing, and alarm clock activation.

Amplified Telephone

Adjustable volume control with amplified ringer.

Cap-Tel Telephone

Telephone that has both amplification and caption capability. Telephone ringing, and alarm clock activation.

Amplified Telephone Ringers

Provides adjustable ring volume, frequency, and pitch tone.

Personal Body Pager

Pager works with the Alert Master. You wear it to alert to sounds while awake.

LIONS LOAN-OUT CENTERS

Madison Hearing Center

14 Columbia Circle West Drive, Suite 202

Albany, NY 12203

Voice: (518) 690-2060

Madison & Saratoga Hearing Center

81 Miller Road, Suite 700

Castleton, NY 12033

Voice: (518) 689-0792

Center for Better Hearing

318 Ridge Street

Glen Falls, NY 12801

Voice: (518) 638-4363

Audiologic Solutions

361 Fairview Avenue, Suite 350

Hudson, NY 12534

Voice: (518) 631-2564

Saratoga Hearing Center/

Saratoga Medical Arts Bldg.

414 Maple Avenue

Saratoga Springs, NY 12866

Voice/TTY: (518) 584-0578

Schoharie Office for the Aging

113 Park Place, Suite 3

Schoharie, NY 12157

Voice: (518) 295-2001

Resource Center for Independent Living

131 Genesee Street

Utica, NY 13503

Voice: (315) 797-4642 Ext. 2928

TTY: (315) 797-5837