

District 20W LIONS ROAR



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**Lions Clubs
International
2025-2026
International
President**

A.P. Singh of Kolkata, India

**“Lead to Serve,
Serve to Lead”**



A message from District Governor Barbara Bentley



Fellow Lions,

Fall has definitely arrived, with cool, sunny days and chilly, crisp nights. That also means that the Fall Conference in Lake George is right around the corner!! I encourage everyone who can, to try to attend on Saturday, November 8th! We have an interactive day for sharing service ideas and projects planned!

It has been amazing to visit so many of the clubs that I have so far, to hear what they are doing, meeting many of their members, both new and more “seasoned”, and to see their excitement in adding new members! Many clubs are already meeting the district challenge of bringing in two new members and that is great!!! But remember, it is not all about the numbers.... We want to add new members for more hands and new ideas for service in our communities!

With that in mind, I encourage everyone to send in their photos and articles about what they have been doing to the Lions ROAR District Newsletter!! Starting this month, we are sending that out to every member in our district as a means to keep us all connected! You will find not only information on what other clubs are doing, but also a Marketing & Communications Corner for ideas, important information our clubs may need and more. Be sure to check it out every month when you receive it! Thank you again to Lion Karen Rager for continuing to take on this task of

...continued on next page

getting the newsletter out.... Let's keep her super busy!

Just a couple housekeeping things:

Several clubs still have not paid their District dues. PLEASE try to pay these in a timely manner. We will be reaching out with a gentle reminder, but try to get these paid as soon as you can.

For dues to the Multiple District (state dues) and International, it is HIGHLY recommended that you pay those online as soon as they are received. Again, if you have any question on dues or where to find your invoices, please do not hesitate to let me know!

Lastly, it is extremely important that all clubs file their FORM 990 by November 15th!! I cannot stress this enough. Clubs that do not file for several years are in jeopardy of losing their 'privilege' of using the LCI logo and being under the LCI umbrella, so don't get yourself caught in that situation. Again, if there are questions or you need assistance please let me know.

I have said it before, but will say it again... We have an amazing district, with amazing Lions doing amazing things!!! Continue to do the great work you are doing in your clubs and community!! It certainly does not go unnoticed!!!

Yours in Lionism,

Lion Barbara Bentley
District Governor 20W
Phone: 518-894-1375
barbann22@gmail.com



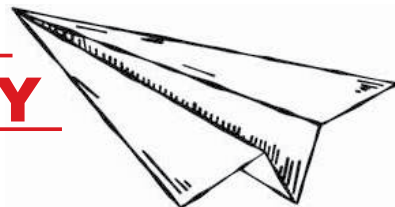
TEAMWORK!

NEXT ROAR DEADLINE

November 28

karenbentleyrager@gmail.com

PLEASE
NOTE MY
NEW
ADDRESS!



SUBMISSION REQUIREMENTS

Send articles, photos and event flyers! Keep in mind I try to publish as close to the 1st as possible so if your event is at the beginning of the month you should place it in the previous month also.

ARTICLES

Microsoft Word preferred. Text embedded in email, or .pdf accepted. Captioned photos separate please.

PHOTOS

.jpg preferred. Include corresponding captions with names.

EVENT FLYERS

Vertical format.

Full page: 7.5 X 9.5

Half page: 7.5 X 4.75

Please adhere to these size requirements, especially if you have a design firm create a flyer, otherwise some of your flyer may be cropped out with important information!

Thank you!





NORTHERN NY LIONS DISTRICT 20-W FALL CONFERENCE



Saturday, November 8, 2025

Courtyard Marriott Lake George
365 Canada Street, Lake George NY 12845
9:00 AM Registration

Meeting Start Time 9:30 AM
\$55 per person
Includes Hot Buffet Lunch



Special Guest Speaker
International Director
Lion David Wineman

PROGRAM HIGHLIGHTS

- * International Director David Wineman
- * Group Service Ideas Session
- * Diabetes Alert Dog Presentation

*Don't Forget
to Bring Your
Sorted Byeglass*

Every club is encouraged to bring materials, photos, poster board etc. to display at shared tables. There will be time given during the program to mingle with other clubs and share ideas! Come prepared to brag about all you do in your community!!

PLEASE REGISTER By 10/30, using the below link or QR Code

www.tinyurl.com/20WFallConference



**Please.... Register and make payment online
or Register and mail your check ***

- * If paying by check, please make payable to: DISTRICT 20W LIONS CLUBS and mail to Cabinet Secretary Patty Murphy, 11725 Duanesburg Road, Delanson, NY 12053.

Lodging Reservations can be made by calling the Courtyard Marriott Lake George at 518-761-1150 \$189/night Code: LIO

For questions, please email the Cabinet Secretary at: LionsDistrict20W@gmail.com

WHO'S WHO

DISTRICT 20W CABINET

DISTRICT GOVERNOR

Barbara Bentley (Saratoga Springs Lions)
20 De Voe Drive, Colonie NY 12205
Phone: 518-894-1375
barbann22@gmail.com

1st VICE DISTRICT GOVERNOR

Ed Balaban (Broadalbin-Perth Lions)
654 County Hwy 138, P.O. Box 485, Broadalbin, NY 12025
716-474-5510
bklynbrn@att.net

2nd VICE DISTRICT GOVERNOR

THIS COULD BE YOU!!!

CABINET SECRETARY

Patricia Murphy (Duane Lions)
11725 Duaneburg Road, Delanson, NY 12053
pmurphy5357@gmail.com
Cell: 518-368-4379

CABINET TREASURER

Eric Unislawski (Greater Johnstown Lions)
P. O. Box 31, Johnstown, NY 12095-0031
Cell: 518-669-2903; eunislawski1@gmail.com

IMMEDIATE PAST DG

Holly McConchie (Galway Lions)
13 Marilyn Drive, Glenville, NY 12302
Home: 518-882-6516; Cell: 518-366-1010
hmconchie@aol.com

GLOBAL ACTION TEAM

LEADERSHIP

PCC Mark Whitney (Town of Schroon Lions)
6825 Lynvale Drive, Fort Wayne, IN 46804
Cell: 518-791-7519
md20pccmark@gmail.com

MEMBERSHIP

PDG Michele O'Hare (Bethlehems Lions)
8 Turnberry Drive, Slingerlands, NY 12159
Home: 518-475-1908, Cell: 518-410-5941
mapohare@gmail.com

EXTENSION TEAM

PDG Ed Pike
3037 Co Hwy 107, Amsterdam, NY 12010
Cell: 518-423-9128
Weski48@yahoo.com

GLOBAL SERVICE

PDG John McDonald (Saratoga Springs Lions)
P.O. Box 91; Galway, NY 12074
Cell: 518-763-9262
jmcDonald33@nycap.rr.com

COMMUNICATIONS AND MARKETING TEAM

DISTRICT COORDINATOR

Robert Townsend

DIRECTORY ADMINISTRATOR

Meredith Beringer

WEBSITE DIRECTOR

Jim Cypher

NEWSLETTER AND MD20

MAGAZINE DIRECTER

Karen Rager (Glens Falls Lions)
82 Hunter Lane, Queensbury, NY 12804
Home: 518-798-3143; karenbentleyrager@gmail.com

FACEBOOK ADMINISTRATORS

Barbara Bentley (Saratoga Springs Lions)
119 East Main Street, Cambridge NY 12816
Home: 518-252-1070; Cell: 518-269-5370
bbentley@saratogaspringslions.org

Edward Balaban (Broadalbin-Perth)
654 County Hwy 138, PO Box 485
Broadalbin, NY 12025
bklynbrn@att.net

FACEBOOK EDITOR

Jim Cypher

REGIONS AND ZONES

REGION L

ZONE "A" CHAIR

Lion Robert Maxum (Clinton Lions Club)
2 Sunset Drive Clinton, NY 13323
315-794-0410
Maxamr60@gmail.com
Clinton, Deerfield, Greater Herkimer, Holland Patent

ZONE "B" CHAIR

Lion Jim Winkler (Clinton Lions)
136 Utica Road, Clinton, NY 13323
Home: 315-853-6355; Cell: 315-601-4038
wink8@aol.com
*Marcy Telephone, New Hartford New York Mills
Whitestone, Sauquoit Valley, Utica*

REGION I

ZONE "A" CHAIR

Lion Alexander Guilmette (Ballston Spa Lions)
PO Box 2454, Ballston Spa, NY 12020
518-847-8831
Apg200@gmail.com
*Ballston Spa, Galway, Greater Amsterdam, Saratoga
Springs, Scotia-Glenville, Town of Greenfield*

ZONE "B" Chair

TBD
*Broadalbin-Perth, Fonda & Fultonville, Greater
Johnstown, Speculator*

REGION O

REGION CHAIR

PDG Michele Puleo O'Hare (Bethlehem Lions)
8 Turnberry Drive, Slingerlands, NY 12159
Home: 518-475-1908; Cell: 518-410-5941
mapohare@gmail.com

ZONE "A AND "B" CHAIR

Lion Matthew Wilcenski (Bethlehem)
15-7 Regina Court, Delmar, NY 12054
518-221-3437
Matthewwilcenski4@gmail.com
*Albany & Troy, Bethlehem, Duane, Greater Ravena Area,
SUNY UALB, Town of Wright/Schoharie Valley, Waterford*

REGION N

REGION CHAIR

Lettie Saheim (Mechanicville-Stillwater Lions)
117 Hansen Road, Schaghticoke, NY 12154
Hoe: 518-753-7867; Cell: 518-669-9873
lsaheim117@gmail.com

ZONE "A" CHAIR TBD

Glens Falls, Hadley Luzerne, Long Lake, Newcomb, Town
of Schroon

ZONE "B" Chair

Lion Linda Pleat (Schuylerville Lions)
313 Route 32 N, Schuylerville, NY 12871
518-505-5991
lpleat@mac.com
*Cambridge, Greenwich, Mechanicville Stillwater,
Schuylerville, Town of Hoosick*

REGION S

ZONE "A" CHAIR

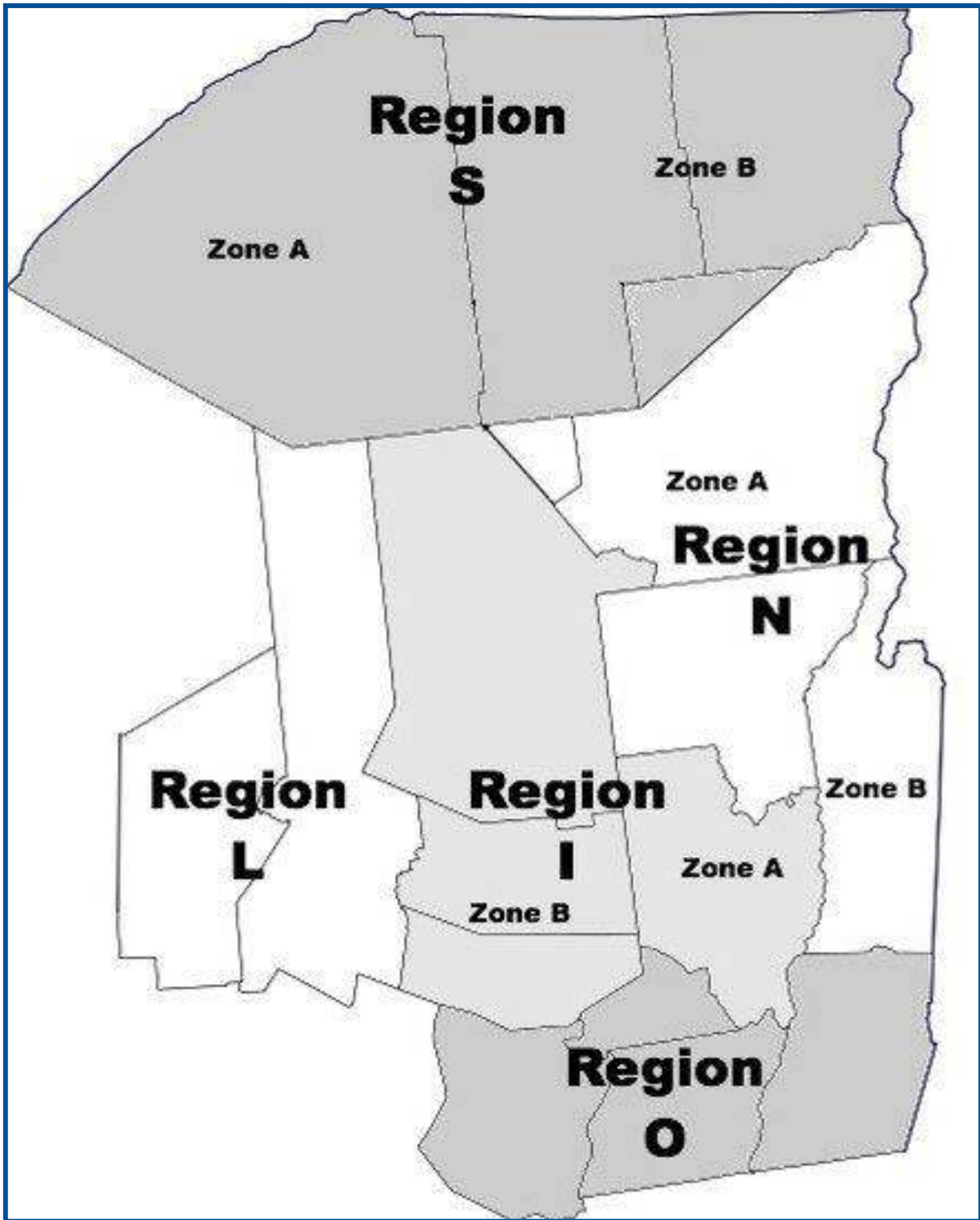
PDG Milledge "Smitty" Smith
13487 NY-178, Adams, NY 13605
315-778-3281
pdgsmitty@gmail.com
*Clifton Fine, Edwards, Gouverneur, Heuvelton, Lisbon,
Louisville, Ogdensburg, Raquette River*

ZONE "B" CHAIR

PDG Priscilla Laurin
207 Sheldon Lane, Chazy, NY 12921
518-569-4421
Lionpriscilla2324@yahoo.com
*Chazy, Lake Placid, Malone, Peru, Plattsburgh, Saranac
Lake, Tupper Lake*

NEW LION PORTAL

[www.lionsclubs.org/en/
resources-for-
members/digital-products/
portal-updates](http://www.lionsclubs.org/en/resources-for-members/digital-products/portal-updates)



District 20-W Comprises These New York State Counties

Albany, Clinton, Essex, Franklin, Fulton, Hamilton, Herkimer,
Montgomery, Eastern Oneida, Rensselaer, St. Lawrence,
Saratoga, Schenectady, Schoharie,
Warren, and Washington.

CALENDAR

Fall Conference

Lake George Marriott November 8, 2025

Lions Eye Bank

Holiday Open House December 4, 2025

3rd Cabinet Meeting

Johnstown Holiday Inn February 7, 2026

4th Cabinet Meeting

Lake Placid High

Peaks Resort April 11, 2026

Testimonial

Van Patten Golf Club May 8, 2026



LIONS RESOURCES

can be found at this link

www.lionsclubs.org/en/resources-for-members/resource-center

Fundraising Guide

An interactive tool that helps clubs through the process of planning an online or event fundraiser

Developing Local Partnerships

A hands-on guide that helps clubs evaluate their strengths, identify their needs, and connect with like-minded organizations in the community for potential partnership opportunities

Cabinet Secretary & Treasurer e-Book

Helpful resource that walks the cabinet secretary & treasurer through their role providing helpful tips, resources and tools.

Dues Billing Table

Break down of dues

Vision Screening for Children

A vision screening event for children in local primary, middle or secondary schools that identifies those who may have vision problems requiring comprehensive follow-up by eye care professionals

LCIF GRANT APPLICANTS RESOURCES

www.lionsclubs.org/en/lcif-grants-toolkit#mod1



Global Membership Team



GMT Coordinator
PDG Michele Puleo
O'Hare

Membership Matters – Building Stronger Clubs Together

Dear Lions of MD20W,

Membership growth and retention are the heartbeat of every successful club. As Lions, we don't just want more members—we want engaged, fulfilled Lions who stay because they feel the impact they're making and the connection to each other.

As we step forward together, here are the key strategies, roles, and tools to help your club grow stronger—one Lion at a time.

Why Every Club Needs a Club Membership Chair

- A Club Membership Chair:
- Leads recruitment and follow-up
- Welcomes and supports new Lions
- Monitors engagement and retention

This role is your club's engine for sustainable growth.

Why Every Club Needs a Marketing Plan

- Marketing is how we tell our story and showcase the heart of our service. It should include:
- Service photos and videos
- A consistent social media presence
- Testimonials from members and those you've helped
- Promotions that focus on service projects over meetings

Tip: Use "It Starts with You – A Personal Invitation to Serve with Lions" as a model for outreach. see communication and marketing article on page 10.

Membership Growth Strategies

- Invite prospects to service projects, not just meetings
- Launch specialty clubs or branches (e.g., teachers, first responders)
- Strengthen Leo-to-Lion transitions
- Reflect the diversity of your local community
- Use your personal and professional networks

Retention Starts with Belonging

- Welcome members with clear purpose and warmth
- Offer flexible meeting formats: in-person, virtual, hybrid
- Check in regularly—ask how members are doing
- Plan for leadership succession early
- Foster an inclusive, fun culture that values every Lion

Best Practices for Clubs & Zones

- Recruit through service first—action attracts action
- Be transparent about your needs—people want to help with a purpose
- Modernize your image—highlight both service and fellowship

- Zone and region chairs: Support struggling clubs with revitalization and mentorship

Tools to Use

- Action Plan Templates
- New Club Development Guide
- Marketing Flyers and Social Media Kits
- GMA (Global Membership Approach) Toolkit - just ask guide
- Community Assessment Tool

Let's make 25-26 the year we rebuild stronger, invite more boldly, serve with passion, and keep Lions for life.

Together , we grow. Together, we serve. Together, we thrive.

In Service,

PDG Michele O'Hare

Global Membership Team Chair, District 20W & MD20





Northernnylions.org District 20W

“Lead to Serve, Serve to Lead”

Communications Corner

Team Members: Chairperson – Lion Bob Townsend
Lion Karen Bentley Rager, Lion Jim Cypher, VDG Ed Balaban

“It Starts with You – A Personal Invitation to Serve with Lions”

There are many ways to promote to the public the great things that your club does to make a difference in people’s lives. With all the communication channels that we have access to, getting our message out certainly makes people aware of your service. Unfortunately, this does not necessarily encourage people to become members. It needs to be personal. Here are a couple of ideas that might help as your club embarks on growing membership.

- 1) Have direct conversation with community members.
 - a. Share why you became a LION and why it is so rewarding
 - b. Share Real Moments of Service of which you are part of
 - c. Use photos in your conversation
 - d. Share information about your members – a common goal of “Service”
 - e. Highlight social media posts, news articles, and other public acknowledgments of the fun your members are having through service and fellowship.
- 2) Share rewarding experiences that you have had with the Lions
- 3) DO NOT overwhelm with details on organization structure, club politics, leadership styles, etc.
- 4) Request feedback and give time for questions – make it interactive
- 5) Extend an invitation to be part of a service event and/or meeting
- 6) Follow up with the individual requesting feedback and extend an invitation to join your club.
- 7) **Exchange Social Media Contact information – Facebook, Email Address, WebSite, Phone number,**
- 8) Follow up in a short period of time

PDG Michele O’Hare has shared with your President a presentation on this topic. I encourage you to ask about it, and involve/engage your Membership Committee.

20W Lions are Great People doing Great Things. We can do so much more working together.

LCI Marketing Resources:

<https://www.lionsclubs.org/en/resources-for-members/resource-center/club-marketing>

EVENTS/FLYERS

Promote your Clubs Events via the Marketing Committee

District 20W Holiday Promotions/Marketing

Objective: Capture Special Holiday Events that are planned for your club. 20W Marketing team will then promote them to local news channels. Looking to get Public Broadcasting to attend your event and promote it on their “Community Events” programming. After the holidays, we will consolidate a press release that can be used in our communities to promote your clubs and Service.

List out 1 or 2 events that you would be conducting from November 1 thru January 1.

Club Name: _____

- 1) Name of Event: _____
- 2) Place of the Event: _____
- 3) Date of the Event: _____
- 4) Contact for the Event:
 - a. Lion Contact: _____
 - b. Phone: _____
 - c. Email: _____

- 1) Name of Event: _____
- 2) Place of the Event: _____
- 3) Date of the Event: _____
- 4) Contact for the Event:
 - a. Lion Contact: _____
 - b. Phone: _____
 - c. Email: _____

Please respond by November 1.



LIONS EYE BANK
of the Northeast

Holiday **OPEN HOUSE**

THURSDAY,
DECEMBER 4TH
12:00PM-2:00PM

4 TOWER PLACE, SUITE 601,
ALBANY, NY 12203

RSVP BY NOVEMBER 24TH
518-489-7606
INFO@LEBNORTHEAST.ORG

Lions Club

Eyeglass Recycling

District 20W



Bring your collected glasses to a cabinet meeting, or our storage facility in Galway

You collect the glasses and 20W will do the rest! We will handle bulk storage and shipment to the NJ center.

Storage Facility
GALWAY LIONS BUILDING
2167 GALWAY RD
GALWAY, NY 12074

For Dropoff Appointment
Call, Text, or Email
PDG- ED PIKE
PH: 518.423.9128
EM: weski48@yahoo.com

Suggested Donation to offset shipping- \$20-\$40

Made with PosterMyWall.com

Broadalbin-Perth Lions Club
and
Hoffman Helping Hands
present
B-P Lions Clean Car 2025-26



a fundraising project to support the greater
Broadalbin-Perth-Mayfield community

<http://www.hoffmanhelpinghands.com/fundraisers/fundraisers/BPCleanCar25-26>





Got Yarn? Or extra fleece fabric?



**If you don't need it anymore, we will turn it into
hats, mittens and scarves for the needy**



Warm Woolen Wishes Project

Helping Hands



Creating Comfort



Unites people with yarn or fabric so they can help us
reach our goal of 500 items by the end of 2025.

This helps us help everyone.

Someone stuck at home will have materials to make cozy items

We will have those items to give to the needy

Everyone wins!

If you can help us out with yarn or fabric, let us know. We will be
happy to pick it up and get it where it needs to go.

Contact the Albany & Troy Lions at ALBANYTROYLIONS@GMAIL.COM
or Lion Ruth Sano at 518-859-3796



Childhood Cancer

Actually is:

Financial Stress

PTSD

Insomnia

Mental Struggles

Trauma

Anger

Medical

Isolation Chaos

Side Effects

Personal Development Delays

Depression

Sibling Jealousy

Unpredictable Future

Diane Lange
20 w childhood
Cancer chairperson
Skipper 2 dfl@
yahoo.com

Medical Learning Curve

Anxiety

What people think
Childhood Cancer
is:

- .Bald Heads
- .GoFundMe
- .Sick Days
- .Gift Cards
- .Chemo

A Roller Coaster Ride

PDG Joan Scott Leadership Award

Hear the World

The Lions Hearing Conservation Society of NYS is proud to introduce the **'PDG Joan Scott Leadership Hear the World Award'**.

This award has been established to recognize a Lion, individual or organization that has listened to the needs of their community and helped implement that vision.



Name of recipient can be etched onto the award (total of 40 characters including award name allowed). Award is 9 ¾ inches high.

Purchase price \$300.00 (no tax) and shipping is included.

- **Make checks payable to: LHCS**
- **Mail to: PDG Rick Brisee, 192 Middletown Road, Waterford, NY 12188**

Any questions: (518) 209-8812 or rbrisee@hotmail.com

Bottle & Can

RETRIEVAL CENTERS™



Bring your recyclable donations to
Plc-N-Nickel Bottle and Can Retrieval Center
4303 NY-30, Amsterdam.
Credit the Broadalbin-Perth Lions
Foundation account.

Help keep your community and environment clean while
helping the greater Broadalbin-Perth-Mayfield
community when you donate your bottles and cans.



All funds donated to the Broadalbin-Perth Lions
Foundation will be used exclusively to support the needs
of the greater Broadalbin-Perth-Mayfield community.

Visit bottleandcanrc.com for any fundraising inquiries or needs.

Thank you for your support of the Alert Foundation.

If you have any questions please contact us. kclarkmd20@gmail.com



Lions of MD 20 Alert Foundation

**7643 Park Ave.
Lowville, NY 13367**



Sponsor a cleaning bucket

Your club can sponsor a cleaning bucket. These buckets are filled with cleaning supplies and will be sent out to disaster areas as needed. Your club can have their name on a bucket or two or ten and then anywhere that we send it, people there will know that your club is supporting them in their time of need.

We just need your club name and district as you want them on the label along with your payment of \$40 per bucket.

Club Name: _____

District: _____ Paid: _____

**Check payable to: Lions of MD20 Alert
Foundation**

Mail check and this form to:

Kelly Clark 7643 Park Ave., Lowville, NY 13367



Free Lifetime Pass for Military Veterans and Gold Star Families

This provides lifetime passes to thousands of federal recreation sites. Veterans can present one of the four forms of acceptable ID: Department of Defense ID Card, Veteran Health ID (VHIC), Veteran ID Card, or veteran's designation on a state-issued U.S. driver's license or ID card.

The pass can be obtained by visiting
www.nps.gov/planyourvisit/pickup-pass-locations.ht



Ronald McDonald House Charities® of the Capital Region

Keeping families close™



Snacks & Beverages

Individual Cereal Cups
Individual Oatmeal Cups
Individual Nut and Trail Mix Packs
Mini Muffin Packs
Crackers & Cheese Packs
Crackers & Peanut Butter Packs
Individual Chips, Pretzels, Popcorn
Protein bars
Fresh Fruit: Bananas, Oranges, Apples
Water (6 - 12 oz bottles)
Lemonade, Sprite, Coke, Seltzer (12 oz. cans)
Powerade (12 oz bottles)
Ramen/Cup O' Noodles Soup
Infant food pouches: Fruit/Veggies/Yogurts

Household Items



Paper Towels
Standard-size Pillows
Zippered Pillow Protectors
Queen-size Mattress Protectors (Zippered)
Queen-size Mattress Pads
Ziplock bags (snack, sandwich, & quart size)
Swiffer dust cloth refills
Swiffer wet cloth refills
Laundry detergent
Clorox mopping clothes
Infant diapers
Baby wipes
Feminine products



Gift Cards

Dunkin' / Chipotle
Subway / Dominos
McDonald's Price Chopper
Hannaford Gas Cards
Wal-mart Sam's Club
Stewart's Visa gift cards

Family Needs & Activities



Preemie Gerber Socks
Preemie Receiving Blankets
Pop Bubble Fidget Toys
Hot Wheels
Outdoor Toys/Games
Crayons
Bubbles
Small Infant Toys
Teething Toys
Children's Board Books
Play-doh

Wish List Items can be dropped off at Ronald McDonald House

139 S. Lake Avenue, Albany, NY 12208

Monday - Friday, 9AM-5PM

Questions? Call 518-438-2655

Love is Served



RMHC-CR Meal Program

When caring individuals come together to provide home-cooked meals for families staying at the Ronald McDonald House, that's when *love is served*.

The Albany Ronald McDonald House provides a home away from home for families with children receiving critical care at nearby hospitals. Fresh, hot meals and treats prepared by caring community volunteers bring comfort and hope to these families when they need it most.

Through our volunteer Meal Program, you can help ensure that love is served to our guest families 365 days a year. Contact us to reserve a spot on our Meal Program schedule. There are several ways to help:

PREPARE A MEAL

Gather a group of 2-4 volunteers to cook dinner (serving 30-40 guests) at the Ronald McDonald House
Needed 3:00-6:00 P.M. daily

SPONSOR A MEAL

Order dinner directly from the restaurant of your choice or make a donation to cover the cost of one night's meals (~\$250).



Ronald McDonald
House Charities
of the Capital Region

To sign up, please contact:

Julia Geisel, House Manager
(518) 438-2655 | jgeisel@rmhcofalbany.org

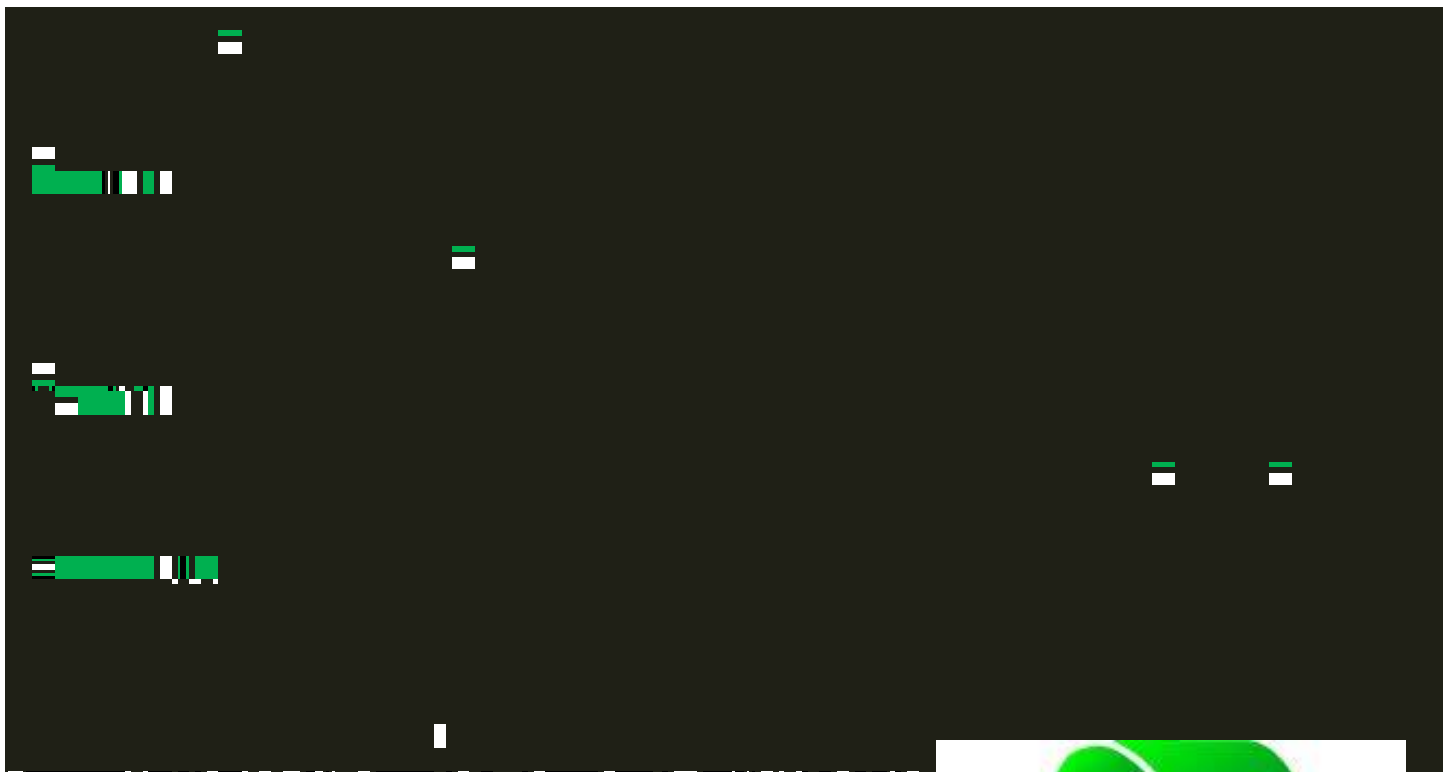
139 South Lake Avenue, Albany, NY 12208 ♥ www.rmhcofalbany.org



and I'll get you all the bags you want.

Here's how it works:

Bag it



Webmaster for ALBANYTROYLIONS.ORG and ZIONLIONS.ORG



ARTICLES

CLUB EXCELLENCE AWARDS CRITERIA UPDATES Important Updates

From LCI

The Club Excellence Award acknowledges the dedication and legacy of service within individual clubs and is the foundation for excellence awards presented to Zone Chairpersons, Region Chairpersons and District Governors.

Membership

- Induct a minimum of two or 20% new members, whichever is greater (not including transfer, reinstated or charter members). Eligibility is determined based on the club's membership count on June 30th of the previous Lion year.
- Or sponsor a new Lions club.

Service

- Report a minimum of four service activities to Lions International. Three of these activities must show participation in each of the three International Weeks of Service.

Leadership

- Report newly elected club officers in Lion Portal by May 15 of the current Lion year.
- A minimum of 10% of the club's members complete any three courses in the Lions Learning Center.
- The club president for the current Lion year must not have served more than two consecutive terms.
- A minimum of two or more club officers (president, vice president, secretary or treasurer. Of which, one must be the club president) complete Club Officer Training (online with the Lions Learning Center or in-person as reported by a GLT coordinator in Learn) between May 1 – December 31.

Donations

- Contributed to LCIF a minimum of the club's membership total on June 30th of the previous Lion year, multiplied by US\$20.

www.lionsclubs.org/en/member-resource-center/grants-and-awards/association-awards/excellence-awards

DG BARBARA BENTLEY

P. O. Box 1031, Guilderland, NY 12084

Phone: 518-894-1375

barbann22@gmail.com

CHAZY LIONS CLUB

Tupper Lake 90th

By PDG Priscilla Laurin

Region S/Zone B held an interclub on 10/16/25. Tupper Lake hosted the event and celebrated the clubs 90th anniversary.

Chazy Lions club was one of the clubs in attendance and was recognized as a club that maintained their membership for last year..



KING LION JOHN SAXE

1078 Lake Shore Road

Chazy, NY 12921

Home: 518-846-7225

Cell: 518-593-0987

jsaxe@jeffordsteele.com

GLENS FALLS LIONS CLUB

Adopt a Soldier

By Lion Karen Rager

Our speaker at our October 28th club meeting was Mike Lehet, Co-Chairman of Operation Adopt a Soldier, Inc.

He spoke of this local program, which was founded by Cliff Seguin in 2003 at Mt. McGregor Correctional Facility.

Their mission is to raise awareness of the day to day sacrifices our military men and women make to protect our freedoms by bringing a sense of "home" to members of all branches

of the military. Some of the many things they do is send care packages, cards and letters, support family members through Family Readiness Program, and support other veterans organizations. Last year they sent out 7,550 packages to both those deployed and veterans. You can get more information here:



www.operationadoptasoldier.org/

In keeping with honoring our veterans, the club is once again providing a full Thanksgiving dinner for the Adirondack Vets House here in Glens Falls. Club members provide the meal, which includes turkey, mashed potatoes vegetable, rolls and butter and pies. There are 9 veterans currently living here. For more information go to:

adirondackvetshouse.com

We are once again doing many service projects from the past, including Salvation Army bell ringing, Adopt-A-Family, and providing items for a local nursing home, and as always we are working on membership.

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Glens Falls Lions Club fb page

CLINTON LIONS CLUB

Community Service Projects

By Lion Jim Winkler

At both of our monthly meetings this month, members in attendance continue bringing food items for distribution to the clients at our local food pantry. For the two (2) meetings, we collected and donated approximately 110 pounds of self-sustainable food. It was delivered to the pantry the following day.

At one of our meetings, we recognized our Clinton Central School District (CCSD) Student of the Month for September and awarded a Robert J. Uplinger Distinguished Service Award. The Student of the Month was Lucas Galinski. He will be graduating next June and furthering his education by pursuing a degree in Finance at either a SUNY School, Providence or James Madison University. He is a member of the district's soccer team and has been active in community service while at Clinton. Accompanied by his parents, they were our guests for dinner and



Clinton Lions Vice President, Les LaBrecque, presents Clinton Central Senior, Lucas Galinski, with Student of the Month Certificate and gift certificate.

presented with a Certificate of Recognition and gift certificate to a local restaurant. .

Barb and Chris Blatz, owners and operators of Clinton Agway for over forty (40) years, were also our dinner guests and presented with the RJU Distinguished Service Award for establishing themselves and their business as pillars of our community. Through their expertise and personalities, they have built a friendly, professional business which has become the “go-to” place to go for the agricultural, garden, home and pet needs of our community. Much deserving of this recognition, we congratulate them.



Clinton Lion Jim Winkler presents Chris and Barb Blatz (owners & operators of Clinton Agway) with a Robert J Uplinger Distinguished Service Award.

In early October one of our members, Lion Bill O'Mara, alerted us of an offering by Thrivent Financial Services. Thrivent's Member Network – Northeast offered to assist in combating food insecurity in communities across the Northeast region through their Thrivent Action Team incentive



Clinton Lions Action Team with initial donations of food for Country Pantry in association with Thrivent Financial services. Pictured left to right: Clinton Lions Judy LaGasse, Bob Maxam, Sally Glouse, Bill O'Mara, Anaka and Mary



Members of the Clinton Lions gather with other community volunteers to receive last minute instructions prior to commencement of the monthly distribution at the Country Pantry.

program. Following Thrivent's directions, we formed this team with members of our club and our local Country Pantry. Over 2,000 food items (minimum requirement was 500), were collected from area residents and businesses and Thrivent donated an additional \$500 to the Pantry to procure additional food staples. Thrivent even supplied “Live Generously” t-shirts and required a picture of the Team

wearing them together with the donated food items be sent to them. No doubt there are similar offerings like this in which organizations can participate.

As usual, seven (7) club members again joined forty-five (45)

other community volunteers for the October Distribution of food at the Country Pantry. Approximately 425 vehicles, representing 1,310 individuals passed through the parking lot of Annunciation Church in Clark Mills, NY. This month in addition to the normal food items that filled their vehicles, as the clients exited the parking lot, they were treated to charcuterie cups assembled by volunteers in the pantry's "new food truck" as they exited the parking lot. With the shutdown of the Federal Government, distributions are expected to serve larger numbers of people and become more frequent. We stand ready to assist wherever possible.



Clinton Lions and other community volunteers staff the assembly (in the food truck) and distribution of charcuterie cups for snacking as clients exit the parking lot.

Joining with others Lions around the world, we participated in the Mental Health and Well Being Service Project. Two (2) members volunteered their time for six (6) hours at Mother Marianne's West Side Kitchen in Utica. There, they and others prepare and serve hot soup and sandwiches for 160 – 225 individuals who are homeless or food insecure, thus assisting to ensure their physical well-being. Similarly, one of our members and his spouse entertained a friend for Sunday dinner – the friend is a resident of a senior living facility and suffers from early stages of dementia.

Recent contributions: a donation (\$200) to the Clinton Fire Department for advertising at their upcoming "Holiday Lights Around the local Town Park"; a donation (\$300) to the family of a local teenager recently diagnosed with leukemia – the donation will be used to defray expenses incurred traveling to and from Syracuse for treatment; a donation (\$100) to our local volunteer ambulance corps; donation (\$150) to our Chamber of Commerce in support of the annual "Jingle Jog" road race in our village the Saturday after Thanksgiving; sponsorship (\$40) of a flag in the "Flags Along the Parkway" Display in Utica, NY on Veterans Day; donation of debit cards (totaling \$1,200) to the Country Pantry for use in the service to their clients.

DON'T FORGET TO TURN YOUR CLOCKS BACK THE DAY AFTER HALLOWEEN...

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TUPPER LAKE LIONS CLUB

Interclub 90th Anniversary

By DG Barbara Bentley

CONGRATULATIONS to the Tupper Lake Lions Club, celebrating their 90th Anniversary during the District Governor's visitation to their inter-club meeting in October.



In addition, District Governor Barbara had the honor of inducting four new members into their club. Keep up the great work!!

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DIABETES AWARENESS

Diabetes Alert Dog

By Lion John Sutton

The Saratoga Springs Lions, along with the clubs in the Zone, the Ballston Spa Lions Club, Town of Greenfield Lions Club, Galway Lions Club, and Scotia-Glenville Lions Club, were able to raise funds, including a Brandel-Murphy Youth Foundation grant, to help support a local family that was in need of a Diabetes Alert Dog for their 7 year-old son, Carter, recently diagnosed with Type I diabetes. The clubs were able to present the family with \$11,000 at a recent dinner meeting in Saratoga Springs where they were able to not only meet them, but also Carter's



Diabetes Alert
Dog, Goose
(from Top Gun
for you movie
fans).

You can meet
the family at our
Fall Conference
on Saturday,
November 8th
where they will
be coming to

speak to us about this journey!!

DIABETES CHAIR DG BARBARA BENTLEY

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SAUQUOIT VALLEY LIONS CLUB

Therapy Dog

By Lion John Griffin

We held two regular meetings in October. Sixteen members were present at our meeting on Oct. 9th at Orchard Hall in Sauquoit. The drawing was held for our annual "Where's the Beef" raffle. The Club raised over \$2,000 after expenses. Thanks to all that purchased a ticket. Our planned Corn-hole Tournament was postponed to a later date due to illness and conflicts that arose. Beginning in November Club Members will be bringing non-perishable food items to the first meeting of each month for distribution to those in need.

At our second meeting of the month on October 23rd there were 20 members in attendance. Waterville CSD teacher Deborah Nicotera addressed the Club on the School Based Therapy Dog program that she has initiated at the school and the benefits the students have enjoyed interacting with the therapy dogs. Our local Sauquoit Valley Middle School Peace Poster Contest was held and we will advance the winning Poster to the District 20W contest at Fall Conference on November 8th. The Club also recognized Orchard Hall proprietors Lion



Deborah Nicotera addresses the Club on the Therapy Dog Program.



Gary Puleo and his partner-in service Sharon for hosting and supporting meetings and events at our Club over the 32 Years they have run the establishment. Lion Gary also expressed his appreciation to the Club for all of their support over that time.

In November our Club will hold our annual Holiday Lottery Ticket Tree raffle with proceeds to benefit those affected by Childhood Cancer. Ticket's will be sold in conjunction with the Annual Sauquoit Valley Middle School Craft Fair the weekend of November 21-23. Our Club will host an informational booth at the Craft Fair on Saturday and Sunday that weekend. The Club is also planning on supporting the Sauquoit Valley Friends and Neighbors (SVF&N) annual



Thanksgiving food distribution to members of the community.

Once again this year we are also planning to support SVF&N Christmas gifts' distribution to Senior shut-ins within our community.



SV Lion Secretary Connie Griffin (far right) expresses appreciation to Orchard Hall owners Lion Gary Puleo and his PIS Sharon for their support of the SV Lions Clubs over the 32 Years they have run the establishment.

KING LION JOHN MARKLEY

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NEWCOMB LIONS CLUB

DG Visit

By Lion Norma Taylor

Newcomb Lions Club participated in the Newcomb Harvest Festival on Oct 4th for the 3rd year in a row pictured is Lion Jim Brundage and President Anita Brundage. Several new membership applications were handed out and an 50/50 held.

Newcomb President Anita Brundage presenting District Governor Barbara Bentley with a Welcome Banner at our October 8th meeting.



Guest Speakers
Susan Spanger,
Newcomb
President Anita
Brundage and
Guest Debbie
Phillips being
president with
a Welcome
Banner at our

October 8th meeting. The topic discussed this month was on Spasmodic Dysphonia, a voice disorder.



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SARATOGA SPRINGS LIONS CLUB/ALBANY & TROY LIONS CLUB

Joint 100th Anniversary

By PDG John McDonald

On October 11th over 200 people gathered at the Gideon Putnam in Saratoga Springs to celebrate the 100th Anniversary of the Saratoga Springs Lions Club and the Albany Troy Lions Club! Guests were greeted with antique cars as they arrived on a glorious Fall afternoon, prior to entering the gallery to the wonderful sounds of a dixieland jazz band.

Prior to dinner, guests heard messages from Saratoga Springs Mayor John Safford, Saratoga Springs Lion PDG John McDonald, Albany Troy Lion Jerry Gordon and DG

Barbara Bentley. After a wonderful dinner the guests listened to powerful and inspirational messages from Keller Johnson, the great grandniece of Helen Keller, and Past International Director Gary Brown!

International Presidential Certificates were bestowed by PID Anthony Paradiso to Saratoga Springs Lions Dave Carr Jr., Nick Palmetto and Tony Mangano and to Albany Troy Lions Mike O'Brien, Ruth Sano and Maryanne Gordon. Additionally, the Saratoga Springs Lions recognized PDG John McDonald with a Progressive Melvin Jones Fellowship. Overall it was a wonderful evening filled with fellowship in recognizing the contributions to Lionism of two great clubs!

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PDG John McDonald was recognized with a Progressive Melvin Jones from the Saratoga Springs Lions.



Presidential Presentation Certificates



PI D Gary Brown



*Keller
Johnson*



*Anniversary Chairs Lions John McDonald, Dione Ransdill
and Jerry Gordon.*